The Tragic Toll Exacted by Medical Errors

Analysis by Dr. Joseph Mercola

March 30, 2024

STORY AT-A-GLANCE

- Medical errors are a significant global issue, with the World Health Organization estimating they cause 2.6 million deaths annually worldwide. In the U.S., this number could be as high as 440,000, making it the third leading cause of death
- 10% of all deaths in the U.S. are attributable to some kind of medical error, and it continues to be a leading cause of death today, ranking somewhere between third and first place, depending on the scope of medical mistakes you include in the equation
- The documentary "Medical Errors: Why Doctors Make Mistakes" underscored a crucial issue in the medical community: the reluctance to openly discuss mistakes, which can hinder learning and improvement, contributing to ongoing errors
- A mix of inexperience, fatigue and diagnostic challenges contributes significantly to medical errors, complicating the efforts to reduce these mistakes
- To minimize your risk of harm from medical errors, consider creating a "Caregivers and Consent" document that spells out what your doctor may or may not do to you while you're hospitalized. Also be sure to always bring family member or friend who can act as your advocate and keep track of what's being done to you

The documentary above, "Medical Errors: Why Doctors Make Mistakes," explores the causes behind medical errors, which according to the World Health Organization claim 2.6 million deaths each year, worldwide, with at least 250,000 of those in the U.S.[1]

In July 2022, the National Institutes of Health updated their library on medical errors, saying that number could be as high as 440,000 — and possibly even higher due to poor reporting — making it the third leading cause of death in the U.S.[2]

A Historical Look at Statistical Data on Medical Errors

Video Link

In July 2010, Dr. Barbara Starfield published an article in JAMA titled "Is U.S. Health Really the Best in the World?"[3] Buried in the tables of that article were data showing that physicians were the third leading cause of death in the United States. I created that headline 24 years ago and it has been a meme ever since.

For over 15 years, when you typed in "doctors are the third leading cause of death," my article from 2000 came up first. Of course, those days are now long gone, since Google began censoring me from its search engine eight years ago. Sadly, the claim that "doctors are the third leading cause of death" remains true to this day.

One of the first indications that medical errors were a significant problem emerged in 1989, when professor Lucian Leape from the Harvard Medical School — a pioneer in patient safety who is featured in the documentary — published a study on medical errors. (He also published the book "Making Healthcare Safe: The Story of the Patient Safety Movement"[4] in 2021, which you can read and download for free here.)

Leape analyzed 30,000 medical records from 50 New York hospitals, concluding that nearly 4% had suffered an injury caused by treatment, and of those, two-thirds "were caused by an error in care and therefore are potentially preventable," Leape said.

Extrapolating from that data, Leape estimated that 1.3 million American patients are injured each year due to medical mistakes and 180,000 die — the equivalent of three jumbo-jet crashes every two days. In the UK, according to statistics cited in the documentary, medical mistakes claim the lives of an estimated 40,000 Britons each year.

Properly Prescribed Drugs Are the Fourth Leading Cause of Death

In 1998, another eye-opening study was published. Researchers at the University of Toronto, led by professor Bruce Pomeranz, concluded that properly prescribed and correctly taken pharmaceutical drugs were the fourth leading cause of death in the U.S.[5,6]

Pomeranz's analysis was the largest and most complete of its kind at that time. In all, they calculated that somewhere between 76,000 and 137,000 American patients died each year from correctly administered drugs.

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Might Doctors Be the No. 1 Cause of Death?

In a 2003 article aptly titled, "Death by Medicine,"[7] Dr. Carolyn Dean, Gary Null, Ph.D., Dr. Martin Feldman, Dr. Debora Rasio and Dorothy Smith, Ph.D., described in excruciating detail how the modern conventional American medical system has bumbled its way into becoming the LEADING cause of death and injury in the United States, claiming the lives of nearly 784,000 people annually.

Using those figures, that would put the health care system as the No. 1 cause of death in the U.S., bypassing cardiovascular disease. These iatrogenic deaths (meaning deaths resulting from the activity of physicians) include everything from adverse drug reactions and avoidable medical errors to hospital-acquired infections, surgeries gone bad and deaths from unnecessary medical procedures.

The authors took statistics straight from the most respected medical and scientific journals and investigative reports by the IOM, showing that overall, American medicine is causing more harm than good. For clarity, the reason Dean et. al. came up with a much higher number than anyone else, even in later years, is likely because they included a broader range of mistakes.

> **“Medical errors have been the third leading cause of death for years, with 10% of all deaths being attributable to some kind of medical error, and it continues to be a leading cause of death today, ranking somewhere between third and first place, depending on the scope of medical mistakes you include in your equation.”**

Medicine Is Still a Leading Cause of Death

In 2010, a report in The New England Journal of Medicine,[8] and another in the Journal of General Internal Medicine,[9] revealed just how little things had changed since 2003.

Out of 62 million death certificates dated between 1976 and 2006, nearly 250,000 deaths were coded as having occurred in a hospital setting due to medication errors,[10] and an estimated 450,000 preventable medication-related adverse events occurred every year.

Three years later, in 2013, a Journal of Patient Safety study[11,12,13,14] concluded preventable medical errors kill anywhere from 210,000 to 440,000 patients a year. In 2016, Johns Hopkins patient safety experts, led by Dr. Martin Makary, calculated that more than 250,000 patients died each year from medical errors — the same death count found by Starfield in 2010.

Then, in 2022, the WHO announced that unsafe care by medical professionals and hospitals result in a “horrifying” 2.6 million deaths annually, worldwide, with at least 250,000 of those deaths occurring in the U.S.[15] And, as mentioned, that summer the NIH stated the death toll might be closer to 440,000, or more.[16]

So, medical errors have been the third leading cause of death for years, with 10% of all deaths being attributable to some kind of medical error,[17,18] and it continues to be a leading cause of death today, ranking somewhere between third and first place, depending on the scope of medical mistakes you include in your equation.

Misdiagnosis Rates Are on the Rise

Death isn’t the only outcome of medical mistakes. Permanent disability is another. When permanent disability and death are lumped together, the toll from medical mistakes reaches as high as 795,000 annually in the U.S. alone, according to data published in 2023.[19]

Researchers at Johns Hopkins School of Medicine have described diagnostic errors as "the most under-resourced public health crisis we face."[20] When you visit a doctor, whether you’re at a doctor’s office or hospital, you depend on getting expert care, including a correct diagnosis. But about 11% of the time, medical conditions are misdiagnosed.[21,22]

The likelihood of misdiagnosis varies widely, however, depending on the type of medical problem and the symptoms presented. For instance, only about 1.5% of heart attacks are misdiagnosed, compared to 62% of spinal abscesses, a rarer condition.

But even among strokes, a leading cause of disability in the U.S., misdiagnosis occurs more than 17.5% of the time.[23] When a stroke occurs, some patients may experience only dizziness or headaches, which can easily be confused with other conditions. In all, 15 diseases account for 50.7% of the serious harms due to misdiagnosis while just five — stroke, sepsis, pneumonia, venous thromboembolism and lung cancer — account for 38.7%.[24]

A 2023 review[25] of nearly 300 studies by the U.S. Department of Health and Human Services’

Agency for Healthcare Research and Quality also found that a startling number of patients who visit U.S. emergency rooms get an incorrect diagnosis.

Overall, their research showed about 1 in 18 people who visit an emergency room will be misdiagnosed, 1 in 50 will suffer an adverse event as a result, and 1 in 350 will suffer from permanent disability or death. Out of the 130 million visits to emergency departments (EDs) that occur every year in the U.S., this amounts to 7.4 million misdiagnoses, 2.6 million related adverse events and 370,000 serious harms from diagnostic error. According to the authors:[26]

> *"Put in terms of an average ED [emergency department] with 25,000 visits annually and average diagnostic performance, each year this would be over 1,400 diagnostic errors, 500 diagnostic adverse events, and 75 serious harms, including 50 deaths per ED ...*
>
> *The strongest, most consistent predictors of ED diagnostic error were individual case factors that increased the cognitive challenge of identifying the underlying disorder, with nonspecific, mild, transient, or 'atypical' symptoms being the most frequent."*

Effort to Reduce Medical Mistakes in the UK

As noted in the documentary, the UK has implemented something called "League tables" in an effort to cut down on medical mistakes. League tables are rankings that compare the performance of National Health Service (NHS) hospitals based on various quality and performance metrics such as patient satisfaction, clinical outcomes, waiting times and efficiency measures, among others.

The purpose of these tables is to provide transparency, stimulate improvements in healthcare delivery, and reduce medical mistakes by:

Enhancing transparency — By publicly reporting on the performance of hospitals and healthcare providers, league tables aim to make information about healthcare quality more accessible to patients and the public. This transparency encourages hospitals to maintain or improve their standards of care.
Promoting competition — The publication of league tables fosters a sense of competition among hospitals and Trusts. The desire to be ranked favorably can drive healthcare providers to enhance their services, adopt best practices, and strive for higher standards of patient care.
Identifying best practices — League tables can highlight hospitals and Trusts that perform exceptionally well in certain areas. This can help other institutions identify and adopt best practices from high performers, leading to overall improvements in the healthcare system.
Facilitating informed choices — For patients, league tables provide valuable information that can help them make informed decisions about where to seek care. This patient-driven demand for high-quality services incentivizes healthcare providers to improve their performance.
Targeting improvements — By breaking down performance into specific metrics, league tables help healthcare providers identify areas needing improvement. Hospitals can focus their efforts on these areas, whether it's reducing waiting times, improving surgical outcomes, or enhancing patient satisfaction.
Reducing medical mistakes — By emphasizing performance metrics that relate to patient safety and clinical outcomes, league tables incentivize healthcare providers to adopt practices that reduce medical errors. For example, hospitals might implement more rigorous surgical checklists or improve their infection control practices to improve their rankings.
Enhancing accountability — League tables hold hospitals and healthcare providers accountable for their performance. Poorly performing institutions may face scrutiny from regulators, the public, and the media, which can prompt immediate efforts to address deficiencies.

While league tables can drive improvements in healthcare quality and patient outcomes, they are not without criticism. Concerns have been raised about the potential for these rankings to oversimplify complex issues, penalize hospitals serving disadvantaged populations, or encourage gaming of the system. Nevertheless, they remain a key tool in the NHS's strategy to improve healthcare quality and reduce medical mistakes in England.

How Is the US Tackling Medical Mistakes?

In the U.S., several mechanisms and tools parallel the concept of league tables in England, aiming to improve medical care quality and reduce medical mistakes. These tools include hospital rankings, reporting systems and quality improvement programs, which serve to enhance transparency, promote best practices, and ensure accountability in healthcare.

For example, the U.S. News & World Report Hospital Rankings is a publication that ranks hospitals nationally in various specialties, conditions, and procedures. The rankings are based on several factors, including patient outcomes, patient experience, nurse staffing levels, and expert opinions.

The Leapfrog Group also assigns letter grades to hospitals based on their performance in preventing medical errors, injuries, accidents, and infections. Leapfrog's Hospital Safety Grade is intended to help consumers choose the safest hospital for their care.

There are also a variety of quality improvement organization (QIOs) that work with healthcare providers, including hospitals and physicians, to help them improve the care they provide to Medicare beneficiaries, as well as reporting and surveillance systems that track data on things like hospital-acquired infections.

Patient safety organizations also exist, as do clinical practice guidelines intended to help healthcare providers make consistent, evidence-based decisions to reduce variability in care and prevent medical errors. The electronic health records system is also intended to help prevent medication errors, ensure timely follow-ups, and support adherence to clinical guidelines.

Why Do Doctors Make So Many Mistakes?

Yet despite all these tools, the rates of medical mistakes aren't dropping. According to the film, there are many potential reasons for this, including the taboo among doctors to discuss their mistakes openly.

Junior doctors also make mistakes due to inexperience. As noted in the film, doctors fresh out of medical school are literally "practicing" medicine on their patients, performing procedures they've never done before without oversight. Other factors include fatigue, as hospital doctors typically work very long shifts, and the fact that many conditions share symptoms.

In short, diagnosis isn't necessarily easy, even with advanced medical tests. The same goes for treatment. Even with a correct diagnosis, choosing the best treatment isn't black-and-white.

Experience comes into play and, I would say, a certain level of intuition, which requires your doctor to have a strong connection to his or her consciousness or Spirit. Unfortunately, that's rare these days, as solid intuition requires a certain level of biological optimization that few have, even if they're doctors.

How to Reduce Your Risk of Misdiagnosis

As a patient, taking an active role in your health care may help you receive the best care possible and reduce your risk of getting an incorrect diagnosis. This starts with choosing healthcare providers who listen to your concerns and have a holistic view of health.

Seek a healthcare practitioner who will help you understand the foundational causes of your health challenges, and create a customized and comprehensive — i.e., holistic — treatment plan for you.

What's more, you can have an impact on your doctor's tendency to recommend natural alternatives, as when you inquire about them, some do in fact listen. If they don't, then keep shopping. Further, if something doesn't sound right about the diagnosis you're given, ask questions and get a second, or third, opinion if needed.

Remember, your doctor works for you, not the other way around. Ideally, health care should be a partnership, where you work together with your providers to identify the best solutions. Either way, if you're not satisfied with their know-how or the tools in their toolbox, find another doctor. If you're hospitalized or in an emergency situation, this is more challenging since you can't always choose who's providing your care.

There are many cases when it's in your best interest to avoid hospitals, particularly for elective procedures or chronic conditions, but if you're hospitalized due to a life-threatening emergency, be sure to have an advocate with you who can manage your care and act as a power of attorney if necessary.

If you're seriously ill, it can be very difficult to explain what's wrong while keeping tabs on what they're asking you to sign and the medications and treatments they're giving you, so having someone there who can double-check everything and advocate for you is essential. And no matter where you're receiving medical care, be sure to explain all symptoms you're experiencing thoroughly. The more information you provide, theoretically the better the outcome should be.

Create a Caregivers and Consent Document

Last but not least, I strongly recommend creating a "Caregivers and Consent" document, as detailed in "How to Save Your Life and Those You Love When Hospitalized." A template for this was created by Laura Bartlett and Greta Crawford in response to the abhorrent medical mistreatment experienced by patients during the COVID pandemic.

Bartlett and Crawford have founded an organization to address the lethal and, in many cases, forced treatments patients receive when they're hospitalized for COVID-19, but the same strategy can be used to protect yourself against other medical hazards as well.

When you enter a hospital, you must sign a general consent authorization form. This is basically a contract between you and the hospital. Since you have bodily autonomy, they need your consent before they can do anything to you.

Typically, the general consent form authorizes hospital staff to test, treat and care for you in whatever way they see fit — and when a patient signs the general consent authorization, physicians feel justified that they can implement a hospital protocol without further explaining the risks, benefits or alternatives of that protocol to the patient.

Now, if you're well enough to read the entire document, and see something in there that you don't agree with, you can strike the sentence or paragraph and initial it, to indicate that you do not consent to that specific detail. However, that still doesn't offer you much protection.

What you need is a much more specific document where you detail the types of treatments you consent to and the ones you don't.

You need to carve out a niche from the general consent form that specifies exactly what you do (and do not) consent to. And you need to be clear. Fortunately, the Caregivers and Consent document carves out that niche to communicate clearly to all physicians your exact consent wishes. And, they are legally required to respect your written directives.

A template Caregivers and Consent document can be found on OurPatientRights.com. Also be sure to read through "How to Save Your Life and Those You Love When Hospitalized," as there are specific procedures that must be followed to make the document binding.

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Sources and References

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A much needed denouncement. The reality today is that allopathic medicine is only interested in money and the power to control the destiny of our health. The classic objectives of professional performance have been reoriented towards a cost-benefit relationship, even if this means sacrificing the human quality of care. The story centers on The Rockefellers and the Carnegie Foundation pumping hundreds of millions of dollars into medical schools that were teaching intensive drug medicine. without any emphasis on natural medicine. This is how alternative medicines were mistreated and modern doctors were created without knowledge of nutrition, detoxification, well-being or disease prevention.

The relationship between doctors and the pharmaceutical industry has become more intertwined and intertwined than ever. Many physicians attend dinners to hear a "hired" expert speak about a product, take educational trips to seasonal venues or medical conferences, or receive funding in the form of research grants, training support, or consulting fees. It is evident that this influence is corrosive to the patient's health. The Scientific-Technical Revolution has caused the appearance of new technologies, however, a fragmentation, depersonalization and dehumanization of medical care is observed. The multiple causes that are causing illness and death due to medical treatment are caused by not caring for patients according to a holistic vision of the patient and the causes of the illness, considering the unity: mind, body and spirit.

Western Medicine acts through medical specialties, however, holistic therapy each person needs individualized treatment with a focus on the patient's vital forces, the human being has a great potential for self-healing. The power: acting in a comprehensive manner with diet, light and other energies is the power to heal, starting a process of change, which allows you to improve aspects of your life so as not to get sick again.

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An important indicator of patient safety is the rate of medical errors that occur in hospitals. The undesirable effects derived from the provision of health care are, in many cases, the cause of illness, trauma or death. Medical errors in health care can cause illness, injury, disability and even death, and occur in one in 10 hospitalized patients, some can be prevented as reported by Dr. Mercola. Medical professionals have been losing the humanistic attitude and commitment that for centuries constituted a hallmark of the Hippocratic model. Doctors abandoned the human sensitivity of traditional medicine to adhere to the prevailing rational-scientific model and cutting-edge technologies, which have turned health into an expensive, impersonal and susceptible to commercialization product.

Based on tests, often unnecessary, and that completely nullify physical contact, a form of non-verbal language loaded with symbolism and that depersonalize medical practice. Desiring economic and professional recognition, doctors abandon their humanistic essence to enhance their professional identity. Humanity must regain the path of health with natural strategies with the control of the variables associated with lifestyle, with the control of epigenetics.

Vaccines, medications, fluoridated water, sedentary life, junk food, pesticides, tobacco, EFM, etc., the lack of essential substances and an insufficient detoxifying function, cause mutations in our DNA and aberrant methylations, which favor degenerative diseases. Natural medicine is the path to health, it is possible to control the epigenome with lifestyle, with healthy eating (nutrigenomics). The marginal and exclusive conception of Allopathic Medicine is not the solution.

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juststeve

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Gui, while the article is focused on human error in proper procedures, proper scripts given, how high do the negatives climb if we add in so many medications that are basically unnecessary, should have been limited to a much smaller population, or the risk to profit benefit$ ratio risk is used to benefit a few, instead of a proper reward to risk ratio? Head Med's for depression with depression listed as a side effect. Statins in recent history was being pushed to be put in Public Drinking Waters, like Fluoride. Add things like this in the equation and Hey, The US is Still Number One in Something. The other dirty little secret is while all the focus is put on keeping the public divided and arguing about Social Security and what it's longevity may or may not be, the elephant in the room is Sick Care Manage the Symptoms Cost affecting not just Medicare, but all through the lives of the Public before anyone draws Medicare.

Massive unnecessary drain when our bodies given the chance are geared to create and maintain health given the right tools. Tools that start literally from the ground up, to the dinner table. Then other than those areas where the current systems shines - accidents, trauma, machines to discover metabolic systems would be a plus, and what would be left needed on health concerns based on Risk Rewards and not Risk to the Profits to a fews benefits.

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rebel_still

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"...the human being has a great potential for self-healing..." Exactly! This is why the knowledge must be suppressed. Excellent post, BTW.

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grulla

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In a somewhat related matter, this article by political blogger Helena Glass, via LewRockwell.com, arrived this morning 3/30/24.
www.lewrockwell.com/2024/03/no_author/robert-kennedy-chooses-as-vp-the..

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juststeve

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grulla, such a thing is always a could be, but decades of efforts, current efforts have him directly taking on the Power Machine and even winning. The massive RFKJR doesn't exist except in the courts has gone on for decades and continues despite being involved in a Presidential Campaign. Most of the coverage of this choice of VP has mostly been from those answering with the Power Machine Messaging. Along with those who plain don't like the Kennedy's and their very human imperfections. It is correct to explore who someone is and why are they promoting what they are promoting. With RFKJR how many have had their parent assassinated in public on national TV.

Gone through the throws of adolescence, addressed the drug and sexual addictions very likely connected to a family history of the human imperfection's families have. Very serious outcomes and seen through the lens of the time when they occurred, many families did similar things. The eventually accumulated social negatives of such behaviors once either outright endorsed, or kept to one side with a wink, wink, nudge, nudge led to some positive changes in social and individual behavior, practices. It is often through an individual public struggle, like RFKJR has had that open up the larger public to social discussions and debate driving positive changes.

I've yet to see RFKJR's messaging about his VP pick and have very little confidence in Legacy Media or Political Party Smear Porn. Attack the person, bury the messaging, bury the issues. Accurate positive and negative reviews will be forthcoming, but we will have the challenge of sorting out is it actually accurate or Bull Spit, maybe someplace down the middle. It is the delivering the many issues long buried, denied that needs to win. Otherwise, if we want complete perfection in a candidate, sit tight and continue to wait for the Second Coming. Might not be long. Seems closer than ever.

Mark as Spam | Posted On 3/30/2024 7:03:10 AM

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juststeve

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Can we also add currently we have what some have called 'the sniffer in chief' whose young daughter attempted to shower late at night to avoid sharing showers with the said sniffer? Or the other choice who bragged about 'grabbing them by the **** and had complaints about walking in on very young Miss America Contestants in the dressing rooms, to say nothing about the cases in court. Of all of them, RFKJR seems to be the only one who has taken on the task of tackling his personal demons and transgressions. Perfect? Of course not. Attacking the person while burying, ignoring, denying the Issues destroying the Public, Humanity, Life on Earth itself apparently not important as the Lust for Power & Control by a Global Totalitarian Few the current state of affairs deems the only thing of importance.

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Guillermou

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Just, you see a great perspective of medical reality. Renowned doctors such as Ben Goldacre, Allen Frances and Peter C. Gtzsche have written books about the dirty practices of pharmaceutical companies, which they openly accuse of causing more deaths than drug cartels. Dr. Mercola's website constitutes a great global source of complaints against the discredited pharmaceutical industry. Vaccines also kill and cause serious illnesses and create an adaptive defense that has no comparison with the true innate defense of a person through T and B lymphocytes that keep a memory to create the necessary antibodies.

People are realizing that medications do not cure the body. They simply mask the symptoms and allow the underlying cause to worsen, which is usually chronic inflammation. Every medication comes with side effects, without exception, and all of them damage the liver. Often side effects are created, for which another pill is prescribed. Hence the 'pill for pill' society in which we live. A disaster that only true holistic medicine can solve.

Recently, Wall Street Journal editors published an op-ed by two doctors who said politics, not science, is behind the failure of health officials and the media to fully inform the public about the potential risks associated with with COVID. vaccines. The authors added that clinical trials often enroll patients who are not representative of the general population and more is learned about drug safety from real-world evidence. childrenshealthdefense.org/defender/wsj-op-ed-politics-behind-failure-.. .--

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The responsibility of doctors: to warn the public worldwide about serious state criminality and cover it up: “The only people capable of leading (and trained to shake) the public out of their Stockholm syndrome, cognitive dissonance, post-traumatic stress disorder, severe depression (take your pick) as a result of over a year of severe psychological torture through fear propaganda and "Arbitrariness" (the deliberate creation of confusion with contradictory messages, etc.) are honest doctors. Doctors have an ethical duty to provide that lead and, most urgently, doctors must stop the vaccination program by sounding the alarm.

the large number of deaths from “vaccines” and the fraud/cover-up that so obviously constitutes the absence of autopsies. A positive PCR test was never equated with a "case" and the "deaths" were fraudulently created by falsifying death certificates in order to terrorize populations into taking a dangerous, inadequately tested gene-based vaccine , which was ineffective and which they did not need, for a period of time. “supposed emergency that clearly was not an emergency.”
www.globalresearch.ca/the-responsibility-of-medical-doctors-warn-the-p..

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Thanks rebel_still, For a Holistic Doctor the solution is not to remove symptoms, for example prescribing an analgesic for pain, an antacid for gastritis, or an antibiotic to eliminate bacteria, he goes further. Look for the multiple causes that are causing the disease. We must defend THE 7 PRINCIPLES OF HOLISTIC MEDICINE: 1) Holism: The universe is a unit functioning as an interrelated whole. Your health to the harmonious functioning of your entire being and your proper relationship with the other beings of nature.---------- 2) Man as a Unit: man is a unit: mind, body and spirit where the alteration in any of its components has an impact on the whole, for this reason holistic medicine carries out interventions that influence globally, seeking the reorganization of the system .---------- 3) Totality: It is the custom of Western man to divide to know, in this way the human being.

This philosophy makes us lose the vision of the whole, Holistic Medicine recovers the concept of connection between the part and the whole.------ ------ 4) Individuality: Each man gets sick and is CURE individually, for holistic medicine there are no established protocols to cure diseases, each one has an individualized diagnosis and treatment.---------- 5) Self-healing: The human being has a great self-healing potential, the patient becomes an ACTOR who intervenes directly in THEIR healing process, with the therapist being a facilitator and companion in it.

On this path the being must change paradigms that in the course of his existence have enslaved him, preventing him from fully realizing himself and also improving his lifestyle.---------- 6) Illness as Help: Illness is a process of accommodation that the entire being elaborates to create a new order that allows it to stay alive.---------- 7) Power: The ACTOR recovers his POWER to heal himself, initiating a process of change that allows him to improve aspects of his life and thus find fulfillment and therefore health.

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Grulla and Just, Robert F. Kennedy Jr. on Tuesday chose Nicole Shanahan , an attorney, businesswoman and philanthropist, as his vice presidential running mate. In making the announcement, Kennedy said, "I wanted a vice president who cared about healing our children, protecting our environment, restoring our soils, and removing chemicals from our foods." At a rally in her hometown of Oakland, California, Shanahan emphasized her commitment to addressing the chronic disease epidemic plaguing the U.S., drawing on her personal experiences and her experience in technology and health.

"We can solve the mysteries guarded by corporate influence," declared Shanahan. "We can put stopgap solutions aside and we can end this chronic disease epidemic once and for all." Medications, according to Shanahan, are also to blame. While pharmaceutical medicine has its place, she said no safety studies have evaluated the "cumulative impact of one prescription on another prescription and one injection on another injection on another injection over the course of childhood." childrenshealthdefense.org/defender/nicole-shanahan-rfk-jr-vice-presid.. (03/27/2023)

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MORE YOUNG PEOPLE GETTING CANCER — WHAT'S BEHIND THE NEW PUBLIC HEALTH CRISIS'? Dr. Pierre Kory and journalist Mary Beth Pfeiffer on Tuesday published their fourth op-ed on excess deaths in young people. They called for an investigation of COVID-19 pandemic policies — including mRNA vaccination mandates and lockdowns — and their aftermath. This latest op-ed is Kory and Pfeiffer's fourth. Their three prior op-eds — which appeared in USA Today, Newsweek and The Hill — also called attention to excess mortality and disability rate spikes occurring after the global COVID-19 vaccine campaign. "Our intention for writing the op-eds is to raise the profile of this important issue to prepare for a future crisis and advance the conversation on possible causes and treatments," Kory said. childrenshealthdefense.org/defender/young-people-cancer-crisis-pierre-.. (03/27/2023)

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clindesbcglobal

Joined On 7/2/2008 12:46:39 PM

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Leaves me almost glad that I do not know how to get to my assigned doctor. I can see the building, a huge one but I cannot figure our how to get to it. Having no family doesn't help. I get tired of hearing "my son does that or My daughter does that from friends. I am last one out of 5 of us. I lost 3 brothers and one sister all in their 50 and 60's and I am 85 right now. I take no prescription drugs but do take some supplements.Up until last a couple years ago I was walking 4 miles a day but had to stop as my legs just couldn't take it anymore. I have a floor exerciser that I put my feet on that moves my body in such a way that it feels like I am walking body wise. I feel I am doing okay but of course one never knows at this age. ;)

Reply | Mark as Spam | Posted On 3/30/2024 6:30:07 AM

Like Dislike

warriormom

Joined On 10/2/2008 3:08:00 PM

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Buyer beware! A highly touted pediatrician missed my infant son's diagnosis of bilaterally blocked ureters, (3 separate appointments where I was told I was just an anxious new mother) until my son presented with kidney failure and almost died. He lost one kidney and other one had reduced function. At age 29 he went for routine check up and was told he would need transplant in 5 years. A call back 3 months revealed a mistake by intern reading the labs and he was told he needed transplant immediately. My husband's father was misdiagnosed with "lung cancer in 9 places" and slated for surgery, chemo, radiation, until my husband flew him to MD Anderson whereby he was diagnosed with an infection and spots on lungs were diagnosed as scar tissue.

My mother was told by her GP to go home and make out a will because she presented with pancreatic cancer. I sent her to holistic healer who figured out she had pancreatitis and put her on herbs and strict diet.She lived another 30 years only to die from complications of Covid after being forced to take vaccine at her Independent living facility. My baby granddaughter born 3 months early suffered a brain bleed in NICU likely due to ineptness of nurse who didn't know how to properly suction her. Code blue was called. Baby lived but has severe Quadraplegic Spastic CP and brain damage. This is just my family. Thank you Dr. Mercola for bringing this to everyone's attention. Hopefully awareness of this epidemic will save lives.

Reply | Mark as Spam | Posted On 3/30/2024 6:29:25 AM

Like Dislike

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pinklucygirl

Joined On 10/11/2007 5:25:43 AM

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My husband was killed by allopathic doctors, first by misdiagnosis followed by lethal treatments. I avoid doctors. I try to eat right, get some exercise, take good supplements, avoid overdosing on the news of the day, and most importantly, trust God. RFK's VP choice sounds like AOC but with billions of dollars.

Reply | Mark as Spam | Posted On 3/30/2024 9:04:13 AM

Like Dislike

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bpm4539

Joined On 11/19/2022 2:33:19 PM

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May be he picked her because of her wealth? That would help to run the campaign.

Mark as Spam | Posted On 3/30/2024 12:47:42 PM

Like Dislike

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teknical100

Joined On 2/10/2021 5:18:05 AM

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I live in the UK and have whistleblown in the NHS, they tried to destroy my life. It went nowhere even when I took it to my local MP, you may have heard of him - Tony Blair. I also took it to the police headquarters in Durham, again nothing. I sent the information to media and they did nothing. The NHS didn't even have competition. Competition encourages dishonesty because they don't want to look bad so will cover up even more. Believe me, I lived it.

Reply | Mark as Spam | Posted On 3/30/2024 5:49:51 AM

Like Dislike

Cabochon

Joined On 10/7/2018 12:45:48 PM

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You mean Tory Bliar, war criminal, and WEF bestest buddy, I assume. For many, so called “New Labour” was old Labour with knobs on, and the true beginning of the end of broken Britain. Remember he was the one who promised to “rub our noses in diversity”, by which he meant uncontrolled immigration, funded by the taxpayer, often controlled by criminal gangs and aimed at cultural displacement of the indigenous population. Look at us now, teknical - every single facet of life in this country - education, health, housing, employment, transport, government, local government, on and on until there will be little left except possibly hijabs for all women, more stirring up hatred of white people and the latest weapon in the war against the West, dreamed up by an unelected Muslim dictator - a law to protect Snowflakes from being offended.

www.parliament.scot/bills-and-laws/bills/hate-crime-and-public-order-s.. . Offended Snowflakes can report you to the Police, who must take action if you voice an opinion against various groups on grounds of age, religion, sexual orientation, etc..

Evidently Mr Yusef has himself escaped prosecution after his racial hatred rant against white people. https://youtu.be/NcqOE6sspmA What can be done? Don't think you will be safe if you live in England. Slowly but surely resistance is growing. A nationwide movement is gathering pace in almost every UK town and city. The Hate Crime Law is one of many issues concerning loss of freedom and democracy in the UK and worldwide. Join as a member here: togetherdeclaration.org/about

Mark as Spam | Posted On 3/30/2024 3:30:29 PM

Like Dislike

Katy69

Joined On 1/7/2013 12:54:02 PM

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I couldn't agree more, Cabochon. What this is really about is the Islamification of the UK - by the back door, so to speak: the imposition of medieval laws about religion and the subjugation of women. Why would any sane country elect a culturally hostile leader who openly expresses his hatred of white people? Is there no end to the damage done to our broken society by that fake organisation known as the SNP? The Post Office scandal is now beginning to make sense. In case the Mercola readership is unaware, this was about a supposed computer glitch which led to the sacking of many if not all sub-post masters accused of financial fraud, when in fact there was no evidence of such fraud at all. By some strange co-incidence, almost all post offices at least in one part of the UK are now run by our Muslim brethern as small food/newspaper retailers with a post office counter.

I visited one today, served by a woman wearing a hijab, the post office now being the only way I can deposit cash into my bank account which closed all of its local branches some time ago. While on the subject of cash, I visited another national big name bank branch recently to pay a credit card bill, but could not receive change as this bank "does not handle cash". What do you think? A bank without cash! Like a "vaccine" that is not safe and does not prevent infection, should a moneyless "bank" without cash be renamed? A "paper moon", perhaps or a "digital delusion". https://youtu.be/vWD12tOhenQ

Mark as Spam | Posted On 3/30/2024 5:06:23 PM

Like Dislike

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jsmccord7

Joined On 2/16/2010 1:16:48 PM

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Many have died from the hands of doctors and nurses.One guy I knew wasn't feeling good he went to Wausau WI. hospital....they told him that is was his ticker and surgery should be done asap.He wanted a second opinion and went to Mayo clinic and they told him his heart was in great condition and said he had dust mite allergies.What a contrast in this supposed great knowledge in the medical realm.The doctors at the Mayo said they send all the flunkies to Wisconsin hospitals.

Reply | Mark as Spam | Posted On 3/30/2024 6:47:11 AM

Like Dislike

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m231231

Joined On 12/18/2015 3:17:26 PM

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Cord. I wouldn't send a pet animal to Mayo. They experimented with a family member paralyzing him, with doctor Huskins admitting triple dose of done drug on first day of life. Little Rico died 6 years later. His mom who was my wife's niece died from stress at age 24. Her name Lindsey Nagel. Only child survivor of HIV in Minnesota. The other 12 died. Fauci knew her story. Her parents, my SIL and BIL was on abc tv program with Forest Sawyer 30 years ago. Plus parents were interviewed in the documentary House Of Numbers on YT. Don't get me started on king Mayo. They wield so much power here in Minnesota, no lawyers would take on Mayo. Don't walk from Mayo, run.

Mark as Spam | Posted On 3/30/2024 7:42:31 AM

Like Dislike

DrLizbeth

Joined On 5/13/2022 6:55:56 AM

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Having practiced medicine for over 20 years, the most important thing a patient can do to help themselves is to maintain documentation of previous tests and diagnoses. Learn how to give your medical history within a few minutes to a doctor w/o speculating or self-diagnosing---JUST THE FACTS of symptoms. You are paying for the doctor's expertise to diagnose. You can offer your opinions later. Older people who accumulate multiple medical diagnoses should have that info CONCISELY written out. In spite of electronic medical records, don't expect even your regular doctor to have the time to look it over or remember the details.

He/she has hundreds of patients and you're one of many for that day. Many patients (or their family) can't give a history to save their lives meaning doctors don't get told the facts, the symptoms, the chronology and essential past history in order to make a correct diagnosis or to order the correct tests. If someone has stroke symptoms "when was the last time they were observed where everything was normal." Be your own advocate; prepare before a visit; write/type things down including questions you will want to ask; have printed summary of your updated medical history ready to take with you for routine visits and any emergency.

1. Hx of current medical problem in your own words...symptoms, chronology. 2. Past medical history...highlight current ongoing medical diagnoses. 3. Past surgical history. 4. Medications/supplements. 5. Allergies and any specific drug side-effects. 6. Family history of medical diagnoses. 7. Names/phone numbers of current treating physicians and their specialties. 8. Your emergency contacts and their phone numbers. 9. Bring copies of recent tests, imaging reports, etc. that may be pertinent to give to the doctor who may not have access to them. 10. Written list of questions to ask the doctor.

Reply | Mark as Spam | Posted On 3/30/2024 7:30:14 AM

Like Dislike

Cabochon

Joined On 10/7/2018 12:45:48 PM

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Thanks, DrLizbeth; you have just explained why prescription pad medicine does not always work in the best interests of the patient. Why should the patient do all the background work and still have to pay for a diagnosis? Sticking plasters to cover symptoms are rarely the final story. Would you expect an architect to design a house without surveying the site? In holistic medicine, the client first fills in an NTQ (a detailed questionnaire about past and present health issues), diet and lifestyle which are then studied by the practitioner re possible testing, further analysis, epigenetic factors, and recommended changes.

In fact, the NT is not really qualified to make a medical diagnosis at all but can recommend changes to prevent or ameliorate illness once a diagnosis is made. In an ideal world, both medical history, diet and lifestyle would taken into account, but even the beleaguered NHS provides for patient files to at least be delivered to the doctor before each seven-minute consultation.

Mark as Spam | Posted On 3/30/2024 12:59:16 PM

Like Dislike

JGW1950

Joined On 10/27/2022 3:03:37 PM

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One medical error started a cascade of mistakes that led to my uncle's death. However, it was not really the doctor's fault. Our local hospital had been taken over by some kind of hedge fund, and the doctors were told what to prescribe, when, and to whom. My uncle, who had mild dementia, fell on his daily walk. Some well-meaning passersby asked him if he was all right, but since his answer was a bit goofy, they called an ambulance. When he protested that he was fine, they shipped him off to the ER against his will. When he again protested that he was fine, they velcroed him to a bed, and when he started screaming, they dosed him with a drug that is contra-indicated for seniors with dementia.

But, you see, the doctor never had the time to figure out that he had dementia. This started a chain of events from which he never recovered, and after one stupid treatment after another, Covid came, and although my uncle tested negative, his flu-like symptoms one day suggested that he had it, so they placed him a Covid ward, and again velcroed him to a bed, not allowing my family to see him or get him out of there during the lockdown. After 11 days of being velcroed, they sent him to a nursing home, where he was quarantined for 14 days.

After 25 days of being tied up or confined, he had no strength to get up. Again, they wouldn't let us come and get him. Instead they sent some hospice workers, and for three weeks, we watched him every day on Zoom as he slowly dehydrated and starved to death, because by then, his organs were shutting down, and if they gave him an IV, he would drown in his own fluids. If that initial ER doctor had only allowed us to come and get him rather than dousing him with the wrong drug and holding him against his will, he might be alive today.

Reply | Mark as Spam | Posted On 3/30/2024 7:11:32 AM

Like Dislike

Learning2021
Joined On 9/22/2021 7:26:34 PM
Add as Friend | Send Message

Absolutely horrific.

Mark as Spam | Posted On 4/1/2024 12:02:17 PM

Like Dislike

NikkiEagle
Joined On 8/19/2015 6:07:34 PM
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Allopathic medicine is a cult, and doctors are its high priests. The ritual muzzling that is still required to cross any threshold of its numerous temples here in Western Massachusetts remains a visible symbol of this truth. Covid revealed the cult for what it truly is, and what it always has been. Reach for it at your own risk.

Reply | Mark as Spam | Posted On 3/30/2024 6:34:36 AM

Like Dislike

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rebel_still
Joined On 10/2/2011 7:13:00 AM
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Excellent topic to revisit periodically. Sadly, the COVID years have blown the death count attributable to physicians through the roof in the US and, indeed, the entire planet. American physicians, in particular, willingly (even though a few questioned policies and treatments) participated in the deployment of a US created bioweapon and CONTINUE to go along with the obvious goal of depopulation and creation of a techno-totalitarian global governance system. Tragic. This was entirely unnecessary and avoidable. It will forever damage the medical profession. It long ago gave up its independence and focus on patients in service to the Statists and Corporatists. Thank you, Dr. M for all you have done to educate and help people help themselves over the years. This year marks 50 years since this old doc graduated from medical school and it has been painful to watch the decline of my profession over half a century. Avoid white coats - and, blue lights...

Reply | Mark as Spam | Posted On 3/30/2024 5:40:02 AM

Like Dislike

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m231231
Joined On 12/18/2015 3:17:26 PM
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Medical deaths will only get more common with unqualified MDs due to DEI admissions. It's already happening. Good luck everyone.

Reply | Mark as Spam | Posted On 3/30/2024 7:59:12 AM

Like Dislike

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umfuli
Joined On 4/6/2011 2:17:00 AM
Add as Friend | Send Message

Thank you for your courage in highlighting this.

Reply | Mark as Spam | Posted On 3/30/2024 12:45:23 AM

Like Dislike

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helpothers
Joined On 6/20/2006 7:28:13 AM
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My mom's first husband needed appendix surgery. He'd had tb and his lungs were not in good enough shape to do the gas they used at the time. So he was given a spinal. It was to numb him from the waist down, but for some reason went up and he ended up in a coma and died shortly after. They'd only been married 6 weeks. My mom, many years later would have her lung cancer misdiagnosed and after several months required surgery for a softball sized mass next to her heart. Her surgeon went on vacation after and she acquired an infection that wasn't discovered for almost a week. She died of sepsis although her certificate says lung cancer.

We requested her records which showed increasing white blood cell counts until the day she died and no antibiotics at surgery time or after. They started antibiotics the final day but it was too late. My dad tried to sue the hospital but the lawyer said since she was a homemaker, there was no loss of income etc. I found this to be a huge slap in the face. I would have been happy with an apology but that would never happen. Out of this tragic event came my quest for health and a huge distrust for doctors who have re-enforced my distrust making mistake after mistake with family and people I've known.

Reply | Mark as Spam | Posted On 3/30/2024 4:39:13 PM

Like Dislike

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chrisattaway

Joined On 4/11/2020 11:53:28 AM

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Doctors are without a doubt the #1 Cause of Death and it's not even close. Forgot about the use or misuse of drugs, etc. Think about it. We know at least 75% of heart attacks are caused by diabetes. We also know that many people do not even know they are diabetic until 8-10 years later because a simple test like Fasting Insulin is not widely used. Diabetes 2 is almost wholly preventable with lifestyle changes that most doctors know little to nothing about. They simply give the same old bad advice of Eat less, move more. Wrong! They often think that diabetes is the result of bad genes and patients not listening to their (mostly awful) advice. Neither of these are true. What is the #1 cause of death among cardiologists? Heart attacks! So, if they die from something that is almost 100% preventable why should we listen to them on prevention?

Reply | Mark as Spam | Posted On 3/30/2024 3:27:38 PM

Like Dislike

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anthony.aaron47

Joined On 10/20/2021 12:55:41 PM

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Nowhere is there mention of the primary cause of medical care -- and of incompetent 'doctors' -- the dumbing down of medical schools, beginning with some actually banning the MCAT (as racist - really?), and the cultural marxist indoctrination via the DIE classes that all faculty and students at medical schools must take in lieu of, say, actually gaining more knowledge and/or experience in the field of medicine. Affirmative action, of course, has also been playing a sizable part in the field of medicine (and most of everything else) since the Bakke v. California Board of Regents case in 1973.

Not surprisingly, the AA student who took Bakke's place eventually lost his license due to repeated malpractice (his idea of practicing medicine in the 'hood involved lots of liposuction gone wrong due to his incompetence) while Bakke went on to become a skilled and competent doctor. Political correctness - the face of cultural marxism that folks see - is slowly and inexorably leading US to death and destruction in numerous aspects of our lives including in the medical profession. Time for a rethinking of our priorities or all of the deaths mentioned will continue to rise in both numbers and percentages.

And, of course, we haven't even discussed the enormous number of 'doctors' who betrayed their Hippocratic oath and their patients' trust in them by pushing and/or administering the jab during the fake pandemic and the many who are still pushing and administering it despite the overwhelming evidence against it shown by the huge numbers of folks who have died or become disabled due to being given the toxic cocktail known as the mRNA 'vaccines'.

Reply | Mark as Spam | Posted On 3/30/2024 3:18:46 PM

Like Dislike

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leangreencafe

Joined On 7/22/2008 2:37:56 PM

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A common problem is damage to the trachea and swallowing mechanism with an inserted tube during surgery. The surgeon or anesthesiologist didn't say anything to me, but I can choke over water, food or even saliva. My father was damaged like this by being given Seroquel in his 80's, even though it is contraindicated for those his age, or having had strokes and seizures. He had repeated aspiration pneumonia, and harmful antibiotics. Even though I had a POA indicating medical decisions, instructing no Levaquin be given to him, he was given Levaquin, and died brain dead, with eyes open.

Because of the BP cuff causing his frail arm pain for years, my request at the OSH as he lay dying, was to end that process. They pulled the blinds and did it anyway, one of the most sadistic places I've ever seen. A staff member was crying when she called to inform me of his impending death for how they treated my father. An elderly man with short term memory loss, housed with Sex offenders, so drugged they drooled, banged their helmets against the walls and no staff or visitor was allowed to help feed them.

Years later a I met a man whose swallowing mechanism was also damaged during surgery, and the reluctance of one Dr. testifying against another and the costs to bring this to court prohibited any Justice and accountability. Another common practice is to stop medications a patient came in with, and start ones prescribed by the Hospital Drs. Food, salads and juices are also sprayed with Sulfites.

Reply | Mark as Spam | Posted On 3/30/2024 2:07:22 PM

Like Dislike

Learning2021
Joined On 9/22/2021 7:26:34 PM
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Heartbreaking! My husband had surgery and must of had damage done to his trachea as well. No one will acknowledge it! It is tremendously frustrating. I am so so sorry about your father.

Mark as Spam | Posted On 4/1/2024 6:41:35 PM

Like Dislike

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bpm4539
Joined On 11/19/2022 2:33:19 PM
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I fired my arthritis doctor because on every visit, she kept on recommending me to take c0v1d v. Plus, she was not going to resume my arthritis injections until I completed a three month antibiotics course for a "latent" TB, whatever that is, and was recommended by a pulmonolist. Since i have no symptoms of anything other than joint issues, I refused. Since then I am trying to treat myself, planning to never go near a allopathic "doctor" again.

Reply | Mark as Spam | Posted On 3/30/2024 12:55:45 PM

Like Dislike

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gaylezpc
Joined On 7/31/2009 10:47:11 AM
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Number one on the list for prevention should be removing drug ads from television. The constant repetitive messaging of "talk to your doctor" has just as much an impact as doctors themselves. So many people asking for treatment of non existent "diseases", like Restless Leg Syndrome (caused by meds) puts the doctors in a difficult position.

Reply | Mark as Spam | Posted On 3/30/2024 12:04:07 PM

Like Dislike

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zumbacjg
Joined On 4/18/2020 11:56:33 AM
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During the dark days of COVID, I read as much as I could find about SARS-COV2 (thanks in large part to Dr. Mercola). I discovered that COVID-19 is not a respiratory illness but primarily a blood & blood vessel disease. The virus attacks the lining of the blood vessels, causing them to leak into the lungs. At its worst, the disease leads to severe sepsis. There is no telling how many critically ill COVID-19 patients were killed when they were hooked up to ventilators. The end stage of COVID-19 for these critically ill patients was extreme oxidative stress and neutrophil respiratory burst, to the point where hemoglobin became incapable of carrying oxygen due to heme iron being stripped out of heme by hypochlorous acid.

The doctors who knew how to treat COVID-19 critically ill patients (by using antioxidants and non-invasive oxygen) were not listened to. Hospitals are guilty of killing thousands of COVID-19 patients. Likely, there is no recourse for such widespread malpractice. And, it's likely no lessons were learned. I believe that to the greatest extent possible, I am responsible for my own heath.

Of course, I don't have a crystal ball & don't know what's in store for my future, but I can eat right and exercise and take the supplements I know are good for me. My goal is to avoid doctors. I'm ok with a blood test once a year to look at my blood panel. I also see a dentist twice a year. I avoid fluoride and take an MCT supplement before getting a dental x-ray, which I do not want & will have to study up to see if they're really necessary.

Reply | Mark as Spam | Posted On 3/30/2024 11:26:15 AM

Like Dislike

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hisgarness
Joined On 6/19/2006 9:06:48 AM
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I've not walked the talk, but understand an M.D.s residency period is probably too demanding of what can reasonably be expected. Mistakes seem a likely byproduct of that environment.

Reply | Mark as Spam | Posted On 3/30/2024 9:28:00 AM

Like Dislike

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b_edenverizon.net

Joined On 3/4/2021 6:52:57 AM

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My wife is one of the small percentage that has both Crohn's Disease and colitis. She has had the condition for over 25 years and has been controlling it with meds, vitamins, exercise and diet. She went to a so-called "top" gastroenterologist in New Jersey when they found a shadow during one of her colonoscopies with contrast. He told her to go see his colleague friend at Mt. Sinai Hosp. in NYC-- a purported world renowned gastro who is supposed to be at the top of the med "food chain" with expertise in Crohn's & colitis.

My wife and I, and my wife's friend, went to NY to see this top doctor. We all spent 2 hrs with him, with 2 other doctors taking notes. He said to my wife, he didn't believe in cutting and wanted her to continue her medical regimen and monitor her situation. He said to come back in 6 months. My wife and I then went to the appointment with the NJ doctor 2 months later. The NJ gastro tried to pressure my wife to have surgery. He told her, "we have to cut out the section of the intestines to see what the problem is" (remember the Speaker Nancy Pelosi: We have to pass the bill to see what's in the bill?).

I told him that if he didn't know what the problem is, why are you pressuring her to have surgery (which would have left her with a colostomy bag depending on long the cut was and where it was located). The doctor got pissed at me and my wife, and told us to leave and that he wouldn't be responsible to what would happen to her.

We then went back to the Mt. Sinai doctor. I couldn't find parking that day, and dropped off my wife at the door. She came out 30 minutes later and told me that the "top" doctor wanted her to have surgery (obviously because there were no other witnesses). She told him "No". That was 6 years ago. No problems since. A new, young gastro has been treating my wife for 2 years. She is in a remission stage for now and taking medication through an infusion which is working great. "Top" doctors only want to cut$$$.

Reply | Mark as Spam | Posted On 3/30/2024 9:10:15 AM

Like Dislike

Catryna

Joined On 7/25/2006 5:48:46 PM

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Everytime a doctor, in the past, tried to push me to take Thyroid meds or meds for high cholesterol I am reminded of this and fire them if they persist.

Reply | Mark as Spam | Posted On 3/30/2024 8:14:31 AM

Like Dislike

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versatile

Joined On 10/16/2007 4:23:09 PM

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Medical errors could be a powerful tool to improve the practice of medicine - but there is no interest. To make use of medical errors, errors that results in severe consequences would need to be examined WITHOUT BLAME. This works in other industries. But modern medicine is immune to fault analysis.

Reply | Mark as Spam | Posted On 3/30/2024 6:20:32 AM

Like Dislike

Gumnut123

Joined On 4/26/2022 3:17:13 AM

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Pathology Tests ARE FALLIBLE! Doctors do often N OT KNOW the questions to ask the patient - they then let the patinet talk and base their Pathology tests on the patients comments - and vital details can be missing as the patient does not iknow the value of certain signs & Symptoms and Drs do far too much study of Pharmacology instead of learning in depth about the human body and so much more. SIGNS & SYMPTOMS TRAINING needs to be returned the Doctors manual The human body is far smarter than many Doctors,

Reply | Mark as Spam | Posted On 3/30/2024 5:12:33 AM

Like Dislike

Rosebud10000

Joined On 12/12/2016 1:59:16 AM

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Until the medical establishment, including the NHS, comes clean about the elephant(s) in the room no amount of league tables is going to improve outcomes. Firstly, the whole notion of "Best Practice" needs to be reworked. I have personal experience of consultants clinging to narratives one can see they know are wrong, when one challenges them. Shocking! The thought of now putting oneself in the hands of such a clinician is scary indeed. I have been the victim of cavalier and arrogant negligence over the years, but today entering a hospital is just plain dangerous. I agree with Dr. Mercola. One needs both a document and a personal advocate, to take along. For serious procedures, ideally a well chosen nurse practitioner as well as a medico legal expert in my view. Not easily done unless one has money.

Reply | Mark as Spam | Posted On 3/30/2024 4:20:21 AM

Like Dislike

Maritt

Joined On 12/14/2010 8:19:52 AM

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The so-called league table concept in the UK is a joke. It is used to tell us that we have a choice but there is no real choice and no improvement in service levels.

Reply | Mark as Spam | Posted On 3/31/2024 5:04:05 AM

Like Dislike

robbie2u

Joined On 6/29/2011 11:51:41 PM

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Medical drugs if not monitored or given in error can cause injury and death. These procedures and systems need to be identified and developed to reduce human error otherwise hospital and medical mistakes will continue which will require informed family members increase patient advocacy. The responsibly for this should be invested in a dedicated agency that can examine work flows, procedures and safety issues or who can sniff out a potential problem. This team should then develop protocols that become industry standard that can later be measured for efficacy and efficiency and adjusted accordingly. Increase in manpower to gather information will be needed at the start and the use of technology to reduce human workload including reporting. Incentives can be applied that are results based.

Reply | Mark as Spam | Posted On 3/30/2024 9:53:15 PM

Like Dislike

kur1567

Joined On 9/26/2023 8:58:31 PM

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The real "error" is in not teaching from preschool that serious "healthy eating only" is the way to good health and strong immune systems = all the chemicalized & GMO junk foods have got to go from the American scene...PERIOD...!!! Same with total chemicalized agriculture...! MOREOVER the John D Rockefeller Allophatic Medical Industrial Complex-> Drug Pusher trained MD University's to move to more Naturophathic TRUE MEDICINE and away from the accomplices = FDA/CDC/NIH etc(+lobbyists) ~ then certainly remove from the UN-WHO(Gates) domineering intent to control the world esp via their partner in crime the WEF....time to wake up and face what really been going on that SHOULD STOP & then reverse to the commonsense truly correct ways forward...!

Reply | Mark as Spam | Posted On 3/30/2024 8:12:21 PM

Like Dislike

iro5345
Joined On 4/7/2014 3:44:32 PM
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Thank you! Thank you! Thank you! Thank you, Dr Mercola, for this program. I was a Cardiac intensive Care nurse and saw firsthand how the pharmacologic medications ruin the lives of people. After marrying my wonderful husband, I quit my job and became a stay-at-home wife. When I was pregnant with my first son, I went to an OBGYN doctor recommended by a trusted friend. He milked the umbilical cord before ripping it from me. This caused hyperbilirubinemia for my son, and I hemorrhaged all over the floor visiting with friends who came to see our baby. He also gave me a 3rd degree episiotomy. He said he didn't do episiotomies. After this I had all of our other 5 children at home. Nothing like a hospital to bring you home!!!

All of my home births were successful, and I have 6 beautiful children. I know that the Rockefellers bought out the medical schools and put 3 of their people on the boards. Now all of the reputable medical schools give pharmaceutical drugs as the first line of treatment to their patients. we never go to a doctor except for broken bones. I broke my ankle while teaching my son how to ice skate. He tipped my skate and I fell backwards. Unfortunately, I had a long blade on my figure skate and when my leg came down it broke my ankle in two. I was very nervous going into surgery since I know I don't like medications. I woke up with an IV antibiotic-to my horror. That was a long time ago and I took a lot of probiotics.

Reply | Mark as Spam | Posted On 3/30/2024 8:09:51 PM

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minimaniac1111
Joined On 3/7/2023 4:01:55 PM
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Medical errors? Maybe US gov assassination? A while back I read the US gov was paying hospitals, clinics, doctors and medical institutions $18k for each Covid death they report and $30k if patient was on a ventilator. There were a few vids on YT of patients waking up in ventilators, but those have likely long since been removed. My personal belief is they are purposely eliminating seniors and why not? No seniors means no SS needs to be paid.

Reply | Mark as Spam | Posted On 3/30/2024 4:11:13 PM

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jen3070
Joined On 4/11/2017 12:46:47 PM
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A family member was recently in the hospital due to falling and breaking her hip. Both at the hospital and the care center for recovery afterward, they wouldn't let anyone bring in her prescriptions or vitamins, they insisted on administering prescriptions from their own in-house pharmacies (which of course also adds to the bill). Trouble is, they didn't necessarily match the dosage nor the timing of taking them, and in the case of one medication they substituted a completely different drug that she had never taken because they didn't stock what she takes (the drug she had been taking had been painstakingly chosen for it's purpose over the years after trying a few others that were problematic, so they were making her take a BIG risk).

Why they insisted on messing with her thyroid and blood pressure meds instead of keeping them consistent with what she had been prescribed and taking (and weren't relevant to the reason for hospitalization) is beyond me, that seems like malpractice! And to top it off, when she was discharged, they recommended that when she went home she NOT resume taking any of the vit D, vit C, minerals, etc.

she had listed on meds/supplements disclosure when she was admitted. It was insane!! Very puzzling and eye-opening. Even when you try to advocate, they just don't care. A document such as described here might have helped, I don't know. Needless to say it was horrifying to watch her go through that experience (there were other issues also), I was very upset.

Reply | Mark as Spam | Posted On 3/30/2024 3:43:40 PM

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velmadauer
Joined On 6/20/2006 2:23:52 AM
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How can I find a new doctor who listens to me? I've been a diabetic for about 50 years, with no meds for the first 25 or so; then on Metformin about a year -- couldn't handle the diarrhea and asked for insulin. I've been on Humalog for 11 years. Now my new doctor says she doesn't think I need any insulin, but could go to an oral med. The recommended meds all list worse side effects than I have now, of which the worst are bloating, congestion. and sleepiness. This doctor says I could let my fasting glucose to up to 300 without a problem. I'm thinking, "I already have macular edema for which I need shots every 2-3 months. My A1c is 6.4, and this doctor says that's too low. She doesn't want me on insulin because my B.G. "may go too too low". (I'm wondering if she has been trained by Big Pharma and there is more profit in oral meds.) I don't know what to do.

Reply | Mark as Spam | Posted On 3/30/2024 3:13:12 PM

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helpothers

Joined On 6/20/2006 7:28:13 AM

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It would be wise to try and find a new doctor. FG at 300 is very bad and with an a1c of 6.4 equates to average glucose of 151. If you've been diabetic 50 years I am guessing you might be on medicare? That makes it more difficult to find someone who will really be willing to care for you and not give you the awful standard of care today. I prefer a naturopath - but they are rarely covered by any insurance and unless you are near a teaching school will likely be too much money for most people. naturopathic.org A couple of other options to look: American College for Advancement of Medicine - acam.org OR find a functional medicine doctor at Institute of Functional Medicine at ifm.org. They both have a 'find a practitioner' button on their page and perhaps you can find someone more suitable for your needs and they might be covered by insurance.

Mark as Spam | Posted On 3/30/2024 5:01:10 PM

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sophie124

Joined On 1/8/2010 1:30:22 PM

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Please, please find another doctor. I'm a T1 diabetic & would run from any doctor who thinks fasting 300 BG doesn't cause great harm. Insist on staying on Humalog & readjust doses or change what you're eating. 6.4 A1c is too high. Doctors have no education on lowering BG other than meds for T2s. They have low BG phobia for which they could be responsible. No responsibility for long-term effects on high BG.

Mark as Spam | Posted On 4/1/2024 2:29:43 AM

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jpfolks

Joined On 12/15/2022 7:31:42 AM

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This was a tough article to read. My wife died 18 years ago. She'd had Wegener's Granulomatosis. Six months after getting out of the hospital she started throwing up and having diarrhea. We took her to the emergency ward at the hospital where she had been diagnosed and treated. That way they would have all the necessary information and know how best to help her. By the end of the day the young doctor, who was just 2 years out of medical school, said that she just had a virus and to go home and give her Tylenol, Gravol and plenty of fluids.

He refused to contact her rheumatologist. By the time that she was released she was unconscious and unresponsive. I was told that if I wasn't able to take her home on my own, she would be sent home by ambulance. I was able to get her home with the help of my daughter and a friend. We found her dead in bed 3 hours later. So much for trusting the doctor. The coroner's report stated that she had died from an acute pulmonary hemorrhage due to E. coli sepsis, associated with Wegener's Granulomatosis.

I saw a malpractice lawyer and the one thing that still stands out in my mind was the fact that most people don't care as much about the money as an acknowledgment that a mistake had been made and that they were very sorry. A court case could take years and would take a horrible emotional toll on the family. After all is said and done you will wind up with a few measly dollars, but never an admission of guilt and an apology. That's hard to take!

Reply | Mark as Spam | Posted On 3/30/2024 1:31:37 PM

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rhweldershaw.ca

Joined On 8/5/2013 1:23:59 AM

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Over the last 6-7 years I have had 4 friends die in the hospital as the result of probably simple procedures like a hernia operation. When my wife broke her ankle the doctors were discussing amputating her foot. That is triage, not health care.

Reply | Mark as Spam | Posted On 3/30/2024 12:38:13 PM

Like Dislike

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ohe0518
Joined On 10/7/2015 12:01:52 PM
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Got mine done! This is an incredible resource!

Reply | Mark as Spam | Posted On 3/30/2024 11:00:54 AM

Like Dislike

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m231231
Joined On 12/18/2015 3:17:26 PM
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As I heard Dr. Savage (not MD) say last week, education and medication have wrecked this country. I chuckled. He has authored 30 plus books.

Reply | Mark as Spam | Posted On 3/30/2024 10:20:38 AM

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HilltopJPJ
Joined On 12/1/2022 7:11:10 AM
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When I quit my job of 42 years (two years ago) and went into early self employed semi retirement, many said I was foolish to walk away from health insurance. I was paying over $5,000 per year for insurance with a $10,000 deductible and many things (alternative) not covered. I was paying out of pocket for excellent Chinese medicine to improve my overall health (which it has) at a fraction of the cost of western medicine. My primary care physician, while a nice guy, had nothing to offer me as he was locked into a large corporate owned medical complex company. I now only consult with my Chinese medicine practitioner, am healthier than I've been, am spending less, take NO pharmaceuticals (never have, nor plan to) and am in my early sixties. My goal is to stay as far away from the medical industrial complex as possible, live long (whatever that may be) and die short (no bells, whistles, tubes or monitors).

Reply | Mark as Spam | Posted On 3/30/2024 9:45:44 AM

Like Dislike

HilltopJPJ
Joined On 12/1/2022 7:11:10 AM
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Side note, I did have carpal tunnel surgery four years ago, they discovered then that I had a PVC heart bigeminy, I was pressured to get multiple tests and see a cardiologist, I declined. My heart will stop on the day appointed, that is the "dying short" that I mentioned. No need to chase, suppress or worsen it with pharma and other intervention. I seem fine, and live life as it comes.

Mark as Spam | Posted On 3/30/2024 9:56:33 AM

Like Dislike

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gaylezpc
Joined On 7/31/2009 10:47:11 AM
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I did the same. I've refused mammograms, pelvic exams, colonoscopies, etc. for 30 years. I'm the healthiest 72 year old I know, playing tennis, pickleball and horseback riding. I've come to believe that the invasiveness of these procedures, especially at a young age, conditions women to submit to whatever doctors and the government want them too. Historically, men wouldn't submit to it, but now they get the joys of prostrate exams and colonoscopies, and that conditioning seems to be working too.

Mark as Spam | Posted On 3/30/2024 12:02:07 PM

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bar1064
Joined On 8/17/2021 12:23:20 PM
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See also Ivan Illich book, Medical Nemesis and iatrogenic or doctor caused illness.

Reply | Mark as Spam | Posted On 3/30/2024 7:46:20 AM

Like Dislike

TheBearRuns

Joined On 9/7/2021 7:50:11 AM

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Its sad that legal documentation and a family/friend advocate is the real insurance needed. Seems like so much of medical system today is under the control of politics, BIG Pharma and Insurance Companies. QUESTION: how can patient medical expenses be covered by insurance if there's a disagreement on protocol/treatment, the patient leaves and the hospital documents the departure as an AMA (Against Medical Advice)? It seems like the AMA can be used by the insurance company to refuse payment.

Reply | Mark as Spam | Posted On 3/30/2024 7:37:52 AM

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josephunger

Joined On 2/15/2012 6:52:11 PM

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Thanks! I recall a doctor's strike in California (maybe the '70s?). The death rate dropped. A couple decades ago congress introduced legislation capping settlements for medical errors. I was opposed to the measure but all my medical colleagues were in favor. There was a landslide of lawsuits before the new law went into effect and I was hired for some expert testimony. I was relieved that all were unfounded and frivolous and easily dismissed. Personal responsibility is essential!

Reply | Mark as Spam | Posted On 3/30/2024 7:03:43 AM

Like Dislike

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jen3070

Joined On 4/11/2017 12:46:47 PM

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Reminds me that it was reported (here I think) that there was a significant drop in SIDS deaths during the peak of COVID when parents weren't bringing their babies in for all the "well-child" visits and shots.

Mark as Spam | Posted On 3/30/2024 3:56:27 PM

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John the treedoctor

Joined On 6/19/2006 9:01:02 PM

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The first video in this article is blocked here in England; I get a warm feeling from being protected against information that might upset me, Information that I am already aware of and have been so for about 30 years... Short of installing a VPN, any suggestions? Don't worry about me - I'll only risk one eye.

Reply | Mark as Spam | Posted On 3/30/2024 4:21:48 AM

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