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COVID Vaccines and Neurodegenerative Disease

Analysis by Dr. Joseph Mercola ✔ Fact Checked

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March 17, 2022
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Dr. Stephanie Seneff - COVID-19 Vaccines are Causing Neurodegenerative Disease & VAIDS

STORY AT-A-GLANCE

- Stephanie Seneff, a senior research scientist at the Massachusetts Institute of Technology (MIT), is speaking out about the risks of COVID-19 shots, including their link to neurodegenerative diseases and vaccine acquired immunodeficiency syndrome (VAIDS)
- Seneff believes that we can learn lessons from Parkinson's disease about how the spike protein from COVID-19 shots could be leading to a prion-like disease, in part due to similarities between α-synuclein — the main protein found in Lewy body deposits in the brains of people with Parkinson's disease — and spike protein
- Genetic modifications introduced by COVID-19 shots may induce immune cells to release large quantities of exosomes into circulation; exosomes are extracellular vesicles that may contain mRNA along with spike protein
- Seneff discusses the possibility that people who have received COVID-19 shots could shed vaccine particles to those around them, potentially leading to shot-induced disease or symptoms
- Eating a nutrient-dense, organic, sulfur-rich diet and getting regular sun exposure may help your body detox from COVID-19 shots

Stephanie Seneff, a senior research scientist at the Massachusetts Institute of Technology (MIT), is speaking out about the risks of COVID-19 shots, including their link to neurodegenerative diseases and vaccine acquired immunodeficiency syndrome (VAIDS).

Seneff is perhaps most well known for her studies on the chemical glyphosate. She determined that the increase in glyphosate usage in the U.S., as well as in Canada, is extremely well-correlated with the concurrent increase in the incidence of multiple diseases, including breast cancer, pancreatic cancer, kidney cancer, thyroid cancer, liver cancer, bladder cancer and myeloid leukemia.[1]

She also believes that glyphosate exposure may have worsened COVID-19 outcomes for many people, and could also lead to more severe reactions following COVID-19 shots, but as the pandemic progressed, she got involved in researching messenger RNA (mRNA) shots.

"It's a technology that was extremely novel, that had never been used before, and I felt really worried about that," Seneff told Zeee Media.[2] "That degree of sophistication in the technology would normally take 12 years to get to market, and normally only 2% of products that were tried would actually make it to the market."

This led Seneff, who holds a B.S. degree in biophysics, M.S. and E.E. degrees in electrical engineering and a Ph.D. in electrical engineering and computer science, to do a deep dive into mRNA shots.

Problems With mRNA Technology

mRNA COVID-19 shots teach your cells to produce a protein, or piece of protein, that triggers an immune response, including the production of antibodies.[3] However, because natural mRNA is easily broken down, this means the experimental gene therapy needs a special delivery system to make it to the body's cells.

The shots use lipid nanoparticles that contain polyethylene glycol (PEG)[4] for this purpose. The mRNA is wrapped in lipid nanoparticles (LNPs) that carry it to your cells, and the LNPs are "PEGylated" — that is, chemically attached to PEG molecules to increase stability.[5]

Usually, if you were to inject RNA into your body, enzymes would immediately break it apart, but the COVID-19 shots are specifically designed so that doesn't happen. Instead, the RNA doesn't break down and quickly and efficiently begins producing protein. Seneff says:[6]

> *"They also basically redesigned the RNA itself, first of all to make it look like a human RNA rather than a viral one, so the cell does not realize it's been invaded, because it looks like a human molecule … So they've done all of these things — everything they can think of — to make sure that it's sturdy, that it sticks around, that it doesn't degrade, and it keeps on making protein."*

In fact, Seneff states that recent studies show mRNA and the spike protein persists in the lymph nodes of people who've received COVID-19 shots at least 60 days later — something Seneff says is not only really shocking but also completely abnormal.[7]

Another important point is that, by injecting the mRNA, it bypasses barriers that a virus would face after natural exposure. The virus would be inhaled and pass through your nose into your lungs.

"If you have a strong immune system," Seneff says, "it will stay in your lungs, it won't go beyond that." However, once it enters your tissues and bloodstream, it can cause systemic problems, which can occur in serious cases of natural infection as well as after receiving a COVID-19 injection.

Spike Protein Is Neurotoxic, Even Without the Virus

Spike protein is naturally found in SARS-CoV-2 and is also produced in your body when you receive a COVID-19 shot. In its native form in SARS-CoV-2, the spike protein is responsible for the pathologies of the viral infection.

It's also been revealed that the spike protein on its own is enough to cause inflammation and damage to the vascular system, even independent of a virus.[8] It's also neurotoxic, according to Seneff, and spike proteins can circulate in your body after infection or injection, causing damage to cells, tissues and organs.

For instance, Pfizer's biodistribution study, which was used to determine where the injected substances end up in the body, showed the COVID spike protein from the shots accumulated in "quite high concentrations" in the ovaries.[9]

Further, a Japanese biodistribution study for Pfizer's jab found that vaccine particles move from the injection site to the blood, after which circulating spike proteins are free to travel throughout the body, including to the ovaries, liver, neurological tissues and other organs.[10]

Evidence the Shots May Affect the Brain

Seneff believes that we can learn lessons from Parkinson's disease about how the spike protein from COVID-19 shots could be leading to a prion-like disease, in part due to similarities between α-synuclein — the main protein found in Lewy body deposits in the brains of people with Parkinson's disease — and spike protein.

Writing in the International Journal of Vaccine Theory, Practice and Research, Seneff and Greg Nigh, who is involved in naturopathic oncology at Immersion Health in Oregon, explained the relevance of prion-protein-related amino acid sequences within the spike protein:[11]

> *"There are many parallels between α-synuclein and the spike protein, suggesting the possibility of prion-like disease following vaccination. We have already shown that the mRNA in the vaccine ends up in high concentrations in the liver and spleen, two organs that are well connected to the vagus nerve.*
>
> *The cationic lipids in the vaccine create an acidic pH conducive to misfolding, and they also induce a strong inflammatory response, another predisposing condition. Germinal centers are structures within the spleen and other secondary lymphoid organs where follicular dendritic cells present antigens to B cells, which in turn perfect their antibody response.*
>
> *Researchers have shown that mRNA vaccines, in contrast with recombinant protein vaccines, elicit a robust development of neutralizing antibodies at these germinal centers in the spleen. However, this also means that mRNA vaccines induce an ideal situation for prion formation from the spike protein, and its transport via exosomes along the vagus nerve to the brain."*

Genetic modifications introduced by COVID-19 shots may induce immune cells to release large quantities of exosomes into circulation. Exosomes are extracellular vesicles that contain protein, DNA, RNA and other constituents, and may contain mRNA along with spike protein. According to Seneff and colleagues:[12]

> *"[W]e present the evidence that vaccination, unlike natural infection, induces a profound impairment in type I interferon signaling, which has diverse adverse consequences to human health.*
>
> *We explain the mechanism by which immune cells release into the circulation large quantities of exosomes containing spike protein along with critical microRNAs that induce a signaling response in recipient cells at distant sites.*
>
> *We also identify potential profound disturbances in regulatory control of protein synthesis and cancer surveillance. These disturbances are shown to have a potentially direct causal link to neurodegenerative disease, myocarditis, immune thrombocytopenia, Bell's palsy, liver disease, impaired adaptive immunity, increased tumorigenesis, and DNA damage."*

Shedding May Also Occur Via Exosomes

Seneff also discusses the possibility that people who have received COVID-19 shots could shed vaccine particles to those around them, potentially leading to shot-induced disease or symptoms.

Studies by Pfizer suggested, in fact, that secondary exposure to the vaccine could occur, using the examples of exposure by inhalation or skin contact, as well as "environmental exposure during pregnancy."

One example given included: "A male family member or health care provider who has been exposed to the study intervention by inhalation or skin contact then exposes his female partner prior to or around the time of conception."[13] While this may seem hard to believe, Seneff said there is a plausible explanation of how COVID-19 shots could lead to shedding:[14]

> *"[T]here is a plausible process by which it could occur through the release of exosomes from dendritic cells in the spleen containing misfolded spike proteins, in complex with other prion reconformed proteins.*
>
> *These exosomes can travel to distant places. It is not impossible to imagine that they are being released from the lungs and inhaled by a nearby person. Extracellular vesicles, including exosomes, have been detected in sputum, mucus, epithelial lining fluid, and bronchoalveolar lavage fluid in association with respiratory diseases."*

Further, experimental and observational evidence show that the human immune response to COVID-19 shots is very different from the response induced by exposure to SARS-CoV-2, and people who've received COVID-19 shots may have damage to their innate immune system that's leading to a form of VAIDS, due to the impairment in interferon signaling.[15]

"Without the type I interferon response, the T cells don't build up the way they should following infection or in response to cancer, so they become unable to control the infection because they're not being produced. Their production is triggered by that type I interferon response that is not happening," Seneff said.[16]

Simple Methods to Detox From the Shots

Seneff and colleagues are calling for comprehensive research and surveillance practices to monitor adverse events associated with mRNA shots as well as track biological effects via tests such as D-dimer, fibrinogen and C-reactive protein.

"Studies comparing populations who were vaccinated with the mRNA vaccines and those who were not to confirm the expected decreased infection rate and milder symptoms of the vaccinated group, while at the same time comparing the rates of various autoimmune diseases and prion diseases in the same two populations," are also needed, she wrote, along with, "Studies to assess whether it is possible for an unvaccinated person to acquire vaccine-specific forms of the spike proteins from a vaccinated person in close proximity."[17]

Fortunately, there are ways to help detoxify your body from COVID-19 shots. Most importantly, Seneff recommends eating a certified organic whole foods diet, to avoid glyphosate and other chemicals in food. In addition, focus on eating a nutrient-dense diet that concentrates on sulfur-rich foods like onions, garlic and cruciferous vegetables, as well as organic eggs, grass fed beef and seafood, with plenty of colorful fruits and vegetables.

In addition, Seneff recommends regular sunlight exposure to your skin and eyes, which helps you produce vitamin D as well as sulfate. A group of international doctors and holistic practitioners who have experience helping people recover from COVID-19 and post-injection illness compiled natural options for helping to reduce your body's spike protein load. The following are spike protein inhibitors, which means they inhibit the binding of the spike protein to human cells:[18]

Prunella vulgaris
Pine needles
Emodin
Neem
Dandelion leaf extract
Ivermectin

They also compiled a list of spike protein neutralizers, which render it unable to cause further damage to cells. This includes:

N-acetylcysteine (NAC)
Glutathione
Fennel tea
Star anise tea
Pine needle tea
St. John's wort
Comfrey leaf
Vitamin C

Many natural IL-6 inhibitors, or anti-inflammatories, exist and may also be useful for those seeking to detox from COVID-19 or COVID-19 injections:[19]

Boswellia serrata (frankincense)
Dandelion leaf extract
Black cumin (Nigella sativa)
Curcumin
Krill oil and other fatty acids
Cinnamon
Fisetin
Apigenin
Quercetin
Resveratrol
Luteolin
Vitamin D3 (with vitamin K)
Zinc
Magnesium
Jasmine tea
Spices
Bay leaves
Black pepper
Nutmeg
Sage

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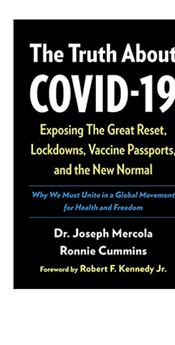

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stanleybecker
Joined On 11/12/2012 3:21:46 AM
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what is the incubatory period for Parkinson's - how long does it take for the disease to manifest after the initiation period ?? - Dr Seneff is a medical sleuth - she always zeroes in on the parallels that are ignored by the blinkered investigator

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lovestosing6
Joined On 8/26/2013 8:44:35 AM
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Boy, she really is! I believe Judy Mikovits said we'll be seeing it round the first year mark.

Mark as Spam · Posted On : 3/17/2022 7:13:23 AM
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Elizabethtope
Joined On 8/13/2018 8:50:43 AM
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Epigenetics is HOPE for the Covid vaccinated. Even if you have a gene, gene mutation, or gene-edited alteration, gene expression is NOT guaranteed. Environment, nutrition, and intention (mind over matter), among other factors, determine gene expression. Therefore, there is hope! Check out the "Covid Revealed: Reloaded" series by journalist Jonathan Otto. It AMAZING! It features interviews with leading experts about these Covid vaccines, including Dr. Mercola. There are episodes in the series dealing with what may help with detoxing from the Covid shots. One major tip was to do a 72 hour fast because that triggers autophagy. Autophagy is when the body eliminates defective cells and proteins. There are more tips that I don't remember offhand.

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Randyfast
Joined On 5/6/2010 6:42:42 PM
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Good list of detox products. I'll try to get my housemate to have a look. I recommended this site and he told me that he doesn't like any site that "sells products". I guess it's up to him. - BTW: I think, the fact that the spike protein in the shots is synthetic, is quite a significant omission.

Reply · Mark as Spam · Posted On : 3/17/2022 8:58:09 AM
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lovestosing6
Joined On 8/26/2013 8:44:35 AM
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Isn't that the way! My friend does a 'fast check' sort of search first to see if there's anything bad written on the person. So he's also missed out on Judy Mikovits and the plethora of doctors speaking to the cause. AWFO! Whatever. You can only lead a donkey to water!

Reply · Mark as Spam · Posted On : 3/17/2022 7:16:18 AM
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Randyfast
Joined On 5/6/2010 6:42:42 PM
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You can lead a donkey to water, but you can't stop it from making an "ass" out of itself! The 'fact checkers' is actually a good way to find the truth! Whatever they call a lie - is the truth! www.bitchute.com/.../AACVQ07PAGVY

Mark as Spam · Posted On : 3/17/2022 7:41:07 AM
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Joymartin75
Joined On 12/25/2007 12:50:05 PM
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www.holistichealthonline.info/ ...zyphase removal . This one was in a footnote in the article:
worldcouncilforhealth.org/ ...lypike-protein-detox-guide

Mark as Spam · Posted On : 3/17/2022 9:53:45 AM

RayGarlington
Joined On 5/19/2022 9:41:27 AM
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Dr. Seneff explicitly stated that the mra sequence in the vaccine was "not" natural, and had been modified to look human to the body.

Mark as Spam · Posted On : 3/17/2022 10:36:06 AM

Randyfast
Joined On 5/6/2010 6:42:42 PM
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Joy: thanks for the link. I already take 7 of the nine products listed. Have people seen the internal document from Pfizer. I'm sure that I linked to it awhile ago. If you begin at page 30 of the PDF, there are about nine pages, packed with hundreds of "Adverse Events of Special Interest"! phmpt.org/wp-content/uploads/2021/11/5.3.6-postmarketing-experience.pdf.

Mark as Spam · Posted On : 3/17/2022 2:31:28 PM
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lovestosing6
Joined On 8/26/2013 8:44:35 AM
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Randyfast - ain't that the TRUTH~~~

Mark as Spam · Posted On : 3/17/2022 2:43:31 PM

Randyfast
Joined On 5/6/2010 6:42:42 PM
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Lovestosing: which truth? Nothing but the truth! I just gave up on all the people in this house. They try to argue with me (about whatever) and insinuate that I don't know what I'm talking about, even though they only have one source of mis/de/'information'...you know what that is!!!! Did you look at that Pfizer report? Amazing!

Mark as Spam · Posted On : 3/17/2022 3:09:47 PM
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fundamentalassumptions
Joined On 4/1/2009 12:17:08 PM
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Amazing woman, though terribly deceived spiritually. Thank you for this information w/ useful proactive information to pass on & apply. Even not taking the shot, this shedding ... and all the other glyphosate, whatever they're back to normal spraying overhead again (they say ground, reflective) but perhaps combative & part of that aspect of this 'experiment' we weren't asked if we wanted to participate with it, forced and additive, & big, and ... is everywhere. The overlap of symptoms of these various pollutants, forms of toxification. & the common beneficial foods & supplements, practices is helpful to know & interesting

Makes it easier to tackle an overall plan for dealing with it in truth which is not science. The discussion on fibrilas made me think of the Morgellon's disease stuff that surfaced back awhile now. Is there any evidence of legitimacy to that, &/or connection to these things? Never been more thankful for the Lord's mercy & guidance against immense system destroying standard cancer care! So the shedding mRNA nonsense is something to be continually concerned about, I would think, paying attention to diet, lifestyle & cleansing. THAT reminds me of the vaccines they used with mice in Australia, & the thing Gates or Fauci was excited about, vaccines that spread to others... & their wicked 'purpose driven' reversals & mockery thinking they're 'getting away' with something rather than just manifesting this spirit they are & making their condemnation & damnation permanent, turned from truth & free will choice which are both necessary & must be exercised with humility & faith to be redeemed to eternal life.

They all die like Crowley, Voltaire & even deceived 'Mother' Teresa, sadly by her own testimony: 'perplexed' & bitter, & in great darkness without hope. It doesn't have to be that way

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Macskak
Joined On 6/16/2021 1:14:40 AM
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Fundamentalassumptions - in environmental things you can find tons of info in Elena Freeland's book: Chemtrails HAARP and the full spectrum dominance of Planet Earth. Full with research 205 from bookdepository free delivery - has stuff on the mergellons too. In Kasangia last interview he said he used carbit of the "smart dust"... most people could not get it in that time - but now some known it is on the top of the nose swab stick...on the supposedly cured test...a miniature kind of computer created by Harvard - which got millions from holdings.

Mark as Spam · Posted On : 3/18/2022 8:47:48 AM

dividingcricker
Joined On 2/25/2012 10:40:20 AM
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Following .....these fucking turkeys have really furthed things the furthed up

Reply · Mark as Spam · Posted On : 3/17/2022 12:07:42 PM
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lovestosing6
Joined On 8/26/2013 8:44:35 AM
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PTR, and it just keeps getting better. Are we in a SCI-FI movie?

Mark as Spam · Posted On : 3/17/2022 2:45:10 PM
Like · Dislike

TRitchie
Joined On 3/24/2012 11:24:53 PM
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I haven't been drinking fenol tea (never knew that existed) but I have been eating fermel seeds due to indigestion. I wonder if a dime size amount is enough to counteract age related shedding of the house cleaner who had the shots in order to keep her job as a teacher here in Houston, Texas. Abbott hasn't kept his word (it seems) on stopping the vaccine requirements for jobs (Texans For Vaccine Choice has revealed this to me though e-mail).

Reply · Mark as Spam · Posted On : 3/17/2022 12:10:53 PM
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lovestosing6
Joined On 8/26/2013 8:44:35 AM
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I wish I knew how long the jab particles circulate before being broken down - or are they in there forever? Also - with VAIDS - are you talking bodily fluids as well? I have been asking for a response to that one for almost a year now - has anyone put that under a microscope? I also realize there are changes in blood if you do an AIDS panel - those numbers are significantly altered after being jabbed. Has anyone followed up months later - or even once a month to see if the numbers change? YOU WOULD EXPECT THE FASCION CDC AND THE MN OR INDIA to ALREADY BE DOING THIS and figuring out MOs - but God forbid!! Sorry for yelling, it's just frustrating.

Reply · Mark as Spam · Posted On : 3/17/2022 7:11:58 AM
Like · Dislike

forbiddenhealing
Joined On 3/21/2011 9:51:43 AM
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Lows...Last week several studies were reported where reverse transcription of mRNA into one's DNA occurs...permanently altering vaccinated people's chromosomes just the 'roundup ready' crops. To think that people are now GMO organisms is like spooky science fiction. Meanwhile, media hysteria and lockdown anxiety undoubtedly wreck genetic expression. Covid discussions have now fallen away with "Ukraine on the ventilator" as the globalist agenda moves on to the next hoax. What appears to be incompetence and hypocrisy mark the actual conspiracy.

Mark as Spam · Posted On : 3/17/2022 8:08:20 AM
Like · Dislike

lovestosing6
Joined On 8/26/2013 8:44:35 AM
Add as Friend · Send Message

Forbidden, my sister was just telling me there's yet another lockdown happening in China and coming across Europe. What are they going to call this one? Time for vaxxes and boosters ... we'll call it something that starts with P (even though we skipped a few letters of the alphabet to arrive at Omicron) ... I say Phuarrie! LOL... So even though it's not being talked about everyone here or down there, I guess someone's talking about it in CA. I think we need a new president ... time for Obama to go. Wait, I meant Biden. Or Obama. Or whoever is running the show. PPL

Mark as Spam · Posted On : 3/17/2022 2:40:26 PM
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juststevo
Joined On 1/5/2012 11:13:54 AM
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Does it matter what "leader" country or nation when the WEF is the puppet master behind the curtain?

Mark as Spam · Posted On : 3/18/2022 4:59:42 AM
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warriormom
Joined On 10/3/2008 3:08:00 PM
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Neurotoxins plain and simple. Imagine what is happening to the brains of all those babies who now are receiving Covid vaccines on top of the 26 other jabs. Can't anybody use common sense anymore to see this isn't healthy?

Reply · Mark as Spam · Posted On : 3/17/2022 6:10:49 AM
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Robert from Alberta Canada
Joined On 1/6/2007 6:51:17 AM
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Energy history: Big techs campaign to mop up 2 years of COVID tyranny in the West... for now... China is just getting started with the next "giant step(s) for mankind"- they do have around 1400 million head just in their stup to "handle" so it's no small task at hand - but they've been "big business" with lots of multi-millions pre-op age GSM/mag/ne experience(s) when it comes to cyrbical eugenical cults [high-grading the herd(s)]. clearnewsnote.com/%20G5.html clearnewsnote.com/%20SH4.html [Thomas Renz] The Bill & Melinda Gates Foundation Started As The Bill & Melinda Gates Population Control Institute, And Then The Sociopath(s) [eugenicists' sounds much less judgmental using full pukka hind] Changed The Name
www.brighteon.com/c0b0a9f9 -89ee-4285-a4b3-3ce3023ee71c - Fauci Suddenly Reverses & Issues New Freak Warning For Americans! »

TB:www.brighteon.com/3529d91 4-13f0-49ba-b4e7-83cae1705ec1 Pfizer CEO just announced booster number 4 will be required. People haven't figured out yet that a rapidly mutating virus narrative will require INFINITE updates/boosters. Starting in 2024 Australia will produce up to 100 million vaccine doses a year. That is 4 doses per person every year.
www.reddit.com/r/conspiracy/comments/tefqq2/pfizer_has_just_announced_...

Reply · Mark as Spam · Posted On : 3/17/2022 7:39:20 PM
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MeowMeowArfArf
Joined On 9/19/2011 1:03:07 PM
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I got shingles after getting a haircut with a stylist who had been jabbed a few weeks prior. Vitamin C was SO helpful to me and my healing (see Dr. Levy's book for more on Vitamin C, shingles and other diseases it helps). I would like to get a haircut again and am wondering... how long does the shedding last? I am looking or unjabbed stylists but it is really hard to find in my area.

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alhunsinrong
Joined On 6/19/2006 10:22:31 AM
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The problem is that whoever is not jabbed is servicing those who have been, so there is no safe stylist. Or chiropractor. Or nurse. or...or...or...

Mark as Spam · Posted On : 3/17/2022 10:51:30 AM
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TravelingDuet
Joined On 4/13/2013 9:39:55 PM
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This article says "Fortunately there are ways to help detoxify your body from COVID-19 shots". Is this true? We've been told once

This article says "Fortunately there are ways to help detoxify your body from COVID-19 shots". Is this true? We've been told once

take the shot it can not be undone. That statement is confusing. Does anyone have clarity on this. Can you truly detox from these shots and avoid all adverse reactions and long term side effects?

Reply | Mark as Spam | Posted On 3/17/2022 8:07:23 AM

Like Dislike

Miss_Lara

Joined On 2/1/2011 4:45:30 AM

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there's always hope, but let's face it, the jabbed ARE the experiment, so any detoxing is experimental too... I certainly hope for my jabbed friends that it CAN undo some of the damage... I know many who regret it, taking it only to keep their employment to pay their mortgages and are now conducting their own mass ingestion of pine needle teas etc.... my poor neighbour, with English as her second language, got tricked into it by her boss... suffers continual headaches now...

Mark as Spam | Posted On 3/17/2022 9:16:15 AM

Like Dislike

CMT367

Joined On 10/16/2018 8:46:43 AM

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Find yourself an authentic healer-MD or other health pro who knows muscle testing, or the technique described on the "Emotion Code" website discoverhealing.com/the-emotion-code . If you find someone competent, it will be far more helpful to you than a Fauci-CDC-cabal MD. Don't be put off by the word "emotion". It's sound provable healing theory. The author has a sequel book called "Body Code". Any jabbed person needs to optimize their immune system to recover from the jab-assault. CDC MDs don't know any of these therapies or techniques, nor are they interested. Good luck --CMT367, retired massage therapist

Mark as Spam | Posted On 3/17/2022 9:51:50 AM

Like Dislike

Joymartin76

Joined On 12/25/2007 12:55:05 PM

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Look at comments above.

Mark as Spam | Posted On 3/17/2022 10:01:35 AM

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chiosadn

Joined On 3/25/2011 12:57:02 PM

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ask Dr Malone he is the inventor mRNA

Mark as Spam | Posted On 3/17/2022 10:21:18 AM

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dia1910

Joined On 12/31/2020 8:08:47 AM

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I am curious as to how one would go about using Neem as a natural option in reducing the spike protein. I can't imagine ingesting it!

Reply | Mark as Spam | Posted On 3/17/2022 7:34:20 AM

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