



Landmark Study Finds Masks Are Ineffective

Analysis by [Dr. Joseph Mercola](#)

✓ Fact Checked

STORY AT-A-GLANCE

- > The first randomized controlled trial of more than 6,000 individuals to assess the effectiveness of surgical face masks against SARS-CoV-2 infection found masks did not statistically significantly reduce the incidence of infection
- > Among mask wearers, 1.8% ended up testing positive for SARS-CoV-2, compared to 2.1% among controls. When they removed the people who did not adhere to proper mask use, the results remained the same – 1.8%, which suggests adherence makes no significant difference
- > Among those who reported wearing their face mask “exactly as instructed,” 2% tested positive for SARS-CoV-2 compared to 2.1% of the controls
- > 1.4% tested positive for antibodies at the end of the month-long study compared to 1.8% of controls
- > 0.5% in the mask group and 0.6% tested positive for one or more respiratory viruses other than SARS-CoV-2

The first randomized controlled trial^{1,2} to assess the effectiveness of surgical face masks against SARS-CoV-2 infection specifically – which journals initially refused to

publish — is finally seeing the light of day.

The so-called “Danmask-19 Trial,” published November 18, 2020, in the *Annals of Internal Medicine*,³ included 3,030 individuals assigned to wear a surgical face mask and 2,994 unmasked controls. Of them, 80.7% completed the study.

To qualify, participants had to spend at least three hours per day outside the home and not be required to wear a mask during their daily work. At the end of the study, participants reported having spent a median of 4.5 hours per day outside the home.

For one month, participants in the mask group were instructed to wear a mask whenever they were outside their home. Surgical face masks with a filtration rate of 98% were supplied. In accordance with recommendations from the World Health Organization, participants were instructed to change their mask after eight hours.

Antibody testing was performed before the outset and at the end of the study period. At the end of the month, they also submitted a nasal swab sample for PCR testing.

What the Danmask-19 Trial Found

The primary outcome was a positive PCR test, a positive antibody test result (IgM or IgG) during the study period, or a hospital-based diagnosis of COVID-19. Secondary end points included PCR evidence of infection with other respiratory viruses.

Based on the adherence scores reported, 46% of participants always wore the mask as recommended, 47% predominantly as recommended and 7% failed to follow recommendations. So, what did they find? As you might expect, there’s a reason why the researchers had such a hard time getting this study published:

- Among mask wearers, 1.8% (42 participants) ended up testing positive for SARS-

CoV-2, compared to 2.1% (53) among controls. When they removed the people who reported not adhering to the recommendations for use, the results remained the same – 1.8% (40 people), which suggests adherence makes no significant difference.

- 1.4% (33 participants) tested positive for antibodies compared to 1.8% (44) of controls.
- Among those who reported wearing their face mask “exactly as instructed,” 2% (22 participants) tested positive for SARS-CoV-2 compared to 2.1% (53) of the controls.
- 52 participants in the mask group and 39 in the control group reported COVID-19 in their household. Of these, two participants in the mask group and one in the control group developed SARS-CoV-2 infection – a finding that suggests “the source of most observed infections was outside the home.”
- 0.5% (nine participants) in the mask group and 0.6% (11 individuals) tested positive for one or more respiratory viruses other than SARS-CoV-2 (secondary outcome).

Masks May Lower, or Raise, Infection Risk

All in all, this landmark COVID-19-specific study failed to deliver good news to those who insist face masks are a crucial component of the pandemic response. Masks may reduce your risk of SARS-CoV-2 infection by as much as 46%, or it may increase your risk by 23%. In other words, the preponderance of evidence still shows that masks have virtually no impact on viral transmission.

Another take-home point that you get from this study, which Del Bigtree points out in The Highwire video report above, is that the vast majority – 97.9% of those who didn’t

wear masks, and 98.2% of those who did – remained infection free.

So, we are destroying economies and lives around the world, for what, exactly? To protect a small minority from getting a positive PCR test result which, as detailed in **“Asymptomatic ‘Casedemic’ Is a Perpetuation of Needless Fear,”** means little to nothing. As reported by the authors:⁴

“Although no statistically significant difference in SARS-CoV-2 incidence was observed, the 95% CIs are compatible with a possible 46% reduction to 23% increase in infection among mask wearers.

These findings do offer evidence about the degree of protection mask wearers can anticipate in a setting where others are not wearing masks and where other public health measures, including social distancing, are in effect ...

Transmission of SARS-CoV-2 may take place through multiple routes. It has been argued that for the primary route of SARS-CoV-2 spread – that is, via droplets – face masks would be considered effective, whereas masks would not be effective against spread via aerosols, which might penetrate or circumnavigate a face mask. Thus, spread of SARS-CoV-2 via aerosols would at least partially explain the present findings ...

The present findings are compatible with the findings of a review of randomized controlled trials of the efficacy of face masks for prevention (as personal protective equipment) against influenza virus ...

Our results suggest that the recommendation to wear a surgical mask when outside the home among others did not reduce, at conventional levels of statistical significance, the incidence of SARS-CoV-2 infection in mask

wearers in a setting where social distancing and other public health measures were in effect, mask recommendations were not among those measures, and community use of masks was uncommon.”

Government Tyrants Double Down on Mask Mandates

The researchers point out that results could potentially turn out differently if everyone were wearing a mask. At the time of the study, Danish authorities did not recommend universal mask use and most Danes did not wear them. Hence “participants’ exposure was overwhelmingly to persons not wearing masks.”

That possibility, however, is a big “if,” and not sufficient to mandate universal mask wearing. Any claim to such effect is nothing but a wholly unscientific guess. Despite that, many local leaders are now doubling down on mask mandates, some even requiring them to be worn inside your own home when anyone outside the family is present and even if physical distancing can be maintained.⁵

As an example of extremes, a June 2020 Harvard University paper^{6,7} even suggested couples should wear face masks during sex. Others are tripling down on masks, recommending you wear two or even three at the same time.⁸ Former Food and Drug Administration commissioner Dr. Scott Gottlieb is urging Americans to wear N95 surgical masks whenever possible.⁹

Epidemic of Spineless Leadership

Missing entirely from most recommendations is common-sense health guidance known to improve your immune function and lower your infection risk naturally, such as [supplementing with vitamin D](#), [NAC](#), [melatonin](#), [quercetin](#) and [zinc](#).

As noted by Angela Rasmussen, a virologist and affiliate of the Georgetown Center for Global Health Science and Security, in a November 15, 2020, op-ed in *The Guardian*,¹⁰ our immune systems know how to handle the virus; it's our politicians who have failed to cope with it. She writes:¹¹

"Most of the evidence in both COVID-19 patients and animal models shows that the immune response to this is quite typical for an acute viral infection. Initially, the body ramps up high levels of IgG antibodies, but after the infection is cleared, those antibodies drop to a baseline level, which may be below the limit of detection of some serological tests.

Antibodies are produced by B-cells, a specialized type of immune cell that recognizes a specific antigen, or viral target. When an infection is cleared, B-cells producing antibodies convert from being plasma cells, which are specialized to pump out massive quantities of SARS-CoV-2-specific antibodies, to being memory B-cells.

These cells produce lower levels of IgG antibody; but, importantly they persist in the body for years. If they are re-exposed to SARS-CoV-2, they rapidly convert to plasma cells and begin producing high levels of antibody again.

There is no indication that most COVID-19 patients are not developing immune memory, and animals experimentally infected with SARS-CoV-2 are protected against rechallenge with high doses of virus ...

Furthermore, antibodies are not the only important part of the immune system. T-cells are also a key component to the immune response. They come in two flavors: helper T-cells, which coordinate immune responses and facilitate immunological memory, and killer T-cells, which kill infected cells.

Previous studies have shown that SARS-CoV-2 infection induces robust T-cell responses.”

As noted by Rasmussen, the data collected on the responses of T-cells to SARS-CoV-2 infection “underscore that SARS-CoV-2 is not an anomalous virus capable of miraculous feats of immune evasion.”

**“ No matter how strictly mask laws are enforced nor the level of mask compliance the population follows, cases all fall and rise around the same time.
~ Yinon Weiss”**

In other words, provided your immune function is normal, the virus is as vulnerable as any other virus and you’re not destined to die just because you develop symptoms. So, the reason we’re in the situation we’re now in, Rasmussen says, is not because SARS-CoV-2 is somehow different or more lethal than anything that has come before. We’re in this situation due to political failures.

Mask Mandates Have Had No Impact on Infection Trends

Other data analyses that add support to the Danish study’s results include Yinon Weiss’ work presented in his article¹² “These 12 Graphs Show Mask Mandates Do Nothing to Stop COVID.” In it, he shows that states’ mask rules appear to have had nothing to do with infection rates, which is what you’d expect if masks don’t work.

Weiss points out that “No matter how strictly mask laws are enforced nor the level of mask compliance the population follows, cases all fall and rise around the same time.” To see all of the graphs, check out Weiss’ article¹³ or Twitter thread.¹⁴ Here are

just a select few to bring home the point:

Masks Delay Inevitable Acceptance of COVID-19 Reality

What everyone needs to come to terms with is that we have a new respiratory virus in town – one that may stay with us indefinitely. The question then becomes, just how long do we lock ourselves in our homes and shun all social relationships?

How long do we neglect our children’s education and social development by keeping schools closed? How long do we leave our elderly family members to languish in isolation? A better part of the global population has essentially stopped living altogether, and for what? For fear of an illness that 99.7% of people recover from¹⁵ – an illness that is as likely to kill you as the seasonal influenza if you’re under 60.¹⁶

Data clearly show that COVID-19 has not resulted in excess mortality, meaning the same number of people who die in any given year, on average, have died in this year of the pandemic.^{17,18} Several studies^{19,20,21,22,23,24,25,26} also suggest immunity against SARS-CoV-2 infection is far more widespread than anyone imagined.

In an October 28, 2020, Wall Street Journal opinion piece,²⁷ Joseph Ladapo, an associate professor at UCLA’s David Geffen School of Medicine, points out that we really must accept reality and move on with life, unpredictable as it may be. He writes:

“By paying outsize and scientifically unjustified attention to masking, mask mandates have the unintended consequence of delaying public acceptance of the unavoidable truth.

In countries with active community transmission and no herd immunity, nothing short of inhumane lockdowns can stop the spread of COVID-19, so the most sensible and sustainable path forward is to learn to live with the

virus.

Shifting focus away from mask mandates and toward the reality of respiratory viral spread will free up time and resources to protect the most vulnerable Americans ...

Until the reality of viral spread in the U.S. ... is accepted, political leaders will continue to feel justified in keeping schools and businesses closed, robbing young people of the opportunity to invest in their futures, and restricting activities that make life worthwhile.”

There's Nothing to Fear but Fear Itself

Hopefully, if you've been reading this newsletter, you're no longer incapacitated with fear and are capable of making more level-headed decisions based on the data at hand rather than the fear porn published in the daily papers. For the latest news and top tips for combating COVID-19, check out my [Coronavirus Resource Page](#).

Everything really points to this pandemic being overblown and prolonged for purposes that have nothing to do with saving lives and everything to do with “resetting” the global financial and power structures – none of which will benefit us.

The lockdowns are essentially just conditioning you to accept a radically new way of life – one in which we have limited ability to travel or work, one in which we're conditioned to being partially or wholly dependent on a government handout, one in which we must submit to being tracked and surveilled with little or no right to privacy, one in which the government dictates how you can spend your time, where you can go, who you can spend time with and for how long.

Eventually, once the global economies are in irreparable shambles, the central banks

will roll out a debt erasure program to solve all our problems. The price will be your humanity, your freedom. Will you pay it? Or will you resist the whole deviled scheme while you still can?

Darzoum

A Nov. 22, 2020 Johns Hopkins newsletter report, A Closer Look at U.S. Deaths due to COVID-19, analyzed COVID-19 in the context of total deaths by age group. The analysis was by Genevieve Briand, assistant program director of the Applied Economics master's degree program at Hopkins, based on data from the CDC. Surprisingly, the percentages of deaths in all age groups remained relatively flat from early Feb. to early Sept., including fatalities in older people, supposedly the most vulnerable age group to COVID-19. Briand's conclusion is that COVID-19 has had "relatively no effect on deaths in the United States."

To help explain this unexpected finding, Briand expanded her view to include deaths per causes from 2014 to 2020; unsurprisingly, COVID-19 deaths increased in 2020, but she also observed a consistent seasonal pattern of "ups and downs" in deaths from all causes, the top three being heart disease, respiratory diseases, influenza & pneumonia. Strangely, as COVID-19 deaths surged in 2020, surpassing even death from heart disease, there was no proportionate increase in overall death. A miraculous drop in deaths from all other causes was supposedly occurring simultaneously, almost exactly offsetting the increase in COVID-19 deaths!

How is one to interpret these findings in a way that does not cast serious suspicions on the official "pandemic" story? Remember, this is a Hopkins researcher working with CDC data. But even with that, when the conclusions do not support official narrative, censorship rears its ugly head. And so, this report was deleted from the Hopkins' newsletter, apparently because people were not interpreting it the right way. As Ryan Cristian of The Last American Vagabond noted (paraphrasing), it doesn't matter if someone concludes that the earth is flat; since when do we censor a factual study just because someone is not interpreting it in a way that meets the publisher's approval?

Posted On 12/03/2020

Darzoum

Web Archive of the original Johns Hopkins newsletter article in the Science & Technology section: web.archive.org/web/20201126163323/https://www.jhunewsletter.com/artic.. The Last American Vagabond: REPORTED COVID-19 DEATHS 'ALMOST EXACTLY EQUAL TO' TOTAL DECREASE IN DEATHS BY ALL OTHER CAUSES: www.bitcute.com/.../y0L4wVmmGDmj TLAV website, with references: www.thelastamericanvagabond.com/reported-covid-19-deaths-almost-exactl.. Twitter thread on the delete: twitter.com/.../1332100155986882562 Jon Rappoport: COVID Death Hoax blog.nomorefakenews.com/2020/11/30/johns-hopkins-study-explodes-covid-.. Webinar with Genevieve Briand: Covid-19 Deaths—A Look at US Data off-guardian.org/2020/11/30/watch-covid-19-deaths-a-look-at-us-data/

Posted On 12/03/2020

moineau

Thanks, Darzoum. Things are getting dicier. I was threatened with a shadowban by FB for trying to post an article in The Spectator about the Danish mask study, but got away with posting the study itself. I appreciate it when you give a rundown of studies or articles and then follow-up with the link. Always edifying reading. ~Laura oxoxox

Posted On 12/03/2020

larry_e

The most obvious explanation for this is that the cause of death just got reassigned to the virus this year. Another cause would have been assigned in other years. The spiritual truth is that a person dies more or less when he/she decides to die. To admit that truth would be unsettling, so they think up a "cause" and call it good. The most causative factor in this whole story is the being himself or herself. No one wants to admit that, particularly the doctors who make so much money

off of convincing us otherwise. We need to start telling it like it is about life. I am getting tired of living in a society that still believes things that were demonstrated to be false over sixty years ago!

Posted On 12/03/2020

epi-cure

Darzoum, thank you for this. I'll add it to the long list of inconvenient truths that the masses prefer to ignore. I'm visualizing an illustration of a seesaw where the fulcrum point is to the extreme right. Everything to the left thereof represents facts but the seat holds a lone occupant. The herd is seated to the right of that pivot point which represents superstition.

Posted On 12/03/2020

rrealrose

Hi Darzoum, Watched the entire presentation 2 nights ago. When dealing with that small sliver, 1 to 2% of entire population affected with a low death rate as compared to normal deaths that occur each day, week and year, the blip of covid-19 gets easily buried in noise. Here's a graphic showing daily deaths worldwide, www.visualcapitalist.com/how-many-people-die-each-day This matches the Johns Hopkins recap of annual numbers, health care systems worldwide cannot begin to handle true pandemic levels of CVD and cancer. Instead, healing protocols are actively suppressed, most notably by the FDA, (still looking for illusive silver bullets).

Highly studied, the classic MO for generating FEAR: US CDC sets a new standard near the beginning of the "pandemic" instructing doctors are to reclassify deaths as covid-19, even if only a suspicion; then their bias is set, many normal deaths were reclassified. (Enter Dr. Scott Jensen from MN calling foul!) Bogus numbers are being repeated by media, in their haste to support advertisers with a rushed and dangerous vaccine aka "The gold rush" for a vaccine. FEAR limited belief systems, no one sees possible alternatives when excess fear has been generated; nevermind generating fake number of excess deaths. Replay Dr Redfield of the US CDC waving a mask in an

interview, saying this is the best way to stay well. Really?

Posted On 12/03/2020

stanleybecker

what we have here is yet another piece of the puzzle ~ MASKS ~ the way I see it is if everything else is FALSE and FABRICATED in this coup d'etat that Snake Gates has inflicted on the human race with his obsession with MURDERING people which is euphemistically termed "Population Control" ~ this is one of many fields of CONTROL that Snake envisages for his role as World Health Supremo which is what the Latter day Robber Barons now call themselves ~ masks are the symbol of subjugation and compliance with the SLAVERY AGENDA that Snake and his allies see as necessary for the biggest WEALTH HEIST in the history of human civilization ~ Snake wants to OWN everything which includes you and your body and your right to live as God intended ~ Snake wants to end all of this nonsense and use his father's alma mater Planned Parenthood for the sale of your body parts { how could a smart marketing man like Snake Gates let fetal body parts go to waste and not turn a profit??}~ Snake believes that no opportunity to create a buck should be lost ~ Snake {as some of you might remember} was instrumental in getting Adam and Eve to be expelled from the Garden of Eden

~ Snake has been around since God began his experiment ~ Snake has a specific role to play in our evolution as a species ~ Snake is the litmus test of the human resolve to resist evil ~ if Snake becomes irresistible {as Eve encountered him in the Garden of Eden} ~ then this will signal another banishment of Mankind from the Cycle of Life ~ at this moment Snake is ascendant and the odds look like Snake will succeed in engineering "The Fall of Man".

Posted On 12/03/2020

Randyfast

Excellent, David! If I may interpret your thoughts - Global Fraud...simply a means to an end. Am I

wrong?

Posted On 12/03/2020

nancy27yl

Here is a correction from SNOPEs: The student-run university paper published a story on Nov. 22, 2020, and retracted and deleted it four days later to “stop the spread of misinformation” that was seen on social media. The decision was made after the article’s author incorrectly claimed that there was “no evidence that COVID-19 created any excess deaths” and that total death numbers were “not above normal death numbers.” However, in a Nov. 27 update, an editor’s note with a link to the original article in PDF form was published online in accordance with the newspaper’s standards for transparency.

Posted On 12/03/2020

maxxon

In the past masks were most often seen used in Japan and China. They are commonly used as protection against "pollution". Pollution particulate is caught / collected by the masks because the particles are much larger than the mass of viruses. It does not take a medical expert to understand this. Masking all over the world due to Covid-19 has never been about the disease it has been about the political control of the population using fear tactics. This was Tony Fauci's agenda all along. Fauci is the person working on a "gain-in-function" virus project in North Carolina for the D.O.J / Pentagon. He is the person that took that project from North Carolina to the laboratory in Wuhan China because it was shut down by Obama in 2014 due to dangerous accidental releases. Without Fauci's actions the world-wide release of Covid-19 would not have occurred. Without the Chinese hatred of the U.S. the world-wide release of Covid-19 would not have occurred.

Posted On 12/03/2020

ChrisK

To add to larry_e's first sentence, there is also a huge incentive (\$\$\$) for the medical community (hospitals, etc) to "re-assign" cause of death to the virus. Common Sense/Econ 101...incentivize something, get more of it. Pretty much anything and everything is a comorbidity for the virus, so, thank you very much Uncle Sam for the \$39k incentive...print away, Mr. Fed.

Posted On 12/03/2020

balhawk

As Balhawk, I really appreciate how you keep your eye on the ball, Darzoum. I am PDF printing all research that tells the truth and is likely to be scrubbed from the net to protect corporate profiteering. The truth is outing and the perpetrators are getting very, very desperate. nancy27yl, Snopes is totally captured by corporate interests and has zero credibility. The fact that they continue to cover up the effect of vaccines on autism proves this. Regardless, I would like to see a clearer presentation that simply lists all the numbers, straight up. I did go to the original data in my state and found the total death rate due to all health related causes was LOWER in April 2020 than April 2019.

Posted On 12/03/2020

Fisher153

Is this courtesy of the Johns Hopkins BLOOMBERG school of public health? Same Bloomberg who bought Virginia elections, ran superbowl adds to protest gun ownership, and promotes the global warming control agenda (another scientific integrity farce)? Same center that ran Gates' Event 201 corona outbreak scenario along with Chinese CDC in attendance? Same Johns Hopkins University Bloomberg School of Public Health that hosts the Bill & Melinda Gates Institute for Population [control] and Reproductive Health?

Like "Harvard" sell-out, the "Hopkins" certificate has lost its luster. Hopkins, Bloomberg, Gates, Fauci, CDC, and others are connected in the whole COVID deception to the point that I can no longer trust that their "peer-reviewed" works are in fact credible. Genevieve Briand was spot-on, and she was censored by the disinformation mafia.

Posted On 01/06/2021

jamNjim

Here's the bigger question: Are we going to wear a mask the rest of our lives? What changed in 2020 that brought everyone to the conclusion that a mask is going save us? What if there is long term damage caused by 24/7 mask wearing? We are adults and everyone makes their own decisions, which is kind of Dr. Mercola's point. Since when does the government have the authority to make us stay home and cover our faces? When is this going to end? I'm 54 years old and 2020 is the first time in my life I've been told to stay at home and cover my face and for what reason??? A VIRUS?? How many viral outbreaks have we had in 54 years and not once have we been told to dawn a mask!! Have we totally lost our minds? We already know that this virus (like most) only affects those with underlying conditions. So why should anyone like me who has spent a lifetime doing everything possible to stay thin, stay in shape, and avoid lifestyle diseases like Obesity, COPD, Heart Disease, and Type-2 Diabetes be PUNISHED for everyone else's complacency and dependence on the Fake Medical System?

Posted On 12/03/2020

ToddinGA

You are 54 and if from the US then you should remember having to practice nuclear bomb scare tactics in elementary school: leave the classroom, go to a dark space, sit on the floor and under a desk, with your legs crossed and your head between your knees. Quite ridiculous, but we all had to do it. Is wearing a mask that bad in the few hours you may be inside in the close proximity of others???

Posted On 12/03/2020

Randyfast

Hi, Jim. I've actually asked that same question concerning wearing the mask for the rest of their lives. The zombie consensus seems to be: "Well; if it's necessary.!" Those people are beyond help. "We already know that this virus (like most) only affects those with underlying conditions". If it even does that! I've posted, on numerous occasions, about the many elderly and sick people in my area (I observe these people frequently), who have not been any sicker since this covid fiasco began. No one has even attempted to explain that one! I; on the other hand, do have an explanation...People are continuously getting sick and dying, from many causes; one of which is OLD AGE - and from where I'm standing, it appears that most of these illnesses and deaths are being attributed to covid .

Posted On 12/03/2020

jamNjim

Todd, I have to wear a mask 9+ hours a day for no reason. I live and work in a city that requires everyone to wear a mask at all times except inside your own house. I work 9 to 10 hours a day. My employer has bought into this mask theory hook, line, and sinker! Anyone caught without a mask on gets written up the first time. The second offense means you are FIRED! We just had 4 out of 5 people in the maintenance office test positive. All were wearing mask. Their desk are 10 feet apart. All of the desk are facing away from each other (towards a wall). If masks work then explain that one for me.

As the test in this article and the REAL LIFE example I just gave proves, water droplets (spit) are NOT the main means of spreading of covid. That's been the CDC, NIH, and FDA's theory since the beginning. If spit is the #1 means of spreading then NO ONE wearing a mask in this study should have gotten infected. This virus spreads via vapors and mask offer little to no protection from vapors. As Dr. Mercola pointed out, if you are social distancing and spit is the #1 means of spread then you don't need a mask period! According to the CDC spit doesn't travel more than 6 feet. The

whole mask wearing is a faux. It's giving people a false sense of protection.

Posted On 12/03/2020

tireguy

Wear your mask! After all it is just a piece of cloth, what is the harm?

www.lewrockwell.com/.../wear-your-mask

Posted On 12/03/2020

rjmaxcy

Yes, wearing masks are THAT BAD. And here is why: While most of the discussion of wearing a mask is about whether the mask keeps you safe and is effective, here is the bigger issue that no one seems to talk about. The mass trauma that is induced SEEING EVERYONE IN MASKS!

Whether you choose to throw one on or not - you can't help seeing a sea of people in masks everywhere you go; AND that is it's true damage..... Mask watching is the most dehumanizing thing I have ever experienced in my 50 odd years of life. Herds of children and adults wearing masks is simply not humane to WITNESS for ANY reason. We are all forced to participate in this madness simply because we have eyes.....

Posted On 12/03/2020

Katy69

Are we going to wear a mask for the rest of our lives? Well - yes and no - when you get your microchipped, DNA altering vaccination with your smart card as proof of your. recruitment into the sheeple class of proles who will be allowed to live and serve the elite, you may be able to put you mask to one side until the release of the next plandemic. Futuristic science fiction or 2020 reality

check? You decide. www.technocracy.news/welsh-to-receive-certificate-of-vaccination-to-pr..

Posted On 12/03/2020

nojusticenopeace

Exactly jamnjim and you may already know why but if not look into the planning simulations like Event 201 and Clade X powerful organizations like World Economic Forum and corporations where all in attendance. They have agendas that they want put in place and the virus farce is a deception that is so far working well on the naive and gullible masses. Agendas leading to more controls over our lives and loss of rights and privacy using technology that is packaged up nicely as convenient and helpful. The medical cartel with the likes of Jesuit puppet Dr. Fauci and other liars presented as experts many will make huge profits from connections with vaccine makers. The Psychopaths in control have been running the show and ruining many lives. Time to put an end to their rein.

Posted On 12/04/2020

Fisher153

OSHA CO2 standards are rapidly exceeded in a mask, causing increased oxidative stress and violating health protective limits. So do I follow the unjustified and harmful CDC "recommendations" that my state is defacto referencing (and passing it off as "scientifically correct" per the deceptive CDC), or do I follow OSHA law?

Posted On 01/06/2021

Astonished

Yesterday, Dr. Mercola published an article on the most damaging cooking oils. Six out five were the most commonly-used or most hyped ones. Their harmfulness multiplies, when you combine their use

with iron. Remember the hype for cast iron dishes? It all adds up... When DDT use was rampant, "polio" cases (along with live-agent vaccinations) ran sky-high. An industrial waste, Fluoride in drinking water and in dental products (by the way, do you dare to see your dentist these days? their office is the best place to have your DNA sample taken without your knowledge and they can infect/poison you with goodness-knows-what, which is not far-fetched after hospitals receive \$30.9k for CV-deaths and \$13.9k for presumed diagnoses).

You were not supposed to eat healthy fats and you were encouraged to consume harmful ones (declared as "healthy"), you were supposed eliminate salt from your diet (without healthy salt intake, your body cells cannot communicate with each other, which results in countless complications), you were, and are, supposed to take statins (that eliminate a symptom that indicates that you have inflammation/leakage in your blood vessel walls, so they make you sicker, while probably increasing the threat of the very problems they are supposed to eliminate, and frequently come with severe side effects).

And the list goes on... If it were not for the fake pandemic, during which FEWER people have been dying in several countries (no study is necessary, mortality rates are public records), I would not have ever guessed an evil of such magnitude... The muzzle contains a Teflon-derivative and has been saturated with a cancerogen as a disinfectant, causes oxygen deprivation, accumulates CO2, and creates a Petri dish for your own viral/bacterial culture, making you a LOT more prone to exhibit CV-1984 symptoms. Of course, it also amounts to physical and psychological torture, in addition to being dehumanizing. What we have been, and are, witnessing is simply genocide.

Posted On 12/03/2020

skupe59

You'd be healthier finding a good holistic nutrition coach (never a Registered Dietician), ND, orthomolecular specialist (treats with supplements) or at least someone who has been educated in nutrition like Dr. Mercola was than a regular Also join a local chapter of WestonAPrice.org if you don't have any pressing issues. You'll learn so much just reading their quarterly journals and the website for \$40/yr. Both Dr. M and I are members. I have learned so much from them. Buy some really good ORGANIC virgin coconut and palm oil, tallow, schmaltz, lard and cook with them.

Throw out the other drek oils that you have in your kitchen. DEFINITELY STOP LISTENING TO THE NEWS MEDIA UNLESS THEY HAVE BEEN NUTRITIONALLY EDUCATED and not part of the DEEP STATE.

Posted On 12/03/2020

Raythe4th

Loved your comment, @Astonished. You are exactly right. It's just another part of UN Agenda 21. The Kingdoms of this world belong to Satan, and he gives his power to the wicked men and women who follow his directives. They will start pushing their global warming nonsense in full force soon, but nevermind the fact that they've been chem-trailing our skies on a daily basis for years, flooding our atmosphere with toxic heavy metals, and jacking with our weather. Only after a really hard rain, does the sky look normal again for a day. Then they are out spraying once again. The pilots involved with this sicken me. Whether brainwashed, cowards, or just plain evil...they're playing their part in bringing about the destruction of this planet. Everything we know is a lie.

These wicked men have been actively seeking unique ways to depopulate the earth for along time, and enrich themselves in the process. They poison our air, food and water...and now they're coming for our bodies themselves with toxins in the form of Vaccines.

Why would People ever inject themselves knowingly with a substance that is made up of aborted fetal cells, and toxic substances known to cause disease. It's pure foolishness to even think that by doing this, one can avoid disease and sickness. And now they are putting something they call LUCIFERase into them. Sorry, nothing by that name is ever going into or on my body, and I'll fight to the death before being forced into taking any vaccine. The Bible says in the end times everyone will be forced to receive a mark, and that nobody will be able to buy or sell without it. This is what's coming soon, and the whole CoVid nonsense is what they've used to force it upon everyone. Soon you won't be able to do anything unless you've received your vaccines, and have their mark to prove it. I'd rather be killed, than to damn my soul for eternity by receiving this abomination inside/on my body. Prepare your minds now for the future is today!

Posted On 12/03/2020

Katy69

Doh! Do keep up, Astonished! Also, you forgot to include glyphosate. The plan goes way back to 1930's or even further to the rise of the billionaires and the eugenist movement. Think freemasons and extermination camps. Don't assume all that magically disappeared in 1945. Here's a link: orwell1984366490226.wordpress.com/2020/05/21/georgia-guidestones-the-n..

Posted On 12/03/2020

NigelHowitt

BUT WHY ARE WE INTERESTED IN ANYTHING THE PCR TEST TELL US? The test is MEANINGLESS. SURELY WE ALL KNOW THAT BY NOW? There is no such thing as a false positive or false negative. There are ONLY FALSES! Any discussion of anything based on the PCR test is pointless INCLUDING ALL THE GLOBAL STATISTICS FOR COVID-19.

Posted On 12/03/2020

rrealrose

The only reason is these incomplete tests, not intended for diagnosing an active infection, were and are being used as a basis for determining phase 1, 3 and 3 vaccine trials. And for determining our status - entering airplanes and more! The beat goes on and on.

Posted On 12/03/2020

Xmen44

Everyone that understands forgets this point. The testing was designed for HIV infection. There are a few emerging tests coming forward that do correctly identify the protein associated with the actual SARS virus. 3 of them. One requires a prescription, another, you must send back to the lab after collecting the sample and the third is an at home test with no prescription needed and the results within 9 minutes with 98% efficacy. When these test hit the market, then we will know the truth about covid infections(if they are willing to use them).

Posted On 12/03/2020

Randyfast

Yes; the entire narrative is getting really old.

Posted On 12/03/2020

Darzoum

I couldn't agree more Nigel! The facts of the PCR test should end all discussion and end the "pandemic."

Posted On 12/03/2020

maxxon

Absolutely! Even the person that created the PCR test has made recorded and printed statements that the PCR test is not valid for Covid-19 testing at all. It produces more false positives than actual positives. So why do doctors and hospitals continue to perpetrate the myth? I'll give you \$13K to \$30K positive reasons. My town just reported 3,751 new cases yesterday. We have been

under a governors "mask order" all summer. The corresponding death tolls during this period have been .02 % which is lower than the percentage for the annual flu. Hoax? Without a doubt. Stop the rewards for "positive tests" and the pandemic goes away.

Posted On 12/03/2020

Fisher153

Dr. Kary Mullis, Nobel prize winner and creator of the PCR test stated: "You cannot use this test to diagnose an infectious disease." Mullis was a true academic devoted to scientific integrity: "They don't want people like me asking them questions." Mysteriously, he died in Aug 2019 at age 74, prior to his test being abused to create false alarmism worldwide.

Posted On 01/06/2021

Esther M. Cook

There is an elephant in this room. Somebody tell Dr. Mercola, because he sometimes mentions that a leading cause of death, and maybe the TOP cause of death, is medical errors. Despite the suicides and starvation, the USA's death rate has DROPPED considerably since the coronapanic and lockdowns. Some of this is less driving, hence fewer car crashes. But hospitals and doctors have been turning patients away to save beds and reduce human contact because coronapanic. Over and over, the lamestream says this will cause more death because untreated patients. Some of that is provable. But MOST of the reduced deaths are because modern medicine is THAT bad. Deaths always drop when there is a doctor strike of any kind. I believe the next decade will see a big change leading to REAL health care and greatly increased longevity. Part of getting there from here is pointing out what we have now.

Posted On 12/03/2020

stanleybecker

yes, Pharma controls Modern Medicine and doctors are merely PUSHING Pharma product ~ disease is the name of the game and CURE does not exist for Pharma ~ doctors are quislings in this process of war against humanity

Posted On 12/03/2020

balhawk

Bam! Right on, Esther. As it was noticed by those who are looking that the US infant mortality rate went down as parents were skipping their Orwellian named "well baby" visits, in which they invariably get poisoned with various injections. I've been getting spam messages from my "health insurance" provider to get flu shots, and get such spam messages every time I log into the pay the premium. I only have it in case of accidental injury, as mechanical measures are all the system is good for, aside from corporate profiteering for which we foot the bill, directly or indirectly. Most doctors are well meaning, but utterly brainwashed. More like cult zombies than healers. Trained to treat the symptoms with drugs that more often than not impede actual healing while they line the pockets of those who invested in their training, and reap massive filthy lucre from it while the docs themselves pay though the nose for the indoctrination.

Posted On 12/03/2020

dog1678

Esther, You bring up a brilliant point. A Johns Hopkins study reports that 250,000 Americans die each year from "medical error". That is an astounding number! And yet the AMA has the gall to shout from the hilltops the "dangers" of alternative medicine. I avoid doctors as much as possible. Every single person I know, or have ever known, has suffered some kind of injury from either doctors or the drugs they prescribe. I MEAN LIFE-CHANGING INJURIES. And with that in mind, why do we keep going back to these idiots? Probably because the power of propaganda is monumental,

and if and when you are in pain or are sick, your defenses are down. I was recently permanently injured by withdrawing from a medication whose primary withdrawal side effect is causing AFIB. No one told me that when this drug was prescribed.

The symptoms became so aggravating that I went to a cardiologist, a Chinese man trained in Western medicine at Beijing University. He immediately wanted to put me on blood thinners and beta blockers. I said NO, and asked him if he knew of any Chinese medicines that might treat this. He actually mocked me for suggesting this. So I went home and did some research. I have now ordered an herbal concoction directly from China called Wenxin Keli, which is even recognized on PubMed as a valid treatment. I am also starting to take Natto-kinase for avoidance of blood clots, and an assortment of magnesium, vitamins and other supplements. I believe we each have to decide whether or not we trust Western medicine. I don't.

Posted On 12/03/2020

Fisher153

Now THAT is a useful and insightful correlation!

Posted On 01/06/2021

garygreenfield

Interesting Pre-Covid Research Regarding Face Masks (2015) - (masks are worthless) - www.ncbi.nlm.nih.gov/.../PMC4480558

Posted On 12/03/2020

Randyfast

Hi, Gary. Worthless to us; but a very "important and necessary" 'measure' for our controllers. It's a symbol of total control and it has, so far, worked extremely well for them. I will continue to ignore "them"!

Posted On 12/03/2020

Raythe4th

This was all a part of the agenda all along. So easily seen, that I predicted it back before any of this was actually being implemented here in the USA. I'm saddened by how many people comply without a fight. They have no idea that they are being played for the fool. This isn't the home of the brave, it's the home of the zombies. The only people wearing masks, are these Idiots who actually believe mainstream media, and the cowards who won't stand against tyranny. True patriots are easily identified nowadays. People need to stop spending their money at establishments that are pushing this mandatory face-mask nonsense. I've already cancelled all of my plans to spend thousands of dollars at Home Depot, after they were one of the first to start enforcing all of this nazi BS. I suggest everyone else to do the same. Show these globalist corporations that you aren't down with their agenda, and spend your money elsewhere.

Posted On 12/03/2020

Randyfast

Good for you, Ray. I agree, wholeheartedly! I had also been warning people for the past few years that all of this was coming. Of course; nobody listened. Even now; the ONLY THREAT they see, is covid, covid, covid!

Posted On 12/03/2020

Coa3356

Raythe4th - interestingly enough, the only "store" strictly enforcing the mask mandate in this area is one run by the state.

Posted On 12/03/2020

Darzoum

Hi Raythe4th... yes, predictable and sad; it was hard not to notice how all the "pandemic" measures so tightly lined up with long-coveted globalist agenda items--made to order! And sad that people are just so easily gullible and controllable; if they were getting the facts instead of whatever that junk is coming through their TVs as "journalism," then things would be different. We all need more people to wake up.

Posted On 12/03/2020

maxxon

I agree with you. This is all about "control of the population by the political Elite class. This was their "Beta Test" and it worked better than they expected. It will continue until the people get some spine and not only say ENOUGH but go after all the local politicians that perpetrated it. Governors, mayors, town councils etc. should all lose their jobs and be held responsible for the economic disasters they created. Mayors in particular should be legally prosecuted for the economic damage their decisions to allow rioting, looting and violence to occur, by ordering law enforcement to stand down. Their first responsible as mayors was to protect the lives and property of their citizens.

They failed miserably, they failed deliberately. They had a choice to honor their responsibility and chose not to. This is a very well known character flaw in liberals..... lack of courage. Note, all of the cities that were ruined by the BLM and Antifa madness were cities run by democrATS. Removal from office and criminal prosecutions are what is required now. A Beta Test assumes more such events will occur in the future.

Posted On 12/03/2020

Fisher153

My local Home Depot does offer masks at the door, I politely decline, and shop on. I do respect the "social-distancing" out of respect for others. It is the state tyranny that I blame for the unlawful rules, and they justify them via CDC "recommendations". The CDC is a center of disinformation, and has been for many years; the US people should demand better from their CDC... and govt.

Posted On 01/06/2021

larry_e

Another bomb of truth in a war being conducted on a field mined with lies. But will it matter? I have noticed little to no interest in factual data on the part of mask believers. If they are truly in a state of fear, then that would explain it, as a person in fear is incapable rational thought. You have to solve the fear itself, and that takes more than facts. Much more.

Posted On 12/03/2020

Cabochon

A good point, larry. Fear is a weapon perfected by the Na-zis and no amount of scientific reports, factual data will make any difference while rational thought is suspended. I have encountered this altered mindset many times, even in highly educated people. Perhaps a psychiatrist such as Dr Breggin (breggin.com) would be able to unravel the techniques of brainwashing which was said to have affected some of the soldiers returning from wars against repressive regimes. We have seen it in the UK where young people have been radicalised and when they finally 'wake up' from their trance like state, want their citizenship re-instated even although they have betrayed their adopted

country. Of course in the new world order, none of this will matter, as there will be no countries, governments or rulers other than the self appointed technocratic elite so the present fear-fuelling tactics are no doubt part of stage one of the plan. Clearly they have done their homework. A good first step would be to try to get the fearful away from news channels, as it seems to me constant repetition of baseless fear mongering based on false statistics is one technique used by the media. I have not watched any 'news', aka propaganda channel for about three months now. A brief radio announcement of the latest events on some music channel is sufficient to keep oneself informed. I think the fearful would be able to see the wood through the trees and make rational judgements without the constant repetition of unsubstantiated "facts" designed to enforce the fear tactic.

Posted On 12/03/2020

facteauarthurgmail.com

So well said, I live in Maine, and get on threads for a local station, WGME from time to time, and there are people all the time I try and reason with, and no matter what evidence you try and show them, you just get the laugh emoji or some snarky comment about your sources. It could be from God's mouth out of a burning bush and they wouldn't listen at this point. I have come to the conclusion that there are two kinds of people at this point. Those who would be governed, and those who would rather be ruled. Real freedom comes with responsibility, and there seem to be a lot of people that just can't deal with the responsibility that comes with that freedom, or the price that one might have to pay in order to keep it. They would rather believe the lie willingly, and wallow in their ignorance, even if it is willful ignorance, rather than bear the responsibility that goes with true freedom, and they would not only give up their rights, but everyone else's as well, and be happy servants of their lord and masters. They seem to be in love with our current Democrat Governor, Janet Mills, who has destroyed the economy of this State, all in the name of lockdowns, mask mandates, and TDS. Sad testimony to the apathy and lack of spine in a large portion of the American population today...

Posted On 12/03/2020

rrealrose

Just found this morning. At first I thought it might be a hoax; but no, nyet, nope, this appears a real, ongoing cyber-attack:

IBM reports today they have been tracking ongoing attempts to hack the cold storage distribution system for these new vaccines, which started in September. IBM has been notifying all parties involved, reportedly on a large scale, with assistance coming from a state or large entity. (You wonder why censorship is so inane? We may be having a cold cold war, on top of a cased-demic.)

Seems extra assistance??? is coming in from N Korea and Russia. See what you make of this!
www.bbc.com/.../technology-55165552 - And listed under the heading of technology.

Posted On 12/03/2020

Darzoum

Rose, based on that article, you cannot rule out the possibility of a "false flag" operation (or even that there were no attacks at all and simply these stories are being planted). Then think through the possible narratives that could be attached to those "events" (pharma was ready to save the day but those nasty "anti-vaxxers" are terrorists...). If they didn't have a vaccine ready and this is all theater, then a distribution-stopping attack would serve a double purpose, since they didn't have anything anyways. Unfortunately, during these times, we have to consider these possibilities and consider the source of such stories. Those of us following the "pandemic" by looking behind the curtain know how many lies 'n deceptions are coming through those mainstream mouthpieces. We know how people are being played through fear and propaganda. Consider all possibilities; if nothing else, keeps our wits sharp and flexible.

Posted On 12/03/2020

rrealrose

Hi Darzoum, Thanks, am a tad rushed; however, Dr. Fauci has come out in response to other experts calling that the UK may have approved Pfizer's vaccine for emergency use way too fast. And just think, my little gollem has finally stood up to complain? Or is he reading the Administrative Stay of Execution, the suit filed against the FDA for relying solely on faulty pcr tests? Or perhaps reading what other experts are pointing out that these vaccines may potentially reduce or delay ability to reproduce? Or is he trying to steal the limelight and save the new vaccine paradigm? Who knows, read this one too:

www.msn.com/en-us/health/medical/dr-anthony-fauci-says-the-uk-approved..

Posted On 12/03/2020

NewlandsWanderer

Hi rrealrose. Living in the UK, and now unable to watch anything "topical" on the BBC without a vomit bag handy, made me immediately suspicious about that report. I actually hope it is true" In fact I hope it gives some hackers an idea of how to save the world from Norman Bates aka Bill Gate\$\$ Agenda. The BBC have been fear-mongering for months, talking about Typhoid Mary infecting every house she went to, and the year millions died of 'Flu. We also have lobotomized news casters listening to the sinister Professors Whitty and Valance as if they were experts - which in fact they are - but unfortunately in the Dr Mengele School of Experimentation. I think Darzoum is probably right. Unfortunately. But thanks for the link.

Posted On 12/03/2020

rrealrose

NewlandsWanderer, My bff lived in NW Wales about 18 years. She would tell me the BBC news was horrid, and was using US sources online. I kept telling her BBC World News we get in the US posts faster than all our media, appears far more on the ball, more balanced reporting with only some

bias. There is always bias. Don't know if you have access to www.bbcworldnews.com - not UK. Let me know. Guessing from trading notes years ago, international news reporting may be higher caliber. Yes? No? Dunno?

Posted On 12/03/2020

NewlandsWanderer

Hi rrealrose I will have a look at www.bbcworldnews.com. Thanks. It will be interesting to see any notable difference. Today on Twitter there was a convincing article about the Pope saying no-one would go to heaven unless they had two jabs of the Covid vaccine. Quite a few people fell for it. But I read to the last line which ran: "At publishing time Pope Francis had received an initial dose of the vaccine and had to be strapped down in a bed for an exorcism before the second dose. "

Posted On 12/03/2020

Randyfast

I don't know about anyone else; but the instant I saw the term "The New Normal", all kinds of red flags went up! From my exhaustive research for over a decade, I knew that this society would never again be normal! I'm going to repeat my main question: Why am I, nor anyone I know, or have seen, who have basically gone maskless for this entire year and have ignored "social distancing" (think of the connotations of that term) and also have not felt the need to "sanitize" our hands throughout the day...why aren't we sick? Why haven't we been sick all year?

As far as the PCR tests go; hasn't it already been established that those tests do NOT detect the covid virus? We know that "numbers" are often manipulated and the "Authorities" can increase or decrease those numbers, as they choose. Ever since masks have been mandated in "all indoor spaces" (in Canada), the numbers of infections and deaths have been rising (allegedly). They probably think that "we" are not smart enough to make the connection; so, they simply tell us that not everyone is "following the rules". This covid insanity has to be the biggest total PsyOps in history! Here's my take

on the covid "monster": Stop testing for covid; stop talking about covid; stop being afraid of covid; and covid will simply fade over the horizon. What is NOT going to go away and the biggest part of the agenda(s), are the health/life destroying vaccines/microchip/tracking chip implants that apparently, will begin rolling out next month!

The U.S. alone, has over 400 bioweapons labs around the world, and contained (or not) within, are hundreds of lethal viruses - and then there are the chemical weapons. I've made the point that if covid is a bioweapon, it's a very weak one. The fact is that if the globalists wanted to kill off a third of humanity, they could do it easily and we would never see it coming! cont'd...

Posted On 12/03/2020

Randyfast

...This entire situation is all about keeping the masses terrified of some phantom virus. Why would they need the real thing, when keeping the masses in a constant state of fear, works just as well? As I, and many others have stated; this insanity was never about a virus. It is about "The Great Reset"! Avoiding the increasing tyranny; with the prospect of the vaccines and whatever accompanies them becoming mandatory (forced vaccinations), we will cross that bridge when we get to it. For now; stop being afraid of the boogeyman and live your own lives! Exercise, eat nutritious food (while we still have that option) and rest. A housemate just had knee surgery in the hospital and she informed me that the hospital was filthy and some people were just walking into the hospital and through the corridors. She was told that her 90 year old mother could not visit, for "safety" reasons. The mother went for a visit anyway. So much for the "stringent" measures and the constant and continuous disinfecting and cleaning!

Posted On 12/03/2020

Darzoum

Hi Randy, agreed... "new normal" should've been a tip-off to anyone suspicious enough of official

narratives to do their own thinking. "Normal" doesn't go away; apparently, neither does this virus. We all do our best to cite science, authorities and statistics exposing the lies, but the agenda proceeds apace... inconvenient facts are ignored--they never get a hearing in the public court of mainstream propaganda. But if the facts are not going to matter anyways, we human being have other faculties--intuitions, feelings, "gut hunches" etc--telling us something is not right here. We are not cyborgs or transhumanist monstrosities; we are not severely handicapped calculating-beings like Gates or Kurweil... we have these other faculties and we have every right as human beings to use them, and they say, loud and clear, that this whole farce should've been ignored and over with months ago (if it ever should have been a "thing" in the first place).

Posted On 12/03/2020

Katy69

Oxymorons galore, Randyfast. The 'new normal ' is of course the new abnormal. 'Social distancing' is in reality anti-social distancing. 'Self isolation' is enforced isolation by officialdom.. All part of totalitarian Newspeak as predicted by Orwell. Peace is war. Freedom is slavery.

Posted On 12/03/2020

Randyfast

David; "We are not cyborgs or transhumanist monstrosities"...not yet; but the evil criminals are definitely working on it! Katy; thanks for the reply. You see this society for what it truly is.

Posted On 12/03/2020

forbiddenhealing

Along with all the other "cui bonos" the covid fiasco runs interference for the extortion of the pharmacare racket; absurdly priced/highly ineffective/insured monopoly,... shhhh. When blame gets shifted to terrorists or an epidemic for all the shortcomings of the system, the truth is buried deeper and what personal sovereignty we thought we once had disappears.....so this slave planet can readjust to a mechanized tech future making so many people irrelevant...disposable.

Posted On 12/03/2020

stanleybecker

Marcuse wrote the important 60s philosophical work "One Dimensional Man" ~ I think a new philosophy has overtaken us in our epoch called "Disposable Man" ~ I'm sure Snake Gates will pay someone to write it.

Posted On 12/03/2020

Martix

The "System" has a solution for you...If you want to go with your Life in their decadent World, amazingly, when People look within the "System" for solutions to the "System"....Awesome hey

Posted On 12/03/2020

fvtomasch

I checked the death rate from Covid in Japan and it is a real eye opener 2,172 out of a population 126M. Think of it for a moment. That would be approx 5,500 deaths in the U.S.(pop 327M+) all things being equal. So I was thinking what is protecting the Japanese people and immediately what comes to mind is DIET and NUTRITION.Fish is consumed regularly which is high in omega 3's. Natto (fermented soybeans) which is fermented with bacillus subtilis a prebiotic. Natto is enriched in branched fatty

acids which is high in calcium-magnesium-protein-potassium-Vitamin B6-B2-and E. They consume at least 10 times the IODINE than people in the U.S. Iodine has unique germicidal properties and that alone is what may be protecting them considering their lockdowns are on the milder side.

They eat little red meat more vegetables-fermented foods (probiotic) little processed foods and lower sugar consumption. Tokyo deaths 482 with a population of 37M Chicago deaths approx 3,300 population 2.7M One other main reason may be that only 1% of Japans water is fluoridated which affects the thyroid among many other health concerns. Yet all we hear is that a vaccine will protect us all and nothing about nutrition and building a stronger immune system. What does not help at all is the U.S. is approx 3.5% of the worlds population yet we are prescribed 50% of all medications worldwide. Let that settle in! We are over medicated and undernourished.

Posted On 12/03/2020

Fisher153

I lived in Okinawa for a time, and was very healthy while there! Foods from the ocean have trace nutrients that are absent from terrestrial. Japanese generally are not overweight, and have much lower sugar in their diet. Their teeth are good, they do not use fluoride-toxin in drinking water, but instead use a saltwater bicarbonate gargle to help prevent tooth decay and halitosis. Fluoride does actually kill off the bacteria in the mouth that create acids on teeth; sadly it also impedes sodium-potassium- ATPase, which systemically impacts the body's ability to process ATP (energy currency of cells).

Posted On 01/06/2021

epa1375

"Eventually, once the global economies are in irreparable shambles, the central banks will roll out a debt erasure program to solve all our problems. The price will be your humanity, your freedom. Will you pay it? Or will you resist the whole deviled scheme while you still can?" But before you receive all of

these great and wonderful things, you must take the mRNA vaccines that will make you a GMO non/sub human and it will probably make you a zombie. So wear your masks little sheeple until we get that "joy-juice" injected into your arm.

Posted On 12/03/2020

Raythe4th

Epa1375 - that "joy-juice" as you call it, is referenced in Revelation 13,14 and brings eternal damnation upon receiving it. Even if I wasn't a believer, the very thought of that would at least make me question my beliefs. And he causeth all, both small and great, rich and poor, free and bond, to receive a mark in their right hand, or in their foreheads: and that no man might buy or sell, save he that had the mark, or the name of the beast, or the number of his name. Here is wisdom. Let him that hath understanding count the number of the beast: for it is the number of a man; and his number is Six hundred threescore and six. And the third angel followed them, saying with a loud voice, If any man worship the beast and his image, and receive his mark in his forehead, or in his hand, the same shall drink of the wine of the wrath of God, which is poured out without mixture into the cup of his indignation; and he shall be tormented with fire and brimstone in the presence of the holy angels, and in the presence of the Lamb: and the smoke of their torment ascendeth up for ever and ever: and they have no rest day nor night, who worship the beast and his image, and whosoever receiveth the mark of his name. Revelation 13:16-18,14:9-11

Posted On 12/03/2020

epa1375

Yeah Ray...that "joy-juice" as you call it, is referenced in Revelation 13,14 and brings eternal damnation upon receiving it."joy-juice for them, equals hell on earth for most of us. I pray that we be strong, pray to God, and gird ourselves with truth and knowledge. And I do believe this too will pass, and we will overcome and endure. Thank you Dr. M for you voice in the wilderness. As a side note, I was flipping through channels last night and caught the tail end of a conversation on

Fox with Laura Ingraham. She asked a doctor/microbiologist about the mRNA vaccines and he said something about..."if you take the vaccine, it will lead to your DOOM." He also said that Anthony Fauci knew better. They quickly cut him off and went to a commercial. Did anyone else see that? Here: www.newswars.com/top-microbiologist-says-covid-vaccine-downright-dange.. And here start at minute 38:48: www.youtube.com/watch

Posted On 12/03/2020

balhawk

Well, many autoimmune conditions are accompanied by sensations akin to fire and brimstone, and can certainly bring about premature doom. A real lot of people don't want to be guinea pigs for these mRNA vaccines, even among those who still believe they are generally "safe and effective" and "save millions of American lives per year" (when the facts indicate they kill more than they save).

Posted On 12/03/2020

HealthiestChoices

Hi, epa1375~ Yes, I saw that also. I've been so surprised several times when they have an interview with someone like that, expressing their views that agree with us...and he was VERY adamant. Awhile back Laura Ingraham had discussed a topic of vaccines, tying it in with Bill YouKnowWho, and I was anxious to hear about the 'explosion' next morning. Not a word was heard, so she was apparently silenced as was the whole story. Can't remember it all now, as I have too much going on, but I did post it here. I pray each day for all these things to be exposed, and can't believe how they managed to stay hidden from the whole world. Like our own Dr. Mercola being made out like a criminal, trying desperately to exterminate his being out in the open to share his knowledge. They are trying desperately to keep us in the dark. It's been a tough uphill struggle, with more struggles on the way. Yes, the predictions in the Scriptures are falling into place fast and furious.

I know several people who ARE in the dark as they aren't really interested in anything more than the local news about a drunk who ran into a house last night, or other all-important news. I know I have to limit my opinions about health, politics, etc. Most of them are glad to feel secure with a mask and are waiting patiently for the shot to prevent their concern about Covid so we can all be healthy again and 'back to normal' - hahaha. I know they think I'm some kind of nut who reads a bunch of hooey and believes it.

PS__ epa1375: Links like the one you posted showing an actual 'authority', and the many others here that are discovered by the members here who take time for all the research, should be sent to and posted to places where they are NOTICED by the general public.

Posted On 12/03/2020

epa1375

Thanks HealthiestChoices for your feedback. I concur with everything you've said. Even Fox News tries hard to keep the people in the dark, but this time I guess "the cat got out of the bag." The microbiologist said very emphatically, that if you take the upcoming vaccine "you are going to your DOOM." And he also said Anthony Fauci knew better. Check this video out:

www.youtube.com/watch?v=3shYs8AncR0&feature=youtu.be&t=160

Posted On 12/04/2020

HealthiestChoices

Hi again, epa1375 ~ After my last post, I didn't get back again for a few days to see if you had responded as I've become involved in a time-consuming project. When I did check a few days later, I didn't have time to post and then hardly had time to even check Dr. Mercola's topics everyday. I also hadn't bookmarked it, so it took awhile trying to find it again. Thanks for posting the link. Laura I. seems to delve into some of these issues a little more than some of the others. For a long time I'd been wanting to email her and a couple others, asking for them to check in here to READ

about all that's happening, but don't know if it would help or not. So much is happening so fast, and as believers, we recognize the signs of the times. By the way, the vaccines are here and guess my state is one of the first. :(I will not be submitting, so pray I can stay hidden.

Posted On 12/16/2020

Fisher153

Contract Tracing Bill- HR 6666. 26 Mar 2020 patent 606060 was the nano-tech (branded "Luciferase") that links people to smart-phones and attaches your crypto currency to your biometric identity via your 5G data exchange system. I think I learned this from Dr. Carrie Medaj via Dr. Mercola. Of course, these initiatives are part of a clear and identifiable plan that is being executed in concert with govt, academia, individuals, and industry (not to be confused with a "conspiracy").

Posted On 01/06/2021

NewlandsWanderer

Just received an email from Reiner Fuellmich and associates who are taking health bureaucrats to court. He is also involved in trying to stop the vaccine agenda.. Here's the link - thanks to epi-cure for his help: corona-ausschuss.de/wp-content/uploads/2020/12/Wodarg_EMA_Petition_Pfi.. More info here: <http://www.jabs.org.uk/>

Posted On 12/03/2020

skupe59

There are anti vaccine groups online in the US too.

Posted On 12/03/2020

Randyfast

Those warriors are fighting hard for our human rights. We need many more to step up. These people have the power to change the outcome of this insanity.

Posted On 12/03/2020

rrealrose

NewlandsWanderer, Check out link I posted somewhere below...the cold supply chain for transporting/storing new vaccines has been under cyber-attack (according to IBM) since sometime in September. This appears a big deal, and even more twists and turns just get wilder...no time to flush this out more, you may want to watch this one closely.

Posted On 12/03/2020

Maritt

NW thanks for both these links. This law suit in Germany is so important (others to follow in the US and Canada). Dr Fuellmich, Dr Wodarg and others are doing a great job.

Posted On 12/03/2020

NewlandsWanderer

Hi SKUPE59 The first link is not just an anti-vaccine site but relates to a court case to stop

vaccines. The more lawyers we can get join in the better. Hi RANDYFAST: Yes, these people are warriors in the vanguard fighting for all human rights - even those who think we're conspiracy theorists and anti-vaxxers! (Not forgetting anti-maskers!!) Thanks RREALROSE. Will check out your link. Good luck to the hackers if they can smash the Medical Mafia's sinister plans. Hi MARRIT;

Let's hope there are lawyers in the UK who will join in with Dr Feullmich and Dr Wodarg. The "authorities" are trying to push out the vaccines as quickly as possible before the Truth comes out. Maybe they have seen Dr Mike Yeadon suspecting a sterilization programme:
healthandmoneynews.wordpress.com/2020/12/02/head-of-pfizer-research-co.. Every cloud has a silver lining and the one ray of sunshine is that mice in testing laboratories are breathing a collective sigh of relief: pbs.twimg.com/.../EoPwU02W8AEgeRw

Posted On 12/03/2020

brian hodgson

I wonder if they are waiting for the introduction of the vaccine to finally bring out a more reliable and accurate test than the PCR. Then they will attribute the dramatic drop in "case numbers" to the vaccine rather than the real cause... that is, the more accurate testing numbers

Posted On 12/03/2020

Fisher153

Except the RNA vaccine is likely to incite a cytokine storm substance response to the next variant "epidemic" the following year... and the cycle of deceptive death reports, govt vaccine financing, and vaccine tracking continues. I think they will still use the unjustifiable PCR test to keep the "case numbers" high, potentially to warrant mandatory vaccination (and "the mark" to buy/sell, i.e., go out in public places... like Home Depot).

Posted On 01/06/2021

jamNjim

Sewage samples taken in March 2019 in Spain test positive for coronavirus. This same testing shows Brazil was infected by Nov 2019.

www.msn.com/en-sg/news/world/earlier-signs-of-coronavirus-in-sewage-sa.. The reason for testing the sewage is virus shedding. When the spread of a virus in populations reaches “pandemic” proportions you can measure it in the sewer. In other words, this pandemic has been going on since at least March of 2019 and no one even knew about it. The only reason it’s such a big deal now is the fake news and fake healthcare system collaborating to SCARE the world into Vaccine-Nation (vaccination).

Blood samples stored in blood banks in Europe show the coronavirus was already spreading rampantly by Sept of 2019 in Europe.

www.thesun.co.uk/news/13206255/covid-plagued-eu-september-2019-italy/

Blood samples from cancer patients in Italy show the virus was prevalent then. Some 14 per cent of 959 people, who were all asymptomatic, had coronavirus antibodies in September 2019, when screening began. By March, when testing ended, almost a third of the patients had antibodies. When you learn that this virus has been around for at least 18 months (possibly much longer) it sorta changes the whole perspective. It wasn't discovered until Dec 2019, but we now know it was spreading as early as March 2019!! The death rate has slightly increased every year since 2009. So what has changed?? NOTHING! I've only observed the death rate in the USA and it has ticked up about .1% every year since 2009. If Covid-19 was causing all these deaths we should be seeing a huge spike in deaths. We are not. The rate of increase in deaths is constant.

Posted On 12/03/2020

rrealrose

jamNjim - Thanks for more backstory! Reading in Feb or March 2020, Italy normally expects about (ready for this?) 350,000 Chinese tourists each year, to view museums, gardens, fine arts and architecture, primarily in warmer spring and summer months. Northern Italy has Chinese, from

Wuhan, running much of its textile industry, in a handful of small towns north of Florence. Direct flights exist from Milan to Wuhan! Spain also has a lot of summer tourism (where is gui?) for beaches and gastronomie tours. Europe's cultural heritage is heavily promoted for tourism dollars, this virus could easily spread. Wuhan has a population of 19 million. Different hospitals may not have been trading notes on different respiratory conditions they were seeing, if there was no reason to suspect a new, novel virus. Even when the story broke, a different type of pneumonia was the terminology coming out of China. Could have taken months to notice any pattern, especially if conditions disappeared over summer months of 2019, only to reappear in fall and winter.

Posted On 12/03/2020

jamNjim

Oh Yeah, I've been educating myself on Chinese culture/influence in Europe since I visited Australia back around 2014. Since then I learned that China all but owns manufacturing in Italy now. If you buy anything that says "Made in Italy" it actually means assembled in Italy with Chinese labor and Chinese materials.

Posted On 12/03/2020

Fisher153

More alarming is that COVID-19 test kits were being sold as such... in 2017. (I think I found this in Corbett Report refs, but sadly did not copy ref.)

Posted On 01/06/2021

NewlandsWanderer

In less than two minutes this young woman reveals so much about mask-wearing and the Agenda

behind it: twitter.com/.../1331113006399451138

Posted On 12/03/2020

flamich65yahoo.com

I absolutely love this video!

Posted On 12/03/2020

virginia.sue

Great article, lots of truth. What concerns me is that they are still using faulty test results as gospel. A positive test means nothing, the manufacturer of the test never recommended it for detecting a virus. I am very concerned with the rate of pneumonia from inhaling bacteria from our own mouth, this would make people who wear them actually sicker than people who don't but most of the covid sickness is actually pneumonia and they are falsely calling it covid. This serves their agenda nicely because they want to create fear, they are very anxious to vaccinate. Politicians have no business in healthcare, they have stolen it because they must create fear so they can control people and take away rights.

Posted On 12/03/2020

dpm39560

I'm very pleased to read this article and to be able to share it with people who need to hear about these authoritative sources that contradict the media and political narrative. It distresses me that there are SO VERY MANY people in the world who hear one side of an issue then close their minds to all other viewpoints. "My mind is made up! Don't confuse me with the facts! (or the Science!)" One thing Dr. M said in this article I would like to expand on: "How long do we neglect our children's education and social development by keeping schools closed?" As a long-time teacher myself, both in the public

school system and as a home-school parent, I can attest that schools are not always the best place for children to get an education and social development.

I don't blame the schools for this. I blame the parents, and their abdication of their responsibility as parents to pursue careers and lifestyle. There's no question in my mind that with the risk to children from the current pandemic being close to zero, we should reopen our schools to all normal activities. But other than health issues, that is an entirely separate topic probably not appropriate for a health-oriented website discussion. I personally always carry a mask and wear it in public, not out of fear for me, but out of respect for other people's fears, even though I see them as unreasonable. However, I do have to laugh when I see about 30% of mask-wearers - mostly employees - in large stores wearing their masks with their noses uncovered. I want to ask them, "What's the point?"

Posted On 12/03/2020

epi-cure

dpm39560, here's yet another way you/we can teach. It could serve as a medium on which public awareness messages would be written. www.bitchute.com/.../SCIYZkeEd5we

Posted On 12/03/2020

Esther M. Cook

Employees wearing their masks below their noses are trying to keep both their jobs and their health. I just hope all the craven (craven= so scared you cannot think, thus increase the danger) gullibles get over it soon and resume looking like PEOPLE.

Posted On 12/03/2020

HealingMindN

Look up "scold's bridle." Then look up how "royalty" feels about the average person. Then search the connections between "royalty," UN, WEF, TC and gov't health agencies. Then you discover what the mask is really for.

Posted On 12/03/2020

Esther M. Cook

I want more hints. Including which meaning of TC out of lots of definitions.

Posted On 12/03/2020

stanleybecker

Ester ~ my guess is "Technology Corporations"

Posted On 12/03/2020

HealingMindN

The Trilateral Commission consists of reps from all over the world and have a trustee representation on the World Economic Forum. The TC outfitted the CCP with all of their surveillance equipment and more cutting edge tech. Most of Obama's presidential cabinet consisted of members of the TC.

Posted On 12/04/2020

scarson1

This is a bogus misleading article. If one actually reads the article for the, instead of having some staffer read with the objective of finding something to stir up the uninformed, one would learn that this study, among other things, was done with people that were exposed to other people that WERE NOT wearing masks.

More importantly, it states very clearly IN THE STUDY that the study should not be used to suggest that masks are ineffective.

But here you are doing just that.

How do you sleep at night?

Posted On 12/05/2020

dog1678

I have been absolutely fascinated and horrified over the last several weeks to read a public forum, occupied by women only, that is shown on the website of QVC, a major home shopping network. Over the course of time COVID has been the topic of discussion. If you go to the site today you will see women discussing how they conducted Thanksgiving, and how they will handle Christmas. Among them there is great support for this plan: "Allow no more than 4 of your family members to come to your house. When they arrive ask them to bundle up. Open all the windows and have each member go to a separate room. Bring their food to them on a TV tray. Give them bullhorns, or have them put their cell phones on speaker if they want to communicate."

A good number of women thought this was a brilliant idea, but most of them chose to simply not have any family gatherings at all. So many of them said things like "I'm sad about it but I will not have my 89 year old father come for a visit", or " My 5 adult children want to come home from college for Christmas, but I told them NO WAY"..This is so tragic, so enraging that women could be this stupid. As matriarchs of households, they wield a lot of power, and they are making decisions that will mean that, for many older people, they will never see their families again. This has got to stop!! Some how, some way, we have to shatter the lies that are being perpetrated on us. I tried to carefully add my two cents to these posts on QVC, by posting data and broader information, and was met with vicious attacks. The

more you threaten their mental state, the more they become entrenched. God Help Us.

Posted On 12/03/2020

Perfessor

Here is a link to Dr. Rancourt, former full professor in physics at the U. of Ottawa with 100+ scientific publications, that I saw in a post at raypeatforum.com. In the following report, Dr. Rancourt gives evidence that the spread of flu viruses is linked to absolute humidity: "The breakthrough achieved by Shaman et al. is not merely some academic point. Rather, it has profound health-policy implications, which have been entirely ignored or overlooked in the current coronavirus pandemic: • It means that the seasonality of P&I mortality is directly driven by absolute-humidity-controlled contagiousness of the viral respiratory diseases. If my view of the mechanism is correct (i.e., "physical loss" rather than "viable decay"), then: •

It additionally implies that the transmission vector must be small aerosol particles in fluid suspension in air, breathed deeply into the lungs, indoors; not hypothesized routs such as actual fluid or fomite contact, and not large droplets and spit (that are quickly gravitationally removed from the air, or captured in the mouth and digestive system). • And it means that social distancing, masks, and hand washing can have little effect in the actual epidemic spread during the winter season (see: Rancourt, 2020). " www.researchgate.net/publication/341832637_All-cause_mortality_during_.. It would be interesting to correlate absolute humidity with corona infection rate... He also criticizes the mandatory masking in this report: www.researchgate.net/publication/343399832_Face_masks_lies_damn_lies_a..

Posted On 12/03/2020

Botany_Bill

a few thoughts:

1. Masks aren't intended to prevent one from getting COVID-19, but to reduce spread from the mask-wearer to others. Does this research test that?

2. This doesn't seem conclusive about masks unless we know the behavior (e.g., distancing) behavior of each group. Recommendations are to stay further than 6' both with and w/o a mask. I wonder how many mask-less participants came in close contact with other mask-less people - that's the actual measure of whether they work.

3. You say mask mandates are destroying economies. I don't see how that can be the case. We can wear masks whether businesses are opened or closed. The Chinese have done this for years.

Posted On 12/03/2020

dtl8344

Hello! We really appreciate this community and what we have learned over the last few years and continue to learn from Dr. Mercola and others that post here. I shared this article with a few folks in management at our office. One comment was, "maybe masks don't reduce the incidence of infection, but it is well document that is reduces the amount of infection, which then in many cases reduces the severity of the virus. Example - without a mask you may get 2 million parts exposure, but with a mask you only get a million. That can help keep the severity of the virus lower which has seemed to be the case recently with higher infection rates but being less deadly." I would appreciate your insight as I seek to understand and gently inform others on the facts. THANK YOU!

Posted On 12/03/2020

ltcanttouchme

"supplementing with vitamin D, NAC, melatonin, quercetin and zinc." You left out one of your immune systems best freinds and strongest allies----ELDERBERRY EXTRACT:
returntonow.net/2019/12/30/study-elderberries-block-flu-virus-from-att..

Posted On 12/03/2020

Xmen44

As with everything else, if the MSM does not want it known, the information becomes censored. I can't wait for the day these media groups disappear for good. That day is coming fast.

Posted On 12/03/2020

premiademar14

These masks are made out of material/cloth that are full of chemicals, so, best to spray with colloidal silver and let them dry, much healthier thankfully, I have not had to wear one at all. Not here in Darwin.

Posted On 12/02/2020

skupe59

I bought one with silver in it but my face is so tiny that it didn't fit me (the company needs to make one for really petite adults and they also need to make sizes, same goes for the Copperfit masks).

Posted On 12/03/2020

jamNjim

Most (all) of the mask sold in the USA are made in CHINA! How convenient! Most things made in China are contaminated with carcinogenic chemicals. Five to 10 years from now the 6pm TV commercials will have all the LAWYERS saying "If you or a loved one were forced to wear a mask by your employer, city, county, or state and you developed mesothelioma you may be compensated" "But, you must call now before time runs out"

Posted On 12/03/2020

[ikap2000gmail.com](mailto:ikap2000@gmail.com)

IT'S NOT THE GOVT TO BE BLAMED BUT THE PEOPLE.

Posted On 01/15/2021

tikiwish123gmail.com

This flimsy medical mask is not made to predict protect anyone against viruses or infectious diseases. This flimsy paper mask is routinely used for dental workers and medical workers that are not carrying any infectious diseases if a patient had an infectious disease a surgeon would wear an N95 mask. the study is flawed now they need to test in 95 masks. If you look at medical workers they're not wearing one of these they're wearing this and n95 mask this and homemade masks and Shields and everything they could cover themselves with. The problem was in this country there was a shortage of n95 masks everywhere, so people resorted to buying these flimsy masks and they don't work against viruses there's gaps on the sides and on the top equals , made only to keep your germs to yourself more or less during non-infectious routine visits.

Posted On 01/03/2021

tikiwish123gmail.com

These are only the Paper flimsy masks, that are only supposed to keep your germs to yourself but they do not protect you from getting germs these are not good N95 masks. YOU CAN JUST LOOK AT THE MASKS AND PUT THEM ON, THERE'S ALWAYS GAPS ON THE SIDES AND ON THE TOP TOO THESE ARE FLIMSY BASICALLY NON-AFFECTIVE MASKS. IF ALL MASKS WERE INEFFECTIVE THEN SHOULD ALL MEDICAL STAFF DOCTORS ER WORKERS AND NURSES NOT WEAR ANY MASKS AT ALL. (oops

Caps lock was on)

Posted On 01/03/2021

Fisher153

May I rename this as the "Damn mask" study? We have known from Day 1 that masks were ineffective from ample flu virus mask studies. CDC ignored these. Now Danmask-19 has proven what we knew from the beginning... and proves that CDC and other world health agencies are utterly CLUELESS. Their misuse of PCR tests shows they are also INCOMPETENT. And the use of a fake public pandemic to control people using fear is downright EVIL.

Posted On 12/10/2020

Docathelake

A virus by definition doesn't have it's own DNA so the virus has to use other cells to replicate right, so wouldn't this mean the virus has to change to spread??? Not sure about viruses but I know some bacteria replacate in 4 to 10 minutes but again this only happens in the presence of a food source so wouldn't controlling what we eat be our primary goal? I know Harvard has a video of how fast microbes learn to become immune to antibiotics...You would think that we would learn not to treat or bodies like a Petri dish!!! www.youtube.com/watch

Posted On 12/07/2020

Lotek

There is no mention of hand hygiene in this article. Was it considered in the study? The college dormitory face mask study for influenza-like illnesses done a few years ago found that masks had no effect unless combined with hand sanitation, but when used in combination they were 70% effective.

Posted On 12/07/2020

scarson1

stanleybecker How wonderful it must be to be you in that crazy mixed up self righteous world you live in where you can insult people and say all kinds of wild things because in your world you are the top dog with all the knowledge. I'm just glad I believe in reason and not dogma. peace be with you, hopefully

Posted On 12/05/2020

Beadhead

I suspect the real reason for the over-reaction to COVID-19 by governments and health authorities is to cover up the woefully inadequate level of public health services. The pandemic restrictions, we were told, are to lower the transmission rate to avoid overwhelming hospitals and other health services until such time as a vaccine is developed and distributed. Hospitals become overwhelmed when the number of serious cases exceeds the hospital patient capacity in a given area. In other words, what we are seeing in COVID-19 deaths is the result of the under-capacity of our public healthcare systems to treat the relatively small number of COVID-19 patients (mostly the elderly) who require intensive medical care. Germany, for example, has had a far lower death rate from COVID-19 mainly due to Germany's investment in a public healthcare system with sufficient excess capacity to handle the sudden increase in the number of critically ill patients.

In most other countries with much lesser capacity to handle sudden increases in critical patient load, the results are predictable: many more deaths among the infected. The only way these jurisdictions can prevent a high death count is through massive restrictions upon the population to try to keep the spread of infection below the inadequate capacity to treat the infected. That's the REAL scandal here: the woefully inadequate funding of our healthcare systems, which has been ongoing for decades. Unless and until the public insists on adequate funding of healthcare services with a redundant capacity sufficient to handle sudden increases in patient load, we will all be the waiting victims of the

next viral pandemic.

Posted On 12/04/2020

perisaner

FWIW, I understand that the masks are not to protect the wearer, but to protect those with whom the wearer comes in contact. It prevents the spittle and "droplets" and "mist" (basically spit and snot) from transferring to someone within 6 feet. Did I miss something here? I am not impervious to the health risks of wearing masks and re-breathing what one breathes out. However, I also am cognizant of elderly people and sickly people who have lowered and/or compromised immune systems. It seems to me that a more relevant study would be to determine what percentage of those with whom an unmasked person comes in contact with Covid. However, I see no viable control group to do such a study. In addition, there are so many many factors that can contribute to contracting Covid that have nothing to do with masks. For example, we handle money back and forth, someone bags your food at the grocery store, those who use public transportation touch everything everyone else has touched, etc. There is no amount of hand washing or sanitizer that is going to get it all. I am certainly not defending the edict to wear masks. I think it is horrendous that the government is issuing such "orders." My point is, though, that doing a study on those that wear masks for their own protection is the wrong tool to fight these government mandates. It's like pitting a Shetland pony against a war horse in a jousting match. IOW, it's not arguing the right arguments.

Posted On 12/04/2020

hellbent

Another thing that doesn't add up: if those filthy bits of well-fingered rag are so effective at trapping virus particles, why are people allowed to sling them into ordinary waste bins in shops, workplaces, schools, restaurants, homes? Why aren't there bio-hazard bins everywhere? Hmm??

Posted On 12/04/2020

mar6577

And I have been asking people, who insist that I wear a muzzle (I never do) why they are so paranoid - and when you get home - do you get into your "decontamination chamber" to get all the Viruses out of your clothing and from your shoes etc. They just look stupid and don't know what to answer HAHAHA !!

Posted On 12/04/2020

pos5420

Wow, the name of mask n it's manufacture, manufacturing, mask data sheet to requirements. Questions like medical staff can't get enough nor the public. Who has higher immune, we still can't do when Trillion Companies still make too many toxins and these lab test have been prevented. Age is not considered. SARS to cov are families even Mers, like a father, mother, son, daughter or crazy auntie, how many truly understand and allowed to advice, to influence many means to destroy. For to destroy has power, to control destruction.

To state any which way, use 3 masks. Relevance has a place in statistics too, to little information does as much damage as half truths and little white lies. Read between and find more meaning, some are your immune system, do you know yours, can you know yours, cattlecall Medicine, profits by sickcare; your doctors are bottom feeders to, no one is free, nor the scientist with controlled labs n publishing to steal. Confusion, do your best to keep healthier than before, protective gear was always fabric, instinct is real with parasites of comfort and tolerance. Death is real but you can try your best to live longer, but what fools we all are and unsave by too many fools, spending foolish time not fighting to free healthcare to any society in any moment in time. Surviving the foolishness of too many, untold stories until it's use to uplift and sometimes that too can be harmful. I only hope to use best soultionS and that's one key, add them up, you now have many weapons to defeat in the many ways it will attack even when science sells its foolish promises to cattlecall.

Posted On 12/04/2020

peerlessgt

love all these studies that tell us what we've all known for 8 months. also what we know is that masks and lockdowns have absolutely nothing to do with any virus. more like training into subservience and identity destroying subjugation. most people just do not 'get it' that there is no virus. the mortality rates are now normal for a non virus scenario. the Virus is basically in the media. . the media (paid for by the cabal) keep spouting the propaganda as per instruction, and the gullible public, (who get their commands from the television) continue to stumble blindly and unquestioningly on, taking the rest of us to the slaughter. Johnson, after relaxing the lockdfown over christmas, has promised 2/3 tier lockdowns "until vaccines become available" that was his plan ALL ALONG. having got his kickback from his deal with gates. ... so, as informative as viral studies are, what is needed is mass unmasking in a show of non-compliance. and a show of attitude to match....

Posted On 12/03/2020

Steph550

This is terribly misleading. Masks are primarily for the protection of others, not of the wearer. This study doesn't tell you anything about the people that the test participants were around - were they masked or unmasked? What kinds of masks were they wearing? It is reckless for any medical professional to ignore the volumes of science that show that COVID is really being spread by people within 6 feet of other for more than 15 minutes out of a 24 hour period. So, instead of undermining actual science, let's do the right thing and wear our masks and maintain distance, so that the economy can be open.

Posted On 12/03/2020

Torenchristensengmail.co

Whenever we can travel again (which is likely never), what will be the best country to move to be least impacted by the globalist agenda? Or with the one world government, will there be only one country, or will it not matter?

Posted On 12/03/2020

jamNjim

North Korea

Posted On 12/03/2020

RAVries

Videos and articles like this are highly confusing. "effectiveness of surgical face masks against SARS-CoV-2"??? It has already been established, in tenths of FOIA documents, that SARS-CoV-2 has NEVER been isolated from a symptomatic patient, and never scientifically been proven to exist. SARS-CoV-2 does not exist!! So what are you actually talking about!?!? And they did PCR testing?? PCR has widely been debunked! The RT PCR "test" is no test, it is an amplification process. These are all fairytales you guys are discussing!! Talking about SARS-CoV-2 as if it DOES exist, and about the PCR test as if it IS a valid test, makes it appear as if you guys are supporting this globalist fraud against all humanity, by giving credibility to illusions, lies and manipulations.

Posted On 12/03/2020

lucky2b

Facebook has decided to remove Covid-19 vaccine related misinformation, very interesting considering, Facebook fascism We have I'm sure thousands if not more Doctors, researchers and

healthcare providers racing to find a clear defined course of action for COVID , that know one seems to have a handle on at this given time but Facebook has somehow come up with a clear and balanced way to decide what is the truth and what is false. Given that where in the HELL is this scientific information they are drawing all of there conclusions from. I really want to know. How did they come up with this ????????

Posted On 12/03/2020

Jeff Lines

Goes to show, mask mandates have nothing to do with health and everything to do with government control over the people and the people complying with whatever the government bureaucrats tell you to do.

Posted On 12/03/2020

lyonsksl1

See my reply and you will see this study is old and means essentially nothing.

Posted On 12/03/2020

Fred677174

It seems that staying away from mass virus spreader events is helpful. No full sport stadiums until many people are immune!!!

Posted On 12/03/2020

Arimanes

So let the government set the agenda? Are we going to do that for all colds, flu's, etc now?

Posted On 12/03/2020

mar6577

will people ever be "Immune" to stupidity ????????????????????

Posted On 12/04/2020

Fisher153

Better: we let all the kids and young adults go to the games, harmlessly get the disease, and then have herd immunity so we don't spread it to the old, health-compromised people... just like occurs for other viruses! And we can even relax and improve our mental and social health while doing so.

Posted On 01/06/2021

pedersom

Wake up world before it is too late!!

Posted On 12/03/2020

Rdenyc

And should people cover their coughs? Should we sneeze without a handkerchief? Has there been a study on it. The statistics do not include other methods of germ control "imposed" on people-- like social distancing and bars and indoor crowds. Are we looking at "masks" alone? No we are not. All of the efforts to "semi-quarantine"-- or create some space between infections and others help.. they work together to keep the virus under control. In 1918-20 there was a horrible pandemic flue, those years also saw the gruesome deaths of thousands of soldiers from wounds of trench warfare, and the colapse of czarist Russia, ... all of these events bring many thoughts to mind... not of note is that people in big cities more masks, that the libraries were closed and that mass was celebrated out on the street. How did our society survive the horror of... masks. ?

Posted On 12/03/2020

stanleybecker

read Dr Suzanne Humphries on the facts of the flu epidemic ~ many lies and exaggerations are revealed like sanitation and vaccines that cause HARM ~ seeing as you want to be factual ~ EDUCATE yourself

Posted On 12/03/2020

Ceyarreckz

no kidding. From personal experience: (ignoring paper masks since obviously useless in preventing spread/exposure) 1. Cloth n95 Wrap-around Mask: USELESS (was exposed) 2. n99 respirator mask that seals around nose/mouth: USELESS (was exposed) 3. M17 Military Issue Protective Mask. NO. EXPOSURE. TO. DATE. Protects EYES, NOSE, MOUTH mucus membranes. Hood limits/prevents exposure of Ears.

Posted On 12/03/2020

kathytickellyahoo.com

Sadly FB blocked me from sharing this critical information as of yesterday nothing that I try to share on my timeline or by messenger gets through if anything to do with what we are dealing with in terms of C*v*d* or m*a*s*k*i*n*g.

Posted On 12/03/2020

KingofthePaupers

improve your immune function and lower your infection risk naturally, such as supplementing with vitamin D, NAC, melatonin, quercetin and zinc. Search "immunity" and "3-day fast" for the best and free-est therapy available. Youtube "Cure All Fast"

Posted On 12/03/2020

premiademar14

I have been taking NAC, Quercetin, Vitamin D with K2, zinc and total magnesium, (all the Mags together). I have done for years, plus lots of other supplements, at 74 I am not on pharmaceuticals, only natural supplements All good, here in Darwin, we don't have to wear masks, no restrictions, all normal, most important, NO TESTS. We could have viruses, but we don't know it, tropical and too hot for anything to be alive ...

Posted On 12/03/2020

chieromancer

If masks, etc., worked, then health care professionals wouldn't get sick.

Posted On 12/03/2020

hellbent

Here in the UK, many of them are fat which of course impacts upon your immune system. And night shifts impact too. Not that I believe in those nasty bits of filthy rag!

Posted On 12/04/2020

seadipper

It seems to be a mild virus with Russian Roulette behaviour.

Posted On 12/03/2020

hellbent

The Russian Roulette aspect is probably because people have wildly different immune statuses. Some people strengthen theirs, others weaken theirs, yet others have poor immune systems due to chemical drugs meant to make them better but actually makes them sicker. I often say "you haven't caught a virus, it's caught you".

Posted On 12/04/2020

JamesEchols

Powerful article. Well done.

Posted On 12/03/2020

Cabochon

“Data clearly show that COVID-19 has not resulted in excess mortality, meaning the same number of people who die in any given year, on average, have died in this year of the pandemic“. I have forwarded to many contacts the link included in today’s article (reference no 17) to ‘The Rise of Medical Technocracy’ by Dr Lee Merritt. Just imagine how many this would reach if every mercola.com reader shared this with 10 others. Merritt runs through the salient points of the fake COVID-19 ‘pandemic’ with brilliant analysis of the facts which, as I have described in a previous post and am flattered to have seen repeated in other comments are “hidden in plain sight” - in other words the information is there for anyone who cares to look but you will not hear it on official media sources:

<https://youtu.be/sjYvitCeMPc>

I will be collating the information provided here on the futility and symbolism of mask wearing and sending it to a shop assistant encountered yesterday shouting at school children coming into her shop after school to “get your masks on”, the implication being they would not be served without one. What depths of deceit have we sunk to when our children are brainwashed to obey false diktats in preparation for more sinister directives to come. Will they ever forgive us when they realise how we misled them?

Posted On 12/03/2020

Cabochon

Some gems from Merritt’s presentation: a shot of a sheep dog controlling a flock of sheep encapsulates everything we need to understand. The sheep are afraid but do not know why. The sheepdog barks and bullies them, frightening them into submission. The sheep greatly outnumber the sheepdog but it does not occur to them to rebel. They like us, are victims of a “flu-d’etat” (another gem from Merritt). Comments include: “They are testing people and calling them ‘cases’. That’s not epidemiology, that’s fraud.” And my favourite: “Transmission of COVID-19 occurs mostly through news broadcasting. The virus settles between the ears and affects rational thinking.

Symptoms include hyper-vigilant cleansing, distrust of friends and neighbours and an overwhelming urge to give up basic human rights in exchange for the perception of safety. Those with larger vacuums between the ears are at higher risk". On a more serious note - please heed the words of Dietrich Bonhoeffer: "Silence in the face of evil is in itself evil. God will not hold us guiltless. Not to speak is to speak. Not to act is to act."

Posted On 12/03/2020

pos5420

Did someone say school? Stem learning, so many labels n combinations in theory of school. Reality isn't about social development by peers n environment and protection by school intervention from abuse n nutrition. Prep schools to tax dollar schools. The impact of Williamsburg's New York schools, rich n poor, to the world is always there. When full time resumes what will all our children come to. The village to raise our future gets blamed on parents, another way to kill messageSS-erSS. Perfect for trillion to be giving n trap free critical thinking where stem learning appears, a natural process to be groomed, all around us. Bring back cartoons like Tom n jerry, bugs bunny to be wise enough n in control. There is a movement by parents n teachers tackling what news won't tell n it's preventive ways to build a mind strong n wise enough to tackle the mess we have and coming forward. The sins of the fathers, the sins of a village to pity, blame n tolerate. Girls who code is a movement, free online education is another. The mind is multi faceted, every birth has a great mind but children do soak more than adults but are confused when choice n consequences are wittiness. Don't tolerate, build a desk, any and all can ping pong to influence not just a child but children to tackle peace, end the pansies scheme of capitalism, free healthcare, clean the earth, build more schools than prison, use AI more positively than to now to make ruthless kings, the greatest science isn't the sea or space but the women female body n the vessel to birth, as if these two haven't carried enough sufferage. Drugs, guns, bad parents/skills who's kidding who, COV and its domino effects called implications and tax dollars taken from the poor to pool but they need more than a float to swim. If Trillions are king than it's more like .0003% money exchange. AI new alphabets for kids won't get to sin for their kids. Who's protecting kids find it, use it, build on it, don't pity. MINDS.

Posted On 12/04/2020
