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Most Mask Wearers Will Be Dead Or Demented In Ten Years

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The deadly dangers of the toxic, experimental `vaccines' are rightly getting a good deal of attention. But the danger of mask wearing has been largely forgotten. This is a huge mistake.



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If the vaccine doesn't kill the zombies then the chances are that the masks will do the job very effectively.

Amazingly, no long-term trials have been performed to show the effectiveness or the safety of wearing a face mask.

And so mask wearing is, like the experimental covid-19 jabs, a massive experiment. Despite this the signs are that mask wearing, like social distancing, testing and tracing, open windows, lockdowns, border controls and hand sanitisers, is likely to be permanent. Indeed, I've said since the start that it would be. The masks, of course, have nothing to do with infection – they are about control – compliance.

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When Will

So it's no surprise to hear government advisors warning, time and time again, that masks are here to stay. Permanently.

Just the other day someone called Susan Michie said that masks – and everything else – should be permanent 'to boost public health'. Like most of those pontificating about these things she's not a medical doctor, of course. She's a psychologist and an expert on 'behavioural compliance'. And that tells us all we need to know.

Michie allegedly compared wearing a mask to wearing a seat belt in a car and I rather think that's the most stupid thing I've heard since Devi Sridhar opened her big mouth and used the BBC to tell children everywhere that the vaccine is 100% safe. Seat belts are all upside and no downside. Masks are all downside and no upside.

The unforgiveable Sridhar should have known, by the way, that no pharmaceutical product has ever been made that is 100% safe. And there must have been someone at the BBC who knew the phone number of a doctor they could ring to check that out.

For well over a year I have been studying the science behind mask wearing and it's truly scary. Long-term mask wearing is deadly and that medical doctors don't recommend it.

Michie and her co-conspirators should read my free book Proof that masks do more harm than good – it's packed with scientific evidence showing that masks are massively dangerous but entirely useless.

My professional judgement, based on an extensive study of all the available evidence, is that those who wear a mask every day will, if they survive the experimental jab for ten

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years, be dead or demented as a result of their mask wearing. Not all surgeons wear masks by the way, and even if they do they change them every two hours and work in a climate controlled environment.

And I believe that as a medical doctor with decades of experience at assessing clinical trials, adverse events and risk benefit procedures my independent, unbiased judgement is better than that of government advisors and journalists anywhere in the world – who are, in my view, like Michie, merely parroting politically approved nonsense. My track record at investigating medical hazards is second to none. On www.vernoncoleman.com there's a list of some of the warnings I've given and predictions I've made over the last half a century.

The truth is that the whole mask wearing exercise has been part of a scare mongering campaign which has been organised to terrify people so that they put up with living in a fascist society and accepting toxic, experimental jabs as their route to freedom.

I'm not alone in regarding mask wearing as a dangerous and useless activity.

When the covid-19 hoax began, authorities around the world announced that mask wearing was pointless and it was widely agreed by experts that they could probably do more harm than good.

The World Health Organisation supported this general view which was in accordance with just about all the available scientific evidence. Medical advisors around the world agreed that there was no need to wear masks.

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In March 2020, Professor Whitty, the UK's Chief Medical Officer said that wearing a face mask had almost no effect on reducing the risk of contracting covid-19. He said that the UK Government did not advise healthy individuals to wear masks.

Also in 2020 a White House coronavirus advisor, claimed that face coverings are not effective in stopping the spread of the coronavirus. His tweet on the subject was removed by Twitter.

Later during the year the story changed.

Although there did not seem to be any scientific evidence supporting such a dramatic change the World Health Organisation suddenly supported face mask wearing and almost instantly governments around the world changed their views overnight and decided that we should all wear masks.

No one has ever explained this change of heart. The medical and scientific evidence certainly does not support this change of heart. I can only assume that the change was made for political purposes.

At no previous time in history have large numbers of people been forced to wear masks. The long-term physical and psychological consequences are unknown though those ordering that masks be worn should be aware of the extraordinary risks and of the way that masks can be used to oppress and subjugate a population.

The big lie, which the WHO and governments everywhere want to disseminate, is that wearing masks is essential to control covid-19.

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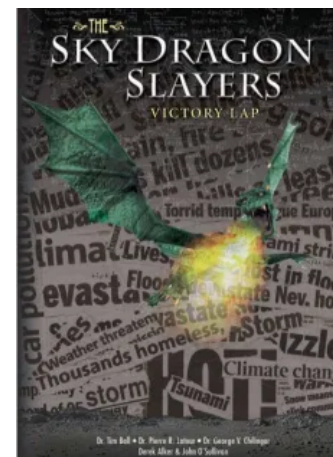
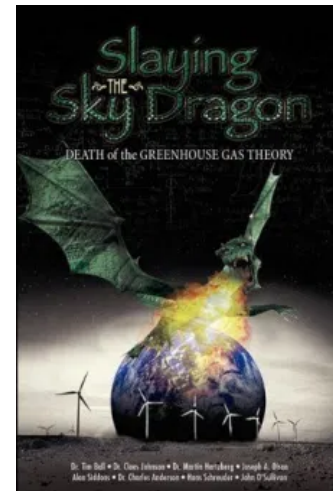
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Really?

A study by the University of East Anglia concluded that wearing masks was of no benefit and could increase infection. Experts in respiratory disease and infection protection from the University of Illinois have explained that face masks have no use in everyday life – neither as self-protection nor to protect other people. A study published in the *Annals of Internal Medicine* concluded that neither fabric masks nor surgical masks can prevent the spread of covid-19 by coughing. An article in the *New England Journal of Medicine* concluded that masks offer little or no protection and that the call for masks to be compulsory was an irrational fear reflex. A German study showed that masks had no effect on infection rates. In 2020, Dr Fauci, the American covid-19 supremo, expressed real doubts about masks. On May 28th 2020 he admitted masks are little more than symbolic. Virtue signalling. A meta study on influenza, published by the CDC in America, found that face masks were of no help.

The available evidence shows clearly that masks do not work but do have the potential to cause a variety of health problems – including short-term problems such as breathlessness and long-term problems such as bacterial pneumonia, brain damage and death. And yet, despite all this, there have been suggestions from various authorities that mask wearing and social distancing will need to be permanent. It has also been suggested that masks should be worn in the home and out of doors. The sceptical will find it impossible to avoid the conclusion that there is far more to masks (and compulsory mask wearing) than meets the eye.

Please read my book *[Proof that masks do more harm than good.](#)*



Since the book was published last year around 3,000 people a week have downloaded the book from my two websites alone.

The bottom line is that there is absolutely no scientific reason for mask wearing under any circumstances. The covid-19 hoax is an IQ test. Anyone who wears a mask after studying the evidence has clearly failed the test.

My estimate is that mask wearers are losing five to ten IQ points every year that they wear their masks. Anyone who wears a mask for more than two hours without changing it is at risk of serious infection. Wearing a mask for hours at a time results in increased levels of carbon dioxide in the blood and dangerously lowered blood oxygen levels. Those who are stupid enough to wear two masks at a time are unlikely to last ten years.

Anyone who says that masks are safe and helping to stop the spread of infection is stupid or lying. Anyone forcing children to wear masks should be imprisoned for child abuse.

Remember, long-term mask wearing is experimental. It has never been proved to be safe or useful. But short-term mask wearing has been proved to be dangerous.

Remember that Kester Disability Rights in the UK helped a disabled woman to win the first face mask discrimination case. The woman was refused access to an unnamed something or other because she was unable to wear a face mask, and as a result of this egregious discrimination, she was paid £7,000 in compensation.



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Remember there are no controls about the manufacture of safe masks – or about what impurities or bugs they may contain. I saw one hospital which had a huge box of face masks for visitors to wear. The masks were unwrapped and could have all been coughed on by someone with tuberculosis.

Remember that a recent published study found that inhalation of harmful microbes can contribute to advanced stage lung cancer in adults. It is known that long-term use of face-masks may help breed dangerous pathogens and that frequent mask wearing creates a perfect, moist environment in which microbes proliferate before entering the lungs. The invading microbes travel down the trachea and the bronchi until they reach the tiny alveoli. The presence of these bacterial cultures is also associated with a lower chance of survival and increased tumour growth regardless of the stage.

Remember that it is estimated that 129 billion face masks and 65 billion gloves are used and disposed of globally each month. A lot of this waste is ending up in landfills, waterways and oceans, which is having a harmful effect on wildlife – particularly sea life. Non-reusable masks, which are made out of plastics such as polypropylene, take around 450 years to biodegrade, making them just as environmentally unfriendly as plastic carrier bags.

Remember, there is a considerable amount of evidence from around the world to show that politicians who have ordered the public to wear face masks have themselves benefitted financially. For example, in the UK the National Audit Office found that companies recommended by MPs, peers and ministers' offices were given priority as the Government sought to obtain Personal Protective Equipment.

Finally, and crucially, according to the UK Government's website (at the time of writing), you do not need to wear a face covering:

1. if you are under the age of 11
2. if you cannot put on, wear or remove a face covering because of a physical or mental illness or impairment, or disability
3. if putting on, wearing or removing a face covering will cause you severe distress
4. if you are speaking to or providing assistance to someone who relies on lip reading, clear sound or facial expressions to communicate
5. if you wish to avoid harm or injury, or the risk of harm or injury, to yourself or others – including if wearing a mask would negatively impact on your ability to exercise or participate in a strenuous activity
6. if you are a police officer or emergency worker and that a mask may interfere with your ability to serve the public.

And the UK Government's website adds that if you have an age, health or disability reason for not wearing a face covering you do not routinely need to show any written evidence of this and you do not need to show an exemption card. You do not need to seek advice or request a letter from a medical professional about your reason for not wearing a face covering.

If you want to avoid idiotic confrontations and want to show something that says you do not have to wear a face covering you can have an exemption card, badge or even a home-made sign.

But carrying an exemption card or badge is your choice and is not required by law. And no one is entitled to ask you for a badge or anything else – or to ask you why you aren't wearing a mask any more than they're entitled to ask if you are wearing clean underwear.

The Government says you can tell them to piss off if they do. Well, it doesn't actually say that. But you can ignore them. The Home Office details are on my websites.

Remember that in the UK, at least you don't have to wear a face mask if you find doing so uncomfortable or distressing in any way. And you don't have to wear a lanyard any more than you have to sew a yellow star onto your clothing.

I repeat, in the UK, no one, not even a police officer, has the right to ask you to wear a mask or to ask you why you aren't wearing a mask.

The updated version of Vernon Coleman's book *Proof that masks do more harm than good* is available as a free PDF on this website.

More at vernoncoleman.org

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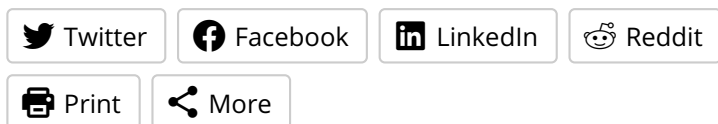
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Comments (9)



Alan

June 27, 2021 at 12:25 pm | #

If mask wearing is a problem then surely the people who should be suffering are dentists.

[Reply](#)

Chris*



June 27, 2021 at 1:34 pm | #

Dentists would not be wearing masks continuously. A fresh mask with each client, probably less than 1 hour at a time. My dentist only puts his mask on after the client is settled in the chair and his assistant has everything at his disposal .

[↩ Reply](#)



Terry Shipman

June 27, 2021 at 3:53 pm | #

And a dentist office is a sterile environment. It has to be because of the oral surgery a dentist does. A dentist certainly would not wear it when going to the bathroom then keeping the same one on when seeing the next patient. What children are forced to do is criminal child abuse. Children are not known to thoroughly wash their hands after using the bathroom. Then they handle their mask. My dentist doesn't continually wear a mask either. Thank you Chris for bringing clarity to the dentist issue, otherwise known as common sense.

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Alan

June 27, 2021 at 2:54 pm | <#>

I assume that to be the case, but I mentioned them as a group that might have experienced a problem, if there is one. One problem is that masks might increase carbon dioxide intake so even if dentists change masks regularly, there could still be problems. I have seen people experimenting with carbon dioxide monitors to claim this is an issue, but the more obvious measure is blood oxygen. I would like to see the evidence that mask wearing is a problem, and none is given here.

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Tom

June 27, 2021 at 11:41 pm | <#>

What exactly would wearing a mask save you from? The viruses are already in you and only appear when the body needs releasing of toxicity. Why is it that some people get sick and some don't? The people who die from sickness have other medical problems or have too much accumulated toxins and poisons.

We accumulate toxicity from foods, water, air, contact with chemicals, and mostly from big pharma drugs.

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Judy

June 28, 2021 at 6:48 am | <#>

I play duplicate bridge at the local bridge club. They now have and the rule requiring the players to wear a mask.

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Judy

June 28, 2021 at 6:52 am | #

Some of the bridge players are in their 80s or 90s. It is very dangerous for them to wear a mask because within that Mask the CO2, which is heavier than the air sinks to the bottom of the mask and then they re-inhale it. I am 75. I Walked out of the bridge club today as a protest.

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Aaron

June 29, 2021 at 5:10 am | #

Hi Judy

Good on you for having the courage standing up peer pressure, you are in the right the world could use more gems like yourself out there

↩ [Reply](#)



Judy

June 28, 2021 at 6:55 am | #

Dear Vernon, I think your videos are terrific. I have sent some of them around. We have the yellow pages project in Australia. We extract the email addresses for all the small businesses from the online Yellow Pages and we send Short evidence based videos such as yours to all the citizen voters.

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