# How to Secure Your Water Supply for Emergencies

Analysis by Dr. Joseph Mercola ✓ Fact Checked

July 15, 2022
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**STORY AT-A-GLANCE**

- Even more important than stocking up on nonperishable foods is to make sure you have a supply of potable water. Many are so used to having running tap water on demand, they forget that source can vanish overnight
- If you live in a house, collecting rainwater is an excellent long-term solution
- A gravity-fed drip irrigation system using elevated rain barrels is also ideal for gardeners, as rainwater benefits your plants in ways that tap water cannot. Importantly, it pulls down nitrogen and carbon dioxide from the air, which encourage plant growth and soil health
- Basic guidance for keeping the water in your rain barrels clean include installing filters to remove debris, treating the water with bleach or beneficial anaerobic microbes once a month, and maintaining proper pH with baking soda or vinegar
- Basic water purification and disinfection guidelines to make less-than-ideal water sources safe to drink are also reviewed

In recent weeks, I've dedicated several articles to prepping for food inflation and shortages of both food and energy. But perhaps even more important than stocking up on nonperishable foods is to make sure you have a supply of potable water. Many are so used to having running tap water on demand, they forget that source can vanish overnight.

City water is typically pumped into a tall water tower. It's then distributed from the tower into your house by gravity. However, during a power outage, no new water can be pumped into the tower if the municipality runs out of fuel to run its backup generators.

That means the only water available for the area is what's in the tower. If the power failure continues for an extended period of time, the tank will be emptied and taps will run dry.

Apartment dwellers are even more vulnerable to power outages, as the water may be shut off immediately upon a power outage. This is because the water is pumped up into the apartments from the basement, and without electricity, that pump won't work unless there's a backup generator.

Even then, the water will only flow for as long as the generator has fuel. People with well water are in the same situation. Most well pumps are powered by electricity, and when there's a power outage, you'll need a generator. If you have a well it is imperative you not only have a backup generator but a secondary pump or even two in case your primary pump fails.

If you live in a hurricane prone area, you're probably used to the annual ritual of stocking up on bottled water. However, you can only store so many bottles, and if deliveries to your local grocery store are interrupted for a period of time — which at this point is a very real possibility — you'll eventually run out.

So, with all those limitations, and the prospects of rising energy costs, rolling blackouts or perhaps even longer term power outages, how can you make sure you'll have enough water to drink, cook, maintain hygiene and water your garden with?

## Rain Barrel Solution for Homes

The solution I'll focus on in this article involves installing one or more rain barrels. This won't work if you live in an apartment, but if you have a home, it's an excellent long-term solution. In the video above, Bluebarrel founder Jesse Savou explains how to set up a gravity-fed drip irrigation system for your garden using rain barrels.

The Bluebarrel rainwater catchment system includes a series of rain barrels set on top of a couple of cinder blocks to achieve a 3-foot elevation. The barrels are connected with PVC pipe, and the barrel on one end is connected to a drip irrigation hose with a timer. The pipe is equipped with a fine-mesh filter to prevent debris from clogging the emitters.

The timer Savou uses is solar operated, so no electricity is required. It will also work with AA batteries if you don't have a lot of sun. The two types of dripline they sell with their kits are both nonpressurized and work by gravity alone. "You don't want to use regular drip equipment or compensator lines," Savou warns, "because you won't get good output."

If you don't have a garden, and despite looming food shortages don't want to start one, this water can save you in the case you lose your tap water as well. A system like this can provide a lot of peace of mind, as the water will be replenished indefinitely without you having to do any work.

The only thing that will threaten you water supply is a persistent drought. That said, you do have to take precautions to keep the water in your barrels clean, which I'll review in a later section.

This is not the system I use. Since I have a full acre of land to grow food on I need loads more water, so I have a 5,000-gallon cistern that collects rainwater from the gutters on my roof. This serves to augment my irrigation system but is also a large emergency source of water.

## Why Irrigate With Rain Water?

While we're on the topic of gardening, there are good reasons to install a gravity-fed drip irrigation system even if you're not concerned about having a backup water supply, as rainwater benefits your plants in ways that tap water cannot. As explained by Mercury News:[1]

> *"You could deliver 14 inches of water … through sprinklers or hoses or drip emitters and your plants would not look as good or be as healthy as when the same amount of water, in the form of rain, is heaven-sent …*
>
> *There are several reasons rainwater is more suitable for plants than tap water, but the most important is chemistry. In tap water, chlorine is a necessary disinfectant and fluoride is added … Nearly all plants, however, are susceptible to chlorine toxicity, usually expressed in burnt leaf margins …*
>
> *[P]lows, yaccas, and fruit trees, in particular, are subject to fluoride toxicity as well, with symptoms ranging from burnt, discolored, or spotted leaves to stressed fruit that may become diseased."*

Rain water also has the following benefits over tap water:

- It contains far lower concentrations of minerals such as calcium, magnesium and sodium. Calcium and magnesium can leave white sediment deposits on plants, and sodium (used in water softeners) is toxic to plant tissue. Sodium also damages soil structure by dispersing beneficial aggregates, thereby causing the soil surface to crack.
- Rainwater pulls down elements of nitrogen (nitrate and ammonium) from the air, which are taken up by plants' roots and leaves. Air is 78% nitrogen, and nitrogen makes the plants greener. This is why a good rain makes greenery pop with fresh color.
- Rainwater also contains higher concentrations of oxygen than tap water, which prevents root rot.
- It also brings down carbon dioxide, which is beneficial for plants. Carbon dioxide is what gives rainwater an acidic pH. In the soil, this acidic water releases important plant nutrients such as zinc, manganese, copper and iron, making it more available to your plants.
- Rainwater is distributed uniformly across the garden, so the entire root zone is watered. Rain also helps flush salts that have been deposited by tap water away from the roots. These salts impede plant growth, and once flushed further down below the root system will result in pronounced growth.

## How to Keep the Water Clean

As mentioned, you do want to make sure the water in your barrels is as clean as possible. Basics include:[2]

- Keeping trees away from the roof to prevent leaves and debris from collecting in your gutters. A leaf guard on your gutters will be helpful
- A metal roof is preferable if you have the option; shingles will require better filtering as they can add petrochemicals from the roofing material into the water
- Always install a preliminary filter like a leaf diverter, plus a screen on the inlet going into the barrel
- Treat the water with bleach once a month. This will help prevent algae growth. All you need is 1/4 teaspoon per gallon of water, or 2 to 4 tablespoons for a 55-gallon barrel. Beneficial microbes can also be used in lieu of bleach. One such product is Nutri-Life BAM
- Test the pH of your water once a month using a standard pH test strip. If the water is neutral or alkaline (aka "hard" water), add vinegar to bring back its acidity. For a 55-gallon barrel, you typically only need a couple of tablespoons to correct the pH balance. Vinegar is another option for lowering the pH

If the inside of the barrel gets slimy or visible algae is growing in it, if you notice waterborne insects such as mosquitoes breeding in it, or if the water smells bad, you'll need to flush and scrub the barrel.

Ideally, empty and scrub each barrel once a year before the heaviest rain season. Under ideal conditions, you may only need to scrub them every other year. For detailed instructions on how to clean the barrel, see Homestead in Hawaii's essential guide on keeping your rain barrels clean.[3]

## Are You Using a Toxic Hose?

While you're at it, consider upgrading your garden hose to something that isn't chockful of toxic chemicals that will end up in your homegrown food every time you water.

Lead, bromine, antimony, phthalates, BPA and flame retardant chemicals were all common culprits found in garden hoses during a 2016 test,[4] and many of those chemicals were found in unsafe amounts in the water run through the hose.

As just one example, the U.S. Environmental Protection Agency's action level for lead in drinking water is 15 parts per billion (ppb), and lead-containing hoses resulted in the water having lead levels between 13 and 20 ppb. As noted by Gillian Miller, Ph.D., a staff scientist at the Ecology Center:[5]

> *"Even if you actively avoid putting harmful chemicals into your yard or garden in the form of pesticides, you could still be adding hazardous chemicals into your soil by watering with one of these hoses. The good news is that none of these chemicals are necessary in garden hoses, and a number of safe hoses are available."*

The safest hoses out of the ones tested were Big Boss AquaStream Ultra Light, Pocket Hose Dura-Rib II, Room Essentials Coil Hose with Multi Pattern Nozzle, and Water Right Professional Coil Garden Hose. For general guidance, read the label and look for a hose labeled "Drinking Water Safe" and "Lead Free." Avoid hoses that have a California Prop. 65 warning, as that means they likely contain cancer-causing chemicals.

Other ways to minimize chemical exposures include not letting the hose bake in the sun, and letting the water run for at least few seconds or longer for long hoses, before watering your plants, to flush out chemicals that may have leached into the stagnant water. I recommend not drinking out of your garden hose, but if you're setting up a water collection system for drinking that requires the use of a hose, make sure it's nontoxic.

## Water Purification Strategies

If you maintain a clean rain barrel setup and treat the water as recommended to kill off any pathogens, the rain water will probably be safe to drink. I would still recommend putting it through additional filtration though, just to be safe. Diarrhea, vomiting and dehydration caused by contaminated water could be a death knell in an already hazardous situation.

Filtration systems such as the Berkey system that can filter out pathogens would be ideal. Also, be sure to stock up on extra filters. These kinds of filtration systems can also be used to filter other, far more questionable water sources, such as water collected from a lake or stream.

> **"If you're not collecting rainwater and have no freshwater source on your property, be it a well, lake or stream, you'd be wise to plot out where your nearest water source is."**

Even a small survival water filtration system such as the Lifestraw[6] is better than nothing, and will allow you to filter the water you absolutely need to drink no matter where you are. If you don't have a filtration system capable of filtering out bacteria, viruses and protozoa, you'll need to filter out any debris first and then disinfect it using other means. Options include:[7]

- **Boiling** — It won't remove debris, chemical contaminants or other impurities, but it will kill bacteria, viruses and protozoa that could make you acutely sick.

  To disinfect by boiling, start with water that has been run through some kind of filter. In a pinch, you could run cloudy water through a clean cloth or coffee filter before filling the water to a rolling boil for at least 60 seconds. At altitudes above 5,000 feet (1,000 meters) water boils at a lower temperature so you need to boil it for 3 minutes. A solar kettle[8] can be a valuable backup system that will allow you to boil water during a power outage.

  Let the water cool and store in a clean, closed container. To improve the taste, you can add a small pinch of salt per quart or liter of water. Other strategies that can help improve the taste of boiled water are to pour the water back and forth several times between two clean containers, or stir it vigorously with a large spoon.
- **Liquid bleach** — After filtration, add eight drops of 6% bleach per gallon of water, or six drops of 8.25% bleach per gallon. If the water is cloudy or mineralized, use double the amount.

  Stir and let stand for 30 minutes before using. The water SHOULD have a very mild bleach odor. If it doesn't, repeat using the same dosage and let stand for 15 minutes. If the chlorine taste is too strong, pour the water between two clean pitchers several times and/or let it stand for a few hours before using.

  Only use regular, unscented chlorine bleach that's been stored at room temperature for less than one year. You'll need a medicine dropper to measure out the drops. Do not use bleach products that are scented, "color safe" or have added cleaners.
- **Iodine** — First and iodine solution is another option if you cannot boil the water and don't have bleach. Add five drops of 2% iodine tincture to each quart or liter of water. If the water is cloudy, add 10 drops. Stir and let stand for 30 minutes or more before using.
- **Water disinfection tablets** — You can also purchase ready-made water disinfection tablets. For those, follow the instructions on the product label.

Hopefully, reality is starting to set in and you're already begun considering your options. How are you going to provide safe drinking water for yourself and your family if the worst-case scenario becomes reality and there's no tap water and no bottled water being delivered to the store?

If you're not collecting rainwater and have no freshwater source on your property, be it a well, lake or stream, you'd be wise to plot out where your nearest water source is.

If you live in the U.S., findsspring.com can help you locate freshwater springs, most of which are relatively pristine, that allow you to collect water free of charge or for a small fee. As long as you have water purification and disinfection supplies on hand, you'll be able to treat whatever water you're able to get your hands on.

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forbiddenhealing
Joined On 2/21/2011 9:51:45 AM
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We better hope like hell that system collapse does not occur, no amount of prepping will outlast scavengers unless you are remote and self sufficient.....Just hope for a real and peaceful insurrection as conditions worsen. The current narrative is beyond absurd, Brandon and all the neocon traitors gotta go along with the network ministry of disinformation. They are only in power due to fraudulent words and it is only a matter of time before the public calls bullshit on the whole mess...or starts drinking from mud puddles.

Reply · Mark as Spam · Posted On : 7/15/2022 8:04:50 AM
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epi-cure
Joined On 5/13/2012 7:02:04 PM
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True that if we can't finesse this thing a bunker and a thousand pounds of ballistics won't make any difference.....or starts drinking from mud puddles'. Haha, rich both in accuracy and comedy

Mark as Spam · Posted On : 7/15/2022 8:44:00 AM
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steeli
Joined On 6/19/2006 11:43:20 PM

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I hope we can turn things around politically. I doubt it though. I've lost faith in humanity as I've grown older and, I think, wiser. When 92% of democrats would still vote for Biden, when 60% of Californians vote to retain Newsome, during what we think is a backlash against leftists, how can you have faith in your fellow citizens? Even most of those fed up with the leftist insanity who want to dump the current leaders will return to their anti-freedom roots as soon as things get better. The unfortunate fact is human beings are not capable of sustaining a decent, free society. Most, unlike the commenters here, will succumb to unworkable utopian ideas or fear propaganda and support "leaders" who wish to dominate and destroy.

I might be wrong of course, sure hope I am. But historically human societies self-destruct every time. Except for primitive tribes, some of which do pretty well over thousands of years. But most of us don't want to live like Amazonian natives, even thought they're happier than us. I am not saying we should give up. We should fight like heck. I'm a person who tries to be objective and see what is, not what I'd like to see. I see people as flawed on a fundamental level that guarantees misery for most, most of the time.

Mark as Spam | Posted On 7/15/2022 10:23:58 AM

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**Cabochon**
Joined On 10/7/2018 12:45:48 PM
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The Ministry of Disinformation narrative is still swallowed whole by the majority, forbidden, although there are occasional glimmers of light. But the time it takes for the “public” (aka the “sheeple”) to wake up may be set back by public organisations such as local government, banks, museums, even the meteorological office taking on board and spewing back the bullshit to the public. Can't wait to hear how the Met Office supports transgenderism. UK banks have been closing branches for decades now and while claiming to follow an “ethical” policy spread “climate change” fairy tales on their websites. Meanwhile, the threat of underfunding of cash machines continues, making access to cash more difficult.

Don't really fancy stockpiling cash next to my stores of food and rainwater. One enterprising MP has pledged to support the cash society: “Despite the move toward online payments and banking, cash remains king for so many, including the most vulnerable in society, those living in rural areas and small shops and businesses the lifeblood of our local communities.It's important we don't sleepwalk into a cashless society.” In the UK we are beset by endless fraud - artificially created price hikes in domestic energy bills, petrol costs and train fares with food prices following the same trend.

Overcrowded trains after some are cancelled at short notice, presumably in retaliation for the recent train driver strikes, official warnings that gardening can damage your health, no water supply in one area during an intense heatwave. The NHS appears to have gone into hiding. The rain water saga recalls that Pink Floyd monster hit “Just another brick in the wall”. I like to think Stan would have approved of my music choice this time. We don't need no “education”. We don't need no thought control.”
https://youtu.be/W0bi7OfaKMY

Mark as Spam | Posted On 7/15/2022 10:35:09 AM

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**forbiddenhealing**
Joined On 2/21/2011 9:51:43 AM
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Let's see what happens to Sri Lanka....And how is it that all the neocon swine that cheered 20yrs in MessofPotamia engineered another endless proxy war in Ukraine ? www.lewrockwell.com/2022/06/no_author/those-nefarious-neocons-and-thei..

Mark as Spam | Posted On 7/15/2022 10:37:53 AM

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**forbiddenhealing**
Joined On 2/21/2011 9:51:43 AM
Add as Friend | Send Message

Cabochon...True, barter only goes so far, I've tried...Only question now is: "Which one's Pink?"

Mark as Spam | Posted On 7/15/2022 11:05:26 AM

Like | Dislike

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**rrealrose**
Joined On 11/10/2011 8:59:01 AM
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Hi Capt'n - Interesting input on the dearth of US demonstrations, Why no pitchforks? from Jon Rappaport, recent interview: "The virus cover story with Jon Rappaport" - - www.bitchute.com/.../mXZoOGswEEUR - Jon gives his history behind how he got interested years ago in this giant ruse, watching it play out. ~ ~ ~ ~ ~ Here's a socio-economic and political angle from Robert Barnes (CHD is one of his clients): "Attorney Robert Barnes on The Duran - Biden is Sinking The US Economy" - www.bitchute.com/.../yXVMBTpZHdDo - this is a brief interview. (Brief and to the point). Suspect the more we ignore Brandon/Teflon Tony/Gates of Hell positioning and maneuvers, (heckling and/or untwisting and correcting their inverted statements), the more they may back off. And I just located artesian well water being sold - not exactly close-by, beats risking lyme tromping through deer-laden woods at this time of year, to any remote spring.

Mark as Spam | Posted On 7/15/2022 11:27:41 AM

Like | Dislike

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**otis101**
Joined On 7/10/2010 6:30:32 PM
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fh, thanks for these and many words from you over the years. Words of enlightenment.

Cabochon, thanks to you for mentioning Stan and linking a song I am sure he would approve of. Let's have a change of pace. While water is important it is also important to have a memorial to Stan in our own little tribal way. Here is my song to Stan.
www.youtube.com/watch

Mark as Spam | Posted On 7/15/2022 11:36:20 AM

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**rrealrose**
Joined On 11/10/2011 8:59:01 AM
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Hi Otis, back at ya! This was recorded Jan 2021 - - - "Amazing Grace with more than 200 bagpipes; live in Berlin" - www.youtube.com/watch - something so fetching in those pipes, sigh.

Mark as Spam | Posted On 7/15/2022 12:06:42 PM

Like | Dislike

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**brianallen1**
Joined On 8/7/2021 10:12:38 AM
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Otis, how about (I don't like) Spiders and Snakes by Jim Stafford?

Mark as Spam | Posted On 7/15/2022 12:13:06 PM

Like | Dislike

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**otis101**
Joined On 7/10/2010 6:30:32 PM
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Rose, a nice tribute to Stan. And Brian I think I heard an approving whisper.

Mark as Spam | Posted On 7/15/2022 2:28:32 PM

Like | Dislike

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**Cabochon**
Joined On 10/7/2018 12:45:48 PM
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Which one is Pink, I don't know, but the fusion of voice and folk guitar as sung by Pink Anderson and Floyd Council were the true origin of "the blues". We always thought of that style of music as arising from poor, working class, black communities in the deep South in the 1930's - a kind of lament, perhaps for their situation and how they came to be there. In the same way, it could be said the pop music revolution of the sixties (in British society at least) was a rejection of stultifying middle class values; using working class names, grammar and accent in One more brick in the wall' was a kind of symbol of that rejection.

The irony is that in today's Cambridge, the home town of Pink Floyd's Syd Barrett and David Gilmour, the rich middle classes ride around in their expensive electric cars, as ardent "climate change" activists, asperger's being more a badge of honour rather than a disability. Loving our music choices to commemorate Stan. Missing his gentle but acerbic comments and wit, which did not hide his seething contempt for the corporate war mongers.

Mark as Spam | Posted On 7/15/2022 4:12:59 PM

Like | Dislike

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**Arlen1**
Joined On 8/1/2020 1:45:38 PM
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I'm not worried. I'm self sufficient and locked and loaded. Bring it on!

Mark as Spam | Posted On 7/15/2022 9:30:07 PM

Like | Dislike

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**tpr1066**
Joined On 12/23/2013 3:49:30 PM
Add as Friend | Send Message

Bleach is highly toxic. It's OK to clean ut only if you rinse after. A much better disinfectant is CHLORINE DIOXIDE. It has been used for decades to disinfect water by outdoor hikers. Go to any outdoor shop and buy a kit with two small bottles. Just mix a few drops when needed. The best emergency disinfection kit for water is a strong iodine solution (Lugols) and Chlorine Dioxide. Neither are toxic for humans (the medical establishment will of course claim the opposite). Just add several drops of both in the emergency water you must drink.

Reply | Mark as Spam | Posted On 7/15/2022 1:24:38 AM

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**nothingsound**
Joined On 8/12/2018 9:47:47 AM
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Thank you. I always have Lugols on hand, but will purchase a supply as well as chlorine dioxide.

Mark as Spam | Posted On 7/15/2022 5:50:23 AM

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**axkershaw**
Joined On 7/8/2013 3:01:14 PM
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tpr1066(Battle of Hastings?); good info but what happens when the outdoor supply stores run out of ClO2? You can make your own ClO2 but industrial chemicals are still necessary. Flakes of 80% sodium chlorite, NaClO2, will last and can be purchased now in large enough quantities to last for generations. Combined with acid NaClO2 will produce ClO2, chlorine dioxide. Now it can be easily done. Purchase the NaClO2 flakes on line or at a local chemical supplier. Add 30 g to 70 g water to get a 24% solution. Any acid will work to make the conversion but now muriatic acid is available in hardware stores across the world. A 4% solution of HCl is best. The muriatic acid I bought was 34% HCl per label so I diluted it with 7 parts water to 1 part muriatic acid.

Then I followed the method used by Andreas Ludwig Kalcker to make the ClO2. If muriatic acid is unavailable vinegar or lemon juice will work. As long as there is photosynthesis those can be made. Kacker wrote a book called "Forbidden Health" or "Salud Prohibida". His site has videos in English, Spanish & German that give an explanation to easily make your own ClO2. Chlorine dioxide has many applications including Covid and malaria. As ivermectin is not just a horse dewormer, chlorine dioxide is not just a disinfectant. It depends on dose and application. odysee.com/@Kalcker:7

Mark as Spam | Posted On 7/15/2022 11:34:54 AM

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**grulla**
Joined On 1/17/2012 8:03:55 AM
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Don't forget hydrogen peroxide, (H2O2) for purifying water.
www.cleanwaterstore.com/hydrogen-peroxide-well-water-systems.html?
bulkperoxide.com/can-you-purify-water-with-hydrogen-peroxide

Mark as Spam | Posted On 7/15/2022 3:06:37 PM

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**nothingsound**
Joined On 8/12/2018 9:47:47 AM
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Also, if you have pets you have to think of their food. Yes, we take care of ourselves, but if you have the space, start purchasing dog food. I am close to year's supply right now and plan on having at least 14 bags on hand; I started purchase it six months ago as well as with dry foods for me. But water is very important to supply for them as well; so don't forget them. I also believe we will see the limiting of dog and cat foods before we see it on out end.

Reply | Mark as Spam | Posted On 7/15/2022 5:48:54 AM

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**DrCarl1**
Joined On 8/8/2008 4:21:51 AM
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There is a reason I sell Black Berkey water PURIFIERS. Purification is a much higher standard than filtration. Consider filter life and replacement cost. Britas don't last long, are only a "filter," and cost about $0.36/gal. A pair of Black Berkey purification elements (ok, "filter") can be fed pond water, remove ALL the bad stuff including tiny viruses, leave beneficial minerals in the water, last for 6,000 gallons, and the water costs $0.02/gal. My partner and I use 2.9 gallons per day. We rinse veggies and make ice with purified water. I'll need new replacement filters in something like 5 years. Wait. I have a backup pair, so 10 years. I could easily supply more than 6 people in an emergency. DYOR. You'll see.

Reply | Mark as Spam | Posted On 7/15/2022 9:56:34 AM

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**katndognco**
Joined On 1/1/2011 2:56:59 PM
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I love my berkey! I also added the fluoride reduction filters. They're spendy but I like knowing I'm doing what I can to save myself from the municipality's overreach.

Mark as Spam | Posted On 7/15/2022 10:54:45 AM

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**thinkinmama**
Joined On 6/28/2021 12:29:53 PM
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We've been using a Berkey filter system for years and absolutely love it! Any other water tastes horrible. My husband is on the road a lot so I bought him the travel bottle so he can avoid the bad tasting chemical filled water wherever he's at. We just changed the filters a few days ago and keep extras on hand. We don't use the fridge ice maker and freeze our own as well.

Mark as Spam | Posted On 7/15/2022 8:08:03 PM

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**Jackaroni**
Joined On 4/4/2009 8:32:35 AM
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I save empty milk jugs and other such bottles and fill with water then place in any empty spots in my freezer. A full freezer doesn't have to work as hard and saves energy. In case of a power outage they will also keep the food items in the freezer frozen longer. If conditions get dire, you at least have some extra water to use.

Reply | Mark as Spam | Posted On 7/15/2022 8:12:46 AM

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**ttn7292**
Joined On 10/3/2015 6:34:36 AM
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I've been collecting rain water for a few years now. Two barrels 100L each. To disinfect, I pour water in a 5L glass bottle and let it stand in the sun for at least 6 hours, then use my Brita water filter.

Reply | Mark as Spam | Posted On 7/15/2022 5:07:38 AM

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**JGB123**
Joined On 8/20/2020 5:32:45 AM
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Can you share what barrels you have? I am new to this.

Mark as Spam | Posted On 7/15/2022 6:20:01 AM

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**bowgirl**
Joined On 12/3/2011 6:17:03 AM
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Our muni water has had fluoride for more than 30 years. My barn got a metal roof nearly 30 years ago and my garage last month! Folks in the US have been trained to think drinking rain water is unsafe.... sigh. We have been using rain water for all outside uses, drinking, cooking, ice and laundry for many years. People are typically horrified. Cold winter temps prevent gathering for short periods. We gather drinking water in a clean catch 5 gallon bucket when is is raining and bottle immediately, adding a small amount of chlorine. It sits several days before we use it.

It rains about 2 or more times a week. The grey water has been used for gardening for 40 years. Our garden is greatly expanded this year, thanks to my son's strong back and my mates knowledge of canning. He is a retired scientist and feels like he is in a lab when he is in the kitchen canning. He grew up at his Grandmom's side helping her in the garden and kitchen until he went to school. I am blessed. Today we start harvesting fingerling pole beans for the freezer. Early corn( bought) is already frozen.

Reply | Mark as Spam | Posted On 7/15/2022 4:13:05 AM

Like | Dislike

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**njlady**
Joined On 11/21/2006 8:03:31 PM
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It's really hard to think rainwater is not somewhat toxic when you constantly see the chemtrails floating around in the sky...I buy local organic produce, but I do wonder of it's nutritional value after being sprayed with municipal water or dubious rainfall..

Mark as Spam | Posted On 7/15/2022 8:45:49 AM

Like | Dislike

**ChrisColes**
Joined On 5/3/2009 2:40:01 AM
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Where I am here in the UK, at the top of the East Hampshire hills, we live in a classic Kent landscape, where we are at the surface of roughly a 1,000 foot deep layer of chalk. On the one hand, the local water company provides wonderful water pumped out of the chalk. Has to be seen to be believed, pale blue, best water ever. Only one small problem prior to the creation of an electricity supply, the water table being perhaps as deep as several hundred feet. So every 'old' house here was built with an underground water tank supplied with rain water from the roof.

And they are big, easily 15 feet deep by 6 feet diameter. Nowadays, whenever they are found by new home owners, they are trashed, the last one near me was filled with gravel and topped with concrete. On the other hand, a few mile walk will bring me to a classic chalk stream, with pure water running directly out of the chalk, and the forces of waterness beds. Our local stream train line is called the watercress line. For many years now, since discovering two books, The Iodine Crisis by Lynne Farrow, and Iodine, Why you need it, Why you can't live without it by David Brownstein, M.D., I have bought Iodine and Potassium Iodide to make up my own supply of Lugols, so I have all I need to sterilise water in an emergency.

Indeed, all those years ago when a child, every home had water directly to hand, both as Lugols and as Tincture, so my instinctive action, to re-create such within my home has been very successful, and take 2 drops of 15% Lugols in a glass of water every morning. Quite amazing stuff, one of my best decisions ever.

Reply · Mark as Spam · Posted On : 7/15/2022 3:31:47 AM
Like · Dislike

**harmonymarturgil**
Joined On 11/3/2012 2:09:23 PM
Add as Friend · Send Message

Hi Chris, I love that part of England so much! I lived in Winchester for much of my childhood and very close to the watercress beds. Truly lovely - you are blessed!

Mark as Spam · Posted On : 7/15/2022 7:53:19 AM
Like · Dislike

**Sue12Cross**
Joined On 10/1/2009 3:23:30 AM
Add as Friend · Send Message

How many people drink tap water, certainly here in France few do. Our tap water is 5 times over the medical limit for nitrates and is now so full of chlorine that it will prevent germination and kill seedlings if you were foolish enough to water your garden with it. In a strange and pleasingly karmic way, as has happened with many of these deliberate attempts at depopulating people and the planet, most will be better off without this type of water provision. Since we were forced into main sewage here, all rain water, unless like us you deliberately harvest it, is also sent down the drain, which is idiotic and a complete waste of resources.

We have a compost toilet by the way so don't use main sewage and we harvest all our grey water - peddle-powered washing machine and spin dryer. We have to pay here for every drop of water we use and despite repeated calls for the water to be actually made drinkable, all the government does is up the limit for chlorine. This is a chance for people to get more creative and more proactive in their lives, there are some wonderful videos on how to create simple filtration plants and some great ideas for livestock too, like 'duckponics' - time to move on and become self-reliant in everything. This is a wonderful opportunity!

Reply · Mark as Spam · Posted On : 7/15/2022 3:27:36 AM
Like · Dislike

**seedsaver37**
Joined On 4/26/2010 2:58:31 AM
Add as Friend · Send Message

I live in a hot, dry climate (Western Australia), where anyone beyond a certain distance from the city installs either a bore or a rainwater tank. These are from 1,000 litres to several 1000 litres. I have seen really large ones built underground, with a wooden cover like a small dance floor! More recently slimline ones have become available, with a boxy shape to fit alongside a building. I connected mine to my kitchen and laundry so I could drink rainwater. Our wet season is winter, and people forget about them, but using the tank water dilutes means not drawing the dam where water is stored, which leaves more for summer. I don't know why they have not taken off in the US.

Reply · Mark as Spam · Posted On : 7/15/2022 1:32:34 AM
Like · Dislike

**kaindugcrs**
Joined On 11/1/2011 2:56:59 PM
Add as Friend · Send Message

The US has become a strange place to live. There are many Home Owner Associations and City Counsels who forbid the collection of rainwater for various reasons. I've read that some cities worry that aquifers will not be replenished if too many people collect rainwater which made me laugh! How many people do they actually expect to become proactive and save rain for? What are they truly worried about is autonomous thinking people who may reduce their dependency on the central control systems. America isn't free anymore and we're not sure we will be for a very, very long time.

Mark as Spam · Posted On : 7/15/2022 3:18:34 AM
Like · Dislike

**nothingsound**
Joined On 6/12/2018 9:47:47 AM
Add as Friend · Send Message

Yes, Kaindugcrs, I was thinking about those laws just the other day. How many people can no longer collect rain water which is absolutely crazy. If it is on your property it is yours. My suggestion is to collect in the backyard and camouflage that collection. Goodness how crazy we have become, no how we have allowed those laws to pass.

Mark as Spam · Posted On : 7/15/2022 5:54:11 AM
Like · Dislike

**miranda**
Joined On 6/27/2014 1:00:58 AM
Add as Friend · Send Message

CaliDogs72, the pure foolishness of gathering water is itself, beyond merely illegal, it is unconstitutional. The Constitution guarantees our right to life itself. Police, legislators all have to rethink when the law is invoked, I have seen it. Its only when people are passive that they either take advantage, or they act based on their own shocking ignorance of the law. If Anybody, I mean Anybody threatens your ability to gather rain water, emphatically tell them that they are trespassing (including in letter format), that they are acting against the right to life itself, and slam the door in their face and tell them to leave and/or never write to harass you again.

Invoke the 14th amendment: "No State shall make or enforce any law which shall abridge the privileges or immunities of citizens of the United States; nor shall any State deprive any person of life, liberty, or property, without due process of law; nor deny to any person within its jurisdiction the equal protection of the laws." And if the State or area says that the rainwater is their property, you argue it as a denial of the right to life.

Which is exactly what it is! Don't just play passive victim to this nonsense. Tell them that you pay your tax dollars and you surely do not pay to hand your own abuse! People hear that word 'pay', again I have seen it. God bless. PS Have to add this that I am not a lawyer, but again I have seen it that powers that be cower when the law is invoked. And I have seen it repeatedly. Bullies run over victims roughshod, but they respect people with boundaries and who know the law. I will repeat again, I have seen it.

Mark as Spam · Posted On : 7/15/2022 5:39:08 AM
Like · Dislike

**grulla**
Joined On 1/17/2012 8:03:55 AM
Add as Friend · Send Message

" Goodness how crazy we have become, no how we have allowed those laws to pass." Pinko/fascist antics.

Mark as Spam · Posted On : 7/15/2022 6:25:51 AM
Like · Dislike

**kaindugcrs**
Joined On 11/1/2011 2:56:59 PM
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Miranda, I live in Oklahoma now so I've got plenty of rivers, streams, ponds, lakes and puddles for free and my Berkey water filter (to take care of the rest! Nothingness!), I would never live in area that restricted catching free rain but I can't believe people are so greedy and foolish to try and control the smallest aspects (a drop of rain) yet the biggest, water, to nourish and hydrate with.

Mark as Spam · Posted On : 7/15/2022 6:34:04 AM
Like · Dislike

**brianallen1**
Joined On 8/7/2021 10:12:38 AM
Add as Friend · Send Message

I'm fairly sure it is illegal to collect rainwater in the entire state of Colorado.

Mark as Spam · Posted On : 7/15/2022 8:00:07 AM
Like · Dislike

**Krefter**
Joined On 6/2/2015 6:47:59 AM
Add as Friend · Send Message

miranda - Amen sister!

Mark as Spam · Posted On : 7/15/2022 9:40:34 AM
Like · Dislike

**billsisi**
Joined On 6/8/2008 9:16:45 PM
Add as Friend · Send Message

I suggest a 10,000 gallon water tank (40,000 litres). I have heard that is a common size for people who live in Arizona in the desert where they have very little access to water. A swimming pool supply company can fill that tank a couple times per year. Use the water for bathing and doing laundry first and then reuse it to water plants. As for disinfectant, I like to suggest hydrogen peroxide like they use in rich people's swimming pools. For treating with H2o2, you need to know how much to use and how long. It will take in an open container for the H2o2 to convert over to H2o before you can drink it. H2o2 does not affect the taste of the water. For toilets, I wonder about composting toilets I have read about in the past that used to cost a couple thousand in US dollars. A really cheap toilet for really short term use is an RV toilet. If there is no running water, there will not be enough water to operate city sewers.

Mark as Spam · Posted On : 7/15/2022 11:56:56 AM
Like · Dislike

**mercalo**
Joined On 4/13/2020 4:51:31 PM
Add as Friend · Send Message

Yes. Water is the #1 element for survival which most people (and even preppers) take for granted. We once had a 2-day water outage during a 14-day power outage after a hurricane. Humans can survive WEEKS or even MONTHS with little food but only a few days without water. Before and after every hurricane, and very recently at the onset of the covid lockdowns, supermarket and grocery stores would only sell 1 GALLON OF WATER PER HOUSEHOLD!! That is the volume of water ONE person requires in ONE DAY. Since then, I bought a 200 gallon water tank (WOF), and keep it always full, for emergencies. Since those are expensive, I recently ordered a "rain barrel" on Amazon. It is not really a barrel, but a very strong larp container in the shape of a barrel, and holds up to 100 gallons of water.

Note that you don't have to wait for rain to get it filled. I filled it with tap water, on stand-by for the next emergency. Sadly people are just procrastinators and I know for a fact that neighbors, friends and family will need water eventually - so for about $60 you can store 100 gallons of water - which will enable survival of a family of four for close to a month!!!!! Sturdy rain barrels are $100+ and the material is not really safe for drinking water. Let alone sitting in the sun. Make sure it is an NSF certified material for drinking water. Municipal water does not need to be potabilized. It has enough chlorine. Don't procrastinate people! Listen to Dr Mercola!

Reply · Mark as Spam · Posted On : 7/16/2022 12:06:46 AM
Like · Dislike

**billsisi**
Joined On 6/8/2008 9:16:45 PM
Add as Friend · Send Message

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Reply · Mark as Spam · Posted On : 7/16/2022 12:06:46 AM
Like · Dislike

**Suzicreamcheese**
Joined On 8/3/2012 10:44:32 AM
Add as Friend · Send Message

Thank you once again Dr. Mercola...lovely info about water...Never know when one might need it with the nonsense being allowed by our so called leaders and the politicians we voted into power to see to our well being...ha ha they are doing a wonderful job of messing everything up as much as possible and pretending it's not they creating the problems.

Reply · Mark as Spam · Posted On : 7/15/2022 7:05:48 PM
Like · Dislike

**be_healthy_4life**
Joined On 6/30/2006 2:30:02 AM
Add as Friend · Send Message

While I understand efforts to be prudent it might just be that it is time to die for a great many as I do not believe that short of Divine intervention that there is any solution to this evil as there is seemingly no one giving any indication that there is going to be any sort of sufficient resistance. I attempt to prepare myself, daily, for this very distinct possibility. Those perpetrating this evil can and most likely will continue to ramp up their efforts.

Reply · Mark as Spam · Posted On : 7/15/2022 3:18:40 PM
Like · Dislike

**brianallen1**
Joined On 8/7/2021 10:12:38 AM
Add as Friend · Send Message

What about we the people running hundreds of millions of g o v ?

Mark as Spam · Posted On : 7/15/2022 9:04:56 PM
Like · Dislike

**hellopiper**
Joined On 7/20/2009 11:50:59 PM
Add as Friend · Send Message

I would disagree about the list of hoses recommended in this article as all being nontoxic. The ONLY one that actually is made in the US and states that it is lead-free (has stainless steel end instead of brass) and uses the least toxic hose material, and is NOT treated with toxic antimicrobial pesticides, are the Water Right hoses, made in Oregon.

Reply · Mark as Spam · Posted On : 7/15/2022 8:15:26 PM
Like · Dislike

**Healthbuf**
Joined On 11/28/2018 1:55:15 AM
Add as Friend · Send Message

I used to think rain water is the purest. Until I started studying aeronautics. Clouds form as water droplets form on particulates in the atmosphere. Those 'particulates' could be anything. Use with caution.

Reply · Mark as Spam · Posted On : 7/15/2022 2:48:24 PM
Like · Dislike

**lithu_adamah**
Joined On 3/1/2021 3:06:08 AM
Add as Friend · Send Message

put in your water container a piece of: pure magnesium, copper, pure zinc, black tourmaline, coral, pure silver, shungite and magnetic hematite

Reply · Mark as Spam · Posted On : 7/15/2022 1:39:23 PM
Like · Dislike

**Martix**
Joined On 10/19/2007 4:48:10 AM
Add as Friend · Send Message

Put couple drops of Methylene Blue does the trick too !!!!

Mark as Spam · Posted On : 7/15/2022 3:49:02 PM
Like · Dislike

**pacificpassinger**
Joined On 7/10/2021 12:23:54 AM
Add as Friend · Send Message

I feel that preparation, planning and planting help one to have a creative or productive outlet for what would otherwise degenerate into the feeling of hopelessness. There is not much that can be done by a single person, yet if each person is willing to do something, it becomes a collective effort. I realize that many don't care, and many aren't willing, yet I find there are those who are waking up, people in the know. Maybe "like attracts like", suddenly I am meeting strangers who are talking about and referencing the new world order, the reset, and narratives. Word is spreading. Some really want to learn. there is a man/Mary vet who befriended my husband through mutual acquaintances recently, he's so eager to learn the ways of preserving.

He came over last week to watch/learn how to process broiler chickens we were slaughtering. He wants to learn how to can Salmon & Tuna, he helped collect and process clams a few days ago during minus tides. He has become a skilled fisherman in the last year or so. I am aware of how ugly humanity will be when things collapse, but I prefer to learn and implement my ideas into educating, networking, and encouraging our local and region to the best of my ability for now. Because that is all that is under my control. I can't change the rest of the world, but I can do my part so as not to be part of the problem.

Reply · Mark as Spam · Posted On : 7/15/2022 1:34:09 PM
Like · Dislike

**Moraga**
Joined On 12/28/2020 9:29:38 AM
Add as Friend · Send Message

Excellent article. Thank you Dr. Mercola. Two components to our water--availability, and components of our water. This video is so good for "how to" do it yourself. Our family haven't been drinking tap water for over 5 years, either we use a natural springs about 15 miles from the house. We fill twenty, 5-gallon glass jugs. We even give this water to our dogs. We run this water through our Berkey water filter. Water is healthful and tastes so good. We also use personal, high-quality thermal individual water jugs, that we drink our water from rather than plastic water containers. Staying hydrated no matter the time of year is so important for robust health.

Reply · Mark as Spam · Posted On : 7/15/2022 1:14:26 PM
Like · Dislike

**Bicycledoy**
Joined On 4/26/2007 12:22:23 AM
Add as Friend · Send Message

The grocery store sells Sodium Hydroxide & Sodium Hypochlorite in bleach. Chlorine gas is not an ingredient in bleach. It takes a lot of 55 gal rain barrels for irrigating a vegetable garden especially if it includes fruit and nuts. Grey water is a much more practical source of recycled water for flushing the sanitary drains in lieu of potable water. Then you have more potable water for the garden.

Reply | Mark as Spam | Posted On 7/15/2022 11:58:31 AM

Like Dislike

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**Krofter**
Joined On 6/2/2015 9:47:59 AM
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Great article! So good to see the good doc covering these topics. My farm is on a well, but like the rest of my farm, my well runs on its own solar system which pumps the water to a 7,000 gallon tank on the highest point on my land. From there it gravity flows to all points of use; livestock, gardens, house etc. Here in the Southwest, few people use barrels... a few hundred gallons just doesn't go very far - not enough capacity in our dry climate. A lot of savvy folks out here use big corrugated culverts that are stood on end and set in a slab of concrete. The rain water from the roof goes into the culvert and the bottom is plumbed to take the water to points of use.

In some cases, people will stand 2 or 3 or more culverts on end in a series to gain more capacity. If the culverts cannot be set high enough for gravity flow, a small $75 solar powered booster pump can be installed to pump the water out. Out here, I recommend at a least 10,000 gallon capacity for anyone who is looking to do any gardening. A much better system can be achieved by buying tanks specifically made to capture and hold rainwater. I've installed a number of the culvert systems so if anyone would like more info about them you can contact me here by posting a comment on any article - secularheretic.substack.com

Reply | Mark as Spam | Posted On 7/15/2022 9:27:19 AM

Like Dislike

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**brodiebrock12**
Joined On 9/18/2008 1:31:51 PM
Add as Friend | Send Message

Let's hope Mercola has a part 3 or 4 about what people need to do to protect themselves-family, food and water as well as possessions. Once the desperation of humanity in starvation and simple need to exists reaches a "desperate threshold" you know what happens. Just sayin. Be prepared...

Reply | Mark as Spam | Posted On 7/15/2022 9:20:56 AM

Like Dislike

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**Krofter**
Joined On 6/2/2015 9:47:59 AM
Add as Friend | Send Message

More info here - https://secularheretic.substack.com/p/biochar-whats-ancient-is-new-aga.. - secularheretic.substack.com/.../stumbling-into-hugelkultur - secularheretic.substack.com/p/250000-needed-for-mud-and-straw-revoluti..

Mark as Spam | Posted On 7/15/2022 9:51:37 AM

Like Dislike

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**Suzicreamcheese**
Joined On 8/5/2012 10:44:32 AM
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One doesn't have to wait for starvation to occur, one can be proactive and get together with others and start planting food. If you already have a close band of people working together for the common good, it will encourage others to do the same and it may well be possible to avoid the worst outcomes...together with others one is always stronger. and boy do we need to be strong!

Mark as Spam | Posted On 7/15/2022 7:10:09 PM

Like Dislike

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**epi-cure**
Joined On 5/12/2012 7:02:04 PM
Add as Friend | Send Message

Wife and I thought we might have recently gained access to property with an artesian well so I hadn't put much thought into a personal solution. The unique approaches here to addressing the water challenge is really helpful information, thank you all. Were it not for community gardening along with my grandkids keeping my heart open (mostly) I would be more defensive and combative. Bruce Lipton and also HeartMath are helpful mental allies, dissolving antagonism, instead striving to find common ground. Without these influences my life would have a greater preoccupation with 24/7 survival mode.

Reply | Mark as Spam | Posted On 7/15/2022 9:18:25 AM

Like Dislike

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**bfr27915**
Joined On 9/26/2021 5:38:22 PM
Add as Friend | Send Message

Clean drinking water and available water under pressure. The foundation of modern life. Look at the water level trends for Lake Mead and Powell. Where is the tipping point? And pumping water (for the most part) requires electrical power. How resilient is our electrical grid? Check out the 2013 Metcalf sniper incident. https://unresolved.me/metcalf " In the early morning hours of April 16th, 2013, a group or individual would attack an electrical substation just outside of San Jose, California. Armed with at least two rifles, this mysterious entity would open fire on the station's transformers, causing more than $15 million in damages. Years later, federal officials still have no idea who perpetrated this bizarre attack on America's power grid - or why."

Reply | Mark as Spam | Posted On 7/15/2022 6:26:10 AM

Like Dislike

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**jamNjim**
Joined On 2/20/2008 11:15:54 PM
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I have a different theory on the phenomenon happening at Lake Mead and Lake Powell. I go to an AirBNB at Lake Powell every 2 or 3 years and I was blown away by what I saw in Aug 2021. I was there in Aug 2012, 2015, and 2018. I recall the lake being beautiful, full of water, and full of boaters out enjoying the lake. What has changed? NOTHING!! Here is a link to NOAA's "Advanced Hydrologic Prediction Service": water.weather.gov/precip/index.php?yday=1358812800&yday_analysis=0.. I have it set for TN, but you can pan over to the western half of the country and look at the historical rainfall data. You will see 3 rows of tabs at the top.

If they don't already come up on the link I gave, click on the "water", "precipitation", and "QPE" tabs. A precipitation map will appear. At the bottom of the map you can choose the year you want to analyze. Looking at 2010 through 2021 there's been little to no change in precipitation. They have been consistently 2" to 4" below normal in rainfall for 20+ years. I went all the way back to 2008. What changed? Nothing in the weather has changed. In fact, when I was there in 2018 we had to deal with flooding. We were in the northern AZ/southern Utah area for nearly 2 weeks and it rained on us several times.

Some of the destinations we wanted to visit we couldn't because the dirt roads were to MUDDY! I had my 88 year old mother-n-law with me and should couldn't do a 3 mile hike through mud. On our return to TN we had to deal with FLOODING! We just missed being stuck on I-40 because the water came over the interstate!! You can't make this $h!T up!! By the time we got home it was on the news that the east bound lanes of I-40 were closed somewhere in the east Oklahoma/west Arkansas area because it was under water. continued.......

Mark as Spam | Posted On 7/15/2022 7:40:05 AM

Like Dislike

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**jamNjim**
Joined On 2/20/2008 11:15:54 PM
Add as Friend | Send Message

Fast forward to 2021 and we had a similar experience. It was dryer and hotter in 2021, but it wasn't without rain. It was near the end of our trip and we were heading East on I-70 in central Utah which is due north of the Colorado River and Lake Mead. It rained so hard on us for that entire 150 miles stretch that we experienced 3 interstate shut downs! One shutdown was due to HAIL!! We sat idle on I-70 for more than 3 hours waiting for water to recede. There were multiple car crashes due to people not paying attention and plowing thorough 3 feet of water (flash flood) at 70mph! Then when the water finally receded we had to wait for road crews to come out with dozers to push the 10+ inches of mud off the interstate.

In fact, we had to detour and head south to Moab rather than push East through Colorado. The radio/news was reporting shut downs in the direction we were headed due to damages done by rain to the interstates and highways ahead of us. It rained on and off our entire trip south from central Utah to Gallup, New Mexico. None of the rivers we saw were low on water. So why are Lakes Meade and Powell damn near dry? There are some conspiracy theories floating around that claims this is part of the "Great Reset". California is supposedly dumping billions of gallons of fresh water into the ocean a day. I tend to agree with the conspiracy theorist. There's no logical explanation for these lakes to be empty.

Mark as Spam | Posted On 7/15/2022 7:40:16 AM

Like Dislike

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**forbiddenhealing**
Joined On 2/21/2011 9:51:43 AM
Add as Friend | Send Message

That water stays in Vegas?

Mark as Spam | Posted On 7/15/2022 7:44:54 AM

Like Dislike

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**brianallen1**
Joined On 8/7/2021 10:12:38 AM
Add as Friend | Send Message

Interesting info Jim, but remember that Mead and Powell are solely supplied by the Colorado river initiating hundreds of miles away.

Mark as Spam | Posted On 7/15/2022 9:01:08 AM

Like Dislike

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**juststeve**
Joined On 1/5/2012 11:13:54 AM
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On backroads & in the woods many here have rainwater catchment systems. They run from rain barrels to large cisterns ranging from a few hundred gallons & up. Usually found a tractor supply stores. While some are set on mini towers to catch roof rainwater so as to be gravity fed, others especially the bigger ones will have an ag water pump to be run off a battery and/or generator for running water. With a hybrid battery/generator or a standalone battery system a solar powered car/marine battery trickle charger can be set up to keep the battery in the pink to run the ag pump for pressurized water lines.

As the article points out, well or town water may keep your plants alive. The smallest shortest summer shower will make them thrive! If having to make a choice, I'll take running water just for cleaning and flushing the toilet over lights. For where it may apply, catching water in mountain areas for use later, PBS, Himalaya designed water catchment https://www.youtube.com/watch? * Hand pump well, off-grid, self-reliant water, everything you need to know * How to build a hydraulic ram pump https://youtu.be/K8Fy__ThqpQ * Solve wildfires & drought, Beavers https://youtu.be/6IT5W32xRN4

Reply | Mark as Spam | Posted On 7/15/2022 5:15:43 AM

Like Dislike

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**grulla**
Joined On 1/17/2012 8:03:55 AM
Add as Friend | Send Message

Don't forget the simple airlift water pumping videos from Elgin, TX, https://youtu.be/aVC-z3GyLk8 , where no pumping equipment, other than two simple PE or PVC plastic pipes and some connector fittings are needed in the well shaft. The PE option is known for being much less BPA-S toxic, but may have to be straightened out on the sunlit ground due to being shipped as a coil, not that big a deal. All the rest of the pumping equipment is above ground making installation, maintenance, and repairs much easier without the need, necessarily, for a costly well repair service tech visit.

These airlift well operations are LOW pressure, just like a rancher's windmill, so therefore, a large vented, NON-pressurized reservoir tank needs to be used, as opposed to pumping directly into a pressure tank.
www.tractorsupply.com/.../water-storage-tank-1-550-gal Then one can use a cheap, submerged in the vented tank, transfer pressure pump, to supply an 80 gallon pressure tank for normal household water usage, and again, all above ground, other than the buried in the ground, outdoor water pipes. One can do more online research by entering [airlift water well pumping].

Mark as Spam | Posted On 7/15/2022 6:07:54 AM

Like Dislike

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**mirandola**
Joined On 6/27/2014 7:00:58 AM
Add as Friend | Send Message

The more time goes on, the more I think being self sufficient, in ever increasing numbers, is part of the solution. Thank you Juststeve!

Mark as Spam | Posted On 7/15/2022 6:12:42 AM

Like Dislike

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**bfr27915**
Joined On 9/26/2021 5:38:22 PM
Add as Friend | Send Message

grulla Thank you for your link. I had no comprehension of an airlift pump. Now I understand it. Another example of "The eye sees only what the mind is prepared to comprehend." ~ Robertson Davies Prepare your mind!

Mark as Spam | Posted On 7/15/2022 6:37:25 AM

Like Dislike

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**Beentheredonethat2**
Joined On 7/10/2017 12:47:57 PM
Add as Friend | Send Message

It is late in the day and off topic for this link but I hope some will see it and pass this valuable but tragic information along to any that will receive it. God have mercy on us all as we will all be affected to some degree. paulspradbery.blogspot.com/.../parrhesia.html

Reply | Mark as Spam | Posted On 7/15/2022 3:29:45 PM

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**AwakeAtTheWheel**
Joined On 12/25/2021 5:11:19 PM
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I live in the desert with little to no rainfall and salt water. I have to haul water to grow anything and even then the heat is so extreme it's hard to keep plants alive. Any suggestions? I have a well but have not found a way to get rid of the salt

Reply | Mark as Spam | Posted On 7/15/2022 11:20:11 AM

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**Arlen1**
Joined On 8/1/2020 1:45:38 PM
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Arizona? God bless you for trying to survive in such conditions.

Mark as Spam | Posted On 7/15/2022 10:08:14 PM

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**lindael.2**
Joined On 2/22/2010 10:42:42 AM
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If you own your home put a second water heater in line. We have two 40 water heaters in line so there is always 80 gals of fresh water in the house. Only the last water heater heats the water the first one is fresh storage.

Reply | Mark as Spam | Posted On 7/15/2022 12:21:58 PM

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**judyporter**
Joined On 8/20/2011 8:55:53 PM
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Would you please write an article about GenX, PFOA, PFOS. I'm in NC where DuPont/Chemours has leaked into our river that supplies our water system and into our wells. Berkeley says they think their system will get rid of it but can't say it definitely will because they haven't tested all. I think these are called forever chemicals - meaning they will be in our wells and rivers forever. Does it mean in our bodies forever too? Are there any supplements that will get rid of it? Thank you.

Reply | Mark as Spam | Posted On 7/15/2022 5:15:20 AM

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**jamNjim**
Joined On 2/20/2008 11:15:54 PM
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Dr. Mercola has written several articles of these DuPont chemicals. You have to go to his substac to find them.

Mark as Spam | Posted On 7/15/2022 7:00:44 AM

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**rrealrose**
Joined On 11/10/2011 8:59:01 AM
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These are not easy to get out of the body. This is a recent SciAm article on how to destroy forever chemicals: www.scientificamerican.com/article/how-to-destroy-forever-chemicals/ - note the elevated temperatures required to start to break these down!

Mark as Spam | Posted On 7/15/2022 1:22:11 PM

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**mdbrown7111**
Joined On 3/7/2013 1:31:33 PM
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Bleaching water, really? Stupidest thing I ever heard. I want less chemicals in my water not more.

Reply | Mark as Spam | Posted On 7/15/2022 6:53:28 AM

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**Jackaroni**
Joined On 4/4/2009 8:32:35 AM
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Chlorine will dissipate from water if the water is exposed to air. Don't know where it goes from there, perhaps we breathe it in?

Mark as Spam | Posted On 7/15/2022 8:21:51 AM

Like Dislike

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**Arlen1**
Joined On 8/1/2020 1:45:38 PM
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MD, this is a survival report. Dr Mercola would never recommend chlorine except for survival. We all have to prepare for the worst.

Mark as Spam | Posted On 7/15/2022 10:01:19 PM

**Randyfast**
Joined On 5/6/2010 6:42:42 PM
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I stopped reading after the conversation about "rain" water. Rain water is not "healthy" for plants, or any other living thing. It is saturated with aluminum, barium, strontium, polymer fibres, pathogens and who knows what else! It has to be filtered. Will people never see the "Elephant in the Sky"? The Biosphere is collapsing and the time is coming soon when the masses will no longer be able to deny it!

Reply · Mark as Spam · Posted On: 7/15/2022 4:26:02 AM
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**Shannon_Flaherty**
Joined On 2/19/2011 6:52:36 AM
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I was thinking the same thing, Randy, as I look out of my window on this uncharacteristically clear morning and see lines across the sky... No hum. Fifteen, fifteen, fifteen...

Mark as Spam · Posted On: 7/15/2022 5:55:24 AM
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**miranda**
Joined On 6/27/2014 7:00:58 AM
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There are ways to remediate polluted water. https://earthrepair.ca/ Let gas pass around the note of hope, not of no hope, this is not a good message to pass around. God bless.

Mark as Spam · Posted On: 7/15/2022 6:04:51 AM
Like · Dislike

**Randyfast**
Joined On 5/6/2010 6:42:42 PM
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Shannon; thanks for paying attention. We get the traits almost on a daily basis here in BC. People may not like to hear that there is no natural weather anymore; although, that is a fact.

Mark as Spam · Posted On: 7/15/2022 6:16:39 AM
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**jamNjim**
Joined On 2/20/2008 11:15:54 PM
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It's way better than tap water. I read the entire story because my entire life I have been asked WHY plants in the garden, flowers in the flower beds, and even the grass on the lawn looks so much better after a rain than they do after watering with sprinklers from either tap water, pond water, or even rain barrels. We get rain here ever been able to explain this! My grandfather's response was HEAVEN! Until today that was the best answer/explanation I've ever had. Are you OK today Randy?!! We usually don't disagree on much, but I thing you're wrong on this one.

Mark as Spam · Posted On: 7/15/2022 6:41:39 AM
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**brianallen1**
Joined On 6/7/2021 10:12:38 AM
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Randy, I wrote a few days earlier that when visiting Biosphere 2 in Arizona in 2011, the tour guide boasted that they have learned how to control the weather.

Mark as Spam · Posted On: 7/15/2022 8:13:23 AM
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**Miss_Lara**
Joined On 2/1/2011 4:45:30 AM
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Operation Popeyed Fin in Australia and the current "La Nia" weather pattern that they keep spouting about... just WHEN will it end? Now "Ana" was in December/after saying it was OVER about a month ago, and the entire East Coast was ON FIRE in 2020).... I've been tossing up on whether to get a Berkey purifier for some time now, but it looks increasingly a more 'affordable' investment.... It's $12 for a basic iodang lettuce now... I buy a months worth of "organic fertilizer" for $16, to grow my own veggies(and reasonably well, with minimal effort. With meaque, but increasingly expensive, supermarket supplementation).....

but just WHAT am I drinking?! The mould outbreaks and landslides that interrupt produce train lines are hard to ignore.... (the mould is intense, a whole NEW climate.... we went 'All the way with LB,' if he tells.... and it seems nothing has changed.... NO MORE MONSANTO; NO MORE AGENT ORANGE.... NO MORE WAR.... We seem trapped in a War on Organics, between Wilamine Mills and Rocket Fuel.... God bless the Supermarket Godess! Buy minimal! Buy organic! Pay the premium for it! know from personal experience, the young kids on the check out counters notice what they are scanning and often tell me they try to tell their mom mother's by-law organic, but she refuses because it's too expensive...

and I tell them that I used to spend more than my single shop on a Specialist's appointment back when I was pre-diabetic.... you can choose where your money goes, and what you get back from it.. I get a tasty meal AND another day out of the doctor's waiting room, every single day! Dr Mercola has seened me millions, while extending my life span... God bless the man! Knowledge IS power... Now, to figure out what to do about my water resources.....

Mark as Spam · Posted On: 7/15/2022 10:26:54 AM
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**Trikaldarshi**
Joined On 6/13/2021 5:01:34 AM
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One last comment. You are a soul, you are not a body. You ride around in that body just like someone drives around in a car. It won't be very much longer but world events will force everyone to leave their bodies. There are scientists today sitting in labs working on creating the best possible bombs that will kill everybody. They know what they are doing. But they will kill themselves, these bombs are not for using, they're just to keep around incase other countries set off bombs. They are for our self defence.

It's such a Mad Mad countries in the world have nuclear bombs, but the USA probably has the most. There are enough bombs in the world to blow up the world 6 times over. That is how much anger and violence there is in the world. The vice of lust, sex lust and lust for power is even more violent than the anger. People are so full of violence right now that this world has to get destroyed. Even God is with that. Once one country sets off their bombs, all the other countries will do the same just like dominos.

God is creating paradise on earth which will come right after destruction has destroyed everything here. All souls will first fly home into liberation, complete freedom and absence of thought, to a world of divine light. Only those who have been God's helpers (spreading peace, love and happiness) will come back into paradise, which is like Shangri-la or Atlantis. They won't have any memory of this time period now. This time period is called liberation-life, living a life of complete freedom and happiness without even one second of fear in your entire life.

It will be a small population. Gradually the population will increase. The actual known history of this world is only about 2500 years old. Paradise then begins, is coming. It's only for a few. Although everybody loves the idea. Only those who help God to create a world of complete non-violence, get to live there. That's why if you want to live there you have to stop

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**brianallen1**
Joined On 6/7/2021 10:12:38 AM
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You have to stop what?

Mark as Spam · Posted On: 7/15/2022 9:06:24 PM
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**Trikaldarshi**
Joined On 6/13/2021 5:01:34 AM
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Hi there. I'm writing in answer to ojady who asked what the Bible says about vegetarianism in response to my comment. I said something like, when I realized that God want me to be vegetarian I stopped eating the planet from destroying my body. I just googled what the Bible says about vegetarianism and is quite a bit. You can google it too. There was one website called bible ministries org that I thought was good and thorough. Here I did not personally get my information from the bible. You do know that there is more than one religion in the world, right. I don't consider myself Christian, although I think about God all the time and he is teaching me.

He says it's a sin to kill any living being. It's violence and it hurts an animal just as it would hurt you or me to be killed. That's not how I want to be reincarnated is it. Just put yourself in the animals position and imagine being killed. Animals feel pain and they suffer. Why would God combine that. God loves even the little Sparrow. In India for 1000s of years people were vegetarian, in fact meat was something that they didn't even think of eating. There is a state in India called Gujarat where it's against the law to kill and eat meat. They don't even sell meat in restaurants. Even in the USA there is a place where the longest living humans beings live where it's against the law to sell and eat meat.

It's the Seventh Day Adventist city, can't remember the name. But those are Christians. Apparently you can't go into any grocery store there and buy meat. The city where I live here in Canada has lots of Indians from India, and many of them grew up vegetarian in their families. They may have changed now from the influence of western culture. But as I said for 1000s of years, Indians have been vegetarian. And which country in the world is the most spiritual (traditionally). Well, India, of course. Times have changed, no doubt. But I'm talking traditionally.

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**Trikaldarshi**
Joined On 6/13/2021 5:01:34 AM
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To Ojady. My mistake. The website is Bible resources.org. take care.

Mark as Spam · Posted On: 7/15/2022 1:05:18 PM
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**jen3070**
Joined On 4/11/2017 12:46:47 PM
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I respect everyone's rights to choose how they eat (as it should be). However, we need to be careful how we apply scriptures. The Bible doesn't say it's a sin to kill any living being. God commanded animal sacrifices in the Old Testament. We have to keep themselves especially pure and above reproach. It's good enough for me!

Mark as Spam · Posted On: 7/15/2022 1:14:43 PM
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**ojady**
Joined On 11/21/2006 8:03:31 PM
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I understand there are many religions in the world, each with their own interpretations of God, but to read Christians, it is the Bible that is the final say. No where in the Christian Bible does God forbid the eating of meat. As a matter of fact, I don't think my God even cares if you are vegan, vegetarian or anything else, but he did put nutrients in all food to sustain life.. The ancient Dedouins, and other nomadic tribes did not have the stability to grow gardens and focus on their diets. They ate to survive, and that included meat, dairy, eggs and milk from their herds, many foods that are considered taboo today.

Of course they had pulses, wheat and some vegetables and fruits. They survived quite well. You have to realize the meat that is recommended here is 100% grass fed organic. We believe the regular meat is really not a healthy alternative. Here in my state, meat Indian restaurants offer plenty of meat dishes, lamb being a favorite. There are enough restaurants to accommodate all of all ethnic groups. I tried a vegetarian diet for a while, and both me and my husband did quite poorly on it.

Now that I have tons, I have a sensitivity to gluten, MSG, milk, nightshades, and things I haven't even figured out yet ( I can still do chocolate on all is good). So it's easy to see, meat and some veggies is about all I can eat. So if I have to choose between me or the chicken, I guess I'll have to say I pick me. ( BTW, Dom Dr. Mercola has a story about his time as a vegetarian...maybe someday tell left it again.

Mark as Spam · Posted On: 7/15/2022 2:15:28 PM
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**brianallen1**
Joined On 6/7/2021 10:12:38 AM
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ATTENTION Trikaldarshi: If your god never disagrees with you, you might just be worshipping an idealized version of YOURSELF.

Mark as Spam · Posted On: 7/15/2022 9:11:15 PM
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**Trikaldarshi**
Joined On 6/13/2021 5:01:34 AM
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Dr. Mercola, I really appreciate all your good advice, which there is much of. Yes, we all do need to prep and water is one of the most important necessities of life. But, I'm sure you see that the world is falling apart and no amount of prepping can save the planet. This is off topic here but I know you've talked a lot about this before. There is a lot of fear around not having enough meat. I want to tell people that it's easy and healthy to be vegetarian. And it's got a bad rap because of Bill Gates and his fake meat.

I would never eat his fake meat. But it's so much easier to stock up on food if you don't have to have any concern about meat. And you can read easy at night knowing that your food hasn't caused any other living creature to be harmed. And your karma will improve and you will generally feel happier. I prepare all my own food which includes oils fry and also dhal. It's so easy and healthy to be vegetarian and you don't need fake meat. I've been a healthy vegetarian for 20 years.

I make bean sprouts at home on my kitchen counter. Forget Bill Gates and Klaus Schwab. God has come to take us all home. Just as the bombs at Hiroshima destroyed everything, including people, land, birds, etc, the bombs of the present time will do that too. And those who make them have improved on their bombs quite a bit. There is nothing you can do to stop this. But be rest assured, God is here and he's ok with it. He's in charge. I don't think the world will last until 2030.

And God is saving a few seeds, (souls) to start the new world, (paradise on earth). There is a process of continuation. More or less everyone will die, but it's ok because the world and all souls are eternal. The world has continued forever and it will continue forever. There is nothing to worry about. Those souls who are creating hancck will get their just desserts. God, your Father and mine, and the Father of everyone, is in charge. Heaven is coming on earth.

Reply · Mark as Spam · Posted On: 7/15/2022 5:03:06 AM
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**jamNjim**
Joined On 2/20/2008 11:15:54 PM
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Do you know why Bill Gates got into the fake meat business?? He is a failed vegetarian (like me). He's still a climate change activist and he can't live on a plant based diet. He realized he wasn't the only one. His solution is FAKE MEAT! Trust me, he doesn't eat it. I personally went vegetarian at age 22 for health reasons. I was having issues with cholesterol and blood pressure. The normal medical/health advice (propaganda) at the time was eat less fat and red meat. By age 25 I was being told by my doctors I had to do something and when I explained to them I was a vegetarian and I exercised at least 1 hour a day (mostly cardio) they didn't believe it.

So I doubled down on STUPID and went VEGAN! I had a garden along with my father and my grandfather. Between the 3 of us we had 2 solid acres (sometimes 3) of crops! My father would raise corn for everyone, my grandfather would raise potatoes for everyone, and I would raise beans and peas for everyone. We all split those 3 ways and then each of us grew what we liked best for ourselves. I'm a fan of okra, tomatoes, and squash. Going vegan meant I had to give up DAIRY and EGGS! By age 27 I was on cholesterol and blood pressure lowering meds and I had out of control weight gain. When I spoke to my doctor he insisted the produce I was consuming was of poor quality and that I should eat organic.

When I told him I grew and ate only the food out of my garden he called me a liar. However, because I'm a scientist (engineer actually), and I upheld the standards of the 7 Day Scientific Method, my next garden was 100% organic. My father and I went to some local chicken and cattle farms at get truck loads of manure from their free range farms and tilled that into our garden soil. No artificial fertilizers, pesticides, or herbicides were used. I made a difference. Before my 30th birthday I had a heart attack. Insanity is doing the same thing over and over and expecting different results.

Mark as Spam · Posted On: 7/15/2022 6:18:31 AM
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**jamNjim**
Joined On 2/20/2008 11:15:54 PM
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I'm about to turn 57. I have no health concerns at the moment. Here is my 2022 Biometric Screening results: HDL=95, LDL=47, Blood Sugar=76, Total Cholesterol=160, Triglycerides=90, weight=170 LBS at 5'x8D, and Blood Pressure=107/78. I paid extra for VO-2 screening and it was 88. That's all accomplished with less than an hour of exercise a week (mostly HIIT and ZERO strength training), NO SUNSHINE exposure, 7 or less hours of sleep, and a fat/meat based diet. I do consume green leafy veggies for fiber, phytonutrients and LOTS of FAT!

I render my lard and tallow. I eat mostly the cuts of meat that contain the most fat and I don't trim the fat. The metal of the story is use the 7-Step Scientific Method of problem solving and put yourself free from the propaganda. You will be shocked by the doctor's responses. When I first started this I would bring my research to the doctor's office and ask them questions like "why do I have weight and lower cholesterol when I eat mostly fat?? ....I thought excess fat consumption was the root cause of coronary artery disease???" Then I would show them the scientific research that supports my hypothesis and the metabolic reasons for this phenomenon.

I would provide the references. Each and every time they replied "Jim, I can no longer be your doctor.... I will refer you to an-n-ut" ..... After about 4 years of this I "Just Walked Away From The Medical System". They only make money if you stay sick. If everyone did just one thing they would live longer and they would enjoy a better quality of life. FOLLOW DR MERCOLA'S ADVICE!

Mark as Spam · Posted On: 7/15/2022 6:34:55 AM
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**kaindogcus**
Joined On 1/1/2011 2:56:39 PM
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Jamnjim, I get such a big smile when you share your story of healing and recovery. You're a huge inspiration! Thanks again, Kat

Mark as Spam · Posted On: 7/15/2022 6:42:22 AM
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**Trikaldarshi**
Joined On 6/13/2021 5:01:34 AM
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I don't think everybody is capable of being vegetarian, but it sure will make life easier when food shortages come. I am on a negative blood type which I am told needs to eat enough protein as I have organ protein shakes every day. I've also already practiced fasting which I think will also help me during food shortages. I know that for sure I can go for 3 weeks without food, so I won't panic if it comes to that. I'm now 67. Before I became fully vegetarian, I had tried on and off for my whole life to do it but always became influenced for one reason or another.

When I learned that God wants me to be vegetarian to save the planet from violence, that was it. It was so easy then. I didn't have to think twice. And I know many people who are vegetarian. I'm not even, strictly, but I'm practically vegan. My reason for not eating cows milk to due to the antibiotics just mix it. If other people want to eat meat, it's ok. But I say life is much easier if you don't support the killing of those defenseless creatures. They are helpless. It's unnecessary.

Mark as Spam · Posted On: 7/15/2022 7:17:55 AM
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**jamNjim**
Joined On 2/20/2008 11:15:54 PM
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Trik, I understand. That was my reasoning as well. I was more of a prepper back in those days than I am today. I felt a need to be able to grow my own food and produce was #1. Between my father, grandfather, and myself, we had 5 deep freezers (still do). It took one 21 cubic foot freezer just for all the corn and peas!! I would eat 2 or 3 cobbs of corn a day and a baked potato (hence the uncontrollable weight gain). There's a big difference now. Back then most of the deep freezers were full of frozen vegetables. Today it's almost all meat. The veggies I eat today don't freeze very well.

We didn't freeze the potatoes (not sure if you can). We had a storm shelter we used as a cellar to store the potatoes in over the winter. If you keep potatoes in a cool dry place with zero sunlight they last a very long time. I ate more potatoes and corn in 1994 than I have in the past 20 years combined. In fact, after my heart attack I went full blown carnivore! It worked so well that the last 3 months of my diet I got 99% of my calories from wild Hogs, Squirrel, and Deer (couldn't afford to buy meat) and lost over 80 pounds.

Turnip greens was my only vegie because I could grow that on my new property (New in 1996 and I still own today). It's a heavily wooded 20 acres that will provide me with animal protein year-round and it has its own spring water that is safe to drink! I'm very disappointed that I can't live on vegetables. It's such a joy to grow your own food and it's so satisfying to not be dependent on anyone or anything for food. Now I'm dependent on Nature to provide me meat. It sucks! I much rather grow veggies! It is what it is.

Mark as Spam | Posted On 7/15/2022 8:15:53 AM

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**njlady**

Joined On 11/21/2006 8:03:31 PM

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"When I learned that God wants me to be vegetarian to save the planet from violence, that was it."....could you please give me the biblical scripture where God wants you to be a vegetarian to save the planet?

Mark as Spam | Posted On 7/15/2022 9:00:47 AM

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**brianallen1**

Joined On 8/7/2021 10:12:38 AM

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I got a huge laugh out of "God wants me to be a vegetarian to save the planet from violence". Also if you don't want antibiotics in milk, please search out raw milk in your area. I would NEVER ingest that ultra heated, ultra spun white water they call milk. Not even organic. When your expiration date is 80 days long, you are not buying actual food.

Mark as Spam | Posted On 7/15/2022 9:31:39 AM

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