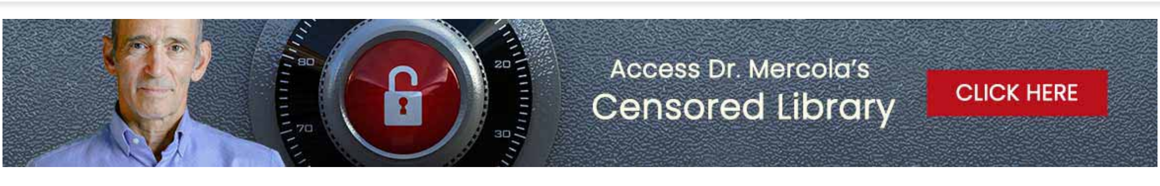
MERCOLA
Take Control of Your Health

Free speech is fleeting, this content will disappear in: 0 Hours : 5 Minutes : 5 Seconds Learn More ✖



How to Mitigate the Infant Formula Disaster

Analysis by Dr. Joseph Mercola ✔ Fact Checked

May 23, 2022

Download PDF

Next >

STORY AT-A-GLANCE

- In mid-February 2022, the U.S. Food and Drug Administration shut down Abbott Nutrition's infant formula manufacturing facility in Sturgis, Michigan, resulting in a severe shortage of formula across the U.S., as labeling regulations bar most infant formula from other countries to be imported
- May 16, 2022, the Biden administration announced it had reached a deal to reopen the Abbott plant in about two weeks, which should result in shelves being restocked in another six to eight weeks
- The Biden administration is also loosening the regulations around foreign imports of infant formula, relaxing WIC restrictions on the types of formulas you can obtain, and cracking down on price gouging to discourage hoarding and reselling at higher prices
- While that may solve the problem in the short term, it does nothing to address the underlying problem, which is the fact that the U.S. market is monopolized by three companies: Abbott, Mead Johnson and Gerber
- Recipes for a superior and healthy homemade infant formula are included

Skyrocketing prices and food shortages are already looming, and are likely to become worse in the coming months. At present, many parents across the U.S. are running from store to store in search of baby formula and finding only empty shelves. How did this happen?

The shortage, it turns out, stems from the fact that the U.S. Food and Drug Administration shut down Abbott Nutrition's facility in Sturgis, Michigan, back in mid-February 2022, after five infants were reportedly sickened with Cronobacter and Salmonella infections.[1] Two of the babies died.

February 17, 2022, Abbott voluntarily recalled Similac, Alimentum and EleCare powdered formulas manufactured in the Sturgis facility. According to the FDA, the Sturgis facility failed inspection and was ordered to halt production until required sanitary measures were carried out.

The FDA inspection came on the heels of a whistleblower report,[2] submitted to the FDA in October 2021, alleging several health and safety compliance issues at the Sturgis facility, including falsification of records; release of untested formula; undermining of an FDA audit in 2019; lax cleaning processes; and the failure to adequately trace its products.

Some members of Congress are now calling for an investigation to determine whether the FDA took sufficiently prompt action after receiving this information.[3,4]

Feds Fail to Address Industry Monopoly

May 16, 2022, the Biden administration announced[5] it had reached a deal to reopen the Abbott plant in about two weeks, which should result in shelves being restocked in another six to eight weeks, but while that may solve the problem in the short term, it does nothing to address the underlying problem, which is the fact that the U.S. baby formula market is monopolized by three companies.[6]

Regulatory red tape also prevents the import of infant formula from other countries. As reported by The Defender:[7]

> *"The $45.4 billion U.S. baby formula market is controlled by three companies — Abbott, Mead Johnson and Gerber. A 2011 market analysis[8] by the U.S. Department of Agriculture (USDA) shows these companies accounted for nearly all U.S. formula sales ...*
>
> *Abbott Nutrition ... dominates the market — the company's sales accounted for roughly 43% of the formula market ... according to a 2011 USDA report, which contains the latest available figures ...*
>
> *FDA regulations for baby formula[9] make it nearly impossible for parents in the U.S. to buy infant formula produced outside the country ... The issue is this: FDA rules bar formula imports from Europe if the product does not have FDA-compliant nutritional labels.*
>
> *The formula may be perfectly safe and produced in accordance with European standards that are at least as stringent as U.S. health and safety requirements, but it can't be imported because the FDA has not reviewed and approved what is printed on the package — a costly and time-consuming process for producers."*

US Response to the Crisis

House Democrats have now approved an emergency spending bill to allocate another $28 million to the FDA to allow it to hire more inspectors and prepare for future baby formula shortages. Some Republicans voiced opposition to the bill, saying it doesn't contain any instructions for how the money is actually supposed to be spent, which would likely render it ineffective,[10] and as of this writing, it's still uncertain whether the bill will pass the Senate.[11]

May 18, 2022, Biden invoked the Defense Production Act to increase production.[12] The law allows the president to compel companies that supply various formula ingredients to prioritize the needs of formula manufacturers over other customers.

Commercial aircraft owned by the U.S. Defense Department will reportedly be deployed to pick up formula overseas and fly it back to the U.S., in an operation dubbed "Operation Fly Formula." DoD contracts with other commercial air cargo will also be used to speed up imports and distribution.

That same day, the House also passed bipartisan legislation to allow WIC recipients to purchase any brand of formula.[13] The Biden administration has also promised to crack down on price gouging to discourage hoarding and reselling at higher prices.[14]

While that's all well and good, but the Biden administration was initially criticized for its tone-deaf response to the crisis. In "The Jimmy Dore Show" episode featured above, Dore replays Jen Psaki's response to a reporter who asks where parents should turn if they cannot find formula for their babies. Psaki suggested they call their pediatrician.

And then what? What is the pediatrician supposed to do about it? Manufacture baby food? Do they have some sort of magic wand? Dore also points out she's apparently unaware that millions of parents are uninsured or underinsured, and can't afford to pay for pediatric visits to ask about how to feed their babies.

Three Key Problems

Three key factors have contributed to the current disaster, and none is being properly addressed. First of all, the market has been allowed to be monopolized by so few companies that the takedown of a single plant has the ability to threaten the lives of millions of babies.

Adding insult to injury, our corporate-captured government has implemented labeling regulations that effectively ban foreign imports of formula, even if they meet or exceed FDA nutritional requirements.

> **"Science — to say nothing of common sense — has been ignored for decades and corporate greed has been allowed to dictate infant nutrition instead. Absolutely nothing can compare to breast milk, yet people have been brainwashed into thinking that manmade formula is better, and that breast feeding is somehow undignified and unnecessary."**

Far more importantly than either of those, however, is the fact that science — to say nothing of common sense — has been ignored for decades and corporate greed has been allowed to dictate infant nutrition instead.

Absolutely nothing can compare to breast milk, yet people have been brainwashed into thinking that manmade formula is better, and that breast feeding is somehow undignified and unnecessary.

Formula offered greater freedom for busy moms, and the promotion of the obnoxious idea that breastfeeding in public is shameful fueled the transition, making more moms defer to the bottle rather than their breasts. For years, women could even be fined for "public indecency" if caught breastfeeding in public.

Were breastfeeding the norm, the country wouldn't be in a panic over low inventory of infant formula. Many children would also enjoy better health overall. The sad reality is that most commercial infant formula is complete junk food.

Most contain shocking amounts of sugar — typically in the form of corn syrup, which is the worst of all — and even far worse ingredients, including large amounts of dangerous linoleic acid from soy (the risks of which I detail in "Infant Soy Formula — A Risky Public Experiment") and genetically modified ingredients (reviewed in this 2012 article). Infant formulas have also been found to contain hazardous contaminants, including glyphosate[15] and perchlorate (rocket fuel).

We're now also hearing about artificial breast milk, a brand-new industry heavily funded by Bill Gates, Jeff Bezos and Mark Zuckerberg. A company called Biomilq is trying to create artificial breast milk from cultured human mammary cells.[16] What could possibly go wrong with that? As of yet, however, artificial breast milk is not commercially available, so that's a concern for another day.

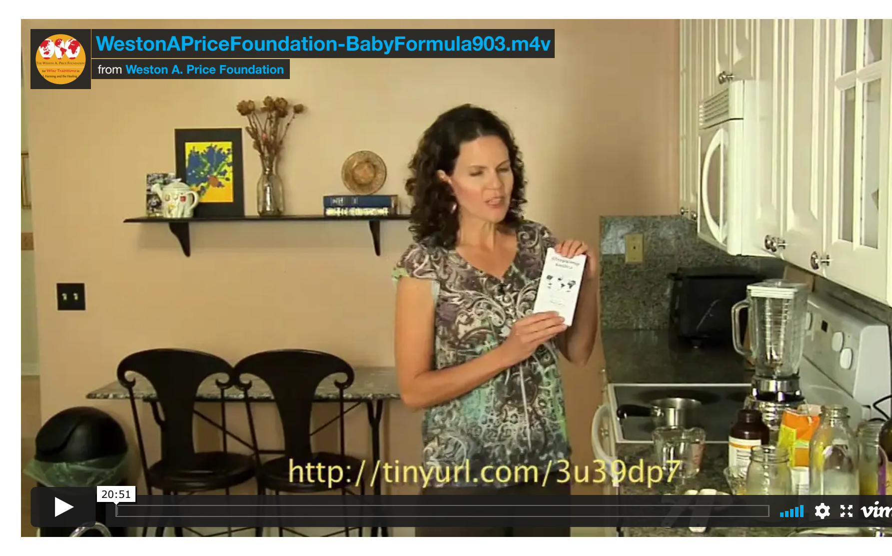
All of that said, as it stands, the formula shortage is an absolute disaster, because while breastfeeding is the perfect option for most new mothers, it's certainly not an option for anyone who didn't breastfeed from the start, or who hasn't breastfed for a number of weeks or months. You can't just restart lactation at will. For that reason, telling mothers who already rely on formula to "just breastfeed" is ridiculous, because they can't.

Breast Is Best

If you are a new mother and still lactating, then giving breastfeeding a try would be your best bet at this point. Breastfeeding has several benefits over formula,[17] including reducing your baby's risk of dying,[18] improving your baby's microbiome, thereby lowering their risk of obesity, diabetes and cardiovascular disease later in life.[19]

Exclusively breastfed babies also tend to have higher IQs than formula-fed babies.[20] For an even more comprehensive list of benefits for both the baby and mother, see my 2018 article, "The US Campaign Against Breastfeeding."

How to Make Homemade Formula



If the opportunity to breastfeed has already passed, your next-best option is to make your own infant formula.[21] The Weston A. Price Foundation has been a leader in this for years. In the video above, former Weston A. Price chapter leader Sarah Pope demonstrates how to make the formula created by Mary Enig, Ph.D., published in the book, "Nourishing Traditions."

However, based on my research into linoleic acid (LA), iron and other components, I have revised Enig's original formula (which you can find on the Weston A. Price Foundation's website[22]). In my view, it's really crucial to NOT include any kind of iron or seed oils with high LA content, for all the reasons detailed in "Iron Overload Destroys Mitochondria and Sabotages Health" and "How Linoleic Acid Wrecks Your Health."

I don't have any children, but if I did and the child's mother could not breastfeed, I would never use commercial infant formula as the recipe below is decidedly superior to commercial formulas and will give your child a major head start in life and preserve their health.

Dr. Mercola's Preferred Healthy Homemade Infant Formula

2 cups organic, whole, cow milk, preferably raw unprocessed milk from grass fed cows. For sources of good-quality milk, see www.realmilk.com or contact a local chapter of the Weston A. Price Foundation.

If the only choice available to you is commercial milk, choose whole milk, preferably grass fed organic and non-homogenized (Kalona SuperNatural non-homogenized organic milk[23] is one example), and culture it with a Piima yogurt culture, available on CulturesForHealth.com,[24] to restore enzymes.

For sensitive bellies, raw goat's milk may be better, but since it's low in vitamin B12, be sure to add 2 teaspoons of frozen organic chicken liver (boiled), finely grated, to each batch, and begin egg-yolk feeding at 4 months of age.

4 tablespoons pure lactose (a milk sugar), available on Amazon.[25]

Infant probiotic

2 or more tablespoons of good quality, organic cream (regular, not ultrapasteurized). Use more if using milk from Holstein cows.

1 teaspoon of Carlson's liquid cod liver oil, available from CarsonLabs.com,[26] Amazon and most health food stores.

2 teaspoons organic, virgin coconut oil, available in most grocery and health food stores. The coconut oil provides medium-chain saturated fats also found in mother's milk.

2 teaspoons Sari Foods non-fortified nutritional yeast flakes, available on Amazon.[27] Nutritional yeast provides essential folic acid.

4 teaspoons Great Lakes beef hydrolysate gelatin, available on GreatLakesWellness.com.[28] Before adding the gelatin into the formula, you'll need to dissolve it in the recommended amount of water; heat gently until completely dissolved.

2 1/4 cups pure filtered water. Do NOT use tap water if your local water supplies contain fluoride. Most filtration systems cannot filter out fluoride, so only use fluoride-containing tap water if you have a water filtration system that is certified to remove fluoride.

1 teaspoon acerola powder, available on Amazon.[29] Acerola is an excellent source of whole food vitamin C.

Optional: 1/4 cup homemade liquid whey (see recipe for whey, below).

Optional: Monkfruit sweetener. If your child has gotten used to the sweetness of corn syrup-sweetened infant formula and is refusing unsweetened formula, you can use a little liquid monkfruit as a sweetener, available on Amazon[30] and in most grocery stores. However, AVOID any monkfruit brand that contains erythritol, which can cause gastrointestinal stress. Try to lower the amount used, over time, to discourage the development of a sweet tooth.

This recipe will make 36 ounces. Place all ingredients in a clean glass or stainless steel container and mix well. To ensure your mixing bowl is properly sanitized, place it in boiling hot water for a few minutes. Remove with tongs and let fully cool before using.

To serve the formula, pour 6 to 8 ounces into a sanitized glass baby bottle, attach the nipple and set it in a pot of simmering water. Heat until the formula is warm but not hot to the touch. Always check the temperature of the formula before feeding using either the back of your hand or your tongue. Never ever heat formula in a microwave oven. You'll need to make a batch every other day or so, but the formula can be frozen so you have a stash for emergencies.

Homemade Whey Recipe

To make homemade whey, start with plain unsweetened yogurt, raw milk or cultured milk. Rest a large strainer lined with a clean linen kitchen towel or several layers of cheese cloth over a bowl.

If you're using yogurt, place 2 quarts in the towel-lined strainer. Cover with a large plate and leave at room temperature overnight. The whey will drip out into the bowl. Place the whey in sanitized glass jars and store in the refrigerator.

If you are using raw or cultured milk, place 2 quarts of the milk in a glass container and leave at room temperature for two to four days until the milk separates into curds and whey. At that point, pour the mixture into the towel-lined strainer and cover with a plate. Leave at room temperature overnight to separate the whey from the curd. (The whey will drip out into the bowl.) Store in clean glass jars in the refrigerator.

Dairy-Free Formula

If your baby has a milk allergy, you can make a liver-based formula as follows. This recipe, again revised from the original Weston A. Price recipe to remove iron and seed oils, will make 36 ounces:

Ingredients

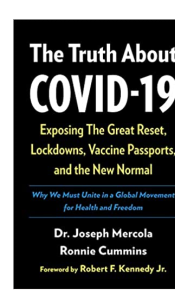
- 3 3/4 cups homemade beef or chicken broth
- 2 ounces organic liver, cut into small pieces
- 5 tablespoons lactose
- Infant Probiotic
- 1/4 cup homemade liquid whey
- 2 tablespoons coconut oil
- 1 teaspoon cod liver oil
- 1 teaspoon acerola powder

Procedure

Gently simmer the liver in the broth until fully cooked through. Liquefy the liver using a handheld blender or food processor. Once cooled, stir in all the remaining ingredients. Store in a sanitized glass or stainless steel container.

My #1 Bestselling Book – Now on Paperback!

My latest book, "The Truth About COVID-19," is an instant bestseller. After thousands of reviews it has a nearly perfect 5-star rating, so grab your copy today before it's too late!



The Truth About COVID-19

by Doctor Joseph Mercola

6,364 ratings

ORDER NOW

+ Sources and References

TODAY'S FREE ARTICLES

1 Why It's Time to Give Up on Government

2 Latest Bad News About COVID Vaccines

3 What's Your Score on This Heart Attack Predictor Test?

Hide Comments (189)

Post your comment

Sort Comments by : Top Rated | Newest | Oldest | Top Poster

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

This is just one more example of things we need to do for ourselves and can. There is another need not mentioned here, in addition to baby formula. Many households are 2 income families or single women. They may not have the support for breast feeding. While many things have changed surrounding childbirth during the last century--some good, some bad--one shortcoming is the lack of assistance for new mothers. It would be a good thing if a mother or aunt moved in to help the new mother during this time. It would be nice if another person was present to help make this formula and help with all the things a new mother needs. It would be good if the new mother did not need to return to work and had more bonding tome with the infant.

It would be nice if there was someone to take up the slack so the new mother was not constantly exhausted. However, this is not the reality for many women. Japan has a very comprehensive hospital stay for new mothers. The Amish will hire a "Maude"--a young girl, to assist with extra laundry, chores and household matters. This is considered less a paying job than an internship in preparation for adult household responsibilities. many African populations consider children the responsibility of the entire tribe. I am not sure where the Western world went wrong in devaluing women and not providing for their role in breast feeding.

I suspect that, at least in part, it had nothing to do with women's liberation and working outside the home. Rather, it was politicians realizing that in a 2-income household, they had a second salary they could tax. The more revenue, the bigger the budget and the greater the opportunity for fraud and corruption... just look where much of the covid money ended up. Spending lacks accountability. If more women received support, more would breastfeed. There would still be a need for formula, but it would be reduced.

Reply | Mark as Spam | Posted On 5/23/2022 1:47:37 AM

Like | Dislike

CMT367
Joined On 10/16/2018 8:46:43 AM
Add as Friend | Send Message

Almond: you say "many African populations consider children the responsibility of the entire tribe" Right..., but that African population is homogenous, meaning NOT diverse. In USA, laws are mandating against homogeneity in population. It's called "Diversity, Equity, Inclusion, and racism". Even Tom Friedman of the NYT ack's that a country w/o a border is not really a country. Japan is another strongly homogeneous culture. As for "women's liberation" that's a can of worms that many females got caught up in unconsciously, b/c that's a hazard of living in a "modern, secular culture". Midge Decter evaluated this problem in her memoir, "An Old Wife's tale" She died recently, age 94.

Mark as Spam | Posted On 5/23/2022 5:00:25 AM

Like | Dislike

juststeve
Joined On 1/5/2012 11:13:54 AM
Add as Friend | Send Message

We have not only lost our tribe & the support and bonds it brings, but for too many, the loss of the extended family. So why is it so many people feel lost today?

Mark as Spam | Posted On 5/23/2022 5:40:31 AM

Like | Dislike

mirandola
Joined On 6/27/2014 7:00:58 AM
Add as Friend | Send Message

I believe that real estate and rents being so high is unethical. It should not be required that both parents have to work in order to keep a roof over one's head. This breaks up the family and deprives children of their parents, and parenting by them. Instead, they end up in daycare with teachers as pseudo-parents. This is wrong. Children really need their parents. Let them go to daycare part time to socialize, but it should not be a necessity for both parents to have to work. Shame on our society for self-centered greed that creates destruction and unhappiness and ill spiritual health for others.

Mark as Spam | Posted On 5/23/2022 6:27:21 AM

Like | Dislike

brianallen1
Joined On 8/7/2021 10:12:38 AM
Add as Friend | Send Message

It has been the plan and design to fracture the family since the 1950s. Back then, families lived together. Often the newlyweds would move upstairs or next door to the parent. I did not know of one wife in my entire neighborhood who had to work. Even in the 1960s a husband could be a trash collector, buy a house and raise a family on his income alone. Try doing that today. It has been all part of the grand scheme.

Mark as Spam | Posted On 5/23/2022 7:16:29 AM

Like | Dislike

Mawps2love
Joined On 3/24/2010 8:08:28 PM
Add as Friend | Send Message

All such great suggestions! I will NEVER forget when I was pregnant with our first child in 1969 my OBGYN said to me at one of the last visits prior to birth..."you are not going to breast feed are you?" As my mother was unable to breastfeed due to both of her children, including me the oldest, had cleft lips and I had a cleft palate, which totally prevented me from being even being fed via a bottle until it was repaired at the age of six weeks. Thankfully, beautifully, even that long ago. So my mother did not encourage me and I never blamed her as she was focused on correcting birth defects.

It was by far, the worst mistake I made with both of my children. With no one to encourage me on the benefits and especially the bonding associated with breastfeeding, I just did what most did and used formula. I did not have the knowledge of the benefits of breatmilk or the disadvantages of formula. But, it was beginning to reemerge at that time and by the time my daughter had her first child the two hospitals employed full time lactation nurses to assist with any issues that a new mother might encounter with breastfeeding. They were even available after you took your baby home.

Funny, as someone who had not experienced it...I just thought it was easy and since a natural thing...no problems at all. Wrong, but I did what you suggested and pretty much lived with my daughter, and with the help of the hospital lactation nurse, helped her master it. I was so very thankful and with her next child she breezed through it with not assistance at all. There is one other important thing new moms can do. Purchase a breast pump and pump breastmilk, store in freezer and walla...God's milk for your baby. God bless all these suffering moms at the expense of our totally inept Government.

Mark as Spam | Posted On 5/23/2022 8:07:28 AM

Like | Dislike

Cabochon
Joined On 10/7/2018 12:45:48 PM
Add as Friend | Send Message

The reality for many women is that women's lib resulted in them drawing the short straw - mothers are full time multi-taskers, unless able to afford child care and a home help. There was a time when women chose either a career or motherhood at least for the infant years and there was no shame in that. Now that it requires two salaries to meet rising rents, fuel and food prices - the most precious commodity is time. The selling off of social housing in the UK in the 80's, zero hour contracts and high income and council tax have resulted in unaffordable private rents and the new poor stuck long hours in dead end jobs.

A very timely cartoon in our local paper depicts a child street beggar sitting with cap in hand and a notice saying "please help: two working parents to support." Yes, of course a two salaried household yields more tax dollars for avaricious governments. The extended family has long gone, in search of work, except perhaps in Asian communities in the UK. Fractured families, abortion on demand, single parenthood by choice via artificial insemination, high divorce rates, home-ownership a pipe dream for many but the very wealthy - something has gone very wrong with our culture.

Mark as Spam | Posted On 5/23/2022 8:45:59 AM

Like | Dislike

har1272
Joined On 3/6/2019 11:00:25 PM
Add as Friend | Send Message

Another example of the government (FDA) protecting the interests of the monopolies (the U.S. market is monopolized by three companies: Abbott, Mead Johnson and Gerber). And the beat just goes on and on and on...

Mark as Spam | Posted On 5/23/2022 10:43:09 AM

Like | Dislike

Chri22y
Joined On 7/28/2021 2:44:10 AM
Add as Friend | Send Message

So refreshing that your suggestion didn't include, "The government should, "Pay for child care, help for new moms"

Mark as Spam | Posted On 5/23/2022 10:44:30 AM

Like | Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

brianallen and all... Not only to make families dependent on that second income, but also all of the things that second income buys. When we were first married, we pushed the pencil. Decided that I was worth more at home and I could not afford to work outside the home. The cost differential would have been a few thousand a year if I had not spent it on "extras" such as bringing fast food home for supper, gifts for coworkers, etc. There would have been wardrobe expenses, a second vehicle with gas and maintenace, the loss of certain tax deductions, etc. I also calculate the cost of groceries that I grew in our backyard. I canned 500 jars of food my first year of marriage and filled a 32 cu.

ft. freezer, mostly with meat and fish. My first garden was only 10x10--we foraged or gleaned the rest. I have never grown so much per square foot since. (50# tomatoes per plant! Everything was vertical!) I baked everything from scratch. i recall how shocked I was when the cost of flour whet from $3.50 to $5 a 50# sack. Back then, we bought it at the feed mill and it was good enough quality for human consumption--in fact, it was excellent. I churned my own butter and cured my own hams. Beef steaks were from mature animals and so large they hung over the sides of a dinner plate. There were also many things we did not have that people take for granted today...

dishwashers, air conditioning, 2nd vehicles, extra security and liability costs... everything new. We borrowed what we did not own. We did without things like furniture and lamps, too. -But we always had food on our table. Overflowing goodness thru our own labor. My husband has a saying... "It does not matter what your old dishes look like if they are covered with good food." A long-deceased uncle used to say, "Eating is half of life." He never revealed what he considered the other half to be. ;-) However, if you think about it, so many of the good things in life begin with health (healthy food)

Mark as Spam | Posted On 5/23/2022 11:26:28 AM

Like | Dislike

RedRavenSounds
Joined On 8/9/2021 12:25:52 PM
Add as Friend | Send Message

I so agree with your post. I'm 73 (yipes) and it used to be that mom got home the neighbors would ALL help out. Taking turns, helping with meals. cleaning - This destruction of both the ability of a mother to stay home and rest and of the community itself, has lead to this. Almost everyone would breast feed, and the Laleche League was very popular. And mothers would help each other, if there was a problem breast feeding. Today's society is simply tragic. No one even knows their next door neighbors, no one talks, and empathy is in short supply. People MUST learn to become reliant on each other rather than this malignant "thing" today called the government.

Growing up we had street block parties where all the moms and dads would get together and the police would block off the street. Everyone brought something - pot luck, and the kids played. That sounds so foreign today doesn't it? Knowing neighbors, people getting together and helping each other. That attitude is not gone, it still exists in the Mennonite communities (in Pennsylvania, Ohio and elsewhere) - They live outside this absurd society as defined by big business and the government.

Mark as Spam | Posted On 5/23/2022 11:28:32 AM

Like | Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

mirandola... What is busting budgets for many people is taxes. All taxes produce, beyond a certain basic level, is more govt. More govt means less liberty. If not for taxes--income, property, fees, licenses, gas, etc.--people could manage on much less. If people kept more of what they earned, it could go towards a down payment on a house. Once people had a house, they could garden. They would have a place to build and repair things in a garage shop. In a rural area, people could even have a well or spring. And their own source of heat or energy. Taxes take away opportunity--esp. the opportunity to be more self-reliant.

Mark as Spam | Posted On 5/23/2022 11:31:27 AM

Like | Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

redRaven and all.. No one died from eating home-cooked food at those block parties, either, did they? Nor did unsupervised children see it as an opportunity to vandalize the neighborhood. Once upon a time, there was actually a parent at home and 2-parent families who raised their own children. It was not the responsibility of the state. Children were not dropped off at school, fed breakfast, lunch and maybe sent home with a sack lunch for supper after an afterschool baby-sitting session where parents need not pick up children until 6-7 p.m. I recall one indignant parent when the school wanted to give his kid "free" stuff.

The dad told the administrators--"He is MY kid and MY responsibility!" Where has that kind of attitude gone? People must realize that there is no free lunch. The more you accept from govt, the less you are able to do for yourself. Ultimately, you become dependent. Much better to depend on friends, family and neighbors than an impersonal uncaring govt. This tradition still exists in many rural areas, but not so much in cities. Think about this... when you help your neighbors, are you actually helping yourself? I have lived in areas where there was little racial discrimination.

In fact, admired historical leaders were black. About the worst slur you could make against someone, that would ruin their reputation, was to let it be known that they were a lazy SOB unwilling to help themselves. One thing I like to do every spring is hold a seed swap. I give those who are willing to help themselves an opportunity to do so by making high-quality free seed and plants avail. To my way of thinking, this is one of the best things I can do to promote a secure and stable society--by creating full pantries. If people will not help themselves, they cannot be helped. It is already too late for many.

Mark as Spam | Posted On 5/23/2022 12:01:39 PM

Like | Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

Just when you thought it could not get any crazier or worse... EXC: The Infamous Wuhan Lab Recently Assembled Monkeypox Strains Using Methods Flagged For Creating Contagious Pathogens'. "The Wuhan Institute of Virology assembled a monkeypox virus genome, allowing the virus to be identified through PCR tests, using a method researchers flagged for potentially creating a "contagious pathogen," The National Pulse can reveal." thenationalpulse.com/2022/05/22/wuhan-assembled-monkeypox-strains/ Otis, maybe they really are out to get us? Depopulation and all? The good news is that, so far, this appears to be spread thru sexual and close contact. In the US, homosexual cases. IV drug use might next be suspect. Thus, you can limit your risk according to your behavior.

Mark as Spam | Posted On 5/23/2022 12:10:14 PM

Like | Dislike

maxxon
Joined On 2/22/2016 3:30:00 PM
Add as Friend | Send Message

After watching several videos and recorded interviews with some really intelligent people I have come to the conclusion that the best thing that Law Enforcement in general can do for the American people and the world for that matter is to arrest and put into solitary confinement under the Patriot Act Domestic Terrorism clause five specific individuals; Bill Gates, Anthony Fauci, Francis Collins, Jeff Bezoz and Mark Zuckerberg. In every video and interview related to Covid and Great Reset, these individual seems to appear to be in charge of what we have been witnessing and living through for multiple years now. Each day more evidence is found and exposed pointing directly to one or more of these five people. They are responsible for a lot more damage to America and the whole world than the Jan6 demonstrators who have been in prison for trespassing for over a year for sure.

Mark as Spam | Posted On 5/23/2022 12:15:11 PM

Like | Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

maxxon... I could add more individuals to your list. The fact that these people are still at large indicates a lack of justice in our justice system. If I had done even a fraction of what these people did, I would not see the light of day for many years.

Mark as Spam | Posted On 5/23/2022 12:19:41 PM

Like | Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

These Chinese are not allowed to withdraw their deposited money form the bank. www.youtube.com/watch

Mark as Spam | Posted On 5/23/2022 12:30:42 PM

Like | Dislike

caws
Joined On 1/12/2009 12:42:21 PM
Add as Friend | Send Message

Almond, You are spot on with the reason the government "let" woman work and keeps them there is so they have that second income to tax and ALSO so parents are forced to put their kids in daycare & government schools so they can be indoctrinated [and pumped full of vaccines] earlier. Students today are not taught real Civics; they are taught that a "good citizen" is one that follows the rules the schools and govt hand down. BTW even the "Organic" baby formula was found to be contaminated with arsenic as the sweetener used was brown rice sugar. Most rice fields in USA are former cotton fields full of lead arsenate, glyphosate and 300+ other "legal" chemicals that remain in the soil indefinitely to be taken up by crops.

Also baby formula has .3ppm of fluoride in the powder. If mixed with city tap [or God forbid Infant Water] it brings the level of F up to 1.0 [overdose for full grown man] which is proven to lower IQ, destroy thyroid, kidneys and while it makes bones [and teeth] "appear denser" on an X ray the calcium is incorrectly built making bones & teeth brittle over long term. Breast is best but if not possible try grade A goats milk. My father was born in 1926 and was allergic to cows milk so raised on goats milk . He survived polio temporary paralysis of his legs at age 11 in 1937 and lived to 88 doing heavy physical work most of his life.

Mark as Spam | Posted On 5/23/2022 2:19:33 PM

Like Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

Trying to get my gardens in so I had a late lunch of maple-smoked venison summer sausage and home-canned cherry juice. (We mix our own sausage cure to avoid the toxic crap. I learned from an old German butcher.) I try to even avoid some of the "better" supermarket meats. They smell bad to me as does much commercial food with crappy fats and oils. I believe animals must be free to browse as nature intended. Left to their own devices, most wild animals will be clean. Game meat should smell clean if it has fed well and been handled promptly and properly.

If we buy meat, it is usually for a holiday or from a butcher who can tell us about the farm or ranch it was raised on. One exception, for us is an occasional leg of lamb. This year, we also bought a turkey that will keep until Thanksgiving--due to anticipated Avian Flu shortages--we know the source very well. We did not get a turkey for Thanksgiving last year, but still ate well. I would rather eat good food than a tidy-bowl-bird. (Could not be any filthier if you rinsed it in the toilet.) Not at all feeling sorry for ourselves.

I have lived in places where saddle-of-venison was the traditional Thanksgiving meal. If you get big game during hunting season and occasional small game the rest of the year along with at least 1 fishing trip every season, it should not take much to fill your freezer. Teenagers should also contribute to hunting, fishing and have a garden shovel in their hands instead of a cell phone. It benefits them in so many ways. I do not think I will adapt well to the ReSet and lab-grown meat. A girl gets hungry...

Mark as Spam | Posted On 5/23/2022 3:41:51 PM

Like Dislike

MMaster
Joined On 8/14/2021 1:37:23 AM
Add as Friend | Send Message

Many mothers work because their income is needed to PAY the family taxes in the first place. After costs of working (commuting, clothing, food away from home, etc.) that's about all the mother has left of her salary to begin with.

Mark as Spam | Posted On 5/24/2022 12:53:25 AM

Like Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

The solution to many of our social and economic problems is lower taxes and smaller govt. Many things are being funded that are not the proper role of govt to start with.

Mark as Spam | Posted On 5/24/2022 2:42:30 AM

Like Dislike

---

el-graf
Joined On 9/11/2008 11:47:42 PM
Add as Friend | Send Message

I wonder how upset a mother in the 1800's would be at news like this.

Reply | Mark as Spam | Posted On 5/23/2022 1:29:52 AM

Like Dislike

Retsbew
Joined On 7/26/2009 1:31:08 PM
Add as Friend | Send Message

La Leche League started in Chicago when a group of friends got together. This is a little bit (below) about Viola Lenon who was one of the original Jedi warriors; because in those days that's what you had to be to breastfeed! Our leaders were a lot like Yoda... www.chicagotribune.com/news/ct-xpm-2010-01-28-1001271046-story.html LLL is worldwide and one of the best organizations I've ever belonged to; it's mothers helping mothers-to-be and other mothers. If you've given birth you will have had milk and then if you've chosen to bottle feed you stopped it eventually. It doesn't matter that you stopped, you can always bring the milk supply back.

Anyone at LLL can help you with this and it's fairly easy. You can't harm the baby doing this and the plus is that baby gets all your natural immunity from your milk supply if you bring it back. Actually it's kind of nice because you don't have to sterilize bottles, etc. Just make sure you've got enough formula to cover the time to make the switch. I'll tell you here how to do it, saves time. Just put baby to the breast in a relaxed environment a few times a day. You can put a little dab of formula on the breast to encourage baby to suck and dab some more of it, if it's encouraging to baby, and s/he is getting bored.

The other thing I should mention is that LLL members are often very generous souls and will share their milk supply with another mom if she's in need. And there is no harm in doing this. The donors pump and freeze the milk. That's what a lot of mothers do if they can't breastfeed during the day. But now we have such generous maternity leaves in Canada that you can make a good start with nursing your baby. A lot of us believe in baby-led weaning and which decreases feedings naturally to once before bed at night time. Some of those little whippersnappers can be quite naughty when their teeth come in. www.genymoney.ca/maternity-leave-canada

Reply | Mark as Spam | Posted On 5/23/2022 3:13:44 AM

Like Dislike

---

brendasusan
Joined On 9/10/2018 3:07:30 AM
Add as Friend | Send Message

La Leche League could help many mothers in this crisis. Breastfeeding for a first time mother is not easy but with advice from experienced organisation it can be done! I think the most common issue is mothers give up too easily because a) they are told by health workers that it is ok and b) there is formula available. Now that formula is not available hopefully mothers will persevere, with support from organisations like LLL? Mothers will NEVER regret breastfeeding, it is the singular most important thing they can do for their newborn baby.

Mark as Spam | Posted On 5/23/2022 4:44:00 AM

Like Dislike

DebbyW
Joined On 5/27/2010 9:07:35 AM
Add as Friend | Send Message

I joined La Leche League in 1978 with my first baby when I was having problems with milk supply. Without them, I probably would have been supplementing to disaster. They are so much more than breastfeeding consultants. There's encouragement and suggestions for other childcare issues, letting you know you're not alone, or some of the things you're going through are normal (or when it's not). I ended up donating milk to a breast milk bank.

Mark as Spam | Posted On 5/23/2022 6:12:17 AM

Like Dislike

---

mirandola
Joined On 6/27/2014 7:00:58 AM
Add as Friend | Send Message

Thank you Retsbew! I was going to say what you wrote above, that I knew a mother who bought a breast pump, and froze her own milk so the babysitter could give it to her baby while she was at work. I am sure it is not the same as the bonding of holding one's baby, and the baby can't benefit from the feelings of closeness and safety due to physical closeness with Mom. But the breast milk surely is far better than formula!

Mark as Spam | Posted On 5/23/2022 6:30:27 AM

Like Dislike

Catryna
Joined On 7/25/2006 5:48:46 PM
Add as Friend | Send Message

Retsbew You are so right in everything you said. I was unsuccessful in breastfeeding, my first two babies, due to ignorance and listening to the wrong people. The homemade formula I made, for them, was according to Winston Price and Adelle Davis. I made it using raw goats milk. My girls drank this until they were 4 and 5 years old and were extremely healthy and never sick. While pregnant with my 3rd child, I attended meetings with LLL and received the education, help, and nurturing I needed to be successful with my 2 sons, who were also born at home this time. Even though I never produced copious amounts of milk and my sons nursed more often than is usual, they too, were extremely healthy and never sick. I nursed them for 2.5 and 3.5 years. My youngest son, at 38, still remembers nursing. And, I still remember him biting me with those razor sharp baby teeth, as he would fall asleep. Oh lord! ha All of my 8 grandchildren were nursed for 2 to 3 years.

Mark as Spam | Posted On 5/23/2022 7:26:35 AM

Like Dislike

Mawps2love
Joined On 3/24/2010 8:08:28 PM
Add as Friend | Send Message

What a great suggestion So many young moms may not know about them. I know about them now because my sister is a Midwife and she has gained much knowledge from the La Leche Leage for years!! So many things the general public does not know about in this area, especially if they just listen to the mainstream news or our Government! So sad!

Mark as Spam | Posted On 5/23/2022 8:15:25 AM

Like Dislike

RedRavenSounds
Joined On 8/9/2021 12:25:52 PM
Add as Friend | Send Message

Oh you are so 10000 percent correct! I mentioned LLL in a post above. People MUST must MUST!!! re-learn helping each other. And re-learn to connect! They must learn to put that d*mn cell "phone" thumb exorciser down and talk! They need to ignore what this warped society says. My sister in law (now deceased) worked with the LLL extensively. AND when you think of it, WHO would want to willingly feed their beautiful new infant food made by some faceless corporation (unless there were extenuating circumstances). These filthy, greedy big-everything corporations and governments have rather successfully convinced people that nature is bad. And that they must rely on this 'thing' called a government" and their lying advertisers. And to make my point, did you know that 8 out of 10 doctors smoke Kent cigarettes? Yes its true! And GOVERNMENT studies show that!!! Finally, Your comment about the whippersnappers teeth really made me laugh! They can gnaw like beavers! Hahahaha

Mark as Spam | Posted On 5/23/2022 11:57:27 AM

Like Dislike

---

forbiddenhealing
Joined On 2/21/2011 9:51:43 AM
Add as Friend | Send Message

The "need" for formula betrays the underlying causes of America's chronic disease epidemic...Starting with unhealthy mothers lacking a robust biome, the prevalence of antibiotic substances and the lack of truthful nutritional guidance. I should think colostrum and wide-strain probiotic cultures included in formulas and prenatal diets would be standard, but instead horribly-trained doctors prefer profitable shortcuts and dangerous vaccinations.

Reply | Mark as Spam | Posted On 5/23/2022 7:35:47 AM

Like Dislike

---

rrealrose
Joined On 11/10/2011 8:59:01 AM
Add as Friend | Send Message

This sales pitch was posted up today, for kids who are hardly affected by this virus: www.marketwatch.com/story/pfizer-touts-vaccine-data-for-children-under.. - would love to see their risk: benefit analysis for this, if anyone even did this one! Exactly who are parents desperate for their kids to get this genetic therapy shot? The financial sector seems to think this is perfectly ok, fine, good for business.

Mark as Spam | Posted On 5/23/2022 12:01:00 PM

Like Dislike

---

lel36357
Joined On 3/19/2015 5:50:10 PM
Add as Friend | Send Message

Dr. Mercola, Bless your heart for helping us to learn what could actually be healthy for the babies!!!!! I am deeply impressed that you shared this information. I saw from a well meaning neighbor a recipe for a substitute that was basically just different junk food for them. Thank you so much for taking the time to help our littlest and most vulnerable darlings!!!! This whole shenanigan of not having enough baby food has just been a barometer of the incompetence and apathy of the present set of rule makers. Thank you, thank you, again for being the wonderful human being you are!

Reply | Mark as Spam | Posted On 5/23/2022 3:42:55 AM

Like Dislike

Mawps2love
Joined On 3/24/2010 8:08:28 PM
Add as Friend | Send Message

AMEN!! I too just cannot thank Dr. Mercola enough for sharing such wonderful information! The so-called disinformation the main stream media hates, is the information I love and respect!

Mark as Spam | Posted On 5/23/2022 8:21:01 AM

Like Dislike

---

irreverent
Joined On 1/21/2016 11:14:34 AM
Add as Friend | Send Message

RIGHT ON - lel36357 - I want to join you in thanking Dr Mercola!

Mark as Spam | Posted On 5/23/2022 1:21:51 PM

Like Dislike

---

sch3627
Joined On 9/24/2018 10:49:58 AM
Add as Friend | Send Message

I breastfed my oldest until she was 4.5, my middle until he was 4 and my youngest is 3 and still breastfeeding. Never in my wildest imagination did I ever think I would do this. But I wanted to them to self wean and it took/is taking them awhile. They are all very healthy kids (my youngest being the healthiest as he's completely unvaccinated, not just partially). Breastfeeding takes patience. It takes time (in the beginning) but no more than cleaning bottles, etc. It also takes realizing the time spent with baby is all that matters and sadly, many women don't have that luxury and/or don't have the personality.

I knew a woman who gave birth at the same time I did. When I was at home relishing in the baby world, she was out at restaurants/bars and getting her body back in shape. She was "unable to breastfeed." My mother came and stayed with me for 6 months. She did the laundry, the grocery runs, some of the cooking and kept everything in order while I concentrated on baby for the first few months. I wish everyone could have that for their first births (and subsequent honestly). This country needs to prioritize children and mothers but we are erasing them and trying to say men can do it. It's nauseating.

Reply | Mark as Spam | Posted On 5/23/2022 6:02:11 AM

Like Dislike

---

brianallen1
Joined On 8/7/2021 10:12:38 AM
Add as Friend | Send Message

Having the grandmother stay for the first 6 months used to be the norm. Of course all it took for many was a walk upstairs or a walk next door. How far we have fallen as a society!

Mark as Spam | Posted On 5/23/2022 6:47:24 AM

Like Dislike

Catryna
Joined On 7/25/2006 5:48:46 PM
Add as Friend | Send Message

sch3627 My 3rd and 4th were breastfed until 2.5 and 3.5 years and they stopped nursing on their own. The older son, was 2.5, when I was pregnant with his brother and my milk started to dry up. By that time he was also drinking raw goat milk during the day. One night, he was complaining that there was no milk and I just encouraged him to nurse, but he finally gave up, telling me there was no milk and to save it for the new baby. He then left the bed, went downstairs and I heard the refrigerator door open and close. I knew he was getting a drink of milk from his cup, which made me laugh. He then came back to bed, satisfied and went to sleep. Our children slept with us until they were 3 or 4. My two youngest is also unvaccinated, after I learned the hard way witnessing the horrendous results of vaccination in their older sisters; one of who sufferers neuropathy in her hands and feet and the other from Eczema and Insomnia.

Mark as Spam | Posted On 5/23/2022 7:38:55 AM

Like Dislike

RedRavenSounds
Joined On 8/9/2021 12:25:52 PM
Add as Friend | Send Message

"This country needs to prioritize children and mothers but we are erasing them and trying to say men can do it. It's nauseating." - Amen sister. I'm so sick and tired of this weird, warped, nasty, kreepy society. There is no (or little - not enough) empathy, no love and no cooperation or compassion, And BTW, the Lord only puts up with this for so long. Two cities, one starting with "S" and the other "G" come to mind. I re- listened to Michael's "Earth Song" and it moved me to tears... what have humans done to our planet, its living creatures, and ourselves?? And these vile monsters, willing dupes of the devil, are coming for the beautiful children.... Peace and love

Mark as Spam | Posted On 5/23/2022 12:36:25 PM

Like Dislike

---

juststeve
Joined On 1/5/2012 11:13:54 AM
Add as Friend | Send Message

Here it is Monopolies. While infant formula companies are a monopoly of three within the larger Monopoly of Big AG/Processed Foods eventually it all usually breaks down into Monopolies of Three. Industries, business, anything involving organizing or controlling people. The short-term thinking, short term profits/perceived gains drive destructive long-term results. It's pretty well-known corporations are run by Psychopaths' & Sociopaths. A very good reason Gov'ts should not be run by Business.

They have a place at the table, but it should be one seat out of many, not one seat governing over many. Science — to say nothing of common sense — has been ignored for decades & corporate greed has been allowed to dictate not just infant nutrition, but nearly anything one wants to name under the sun. To get us while we are young, people have to be brainwashed into thinking manmade formula is better in order to sell junk infant food & their junk when we get older. Already hooked on empty addictive flavors & compounds.

What is offered by Bill Gates & friends? Test tube, lab dish artificial breast milk from cultured human mammary cells. The usual high tech, high profit, much control, lot's of power to make you toe the line, or your baby doesn't eat. A big reason why? Breastfed babies tend to have higher IQs than formula-fed babies. Today Mom, Dad, even the kids if possible have to get jobs, the only one home watching the TV or playing with high tech gadgets is the family cat or dog.

It's not just the giant sucking sound of jobs leaving the country Ross Perot talked about, there is also a giant sucking sound of ever shrinking paychecks going one way, the other an ever increasing tax burden to pay for those 1% who own more than the bottom half of

the country. A 1% who make money off of money. Those businesses who have hung on, the mom & pop's, the real actual small family farms cannot keep up. We are left with Orwellian Hunger a facade of wealth, when reality is a wasteland.

Reply · Mark as Spam · Posted On: 5/3/2022 5:25:15 AM

brianallen1
Joined On 6/7/2021 10:12:38 AM
Add as Friend · Send Message

Monopolies and little competition is the rule today. The goal is to get all industries down to 3 producers for total control. Wireless providers and car rental companies are just 2 more examples.

Mark as Spam · Posted On: 5/3/2022 6:52:49 AM
Like · Dislike

Reply · Mark as Spam · Posted On: 5/3/2022 7:35:27 AM
Like · Dislike

wareagle82
Joined On 1/25/2022 10:01:46 AM
Add as Friend · Send Message

"the promotion of the obnoxious idea that breastfeeding in public is shameful" Who, exactly, is promoting this idea? If anything, I hear the exact opposite. The only thing reasonable people ask of mothers is that they exercise a bit of common courtesy toward others when feeding their kids in public spaces. Yes, it's natural, so are many other things that we do not do in front of everyone else. Meanwhile, I have heard quite a few people insisting that home-brew formulas are somehow dangerous, as if no children were fed prior to the advent of formula or if the mother had problems with lactation.

Reply · Mark as Spam · Posted On: 5/3/2022 7:35:27 AM
Like · Dislike

Magnolia
Joined On 6/19/2006 11:52:15 PM
Add as Friend · Send Message

I breastfed both of my children openly in public and just dared anyone to try and stop me. I watched the faces of passersby. Grandmothers would stop and put their hand over their hearts and just look on with such love. Others would find some interesting spot on the sidewalk to look at, or an interesting cloud up in the sky. Not one person had the guts to say anything. And, they would have been sorry if they had. I've even done it on airlines, in shopping malls, church. If you don't push, you'll never find out how big your envelope is. This was back in the mid to late1970s.

Mark as Spam · Posted On: 5/3/2022 7:48:41 AM
Like · Dislike

Catryna
Joined On 7/25/2006 5:48:46 PM
Add as Friend · Send Message

Magnolia I did the same thing with all 4 of mine. If anyone said anything, I would tell them that they have the option not look. It's up to them.

Mark as Spam · Posted On: 5/3/2022 8:12:29 AM
Like · Dislike

irreverent
Joined On 1/21/2016 11:14:34 AM
Add as Friend · Send Message

Dear wareagle82 - I can name one who is promoting this idea. Its Mark Zuckerberg on FbA. He's demonstrated his "nipple-phobia" that hooks right into the USAs aversion to "breast-feeding" mothers in public. I was breastmadeed on FbA not too long ago, because I posted my ART WORK that depicted NUDE women and their nipples. Not only were they not shown, but TICK BLACK ARS were put around them. Yet, it gets worse... because EVERYTHING that had 2 dots reminds FbA's algorithms of nipples, even "2 eyes" on a stuffed doll or an animal. I was told depictions like this "go against its community standards," i.e., are deemed pornographic!

I fought hard with FbA about this and persisted in objecting, and finally did it in German. I reasoned that perhaps their staff "over there" - where they go topless & bathe naked in city ponds - would get it and see my point. Apparently it did and I was taken off their "sh**t list. - NOW, every time I post something with 2 DOT...I remind them of that recent debacle! -

Mark as Spam · Posted On: 5/3/2022 2:05:37 PM
Like · Dislike

Billybob
Joined On 11/15/2008 7:42:37 PM
Add as Friend · Send Message

My wife breastfed all three of our children back in the 1970s. If the babies needed feeding and she was in public, she did it the La Leche League way: She wore a shirt with front buttons. She would unbutton from the bottom and pull up one side or the other. The child would "latch on" and she would cover everything with a towel or blanket thrown over their shoulder. She could always find a little privacy to get set up. After the feeding started, most people didn't even know what was happening.

Mark as Spam · Posted On: 5/3/2022 2:05:42 PM
Like · Dislike

katodogeco
Joined On 1/1/2011 5:36:39 PM
Add as Friend · Send Message

I'm grateful I was willing and able to breastfeed my three children. If I had an infant on formula and couldn't find it I would be calling my Senator not my doctor. They can pound sand before I'll jeopardize my child's life and future. PS: the host in the video kept repeating, "we're the most richest country in the world" over and over but it's the opposite. Trillions of dollars in debt, foreign countries buying our ass parts and land, farms owned by oligarchs, cities, we are morally bankrupt, drugged out and dying by prescription and suicide, families are breaking in half daily, medically unmoored with skyrocketing cost, spiritually lacking, narcissistic society expecting instant success with a profitable YouTube and Instagram channel or else.

We are not the richest country and haven't been for decades. Our wealth is siphoned out the front door as foreign aid, military aid, bogus sanctions in global groups with their dirty fingers bagging for our cash and prizes. If America were a meme we'd be a skinny, near death old woman nursing her fat adult children with a line of foreigners waiting their turn.

Reply · Mark as Spam · Posted On: 5/13/2022 7:05:53 AM
Like · Dislike

brianallen1
Joined On 6/7/2021 10:12:38 AM
Add as Friend · Send Message

Yeah, the "richest" corporation called a country has been bankrupt since 1933.

Mark as Spam · Posted On: 5/13/2022 7:20:19 AM
Like · Dislike

Horsss
Joined On 6/17/2007 4:05:34 PM
Add as Friend · Send Message

That's a helluva comment, katodogeco. And every word is true. But IMO it is too late for humans to do anything. At this point, the direct intervention of God himself is the only possibility of reversal. And, indeed, I think this is exactly what God is going to do. This is precious: "If America were a meme we'd be a skinny, near death old woman nursing her fat adult children with a line of foreigners waiting their turn". Somebody, find an artist to whip this into shape and spread it around. Ben Garrison, maybe?

Mark as Spam · Posted On: 5/13/2022 2:46:56 PM
Like · Dislike

cat66887
Joined On 11/9/2017 5:28:11 AM
Add as Friend · Send Message

I have also noticed that the mainstream media has been warning that you can't possibly make safe formula yourself. Hah! Sounds like Dr. Mercola's recipe would be far superior to what is available from big pharma.

Reply · Mark as Spam · Posted On: 5/13/2022 8:10:00 AM
Like · Dislike

realrose
Joined On 11/10/2011 8:39:01 AM
Add as Friend · Send Message

Another funny part is our US monopoly for baby formula, whereas the European manufacturers appear to offer higher quality formulas...yet the US FDA charges massively to assess the European products to allow their import into the US. Where is the logic in this? Oh that's right! The FDA is protecting these US corporations that already driven down product quality to the bare minimum.

Mark as Spam · Posted On: 5/13/2022 6:53:16 AM
Like · Dislike

Catryna
Joined On 7/25/2006 5:48:46 PM
Add as Friend · Send Message

cat66887 I have run into a number of those ignorant folks who put me down for putting forth info on Price/Adelle Davis formulas. What was interesting, in the same breath, they propounded their inferior formulas of canned milk and kare syrup against the other formula and still stated that homemade was dangerous. And, yet they were pushing a homemade formula. Their thinking made no sense.

Mark as Spam · Posted On: 5/13/2022 8:20:01 AM
Like · Dislike

tallulah3
Joined On 4/21/2021 9:26:59 AM
Add as Friend · Send Message

If the mother isn't able to nurse, her baby will be much healthier with homemade formula instead of store bought.

Reply · Mark as Spam · Posted On: 5/13/2022 9:59:24 AM
Like · Dislike

JanMjm
Joined On 2/20/2008 11:15:54 PM
Add as Friend · Send Message

It's a little expensive, but a good way to preserve Dr. Mercola's recipe for formula is to freeze dry individual servings. A decent freeze dryer cost around $2,000. I don't have one but I have a friend that does. I just pop him to freeze dry what I need. I do plan to get my own. Here's one I'm considering: harvestright.com/home-freeze-dryers You can freeze dry dairy so you should be able to freeze dry mother's milk.

Reply · Mark as Spam · Posted On: 5/13/2022 9:05:49 AM
Like · Dislike

wallguy
Joined On 12/16/2015 10:23:35 AM
Add as Friend · Send Message

As I look back now at the raising/feeding of our 3 infants that were born at four year apart intervals I begin to so much more appreciate my wife the extra time to breast pump and freeze a lot of extra breast milk so that I could become a big part of the time consuming chores of caring/bonding/and the falling so deeply in love with what we had been so blessed with. Raising babies to be strong and healthy of mind and body is one of the most time consuming, yet heavenly duties a father can do. With each new arrival we were extra prepared for the tasks of feeding and being more in tune with what worked best for us on the 24 hr time loop. And what did not. My three kids are in their 30s and one is hoping to start a family of his own. That alone is now so concerning.

Reply · Mark as Spam · Posted On: 5/13/2022 6:57:40 AM
Like · Dislike

Greyncann
Joined On 7/20/2012 8:36:35 AM
Add as Friend · Send Message

When my daughter became interested in solid food (around 5 months) I purchased a jar of peas (baby food). I offered her 1 spoonful which she promptly spit out. I tasted it and did the same. Therefore, I used a small hand-cranked food mill until she could chew on her own and gave her everything I ate. As my diet has always been primarily from scratch, she flourished.

Reply · Mark as Spam · Posted On: 5/13/2022 6:44:07 AM
Like · Dislike

Arlan1
Joined On 6/1/2005 1:45:38 PM
Add as Friend · Send Message

Baby food is horrible! It's no wonder the sweet potato baby food is the most popular.

Mark as Spam · Posted On: 5/13/2022 5:29:14 PM
Like · Dislike

ArtemisC
Joined On 10/26/2011 5:56:07 PM
Add as Friend · Send Message

Thank you, Dr. Mercola, for this most important article. New mothers need to have a way to feed their babies, if especially if they cannot produce their own breastmilk. If my twins had been born today, I would face a terrible predicament, like all of these young mothers are experiencing with these unacceptable formula shortages. Despite having breasts, mine were dysfunctional when I tried to breastfeed my babies. I consulted many "experts" and was told I did not drink enough water. What laborer / drank excessive amounts of water to no effect. I did not produce milk, because it never "came in". Me I was told it would after giving birth. An hour and a half of pumping, using a $300.00 breast milk pump produced only 1-1/2 oz of breast milk — for two babies!

I gave my babies what I produced, but I sure did need to give them more, and I was thankful that Similac existed for this purpose. I was not lazy. I simply could not produce nearly enough milk after trying unsuccessfully for six months. My mother told me that she bottle fed me, after being given a gift of some kind to "dry up her milk". I wonder if that gift (whatever it might have been) affected my ability to produce milk to feed my own babies. I will never know. I would have loved to have had this information back then. I would have preferred a healthier option for my children than Similac.

Reply · Mark as Spam · Posted On: 5/13/2022 6:28:21 AM
Like · Dislike

brightlight4
Joined On 4/23/2009 8:45:04 AM
Add as Friend · Send Message

I apologize for having offended those who are not able to breastfeed babies, that was not my intention. I meant mothers (there must be a lot of them is there is such a high demand for formula) who are able to breastfeed babies but prefer to give them formula. Of course there are also risks for babies if a vaccinated breastfeeds her baby now.... sadly

Reply · Mark as Spam · Posted On: 5/13/2022 4:45:04 AM
Like · Dislike

miranda6
Joined On 6/17/2014 7:00:56 AM
Add as Friend · Send Message

Yes, I know someone who asked her doctor what would happen to her new baby if she was Covid "vaccinated" and nursing. The doctor replied that the baby would gain immunity as he nursed. It ended up that the baby threw up for two days after she was "vaccinated". Ignorant, unthinking idiots, stupid. And while I don't like to offend anybody I will not take those words away because I think doctors really have an ethical obligation to their patients to think, and do their research. If they don't, they are just plain irresponsible. End of story, and bottom line.

Mark as Spam · Posted On: 5/13/2022 6:33:25 AM
Like · Dislike

brianallen1
Joined On 6/7/2021 10:12:38 AM
Add as Friend · Send Message

Ignorant, unthinking stupid doctors. I second that emotion.

Mark as Spam · Posted On: 5/13/2022 6:45:10 AM
Like · Dislike

nothingsound
Joined On 6/12/2018 9:47:47 AM
Add as Friend · Send Message

Thank you for the apology. I am seeing so many posts on other sites that are shaming those who cannot breast feed for whatever reason. Now is not the time for that in any way at all. I had to supplement at the beginning as my milk wasn't coming downtown I wish I knew these recipes back then.

Mark as Spam · Posted On: 5/13/2022 7:42:45 AM
Like · Dislike

Catryna
Joined On 7/25/2006 5:48:46 PM
Add as Friend · Send Message

miranda6 I too, have heard of a number of stories that ended up sick or dead when their nursing mothers received these COVID shots. Also, a number of mothers had their milk dry up after receiving these shots. It's just outrageous and sad the ignorance of most people.

Mark as Spam · Posted On: 5/13/2022 8:16:13 AM
Like · Dislike

Jolee
Joined On 4/13/2008 7:28:27 PM
Add as Friend · Send Message

Correction!! This is not the result of capitalist, it is the result of CORPORATISM - big difference - aka fascism.

Reply · Mark as Spam · Posted On: 5/13/2022 12:39:34 PM
Like · Dislike

bnodielonck12
Joined On 9/18/2008 1:31:51 PM
Add as Friend · Send Message

Nature always trumps the ego of man...but as natural immunity is superior to any concoction man creates to inject billion man with. Breast feeding is far superior to any concoction man creates and always has been.

Reply · Mark as Spam · Posted On: 5/23/2022 7:41:07 AM

Fortyninebandgmail.com
Joined On 4/3/2020 5:18:51 AM
Add as Friend · Send Message

Well at least it may teach people to breast feed. That obviously doesn't help the already bottle fed babies. But in the future learn that "Breast is Best". Jennifer

Reply · Mark as Spam · Posted On: 5/23/2022 7:02:13 AM

brianallen1
Joined On 6/7/2021 10:12:38 AM
Add as Friend · Send Message

Unless the mother has been jabbed

Mark as Spam · Posted On: 5/23/2022 3:38:22 PM

kool779
Joined On 12/13/2021 4:09:55 PM
Add as Friend · Send Message

If you are able to see Florida Comey gae FB. They found warehouses full of formula and are headed back to FL with over 224,000 pds of it. Or maybe that is urbs. So not only did they shut down Abbott they stopped distribution of other brands. Create a problem to solve a problem for millions of dollars.

Reply · Mark as Spam · Posted On: 5/23/2022 4:50:03 AM

dis1910
Joined On 12/31/2020 8:08:47 AM
Add as Friend · Send Message

Yes, so when Rahm Emanuel said "you never want a serious crisis go to waste" what he really meant was "let's create crises and then use them to our advantage." The crisis was created by allowing monopolies and that sounds like a plan that could work for a lot of things. It seems to me that the certain "powers that be" in (and outside) the government are bent on bringing America to her knees. We should have had a psychological evaluation for a certain someone who ran and won the presidency in 2008.

Mark as Spam · Posted On: 5/23/2022 1:32:29 PM

abc123123
Joined On 6/30/2013 11:39:12 AM
Add as Friend · Send Message

I am a retired federal employee. Yes, I agree the Federal government has a problem of corrupt bureaucrats -- with Dr. Fauci being a key example. But the line is a CAPITALISTIC society. I remember well. The government is actually forbidden to engage in most services unless there is a VOID in private businesses available. So, I am pretty surprised to see the Federal government being held in the Media as the cause of the shortage in baby formula. This article was very helpful to show the real problem is that Dispositive control too many areas, instead of seeing real capitalism at work. So when a large corporation fails, there is no natural backup that can quickly step in.

The Federal government was involved in safety inspections. Is anyone questioning there shouldn't have been health inspections? Then of course -- people are now all out madly HOARDING baby formula as well. Remember this was a problem with toilet paper during 9/11? So yes, the federal government can get involved in an emergency shortage. But I don't see it as the CAUSE of the problem. Now, I am very mad at Biden for the vaccine mandate. but let's keep the blame where it belongs, and not blame him for everything else. Please let me know where anyone disagrees with my specific points. Thanks.

Reply · Mark as Spam · Posted On: 5/24/2022 8:12:00 AM

dandle
Joined On 3/7/2011 7:38:57 AM
Add as Friend · Send Message

I totally agree with the article about breast feeding. I was breast fed as was my son and grandaughters. What a novel idea.

Reply · Mark as Spam · Posted On: 5/24/2022 7:20:18 AM

MASONMANNIX
Joined On 11/29/2012 9:14:59 AM
Add as Friend · Send Message

I am sorry feeling the USDA and FDA updates and noticed the ones within the past few months regarding contaminated baby formula; now there is a shortage. I think baby formula is on of the biggest scams out here. This is another example of how the mainstream media has truly failed us. There is no real investigating done anyone UNLESS they partner with another outlet. Thank goodness for people like Dr. Mercola who tells us what others will not so that we can be informed about what's going on!

Reply · Mark as Spam · Posted On: 5/24/2022 5:36:33 AM

MMaster
Joined On 8/14/2021 1:37:23 AM
Add as Friend · Send Message

Regarding resuming breastfeeding: contact La Leche League for support. My kids' pediatrician said grandmothers in Africa often breastfeed their grandchildren. They take the baby to bed with them, drink plenty of fluids, and feed on demand for 48 hours. Many women in Africa go topless, so more nipples wasn't an issue, but it is something an American mother might have to deal with. Again, La Leche League can be of help. I also tested once to see if I could relactate. I massaged my nipples for a few minutes a couple of times a day, and within a few days, I had colostrum. If I had done it multiple times a day, I'm sure my milk would have come in faster.

Reply · Mark as Spam · Posted On: 5/24/2022 1:56:31 AM

MMaster
Joined On 8/14/2021 1:37:23 AM
Add as Friend · Send Message

These recipes are unduly complex, and I am not sure that is necessary. Sometimes they ask for ingredients that are hard to find. I wouldn't begin to know where to get organic liver, for instance. I can get raw milk, but lots of people cannot, and I would much prefer to start with pure's milk. If the milk is raw, I wouldn't add all that much to it. I doubt seriously if any many mothers will be able to follow these instructions, if for no other reason, the amount of time it would take to make this repeatedly. I urge you to come up with a simplified recipe. Yes, a mother wants to take care of every nutritional need of the baby, but for the time being, a simplified version would allow the baby to eat while the mother searches for better alternatives.

Reply · Mark as Spam · Posted On: 5/24/2022 12:47:55 AM

CindyLou1
Joined On 3/16/2018 8:30:27 PM
Add as Friend · Send Message

Thank goodness you elevate back mother's breast milk. (I felt a sense of relief when you wrote that.) It reminds people about the care and cuddling that the baby gets when cuddled and looked at as precious.

Reply · Mark as Spam · Posted On: 5/23/2022 10:45:48 PM

myw2616
Joined On 2/15/2021 8:20:40 PM
Add as Friend · Send Message

It's interesting that right when Bill Gates rolls out his GMO breast milk formula a caotastphe happens that creates a baby formula shortage so people will have choice but to buy his new product. Wow things that make you go: hmmmmmmmmmmmmmmmmmm.

Reply · Mark as Spam · Posted On: 5/23/2022 7:34:09 PM

Pewalopel
Joined On 6/8/2020 12:28:48 AM
Add as Friend · Send Message

BILL GATES ARTIFICIAL BABY FORMULA BEHIND THE SHORTAGE Gates, Zuckerberg, Bezos, Richard Branson and other billionaires just happened to invest in a startup artificial breast milk company that will produce formula from cultured human mammary epithelial. This must be just another lucky coincidence that will benefit the same eugenic depopulation monsters that are involved in every aspect of the covid and climate change frauds. The new firm called BIONELI received millions of dollars from an investment fund co-founded by themselves. AND this fake formula that will be produced due to these globalists, will also save the earth by preventing climate change due to the supposed gases created in baby formula manufacturing. Good God when grown men stoop to harming tiny babies if this doesn't send them to jail, then I recant all objections to removing them from the planet.

Reply · Mark as Spam · Posted On: 5/23/2022 5:31:41 PM

myw2616
Joined On 2/15/2021 8:20:40 PM
Add as Friend · Send Message

No only did you hit the nail on the head, you built a mansion.

Mark as Spam · Posted On: 5/23/2022 7:54:37 PM

jan3070
Joined On 4/11/2021 12:46:47 PM
Add as Friend · Send Message

There have been some mentions of babies who "can't tolerate breastmilk". If that's the case, the nursing mom can modify her diet! That's usually what it's related to (modern shots and other strangeness aside). My first baby was very intolerant of me consuming dairy and soy in any amount for some reason. Pediatrician tried to get me to switch to formula (how easy then thought it would've been to find formula both dairy-free and soy-free, I don't know). They thought it was "too hard" for a mom to switch her diet. I did, and the issues resolved. Later I was able to add dairy back in.

Said baby is now grown and eats dairy with no issue, as well as incidental soy. Don't know if it was a gut biome thing, or what. I hadn't discovered Dr. M yet, but at least I didn't bother with the fluoride drops they thought nursing moms should give their babies who were "missing vari" on tap water or "nursery water" fluoride! What an awful thing to push! My kids are very smart (graduated top of their classes) and healthy. Dunk Gad. My point being, if you can nurse them, do whatever you have to, it's a short time period in the scheme of things and so important. Not to mention convenient and cheap compared to formula.

Reply · Mark as Spam · Posted On: 5/23/2022 4:36:17 PM

Arlen1
Joined On 6/1/2020 1:45:38 PM
Add as Friend · Send Message

Awesome! Not many people think like you do.

Mark as Spam · Posted On: 5/23/2022 5:54:24 PM

thinkinmama
Joined On 6/28/2021 12:29:53 PM
Add as Friend · Send Message

Exactly! Women aren't encouraged enough and give up too easily. I planned to breast feed before we ever conceived but for some reason my son wouldn't latch. Production didn't seem to be an issue. The nurses did encourage me to keep trying but they also suggested I supplement with formula, which I refused. I continued to try to get him to latch but I continued to pump and feed him via bottle and frozen extra. I did this for 3.5 years. Yes it was a lot of work and extra time but it was my sorts health and future so I would've done anything.

Mark as Spam · Posted On: 5/24/2022 9:23:22 AM

pilhawaiiantel.net
Joined On 5/23/2022 4:22:50 PM
Add as Friend · Send Message

Dr. Mercola, I'm surprised that you're not aware of the fact that many mothers who have stopped nursing Can start nursing again simply by allowing the baby to suckle. Suckling stimulates milk production again even after several months or years. I had stopped nursing my oldest daughter at the age of one year but after several months it was obvious she missed nursing & would be happier if I gave her my breast. So I did & the milk returned. There have also been grandmothers able to nurse their grand babies. There are articles online claiming that any woman or man has the potential to produce breast milk simply by stimulating the nipple with suckling. Please look into this doctor Mercola. I do realize many women have problems with lactation but it's likely that for more women could nurse again after stopping than is typically understood.

Reply · Mark as Spam · Posted On: 5/23/2022 4:34:45 PM

im8tnow
Joined On 1/22/2016 8:53:56 AM
Add as Friend · Send Message

Why didn't Mead Johnson and Gerber rise to the occasion when Abbott got shut down?

Reply · Mark as Spam · Posted On: 5/23/2022 4:26:14 PM

Arlen1
Joined On 6/1/2020 1:45:38 PM
Add as Friend · Send Message

If you have to ask that question there's no point in anyone even trying to answer it. That would be like Ford shutting down it's largest truck plant and asking Nissan to step in and make Ford trucks.

Mark as Spam · Posted On: 5/23/2022 5:57:03 PM

Kat3040
Joined On 8/31/2011 8:38:27 AM
Add as Friend · Send Message

They knew about the baby formula shortage way back in February I hear.

Reply · Mark as Spam · Posted On: 5/23/2022 3:24:40 PM

Arlen1
Joined On 6/1/2020 1:45:38 PM
Add as Friend · Send Message

There was a whistle blower that alerted the FDA back in Oct 2021

Mark as Spam · Posted On: 5/23/2022 5:59:08 PM

tan2582
Joined On 3/19/2015 10:40:19 PM
Add as Friend · Send Message

but, "we" have money to send to Ukraine (a masterpiece of all robberies) ... start the war against Russia and China (coming next) ... "we" care about everyone but our own citizens...

Reply · Mark as Spam · Posted On: 5/23/2022 2:32:16 PM

bnodielonck12
Joined On 9/18/2008 1:31:51 PM
Add as Friend · Send Message

Amazing isn't it how quickly $40 billion was being sent to Ukraine and yet our infants are starving. Talk about priorities

Mark as Spam · Posted On: 5/23/2022 6:18:08 PM

Romnus
Joined On 7/20/2020 7:26:44 AM
Add as Friend · Send Message

Personally.... I would like to see the findings that the FDA found against Abbott back in January and February that predicated closing the facilities. I find it very odd that after decades of having baby formula, that the FDA come with something like this at this particular time. If the products were tainted.....it would first be on the news before any govt regulatory agency's inspections finds anything.

Reply · Mark as Spam · Posted On: 5/23/2022 2:28:20 PM

my_RNA_DNA
Joined On 4/26/2021 9:21:23 AM
Add as Friend · Send Message

How did the 100 billion or so infants survive before baby formula was invented? Did every woman breast feed their child? I doubt it, so

how did so many babies not perish without any baby formula?

Reply | Mark as Spam | Posted On 5/23/2022 1:46:35 PM

Like Dislike

Horsea
Joined On 5/7/2007 4:05:34 PM
Add as Friend | Send Message

They managed to survive on substandard, imperfect home made "formulas" as I described elsewhere here. Better than letting a baby starve to death! Just about everyone I know of baby boomer age was fed this modified cows milk mixture. I do suspect that the rampant health problems experienced by so many today may be related to this style of infant feeding (lack of essential fats, probably) but nevertheless these health challenges can be overcome with natural healing, suitable diet, and so on and so forth! Also, in the "olden" days, women did not mind being wet nurses. So, some babies survived that way.

Mark as Spam | Posted On 5/23/2022 2:55:07 PM

Like Dislike

---

seedsaver37
Joined On 4/28/2020 2:58:31 AM
Add as Friend | Send Message

Way back there were 'wet nurses', women who either had excess milk or more likely had lost their own baby. The upper class thought it indecent to breastfeed and engaged a wet nurse. Seems it was fairly common.

Mark as Spam | Posted On 5/24/2022 4:15:23 AM

Like Dislike

Chri22y
Joined On 7/28/2021 2:44:10 AM
Add as Friend | Send Message

"They will succeed if enough people submit to their programming." This is a "must see" video if you want to understand the #programing that has occurred for years to get us to where we are today. #MKUltra t.me/.../23244

Reply | Mark as Spam | Posted On 5/23/2022 12:03:36 PM

Like Dislike

---

acreativetouch
Joined On 10/18/2007 11:09:41 AM
Add as Friend | Send Message

Why not use goat milk instead of cow's milk. Goat milk protein is closer to human milk proteins, is much easier to digest and doesn't promote milk allergies later in life. I'm surprised that you would recommend giving ANY cow's milk to an infant. Dr. Dorothy Carlson

Reply | Mark as Spam | Posted On 5/23/2022 9:00:37 AM

Like Dislike

---

dnuzzo
Joined On 1/16/2013 11:22:14 AM
Add as Friend | Send Message

Good article. I'd like to see A2 milk mentioned as I think that's very significant

Reply | Mark as Spam | Posted On 5/23/2022 8:52:43 AM

Like Dislike

MaryBeth7113
Joined On 5/23/2022 8:20:35 AM
Add as Friend | Send Message

So women who can't breastfeed & can't afford this pricey recipe are supposed to be ashamed??

Reply | Mark as Spam | Posted On 5/23/2022 8:23:20 AM

Like Dislike

---

debchiarello
Joined On 12/29/2020 12:37:47 PM
Add as Friend | Send Message

Agree that breastfeeding is optimal, but there are many mom's who are unable to do so, for a myriad of reasons, including inability to produce enough milk, health issues, returning to work, etc.. There are babies who are adopted, or birthed by surrogates. Beyond all of this, the FDA is a behemoth of red tape, and completely inefficient, and have done a horrid job of protecting public health! Just look at the lawsuits for poisonous products they have approved that have injured & killed hundreds of thousands of people! Our government needs an overhaul. This baby formula shortage is the tip of the iceberg.

Reply | Mark as Spam | Posted On 5/23/2022 8:11:02 AM

Like Dislike

---

nothingsound
Joined On 8/12/2018 9:47:47 AM
Add as Friend | Send Message

The Abbot plant was cleared and the Biden Admin kept it closed for three months! Three months! Now I am not for using baby formula.make your own if you can't breast feed. But this cannot be about this right now. Many people use it and they are hurting. They are hurting from this shortage, babies are in the hospital, and the shelves are empty. Stating moms are a failure is not good. Not the time.

Reply | Mark as Spam | Posted On 5/23/2022 7:17:56 AM

Like Dislike

---

jamNjim
Joined On 2/20/2008 11:15:54 PM
Add as Friend | Send Message

We have come full circle since the Clinton Administration of the 90's. Back then there were more food processing plants for everything we consume. We had more (smaller) beef, chicken, pork, milk, and even baby food plants. What happened to them all? Food Poisoning was the 90's plandemic. The Clinton Administration used that crisis as a way to INCREASE FDA REGULATIONS. This meant more inspections, stricter rules, and heftier fines, but they soon realized they couldn't possibly meet their ambitious goals. They effectively put all the small operations that couldn't afford to update and/or pay the fines out of business.

This leaves you with nothing but all of the large companies we have today that are "too big to fail". Part of what got us here was the Republican ran House we had at the time. Clinton was considered a conservative Democrat and Newt Gingrich was the Speaker of the House. He was considered the most liberal Republican in US history. This was a dangerous combination. He had to appeal to his party which meant LESS government (No Extra FDA inspectors) and Clinton had to appeal to his party which meant MORE government oversight. Well, you can't have both UNLESS you allow MONOPOLIES. Now you know the rest of the story..........

Reply | Mark as Spam | Posted On 5/23/2022 5:54:04 AM

Like Dislike

---

rrealrose
Joined On 11/10/2011 8:59:01 AM
Add as Friend | Send Message

Thanks for that brief history story.

Mark as Spam | Posted On 5/23/2022 6:54:18 AM

Like Dislike

Horsea
Joined On 5/7/2007 4:05:34 PM
Add as Friend | Send Message

If a woman chooses not to nurse her child (or is physsically unable to) and is reliant on formula but can't get any, then believe me - very few of these women are going to be enthusiastic about the Weston Price home made formula. It is way too complicated and some of those ingredients not readily available. As to the dairy free formula, feeding a baby LIVER sounds foolish to me. Yes, it does contain a lot of nutrients, but babies were not meant to consume liver. I predict problems down the line for children fed in this unnatural manner - excessively rapid development for one thing. I breastfeed mine for years, but I most certainly would never consider either of the above 2 home made "foods".

Back in the 1940s and 40s, nurses would go to the homes of women who had infants and show them how to make cows milk somewhat similar to mother's milk, ie, you added water to the milk (to reduce the excess protein) and added sugar in some form or other to make the carbohydrate content similar to mother's milk. Is this perfect? Not my a long shot, but it is what you do when you can't get formula. This can be easily improved with the addition of some Vit D drops and a few other easily-accessible things. Best to start out with goats milk.

Reply | Mark as Spam | Posted On 5/23/2022 2:33:36 PM

Like Dislike

Arlen1
Joined On 8/1/2020 1:45:38 PM
Add as Friend | Send Message

Goats milk was readily available back in the day and that's what people used that couldn't breast feed. Goats milk is supposedly closer to mothers milk than other milk types. The problem is the store bought goats milk is pasteurized. Pasteurized milk of any kind is harder to digest. The fat molecules clump together. So raw goat's milk would be the better choice. It used to be easy to find local farmers with fresh goat's milk, but we now are a society reliant on big pharma and big corporations

Mark as Spam | Posted On 5/23/2022 6:07:55 PM

Like Dislike

Horsea
Joined On 5/7/2007 4:05:34 PM
Add as Friend | Send Message

@Arlen1. Thank you for your info on goat's milk. The few times I tried to take a taste of goat's milk I had to spit it out, it was so awful (to me). Years later I visited the farm of a woman who had a whole bunch of goats and she told me that that horrid taste was due to the pasteurization. She drank fresh raw goat's milk every day.

Mark as Spam | Posted On 5/23/2022 7:13:39 PM

Like Dislike

Johman0
Joined On 6/27/2012 1:23:13 AM
Add as Friend | Send Message

Goat's milk can taste icky if the nanny goat has been around a billy goat. That being said I first tasted goat's milk 40+ yrs ago (I think it was raw because it was from their own goats) and it was delicious, but very rich.

Mark as Spam | Posted On 5/23/2022 10:47:40 PM

Like Dislike

---

mercmon
Joined On 11/15/2021 5:11:41 PM
Add as Friend | Send Message

they say it is kind of perverted to breast feed. it will also soon be a crime to give birth to nude babies. However there is a vax in the works to solve nude births. It will be an mRNA based vax that will direct genetic clothing production in the womb. By 2030 all world births will be fully clothed babies. On a side note, the clothes will grow with the person for a life time. Side effect will be small or no clothing budgets.

Reply | Mark as Spam | Posted On 5/23/2022 2:08:26 PM

Like Dislike

---

brianallen1
Joined On 8/7/2021 10:12:38 AM
Add as Friend | Send Message

Don't give them any ideas.

Mark as Spam | Posted On 5/23/2022 3:26:20 PM

Like Dislike

---

brodiebrock12
Joined On 9/18/2008 1:31:51 PM
Add as Friend | Send Message

I'm not a biologist, but since men can give birth now and have monthly cycles why not have them breast feed too. Problem solved, but what do I know about subjective science :)

Mark as Spam | Posted On 5/23/2022 6:20:29 PM

Like Dislike

Xmen44
Joined On 4/26/2016 4:24:04 AM
Add as Friend | Send Message

If I am not mistaken, I saw somewhere just recently that Putin would send baby formula to help through the crisis. But the corrupt FDA would seize the shipments in customs guranteed.

Reply | Mark as Spam | Posted On 5/23/2022 7:02:55 AM

Like Dislike

---

jdrose199
Joined On 7/21/2009 7:04:27 AM
Add as Friend | Send Message

So they shut a plant down so 3 others could make money. And start another problem. Thank you Dr Mercola for giving mothers a way to make their own that will be safer and better for their child in the long run.

Reply | Mark as Spam | Posted On 5/23/2022 5:59:02 AM

Like Dislike

Joymartin76
Joined On 12/25/2007 12:55:05 PM
Add as Friend | Send Message

Always question the hidden reasons for why Democrats do what they do. I have a feeling Nancy's husband shorted Abbott stock before they shut the plant down, now they are either invested in the other two formula companies OR they purchased up a lot of undervalued Abbott stock so the stock price can rise when they go back online. Wanna bet on it?

Mark as Spam | Posted On 5/23/2022 7:58:13 AM

Like Dislike

---

jamNjim
Joined On 2/20/2008 11:15:54 PM
Add as Friend | Send Message

Joy, you're probably right. Nazi Pelosi would stoop that low. Have the FDA shut them down, watch their stocks plummet, Buy up the stocks at a low price, make the FDA reopen the plant, watch the stocks go up, and then sell. It's how Pelosi made her fortune.

Mark as Spam | Posted On 5/23/2022 10:36:54 AM

Like Dislike

---

jdrose199
Joined On 7/21/2009 7:04:27 AM
Add as Friend | Send Message

Joy I would agree with that too since they have done this before.

Mark as Spam | Posted On 5/23/2022 6:39:31 PM

Like Dislike

Aguila4
Joined On 5/5/2021 5:56:25 AM
Add as Friend | Send Message

My daughter breast fed my grand-daughter in public when she was a baby. She had a lace shawl she covered her with. It let in the air, but you couldn't see what was going on underneath. I can remember going shopping with her and walking down the street while she was feeding Georgina. It kept George happy and no-one else knew.

Reply | Mark as Spam | Posted On 5/23/2022 5:22:08 AM

Like Dislike

Magnolia
Joined On 6/19/2006 11:52:15 PM
Add as Friend | Send Message

I am a healthy 70 year old. My adoptive mother got me at six days old. She made formula back in 1952 from Carnation evaporated milk, karo syrup and cod liver oil, thinned with water.. I thrived and never got sick until I was in grade school. I see no reason why women cannot do this whilst supplies are restricted. Also, for women who want to relactate, contact the La Leche League. They can help.

Reply | Mark as Spam | Posted On 5/23/2022 7:38:12 AM

Like Dislike

Horsea
Joined On 5/7/2007 4:05:34 PM
Add as Friend | Send Message

Right you are. I think that the cod liver oil is probably what accounted for your good health for awhile. Anyway, medical organizations and doctors left and right are warning to not make your own formula! SMH...

Mark as Spam | Posted On 5/23/2022 3:01:59 PM

Like Dislike

---

davidle
Joined On 5/7/2011 7:38:57 AM
Add as Friend | Send Message

My wife is a retired nutritionist and said they recommended evaporated milk if formula was not available.

My wife is a retired nutritionist and said they recommended evaporated milk if formula was not available.

Mark as Spam | Posted On 5/24/2022 7:24:19 AM

Like Dislike

winechik
Joined On 1/7/2010 6:04:54 PM
Add as Friend | Send Message

This is going to force women to breastfeed, which, in itself is a good thing, however, if the mothers are vaccinated, the vaccine is shedding into breastmilk,, and into the baby...so what is going to happen to these tiny babies???

Reply | Mark as Spam | Posted On 5/23/2022 12:49:06 PM

Like Dislike

ragus
Joined On 12/25/2008 4:07:38 PM
Add as Friend | Send Message

Jimmy Dore is great! Here's his Rumble channel, maybe use that in stead in the article? rumble.com/.../TheJimmyDoreShow -- rumble.com/.../russellbrand is also doing some fine reporting.

Reply | Mark as Spam | Posted On 5/23/2022 4:28:26 AM

Like Dislike

juststeve
Joined On 1/5/2012 11:13:54 AM
Add as Friend | Send Message

While it is easier to find information in what are generally considered "Right Wing" mainly because there has been more of them, it is important to realize those sources who have identified as Left outside of the Corporate Owned Clinton faction of the Dems. Dore, Brand, & Rogan hysterically are being attacked as Right Wing for, in Dore's like Clapton's personal serious negative experiences from the Jab/s. The Hill makes an effort to include more than the Parasitic Predator$ spoon fed narrative of here are two choices Predator$ like. You choose from their limited menu. What seems to be growing is an awareness there are many floors in our Modern Tower of Babble but when we talk to each other we find out, yes, we have our differences, but - there are many areas where we actually agree.

Not only that but, should we work together for solutions we agree on, many of the issues we disagree on disappear, or new avenues open up where we can find solutions we can agree on, the Predator$ lose Power & Control. The Parasitic Predator$ are pushing a narrative of division, Divide and Conquer, at best trying to create a phony Center between their two owned servants. They are working overtime to prevent us from realizing there is a Real Center, and it isn't the Predator$ or the far Left or Right.

The smaller pool of those who generally vote is about one third GOP, Dems & Independents. The largest pool is those who could vote but don't either from disgust or despair. Predator$ by their actions show they are terrified the Real Center will find its footing and shut down their oversized influence. Local, local, local, local. Get together, we know they don't like it. Use cash, we know they don't like it. Shut down or reduce the digital, we know they don't like it. Support or engage in Permaculture, we know they don't like it. Help your neighbor, we know they don't like it.

Mark as Spam | Posted On 5/23/2022 6:19:40 AM

Like Dislike

wendybolt
Joined On 5/19/2022 8:12:55 PM
Add as Friend | Send Message

I note you leave out milk for babies who are allergic but include whey. I have found personally that my milk allergy include whey and butter. So I would leave out the whey as well. Also, cow's milk contains far too much protein and fat for human babies. Does the dilution account for this?

Reply | Mark as Spam | Posted On 5/23/2022 3:39:49 AM

Like Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

You will own nothing. This is how it is being accomplished in China. Shanghai Still in Lockdown: Indoor disinfection to healthy citizens/Riches lost their security too www.youtube.com/watch Coming soon to a neighborhood near you?

Reply | Mark as Spam | Posted On 5/23/2022 12:53:44 AM

Like Dislike

otis101
Joined On 7/10/2010 6:30:32 PM
Add as Friend | Send Message

Almond, oh me oh my in my long life I never expected to see what is taking place in China via your link. It would be humorous if it wasn't so very seriously sad that we humans are now lower than whale shi-t and that is on the bottom of the ocean. It is amazing that some of that footage of life under lockdown in Shanghai made it out of China. I have heard unsubstantiated rumors recently that the CCP are now located in Central and South America and are orchestrating a lot of the invasion at the U.S. southern border for more things to come. China is demanding gun confiscation in the U.S. and we are seeing an uptick in false flag mass shootings. I probably am sounding paranoid which has some benefits.

Mark as Spam | Posted On 5/23/2022 4:32:45 AM

Like Dislike

jamNjim
Joined On 2/20/2008 11:15:54 PM
Add as Friend | Send Message

It's all part of the great reset. Per Bill Gates and Fauci, China is the "perfect model" for how the rest of the world should operate.

Mark as Spam | Posted On 5/23/2022 6:06:06 AM

Like Dislike

brianallen1
Joined On 8/7/2021 10:12:38 AM
Add as Friend | Send Message

Otis, being awake and aware is not paranoia.

Mark as Spam | Posted On 5/23/2022 7:25:01 AM

Like Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

Otis and all... You are not paranoid if they really are out to get you. Hard to ignore the evidence.

Mark as Spam | Posted On 5/23/2022 11:11:21 AM

Like Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

jamNjim... Who told Gates and Fauci they could play God with our lives? Even redesigning creation?

Mark as Spam | Posted On 5/23/2022 11:32:49 AM

Like Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

Otis and all... There are a few reasons why the US has not yet been invaded. One is 2A. The other is our constitution and bill of rights which are slowly being eviscerated. It would be a massive undertaking to control such a large territory. Do not imagine, though, that China is not using the Ukraine war to their advantage. Let major global powers engage, and lose much, so they are in a weakened position with depleted arsenals. China has already declared they stand ready to make a "humanitarian" gesture and help Ukraine rebuild. That means, rebuilt in the image of the CCP.

The NWO can only be imposed when the old has been destroyed. That is why Russia is also targeting Ukrainian wheat by destroying grain silos and not letting UN boats ship grain to starving 3rd world countries. I hope this will also turn the entire continent of Africa against the Russian attempts at global domination. I just news heard a comment saying Russians even want Portugal--all of Europe. Not just Moldova, Poland and Ukraine. Alienating Finland may be one of their biggest mistakes. that leaves another long border the Russians will need to protect and it will likely be guarded with UN facilities.

Finland has one of the largest and best-trained armies in Europe, a stable economy and no love lost for the Russians. "All churchyard cannons point east because Russia has a better neighbor than Finland has." Still, this war is going global. great risks to all nations, in many ways, whether direct or indirect. Along with the plandemic, it is a double whammy. Now monkey pox. Will this lead to further lockdowns for what appears to be a sexually-transmitted disease? Excuses for denying people food that does not come form labs and manufactured?

Mark as Spam | Posted On 5/23/2022 11:45:17 AM

Like Dislike

rrealrose
Joined On 11/10/2011 8:59:01 AM
Add as Friend | Send Message

Please keep in mind, the longer the Chinese govt fakes the virus and ties up their own citizens, the bigger the impact to the Chinese export supply chain. The CCP does not need to invade, simply break multiple supply chains under this strange twilight zone guise of "disease eradication". Many western European nations and the US are highly dependent on Chinese exports (suspect this may not be true for too much longer!). They do not care about their own citizens, as we already saw in 2020 in Wuhan. With a similar display of outdoor spraying, only massively escalated. Indoors is nutz. They could simply bring in sets of UV lamps, shut the door to each room, and collect these items 15 or 20 minutes later...

Mark as Spam | Posted On 5/23/2022 4:24:33 PM

Like Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

rrealrose and all... I will make some predictions. This tyrannical behavior will spread to other countries. Not only China, but also Russia, now make it very difficult for their citizens to leave. Captives. Enslaved. In the name of "for the good of all", personal property is being destroyed along with food, and liberties denied. What is next you ask? What more can they take away? It will get even worse if there is an attempt to exterminate all the pets as "useless eaters". Some have already been bludgeoned to death and it may be only the beginning.

Australia is having rodent problems. Cats are one of the best forms of rodent control and they must be outdoors to do their work. There are people who will starve. I am blessed. My work is an opportunity. I will be working on gardens for a while, yet. I transplanted a lot of plants that had wandered to places where I do not want them and found volunteer onions, radishes, potato and another pint of oyster mushrooms. So, I got a few veggies... now I need to go catch fish. The land is good and nature is bountiful. I have raspberry canes to share.

Too bad there are always people who try to screw up the great design of nature. If you take care of the land, the land will take care of you. There is always more (outdoor) work to do, but so much variety. Always something to look forward to. Just starting to see newly-dropped fawns and taking a nose count to see how much the hilltop herd had grown. Will watch over the next month. There is one proud mama doe who will routinely parade her offspring back and forth in front of me to show them off--or, perhaps, she just keeps looking for an opening in the garden fence. ;-)

Mark as Spam | Posted On 5/23/2022 5:41:25 PM

Like Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

How to mitigate the monkeypox disaster. I can offer better advice that is more effective than Gates' anticipated vaxine for prevention. Don't "monkey" around.

Reply | Mark as Spam | Posted On 5/23/2022 6:56:23 PM

Like Dislike

Krofter
Joined On 6/2/2015 9:47:59 AM
Add as Friend | Send Message

Thanks to Bill Gates. secularheretic.substack.com/p/will-the-next-plandemic-be-food-born?s=r

Reply | Mark as Spam | Posted On 5/23/2022 10:46:41 AM

Like Dislike

JerryNowacki
Joined On 1/31/2010 9:23:28 AM
Add as Friend | Send Message

Another build back better planned failure. From the genocidal maniacs that created 19 and other forthcoming nefarious creations that go bump in the night. Welcome to the new and impoverished aMERIKA

Reply | Mark as Spam | Posted On 5/23/2022 7:28:12 AM

Like Dislike

Heimdall1
Joined On 9/5/2017 6:30:21 AM
Add as Friend | Send Message

Maybe she's got vaxxed to often and that caused that some brain damage or dyslexia or whatever, that's why she responds to something else? I felt that many people after getting those routers implanted, that they are lacking concentration.

Reply | Mark as Spam | Posted On 5/23/2022 3:36:57 AM

Like Dislike

mercmon
Joined On 11/15/2021 5:11:41 PM
Add as Friend | Send Message

The story missing something. Abbott controls 43%. What about the other 57%. Where is it?

Reply | Mark as Spam | Posted On 5/23/2022 2:02:54 PM

Like Dislike

Arlen1
Joined On 8/1/2020 1:45:38 PM
Add as Friend | Send Message

If you cut out 43% of anything, you are going to run out somewhere. Then you have market share of certain product lines. Many babies on Formula are because of food allergies. Abbott covers most of the extreme diet needs. The other 2 sell mostly the most common formulations that are not tailored to special diet needs.

Mark as Spam | Posted On 5/23/2022 5:35:27 PM

Like Dislike

hov8917
Joined On 3/17/2015 3:13:11 PM
Add as Friend | Send Message

Off subject, but Does anyone on here remember an article that was on Mercola around a month or possibly longer ago that had to do with Niacinamide (B3) powder? The recommended dose was really small at 1/64th tsp three times per day. I ordered the small measuring spoons set that has the drop spoon which equals 1/64th tsp and the Niacinamide powder and have started using it. But, I neglected to write down what this supplement is good for. I remember being impressed and that is why I got the stuff. If someone remembers, please post. Thank You

Reply | Mark as Spam | Posted On 5/23/2022 3:55:01 AM

Like Dislike

montrealep
Joined On 3/1/2012 5:01:57 PM
Add as Friend | Send Message

I think it was to help mitochondria for more energy,

Mark as Spam | Posted On 5/23/2022 8:20:43 AM

Like Dislike

kanajelly
Joined On 5/21/2018 10:29:35 AM
Add as Friend | Send Message

Quote from article "the reasons why Dr. Conlon and I both are convinced that niacinamide is the best NAD+ precursor. The immediate breakdown product of NAD+ is niacinamide and the enzyme NAMPT is the rate limiting enzyme in the salvage pathway to restore niacinamide back to NAD+. As you can see by the pathway below niacinamide is actually first converted to NMN before NAD+. This is likely why researchers like David Sinclair and others promote NMN. However the enzyme NMNAT1-3 that converts NMN to NAD+ is not the rate limiting enzyme.

Recall that NAMPT is what controls how much NAD+ you make. So you flooding your body with NMN is not going to be as useful as using small amounts of niacinamide and activating NAMPT as discussed below. Ideal dosing of niacinamide is from 25 to 50 mg three times a day. It is the rare person that will not respond favorable to this simple intervention for increasing NAD+. www.bulletproof.com/.../nadh Nad supplements are much more expensive but the attached shows many benefits for increasing the nad

Mark as Spam | Posted On 5/23/2022 1:21:08 PM

Like Dislike

BrianDossDMD
Joined On 4/18/2022 7:24:22 AM
Add as Friend | Send Message

This is a blessing and we will have a healthier nation because of it!!! They probably figured out that the high fructose corn sugar and seed oils they added to the baby formula was going to open them up to litigation so it's better to fake a shortage than admit the truth!!! It's no different than the ensure killing our elderly, I predict that will be the next shortage!!!

Reply | Mark as Spam | Posted On 5/23/2022 8:58:02 AM

Like Dislike

mercmon
Joined On 11/15/2021 5:11:41 PM
Add as Friend | Send Message

maybe a shortage of shorts.

Mark as Spam Posted On : 5/23/2022 3:13:01 PM

Jaymartin76
Joined On 12/29/2007 12:55:05 PM
Add as Friend Send Message

I have a question or two. What happened to the formula production coming from the other two manufacturers???? Is all of that baby formula being sent to the Border for illegals? Did our government overreach what the other two manufacturers down also? Why does our government always create problems then, out of the blue, has a solution to be THEIR screw ups? Why does our government always request anti-printing more dollars but the dollars never go to fixing the problem but instead, go to the greedy hands of special interests? My conclusion: Our government officials can't stand the very people who put them in charge. They HATE us all!

Reply Mark as Spam Posted On : 5/23/2022 4:39:47 AM

juststevo
Joined On 1/5/2012 11:13:54 AM
Add as Friend Send Message

Mentioned in some reports is the other two currently cannot reach the production levels needed. Another thing mentioned is some of this particular brand is a specialty item for babies with critical specific needs & cannot tolerate or live on other formulas or even breast milk. Also, some kids are so finicky they reject anything other than what they have grown accustomed too. (Some kids are worse than cats!) This forms all conditioning the public at large to be addicted to the processed junk we are told is safe, healthy & untouched by human hands. It also for those in the know, shows how gut health is severely undermined from the start.

Now add in the accumulated other toxins to come and does anyone have to wonder why autism and other autoimmune dis eases have skyrocketed? Lastly it does not appear to be our gov't. It has been taken over by people who make the JdLn, the infant formula, & so on. Over the last 50, 60 years those institutions meant to police industries, those industries are now in charge of their own policing. As we have seen with Fauci & those like him, they may as well be recognized as having a seat on the executive boards of those they are supposed be protecting us from.

Mark as Spam Posted On : 5/23/2022 5:33:09 AM

jamMjm
Joined On 2/20/2008 11:15:54 PM
Add as Friend Send Message

It's unlikely that they can make up the difference. Abbott makes nearly 50% of all formula. Assuming the other 2 are producing 25% each they would have to double their output. They would both have to increase their output to match Abbott's overnight. The other issue is type of formula (the ingredients). A lot of babies are on formula due to FOOD ALLERGIES. Mead Johnson and Gerber may not make the food allergy specific formulas that Abbott makes. This was the issue recently in Memphis, TN where babies were being hospitalized due to lack of formula that's specific to their food allergies. If they don't already have formulas for those specific food allergies they can't simply start making it on their own. They have to have FDA APPROVAL! It all comes back the the FDA.

Mark as Spam Posted On : 5/23/2022 6:27:58 AM

RealSimpha
Joined On 11/4/2016 1:43:17 AM
Add as Friend Send Message

Before the infant formulas, traditionally Indian infants were fed the water in which rice, lentils, vegetables and fruits were boiled. Later they were fed the purtad form of the cereals, vegetables and fruits. Pediatricians still advise the mothers to do so. Some follow but most go formula 1 2 3 and so on.

Reply Mark as Spam Posted On : 5/23/2022 1:39:17 AM

ChristeMarie
Joined On 5/8/2019 8:55:00 AM
Add as Friend Send Message

Jimmy Dore is such a dumb ass. That's not capitalism; it's oligarchy. A true capitalist finds a way to make a profit by serving his fellow man. Like our esteemed Dr. Mercola does.

Reply Mark as Spam Posted On : 5/23/2022 1:37:20 PM

Joe_Below
Joined On 3/17/2020 11:04:08 PM
Add as Friend Send Message

Has breastfeeding become a thing of the past?

Reply Mark as Spam Posted On : 5/23/2022 1:39:47 AM

Katy69
Joined On 1/7/2013 12:54:02 PM
Add as Friend Send Message

Certainly not. But read the post from Almond to get in touch with reality for new mothers before making judgements about those who choose not to breast feed or can do so for only a limited time. The breast milk isn't a tap that you turn on and off at will. The flow is stimulated by the infant suckling and if the mother is obliged to go out to work all day the breasts can become engorged and uncomfortable. On the other hand the milk will eventually dry up if there is no suckling. In addition, the mother herself requires adequate nutrition and rest to be able to continue breast feeding. Your average new mother on a limited budget won't have a nanny or cook or home help. Formula can be a fast solution to what is really another result of a culture that has lost its way. Overweight old men in suits who make political decisions that affect the most vulnerable are not a trustworthy source for the nation's wellbeing.

Mark as Spam Posted On : 5/23/2022 2:45:41 AM

ola101
Joined On 7/15/2010 6:30:32 PM
Add as Friend Send Message

Katy, overweight old men in suits and overweight old women in pants suits who make political decisions that affect the most vulnerable and the not so vulnerable are not a trustworthy source for the nation's wellbeing.

Mark as Spam Posted On : 5/23/2022 3:57:12 AM

seedsaver37
Joined On 4/28/2020 2:58:31 AM
Add as Friend Send Message

No, it certainly hasn't.

Mark as Spam Posted On : 5/23/2022 4:33:47 AM

Katy69
Joined On 1/7/2013 12:54:02 PM
Add as Friend Send Message

Ola, I forgot to mention that the overweight old men in suits, who make the decisions affecting our lives are often badly and usually very rich.

Mark as Spam Posted On : 5/23/2022 8:59:35 AM

in_the_garden
Joined On 9/4/2007 10:58:19 AM
Add as Friend Send Message

I have the ingredients (mentioned as available at amazon), Dr. Mercola should always give preference to health food store and supplement stores not amazon. We need the support not amazon.

Reply Mark as Spam Posted On : 5/23/2022 8:32:18 AM

filegreen
Joined On 6/23/2021 11:06:05 AM
Add as Friend Send Message

I'm glad to see alternatives listed here. However, there is another issue that Dr. Mercola hasn't addressed and that is the 'hoarding' of baby formula by the administration to give to the 'migrants' who are coming over the southern border. This was reported by a member of Congress who saw the multitudes of pallets of formula available for the babies of these 'migrants'. Another glitch to the breast feeding is the affects that have been reported on the babies of mothers who have been 'vaccinated' with the Covid shots. I'm surprised that Dr. M hasn't mentioned that. That, unfortunately, not only has its effects now, but in the future for women who want to get pregnant, but most likely won't have this choice at all.

Reply Mark as Spam Posted On : 5/23/2022 12:42:33 PM

Arlen1
Joined On 8/1/2020 1:45:38 PM
Add as Friend Send Message

Good points. No mother that's nursing should get jabbed. A TX mother had her child die from her breast milk shortly after she got the Pfizer jab.

Mark as Spam Posted On : 5/23/2022 8:41:34 PM

mrnobb
Joined On 4/15/2011 2:41:14 PM
Add as Friend Send Message

want my Old Opinion? Where a woman get pregnant, she should stay home and care for the baby - period. Baby Formula is a joke...always has been ...if the women is too busy to take care of her baby then she should not made another.....kinda like a dog .....spayed. Sorry...But there are too many people on earth...like ants on an anthill ....8 billion and growing...

Reply Mark as Spam Posted On : 5/23/2022 9:03:58 AM

mrnobb
Joined On 4/15/2011 2:41:14 PM
Add as Friend Send Message

interesting how less than 5% of earths population lives in USA.... that leaves 95% living elsewhere....Humon...

Mark as Spam Posted On : 5/23/2022 10:09:12 AM

geri315
Joined On 12/21/2021 3:52:34 PM
Add as Friend Send Message

Robb, your mother should have been spayed like a dog so she wouldn't have had a miserable POS like you turned out to be.

Mark as Spam Posted On : 5/23/2022 3:45:05 PM

mrnobb
Joined On 4/15/2011 2:41:14 PM
Add as Friend Send Message

Hi Geraldine AKA geri315.....Thank You ; for your quaint statements . I assume your "POS" is Positively Outstanding Service.... Have a Nice Day

Mark as Spam Posted On : 5/23/2022 8:02:15 PM

geri315
Joined On 12/21/2021 3:52:34 PM
Add as Friend Send Message

Wrong on both statements Robb.....I'm sure you know what I meant.

Mark as Spam Posted On : 5/23/2022 8:46:47 PM

DonettaNelson
Joined On 9/17/2017 9:27:02 PM
Add as Friend Send Message

Great Lakes Wellness is not a organic source of beef hydrolysate gelatin. Any suggestions of a replacement?

Reply Mark as Spam Posted On : 5/23/2022 8:46:44 AM

cakesjean
Joined On 6/10/2008 1:03:53 PM
Add as Friend Send Message

Sadly, there is no pdf button to save the article. There is an option to print it, and then one also gets all the comments. But, it is 59 pages ... really lots of paper and ink

Reply Mark as Spam Posted On : 5/23/2022 3:32:20 PM

Arlen1
Joined On 8/1/2020 1:45:38 PM
Add as Friend Send Message

You can print to pdf and save it to a directory without using any paper. I use Microsoft Print To Pdf.

Mark as Spam Posted On : 5/23/2022 6:08:57 PM

cakesjean
Joined On 6/10/2008 1:03:53 PM
Add as Friend Send Message

Thanks Arlen. Will try it. But, I see the pdf button has been added

Mark as Spam Posted On : 5/24/2022 1:59:36 AM

PaulVonkaurich
Joined On 12/31/2015 11:30:49 AM
Add as Friend Send Message

"Grow also points out to parents apparently unaware that millions of parents are uninsured or underinsured, and can't afford to pay for pediatric visits to ask about how to feed their babies." > > Maybe these "mothers" should have considered reality rather than rely on the system to support their neglect. A mother who fails to breastfeed isn't a mother. She's an egg donor. Go ahead and get pissed. It's the truth.

Reply Mark as Spam Posted On : 5/23/2022 8:01:09 AM

Mawps2love
Joined On 3/24/2010 6:08:28 PM
Add as Friend Send Message

I will not respond with vulgarity as I believe we can speak without using those terms. You are so so wrong sir! I posted this comment above, and will share it again here. Hoping you will take the time to read it. New mom's have lots going on and with proper help from family, friends, their pediatricians, etc. some have no knowledge of how to breastfeed. It is not as easy as you think and with outside forces coming at them from every angle they need support and love, not condemnation!

Mark as Spam Posted On : 5/23/2022 8:26:28 AM

brianallen1
Joined On 6/7/2021 10:12:38 AM
Add as Friend Send Message

Paul speaks the truth. I challenge anyone to give me any scenario why mothers and people are unable to be responsible and I will respectfully provide a simple, rational solution.

Mark as Spam Posted On : 5/23/2022 8:33:55 AM

crissy7299
Joined On 3/1/2019 1:22:16 AM
Add as Friend Send Message

Dr Mercola, I have followed you for years and almost always agree with your articles. However, why are you promoting cow's milk??? It would be good/smart ideas of course you can't afford that. ALSOIT! www.fda.org/...mode-deception There are breast milk sharing programs!!! No one is talking about this. ugh!

Reply Mark as Spam Posted On : 5/23/2022 7:25:20 PM

Like | Dislike

myw2616
Joined On 2/15/2021 8:20:40 PM
Add as Friend | Send Message

With all my children I was discouraged from breast feeding. My 1st child they gave me a shot to dry up the milk without my permission to try and stop me from breast feeding, she nursed for 3 years. My 2nd child her.doctor.was hell bent on her not nursing tried to give me formula for a year for free, a promo he got from a formula company, same pediateian. She nursed for 1.5 years. My 3rd child has some health issues the doctor tried to convince me that it was my breast milk making him sick. I fired him from being my childrens pediatrian, he nursed for 3.5 years. All of them lead healthy happy adult lives for the most part.

Mark as Spam | Posted On 5/23/2022 7:51:38 PM

Like | Dislike

---

chuxtuff
Joined On 5/22/2016 12:00:58 PM
Add as Friend | Send Message

Wrong question. I'd rather know WHO is behind this. Like a name please. We can go from there...

Reply | Mark as Spam | Posted On 5/23/2022 9:33:50 AM

Like | Dislike

---

brianallen1
Joined On 8/7/2021 10:12:38 AM
Add as Friend | Send Message

And where would "we" go?

Mark as Spam | Posted On 5/23/2022 3:32:42 PM

Like | Dislike

---

aclark
Joined On 5/13/2010 8:29:05 AM
Add as Friend | Send Message

They are saying that making your own formula is dangerous. I was unable to breast feed and made formula for four children with no adverse effects. I used evaporated milk, dextrimaltose and water, as prescribed by my doctor. All four children are alive and well decades later so I don't understand why they're saying it's dangerous.

Reply | Mark as Spam | Posted On 5/23/2022 10:52:01 AM

Like | Dislike

---

brianallen1
Joined On 8/7/2021 10:12:38 AM
Add as Friend | Send Message

To create fear panic and stress so the people wait for their savior, the gubmint to come to their rescue.

Mark as Spam | Posted On 5/23/2022 3:30:28 PM

Like | Dislike

CeceliaAnn
Joined On 8/30/2010 1:35:07 PM
Add as Friend | Send Message

47 years ago I could not breast feed my oldest son due to health issues. And grocery store baby formula made him sick. My mother in law gave me this recipe: 1 cup carnation canned milk. 2 cups water. 1 tablespoon of Karo Syrup. Boil. Then cool. Guess what? My son is a strong good man now with 2 sons of his own. I feel so sorry for mom's in today's world. I send them all my prayers. Just use good old fashion common sense.

Reply | Mark as Spam | Posted On 5/23/2022 7:58:38 AM

Like | Dislike

CaraCamp
Joined On 1/30/2011 10:20:43 AM
Add as Friend | Send Message

PLEASE STOP PROMOTING AMAZON! They are the enemy!

Reply | Mark as Spam | Posted On 5/23/2022 1:38:23 PM

Like | Dislike

---

kin4145
Joined On 5/30/2021 7:24:23 AM
Add as Friend | Send Message

You forgot to mention that the Trump administration sought to protect domestic producers by imposing quotas and tariffs on Canadian imports in the USMCA trade deal. We lost our supply of formula that we imported from Canada, furthering the monopoly of the small number of corporate giants in the US who produce formula, causing a rise in prices and less choice (and subsequent availability) for consumers. This is an equal opportunity political disaster, not the making of just one party.

Reply | Mark as Spam | Posted On 5/23/2022 6:18:09 AM

Like | Dislike

DawnieR
Joined On 5/19/2021 9:38:50 AM
Add as Friend | Send Message

This is a FAKE (manufactured; PsyOp) 'crisis'. I'm highly confused over this!.....as in, WHY are people so 'freaked out'?? WOMEN have TWO 'baby-formula-making' sources HANGING ON THEIR CHEST!! Your creator PUT THEM THERE FOR ONE REASON.....ONE!.......to FEED YOUR BABIES! USE THEM AS THEY WERE INTENDED TO BE USED! Good GAWD!! And, I DO understand that SOME (very few) women are unable to breast feed (a LEGIT, physical reason). That being said......there are ORGANIC Baby Formula makers, such as Earth's Best......I popped on to their website and there was NO MENTION of any 'shortages' of THEIR (NON TOXIC) baby formula. Which brings me to this.......ANYONE who feeds their babies/toddlers ANY of the 'mainstream' formulas is NOT a parent; but ARE PURE EVIL!!

ALL of the 'mainstream' baby formulas are LITERALLY POISON!!! Then we have the so-called 'reports' that baby formula is 'being delivered to the boarder'. Again, this is BS (FAKE)!! Women from poor countries do NOT USE BABY FORMULA!!!!!!.......THEY BREST FEED!!!! So, IF formula is going to the boarder, it will be wasted (go UNUSED), which is great, because all of that 'mainstream' formula BELONGS IN A TOXIC WASTE DUMP!! STOP POISONING YOUR CHILDREN!!!!! There is NO 'baby formula crisis'.......STOP TALKING ABOUT IT!!!

Reply | Mark as Spam | Posted On 5/23/2022 6:06:32 AM

Like | Dislike

---

cat86887
Joined On 11/9/2017 5:28:11 AM
Add as Friend | Send Message

Great information! Too bad the mainstream media won't mention other makers.

Mark as Spam | Posted On 5/23/2022 6:13:47 AM

Like | Dislike

---

jamNjim
Joined On 2/20/2008 11:15:54 PM
Add as Friend | Send Message

Not everyone can breast feed. Some babies can't tolerate breast milk. For example, Pete Boodygay can't breast feed.

Mark as Spam | Posted On 5/23/2022 6:30:12 AM

Like | Dislike

Xmen44
Joined On 4/26/2016 4:24:04 AM
Add as Friend | Send Message

I do agree that if the woman can produce milk, then she should breast feed. My spouse was unable to produce milk so we substituted with nonGMO certified organic soy(I know the dangers associated now, but not 22 years ago) and some other organic milks and my children are very healthy today and in their early 20's. We used Earth's best as well. Passionate response and real. Thank You.

Mark as Spam | Posted On 5/23/2022 7:00:58 AM

Like | Dislike

---

brianallen1
Joined On 8/7/2021 10:12:38 AM
Add as Friend | Send Message

DawnieR I feel your frustrations. You are correct and people have no one to blame but themselves for being so dependent on govt. and corporations. Mothers CAN breastfeed even if they work full time utilizing a breast pump. People CAN afford organic formula regardless of their income. I live on a very broken, not "fixed" income as it is typically called. I am able to afford 100% unprocessed organic food. How? Priorities! Get rid of the $125 cellphone bill every month and replace it with the $25 plan is just one way. Organic is a LOT more affordable than it used to be, in many cases it can cost just 10-20% more than the crap food. Sometimes it is even cheaper than the poison.

Take into account organic has at least 25% more nutrients and it's a no brainer for people with brains. Do people add water in their gas tank to save money? No, but look at what they put in their body and their children's bodies to try and save a buck! And their bodies operate the same as a vehicle with water in the gasoline. Priorities! 1. Pure water. 2. Healthy food. 3. Proper clothing. Everything else comes after that. No excuses. People whine that they can't afford organic food because food is last on their list of priorities. They treat their food budget as if it were an evil, unnecessary tax. Fools.

Mark as Spam | Posted On 5/23/2022 7:48:15 AM

Like | Dislike

---

brightlight4
Joined On 4/23/2009 8:43:04 AM
Add as Friend | Send Message

I have read that Trump found that formula contains toxins and eliminated it from stocks so that babies would not be given toxic milk. I much prefer breast feeding and don't understand why mothers are so lazy and refuse to give babies natural milk, which boosts health in babies, because it contains a lot of benefits for babies' defence system, etc.

Reply | Mark as Spam | Posted On 5/23/2022 3:23:35 AM

Like | Dislike

---

wendybolt
Joined On 5/19/2022 8:12:55 PM
Add as Friend | Send Message

You can't really judge someone else without knowing all the facts. For instance, I was only able to breastfeed my son for three months because he started growing teeth and bit me! So after the second bit I told him you're all bottle fed now. He turned out pretty well. Also, I did not make enough milk. I found out too late that supplementing with the herb fenugreek will increase breast milk production. A friend of mine tried to breast feed but her first son refused to do it. Don't know why. So she had to turn to formula. There can be many reasons. Each situation is different. But if one can, breastfeeding for as long as the baby want it is the best. Another friend was still breastfeeding her 2 year old daughter last time I saw her. This is actually normal and can continue up until 5 years of age. But our society is pretty messed up, as we all know. So we must do the best we each can.

Mark as Spam | Posted On 5/23/2022 3:46:39 AM

Like | Dislike

MissMandi
Joined On 5/23/2022 4:04:36 AM
Add as Friend | Send Message

The insinuation that people that don't breastfeed through laziness is quite insulting to those mothers that did everything they could to breastfeed and couldn't. I pretty much killed myself trying to breastfeed my baby and I managed through 5 and a half months of pure hell to exclusively breastfeed her. I had 6 bouts debilitating mastitis, low milk supply, painful, bleeding blisters and blocked ducts, as well as excruciating Vasospasms in the nipples that went on for hours after a feeding and literally made me feel like my nipples had turned black and were falling off.

I used to cry whenever i would have to feed her. She was a miserable baby, with colic and reflux, who cried constantly due the first 6 months. I didn't just carry on with doing this either i sought every bit of help that I could get. I saw several lactation consultants, got a tongue tie diagnosed and clipped, tried every feeding position known to man. In the end my milk supply dwindled, my baby was starving and I was in pieces. I managed to keep breastfeeding from the less damaged breast after help from a homeopath, but i was never able to make enough milk to feed her exclusively, despite supplements and a good diet.

So we had to switch to formula for the most part and it hurt. It still hurts that i couldn't give her the best and that i had to resort to crappy formula. But in the end a happy, not starving baby and a mother not screaming with pain for every feeding was a much healthier option. I hope you realise that not every non-breastfeeding mother is lazy. Some of us try all we can, but just can't. It's not as easy as just putting a boob in a baby's face and having milk coming out in enough quantity to satisfy a growing baby.

Mark as Spam | Posted On 5/23/2022 4:22:34 AM

Like | Dislike

Lizschneider53
Joined On 2/4/2021 4:24:14 AM
Add as Friend | Send Message

NOT EVERYONE can breastfeed! Also some choose NOT to for their own PERSONAL reasons! No one's business anyways!! They are not lazy like you say! I couldn't when I had my son as I had to start back on my medicine for my Multiple Sclerosis! I was not planning to fyi! But I'm NOT lazy! YOU just sound ignorant and judgemental!

Mark as Spam | Posted On 5/23/2022 4:25:44 AM

Like | Dislike

---

seedsaver37
Joined On 4/28/2020 2:58:31 AM
Add as Friend | Send Message

Calling mothers lazy is most unfair. Many women would prefer to feed their babies naturally, but can't for various reasons. My DIL had to return to work after six months, but managed to continue bf for another six months using a breast pump. This is not uncommon. Mothers in Australia get 18 weeks paid parental leave to get settled with their baby. www.australianunions.org.au/factsheet/parentalleave/#:~:text=Paid%20Pa.. . Why was goat's milk not mentioned? It is an excellent alternative if you can't feed baby yourself.

Mark as Spam | Posted On 5/23/2022 4:42:02 AM

Like | Dislike

---

nbundoni
Joined On 5/23/2022 7:00:10 AM
Add as Friend | Send Message

And you failed to mention that ALL baby formula contain aluminum. Aluminum is an iron disruptor that will cause iron storage-especially in males. (Professor Chris Exley)

Reply | Mark as Spam | Posted On 5/23/2022 7:02:53 AM

Like | Dislike

Hel5896
Joined On 1/19/2021 7:57:37 AM
Add as Friend | Send Message

The difficulty of obtaining these superior ingredients for homemade infant formula is astronomical. Get real!

Reply | Mark as Spam | Posted On 5/23/2022 6:51:46 AM

Like | Dislike

Catryna
Joined On 7/25/2006 5:48:46 PM
Add as Friend | Send Message

Hel5896 For many, the raw milk may be difficult to obtain, but the rest of the ingredients are not and have been available since before I had my children back in the 70's and 80's.

Mark as Spam | Posted On 5/23/2022 7:28:09 AM

Like | Dislike

---

nothingsound
Joined On 8/12/2018 9:47:47 AM
Add as Friend | Send Message

There are places that sell raw milk. Just look for them as they may be labeled for animal food only. I have drank raw milk for years and have never regretted the change to. But of course the label on the jug is; For animal consumption only. And do some research if you need to makeor someone you know doesonce you have the ingredients, it shouldn't be difficult except may be making the whey.

Mark as Spam | Posted On 5/23/2022 7:38:04 AM

Like | Dislike

Catryna
Joined On 7/25/2006 5:48:46 PM
Add as Friend | Send Message

nothingsound I, too, have drunk raw milk for the past 50+ years and raised my 4 children on it. Thankfully, for me, I have a friend who lives only a mile from me who raises goats and always has a supply.

Mark as Spam | Posted On 5/23/2022 7:42:15 AM

Like | Dislike

---

brianallen1
Joined On 8/7/2021 10:12:38 AM
Add as Friend | Send Message

Hel, not difficult but mostly inconvenient. Anything worthwhile takes effort and sacrifice.

Mark as Spam | Posted On 5/23/2022 7:54:17 AM

Like | Dislike

Post your comment

Next Article ›

Join the World's #1 Natural Health Newsletter for FREE!
Latest Trustworthy News from Dr. Mercola — delivered straight to your inbox!

Enter your email address

Subscribe Now!

Mercola proudly supports these charities and organizations. View All

Disclaimer: The entire contents of this website are based upon the opinions of Dr. Mercola, unless otherwise noted. Individual articles are based upon the opinions of the respective author, who retains copyright as marked. The information on this website is not intended to replace a one-on-one relationship with a qualified health care professional and is not intended as medical advice. It is intended as a sharing of knowledge and information from the research and experience of Dr. Mercola and his community. Dr. Mercola encourages you to make your own health care decisions based upon your research and in partnership with a qualified health care professional. If you are pregnant, nursing, taking medication, or have a medical condition, consult your health care professional before using products based on this content.

If you want to use an article on your site please click here. This content may be copied in full, with copyright, contact, creation and information intact, without specific permission, when used only in a not-for-profit format. If any other use is desired, permission in writing from Dr. Mercola is required.

Terms & Conditions • Updated Privacy Policy
© 1997-2022 Dr. Joseph Mercola. All Rights Reserved.

TrustedSite CERTIFIED SECURE

TRUSTe Certified Privacy Powered by TrustArc