World Council for Health Reveals Spike Protein Detox

Articles by Dr. Joseph Mercola | ✓ Fact Checked

December 22, 2021

STORY AT-A-GLANCE

- If you had COVID-19 or received a COVID-19 injection, you may have dangerous spike proteins circulating in your body
- Spike proteins can circulate in your body after infection or injection, causing damage to cells, tissues and organs
- The World Council for Health has released a spike protein detox guide, which provides straightforward steps you can take to potentially lessen the effects of toxic spike protein in your body
- Spike protein inhibitors and neutralizers include pine needles, ivermectin, neem, N-acetylcysteine (NAC) and glutathione
- The top 10 spike protein detox essentials include vitamin D, vitamin C, nigella seed, quercetin, zinc, curcumin, milk thistle extract, NAC, ivermectin and magnesium

Have you had COVID-19 or received a COVID-19 injection? Then you likely have dangerous spike proteins circulating in your body. While spike protein is naturally found in SARS-CoV-2, no matter the variant, it's also produced in your body when you receive a COVID-19 shot. In its native form in SARS-CoV-2, the spike protein is responsible for the pathologies of the viral infection.

In its wild form it's known to open the blood-brain barrier, cause cell damage (cytotoxicity) and, as Dr. Robert Malone, the inventor of the mRNA and DNA vaccine core platform technology,[1] said in a commentary on News Voice, "is active in manipulating the biology of the cells that coat the inside of your blood vessels — vascular endothelial cells, in part through its interaction with ACE2, which controls contraction in the blood vessels, blood pressure and other things."[2]

It's also been revealed that the spike protein on its own is enough to cause inflammation and damage to the vascular system, even independent of a virus.[3]

Now, the World Council for Health (WCH), a worldwide coalition of health-focused organizations and civil society groups that seek to broaden public health knowledge, has released a spike protein detox guide,[4] which provides straightforward steps you can take to potentially lessen the effects of toxic spike protein. You can view their full guide of natural remedies,[5] including dosages, at the end of this article.

Why Should You Consider a Spike Protein Detox?

Spike proteins can circulate in your body after infection or injection, causing damage to cells, tissues and organs. "Spike protein is a deadly protein," Dr. Peter McCullough, an internist, cardiologist and trained epidemiologist, says in a video. "It may cause inflammation and clotting in any tissue in which it accumulates."

For instance, Pfizer's biodistribution study, which was used to determine where the injected substances end up in the body, showed the COVID spike protein from the shot was accumulated in "quite high concentrations" in the ovaries.[6]

Further, a Japanese biodistribution study for Pfizer's jab found that vaccine particles move from the injection site to the blood, after which circulating spike proteins are free to travel throughout the body, including to the ovaries, liver, neurological tissues and other organs.[7] WCH noted:[8]

> "The virus spike protein has been linked to adverse effects, such as: blood clots, brain fog, organizing pneumonia, and myocarditis. It is probably responsible for many of the Covid-19 (injection) side effects … Even if you have not had any symptoms, tested positive for Covid-19, or experienced adverse side effects after a jab, there may still be lingering spike proteins inside your body.
>
> In order to clear these after the jab or an infection, doctors and holistic practitioners are suggesting a few simple actions. It is thought that lowering the body of spike protein … as soon as possible after an infection or jab may protect against damage from remaining or circulating spike proteins."

Spike Protein Inhibitors and Neutralizers

A group of international doctors and holistic practitioners who have experience helping people recover from COVID-19 and post-injection illness compiled natural options for helping to reduce your body's spike protein load. The following are spike protein inhibitors, which means they inhibit the binding of the spike protein to human cells:

Prunella vulgaris	Pine needles
Emodin	Neem
Dandelion leaf extract	Ivermectin

Ivermectin, for example, docks to the SARS-CoV-2 spike receptor-binding domain attached to ACE2, which may interfere with its ability to attach to the human cell membrane. They also compiled a list of spike protein neutralizers, which render it unable to cause further damage to cells. This includes:

N-acetylcysteine (NAC)	Glutathione
Fennel tea	Star anise tea
Pine needle tea	St. John's wort
Comfrey leaf	Vitamin C

The plant compounds in the table above contain shikimic acid, which may counteract blood clot formation and reduce some of the spike protein's toxic effects. Nattokinase, a form of fermented soy, may also help to reduce the occurrence of blood clots.[9]

How to Protect Your ACE2 Receptors and Detox IL-6

Spike protein attaches to your cells' ACE2 receptors, impairing the receptors' normal functioning. This blockage may alter tissue functioning and could be responsible for triggering autoimmune disease or causing abnormal bleeding or clotting, including vaccine-induced thrombotic thrombocytopenia.

Ivermectin, hydroxychloroquine (with zinc), quercetin (with zinc) and fisetin (a flavonoid) are examples of substances that may naturally protect your ACE2 receptors.[10] Ivermectin works to this regard by binding to ACE2 receptors, preventing the spike protein from doing so.[11]

Interleukin 6 (IL-6) is a proinflammatory cytokine that is expressed post-injection and lends increase in those with COVID-19. It's for this reason that the World Health Organization recommends IL-6 inhibitors for people who are severely ill with COVID-19.[12] Many natural IL-6 inhibitors, or anti-inflammatories, exist and may be useful for those seeking to detox from COVID-19 or COVID-19 injections:[13]

Boswellia serrata (frankincense)	Dandelion leaf extract
Black cumin (Nigella sativa)	Curcumin
Krill oil and other fatty acids	Cinnamon
Fisetin	Apigenin
Quercetin	Resveratrol
Luteolin	Vitamin D3 (with vitamin K)
Zinc	Magnesium
Jasmine tea	Spices
Bay leaves	Black pepper
Nutmeg	Sage

How to Detox From Furin and Serine Protease

To gain entry into your cells, SARS-CoV-2 must first bind to an ACE2 or CD147 receptor on the cell. Next, the spike protein subunit must be proteolytically cleaved (cut). Without this protein cleavage, the virus would simply attach to the receptor and not get any further.

"The furin site is why the virus is so transmissible, and why it invades the heart, the brain and the blood vessels," Dr. Steven Quay, a physician and scientist, explained at a GOP House Oversight and Reform Subcommittee on Select Coronavirus Crisis hearing.[14]

The existence of a novel furin cleavage site on SARS-CoV-2, while other coronaviruses do not contain a single example of a furin cleavage site, is a significant reason why many believe SARS-CoV-2 was created through gain-of-function (GOF) research in a laboratory. Natural furin inhibitors, which prevent cleavage of the spike protein, can help you detox from furin and include:[15]

- Rutin
- Limonene
- Baicalen
- Hesperidin

Serine protease is another enzyme that's "responsible for the proteolytic cleavage of the SARS-CoV-2 spike protein, enabling host cell fusion of the virus."[16] Inhibiting serine protease may therefore prevent spike protein activation and viral entry into cells. WCH compiled several natural serine protease inhibitors, which include:[17]

Green tea	Potato tubers
Blue green algae	Soybeans
N-acetyl cysteine (NAC)	Boswellia

Time-Restricted Eating and Healthy Diet for All

In addition to the targeted substances mentioned above, WCH was wise to note that a healthy diet is the first step to a healthy immune system. Reducing your consumption of processed foods and other proinflammatory foods, including vegetable (seed) oils, is essential for an optimal immune response.

Time-restricted eating, which means condensing your meals into a six- to eight-hour window, is also beneficial. This will improve your health in a variety of ways, primarily by improving your mitochondrial health and metabolic flexibility. It can also increase autophagy,[18] which helps your body clear out damaged cells. As noted by WCH:[19]

> "This method … is used to induce autophagy which is essentially a recycling process that takes place in human cells, where cells degrade and recycle components. Autophagy is used by the body to eliminate damaged cell proteins and can destroy harmful viruses and bacteria post-infection."

Another strategy to boost your health and longevity, and possibly to help detox spike protein,[20] is regular sauna usage. As your body is subjected to reasonable amounts of heat stress, it gradually becomes acclimated to the heat, prompting a number of beneficial changes to occur in your body.

These adaptations include increased plasma volume and blood flow to your heart and muscles (which increase athletic endurance) along with increased muscle mass due to greater levels of heat-shock proteins and growth hormone.[21] It's a powerful detoxification method due to the sweating it promotes.

Top 10 Spike Protein Detox Essentials — and the Full Guide

Below you can find WCH's full guide of useful substances to detox from toxic spike proteins, including recommended doses, which you can confirm with your holistic health care practitioner. If you're not sure where to start, the following 10 compounds are the "essentials" when it comes to spike protein detox. This is a good place to begin as you work out a more comprehensive health strategy:[22]

Vitamin D	Vitamin C
NAC	Ivermectin
Nigella seed	Quercetin
Zinc	Magnesium
Curcumin	Milk thistle extract

World Council for Health's Spike Protein Detox Guide:

Substance	Natural Source(s)	Where to Get	Recommended Dose
Ivermectin	Soil bacteria (avermectin)	Dr prescription	0.4 mg/kg weekly for 4 weeks, then monthly *Check package instructions to determine if there are contraindications prior to use
Hydroxychloroquine		Dr prescription	200 mg weekly for 4 weeks *Check package instructions to determine if there are contraindications prior to use
Vitamin C	Citrus fruits (e.g. oranges) and vegetables (broccoli, cauliflower, brussels sprouts)	Supplement health food stores, pharmacies, dietary supplement stores, online	6-12 g daily (divided evenly between sodium ascorbate (several grams), liposomal vitamin C (3-6 g), ascorbyl palmitate (1-3 g)
Prunella Vulgaris (commonly known as self-heal)	Self-heal plant	Supplement health food stores, pharmacies, dietary supplement stores, online	7 ounces (207 ml) daily
Pine Needles	Pine tree	Supplement health food stores, pharmacies, dietary supplement stores, online	Consume tea 3 x daily (consume citrusin that accumulates in the tea also)
Neem	Neem tree	Supplement health food stores, pharmacies, dietary supplement stores, online	As per your practitioner's or preparation instructions
Dandelion Leaf Extract	Dandelion plant	Supplement (dandelion tea, dandelion coffee, leaf tincture) natural food stores, pharmacies, dietary supplement stores, online	Tincture as per your practitioner's or preparation instructions
N-Acetyl Cysteine (NAC)	High-protein foods (beans, lentils, spinach, bananas, salmon, tuna)	Supplement health food stores, pharmacies, dietary supplement stores, online	Up to 1,200 mg daily (in divided doses)
Fennel Tea	Fennel plant	Supplement health food stores, pharmacies, dietary supplement stores, online	No upper limit. Start with 1 cup and monitor body's reaction
Star Anise Tea	Chinese evergreen tree (Illicium verum)	Supplement health food stores, pharmacies, dietary supplement stores, online	No upper limit. Start with 1 cup and monitor body's reaction
St Johns Wort	St Johns wort plant	Supplement health food stores, pharmacies, dietary supplement stores, online	As directed on supplement
Comfrey Leaf	Symphytum plant genus	Supplement health food stores, pharmacies, dietary supplement stores, online	As directed on supplement
Lumbrokinase Serrapeptidase Or Nattokinase	Natto (Japanese soybean dish)	Supplement health food stores, pharmacies, dietary supplement stores, online	2-4 capsules 3-4 times a day on empty stomach one hour before or two hours after a meal
Boswellia serrata	Boswellia serrata tree	Supplement health food stores, pharmacies, dietary supplement stores, online	As directed on supplement
Black Cumin (Nigella Sativa)	Buttercup plant family	Grocery stores, health food stores	
Curcumin	Turmeric	Grocery stores, health food stores	
Fish Oil	Fatty/oily fish	Grocery stores, health food stores	Up to 2,000 mg daily
Cinnamon	Cinnamomum tree genus	Grocery store	
Fisetin (Flavonoid)	Fruits: strawberries, apples, mangoes Vegetables: onions, nuts, wine	Supplement health food stores, pharmacies, dietary supplement stores, online	Up to 100 mg daily Consume with fats
Apigenin	Fruits, veg & herbs: parsley, chamomile, vine-spinach, celery, artichokes, oregano	Supplement health food stores, pharmacies, dietary supplement stores, online	50 mg daily
Quercetin (Flavonoid)	Citrus fruits, onions, parsley, red wine	Supplement health food stores, pharmacies, dietary supplement stores, online	Up to 500 mg twice daily; Consume with zinc
Resveratrol	Peanuts, grapes, wine, blueberries, cocoa	Supplement health food stores, pharmacies, dietary supplement stores, online	Up to 1,500 mg daily for up to 3 months
Luteolin	Vegetables: celery, parsley, onion leaves, Fruits: apple skins, chrysanthemum flowers	Supplement health food stores, pharmacies, dietary supplement stores, online	100-300 mg daily (Topical manufacturer recommendations)
Vitamin D3	Fatty fish, fish liver oils	Supplement health food stores, pharmacies, dietary supplement stores, online	5,000–10,000 IU daily or whatever it takes to get to 60-80 ng/ml as tested in your blood
Vitamin K	Green leafy vegetables	Supplement health food stores, pharmacies, dietary supplement stores, online	90-120 mg daily (90 for women, 120 for men)
Zinc	Red meat, poultry, oysters, whole grains, milk products	Supplement health food stores, pharmacies, dietary supplement stores, online	11-40 mg daily
Magnesium	Greens, whole grains, nuts	Supplement health food stores, pharmacies, dietary supplement stores, online	Up to 350 mg daily
Jasmine Tea	Leaves of common jasmine or Sampaguita plants	Grocery store, health food stores	Up to 8 cups per day
Spices		Grocery store	

Bay Leaves	Bay leaf plants	Grocery store
Black Pepper	Piper nigrum plant	Grocery store
Nutmeg	Myristica fragrans tree seed	Grocery store
Sage	Sage plant	Grocery store
Rutin	Buckwheat, asparagus, apricots, cherries, black tea, green tea, elderflower tea	Supplement: health food stores, pharmacies, dietary supplement stores, online
Limonene	Rind of citrus fruits such as lemons, oranges, and limes	Supplement: health food stores, pharmacies, dietary supplement stores, online
Baicalein	Scutellaria plant genus	Supplement: health food stores, pharmacies, dietary supplement stores, online
Hesperidin	Citrus fruit	Supplement: health food stores, pharmacies, dietary supplement stores, online
Green Tea	Camellia sinensis plant leaves	Grocery store
Potatoes lubers	Potatoes	Grocery store
Blue Green Algae	Cyanobacteria	Supplement: health food stores, pharmacies, dietary supplement stores, online
Andrographis Paniculata	Green chiretta plant	Supplement: health food stores, pharmacies, dietary supplement stores, online
Milk Thistle Extract	Silymarin	Supplement: health food stores, pharmacies, dietary supplement stores, online
Soybeans (organic)	Soybeans	Grocery store, health food stores

500-4,000 mg daily (consult health care provider before taking higher end doses)

Up to 2,000 mg daily

100-2,800 mg

Up to 150 mg twice daily

400 mg x 2 daily *Check for contraindications

200 mg x 3 daily

Grocery store: 1 cup daily. Supplement: 1-10 grams daily

Up to 6 cups of tea a day or as directed on supplement

#1 Best Seller In Books

"The Truth About COVID-19" exposes the hidden agenda behind the pandemic, showing the countermeasures have nothing to do with public health and everything to do with ushering in a new social and economic system based on totalitarian, technocracy-led control. So, it's not misinformation they fear. It's the truth they want to prevent from spreading. Pick up a copy of this best-selling book today before it's too late.

The Truth About COVID-19

by Dr. Joseph Mercola

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pipilano
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Thank you for this list, probably one of the most useful posts in a while, if only because this kind of information is empowering. It's best to be prepared. One of the supplements I have started to take is Serrapeptase (it's an anti-inflammatory and antifibrinolytic, quelling amount phages. I published a poem recently called "Integrity" for the Bonkline. It is about staying in the light in these difficult times. Love, light and blessings to you all in the season of good will. Namaste.

I have posted a test version of Integrity below. It is also available on Amazon as an illustrated book.

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I'd love to read your poem, Pip, if you would like to paste it or give a link. ~Laura xxxxxxx

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ps. I'm taking Nattokinase/Serrapeptase.

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I am replying to your post, pipilano, to return your good wishes in this season of good will and in order to highlight some information you may find useful. Christmas present to all fellow neocrits.com readers to encourage them not to abandon hope. Good news for a merier Christmas! Cheer up fellow neocrits readers! (1) Elijah Ojha (attorney) of law of the supreme court of India is presecuting with the murder case against Gates and his lackeys represented by Kenner Feathbeds www.bitchute.com/...WRQCQCLdnkk . This has been previously circulated on this page by myself and others.

(2) Not so well known that a team of knowledgeable lawyers, scientists and others from the US has formally lodged an application to the International Criminal Court Office of the Prosecutor in the Hague against named individuals for violation of Rome Statute Article 7 for crimes against humanity committed in the US and elsewhere. It is established the application became necessary as the normal legal system chose not to prosecute. Gates and the cronies had failed to result in any action being taken. Let's leave these actions to proceed without hindrance. Merry Christmas!

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lovecatsnight
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Pip - would love to read your poem as well. I'm literally making a list and going to check it twice here - it's almost it's own dish for these times, and I'm feeling totally on board! :)

Cabochon - thank you for the links - I'm encouraged! Can it come soon enough? :peace!

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I also would love to read your poem. We need anything positive right now so big it can so. Namaste to you also.

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home.solari.com/reflections-on-our-future-december-2021

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her1272
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Does anyone know the mechanism of this US Army developed vaccine?

"Infectious disease specialists at the Department of Defense's largest biomedical research facility completed animal trials earlier this year with its cutting-edge nanoparticle vaccine, or GpFN, with positive results, according to the report."

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My suggestion is same any of Dr Mercola's wonderful articles on your computer - as they are only available for 24 hours. That is what I am doing... that way I can still refer back to them. Merry Christmas everyone.

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@MarkyMark: I also use VideoDownloadHelper in Firefox, to download the videos.' Embedded videos in articles ought to have the source URL listed below them, so we don't have to look in the source code for the URL. Check out gitlab.com/...ip-dl, to make a local video copy.

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Yesterday an article was posted in the National Pulse. Pfizer is purchasing Ivermectin from a Utah Company that has a whole department dealing with cardiovascular and inflammatory diseases. The purchase tag is 7 billion. Yup. They will now make money from the side effects that pile in causing. Where are the balls Hogan? Ed Kowicz has no bounds... but that just sets hope entirely free!

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creative
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Of course its a capitalist society, that's the point >> First use interventions to create health issues, then looking like a seemingly white knight, rush in with suspensive 'solutions' that are taken for life. Describes their winning protocol, major aspect of the continuous income stream these corporations are working to create for the next 20 to 30 years. >>>Attention after the first 120 days of rollout, Moderna announced this summer they are planning to stopping and prioritizing their chemo-alternative cancer therapy (their initial product development plan). And therefore?

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Wow, thank you Dr. Mercola. This is a blockbuster article. The very thing that those who have received the vax and were subjected to their sore-body-manufacturing Spike proteins should be looking for. Additionally, thank you for mentioning the CETP receptor, not often mentioned in the mainstream media and medical journals. Yes, there are other receptors besides ACE2 receptors into our T-cells, and some can not bind cells neither of which have ACE receptors but which do have very attractive CETP receptors.

For those interested in why Covid-19 is attacking both our immune system or the T-cell lineal and our circulatory system, by breaking apart red blood cells, read the following link which explains why Covid-19, by binding to the CETP receptor of red blood cells, not only stops delivery of oxygen to cells, but also releases damaging iron from the hemoglobin into the blood serum, making the virus more dangerous, as the free iron is the serum acts as a damaging agent when it is oxidized.
medium.com/medical-mistrust/overlooked-receptors-covid-explain-qzd

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delafragon
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COVID vaccines are not traditional vaccines. Rather, they cause cells to reproduce one portion of the SARS-CoV-2 virus, the spike protein. The immune system then recognizes the spike protein as "foreign" and produces antibodies against it. Unfortunately, the spike protein is also found in human cells, and the immune system can also attack healthy cells, causing damage to the heart, lungs, and other tissues. Pfizer's vaccine uses a lipid nanoparticle (LNP) to deliver the genetic material into our T-cells, and some can not bind cells neither of which have ACE receptors but which do have very attractive CETP receptors.

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medium.com/medical-mistrust/overlooked-receptors-covid-explain-qzd

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medium.com/medical-mistrust/overlooked-receptors-covid-explain-qzd

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According to the research, binding to cells the ACE2 is found to not be necessary to cause the harm shown from the spike protein as covert pathogenic pathway is confirmed that EF1α1 receptor is activated by the spike protein and the cells that contain elastinlike fibrous, and without any direct infection/binding to the cells themselves required HERE, THE SPIKE PROTEIN ALONE CAUSING THE HEART PROBLEMS THROUGH ACTIVATION OF EF1α1 RECEPTOR SIGNALLING AND NOT ACE2, including the cytokine storm dot.org/...:/what/CTA.3383

Covid-19 Disease has been found in research to be caused by the spike protein RLHRC, without infectious virus. So the spike protein alone is showing to be PROGENIC(All the exact same symptoms of the very illness it is supposed to be protecting the people from, including the cytokine storm along with research showing the spike protein alone is capable of causing heart inflammation, blood clotting and other negative effects and this spike protein is what the vaccine is meant to make in your body

the S1 subunit, the S1 subunit of the spike protein RLHRC was enough to induce the very same COVID-19 like symptoms including severe inflammation of the lungs and cytokine storm EVEN WITHOUT THE PRESENCE OF INTACT VIRUS. It produces biochemically immunologically and histologically evident COVID-19 like symptoms in animals, including the "cytokine storm". scitechdaily.com/rare-covid-19-spike-protein-alone-may-cause-covid-19-tob-... Full study: journals.plos.org/plospathogens/.../signing/8203.2021

Mark as Spam · Posted On : 10/20/2021 6:04:47 AM

Like · Dislike

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dataleagon
Joined On 6/14/2019 6:50:25 PM
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It was a research team lead by Dr. Donna Graham from the Vaccine Research Center at the NIH NIAID who created an engineered form of the spike protein that was used to be unable to make the shape change required to effectively bind to cells the ACE2 making the spike protein "safe" for vaccination, but that can be considered strong information or misdirection to promote false safety of the vaccine because binding to cells the ACE2 is now found to not be necessary to cause the harm shown from the spike protein of SARS-Cov-2 through activation of EF1α1 receptor signalling. This spike is not just in use in Moderna's COVID-19 vaccine, but also in Pfizer's, Johnson & Johnson's, Novavax's, Sanofi's, Sinovac's, and Curevac's.
https://www.nih.gov/news-events/news-releases/2021-2-19-10-0-0-gates-with-fleming

CD147 is also involved with cancer and a tumor's malignant progression, treatment, and metastasis
www.ncbi.nlm.nih.gov/.../PMC5579377/ + www.nature.com/.../srep42500/... Do an quick glance, looking at any potential for CD147 inhibition: Resveratrol, Quercetin, EGCG, Berberine, Green Tea (has EGCG and Quercetin also), Curcumin and Black Tea (Tea with no sugar or milk) all might be promising to consider. www.google.com/.../AIFNZC_...
File script.exp: /.TS-2600372_75023.tmm + www.academic.oup.com/jnci/article/106/3/dju038/..Quercetin,Rutin,Quillic_Acid,and,Ba... + www.researchgate.net/publication/51261234_Resveratrol_inhibits_CD98PRA... + pubmed.ncbi.nlm.nih.gov/17984197/ + www.ncbi.nlm.nih.gov/.../PMC3939003/ + pubmed.ncbi.nlm.nih.gov/25261247/

Mark as Spam · Posted On : 10/20/2021 6:07:17 AM

Like · Dislike

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redmose
Joined On 11/10/2011 8:39:01 AM
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Dataleagon:

Hi and Thanks! always appreciated the links in your first posting, and your suggestions. Have started on more berberine and found long-forgotten pure-ish black tea. Also listened to Dr. Henry Ealy suggestions, he is saying I anytime may discontinue spikes - no time to look into this or that, this also matters some, and I

Mark as Spam · Posted On : 10/20/2021 9:48:47 AM

Like · Dislike

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bob559
Joined On 6/24/2019 1:44:26 PM
Add as Friend · Send Message

By publishing these articles, Dr Mercola provides a humanitarian service, I am in Brazil translating them and sharing them with family and friends. Congratulations Dr Mercola.

Reply · Mark as Spam · Posted On : 10/20/2021 9:19:12 AM

Like · Dislike

Ambanayes
Joined On 11/20/2015 1:38:40 PM
Add as Friend · Send Message

I have been doing this for years, but

Mark as Spam · Posted On : 10/20/2021 8:36:43 AM

Like · Dislike

Alocord
Joined On 2/26/2008 4:23:20 PM
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These are people much more educated than me who have degrees in psychology and know how to manipulate others. I will not say they are smarter than me or have better values, but they have set their butts in certain classrooms longer. Perhaps viewing the world through that distorted lens has limited their compassion and humanity. It has blinded them to all that is natural and good.

When I fought against advanced cancer I had to learn to be tolerant and confident enough to stand alone. One lesson I learned is that when circumstances begin to become challenging only 5% of the population will remain. When they become extremely oppressive, that number falls to half. Perhaps only 1% will refuse to go along no matter what. The numbers fall as pressure to conform to group think and standard treatment increases.

I am observing the psychological harm done to those who have been coerced into submission—not the brain-dead zombie sheeple. They hang their heads in shame, ashamed to being judged. They know they have acted contrary to their value system. It leaves a deep emotional wound to know they have given up their autonomy for a job or survival. I think they also know that this is not the end game. Government and corporations have shown they will continue to take more and more until people have nothing left to give or sacrifice. They try to make excuses... maybe saying "I will only get one shot and it will then be ok" It never is. Life does not work that way.

Getting only one shot increases your risk and places the individual in the same category with the unvaxed. On a more positive note... those who refuse are now being shifted to the most disciplable and persecuted reserve. (Expect it to get worse.) However, this is a necessary transition for humanity to survive. Those who are willing to sacrifice their freedom for a false promise of being safe from a very contrived threat to their humanity. Every are committed against humanity just waiting to overpower and bypass vaccine. Numbers grow.

Reply · Mark as Spam · Posted On : 10/20/2021 2:01:41 AM

Like · Dislike

Aanerd
Joined On 11/27/2007 11:13:05 AM
Add as Friend · Send Message

Alocord, did you have some alternative ways to fight your advanced cancer? How did you stand alone? I hope you were successful! I have always thought that if a cancer stricken person accepted the standard of care for that disease, his prognosis would be found into the expected profile for patients being treated in that way. But if the alternative methods, he would be making more likely other more positive outcomes unlessed of by most doctors treating cancer these days.

Mark as Spam · Posted On : 10/20/2021 2:46:05 AM

Like · Dislike

Reythatbh
Joined On 10/13/2018 6:10:52 AM
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I will not comply, count me in as the 1% I owe all family, friends, enemies, and eventually my life...My foundation is in Christ and I will not be shaken by the world. I will not be shaken by the world. I will not be shaken by the world. I will return the favor. I'll gladly love my head for him. I'll set the earth free the Lord let all the inhabitants of the world stand in awe of him. For he spoke, and it was done, he commanded, and it stood fast. The Lord brought the counsel of the heathen to nought: he maketh the devices of the people of none effect. The counsel of the Lord standeth for ever, the thoughts of his heart to all generations. Blessed is the nation whose God is the Lord, and the people whom he hath chosen for his own inheritance.

The Lord hateth those who trust in lackeddeath of the sons of men. From the place of the habitation hath he looked upon all the inhabitants of the earth. He fashioneth their hearts alike, he considereth all their works. Behold, the eye of the Lord is upon them that fear him, upon them that hope in his mercy; to deliver their soul from death, and to keep them alive in famine. Our soul waiteth for the Lord: he is our help and our shield. For our heart shall rejoice in him, because we have trusted in his holy name. Let thy mercy, O Lord, be upon us, according as we hope in thee. Ps 33:10-22 Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger, and he that believeth on me shall never thirst. Jesus said unto them, I am the living bread which came down from heaven: if any man eat of this bread, he shall live for ever: and the bread that I shall give is my flesh, which I shall give for the world. Coming to Amazing Jesus said: "I am the living bread, and if living the Lord is strong, I don't worrie no fight"

Mark as Spam · Posted On : 10/20/2021 4:40:44 AM

Like · Dislike

Almond
Joined On 6/28/2008 4:23:23 PM
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Aanerd... I need many eternal blessings. How did I stand alone? Oh my. So many ways. I cannot remember or list them all. It was not a compliant patient. I refused so much they wanted to do to me. If I did not get my way, I did not go along. I refused one kind of surgery altogether because they would not do it my way. At one point, I was being broadsided and not getting my way, so I got up and walked out of the operating room—that gave doctors time to come around to my way of thinking.

I refused hospital food and had friends bring in my meals. I disagreed with the hospital contract, so I crossed out and rewrote parts of it and initialed and dated the changes. I got permission to speak before a consortium of doctors—they thought I would be complimentary... Instead, I berated them for their greed in seeking federal funding that was spent on themselves and did nothing to help patients. When I had problems with "the system", I started my process at the top instead of working my way up from the bottom—had very clear ways of getting people's attention.

They often had more to lose than I did and were unwilling to put their jobs at risk. I scheduled medical appts with some of the top people in the country, and I let them know I was willing to travel to their offices for treatment. I let the doctors here know I was prepared, and that I had been given permission to bring in my pharmacy. There was one doctor on the run from authorities because he acted as a mole for cancer patients, bringing forbidden drugs in from abroad.

I spoke up and met with other cancer patients, too. Brave souls found their way to my doorstep. This done unfavorable attention from the powers that be, but I was not alone. I had a lot of people who had my back, and I was able to provide information and support from perspectives they never knew much. They knew if I was was pressured, I would be on the witness stand spilling all the dirt I knew about corruption. That is enough for now.

Mark as Spam · Posted On : 10/20/2021 5:18:27 AM

Like · Dislike

RandyGaz
Joined On 5/6/2010 8:43:42 PM
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Alocord, I just want to let you know that I read your posts. You are an amazing individual. You are compassionate and empathetic and you have a great sense of humor. I wish I could be your friend in real life because I would enjoy your company. I am a cancer survivor and cancer was a wake up call for me. I also have a strong desire to help others, so there's no doubt that you are a kindred spirit. I lack a "formal" education, although, for me at this point and considering how bad this society is being destroyed by Dark Money, I consider it a plus. I have this strange habit of thinking for myself. Higher education probably would have "turned" me of that!

Mark as Spam · Posted On : 10/20/2021 5:23:44 AM

Like · Dislike

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redmose
Joined On 11/10/2011 8:39:01 AM
Add as Friend · Send Message

Hi Almond, Just if you'Dr Vladimir Zelenko (Chilling Warning and Call to Action! - www.bitchute.com/.../.0dPqZhYangrq/

Mark as Spam · Posted On : 10/20/2021 7:04:47 AM

Like · Dislike

Sulhook
Joined On 10/31/2009 3:56:56 PM
Add as Friend · Send Message

Wow, great work, Almond!

We're certainly doing much, much better than a few %. But my read of history has shown that a determined minority can also prevail, as in the American Revolution, slavery abolitionism in some decades later, and India against the crown.

Mark as Spam · Posted On : 10/20/2021 10:13:29 AM

Like · Dislike

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mstevens
Joined On 4/23/2011 8:20:23 AM
Add as Friend · Send Message

A friend of mine is vaccine injured and I don't know how to tell her.

Reply · Mark as Spam · Posted On : 10/20/2021 11:09:20 AM

Like · Dislike

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evecallum
Joined On 9/10/2020 5:54:07 PM
Add as Friend · Send Message

With your mouth and tongue or write her a letter...

Mark as Spam · Posted On : 10/20/2021 1:49:02 AM

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praise unit
Joined On 6/28/2006 7:27:27 AM
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How do tell her that she's injured? Or how to ask advice from this article? Hard think she'd know if it's the former.

Mark as Spam · Posted On : 10/20/2021 7:38:18 AM

Like · Dislike

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mstevens
Joined On 4/23/2011 8:20:23 AM
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Sharlo the thing she's such a believer in vaccine shots. She can't see it. Mayo Clinic problems ("dizzy brain"), extreme fatigue, neck pain, now she is having heart palpitations and breathing issues and has been to emergency twice. She's hoping she has covid! But she can't see all the vaccine, the booster, and even a shingles vaccine just for her b.s.off. How do you tell people they are developing themselves?

Mark as Spam · Posted On : 10/20/2021 2:07:14 AM

Like · Dislike

HaddiMania
Joined On 8/22/2011 6:05:08 AM
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Perhaps just share this article and let her know you are sharing this out of concern. It's difficult with those who have not sought out the truth, fall for the lies and call out of fear. Good luck!

Mark as Spam · Posted On : 10/20/2021 3:36:37 AM

Like · Dislike

CMT267
Joined On 10/16/2018 8:46:45 AM
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Lacey, Dr. Larry Palevsky MD pediatrician, says trying to admire vaxxed regrettably people is like: Tolthering them into a burning house". Heard this on "Critically Thinking with Dr. Palevsky and Dr. P" a weekly podcast. Subscribe on all Tempersky sites.

Mark as Spam · Posted On : 10/20/2021 8:31:12 AM

Like · Dislike

RandyGaz
Joined On 5/6/2010 8:43:42 PM
Add as Friend · Send Message

Mstevens, For what it's worth, from my experience, people who have fallen for the lies and deception, will cling to that belief, no matter what. Logic and reasoning will have no effect. It's called Denial and it is very powerful. They get the first shot, get sick, and then think that the vaccine didn't do it, and the one after that, will make it all better. I love friends, a family and I have known for over 40 years, simply because they totally refuse to believe anything that strays from the 'official narrative'.

Mark as Spam · Posted On : 10/20/2021 5:39:00 AM

Like · Dislike

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redmose
Joined On 11/10/2011 8:39:01 AM
Add as Friend · Send Message

My cats have experienced, as 85 year woman I have developed speech delay somewhat after the 2nd shot. Currently in speech therapy, and recently learned she got "boosted". This is discrimination has been repeated and ingrained over years of marketing paid by the CDC, Pfizer and others. Your inability? NO, never, suspect over time we will all be fighting similar

Stanford versus a 2014 interview, enlightening, as it shows this deception has been going on for decades: Dirty Vaccine Secrets Revealed & Big Pharma Lies Exposed - Dr. Russell Blaylock - www.bitchute.com/.../.Q8ecgZWQLC-/ (note how young does Jonas looked 7 years ago?)

Mark as Spam · Posted On : 10/20/2021 8:33:40 AM

Like · Dislike

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grafix
Joined On 1/17/2012 8:03:05 AM
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If you have a computer printer, then you could print a PDF hardcopy for your friend, and perhaps a few more hard copies as well. The article expires in 48 hours, so get the PDF link while you can, which is located just below the article date at the top of this page.

Mark as Spam · Posted On : 10/20/2021 7:09:56 AM

Like · Dislike

Debbyt8
Joined On 5/27/2010 9:07:35 AM
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CMT267, it's harder to inform vaxxed people who don't regret. Those are the ones telling people to get the shot. They're lucky in the sense that they didn't have an immediate adverse reaction. But they don't know that their bodies are slowly dying from the shot.

Mark as Spam · Posted On : 10/20/2021 8:11:52 AM

Like · Dislike

Shanabbd
Joined On 8/10/2021 8:32:08 PM
Add as Friend · Send Message

I have two friends who absolutely were and one who is a possible. One friend had a great amount of hearing loss one ear the day after her second shot. She changed for when he said it was due to the shot. One friend I simply asked her if she feels her heart attack was due to the shot and he said no and he called for the effects of Covid (she had it before she got the shot). I didn't ask or say anything after that. They don't want to be the idiot. The young lady who miscarried after her second shot I didn't say anything to. Ironically when the one talk on the was going to her her booster she started talking her out she had hearing loss. That lady has she subsequently known to from the shot.

Mark as Spam · Posted On : 10/20/2021 9:46:33 AM

Like · Dislike

Arbert
Joined On 9/13/2021 1:48:28 PM
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Mstevens, this is a sector thing. No amount of evidence will ever convince these people they are suffering from vaccine side effects/injuries. They psychotic redefined what a vaccine is so that everyone would get it but get an mRNA shot. Had these been called gene therapies no one would have volunteered to participate in this experiment. By calling these jabs vaccines almost no one questions their safety and effectiveness.

Mark as Spam · Posted On : 10/20/2021 10:09:22 AM

Like · Dislike

Sulhook
Joined On 10/31/2009 3:56:56 PM
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The best way might be an offhand suggestion that it COULD be, with some pertinent references. But true believers will remain in denial in their graves. People have to come to their realization for themselves.

Mark as Spam · Posted On : 10/20/2021 10:16:06 AM

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davidw
Joined On 7/7/2011 7:38:37 AM
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YOU are responsible for your health.

Reply · Mark as Spam · Posted On : 10/20/2021 8:50:16 AM

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jantijn
Joined On 2/20/2008 11:15:54 PM
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It's pretty straight forward. Eat real food, maintain a healthy weight, exercise, and get 8 hours of sleep. Supplements are not necessary if you do those 4 things. There is one thing that I didn't see mentioned in today's report that I find it rather surprising. Garlic has a long reputation for fighting off and preventing respiratory infections, especially colds. At least half of your colds are caused by coronaviruses. Here's a PubMed report on garlic and its potential for preventing/treating Covid-19:
www.ncbi.nlm.nih.gov/.../PMC7537307/

I'm not sure what when I could contribute my 10+ years without a cold to except maybe eating 100 times more garlic than I did 10+ years ago. I never consumed much garlic prior to 2005. I caught a cold at least once every 3 to 5 years. After meeting my wife, who is Korean, I had to learn to eat a lot of things I would have never dare to stomach. Kimchi is at the top of that list! Korean style kimchi is full of garlic. Kimchi is a fermented food. Fermented foods are known to be very healthy for your digestive system. Kimchi is also very high in vitamin C. Vitamin C is a powerful antioxidant. Fermentation increases the amount of vitamin C. Korean food is very healthy and it is eaten with a lot of kimchi. Korean diet, Japanese diet, Mediterranean diet, Ketogenic diet, Paleo diet, Vegan diet, Vegetarian diet, Pescatarian diet, Flexitarian diet, Intermittent fasting, Lactose free diet, Gluten free diet, Low carb diet, Low fat diet, Low sugar diet, Low salt diet, Low cholesterol diet, Low calorie

Randylast
Joined On 5/1/2015 8:42:42 PM
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Reply · Mark as Spam · Posted On: 10/20/2021 7:40:37 AM
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sensefix
Joined On 10/16/2007 4:23:09 PM
Add as Friend · Send Message

This post is stunning! One of the best Mercola posts I have seen to date. The references and links are also invaluable. Many of the references are completely valid also. I see this as a sign that the world is waking up. Systems, the source of all life and health is the consciousness principle. Let's make 2020 the year we beat "COVID - the pandemic" with the simple application of truth and light. We need to share this information with as many people as possible. We need to examine and study in depth and breadth from many perspectives. Don't let it disappear. Right?

Reply · Mark as Spam · Posted On: 10/20/2021 5:03:22 AM
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Randylast
Joined On 5/1/2015 8:42:42 PM
Add as Friend · Send Message

Once again, without irrelevant, ... no mention that the Spike Protein in the nanobot shot (let's call it what it is!) is SYNTHETIC! This virus has never been isolated. As long as you continue to ignore the SYNTHETIC nature of the Spike Protein and pretend that it is just a regular virus, you will never have any hope of understanding what is going on. Covid 19 you're in your health. People with comorbidities, are overweight or have poor health appear to be the targets of the virus. It's the mRNA molecule that's being injected that was designed to attack the mitochondria! It's germ free! If your body can't fight it and it gets there the effects are detrimental to your life.

Mark as Spam · Posted On: 10/20/2021 6:12:06 AM
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lovestosingit
Joined On 6/26/2013 8:06:35 AM
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Alternator: Just happens to also be your health alternative - this is how my post read - a viral infection that looked like a tomato on the Krops - terrifying! However, we have a friend here, older male, who was diagnosed covid pneumonia and they used nebulizer and 2% hydrogen peroxide (minus the nebulizer and covid him - so do people die from being in the hospital???

Mark as Spam · Posted On: 10/20/2021 4:40:11 AM
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Randylast
Joined On 5/1/2015 8:42:42 PM
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Read. It's already in my collection. Thanks anyway. It looks like a classic to me!

Mark as Spam · Posted On: 10/20/2021 7:07:40 AM
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mandaakowalski
Joined On 4/4/2020 10:07:31 AM
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I guess you missed reading that people who get Covid die due to hypoxia, then there lungs getting filled with fluid then die (if they're not treated). So it's not just a regular cold or flu. And yes, the vaccine is designed to reprogram your DNA, which has the random genes within that will give you Covid if you're in your health. People with comorbidities, are overweight or have poor health appear to be the targets of the virus. It's the mRNA molecule that's being injected that was designed to attack the mitochondria! It's germ free! If your body can't fight it and it gets there the effects are detrimental to your life.

Mark as Spam · Posted On: 10/20/2021 6:12:06 AM
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mwinne
Joined On 11/16/2011 8:39:01 AM
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Hi Randy, Here ya go! Actually for the Brits on the blog: "Ex.haustingly in luck is a lot like genocide everywhere you go" - www.bitchute.com/...ex.PNx3Ob3

Mark as Spam · Posted On: 10/20/2021 4:40:11 AM
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Randylast
Joined On 5/1/2015 8:42:42 PM
Add as Friend · Send Message

Hi Randy,

Sorry! Not quite! Actually for the Brits on the blog: "Ex.haustingly in luck is a lot like genocide everywhere you go" - www.bitchute.com/...ex.PNx3Ob3

Mark as Spam · Posted On: 10/20/2021 7:07:40 AM
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Madhuman
Joined On 8/10/2021 9:23:21 AM
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Randylast - you are absolutely right! Call it what it is - a synthetic mRNA lab created nanobot injection. It is not a vaccine and it really can't be called a gene therapy - it's way it needs to be called "gene editing" software. Those who have accepted it are the guinea pigs in the ongoing "clinical trial". The synthetic code was developed by Ralph Baric at the Univ of NC Chapel Hill. See Patent 10/792,867 filed 11 April 2003. www.citizenpetition.pw/patents-prove-sars-cov-2-is-manufactured-virus.

www.bitchute.com/.../5ttbwuu3kcdf/ patents.google.com/...tent - I suggest two things are happening and treatments are driving it to profit from. 1) the insane desire to program the human species using complimentary DNA (LONG) 2) Reduction of the worldly human population based on the insane premise that humans cannot survive the future because of climate change. www.youtube.com/watch ... cDNA is a chimeric mRNA code using artificial (synthetic) genetic sequences found in cross-species DNA libraries. Unlike natural mRNA, it can be made to include genetic information from any species. SYNTHETICS. WE ARE THE SYNTHETICS. Are you a synthetic? Here's the rolling www.superconductant.com/...12-CDB-Tech.pdf Based on this ruling, if your DNA(individual unique genetic code) is altered by cDNA, you could be identified as not a "product of nature" but a creation and can be patented. Add in the WEF plan for the 4th Industrial Revolution and the Great Reset. Profit and control of all living things on this planet. Ahead the path is "Bar Code Life" phe.rockefeller.edu/...TheRoosevelttranscoding.pdf

Mark as Spam · Posted On: 10/20/2021 9:03:33 AM
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mwinne
Joined On 11/16/2011 8:39:01 AM
Add as Friend · Send Message

Hey Randy, you are too quick for me.

Check out the 2014 interview from Mark Jones, posted below. We have worldwide an amplification of an existing program and marketing approach being used for years, based on human nature and fear, suppose anything could be in these vials and called whatever they think will garner acceptance. Existing boxes being programmed and pop open!

Mark as Spam · Posted On: 10/20/2021 9:39:07 AM
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jsmiljos
Joined On 2/20/2008 11:15:04 PM
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Here's the first isolation performed in the USA on Covid-19 Patient #1: www.ncbi.nlm.nih.gov/...PMC7230045

Mark as Spam · Posted On: 10/20/2021 9:01:05 AM
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jsmiljos
Joined On 2/20/2008 11:15:04 PM
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In S. Korea the first patient with covid-19 his symptoms were hospitalized and they isolated the virus and did a genome of the virus: www.ncbi.nlm.nih.gov/...PMC7036242

Mark as Spam · Posted On: 10/20/2021 9:07:06 AM
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jsmiljos
Joined On 2/20/2008 11:15:04 PM
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Later, the University Of PA created an enhanced isolation method: www.pnas.org/...7001.full.pdf

Mark as Spam · Posted On: 10/20/2021 9:09:39 AM
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Randylast
Joined On 5/1/2015 8:42:42 PM
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Mwc thank you for your post. Everything contained in it is 100% accurate. I also do my due diligence and I'm quite sure that I already have the info you posted and linked to; however, I'm sure that some others could benefit. You've obviously been listening to Dr. David Martin!

Allow me to quote him - from memory: "The money will follow the hype; investors will follow; if they see profit at the end of the process". Actually, that's not quite verbatim; I'm not an pitchman yet, so I will give the original quote:

"To sustain the funding base beyond the crisis, we need to increase the public understanding of the need for medical countermeasures, such as a pan-influenza or a pan-coronavirus vaccine. A big driver is the media and the scientists will actively follow the hype. We need to use that hype to our advantage to get to the real issues. Investors will respond if they see profit at the end of the process."

This is obviously not about health!

I'll get back to the computer later. I have to go to my dental appointment now.

Mark as Spam · Posted On: 10/20/2021 10:02:20 AM
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ejc123
Joined On 9/17/2010 5:30:34 PM
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For saving these articles as a PDF I use OPENA web browser. Turn on the SOURCES and COMMENTS. Then right click and select "SAVE AS PDF". Very quick. If there are VIDEOS in the article they are not taken. I find I can do this for the 5 articles each day and read them anytime in the future.

Reply · Mark as Spam · Posted On: 10/20/2021 8:03:20 AM
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thisnow
Joined On 4/20/2011 5:03:28 PM
Add as Friend · Send Message

@ejc123

I really appreciate this but let I notice that there's no duration listed with these detox choices. Is there a recommendation on how long each should be taken?

Reply · Mark as Spam · Posted On: 10/20/2021 8:16:32 AM
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lyricbloodleading
Joined On 2/21/2011 9:51:42 AM
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The Sun Warrior - Cancers have lost the spotlight as the spike letter since the covid scare appeared. Dropping Body voltage, pH and Oxygen are the universal precursors of all chronic disease. Chen Sandi goes into the role of macrophages, disease in general and an unrelated redox approach. www.bereanbeat.com/2020/05/...pathoclinical-if-cancer-was-already-cured...

Mark as Spam · Posted On: 10/20/2021 7:34:26 AM
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lyricbloodleading
Joined On 2/21/2011 9:51:42 AM
Add as Friend · Send Message

That's a strong, synergistic and complimentary list. Many of those items find their way in the dinner table while others must be intentionally dosed and "mentioned" as with Vitc C20, Mg and MAC as per seriousness of symptoms. Regular use of HCO3 buffer and Mg is a foundational practice for all chronic disease. Regular use of Hydrogen Peroxide is a foundational practice for all chronic disease. In this manner to normalize physiology before any drug or surgical procedure is considered. Redox balance is always key, cell powering antioxidant electron energy vs immune oxidation of offending pathogens, cancers and senescent cells. www.ncbi.nlm.nih.gov/pubmed/...tion-forum-comments.

The other overriding aspect is "How you feed your brain". While networks can't broadcast enough "DREAMING" scare propaganda as an incumbent "Prison in Chief" bellows on the holidays, I spend very few moments ruminating over their mind control messaging. Besides harvesting citrus, hunting and tidying after family and friends, I have been gathering ingredients for two weeks of healing. Dr. Leroy Sanchez's protocol for the treatment of chronic disease, and my simple modification of it, is a very powerful tool. Dr. Sanchez's protocol overcomes. It makes me feel like I can overcome anything. Dr. Leroy Sanchez's protocol is a tool for accurate hypothesis/test complaints revealed and climbing through their hellish existence on pay as usually as I choose. There are no worst case scenarios. Worst case scenarios are just by a falling administration, but until that happens, ... www.youtube.com/watch ...

That's a strong, synergistic and complimentary list. Many of those items find their way in the dinner table while others must be intentionally dosed and "mentioned" as with Vitc C20, Mg and MAC as per seriousness of symptoms. Regular use of HCO3 buffer and Mg is a foundational practice for all chronic disease. Regular use of Hydrogen Peroxide is a foundational practice for all chronic disease. In this manner to normalize physiology before any drug or surgical procedure is considered. Redox balance is always key, cell powering antioxidant electron energy vs immune oxidation of offending pathogens, cancers and senescent cells.

www.ncbi.nlm.nih.gov/pubmed/...tion-forum-comments.

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tanya_marquette
Joined On 6/20/2008 7:07:03 AM
Add as Friend · Send Message

This list of detox products is a bit overwhelming. Would love to have a more consolidated list of priorities. I also could not imagine supplanting all these products to someone on their eyes would roll and that would be the end of their listening.

Reply · Mark as Spam · Posted On: 10/20/2021 6:48:48 AM
Like · Profile

clenbarnwood
Joined On 1/17/2008 5:05:47 PM
Add as Friend · Send Message

TANYA MARQUETTE In my opinion and I have suggested this to a couple people that are not as naturopathic-oriented as me, the most important is my opinion and that people can get their heads around is vitamin C, NAC, vitamin D3 ,quercetin and zinc. With such a short list, and for products that are easier to get, I have not had spine rolled at me yet - I and some of them have actually listened and started buying them.

Mark as Spam · Posted On: 10/20/2021 7:37:35 AM
Like · Profile

ScanKat
Joined On 1/9/2021 11:28:32 AM
Add as Friend · Send Message

I agree with clen, those are the big ones. I would add the pine needle tea for good measure since its free growing everywhere.

Mark as Spam · Posted On: 10/20/2021 9:13:44 AM
Like · Profile

GreenBean
Joined On 9/15/2006 4:01:31 PM
Add as Friend · Send Message

Kermit! - Easy way to save as pdf - In MERCOLA Site hit at top of article page, just left of "LOGIN", click the red pdf icon (sometimes you need to scroll down a tad from the top of the article, to see the red icon). This displays a pdf of the article without the comments and page headings. At top of pdf on right, click the download icon and you'll save a popup with options to Open or Save the file. BTW, I'm viewing the article on a Windows laptop using Firefox.

Mark as Spam · Posted On: 10/20/2021 5:17:26 AM
Like · Profile

mandaakowalski
Joined On 4/4/2020 10:07:31 AM
Add as Friend · Send Message

Thank you so much. What a headache it was to copy and paste for never doing that again now that you gave us the solution to copying this information. Never know about this and like it works just as well in any other browser since I don't use mainstream browsers.

Mark as Spam · Posted On: 10/20/2021 5:48:51 AM
Like · Profile

jsmiljos
Joined On 2/20/2008 11:15:04 PM
Add as Friend · Send Message

GreenBean, if you look at the top right of your browser you will see 3 dots or lines. Click that and a pulldown menu appears. Click on the "print" button. A printer window will open. Select "Save as PDF" and hit return. You may have to select a location the first time you do this. It saves the PDF file the same name as the report title. You may want to rename it. When you do this ALL of the report, links, and comments are saved. It will not save the video if there is one. You have to save that separately.

Mark as Spam · Posted On: 10/20/2021 8:10:16 AM
Like · Profile

GreenBean
Joined On 9/15/2006 4:01:31 PM
Add as Friend · Send Message

jsmiljos - Thanks, I use the "..." in Chrome, Firefox uses a different icon but Print option does save to pdf and include comments. Good! Would you please describe how save the video?

Mark as Spam · Posted On: 10/20/2021 8:40:13 AM
Like · Profile

jsmiljos
Joined On 2/20/2008 11:15:04 PM
Add as Friend · Send Message

GreenBean, to save the video you hit the play icon on the video. Once it starts, right click over the video. A pop up menu will appear. Click "save video as". A regular windows directory then pops up for saving the video. Select one as an MP4 video. It selects a random name for it. I change the name to match the name of the PDF for the report. So the name will be: "The Most Important Podcast You Can Hear About COVID-19.mp4". It should already be in the correct directory but if it isn't select the same directory you saved the PDF in and hit save or return. Thats it.

Mark as Spam · Posted On: 10/20/2021 9:25:17 AM
Like · Profile

mourningwarbler
Joined On 7/24/2009 2:16:03 PM
Add as Friend · Send Message

Fibers! Dr. Wilencitz warned against the pine needle thing.

Reply · Mark as Spam · Posted On: 10/20/2021 4:50:37 AM
Like · Profile

Bicopper
Joined On 12/16/2021 1:21:12 PM
Add as Friend · Send Message

I believe she indicated that carotens is the active ingredient that one might want to ingest. I think one should be cautious about ingesting some random tea recipe. Turpentine is not healthful to ingest, and improper tea making can possibly know poison just as well as it can produce magic healing potions. Boiling pine needles could result in over-extraction, as opposed to a short hot water soak. But I haven't tried it. I think there are safer alternatives unless you get yourself in desperate straits.

Mark as Spam · Posted On: 12/20/2021 6:05:39 AM
Like · Profile

mandaakowalski
Joined On 4/4/2020 10:07:31 AM
Add as Friend · Send Message

This I saw this on a cell group conversation. Scratch it out. As well as Dr. Juliets Mort and Rubin. These last 2 need to be taken in very small quantities. Dr Rubin was one of those dont have good published data. A JR cancer doctor/patient. Is people who have a family history of any type of mental condition, and Rubin caused my heart to race and I'm had other ladies tell me the same happened to them when they took it. After I went to see my doctor she checked to see what type of studies had been done after I told her I had started taking Rubin basically for weight loss, and none had any control group with scientific medical data. She suggested I stop taking it immediately, which I did and it calmed my heart issue.

Mark as Spam · Posted On: 10/20/2021 9:29:41 AM
Like · Profile

mourningwarbler
Joined On 7/24/2009 2:16:03 PM
Add as Friend · Send Message

Dr. Wilencitz said there was a fake Dr. Judy Mikovits web site recommending the pine needles.

Mark as Spam · Posted On: 10/20/2021 7:19:06 AM
Like · Profile

Anbanyes
Joined On 11/20/2015 1:58:45 PM
Add as Friend · Send Message

I would like to hear more opinions about this...

Has anybody also heard of a a fake Dr. Mikaeliis website???? This is VERY WEIRD — and may be dangerous....

DR. MIKAELIA, PLEASE, REPLY. Thanks.

Mark as Spam · Posted On: 12/23/2021 10:12:19 AM

Like · Dislike

BlueDaudica
Joined On 11/20/19 5:56:17 AM
Add as Friend · Send Message

Thank you a million Dr. Joseph Mercola and to your dedicated staff. ♥ This really would come in handy, like a Swiss Army knife, not only for those who had COVID-19 and/or the jab, but also for learned a lot from the article also as always. Keep up the good work and always remember that you're not at all alone in this fight. ♥

Reply · Mark as Spam · Posted On: 12/23/2021 3:38:29 AM

Like · Dislike

MsSherman
Joined On 12/23/21 9:23:21 AM
Add as Friend · Send Message

Recent recently that the spike proteins are actually not, they are the graphene oxide that comes in every shot.

Reply · Mark as Spam · Posted On: 12/23/2021 10:20:55 AM

Like · Dislike

MsSherman
Joined On 12/23/21 9:23:21 AM
Add as Friend · Send Message

mucin for your soul

www.themusicman.uk/choir-choir-choir

Reply · Mark as Spam · Posted On: 12/23/2021 10:14:54 AM

Like · Dislike

Rosebud10000
Joined On 12/12/20 1:50:16 AM
Add as Friend · Send Message

Whenever I try to take fish or krill oil I get eczhymatic or petechial haemorrhages under my skin. Is there a safe dose which would not affect platelet function? Had essential fatty acids are well, so essential. I do not cautious but family enough they don't seem to be available in Ecline in my country any longer. Only in Iowa seed oils.

Reply · Mark as Spam · Posted On: 12/23/2021 9:44:25 AM

Like · Dislike

GreenDawn
Joined On 11/10/20 4:01:31 PM
Add as Friend · Send Message

jumbijm, thanks for clear steps - will often come in handy. I successfully saved a Mercola article video as mp3. Yay!

Reply · Mark as Spam · Posted On: 12/23/2021 9:40:13 AM

Like · Dislike

denisehalderbrigdokal.ne
Joined On 9/13/2011 9:13:12 AM
Add as Friend · Send Message

Anyone showing how many unvaccinated folks are dying from covid because the number of deaths continue to rise world wide and the vaccine is not working. Also, how many folks are being hospitalized because of the vaccine and how many unvaccinated continue to die in large numbers over here in the USA. Although some go to fake news, watching unvaccinated folks die in my community makes of this seem like fake news with regard to it just being a cold or flu because usually in the USA about 40 to 50K die from the flu annually, however, now that we're over 800K, all this seems questionable about it being a simple flu and nothing more. Folks are beginning to wonder who is behind regardless of which side you are on, regarding the treatment of this virus.

Reply · Mark as Spam · Posted On: 12/23/2021 9:39:02 AM

Like · Dislike

krisor
Joined On 2/15/2011 9:39:11 AM
Add as Friend · Send Message

Dr. Mercola mentioned this protocol for anyone who received the shot or the infection. Should everyone do this protocol who had CV or only those who have had CV and had lingering, specific conditions? I am sure that my family and I had CV but we never tested and all seem to be in good health now, except for my teen daughter who has seven smaller ones which around mast (pancreas?). Basically, where is protocol defined? I am fearful that shot or doesn't correctly have CV? Thanks for responding!

Reply · Mark as Spam · Posted On: 12/23/2021 9:28:47 AM

Like · Dislike

eastbiker1
Joined On 9/11/2012 2:12:01 PM
Add as Friend · Send Message

My next door neighbor has shingles; he was healthy as a horse, I told him shingles was a side effect of the shot; he said it came after his 3rd shot at Thanksgiving; I just printed the information for him. Thanks to Dr. Mercola my vitamin "D" level was 58 at my last checkup, I use my sauna every day now and my Photobiomodulation lights also. Thanks Dr. M, I don't worry about any virus.

Reply · Mark as Spam · Posted On: 12/23/2021 9:15:25 AM

Like · Dislike

SceptiCat
Joined On 10/10/21 11:28:32 AM
Add as Friend · Send Message

Also to add get the forced shot an for from the heart as possible: Lower part of thigh. Take Dr Cowan's heart supplement to prevent terminate heart damage. drcowancare.com/...cardiopathies-1

Reply · Mark as Spam · Posted On: 12/23/2021 9:11:23 AM

Like · Dislike

Rosmus
Joined On 7/20/2020 7:26:04 AM
Add as Friend · Send Message

When it comes to cinnamon...may I suggest one type over another: Cinnamomum verum (Ceylon Cinnamon) ...over... Cinnamomum cassia (Saigon Cinnamon).

Reply · Mark as Spam · Posted On: 12/23/2021 9:09:32 AM

Like · Dislike

Adisamy
Joined On 8/20/2012 6:06:03 AM
Add as Friend · Send Message

I would really like to see you teach me how to lose belly fat, and detox from sugars, white flour. It is really hard to lose weight at 70 and the stress of this ridiculous situation the world is in does not help. I have whittled down the entire surfing to just a few to reduce stress. You, POLO, Dr. Bragg, and Mercola! Bragg has, just how much bad news can you take. So how about "Let's lose weight and do something GOOD in the new year?" VOLUNTEER to deliver Meals on Wheels in your community.

Reply · Mark as Spam · Posted On: 12/23/2021 8:36:26 AM

Like · Dislike

CMT357
Joined On 10/16/2018 8:46:43 AM
Add as Friend · Send Message

Have you stopped eating hi carb sugars, white flours? going vegan helps some ppl lose fat

Mark as Spam · Posted On: 12/23/2021 9:03:01 AM

Like · Dislike

arthurtidwellbook.com
Joined On 12/8/21 7:38:06 AM
Add as Friend · Send Message

Adisamy,

I am afraid that you have a lot of company, including me. I'm in my 60s.

There is so much sugar in various forms processed foods that it's practically unavoidable. High fructose corn syrup is ubiquitous I fear, too.

Perhaps the solution is to make your all of meals with fresh ingredients, and try intermittent fasting (e.g. fast from 8pm to 12pm, or 6 to 6pm). Take longer breaks from the internet. Go for a brisk walk for a mile or so every other day. Find a gym where you're not required to wear a mask and do some cardio and strength training exercises, or set up a mini gym at home. I have had success losing weight from these activities.

Losing weight and keeping it off is a lifetime endeavor. Fortunately, one can start the journey at any age. Start slowly and build momentum as you get stronger. You will become hallucinated to it, as you learn to your other daily activities.

Mark as Spam · Posted On: 12/23/2021 9:09:03 AM

Like · Dislike

endust1111
Joined On 10/19/2021 10:50:17 AM
Add as Friend · Send Message

Thank you. I will keep and share. Most several people I know are still convinced they are completely righteous and safe from Covid. I know this protocol is an evolutionary process and I am so grateful great doctors and scientists are working on healing the people of the world who have taken this. However, I would not use the word "simple" to describe this. It's pretty overwhelming. Thanks again.

Reply · Mark as Spam · Posted On: 12/23/2021 8:05:27 AM

Like · Dislike

MaxwellJ
Joined On 8/7/2011 7:20:00 PM
Add as Friend · Send Message

It seems to me that fasting would also help detox these spike proteins. Also, possibly taking digestive enzymes.

Reply · Mark as Spam · Posted On: 12/23/2021 7:56:03 AM

Like · Dislike

gr3on
Joined On 3/4/2016 7:01:02 AM
Add as Friend · Send Message

Well this is the greatest accumulation of facts in one spot since the 'cure' began. Thank you Dr M. This addresses the spike, I hold that the spike is the cause of the 'cytokine storm' and the 'blood clots' and the 'immune system' and the 'long covid' and the 'vaccine' and 'asymptomatic' and 'what's in this or all the vaccines?' only by more precise solution that they had no idea of how it got there. Excuse me but peak rigidit Force my needs it is described as micro razor blades. I no longer do research, but the analytical habit remains. When I envision this razor and relate it to blood circulation and the damage that it is doing, I relate this to at least some of the clotting.

Another thing that rings alarms is when individuals who are in extreme physical activity, drop. This I have from of lows of physics, force. When blood is circulating, moving extreme physical activity, it is increased with greater force and the graphene (razor blade) and probably the spike too, causes more damage on impact with tissues they encounter. Maybe there should be a warning about physical activity. This just brought to mind, "what is the correlation to pilots and altitude that has caused many of them to die?" Can you help with the metallic detox side of this equation?

Reply · Mark as Spam · Posted On: 12/23/2021 7:48:16 AM

Like · Dislike

jandrg
Joined On 12/24/2015 6:10:34 PM
Add as Friend · Send Message

I know about pine needle tea but this is one fantastic article. I have saved it and will share it with anyone I can. I thank everyone who contributed to this article and Dr. Mercola for the information. I just thank God that I have not been many people just stick their heads in the sand and do not seem to have anything but the narcissism that they are being fed, then only when we end up in a totalitarian society do they pull them out and say " How did we get here?"

Reply · Mark as Spam · Posted On: 12/23/2021 7:12:22 AM

Like · Dislike

californianoman
Joined On 5/10/2018 5:10:31 PM
Add as Friend · Send Message

Comprehensive and Unbelievable information - I printed the PDF for future reference. Thank you, Dr. Mercola.

Reply · Mark as Spam · Posted On: 12/23/2021 7:10:47 AM

Like · Dislike

StarPowerVOID
Joined On 6/19/2021 7:44:27 AM
Add as Friend · Send Message

Folic acid disrupts the furin binding site preventing attachment of the spike protein. pubs.rsc.org/...-sf/d4ra02896

Reply · Mark as Spam · Posted On: 12/23/2021 7:04:53 AM

Like · Dislike

Andanoyes
Joined On 11/29/2021 1:58:45 PM
Add as Friend · Send Message

Interesting... No comment about this...

Mark as Spam · Posted On: 12/23/2021 10:04:01 AM

Like · Dislike

wsolan
Joined On 8/28/2010 2:00:28 AM
Add as Friend · Send Message

What a wonderful post! Thank you Dr. Mercola and the World Council for Health!

Reply · Mark as Spam · Posted On: 12/23/2021 6:55:16 AM

Like · Dislike

Bhopper
Joined On 12/16/2021 1:21:10 PM
Add as Friend · Send Message

It's too bad that the medical mafia didn't think of implementing an insurance premium along with every jab. If every jab cost $100 premium cap fund, over yogi, then there'd have been an injury compensation fund at some cost to share on. It's sad that millions of people have sacrificed themselves as the medical mafia could make $1 bucks per head. That's all you're worth to them! Sold your bodies/gut for a mess of pottage.

Reply · Mark as Spam · Posted On: 12/23/2021 6:49:19 AM

Like · Dislike

rahabab3
Joined On 6/21/2021 6:26:59 AM
Add as Friend · Send Message

It would be so much simpler to not get the jab

Reply · Mark as Spam · Posted On: 12/23/2021 6:39:27 AM

Like · Dislike

californianoman
Joined On 5/10/2018 5:10:31 PM
Add as Friend · Send Message

I agree that it is better not to get the jab, but I started having symptoms just being around people who got the jab. Go figure.

Mark as Spam · Posted On: 12/23/2021 7:21:07 AM

Like · Dislike

grufa
Joined On 1/17/2012 8:03:55 AM
Add as Friend · Send Message

AMEN.

Mark as Spam · Posted On: 12/23/2021 9:04:58 AM

Like · Dislike

nghtlush
Joined On 2/23/2013 3:26:17 PM
Add as Friend · Send Message

Folks, do not take this lightly. I am allergic to pine and Limacorn are filthy related. Always do your homework! I knew I got exhausting, that is why I opened up for consulting all this info for us to share. I cannot call this one either. I will print it if I have too. Very important. Love to All

Reply · Mark as Spam · Posted On: 12/23/2021 6:39:03 AM

Like · Dislike

williamscat
Joined On 11/7/2016 5:45:41 AM
Add as Friend · Send Message

World Council for Health sound on N W D to me.

Reply · Mark as Spam · Posted On: 12/23/2021 6:04:15 AM

Like · Dislike

Andanoyes
Joined On 11/29/2021 1:58:45 PM
Add as Friend · Send Message

To me too... Who are they?

Mark as Spam · Posted On: 12/23/2021 10:08:51 AM

Like · Dislike

ThirdyLatino
Joined On 10/23/2021 3:45:45 AM
Add as Friend · Send Message

This article's collection of resources is incredibly timely and most useful for forwarding to those who have taken the experimental gene therapy bioweapon and are now suffering some doubt or even side effects. I was scrambling to find this information from several sources before this came out. Thank you, Dr Mercola and team. You, and this wonderful community, are a real treasure in these dark times.

Reply · Mark as Spam · Posted On: 12/23/2021 3:26:25 AM

Like · Dislike

qsc1888
Joined On 8/3/2013 5:44:24 AM
Add as Friend · Send Message

Must are also antifungal.

Reply · Mark as Spam · Posted On: 12/23/2021 2:12:06 AM

Like · Dislike

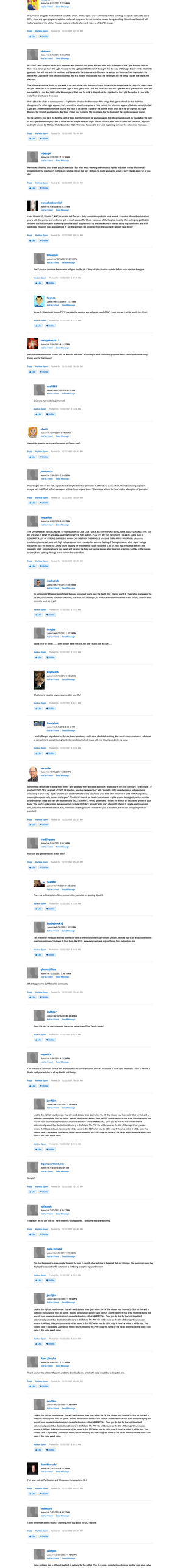
Aamof
Joined On 11/27/2021 11:13:05 AM
Add as Friend · Send Message

??? What are more antifungal?

Mark as Spam · Posted On: 12/23/2021 5:47:45 AM

Like · Dislike

cool365



Joined On 9/12/2021 7:27:04 AM
Add as Friend · Send Message

The program Slough by Tachyonlab will scroll the article. Hints: Open "show comments" before scrolling. It helps to reduce the ratio to 80%. - close any open programs, updates, and email programs. Do not move the mouse during scrolling. Sometimes the scroll will halt/ or a pause of the article. You can capture and edit, afterward. Save as JPG, JPEG Image.

Reply · Mark as Spam · Posted On: 12/20/2021 5:37:26 AM
Like · Dislike

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yiddaro
Joined On 3/17/2012 2:55:07 AM
Add as Friend · Send Message

INTEGRITY And Integrity will be your password And Humility your guard And you shall walk in the path of the Light Bringing Light to those who do not see from the Light. You are not the Light,Just the Bearer of the Light, And the avail of the Light Bearer will be filled with Light. Let the Light of the Creator shine forth in you and you will be a Light unto Your Creator. You are the path of the Holy Torah. You are the Bearer of the Light of the Holy Torah. Let your Light shine forth. No, it is not you the speaker. Even as the Moon, not the Sun, You are the Bearer of the Light.

The Whispers, not the Words, Are you walk in the path of the Light Bringing Light to those who do not see from the Light. For where there is Light There can be no darkness And the Light is the Light of True Love And True Love is of the Light And the Light emanates from the source Who is Love And Light is the Messenger of the Love. So walk in the path of the Light And the Light Bearer For O Love is the swift, Then Gratitude is the wave

And Light is the cloth of, one know Gratitude - I Light is the cloak of the Messenger Who brings the Light to whom? Do that dishonor disappears. For when Light appears, Dark cannot, For when Love appears, Hate cannot. For when Joy appears, Sadness cannot. And all Light and Love emanates from the Source And each of us carries a spark of the Source Which shall not fly to the Light of the Light Bearers. So - Polish your Lanterns, My Sons, Polish your Lanterns, My Daughters, For the Source of the Light shows ever nearer

So The Lanterns may be lit To light the path of Man, And Humility will be your guard And Humility will be your guard So you walk in the path of the Light Bearer Bringing Light to those who do not yet have the Light And the Souls of Man shall be filled with Gratitude, Joy, Love and Light Sunset By Philippa December 2021. There is a Transend in the book explaining some of the references. Namaste.

Reply · Mark as Spam · Posted On: 12/20/2021 7:52:46 AM
Like · Dislike

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hiscrypt
Joined On 2/19/2013 7:16:06 AM
Add as Friend · Send Message

Awesome, Wowsing info - thank you, Dr. Mercola! But what about detoxing the nanotech, fluoride and other myriad detrimental ingredients in the injections? Is there any reliable info on that yet? Will you be doing a separate article if so? Thanks again for all you do!

Reply · Mark as Spam · Posted On: 12/20/2021 9:05:02 AM
Like · Dislike

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wannabeanewtoll
Joined On 4/4/2008 10:40:31 AM
Add as Friend · Send Message

I take Vitamin-D3, Vitamin-C, NAC, Quercetin and Zinc on a daily basis with a probiotic once a week. I traveled all over the states last year a with this year as well and never got as much as a sniffle. When I came out of the hospital recently after getting my gallbladder removed and not being able to take my complete set of supplements my allergies kicked in started taking my supplement and it all went away. However, does anyone know if I get the shot will I be protected from the vaccine if I already take those?

Reply · Mark as Spam · Posted On: 12/20/2021 5:38:16 AM
Like · Dislike

Rhcopper
Joined On 12/16/2021 1:21:12 PM
Add as Friend · Send Message

See if you can convince the one who will give you the jab if they will plug Russian roulette before each injection they give.

Mark as Spam · Posted On: 12/20/2021 6:32:46 AM
Like · Dislike

Spence
Joined On 5/3/2006 11:17:11 AM
Add as Friend · Send Message

No, as Dr Shubell said live on 2k."If you take the vaccine, you will go to your DOSM". Look him up, it will be worth the effort.

Mark as Spam · Posted On: 12/20/2021 6:37:35 AM
Like · Dislike

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lovingthem2013
Joined On 6/24/2013 8:11:32 PM
Add as Friend · Send Message

Very valuable information. Thank you, Dr. Mercola and team. According to what I've heard, graphene detox can be performed using Fumic acid. Is that correct?

Reply · Mark as Spam · Posted On: 12/20/2021 1:44:06 AM
Like · Dislike

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qw1888
Joined On 8/15/2013 4:42:24 AM
Add as Friend · Send Message

Graphene hydroxide is permanent.

Mark as Spam · Posted On: 12/20/2021 2:14:08 AM
Like · Dislike

Mark8
Joined On 12/14/2018 6:19:32 AM
Add as Friend · Send Message

It would be great to get more information on Fisetin itself.

Reply · Mark as Spam · Posted On: 12/20/2021 7:28:41 AM
Like · Dislike

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jimbob420
Joined On 7/28/2010 7:39:02 PM
Add as Friend · Send Message

According to Dna on the web, copers have the highest level of Quercetin of all foods by a long shot. I have been using capers in vinegar as it is difficult to find raw capers at time. Does anyone know if the vinegar affects the level and/or absorption of quercetin?

Reply · Mark as Spam · Posted On: 12/20/2021 1:34:09 AM
Like · Dislike

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nocallum
Joined On 6/10/2020 3:54:07 PM
Add as Friend · Send Message

THE GOVERNMENT IS FORCING ME TO GET MANDATED JAB. CAN I USE A BATTERY OPERATED PLASMA BALL TO DISABLE THE MAX BY INCLONE IT WEST THE MEMBRANES OUT THE JAB ON CAN ISN'T MY MAX PASSPORT I MEAN PLASMA BALL CAN GENERATE A LOT OF STRONG EM FIELDS WHICH CAN DESTROY THE FRAGILE VACCINE EVEN AFTER INGESTION. ultrasonic cavitation, plasma ball, tens unit, high voltage sparks from a gas igniter, extreme heating of the region using a hair dryer, using a vacuum to suck the liquid out, using ozone bagging for trans dermal ozone to oxidize it, H-Ult, ions, high frequency electric and magnetic fields, Electrical Muscle Stimulation, Electroporation, Sucking out by your spouse after insertion or syringe just like in the movies, sucking it out spitting phlegm and even like in a movie.

Reply · Mark as Spam · Posted On: 12/20/2021 1:49:20 AM
Like · Dislike

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melusink
Joined On 3/16/2013 5:05:59 AM
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Do not comply! Whatever punishment they use to compel you to take the death shot, it is not worth it. There's too many ways the jab kills, undoubtedly some still unknown, and all of your strategies, as well as the treatments listed in this article, have not been proven to work on all jab.

Mark as Spam · Posted On: 12/20/2021 2:19:32 AM
Like · Dislike

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mrobb
Joined On 6/10/2011 2:41:18 PM
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Saves 1TBP or better.....,book lists of water WATER. not beer or pop just WATER.....

Mark as Spam · Posted On: 12/20/2021 2:19:52 AM
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Raytheon
Joined On 7/14/2012 8:10:52 AM
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What's more valuable to you, your soul, or your life?

Mark as Spam · Posted On: 12/20/2021 4:45:57 AM
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RandyGeel
Joined On 5/6/2010 8:42:42 PM
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I wont offer you any advice, but for me, there is nothing - and I mean absolutely nothing, that would coerce, convince...whatever, to compel me to accept having Synthetic nanobots, that will mess with my DNA, injected into my body.

Mark as Spam · Posted On: 12/20/2021 5:29:56 AM
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versatile
Joined On 10/16/2007 4:23:09 PM
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Sometimes, I would like to see a more direct - and generally more accurate approach - especially in the post summary. For example: "If you had COVID-19 or received a COVID-19 injection, you may (replace "may" with "probably will") have dangerous spike proteins circulating in your body". Spike proteins can (DELETE MORE "can") circulate in your body after infection or (add "mRNA") injection. Spike proteins can (DELETE MORE "can") be dangerous. Spike proteins are dangerous (DELETE MORE "dangerous") - and the conclusion is more straightforward where one can take a potentially (DELETE MORE"S MORE "potentially") lesser the effects of toxic spike proteins in your body" This top 10 spike protein detox essentials include (REPLACE "include" with "are") vitamin D, vitamin C, rapeliu seed, quercetin, zinc, curcumin, milk thistle extract, NAC, hormecetin and magnesium" Overall, the post is excellent, but we can always improve on excellent!

Reply · Mark as Spam · Posted On: 12/20/2021 6:20:21 AM
Like · Dislike

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frankjynes
Joined On 3/14/2021 5:55:16 PM
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How can you get ivermectin at this time?

Reply · Mark as Spam · Posted On: 12/20/2021 8:55:25 AM
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ScanKat
Joined On 1/8/2021 11:28:32 AM
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There are online options. Many conservative journalist are posting about it.

Mark as Spam · Posted On: 12/20/2021 9:12:08 AM
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bradsbrock12
Joined On 9/18/2020 1:20:33 PM
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Two friends of mine just received ivermectin sent to them from American Frontline Doctors. All they had to do was answer some questions online and that is. Cost them like $100. www.earlytreatment.org and www.flccc.net options too

Mark as Spam · Posted On: 12/20/2021 9:39:39 AM
Like · Dislike

Ghostgirl
Joined On 4/12/2021 7:56:13 AM
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What happened to Q?? Miss his comments

Reply · Mark as Spam · Posted On: 12/20/2021 7:36:45 AM
Like · Dislike

CMT367
Joined On 10/16/2018 8:46:43 AM
Add as Friend · Send Message

If you PM him, he usually responds. He occas. takes time off for "family issues"

Mark as Spam · Posted On: 12/20/2021 9:00:14 AM
Like · Dislike

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nuple02
Joined On 6/26/2016 6:10:29 PM
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Reply · Mark as Spam · Posted On: 12/20/2021 7:34:29 AM
Like · Dislike

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jandijm
Joined On 2/28/2008 11:15:04 PM
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Look to the right of your browser. You will see 3 dots or lines (just below the "X" that closes your browser). Click on that and a pulldown menu opens. Click on "print". Next to "destination" select "Save as PDF" and hit return. If this is the first time trying this you will have to select a destination. I created a directory called DRAWERCLA. Once you do that for the first time it will automatically select that destination/directory in the future. The PDF file will be same as the title of the report, but you can rename it. All text, links, and comments will be saved in this PDF when you do it this way. If there's a video, it will be lost. You have to save it separately. Just before hitting return on saving the PDF I copy the name of the file so when I save the video I can name it the same exact name.

Mark as Spam · Posted On: 12/20/2021 8:39:19 AM
Like · Dislike

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dpansourbitink.net
Joined On 6/10/2010 5:50:09 AM
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Simple?!

Reply · Mark as Spam · Posted On: 12/20/2021 7:31:22 AM
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rgfetnuh
Joined On 2/23/2013 5:06:17 PM
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Mark as Spam · Posted On: 12/20/2021 5:24:40 AM
Like · Dislike

Anna Kirsche
Joined On 4/30/2017 7:37:28 AM
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Mark as Spam · Posted On: 12/20/2021 5:35:24 AM
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jandijm
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Mark as Spam · Posted On: 12/20/2021 8:30:04 AM
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Anna Kirsche
Joined On 4/30/2017 7:37:28 AM
Add as Friend · Send Message

Thank you for this article. Why am I unable to download some articles? I really would like to keep this one.

Reply · Mark as Spam · Posted On: 12/20/2021 6:20:36 AM
Like · Dislike

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jandijm
Joined On 2/28/2008 11:15:04 PM
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Look to the right of your browser. You will see 3 dots or lines (just below the "X" that closes your browser). Click on that and a pulldown menu opens. Click on "print". Next to "destination" select "Save as PDF" and hit return. If this is the first time trying this you will have to select a destination. I created a directory called DRAWERCLA. Once you do that for the first time it will automatically select that destination/directory in the future. The PDF file will be same as the title of the report, but you can rename it. All text, links, and comments will be saved in this PDF when you do it this way. If there's a video, it will be lost. You have to save it separately. Just before hitting return on saving the PDF I copy the name of the file so when I save the video I can name it the same exact name.

Mark as Spam · Posted On: 12/20/2021 8:30:33 AM
Like · Dislike

JerryNowacki
Joined On 12/31/2019 6:23:28 AM
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Pick your path to Purification and Wholeness Ecclesiastices 38:4

Reply · Mark as Spam · Posted On: 12/20/2021 4:30:13 AM
Like · Dislike

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bulatash
Joined On 7/23/2019 8:50:37 AM
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I don't remember seeing much, if anything, from you about the J&J vaccine.

Reply · Mark as Spam · Posted On: 12/20/2021 5:46:41 AM
Like · Dislike

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jandijm
Joined On 2/28/2008 11:15:04 PM
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Same problem, just a different method of delivery for the mRNA. The J&J uses a nonfectious form of another cold virus called

the Adenovirus for delivering the mRNA to the cells. These Adenoviruses have been modified so they can't replicate. The end result is the same. Your cells get programmed by the mRNA to produce spike proteins.

Mark as Spam | Posted On 12/22/2021 8:39:51 AM

Like Dislike

Lionel11

Joined On 5/5/2021 10:08:34 AM

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"If you had COVID-19 or received a COVID-19 injection, you may have dangerous spike proteins circulating in your body" I could not get past this first sentence. To equate the level of spike proteins is wrong. The vaxxed have significantly more spike proteins than people that have had Covid and are unvaxxed. Maybe people that are vaxxed and have Covid, but not the unvaxxed. Dr. Mercola, please clear this up as this would be a major consideration if it is true, tho doubtful.

Reply | Mark as Spam | Posted On 12/22/2021 8:04:46 AM

Like Dislike

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endicott111

Joined On 10/18/2021 10:50:17 AM

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Agree and I have that question as well. How much spike protein do folks who get Covid have and will it clear the body at some point? Do monoclonal antibodies carry the spike protein and how much relative to the vax? Otherwise, why would the medical establishment be so anxious to give/sell it to the public? Seems magnanimous?

Mark as Spam | Posted On 12/22/2021 8:10:49 AM

Like Dislike

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jamNjim

Joined On 2/20/2008 11:15:54 PM

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YES! The cure is worse than the disease, as usual.

Mark as Spam | Posted On 12/22/2021 8:17:40 AM

Like Dislike

ScanKat

Joined On 1/9/2021 11:28:32 AM

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And to think it all came out from a lab experiment mishap in China that we American's paid for.

How dumb are we?

Mark as Spam | Posted On 12/22/2021 9:19:52 AM

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Organic and Natural
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College of Integrative Veterinary Therapies

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