

Thousands Have Developed Tinnitus After COVID Shots

Analysis by [Dr. Joseph Mercola](#)

✓ Fact Checked

May 16, 2023

STORY AT-A-GLANCE

- › At least 16,183 people say they've developed tinnitus after receiving a COVID-19 shot, and this is likely an underestimate
- › Dr. Konstantina Stankovic, director of the Stanford Medicine Molecular Neurotology Laboratory, is leading research to uncover how COVID-19 and COVID-19 shots may be affecting auditory function and triggering tinnitus
- › She says her email is bombarded with reports from people who developed tinnitus after getting a COVID-19 shot
- › Dr. Gregory Poland, director of the Mayo Clinic's Vaccine Research Group in Rochester, Minnesota, also developed tinnitus after a COVID-19 shot; he's been suffering from tinnitus for two years as a result and says he receives emails nearly every day from people with similar stories
- › Molecular mimicry, which occurs when similarities between different antigens confuse the immune system, is one potential mechanism that could explain the link between COVID-19 shots and tinnitus

At least 16,183 people say they've developed tinnitus after receiving a COVID-19 shot.^{1,2} The reports were filed with the U.S. Centers for Disease Control and Prevention's Vaccine Adverse Event Reporting System (VAERS) database. But considering only between 1%³ and 10%⁴ of adverse reactions are ever reported to

VAERS, the actual number is likely much higher.

Tinnitus causes a perception of sound in the ear without an external source. While the sound is often described as ringing in the ears, it can also be a whistling, buzzing, hissing, clicking, swooshing or roaring sensation. In rare cases, it can even sound like music.⁵ An estimated 10% to 25% of adults, as well as children, suffer from tinnitus of varying degrees.⁶

Of the approximately 25 million Americans who live with tinnitus, 5 million have chronic tinnitus that's burdensome while 2 million describe the condition as debilitating.⁷ Now, with so many people developing tinnitus after COVID-19 shots, theories have emerged about the possible connection.

Shots May Trigger Chronic Inflammation, Other Risk Factors

Shaowen Bao, an associate professor at the University of Arizona, Tucson, who's also a representative of the American Tinnitus Association's scientific advisory board, has been researching tinnitus for more than 10 years. He's also a tinnitus sufferer. A support group on social media created for people who developed tinnitus after a COVID-19 shot contacted Bao to study the potential link.

He surveyed 398 people from the group, who tended to suffer from severe tinnitus along with symptoms such as headaches, dizziness, vertigo, ear pain, anxiety and depression.⁸

While Bao is still analyzing his findings, he told NBC News that tinnitus tended to develop after the first dose of a COVID-19 shot, suggesting "the vaccine is interacting with preexisting risk factors for tinnitus. If you have the risk factor, you will probably get it from the first dose."⁹ He also suggested chronic inflammation in the brain or spinal cord could be involved.

The CDC also looked into a link between COVID-19 shots and tinnitus. The agency

said it didn't find any connection, but their review hasn't been made public.¹⁰ Dr. Harlan Krumholz, director of the Center for Outcomes Research and Evaluation at Yale University, is also studying tinnitus as it relates to COVID-19 shots and long COVID, as part of the Yale LISTEN study.¹¹

"Tinnitus is a prominent symptom in many people with long COVID and in those with vaccine-associated conditions," he told USA Today.¹² "We are seeking to bring together many people with this symptom and hope we can learn together what might be the cause — on the path toward evidence-based strategies to help these people."

Dr. Konstantina Stankovic, an otolaryngologist-head and neck surgeon who directs the Stanford Medicine Molecular Neurotology Laboratory, is also leading research to uncover how COVID-19 and COVID-19 shots may be affecting auditory function — and whether tinnitus is a side effect of the shots.

"My email is being bombarded by people from across the world who really feel that they don't have a voice," she told NBC News. "They feel that they're being dismissed, that people don't take them seriously, and yet they tell me in very moving ways how they can tie it to the vaccine."¹³

Vaccine Proponent Gets Tinnitus After COVID-19 Shot

While media and health officials alike often brush off [anecdotal reports of vaccine reactions](#), when Dr. Gregory Poland developed tinnitus after a COVID-19 shot, people took notice.

Poland is the director of the Mayo Clinic's Vaccine Research Group in Rochester, Minnesota. He's also a paid scientific adviser for Johnson & Johnson and a vaccine development consultant for Moderna and other pharmaceutical companies.¹⁴ When the tinnitus first struck — on his drive home from his second COVID-19 shot, "It startled me," Poland said. "I thought it was a dog whistle going off right next to me."¹⁵

Poland has been suffering from tinnitus for two years and says he receives emails nearly every day from people who say they also developed tinnitus after a COVID-19 shot. He says he's frustrated by the CDC's lack of action on the issue. "Why has the CDC not done all of the research that they should do on this and published it?" he stated to NBC News.¹⁶

Some days, he says, the tinnitus is so bad "I could just scream ... You don't ever get over tinnitus."¹⁷ It's unusual that a person of Poland's background and close ties to Big Pharma would speak out about vaccine-induced tinnitus. But he told NBC News, "I refuse to be anything less than transparent. I refuse to cherry-pick the information that should be presented to people to make good decisions."¹⁸

Is Molecular Mimicry Behind Shot-Induced Tinnitus?

A review published in the *Annals of Medicine & Surgery* looked at the potential mechanisms behind vaccine-associated-tinnitus.¹⁹ Molecular mimicry is one possibility. It occurs when similarities between different antigens confuse the immune system.

There are often significant similarities between elements in the vaccine and human proteins, which can lead to immune cross-reactivity. When this occurs, researchers explained in *Cellular & Molecular Immunology*, "... the reaction of the immune system towards the pathogenic antigens may harm the similar human proteins, essentially causing autoimmune disease."²⁰

In relation to COVID-19 shots, specifically, researchers wrote in the *Journal of Autoimmunity*, "Indeed, antibodies against the spike protein S1 of SARS-CoV-2 had a high affinity against some human tissue proteins. As vaccine mRNA codes the same viral protein, they can trigger autoimmune diseases in predisposed patients."²¹ The *Annals of Medicine & Surgery* researchers explained:²²

"Based on the mechanisms behind other COVID-19 vaccine-induced

disorders and the phenomenon of molecular mimicry, a cross-reactivity between anti-spike SARS-CoV-2 antibodies and otologic antigens is a possibility. The heptapeptide resemblance between coronavirus spike glycoprotein and numerous human proteins further supports molecular mimicry as a potential mechanism behind such vaccine-induced disorders.

Several autoimmune conditions, including vaccine-induced thrombotic thrombocytopenia (VITT) and Guillain-Barré syndrome (GBS), have been reported following coronavirus vaccination. Anti-spike antibodies may potentially react with antigens anywhere along the auditory pathway and initiate an inflammatory reaction involving the tympanic membrane, ossicular chain, cochlea, cochlear vessels, organ of Corti, etc.”

Other Ways COVID-19 Shots May Be Triggering Tinnitus

Autoimmune reactions are another possibility. “Antibodies can form complexes with one or more antigens leading to a type III hypersensitivity reaction. Deposition of circulating immune complexes and vestibule-cochlear antibodies can play a role in autoimmune inner ear disease,” according to the review, which also noted, “genetic predisposition and immunologic pathways may play a role in post-vaccination-tinnitus.”²³

The review also raised the possibility that COVID-19 shots could be directly ototoxic, or damaging to the auditory pathway. They may also cause nitric oxide (NO) dysregulation, as inhibition of NO production may underly tinnitus – and glaucoma, which increases tinnitus risk:²⁴

“Any potential association between vaccines and NO dysregulation should be investigated. Certain COVID-19 vaccines have been associated with vaccine-induced thrombotic thrombocytopenia.

Developing thrombus can reduce the blood supply to the ear and increase the

probability of developing tinnitus. The existing literature lacks articles investigating associations between vaccines and NO levels. Therefore, the association of vaccines with NO deficiency in genetically susceptible patients should be investigated."

Tinnitus Is a Symptom of Long COVID

COVID-19 may also cause tinnitus. A January 2021 systematic review evaluated the effect COVID-19 has on the auditory system.²⁵ The study looked at 28 case reports or series and 28 cross-sectional studies that included reports of hearing loss, tinnitus and vertigo.

The researchers pooled estimates of the prevalence of these conditions based on the patient's recall of their symptoms. They discovered that in this patient cohort that had COVID-19, 7.6% reported hearing loss, 14.8% reported tinnitus and 7.2% reported rotary vertigo.

Another study, published in the Indian Journal of Otolaryngology and Head & Neck Surgery in December 2021, assessed hearing in 100 individuals who had a mild to moderate COVID-19 infection.²⁶ In that group, 22 had received remdesivir for treatment of COVID-19.

The researchers found 31 of the 100 participants had ear symptoms, the most common of which was tinnitus, followed closely by new-onset hearing loss. Long COVID, also known as long-haul COVID, chronic COVID or long-haul syndrome, refers to symptoms that persist for four or more weeks after an initial COVID-19 infection.²⁷ Tinnitus, often severe, and vertigo are common symptoms of long COVID.²⁸

It's interesting to note that, in one study from early in the pandemic, more than two-thirds of those reporting long COVID symptoms had negative antibody tests, suggesting at least some of them didn't even have COVID-19.²⁹ Meanwhile, many COVID jab recipients report long COVID-like symptoms. As reported by Science

magazine, “In rare cases, coronavirus vaccines may cause long COVID-like symptoms.”³⁰

How to Relieve Tinnitus

The Front Line COVID-19 Critical Care Working Group’s (FLCCC) I-RECOVER³¹ protocol can be downloaded in full,³² giving you step-by-step instructions on how to treat long COVID³³ and/or reactions from COVID-19 injections.³⁴ You also can try my [strategies to optimize mitochondrial health](#) if you’re suffering from long COVID and related symptoms like tinnitus, with a focus on boosting mitochondrial health.

It is important you do not overlook any new ringing or buzzing in your ears that lasts more than a day, as starting treatment early can help reduce the effects. An otolaryngologist, more commonly known as an Ear, Nose and Throat (ENT) specialist, may be able to help with symptom relief. Although there is no known cure for tinnitus, it may resolve on its own or become less bothersome.

Cognitive-behavioral therapy helps teach coping strategies and relaxation techniques that can reduce the distress tinnitus triggers. Music therapy³⁵ is another form of treatment for tinnitus that can help lower the negative reactions a patient has and stimulate the auditory cortex simultaneously.

Other natural options include melatonin, which may help decrease tinnitus intensity,³⁶ and ginkgo biloba extract, which works as well as the drug pentoxifylline to reduce loudness, “annoyance” and overall suffering in patients with tinnitus.³⁷

The University of California San Francisco also uses neuromonics acoustic desensitization protocol.³⁸ This incorporates a processor connected to earphones that deliver music individualized to the person's hearing loss, as well as counseling. To help prevent and minimize tinnitus, the University of California San Francisco also recommends:³⁹

- Exercise
- Reduce fatigue
- Manage stress
- Reduce exposure to extremely loud noise
- Avoid total silence

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Guillermou

A new large-scale study in England found that people who get "vaccinated" against C-19 have a substantially increased risk of going blind. Published in the British journal Nature, the article explains that those "fully vaccinated" against covid are at elevated risk "of all forms of retinal vascular occlusion within 2 years of vaccination." Compared to the unvaccinated, those who obeyed Tony Fauci and other government liars have up to a 350% higher risk of experiencing some form of visual impairment in years to come. The blood-clotting effects of covid injections, which are well documented, also affect people's eyes and ultimately their sight. The study also compared the risk of retinal vascular occlusion within 12 weeks of injection, showing that fully injected people are 3.54 times more likely to go blind than unvaccinated people.

www.lifesitenews.com/news/large-study-finds-people-who-received-covid-.. (05/09/2'23)

Posted On 05/16/2023

Guillermou

As reported by Dr. Mercola, environmental toxins such as electromagnetic radiation enhance Covid and also tinnitus. A study came to the conclusion that tinnitus is associated with subjective electromagnetic hypersensitivity. An individual vulnerability probably due to an overactivated cortical distress network seems to be responsible for, both, electromagnetic hypersensitivity and tinnitus. Hence, therapeutic efforts should focus on treatment strategies (e.g. cognitive behavioral therapy) aiming at normalizing this dysfunctional distress network.

www.ncbi.nlm.nih.gov/.../PMC2657824 .----- Diabetes, exposure to noise and tobacco consumption, is related to tinnitus. Current findings support a relationship between a healthy diet and tinnitus europepmc.org/.../28553744 . .----- Correlations between immune hypersensitivity, reactions to specific food components and tinnitus, such as gluten pdfs.semanticscholar.org/a117/dcc435e91b564e23055722af1d6328ee8518.pdf . .----- Some symptoms that can appear in a person with tinnitus are insomnia, irritability, muscle tension in the cervical region, in the jaw, and in the denture.

Epidemiological studies have provided evidence of a direct relationship between emotional state, stress and tinnitus. The facial and chewing muscles are directly connected to certain structures of the ear, producing internal pressure and tinnitus in the form of shock sensation, ringing ear or whistling. www.frontiersin.org/.../full . .-----
eoa.umontreal.ca/wp-content/uploads/sites/32/publicationsHebertS_sound.. .-----

Posted On 05/16/2023

Guillermou

Acupuncture, yoga and Pilates is effective for tinnitus. Acupuncture seems to be effective mostly acute and recent tinnitus, as well as in somatic tinnitus. Training in attention (including awareness), breathing techniques, meditation and hypnosis are useful as complementary therapies for tinnitus that can reduce discomfort and fix the presence of tinnitus, improve sleep, anxiety and quality of perceived life. link.springer.com/.../978-1-60761-145-5_92 . .----- Melatonin is effective in the treatment of tinnitus. The use of melatonin 3 mg once a day is effective. www.ncbi.nlm.nih.gov/.../PMC5609358 . .----- Also, Dr. Mercola advises Valerian Root, since it influences the GABA neurotransmitter, which plays the role of mediating brain sound receptors.

Deficiency in either of these could trigger or aggravate tinnitus, as both are needed to stimulate normal nerve function. Studies demonstrated an improvement in hearing when participants with noise-induced hearing loss were supplemented with magnesium. In one, 11 patients with moderate to severe tinnitus achieved significant improvement by taking a daily dose of 532 milligrams of magnesium for three months. Coenzyme Q10. CoQ10 might decrease noise-induced hearing loss. 5 medicinal plants consisting of Panax ginseng, Melissa officinalis, Allium cepa and Ginkgo biloba and astragalus, are effective.

The boiling of the plant was the most commonly used. The use of medicinal plants and their derivatives results in a reduction in the overall prevalence of earache probably due to the inhibition of ROS production, and iNOS and inflammatory antiactivities. David Hoffmann, a herbalist originally from Great Britain, wrote in his book "The Herbal Handbook" that the Golden Seal could be an effective aid for some cases of tinnitus caused by accumulation of mucus. core.ac.uk/.../143845042.pdf . .-----

Posted On 05/16/2023

Guillermou

The International Tinnitus Journal: www.tinnitusjournal.com .----- www.tinnitusjournal.com .---
Antioxidant agents such as vitamin A, C, E and glutathione can be used in the treatment of tinnitus, melatonin, NAC and CoQ10 were especially used as an alternative. Antioxidant therapy in patients with idiopathic tinnitus can reduce oxidative stress and damage to the inner ear AND can also reduce the intensity and discomfort of tinnitus. Also Rhodiola rosea, Hydrastis canadensis, Sesamum Indicum. Black Cohosh is often used as a very effective ingredient in the treatment of nervous disorders, including the symptoms of tinnitus or tinnitus, contributing to the reduction of pressure in the head and reduction of blood congestion.

Garlic thanks to its bactericidal properties is very useful to treat tinnitus caused by ear infection. It also helps reduce inflammation and improve blood circulation. A homemade remedy: a chopped garlic, add half a teaspoon of mustard oil, heat over low heat until the garlic turns a light brown color. Let cool and put two drops of this preparation in the affected ear, performed twice a day.
khosro.goorabi.ir/wp-content/uploads/2017/06/AD-032-Tinnitus-Pathophys.. .

(2016) www.researchgate.net/profile/M_Tayyar_Kalcioglu/publication/281292667_... .-----
[www.oto.theclinics.com/.../S0030-6665\(13\)00019-4/abstract](http://www.oto.theclinics.com/.../S0030-6665(13)00019-4/abstract) .----- The results of this study are consistent with the hypothesis that taurine attenuates tinnitus and improves auditory discrimination by increasing inhibitory tone and decreasing noise in the auditory pathway.
www.ncbi.nlm.nih.gov/.../PMC2997922
www.researchgate.net/publication/46425243_The_Effect_of_Supplemental_D..

Posted On 05/16/2023

eiggod8

I read about stem cell use being studied for ears damaged by noise and other causes. It was showing some progress probably a year ago. This was on the Atlas website (innovations, inventions, science and health breakthroughs).

Posted On 05/16/2023

juststeve

Gui, a Wise-n-Hiemer might express, perhaps tinnitus is built into the Jab/s so victim's, (whoops, patients,) can't hear anything other than official dictates? Also, while we in the West are assaulted from every corner with loud and constant noise, we are also assaulted with an ever growing menu of toxins and these are hammering away at so many of our life functions affecting the general population in many different ways. Tinnitus may well be just one of many symptoms one can experience as One Size Does Not Fit All, and as many Doctors can share, there can be many dis-eases, but they can share a lot of symptoms.

Posted On 05/16/2023

gaylbaby_203

Gui, Thank you for so many options to try for mitigation of this condition. I have family members who now suffer with tinnitus, and is causing them issues with not only Hearing, but also Understanding. Very frustrating for them to continually visit practitioners who don't have a clue how to address this issue. As is said in this forum on a regular basis, your insight is greatly appreciated.

Posted On 05/16/2023

Guillermou

Gracias eiggod8, Yes, hearing loss is the most prevalent sensory ailment, affecting about 360 million people worldwide. The condition is caused primarily by damage to the hair cells and neurons of the inner ear. In some patients, hearing loss results in tinnitus. Stem cell therapy for tinnitus has shown some promising results in treating inner ear inflammatory damage because of its multi-directional differentiation potential and immunosuppressive function. Keep reading to learn more about tinnitus stem cell cure approaches, the role of stem cells, and the expected results. www.browardentaesthetics.com/services/ent/stem-cell-for-hearing-loss-a.. .----
www.startstemcells.com/new-tinnitus-treatment-with-stem-cells.html

Posted On 05/16/2023

Yes, Just, blindness, deafness people are suffering multiple vital losses to continue living. Approximately 30% of European workers reported being exposed to noise for at least a quarter of the time spent in their work environment, 11% reported inhaling vapors such as solvents and thinners; 19% reported exposure to smoke, fumes, dust, or dust; and 14% reported handling chemical substances. Although occupational noise exposure has long been recognized in the United States and Europe as the most detrimental factor to hearing, the impact of chemical-induced hearing loss on workers should not be underestimated.

A cursory review of the literature over the past three decades reveals that concern about the effects of chemicals on hearing has grown steadily. The proliferation of work-related drugs and substances (mainly antitumor drugs and aminoglycosides) has been accompanied by a corresponding increase in the number of scientific publications on the hearing risks faced by people exposed to chemicals. The cause for concern is even greater when considering the synergistic risks of co-exposures.

For example, physiological factors can increase the severity of a chemical's effect on hearing. Strong evidence now also confirms that the effects of ototoxic substances on ear function can be aggravated by noise, which remains a recognized cause of hearing impairment. (EU-OSHA), a "combined exposure to noise and ototoxic substances" was classified as an emerging risk. www.ncbi.nlm.nih.gov/.../PMC4693596

Posted On 05/16/2023

Guillermou

Thanks gaylbaby_203, yes, mild cognitive impairment (MCI) refers to an intermediate cognitive state in older people, somewhere between the state of those who age normally and those who have dementia. It is known that patients with MCI are at increased risk of developing dementia. In a cross-sectional study, Lee et al. [2] attempted to determine whether there was a relationship between tinnitus and MCI, and found that higher Tinnitus Disability Inventory (THI) scores, reflecting tinnitus severity, were associated with lower scores on a Korean version. of the Montreal Cognitive Assessment. Similarly, average hearing levels and tinnitus severity were significant predictors of mild cognitive impairment. The authors conclude that the cognitive function of elderly tinnitus patients should be assessed as part of the initial evaluation of tinnitus.

www.ncbi.nlm.nih.gov/.../PMC7010497

Posted On 05/16/2023

gemsgram

This may offer some help: amandhavollmer.substack.com/.../retinal-vein-occlusion

Posted On 05/16/2023

fvomasch

Gui- There may be another option. Cranial Osteopathy. Tinnitus may be the result of miniscule movements in the ear canal such as holding in a sneeze. That's what happened to me years ago. I cannot seem to find someone who specializes in this technique in my area. Everything must be realigned in the skull. www.healthypages.co.uk/cranial-osteopathy-can-help-tinnitus-sufferers/pereaclinic.com/treating-tinnitus-osteopathy

Posted On 05/17/2023

CroisMoi

Covid caused tremors for me in January. I finally figured out that it damaged my nerves, either my brain or my spine. B vitamins healed it. I took Benfotiamine, which is fat soluble thiamine in high doses. I even saw a video and book by a woman who took thiamine and it stopped her Parkinson's symptoms. I also took B vitamins, Raw B and lyposomal to balance the Benfotiamine. It took about two months, but the tremors stopped.

Posted On 05/16/2023

Maritt

This website has excellent information on Thiamine www.hormonesmatter.com

Posted On 05/16/2023

gemsgram

Yay! I'm happy you had success. I've been studying the placebo effect. The mind is a HUGE part of the equation. Where your focus goes, energy flows. Where the mind goes, the body follows.

Posted On 05/16/2023

tallulah3

I have tinnitus and never got the jab. So many weird things have happened to me, I wonder if it's from vaccine shedding from others. Sometimes it can be bad. I think it started after I moved in with my mom to take care of her. She wasn't jabbed either. I have also wondered if electronic devices can cause it or maybe a satellite antenna and dish on her roof, even though we canceled it. You start wondering about everything when something goes wrong

Posted On 05/16/2023

NurseKaren45

I agree. Too much to worry about. Too many things it could possibly be. I had weird bruising shortly after being with a private duty patient who was vaxd. She was in her bedroom (door shut) breathing all night long in that room when I walked in to my 12 hour shift (2 days in a row). She was vaxd on Friday and I was with her all weekend. I was surprised by the bruising and then later learned about shedding/bruising connection. Two years later and I now have pain in my calves and elevated heart rate and blood pressure. I need to remember to take the NAC, because I guess that is my only hope. I guess there really is no control group because we are all going to be shed on in various degrees. I almost walked out of that room and quit that patient because I was so scared to be contaminated, but I have to work and feed my kids.

I opened a window and only ever worked with a window open after that. But I know it was not enough. I bet the shedding gets the technology inside of OUR bodies and then we are more susceptible to the EMFs. But I feel your pain tallulah3! Used to be when something was wrong we had a few theories and possibilities to consider. NOW it could LITERALLY be ANYTHING. And now these things are out of our control. You can't turn off your neighbor's wi-fi. Most electric companies refuse to change out the smart meters. You can't ask the planes to stop spraying us.

Posted On 05/16/2023

Guillermou

Yes Brenda, in a study by Gomaa and other researchers at Minia University in Egypt, only 25 out of 100 tinnitus patients reported normal stress levels. Most tinnitus patients had stress levels that were at least mild to moderate or severe to extreme. This finding was contrasted with a group of patients with hearing loss but not tinnitus, in which none of the 46 patients suffered from stress. Another study found a direct correlation between the severity of stress and the duration and severity of tinnitus, meaning those who suffered from the highest levels of stress in most cases also had the most severe tinnitus perception or had suffered from tinnitus for longer.

time. The study was carried out using the Depression, Anxiety and Stress Scale (DASS), and included 196 subjects between the ages of 20 and 60. 100 patients suffered from subjective tinnitus associated with hearing loss, 46 patients had hearing loss and 50 healthy people did not suffer from tinnitus or hearing loss. In a study by S. Herbet, 53.6% of people with tinnitus reported that their tinnitus had appeared during a stressful period in their life and 52.8% stated that their tinnitus had increased during stressful periods.

Based on these findings, it appears that there is an association between stress and the onset or progression of tinnitus. link.springer.com/.../s00405-013-2715-6 .----- www.frontiersin.org/.../full .---- journals.lww.com/otology-neurotology/Abstract/2019/04000/Association_B.. (2019) www.proquest.com/openview/04a91dd8f49572e5f6a8b1be711cb383/1?pq-origsi.. (2023)

Posted On 05/16/2023

tallulah3

NurseKaren I was also diagnosed with ITP in august and had bruises all over my body. That's been a mystery I've been trying to figure out too. It took from the end of august until the end of December to get better. I'm still on medication for it. I hope to go into remission. Hate to think I'll be on meds the rest of my life.

Posted On 05/16/2023

tallulah3

Gui I was very stressed out when I got tinnitus and ITP. I think stress can do terrible things to our bodies.

Posted On 05/16/2023

bchristine

With the exception of some mild rosacea on my face, I have always had nice skin my entire life (I'm 64); most likely because I always took care of it. However in Jan 2022 I started to develop eczema over several areas of my body. This was after spending time with a large gathering of (mostly vaxxed) people during the holidays - a lot of them strangers to me. I am thinking there was some shedding going on (I am not jabbed). Since then, the eczema comes and goes - even affecting my face. I eat clean and take supplements. I have always wondered whether these eczema breakouts may have something to do with shedding? If anyone can 'shed' some light on this, it would be most appreciated thank you.

Posted On 05/16/2023

jezzy48

Me too, i got it in 2016 in my left ear whilst going almost deaf overnight, and the same again in my right ear in November 2017. The doctors are clueless and all they can offer me are hearing aids which don't seem to work for me. I too think it might be related to electronic devices which this house is full of. Although i've tried the solution that Dr Bryan Ardis suggests in the film Watch the water 2 it hasn't worked for me but i haven't taken the amounts that he suggest to take so i might give that a try. Apparently they have known about these effects for a long time and the covid shots are an attack on the nicotine acetylcholine receptors that are found in a few places in the body.

They have been demonising tobacco for about 20 years now knowing full well that these receptors are what help the body detox and remove snake venoms which are in most medicines because they (pharma) have put them there. Fauci has said in the last 3 years that now would be a good time to give up smoking making out that smoking could make covid worse when in actual fact smokers are the ones who were surviving in hospitals, not the other way around. Watch the film for more info. [rumble.com/v2ngvj2-live-8pm-et-premiere-watch-the-water-2-closing-chap..](https://www.rumble.com/v2ngvj2-live-8pm-et-premiere-watch-the-water-2-closing-chap..)

Posted On 05/16/2023

gemsgram

Yes, electronic devices contribute to/cause tinnitus. A cell phone, a WiFi router near your head/bed, wiring in surrounding walls, floors, ceilings, cell towers nearby or on roofs, small appliances, clock radios, a refrigerator on other side of wall from bed, etc. Lloyd Burrell at ElectricSense.com has excellent info for remediating. Also read, ZAPPED, Why Your Cell Phone Shouldn't Be Your Alarm Clark, by Anna Louise Gittleman.

Posted On 05/16/2023

grulla

I spent 40+ years as a railroad telecom tech. and suspect my "tinnitus" in my left ear may have been, what Dr.M. discusses, due to voltage gated calcified channels (VGCC). Four years ago, I had a vascular surgeon do a minimally invasive ultrasound on my carotid arteries and discovered much calcification, which was removed from my right carotid artery with minimally invasive TCAR, (www.ucsfhealth.org/treatments/transcarotid-artery-revascularization-tc..), to below 50%, but the left carotid was said to be 90% occluded and inoperable, so I suspect to this day that my occasional "tinnitus" noise MIGHT be blood trying to circulate and wheeze through a tight calcified restriction behind my left ear???

All that said, I would suggest a cheap and safe, minimally invasive ultrasound of ones carotid arteries to check for calcified build up in and around the back of the ears. ALSO, a forum poster recently suggested to tackle tinnitus with daily remedial doses of Vit B3 niacin. I've already been taking lifestyle doses of 50 mg of niacin for many years, so I intend to experiment with this niacin idea soon to see if I can totally eliminate the left ear wheezing/ringing, and maybe even safely open up the left carotid artery a little bit (more)???

Posted On 05/17/2023

Shasha

The ears may ring from low Zn or low Cu and low thyroid which affects cholesterol. Once ringing it may never go away. This shot lowered Zn/Mg and make gluten issues worse which may affect the thyroid/gut lining etc..

Posted On 05/16/2023

Catryna

Before the COVID CHARADE and the clot shots, I would recommend Ginkgo Biloba to my friends who suffered from Tinnitus. It always worked. I don't know if it will work in the case of damage caused by the COVID shots, since that may be a whole different ball game, but it's worth a try.

Posted On 05/16/2023

Guillermou

Yes, some studies have shown the benefit of Ginkgo biloba in tinnitus. In a study, a dry extract of Ginkgo biloba leaves has been scientifically shown to have the following benefits: 1) Improves microperfusion by increasing the formation of red blood cells and increasing blood viscosity. 2) Protects mitochondria from oxidative stress 3) Improves energy metabolism, thereby attenuating damage to the hair cells of the cochlea. 4) Improves blood circulation and regulates vascular tone. And it is in this last point where the importance of its success lies...

Vascular problems are known to be one of the causes of tinnitus. Thus, cardiovascular problems can cause deficiencies in the blood supply to the labyrinthine artery, which causes hypoxia in the outer hair cells of the cochlea, triggering tinnitus. Therefore, an adequate blood supply to the cochlea, which can be achieved through Ginkgo biloba, can stop this process and prevent tinnitus or improve its symptoms. www.mundotinnitus.com/ginkgo-biloba-para-curar-tinnitus

Posted On 05/16/2023

Catryna

Guillermou Everything you say makes a lot of sense since Gingko is known to be a blood thinner and these COVID shots cause clotting and thickening of the blood. It's been 30 years since the first time I recommended this remedy to someone and just a few months ago, the most recent time. Both these most recent times were shortly after COVID shots and one was shortly after the person contracted COVID or symptoms.

Posted On 05/16/2023

Donamac

If you are on Blood Thinners, Ginko can cause additional bleeding. So you have to be careful.

Posted On 05/16/2023

Formaggio

I am fully vaccinated (2 shots), although I was very reluctant getting it, but wanted to protect my elderly mom. I now have tinnitus in my left ear. It's sufferable though.

Posted On 05/16/2023

quinine

So sorry you got Tinnitus I know it sucks. Like you, I was a little leery of getting vaccinated. I am fully vaccinated with three shots. I also wanted to protect my elderly mom, who is going to be 86 this year. My Mom, decided to not get anymore Covid Vaccines after her third or fourth shot. So I felt okay not getting anymore shots. Heck, about 5 or 6 months after I got my last shot, I got Covid. It was like having a bad cold, but no long term problems. Then my husband got Covid a month later. He hadn't taken any provisions against getting covid when I had it. We just stayed home.

Neither of us had any horrible reactions the the vaccines both of us got the Pfizer ones other than sore arms, and sore muscles and achy body. I have had Tinnitus since I was a teenager and getting the Vaccine didn't change my Tinnitus at all. Having Covid didn't change my Tinnitus either. I am nearly 60 so have been living with Tinnitus almost all my life. Most of the time it doesn't bother me. I run a fan at night in my bedroom all the time and that helps. I have tried many of the supplements and what not that is supposed to help with Tinnitus and non have worked.

Posted On 05/16/2023

Maritt

Still can't believe people got the experimental jab to protect others.

Posted On 05/16/2023

Momtad

A friend whose son has a PhD in chemistry told her to get the bioweapon shot (he didn't call it that!). She got the first one and immediately got tinnitus. Because of that, she didn't get any more shots but still defends the shots and still has tinnitus two years later. I give up.

Posted On 05/16/2023

SMCollins

odem.cloud/program-catalog This link is to a class titled : "Can you detox from this jab" hosted by Dr's Mikovits and Stroup \$49.95

Posted On 05/16/2023

gemsgram

I don't know about getting over covid-jab-induced tinnitus. But I had tinnitus for 7 years and it went away after a hair test mineral analysis (HTMA) revealed my copper level was 'off the chart'. After 8 months of following a Mineral Balancing program, and getting my copper level down to 'normal', I went to sleep one night to the sweet sound of silence!

Posted On 05/16/2023

Donamac

Even those suffering with Tinnitus prior to the vaccine can suffer from an added increase in the noise. Happened to me after the first shot.

Posted On 05/16/2023

Is the tinnitus caused by 1) Long Covid, 2) Covid 19 vaccines, or 3) all the new RF frequencies introduced into our environments around the same time (5G)? Is what people are experiencing really "microwave hearing"? Only your hairdresser knows for sure. Back in the 90's the FCC had a Docket on the RF emission guidelines, 93-142. The EPA sent a comment letter to that docket. On page 6 of that comment letter they point out that the ANSI/IEEE standards that the FCC is proposing adopting sets the limit for pulsed radiation well above the threshold for the auditory effect. Apparently the engineers consider this auditory effect (microwave hearing) not deleterious.

Fast forward to 2017 when ICNIRP was redoing their RF emission standards and their officials explain how they consider it rare and will not be setting limits to avoid it. See ICNIRP official explain at the 10 min mark <https://youtu.be/i7rTumGdxlw> "So what evidence do we have of harm. ... There is this phenomenon of microwave hearing, this hissing and popping sound that you can sometimes hear with pulsed fields. ... We have talked about guidelines, we have already talked about microwave hearing in our guidelines before, we now actually feel that having a hissing or popping sound actually does require very very quiet conditions to hear it and is clearly a very localized thermal effect.

As far as we can tell it is the fields are absorbed by tissues close to or in the inner ear and it sets up a pressure wave which is interpreted by the brain as actually being a sound. So again you hear this hissing clicking popping noise. But what we don't consider is its harmful. So we are not going to have any specific restrictions based upon the avoidance of that noise." Zenon Sienkiewicz, ICNIRP: A long and winding road: update of the ICNIRP draft HF guidelines, ITU Workshop on Human Exposure to Electromagnetic Fields (EMF), December 5, 2017, Warsaw, Poland.

Trailermaid

2 years ago I had tinnitus so badly that I couldn't sleep at night . We went back to the old " smart meter " we pay extra per month to not have the smart meter that they installed. I have everything covered with emf materials such as the router which is now in the garage . My phone has a emf shield around it . I believe that it has to do with the 5 G . because I've never had tinnitus and didn't take the vaccine . Most likely it has to do with how much graphene that is in ur system from chemtrails and the vaccine reacting to the electronics . Occasionally when I lay down at night I hear the old sounds from when we had all emf triggers but only a few . It was a process of elimination and finding protectors from potential emf producing electronics . I never had emf sensitivity until the pandemic and the smart meter they put in which we weren't even aware of . . .

Posted On 05/16/2023

elainegoodfriendgmail.co

I have had pretty bad tinnitus since 2010 for no obvious reason. I had a very bad time with it until I got hearing aids. There are hearing aids from Widex that produce a noise that helps drown out the tinnitus. Just amplifying outside noise helps! and always have white noise on when you sleep.

Posted On 05/16/2023

Heart_jewel

Nurse Karen, You can do more than take NAC to address the shedding. Many doctors have online suggestions about detoxing. I made a long list and then chose some. If you can find a Darkfield microscopy practitioner near you, as I did, one drop of blood will tell much about your present health.

Posted On 05/16/2023

Maritt

covid19criticalcare.com/.../math-plus-protocol

Posted On 05/16/2023

njlady

Another example of the relationship between the symptoms of covid/vax and lyme..Tinnitus is a common symptom in lyme.

Posted On 05/16/2023

Ebt1155

Dr Ardis. rumble.com/v1vtdy4-dr.-bryan-ardis-nicotine-gum-stops-covid-19-the-ans.. Nicotine patches or Nicorette Gum for tinnitus and long term covid. Hope this helps.

Posted On 05/16/2023

dca1277

I've put that theory of venom toxicity poisoning per the esteemed Dr. Ardis on this site for over a year now. Crickets. Nicotinic receptor attacks/blockages makes the most sense. I challenge the winded "regulars" to address this.

Posted On 05/16/2023
