The Magical Thinking and Dangers of Masks

Analysis by Dr. Joseph Mercola ✓ Fact Checked

November 24, 2021
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STORY AT-A-GLANCE

- The U.S. Centers for Disease Control and Prevention lied about masks' effectiveness when CDC director Dr. Rochelle Walensky tweeted, "Masks can help reduce your chance of #COVID19 infection by more than 80%."
- Walensky didn't give a reference for her claim, but a large study from researchers at Yale, Stanford and the University of California Berkeley found much less impressive results from masks
- Wearing a face mask carries inherent risks, including the growth of antibiotic-resistant bacteria, oxygen deprivation, psychological effects and more
- Experts argue that while doing little to protect your health, and instead harming it, face mask mandates "fashion the citizenry as slaves" and act as symbols of enslavement
- Despite a wealth of science showing masks don't work, magical thinking — the belief that you can influence outcomes by doing something that has no causal connection to them — in their favor persists

Are you prepared to wear masks forever? Some are, but their positive attitude toward masks is a likely result of deceptive and misleading information. The resulting magical thinking relating to masks has created one of the most polarized debates in U.S. history and led to anti-maskers being labeled as "grandma killers."

To be clear, the U.S. Centers for Disease Control and Prevention (CDC) has blatantly lied about masks' effectiveness. November 5, 2021, CDC director Dr. Rochelle Walensky tweeted, "Masks can help reduce your chance of #COVID19 infection by more than 80%."

But as Dr. Vinay Rasad, MPH, a hematologist-oncologist and associate professor in the department of epidemiology and biostatistics at the University of California San Francisco, put it in the Brownstone Institute, "I don't know how to put this politely, but it is a lie, and a truly unbelievable one at that. … The idea that masks could reduce the chance of infection by 80% is simply untrue, implausible and cannot be supported by any reliable data."

Why, then, hasn't Walensky's tweet been flagged for misinformation and targeted by "fact checkers" calling out the blatant lie? Rasad featured a tweet by Carnegie Mellon University mathematician Wesley Pegden, who said:

> *"The head of the agency responsible for providing Americans with accurate and trustworthy information about interventions (like vaccines) that we actually know are really effective should not also be making fabricated quantitative statements in support of poorly evidenced ones."*

Antibiotic-Resistant Pathogens Live on Face Masks

While face masks continue to be recommended or mandated, little has been said about the risks inherent to covering your mouth and nose with fabric or other materials. Both cotton and surgical masks collect pathogens that may increase your risk of infectious illness — a factor that's rarely taken into account when discussing their merits.

When researchers from the University of Antwerp, Belgium, analyzed the microbial community on surgical and cotton face masks from 13 healthy volunteers after being worn for four hours, bacteria including Bacillus, Staphylococcus and Acinetobacter were found — 43% of which were antibiotic-resistant.

In order to best clean masks to remove the bacteria, the study found boiling at 100 degrees Celsius (212 degrees F), washing at 60 degrees Celsius (140 degrees F) with detergent or ironing with a steam iron worked best, but only 21% of survey respondents said they cleaned their cotton face masks daily. According to the researchers:

> *"Taken together, this study suggests that a considerable number of bacteria, including pathobionts and antibiotic resistant bacteria, accumulate on surgical and even more on cotton face masks after use. Based on our results, face masks should be properly disposed of or sterilized after intensive use. Clear guidelines for the general population are crucial to reduce the bacteria-related biosafety risk of face masks. …"*

Researchers from Germany similarly questioned whether a mask that covers your nose and mouth is "free from undesirable side effects" and potential hazards in everyday use. It turned out they were not and instead posed important adverse effects and pathophysiological changes, including the following, which often occur in combination:

Increase in dead space volume
Increase in breathing resistance
Increase in blood carbon dioxide
Decrease in blood oxygen saturation
Increase in heart rate
Decrease in cardiopulmonary capacity
Feeling of exhaustion
Increase in respiratory rate
Difficulty breathing and shortness of breath
Headache
Dizziness
Feeling of dampness and heat
Drowsiness
Decrease in empathy perception
Impaired skin barrier function with acne, itching and skin lesions

Mask-Induced Exhaustion Syndrome Is Prevalent

The study referred to this cluster of symptoms as mask-induced exhaustion syndrome (MIES) and warned that children, pregnant women and those who are sick or suffering from certain chronic conditions may be particularly at risk from extended masking. While short-term effects include microbiological contamination, headaches, exhaustion, carbon dioxide retention and skin irritation, the long-term effects may be chronic issues:

> *"Extended mask-wearing would have the potential, according to the facts and correlations we have found, to cause a chronic sympathetic stress response induced by blood gas modifications and controlled by brain centers. This in turn induces and triggers immune suppression and metabolic syndrome with cardiovascular and neurological diseases."*

Further, "It can be assumed," they wrote, "that the potential adverse mask effects described for adults are all the more valid for children … physiological internal, neurological, psychological, psychiatric, dermatological, ENT, dental, sociological, occupational and social medical, microbiological and epidemiological impairments …

The masks currently used for children are exclusively adult masks manufactured in smaller geometric dimensions and had neither been specially tested nor approved for this purpose."

Again, in taking on these unknown risks — both short- and long-term — to wear masks, the benefits are highly questionable and intended to thwart a pathogen with a low death rate for most populations:

> *"[R]ecent studies on SARS-CoV-2 show both a significantly lower infectivity and a significantly lower case mortality than previously assumed, as it could be calculated that the median corrected infection fatality rate (IFR) was 0.15% in locations with a lower than average global COVID-19 population mortality rate.*
>
> *In early October 2020, the WHO also publicly announced that projections show COVID-19 to be fatal for approximately 0.14% of those who become ill — compared to 0.15% for endemic influenza — again a figure far lower than expected. On the other hand, the side effects of masks are clinically relevant."*

'The Mask of Your Enslavement'

It's clear that the evidence in support of masks for physical protection against disease is lacking, while their potential for psychological harm is immense. Brownstone Institute highlighted the story of folk saint Escrava Anastácia, a slave of African descent who lived in Brazil during the 19th century:

She was forced to wear a metal, muzzle-like mask during her lifetime in order to silence her from speaking out about the oppression and injustice she was facing. As written by Roberto Strongman, associate professor in the department of black studies at the University of California, Santa Barbara:

> *"The apparition of Anastácia at anti-lockdown rallies represents an opportunity to understand the current medical tyranny as a form of enslavement and to forge links of solidarity between communities whose freedom is threatened across all racial groups. The claim of cooptation deserves to be unpacked for a valid claim of cultural usurpation could easily work towards sowing important alliances in a divide-and-rule model.*
>
> *While there are clear specificities between the suffering of Africans under the system of chattel slavery and the deprivation of civil liberties endured by most citizens around the world during the current pandemic panic, Anastácia reminds us of certain transhistorical constants in the process of dehumanization and subjugation of populations through the gagging and muzzling of their bodies to quell their protestations."*

Strongman pointed out several undeniable reasons why face mask mandates "fashion the citizenry as slaves" and act as symbols of enslavement. Among them, they:

Lead to oxygen deprivation, promoting a state of physical and mental weakness
Are symbols of submission and used as part of master-slave dynamics
Enforce the creation of a carceral culture
Erase personhood and homogenize the masses — "The collectivized wearing of masks results in an enforced uniformity in which the individual codes way to the nameless collectivity as the neo-meta citizen."
Are theatrical and act to conceal identities, rendering us alien to others and ourselves
Delete facial expressions and inhibit nonverbal communication, including that necessary for social organization that can lead to revolution
Reduce verbal output
Are visible displays of allegiance to the "system of medicalizing technocratic control"
Are part of preparing individuals for new societal roles — "However transitory the current regime of face masking might be, the population must face that we are being forced to undergo a rite of passage, a process of resocialization into the new normal"
Promote a culture of fear
Act as determents of solidarity by making your neighbor into a "nameless pathogenic vector instead of your ally"

Magical Thinking on Masks

In addition to flat-out lies, the CDC also makes nonsensical statements, like this: "Cloth masks will not protect you from wildfire smoke … They might not catch small, harmful particles in smoke that can harm your health."

But we are to believe that they will protect us from an aerosolized virus? "The virus is 25X smaller than a smoke particle," wrote Steve Kirsch, executive director of the Vaccine Safety Research Foundation. "So it's like trying to stop a mosquito with a chain link fence."

Yet magical thinking — the belief that you can influence outcomes by doing something that has no causal connection to them — persists. Robert Dingwall, a consulting sociologist, questioned why the U.K's Health Security Agency expert panel used only a second-class evidence base that failed to demonstrate clear benefits on which to base their conclusion that face masks in the community help reduce transmission. He wrote:

> *"The state of the face mask debate is rather as if Galileo had published his account of the heliocentric universe and then included a paragraph at the end telling the reader to ignore all the evidence because the Church had declared that everything revolved around the Earth.*
>
> *In the absence of better-quality work — and we must ask why that research has not been done — some of the claims for face masks look much more like magical thinking than anything that demonstrates the sort of causal connection that might be recognizable as science."*

As the pandemic stretches on, science continues to be ignored and recommendations are primarily pushed based on emotional justifications and triggers. If science were actually followed, universal mask wearing by healthy people would not — indeed could not — be recommended.

In the beginning, health officials did, in fact, advise against masks for healthy people,[1] but somewhere along the way — early on — they flip-flopped. Why? According to Strongman:[2]

> *"Just as masks function as liminal artifacts in rites of passage and as part of animal training, these could mask are harbingers of further intrusions to our integrity*
>
> *Wearing the masks is just one step away from receiving the shots, then accepting the vaccine passports and the implantable neural links until one's original persona is buried by a cyborg. The masks function as an empirical compliance test for the projected acceptability of future corporeal technologies of control. Where will you draw the line?"*

#1 Best Seller In Books

"The Truth About COVID-19" exposes the hidden agenda behind the pandemic, showing the countermeasures have nothing to do with public health and everything to do with ushering in a new social and economic system based on totalitarian, technocracy-led control. So, it's not misinformation they fear. It's the truth they want to prevent from spreading. Pick up a copy of this best-selling book today before it's too late.

The Truth About COVID-19
by Doctor Joseph Mercola
★★★★★
4,176 ratings

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versatile
Joined On 10/16/2007 4:23:09 PM
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The largest danger by far from the mask is the submissive effect it has on individuals and communities. It is impossible to sing songs of healthy spirits and exciting together, like "We Shall Overcome," that a mouth it becomes impossible for any protest to gain momentum. Protesters who refuse to wear masks are ignored. Yelling "I'm mad as hell and I'm not going to tolerate it" has become not just forbidden, but impossible. Masks don't just create social distance, they reduce spiritual contact. Judgments about masks are encouraged and applauded - moving individuals farther apart.

The weak, injured, diseased, and even helpless children and aging seniors are isolated inside their masks. Thinking straight requires open conversation - masks stifle thought. In summary, masks are not just about their negative effects on the body, their most important negative effects are on our minds, our spirits, our souls, and our communities. The mask emphasizes the individual by isolating the individual, creating an illusion of community even as it destroys communities. Look around at our arts communities - large and small - destroyed, or reduced to Zoom-shadow communities, which by design discourage participation. The situation is so ridiculous that some individuals wear masks when alone in their homes, even when attempting to communicate on Zoom and other tools.

Reply Mark as Spam Posted On : 11/24/2021 7:07:06 AM
Like Dislike

NoFear11
Joined On 1/12/2021 5:27:16 AM
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100% Spot on, Versatile. Thank you for eloquently stating exactly my deep felt values and beliefs, and hence reluctance to adhere to from day one, and that I have not nor could not have expressed so precisely and eloquently as your well written comment just has. Bravo.

Mark as Spam Posted On : 11/24/2021 3:42:54 AM
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Guillermus

Joined On 4/7/2015 8:47:48 AM
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Very well expressed Tracy, especially children and young people can be the most affected by the draconian measures imposed on the population and vaccines. Children are asymptomatic and do not require masks or vaccinations. Masks, poisons from vaccines and massive disinfection in schools and the economic crisis are factors that will seriously affect these groups.

The masks have become a penance, the cross that we must carry. Vaccines have been implemented that would normally take years to prove their safety and efficacy and we are supposed to shut up and take. One of the biggest obstacles in writing this dystopian nightmare is that many human beings, like many members of the animal kingdom, have a pack mentality, who follow the leader without analyzing his dominance and ulterior motives.

Children and adolescents have extremely active and adaptive immune systems and need constant interaction with the Earth's microbiome. Your brain is also incredibly active, as it has a lot to learn. The brain of the child or young person is thirsty for oxygen. The more metabolically active the organ is, the more oxygen it needs. In children and adolescents, all organs are metabolically active.

Depriving a child or adolescent brain of oxygen, or restricting it in any way, is not only dangerous to their health, it is absolutely criminal. Oxygen deficiency inhibits brain development and the damage that has taken place may be irreversible. To this we must add the propaganda that reaches parents to vaccinate their children, so as not to infect grandparents, when we know that the vast majority are asymptomatic and do not infect.

It is the delivery of people who obey the draconian mandates with promotion of masks and vaccination. The traditional media and advertising right-leans become the main element of each year's propaganda, a communication plan to combat social mistrust, to align people with draconian measures, masks and the venom of the snake.

Mark as Spam · Posted On : 11/24/2021 5:59:06 AM?
Like · Dislike

Gluelan
Joined On 1/19/2021 8:16:54 AM
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So true, versatile. As submitted in an earlier article, Dr William Ming's "Fighting viruses and winning" he mentions that viruses are so small that they can pass through unglazed pottery. So where is the justification for the wearing of face masks?

Mark as Spam · Posted On : 11/24/2021 10:04:33 AM
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Almond
Joined On 2/26/2008 4:23:33 PM
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Medical apartheid.

Mark as Spam · Posted On : 11/24/2021 1:23:59 PM
Like · Dislike

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versatile
Joined On 10/16/2007 4:23:09 PM
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Almond, yes, medical apartheid strikes in many ways. We are all victims, the vaccinated and the unvaccinated both.
personalhealthfreedom.blogspot.com/2021/11/i-am-victim-of-medical-apar...

Mark as Spam · Posted On : 11/24/2021 3:33:58 PM
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versatile
Joined On 10/16/2007 4:23:09 PM
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Thanks Guillermo. As I read your comments, it is very obvious that 'children are asymptomatic' should be considered as 'children do not get the disease.' Unfortunately, the very concept of a disease -which has always been weak - has been further weakened to create and increase fear of COVID. According to the World Health Organization in older documents about the ICD10, a disease is a condition that 'is treated by a doctor' it's a useful and powerful definition - one that is largely ignored by those selling vaccines to people who can be exposed to the virus but will not get the 'disease' COVID.

Mark as Spam · Posted On : 11/25/2021 4:42:59 AM
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Guillermoc
Joined On 4/7/2015 8:47:48 AM
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As Dr. Mercola reports, we should consider long-term health problems, both in mental and physical health, as respiratory problems. Children are the ones who have suffered the most from the use of nasucaus. A study involving more than 25,000 children reveals that masks are harming schoolchildren in many physical and psychological ways and have a negative effect on their behavior, focus, and interest in learning. These negative effects are censored on social media, underestimated by the media, and ignored by government officials. Of the 25,000 children studied, the database includes at least 7,254 health complaints submitted by parents. These health problems and deficiencies were seen in approximately 60 percent of masked schoolchildren who were forced to cover their faces for an average of four and a half hours per day. These included irritability (60%), headache (21%), difficulty concentrating (50%), less happiness (49%), reluctance to go to school (44%), fatigue (42%), learning disabilities (38%) and drowsiness or fatigue (37%). www.researchgate.net/...rt/

Reply · Mark as Spam · Posted On : 11/26/2021 1:56:17 AM
Like · Dislike

Guillermoc
Joined On 4/7/2015 8:47:48 AM
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We must protest against another crime against humanity, the abuse of masks, the masks, which in addition to promoting health problems, are causing great pollution, which are releasing chemical and microplastic pollutants into the environment. The Swansea University team found that heavy metals and plastic fibers were released when the masks were immersed in water. Before the pandemics, we wanted to reduce the use of plastic straws, reduce packaging, but now we are seeing millions of these masks are exacerbating the pollution of the planet and seriously affecting biodiversity.

Silicones fragments and leachable inorganic and organic chemicals were observed in all disposable masks. Heavy metals of concern were detected, such as lead in association with fragments containing silicon, and other leachable metals such as cadmium, antimony and copper. Also leachable polar organic species related to plastic additives and pollutants, polyamide monomer and oligomers, surfactant molecules, flame retardant, dye-type molecules and polyethylene glycol, representing environmental toxicity. www.sciencedirect.com/science/article/abs/pii/S0045653421002311 (2021)

The amount of plastic waste generated worldwide since the outbreak is estimated at 1.6 million tons / day. Approximately 3.4 billion single-use face shields / masks are discarded daily as a result of the COVID-19 pandemic worldwide. Comprehensive data analysis indicates that COVID-19 will reverse the momentum of a years-long global battle to reduce plastic waste pollution. www.sciencedirect.com/...#S0048969721004455 (2021)

Mark as Spam · Posted On : 11/26/2021 1:56:41 AM
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juststevo
Joined On 1/5/2012 11:13:54 AM
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Gui, mask are magical thinking? Why stop there? Glyphosate is the staff of life...you can't grow food without chemical fertilizer...environmental toxins don't cause cancer...even though sugar is added into nearly anything processed as food it's your fault for eating too much sugar...people with enormous influence & with little to no accountability are not a problem, people questioning their authority are though...fossil fuels using much never ending consumption on a planet with limited resources can go on forever, no problems...the Tea Big Is Fail are not big enough...what a long and never ending list, guess I'll stop, I'm getting blisters on my fingers. More on who is peddling misinformation?!? www.youtube.com/watch

Mark as Spam · Posted On : 11/26/2021 6:39:07 AM
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Randyfast
Joined On 5/9/2010 8:42:42 PM
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Gui, it's very sad and discouraging, that we need 'studies' to point out what 'should' be obvious facts. If the Lemmings were told that banging their head against a brick wall three times would cure their headache, would they do it? Judging by the insanity that I've witnessed over the past couple of years, I would think, the chances are quite good!

Mark as Spam · Posted On : 11/26/2021 7:09:52 AM
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juststevo
Joined On 1/5/2012 11:13:54 AM
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Randyfast, there is a very good reason for banging one's head against the wall...it feels so good when you stop.

Mark as Spam · Posted On : 11/26/2021 7:33:08 AM
Like · Dislike

Guillermoc
Joined On 4/7/2015 8:47:48 AM
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Yes, Just, the earth is a pollution sink. More than 1,000 pesticides are used around the world to ensure that pests do not harm or destroy food. Each pesticide has different properties and toxicological effects (and the toxicological effects of multiple pesticides can be greater than the sum of their parts). The Cornell University Cooperative Extension states that "cleaning groundwater contaminated by pesticides is often impossible. The slow movement of groundwater means that it can take decades for contaminated water to flow past affected wells. Determining which wells will be affected and for how long is a difficult problem." www.sciencedirect.com/...pesticides. Yes, Randy, we have been walking since July 2020 without masks through wooded places and maritime areas. It is a pleasure to be without masks.

Mark as Spam · Posted On : 11/26/2021 8:12:39 AM
Like · Dislike

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blessthebeasts
Joined On 1/28/2016 10:10:41 AM
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I witnessed a heartbreaking incident a few weeks ago. A man and a little girl were coming out of the grocery store, both wearing masks AND plastic face shields! The little girl had the audacity to take hers off and the man snapped at her to put it back on. As they drove away, I felt such sadness for her.

Mark as Spam · Posted On : 11/26/2021 10:26:45 AM
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coolyoski
Joined On 12/20/2010 8:43:39 PM
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It breaks my heart each time I see little kids accompanying their parents, all wearing masks. Even though most states and towns have removed their illegal and ridiculous mask mandates, people have been "well trained" (like animals) to walk around with masks. It has been ingrained in their brains, that somehow, just somehow, by some magic, they can stop getting infected by wearing a mask, around people! I think most people are just waiting to be enslaved...they boast that they have the freedom to "burn the flag" but can't seem to think about freedom as having control over their own bodies - very strange.

Mark as Spam · Posted On : 11/26/2021 11:37:13 AM
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dude01
Joined On 9/10/2007 1:20:04 PM
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Randy & Steve - you two could have a career in stand-up comedy with your head banging comments. Thanks for the laugh.

Mark as Spam · Posted On : 11/26/2021 1:20:56 PM
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Almond
Joined On 2/26/2008 4:23:33 PM
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I cannot quote the source of this data, but I think it was a children's hospital in Pennsylvania. They had 300 children hospitalized at one time due to severe respiratory infections that were not covid. Likely related to mask wearing. I am certain statistics could be compiled if those in charge took an interest in making them available.

Mark as Spam · Posted On : 11/26/2021 3:33:19 PM
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ccdonil
Joined On 10/5/2010 1:15:14 AM
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What's the difference between 'Red Hitler!' and wearing a mask? 67 years.

Reply · Mark as Spam · Posted On : 11/26/2021 2:23:04 AM
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chiersmancer
Joined On 3/27/2008 6:27:04 PM
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They are making an wear gags, I mean masks, because it reminds us to be afraid. Fear is the motivation. Fear makes us compliant. Fear makes us give up our personal freedoms and our constitutional rights. Fear makes us give up all logic and common sense. Fear sells papers, which increases stock prices, which pleases shareholders so far call CEO's can keep their jobs and their huge paychecks and bonuses. Fear turns people into sheeple. Even in this day and age of the internet, and access to the TRUTH by virtually anyone on the planet, mothing fear is so still worked ! fear for the future of this country ! fear for the young people who will die in droves from the vax ! fear the few hotbuds (like me) who won't get vaxed will be left with taking care of the chronically ill caused by the vax. ! fear when the lies are finally exposed, the American people won't care, and criminal justice system won't do a thing about it. Not that it would help. The damage has been done.

Reply · Mark as Spam · Posted On : 11/26/2021 8:37:28 AM
Like · Dislike

Reyther4th
Joined On 7/16/2015 8:10:52 AM
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People don't seem to realize that we are living in the end of days. The masks are a precursor to the Mark, which will be rolled out in due time. They still need to dump cash first before they can implement a digital currency, and then force everyone to get a QR Code in invisible ink on their right hands or forehead. I can clearly see where this is all heading...screw trying to save America and all other nations. They belong to the evil one...they always have. The Bible tells us this. Only when the messiah returns will they be sorted out. Politics are a waste of time. The wicked rulers of this world do whatever they wish, regardless of how the people feel about it. I don't recall anyone voting on allowing our akses to be sprayed on a daily basis, yet it's been happening for years, and NOTHING will be done about it.

Better to get right with God, and prepare for what's coming before it's too late. All of the lemmings who are deceived, will perish unless someone opens their eyes, and the majority of them won't even do that, because they don't have a love for the truth. Reminds me of a verse. 2 Thessalonians 2:10-12 and with all deceivableness of unrighteousness in them that perish, because they received not the love of the truth, that they might be saved. And for this cause God shall send them strong delusion, that they should believe a lie: that they all might be damned who believed not the truth, but had pleasure in unrighteousness. . These absolutely apply to the days we are living in now, so quit worrying about trivial things...and focus on what really matters. Time is short!

Mark as Spam · Posted On : 11/26/2021 4:57:38 PM
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Legoe27
Joined On 8/13/2021 6:40:33 AM
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Masks are very good at protecting your identity if you plan on committing bank robbery or other crimes.

Reply · Mark as Spam · Posted On : 11/26/2021 3:55:23 AM
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Randyfast
Joined On 5/9/2010 8:42:42 PM
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I guess you haven't seen the latest facial recognition technology.

Mark as Spam · Posted On : 11/26/2021 7:07:20 AM
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tellahh3
Joined On 4/21/2021 9:26:59 AM
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Lol

Mark as Spam · Posted On : 11/26/2021 8:51:11 AM
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masterexorcist
Joined On 5/3/2009 12:29:09 PM
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I went into a bulkey's supermarket in Brazil yesterday. ON one side of the door is a sign "No entry with masks or helmets", on the other side, "No entry without masking". The first law, to prevent robbery has not changed, but honest people are expected to break it, giving robbers a much easier time than before.

Mark as Spam · Posted On : 11/26/2021 8:57:19 AM
Like · Dislike

Astroconical
Joined On 11/26/2011 5:20:05 PM
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Only sick people are to wear mask and be isolated. How they fooled everyone into thinking they were sick and be isolated is amazing and we all fell for it. I even see them wearing it outside in the sunshine and in their cars all alone. I never believed in wearing mask one bit but they won't let you in their stores unless you do. And people will tell you that you have no mask on or demand you wear one. Guards stand out in some store with their arms folded around their chest and glaring at people that pass by them to say I'm the MASK GOD and nobody gets pass me unless they are wearing a mask! Too many people are stupid and sheep. Just too many of them.

Reply · Mark as Spam · Posted On : 11/26/2021 2:55:02 AM
Like · Dislike

coolyrokki
Joined On 7/22/2010 8:43:39 PM
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Even sick people don't need to wear a mask and screw up their bodies further. People need to simply take care of their immunity, which what protects you from whatever infection is around you. A silly cloth mask can't keep viral / bacterial particles from getting into your body. You also absorb pathogens via your eyes - so whats the damn point wearing a loose fitting cloth mask?

Mark as Spam · Posted On : 11/26/2021 11:45:45 AM
Like · Dislike

herbsaregood
Joined On 1/9/2021 5:33:21 PM
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I must share some amazing words from herbalist/author Susan Weed "You begin your walk toward death the moment you are conceived. Your life is your walk toward death. And each day your life brings you one day closer to death. Everyday you have the opportunity to ask yourself: "How will I walk today on my way to death? How will I live? By others' fears? Or by my own unique truth? In beauty, in joy, with awareness? From my heart? Compassionately or unconsciously, with acceptance or denial, every day you move one day nearer to your death. Is today a good day to die? Are you complete? Have you lived fully? Have you honored your dreams? Can you look death in the without regret?" Death is not honorable in your dominant Western culture. You set death apart from life, putting death as if it were to be feared, as if it were opposed to life. Death and life are lovers. They are dancing partners. One does not exist without the other. Giving birth gives death, for death comes at birth, we are born."

Reply · Mark as Spam · Posted On : 11/26/2021 10:55:33 AM
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LeoPWC
Joined On 12/6/2018 1:00:15 PM
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Everyone should call it what it is... "Political Science", not Medical Science. If someone disagrees that you need to follow the science, tell them you will when it becomes medical science.

Reply · Mark as Spam · Posted On : 11/26/2021 9:23:10 AM
Like · Dislike

tallulah3
Joined On 4/21/2021 9:26:59 AM
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I refuse to wear a face diaper. I won't look at or acknowledge people that are wearing them because I can't see their facial expressions. Not that many are wearing them around here anymore. I think some are so afraid they're going to die that they are afraid to live

Reply · Mark as Spam · Posted On : 11/26/2021 8:28:31 AM
Like · Dislike

brodieronck12
Joined On 6/18/2008 1:31:01 PM
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Definitely real mental health issues rising with such false fear gain science propaganda. The real child abuse going on is very difficult to watch unfold in many areas of the world and the USA.

Mark as Spam · Posted On : 11/26/2021 8:01:03 AM
Like · Dislike

HealingMind96
Joined On 5/1/2021 5:34:02 PM
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In my part of CA, the retail workers kind of, sort of wear them, mostly with naked nose. Most retail customers know it's BS, but they have to wear them to shop, so they put them on before going in. I like to wear cloth with strange designs, so I can punch holes out for my nostrils.

Mark as Spam · Posted On : 11/26/2021 4:38:29 PM
Like · Dislike

Ronald_H
Joined On 7/10/2010 1:38:54 AM
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This explains why people have been conditioned to wear face masks and a lot more: www.youtube.com/watch

Reply · Mark as Spam · Posted On : 11/26/2021 3:21:26 AM
Like · Dislike

Randyfast
Joined On 5/6/2010 8:42:42 PM
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Great link, Ronald. Thank you.

Mark as Spam · Posted On : 11/26/2021 7:33:20 AM
Like · Dislike

Kitara
Joined On 7/26/2007 6:24:19 PM
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To Ronald H. Another issue is the mass use of mind altering substances introduced into society. Starting with infants we are advised which drugs are "safe" and it goes on from there. As adults medical idiots prescribe anxiety medications. Then add non prescription substances that and you don't have to wonder why so many people are screwed up and unable to engage in critical thinking. My husband and I are in our mid 70 and relatively healthy. I am sure mid 70 and taken everything we had been prescribed over the years we would be vegetables being watered in some medical institution instead of enjoying life in Mexico

Mark as Spam · Posted On : 11/26/2021 8:48:08 AM
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zinovius
Joined On 12/12/2020 2:36:38 AM
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face masks only protect if a person faces somebody who is sick at a very very close distance from his face, about 2 meters at most. Wuhan66 LIES intentionally to turn more millions of stupid people into controlled slaves. Wuhan66 is a part of the covid plan of WHO and Bill Gates. Masks today serve one and only goal ==== to make people more controllable for the upcoming mRNA type gene manipulation injections, more controlled, more sick, more trustworthy in "health" authorities' crime-thugs.

Reply · Mark as Spam · Posted On : 11/26/2021 2:10:10 AM
Like · Dislike

coolyrokki
Joined On 7/22/2010 8:43:39 PM
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I somewhat disagree. Masks aren't needed if you have your functioning immunity. When you had your childhood illness, did your Mom or Dad who helped you recover ever wear a mask? That they ever try to first find out what pathogen you were afflicted with, before hugging you or caring for you when you were sick? Masks don't do anything, unless maybe surgeons are operating and there is a chance for pathogens to enter the patient's body bypassing their regular immune barriers e.g. mouth, nose etc. Masks are just about "compliance" and "control" - they serve absolutely no other purpose. Those who wear it, just like those who take the jabs and do "social distancing" are disillusioned and just following someone blindly.

Mark as Spam · Posted On : 11/26/2021 2:26:48 PM
Like · Dislike

Steplujah
Joined On 10/23/2015 8:00:54 AM
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Another excellent article except that Wesley Pegden was quoted saying "The head of the agency responsible for providing Americans with accurate and trustworthy information about interventions (like vaccines) that we actually know are really effective should not also be making fabricated quantitative statements in support of poorly endorsed ones." In the light of overwhelming evidence now, we can also see that this assertion about the so-called vaccines was also a blatant lie.

Reply · Mark as Spam · Posted On : 11/26/2021 2:02:41 AM
Like · Dislike

esclyde
Joined On 6/21/2013 12:26:09 AM
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It's all theater and has nothing to do with preventing disease. All you have to do is look at the way people wear masks, even the ones who want to wear the mask don't wear it correctly. Also, one of the biggest complaints people have about wearing masks is that they fog up their glasses, so, that means when my glasses are fogged, I have two jars of (potentially except for the fact that I have recovered from COVID, which is never taken into account) virus-filled air squirting out of my mask, over my glasses, and into the room.

Reply · Mark as Spam · Posted On : 11/26/2021 1:56:44 PM
Like · Dislike

swalsongmail.com
Joined On 4/7/2021 1:42:54 PM
Add as Friend · Send Message

I always keep a pair of Hanes briefs underwear in my car in case I have to wear a mask anywhere. It actually works pretty good and is breathable and comfortable and always gets a laugh or a smile from people! It is definitely a big psychological game the government has us playing with our masks. It is evident they want us to hide behind many things, masks, computer screens, and to stay in our homes. The underlying message is that it is dangerous to go near people, or God forbid to touch them! The thing about masks is that if you were talking to a person and you each have a mask on that is two masks protecting anything between you that might go airborne. So let the people who are really fearful where two masks and that way the people who aren't fearful won't have to wear one.

Reply · Mark as Spam · Posted On : 11/26/2021 9:45:27 AM
Like · Dislike

arthurrileudlook.com
Joined On 1/5/2021 7:08:06 AM
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I wear a mask with holes cut into it for breathing on which I print, in big letters, the most controversial and provocative statements in English that I can think of. I have masks that read, "Hello, C+k+", "Hello, N*gger", "Hello, C**ksucker", "Eat my S**t", "F**k your Dog's A**hole", and many other colorfully foul sentences. The gasps and appalled looks I get are priceless ! More than once, dutifully masked passersby customers, store clerks and managers have asked me why must I have such disgusting words on my mask. I always loudly retort, "Why do you consent to wearing a F**king Fleti dick on your face ?! Why do you consent to wear a F**king mask, muzzled as if you were a slave or human stockyard animal?" I then take off my mask and tell them, "You have an absolute right to breathe freely, pandemic or not ! Exercise that right !" They look at me with frightful eyes and walk quickly away as if F**ker were the crazy one ! One cannot live afraid. One cannot even shock it loose.

Mark as Spam · Posted On : 11/26/2021 8:46:27 PM
Like · Dislike

MK3140
Joined On 2/1/2021 10:13:46 AM
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When I go to my health food store gasping for air (COPD from smoking stupid I know) the owner insists I remove the mask. He gave me a replacement which is basically a converted face shield that is accepted at stores that insist on masks. He tells every store he enters he's exempt and it normally works except for Canadian Tire and Shoppers Drug Mart. If we simply refuse to comply they will not have room for all of us. The biggest problem is controlling kids their hero Trudeau is evil masquerading behind stupid.

Reply · Mark as Spam · Posted On : 11/26/2021 9:27:02 AM
Like · Dislike

Randyfast
Joined On 5/6/2010 8:42:42 PM
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The "masks" are a symbol of control/obedience. The "masks" are DETRIMENTAL to human health - ANYTHING ELSE IS A LIE!! It's actually scary to think that so many "university graduates" believe that these masks are protecting them in any way, shape or form! Evidently, for millions of Lemmings, the masks are simply part of their "New Normal". I hope that people remember what "normal" used to look like - because it is GONE!

Reply · Mark as Spam · Posted On : 11/26/2021 7:00:00 AM
Like · Dislike

versatile
Joined On 10/16/2007 4:23:09 PM
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Mississippi John Hurt wrote what Pete Seeger called a zipper-song. Just zip in the words you need. We shall not, we shall not be needed Oh we, shall not, we shall not be needed We shall not, we shall not be needed. Just like a tree planted by the water We shall not be moved Do not mark our children, they shall not be marked Do not sex our children, they shall not be sexed Just like a tree planted by the water We shall not be moved We're on our way to heaven, we shall not be needed Just like a tree planted by the water We shall not be moved We're sanctified and holy, we shall not be needed Sanctified and holy, we shall not be sexed Just like a tree that's planted by the water We shall not be moved Oh we, we shall not be needed We shall not, we shall not be needed Just like a tree planted by the water We shall not be moved

Reply · Mark as Spam · Posted On : 11/26/2021 6:37:53 AM
Like · Dislike

Shasha
Joined On 5/10/2007 4:23:27 PM
Add as Friend · Send Message

People who wear a mask may not be able to hear you talk...Infections is ears etc and pimples on face. They maybe short tempered/exhausted/gain weight due to engines of the cells going slower/have the suicidal due to low oxygen in their brain etc. Masks don't stop a virus and teaching them may bring germs to others. Gloves may keep chemicals off a cashier's hands so no hand sanitizer, but may put germs on those gloves and touch the keypad.

The elite may not wear masks, but want you to. It is not about health, but to make you have fear so you will comply as they try to usher in the New World order/China/UN/the left/ and make lots of money as the lower the population by the weaponized virus/weaponized treatments.

Reply · Mark as Spam · Posted On : 11/25/2021 10:35:56 AM
Like · Dislike

roadrunnerrip
Joined On 8/24/2010 9:58:09 AM
Add as Friend · Send Message

Tucker Carlson calls it "your obedience mask".....a lot of truth, to that

Reply · Mark as Spam · Posted On : 11/25/2021 7:28:14 AM
Like · Dislike

arthurrileudlook.com
Joined On 1/5/2021 7:08:06 AM
Add as Friend · Send Message

Martugo, You said (below): "there is a more clearer explanation of my original post. "COVID-19 virus particle size is 125 nanometers (0.125 microns), the range is 0.06 microns to 14 microns," a quest said: "The N95 mask filters down to 0.3 microns. So, N95 masks block few, if any, virions (virus particles)." In other words, the post asserts the virus is smaller than the filter on the N95 mask, so the N95 mask doesn't work. Experts say this claim flies in the face of numerous studies and reflects a failure to grasp fundamental principles of how viruses behave and how face masks work. Virus particles don't exist alone."

"The COVID-19 particle is indeed around 0.1 microns in size, but it is always bonded to something larger. "There is never a naked virus floating in the air or released by people," said Linsey Marr, a professor of civil and environmental engineering at Virginia Tech who specializes in airborne transmission of viruses. The virus attaches to water droplets or aerosols (i.e. really small droplets) that are generated by breathing, talking, coughing, etc. These consist of water, mucus protein and other biological material and are all larger than 1 micron."

Here are some facts to bear in mind. The average diameter of the pores inside mask material, including N95 masks, is 19 microns.

Whether a COVID-19 viral particle (average diameter: 1 micron) travels in an aerosolized particle or not, that particle is still small enough to pass through the pores, and, combined with other such particles, accumulate a sufficient viral load to infect the mask wearer. Aerosolized particles carrying COVID-19 viral particles that are trapped in the mask can eventually evaporate, releasing the COVID-19 viral particles for the mask wearer to inhale, along with whatever other types of particles that have accumulated on the mask's surface, as well as whatever exhaled particles are present inside the mask.

Reply · Mark as Spam · Posted On : 11/25/2021 10:20:10 PM
Like · Dislike

sreevesengmail.com
Joined On 4/11/2013 8:22:54 AM
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MASKS from China have graphene oxide, same graphene oxide that's in the vaccines. Effects the lungs. Another plan demic.

Reply · Mark as Spam · Posted On : 11/26/2021 1:16:43 PM
Like · Dislike

seastars
Joined On 12/29/2010 2:11:09 PM
Add as Friend · Send Message

One can order masks from Canada which do not contain graphene oxide.

Mark as Spam · Posted On: 11/26/2021 3:16:40 PM

Like · Dislike

Chaddio
Joined On 10/13/2006 5:34:18 PM
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I know that masks are bs, but above it says "The trial involved 342,183 people from 600 villages in rural Bangladesh from November 2020 to April 2021. In villages that received masks, the number of symptomatic COVID-19 infections were 9.3% lower compared to villages without masks, or 11% lower in villages that received surgical masks instead of cloth masks.?" So they were lower? This seems like proof that masks work. Am I missing something here? Because if you tell someone about the charade of masks and they see this then they?ll still think that they work.

Reply · Mark as Spam · Posted On: 11/26/2021 11:32:51 AM

Like · Dislike

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coolyoski
Joined On 11/22/2010 6:43:39 PM
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Chaddio, You said, " ...if you tell someone about the charade of masks and they see this [except from a trial] then they?ll still think that they work." Only if people take the statement and figure at face value without reading the study for themselves. In that case, they are choosing not to think critically but allowing the Appeal to Authority fallacy to mislead them.

Mark as Spam · Posted On: 11/26/2021 9:51:43 PM

Like · Dislike

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barkosanpod
Joined On 11/9/2021 5:33:21 PM
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I think wearing a mask is a bad idea but if it makes someone feel safe wear one but it's not up to anyone to tell someone else to wear one. Just like it's not up to me to tell someone don't smoke it's bad for your health. It's called free will. I value my oxygen! It's bad for me to believe that parents are choosing to mask their children.

Reply · Mark as Spam · Posted On: 11/26/2021 10:28:42 AM

Like · Dislike

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bless

bless

bless

Mark as Spam | Posted On 11/24/2021 1:19:50 PM

Like Dislike

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coolvyakti

Joined On 7/22/2010 8:43:39 PM

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Surgeons wear a mask to ensure that when they cut open a patient, they do not introduce any pathogens directly into the blood stream of the patient. If you happen to know anatomy, we have various "barriers" like the mouth, nose etc, which have special function to prevent pathogens to enter our bodies. Japanese people wearing a mask, is just virtue signalling - they were needlessly wearing them, and harming their own selves - in ignorance. Masks may be needed when you are doing wood work or in a workshop where there is particulate matter or in a place where chemical fumes are around (for chemicals you need very specific masks - cloth mask won't do, better than nothing).

Mark as Spam | Posted On 11/24/2021 2:45:16 PM

Like Dislike

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martago

Joined On 6/15/2010 3:43:48 AM

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I think I have my made position clear, excessively detailed due to the constant challenge of your sometimes aggressive posts. As I wish not to monopolize this comments area, I will stop here and wish you all well.

Mark as Spam | Posted On 11/25/2021 3:05:26 AM

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