



Masks Are a Ticking Time Bomb

Analysis by [Dr. Joseph Mercola](#)

✓ Fact Checked

STORY AT-A-GLANCE

- › It's estimated that 129 billion face masks are used worldwide each month, which works out to about 3 million masks a minute
- › Not only are masks not being recycled, but their materials make them likely to persist and accumulate in the environment
- › Because masks may be directly made from micro-sized plastic fibers with a thickness of 1 mm to 10 mm, they may release micro-sized particles into the environment more readily – and faster – than larger plastic items, like plastic bags
- › Microbes from your mouth, known as oral commensals, frequently enter your lungs, where they've been linked to advanced stage lung cancer; wearing a mask could potentially accelerate this process
- › The “new normal” of widespread masking is affecting not only the environment but also the mental and physical health of humans

The planet may be facing a new plastic crisis, similar to the one brought on by bottled water, but this time involving discarded face masks. “Mass masking” continues to be recommended by most public health groups during the COVID-19 pandemic, despite research showing masks do not significantly reduce the incidence of infection.¹

As a result, it's estimated that 129 billion face masks are used worldwide each month, which works out to about 3 million masks a minute. Most of these are the disposable variety, made from plastic microfibers.²

Ranging in size from five millimeters (mm) to microscopic lengths, microplastics, which include microfibers, are being ingested by fish, plankton and other marine life, as well as the creatures on land that consume them (including humans³).

More than 300 million tons of plastic are produced globally annually – and that was before mask-wearing became a daily habit. Most of it ends up as waste in the environment, leading researchers from the University of Southern Denmark and Princeton University to warn that masks could quickly become “the next plastic problem.”⁴

Why Disposable Masks May Be Even Worse Than Plastic Bottles

The [bottled water crisis](#) is now well-known as a leading source of environmental plastic pollution, but it's slated to be outpaced by a new mask crisis. While about 25% of plastic bottles are recycled, “there is no official guidance on mask recycle, making it more likely to be disposed of as solid waste,” the researchers stated. “With increasing reports on inappropriate disposal of masks, it is urgent to recognize this potential environmental threat.”⁵

Not only are masks not being recycled, but their materials make them likely to persist and accumulate in the environment. Most disposable face masks contain three layers – a polyester outer layer, a polypropylene or polystyrene middle layer and an inner layer made of absorbent material such as cotton.

Polypropylene is already one of the most problematic plastics, as it's widely produced and responsible for large waste accumulation in the environment, as well as being a known asthma trigger.⁶ Further, the researchers noted:⁷

“Once in the environment, the mask is subjected to solar radiation and heat, but the degradation of polypropylene is retarded due to its high hydrophobicity, high molecular weight, lacking an active functional group, and continuous chain of repetitive methylene units. These recalcitrant properties lead to the persistence and accumulation in the environment.”

They also stated that when the masks become weathered in the environment, they can generate a large number of microsized polypropylene particles in a matter of weeks, then break down further into nanoplastics that are less than 1 mm in size.

Because masks may be directly made from microsized plastic fibers with a thickness of 1 mm to 10 mm, they may release microsized particles into the environment more readily – and faster – than larger plastic items, like plastic bags.

Further, “Such impacts can be worsened by a new-generation mask, nanomasks, which directly use nanosized plastic fibers (e.g., diameter <1 mm) and add a new source of nanoplastic pollution.”⁸ A report by OceansAsia further estimated that 1.56 billion face masks may have entered the world’s oceans in 2020, based on a global production estimate of 52 billion masks manufactured that year, and a loss rate of 3%, which is conservative.

Based on this data, and an average weight of 3 to 4 grams for a single-use polypropylene surgical mask, the masks would add 4,680 to 6,240 additional metric tons of plastic pollution to the marine environment, which, they note, “will take as long as 450 years to break down, slowly turning into microplastics while negatively impacting marine wildlife and ecosystems.”⁹

Masks Entering Marine Environments Pose Additional Risks

Plastic particles are known to travel great distances, posing immense risks to virtually every part of the globe. Small, weathered pieces of plastic – suggesting they’d been on a long journey – have been found at the top of the Pyrénées mountains in southern France¹⁰ and “in the northernmost and easternmost areas of the Greenland and Barents seas.”¹¹

Calling the Greenland and Barents seas area a “dead end” for the plastic debris, researchers hypothesized that the seafloor below would be a catch-all for accumulating plastic debris.¹² In separate research, it was also revealed that plastic pollution has reached the **Southern Ocean** surrounding Antarctica – an area believed to be mostly free of contamination.¹³ According to the featured study:¹⁴

“When not properly collected and managed, masks can be transported from land into freshwater and marine environments by surface run-off, river flows, oceanic currents, wind, and animals (via entanglement or ingestion). The occurrence of waste masks has been increasingly reported in different environments and social media have shared of wildlife tangled in elastic straps of masks.”

Such plastics also contain contaminants, such as **polycyclic hydrocarbons (PAHs)**, which may be genotoxic (i.e., causing DNA damage that could lead to cancer), along

with dyes, plasticizers and other additives linked to additional toxic effects, including reproductive toxicity, carcinogenicity and mutagenicity.¹⁵

Aside from the chemical toxicity, ingestion of microplastics from degraded masks and other plastic waste is also toxic due to the particles themselves as well as the potential that they could carry pathogenic microorganisms.

Another issue that's rarely talked about is the fact that when you wear a mask, tiny microfibers are released, which can cause health problems when inhaled. The risk is increased when masks are reused. This hazard was highlighted in a performance study to be published in the June 2021 issue of *Journal of Hazardous Materials*.¹⁶

Researchers from Xi'an Jiaotong University also said scientists, manufacturers and regulators need to assess the inhalation of microplastic and nanoplastic debris shed from masks – both disposable and cloth – noting:¹⁷

"... [C]omplaints of throat irritation or discomfort in the respiratory tract by children, the elderly, or other sensitive individuals after wearing these may be alerting signs of excessive amounts of respirable debris inhaled from self-made masks and respirators."

In the featured study researchers also called on the environmental research community to "move fast to understand and mitigate these risks," suggesting that reusable cloth masks be promoted in lieu of disposable options and that mask-only trash cans be set up to assist in proper disposal.¹⁸ However, another option would be to loosen or eliminate [mask mandates](#), which may turn out to cause more harm than good.

Mask Use May Pose a Risk for Advanced Stage Lung Cancer

While it's well-known that gut microbiota affect your immune system and risk of chronic diseases, it was long thought that lungs were sterile. Now it's known that microbes from your mouth, known as oral commensals, frequently enter your lungs.¹⁹ Not only that, but researchers from New York University (NYU) Grossman School of Medicine revealed that when these oral commensals are "enriched" in the lungs, it's associated with cancer.²⁰

Specifically, in a study of 83 adults with lung cancer, those with advanced-stage

cancer had more oral commensals in their lungs than those with early-stage cancer. Those with an enrichment of oral commensals in their lungs also had decreased survival and worsened tumor progression.

While the study didn't look into how mask usage could affect oral commensals in your lungs, they did note, "The lower airway microbiota, whether in health or disease state, are mostly affected by aspiration of oral secretions, and the lower airway microbial products are in constant interaction with the host immune system."²¹

It seems highly likely that wearing a mask would accelerate the accumulation of oral microbes in your lungs, thereby raising the question of whether mask usage could be linked to advanced stage lung cancer. The National Institutes of Health even conducted a study²² that confirmed when you wear a mask most of the water vapor you would normally exhale remains in the mask, becomes condensed and is re-inhaled.²³

They went so far as to suggest that **wearing a moist mask** and inhaling the humid air of your own breath was a good thing, because it would hydrate your respiratory tract. But given the finding that inhaling the microbes from your mouth may increase advanced cancer risk, this hardly sounds like a benefit.

Not to mention, the humidity inside the mask will allow pathogenic bacteria to rapidly grow and multiply and, since the mask makes it more difficult to breathe, you're likely to breathe heavier, thereby risking inhaling the microbes even deeper inside your lungs.

Masks Are Harming Children and Adults

The "**new normal**" of widespread masking is affecting not only the environment but also the mental and physical health of humans, including children. It's largely assumed that face masks are "safe" for children to wear for long periods, such as during school, but no risk assessment has been carried out.²⁴ Further, as evidenced by Germany's first registry recording the experience children are having wearing masks.²⁵

Using data on 25,930 children, 24 health issues were reported that were associated with wearing masks that fell into the categories of physical, psychological and behavioral issues.²⁶ They recorded symptoms that:²⁷

“... included irritability (60%), headache (53%), difficulty concentrating (50%), less happiness (49%), reluctance to go to school/kindergarten (44%), malaise (42%), impaired learning (38%) and drowsiness or fatigue (37%).”

They also found 29.7% reported feeling short of breath, 26.4% being dizzy and 17.9% were unwilling to move or play.²⁸ Hundreds more experienced “accelerated respiration, tightness in chest, weakness and short-term impairment of consciousness.”

It’s also known that microplastics exist in human placentas,²⁹ and animal studies show that inhaled plastic particles pass through the placenta and into the heart and brains of fetuses.³⁰ The fetuses exposed to the microplastics also gained less weight in the later part of the pregnancy.³¹

“We found the plastic nanoparticles everywhere we looked – in the maternal tissues, in the placenta and in the fetal tissues. We found them in the fetal heart, brain, lungs, liver and kidney,” lead research Phoebe Stapleton of Rutgers University told The Guardian.³²

Dr. Jim Meehan, an ophthalmologist and preventive medicine specialist who has performed more than 10,000 surgical procedures and is also a former editor of the medical journal *Ocular Immunology and Inflammation*, also conducted an evidence-based scientific analysis on masks, which shows that not only should healthy people not be **wearing masks** but they could be harmed as a result.³³

Meehan suggests that the notion of mask-wearing defies common sense and reason, considering that most of the population is at very low or almost no risk of becoming severely ill from COVID-19. He also compiled 17 ways that masks can cause harm:³⁴

Medical masks adversely affect respiratory physiology and function

Medical masks lower oxygen levels in the blood

Medical masks raise carbon dioxide levels in the blood

SAR-CoV-2 has a “furin cleavage” site that makes it more pathogenic, and the virus enters cells more easily when arterial oxygen levels decline, which means wearing a mask could increase COVID-19 severity

Medical masks trap exhaled virus in the mouth/mask, increasing viral/infectious

load and increasing disease severity

SARS-CoV-2 becomes more dangerous when blood oxygen levels decline

The furin cleavage site of SARS-CoV-2 increases cellular invasion, especially during low blood oxygen levels

Cloth masks may increase the risk of contracting COVID-19 and other respiratory infections

Wearing a face mask may give a false sense of security

Masks compromise communications and reduce social distancing

Untrained and inappropriate management of face masks is common

Masks worn imperfectly are dangerous

Masks collect and colonize viruses, bacteria and mold

Wearing a face mask makes the exhaled air go into the eyes

Contact tracing studies show that asymptomatic carrier transmission is very rare

Face masks and stay at home orders prevent the development of herd immunity

Face masks are dangerous and contraindicated for a large number of people with pre-existing medical conditions and disabilities

Adding insult to injury, the first randomized controlled trial of more than 6,000 individuals to assess the **effectiveness of surgical face masks** against SARS-CoV-2 infection found masks did not statistically significantly reduce the incidence of infection.³⁵

Considering the lack of evidence for their use, and the potential harms to human health and the environment, it's no wonder that calls for peaceful civil disobedience against **mandatory masking** are growing. The U.S. nonprofit **Stand for Health Freedom** has a widget you can use to contact your government representatives to let

them know wearing a mask must be a personal choice.

Darzoum

“There are a thousand hacking at the branches of evil to one who is striking at the root,” said Thoreau. A measure of whether an activity is rightfully focused is by what it leaves in its wake. Perhaps most large-scale human activity fails this test. The all-too-common pattern is to “solve problems” by creating new problems. A drug creates a side-effect that supposedly takes a new drug to fix... and then there’s the drug to fix the fix and we’re off to the races, making a bunch of money for some soulless corporation while moving further away from the original root cause of the problem (which, in this example, most likely does not involve a drug at all). The solutions are often preconceived according to hidden agendas far afield from professed rationalizations, as we’ve seen with covid-19. Every reasonable, accessible solution was rejected out of hand. The solution had to be a patented drug... even an experimental gene therapy. First it was one shot, then two, and now, likely an annual ritual.

The pharmaceutical industry was already the “poster-child” for this paradigm of creating two problems for every one it supposedly solves. But with the covid “pandemic,” they and their cohorts totally outdid themselves. We all know by now the evils of their “hacking at the branches” pretense of saving the world by a contrived new standard, “biosecurity,” and how it has threatened health, livelihoods, human liberty and basic decency. So why should we even be surprised that something as simple as wearing a mask—touted and accepted by many as self-evidently effective—should prove to be such a disaster? Not only do they negatively impact health, show little to no advantage in stopping viral spread and distort human interactions, but they are an environmental disaster to boot. These are your vaunted health experts, hard at work. They only deal in science, and as they repeatedly assure us, the science is settled.

Posted On 04/07/2021

stanleybecker

Darzoum - Pharma at this moment {in Latin "nunc stans"} Pharma rules the world - its Prime Minister is SNAKE Gates - Pharma has made their Program quite clear through its spokespeople like the SNAKE and Dr Falsey and Fuehrer Schwab - they want to KILL as many members of the Human population as possible - they state this openly - but the BRAIN DEAD do not hear their message - this is cognitive dissonance on steroids - on the one hand you have their voices and on the other hand you have deaf ears - Jesus said he would make the blind see and the deaf hear - but in our Godless mess that is called "society" no one hears nor sees - how can this be transformed? - what vision must be invoked like Apostle Paul's vision in Damascus or Ezekiel's vision of the Chariot? - what must take place to make the people "see" or "hear"??

Posted On 04/07/2021

Randyfast

Well said, David. Their "science" is fake! It's like everything else in this society, these days...fake, artificial, synthetic, plastic. The "Great Reset" began long before covid; but, it will finish with covid and it will take a few years to fully implement the various agendas. Will SPARS 2025 be the new threat/pandemic/distraction?

Posted On 04/07/2021

juststeve

Boy have you nailed this one. It seems the foundation to their operating practices is full speed ahead and damn any possible consequences. Any negatives are considered "Externals" & any cost to treasure or health is to be either picked up by the public, individuals, or as another possible "business" opportunity. There are small army's of psychologist employed to pour molasses on whatever Bull Spit they are selling for the general public to consume at any time. Randyfast, some of us have been witnessing the Twilight Zone reruns in real life, in real time for decades. Seeing it as TV fantasy once was enough. Stan, just what does it take to make the blind & deaf see and hear? Damn, it has all been all too much for too long already.

Posted On 04/07/2021

rrealrose

Hi David, just a few more aspects many do not factor in to Big Pharma, the sheer scale of Pharma marketing efforts (enough spend to feed the starving on the African continent) and political lobbying is something to behold! as Dr M neatly tucked this on today's front page: articles.mercola.com/sites/articles/archive/2021/04/06/big-pharma-lobb.. - As money talks, those dependent on Pharma for their salaries or govt grants are increasingly being silenced. We are getting such a one-sided, vaxxed view of this pandemic, its unconscionable.

Worse, everyone points to the 1918 Spanish flu as an example, few are aware that most people in hospitals died from overdoses of aspirin. Aspirin was new at the time, no one seems to have assessed proper dosing, some history for Bayer? Most of those who went home to recover survived. Yet another tidbit of history "they" do not want us to know! Now "they" are in process of creating a society of vaccine dependents forever. Most likely this will not bode well in the future for many of the "early adapters" who prefer to volunteer for phase 3 clinical trials, being heavily pushed by govts around the globe!

Posted On 04/07/2021

Palazzolo

Bravo. Well written and so true.

Posted On 04/07/2021

beingcelestial

Oh, I have heard reporters and medical profs state the shots will be an every-six-month maintenance. The sheeple will follow.

Posted On 04/07/2021

Krofter

Well put. New technologies to fix the old technologies are almost always worse than the ones they are meant to fix. But hey, there is money to be made and as Mark Twain said, its easier to fool everyone than it is to convince them they've been fooled.

Posted On 04/07/2021

mirandola

Darzoum, what you write about, drugs creating side effects to sell more drugs, should be made illegal and an act of medical violence. And in fact, when I attended a naturopathic physician's lecture, who researches on a wide scale, that physician/researcher said that one particular BigPharma company, stated that if a drug did not cause a side effect the drug was not working! Woa, woa. Consumer alert!

Meanwhile as regards masks, I suggest to manufacturers and to Feds, to please only represent them as they truly are. If they contain saline and other spray, that is good to advertize and to state the degree to which this prevents disease spread. However, do not misrepresent and mislead the people at large, into thinking that this prevents disease spread altogether. It most certainly does not, according to Dr Ted Noel's youtube which we all on this site have seen, wherein he vaped through masks to clearly show how readily the vape escaped right through the pores of the masks. In fact. they even cause a iet stream which mav verv likelv spread the vape fumes (and by

inference, the infections traveling through the air) far wider and further than when a person breathes without a mask.

articles.mercola.com/sites/articles/archive/2021/01/29/is-wearing-thre..

When people make assumptions, that something works or does not work, to check out assumptions is Very Important. Ignorance is Not always bliss! The Feds and manufacturers of masks, are guilty of falsely misleading the public, implied even if unstated, against FDA law. Why are they not being cracked down on? Yet, naturopathic physicians are threatened and punished left and right by the CDC, FDA et al. Shame on them! Regarding "stay safe and well" : How in the world are people supposed to stay healthy and prevent disease, when inhaling their own CO2 and infectious bugs? What fools these mortals be. I do wear my mask out of respect, but ask many questions. It is our right/ duty to ask.

Posted On 04/07/2021

blessthebeasts

I just read about a new mask being developed that is actually monitored by an app on your phone--they are actually calling it "the mask of the future!"

Posted On 04/07/2021

Cabochon

I won't be quoting the information in today's article to the uninitiated. No amount of scientific, statistical, environmental, epidemiological, professional, anecdotal or personal evidence, the application of logic, common sense, sense of justice, lessons from history, emotional or empathy appeal makes the slightest difference to the brainwashed i.e. the majority of the general public fed a daily diet of propaganda from governments, news and social media. Even highly educated, intelligent and otherwise rational brains have been highjacked by the well worn psychological mechanisms of fear mongering, group think, and endless repetition of the narrative and false representation of "science" until it becomes "fact" in the minds of those who receive the propaganda in our age of technology enabling mass communication.

This is why you see children in masks, adults wearing masks in their cars or in the park, willingly submitting to experimental injections and following rules that destroy both their health and livelihood. You cannot dry off while still in the shower, therefore the ONLY solution is to permanently remove the brainwashed from the sources of their affliction to enable a return to reason and common sense. Switch off the TV, exclude social media and politics playing medicine or medics playing politics. The toxic team - technocracy, politicians, big Pharma and medical tyranny - has taken over for now and the

endgame is hidden in plain sight. Are there enough of us still capable of independent thought and willing to fight back?

Posted On 04/07/2021

stanleybecker

Cabochon - the March of the Zombies into the Abyss has a programmed inevitability about it - no one can alter the propagandized hypnosis that drives the herd onwards - unless the herd decides to stampede and break the barriers to consciousness nothing will change - everything will get darker - they should call the Great Reset "Lights Out" because that is what it will mean - materialism is a disease that has no cure

Posted On 04/07/2021

Cabochon

In a previous article on February 18th, Dr M described the phenomenon as "mass delusional psychosis", delusion being an irrational state of mind that does not conform to reality. The real public health crisis is not the virus itself but instilled fear of infection, which has evolved into a type of hysteria at the sight of, for example a healthy, unmasked person with no symptoms. Various strategies are suggested but these will not work until the spell is broken and the herd stop jumping off the cliff. I just wondered what could "break the barrier to consciousness" as you describe it and it seemed to me that only removal from the source could allow that consciousness to be restored and healing to begin.

Posted On 04/07/2021

incredikad

Well said 👍👍

Posted On 04/07/2021

cam7371

This so true! I like your illustration of not being able to dry off while still in the shower. As hard as it

is, we do need to identify the problem and have the good sense to turn it off. I grew up watching Twilight Zone. What I am seeing reminds me of a number of episodes where the main character is not immersed in the the general mindset of the world around him.

Posted On 04/07/2021

mem4477

F E A R = False Evidence Appearing Real

Posted On 04/07/2021

Randyfast

Cam; we used to 'watch' it - now, we are 'living' it! Anyone with a brain, would have seen the global orchestration, collaboration and cooperation from the beginning. When have the "world powers" ever agreed on anything?! If this is such a "Deadly Pandemic", why aren't people falling dead in the streets? Because; the only pandemic here, is one of fear! They don't even need a real pandemic; as they are achieving their goals through the mechanism of fear scaring the masses into total compliance!

Posted On 04/07/2021

Cabocho

Well said, Cam and Randyfast. Some observers have indeed being doing their homework since the beginning. Journalist Whitney Webb gives a comprehensive primer on how we got here which should demolish any lingering ideas you may be holding on to re conspiracy theory vs conspiracy fact. It's not for the fainthearted but she ends on a positive note. Main points - the death of Tanzanian President, the vulnerability of the UK and the importance of Africa as a source of raw

materials to enrich the billionaire elite. "There is a window of opportunity but it is closing"

www.pscp.tv/.../1BdGYYoLXZIGX

Posted On 04/07/2021

dog1678

"When you try to kill everyone with a plandemic but accidentally cause a mass awakening." This phrase is being seen all over social media now, and maybe its a sign of hope.

Posted On 04/07/2021

fvomasch

cam7371 This reminds me of the episode "The Monsters are Due on Maple Street" from Twilight Zone. A small town peaceful at first turns chaotic by the turning on and off of lights or lawn mowers/car engines/etc at random. Everything around us is topsy-turvy in a short time and getting worse by the day.

Posted On 04/07/2021

Palazzolo

www.brighteon.com/d6412bff-0421-4190-a7bf-3e5e1f52559d

Posted On 04/07/2021

Krofter

mem - That's it in a nutshell. At the Nuremberg trial when Herman Goering was asked how they got the German people to comply with the nazi agenda Goering said, "All you have to do is tell them they are being attacked, and denounce the peacemakers for lack of patriotism and exposing the country to danger. It works the same in any country." Fear and paranoia strike deep.

Posted On 04/07/2021

mirandola

Cabochon, I empathize (and we all do!) with your frustration and concern that the brainwashed will not listen to the voice of logic and reason. That said, I have actually seen this in the flesh: When boothing at a fair, people walked right past the written word. But, when we posted color photos and images, suddenly people walked from across the aisle, to check out the booth, and then they did begin to read. Images make ALL The difference! I suggest strongly, to circulate Dr Ted Noel's youtube around, without saying so much as one single word. Just send it around, not even saying a thing, simply link it, and let seeing be beleiving!

articles.mercola.com/sites/articles/archive/2021/01/29/is-wearing-thre..

That said, it may raise responses, regardless. People may truly and honestly believe that the mask is their last hope for protection from the coronavirus, which they have been coached to fear---no, to be almost in fact, terrified of! I said, almost.....but afraid, very very afraid, indeed! Well, fear informs the brain washing, as much if not more than the propaganda hurled at us every three minutes, itself an agenda, did anybody ever think about this? "It is their job to scare us, in fact they should be scaring us even more!" says the fools' mind and the denial system (several have said that to me). I think this has to be broken through in layers, wherever people are willing and ready to wake up. If they are not willing or ready, they will stick to their denial-based guns, all there is to it. But for those who have ears, let them hear. My two cents. They will "Hear" after first, seeing. Seeing is believing, not facts. Our tool. Just a thought. Best wishes.....

PS Wouldn't it be great to have images of PCR testing under the microscope, vs the real life amounts found in nasal swabs? If a comparison image could be pictured side by side, it would wake up many people. Dr Mercola can this be seen in an article? If yes that would be "hot"!

Posted On 04/07/2021

Cabochon

Thanks, all, for thoughtful responses to this theme - truly, the mind is a pliable organ and if controlled by the wrong set can lead to disaster. It's the power of language and suggestion to dictate behaviour that interests me. Personally I only felt free, calm, when I did "turn off the shower" so to speak and stopped watching TV and I don't follow social media anyway. If I need any information e.g. that the AZ "vaccine" was officially proscribed today for young people, a quick headline on my device is sufficient.

A fitting mnemonic for fear, mem, and a reminder what a terrible tool it can be, when it's unfounded but drives behaviour anyway. That really was what I was trying to suggest, Randyfast - fear is the weapon, truth doesn't matter, compliance is the goal and as you suggested, Krofter, paranoia sets in so that the brainwashed themselves become the enforcers. There's also the powerful pressure to conform known as group think and mercola articles have discussed that in depth. Stan already suggested "programmed inevitability" to indicate preplanning but perhaps he meant human nature plays a huge part too.

Interesting word "awakening", dog1678, it's as if the populace has been asleep and is slowly waking up. The whole saga is dream-like and conjures scenes in childhood fairy tales. Topsy turvy world, indeed, fvtomasch, and one that Orwell accurately envisaged. Thanks for the film link, Palazollo, have watched it before but it bears watching again and maybe as you suggest, Mirandola, images can be more powerful than words - the two together even more so and the language reflects this in "seeing is believing". On a website for instance - nothing is random, not even the tvne face nor images on the page. As you suggest it's easier to fool someone than

even the type face not images on the page. As you suggest, its easier to fool someone than convince them they have been fooled. Re the PCR test, most don't even think beyond a nasal or throat swab and think that's it! So great suggestion to view the slides.

Posted On 04/07/2021

rensmith23zohomail.com

Technocrat Klaus Schwab predicts a "cyber pandemic" in the near future. Not sure what nefarious mischief he and the rest of the Davos Cult are plotting, but there's one thing I'm sure it's not. Massive grid collapse around the globe. Just think of how bad that would be for the technocrat agenda! No way to give people daily orders (though the brainwashing would remain in most for a time.) No way to pacify people with diversions so they're more willing to stay home. No way to further brainwash the masses. No internet Big Tech surveillance under the guise of "social" media. No fake human contact. People would be forced to acknowledge how alone they truly are. Harder to monitor people without being able to scan the vaccine passes too.

Posted On 04/08/2021

[Kevin131](#)

Check out on duck duck go, Chinese masks, contain nanotechnology pathogens, silicone based pathogens that are attracted to heat and moisture. The PCR tests are nanotechnology delivery systems, not tests, they have been weaponized with morgellons probs that assemble inside you, and turn your cells into a wifi device and work on 5G frequency, so once infected with these nanotechnology machines, you can be targeted with or without a cellphone, by 5G tower systems and crippled or killed by directed energy weapons/EMF radiation to damage and shut down your lung function and oxygen uptake. Check out adrenogate.com, stop the crime, etc the truth and evidence is out there. Dr. Mercola will probably expose the nanotech as well, specially when the FDA and their Pravda CSPI outfit are engaging in slander and defamation over his promotion of Vit D, C, E, zinc to improve immune health and treat cancer, etc. Mercola will be referenced as a saint in the future, just saying. God bless you Dr. Mercola, blessed is he who comes in the name of the Lord!

Posted On 04/07/2021

[brewinz17](#)

Nanotechnology is not only in masks and the PCR test. It's all around us. We can detoxify some of this garbage through food and supplements. The mRNA vaccine is a whole nother ballgame, however.

Posted On 04/07/2021

Vladimira

Supposedly, inhaling nano aluminum from chemtrails does the same thing. Once lodged into the body, it cannot get out and turns your body into some sort of an antenna, which then becomes susceptible to EMF illness that causes mitochondrial dysfunction and even death.

Posted On 04/07/2021

stanleybecker

what I have noticed on my walks in the locality I live in is "DISCARDED MASKS" lying forlorn and pathetic on the pavements and littering everywhere - this confirms this articles thesis that masks are becoming a serious novel form of eco-pollution - and as far as mask wearing for children is concerned I am of the opinion that this is CHILD ABUSE - kids need all the oxygen they can get in order to develop their BRAINS -

adults do not have the potential to increase their lack of brains but to deny the child this opportunity is CRIMINAL - because I have steadfastly refused to wear a mask (other than for entry into supermarkets and then with my nose uncovered) I am subjected to menacing stares by ignoramuses that think I am spreading disease - in my personal tally of who stares at me and the "dismay and shock" that these stares convey I have come to the conclusion that the vast majority of BRAIN DEAD believers in the Covid hoax are woman - I don't know why this is - are woman more susceptible to propaganda? - I think one of the reasons is that woman are more passively accepting of the status quo - however, this is merely my personal anecdotal assumption and not a major scientific study - just life as I experience it - we have got to wake up to the hoodwink that Pharma and their lapdogs the political class are pulling on us - everyone of us must REJECT these lies and falsehoods that are leading us on a path to NOWHERE

Posted On 04/07/2021

Kevin131

They say you can tell a lot about a man, by the friends he keeps and books he reads, nowadays, it's your search engine queries and email news subscriptions and video watching feeds. Health Ranger, Mercola, Green Med, stop the crime, Tenpenny, Coleman, Cahill, etc. If you're hanging out with everyone the pharmaceutical industry hates, you are walking with God, you are on the righteous path, and you know the truth, and speak it. Amen.

Posted On 04/07/2021

stanleybecker

I agree Kevin

Posted On 04/07/2021

ritburger

I agree about the zombie women; but in our local freedom network group the majority are women and this seems to be true of other groups we are in contact with. 'When it comes to fighting alone against the many, you often find a lady. When it comes to one being bullied, assaulted by the many, you always find a pack of males ' Quote from a letter to the Daily Telegraph in 1999

Posted On 04/07/2021

DebbyW

I've even seen lost masks on trails in the woods. What's sad that goes with this is the number of people I come across who are wearing a mask while hiking, although these are the more popular trails. Come on, people. If other people are that scary for you, just hold your breath while passing them, but otherwise, keep breathing the fresh, unfiltered air.

On walks through my neighborhood, I see lost masks all the time. I'm sure most of them slip out of pockets. On one walk, I was on the side of the road and came across another walker on the other side of the road. He flipped his mask up! As if he could get the virus from me, passing twenty feet away. People are so brainwashed.

Posted On 04/07/2021

Randyfast

Stan; I have spoken of the "Child Abuse" many times, for the reason you cite; and others. Restricting one's breathing is never a "smart choice" - for anyone! Then, of course, there's the buildup of bacteria, re-breathing the carbon dioxide and the toxic fibers in the mask itself! This was never "Rocket Science" and yet; it seems as if billions of people have absolutely no comprehension of what's going on!

Posted On 04/07/2021

muttbakercom

I am a 70 yo woman, married 50 yrs and raised 3 children/grandchildren. I AGREE with your conclusion that women are more susceptible to being sheeple. I don't know why that is, other than nature. Women are less judgemental/more lenient by nature; and more compliant by necessity (family life). Also, I have noticed that women are not usually logical thinkers. My career was Civil Engineering and I was always inclined to be pragmatic and analytical, but definitely in the minority of females around me. It's very difficult to have a detailed discussion about nefarious politics or harmful "medicine" with motherly women. So, MEN!!!! Step up and take responsibility to defend your women and children! (how unWOKE of me)

Posted On 04/07/2021

Palazzolo

I think that females are less inclined than males to take risks i.e., go maskless.

Posted On 04/07/2021

blessthebeasts

Yes, masks on children is child abuse. I've seen numerous videos of families being forced off planes because their children refuse to wear masks. Those kids are the smartest people on the planes!

Posted On 04/07/2021

rensmith23zohomail.com

This woman is sick of the New Abnormal. I keep being told by others that I'm making a fuss over nothing, I'm being inconsiderate, and I don't care if people die. Women are supposed to be more social than men. But they also feel disgust more easily. So it seems the fear of deadly microorganisms has canceled out all desire to ever breathe freely or interact normally with others again. The masks make me light headed and produce visceral disgust when I see all the faceless

characters in stores. Like some kind of monster movie. And certain Karens are happy to act the part of creepy monsters. They don't wear the mask--the mask wears them. I avoid shopping now. I only join people willing to show me their faces. If I date again my ad will say: "Must hate masks!"

Posted On 04/08/2021

frank124c

I have asthma and I have difficulty breathing with the mask on but I didn't know masks were so harmful. I only put one on when I am in a store and have to get something and someone asks me to put it on. Otherwise I wear it beneath my mouth and nose. Now Dr. Fascist says we should wear two masks, why not three or four or why not just hold a pillow in front of your face. It gets more and more ridiculous and dangerous every day. The truth is we would all be better off just living our lives without the mask and without social distancing. At least that way we would just acquire immunity naturally, no vaccines needed.

Posted On 04/07/2021

stanleybecker

we'd be better off WITHOUT Pharma ruling the World, is the bottom line

Posted On 04/07/2021

Randyfast

The point is; they don't want us living our lives. They want to live it for us!

Posted On 04/07/2021

rensmith23zohomail.com

I think it will be funny if all the masks zealots obey Doc Falsey and wear two or three masks when out jogging. Then we'll see how many lie passed out by the side of the road. "Masks are good for everybody and shows consideration and they don't make it hard to breathe and you can never wear too many or for too long."

Posted On 04/08/2021

Astrocomical

I have always asked where are the environmentalist on this? Usually they go NUTZ about stuff like this but they are strangely quiet. And there is more paper then ever being used. I can't believe the amount of paper I receive from monthly medical HMO's that is totally unnecessary. Must amount to hundreds of paper a year.

Posted On 04/07/2021

stanleybecker

paper degrades fast unlike plastic which is non biodegradable

Posted On 04/07/2021

muttbakercom

YES! You hit it right when you called them NUTZ. They are just as robotic as the mask/vaxx sheeple, obeying the prevailing concerns of the moment. When their loudest members finally discover truth about masks, then they will virtue-shame everybody and we will all bend to their advice. I carry a bag with me on my walk, to pick up beer cans and used masks. And hamburger papers.

Posted On 04/07/2021

jamNjim

To wear or not to wear a mask. It's simple to make this decision. The gold standard for masks is the N95 which filters down to .3 microns. The coronavirus is between .06 and .15 microns. This assumes you have a perfect sealing/fitting mask (no such thing). A surgical mask has ZERO virus filtering capability!! They are designed to prevent water droplets from being sprayed from your mouth! If you are social distancing, a surgical mask serves no purpose. Last, but not least, read the label/packaging the masks come in. No where does it say these mask filter viruses. You would think that if a mask could filter a virus the manufacturer would put that information on the package. That would be a selling point. For anyone doubting these FACTS just get someone you know that vapes to exhale through their mask. The vapors pass right through. These vapors are 1000X more than the coronavirus. If water vapor

mask. The vapors pass right through. Those vapors are LARGER than the coronavirus. If water vapor can pass through so can a virus. Find a mask that blocks most of the water vapor and you won't be able to breath through it.

To get or not to get the JAB! If the vile containing the vaccine says Covid-19 vaccine you know it is FAKE! It's snake oil. Covid-19 is the disease, not the virus. The virus is Sars-Cov-2. I've yet to see a vaccine vile that says Sars-Cov-2 on the label. Once again, the medical system is treating the SYMPTOMS of the disease and not the cause of it. A better vaccine would be HCQ, Vit-D, Zinc, and Vit-C.

Posted On 04/07/2021

rrealrose

Hey JamNjim, was listening to this earlier this morning 2 microbiologists talking about topics you and your wife may quickly grasp, here's a link before I lose track of it:

www.bitchute.com/.../LyUmihmxcBVs - started in Dutch and about 1 minute in, switches to English. Enjoy??

Posted On 04/07/2021

Hercster

"we'd be better off WITHOUT Pharma ruling the World, is the bottom line" Pharma does NOT rule the world. Globalists rule the world with credit and debt. They also own most of all corporations, including big pharma. This is fact, AND common sense. While Gates is just another useful idiot for globalism. Like the politicians, he is there to act as a lightning rod for the public's anger over fascist policy.

Blaming Gates for the "reset" or "new world order" is like blaming the illness for its affectation, rather than the poison that caused it. Inequality is the poison, globalism is the disease, and gates is just one of the infected spreading the germs of fascism that IS globalism.. Your daddy, is a scum bag banker. He owns your faux politics, your judiciary,. and your un-elected bureaucrats. He does so with inequality. The only thing Gates has, is some sort of weird twisted lust for death. He is a psychopath. It is my opinion that most every billionaire MUST be at least a borderline psychopath in order to be a billionaire. After all, how can one know that 30,000 children die every day from preventable hunger and disease due ONLY to a lack of money, and still want to hoard billions ?

"So no, it's not a hyperbole to say the Banking System is One. We're not overstating the case when we say it's just one massive cartel. That the banks own everything, including all the major industries. Oil, Weapons, Pharmaceuticals, Food, Telecom and IT, etc. It's all one massive monopoly. Controlled from the top down " 'A total of 737 control 80% of it all" The Money Power is real and these Swiss gentlemen have done us a favor by crunching the numbers." Please Google "The network of global corporate

control”

Posted On 04/07/2021

[stanleybecker](#)

Herester - you want to deal with the banks when you can't even give the SNAKE pause for thought - stop dreaming

Posted On 04/07/2021

[rensmith23zohomail.com](#)

Gates wants to be God. That's the only explanation. He wants to leave his mark on every part of creation. And control the weather. And become omnipresent/omniscient with tracking and tracing everything. But altering every human on earth with his brand would be his crowning achievement. Gates is the new King Nimrod.

Posted On 04/08/2021

[LuckyinSA](#)

Something I have found amusing since all this mandatory mask wearing came into effect, was prior to this world wide charade of a pandemic, if I wanted to enter any store or petrol station I had to remove my motor cycle helmet so if I committed a crime I could be caught via cctv. A number of countries in Europe banned the burka for security reasons as well. Now anyone wearing a mask and a baseball cap can enter anywhere and no-one asks any questions about their identity. Utter madness!!

Posted On 04/07/2021

[stanleybecker](#)

Nietzsche said "let all contradictions stand" and he knew what he was talking about

Posted On 04/07/2021

MoMac46

Lucky: How right you are, my daughters and their menfolk all have motorcycles and they said the same, they had to remove their helmets in petrol stations and shops. The World has turned upside down, It's a bizzare time we are existing in.

Posted On 04/07/2021

DebbyW

I've often thought about masked men in banks, and how now it's acceptable.

Posted On 04/07/2021

rrealrose

Lately pondering the image of BANKERS in masks, after listening to Catherine Austin Fitts, this may be highly appropriate for this time we are in; massive amounts of funds have gone missing from governments in the developed world. Something one might expect in countries ruled by dictatorships.

Posted On 04/07/2021

dealt7faux

Exactly! I had to remove my sunglasses when entering my local bank, now that's all been thrown out the window. Now I notice more sinus headaches and infections than ever.

Posted On 04/08/2021

Maxwell53

Masks are a political weapon disguised as a health concern. Their role at present is to maintain the pretense that there is some invisible demon out there that can strike at any moment and you are only protected if you wear this bacteria infested cloth rag over your mouth. It also serves the function of literally and figuratively suffocating those who comply, even as they don't wish to wear the diaper, and

holding them hostage to the Gods of the "Vaccine"- you will only be let up off the ground when you pay your tithe, literally with your money and your health, to the Pharma Mafia. College students all around the country are getting their "vaccines" in droves and are doing so for mainly the following reason- they want their lives back and want the mask off their faces. What we are experiencing is mass medical experimentation and mass coercion. Crimes everywhere you look.

Posted On 04/07/2021

BiomedMom1

I often approach those wearing masks and ask them if they discard of them in a bio-hazard bin when they are done wearing them. They are confused by my question and ask why they would do that. Well, since it is purported that the virus is everywhere and living on every surface just waiting to attack (we know this is nonsense on all levels), then it stands to "reason" that they are coated in this deadly virus within a time and should therefore be discarded appropriately. They are dumbfounded.

Posted On 04/07/2021

LuckyinSA

Absolutely Brilliant. Can I use that?

Posted On 04/07/2021

brodiebrock12

They are a special kind of stupid is what they are...

Posted On 04/07/2021

beingcelestial

Totally!

Posted On 04/07/2021

LuckyinSA

New years eve, 2018, talking to someone at a party who had just returned from Germany and works in aged care. She told me that most German nursing homes had banned hand sanitisers because they were causing an alarming increase in rate of auto immune diseases in health care workers. I googled it and found that was indeed a correct statement. Also at the same time the CDC was doing an investigation into hand sanitisers because of auto immune diseases increasing at a rate of over 50%pa in health care workers in the US. At the same time, flu shot uptake was decreasing in all western countries at an alarming rate. Then we have covid. The advice. Sanitise, wash your hands, wear a mask, socially distance and have the flu shot. I initially thought, this was the end game. A way to increase vaccine uptake, stop all the investigations into poisonous hand washes and sell more masks, which I thought were probably all manufactured by the same companies. One year later and the end game is far more insidious than I ever imagined a year ago. If only we could turn back time as the Cher song goes.

Posted On 04/07/2021

stanleybecker

Cher advocates cosmetic surgery to turn back time

Posted On 04/07/2021

LuckyinSA

Ah Stanley, I'm an ex musician. I was referring to the lyrics. Basically being able to take back the things one says and does and recognizing behavior as right from wrong at the time and not later.

Posted On 04/07/2021

Retsbew

Hi Lucky, I stopped using hand sanitizer about eight years ago when I read a plausible article that if you use it many times on a daily basis it will affect your hormones. But similar to what's happening now, lots of my friends kept on using it.

Cher's done a pretty good job of turning back time via cosmetic surgery, Stanley. She'd do herself a favour if she went back to school, but I do think her song about turning back time is such a good

description of how many of us feel.

Two more of my close friends are getting the 'vaccine' this Saturday. Her husband's diabetic and very high risk and he's a wonderful man. I will be so sorry and angry if my friends who are doing this because they believe the rubbish media, are harmed. So far my son seems to remain on the fence about this, but he's got the "there's something out there" syndrome - I shouldn't be so reticent not to say, there always has been something out there. Ever wonder why you hardly ever got sick when you were a child?!

Posted On 04/07/2021

LuckyinSA

Retsbew, glad to hear you stopped using sanitiser 8 years ago. Thankfully, I have gotten through the last year without using it once. Good old soap and water for me. As for your friends who are having the jab in a few days and your son who is on the fence, just read this a few minutes ago, and

it makes sense to me, if one feels they have to have a jab.

knowledgeofhealth.com/if-must-vaccinate-against-covid19-proven-vaccine.. good luck

Posted On 04/07/2021

rrealrose

LuckyinSA, Just learned recently from Dr Alan Christianson, natural endocrinologist in Arizona, who has pointed out that iodine is needed but everyone has a lower and upper limit which few have been taking about. Recently the US FDA found iodine in most hand sanitizers, tracing this back to an explosion of thyroid conditions (Hashimotos and more?) in female US health care workers. Didn't go back to verify this info, don't know the year, apparently iodine has since been banned from ingredients of hand sanitizers sold in the US. Not sure about other countries...hope this clarifies where to look.

Posted On 04/07/2021

fvtomasch

It would be prudent to incorporate more pre and probiotics into a daily habit. Probiotic multi-strain varieties with most meals. Considering many have destroyed healthy bacteria with excessive hand washing it may be a good idea to get our hands dirty by gardening/planting flowers without gloves on like we used to do years ago. This overly clean society will bite us in the you know what and

cause many unforeseen diseases very very soon.

Posted On 04/07/2021

lel36357

I think that wearing these masks automatically convert people into "cooperative", non-questioning zombies, willing to let peer pressure be their guiding principle. But the widespread tendency now to reject all incoming information and instead of having an open mind, people automatically attack ideas as being conspiracy theories makes this THE point in our human history when we may very well choose self-annihilation out of stupidity and chronic negativity and low oxygen in the brain, as well as low oxytocin. We are in a "world of hurt"!

Posted On 04/07/2021

rrealrose

Are you saying that mask wearing gives a similar effect as adding fluoride to our water supplies?

Posted On 04/07/2021

redfrogg

Microbiologists agree that frequent mask wearing creates a moist environment in which microbes are allowed to grow and proliferate before entering the lungs. Those foreign microbes then travel down the trachea and into two tubes called the bronchi until they reach small air sacks covered in blood vessels called alveoli. As a long term mask wearing individual (over 40 years), and a person who has trained people in mask selection, use and care. . . let's just say this. Studies show that wearing a mask reduces the amount of junk that can, and will accumulate in your respiratory system. So, if you are wearing a mask and you don't clean it, or keep several so that they completely dry out before next usage, you will provide a concentration environment on your face for bacteria and particulates to accumulate right where you breath. So please ensure clean/dry masks are worn and I recommend that you at lease have several so you can allow your mask to dry out for a few days before usage. Better yet - use washable masks. Not just because of covid but anytime you need respiratory protection from particulates and chemicals.

Posted On 04/07/2021

MoMac46

Just had an update and sorry not about masks. A 24 year old girl from Wales is the first Briton here in the UK to receive the Moderna Jab which has just arrived. The lass said she is happy excited thrilled and honoured, doesn't she realise how that can make her infertile. Pity she has never listened to any of Dolores Cahill's wisdom.

Posted On 04/07/2021

Randyfast

Oh; yes, the Global Covid-19 Pandemic that never was! Of course, the plastic contamination continues and accelerates. Masks are littered all over the ground - everywhere! Humans (or perhaps not) have been playing God and destroying his creation for decades. Why would they stop now? Most people will never see the big picture. This current "crisis" was never about a cold virus. It's about The Great Reset/New World Order - whatever you want to call it. I'd like to think that humanity has a future; but we don't. As long as the zombie masses give in to the Medical Tyranny (don't forget that the military is involved in "protecting us all, by vaccinating everyone on the planet") and continue to OBEY the draconian "measures/restrictions", we will never be allowed to live a "normal" life - ever again! It truly is too late to wake up now!

Posted On 04/07/2021

Glastian

My tuppenceworth on masks. In Dr William Wong's article "Fighting viruses and winning" (more than 10 years ago, well worth sharing), he advises that viruses are so small that they can go through unglazed pottery. Says everything for me, but cannot get this simple message through to the dutiful mask bandits.

Posted On 04/07/2021

Mei_Ling

Makes one wonder where the pushers of the New Green Deal are in speaking out? Crickets!

Posted On 04/07/2021

MoMac46

My daughter works in a children's nursery. She had a virus last year which tested positive, she didn't want the test either, but wouldn't get paid for being off if she didn't take the test (ridiculous I know) it looked like flu to me and after three weeks she recovered. None of my family will take the jab, as we know it's hogwash. In the nursery she has to wear a mask unfortunately. She is considering leaving her job. The face masks need to go, a total health hazard and detrimental to the environment.

Posted On 04/07/2021

stanleybecker

disgusting - even Jesus would not forgive these people

Posted On 04/07/2021

luv8992

@stanleybecker not without repentance, of course.

@MoMac46, what a terrible shame.

Posted On 04/07/2021

mrrobb

Now Logically thinking...mask do nothing more than cover some orifices..kinda like Underwear...but when ya fart thru your underwear and jeanseven people with masks can still smell it.... Kinda like putting chicken wire fence for window screens to ,keep out mosquitoes...just doesn't seem to work very well...Oh well.. something more that needs to be added to the already billions of tons of garbage to clog up the landfills and kill marine life...just more "Useless information" for the braindead people..as they waddle around the stores and streets with their STUPID masksthis is so absurd...to see supposedly logical thinking , intelligent people stumbling around with some useless face mask on.....ROFLMAO....

Posted On 04/07/2021

stanleybecker

robb - you strike me as a man who can multitask - walk and fart at the same time - I didn't realize you were so talented

Posted On 04/07/2021

mrrobb

So Stanley.....do you have a hobby? or a job..I do have good-sized gardens....

Posted On 04/07/2021

cominurwaygmail.com

What an insane society!!!

Posted On 04/08/2021

tillthen

No, Morgan Freeman, I don't trust you and I'm not getting the vaccine.....or wearing a mask.

Posted On 04/07/2021

chris2244

The same observation as Dr. Meehan mentions, that masks actually INCREASE the probability of getting 'covid-19', really a flu-like symptoms with heavier bronchial effect, I made in JANUARY 2020!! That was a call for me to never put ANY mask on. I tried to educate everyone around about it, nobody listened. Maybe, because I lost all my jobs and the friends who didn't listen, are getting their pay, BUT ALL with the masks on, for ONE YEAR. Maybe, after having so much brain damage, psychological issues due to the masks, people are much more persuasive to now genetically modify their bodies with the 'covdi-19' injections.. That's a speculation though. There is not only the furin site which is troublesome.

There is that motif RGD, midden in the RBD of the Spike, which not only causes all the sticking cell adhesion, including plateletts, but also it attracts synthetics. Extremely disturbing news came out first from Germany, now everybody is confirming it with a large modification microscope. The message

from Germany, now everybody is confirming it, with a large magnification microscopes. The message, all masks are carrying black dynamic fibers, moving around under the influence of heat and I bet, light too. Many correlate that with Morgellons fibers, synthetics which infiltrate human bodies and cause a slow death. There are not too many publications in PubMed on it, because as always, medical cartel covers the 'Morgellons disease' as psychopathy, 'delusion' in which peoples bodies are covered with wounds, from which these fibers are emanating. This topic is also related to geoengineering, which is the main source of the synthetic materials.. It's very hard to write about it, because it is so cruel. These can't be possibly humans doing it all to us..

Posted On 04/07/2021

Marago

Muzzle Agenda Silent Killer

Posted On 04/07/2021

John635

Thank you for the greater detail about the primary absolute hazards about masks for both the health of the wearer and the health of the environment. I bet you'll be accused of creating "another" set of conspiracy theories even though you report the truth on the matter. Especially, you'll be rooted out and punished by most oligarchs, big tech, mass media, mass social media, big pharma and others, who have both their hands firmly dug into the Marxist pie. Thank you for the perspective directly linked to solid scientific data. The whole Covid 19 narrative is part of a global scamdemic designed to bring in the the great reset.

Posted On 04/07/2021

Natanel

Given 129 billion masks are used each month that means 4 billion masks a day are discarded. I have seen parking lots strewn with their little, innocuous sky-blue disease ridden corpses. As a Dinosaur I went extinct due to an asteroid impact of world changing consequence. The human environment is being destroyed by the accumulated mass of these tiny little "born to be garbage" micro crap.

Posted On 04/10/2021

tonyseymour

I tried to post the link to this article on Twitter. Got this message: "We can't complete this request because this link has been identified by Twitter or our partners as being potentially harmful."

Posted On 04/09/2021

Shasha

Masks have hurt people...lowered oxygen which can cause anxiety/depression/panic/irritable etc and incubate germs/don't stop a virus. People have lost jobs due to their mood/crabbiness. Low sunlight from lock downs may also cause depression/weepy people/more sensitive/gluten issues which hurt the gut lining so less nutrients absorb the cells in the brain/body need to work right. Wind may blow off masks. People throw masks/gloves on streets. They are getting stylish and many sewed their own masks. Masks are hurting health and don't help.

Posted On 04/08/2021

docww

This is an excellent summary of a topic that is often overlooked.

Posted On 04/08/2021

mrrobb

OMG I am still waiting to 'glowing in the dark' from all the nuclear debris from Japan..and the Global warming , which was to raise sea-levels up metres ...and still worried about the gulf oil spill that was to turn the entire gulf black with trillions of gallons of crude...but the lead in the gas was to kill of all off....the swine flu was supposed to eradicate millions....now we have another carbon tax?? and sales

taxes and more increase income taxes and luxury taxes and global warming tax and on and on...hey...how about the moon walkstarring NASA and their pack of liars...or rover on mars? lol..and who is paying for all these chem trails ?? Was anyone consulted to pay for the Arial assaults ?

Who pay for all this crap??? and why do we as a people pay for any of this ??? why do the senators and reps and mla and MP keep getting raises when they do NOTHING????they don't even give LipService...they pay some stooge to talk for them...usually a fast talking secretary...and when they reply , the first word out of their mouths is.....Oh we are SORRY!! but we are so busv.....vadavada..... Whv do we put up with this Bullsh&T??..OH because we are supposed to

beginning...why do we put up with the pandemic? because we are supposed to follow the bouncing ball...panic over some imaginary disease...bare arms for some sickie to ram a needle in our arm....like a experimental rat???. Back a couple hundred years ago there would be mass hanging of such pukestoday the are being paid to invent novel ways of thrashing people...families, societies and countries.....why???? Whats wrong with this picture?????????

Posted On 04/07/2021

tillthen

My friend who's retired from the Army, the Post Office, and HHS Child Services and with whom I have coffee every morning at WAWA's says it's so simple, really. There would be no need for masks if we would just train all Amazon delivery drivers to vaccinate everyone as they go about their daily routine. Everyone would be immunized by Sunday, or Saturday for those with Prime.

Posted On 04/07/2021

jintampa1

I would like to make another comment concerning masks: almost from the inception of mask "mandates" I have actually been laundering my disposable masks to try and save money. I have done nothing special to launder them, I simply throw them in with a load of regular laundry, through the dryer and have a re-use of the mask. I haven't kept a scientific count of how many times each one has been re-washed/recycled but the closest guess I can make is at least 8 times of normal washing in a washing machine. I know the people who don't wear masks aren't interested in this and I get it but there are a couple of places, my health food store in particular that requires them and to get the things from them that I want, I comply. Anyhow, maybe this tip will help cut down on many additional masks being purchased and tossed.

Posted On 04/07/2021

poplegendpop

There is no cure for stupid. It's now pandemic. The mask is their badge of stupidity. At what point in time did stupid become the prevalent mind set?

Posted On 04/07/2021

Suderman

Is this research backed up by studying healthcare workers and physicians who wear masks all day in their practices? if the article is true, I would expect health care workers, particularly in surgery et al to have been harmed over the years.

Posted On 04/07/2021

cat6071

We've been over this subject... you're late. Surgery rooms are pumped with more oxygen levels, and they do not wear the same face diaper for hours on end. Just in! Have you seen the Morgellon in these Chinese face diapers? Canadian kids thought they were breathing in what appeared to be cat hairs, only to find out that there were black moving strands in their face diapers! They halted them.

You know, if you want to comply and wear a face diaper or attach a wind shield to your head by all means go ahead. You are what they want...depopulation.

Posted On 04/07/2021

Glastian

Many here ask what can we do about it. Many comment on the present situation as "history repeating itself". What if the awakened in every country could somehow be organised to repeat the history of "The Bastille"? Because that is what it is going to take, nothing less.

Posted On 04/07/2021

grandmotherloon

Dear Dr. Mercola, Thank you for the time you invest to encourage well-being in the community. In checking your sources for this article, I find that you have inaccurately represented them with your comment in the initial paragraph stating: "Mass masking continues to be recommended by most public health groups during the COVID-19 pandemic, despite research showing masks do not significantly reduce the incidence of infection."1 The source you refer to was one Danish study, which in its findings explicitly states: "The findings, however, should not be used to conclude that a recommendation for everyone to wear masks in the community would not be effective in reducing SARS-CoV-2 infections, because the trial did not test the role of masks in source control of SARS-CoV-2 infection. During the study period, authorities did not recommend face mask use outside

hospital settings and mask use was rare in community settings (22). This means that study participants' exposure was overwhelmingly to persons not wearing masks.”

www.acpjournals.org/.../M20-6817 This entire Covid-19 is volatile enough and we need to be careful to ensure accuracy in our discussions. Best regards

Posted On 04/07/2021

Jackaroni

In addition to mask wearing, let's add disinfectants to the list of pandemic measures that do far more harm than good.

Posted On 04/07/2021

jintampa1

I just saw this: humansarefree.com/2021/04/scientists-find-carcinogens-in-face-masks.ht..

Posted On 04/07/2021

Feebs17

I can't breathe when I wear one. It also fogs my glasses so I can't see what I'm doing. I saw a science teacher on YouTube measuring the carbon dioxide pre mask, and then after. It was amazing how high the levels went. I'm starting to try NOT wearing a mask and see what others will do. Are people still rabid about the issue or not?

Posted On 04/07/2021

Jackaroni

So many people say that mask wearing does not affect your oxygen level. I purchased an oximeter to check my oxygen level after about 10 minutes of very intermittent running while wearing a mask and found that my oxygen level had fallen by 5 percentage points.

Posted On 04/07/2021

chrisgg

www.youtube.com/watch

All the pédiatrique masks all full of MORGELLONS.

the weapon is inside the mask, mini snake, millions of them.

If you are a student or work for school in Canada, just make the test, but your mask in hot

water, you can see all the nano snake moving, in Québec their put that for 8h in the face of young kids for all day, for the gym class too, and when the kids eats.

The purpose of this, the margellons travel inside the brain!!!!

Posted On 04/07/2021

fvomasch

Here's a favorable article on Dr. Mercola! Scroll way down to read comments.

www.naturalnews.com/2021-04-06-fda-orders-mercola-stop-writing-benefit..

Posted On 04/07/2021

versatile

Imagine the government debate about masks. It goes like this. Against: "The science of masks is crap. There is some evidence of benefit in specific situations, but there is also significant evidence of harm in many situations." FOR "BUT, when people wear masks, they transmit their belief and their fear to others. Masks are a powerful tool to control the public. Disease control effectiveness is hardly relevant." DECISION: "MASKS RULE because wearing masks promote rules." Science is not important when politics rules.

Posted On 04/07/2021

LuckyinSA

versatile, I think you might enjoy this. Came through a few hours ago.

blog.nomorefakenews.com/2021/04/06/the-essence-of-the-great-reset/

Posted On 04/07/2021

blessthebeasts

I'm sure that's pretty close to what happened, especially given the fact that Fauci knew and knows damn well that masks are useless in preventing transmission of viruses. What's amazing is that a huge amount of people don't care--they just continue to "mask up" in the name of "Science!"

Posted On 04/07/2021

BinxBixby

trustthescience.net

Posted On 04/07/2021

wallguy

Big Pharma is no different than our current political landscape, together now joined at the hip. All of these systems operate under an "Assumption of Correctness"! (Facts not in evidence!) These systems are in lockstep with a combined over reach till proven otherwise. The Medical systems are protected via insurance companies and legal licensing degrees. This has become the monster public nightmarish catastrophe whereby not only can the medical systems "Practice" Medicine on the masses, but the politicians took chapters from that book. Who ever thought so many "Dufus" in suits and ties would be coordinating an attack on liberty. Under the guise of Global Health insanity and destruction of all things achieved in the spirit of God. Since when does practice actually make perfect? I'd say it's less than a 50/50 outcome. You can practice Piano or Guitar for decades and never play a song. Practice your Golf swing for decades and never even come close to that Hole in one. Simply put we are being "Practiced" on!

Posted On 04/07/2021

arjatim

The discussions re masks bring 2 important questions to mind: 1) IF masks are really limiting the spread of COVID, then they MUST be contaminated, and the careless and repeated re-use of dirty

contaminated masks (like the ones in my glove compartment) must be banned, and 2) the used masks must be disposed of by formal hazardous waste disposal systems.

Posted On 04/07/2021

LuckyinSA

This is an excellent point, already touched upon previously in this blog. We should all contact our local councils, health departments, local press, msm, state and federal governments and health departments demanding hazardous waste disposal bins on every corner of every street to dispose of the masks we are forced to wear because the virus is so contagious and deadly and used masks are a major health hazard. Those that have access to facebook, twitter, instagram, we chat and all the other various forms of social media should start promoting safe disposal of used face masks because they are soooo dangerous. Let's see if they take those pages down. (some of this is tongue in cheek)

Posted On 04/07/2021

Retsbew

The reference to another Nuremburg Trial seems to originate with this outfit below, "principle-scientific.com." I subscribed last night and didn't like the big interference from Google after I did that; some buzzword name, "Feedburner Feed." Got subscribed and then couldn't get back into the original URL. More than Googles' tentacles need to be removed. Sorry, but the lawyers I've known (100's of them) are dimwitted enough to use Google. But from a sanity point-of-view it's worth remembering this about their work. Not that I don't wish them all the luck in the world setting up another Nuremburg Trial. It also seems to be a nice route to relinquish the hold on Nazi ideology so many Germans now decry.

It appears that State of the Nation (second URL below) has issued what seems to be a re-print of what I first read at principle-scientific.com. principia-scientific.com Above URL is April 7, 2021, issue. Principia Scientific International (PSI) is a not-for-profit community interest association. PRINCIPIA SCIENTIFIC INTERNATIONAL is legally registered in the UK as a company incorporated for charitable purposes. Head Office: 27 Old Gloucester Street, London WC1N 3AX. Telephone: Calls from within the UK: 020 7419 5027 stateofthenation.co Lawyers Promise 'Nuremberg Trials' Against All Behind COVID Scam Posted on March 8, 2021 by State of the Nation. Byline: BY VOLUBRJOTR

Posted On 04/07/2021

LuckyinSA

Lucky130A

Try using a vpn. Then google can't track you.

Posted On 04/07/2021

davetruman55gmail.com

I find it very interesting that here in England people throw disposable and other masks all over the pavements (sidewalks) to be left, sometimes for good. Curiously, there are never any warnings from the technocratic 'experts' who are now running the country about the serious threats that these thoughtless acts would supposedly present to public health. Are not these face masks supposedly brimming with all sorts of 'variants' (or are they mutations?) of the COVID-2 virus? Why are our new leaders from the likes of Imperious College London so silent about this risk to public health. Are they not 'following the science'?

Posted On 04/07/2021

wallguy

Perfect! So enjoyed that remarkable quip of wisdom from Cabochon. Has a Mark Twain zing to it. "Brainwashing"not being able to dry off while still in the shower.

Posted On 04/07/2021

drjabeles

The environmental pollution of discarded masks is a given and is a serious concern blithely ignored by the green activists. But the issue of inhalation of micro-particles is more complicated and some of the effects are dealt with in this detailed test : www.ncbi.nlm.nih.gov/.../PMC7773316 In short if masks aren't damaged by washing or other methods in order to reuse them the net effect is reduction of microparticles by filtration, since ordinary ambient air is already very polluted with them - especially in cities, I would venture. The article however doesn't address the issue of possible infection by re-inhalation of buccal (mouth) organisms... The wearing of masks outdoors - especially on sunny and/or breezy days - seems to be totally unnecessary from an infection point of view, in my opinion.

Posted On 04/07/2021

alisia1

Hello all! I am interested in knowing the best and correct way in wearing a mask and face shield, i have had COVID-19 and it was severe, 5 days in the hospital. It turned into pneumonia. I have iron-deficiency anemia from heavy menstrual bleeding caused by fibroid which I will get taken care of soon. I wish we all didn't have to wear masks but due to catching COVID-19 and any future illnesses like this, plus all of the state mandates I want to know the most healthiest and best way to wear them and eye protection. Thanks in advance for any thoughts 🍀🍀🍀. I love you Dr. Marcela, I've followed you since I was a teenager and I believe you and hope you continue to prosper.

Posted On 04/07/2021

LuckyinSA

Not related to masks, but jab related, breaking news worthy of note.
healthimpactnews.com/2021/confirmed-astrazeneca-experimental-covid-inj..

Posted On 04/07/2021

LuckyinSA

Also just in. This just keeps on getting funnier and funnier as time goes on. We are getting closer to those magic numbers folks.
www.abc.net.au/news/2021-04-07/european-countries-consider-mixing-covi..

Posted On 04/07/2021

debdelarosa7gmail.com

lbry.tv/@QuantumRhinoQ:c/CoronaVirus-Predictive-Programming-by-Dr-Leon..

Posted On 04/08/2021

goofypj1

Are you offering any free books for retired teachers? I taught for 35 years. My benefits stopped when I hit 65. Also my family benefits stopped. Is there a site to discuss questions that are asked me about

the virus or the vaccines? Thanks for your time and consideration.

Posted On 04/08/2021

chrisgg

bestnewshere.com/until-death-do-us-part-the-hidden-true-story-of-jeffr.. the bioweapon is in the mask, in Québec all student wear them, it is full of Morgellons. Morgellons is mini snake it mouve but it is not human, it si man made, nano dust, that go in the brain!

Just put your mask in hot water, you can see all the snake moving!!

Posted On 04/07/2021

Gonein60seconds

It looks like my last two posts have been put up, great! I agree with the intiial posters, mask are not a great deal, among another many things. You all have a good day. Recommend note taking the kool aid non vaccines, even though many of us have family members doing it. I would like to share a minimal solution for some.

knowledgeofhealth.com/if-must-vaccinate-against-covid19-proven-vaccine.. That is all for now. I am not pro vaccine in any way, just a possible safe out for some.

Posted On 04/07/2021

stanleybecker

in the Sardi report {your link} I could not readily access which corporation would be marketing his much vaunted BCC vaccine - I also found the layout and emphasis hard to read - personally, I reject the whole concept of vaccination

Posted On 04/07/2021

Hercster

It is OK to be as pro vaccine as you would like. In my opinion, a person must be not so bright to allow gene therapy for covid as it is untested and has little value. But it is YOUR choice. That is freedom, and I support your right of choice. It will be over my dead body they jab me with anything

absent my consent. I agree with Dr. M. People will die from this gene therapy in unknown ways, just when they think they survived it.

Posted On 04/07/2021

rrealrose

Gonein60seconds - THANKS, THAT is a really interesting Bill Sardi Article, someone else posted up a link about 2-1/2 weeks ago or whenever it was first posted. Bill is commenting that with mutations possibly affecting these highly targeted mRNA vacns, populations could possibly end up with everyone, the vaxxed and unvaxxed back at the initial starting point, with no one being protected except those who recovered from covid. This is one reason discussed passports will be fairly useless over time. READ for detail, the overriding content is a view many have missed in the past! (Except the group supporting Del BigTree). This concept did not escape the Hlghwire!

Posted On 04/07/2021

Gonein60seconds

Hey, I am Dr. Mercola's side, why have my posts been not posted, except for the last test??? Dang, is frustrating, I would like to share my thoughts. Just sayin.

Posted On 04/07/2021

rrealrose

Relax, posts will usually show up over time. However, posts can get cancelled or delayed. Doesn't happen often, just be aware...still, site is much better than prior years.

Posted On 04/07/2021

Gonein60seconds

So, do you have a criteria for posters, I have tried 3 or 4 times to post and no post, no response? Are you as bad as you claim your censors? Just wondering?

Posted On 04/07/2021

nojusticenopeace

All your posts are visible so your are not ..gone in 60 seconds. Lol. Not sure why you are interested in this site since you seem to favor some sort of vaccination program.

Posted On 04/07/2021

LuckyinSA

Gi60s, FYI, when you first post on this site, your post is vetted to make sure there is no profanity. This usually takes a few hours as staff have a lot to do. All your posts are there on this and the previous article. Once you're vetted as OK your posts are immediately uploaded. Hope this helps your peace of mind.

Posted On 04/07/2021
