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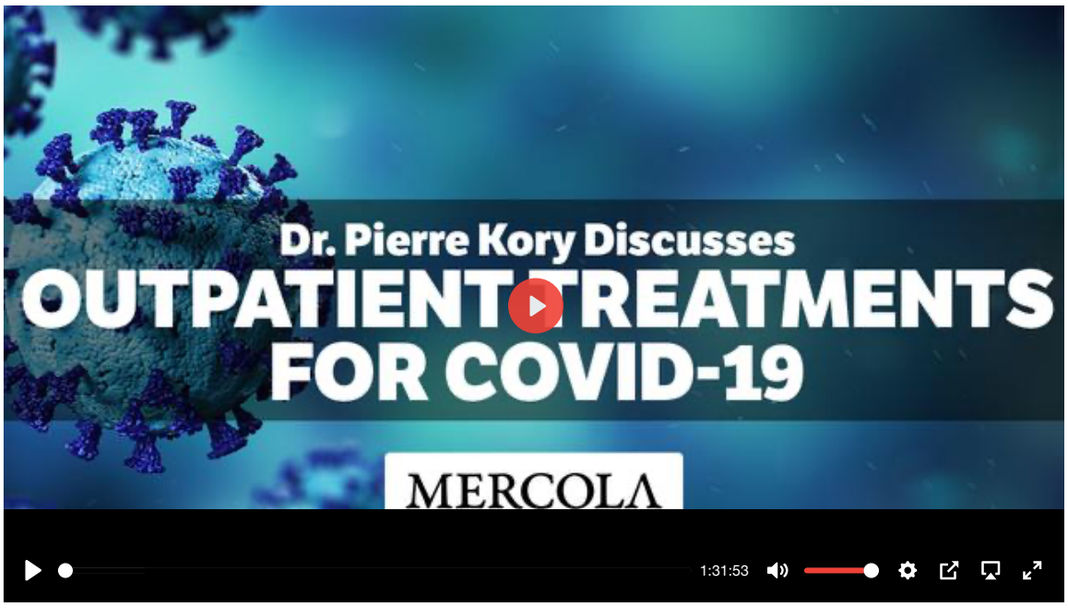
Outpatient Treatments for COVID-19 Reviewed

Analysis by Dr. Joseph Mercola Fact Checked

December 26, 2021



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STORY AT-A-GLANCE

- From the start of the COVID pandemic, doctors were told they could not use any treatment that had not undergone randomized controlled trials. Most all clinical successes have been ignored and vehemently opposed
- The Frontline COVID-19 Critical Care Alliance (FLCCC) was among the first to publish COVID treatment guidance. They have since developed protocols for prevention, early at-home treatment, in-hospital treatment and maintenance guidance for long-haul COVID syndrome that are updated as more becomes known
- Corticosteroids can be an effective tool for reducing inflammation in general, but they appear particularly important for advanced COVID infection. Steroids should not be used early on, but can be lifesaving after you develop signs of lung dysfunction and increased oxygen requirement
- Ivermectin has antiviral and anti-inflammatory properties and is beneficial in all stages of COVID-19, from prevention to advanced illness
- Other effective protocols include the AAPS protocol, Tess Laurie's World Council for Health protocol and the America's Frontline Doctors' protocol

Dr. Pierre Kory is one of the leaders in the movement to provide early treatment for COVID infection. Kory is a critical care physician (ICU specialist), triple board certified in internal medicine, critical care and pulmonary medicine, and is part of the Frontline COVID-19 Critical Care Alliance (FLCCC), which was among the first to publish COVID treatment guidance.

Kory spent most of his career at the Beth Israel Medical Center in Manhattan, New York, where he helped run the intensive care unit. He also had a busy outpatient practice. About six years ago, he was recruited to the University of Wisconsin Medical Center in Milwaukee, Wisconsin, where he led the critical care service. "When COVID hit, I was in a leadership position," he says. "I resigned, because of the way they were handling the pandemic."

Treatment Options Have Been Vehemently Opposed

University of Wisconsin Medical Center, like most hospitals across the U.S., insisted on providing supportive care only, and Kory refused to remain in a leadership position under those circumstances. Patients were, for the first time in modern medical history, told to just suffer at home until they were near death, then go to the hospital where they were placed on deadly ventilator treatment.

"I knew there was a variety of treatments that we could use [yet] we were using nothing," he says. Doctors were even told to not use anticoagulants, even though blood clotting was "through the roof" in many patients. "You could draw blood and actually see the blood clotting very quickly in the tubes," he says.

Since those early days, the disease seems to have changed considerably. We don't see the high rates of blood clotting anymore, for example, which is good news.

But for some reason, from the very start, "they were literally telling us that we needed randomized controlled trials to do anything," Kory says, and to this day, health authorities are refusing to acknowledge any treatment protocol outside of the incredibly dangerous experimental drug remdesivir, and the experimental COVID jabs.

> *"People were dying, [yet] all of my ideas were getting shouted down. My superiors were showing up [to my clinical meetings] and getting me to stand down, because I was entertaining the idea that we should do this, that and the other thing, and they didn't want anything to be done.*
>
> *And so, I said, 'I'm done.' I resigned mid-April 2020. I then went to New York for five weeks and ran my old ICU in New York."*

The Importance of Steroids in the Treatment of COVID-19

In May 2020, Kory testified before the U.S. Senate, stressing how critical it was to use steroids during the hospital phase of this infection. At that time, he was still employed by the University of Wisconsin. His resignation date had not yet happened, and they "were livid that I was speaking in public, giving my opinion."

This is remarkable, because when you're an expert in a field, "you're actually responsible to share your insight and expertise," Kory says. "Yet they were very unhappy that I was doing that."

Seven weeks later, Kory was vindicated when the British Recovery trial results came out, showing the benefits of corticosteroids. Since then, steroids have become part of standard of care in the hospital phase.

Steroids are an effective tool for reducing inflammation in general, but they appear particularly important for advanced COVID infection. I had a close friend who contracted a very serious case of COVID-19 and kept worsening despite taking everything I suggested.

He knew Dr. Peter McCullough, so he texted him and was told to add prednisone and aspirin to his current regimen. As soon as he took the prednisone, he started getting better.

As explained by Kory, this is a common experience. Importantly, the evidence shows that when used early, during mild infection, corticosteroids do more harm than good. But once you are entering into moderate illness, as soon as you start to see lung dysfunction or the need for oxygen, steroids are critical and are clearly lifesaving.

Steroids Must Be Used at the Correct Time

One of the reasons for this is because SARS-CoV-2 infection triggers a very complex cascade of inflammation. More specifically, Kory says, severe COVID-19 is a macrophage activation syndrome. It's the hyperinflammatory macrophages (a subtype of macrophages) that end up causing organ damage. So, you want to use medicines that either suppress their activity or repolarize them into hypoinflammatory macrophages.

The key is to use the steroids at the correct time — not too early and not too late, the "Goldilocks" window. There are no hard and fast rules for that, as each patient is different, but as a rule of thumb, do NOT use it until or unless you are seeing a significant worsening of symptoms to where breathing is getting more difficult.

Kory's outpatient protocol includes prednisone on Day 7, 8 or 9, if you're still going downhill. It is important to NOT use it early in the course of the illness as it will actually worsen the infection by increasing viral replication.

The suggested dosage is 1 milligram of prednisone or methylprednisolone per kilogram of bodyweight. When using methylprednisolone (Medrol) (which Kory prefers, in part because lung tissue concentrations are higher than prednisone), he divides it into two daily doses. Kory does not recommend the use of dexamethasone, as it doesn't work as well for lung disease. Yet, most doctors in the U.S. use dexamethasone if they're using steroids at all.

The dose may be increased depending on the severity and trajectory of the infection. "I probably will either double or triple the [dose] until I can get them stable," he says.

> *"Once they're off oxygen, then I taper off [the steroid] over about a week to 10 days, sometimes shorter. Depends how long they were on oxygen. If they were on it for a short time, I do a fast taper; if they were on oxygen for a longer time, I'll do a slower taper. But I don't start fully tapering until they're off oxygen."*

Anticoagulants — When to Use Them

As mentioned earlier, while early COVID-19 cases often involved severe blood clotting, that feature of the infection appears to have receded. Even when clotting occurs, it's typically much milder than what we saw in the beginning. Still, anticoagulants can be an important component in these cases.

> *"What I do with coagulation is, I generally follow the D dimer on admission. D dimer is a marker of endothelial injury and clotting. In patients with normal D dimers, I'll just do routine prophylaxis doses. If it's moderately elevated, I do moderate [doses] and if it's severely elevated, I'll do full dose anticoagulants,"* Kory explains.

He typically uses an anticoagulant called Lovenox. Patients are also given full-dose aspirin, unless there's a contraindication. I suspect fibrolytic enzymes like lumbrokinase and nattokinase, which help degrade fibrin, may be a better alternative to aspirin. N-acetyl cysteine (NAC) is another potential candidate. Kory is not convinced, however:

> *"We have used NAC in different disease models over the years. It's a standard treatment for acetaminophen overdose, but not for pulmonary fibrosis. In pulmonary medicine, of which I'm an expert, we had decades where we studied NAC for that. None of those studies panned out. In sepsis, it didn't really pan out.*
>
> *And so, for severe disease, we think it's an effective drug and it's a good antioxidant. I think it does have anticoagulation [effects], but our opinion is that it's generally weak. So, for the hospital phase, we think it's too weak."*

Vitamin C

Another important component is intravenous vitamin C. While some university hospitals may carry IV vitamin C, most don't but might be able to get it from another local hospital. Importantly, the vitamin C needs to be administered within the first six hours of admittance to the ICU in order to work, and it may be similar for COVID.

This is especially true for the relatively low doses recommended by the Math+ protocol of 1,500 mg or 1.5 grams. Many outpatient natural medicine physicians will use 25 grams to 50 grams of IV vitamin C, but most hospitals will not allow this high a dose, even though it is likely that higher doses will work if you missed the early treatment window (the first six hours). So pragmatic logistics is why the Math+ protocol uses relatively low doses.

One suggestion would be to call the hospital you're thinking of using if you ever had to be admitted for COVID and ask if they have it. If not, you can ask your doctor to order it for you and bring it to the hospital, if you or a family member are admitted for COVID or sepsis. The key, of course, is having a doctor who is willing to use it. Some aren't.

> *"You should've seen the resistance I got. At one point, I was the director of the main ICU at the University of Wisconsin and the data was so overwhelming, I said, 'Hey, guys, can't we just start a protocol where we just give everybody on admission IV vitamin C? What's the downside?'*
>
> *Everyone started talking about kidney stones and all of this nonsense, and we have so much data to show that doesn't happen in acute illness, or in IV formulations ... I feel like I live in a cartoon of medicine, because every time I discuss something with someone, they just don't believe anything works. Because if it worked, they would be doing it. It's bizarre."*

The FLCC Protocol

Sadly, the willful ignorance of many doctors is literally killing many COVID patients who could have, and should have, been saved. There's just no doubt that protocols such as the one developed by the FLCC and the other groups listed below could have saved many, had it been widely implemented. Yet despite its success, many hospitals to this day do not use it.

> *"Our protocol is always evolving,"* he notes. *"We're not saying that this is the only way to treat it. This is how we decided to treat it. We reserve the right to deprioritize or change the dose, or substitute a new medicine.*
>
> *We want to follow the data, the experience and the knowledge of this disease. That's No. 1. No. 2, all of our protocols are combination therapy protocols.*
>
> *And by the way, that gives doctors fits. You know why? Because they want to know, how do you know that this is necessary? There are trials of each individual component showing that they're effective. We believe they're synergistic, but we're never going to do a trial to test every component on our protocols.*
>
> *But there are a number of other protocols. The AAPS has a protocol.[1] The World Council for Health,[2] they have a number of options. So there are many doctors who might emphasize or de-emphasize a medicine on our protocol. And we do not pretend that ours is the only way. But we do put a lot of thought into it.*
>
> *Most of our medicines are repurposed, so they're not novel. They're very well-known over decades, their safety profiles are well known, they tend to be generally low cost, and their mechanisms are well-known. A central medicine to all of our protocols — prevention, early treatment, hospital, and late phase like long-haul [syndrome] is ivermectin, for many reasons."*

Why Ivermectin?

As noted by Kory, ivermectin is a potent antiviral. "That's been demonstrated for 10 years now in the lab on a number of viruses," he says. "They've shown that it interrupts replication of Zika, Dengue, West Nile, even HIV. And then the clinical studies are just overwhelming." He continues:

> *"Can I just take one minute to say that if anyone wants to call ivermectin a controversial medicine, I just want to call out it is absolutely not controversial.*
>
> *It is a medicine that is buried in corruption, and the corruption is in the suppressing of its efficacy. There are immense powers that do not want the efficacy of that drug to be known because, if it is known and becomes standard of care, it will obliterate the market for a number of novel pharmaceutical products.*
>
> *When you look at the actions taken against ivermectin, it can only be understood that it's threatening something big and powerful, because boy has it been attacked [even though it's been used in] 64 controlled trials, almost every single one of them showing benefit, many of them large benefits.*
>
> *Yet they distort it to make it seem like it's controversial. It's absurd. We know it works. We know it from in vitro, in vivo animal studies, and case series."*

One of the first case series, from the Dominican Republic, was published in June 2020. They treated 3,300 consecutive emergency room COVID patients with ivermectin. Of those, only 16 went on to be hospitalized and one died. That's pretty profound, considering these were severely ill individuals.

Importantly though, there is a dose-response relationship to the viral load. The Delta variant has been shown to produce viral loads that are 250 times higher than Alpha, and as Delta became predominant, breakthrough cases in the prevention protocol started happening.

> *"I'm one of them. I got COVID while I was taking it weekly,"* Kory says. *"Now we're doing it twice weekly. Is it the right dose? We're not sure. But we're seeing much fewer breakthroughs now on a higher dose. Could it be higher? Maybe. But, but we know it works as prevention."*

Higher doses of ivermectin are also used for treatment of Delta. In more advanced stages, the drug is useful thanks to its anti-inflammatory properties. Contrary to many other drugs, ivermectin is beneficial in all stages of the infection.

Vitamin D Optimization Is Crucial

Other components of the FLCC's prevention and treatment protocols include products that have either antiviral or anti-inflammatory properties, or a combination thereof, such as melatonin, quercetin and zinc, and anticoagulants such as aspirin.

> **"If you haven't done so already, check your vitamin D blood level and if it's below 40 ng/mL, start taking an oral supplement. Don't wait until you're sick."**

Ideally, everyone would optimize their vitamin D level before ever needing treatment for COVID. If you haven't done so already, check your vitamin D blood level and if it's below 40 ng/mL, start taking an oral supplement. Don't wait until you're sick. The medical literature suggests population-wide vitamin D optimization, to a level above 40 ng/mL, could have reduced COVID morbidity and mortality by about 80%.

> *"No question,"* Kory says. *"In fact ... there was a study that came out, a huge database of patients, where they looked at patients who tested their vitamin D levels before they got ill. They estimated — and they did no fancy statistical modeling logistic regression — that at 50 ng/mL, there was zero mortality.*
>
> *The federal government knows that vitamin D deficiency ... is ubiquitous in nursing homes [and minorities] ... So, that we didn't have a vitamin D protocol nationally is criminal. Literally, it's criminal."*

In the hospital treatment protocol, the FLCCC recommends using calcitriol, 0.5 micrograms on Day 1 and 0.25 mcg daily thereafter for six days. Calcitriol is the active form of vitamin D typically produced in your kidneys.

This is because merely taking regular oral vitamin D fails in acute conditions as it takes weeks to be metabolized to its active form. Calcitriol is the active form, so it will start to work immediately. One can also take the vitamin D, though, as eventually adequate blood levels will be reached and the calcitriol can be discontinued.

Why Men Do Worse than Women in COVID

As mentioned earlier, the protocol also includes a number of nutraceuticals, such as quercetin and zinc. Another drug that looks promising is fluvoxamine, an antidepressant. Kory says:

> *"The studies continue to pan out, and even clinically, some of my colleagues who incorporated ivermectin with fluvoxamine saw much less treatment failures. I rank it as highly effective, but it doesn't cure everybody. They saw an occasional treatment fail and they said it really disappeared once they use the combo.*
>
> *For someone older or with more advanced disease, more comorbidities, obese patients, diabetics, I tend to throw the kitchen sink at those folks. I try to use as many elements in the protocol as I can. So there, I'll add fluvoxamine.*
>
> *The game changer now is antiandrogens. We use spironolactone, which is a potassium-sparing diuretic, at doses above 100 mg a day. It has potent antiandrogen properties, as well as dutasteride, a 5-alpha reductase inhibitor, which also suppresses testosterone.*
>
> *Androgens seem to be a huge potential driver of this illness, not only in terms of driving viral replication, but also in potentially aiding inflammation ... The trials on that are really, really potent ... so, we have an antiandrogen aspect. I've been using that on some of my older or more advanced disease patients. I'll add that on pretty quick."*

Home Treatment Recommendations for COVID

While it can be difficult to find a doctor who is willing to actually treat COVID-19 with the FLCCC protocol (or any other for that matter), many of those who are willing are making full use of telemedicine.

You can find a listing of doctors who can prescribe ivermectin and other necessary medicines on the FLCCC website. There, you can also find downloadable PDFs in several languages for prevention and early at-home treatment, the in-hospital protocol and long-term management guidance for long-haul COVID-19 syndrome. Three other protocols that have great success are:

- The AAPS protocol
- Tess Laurie's World Council for Health protocol
- America's Frontline Doctors
- Dr. Peter McCullough

This is a load of information to review, especially if you are fatigued and sick with COVID or have a family member struggling. So, I reviewed all the protocols and believe the FLCCC one is the easiest and most effective to follow. I've posted it below.

However, I've altered some of the dosages, and added a few more therapies that they have yet to include, such as:

Nebulize hydrogen peroxide 5 ml of 0.1% peroxide dissolved in 0.9% normal saline every hour or two. It's best to use nebulizer that plugs into the wall, as these are more effective than battery operated ones.
Intravenous ozone administered by a trained ozone physician.
NAC 500 mg twice a day.
Make sure the honey is raw honey, not normal honey from the grocery store. Raw honey can be obtained online or at a health food store.
Fibrinolytic enzymes like lumbrokinase, serrapeptidase or nattokinase, two to four tablets, two to three times a day, on an empty stomach (one hour before or two hours after a meal). This will help break down any microclots.
Decrease zinc dose from 100 mg to 50 mg elemental zinc, but only for three days, then decrease to 15 mg elemental zinc.
Increased quercetin from 250 mg to 500 mg.
Change vitamin C to liposomal C 1,000 to 2,000 mg four to six times per day.

FLCCC ALLIANCE

FRONT LINE COVID-19 CRITICAL CARE ALLIANCE
PREVENTION & TREATMENT PROTOCOLS FOR COVID-19

I-MASK+

PREVENTION & EARLY OUTPATIENT TREATMENT PROTOCOL FOR COVID-19

EARLY TREATMENT PROTOCOL (for Delta variant)

1. **First line agents** (use any or all medicines; listed in order of priority/importance)

ANTI-VIRALS

Ivermectin
0.4–0.6 mg/kg per dose (take with or after a meal) — one dose daily, take for 5 days or until recovered.
Use upper dose if: **1)** in regions with aggressive variants (e.g. Delta); **2)** treatment started on or after day 5 of symptoms or in pulmonary phase; or **3)** multiple comorbidities/risk factors.

and/or **Nitazoxanide**
500 mg 2 x daily for 5 days after meals. Combine with ivermectin (preferred) or substitute if ivermectin is not available. (Nitazoxanide is often unavailable or high-priced in the USA.)

ANTI-SEPTIC ANTI-VIRALS

Nebulized Hydrogen Peroxide 5 ml of 0.1% peroxide dissolved in 0.9% normal saline every hour or two. It's best to use nebulizer that plugs into the wall, as these are more effective than battery operated ones.
Antiviral Mouthwash: Gargle 3x daily (do not swallow; must contain chlorhexidine, povidone-iodine, or cetylpyridinium chloride).

Iodine Nasal Spray / Drops: Use 1% povidone-iodine commercial product as per instructions 2–3 x daily. If 1 %-product not available, must first dilute the more widely available 10%-solution and apply 4–5 drops to each nostril every 4 hours. (No more than 5 days in pregnancy.)

ANTI-COAGULANTS / IMMUNE FORTIFYING

Aspirin	325 mg daily (unless contraindicated)
Vitamin D	Vitamin D3 5,000 IU daily. Preferred form if available: Calcitriol 0.5 mcg on day 1, then 0.25 mcg daily for 7 days
Melatonin	10 mg before bedtime (causes drowsiness)

NUTRITIONAL THERAPEUTICS (for 14 days)

Curcumin	(turmeric)	500 mg 2 x daily
Nigella Sativa	(black cumin seed)	80 mg/kg daily
Honey		1 gram/kg daily

SYNERGISTIC THERAPIES

Quercetin	500 mg 2 x daily
Zinc	50 mg/day (elemental zinc)
Liposomal Vitamin C	1-2,000 mg 4-6 x daily
NAC	500 mg 2 x daily
Fibrinolytic Enzymes	lumbrokinase, serrapeptidase or nattokinase, two to four tablets, two to three times a day, on an empty stomach (one hour before or two hours after a meal). This will help break down any microclots.

2. Second line agents (listed in order of priority/importance)

Add to first line therapies above if: 1) ≥5 days of symptoms; 2) Poor response to therapies above; 3) Significant comorbidities.

DUAL ANTI-ANDROGEN THERAPY

1. **Spironolactone** 100mg 2 x daily for ten days.
2. **Dutasteride** 2 mg on day 1, followed by 1 mg daily for 10 days. If dutasteride not available, use **Finasteride** 10 mg daily for 10 days.

FLUVOXAMINE

50 mg 2 x daily for 10 days

Consider **Fluoxetine** 30 mg daily for 10 days as an alternative (it is often better tolerated). Avoid if patient is already on an SSRI.

MONOCLONAL ANTIBODY THERAPY

Casirivimab/Imdevimab

600 mg each in a single subcutaneous injection. Antibody therapy is for patients within 7 days of first symptoms and one or more risk factors as: Age>65y; BMI>25; pregnancy; chronic lung, heart, or kidney disease; diabetes; immunosuppressed; developmental dis- ability; chronic tracheostomy; or feeding tube.

3. Third line agent

If below criteria are met, consider

CORTICOSTEROIDS

Prednisone or **Methylprednisolone** 1 mg/kg daily for 5 days followed by slow taper or escalation according to patient response.

Criteria:

After day 7–10 from first symptoms and patient has either: abnormal chest x-ray, shortness of breath, or oxygen saturations of 88–94 %.

If oxygen saturation is lower than 88 %, emergency room evaluation should be sought.

Additional information

Pulse Oximeter (usage instructions)

In symptomatic patients, monitoring with home pulse oximetry is recommended (due to asymptomatic hypoxia). The limitations of home pulse oximeters should be recognized, and validated devices are preferred. Multiple readings should be taken over the course of the day, and a downward trend should be regarded as ominous. Baseline or ambulatory desaturation < 94% should prompt hospital admission. The following guidance is suggested:

- Use the index or middle finger; avoid the toes or ear lobe.
- Only accept values associated with a strong pulse signal.
- Observe readings for 30–60 seconds to identify the most common value.
- Remove nail polish from the finger on which measurements are made.
- Warm cold extremities prior to measurement.

Calculation for ivermectin dose (0.2 mg per kg)

Body weight Conversion: 1 kg ≈ 2.2 lbs (doses calculated per upper end of weight range)		Dose 0.2 mg/kg ≈ 0.09 mg/lb (Each tablet = 3 mg; doses rounded to nearest half tablet above)	
70–90 lb	32–40 kg	8 mg	(3 tablets = 9 mg)
91–110 lb	41–50 kg	10 mg	(3.5 tablets)
111–130 lb	51–59 kg	12 mg	(4 tablets)
131–150 lb	60–68 kg	13.5 mg	(4.5 tablets)
151–170 lb	69–77 kg	15 mg	(5 tablets)
171–190 lb	78–86 kg	16 mg	(5.5 tablets)
191–210 lb	87–95 kg	18 mg	(6 tablets)
211–230 lb	96–104 kg	20 mg	(7 tablets = 21 mg)
231–250 lb	105–113 kg	22 mg	(7.5 tablets=22.5 mg)
251–270 lb	114–122 kg	24 mg	(8 tablets)
271–290 lb	123–131 kg	26 mg	(9 tablets = 27 mg)
291–310 lb	132–140 kg	28 mg	(9.5 tablets=28.5 mg)

For higher doses used in our I-MASK+ Protocol please multiply the value found in the table for 0.2 mg/kg, e.g.:

- **0.4 mg/kg:** double the 0.2 mg/kg dose
- **0.6 mg/kg:** triple the 0.2 mg/kg dose

Tablets can be halved for more accurate dosing. Then round to nearest half tablet above.

Note that Ivermectin is available in different tablet strengths (e.g. with 3, 5 or 6 mg) and administration forms (tablets, drops) depending on the country (please refer to the package information).

In our table we calculate doses using 3 mg tablets (the most common dose per tablet in the U.S.).

If your tablets contain a different amount of ivermectin than 3 mg, you must calculate the number of tablets to equal the dose of ivermectin required.

- For instructions on nebulized peroxide you can go to Bitchute.com and type in "mercola nebulized peroxide" and you will find many videos that go into specific details. Dr. Thomas Levy's also has a free e-book, "Rapid Virus Recovery" that reviews the protocol https://rvr.medfoxpub.com/.
- If you need a physician to prescribe some of the drugs you can find one at America's Front Line Doctors list https://americasfrontlinedoctors.org/covid/early-treatment/

Disclaimer

The "I-MASK+ Prevention & Early Outpatient Treatment Protocol for COVID-19" is solely for educational purposes regarding potentially beneficial therapies for COVID-19. Never disregard professional medical advice because of something you have read on our website and releases. This protocol is not intended to be a substitute for professional medical advice, diagnosis, or treatment in regards to any patient. Treatment for an individual patient should rely on the judgement of your physician or other qualified health provider. Always seek their advice with any questions you may have regarding your health or medical condition. Please note our full disclaimer at: www.flccc.net/disclaimer

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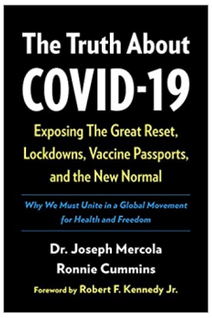

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kappert
Joined On 1/4/2016 3:52:04 PM
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Very important article, thanks! Can we fire Fauci and replace him with Dr. Mercola. Please.

Reply | Mark as Spam | Posted On 12/12/2021 2:24:25 AM

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merculo
Joined On 4/12/2020 4:51:21 PM
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not even D Trump could fire FrAUdCI. He has very powerful patrons -who happen to own the White House, the health agencies and most of the Congress... To add insult to aggravation, he managed to drag the military into the gain of function mess in Wuhan, so it will not be investigated. 40 years in government making more tax money than the president is not a small coincidence. he should be locked up not fired

Mark as Spam | Posted On 12/12/2021 4:45:42 AM

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plastictekkie
Joined On 12/28/2008 5:01:57 AM
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I do not usually espouse violence or taking the law into your own hand, but in Fauci's case, I believe a public hanging is merited.

Mark as Spam | Posted On 12/13/2021 4:33:18 PM

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skupe59
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Yes or a combination position headed by Dr. Mercola and David Brownstein with Dr. Zelenko on speed dial...

Mark as Spam | Posted On 12/26/2021 6:18:31 AM

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grulla
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... and also Dr. Thomas Levy.

Mark as Spam | Posted On 12/26/2021 9:51:04 AM

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forbiddenhealing
Joined On 2/21/2011 9:51:43 AM
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If the case of Julian Assange says anything, it is that our justice system is a joke told by those who devised it for their personal pleasure.....As U.S. citizens, in theory WE THE PEOPLE are supposed to run our government. A CEO of any corporation would quickly dismiss fraud and incompetence, yet as CEO's of America we can't do squat? Our entire government needs to be FIRED along with heads of all bureaucracies...for "A legitimate reset." It has never been so obvious that the vampire-traitors in power have sucked the lifeblood from this country. Collapse may already be a done deal other than in the feeble minds of those who believe media fairy tales and think the cavalry is coming.. As national austerity sets in, let us only hope we CEO's take charge and purge these A-holes, crooks and parasites.

Reply | Mark as Spam | Posted On 12/12/2021 6:57:16 AM

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shirline
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Perfectly stated!

Mark as Spam | Posted On 12/12/2021 6:58:58 AM

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mirandola
Joined On 6/27/2014 7:00:58 AM
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Amen! Well said, thank you FH! We need to replace about 90% of Congress! THey are all bought off. And if they say follow the money, I say that ethical people dont' allow themselves to be swayed by money or anything else. Follow the corruption. Throw the bums out! And Biden needs to be arrested and interned, as does Fauci and Gates too. All forcing a jab that is not adequately tested, is GMO of the body , has a long list of side effects and many adverse events beyond any other jab in history, yet saying "Submit or lose your job!" Well I don't go for that. They are criminals and have to be arrested, tried and permanently interned. Yup.

Mark as Spam | Posted On 12/12/2021 11:18:37 PM

Like Dislike

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versatile
Joined On 10/16/2007 4:23:09 PM
Add as Friend | Send Message

Unfortunately, not just the USA. This is a worldwide problem which appears to be still growing, not shrinking - and Omicron is clear evidence of a bureaucratic creation.

Mark as Spam | Posted On 12/26/2021 7:08:42 AM

Like Dislike

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har1272

Joined On 3/6/2019 11:00:25 PM

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I agree with you, versatile, and see this as an attempt at worldwide totalitarianism. We must ask ourselves the question, in the history of mankind, when have 100% of the world governments ever agreed on anything in total agreement. It is my belief this goes beyond human intervention for this control of mankind to be able to occur.

Mark as Spam | Posted On 12/26/2021 11:42:24 AM

Like Dislike

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dude01

Joined On 8/10/2007 1:20:04 PM

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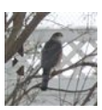
Good points, forbidden. One of the things a respectable society would have to do if they were following your suggestions would be to OUTLAW LOBBYING. Corporate lobbying has turned this whole existence into a giant pit of greed and a large diminishment of ethics.

Mark as Spam | Posted On 12/26/2021 8:09:37 PM

Like Dislike



balhawk

Joined On 12/11/2009 3:56:56 PM

Add as Friend | Send Message

Oh, there will be a Great Reset, all right. But not quite the kind these criminals have in mind.

Mark as Spam | Posted On 12/27/2021 8:14:12 AM

Like Dislike

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merculo

Joined On 4/12/2020 4:51:21 PM

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These simple protocols could have save at least 500,000 lives and billions of Dollars, millions of jobs... But hey all that money went to Pfizer and big pharma.... So they can buy the White House, and most of the Congress all over again....

Reply | Mark as Spam | Posted On 12/12/2021 4:10:10 AM

Like Dislike

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majorminor

Joined On 4/22/2010 12:09:10 AM

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Quote "any treatment that had not undergone randomized controlled trials." and none of the mRNA jabs had done the very trials mentioned.

Reply | Mark as Spam | Posted On 12/11/2021 11:40:25 PM

Like Dislike

BlueQuasilica

Joined On 1/9/2016 9:34:17 AM

Add as Friend | Send Message

Nice observation majorminor. 👍💪

Mark as Spam | Posted On 12/12/2021 2:36:53 AM

Like Dislike

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merculo

Joined On 4/12/2020 4:51:21 PM

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have you read the whistle blower's report on Pfizer tampering with the vaccine trials data? You think that the FDA took any action when notified? No. Pfizer owns the FDA, CDC, NIH and the rest of the planet... AND OF COURSE THE NEW STATE/PFIZER mainstream media. NYT, etc HAVE FORGOTTEN TO REPORT ABOUT IT. But they never forget to trash ivermectin (aka horse paste) or HCQ and push for the failing vaccines

Mark as Spam | Posted On 12/12/2021 4:47:58 AM

Like Dislike

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versatile

Joined On 10/16/2007 4:23:09 PM

Add as Friend | Send Message

If we cure "smoker's cough" by stopping smoking... It's not important because there are no clinical trials that prove stopping smoking can cure smoker's cough. Our current system, without any theory of cure, cannot validate most cases of cured. As a result, we have over 240 million cases (at present) of RECOVERED and not a single case of CURED for COVID-19. But, perhaps the most important item to understand is that - although there are over seven thousand clinical studies of COVID-19 listed in Clincaltrials.gov, a search for COVID-19 CURE lists just over one hundred, and not one of them has a testable definition of CURED. A few defined "cured patients' for purposes of entry into the trial, but there is no definition of COVID-19 CURE SUCCESS. We are suffering from a medical system that had no theory of cure, no definition of cured, and no interest in studying causes of cures - inside or outside of clinical trials. to your health, tracy

Mark as Spam | Posted On 12/12/2021 6:20:24 AM

Like Dislike

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lovestosing6

Joined On 8/26/2013 8:44:35 AM

Add as Friend | Send Message

My first thought! Hello pot, this is kettle! Jeeze! But intelligent people are buying into this? This is beyond the Twilight Zone!

Mark as Spam | Posted On 12/12/2021 6:21:25 AM

Like Dislike

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mirandola

Joined On 6/27/2014 7:00:58 AM

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That very argument, that something like vitamin C or vitamin D or ivermectin have not undergone clinical trials in the COVID setting (what has, pray tell?) struck me from the get-go as one more "excuse" to not treat patients. It struck me as a very criminal act, a way to underscore vaccine sales, from Moment 1. As for "Excuses" and "reasons", there are none. It is criminal to not treat ill patients, end of story. Fauci has to be life-imprisoned. It is just absolutely incredible that he is getting away with this and that doctors are complying. As for doctors' beliefs that these have not been researched, they are purely ignorant. And all they have to do is walk their fingers down the buttons of Pubmed to do their research. They have an ethical and legal obligation to do their research. People really ought to sue these doctors and hospitals refusing to treat ill people based on such "excuses" or any other "Excuse" in the book. How can they rest easily at night? I don't get it.

Mark as Spam | Posted On 12/12/2021 6:31:52 AM

Like Dislike

har1272

Joined On 3/6/2019 11:00:25 PM

Add as Friend | Send Message

"We are suffering from a medical system that had no theory of cure, no definition of cured, and no interest in studying causes of cures - inside or outside of clinical trials. to your health, tracy" How could we ever expect cures when the only function of a corporation is profitability, and Pharma is in the business of creating permanent, profit making customers, not cured ones.

Mark as Spam | Posted On 12/12/2021 10:35:37 AM

Like Dislike

robinlillian

Joined On 6/20/2006 2:38:49 AM

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majorminor: None of the older, cheaper medical treatments have undergone randomized, controlled trials. They were all just grandfathered in. Those sorts of trials are expensive, and only drugs that can be patented are worth the expense.

Mark as Spam | Posted On 12/12/2021 1:20:19 PM

Like Dislike

mirandola

Joined On 6/27/2014 7:00:58 AM

Add as Friend | Send Message

Robinlillian, with due respect, i have a correction to offer. I have seen science researchers in action who work in the naturopathic area, and who have decades of practicing experience. There are unbelievably astute and could argue circles around any FDA official. There are not only clinical studies with double blind trials (animals, human on both counts) but also chemistry, pharmacology, drug-herb-nutrient interactions, there are studies aplenty. In fact the naturopathic industry is not allowed to make claims (while BigPharma is allowed to, it's gag orders based on discrimination and frank monied agendas) Unless they have science to prove it. So they do the science research, you bet. Look on Pubmed.gov. HOwever, since the censorship machine has hit the ranks, a number of the naturopathic studies are being scrubbed. Can anybody believe it? Whew this has to be stopped! Crimes are afoot.

Mark as Spam | Posted On 12/12/2021 11:10:28 PM

Like Dislike

ICONOCLAST

Joined On 9/26/2009 5:27:11 AM

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Mirandola. The Hippocratic oath redefined by health agencies and possibly the WHO, from "first do no harm" to "first do no good". Health agencies indeed HUH hypocrites!!!

Mark as Spam | Posted On 12/13/2021 4:22:53 PM

Like Dislike

balhawk

Joined On 12/11/2009 3:56:56 PM

Add as Friend | Send Message

Well, the trials for the mRNA jabs were sort of controlled until the results got out of control.

Mark as Spam | Posted On 12/27/2021 8:05:05 AM

Like Dislike

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forbiddenhealing

Joined On 2/21/2011 9:51:43 AM

Add as Friend | Send Message

Isn't it ironic, like the medical establishment just wants to kill patients through an overabundance of caution.. and stupidity? Depths of inflammation require proportionality and appropriate frequency/application in treatment. Be it megadose/IV C, Vit D, NAC or H2O2. Nebulizing peroxide/iodine solutions should be at least 1% H2O2, every few hours if needed...Oral Vitamin C every 3hrs to bowel tolerance, more like 3-10 grams/dose. See this NAC study where doses orally are ramped-up w severity and nebulized NAC is particularly fast and effective in stimulating a productive cough to clear the lungs....Similar treatments are widely effective in many conditions reproving the validity of inherent deficiencies and redox applications. www.ncbi.nlm.nih.gov/.../PMC7649937

Steroids, Z-Pacs and "human" ivermectin are not over the counter items, where one must pay the monopoly to obtain them, so I can't rely on obtaining them in a timely fashion...But Vitamins, minerals, peroxide, iodine, NAC and baking soda are safe and effective when knowledgeably applied...unfortunately that information is forbidden to the public and for YOU to obtain. Nothing makes me happier than to tip-off people suffering for lack of these proven facts...and when they find healing they tell two others who tell two others.....

Reply | Mark as Spam | Posted On 12/12/2021 6:37:40 AM

Like Dislike

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rrealrose

Joined On 11/10/2011 8:59:01 AM

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Ironic? or very sad - the FEDS in all their wisdom, have set-up an incentive plan to maim and kill patients... Just clipped this from a link someone posted below. Its horrible, anything to do with FEDERAL FUNDING AND govt control may as well be called "killing fields" - ..."Callender said sometimes even patients who enter the hospital for a non-COVID-related reason and later test positive for the virus may be whisked off into “COVID segregation” and ultimately the ICU, “where they are oftentimes deprived of nutrition [and] given a cocktail of drugs, including remdesivir that shuts down their kidneys.”

According to Callender, federal funding for hospitals creates a dangerous incentive structure that leads to the “horrible circumstance that we call the ICU jail” with medical establishments “economically incentivized” to keep patients hospitalized." ... (Here's a link to the complete article: www.lifesitenews.com/news/hospital-death-camps-attorney-says-covid-pat..)

Mark as Spam | Posted On 12/12/2021 11:01:12 AM

Like Dislike

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rrealrose

Joined On 11/10/2011 8:59:01 AM

Add as Friend | Send Message

Additionally, Dr. Delores Cahill said in an interview w CA Fitts, sometime late-2020 that if Ivermectin and Hydoxychloroqine were readily available treatments, as these are in less developed countries, these 2 now-generic drugs threaten about 75% of current Pharma drug offerings...this is follow the industry, their greed and power. Planning to watch DVD of the recent Korean movie "Parasites".

Mark as Spam | Posted On 12/12/2021 11:07:17 AM

Like Dislike

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rrealrose

Joined On 11/10/2011 8:59:01 AM

Add as Friend | Send Message

And Marritt posted this yesterday, near the bottom of the article, latest from Children's Health Defense: (My note: Who do you think put our US Senators up for this bill? - still no acknowledgement of natural immunity..) "On November 30, H.R. 550, a federal bill passed in the U.S. House of Representatives. The bill, “Immunization Infrastructure Modernization Act of 2021,” would expand state and local health department vaccine-tracking systems to monitor the vaccination status of American citizens. States would provide the information to the federal government. The bill may be difficult to stop as it already has bipartisan support. It passed the House with the support of 294 U.S. Representatives, including all Democrats and 80 Republicans. H.R. 550 is now under consideration by the U.S. Senate where, if passed, it could be implemented in under 12 months.

H.R. 550 would lead to a monumental invasion of our rights as American citizens. It would set an incredibly dangerous precedent and could lead to more vaccine mandates, and more restrictions of services and healthcare for the unvaccinated. The bill also creates a mechanism for federal, state and local governments to enforce vaccine passports and possibly no-fly lists. And it would be costly to taxpayers — it appropriates $400 million dollars to expand vaccine tracking. Part of this money would be spent on grants and cooperative agreements to state or local governmental entities that agree to adopt the new data collection guidelines set by the Centers for Disease Control and Prevention.

It's imperative that we work to educate our Senators on why this legislation poses an unprecedented threat to freedom and liberty, and how it will lead to an unconstitutional invasion of privacy and loss of medical freedom. Once freedoms are lost, they're nearly impossible and extremely costly to regain through legal action. The time to act on this is now!" childrenshealthdefense.salsalabs.org/action-alert-hr-550-2?wvpId=68a94.

Mark as Spam | Posted On 12/12/2021 11:14:39 AM

Like Dislike

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don3724

Joined On 11/26/2020 7:10:16 AM

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They are also prescribing Zpacks/Azithromycin for OFF LABEL use to almost every Covid patient 'treated'- 2 things: 1. why is that OK to do, but not for Ivermectin? 2. We are going to see even more increasing issues with super bugs due to world wide overuse of Azithromycin during this pandemic

Mark as Spam | Posted On 12/26/2021 6:48:19 AM

Like Dislike

Robin_Whittle

Joined On 8/21/2020 11:49:38 PM

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2/2 The FLCCC do not understand that immune cells need 50ng/ml 25-hydroxyvitamin D to run their autocrine (inside each cell) and paracrine (to nearby cells) signaling systems. These systems play a crucial role in how individual cells respond to their circumstances. They are mistaken to prescribe prescription-only calcitriol (1,25-dihydroxyvitamin D): vitamindstopscovid.info/05-mds . This does not raise 25-hydroxyvitamin D levels at all, and it may upset calcium, phosphorus and bone metabolism. This criticism of the FLCCC is specific to this use of calcitriol and is not just mine. Prof Wimalawansa and other researchers support this view and have written to the FLCCC about it. To understand 25-hydroxyvitamin D based autocrine signaling: vitamindstopscovid.info/02-autocrine .

Reply | Mark as Spam | Posted On 12/12/2021 4:01:24 AM

Like Dislike

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merculo

Joined On 4/12/2020 4:51:21 PM

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Thank you very much for sharing that link. "Vitamin D" is a very complex issue. Not surprisingly, our skin is the largest organ of the body, nor the fact that is capable of "photosynthesis" when exposed to sunlight, for up to 12 hours/day (of course depending on location)...

Mark as Spam | Posted On 12/12/2021 4:31:32 AM

Like Dislike

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stoneharbor

Joined On 6/30/2008 1:05:17 PM

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Yes, thank you Mr. Whittle. The link you gave to your article on this vitamin is the only one I've ever read that tries to make sense of the whole confusing mess. I am saving it to peruse at different times in the future and to recommend to others. Some may think it is too deep but this subject is deep and overtime has become more confused as different writers use different terms for the same three forms of the vitamin. But not only have you clarified the confusion of the names, you have clarified a lot of confusion about the functions of this vitamin in the body. Never before have I read such good information as in your article on the autocrine, paracrine and intercrine functions (none of them HORMONAL !) of Vitamin D. Yes it truly is a vitamin and only in one way functions as a hormone.

Mark as Spam | Posted On 12/12/2021 5:20:12 AM

Like Dislike

grulla

Joined On 1/17/2012 8:03:55 AM

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In the first link, second paragraph, " Most MDs DO NOT UNDERSTAND how the entire immune system depends on good, 50ng/m 125nmol/L levels of circulating 25-hydroxyvitamin D - which is 2 to 10 times what most people have without lots of UV-B exposure and/or proper vitamin D2 supplementation. " Dr. Mercola has often recommended over the past years, to avoid synthetic, big pharma, and costly Vit D2, and to make sure to use the less costly and natural Vit D3, (with Vit K2, MK7 as a cofactor to avoid calcium complications). Sounds to me like some allopathic, big pharma misinformation.

Mark as Spam | Posted On 12/12/2021 2:43:21 PM

Like Dislike

Dr.Ginge

Joined On 7/2/2021 7:30:11 AM

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I would agree with Dr Kory that steroids should be used in Covid19 only when lung becomes involved or in those who have a late manifestation of the Covid19 rash, or Covid19 toes. However, I would take issue with the steroid recommended. Taking a recommendation from Dr. Richard Bartlett out of Texas. I've used NEBULIZED BUDESONIDE 1mg/2cc via nebulizer three to 4 times a day for patients with Covid19 pneumonia. High dose nebulized Budesonide is superior. First it does not suppress the adrenals and is removed by first pass in liver if it gets in the blood stream. It will improve oxygen status and prevent respiratory failure if used. Let me note that Dr. Kory recommends methylprednisolone 1mg per kg. The majority of hospitals in the United States are not using this dosing! Hospitals are dictating to doctors the protocols. You can't go outside this agenda driven protocol. You do, and you hospital privileges, your board certification, your medical license are all threatened. Medical tyranny.

Reply | Mark as Spam | Posted On 12/12/2021 7:36:43 AM

Like Dislike

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mirandola

Joined On 6/27/2014 7:00:58 AM

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I just don't understand how so many people in our society can be so lacking in conscience, empathy, or remorse.

Reply | Mark as Spam | Posted On 12/12/2021 6:33:49 AM

Like Dislike

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fromseatoshiningsea

Joined On 3/7/2021 2:40:06 PM

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mirandola - this article further demonstrates the lack of conscience, empathy & remorse, particularly where hospital treatment of covid is concerned...www.lifesitenews.com/news/hospital-death-camps-attorney-says-covid-pat..

Mark as Spam | Posted On 12/12/2021 10:36:04 AM

Like Dislike

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robinlillian

Joined On 6/20/2006 2:38:49 AM

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mirandola: Nothing new in that. More's the pity. People only care about themselves & their own social group. Anyone outside that can be demonized as "other", and so labelled not fully human and not worthy of empathy. The dominant social group's choice of who to demonize varies, whether it be blacks, Hispanics, Jews, "poor white trash", Irish, "antivaxxers", or whoever else is conveniently vulnerable. The tactics and brutality are unfortunately very similar from the crusades to Hitler to the Killing Fields of Cambodia, to the Proud Boys to black supremacist groups. So sad that this is only a short list that leaves out so many atrocities over history.

Mark as Spam | Posted On 12/12/2021 1:54:47 PM

Like Dislike

MoMac46
Joined On 3/8/2021 3:24:35 PM
Add as Friend | Send Message

How true Mirandola.

Mark as Spam | Posted On 12/12/2021 4:20:45 PM

Like Dislike

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pipblanc
Joined On 3/17/2012 2:20:27 AM
Add as Friend | Send Message

I was once so incensed with my GPs refusing to give me blood tests when I knew my thyroid was out, I read them the Hippocratic Oath in Greek.... Showing off I know, and I can't read Greek fluently, but I studied Classics for Oxbridge. They took 3 years, and a friendly locum, before the tests were done, and proved me right, badly right ie. off the charts. Thyroid disease is a genetic flag in my family, but they would not listen, it was "all in my head". AND that was before the pandemic. The other thing, whilst I am on the subject, that Hippocrates said, that they (medics) do not consider is the maxim of good health: "All disease begins in the gut."

Mirandola refers to Pubmed, papers that now only seem to be read by the lay population, not the medical, but if you look at the studies of the effect of Coronavirus (all kinds) upon the microbiome, it would appear the health of the gut is paramount in defence against the virus. This would make sense of the demographics so conveniently ignored that Diabetics, Obese and certain Blood Groups are more vulnerable. And yes, Mirandola, the lack of conscience, empathy, or remorse is so astonishing that it seems off the scale.

David Hawkins talks about the resonation of FEAR being amongst the lowest experience of man, along with shame and guilt. It seems the whole world is resonating with an imposed and coerced fear, and the only way to counter that is to use the equal and opposite and higher frequency which is LOVE> Let us all this New Year pray for a better, braver and more compassionate world and trust that if we stay true, we hold our course, we keep our frequency at courage and above, it will and shall come good in time. Namaste. Sorry for the essay. x Hawkin's book is "Power versus Force".

Mark as Spam | Posted On 12/26/2021 12:59:24 AM

Like Dislike

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katndognco
Joined On 1/1/2011 2:56:59 PM
Add as Friend | Send Message

Dear Dr Mercola, guests and comment community, THANK YOU SO VERY MUCH!!! I'm so grateful for the FREE, LIFE SAVING INFORMATION!!! I've started a new job and found a new opportunity to share your wisdom with a new group of hungry listeners!! It's so exciting to share your vital information with others! Bless each and everyone of you!!!

Reply | Mark as Spam | Posted On 12/12/2021 5:17:18 AM

Like Dislike

Poyeema
Joined On 12/30/2020 8:20:47 AM
Add as Friend | Send Message

CONTRATULATIONS, katndognco, on your new job. Thank you for all you share. Garden & Be Well.....

Mark as Spam | Posted On 12/12/2021 6:42:02 AM

Like Dislike

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grulla
Joined On 1/17/2012 8:03:55 AM
Add as Friend | Send Message

All the best "Kat", "keep on truckin." groovyhistory.com/keep-on-truckin-r-crumb-cartoon

Mark as Spam | Posted On 12/12/2021 3:10:13 PM

Like Dislike

katndognco

Joined On 1/1/2011 2:56:59 PM

Add as Friend | Send Message

Thank you Grulla and Poyeema!! You guys are great :)

Mark as Spam | Posted On 12/12/2021 7:14:06 PM

Like Dislike

balhawk

Joined On 12/11/2009 3:56:56 PM

Add as Friend | Send Message

Excellent, kat! Onward and upward!

Mark as Spam | Posted On 12/27/2021 8:09:22 AM

Like Dislike

ninsuna

Joined On 10/24/2006 11:02:25 PM

Add as Friend | Send Message

The Hippocratic Oath died of COVID-19.

Reply | Mark as Spam | Posted On 12/12/2021 3:26:46 PM

Like Dislike

flormexhotmail.com

Joined On 6/19/2006 9:07:05 AM

Add as Friend | Send Message

Have been been a reader of Dr. Mercola Articles I have learned many of his findings . And the main I have been using for over 10 years has been the usage of Curcumin. This ingredient has led me to shed over 50 Pounds of weight. I found that adding many other products like Cinnamon, Ginger, Cloves, Pepper, Ashwaganda and other products have found a natural thing to keep the Covid and other sickness at bay. I have not had a single shot or vaccine of any kind for over 15 years. Along My own mixture of Powders that I have encapsuled I have also been taken Capsules of Olive Leaf powdered. Which is Natures most potent Anti Viral product in Nature. Which I also complement my monthly intake of Invermectin. And my wonderful Labs of last month shows that my every thing shows wonderful results and Thanks for the advise of Dr. Mercola´s articles. Hope that some day he will be the Nations Top Medical Advisor and able to fire the Nasty Faucci´. Bill Gates Most obedient worker.

Reply | Mark as Spam | Posted On 12/12/2021 12:13:06 PM

Like Dislike

Sanbruno69

Joined On 10/2/2021 8:49:58 AM

Add as Friend | Send Message

nathealthgems.org/guanabana-kills-cancer-and-restores-your-health/ We drink Guanabana tea daily. We are fortunate to have our own tree in the yard. We also take D3 and copious amounts of natural sunlight.

Mark as Spam | Posted On 12/13/2021 5:58:51 AM

Like Dislike

pipblanc

Joined On 3/17/2012 2:20:27 AM

Add as Friend | Send Message

You are so sensible to use spices, especially in a synergistic manner. I try now to incorporate all of these into my daily cooking now, apart from being delicious if used properly.

Mark as Spam | Posted On 12/26/2021 1:04:41 AM

Like Dislike

Robin_Whittle

Joined On 8/21/2020 11:49:38 PM

Add as Friend | Send Message

1/2 Most people - who do not properly supplement vitamin D3 (cholecalciferol) and who have not had lots of UV-B skin exposure in the last month or so - have 25-hydroxyvitamin D (calcifediol, AKA "calcdidiol") levels far below the 50ng/ml 125ng/ml their immune system needs to function properly. (See the Quraishi et al 2014 graph at https/.../). The most important step, before being infected with COVID-19, is to raise 25-hydroxyvitamin D levels over months to at least 50ng/ml with proper daily to weekly D3 intakes, such as (70kg 154lb bodyweight) 0.125mg 5000IU/day: vitamindstopscovid.info/01-supp .

To raise levels faster - such as over days to a week - take a larger (bolus) amount of D3 over the first few days, such as two months worth. (It takes some days for D3 to be hydroxylated to 25-hydroxyvitamin D in the liver.) For those who are infected, but have not done any of this, the best way to raise 25-hydroxyvitamin D, in 4 hours or so, is a single oral dose of calcifediol: ~1mg for 70kg bodyweight: Prof. Sunil Wimalawansa www.linkedin.com/posts/sunilwimalawansa_multisystem-inflammatory-syndr.. and vitamindstopscovid.info/05-mds . This is non-prescription but it needs to be on hand to use like this. If you don't already have it, there is no point waiting for delivery - the best approach then is bolus D3.

Reply | Mark as Spam | Posted On 12/12/2021 4:00:48 AM

Like Dislike

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merculo

Joined On 4/12/2020 4:51:21 PM

Add as Friend | Send Message

Again, very valuable information; thank you. Most people think that "Vit D3" works like Vit C, which is rapidly absorbed. They procrastinate, and think to start taking it if they get infected... Surprisingly, many doctors think that taking 5,000 IU of D3 will harm the liver. Believe it or not, NONE OF THE FIVE PHYSICIANS we have seen for routine check ups, has ordered any of my family members to test for vit D levels (but ordered general blood work) IN THE MIDDLE OF A PANDEMIC. SCARY. AND THESE ARE GOOD DOCTORS.

Mark as Spam | Posted On 12/12/2021 4:41:22 AM

Like Dislike

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fvtomasch

Joined On 3/11/2017 7:33:24 AM

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Robin-Don't forget that Vit D absorbs better when taken with a healthy fat like avocados/nuts/etc. Also I have read than probiotics taken daily or having good bowel flora can raise Vit D levels by 15%. Caution is that is a small subset of people can have hypercalcemia so blood tests should given. Taking Vit D3 with K2 works well. If I'm not mistaken 14,000 iu's will raise your level only by one point so it takes time and lets say you have pneumonia your body can use up 17K iu's per day so you can see how and why so many people are sick since they are very low to begin with. I learned about Vit D. from Dr. Richard Becker "Your Health" and one of his guests Dr. Leslie Ray Matthews

Mark as Spam | Posted On 12/12/2021 11:15:52 AM

Like Dislike

Theophilus1776
Joined On 1/18/2021 10:46:20 AM
Add as Friend | Send Message

The greatest irony from the article: “From the start of the COVID pandemic, doctors were told they could not use any treatment that had not undergone randomized controlled trials.” So, naturally, we could only use a purely experimental gene therapy that had not undergone randomized controlled trials. Frankenfauci at his finest.

Reply | Mark as Spam | Posted On 12/12/2021 11:12:24 AM

Like Dislike

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tallulah3
Joined On 4/21/2021 9:26:59 AM
Add as Friend | Send Message

Hospitals are killing zones. There’s a hospital here in Texas that puts plastic bags over Covid patients heads to take them from one room to another. This is insane. What the hell is wrong with doctors. Are they so brainwashed that they’re stupid now. I used to have an old school osteopathic doctor and he was a great doctor. I also have a comment about Walmart employees. The last 3 times I have ordered groceries to be delivered, there have been several items missing. When I call to let them know they don’t care. This used to never happen. Most of these employees got the jab a few months ago. I really believe that it has affected their brains. I guess if I want things done right I have to do it myself.

Reply | Mark as Spam | Posted On 12/12/2021 8:12:08 AM

Like Dislike

Jackaroni
Joined On 4/4/2009 8:32:35 AM
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Totally logical. People are dying because the treatment hospitals are using isn't working. Can't try any other treatments because they haven't been proven to work, even though these treatments have been safely used for decades, and they might harm people who are dying anyway. Take healthy people and inject them with an experimental substance because it "might" reduce the severity of symptoms, or it might do more harm than good. And then after little benefit and much harm, force people to be injected with this substance because it will lead to herd immunity, even though it only reduces the severity of symptoms. And yet there are people, a LOT of people, who look at this and see nothing wrong. Useful idiots.

Reply | Mark as Spam | Posted On 12/12/2021 7:49:12 AM

Like Dislike

00
Joined On 6/21/2007 2:15:29 PM
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People are saying "I had covid, thank god I got the shot because it reduced the severity of my systems". remember in the beginning it only was bad for the obese with asthma or diabetes? and only killed 0.03% of the people who got it? No one seems to remember that. My town has seen 6 deaths from covid, all were over 80 except one who was in hospice with cancer.

Mark as Spam | Posted On 12/12/2021 11:54:31 AM

Like Dislike

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lovestosing6
Joined On 8/26/2013 8:44:35 AM
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Very interesting article Dr. Mercola! The treatments I've caught wind of by friends are fascinating to me and echo a bit of what is here. I know different areas are finding success using different treatments - which means this thing has plenty of ways to treat it and should not be EUA anymore! Or mandated! My PT caught 'the lung kind' and she was given the nebulizer/steroid combo - and felt like she was going to die, it lasted 12 days. Longest 12 days of my life, I was even thinking hospital for her. An older male was given the nebulizer/HP treatment, minus the iodine, and he was better in 2 days - he had diagnosed covid pneumonia - his co-workers were thinking hospital with him, too - that makes me feel like the Brownstein method shouldn't be ignored.

I'm pretty sad about the battery operated nebulizer not being as effective - I read reviews and everything - shucks! Back to the drawing board! "I feel like I live in a cartoon of medicine, because every time I discuss something with someone, they just don't believe anything works. Because if it worked, they would be doing it. It's bizarre." (Yup, I know this good and well!) I told my cousin, who has pancreatitis bouts quite frequently, about IV Vit C (up in Michigan) - they won't even consider it. I think AZ is more open to positive treatments like this. Back to the dark ages of medicine - when will 'they' treat to heal? For a person two days in, my close friend was being taken wayyy down by it - and fast! The local doc got her both ivermectin/hydroxy/and Zpack... she said it was 24 hours and they had killed it. Now that's something to think about! Yeah!!!

Reply | Mark as Spam | Posted On 12/12/2021 5:44:55 AM

Like Dislike

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balhawk

Joined On 12/11/2009 3:56:56 PM

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As far as I'm concerned, the Brownstein protocol should be the STANDARD treatment for ANY infectious illness. Alsong with very hot baths or sauna for those who don't have dangerously high fevers already. But those methods involve no drugs, and are therefore most heretical of all, strictly taboo.

Mark as Spam | Posted On 12/27/2021 7:57:13 AM

Like Dislike

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bonbon1472003

Joined On 10/21/2009 6:54:03 PM

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I have been following the FrontnLine doctors protocol for months now. Was working at a library with lots of traffic till they terminated for not being vaxxed. Was recently in direct contact with a covid positive person. I personally paid out of pocket to get my vit d levels checked and they were on the low side but in range. I take 5000iu a day.balanced with K2 mk7. I can not get anything that requires an prescription but follow the information for the alternatives. I actually follow the protocol before the one posted in the story. I just wanted to say Thank You. This information is critical in keeping everyone healthy.

Reply | Mark as Spam | Posted On 12/26/2021 5:36:05 AM

Like Dislike

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skupe59

Joined On 5/2/2009 7:28:21 AM

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However, you can google whichever script you are looking for without prescription and you should get it from a foreign country -- maybe Mexico, India or China. We have done this three or four times.

Mark as Spam | Posted On 12/26/2021 6:33:12 AM

Like Dislike

EstherOul

Joined On 6/11/2021 5:31:58 AM

Add as Friend | Send Message

Zinc and quercetin worked for us. And after we felt better, we ate kim chi every day, like the Koreans, to restore out gut health.

Reply | Mark as Spam | Posted On 12/13/2021 12:13:39 PM

Like Dislike

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skupe59

Joined On 5/2/2009 7:28:21 AM

Add as Friend | Send Message

Adding kombucha will help your gut too -- for another favorite fermented food.

Mark as Spam | Posted On 12/26/2021 7:07:21 AM

Like Dislike

ElizabethHope
Joined On 8/12/2016 8:50:43 AM
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I used OREGANO OIL. When I experienced breathing problems (my only symptom), I ingested oregano oil plus mega doses of Vitamin C & D3. Plus 3 aspirin, 1 zinc, and MSM. Breathing issues resolved in 15 minutes. Recurred several times over 3 days. Followed same protocol- same results. Day 4 - cured.

Reply | Mark as Spam | Posted On 12/12/2021 11:23:35 PM
Like Dislike

skupe59
Joined On 5/2/2009 7:28:21 AM
Add as Friend | Send Message

Read my comment on aspirin above that you should use white willow bark, not aspirin. Aspirin is full of chemicals. Here it is again: www.prnewswire.com/news-releases/aspirin-isnt-a-wonder-drug-says-peopl..

Mark as Spam | Posted On 12/26/2021 7:09:42 AM
Like Dislike

Fourcauses
Joined On 1/23/2021 10:37:52 PM
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"""While it is true that we have come to associate the absence of vitamin C as the causative factor in scurvy, we do not know how many other affections may be due to its absence in adequate quantity in our foods. Almost weekly, new diseases are being associated with vitamin deficiencies in our modern dietaries."" ~Weston A. Price, "Nutrition and Physical Degeneration." 1932

Reply | Mark as Spam | Posted On 12/12/2021 2:29:33 PM
Like Dislike

skupe59
Joined On 5/2/2009 7:28:21 AM
Add as Friend | Send Message

Weston A Price, another of my favorite scientists. More people should know about him.

Mark as Spam | Posted On 12/26/2021 7:11:13 AM
Like Dislike

Debby4576
Joined On 6/25/2014 6:13:24 PM
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Our time will go down in history as the worst "crime against humanity" ever perpetrated.

Reply | Mark as Spam | Posted On 12/12/2021 9:30:20 AM
Like Dislike

versatile
Joined On 10/16/2007 4:23:09 PM
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This information is excellent and of high quality, but it suffers from a common misconception that leads to much confusion. COVID-19, the so-called "disease caused by SARS-CoV-2" is not one illness. COVID-19 is a large set of illness elements under a single disease name. This becomes clear when we study the theory of cure. An element of illness has a single cure cause. Each element is cured by successfully addressing that single cause. Several illness elements of COVID-19 are discussed in this article. Many are not. Their individual causes are largely ignored. COVID-19 is defined as the disease caused by the SARS-CoV-2 virus. This leads to an obvious cure approach, stop the growth of the virus. There are many treatments to stop the viral growth. Unfortunately all are considered illegal or immoral by many of our current medical bureaucracies.

From the perspective of the physical terrain, COVID-19 is caused by bodily unhealthiness. The virus does not reproduce in healthy children, preferring weak and unhealthy adults. In many cases, where the patient's unhealthiness is minor, the illness can be cured simply by improving healthiness, supplemental Vitamin D to improve Vitamin D healthiness, supplemental zinc to improve zinc healthiness, and so on. These cures, however, are easily missed and easily ignored when we focus on treatments, not cures.

When the infection grows more severe, it creates other elements of illness. Inflammation is not just a symptom, it is also a cause of further damage. It is possible to have COVID-19 inflammation even after the SARS-CoV-2 infection has been cured. We need to "cure" the inflammation illness element by addressing the inflammation as well as its viral cause. There are many more "elements of COVID-19 illness, ranging from loss of smell to deadly infections, to isolation, to COVID-19 treatment PTSD. Each cured by addressing it's individual cause. As we learn from the theory of cure.

Reply | Mark as Spam | Posted On 12/12/2021 6:06:23 AM

Like Dislike

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robinlillian

Joined On 6/20/2006 2:38:49 AM

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versatile: 1. Not everyone gets the same symptoms from the same disease/infection. Modern medicine is notorious for treating the symptoms instead of the disease. There are many antivirals that can have an effect on numerous different viruses, but the best approach is to look for the cause(s) of symptoms first. 2. Inflammation is epidemic in modern society from multiple causes, especially Omega 6 seed oils, and often takes time to resolve, if it ever does without being directly addressed. However, this does not negate the necessity of eliminating the cause(s). If you don't get rid of the original reason for the inflammatory response, you will never get rid of the inflammation. Indeed, inflammation is necessary for life. Too much of anything can be a serious problem.

Mark as Spam | Posted On 12/12/2021 2:10:53 PM

Like Dislike

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pipblanc

Joined On 3/17/2012 2:20:27 AM

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Versatile, I totally agree with you. See my comment above about gut health. I had the infection late 2019 and severe inflammation for 18 months which is still infecting me. It became clear very early on that the microbiome had been decimated and the subsequent inflammation and weight gain has been most dispiriting. It is proving very difficult to restore my gut health and I was at peak fitness when I acquired the infection. Which also adds weight to the theory that it is a bioweapon. I have said this before, and I do not think it fanciful, it is a combination of Swine Flu, EBV, Sars, Herpes Simplex, with a little eye of bat thrown in! (Forgive the dark humor!) Whilst I am here, thank you for your thought provoking contributions, and everyone else on this forum.

Mark as Spam | Posted On 12/26/2021 1:10:21 AM

Like Dislike

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scraps

Joined On 12/21/2010 3:45:44 PM

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Well done docs! Bringing some light into a darkened medical industrial complex owned by Pharma.

Reply | Mark as Spam | Posted On 12/13/2021 3:24:32 PM

Like Dislike

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eganstew

Joined On 5/26/2008 12:55:41 AM

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Dear Dr. Kory, I am so sorry you came down with COVID. I came down with it in August 2020 and I am still suffering under its evilness. I was in bed for 6 months, just barely able to get up to go to the bathroom. I had all the other standard symptoms with it as well. Just letting you know what I was going through, but I also had another thing besides extreme tiredness is the loss of the muscles in my legs, and I never knew when they would go out on me.

I have since found three others who complain about their legs. In January 2021. I finally went and received a Meyers Cocktail and immediately the strength in my legs came back. It was about that time I found you and others and started my study on this COVID. All this time, I am hearing about Ivermetic, and the strange part is I bought some horse dewormed, Ivermectin, about three years ago, but I did not know how to take it. I was hoping you or someone would tell me how to take this paste.

Finally, in May 2021, a friend sent me a video of a doctor who showed me how to administer the paste and I began my journey. I just wish I had been more proactive and taken more than the small amount I was shown. In the beginning, I went to ER and I did complain about my lung/s but they only told me to come home. I did have one doctor tell me to refuse to go into the hospital as the patients were dying. I would go back because of my lung and the other two doctors wanted me in the hospital but remembering what the first one said I refused.

I did manage to take a Phlobomitis class and graduate, but about two weeks later, I am suffering again. My private doctor decided to have a CAT scan done of my lung and other tests. The day I saw him last I tested him and asked if he would prescribe Ivermectin, and he did. Two weeks later he was dead because of COVID, and I am very upset as I so wanted to take him to Las Vegas to get an Infusion for help. I have been on Ivermectin now for several weeks. How much Zinc should I take?

Reply | Mark as Spam | Posted On 12/12/2021 4:57:41 PM

Like Dislike

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yin5765

Joined On 4/2/2018 12:08:23 AM

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FLCCC Protocols: Zinc 30mg/day for prevention; 75-100mg/day for early treatment or hospital treatment.

Mark as Spam | Posted On 12/12/2021 9:38:31 PM

Like Dislike

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pipblanc

Joined On 3/17/2012 2:20:27 AM

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See Dr.Zelenko's protocol and also Dr. Mercola's recent article about supplements and dosages especially for zinc.

Mark as Spam | Posted On 12/26/2021 1:14:05 AM

Like Dislike

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dav9654

Joined On 1/24/2014 10:29:37 AM

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I have been taking 10,000 IU of D3 for years and my level is 58ng/dsl. I am living in SoCal am over 200# .

Reply | Mark as Spam | Posted On 12/12/2021 2:31:41 PM

Like Dislike

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moony77

Joined On 3/10/2021 4:20:02 PM

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I'm happy for you , and D saved my life, too

Just be mindful of your calcium levels rising, and it's effects on your kidneys 🙏🏻

Mark as Spam | Posted On 12/26/2021 4:50:07 AM

Like Dislike

grulla

Joined On 1/17/2012 8:03:55 AM

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"Just be mindful of your calcium levels rising, and it's effects on your kidneys" And for that reason(s), you need to take Vit K2,MK7 along with Vit D3. riordanclinic.org/.../vitamins-d3-and-k2-the-dynamic-duo My VitD level was down at 58 ng/ml also, last year. It was an acceptable reading, but a slow downward trend that I had once previously experienced. So with Covid in mind, I doubled my 5K IU/meal consumption to twice a day together with K2,MK7; one 5K IU capsule at 5AM IF breakfast, and another 5K IU capsule again with K2-MK7 at my last IF noontime meal of the day. My last recent bloodwork test showed that my Vit D level had increased from last year's 58 ng/ml to now 101 ng/ml, wow... go figure.

Mark as Spam | Posted On 12/26/2021 10:20:24 AM

Like Dislike

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angelpuppy

Joined On 2/19/2010 10:18:46 AM

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Excellent presentation. Dr.Kory and Dr.Mercola you are among the Giants who are saving lives. Thank you for your great service and please keep up the fight. We need you.

Reply | Mark as Spam | Posted On 12/12/2021 12:55:00 PM

Like Dislike

Almond

Joined On 2/26/2008 4:23:33 PM

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Good news from Brazil... www.americanthinker.com/blog/2021/12/hackers_attack_the_brazilian_heal.. The vaxine is not safe. Electronic/digital records are not secure. If at all possible, pay your own way and see a doctor who will keep paper records and not enter you into the electronic system. I am not sure this is even legal anymore. That is how far we have fallen in lack of respect for individual rights.

Reply | Mark as Spam | Posted On 12/12/2021 12:21:36 PM

Like Dislike

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Joined On 6/21/2007 2:15:29 PM

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I just ordered some Ivermectin two days ago from IndiaMart, they are 0.6mg so am I glad to get this dosage chart !! Although I had covid almost two years ago, I went through the typical "at 5 days I couldn't breathe", but I propped up my pillows and I slept good, just having to get up to spit every hour - if not more. I took expectorant and felt that helped. I'll let everyone know how getting Ivermectin from IndiaMart works.

Reply | Mark as Spam | Posted On 12/12/2021 11:31:39 AM

Like Dislike

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robinlillian

Joined On 6/20/2006 2:38:49 AM

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You were lucky not to need oxygen or a ventilator. Propping up your pillows wouldn't have been enough to keep you alive if you

You were lucky not to need oxygen or a ventilator. Propping up your pillows wouldn't have been enough to keep you alive if you had a more serious case.

Mark as Spam | Posted On 12/12/2021 2:16:23 PM

Like Dislike

Penelopel

Joined On 5/4/2020 12:28:48 AM

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If you've already had it, you're immune to covid.

Mark as Spam | Posted On 12/12/2021 5:38:42 PM

Like Dislike

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tdmartinson

Joined On 3/24/2011 7:14:27 PM

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Isn't getting a drug from another country a little risky?

Mark as Spam | Posted On 12/12/2021 5:42:52 PM

Like Dislike

Drew458

Joined On 10/3/2020 11:39:47 AM

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Antiandrogens: the FLCCC prevention protocol now suggests nigella sativa seed. It has strong antiandrogen properties. Right now the known effective chemical in the seeds is thymoquinone, aka "TQ". You can get the seed in oil form, but the TQ amount varies by vendor. Both the seeds and oil are high in Omega-6. The TQ amount in the oils is often given as a % of the liquid, 0.5% to 5%. I would like to know how much TQ is in the protocol's seed dosage, to better figure out how much of the oil to use. 0.5mg TQ/kg is a more precise and meaningful metric than 1 tsp of seeds or 2 eyedroppers to 3tsp full of oil.

The TQ strength of the seeds varies with vendor and where it's grown too, and this is not listed on the bag label. So maybe this stuff is a great thing, but imprecision here makes me wary. Quercetin is also available in a phytosome form, which is somewhat similar to a liposomal, and is advertised as being 20x or more absorbable. Does this mean it works better as a prophylaxis or early treatment, as the 1 small study I found seemed to show?

SMH over Dr. Cory talking about IV C, 2 years into this pandemic, and that nobody listened. No kidding. Way back in the beginning, discussions of suggested treatments included nitric oxide and IV C, but the IV C doses were in the "Linus Pauling, Dr. Cathcart" range, about double the natural medicine amounts mentioned here. A nitric oxide nasal spray has been on the market for months now, made in Israel and used around the world. NOT A WORD ANYWHERE on whether it's doing the job. 97%-99% viral load reduction in a day or two; you'd think this would be headline news.

Reply | Mark as Spam | Posted On 12/12/2021 10:33:40 AM

Like Dislike

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dianna1189

Joined On 3/29/2021 5:34:31 AM

Add as Friend | Send Message

dianna1189 has deleted the comment.

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lovestosing6

Joined On 8/26/2013 8:44:35 AM

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Dianna - chickens are the best! 75? Must be a heady experience! :))) I had forgotten I wanted to take Black Seed Oil during this time period! Thanks for mentioning it! My son, who got the vax, has nothing but chest and sinus problems these days. I keep shaking my head - he'll never connect it to the vax and if I say boo about it, he'll get defensive. So I shake my head and send a tiny positive thought his way that, eventually, he'll ask me for help. You've got some good neighbors there! Lucky!

Mark as Spam | Posted On 12/12/2021 6:01:23 AM

Like Dislike

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mirandola

Joined On 6/27/2014 7:00:58 AM

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Dianna1189 farmers are very strong people and do rigorous physical work. This changes the response of the body to dosages and its needs vary accordingly. Regardless of physical activity level, 20,000 iu of vitamin D daily is DANGEROUS. The right amount of vitamin D is very helpful, however excess dosages can cause calcification of the kidneys, ie kidney stones. Even 5,000 iu is a fairly high dose but doctors often do recommend it as a way to build up vitamin D levels, then to taper down to a lower dose thereafter. Everything in nutrition needs to be in balance.

Mark as Spam | Posted On 12/12/2021 6:23:56 AM

Like Dislike

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clanharwood

Joined On 1/17/2008 7:05:47 PM

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DIANA— in my experience regarding Vitamin D early in the spring I started taking what I thought was only 10,000 IU of vitamin D daily but it ended up being 20,000 with a pill that has ox bile. for awhile I felt great!!!….. then I started to feel nauseous almost every day and just unwell. I went to the doctor and my vitamin D level (I'm in Canada) was over 350 which is toxic— and my doctor happen to say I was the only patient he's ever seen that had a toxic level and vitamin D. (good is 100-150 in Canadian measurements) I am saying this to reiterate what Mirandola is saying is to be very careful with vitamin D and what that vitamin D is mixed with in pill form because it can become toxic and make you sick. I had to stop taking vitamin D completely for the next three months to get my level down and I do feel better so I believe it has decreased and I've started taking 5000ui of Dr. Mercola"s formula mixed with calcium and K2 and I'm feeling much better. I'm getting my level re-tested next week.

Mark as Spam | Posted On 12/12/2021 8:30:52 AM

Like Dislike

BlueQuasilica

Joined On 1/9/2016 9:34:17 AM

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Thank you, Dr. Mercola, and dedicated staff for this wonderful article as always. I didn't know you were specially mentioned, together with Dr. Thomas Levy, at the bottom of the infographic regarding how to make nebulized hydrogen peroxide until now.

Reply | Mark as Spam | Posted On 12/12/2021 2:39:54 AM

Like Dislike

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balhawk

Joined On 12/11/2009 3:56:56 PM

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If we had genuine health care, the drug-free Brownstein nutritional and oxidative (nebulized H2O2 in saline) protocol would be the STANDARD first treatment option for COVID and all infectious illnesses. But it is too heretical to emphasize, eh? Based on my personal experience, the MATH+ dose for vitamin C is way too low for home treatment. As a man with a body weight that tends to be in the 180lb range I hit it with about 5g first dose, than 1-2 g per hour, beginning 2 hours afterward. If I get to it soon enough, that shuts viruses down, and if not, prevents worsening. The H2O2/saline has been marvelously effective. Thanks, Dr. M and Dr. Brownstein!

Reply | Mark as Spam | Posted On 12/27/2021 7:50:16 AM

Like Dislike

Lucky7.

Joined On 4/9/2020 7:01:01 AM

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When at the start of this fraud, smoke shops and liquor stores were deemed essential businesses, I was furious. Yes, the government is sooo concerned about our health, our safety..hahahaha...at this point the true believers in jabs, must live with their heads buried in sand. I would hate to be so divorced from reality...that I ignore overwhelming information (thanks to Dr. Mercola & many other medical professionals) that lays the facts out in black & white. The first hand accounts of many people who know jab caused severe side affects AND deaths ought to wake up the naive/lemming/sheep believers...just my rant!

Reply | Mark as Spam | Posted On 12/26/2021 3:07:09 PM

Like Dislike

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balhawk

Joined On 12/11/2009 3:56:56 PM

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Not only that, what was the point of shutting down businesses deemed non-essential, when people don"t have to patronize them? How patronizing - and ridiculous.

Mark as Spam | Posted On 12/27/2021 8:02:10 AM

Like Dislike

Bitcopper

Joined On 12/16/2021 1:21:12 PM

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Vitamin D deficiency might be a symptom that should not be masked with only a pill: https://youtu.be/c_cleBIkVSw

Reply | Mark as Spam | Posted On 12/26/2021 1:38:26 PM

Like Dislike

Ambassador777

Joined On 12/22/2011 6:34:55 AM

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Two considerations. First, RE treatment, quercetin is mentioned but the two most effective, anti-inflammatory flavonoids are luteolin and apigenin. Dihydroquercetin is easier on the liver and kidneys than quercetin. Luteolin and apigenin are exceptionally efficient at slowing the enzyme kinetics of phospholipase A2 and xanthine oxidase, the main drivers of oxidative stress. Second, RE the scam, when a house is on fire and its occupants, along with neighbors, are scrambling to douse the flames what is one to presume when one of the neighbors is pouring petrol into the fire or blocking the path for fire engines?

It's what the Obama-Biden regime and the Fauciites were doing, all along - and still are doing. It's not a conspiracy. It's a fact. They, and pharma, are pushing a cynical, cold-hearted agenda. And, it includes in-your-face politics, namely, they destroyed Trump's economy because they couldn't eliminate him any other way. They now have to prove the obvious deductions are false but they can't. And they won't. Remind the tyrants how you feel about it all next November.

Reply | Mark as Spam | Posted On 12/26/2021 12:02:55 PM

Like Dislike

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chrisphillips

Joined On 9/27/2010 9:26:38 AM

Add as Friend | Send Message

i am so grateful to be able to access this info.

Reply | Mark as Spam | Posted On 12/26/2021 8:16:35 AM

Like Dislike

Catryna

Joined On 7/25/2006 5:48:46 PM

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These doctors could have used vitamins C and D, if it was low. And, there are other treatments such as old time remedies people commonly use every year for colds and flu. I never use OTC or other kinds of pharmaceuticals if I'm ill.

Reply | Mark as Spam | Posted On 12/26/2021 7:10:47 AM

Like Dislike

SarahB

Joined On 10/31/2006 10:42:28 AM

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The discussion about clots was really interesting: Dr. K talked about the drug TPA and I was wondering " but what about proteolytic enzymes?" RIGHT as Dr. M asked him about lumbrokinase and other proteolytic enzymes. But it became clear that Dr. K was going to stick to drugs like TPA and aspirin. He seemed to indicate that he was more interested in drugs that have some kind of studies behind them. And this is where I think the rubber meets the road. Modern medicine is all about drugs.

Dr. M is a pioneer and a visionary at thinking outside the box of drug treatments and in using natural remedies which, of course, don't have big money behind them. (Yay, Dr. M!) I also found the discussion on steroids interesting regarding the timing: The initial phase of the virus is replication and I wonder if steroids are not good here because they depress the immune system whereas later in the inflammatory phase they become more useful? Would treatment like natural anti-virals and practices such as nasal irrigation and maybe the nebulizer be better to start with?

Reply | Mark as Spam | Posted On 12/26/2021 6:28:48 AM

Like Dislike

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skupe59

Joined On 5/2/2009 7:28:21 AM

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Why aspirin as it's so bad for people and full of chemicals? Use white willow bark, the powerful ingredient in aspirin instead. This article is from my favorite organic chemist: www.prnewswire.com/news-releases/aspirin-isnt-a-wonder-drug-says-peopl..

Reply | Mark as Spam | Posted On 12/26/2021 6:15:29 AM

Like Dislike

SarahB

Joined On 10/31/2006 10:42:28 AM

Add as Friend | Send Message

Thank you for this link!

Mark as Spam | Posted On 12/26/2021 6:37:42 AM

Like Dislike

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ragus

Joined On 12/25/2008 4:07:38 PM

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To save an important article such as this, the easiest way which also preserves the formatting is SingleFile for Firefox (addons.mozilla.org/.../single-file) which saves an entire webpage including images, styling, fonts etc. as a single HTML file. Remember to expand "Sources and References" and "Comments". Feel free to ask here or message me for help, and if you find it useful, perhaps recommend it to others? Of course, if you find a better solution, let us all know. To find the video address for a video, hold down Shift, and then right-click on the video, select "Inspect" and search for bitchute.com/embed (or youtube, etc.) Embedded videos really ought to have the URL printed below them. For a local video copy, check out github.com/.../yt-dlp

Reply | Mark as Spam | Posted On 12/26/2021 6:01:23 AM

Like Dislike

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s.schummeroutlook.com

Joined On 11/16/2020 5:48:43 PM

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Great article! Much more is available from nature than currently used. A great deal of which is ignored and buried by the Pharma/Medical cartels that commit mass murder around the world constantly! H2O2 used orally has been shown to cure many diseases including various forms of cancer. COPD is also reversed and cured by H2O2. There is a clinic in Olmsted Falls, Ohio that specializes in oxygen therapy. They boast an 84% success rate curing people who arrive at their door near death, on life support because they aren't permitted to treat people until the AMA gives up on them. They use intravenous as well as oral H2O2 as well as other forms of oxygen therapy. In the 1800's Tuberculosis was cured using iodine in a vaporizer and was later associated with a severe vitamin D3 deficiency. Mankind has been around for a long time without the Pharma/med cartels.

Reply | Mark as Spam | Posted On 12/12/2021 9:06:16 PM

Like Dislike

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michael2020

Joined On 10/15/2016 10:23:43 AM

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EXCELLENT INTERVIEW - PACKED WITH INFORMATION - EXCELLENT ARTICLE. THANKS.

Reply | Mark as Spam | Posted On 12/12/2021 7:53:17 PM

Like Dislike

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iver01

Joined On 8/4/2021 4:27:20 PM

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In a recent interview between Zac Bush and Patrick Gentempo (Covid Revealed) removing one dictator, el supremo, dictator etc. (my simple interruption) means that the next in line will step up and the cycle will continue. Zac put it much better than that but you get the point. Zac's overview of what is happening is truly enlightening and worth viewing/listening. If you get the opportunity to view the summit/sessions it is in Episode 4.

Reply | Mark as Spam | Posted On 12/12/2021 3:27:04 PM

Like Dislike

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sundanca

Joined On 12/12/2021 2:45:47 PM

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First of all I thank you Dr Mercola for all the great work and untiring efforts in bringing us so much info on CoVID and other diseases I had sent you a mail about using Clorine Dioxide also known as MMS and as I have been using this for a number of years now with good results And I keep a check on testimonals with others using it also. (yes I know you cant always believe testimonials) but so many people being helped in them using it And yes smalls and tastes like crap and smells a bit like bleach but I use it as directed and ways to make this water disinfecting agent a bit more palatable by using juices without any added VIT C Anyway read up on it people !

so Dr as I said i sent you some info on this topic and never got a response from you and dont know wether in fact you got my mail and info I know that big Pharma doesnt want this around and try to give misinfo on it repeatedly and funny but its still used today in sterilising our drinking water now for decades and if used the right way has very good results with Covid cases . Dr Mercola if you havent read my info i sent then PLEASE do as this could be a Major tool in the COVID story . Its hard to see any Testimonials or info now on this CD or MMS or if you do its to destroy and humiliate anyone using it saying theyre drinking Bleach Hmmm AND ITS NOT but bloody smells like it Ok Anyone interested look it up might be worth your time but not for sheep thanks

Reply | Mark as Spam | Posted On 12/12/2021 3:04:02 PM

Like Dislike

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pipblanc

Joined On 3/17/2012 2:20:27 AM

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We used MMS on our dog with terminal cancer. She died in September aged nearly 14 after 5 years with cancer! I used MMS towards the end and it gave her another 3 painfree weeks. When the pain got too bad, we decided it was time to let her go. She had probably only a day if that of severe pain. Given that she nearly died of Pancreatitis (she was a Bedlington cross Lurcher) aged 9, she did pretty well.

Mark as Spam | Posted On 12/26/2021 1:34:15 AM

Like Dislike

Notmyarm.com

Joined On 1/17/2021 10:16:07 PM

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Another great article reposted at notmyarm.com/topic/348/outpatient-treatments-for-covid-19-reviewed-mer..

Reply | Mark as Spam | Posted On 12/12/2021 10:29:55 AM

Like Dislike

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rjk6619

Joined On 10/2/2018 11:29:55 AM

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As usual Dr. Mercola provides what Big Phama and the AMA, CDC, FDA does not. Get vaccinated and keep getting vaccinated until your off switch in activated is what this is all about. This is biological warfare period. This is not the first nor the last time population control will be enacted. BTW I hear nothing about disinfecting such as washing your hands, disinfecting door handles etc. Proper hygiene is something that is sorely lacking. If we are to follow the advice of Dr. Doom aka Fauci and daffy Joe then why not just put your head in a plastic bag and tie it real tight. I am beyond disgust with my country and the overall idiocy regarding this Wuhan Virus. Practice proper hygiene, get Vitamin D, C, Zinc and follow the advice of Mercola and others who are trying to save lives not cancel lives.

Reply | Mark as Spam | Posted On 12/12/2021 8:13:34 AM

Like Dislike

Sue12Cross

Joined On 10/31/2009 3:22:30 AM

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Surely, unless I've missed something, you can't have an emergency use vaccine unless there are no available treatments - the whole premise of this pandemic is built upon that one dogma - 'only the vaccine can save us'. So no one who wants to remain within the clique and keep their job, can dare to suggest these treatments even exist. By the way here in France there was a 24 hour 'Doctothon' streamed on the 10th December, I watched quite a section of it, there was also a post doctoral research fellow from Imperial London on it speaking in English (Imperial is also home to 'Professor Lockdown' aka Neil Ferguson of the dodgy maths this whole pandemic was built upon).

In the main though it was French doctors and scientists explaining what they had done and how they had either lost their jobs or been censured but carried on regardless. I'm afraid only the comments are left as the stream recording is amazingly unavailable but here's some encouraging figures: 154,606 people watched the live stream with 9,300 likes and no dislikes and 300+ medical professionals gave their 3 minutes testimony. That, even though YT cut it off and have now banned it. Read the comments, they are worth it: www.youtube.com/watch I believe

Just some interesting comparisons, I read a couple of days ago, that it would only take 650 people in key positions per country to be blackmailed or bought for the whole country to be compromised and under control of one entity - compare that with 300 doctors in France who are prepared to put their names, faces and credentials up on YouTube and imagine how many more are of like mind but keeping their heads down and I would suggest we are near tipping point. Here also is an interesting film from India's - the biggest Covid centre in the World with no masks, no drugs. no PPE, no fees, no deaths.
odysee.com/@science.nikipress.com:4/WhatsApp-Video-2021-12-08-at-16.26..

Reply | Mark as Spam | Posted On 12/12/2021 7:46:42 AM

Like Dislike

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rrealrose

Joined On 11/10/2011 8:59:01 AM

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The political power and support Big Pharma has bought in Congress and in state govts in the US is truly spectacular. Pre-1985 there were no formal lobbyists in Washington DC, these days, Pharma employs the majority of lobbyists constantly pounding on

representatives doors...this so-called pandemic is a good excuse needed to try out new technology, initially developed for targeting cancers. No one in their right mind would roll up there sleeves to take this shot, especially if they had no cancer diagnosis.

Sick concept right? Then study reports from the work the Gates Foundation ostensibly did in Sub-Saharan Africa and India, then decide if they had a change of game plan, 'cause its a similar scenario, except this time expanded across the entire globe. Bill Gates has donated to mainstream media, Dr Fauci controls most if not all the research centers by his funding. Gates started CEPI and Gavi. Each time a new pandemic was called, they learned where the holes were in their planning. This is their big one alright, they own it, and Gates is counting on his 20:1 return on investment in these "vaccines" to carry his eugenics-based project across the finish line. What's not to like? You may want to read RFK Jr.'s new book and you learn a lot of "missing" history, making this present plan fall into place.

Mark as Spam | Posted On 12/12/2021 10:53:35 AM

Like Dislike

Sue12Cross

Joined On 10/31/2009 3:22:30 AM

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@rrealrose hi there, I think the eugenics side of this program is their added extra. If you've been following the investigations various independent scientists have carried out into vaccine ingredients, then then there is an obvious intent to carry out experimentation on humans to see if/how the body can be literally reprogrammed to repair and regenerate. This after not only years of abuse but to prolong life indefinitely, the old 'Fountain of Youth' chestnut. In fact Big Ph is pitching it like this already.

However they do mention 'costs' - so the technology will be tested on the plebs and then the 'advantages' will be for those who can afford it. Personally I don' think we are anywhere near this technology and certainly the ethics of it are well 'dodgy' but I can imagine a few University Departments have been foaming at the mouth and filling their coffers with the promise of such. Academia is full of people who for hard cash will use legerdemain to replace real physical experiment with in silico, look how well they've done this with the big digital meringue that is the 'pandemic'.

I'm not sure I can stomach RFK's chapter on the children and animal experiments - pure evil. I've never studied history from anything but literature because it is through fiction that you can totally tell the truth, though I'm sure RFK gets pretty near and it's too late now for allegory. On the flip side, many are beginning to ask why they need Big Pharma's drugs at all and importantly and finally wondering why and how they became ill. Mercola et al will be needed to fill that space.

Mark as Spam | Posted On 12/12/2021 12:45:21 PM

Like Dislike

rrealrose

Joined On 11/10/2011 8:59:01 AM

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Yes, in addition? by default? Epstein was apparently collecting dirt on people who flew his Lolita express for some purpose...assume it was from his 17 meetings with Gates, and had some relationship to his large donation to Harvard's brain research program. However the shots appear to me like turning humanity into slaves of "their system", a recreation of the HIVE.

Am nearly finished listening to a replay of Dr Klinghardt speaking on the dangers of WIFI - on the Immune Health Summit from 2019 or 2020. To live "forever" you'll need to find a private island far away from the madding crowd and keep WIFI, smart meters, aluminum oxide chemtrails and heavy metals minimized or completely out of your life. Earlier, listened to Dr Pizzorno describe arsenic poisoning (from water supplies), lead, POPs and ddt still being passed down from moms to their kids, in addition to mercury and other heavy metals. These new genetic drugs also include heavy metals with the graphene oxide or hydroxide. Is there hope for the future with corporate tyranny filling our bodies with toxins for the past 30 years? Something's gotta give!!

Mark as Spam | Posted On 12/12/2021 2:54:10 PM

Like Dislike

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Joined On 6/21/2007 2:15:29 PM

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Sue Cross, I'd like to know what the diet is they put people on in the center in India, in your video... I'm guessing you don't know either.. but it's a great video. Many thanks for the link. I just did a search and found https: //biswaroop.com/ They won't tell you the diet without joining and paying. I'm just too lazy.

Mark as Spam | Posted On 12/12/2021 4:57:44 PM

Like Dislike

Sue12Cross

Joined On 10/31/2009 3:22:30 AM

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Hi rrealrose, That's why I believe that nobody in their right minds destroys their own habitat unless they are thinking of leaving the mess behind and inhabiting another planet. Maybe that's what all this recent space travel has been about. However, I do think that the planet has an amazing ability to heal itself, despite the insane destruction that has been waged against it over the years.

Something I find so distasteful is the present pretense that these people are actually interested in the environment or wildlife, or organic biodynamic farming or anything natural, all this green fakery (nuclear now = green) makes me sick. The biggest sell-out of all is Charlie Windsor, I actually thought he cared and could turn around the damage that has been done, being heir to one sixth of the World's land but either he is captive to the forces you mention, an incredibly bad judge of character and motive or the greatest dissembler of all time.

Everything is upside down but I guess I'm the eternal optimist because this whole plan is insane; a B movie sci-fi script idea , destroying humanity and in the end everything on this planet and for what, money, power, immortality. Once started this had to continue because we live in an age of immediate worldwide communication and so now there is so much anger that the puppets, with their heads above the parapet, are beginning to feel the heat.

This plan couldn't have been carried so far without those coerced into obeying, whether for money or through the Epstein types of operations. What needs to happen is that these puppets face up to what they have done in an independent court with a jury and in front of the public gaze, so that nobody will be tempted to do their dirty work again. In that I include every actor, health professional, 'celebrity', politician, journalist, musician, academic etc., who has promoted this obscenity, each should be allocated a vax injured person to care for and support financially for the rest of their li

Mark as Spam | Posted On 12/12/2021 5:11:16 PM

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Sue12Cross

Joined On 10/31/2009 3:22:30 AM

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00 To tell you the truth, I think they just fed them. There were many private videos coming out of India at the time the MSM in the West was all over the 'Chicken Licken' scenario - 'everyone is dying in India of C-19'. Apparently the lockdowns there were so draconian it meant that virtually no one in the lower income brackets, who were already working from hand to mouth could go out to earn money and so they were dying of starvation. I think this place took them in and fed them. That said, if you had respiratory problems then you'd keep off grain and any other sort of sugars and pasteurised dairy, anything that is mucous-forming and blocks the natural detox pathways. The other thing this centre did was manage stress instead of promoting fear and treat patients like humans instead of a collection of symptoms, all that would have worked too.

Mark as Spam | Posted On 12/12/2021 5:27:23 PM

Like | Dislike

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rrealrose

Joined On 11/10/2011 8:59:01 AM

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Yes, escape planning.

Mark as Spam | Posted On 12/12/2021 10:53:37 PM

Like | Dislike

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ragus

Joined On 12/25/2008 4:07:38 PM

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Dr. Kory mentions a study about Corona and Vitamin D levels which concluded that "... at 50 ng/mL, there was zero mortality". Perhaps he is referring to "COVID-19 Mortality Risk Correlates Inversely with Vitamin D3 Status, and a Mortality Rate Close to Zero Could Theoretically Be Achieved at 50 ng/mL 25(OH)D3: Results of a Systematic Review and Meta-Analysis" by Lorenz Borsche, Bernd Glauner, and Julian von Mendel? www.ncbi.nlm.nih.gov/.../PMC8541492 Maybe Dr. Mercola could interview Lorenz Borsche, he certainly sounds knowledgeable about Vitamin D and Corona: borsche.de/.../vitamind_sars

Reply | Mark as Spam | Posted On 12/12/2021 7:40:59 AM

Like | Dislike

Penelopel

Joined On 5/4/2020 12:28:48 AM

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I have been trying to buy a nebulizer for months. I 'm willing to spend the money to get a good-quality plug-in one, but I can't find one that seems ok. on Amazon, the customer reviews indicate that the tubes fall off their connectors. At local drugstores there are only really cheap ones, and no jet nebulizers at all. Please can anyone recommend to me a particular brand & model of jet nebulizer that you have good experience with? And, if possible, where it can be bought. Thank you so much. --Penelope

Reply | Mark as Spam | Posted On 12/12/2021 5:11:43 PM

Like Dislike

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tdmartinson

Joined On 3/24/2011 7:14:27 PM

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Penelope, I bought the Paris Trek S from Health Products for You online. It is the one I saw Dr. Mercola using in a video, I haven't used it but at least I have it.

Mark as Spam | Posted On 12/12/2021 5:59:00 PM

Like Dislike

TabCat

Joined On 12/7/2020 10:44:54 AM

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I got mine from justnebulizers.com. The brand is Omron. "Comp A-I-R", Compressor nebulizer NE-C801. I've not needed to use it for myself or husband (other than to try it out when I first got it), but I've used it for my congested cat. Works great.

Mark as Spam | Posted On 12/12/2021 8:03:49 PM

Like Dislike

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s.schummeroutlook.com

Joined On 11/16/2020 5:48:43 PM

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Instead of a nebulizer correct the problem. Often times sleep apnea is related to a magnesium deficiency which can and does cause many breathing and heart issues. A remedy may be as simple as adding "EPSOM SALT" to your bath water for a relaxing soak as it's quickly absorbed through the open pores in the skin in hot water.

Mark as Spam | Posted On 12/12/2021 10:43:32 PM

Like Dislike

AaronF

Joined On 11/27/2007 11:13:05 AM

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Try this: "Nebulizer Machine Air Compressor Machine for Kids Adults Babies" (on Amazon) I bought it in March of this year, and have set it up, and it worked fine when I tested its function. Sure, its instructions suck; but putting it together was not very difficult after some trial and error. I plan on using it with 0.1% hydrogen peroxide (H2O2), according to Dr. Mercola, if I encounter difficulty in breathing. If that small concentration of H2O2 is not effective, I would jack it up to 0.15% or higher. Many practitioners of it have even used 3% peroxide without further dilution (for example, Dr. Levy's method); however, I certainly would not want to start with that concentration. Some of the early videos demonstrating use of H2O2 this way, just had the person spraying the 3% (as is, w/ preservative) from a regular nose spray bottle, directly into mouth, 6 quick sprays while inhaling deeply.

They did not keel over during the demo. As a matter of fact, they smiled into the camera and claimed they did that on a regular basis for other respiratory ailments without problems. So, just as a back up, it might be a good idea to have at least one empty small sterilized spray bottle on hand, as a back up in case your electronic nebulized does not work properly. [Prep of 0.1%: Dilute 5 mL food grade 3% hydrogen peroxide to 150 mL, which is approximately the same thing as mixing 1 tsp of 3% hydrogen peroxide with 10 Tbsp of water. It would be safer to use normal saline solution (0.9 % NaCl) instead of pure water - make your own by dissolving 8 tsp NaCl in 1 gallon of distilled water. You can store the normal saline in the refrigerator for a month or more.] One source says to also add 2 drops of 2% Lugol's solution to 3 mL of the diluted hydrogen peroxide solution that you place into your nebulizer. [It would be a good idea to confirm the amount of Lugol's!] Another source says to also add magnesium chloride, about 1/2 gram, to the 10 Tbsp solution described above.

Mark as Spam | Posted On 12/14/2021 2:00:41 AM

Like Dislike

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robbie2u

Joined On 6/29/2011 11:51:41 PM

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A lesson for those wanting to recruit talent. Look for those that react earlier than others and are on the ball or are often trouble makers or discontents within an organisation in regards to how people think or do things. They make the most noise but I would suggest that they are also more switched on than the other 98%. If they have people skills you would be crazy to let them go for obvious reasons. Those less talented may be more fearful of them but the mistake is to lose them as they can give you the edge in awareness and results but some prefer to lose this talent. An organisation that loses talent is not a smart place to be in and speaks indirectly of the type they wish to retain and control and directly of their own capabilities.

Reply | Mark as Spam | Posted On 12/26/2021 7:00:17 PM

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pipblanc

Joined On 3/17/2012 2:20:27 AM

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I am going to make a stupid comment: how can I get my D3 serum level checked here in the UK when you can't see a doctor, and even if you can, you'll be jabbed before you make it over the threshold. I have simply assumed that due to the dull British Winter, that is no light or sunshine most of the time, I have low levels and I go from there.

Reply | Mark as Spam | Posted On 12/26/2021 12:45:16 AM

Like Dislike

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bonbon1472003

Joined On 10/21/2009 6:54:03 PM

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I was lucky enough that I asked for the test and the doctor said ok. I went to the doctors office that houses about 6 doctors. The whole time I was there I was on guard and ready to bolt out the door if anyone even looked like they wanted to jab me. I'm in Canada. I guess for us here it's as simple as that. My doctor tried to say get the jab and I said no. He left it at that. I went for what I thought might be TMJ. Turns out it is arthritis. He wanted to do further tests. MRI, I said no thanks, now that I know what it is I will treat myself. Lol. Last time I saw him before this visit was 2 years ago. I live in the police province of Ontario Canada.

Mark as Spam | Posted On 12/26/2021 6:08:43 AM

Like Dislike

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skupe59

Joined On 5/2/2009 7:28:21 AM

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Check these out: duckduckgo.com/?q=d3+level+test+in+the+UK&t=brave&ia=web If you don't use duckduckgo.com, use the same search that I have and do it with a browser you can use. You could also go to a tanning salon occasionally. I'm certain there are others in the UK with this issue too. Are there any anti vax networks there? You can also check with them if the link above doesn't help. If you have friends/family in the US or Canada, Dr. Mercola has some D3 test kits on his shopping site. Maybe they would buy you one and you can pay them back for it.

Mark as Spam | Posted On 12/26/2021 6:37:28 AM

Like Dislike

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don3724

Joined On 11/26/2020 7:10:16 AM

Add as Friend | Send Message

@pipblanc Not sure if they ship to UK, but theses tests are free: https://daction.org/ You can email them and ask customerservice@grassrootshealth.org

Mark as Spam | Posted On 12/26/2021 6:38:35 AM

Like Dislike

grulla

Joined On 1/17/2012 8:03:55 AM

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www.verywellhealth.com/vitamin-d-at-home-test-covid-5083394 Not sure if they ship to the UK???

Mark as Spam | Posted On 12/26/2021 10:42:30 AM

Like Dislike

karen4555

Joined On 7/14/2006 11:13:08 AM

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Does anyone know of the nebulizer Dr. Mercola recommended several months ago? I know it was on Amazon but I can't seem to recognize it on the Amazon website.

Reply | Mark as Spam | Posted On 12/12/2021 3:40:41 PM

Like Dislike

tdmartinson

Joined On 3/24/2011 7:14:27 PM

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It is Pari Trek S. I bought it from Health Products for You, online.

Mark as Spam | Posted On 12/12/2021 3:44:03 PM

Like Dislike

ski3439

Joined On 12/11/2020 8:36:50 AM

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I always read the comments, all of them, on articles I read here. This is the First time commenting. For the entirety of the pandemic, I've been researching preventative at home treatments; all of which have been found here, dr mercola and comments. Quick question. I've been taking Nordic Naturals immune defense (with D, zinc, elderberry and C), Quercetin, NAC, EGcG, and add another 1,000 of C in if I start feeling a sniffle. My question is, do I have to cycle on and off of quercetin, Or NAC? Or is it safe to use everyday as I've been doing? Thank you all for comments and suggestions of early treatment and preventions, I've learned a lot here.

Reply | Mark as Spam | Posted On 12/12/2021 8:58:50 AM

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Country_Me

Joined On 7/5/2008 11:40:43 AM

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I am hearing a lot of pro jabbers when it comes to the mandates, forcing the jabs, the argument, there is risk of injury with seatbelts but it's the law we have to wear them. I know it's a terrible argument, defense of forcing the jabs but I am wondering what some of you would say back to people that would say that to you? Some very intelligent people in this community so hoping some of you will let me know how you would respond to that? Thanks to all that reply!

Reply | Mark as Spam | Posted On 12/12/2021 5:34:08 AM

Like Dislike

lovestosing6

Joined On 8/26/2013 8:44:35 AM

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I love your Collie photo - my BFF has the last of the Lassie lineage here - her father raised them for the Lassie series. Be still my heart!!! They are such amazing creatures! I got to bring one back to her from California - a five glorious day drive with a winner! ... anyways!!! Okay - so I was called "reckless" and this person drove recklessly because if I was going to be reckless, they saw no problem with being reckless also. I felt absolutely horrified and stung! I'm not over it. I still can't believe how the media is dividing us. So, my response has always been - IS IT WORKING? Of course, their response is, "It would IF everyone got the vax."

And I say, "How do you know? The hospitals are filled with vaccinated people - even from highly vaccinated communities. And besides that, how do you know the mutant strains aren't coming from the vaccinated? They have to come from somewhere?" I tend to use Israel as the basis for a very failed experiment. I also bring up Remdesivir poisoning as why people are dying in the hospitals. I talk about the definition of a vaccine. (well, the old definition) ... and then I talk about the fact that I have friends who used the correct therapies and made it through just fine - why are we censoring 30+ years in the business doctors from speaking about how they are successfully treating it? We don't have a problem if it's curable - why are they saying it's not?

It's a long drawn out conversation - I should probably write it on index cards and memorize it for my next bully session. I'm in the Twilight Zone - I have the conversation, I convince the person, and then a week later I'm having the same conversation because mainstream media has been poisoning them all week. Seriously. My friends who have had it who used Ivermectin said they could feel it working instantly - I'd like to know if others felt that way.

Mark as Spam | Posted On 12/12/2021 6:15:55 AM

Like Dislike

Country_Me

Joined On 7/5/2008 11:40:43 AM

Add as Friend | Send Message

Thanks lovestosing6! Actually, that's a Sheltie in the pic but hard to tell the difference. To me, Shelties are just little Lassies and since they are smaller than Collies easier for me to handle such as when they are older and can no longer climb stairs I carry them up/down them or putting them in the car, etc. Wow, lucky you, on your BFF. Is that someone in the Weatherwax family? I would had loved meeting them and their Beautiful Lassies! I remember I was so young but wrote Bob Weatherwax a letter to thank him for the Lassie shows and all the work he did but the letter got sent back because I didn't mail it to the right place.

My little heart was broken LOL I think I still have that letter someplace. I was very sick as a child, almost died, and Lassie was such a favorite of mine as so many times I couldn't go out and play like other kids. All of them became my favorite shows and always will be! I love all the other dog shows, too, but Lassie is my favorite 💖🐶👍⭐🎈 I have given pretty much the same response as you have on the jabs but when it comes to them trying to force them that is when I get the response "seat belts risk injury to those wearing them but it's still the law". Some people just want a reason to back us being forced. Really sad and videos of people that are heartless to those that don't want the jab is hard to believe some people can be so heartless to those that don't want the jabs.

Mark as Spam | Posted On 12/12/2021 6:40:31 AM

Like Dislike

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mirandola

Joined On 6/27/2014 7:00:58 AM

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You let them know that many people have died from these vaccines! The latest VAERS statistics exceed 900,000 adverse events, including deaths, and where the CDC says that only 1% are reported! The FDA says 1-10%! And that is only since the "vaccines" have been rolled out! Ask them if they think that *adding to the deaths* is helpful! And show them this Pfizer document coughed up under subpoena, see at the end the very lengthy list of so many side effects as admitted by Pfizer it is not funny! Why did they try to have the courts approve holding this under seal for 55 years? You ask the people that, and look them straight in the eye and tell them this is not any joke at all! celiafarber.substack.com/.../court-ordered-pfizer-documents-they Court-Ordered Pfizer Documents They Tried To Have Sealed For 55 years Show 1223 Deaths, 158,000 Adverse Events in 90 Days Post EUA Release

And then show them this film, do they think any of this is acted? If yes, tell them to get their heads examined! this is real ICU and hospital footage of people post vaccine and it is shell shocking!

hospital footage of people post vaccine and it is shell shocking.
odysee.com/@neverlosetruth:0/What-MSM-Will-NOT-Report---Pandemic-Of-Th.. And last but not least, tell them that if the government has the power to mandate a shot which has not been tested adequately or to mandate anything else, they have excess power and we all will suffer under their thumbs! Ask them if they think it will stop with "just" the shot...as if that is not enough! They are really really ignorant. Yeah it was the law for the police to shoot the protestors at Tianenmen Square too! "It will never happen here" ??? Are they kidding? The mandates are on, people are being told to "Submit or else!" as in, lose housing, jobs, food if they don't take the untested kill shot....so they don't think it will happen here? What fools these mortals be. It is time for people to WAKE UP!

Mark as Spam | Posted On 12/12/2021 6:43:56 AM

Like Dislike

Country_Me

Joined On 7/5/2008 11:40:43 AM

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Thanks mirandola for the reply and for the useful information! I have told them all of that but I am compiling links to give better responses so thanks for the ones you gave! What I find funny, well not funny, but odd, is how some Independent channels have spoken out against the major news media for years but now suddenly believe what they are being told by the pro jab media about how safe the jabs are, etc.

Mark as Spam | Posted On 12/12/2021 7:02:34 AM

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cbartcast

Joined On 9/27/2014 5:42:29 AM

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How about - “You act like me not wearing a seat belt will cause YOU to die in a crash”

Mark as Spam | Posted On 12/12/2021 7:08:44 AM

Like Dislike

Country_Me

Joined On 7/5/2008 11:40:43 AM

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cbartcast, you are exactly right that is exactly how they act!!

Mark as Spam | Posted On 12/12/2021 7:28:34 AM

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Jackaroni

Joined On 4/4/2009 8:32:35 AM

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Tell them that seat belts do not inject experimental substances into your body and do not cause adverse side effects. Not wearing a seat belt will get you a fine, it won't keep you from traveling, and you won't be banned from your job or school.

Mark as Spam | Posted On 12/12/2021 7:57:12 AM

Like Dislike

Sue12Cross

Joined On 10/31/2009 3:22:30 AM

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Yep they got that 'argument' off the TV here it is: brandnewtube.com/watch/what-to-do-about-the-unvaxxed-in-britain-their-.. so that says it all really. It's a classic manipulation technique. I long ago reached the point where I don't engage - it is pointless because this is about an agenda on one side and a cult on the other. The whole of allopathy is on trial here, which in a way is a very good thing because it is showing itself for what it is. There is no argument, the covid pandemic has not one single piece of logic in it, WHO even had to change the definition of pandemic to get it off the ground.

Here's just a few ideas if you really feel you need to argue: Has the virus ever been isolated? Why are the vaccine companies immune from prosecution? What is in the vaccine? How many of the vaccines are placebos? Can you explain the technology used in these vaccines? Why are humans being treated as guinea pigs - did you know this vaccine is still in trial? Why do we need a vaccine for something that has a 97% to 99.9% recovery rate depending on age? What is the meaning of the word mandate?... And if all else fails to get through: 'so I've got to be vaccinated to stop you who have been vaccinated from getting something you've been vaccinated against?' My advice would be stay away from such sad illogical people, they are depressingly in self-destruct mode and nothing you can say will save them.

Mark as Spam | Posted On 12/12/2021 8:20:24 AM

Like Dislike

Lionel11

Joined On 5/5/2021 10:08:34 AM

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Seatbelts save. Shots kill. Its that simple. We are in a bad place because of ignorant, compliant slaves. We all need the Africa protocol that yields the healthiest people worldwide...for now.
worldyturnings.blog/2021/12/06/the-most-expensive-healthcare-system-in..

Mark as Spam | Posted On 12/12/2021 9:20:08 AM

Like Dislike

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signs9

Joined On 2/22/2013 4:13:28 PM

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This is a ridiculous argument. It's like comparing apples & oranges! Without getting into details about the vaccine, I keep it simple and just comment that once you exit a vehicle you are no longer wearing a seatbelt. It stays in the car. However the "vaccine" once injected is inside of you forever.

Mark as Spam | Posted On 12/12/2021 9:22:31 AM

Like Dislike

Country_Me

Joined On 7/5/2008 11:40:43 AM

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Jackaroni Thank you for another great response!

Mark as Spam | Posted On 12/12/2021 9:33:56 AM

Like Dislike

Country_Me

Joined On 7/5/2008 11:40:43 AM

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Sue12Cross You are right, too, it does no good to argue! I just hope there's just one that reads my reply even if it's not written to them that will get them to stop and think and to stop listening to the pro jab media! All anyone has to do is listen to the scientists and well respected doctors, some of them even for vaccinations before this one that is totally against this one. If they cared about their body even if they don't care about anyone else they would do that.

Lionel11 Thanks for another good reply! Seems kinda odd that people rather listen to what brings about more sicknesses, viruses, death, than to listen to what "yields the healthiest people worldwide... for now." I am glad I stopped listening to the major news media years ago except for a few youtube videos when someone is being interviewed that I want to listen to.

signs9 great reply, and how true, too! Thanks to everyone that has replied.I feel so much better here reading comments where we don't get ridiculed for caring about our health but I feel like I have to speak out in other places because I feel like some of them would wake up if they just have a little nudge. While others are so heartless it is just a waste of time.

Mark as Spam | Posted On 12/12/2021 9:37:16 AM

Like Dislike

BicycleBoy

Joined On 6/26/2007 12:32:23 AM

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The car use to have a signal that would not go off if you did not wear your seat belt. That was considered to be illegal and the signal is momentary now. The same should apply to the jab. One other vax argument is unvax are infecting others. Any vax breakthroughs and unvaxed and not having natural immunity can infect others. Children are receiving the jab as part of this argument. Wild animals, farm animals and pets are next. Another vax argument is mutations only occur in unvaxed (must include animals to?) Does not compute when vaxed have breakthroughs. You don't have to be a PHD or licensed in the medical field to understand and apply what is in mainstream media,

Mark as Spam | Posted On 12/12/2021 10:37:54 AM

Like Dislike

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ham4373

Joined On 8/30/2013 2:30:52 PM

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If you no longer own your own body, then you are a slave of the state.

Mark as Spam | Posted On 12/12/2021 10:57:11 AM

Like Dislike

HealthHopes

Joined On 3/12/2010 2:53:28 AM

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1. People have the choice of driving. Thus, they have the choice of wearing seat belts. The two situations are not the same. 2. The jabs are not vaccines in the real, original meaning of the word. They do not prevent disease, they do not lead to herd immunity, and more and more, it appears they do not prevent death, but rather contribute to death and disabilities, short term and long term. (BTW, it looks as if the jab flacks have been trying to position these chemicals as vaccines in much the same way they would position any other product in order to maximize sales. Perhaps, those of us with consciences might want to consider further repositioning these jabs as "duds" or as "poisons," and never refer to them as vaccines.)

3. The entities pushing the duds have been fraudulent in the past and seem not to have reformed. How long has it been since we were told that all we need to do is spend two weeks to flatten the curve and then use the jabs to create herd immunity? Current society is like a naively hopeful/delusional single woman having an affair with a married man who tells her for 2 years that, yes, he loves her, and he plans to leave his wife for her, but the time just hasn't been right to tell his wife he wants a divorce. Two years is a long, long time to put up with this.

4. The duds appear to ruin naturally acquired immunity and kill people, including healthy young people with nothing to fear from the disease itself. 5. Censorship kills. It has led to deaths when used by fascists, by Stalinists and by others. The current censoring of smart conscientious doctors who know how to treat this disease and save lives is no exception. Depriving the populace of life-saving information is reprehensible, and the evil of proposed forced injections of dangerous substances is reprehensible beyond words.

Mark as Spam | Posted On 12/12/2021 12:08:46 PM

Like Dislike

HealthHopes

Joined On 3/12/2010 2:53:28 AM

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Above, I listed a few points. Other people have listed many other great points. Perhaps, it would be helpful to have an easy to find, ready to use, 1-page document listing major points with links to reliable references and perhaps to other easy to find, readily available documents with links to reputable resources that people could easily adapt to their local situations. Possible sites for posting might be brighteon.com and sites for the Children's Health Defense, FLCCC and America's Frontline Doctors, although there may be many other possible sites, as well. Are there any good organizers/writers/researchers reading this who might be able to do this or who know others who could and would want to?

Mark as Spam | Posted On 12/12/2021 12:33:36 PM

Like Dislike

markuzick

Joined On 3/16/2013 5:05:59 AM

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Actually, seat belts kill! They reduce the risk to those who use them when they get into an accident, but they give them false confidence so that they drive more recklessly, endangering others and themselves as well. You should wear them to protect yourself, but that doesn't change the fact that, (Just to make a point - not recommending it.) if all cars had a sharp spike in the center of the steering wheel or were rigged to blow up on impact, accidents - and probably injuries - would dramatically decline. Fake and even real vaccines and masks also give false confidence, leading people to neglect their health and precautions to protect the vulnerable, as well as the injuries and death they cause. They also destroy immunity, making the herd immunity that is sought to protect the vulnerable impossible.

Mark as Spam | Posted On 12/12/2021 1:17:18 PM

Like Dislike

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Joined On 6/21/2007 2:15:29 PM

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I would say "Ivermectin". If the government wanted to save us without side effects - they would make Ivermectin free & over the counter. Like they have done in many countries. The pharmacist could inform people of how much to take. It only costs 3 cents. I have a friend who was in the hospital with covid and she demanded Ivermectin, they gave her one pill, the next day she left the hospital.

Mark as Spam | Posted On 12/12/2021 4:37:00 PM

Like Dislike

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pipblanc

Joined On 3/17/2012 2:20:27 AM

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Seat belts have a proven safety record and the benefits outweigh the risks. Nothing about the vaccine research has proved this to date. Also seat belts do not interfere with DNA - at least they didn't when I last looked.

Mark as Spam | Posted On 12/26/2021 1:50:22 AM

Like Dislike

FlyingGromit

Joined On 6/14/2021 10:43:51 AM

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I used Fenofibrate (and added Quercetin) along with Ivermectin to my protocol. The Hebrew University of Israel said it was better than Hydroxychloroquine. Dr Mercola, have they done further studies in Fenofibrate ??

Reply | Mark as Spam | Posted On 12/26/2021 7:36:35 AM

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