How Masks Make You Sick Instead of Protecting You

Analysis by Dr. Joseph Mercola ✓ Fact Checked

July 13, 2022
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STORY AT-A-GLANCE

- Using CDC data, no significant differences were found in COVID-19 case growth between states with or without mask mandates, during periods of low or high transmission
- The widespread use of masks did not reduce COVID-19 transmission in Europe, and a moderate positive correlation was found between mask usage and deaths in Western Europe
- An update to a CDC study on school mask mandates, using nearly six times more data, found no significant relationship between mask mandates in U.S. schools and COVID-19 case rates
- In Kansas, counties with a mask mandate had significantly higher COVID-19 case fatality rates than counties without a mask mandate
- One way masks cause harm may be the "Foegen effect" — the idea that deep re-inhalation of droplets and virions caught on facemasks might make COVID-19 infection more likely or more severe

During the COVID-19 pandemic, 80% of U.S. states mandated masks to slow the spread of SARS-CoV-2. But accumulating research shows mask mandates and use do not lower the spread of the virus.[1] While rules requiring masks did increase compliance, they didn't translate to lower transmission growth rates, whether community spread of SARS-CoV-2 was low or high.

Even before COVID-19 was declared a pandemic, mask mandates were put in place without ever properly evaluating efficacy, but that didn't stop them from dividing communities and being used as a form of virtue signaling and a visible reminder of compliance with the "new normal."

Now, with research showing not only that masks don't protect you but may actually make you sick, the rationale behind their widespread mandated usage must be questioned.

Mask Mandates Didn't Lower COVID-19 Cases

Using CDC data, researchers with the University of Louisville calculated total COVID-19 case growth and mask use for the U.S. No significant differences were found in case growth between mandate and non-mandate states during periods of low or high transmission.

"Surges were equivocal," they noted, concluding, "Mask mandates and use are not associated with slower state-level COVID-19 spread during COVID-19 growth surges." While stating that their findings "do not support the hypothesis that SARS-CoV-2 transmission rates decrease with greater public mask use," they did note that "masks may promote social cohesion as rallying symbols during a pandemic."[2]

Similarly dismal results from mask mandates were demonstrated in Europe. A study published in Cureus analyzed data from 35 European countries, including morbidity, mortality and mask usage, over a six-month period. The researchers noted:[3]

> *"Mask mandates were implemented in almost all world countries and in most places where masks were not obligatory, that use in public spaces was recommended … These mandates and recommendations took place despite the fact that most randomized controlled trials carried out before and during the COVID-19 pandemic concluded that the role of masks in preventing respiratory viral transmission was small, null, or inconclusive."*

When the data were analyzed, the study also revealed that the widespread use of masks did not reduce COVID-19 transmission. Worse, a moderate positive correlation was found between mask usage and deaths in Western Europe, which "suggests that the universal use of masks may have had harmful unintended consequences."[4]

Mask Mandates in Schools Didn't Reduce COVID-19 Cases

As part of the government sponsored propaganda campaign, a widely cited CDC study, published in October 2021, reported that countries without school mask mandates had larger increases in COVID-19 case rates in children after the start of school compared with countries that had school mask mandates.[5]

The study was used to support school mask mandates, but a team of researchers revisited the research, incorporating a larger sample size and longer study period. The updated study,[6] published in May 2022, used nearly six times more data compared to the original study and found no significant relationship between mask mandates in U.S. schools and COVID-19 case rates. According to the researchers:[7]

> *"We failed to establish a relationship between school masking and pediatric cases using the same methods but a larger, more nationally diverse population over a longer interval. Our study demonstrates that observational studies of interventions with small to moderate effect sizes are prone to bias caused by selection and omitted variables. Randomized studies can more reliably inform public health policy."*

On Twitter, surgeon and public policy researcher Dr. Marty Makary pointed out that the CDC's original study appeared to include cherry-picked data and the agency refused to publish an update using the more extensive data:[8]

> *"This study demonstrates how the CDC was cherry-picking data to support their school mask dogma. The article states that CDC's MMWR journal rejected publishing this re-analysis. Most likely because it exposed the CDC's salami-slicing of data & use of science as political propaganda."*

It should be noted that a previous CDC study found mask requirements for students had little effect on COVID-19 incidence in Georgia schools, while improved ventilation, such as opening a window, reduced cases more than mask mandates for staff and teachers.[9]

The Foegen Effect: Mask Mandates Increased COVID-19 Deaths

A profoundly important study was conducted by German physician Dr. Zacharias Fögen to find out whether mandatory mask use influenced the COVID-19 case fatality rate in Kansas from August 1, 2020, to October 15, 2020.[10] He chose the state of Kansas because, while it issued a mask mandate, counties were allowed to either opt in or out of it.

His analysis revealed that counties with a mask mandate had significantly higher case fatality rates than counties without a mask mandate. "These findings suggest that mask use might pose a yet unknown threat to the user instead of protecting them, making mask mandates a debatable epidemiologic intervention," he concluded.

That threat, he explained, may be something called the "Foegen effect" — the idea that deep re-inhalation of droplets and virions caught on facemasks might make COVID-19 infection more likely or more severe.

"The fundamentals of this effect are easily demonstrated when wearing a facemask and glasses at the same time by pulling the upper edge of the mask over the lower edge of the glasses. Droplets appear on the mask when breathing out and disappear when breathing in.

> *"In the 'Foegen effect,' the virions spread (because of their smaller size) deeper into the respiratory tract. They bypass the bronchi and are inhaled deep into the alveoli, where they can cause pneumonia instead of bronchitis, which would be typical of a virus infection.*
>
> *Furthermore, these virions bypass the multilayer squamous epithelial wall that they cannot pass into in vitro and most likely cannot pass into in vivo. Therefore, the only probable way for the virions to enter the blood vessels is through the alveoli."*[11]

Wearing Masks Could Be Related to Long COVID

Fögen explained that wearing masks could end up increasing your overall viral load because, instead of exhaling virions from your respiratory tract and rubbing your body of them, those virions are caught in the mask and returned. This might also have the effect of increasing the number of virions that pass through the mask, such that it becomes more than the number that would have been shed without a mask.

The fact that "hypercondensed droplets and pure virions in the mask might be blown outwards during expiration, resulting in aerosol transmission instead of droplet transmission" is another issue that could make transmission worse instead of better, and the use of "more protective" masks could also backfire, making COVID-19's long-term effects worse. Fögen explained:[12]

> *"The use of 'better' masks (e.g., FFP2, FFP3) with a higher droplet-filtering capacity probably should cause an even stronger 'Foegen effect' because the number of virions that are potentially re-inhaled increases in the same way that outward shedding is reduced.*
>
> *Another salient point is that COVID-19-related long-term effects and multisystem inflammatory syndrome in children may all be a direct cause of the 'Foegen effect.' Virus entry into the alveoli and blood without being restricted to the upper respiratory tract and bronchi and can cause damage by initiating an (auto) immune reaction in most organs."*

Clear Risks of Prolonged Mask Use

Two expert reports spoke out against the use of masks for children in 2021. The first, a psychology report,[13] stated that masks are likely to be causing psychological harm to children and interfering with development.[14] "The extent of psychological harm to young people is unknown," the report stated, "due to the unique nature of the social experiment" currently underway in schools, and in wider society.[15]

The second report focused on health, safety and well-being,[16] noting potential permanent physical damage to the lungs caused by fibrosis from inhalation of fibrous nanoparticles.

"There are real and significant dangers of respiratory infection, oral health deterioration and of lung injury, such as pneumothorax, owing to moisture buildup and also exposure to potentially harmful levels of an asphyxiant gas (carbon dioxide [CO2]) which can cause serious injury to health," the authors explained.[17]

Normally, the CO2 then dissipates into the air around you before you take the next breath. In the open air, carbon dioxide typically exists at about 400 parts per million (ppm), or 0.04% by volume.

The German Federal Environmental Office set a limit of CO2 for closed rooms of 2,000 ppm, or 0.2% by volume. If you're wearing a facemask, the CO2 cannot escape as it usually does and instead becomes trapped in the mask. In a study published in JAMA Pediatrics, researchers analyzed the CO2 content of inhaled air among children wearing two types of masks, as well as wearing no mask.[18]

While no significant difference in CO2 was found between the two types of masks, there was a significant elevation when wearing masks compared to not wearing them. CO2 is inhaled air under surgical and filtering facepiece masks came in between 13,120 ppm and 13,910 ppm, "which is higher than what is already deemed unacceptable by the German Federal Environmental Office by a factor of 6," the researchers noted.[19]

Also important, this level was reached after only three minutes, while children wear masks at school for a mean of 270 minutes at a time. Even the child who had the lowest measured CO2 level had a measurement three-fold greater than the closed room CO2 limit of 0.2%. However, younger children appeared to have the highest CO2 values; a level of 25,000 ppm was measured from a 7-year-old wearing a facemask.[20]

Bacterial Infection Risk, Problems With Social Learning

The full consequences of prolonged mask use are only beginning to be understood. The University of Louisville researchers noted, however, that using a mask for more than four hours per day "promotes facial alkalinization and inadvertently encourages dehydration, which in turn can enhance barrier breakdown and bacterial infection risk."[21] Other reported adverse effects include:[22]

Increase in headaches and sweating
Decreased cognitive precision
Association with medical errors
Interference with social learning in children
Obscured nonverbal communication
Distorted verbal speech
Removal of visual cues, which is detrimental to people with hearing loss

After a lawsuit was brought by Leslie Manookian's Health Freedom Defense Fund (HFDF), U.S. District Judge Kathryn Kimball Mizelle finally ruled the CDC's U.S. mask mandate on airplanes and public transit in April 2022.[23] The U.S. Department of Justice (DoJ) has appealed the court order,[24] however, making it clear that they don't intend to give up on mask mandates without a fight. In response, HFDF issued the following statement:[25]

> *"DoJ's statement that it would appeal is perplexing to say the least and sounds like it comes from health policy advocates not government lawyers. The ruling by the US District Court ruling is a matter of law, not CDC preference or an assessment of current health conditions.*
>
> *If there is in fact a public health emergency with clear and irrefutable science supporting CDC's mask mandate, does it not warrant urgent action? Why would DoJ and CDC not immediately appeal?*
>
> *HFDF is left with no option but to conclude that the Mask Mandate is really a political matter and not at all about urgent public health issues or the demands of sound science. While DoJ and CDC play politics with Americans' health and freedoms, HFDF trusts individual Americans to make their own health decisions.*
>
> *HFDF is confident that Americans possess ample common sense and education to understand that there are real questions about mask efficacy and risk and that CDC's policy reflects neither."*

You can support the Health Freedom Defense Fund and push back against the DoJ and CDC by taking to social media. Please follow and/or like the HFDF on the following platforms, share their content, and invite your followers to do the same:

- Instagram: @healthfreedomdefensefund
- Twitter: @theHFDF
- Facebook: @healthfreedomdefensefund
- Telegram: @HealthFreedomDefense
- Meitte: Health Freedom Defense Fund

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Cabochon
Joined On 10/13/2018 12:45:46 PM
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It must have been all that fluoride combined with TV brainwashing, computer gaming, low nutrient diet and molecular mimicry by environmental toxins that has pushed human brain power into oblivion. Nothing else can explain this behavior to bother a sheep. After years of lies and misinformation, uncommon sense should have dressed once and for all that (1) we did not come out of out of the woods wearing masks, therefore the human body does not require them to be healthy (2) mandates by controlled governments are not designed to improve health

(3) infections of doubtful origin that do not undermine the health of the majority can be ignored and the vulnerable protected with natural medicine (4) injecting untested, harmful substances into the human body under threat of reprisals is a crime (5) criminal governments and their controllers have declared war against humanity by creating has destroying the food and fuel supply, meddling with nature and the solar system (6) in wartime, we must build our defenses by non compliance with the enemy together with strategies to ensure our survival. There is not much more to be said.

Reply · Mark as Spam · Posted On: 7/13/2022 3:05:29 AM
Like · Dislike

JoeLevere
Joined On 1/5/2012 11:13:54 AM
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Not much more than to say yes, you're spot on.

Mark as Spam · Posted On: 7/13/2022 5:11:40 AM
Like · Dislike

Jimoaney
Joined On 2/11/2021 1:36:52 AM
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You hit the nail on the head b. time! Well said!

Mark as Spam · Posted On: 7/13/2022 6:34:40 AM
Like · Dislike

NewlandsWanderer
Joined On 6/11/2015 6:09:28 AM
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Well said Cabochon. Main Stream Media is the Dummy. The shadowy NWO is the Ventriloquist. They are creating a concentration camp of the mind. The insane mask mandate is yet another piece in the diabolical jigsaw called Tyranny. Add it to this list: twitter.com/...?t Anyone interested in seeing some great research on masks - check out Ian Miller on twitter (@iansMD) - He has written a book called "UNMASKED" - The Global Failure of Covid Mask Mandates".

Mark as Spam · Posted On: 7/13/2022 7:03:56 AM
Like · Dislike

fromseasoshiningsea
Joined On 3/7/2021 2:40:06 PM
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Like · Dislike

There is not an animal on God's green earth, that would tolerate a face mask. That includes sheep. They would rip them off immediately. Even a sheep knows that a face mask is not compatible with life.

Mark as Spam | Posted On: 7/12/2022 8:14:16 AM

Like | Dislike

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spi-cure
Joined On 5/13/2012 7:02:04 PM
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Catechism, thank you for this fine, lucid and succinct summary.

Mark as Spam | Posted On: 7/12/2022 9:18:45 AM

Like | Dislike

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bootstube
Joined On 9/15/2020 6:39:50 AM
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@Catechism: An "education" system that rewards memorization/regurgitation over critical thinking is partly to blame. People will not or can not think for themselves.

Mark as Spam | Posted On: 7/12/2022 9:36:36 AM

Like | Dislike

Randyfast
Joined On 5/6/2010 8:42:40 PM
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Another post of mine deleted; that had the URL to the Zach Bush video!

Mark as Spam | Posted On: 7/12/2022 9:58:21 AM

Like | Dislike

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rrealrose
Joined On 11/10/2011 8:59:01 AM
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NewlandsWanderer - you did it again! - - - Scroll down below your tweet and you will find this:
twitter.com/ - /status/1 - /1546610811461267042 James Melville @JamesMelville 17h Two opening icons. Two different eras. But there is one huge similarity between Muhammad Ali and Novak Djokovic. They stuck to their principles even when the world was trying to shut them down. They have both transcended sport with their bravery when under fire.

Catechism, my take is most current personal technology forces focus onto an (often little) blue screen that requires repetitive motion over the course of the day. Working within someone else's programming leads to mind-numbing processing, mesmerizing, while social media keeps people coming back for more, including the newest Not one source is believable. Telling sweet little Lies.

Mark as Spam | Posted On: 7/12/2022 10:02:18 AM

Like | Dislike

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bar1272
Joined On 3/6/2019 11:00:25 PM
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It seems those who unleashed this Covid bioweapon knew all along that mask wearing would enhance the bioweapon.

Mark as Spam | Posted On: 7/12/2022 10:19:47 AM

Like | Dislike

Lee1959
Joined On 6/13/2021 8:36:46 AM
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bootstube, I agree that a vast majority of people now lack critical thinking skills, but I would not lambaste memorization either. I certainly would want a surgeon to have memorized where all the bones in the body are before putting me under the knife. It sounds stupidly romantic, but I have memorized many poems that give me comfort in times of duress and stress.

Mark as Spam | Posted On: 7/12/2022 10:26:06 AM

Like | Dislike

Martix
Joined On 10/19/2007 4:48:18 AM
Add as Friend | Send Message

"Almost everyone today is brain-damaged by our Education System, which is designed to produce docile "automatons." ~Timothy Leary (1920-1995)

Mark as Spam | Posted On: 7/12/2022 12:17:12 PM

Like | Dislike

Catechon
Joined On 10/7/2018 12:45:49 PM
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"Appeal to the gut - not the brain", mirandola, - exactly. You cannot hope to influence the altered brain with logic. Everyone's comments today reinforce my own "gut reaction" to today's article - that we have been over it and over it and the bottom line is we are at war and must now take sides and defend ourselves. There is nothing to be gained by trying to convince our enemies they are in the wrong. They are already well aware of that but consciously choose the narrative that supports their agenda. "The great tragedy of science the slaying of a lovely hypothesis by an ugly fact" How do you disprove Christianity, Islam or Buddhism or that polar bears are disappearing?

Now that science has morphed into religion, there is little point in trying. The resemblance to religious ritual and repetition is uncanny. Belief is the pillar that supports an agenda unrelated to the health of the planet and its people but to more mundane objectives such as power, money, greed, hatred and an invincible belief in one's own superiority the inferiority of the masses and a novel way of keeping them under control. The one lie that can be proven to be a lie - that for example global temperature as dictated by the sun stress so called "green houses gases", not the other way round, and that CO2 is not a greenhouse gas depends on an enabling public in matters of geo- and astrophysics.

I have no idea whether it is or not, but I know one point stands out the lies about infections and "vaccines" etc, you cannot in all honesty accept lies about the planet - because you already know the endgame. Critical thinking is indeed risky behaviour, book tube, but they doesn't attack an icon such as Djokovic. TV and social media are just circuses to entertain the masses, meatrose. You don't argue with psychopaths and tyrants. You try to set an example of how to live an honest life while you still can.
www.technocracy.news/tim-ball-the-evidence-proves-that-co2-is-not-a-gr-

Mark as Spam | Posted On: 7/12/2022 4:56:30 PM

Like | Dislike

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mirandola
Joined On 6/17/2014 7:00:58 AM
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Catechon thank you for your frank and gut level response, appreciated! To clarify, what I meant was appealing to the sleeping cross sectors of common people, not to those who are acting as instruments of this whole saga. I would love to see this awakening happening in the school parent teacher association boards, where outreach and political clout are keys to mass influence. Thank you Catechon and to all here.

Mark as Spam | Posted On: 7/12/2022 5:33:28 PM

Like | Dislike

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bedboy2
Joined On 11/15/2010 5:08:52 AM
Add as Friend | Send Message

We humans were not designed to breath our own exhaust waste air, carbon dioxide, which is what was happening while wearing a mask. Wearing mask must have been very hard on people with breathing problems, such as COPD.

Mark as Spam | Posted On: 7/12/2022 10:54:02 PM

Like | Dislike

Dr. Steven
Joined On 6/10/2013 1:04:02 PM
Add as Friend | Send Message

This article ought to be required reading for every school board, college administration, or governmental entity (especially in "blue states") seeking to reimpose these ridiculous mask mandates. Masks are yet another sign of Mass Formation Psychosis, the real "infection" on humanity caused by this so-called "pandemic." Combined with unsafe and ineffective vaccines, mandated in violation of foundational medical ethical principles, "masking" is yet another globalist tool to subdue and control- and ultimately reduce- the population. All the college where I teach- and continue to undergo weekly "testing" even in summer, as required by my "exemption" to our vaccine mandate- lie and behold, many colleagues who received the vax plus one or two "boosters" and continue to insist on wearing masks (despite the mask mandates being lifted), have come down with Covid infections.

Yet, they hold to the vaccine mandate and will not respond to my frequent presentations of data and articles pointing to the folly of mandates, vaccines, and masks. This is symptomatic of the Mass Formation Psychosis we need to overcome before "round two" (which we know is coming).

Reply | Mark as Spam | Posted On: 7/13/2022 2:07:12 AM

Like | Dislike

Lizschneider53
Joined On 2/4/2021 4:24:14 AM
Add as Friend | Send Message

I'm sorry to hear you have to go through this! I suppose money talks is why the 'mandate' sticks too?...

Mark as Spam | Posted On: 7/12/2022 2:39:35 AM

Like | Dislike

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lee70578
Joined On 1/24/2014 4:03:10 PM
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In particular, before anything else, I'd want to know if they are still using flawed testing methodology.

Mark as Spam | Posted On: 7/12/2022 3:55:57 AM

Like | Dislike

Justsave
Joined On 1/5/2012 11:13:54 AM
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Agreed! Nothing but virtue signaling & a nice visual for all the tech snoops to see who bowed down and kissed the ring with few or no questions. Also, COPD, prolonged restricted breathing can eventually lead to an enlarged heart and tissue problems.

Mark as Spam | Posted On: 7/12/2022 5:09:53 AM

Like | Dislike

Randyfast
Joined On 5/6/2010 8:42:40 PM
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Mask wearers are ubiquitous! I see them everywhere I go - even on the beach! It makes my blood boil to know that a good portion of society is so utterly clueless! The oligarchs are all sitting in their luxury palaces (with no mask - or nanobot shot), laughing their asses off!

Mark as Spam | Posted On: 7/12/2022 7:38:41 AM

Like | Dislike

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bootstube
Joined On 9/15/2020 6:39:50 AM
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@Dr.Steven: What the diversts will tell you after their Covid infection is the now old line, "it would have been a lot worse if I hadn't had the shots." - With absolutely no proof of that statement because its studies were done to confirm this. Eliminating all control groups eliminates the possibility of doing studies to show that the injections cause harm and do nothing to stop infection or reduce severity. They repeat that line as if it's gospel when it's just another catch-phrase drilled into their mushy malleable minds by mainstream.

Mark as Spam | Posted On: 7/12/2022 9:41:26 AM

Like | Dislike

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mirandola
Joined On 6/17/2014 7:00:58 AM
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for Dr Steven thank you for your many attempts to convince various sources of the ineffectiveness of masks, mandates et al. Many may be afraid of lawsuits if they don't stoop. I don't know how to break through that one, but will repeat here what I posted on Catechon's thread, that to appeal visually instead of verbally, and to appeal to the gut instead of the brain, is key to breaking denial. Show people this www.youtube.com/watch and this www.bitchute.com/ - /MKJ4Mjqw4Tk emotions will pack a punch in the gut, and that is how people respond, isn't it clear from the get-go that the powers that be appealed to the masses by just that same means? If we do the same, in ethical instead of unethical ways, then we can have success. I hope many people will show this article and those two youtubes above, to school Parent Teacher Associations, to college boards ....God bless you. You are wonderful Dr Steven.

Mark as Spam | Posted On: 7/12/2022 12:38:18 PM

Like | Dislike

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brianallen1
Joined On 8/7/2021 10:12:38 AM
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Image of person driving alone with mask on. Rod Serling off to the side: "Imagine an animal so stupid it restricts it's oxygen"... you've entered the Twilight Zone.

Reply | Mark as Spam | Posted On: 7/12/2022 7:14:35 AM

Like | Dislike

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davidlo
Joined On 5/7/2011 7:38:07 AM
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I even saw a person riding a motorcycle wearing a mask. The deep Twilight Zone.

Mark as Spam | Posted On: 7/12/2022 8:06:27 AM

Like | Dislike

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concerned0
Joined On 1/13/2011 2:18:36 PM
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doing fine wearing a mask...no vaccine...some teeth missing...don't want to have spittles go on peeps...brief periods in stores...that's it...peeps don't cover their mouths...know two peeps who didn't get sick ...now have covid...so maybe a symbol, but not a big thingy...TS...mask is a symbol of care...some good to them...some evil.....wrong emphasis ...dawning them....maybe if have I here on all day no good...but for brief periods fine...I keep mine on in car...because handling it more dangerous...keep under chin.....no embarrassment...pes masks are not fully natural, but neither are enclosures we are in...nor are.....nor cars...yes the twilight zone here...you in re it too.....I'm not stupid.....bookmisnier fuller wrote complementary letter on book I wrote a while ago....

Mark as Spam | Posted On: 7/12/2022 8:06:36 AM

Like | Dislike

Concerned0, feel free to spittle on me. I'd consider it a minor inconvenience in exchange to enable you to breathe normally.

Mark as Spam | Posted On: 7/12/2022 8:29:42 AM

Like | Dislike

Lee1959
Joined On 6/13/2021 8:36:46 AM
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Brilliant! Love the Rod Serling comparison. "Twilight Zone" is one of the greatest series of all times, that and the original "Star Trek." Laugh if you must!!!

Mark as Spam | Posted On: 7/12/2022 10:24:20 AM

Like | Dislike

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bar1272
Joined On 3/6/2019 11:00:25 PM
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Unfortunately concerned0, your masking wearing as a perceived "symbol of care" only has the effect of empowering the government to continue their control of the people, and I beg you to not wear masks on my behalf. It is totally unnecessary. No, you are not "stupid", just propagandized 24/7 with fear. I am 77, have a few co-morbidities, have not lived in a hermetically sealed bubble for the last two years, unvaxed, unmasked and Covid free. Am I some kind of abnormality or miracle? Highly doubtful. Take care.

Mark as Spam Posted On : 7/12/2022 10:38:13 AM

Like Dislike

brianallen1
Joined On 6/17/2021 10:12:38 AM
Add as Friend Send Message

har1272 a thousand likes for your valuable comment.

Mark as Spam Posted On : 7/12/2022 12:38:12 PM

Like Dislike

miranda
Joined On 6/17/2014 7:00:58 AM
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DON'T BREATHE! The government has said so!

Mark as Spam Posted On : 7/12/2022 1:14:24 PM

Like Dislike

tallulah3
Joined On 6/17/2021 9:26:59 AM
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Lol, gotta love the Twilight Zone

Mark as Spam Posted On : 7/12/2022 2:41:56 PM

Like Dislike

miranda
Joined On 6/17/2014 7:00:58 AM
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Brian, Concerned1 et al, I have a friend who hung out day in and day out with family members for a vacation period, wearing masks 24/7 for two weeks. She ended up violently ill with COVID and had it longterm! No wonder! Whenever she did breathing in one's own CO2 and garbage caught by the mask, ever protect the wearer from COVID ? If the wearer gets sick exactly because of the mask, wont they then infect others? If started by wearing the mask which traps crap, spittle, phlegm, bacteria, up!!!!!! Not so very smart , at all PS and if one can breathe through it, then the aerosols are going right through it, which means the tiny diamond virus is also going through 24/7 Stupidly seems to know no bottom to its own "wisdom" and "Smarts" and ...drumroll , "protective measures" hahahaha!!! What a joke, so funny except that I forgot to laugh, because it really is NOT funny ! Disgusting.

Mark as Spam Posted On : 7/12/2022 5:38:27 PM

Like Dislike

ross81171
Joined On 5/29/2014 1:02:00 PM
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I have calculated CO2 (retested several times in blood work) which my physician feels is due to wearing a mask

Reply Mark as Spam Posted On : 7/12/2022 1:27:57 PM

Like Dislike

RedRavenSounds
Joined On 6/9/2021 12:25:52 PM
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I made a couple of posts here re:Hypercapnia. I SCUBA dive and as a diver, am very aware of pulmonary issues and hypercapnia (Excess CO2) and masks are related. Essentially to put it in SCUBA terms, you are re-breathing at least a proportion of your own breathing gas! I hope you are eventually able to purge the high levels from your system. God Bless.

Mark as Spam Posted On : 7/12/2022 4:17:44 PM

Like Dislike

TexasRed77
Joined On 3/1/2021 7:51:50 AM
Add as Friend Send Message

I honestly don't understand the disconnect for some people. In a Facebook group for Long Covid sufferers, a woman asked if she should better continuing to wear her mask since she's noticed that the physical pain in her area have largely given up the practice. The well-meaning respondents said insane things in response – like "definitely keep wearing a mask for protection. I've been vaccinated, double boosted, and I've never gone anywhere without wearing a mask, and I've still gotten covid 3 times. So it's definitely important to keep masking up" Mind boggling.

Reply Mark as Spam Posted On : 7/13/2022 6:15:29 AM

Like Dislike

weakerwere
Joined On 11/13/2009 2:05:29 PM
Add as Friend Send Message

TRES: your post is spot on correct. Heard this same moronic string of makes no sense words time and time again. Government schools teach men and women can become women and men, settled science, get in line and wait your turn. Breathing and eating meat causes global warming or climate change, settled science, get in line and wait your turn. There was only two compromised elections in americal history, bush vs. gore and trump vs. clinton, settled fact, get in line and wait your turn. One would have to drink a pint of round up every day for 27 years before any adverse effects become evident in your body, settled science, get in line and wait your turn... Still I cannot figure anyone failure to see what is going on. Too stupid for me. I just want to run away but there's no where to run.

Mark as Spam Posted On : 7/13/2022 6:40:05 AM

Like Dislike

Randyfast
Joined On 5/6/2018 8:42:42 PM
Add as Friend Send Message

Weather, I liked the video with the Monstrous Mouthpiece, who sat there with a glass of soundup, claiming to the interviewer that he could drink the whole thing, with no ill effects. The interviewer said: "So, drink it". The guy replied: "I'm not STUPID, you know".

Mark as Spam Posted On : 7/13/2022 8:11:36 AM

Like Dislike

har1272
Joined On 3/6/2019 11:00:25 PM
Add as Friend Send Message

The one discovement "fact" being believed that I don't understand is the government's claim of the vax saving 20 million lives. How do you prove a negative and why do people not see the idiocracy of making this kind of statement? With so many unvaxxed people still alive, how does one prove they would have died without the vax?

Mark as Spam Posted On : 7/13/2022 11:07:39 AM

Like Dislike

RichJedi
Joined On 6/11/2006 1:23:38 PM
Add as Friend Send Message

This is yet more proof of the incredible stupidity, lack of logic, common Sense, basic understanding of physics, science or biology that the general public has. Even if you have none of these things does it really take much education or a high IQ to understand but if you've been reading all the time and you still get Kobe Brew times that the mask is doing absolutely zero for you?! The incredible lack of any level of even childlike deductive reasoning or empirical observational skills is truly stunning. This is exactly what the globalists have wanted and been working on since they've been deliberately dumbing down the educational system since the late 1980s!

Mark as Spam Posted On : 7/13/2022 3:44:25 PM

Like Dislike

miranda
Joined On 6/17/2014 7:00:58 AM
Add as Friend Send Message

THis reminds me of a comment from a love hall meeting, in which the city officials said 'It's the newest technology. The houses sink with the land'. My friend who attended, had to laugh! She and another friend got together ,throwing pictures of houses on the back of rubber duckies,just ammicmmmming away and trying not to sink under the weight! It sounds pretty similar, in parallel, to such innovations as "I am vaxxed and boosted, I just must wear my mask, stay away from me you threatening non-vaxxed, and I am so sick that I know the ladyl!" really? Stupidity knows no bottom, and neither does denial.

Mark as Spam Posted On : 7/13/2022 5:43:05 PM

Like Dislike

nateandtony
Joined On 10/28/2020 5:07:57 AM
Add as Friend Send Message

Next time you visit a doctor's or dentist's office that requires you to wear a mask, just leave. Bet yet, RUN!

Reply Mark as Spam Posted On : 7/13/2022 5:55:10 AM

Like Dislike

Randyfast
Joined On 5/6/2018 8:42:42 PM
Add as Friend Send Message

There is no 'next time'. I won't go anywhere near them - no matter what!

Mark as Spam Posted On : 7/13/2022 7:31:58 AM

Like Dislike

brianallen1
Joined On 6/17/2021 10:12:38 AM
Add as Friend Send Message

Only doctor I have seen in this century is a chiropractor. Last person I will ever resort to is an M.D. I want to remain healthy. Doctors can only harm you.

Mark as Spam Posted On : 7/13/2022 8:35:06 AM

Like Dislike

SmilerZ3
Joined On 1/5/2011 10:13:34 PM
Add as Friend Send Message

I used to go to the doctor and dentist, but now I choose not to go at all. I will not comply with the continued quackery.

Mark as Spam Posted On : 7/13/2022 10:16:09 AM

Like Dislike

brianallen1
Joined On 6/17/2021 10:12:38 AM
Add as Friend Send Message

And dentists used to cost little to go to. Now they are obscenely overpriced usually with a huge ego and poor attitude.

Mark as Spam Posted On : 7/13/2022 12:27:01 PM

Like Dislike

get315
Joined On 12/21/2021 3:02:34 PM
Add as Friend Send Message

Stanley Becker mentioned multiple times he would never visit any doctor and look what happened to him. He only made it to around age 74 or so.

Mark as Spam Posted On : 7/13/2022 2:10:35 PM

Like Dislike

Lee1959
Joined On 9/13/2021 8:36:46 AM
Add as Friend Send Message

get315, although I don't know Stanley Becker, 74 is a pretty ripe old age. I am not proselytizing here, but the Bible says "man has 70 years, 80 if he has the strength," I actually did a divide the sum by the number of addends on obituaries. I added up the years people lived and divided that by how many people I was using as the base. So I added up all the people that died and divided that by all the years this collective sample lived. Guess what? It came out to 74.2 years! Try it yourself. You would be amazed.

Mark as Spam Posted On : 7/13/2022 2:16:59 PM

Like Dislike

miranda
Joined On 6/17/2014 7:00:58 AM
Add as Friend Send Message

GEt315 do you know the cause of death? Are you saying that if we all got vaxed we will magically remain alive forever and there will never be any death, for any cause or any reason? Are you saying that all deaths now are from COVID and not from other natural causes? Come on. We are all merely mortals!! I say, stay away from Bigpitchfork as much as possible! http://www.drugs.com see drug side effects here, wow, stunning. Perforations, seizures, deaths, coma....,oh and not to mention myocarditis, clots, more all stated on the FDAs website in the vax "Side effects" ! Safe, effective? How do you know when a public health official is lying? Because their lips are moving.

Mark as Spam Posted On : 7/13/2022 5:48:01 PM

Like Dislike

peg1415
Joined On 6/19/2015 6:52:43 AM
Add as Friend Send Message

My mother has a doctor that requires an N-95 OR double mask!! I hate going there but I have to take her in (she has low vision) and get her signed up. Then, I wait in the hall where I'm not required to wear a mask. Mask requirements are one reason medical professionals and teachers are retiring as soon as possible. Also, in the Pittsburgh Cultural District they change the mask requirements based on community transmission level (M for the performer's request). So every time we go to a performance we have to check.

I would not support this but she has been a subscriber for over 20 years and since she is 87 and frail, I can't argue. I don't even regress if I ruined her last season. I hold my hand under the mask and pull it out so that I can breath. My mother lets it slip below her nose- and then gets admonished by the ushers. "ma'am- pull your mask up" . What a farce- this gives strangers the right to admonish you because "the mask" supposedly protects others. I HATE IT!!!

Mark as Spam Posted On : 7/13/2022 6:11:38 AM

Like Dislike

get315
Joined On 12/21/2021 3:02:34 PM
Add as Friend Send Message

Lee 1959...74 is not a ripe old age. Especially for someone like Stanley Becker who supposedly had a great deal of knowledge about health related issues. I'm sure he thought he was going to live much longer than that. ------ Miranda... I did not say anything about getting vaxxed nor anything about all deaths are from covid. But there may be a possibility Becker did die from covid. I only said Becker never wanted to go to a doctor. Maybe he had an illness that if he had gone to a doctor the doctor may have been able to help him and he would still be alive today. But he thought he had more knowledge and intelligence than any doctor or perhaps he didn't want to spend any money to see a doctor if he didn't have health insurance or inadequate health insurance. So all the smug people on this site who think they will never need to visit a doctor (and there are many on this forum) should be careful. Their health may be fine now but anything can happen in the future.

Mark as Spam Posted On : 7/13/2022 6:35:18 AM

Like Dislike

bh72915
Joined On 6/26/2021 5:38:22 PM
Add as Friend Send Message

That whole breathing your own exhaust as a path towards health (no exhaust valve present) - had me asking the question: "how would wearing a plastic bag over your head work for you?" You wouldn't get COVID-19 - so maybe a good thing?

Reply Mark as Spam Posted On : 7/13/2022 7:17:31 AM

Like Dislike

Randyfast
Joined On 5/6/2018 8:42:42 PM
Add as Friend Send Message

I already suggested the plastic bag technique, months ago...makes a much sense as anything else related to this scam.

Mark as Spam Posted On : 7/13/2022 9:08:21 AM

Like Dislike

har1272
Joined On 3/6/2019 11:00:25 PM
Add as Friend Send Message

LMAO! There are many Cordiana leaders I would enjoy seeing using this protocol.

Mark as Spam Posted On : 7/13/2022 1:11:06 PM

Like Dislike

jandijim
Joined On 2/25/2008 11:15:56 PM
Add as Friend Send Message

There are more details and science about the effectiveness of surgical masks exposed viruses that were left out. The most obvious is particle size. Surgical Masks (SMs) only filter particles 0.5 microns and up. There's 2 good reasons for this. It wasn't a random number but was chosen. BUTTERS knows this or 0.5 micron and not blackout curtains are required to cover SMs to prevent the spread of

bacteria to the patient, especially during surgery. Viruses are MUCH SMALLER than 0.5 microns. Sars-Cov-2 is between 0.06 and 0.1 micron in size.

A mask capable of filtering 0.06 microns has to have an EXHAUST VALVE because the moisture from your lungs will clog the filter media within a few minutes. Last, but not least, is the composition of the mask. SMs and NIOVs are designed to absorb WATER SOLUBLE substances like dust and bacteria. Anything that lives or dissolves in water will be trapped by a surgical mask. Viruses have a LIPID (oil) exoskeleton that is NOT water soluble. So a water-vapor-soaked surgical mask is going to act like a funnel or slip-in-slide for a virus. You have to have a mask designed to absorb PETROLEUM vapors.

3M makes these for painters. Anyone who has ever painted in an industrial setting has worn one (OSHA requirement). They are typically silicone rubber with adjustable straps that seal of the mouth and nose. The filters screw or pop on. Filters designed for capturing solvent vapors will filter viruses. In 2 years I've seen only 1 person wearing one of these and he looked to be about 19 years old. Here's a link to a 3M mask designed to filter oil vapors:
www.zoro.com/3m-3m-5000-series-half-mask-m-l-6015001/c/1300443/

Reply Mark as Spam Posted On: 7/13/2022 8:02:18 AM

Dr Ginge
Joined On 7/2/2021 7:30:11 AM
Add as Friend Send Message

If you want to prevent viral infection why don't you look at a level 4 viral lab. You won't see any of the masks you are talking about there.

Mark as Spam Posted On: 7/13/2022 6:26:50 AM

Like Dislike

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vlx3783
Joined On 9/7/2018 9:52:52 AM
Add as Friend Send Message

Wow! Thanks JenNJim ! Never knew the differences . This info is truly worth learning and remembering to share with the masking faithfuls

Mark as Spam Posted On: 7/13/2022 4:48:25 AM

Like Dislike

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brianallen1
Joined On 6/17/2021 10:12:38 AM
Add as Friend Send Message

How many microns wide is the gap between the skin and mask that puckers open on each side enough to stick your fingers in?

Mark as Spam Posted On: 7/13/2022 7:08:16 AM

Like Dislike

Randyfast
Joined On 6/6/2010 8:42:42 PM
Add as Friend Send Message

Jim, I've tried explaining this to the maskers - many times...mostly I get: "It's a *personal* choice"! A personal choice to destroy your health? Duh, okay.

Mark as Spam Posted On: 7/13/2022 7:38:27 AM

Like Dislike

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concerned0
Joined On 1/13/2011 2:18:36 PM
Add as Friend Send Message

good info

Mark as Spam Posted On: 7/13/2022 8:33:16 AM

Like Dislike

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har1272
Joined On 3/6/2019 1:00:25 PM
Add as Friend Send Message

Do high level viral lab employees wear painter's masks for protection?

Mark as Spam Posted On: 7/13/2022 1:13:44 PM

Like Dislike

RichJedi
Joined On 6/17/2021 1:25:38 PM
Add as Friend Send Message

This is NOTHING NEW as I was Warning about the uselessness of masks 2 MONTHS after this PLAN-demic started. Masks are only meant to protect a patient in a surgical theater by preventing the doctors and nurses from exhaling potentially harmful water droplets and bacteria into the open wound of a patient. But studies done long ago had shown that when doctors did not wear a mask there was a 50% decrease in post-operative infections proving that Masks actually spread germs and bacteria! Postoperative wound infections are surgical face masks a controlled study pubmed.ncbi.nlm.nih.gov/1838139 Furthermore Masks are only meant to protect the wearer from inhaling dust particles from being taken into the lungs.

They are never meant to, nor do they prevent anyone from breathing out germs or bacteria and prevent them from getting into the surrounding air around you. All I'm ask is doing is redirecting your airflow from going out the front of your mouth to blowing out the back and it is not filtering any particulates germs or bacteria from getting into the air because it is no way near tight enough to form an airtight seal. So this is common sense get a mask was never going to stop anything from being spread yet the stupid idiotic public eat this garbage up and I still see morons walking around the malls, stores she in their cars alone with masks on to this day!

Reply Mark as Spam Posted On: 7/13/2022 5:09:16 AM

Like Dislike

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jenNjim
Joined On 3/20/2008 11:15:54 PM
Add as Friend Send Message

Great info RichJedi!

Mark as Spam Posted On: 7/13/2022 6:36:44 AM

Like Dislike

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har1272
Joined On 3/6/2019 1:00:25 PM
Add as Friend Send Message

Mask wearing is a form of being a "Woobie", or security blanket. It's replaced thumb sucking and hair twirling.

Mark as Spam Posted On: 7/13/2022 11:50:07 AM

Like Dislike

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catfeelyjen
Joined On 11/17/2021 6:16:49 AM
Add as Friend Send Message

the whole idea behind the mask wearing was to instill fear and to subjugate as well as turn people against one another (i.e. those that wore the masks and those that did not), not to mention the complete damage it did to children. These bastards have to pay for what they did!

Reply Mark as Spam Posted On: 7/13/2022 8:32:35 AM

Like Dislike

Lee1959
Joined On 6/13/2021 8:36:46 AM
Add as Friend Send Message

My husband and two of my adult children, as well as myself, have not been vaccinated. Hubby lost an extremely well paying job because he refused the jab (we all had covid already). Daughter #1 could not go to on-tech without getting vaccinated, so she had to forego that. Hubby and I went down to see his parents who live in Texas, and another couple who they are close to refused to have us over to their house because we were not vaccinated! All I can say is, it's their loss. Cuz we are pretty cool people:))) Hubby has a Bachelor's degree in microbiology and most of the people at the plant where he used to work are hispanic, and they are terrified of the clot shot, rightly so! The company did a survey of who had the shot. Half of the plant workers had not, so they stopped strong arming the plant workers, because they would rather lose their job than get the shot. The CEO and vice president decided that they could not afford to lose half their workforce. Duh!

Mark as Spam Posted On: 7/13/2022 10:36:59 AM

Like Dislike

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brianallen1
Joined On 6/17/2021 10:12:38 AM
Add as Friend Send Message

Lee1959, you ARE the coolest!

Mark as Spam Posted On: 7/13/2022 12:11:00 PM

Like Dislike

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dude11
Joined On 6/10/2021 1:20:04 PM
Add as Friend Send Message

The CDC needs to be dismissed, as far as that organization being an entity that governments bow-low to when it comes to getting medical advice. If the CDC wants to exist as a medical voice that's OK. But to mandate that governments listen to their suggestions, or else, is total BS. They don't need to get Federal Funding any more than I do.

Reply Mark as Spam Posted On: 7/13/2022 1:02:06 AM

Like Dislike

Randyfast
Joined On 6/6/2010 8:42:42 PM
Add as Friend Send Message

Dude, the WHO, WEF and the UN tell the Cabalist Death Cult what to do.

Mark as Spam Posted On: 7/13/2022 7:36:25 AM

Like Dislike

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tladyblue
Joined On 4/28/2021 8:32:06 AM
Add as Friend Send Message

Personal experience: To be in compliance (or for the sake of appearance as an obedient sheep), which sounds inappropriate since sheep in a positive form throughout history follow a Trustable Shepherd and not the wolves.) Whatever, ;Point being is that masks in any prolonged setting, add some heat, sweat, germs, bacteria from hands, breath and the lists goes on. is no doubt a detriment to the wearer. Nausea always set in for me and others at some point. Bad eyes, fatigue, brain fog, acne, not to mention the aggravation and irritation of trying to comply followed.

I suppose the environment mandated had a lot to do with it but every time someone would pull their mask down to speak to me within a few feet I would get knocked over by rancid breath! Has anyone bothered to study that one? Regardless it would take a couple of days to recover from the overall feeling of just being overall. God gave us air to breath and man has poisoned it. I'd like to ask everyone that I was wearing a mask outside three questions.

1. Are you sick and trying to protect me? (If they says yes my next question would be, then why aren't you at home where I would be better protected?) 2. If you aren't sick but afraid of getting that way how many feet would it take for us to avoid each other if you are concerned about catching Covid being spread in the air you are currently breathing ? (Whatever the answer, mine would be the same) 3. Do you think this is beyond the pandemic and deadly chemicals are in the air that may harm us now or later?

If yes or no my next question would still be the similar or the same. Then what the hell are you doing out in this open air breathing in the bad or taking a chance of getting sick from healthy people that are breathing freely or exposing us to your toxicity, mal or threatened?! Again, I'd like to ask them but don't since the mask has fogged their brain cells. And of course the personal experience expands to the die hard believers being the sickest overall.

Reply Mark as Spam Posted On: 7/13/2022 6:25:29 PM

Like Dislike

Luvvvy
Joined On 8/31/2017 7:41:46 AM
Add as Friend Send Message

Excellent article, when will we all care and learn, that masks are inhumane and bad for us and our ecosystem? As I'm printing this article for posting on the bulletin board right now , I will share a video*** just watched, It is a fascinating chat between Jean Nolan of INSPIRATEO and Russ Anderson about primary water". He said that water is a consciousness, (which will truly makes sense to water people and Christians like me.) Towards the end, when Jean asked what we, the audience can do to help improve the water situation, and Russell replied casually "just SMILE!!!

Lee1959
Joined On 6/13/2021 8:36:46 AM
Add as Friend · Send Message

RedRaven you are right on. Although I am not interested in the things that you are, I do bandwap. People ask me if I have ever been stung! What do you think? Has a carpenter ever accidentally hit his thumb with a hammer? Hobbies are the glue that holds the soul together. Some hobbies can even be great money makers.

Mark as Spam · Posted On : 7/13/2022 2:31:25 PM
Like · Dislike

bekirk5
Joined On 11/23/2009 5:24:42 AM
Add as Friend · Send Message

A hoax so obviously designed as a tool by which to psychologically control the population that it is deeply disturbing to see how easily it was perpetrated.

Reply · Mark as Spam · Posted On : 7/13/2022 3:45:48 AM
Like · Dislike

brodiebrock12
Joined On 9/18/2008 1:31:51 PM
Add as Friend · Send Message

still is unabated. They are actually doubling down and pushing even harder as we move into the looming cold and flu season Zero accountability for what in reality is criminal for what has been done to humanity

Mark as Spam · Posted On : 7/13/2022 5:30:21 AM
Like · Dislike

Randyfast
Joined On 5/6/2010 8:42:42 PM
Add as Friend · Send Message

Pay attention to what Brodie said. Make sure that you are prepared!

Mark as Spam · Posted On : 7/13/2022 8:31:23 AM
Like · Dislike

brianallen1
Joined On 6/7/2021 10:12:38 AM
Add as Friend · Send Message

I laughed when I first heard of the "Corona Virus". My first reaction was "you've got to be kidding". followed by "give me a break" Then I thought if I was importing Corona beer I would be preparing litigation. Then it was changed to Covid-19 for Certificate of Vaccination ID 2019.

Mark as Spam · Posted On : 7/13/2022 8:50:34 AM
Like · Dislike

spt9827
Joined On 1/1/2017 12:52:19 PM
Add as Friend · Send Message

Mask mandate or not, when people are in areas that masks are not mandated, of course they will take their masks off. With 25 years of hospital nursing experience, I do believe that masks make a difference on a one to one basis, and therefore wearing a mask in an indoor crowded environment, does protect the person wearing it from exposure in their personal space. I'm not vaccinated at all and I've never had Covid. And I believe this is because I wear a mask in a crowded indoor space where others could be breathing right in my face.

Reply · Mark as Spam · Posted On : 7/13/2022 11:50:02 AM
Like · Dislike

Jackaroni
Joined On 4/4/2009 8:32:35 AM
Add as Friend · Send Message

I had to wear that dam mask wearing while having my vision tested for new, medically necessary, contacts. It was ridiculous. Every time I tried to look at the eye chart through a lens, the dang thing fogged up! Of course the doc wiped the lens, but it immediately fogged up again. My prescription is less than ideal and I won't go back until they discontinue the requirement to wear a mask. Idiocy!

Reply · Mark as Spam · Posted On : 7/13/2022 9:28:17 AM
Like · Dislike

RedRavenSounds
Joined On 6/9/2021 12:25:52 PM
Add as Friend · Send Message

In SCUBA we spit in our mask to prevent fogging. Perhaps you should have spit on the eye doctors lens g0ino Lol.

Mark as Spam · Posted On : 7/13/2022 10:46:30 AM
Like · Dislike

Jackaroni
Joined On 4/4/2009 8:32:35 AM
Add as Friend · Send Message

RedRavenSounds, Love it! I may just have to do that!

Mark as Spam · Posted On : 7/13/2022 2:45:25 PM
Like · Dislike

NikkiEagle
Joined On 6/19/2015 6:07:04 PM
Add as Friend · Send Message

The Pulmest article highlighting the 'Fungus Effect' using stats from Kansas to conclude long term harm caused by muzzle wearing also claims that there is "absolutely no evidence" supporting the benefits of muzzle wearing which is a total lie. Mixing truths with lies is the reason there is a complete lack of clear cut and coherent evidence that can be thrown at the heads of legislators and other bureaucrats who continue being misled, confused and financed by medical police state players. Greater and greater polarity is created and there seems to be no end in sight.

Reply · Mark as Spam · Posted On : 7/13/2022 7:16:48 AM
Like · Dislike

bfr27915
Joined On 9/26/2021 5:38:22 PM
Add as Friend · Send Message

" Half a truth is often a great lie." - Benjamin Franklin"

Mark as Spam · Posted On : 7/13/2022 7:20:56 AM
Like · Dislike

brodiebrock12
Joined On 9/18/2008 1:31:51 PM
Add as Friend · Send Message

What I find interesting is just how those who control the narrative look at this article as if it's 100% non credible or as if the data and referenced sources simply do not matter. They do this without blinking an eye or seemingly have zero cure of being held accountable Just in the past few days I have been hearing pucs pit out by local hospitals in a mid sized blue city saying to the injected is your best form of protection and that the new variants are rising and to mask up as best protection. They say all of this with ZERO accountability for the fraudulent use of science. This is 2.7 years past the whu flu lab release in China now and this IS still what those who control the narrative are saying. We here have come to expect this and it's no real surprise, but listening to those puts and so called top local public health officials be so cunningly brazen still is astonishing.

Reply · Mark as Spam · Posted On : 7/12/2022 5:27:10 AM
Like · Dislike

bar1272
Joined On 3/6/2019 11:00:25 PM
Add as Friend · Send Message

...And we the people are paying for all of this government propaganda that is intended to harm us.

Mark as Spam · Posted On : 7/12/2022 12:38:08 PM
Like · Dislike

drbb345
Joined On 12/13/2021 5:25:33 PM
Add as Friend · Send Message

Not even going to bother reading anything by the CDC or masks. There's decades of real science on masks of all types used for every application imaginable in industry. If you want to know anything about masks ask the people who spec them, design them make them and apply them. Don't ask someone from an industry (medical) that is responsible for the lions share of infectious disease spread - in facilities they manage - how masks work. They simply don't know and never did.

Reply · Mark as Spam · Posted On : 7/13/2022 2:47:17 PM
Like · Dislike

RedRavenSounds
Joined On 6/9/2021 12:25:52 PM
Add as Friend · Send Message

The symptoms shown are WELL known to divers (Both open circuit SCUBA and closed circuit (re-breathers)) - even more so to closed circuit re-breather divers, that use a chemical scrubber to remove the Co2 from the exhaled gasses. These are ALL symptoms of hypercapnia - excess Co2 in the blood stream. It can and HAS killed. Granted walking around on the surface is not as hazardous as hypercapnia at 80 feet. Due to the other hazards from being 80 feet under water - but hypercapnia is very bad. And continuously breathing your own exhaust gasses for an extended period is a very awful idea.

I have seen people in their sealed up cars merely driving with a stupid mask on, not knowing that they may have mild hypercapnia. Hypercapnia and "breathing gas" issues were an immediate red- WHATTTT for me when the whole all masks all the time edict and mandate went out, by the CDC and FDA idiots. Divers UNDERSTAND the delicate internal balance of our pulmonary systems - Co2, nitrogen, helium, contaminents, and more....

Reply · Mark as Spam · Posted On : 7/13/2022 10:05:12 AM
Like · Dislike

spi-cure
Joined On 5/13/2012 7:05:04 PM
Add as Friend · Send Message

Recently someone in my garden community was outraged they saw a humanoid wearing a mask walking down a country road with a dog. I asked, was the dog wearing a mask? "No". Call The Humane Society, I believed. (For those abroad THS = animal welfare)

Reply · Mark as Spam · Posted On : 7/13/2022 9:06:44 AM
Like · Dislike

wanwaglet2
Joined On 1/25/2022 10:01:49 AM
Add as Friend · Send Message

No amount of data will convince the Covidiana because this is not about data or even public health. This is about controlling and conditioning people to accept things they would not normally accept. We're talking about people who have heard their high priests openly contradict themselves about masks, the efficacy of the vaccine, and other things, yet their faith is unshaken. This has become a religion, with all the trappings from symbols to purification rituals to a priesthood. Anyone who disagrees is a heretic and for two years, we've since past, such people are treated - silenced, deplatformed, attacked personally, etc.

The one thing that has never changed is what we feared at the outset: that this virus is most harsh on the elderly, especially frail old people, on those with multiple other conditions, and the immunocompromised. And as soon as that was said, it was tossed into the memory hole and the pretense of all being at equal risk began. We also know obesity is a major co-morbidity, but instead of messages about that, we have fat people being featured in commercials as if that's just one more lifestyle choice. There is the push to vaccinate kids as young as six months and the invention of a condition called Sudden Adult Death Syndrome to deflect attention from bad vaccine outcomes.

This is not going to go away. By fall, we'll have new calls for masks and lockdowns, because not enough people were economically harmed the first time. Fancy how none of those pushing for these measures were negatively affected. Funny how the "corporations and billionaires" that some in Congress whine about benefitted most from govt-imposed shutdowns. Its as if elected officials acted in benefit their cronies at the expense of the rest of us, yet the Covidiana' faith remains unshaken.

Reply · Mark as Spam · Posted On : 7/13/2022 7:18:44 AM
Like · Dislike

brianallen1
Joined On 6/7/2021 10:12:38 AM
Add as Friend · Send Message

The cult of Branch Covidiens.

njlady
Joined On 11/21/2006 8:03:31 PM
Add as Friend · Send Message

So were the elderly really so much more vulnerable, or were they dying because they were never given the proper therapeutics, on purpose perhaps? Or maybe that was the plan, sacrifice our older folks so we can scare the crap out of everyone else to get them to readily comply?

Mark as Spam · Posted On : 7/12/2022 7:40:52 AM
Like · Dislike

Randyfast
Joined On 5/6/2010 8:42:42 PM
Add as Friend · Send Message

Pollution/particulate matter in the air, is at an all time high. What's falling from the Stratospheric Aerosol Injections in the sky is also, no doubt adding to the sickness of the nation. We know that there are many elements of this society making people sick. Covid is not one of them; although, it's pushed as the cause of every illness! Car accident, cond! Falling down the stairs and dying, cond! It "should" be totally obvious by now, as the MSM/health "professionals" have created a new 'rule', if a person tests positive for covid (by a test that cannot detect any specific virus) and that person dies (for any reason) within a 30 day period - the COD is determined to be covid! I no longer recognize this society!

Mark as Spam · Posted On : 7/13/2022 9:05:50 AM
Like · Dislike

bar1272
Joined On 3/6/2019 11:00:25 PM
Add as Friend · Send Message

My 87 year old Father just passed in February; not from Covid, but from a blood clot to the brain and his heart stopping after receiving two Moderna vaxxes and the booster. Although he had a pacemaker and was diabetic, he was healthy prior to the blood clot. I had noticed he was getting more forgetful and his cognitive function was being compromised after the shots. I believe Covid is a purposely unleashed bioweapon that mainly caused death in those with certain co-morbidities but just the fear of dying into everyone, I will never be vaxxed nor will I wear a mask ever again (they can arrest me), and I will go to my grave believing my Father was murdered by the vax the Rh so "savingly" insisted he take.

Mark as Spam · Posted On : 7/13/2022 12:27:33 PM
Like · Dislike

RedRavenSounds
Joined On 6/9/2021 12:25:52 PM
Add as Friend · Send Message

Yep and remember how much Talse idiots' irritates JC - It's NOT good to p'ses off the Lord! The Covidiana are crusin for a brutal's and they get some tplaisn to do. I ride with Buddy Christ, and dats dat!!

Mark as Spam · Posted On : 7/12/2022 12:47:17 PM
Like · Dislike

juncoset47
Joined On 2/16/2015 1:16:48 PM
Add as Friend · Send Message

The masks do nothing.... if anything I see some people that have worn their mask at their work places for the duration and some of their faces are messed up.....some faces looked much better before the mask mandates. According to what the mainstream media was saying that I myself and many others by now should've been dead already because we didn't wear masks or take the kill shots. My friend that has a cleaning business services a funeral home.Bodies started piling up after the SHOTS were administered.....young and old.....!!! Corona plan...all planned out way in advance ....it was all on the Rockefeller Foundation website in March/April 2020.....A worldwide orchestrated hoax to destroy the masses...because they think there are way too many of us on the face of the Earth. They are all eugenicists and purveyors of evil....!!!

Reply · Mark as Spam · Posted On : 7/12/2022 7:13:06 AM
Like · Dislike

Randyfast
Joined On 5/6/2010 8:42:42 PM
Add as Friend · Send Message

All I can say is: I'm still very active - for a 'dead' person! Oh, and I haven't been sick at all, in many years - long before the covid hoax. I'm still not sick. Either that, or I'm dead and just don't know it!

Mark as Spam · Posted On : 7/12/2022 9:13:19 AM
Like · Dislike

tallulah3
Joined On 4/21/2021 9:26:59 AM
Add as Friend · Send Message

Randy most of the people that I know that got vaxxed have collage degrees. My degree is my common sense that God gave me

Mark as Spam · Posted On : 7/12/2022 2:45:50 PM
Like · Dislike

forbiddenfeeling
Joined On 2/21/2011 9:51:43 AM

Add an Friend · Send Message

Try the "Trickeiber Effect", masks, constantly raising CO2 ACIDIFIES the blood reducing pH OBP/body voltage/O2 levels and yet buffering bicarbonate/magnesium...to welcome pathogens and cripple immune cells which need the voltage of a healthy "charge tension" which makes the "gym-fever" experience awful. Oh, yoga and tai-chi breathing are now widely practised using hyperventilation to alkalize and oxygenate the body...and relax pH/voltage, while habitual breath retaining seeks to modulate and exercise pH swings. Temporary increases in CO2/acidosis and cause RBCs to dump their O2. Delivering more O2 to fluids/cells means more efficient aerobic metabolic respiration, protection from oxidative stress and optimal cell function. Masks are simply another stealthy method of suffocation...Scroll way down to read "It's Always the Oxygen"
.net/bch.org/bpsbad.com/forum/comments

Reply · Mark as Spam · Posted On: 7/13/2022 6:55:44 AM

Like · Dislike

Dr.Ginge
Joined On 7/13/2001 7:50:11 AM
Add as Friend · Send Message

Zero surprise. And let's note lying Fauci the Pied Piper of the plandemic knew masks including the N95 are not effective beyond the theater of fear. May 2020 Fauci lied to the CDC published a review of all the random control studies on face masks for prevention of influenza and concluded there was zero benefit. Canada did a review, Britain did a review, & China as well with the same conclusions. But the medical establishment ignored the science, as Fauci would say and stressed fear porn in order to control. We still have millions walking around and drinking with masks. Reality Fauci is responsible for millions of deaths around the world and will never be held accountable.

Reply · Mark as Spam · Posted On: 7/13/2022 6:33:20 AM

Like · Dislike

davidle
Joined On 6/7/2011 7:38:57 AM
Add as Friend · Send Message

Probably because they were made in China.

Mark as Spam · Posted On: 7/13/2022 8:08:09 AM

Like · Dislike

Arlen1
Joined On 6/1/2005 1:45:38 PM
Add as Friend · Send Message

If masks work at filtering viruses then why didn't they work?

Reply · Mark as Spam · Posted On: 7/13/2022 6:07:06 AM

Like · Dislike

Randyfast
Joined On 5/6/2010 8:42:42 PM
Add as Friend · Send Message

They worked as intended I've told people that the mask will kill them, much faster than "covid" ever could. They don't listen. I've even had many people who tell me that they have no problem at all, wearing the mask! This society is pathetic! If they actually believe that they are getting adequate oxygen levels, then they were shallow breathers to begin with. Covering my breathing apparatus IMMEDIATELY pulls me in distress!

Mark as Spam · Posted On: 7/13/2022 8:17:04 AM

Like · Dislike

Handfish
Joined On 3/3/2009 7:00:35 AM
Add as Friend · Send Message

Apparently during the Spanish Flu, more people died from a Bacterial Pneumonia (caused by an clean masks) than from the Flu. Serious Vehicle accidents are being caused by Mask wearing through a lack of fresh air.

Reply · Mark as Spam · Posted On: 7/13/2022 3:07:28 AM

Like · Dislike

Randyfast
Joined On 5/6/2010 8:42:42 PM
Add as Friend · Send Message

There was no "Spanish Flu". They died from the vaccine. I forget which one it was...may have been smallpox. Anyway, doing a search, it is clear that most of the truth regarding that "pandemic" has been erased from the internet! No shortage of "Fact Checkers" though! History ALWAYS repeats! Now, we have the "Universal Flu Vaccine" coming; the same one they tried to roll out in 2009. Millions will die!

Mark as Spam · Posted On: 7/13/2022 8:29:17 AM

Like · Dislike

cyberNet
Joined On 9/20/2016 2:57:32 PM
Add as Friend · Send Message

WHAT DO YOU MEAN YOU CAN'T SHIP TO MY COUNTRY? Got it for years no problem.

Reply · Mark as Spam · Posted On: 7/13/2022 2:23:31 AM

Like · Dislike

Spontoon
Joined On 6/5/2021 6:04:45 AM
Add as Friend · Send Message

Dr Mercola do you remember back in 2021 there was an article about masks and a picture of its material makeup had revealed what appeared to be the only a worm like " thread" inside it cotton ? I believe with china manufactured these masks were designed to kill? I believe on ntsnbs this " thread like worm " into their lungs? you see I've been tested when this was reported??? One way or another the CCP has designed the cobra venom vaccine to kill also nano particles in the evil vaccines are maybe helpful if AI ? How does it all tie ! ? Thank you for you excellent article!

Reply · Mark as Spam · Posted On: 7/13/2022 8:36:06 PM

Like · Dislike

briansallen1
Joined On 6/7/2021 10:12:38 AM
Add as Friend · Send Message

No one will ever be able to stop your crazy governor as long as the people obey a mandate. A mandate is nothing more than a glorified request: a proclamation of a desire. It is not a law. If it was law, it wouldn't be classified as a mandate. Nobody can be arrested for ignoring a mandate, not even in California. The problem lies with the public, not the governance. As long as the public is so ignorant and foolish regarding mandates, it WILL get much worse. If you can't start a revolution where you live: get out. MOVE. Take it from an ex Sac Dragon, you live in the country's largest open air prison. Unless the people have a change of heart, you are screwed. There is lots of life outside of California, you just have to escape to realize it.

Mark as Spam · Posted On: 7/13/2022 4:06:54 PM

Like · Dislike

d20202
Joined On 11/19/2021 8:23:48 AM
Add as Friend · Send Message

How do you stop a governor from mandating masks. The science proves they don't help but they still insist on masking everybody up which is crazy. The California governor newsom is now going to be requiring mask sometime at the end of july? How can they keep getting away with this. The legislators need to vote in what is science and beneficial for the people. He obviously doesn't care.

Reply · Mark as Spam · Posted On: 7/13/2022 2:33:31 PM

Like · Dislike

har1272
Joined On 3/6/2019 11:00:35 PM
Add as Friend · Send Message

They can arrest me because I refuse to mask. Oh, and btw, I wonder what brand of crystal ball Newsom uses in order to predict mask mandates by the end of July.

Mark as Spam · Posted On: 7/13/2022 2:44:00 PM

Like · Dislike

briansallen1
Joined On 6/7/2021 10:12:38 AM
Add as Friend · Send Message

Remember how they made us duck and cover under our school desk because of bomb threat? Can we print something to that effect on a new mask? which I will wear very luse and off one ear (if at all). This insanity is the new Duck and Cover!

Mark as Spam · Posted On: 7/13/2022 10:17:20 PM

Like · Dislike

lordbasil
Joined On 3/11/2007 1:57:54 PM
Add as Friend · Send Message

We as a family in the 1950s took all of those methods described in my other email to heart and it stopped the viruses cold. This COVID is a bioweapon. As such the only people educated in how to defeat it are specialists in viruses. The last population lives with the virus. They do it because they have production incentive high enough to ignore their bodies that kills infections daily. I understand it is done through a ventilation system in the wings. It is very unusual. I suggest we do the same thing. Not sure how. But if we could isolate people and make them very hot while cooling them down before they hit the major organs of the body copying nature might work.

I am no medical person of any kind. Just an old man with some experience. Our biggest problem is a medical profession based exclusively on how much money can I make from patients in my care. What good is that medical profession if they all die of the diseases they are attempting to cure? The worship of money is a disease. Only it is one based on greed rather than sane behavior. Our hospitals seem to be immune to prosecution for massive amounts of malpractice and financial wrong doing.

The scam now is to transfer money from one doctor owed to another based on the oldest known debt. Then attempt to recharge you for the current debt. The average cost of treating patients that then die is massive. It is being written off. There is such a thing as lawyers harvesting from inheritances leaving the deceased patients families no way to pay the debt owed the hospital for their lack of ur ability to cure. That is a scandal no one in authority wants to really address.

Reply · Mark as Spam · Posted On: 7/13/2022 12:20:26 PM

Like · Dislike

lordbasil
Joined On 3/11/2007 1:57:54 PM
Add as Friend · Send Message

The COVID response is a religion not science. It is based on multiple billions of dollars infused into the Congress and Justice Department. The masters of this religious belief are also billionaires. The medical profession as a whole group believes in the effectiveness of the masks as every doctor's office and every hospital in this area demands all patients and staff wear masks in the daily operation of both their offices and their hospitals. Even when everyone else has discarded the masks.

It is thoroughly backed by at least the Democrat Party in this area. From many years of experience with a Registered Nurse in hospital settings I know a number of effective treatments against flu viruses. Most of which came from education of a neighbor from the hills of Kentucky. 1. Put daylight spectrum light in all public places. Viruses cannot stand daylight. Don't know why but it appears to be true. 2. Restore fresh air into all buildings with proper filters containing charcoal and HEPA as part of the filter system.

3. Put the proper ultraviolet light to help kill viruses in the filter system of all building heating and AC units. Anyone entering or leaving public buildings should go through an ultraviolet screening. 4. Check temperatures of individuals entering any medical place before they enter. 5. Make entrance use of the cell phone system so that only patients in sterile rooms are seen by a doctor or nurse. Do away with the waiting room area all together. 6. Change the dishwashing to include at least 6 ounces of bleach disinfecting on all dishes and silverware in contact with food.

7. In known cases of COVID use bacterial subs. 8. Sterilize all vehicles surfaces with proper techniques so that nothing survives to infect anyone. 9. Put the daylight spectrum light on all surfaces in any public transportation system. 10 Kill it with the proper spectrum ultraviolet light before people enter public transportation at the entry way of the vehicles. There is more but out.

Reply · Mark as Spam · Posted On: 7/13/2022 12:16:56 PM

Like · Dislike

fox1521
Joined On 10/25/2016 8:39:37 AM
Add as Friend · Send Message

As they say, you can't fix stupid. I see people in the stores wearing these and no longer do I even bring up the dangers. If they want to wear them for the false sense of "safety", then so be it. Just stay away from me.

Reply · Mark as Spam · Posted On: 7/13/2022 12:01:29 PM

Like · Dislike

ZCelette
Joined On 4/13/2013 6:11:41 AM
Add as Friend · Send Message

If you need to print information about the dangers of masking, go to globalresearch.ca. They also print many of Dr. Mercola's articles.

Reply · Mark as Spam · Posted On: 7/13/2022 9:50:22 AM

Like · Dislike

concerned_citizen
Joined On 7/13/2022 9:02:10 AM
Add as Friend · Send Message

I've been researching for months to find an unrestricted, free breathing "mask" that doesn't build up droplets or inhibit the flow of air. We've purchased numerous products advertised as masks for people who don't believe in masks (petsmart.com for example) that are nowhere near free breathing. Does anyone know of a product that looks like a mask but is actually free breathing? PS - there are still many occupations requiring daily mask wearing.

Reply · Mark as Spam · Posted On: 7/13/2022 9:38:36 AM

Like · Dislike

1950Jewel
Joined On 10/9/2020 5:59:15 AM
Add as Friend · Send Message

Thank you, Dr. Mercola, for addressing "Masks" and the harmfulness they cause! Dr. Judy Mikovits has also written a great little book on Masks, "The Truth about Masks"! I have fought them all along and as my son in law says, we are being compliant when we wear a mask! don't know whether to laugh or cry when I see anyone in a mask these days! Especially children and elderly people! When the truth about all of this crazy comes out, and it will, there are going to be a lot of people who will hopefully WAKE UP!

Reply · Mark as Spam · Posted On: 7/13/2022 9:27:15 AM

Like · Dislike

vix7642
Joined On 4/27/2021 3:48:06 PM
Add as Friend · Send Message

I still see people every day wearing masks. Even people walking outside. All of the health care facilities in Minnesota still require masks. I heard a statistic the other day that 56% of the Minnesota population has gotten the jab. Can this be real?

Reply · Mark as Spam · Posted On: 7/13/2022 8:50:22 AM

Like · Dislike

davidle
Joined On 6/7/2011 7:38:57 AM
Add as Friend · Send Message

I belong to a gym. We didn't have to wear mask inside unless you wanted to. But, they wanted you to wear a mask from your car to the gym door. How stupid is that?

Reply · Mark as Spam · Posted On: 7/13/2022 8:14:35 AM

Like · Dislike

Randyfast
Joined On 5/6/2010 8:42:42 PM
Add as Friend · Send Message

...about as stupid as "taking it off to eat and drink - or smoke".

Mark as Spam · Posted On: 7/13/2022 8:33:05 AM

Like · Dislike

catladyjan
Joined On 11/17/2021 6:16:49 AM
Add as Friend · Send Message

We had to wear a mask in the gym, you have no idea how many "Karens" there was there that went off if your mask was below your nostrils or ready to "sir" you out.... there is still an old guy at our gym who wears a double mask every day, but walks around in skimpy tight gym shorts with his bulging appendage in front. Totally disgusting, not to mention the 'old man' smell around him too!

Mark as Spam · Posted On: 7/13/2022 8:35:16 AM

Like · Dislike

briansallen1
Joined On 6/7/2021 10:12:38 AM
Add as Friend · Send Message

Do not fear Catladyjan, it's just a sock.

Mark as Spam · Posted On: 7/13/2022 8:56:47 AM

Like · Dislike

vix7642
Joined On 4/27/2021 3:48:06 PM
Add as Friend · Send Message

It's just as stupid as restaurants making you wear a mask until you sit down and start eating.

Mark as Spam · Posted On: 7/13/2022 9:10:15 AM

Like · Dislike

Lee1959
Joined On 9/13/2021 8:36:46 AM
Add as Friend · Send Message

Cattaloja, too funny! I used to be a Master Swimmer (just means that you like to do laps and you are over 18 years old). Those Speedos are not for me. They are just too, ok, revealing. Please, dress like a man in flatter your V shaped body. Enough said.

Reply · Mark as Spam · Posted On : 7/10/2022 10:43:03 AM
Like · Dislike

brianallen1
Joined On 6/17/2021 10:12:38 AM
Add as Friend · Send Message

I tried on Speedos but I looked like a Bartender with a rubber band around it.

Reply · Mark as Spam · Posted On : 7/10/2022 12:14:06 PM
Like · Dislike

Lee1959
Joined On 9/13/2021 8:36:46 AM
Add as Friend · Send Message

brianallen, I am laughing my socks off re: your speedo comment. You made my day!!

Reply · Mark as Spam · Posted On : 7/10/2022 2:28:41 PM
Like · Dislike

Docatheduke
Joined On 6/19/2010 3:23:29 PM
Add as Friend · Send Message

How are we supposed to spread the truth if it can't be found??? I google the kansas mask mandate study and the first three stories said the exact opposite... I'm trying educate my son on this issue and every time I find an article on here I can't find it on the web and if I send him this link he sends me 5 other pages that say the opposite... I know what your saying is the truth, but it sure would be nice to find it on the web!! You would think there liars could be held accountable for their miss information!!

Reply · Mark as Spam · Posted On : 7/13/2022 8:15:10 AM
Like · Dislike

Randyfast
Joined On 5/6/2010 8:42:42 PM
Add as Friend · Send Message

Docatheduke, it doesn't seem to matter what browser or search engine (with a few exceptions) you use these days. With the "fact checkers" monopolizing the searches, plus Google's quantum computer - Deep Mind prowling the internet, the truth is becoming more and more difficult to find. That's exactly why I have hundreds of videos and articles saved (if not thousands)!

Reply · Mark as Spam · Posted On : 7/13/2022 8:37:36 AM
Like · Dislike

weehen
Joined On 6/25/2010 2:09:20 AM
Add as Friend · Send Message

I am required to mask at my job. I can't believe it is still mandated. I deliberately wear it incorrectly as often as I can get away with it, and constantly zip my water, which of course means removing it, but it is beyond annoying and ridiculous. We have a bill to change the mandate to a choice. If people want to mask, let them, but stop forcing me!

Reply · Mark as Spam · Posted On : 7/13/2022 6:08:07 AM
Like · Dislike

MaryBN
Joined On 11/23/2009 11:22:14 AM
Add as Friend · Send Message

Very well document evidence that will be ignored as "misinformation" by Main Stream Media, and the global cabal. It makes me wonder what is the global cabal planning to do with Monkey Pox? I wonder if the "Monkey Pox" is not an adverse reaction to the "Covid vaccine". Even if it is the Main Stream Media will not admit it, because it does not fit into the plan. MMOB2B!!!

Reply · Mark as Spam · Posted On : 7/13/2022 5:55:12 AM
Like · Dislike

her1272
Joined On 6/19/2019 11:00:25 PM
Add as Friend · Send Message

It seems medical and dental offices were the last (and still have not gotten) the "masks are no longer necessary" memo. So much for trusting our medical system and their "science".

Reply · Mark as Spam · Posted On : 7/10/2022 12:36:04 PM
Like · Dislike

Randyfast
Joined On 5/6/2010 8:42:42 PM
Add as Friend · Send Message

They are already 'suggesting' that people get 'vaccinated' for monkeypoxes. They still have HIVI1 waiting in the wings, with shots all ready to go. Keep in mind that all shots from now on, will be mRNA! Did I mention that this poppin/tryanny will never end?

Reply · Mark as Spam · Posted On : 7/10/2022 9:28:34 AM
Like · Dislike

epi-cure
Joined On 9/13/2012 7:02:04 PM
Add as Friend · Send Message

Only last week did I discover that our Dian Becker has left this world. I developed a fond appreciation for his Oxford grade musings that were occasionally so scathing I had to read them twice. At various times there are several quality writers on this forum but his incorporation of what used to be The Classics was more evident than any other contributor on Mercola.com. Sometimes I would attempt to issue him a bit when my banal dribbl mix well with him having a highbrow moment. A couple of years ago he reacted to a sheep wearing a mask photo I had submitted. I wish I could recall verbatim his words. It reinforced my yearning to spend a day in his company discussing a range of topics including music we both enjoyed especially from the 1960s. This then to my request for STANLEY BECKER, a man I never met but will continue to miss.

Reply · Mark as Spam · Posted On : 7/13/2022 9:54:56 AM
Like · Dislike

concerned0
Joined On 1/13/2011 2:18:36 PM
Add as Friend · Send Message

Ok, won't respond to mask crits here...but didn't know Stanley Becker passed on... I knew there was a reason for me to comment as I lately rarely do... I gave him a hard time sometimes, but eventually appreciated his fervency and attempt to be everything together. He just maintained a certain consistency here and we knew if he commented the discussion would be thefu with many truths. Take care Stan....I'm sure a lot of questions are being answered for you right now....God Bless

Reply · Mark as Spam · Posted On : 7/10/2022 7:16:56 PM
Like · Dislike

Leahoo
Joined On 2/3/2020 9:55:19 AM
Add as Friend · Send Message

Hello all...www.bitchute.com/.../9kZ2kXKnWF7/ Not a good look. Weather warfare, food warfare, environmental weaponisation, and it goes on and on....when do we get together, UNITE and practice non Compliance. They are at WAR with us, our Health, everything. take care, all.

Reply · Mark as Spam · Posted On : 7/13/2022 2:35:26 AM
Like · Dislike

her1272
Joined On 6/19/2019 11:00:25 PM
Add as Friend · Send Message

Protest signs will never be enough to accomplish anything, and they know it.

Reply · Mark as Spam · Posted On : 7/10/2022 12:02:35 PM
Like · Dislike

020202
Joined On 1/13/2021 8:25:46 AM
Add as Friend · Send Message

I took my husband to 4 different hospitals in late 2020 and early 2021, and all 4 told me that people with blood type O did not get Covid, he was O and he didn't ever get it, while I was sick for 6 weeks (type A). So, I told all kinds of people with type O, they'd found out – they all got the vax and all of them got covid after getting the vax. So... the vax erases blood type O natural immunity! Great article Dr Mercola, much appreciated!

Reply · Mark as Spam · Posted On : 7/12/2022 10:14:01 PM
Like · Dislike

Leahoo
Joined On 2/3/2020 9:55:19 AM
Add as Friend · Send Message

Hello, some music ....Russian parody...www.youtube.com/watch Good. we all need good feelings. enjoy.

Reply · Mark as Spam · Posted On : 7/13/2022 3:08:56 AM
Like · Dislike

lazoreye
Joined On 12/15/2011 3:48:30 PM
Add as Friend · Send Message

The real problem with masks is much simpler that the article suggests. Carbon dioxide acidifies the blood. Oxygen alkalizes the blood. The Virus thrives in an acidic environment. Masks are an in alkalized environment. That's why we breathe out carbon dioxide and breathe in oxygen to alkalize the blood. But the carbon dioxide molecule is 5 times larger than the oxygen molecule. It is so large in fact that it has a hard time getting out of the holes in the mask and begins to collect between the mask and the nostrils. This blocks oxygen from entering the mask and getting into the bloodstream. So when the subject inhales he breathes back in the carbon dioxide and further acidifies the blood. allowing the virus to thrive. That's why, although you won't read about this in the media, 2 people have died around the world running marathons with masks on and rugby players in Europe are dropping dead all over the place during their games.

Reply · Mark as Spam · Posted On : 7/13/2022 12:55:36 PM
Like · Dislike

Randyfast
Joined On 5/6/2010 8:42:42 PM
Add as Friend · Send Message

What baffles me is, I'm probably the 'least educated' of all forum members; yet I had facts figured out from the beginning. My previous posts will back me up on this. I'm stated: 1. The masks are incapable of blocking a nano-sized viral particle. 2. The masks are detrimental to human health in a number of ways - physical and psychological. Why does every little thing have to be 'Rocket Science'? All of these 'studies' (with a few exceptions) are useless to me. I already know what's really going on. The masks, used on numerous occasions that an entire generation of children is being destroyed.

Not only by limiting their oxygen intake and the psychological effects; but also the nanobot shots! If one doesn't get them - the other will! Any parent who offers up their child as a sacrifice on the altar of Big Pharma, should be ashamed of themselves! We're living in the age of 'total insanity'! - The covid mandates/measures for masks, distancing, etc. will be reinstated this fall...possibly even another lockdown! If you don't believe me - too bad for you.

I know how to read the rhetoric of the MSM and other indicators. This society is totally controlled by the WHO, WEF and the UN! If you don't already understand that, then you have some investigation to do. You need only look at the "partners" of "Cyber Polygon" and think about "Public/Private Partnerships", investors and stakeholders. - www.weforum.org/.../the-centre-for-cybersecurity-i https://cyberpolygon.com/news/ - > ramble.com/vods/3-wef-cyber-polygon-the-next-planned-world-crisis.html - > You already have all the information you need to figure out what's coming.

Reply · Mark as Spam · Posted On : 7/12/2022 7:58:01 AM
Like · Dislike

brianallen1
Joined On 6/17/2021 10:12:38 AM
Add as Friend · Send Message

Randy, formal education does not necessarily result in the acquisition of knowledge. Specific, self-aquired knowledge through personal research is the most efficient and valuable method to obtain knowledge. It is also the best method to obtain wisdom which is far more valuable than knowledge. It even leads to uncommon common sense which you possess.

Reply · Mark as Spam · Posted On : 7/10/2022 7:45:49 AM
Like · Dislike

Randyfast
Joined On 5/6/2010 8:42:42 PM
Add as Friend · Send Message

Thanks, Brian. You said it; not me! ;) I'm also able to discern the 'thinkers' from the 'non-thinkers'.

Reply · Mark as Spam · Posted On : 7/10/2022 9:30:07 AM
Like · Dislike

jenNjim
Joined On 2/25/2008 11:15:04 PM
Add as Friend · Send Message

If you saw what's coming out of Highschool and College today you would understand why! Most of them can't do simple math and when you read one of their emails you think 'DAMT! My grandfather was diyslexic/illiterate and yet he could do math in his head better/faster than any college intern. He worked on the weekends for a construction company and he could look at a blueprint and immediately tell the contractor how many board feet of 2x4's, 2x6's, 2x8's, and 2x10's were needed to frame to structure in.

The owner of the construction company would hire college interns to do those calculations and he would put them up against my grandfather. The interns never could 'calculate' more accurately than he could estimate. He could just visualize the construction and count the boards in his head. Then he would add/multiply that up to get the board feet. The owner wouldn't even wait for the interns to confirm the calculations. He would just call the sawmill and tell them to deliver "X" amount of lumber to the construction sight.

Reply · Mark as Spam · Posted On : 7/10/2022 11:07:04 AM
Like · Dislike

Randyfast
Joined On 5/6/2010 8:42:42 PM
Add as Friend · Send Message

Jim, I don't have to see it to understand what's happening to this society. I always pay cash at the checkout and I usually know how much it will cost, to within a dollar of so, long before the machine figures it out. Also, if the cashier has to figure out anything that wasn't done on the cash register, their brain goes into meltdown! BTW: I thought that credit cards were supposed to speed everything up for us. They take much longer than simply paying by cash. I always have the money in my hand and it seems I have to wait forever for the machine to finish its transaction!

Reply · Mark as Spam · Posted On : 7/12/2022 3:08:59 PM
Like · Dislike

Lee1959
Joined On 9/13/2021 8:36:46 AM
Add as Friend · Send Message

You know why I am brilliant (not) is because I home schooled my children through out the 80's and 90's and 00's. It was fantastically eye opening. I got a new education. At the time I was sort of looked down on, being a housewife, mom and homeschooler. Now there are some people who are 20 years older. You did the right thing homeschooling them." No I don't feel bad. Than "wasting" my life on being a wife, mother and homemaker. Let the feminist egomaniacs have their lonely, self-righteous life. I am happy.

Reply · Mark as Spam · Posted On : 7/12/2022 3:12:10 PM
Like · Dislike

Jackie61965
Joined On 7/10/2014 4:05:30 PM
Add as Friend · Send Message

Just wondering if anyone on here could clarify regarding Dr. Richard M Fleming's past history. Im having a slight debate on Twitter. The individual on Twitter states that he is a fraud and that his credentials are made up! Im sure they're not, but some proof would be nice if possible.

Reply · Mark as Spam · Posted On : 7/12/2022 11:05:06 AM
Like · Dislike

brianallen1
Joined On 6/17/2021 10:12:38 AM
Add as Friend · Send Message

You are dealing with a professional paid troll. You can show proof till the cows come home and you will just be spinning your wheels. Move on to someone who is worthy of your time and effort.

Reply · Mark as Spam · Posted On : 7/12/2022 11:45:48 AM
Like · Dislike

her1272
Joined On 6/19/2019 11:00:25 PM
Add as Friend · Send Message

Considering the number of doctors and scientists who have exposed this Covid Fraud, the government sure has licensed and given their qualified blessings to many government labeled "not cases". If accurate, what does that say about our government?

Reply · Mark as Spam · Posted On : 7/12/2022 12:11:52 PM
Like · Dislike

Forlat@aol.com
Joined On 11/30/2011 9:42:03 PM
Add as Friend · Send Message

May I ask about loss of smell and taste due to covid. When and how long does it take to become normal again

Reply · Mark as Spam · Posted On : 7/13/2022 5:21:58 AM

DebbyW
Joined On 5/27/2010 9:07:35 AM
Add as Friend · Send Message

I did not lose taste and smell when I had Covid. But from people I know, it only lasts a couple of weeks. If it lasts longer for you, maybe research natural long Covid treatments.

Mark as Spam · Posted On : 7/13/2022 7:04:01 AM

Like · Dislike

plastictekkie
Joined On 12/28/2008 5:01:57 AM
Add as Friend · Send Message

It varies with individual. My wife and I had covid before they named it—back in January 2020. We both lost our sense of smell and taste. She regained hers in a few weeks. I have regained some, but also find that some smells are now changed. I used to be an avid coffee drinker. Now I occasionally see, I find a 'good' cup. I have not had a 'great' cup in two and a half years, and no longer drink coffee. Same with steak and BBQ ribs, they just don't taste the same.

Mark as Spam · Posted On : 7/13/2022 9:23:54 AM

Like · Dislike

jamNjim
Joined On 2/20/2008 11:15:54 PM
Add as Friend · Send Message

I have a friend that owns a business in Peoria, Illinois that got Delta in August 2021 and he still hasn't got his taste or smell back.

Mark as Spam · Posted On : 7/13/2022 10:57:17 AM

Like · Dislike

Paisley2
Joined On 5/27/2020 8:45:12 AM
Add as Friend · Send Message

I was also sick January of 2020. Started with a scratchy throat, so I knew a cold was coming. Next was an excruciating headache for about 24 hours and began feeling it going into my chest. I only lost my taste... had smelled awesome but everything tasted like cardboard for about a week. At the same time a very deep chesty cough developed that lasted about 3 weeks. It was the worst I ever had in my 60+ years. I was tempted to see the doctor thinking I might have developed pneumonia, but I plodded on with C, zinc, and cough meds and haven't been sick since...no jab. Is anyone else tired of hearing the word Covid? It seems no one has had any other ailment except Covid in the last 2 years. And yes, it's the jabbed friends and family that are getting sick these days.

Mark as Spam · Posted On : 7/13/2022 11:20:05 AM

Like · Dislike

IzzyKitty
Joined On 6/5/2020 10:54:30 AM
Add as Friend · Send Message

Furlab7ed.com - It took my coworker around 4 months to get his smell/taste buds back, he told us not being able to smell was not bothersome but not tasting his food was irritating. Good luck!

Mark as Spam · Posted On : 7/13/2022 12:11:13 PM

Like · Dislike

tallulah3
Joined On 4/21/2021 9:26:59 AM
Add as Friend · Send Message

It took me 4 days

Mark as Spam · Posted On : 7/13/2022 3:15:49 PM

Like · Dislike

Randyfast
Joined On 5/6/2010 6:42:42 PM
Add as Friend · Send Message

I feel the need to correct people, whenever they mention (un)coronum sense. Remember the DoDo bird? Also, I'd just like to mention that I am terminating my subscription to Natural News. I've had too many legitimate posts deleted. It seems as if Mikey doesn't like to be apologed in his "Breaking News" and "Bombshells". I usually know of his "news" before he even posts. Anyway, this is the latest post that was "Removed". Fortunately, I recovered it before it was "awaiting approval" :-) "Nobody has died from covid! Liars and Deceivers - all of them! If you're smart enough to listen to the truth, watch this:
www.canvasrichmeran.org/articles/catch-fauci-covid-19-gigafouale-and-nat...

Reply · Mark as Spam · Posted On : 7/13/2022 7:25:39 AM

Like · Dislike

Randyfast
Joined On 5/6/2010 6:42:42 PM
Add as Friend · Send Message

I posted this in response to another post that mentioned "uncommon sense". Now, I can't seem to find the original post and mine is at the very bottom; with a link to one of the most important videos you will probably never see. Strange times, indeed!

Mark as Spam · Posted On : 7/13/2022 9:51:17 AM

Like · Dislike

Formaggio
Joined On 6/8/2010 12:15:53 PM
Add as Friend · Send Message

So I only skimmed through this article, but if the surgical or cloths masks don't prevent small COVID particles from entering through them like an N95 mask, doesn't that mean that if one had COVID wearing a surgical or lesser mask that during exhalation those same particles go through the mask in the other direction and out deeper into the lungs?

Reply · Mark as Spam · Posted On : 7/13/2022 4:26:39 AM

Like · Dislike

Arlan1
Joined On 6/1/2020 1:45:38 PM
Add as Friend · Send Message

N95 masks don't filter viruses. They were never designed for viruses. Besides, coronaviruses are smaller than .1 microns. N95 are designed to filter .3 microns and up. That's not saying an N95 won't filter a .2 micron object but there is one detail few ever mention. Surgical and N95 masks filter water-soluble substances. They literally absorb these contaminants. Viruses are not water soluble. So, at best the virus sits on the surface, but because the mask absorbs moisture from your lungs it makes it impossible for the viruses to get stuck to or absorbed into the filter media. The longer you wear the mask the worse the problem gets. It was all smoke and mirrors (virtue signaling).

Mark as Spam · Posted On : 7/13/2022 6:15:29 AM

Like · Dislike

jamNjim
Joined On 2/20/2008 11:15:54 PM
Add as Friend · Send Message

Formaggio, per Arlan's comments, you can easily prove what he was saying via a smoke test. Heat up a lump of charcoal on a burner. When it starts feeling up it will begin smoking. Place your mask on and inhale with your head in the smoke. If you smell smoke the mask isn't filtering any viruses. Smoke particles are typically in the 0.5 to 1 micron range. Viruses are typically smaller than .1 microns. Smoke is easier to inhale. Viruses are not.

Mark as Spam · Posted On : 7/13/2022 6:27:02 AM

Like · Dislike

bakeswell
Joined On 12/26/2021 4:38:21 PM
Add as Friend · Send Message

Formaggio, it's not clear in this article. It's a language problem, so editor needs to fix. "Set me Rewrite"

Mark as Spam · Posted On : 7/13/2022 12:25:23 PM

Like · Dislike

nmobb
Joined On 4/15/2011 2:41:18 PM
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millions spent on the mask scam...! wonder who got rich on that scam? LOL...Scam after Scam...and billions just roll over and OBEY!!! Just like a puppy...YES!! "Citizen BORN!" ....."Citizen 97.7"...."Citizen Roll over!!! Yeah...."Good Citizen;".....'CITIZEN SHAM'".....""Citizen, SHUT UP!!!!!!!!" interesting how Hitler created Laws dealing with Animal Cruelty >>> news.wagatv8.com/...//kidatrian-uncovers-nazi-animal-laws <<<" The first law was passed in 1933, Under the Animal Protection Act, it was forbidden to mistreat or handle animals in any way that would harm them. Force feeding fuel was banned, and the law also provided protection to animals in circuses and zoos. In the initial version of the act, experimentation on animals was prohibited as well. People who neglected their pets could be arrested and fined.<" Here is more: SPCA was formed 1884...but had little Legal Ties....Hitler Put TEETH behind Animal Cruelty Laws.

Reply · Mark as Spam · Posted On : 7/13/2022 11:30:25 AM

Like · Dislike

nmobb
Joined On 4/15/2011 2:41:18 PM
Add as Friend · Send Message

Seems SPCA doesn't seem to care about 50 million to 70 million baby animals though.....Hummmm...causing birth defects and killing off insects which kills off everything else like birds and fish and turtles and snakes and lizards and on and on.....Maybe Hitler would have seen this this 5G bombardment of 4R-EMF irradiation as its true nature of being "Directed Energy Weapon" created to KILL ANYTHING LIVING !!! WAKE UP People.....they already are cooking you kids....in schools.....irreversible radiation that cause PERMANENT DAMAGE.....

Mark as Spam · Posted On : 7/13/2022 11:44:27 AM

Like · Dislike

nmobb
Joined On 4/15/2011 2:41:18 PM
Add as Friend · Send Message

Just to let you know Im Not Trash/Talking about 5G for the last 3 years >>> vimeo.com/.../emfconference2021

Mark as Spam · Posted On : 7/13/2022 11:54:34 AM

Like · Dislike

nmobb
Joined On 4/15/2011 2:41:18 PM
Add as Friend · Send Message

ATTENTION Dr Mercola >>> vimeo.com/.../emfconference2021 check these Medical Issues out! Please.....

Mark as Spam · Posted On : 7/13/2022 12:01:20 PM

Like · Dislike

florist
Joined On 4/13/2010 11:35:39 AM
Add as Friend · Send Message

According to Pfizer whistle blower the first lot of Covid was snake venom. I hope someone tests the food to see if it is chicken or something they added the genetically modified snake venom too.

Reply · Mark as Spam · Posted On : 7/13/2022 5:12:15 AM

Like · Dislike

nmobb
Joined On 4/15/2011 2:41:18 PM
Add as Friend · Send Message

He-Said-She-said.....lets all play the Blame Game.... But Who is really responsible for this mess ??? >>> www.realjenewes.com

Reply · Mark as Spam · Posted On : 7/13/2022 10:27:29 PM

Like · Dislike

bakeswell
Joined On 12/26/2021 4:38:21 PM
Add as Friend · Send Message

please carefully proof-read / copy edit the article. maybe add a sentence or two to clarify concepts. the content is so important to share. it needs to be decipherable. thank you. there's some confusion here: "The fundamentals of this effect are easily demonstrated when wearing a facemask and glasses at the same time by pulling the upper edge of the mask over the lower edge of the glasses. Droplets appear on the mask when breathing out and disappear when breathing in." In the 'Fingers effect,' the virions spread (because of their smaller size) deeper into the respiratory tract.

They bypass the bronchi and are inhaled deep into the alveoli, where they can cause pneumonia instead of bronchitis, which would be typical of a virus infection. Furthermore, these virions bypass the multilayer squamous epithelial wall that they cannot pass into in vivo and most likely cannot pass into in vitro. Therefore, the only probable way for the virions to enter the blood vessels is through the alveoli."//

Reply · Mark as Spam · Posted On : 7/13/2022 12:21:52 PM

Like · Dislike

LORLEEATH
Joined On 5/3/2012 10:02:26 AM
Add as Friend · Send Message

Working for 10 years in the OR as a surgical nurse where assisting in Surgical procedures lasting more than 6 hours on a daily basis, I can say without doubt the masks have never effected my mental capabilities nor the health of my lungs. If masks are worn properly (put on and taken off the correct way) they do offer protection. I am sure this study had not taken into the effect that most people in the general public are constantly touching, pulling masks down on their chins and lifting them back up, not covering their noses and not cleaning hands before repositioning them on their face, especially kids. I wear my mask in public (indoors only) constantly and have not been infected with Covid in almost 21/2 years. Nor do I have lung or cognitive issues.

Reply · Mark as Spam · Posted On : 7/13/2022 10:38:57 AM

Like · Dislike

brianallen1
Joined On 6/17/2021 10:12:38 AM
Add as Friend · Send Message

Most people commenting do not wear a mask and have never caught the boogerman virus either. Have you also replaced your window screens with chain link fencing to keep out flies, gnats and mosquitoes? Same cons ratio for your mask to virus.

Mark as Spam · Posted On : 7/13/2022 12:03:27 PM

Like · Dislike

her1272
Joined On 3/6/2019 11:00:25 PM
Add as Friend · Send Message

Gee, I don't wear a mask and have not been infected with Covid, either. So how does your masking prove a mask prevented you from getting Covid?

Mark as Spam · Posted On : 7/13/2022 1:08:25 PM

Like · Dislike

sartman59
Joined On 7/19/2009 1:31:28 PM
Add as Friend · Send Message

Bla Dr. Mercola: who needs to see a doctor? FOR OVER 100 YEARS HOSPITALS AND MEDICAL CENTERS HAVE USED AND STILL USES MASKS OF MULTIPLE GRADES AT MULTIPLE LEVELS WITHIN THESE MEDICAL FACILITIES! ..... THE ARTICLE IS MISLEADING = ANY MASK OR SORT LOWERS ONES EMISSIONS - P-E-R-I-O-D!

Reply · Mark as Spam · Posted On : 7/13/2022 9:35:20 PM

Like · Dislike

GINB275
Joined On 12/21/2011 8:00:24 AM
Add as Friend · Send Message

A very difficult article to read.

Reply · Mark as Spam · Posted On : 7/12/2022 3:12:23 AM

Like · Dislike

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