

# How Long Have You Been Consuming Gene Therapied Pork?

Analysis by [Dr. Joseph Mercola](#)

✓ Fact Checked

April 10, 2023

## STORY AT-A-GLANCE

- › For the last couple of years, I've recommended not eating pork due to its high linoleic acid (LA) content, but there's an even bigger reason to avoid it now. Since 2018, pork producers have been using customizable mRNA-based "vaccines" on their herds
- › The very first RNA-based livestock vaccine, a swine influenza (H3N2) RNA shot licensed in 2012, was developed by Harrisvaccines. The company followed up with an avian influenza mRNA shot in 2015. Harrisvaccines was acquired by Merck Animal Health later that year
- › CureVac developed an mRNA-based rabies shot for pigs in 2016
- › The swine vaccine platform Sequivity, introduced in 2018, was developed by Merck in partnership with Moderna. Sequivity can produce endlessly customized "vaccines," none of which undergo safety testing
- › Americans have been eating pork treated with gene therapy for nearly five years already, and even more of our meat supply is about to get the same treatment. mRNA-lipid nanoparticle shots for avian influenza are in the works, as are mRNA shots for cows. Lobbyists for the Cattlemen's Association recently confirmed they intend to use mRNA "vaccines" in cattle, which might affect both dairy and beef
- › Missouri House bill 1169 would require labeling of products that can alter your genes. It would also require companies to share information about the potential transmissibility of gene-altering interventions, and asserts that fully informed consent

must be given for all vaccines, gene therapies and medical interventions

For the last couple of years, I've recommended not eating pork due to its high **linoleic acid** (LA) content, but there's an even bigger reason to avoid it now. Since 2018,<sup>1</sup> pork producers have been using customizable mRNA-based "vaccines" on their herds, and this has slipped completely under the radar. I myself just found out about it. As described on Merck's animal health website:<sup>2</sup>

*"A revolutionary swine vaccine platform, SEQUIVITY harnesses RNA particle technology to create customized prescription vaccines against strains of influenza A virus in swine, porcine circovirus (PCV), rotavirus and beyond. It's supported by a sophisticated dashboard filled with comprehensive data and insights ...*

*Sequivity is a custom swine vaccine platform ... Sequivity only targets swine pathogen gene sequences of interest. Doesn't replicate or cause disease, delivering pathogen information to the immune system ... There's no need to transfer or handle live material like autogenous, killed or modified live vaccines ...*

*Targets existing and evolving swine pathogens, including diseases not covered by conventional swine vaccines. Allows for the creation of multivalent formulations by blending RNA particles to target multiple swine pathogens in one shot."*

## **First RNA 'Vaccine' for Livestock Licensed in 2012**

Merck was not alone in developing veterinary mRNA shots, however. They weren't even first on the scene, although they later acquired the company that started it all.

The very first RNA-based livestock vaccine, a swine influenza (H3N2) RNA shot, was

licensed over a decade ago in 2012, and was developed by Harrisvaccines.<sup>3,4</sup> The company followed up with an avian influenza mRNA shot in 2015.<sup>5</sup> Harrisvaccines was acquired by Merck Animal Health later that year.<sup>6,7</sup>

CureVac developed an mRNA-based rabies shot for pigs in 2016.<sup>8</sup> (On a side note, they began conducting human rabies shot trials in 2020 in response to the World Health Organization's goal to achieve "zero human rabies deaths by 2030."<sup>9</sup>)

In 2016, Bayer also partnered with BioNTech to develop mRNA "vaccines" for both livestock and pets,<sup>10,11</sup> but it doesn't appear they ever launched anything. So, in retrospect, it appears Americans have been eating pork treated with gene therapy for the past five years, and even more of our meat supply is about to get contaminated with the same treatment.

In addition to the avian influenza RNA shot for chickens licensed in 2015, newer mRNA-lipid nanoparticle shots for avian influenza are also in the works.<sup>12</sup> Iowa State University is also working on an mRNA shot for cows, and lobbyists for the Cattlemen's Association recently confirmed they intend to use mRNA "vaccines" in cattle,<sup>13,14</sup> which might affect both dairy and beef.

## **Merck and Moderna: Partners in mRNA Jab Race Since 2015**

The same year Merck purchased Harrisvaccines (2015), it also entered into a partnership with Moderna to develop a number of undisclosed mRNA "vaccines." It was slated to be a three-year collaboration, with a one-year optional extension, in which Merck would perform research and development and commercialization of five potential products using Moderna's mRNA technology. As reported by Genetic Engineering & Biotechnology News at the time:<sup>15</sup>

*"Moderna has agreed to design and synthesize the mRNA product candidates directed against selected targets through its mRNA Therapeutics™ platform.*

*The platform builds on the discovery that modified mRNA can direct the body's cellular machinery to produce nearly any protein of interest – ranging from native proteins to antibodies and other entirely novel protein constructs with therapeutic activity inside and outside of cells."*

## **Endless Customization, Zero Safety Testing**

Sequivity, introduced in 2018, was one of the products that came out of that partnership. As explained by Merck (both on its website and in the video above), Sequivity is not so much a single vaccine as it is a platform that can be endlessly customized – all without additional safety analyses over and beyond the initial ridiculously inadequate testing. As noted by Zoetis, the largest producer of veterinary drugs and vaccines:<sup>16</sup>

*"Sequivity has safety and efficacy studies based on the platform with a historical initial isolate, not likely the isolate that customers would be requesting in their product."*

Sequivity is customized as follows:<sup>17</sup>

1. Pathogen is collected and sent to a diagnostic lab.
2. The gene of interest is sequenced and sent electronically to Sequivity analysts.
3. A synthetic version of the gene of interest is synthesized and inserted into the RNA production platform.
4. The RNA particles released from incubated production cells are harvested and formulated into a customized "vaccine."

Using this platform, a customized "vaccine" can be created in as little as eight weeks. Now, what could go wrong by not testing every new shot for safety?

In my view, there are any number of safety hazards, as every pathogen has distinct

effects, and tricking the animal's body to produce that pathogen (or a pathogenic portion of that pathogen, as done with SARS-CoV-2) can have wildly unexpected side effects.

We've clearly seen this with the SARS-CoV-2 spike protein in humans. Pfizer's own documentation lists 158,000 recorded side effects, and many of these diseases and conditions have never before been reported in response to a vaccine.

I reviewed this evidence in "[Newly Released Pfizer Documents Reveal COVID Jab Dangers](#)" and "[CDC Aware of Hundreds of Safety Signals for COVID Jab](#)." Yet despite the obvious risks, the U.S. Food and Drug Administration has gone ahead and authorized [updated COVID shots to be released on an annual basis without additional safety testing](#), and apparently safety testing of mRNA shots used in animals was foregone nearly five years ago!

The risk of dangerous side effects is one of the reasons why not all conventional vaccines work out. Some simply cause too many problems. Now we're to believe that the possibility for dangerous side effects doesn't exist just because we're forcing the body to produce the antigen internally? If anything, the possibility for problems is higher than ever, as exposure to the antigen is continuous for a long period of time, possibly for the life of the animal.

## **Even Organic Pork Producers Can Use mRNA Shots**

Unfortunately, due to search engines now only providing a short list of curated and heavily censored content, it's been impossible to determine how many pork producers in the U.S. use Sequivity.

Without that data, I recommend erring on the safe side and avoiding pork altogether, including organic pork, as organic standards do not have any rules on the use of vaccines, mRNA-based or otherwise.<sup>18</sup>

Seeing how the Sequivity platform has been around for nearly five years already, it seems reasonable to assume nearly all large-scale swine producers have made this transition.

## **What Do the Cells in mRNA-Treated Meat Contain?**

The question now is, how do mRNA shots affect the meat? For now, this is speculative, as we do not know whether veterinary mRNA shots are substituting uridine with pseudouridine, as was done in the COVID shots. But if they do, then one of the obvious concerns would be that the mRNA might end up in the final meat product that you eat because this substitution makes it extremely difficult to destroy. As explained by Dr. Peter McCullough:<sup>19</sup>

*"Natural RNA is made of two purines adenine and guanine and two pyrimidines cytosine and uracil.*

*The replacement of uracil with its ribose ring (uridine) with N-1-methyl-pseudouridine, a synthetic product makes the genetic code for the Wuhan Spike protein better stabilized on lipid nanoparticles, long-lasting, and very efficient in terms of evading cellular destruction and able to undergo repeat reading by ribosomes for continued protein synthesis.*

*Morais et al<sup>20</sup> indicate that both Pfizer and Moderna chose development strategies replacing all uridine units with pseudouridine, making the entire strand completely 'unnatural' to the human body. Thus vaccine consultants, companies, and patients unfortunately gambled on how long mRNA would be active within the human body.*

*Fertig et al<sup>21</sup> found lipid nanoparticles with mRNA were measurable in plasma for – 15 days. Recently, Castruita et al<sup>22</sup> demonstrated mRNA in blood out to 28 days. Röltgen et al<sup>23</sup> have found mRNA in lymph nodes 60 days after injection.*

*None of these studies demonstrated complete clearance of mRNA from a group of patients.*

*This is worrisome since injections are recommended in some populations just a few months apart implying there will be stacking of long-lasting mRNA in the body without adequate opportunity for clearance and elimination.*

*We will look back for many years and ask: how could so many people readily accept injections of heavily modified synthetic genetic code giving the body instructions to manufacture a disease promoting and lethal protein engineered in a biosecurity lab in Wuhan, China?*

*Repeated administrations of mRNA studded with apparently indestructible pseudouridine may have changed the course of lives forever."*

If mRNA shots can cause significant disease in humans, how has it affected our pork supply for the last five years? And how will it affect beef and chicken in the future? Can consuming genetically manipulated meat affect your health? These are questions that currently do not have answers and must be thoroughly and comprehensively investigated.

## **Big Ag Didn't Tell Us What They Were Doing**

One of the most frustrating aspects of this is that the industry didn't tell us they were using novel gene therapy to spin up customized "vaccines" in weeks without any safety testing. The only reason many of us became aware of this issue in recent weeks was because attorney Tom Renz started warning about it.

**“ Missouri House bill 1169 would require labeling of products that have the ability to alter your genetics. It would also require companies to share**

# **information about the potential transmissibility of gene altering interventions.”**

In an April 2, 2023, Substack article, he wrote:<sup>24</sup>

*"I have been talking about gene therapy vaccines being introduced into the food supply without providing people informed consent on my Twitter account ... as well as pushing Missouri HB1169 which is our best bet of stopping this happening.*

*This is a nightmare scenario whereby people's genetics are potentially altered with 'factory foods' without them even knowing. Let me begin by putting to rest any questions as to whether this can happen. The idea of vaccines in food has been around for a long time ...*

*Here is an article published in the NIH<sup>25</sup> (you know – by our government) talking about foods 'under application' to be genetically modified to become edible vaccines – FROM 2013 ... The fact that food can be altered to act as a vaccine is not disputable.*

*Which foods and in what ways is more of a question. It is claimed that beef, pork, etc. cannot transfer vaccination from the meat to the consumer of the meat. At initial glance that would make sense (cow DNA and people DNA is quite different and an mRNA designed for cows would probably not be able to transfer directly to people), but that is NOT the whole story.*

*You have to remember that the additives in the mRNA vaccines are by no means 'proven safe' and we don't even actually know what all is in these shots ... Ultimately the mRNA jabs still have not undergone long-term testing because long-term testing can take 10-20 years and they have not existed that long so any claims about the safety or efficacy of the stuff that's in them are garbage at best.*



*What we do know about the mRNA vaccines is that they do not stop the spread of disease<sup>26</sup> ... and really do not help in any way with anything. We also do know that these jabs were demonstrated, in vitro, to alter the genetic makeup of some cells and I would say it is incredibly likely that they do the outside the Petri dish.*

*Given that we are now talking about a new level of genetic engineering with unknown effects and no long-term studies, do the potential genetic changes the mRNA injections facilitate pose a long-term risk to humans that ingest the altered food? Before you say no, wouldn't you prefer it be tested rather than being the subject of the experiment?"*

## **Support Missouri House Bill 1169**

As noted by Renz, Missouri House Bill 1169<sup>27</sup> would require labeling of products that can alter your genes. It also asserts that fully informed consent must be given for all vaccines, gene therapies and medical interventions, and would require companies to share information about the potential transmissibility of gene-altering interventions.

The pushback by industry against this bill has been enormous, which should tell you something. It doesn't ban anything; it only requires transparency. That, apparently, is a serious threat to industry, and the most obvious reason for that is because they'd have to admit that all sorts of foods can have gene altering effects.

Not only might this destroy Big Ag, but it would also decimate any surreptitious attempts by Big Pharma to use the food supply as a tool to distribute vaccines unbeknownst to consumers. As noted by Renz, "Big pharma DOES NOT WANT people to know they are going to use food to alter their genetics." Farmers are also being set up as the fall guys, and they need to be made aware of this.

*"The lobbyists opposing this bill ... are pushing to shut this bill down because factory mega-farmers like Bill Gates,<sup>28</sup> the CCP, and others want to put*

*vaccines in your food," Renz continues.<sup>29</sup> "These guys are supporting the big money but this will come at the expense of the family farmers.*

*The problem is that the major factory-farmers like Gates have legal teams that can set up defense shields against the torts that may come if the food supply starts poisoning people ...*

*Meanwhile, the small farmers will be at risk of being sued if it turns out that the food they are selling is unsafe despite the fact that most of them will not necessarily know what is happening.*

*If the corn growers, soybean, cattle, and pork associations actually cared about the farmers they would be demanding the seed companies and vaccine manufacturers indemnify the small farmers for these products rather than opposing a bill that would force them to tell the farmers what they are doing.*

*The corruption regarding this bill is amazing. Ultimately the labeling requirement would likely serve to protect farmers from being sued because the makers of seed and vaccines would have to make sure the farmers knew if they were putting potential gene therapies into their products. The opposition from the ag lobby is not to help the farmers, it is to help their own pockets."*

As noted by Renz, if this bill is passed in Missouri, it could help protect the food supply of the entire United States. In the meantime, I recommend avoiding all pork products, including organic ones, as they not only have high levels of the omega-6 fat, linoleic acid, because of the grains they are fed, but virtually all have been contaminated with the mRNA vaccines for the past five years.

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## Guillermou

Humanity is living as in a devilish dream. The question is to contaminate people and animals with mRNA technology to reach all people, including those who do not receive the biological weapon against C-19 and those who even eat organic meat. It is one more step in the depopulation of globalists with psychopathic minds. One such Australian cattle mRNA assay reported a 17.5 percent mortality rate for cattle. The incident occurred in the Australian state of New South Wales, where authorities forced a rancher to vaccinate 200 head of cattle with mRNA vaccines. Thirty-five of those animals died instantly. Dylan Eleven, writing for Principia Scientific, noted that the surviving members of this herd of cows had already had their DNA altered by mRNA vaccines. "My hope is that we find a way to deal with this," Renz said.

"But the key here is that we have to continue to get the truth out there because, unfortunately, we cannot count on our federal government to do anything legal or ethical."

[principia-scientific.com/instant-death-of-cows-who-received-mrna-vacci..](https://principia-scientific.com/instant-death-of-cows-who-received-mrna-vacci..) (2022).- Watch this episode of "Another Renz Rant" as attorney Thomas Renz talks about mRNA vaccines infecting the food supply.

[www.brighteon.com/7a1a63fe-85de-41ff-9769-f5fcba8f0730](https://www.brighteon.com/7a1a63fe-85de-41ff-9769-f5fcba8f0730) (2023).- Research from the University of California at Irvine and the University of California at Riverside found that the future of vaccines looks more like a salad than a shot in the arm. On the March 24 episode of "War Room," Pfizer whistleblower Karen Kingston discussed developing vaccines through food consumption.

[www.brighteon.com/7d11132a-47e0-4b75-8e19-35af6d21c1e5](https://www.brighteon.com/7d11132a-47e0-4b75-8e19-35af6d21c1e5) (2023)

Posted On 04/10/2023

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CHINESE LOAD COW'S MILK WITH MRNA EXOSOMES--SUCCESSFULLY IMMUNIZE MICE COVID-19 mRNA Vaccine Assault Possible Through Food Supply. "However, given the damage mRNA vaccines have generated in terms of injuries, disabilities, and deaths, these data raise considerable ethical issues. The COVID States project has shown that 25% of Americans were successful in remaining unvaccinated. This group would have strong objections to mRNA in the food supply, particularly if it was done surreptitiously or with minimal labelling/warnings. Children could be targeted with easily administered oral vaccine dosing or potentially get mRNA through milk at school lunches and other unsupervised meals."

[petermcculloughmd.substack.com/p/chinese-load-cows-milk-with-mrna?utm\\_..](https://petermcculloughmd.substack.com/p/chinese-load-cows-milk-with-mrna?utm_..) (04/07/2023)

Posted On 04/10/2023

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**juststeve**

Gui look at this, so you don't see that. Sneaky Pete slip in all sorts of Rubbish disguised as whatever is supposed to be the latest greatest savior of mankind brought to you by Predator Para\$ite\$ and Greedsters who feed at the Predator trough. The vast majority if not all animals or crops for that matter rarely live in cramped herds, or confined and captive in massive numbers. Confined Animal Feed Lots are massive breeding grounds for over blooms of infectious dis-ease of all kinds, further ramping things up are band-aid temporary stop gaps each leading to deeper & more serious problems. This includes people held in CHFL's, Cities, Confined Human Feed Lots.

Very much like when bacteria reach to large a number, a bloom, even if normally benign, become toxic, Dis-ease causing. Just as we were warned early on with C-19 you can't vaccinate your way out of a dis-ease outbreak. (Especially when something isn't even a vaccine, just sayn'.) What results suggest is this behavior only increases the turnover for mutants, variants and continues spread and most likely as bad or worse as the offender is given the wrong signal to pursue without dampening down major sickness or fatality's so it the offender who wants to survive can move on to new hosts without or little immune responses.

If allowed in Creation, huge herds constantly move causing temporary damage, followed by various other creatures in a system to continuedly heal all those Life Forms who participate. From the Life in the Soil to the plants & water it maintains, the creatures co-depending in the Circular 'Economy of Life.' Our Real Deal Biodynamics Regenerative Agriculture does the same, sans Jab/s, traditional vaccines, or antibiotic soaking, without the Predator\$ linear, take, make and throw out methods. Our methods know how to feed without the greed. The Predator does not feed much more than Greed.

Posted On 04/10/2023

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**juststeve**

All is not lost, parallel agriculture; [www.youtube.com/watch](http://www.youtube.com/watch)

Posted On 04/10/2023

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Well expressed. JUST, humanity needs integral people who project wisdom to promote the health of the planet and the living beings that inhabit it. Our future well-being depends on placing relationships first in our collective interests. When nature is taken care of, we also stay with ourselves. All meaning arises from coordinated action and what we consider real and valuable depends on the well-being that we project, with the effort of local regenerative agriculture. Relationships with others and with nature must imply respect and an order of priorities that must be sustained in preserving it as born from the creator's work. Life on Earth is not possible because of technological advances, but because there are trees, lands, and seas that allow us to oxygenate this planet and make it possible for us to breathe and feed ourselves.

The love of nature, of life, of all the creatures in the world is the only thing that gives meaning to life. The big corporations want to monopolize food, the pharmaceutical industry, energy, population control, and they use the spirit that encourages them the Great Reset, the global technocratic corporate coup promoted by Gates' friend and associate, Klaus Schwab, of the WEF are the creators of a false science of genetically modified foods, proteins, chemical and pharmaceutical products, vaccines and sell us as "sustainable solutions".

The billionaires club is having a destructive impact all over the world. Their determined pursuit of profit has undemocratically imposed uniformity and external control over finances, food, energy, information, health care, and even relationships. The answer to the environmental problems we face is not more of the same things that created the problems in the first place, proposed by Gates. The answer is regenerative agriculture and real food. The answer is local alternative energy from the bottom up, commanded by the people, not the exploitation of the Great Reset.

Posted On 04/10/2023

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**rrealrose**

Hi Gui, How about the meat already contains mRNA from animal shots, and it is being transferred to consumers? This is a recent Maria Zeee interview - "Dr. Ana Mihalcea Major Chain Grocery Meat FULL of Structures Like VAXX in Australia & U.S 4/8/23" - - [www.bitchute.com/.../ek87byDHfKkA](http://www.bitchute.com/.../ek87byDHfKkA) -  
- Who knew???

Posted On 04/10/2023

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**jef9075**

Hello juststeve. The youtube video was outstanding. Thank you!

Posted On 04/10/2023

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## TheFacts

I think that yes, using mRNA vaccines on our food supply without more research and transparency is appalling. Yes, these vaccines should be fought against strongly, until their safety has been strongly established... and THAT is unlikely. But before getting too terrified... I would like to see some strong research on the effects and transmissability... since 2018, has there been a significant incidence of pigs dying in mass numbers? Due to blood clotting, embolisms, strokes, etc? Would pork producers willingly allow themselves to be bankrupted, or even have their incomes radically reduced if these jabs were killing off a percentage of their animals?

How different are the effects of injected mRNA poisons vs those consumed in tainted meats? Significant, one would think... have any studies been done? There is some scary evidence that the unvaccinated have been polluted in some manner with foreign structures, nano particles/bots, etc, as indicated in this video:

[rumble.com/v2gtln2--dr.-ana-mihalcea-talks-in-depth-with-celeste-solum..](https://www.rumble.com/v2gtln2--dr.-ana-mihalcea-talks-in-depth-with-celeste-solum..) But is this pollution due to the ingestion of meats from mRNA vaxxed animals?

OR are they coming down via chem-trails? Have the evil ones put them into our water supplies? Why, after 5 years of exposure to mRNA-tainted pork, have not many unvaccinated developed the same horrific side effects, including sudden death, that the Covid-vaxxed have? Does the body's natural defense systems remove these pollutants? Are enzymes like Nattokinase or Lumbrokinase effective in removing these pollutants? Will we all have to consider IV EDTA chelation?

Posted On 04/10/2023

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## dude01

GUI, your opening sentence says it all. Particularly with the way today's modern farmers approach farming. Regarding hog farmers, they should be letting the animals have access to clean healthy food, fresh air and sunlight, and plenty of room to roam. To take the Bill Gates vaccine approach and apply it to hog farming, isn't going to produce any positive effects. Instead, it will create weakened and unhealthy animals. Knowing that, and applying the "You are what you eat" theory, makes me think you're just passing the weakened state of the animals on to the humans who are eating these abused and unhealthy animals. Thank you for your many daily, insightful comments.

Posted On 04/10/2023

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## rrealrose

TheFACTS - Yes, we may all be staring down EDTA - !?! The biggest change made has been to the urodine component, as Dr Malone mentioned Moderna switched from using urodine to pseudo-urodine, a synthetic product known to be highly inflammatory. But this is Merck with a history of animal products. Most CAFO-raised animals go to slaughter earlier than you can imagine, may not be around long enough to adequately determine effects from these shots. AND we know from the human shots, these offer no protection nor do these halt transmission. Then there's gmo animal feed, and the geoengineering component spraying who knows what all over the landscape, polluting air, land and water. Govt-sanctioned or approved programs making a mess of the environment for sure! The entire system has been corrupted and assume there's no quick fix available, as those in charge need to be retired and a much different representative system established.

Posted On 04/10/2023

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## Guillermou

Rese, your link is not allowed in my country but against this other one: Dr. Ana Michalcea joins us to expose how tests on both Australian and U.S. major chain grocery store meat has shown structures like we have seen both in the COVID injection vials and the blood of the injected, now also being found in the uninjected. Dr. Ana exposes her findings of her in conjunction with Dr. David Nixon in Australia on this gross experiment being conducted on human beings without their consent, poisoning our food supply.

[rumble.com/v2gx6t0-dr.-ana-mihalcea-major-chain-grocery-meat-full-of-s..](https://www.rumble.com/v2gx6t0-dr.-ana-mihalcea-major-chain-grocery-meat-full-of-s..)

Posted On 04/10/2023

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## rrealrose

Thanks Gui, not sure who has access to Rumble either! Suspect many French are blocked, not sure.

Posted On 04/10/2023

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Very true, TheFacts, everything suggests that the contaminants of the biological weapons against C-19 are in the meat of the cattle as are the antibiotics and hormones of industrial livestock, only now it can be more serious and can even be found in the organic foods. In this article the German Working Group for COVID Vaccine Analysis an international network of more than sixty: scientists, doctors, mathematicians, lawyers and others who have committed to conducting in-depth laboratory analyzes of so-called "vaccines" against covid-19 and to report their findings to the public present interesting information. Working in multiple laboratories and countries, the group has analyzed so-called "vaccines" from Moderna, BioNTech/Pfizer, AstraZenica and Johnson and Johnson and the blood of people who have been injected.

They have used: scanning electron microscopy (SEM), energy dispersive X-ray spectroscopy (EDX), mass spectroscopy (MS), inductively coupled plasma (ICP) analysis, bright-field microscopy (BFM), field microscopy (DFM) and Live Blood Image Diagnostics, as well as image analysis using Artificial Intelligence. In the link a summary of their findings: MORE THAN 60 SCIENTISTS COLLABORATING BETWEEN MULTIPLE LABORATORIES IN SEVERAL NATIONS REVEAL WHAT IS REALLY IN THE INJECTIONS AND WHAT IS HAPPENING TO THE INJECTION VICTIMS BLOOD.

[drtrozzi.org/.../whats-really-in-the-covid-vaccines](https://drtrozzi.org/.../whats-really-in-the-covid-vaccines) (09/23/2022)

Posted On 04/10/2023

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## Guillermou

Rose, also referring to Dra. Ana Mihalcea. A former WHO consultant turned whistleblower was censored at a Wuhan coronavirus (COVID-19) conference in the Swedish capital Stockholm. Swiss researcher Dr. Astrid Stuckelberger was among the speakers at the conference “Pandemic Strategies: Lessons and Consequences”, held on January 21-22 at the Waterfront Hotel in Stockholm. She was allotted 40 minutes to discuss her presentation on the afternoon of the second day. However, the conference organizers decided to cut Stuckelberger off while she was doing two-thirds of her talk.

She had been talking about graphene oxide in the Wuhan coronavirus (COVID-19) vaccines when she was censored. According to her Stuckelberger, the censorship occurred when she was about to present the discoveries of nanotechnology and graphene oxide in vaccine vials. Integrative medicine practitioner Dr. Ana Mihalcea expounded on the censorship Stuckelberger experienced at the conference in a January 25 post by her on her Substack. She quoted a statement from Dr. Glenn Dormer, an assistant who stood up and shouted in the Swiss researcher's defense.

“He moved me a lot and I stood up in the audience of 800 people,” Dormer said. “This woman is risking her life to speak more truth than we have heard in the last two days in this congregation. Stukelberger worked off the script; she began to show what the plan is. She said: 'This is what the WHO was and has become, part of this control chart.'

[expose-news.com/2023/02/15/who-whistle-blower-shut-down-at-stockholm/](https://expose-news.com/2023/02/15/who-whistle-blower-shut-down-at-stockholm/) (2023)

[anamihalceamdphd.substack.com/p/nanotechnology-discussion-at-medical](https://anamihalceamdphd.substack.com/p/nanotechnology-discussion-at-medical) (2024)

Posted On 04/10/2023

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## Guillermou

Thank you Dude, it is always a pleasure to read your comments that reveal a constant concern for the current situation and your concern to spread the true science. Indeed, industrial farming with antibiotics and constant stress produces undesirable bacteria and diseases that are then transmitted to people, and furthermore, promotes a serious crisis of antibiotic-resistant diseases. The mistreatment of animals is part of the contempt for the environment and nature. The number of industrial cattle sent to slaughter each year is equivalent to eight times the human population of planet Earth. At no other time in history have so many animals died or suffered so much throughout their lives.

Factory farming is the main cause of animal suffering and abuse. These silent victims have become machines that generate meat, milk and eggs. These animals are sentient beings with a desire to live, but we take that life away from them. For many animals, the only time they see and feel the light and warmth of the sun will be during the journey to the slaughterhouse. Transport conditions are unbelievably inhumane: animals are crammed into huge trucks, sometimes traveling long distances, without food or water. These images do not reveal a compassionate world. The images on the link are dramatic.

[animalequality.org/news/why-factory-farming-is-the-largest-cause-of-an..](https://animalequality.org/news/why-factory-farming-is-the-largest-cause-of-an..)

Posted On 04/10/2023

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## rrealrose

Hi Gui, yet another reason? this past weekend the flood gates are opening even further?

BREAKING: Secret Documents published by order of the U.S. Federal Court prove Pfizer, the FDA & Fact Checkers lied when they said Toxic Graphene Oxide was not inside the Covid-19 Vaccines - - [expose-news.com/2023/04/09/pfizer-fda-lied-graphene-oxide-is-inside-co..](https://expose-news.com/2023/04/09/pfizer-fda-lied-graphene-oxide-is-inside-co..) - - as far as I could tell, graphene is included in the clot shot manufacturing process, as shown in at least 1 patent document, therefore no way for it not to be in the shots. Then again, what do I know?

Posted On 04/10/2023

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## Krofter

Rose - Dr. Mihalcea has done some excellent research. She has verified what I pointed out back in 2021 that what we are being told are the active biological components of the jabs have been used in livestock jabs for many years. Fauci even told us the technology has been around for decades. Dr. Mihalcea points out there is no phosphorous or nitrogen in many samples taken - which would indicate biological life. Which means the real bioweapons are the nano technologies used to create the PEGylated lipid Trojan horse that we are being told carries the spike protein into the cell. Perhaps the most concerning part of what she is finding is that the nanotech is now showing up in the meat of unvaccinated animals and humans. It appears the psychopaths goal of destroying Gods creation by transforming all life into cyborgs is well under way.

[secularheretic.substack.com/p/its-the-trojan-horse-technology-not](https://secularheretic.substack.com/p/its-the-trojan-horse-technology-not)

Posted On 04/10/2023

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## phoenix999

JustSteve: Thanks for the YouTube video of Joel Salatin. The book "The Omnivore's Dilemma" skillfully details how Salatin's farm works, and the state of our food system in general (how the government came to subsidize junk food, etc.). I very highly recommend the audiobook in particular--even for those who wouldn't otherwise be interested in these topics!

Posted On 04/10/2023

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## rrealrose

Hi Krofter, thanks, was aware Pfizer's first mRNA shots were in dogs and rabbits(?) back in 1992; however, based on what we've just seen, how can anyone assume these actually work as advertised? - - - - phoenix - so sorry, Omnivore's Dilemma is Michael Pollan's book. Joel Salatin wrote "Folks, This Ain't Normal" here's a video link: [www.youtube.com/watch](http://www.youtube.com/watch)

Posted On 04/10/2023

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## Guillermou

Rose, while BigPharma and the institutions lie, an exemplary doctor helped spread the truth and save lives. THE ANONYMOUS HERO OF THE PANDEMIC: THE STORY OF THE UNKNOWN DOCTOR He had to fight two enemies simultaneously: COVID-19 and the media. "The story I am about to tell is about a doctor, not a soldier. And it's not about a doctor who died while fighting the COVID-19 pandemic, but about a doctor who is still alive. However, I will preserve his identity because he broke several rules to fight the pandemic. Furthermore, he encouraged other people to do the same. Revealing his name today could negatively affect his professional career."

[substack.com/.../113924480](http://substack.com/.../113924480) (04/10/2023). The reduction in mortality with HCQ in early treatment is 72%. With ivermectin, it is 40%. With vitamin D, it is 68%. Doctors using cocktails of multiple medications have a 94.5% reduction in deaths. [c19hcq.org/meta.html](http://c19hcq.org/meta.html)

DID TWO (2) SEPARATE AUTOPSY STUDIES REVEAL (SCHWAB ET AL. GERMANY & CHAVES ET AL. COLUMBIA) THAT MOST DEATHS POST COVID MRNA TECHNOLOGY INJECTION ARE DUE TO THE SPIKE PROTEIN? YES!!!! We have reports of sudden cardiac arrest, myocarditis, clotting, massive bleeding etc! It is clear now that we have a catastrophic problem with these COVID mRNA technology shots! MUST be stopped! [substack.com/.../113879386](http://substack.com/.../113879386) (04/10/2023)

Posted On 04/10/2023

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## VanTheMan88

So they had been testing mRNA injections on animals at large before they started on humans en masse two years ago... The saddest part might be that I'm not surprised

Posted On 04/10/2023

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## VanTheMan88

I understand how parts of spike protein end up in various parts of the body. Can anyone post a link to an explanation of how the mRNA can change someone's genetic structure, especially from eating meat from an animal given one of these injections? Or is the latter fulfilled as a definition just by the production of genetic material that would otherwise be alien to the body? As opposed to the stronger definition that would mean that the genetic code that person passes on to their offspring has been altered, however slightly or largely?

I understand that the mRNA shots are gene-transfer technology because they fulfill one of the two definitions of gene-transfer technology: they are designed to make the body produce a genetic material that it traditionally wouldn't. Is there evidence that it has changed the genetic material that the animal would pass on to its offspring? Or is the latter more of a concern, given that the effects of the technology aren't well-known? Pray for us all...

Posted On 04/10/2023

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## otis101

Just posted this to yesterdays article so posting today for those that don't catch it. I recently purchased a book by Michael Rectenwald, PH.D. with a forward by Lew Rockwell. Titled "The Great Reset and the Struggle for Liberty: Unraveling the Global Agenda". It is the definitive treatment of the Great Reset. In a scholarly examination, Rectenwald treats the various components of the Great Reset, including the economic system it establishes, the deep history of the World Economic Forum (WEF), the population control "ethics" of the WEF and related globalist organizations, climate change catastrophism, the technologies of the Fourth Industrial Revolution (including transhumanism), and the question of conspiracy theory.

Rectenwald ends with a nine-point plan for stopping the Great Reset in its tracks, as part of what he calls the Grand Refusal. Far from a conspiratorial rant, The Great Reset and the Struggle for Liberty is a thoroughly sourced account that lays bare the premises and implications of the Great Reset project. Source, book overview, Barnes & Noble.

[www.barnesandnoble.com/w/the-great-reset-and-the-struggle-for-liberty-..](http://www.barnesandnoble.com/w/the-great-reset-and-the-struggle-for-liberty-..)

Posted On 04/10/2023

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## Guillermou

interesting, OTIS, and at the same time against the WHO "the insanity continues to reach new heights!!!. A voice from your country that tells us the truth: Exit the WHO. Why and How. The top 3 reasons why this is absolutely essential to our dignified survival; and a Canadian resources to help us do what must be done The International Health Regulations amendments include establishing global medical martial law, removing "respect for dignity, human rights, and the fundamental freedoms of people", and branding us with global digital "health " certificates. Unelected bureaucrats requested these amendments "on our behalf". The amendments are set to be adopted by the WHO in May of this year. We must exit, investigate and prosecute the WHO.

[drtrozzi.org/.../exit-the-who-why-and-how](http://drtrozzi.org/.../exit-the-who-why-and-how) (02/07/2023)

Posted On 04/10/2023

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**bfr27915**

Thanks otis101 - I will get the book. This battle between the "Central Banks" and their oligarchy vs. the Commonwealth has been raging since the American Revolution (which is still being fought). "Few people today even begin to grasp the profound historical importance of the American Revolution. For Americans, the heritage of that revolution lives on as part of our culture, and the lives of Benjamin Franklin, Abraham Lincoln, and Franklin Roosevelt, remain today a living memory within each American citizen. However, over the years, the deeper comprehension of that history has been dulled, as well as deliberately distorted by the Anglophile oligarchy.

For others, particularly Europeans, the American Revolution remains a mystery, obscured, as though behind a veil. The long reign of the oligarchy and its Central Banking System has produced a 21st century Western European culture, in which the oligarchical shackles on the minds of the people have become invisible to them, and the Renaissance idea of Commonwealth has become practically incomprehensible. Most present day Western Europeans are incapable of seeing that what came into existence between 1775-1787 was not a new nation but a new species of nation." from page 79 - "The Modern Anglo-Dutch Empire"

[www.wlym.com/archive/oakland/brutish/TheModernAngloDutchEmpire.pdf](http://www.wlym.com/archive/oakland/brutish/TheModernAngloDutchEmpire.pdf) Know your enemy!!!

Posted On 04/10/2023

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**rrealrose**

Thanks Otis, will read on Kindle (had unused credits).

Posted On 04/10/2023

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**otis101**

Gui, thanks for the informative link 'who, why, & how to exit the WHO'.

Posted On 04/10/2023

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**tallulah3**

Oh my goodness. While I was taking care of my mom, I would cook bacon because she loved it. I wonder if that's what caused me to get ITP. I wonder if I'm vaxxed from eating it and didn't know it. I haven't eaten any in months and since I got out of the hospital, I haven't eaten any. This is really scary that our food supply is contaminated. I haven't ever really been sick in my life until this happened to me in August. I sent this article to a friend that got sick from eating bacon

Posted On 04/10/2023

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**Johman0**

ITP?

Posted On 04/10/2023

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### **tallulah3**

Johnman it's a blood disorder. I got down to zero platelets in my body. My blood wasn't clotting. I just can't quite figure out how this happened to me. I didn't get the jab. I wasn't around very many people. It's a mystery. It took from the end of august until the end of December to get better.

Posted On 04/10/2023

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### **Maritt**

Suggest you consider this [covid19criticalcare.com/.../i-recover](https://covid19criticalcare.com/.../i-recover)

Posted On 04/10/2023

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### **jwyoungjerry**

This is why I don't trust the health authorities. This people are suppose to be keeping us healthy but they are doing things to hurt our health including genocide.

Posted On 04/10/2023

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### **rrealrose**

Please redefine, this is veterinary medicine and falls under the FDA and USDA for meats. The USDA has morphed over the past 20 years into a taxpayer-funded, marketing department for Big Ag.

Posted On 04/10/2023

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## lin3741

Big pharm is simply out of CONTROL. seems they just get away with anything they can dream up on a given day. ZERO regulation. ZERO accountability. ZERO caring. AND PURE UNADULTERATED GREED. thats what you call a surefire recipe for DISASTER. and thats an understatement. They are the PROBLEM and NOT the cure. For ANYTHING. MURDERERS.

Posted On 04/10/2023

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## rrealrose

Hi epi-cure, Step back and Think about it: Given covid shots did nothing to prevent transmission or infection, what do you think farmers will be paying for? Smoke and mirrors, just smoke? just mirrors? One Answer: MAC addresses for each head of cattle!!

Posted On 04/10/2023

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## Dordee

You need to include the politicians weho have been bought by Pharma, etc.

Posted On 04/10/2023

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## DebbyW

Is there a group in Missouri working on getting this bill passed that I can contribute to? We know Big Pharma is paying big bucks to convince lawmakers to vote against the bill. We need lots of informed Missouri citizens contacting their lawmakers to ask them to pass the bill.

Posted On 04/10/2023

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**rrealrose**

You may want to check out the Atty Tom Renz's website. Last thing watched/listened to, this group in Missouri was looking for support in all manner of legal assistance too.

Posted On 04/10/2023

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**rrealrose**

Hi Debby, here's one of the latest on this story, Naomi Wolfe and Tom Renz discuss: "mRNA Gene Therapy Is Coming to the Food Supply: What We Can Do About it w/ Tom Renz & Naomi Wolf" - - [www.bitchute.com/.../fQ6aYsDCQyTj](http://www.bitchute.com/.../fQ6aYsDCQyTj) - - hang on this til the end, as Tom Renz gives suggestions as to how to support this action. My take on this is its already been in the meat supply for some time...

Posted On 04/10/2023

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## Dordee

Check out senior citizens especially, very informed , aware that they especially want us out of the way, after all we remember the good old days and the bad that has happened. Visit the local post office, join in conversations, the tire store, getting a tire fixed, grocery store, anywhere people congregate. It is amazing what seniors are aware of. Especially at post office, I started talking with an animal rescuer and then a senior joined in and we went to politicians, the elite. Register with NYIC, link in this article. They have list of groups for every state.

Posted On 04/10/2023

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## taj8719

I find it increasingly difficult to read these articles. Grateful for them but I cannot stomach the reality. Literally. Barely able to read the comments and as the first one sentence suggests, nightmare. Humanity, we can do better. Pigs as some suggest, and many don't know are and have been a human hybrid, human-boar. This is not the first go round in the genetic game. Don't eat it.

Posted On 04/10/2023

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## TheOrage

I am very aware of this situation arising in Australia.

[yournews.com/2023/01/13/2491362/mrna-vaccines-in-livestock-and-compani..](https://yournews.com/2023/01/13/2491362/mrna-vaccines-in-livestock-and-compani..) It appears NSW is approaching this issue more aggressively than Queensland (at the moment) but was told that organic farms don't have to vaccinate their cattle (unverified). I asked my friend who raises cattle in NSW and she said there has been no notification or mandate from the State Government or any other authority yet to inject her cattle. All very unclear at the moment. I have raised the issue with both my butchers and one is very sympathetic and says he is on to it.

Meanwhile it is even more important to develop communities to raise and slaughter your own meat. I bought some grass fed organic lamb's liver the other day and when I washed it I did notice there were a lot of blood clots that remained in the sieve which I have never noticed before. Don't know if I am getting paranoid. Does anyone know if this is normal? The butcher cut it up this time and I normally take it whole.

Posted On 04/10/2023

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Thanks TheOrge, I also posted a reference for mRNA vaccines for cattle in Australia. This substack is interesting: [EAT YOUR VACCINES! I MEAN VEGETABLES!](#) Said Bill Gates We can be sure of the harm to people from mRNA vaccines in human food. It must be remembered that the additives in mRNA vaccines are in no way "proven safe" and we don't even really know what these shots contain. Lipid nanoparticles (LNPs) seem to be a problem and there have been numerous reports of "other stuff" some scientists have found in the injections when they examined them. Ultimately, mRNA injections have yet to undergo long-term testing because long-term testing can take 10 to 20 years and they haven't been around that long, so any claims about the safety or efficacy of the stuff they contain is garbage.

Why would the people who push to use these unproven technologies object to revealing what they are doing? A possible attack on House Bill 1169 in Missouri is concerning. The answer is lobbyists. Big Pharma has no legitimate basis to publicly argue against a disclosure/informed consent bill, so they have tried to get the farm lobby to do their dirty work.

This is also because agricultural bioengineers and big pharma are the same thing. Bayer owns Monsanto, which is one of the largest seed producers. Lobbyists who oppose this bill are pushing it because industrial mega-farmers like Bill Gates, the CCP and others want to put vaccines in their food. They are supporting a lot of money, but this will come at the expense of family farmers. The problem is that major industrial farmers like Gates have legal teams that can set up defense shields against [tomrenz.substack.com/p/eat-your-vaccines-i-mean-vegetables?utm\\_source=%..](https://tomrenz.substack.com/p/eat-your-vaccines-i-mean-vegetables?utm_source=%..)  
(04/04/2023)

Posted On 04/10/2023

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## grulla

"Meanwhile it is even more important to develop communities to raise and slaughter your own meat." And in the U.S., also support the Prime Act to help break up the 'big meat' slaughtering and packing monopolies that recently threatened our meat supply chains with slow-downs and possible shut-downs because of the Covid nonsense. [ij.org/.../prime-act](https://www.ij.org/.../prime-act)

Posted On 04/10/2023

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## Dordee

It takes time, effort to find organic, grassfed meat, but worth it, after all, it is your life! We can no longer take the word of strangers, need a network of people you know and trust. Be willing to speak out, be brave. Maybe it is because I am 82, not have much to lose, but I refuse to keep quiet!

Posted On 04/10/2023

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## DiaTrig

Organic farms in NSW do not have to vaccinate, although I believe many do anyway. Wolki farms was started a few years ago by a non-farmer, out of his frustration at not being able to choose what went into his family's meat. They have organic grass-fed, non-vaccinated, non-hormoned meat; beef, pork, lamb, and poultry.

Posted On 04/11/2023

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**rob629698**

I would like to know if there is graphene, or other heavy metals in the animal injections. Check out La Quinta Columna, their recent conference in Sevilla, `The Game is Over; the evidence is in.

Posted On 04/10/2023

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**rob629698**

Do the injections contain graphene? See La Quinta Columna, at a recent conference in Seville; The Game is Over. (English subtitles)

Posted On 04/10/2023

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**1Mauisunset**

Make you wonder if the cattle herd that died last year were the victims of these shots.

Posted On 04/10/2023

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**jsmccord7**

[rumble.com/v2gdwis-american-farmers-to-begin-injecting-livestock-with-..](https://www.rumble.com/v2gdwis-american-farmers-to-begin-injecting-livestock-with-..)

Posted On 04/10/2023

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## **rrealrose**

Apparently, this mRNA shots in veterinary medicine started as early as 2012. This article appears a cover-up of already existing procedures....read/watch Gui's links above.

Posted On 04/10/2023

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## **Lou321**

The US is truly an evil country.

Posted On 04/10/2023

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## **dclarke0gmail**

Its leaders are but there remains a core of redeemed and faithful children of God, more so than in any other nation. The chaff will soon be burned off (Apr 2024) so that the true nation can reemerge reborn.

Posted On 04/10/2023

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## **epi-cure**

My pet peeve de jour and beyond is the word "leaders". I realize the four extra syllables will be an imposition to much of our population but it's the more accurate, by far, replacement phrase is "public functionaries". Then again, maybe disfunctionaries would be even better.

Posted On 04/10/2023

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## Dordee

At least the politicians and Gates and company. He even looks evil, decadent.

Posted On 04/10/2023

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## Esther M. Cook

Lou321 The US is a half-evil, half good country. Our leaders in Washington District of Criminals are almost 100% evil beyond imagination. I want to be freed from them. And everybody else freed from them too. And there are plenty of international BigBig (corp, gov, ag, harma, etc) criminals as well I want us all freed from.

Posted On 04/10/2023

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## ScanKat

We need to focus on the fact that no viruses have been proved or shown contagious. Until you pull up the lies by the roots they will spread like , oh ya, a contagion. <https://viroliegy.com> It the same with this trans cult. If we cannot call a man a man an a woman a woman we are doomed.

Posted On 04/10/2023

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## epi-cure

You are correct doc. Who knows how long we've been eating gene altering food already. I had what I thought was a cyst on the center of my forehead examined only to be told that it's a calciferous growth. Time will tell whether it's a rhino horn or that of a unicorn. Maybe I should start a go-fund-me.

Posted On 04/10/2023

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## Pete.Smith

Edible vaccines are now developed to be in food, like corn, potatoes, banana, grains, lettuce, rice, soya, tomatoes etc. They don't need your consent or to warn you, because there are no laws about this.

"Gene-Edited' Foods Wouldn't Be affected by GMO labeling Law. In the UK they have change the law for this. The Genetic Technology (Precision Breeding) Bill in may 6 2022, changed the law, so gene editing doesn't need to be marketed as GMO food. Of course this food can be export to EU and USA. Also American Farmers To Begin Injecting Livestock With mRNA Shots This Month There are no laws requiring informed consent for vaccine food Watch 5 minutes video

[gregreese.substack.com/p/american-farmers-to-begin-injecting?utm\\_sourc..](http://gregreese.substack.com/p/american-farmers-to-begin-injecting?utm_sourc..)

Posted On 04/10/2023

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## Fisher153

"Get the F out." To my understanding, the Food Drug and Cosmetic Act (FD&C Act) prohibits the introduction of any drug for a medical purpose into humans through food (including water). Of course, this law is routinely broken by the addition of toxic fluoride "for medical purposes" into drinking water; hence, industry and shadow govt are opposing/delaying FAN's TSCA suit and defending the immoral practice of fluoridation, i.e., dosing without consent, because that is what they want to do- get paid by an unaccountable govt to put additives into food at a massive scale. If fluoridation is eliminated (or doctors admit it is harmful), they lose their example of a public medical treatment that is permitted. The first step in opposing any additions to food without our consent is to stop the addition of fluoride without our consent into drinking water.

[www.law.cornell.edu/.../331](http://www.law.cornell.edu/.../331)

Posted On 04/10/2023

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## **Myosoma**

I have visited many farms with swine in different countries, and never needed earplugs as the person in top of the sequi--- website has. Interesting. BTW Happy Anniversary on here to Guillermou- thanks for your years of adding to these posts.

Posted On 04/11/2023

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## **brianallen1**

With no apologies to the pork producers, pork is garbage food. A pig will eat ANYTHING in its path. Ever wonder why it is so rare to find certified organic pork? It is so much cheaper to have pigs eat garbage instead of organic food. If I were to consume pork, I would feel nauseous, weak and out of sorts for days. It can take up to 30 days to have pork completely out of your digestive system. It doesn't solve the problem of poisoned pigs, but if you avoid pork, you won't be missing many benefits.

Posted On 04/10/2023

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## **BookGal11**

Being from generations of farmers, we learned that we should not eat anything that eats its own kind. Pigs will do that. But producing generations of pigs that have not done that may have been safe previously. Don't know about now. This also is instructive for humans today when we aren't told what's in our food.

Posted On 04/10/2023

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brianallen1 on days I like to let other people do my thinking for me my dismissive pork pronouncement is, if it's good enough for Joel Salatin then it's good enough for me. Moreover with this I'll eliminate any possibility, however remote, of falling into Muslim or kosher Jewish porcine aversion culture.

Posted On 04/10/2023

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Pigs raised totally naturally and healthy and in their own environment is fine to eat in my opinion. What about deer? Where have they been browsing and lots of people eat venison. But I think you need to raise yourself because honestly, people could feed them anything because they will eat anything. We feed our pigs excess raw milk from our cow! How can a pig fed raw milk and rooting in the woods be garbage meat. They do an excellent job too of recycling items into fertilizer and meat. For example, what do you do with fallen apples from a tree in your yard ....pigs! Grass clippings (fresh only)....pigs! Chestnuts? Pigs. Acorns? Pigs. Cracked eggs, pre consumer goods like insides of squash and pumpkins, and carrot tops, and vines and old tomatoes and green frost bit tomatoes from garden...pigs!

Whey from cheese making? Otherwise this stuff is going into landfills, down drains or cluttering up properties because I can tell you if you put everything into a rotting compost heap that huge you'll have rodents galore. They also do an amazing job managing the forest floor and cleaning up invasive species and also are amazing rototillers and even bring rocks to the surface. It tastes totally different than store bought too. When I was young I couldn't eat pork without getting a sensation for the rest of the day like I swallowed a giant tennis ball.

Nothing was there. Made me queasy and nauseous ever time I swallowed the lump feeling would slide down and then go all the way back up to my throat area. Painful! When I ate pork raised by me or a cousin, nothing! They also lace commercial pigs here with that neurotoxin ractopamine. They also have constant low grade infections so need constant ABX. Conventional pork isn't worth eating. They also live awful lives in confinement on cement floors where they never can destress by rooting instinct. Have you seen pics of pig barns with pigs crammed together with feces smeared on their skin. Horrific.

Posted On 04/10/2023

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## epi-cure

awk1974    positive pig tales like the one you served here are delightful to read. Moved out to the country almost six months ago and am working down the long punch list of necessities toward complete self-reliance. One of the must-haves is a sign above and across the driveway with an image of Arnold the pig placed in between the words Green and Acres (a silly 1960s American sitcom). The former dwellers of this place owned a couple of pigs that were best buddies with their two miniature donkeys. On the day the pigs both left here not to return both donkey's demeanor completely changed. The owners said they were emotionally scarred and never forgave the humans for removing their donkey pals. Unless they were the only food source, my big worry regarding ownership of sentient animals is sending them off to slaughter.

Posted On 04/10/2023

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## Dordee

My supplier's pigs eat grass, acorns, what they find in their fields, maybe left overs from human meals, veggies, etc. Commercial raised pigs have no choice, have to eat what is given them.

Posted On 04/10/2023

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## DiaTrig

@BookGal11 Chickens also eat their own kind as they are fed the remains of the macerated baby male chickens. These filth have been creating ways to make God's creation commit daily abominations. Vaccines are just another route to this. They are simply injectable toxins, and animal and human cells, which is an abomination.

Posted On 04/11/2023

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## **greenlion**

We have been consuming GMO for decades. We have already been modified for decades if not genetically, then epigenetically.

Posted On 04/10/2023

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## **RJC2001**

Wouldn't cooking the pork destroy the harmful spike proteins? This is even more of a problem with beef. A lot of people, including myself, do not like their beef well done. That means it is less likely to have total destruction of the spike protein!

Posted On 04/11/2023

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## **mjt11860**

pig products have been implicated in many diseases. eating pork is playing russian roulette. u never know if u may end up with trichinosis. i have a relative who is on medication for the rest of his life because of it.

Posted On 04/10/2023

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## **Darwina**

What I couldn't understand was if we wanted a warp speed vaccine, which let's face it the masses were screaming for as they were soooo terrified, why wasn't it a traditional flu type one. Why this stuff? It never made any sense to me.

Posted On 04/10/2023

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## **yayanna**

The people behind all this evil, what are they eating and drinking? How are they and their loved ones avoiding the insane madness they are creating or do they care?

Posted On 04/10/2023

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## **grilly111**

Actually, they are ALL planning to take to the high seas, much as with the original arc, in armadas of their luxury yachts and ships, while ALL the rest of us languish on the land, and die of thirst, famine, and radiation-related diseases. They plan to ride out the Earth movements that are coming and the tsunamis that follow, all the while dining on Moet and hydroponic foods. At least that is their plan. Time will tell.

Posted On 04/10/2023

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## **Healthbuf**

Isn't that special. Heck, why not throw some of that covid garbage in there too. Badda bing badda boom - poison the whole world in one shot...ah mouthfull. Who do you suppose thought of this??

Posted On 04/10/2023

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## **BISHOP4640COMCAST.NET**

The mRNA COVID vaccine has been shown that it doesn't prevent the disease. What is the real reason for the mRNA?

Posted On 04/10/2023

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## **toxicblutocox.net**

Did this technology have anything to do with the massive destruction of so many chickens and now they're starting to destroy pork products and last year's beef shortage. wondering if anybody has any data if these experiments that have gone wrong and therefore they had to erase there testing outcomes. Thank you for again bringing light where there is darkness! Buddha Mike

Posted On 04/10/2023

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## **lobos**

First, buy organic. So what happens when u cook it? Does it destroy the mRNA? Remember when the first shots had to be kept at -80 F? Whatever happened to those? In the article below, the mRNA was added to the milk, not the cows, but it's disturbing: Chinese Load Cow's Milk with mRNA

Exosomes--Successfully Immunize Mice

[petermcculloughmd.substack.com/p/chinese-load-cows-milk-with-mrna](http://petermcculloughmd.substack.com/p/chinese-load-cows-milk-with-mrna) (Glad the mice are now safe. LOL)

Posted On 04/10/2023

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**stayfit1275**

Maranatha

Posted On 04/10/2023

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**meehan2661**

So even the organic designation is corrupted. What else is happening out there that we don't know about? We need local resources. Unfortunately they are getting harder to come by. There goes the chicken and pork supply. Back to mainly plant based with some local beef.

Posted On 04/10/2023

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**grulla**

Write your congress people to support the Prime Act. [ij.org/.../prime-act](https://www.ij.org/.../prime-act)

Posted On 04/10/2023

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## Heimdall1

So the American people have been used by the Satanists twice to wage a war against the German Reich and to destroy it, the only decent people left in Europe as General George S Patton mentioned it and now that's how they thank it to them? Well it's not only now but since 1945, that the American people are the victims. JFK was one of them and if see Babylon US, even though with lots of misinterpretation as far as I see it, the US has been set up for nowadays stage play. Though they know they lose at the end they try...

In 1961 it was CC entering the water business telling that everyone should drink 2.5l of a solvent called water, in the 80's the vaccineattack on children started, since Nixon animal fats were bad but sugar and so on... Though the German Reich still exists but in sleep mode some CIA grandpa now seems to wake up German people that were re-educated since 1945, well brainwashed. Interesting how there is fairy tale the sleeping beauty but people don't get it together...

Posted On 04/10/2023

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## Pete.Smith

Bill Gates Wants Cows to Eat Bromine-Containing Seaweed. Is it Good For Us? Enjoy your "brown milk" and bromine-containing meat. According to Bill Gates, the amount of methane emitted by cows is killing the planet and must be dealt with. Research has previously found that adding seaweed to cow feed can reduce methane formation in their guts by more than 80%. because of its high bromoform content. The article, worth reading, explains many unknowns about how bromine is digested and whether it is passed to humans via meat or milk. If it is passed on to humans, be aware that bromine is a toxin having long-term effects. Bill Gates' vaccine investment multiplied thirty-fold. Since then, Bill has moved on to climate change.

Here, also, his investments proved to be very fortunate. Two months after he invested \$12 million into a company making cow-burp-reducing seaweed feed supplements, the UK published a document about mandating supplements to reduce cow methane emissions. Just as Pfizer Covid vaccine manufacturer BioNTech, in which Bill invested serendipitously in Sep 2019 and whose product was mandated by many countries, the "methane-reducing feeds" will also be mandated by the UK (and soon by more countries). Lucky Bill to have WEF pals in UK government! How about replacing meat with vat-grown, immortalized tumor cells, called "lab-grown meat," into which Bill also invested.

[igorchudov.substack.com/.../bill-gates-wants-cows-to-eat-bromine](http://igorchudov.substack.com/.../bill-gates-wants-cows-to-eat-bromine)

Posted On 04/10/2023

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## Guillermou

Gates is the founder of nonsense, he is the king of toxic food and pollution of nature, he is the promoter of vaccines and of course the one who blames the cow farts for climate change. Microsoft co-founder and globalist technocrat Bill Gates funded an Australian startup seeking to address methane emissions from cow burps through livestock feed supplements. According to a press release, Gates' Breakthrough Energy Ventures (BEV) together with Harvest Road Group raised a total of \$12 million for Rumin8, a startup based in Perth, Western Australia. The startup is examining solutions to decrease emissions from livestock, with a focus on a dietary supplement for livestock with "antimethanogenic properties." Gates is not satisfied with intoxicating people, he wants to start with animals, adding more fire to antibiotics and hormones with unnatural feeding for cattle.

[www.climatedepot.com/2023/01/25/bill-gates-wants-to-stop-cows-from-bur..](http://www.climatedepot.com/2023/01/25/bill-gates-wants-to-stop-cows-from-bur..)

reduce-livestock-emissions/ (2023).----- Bill Gates works with the World Economic Forum (WEF) on an initiative impacting the supply of genetically modified (GMO) food. There is a strong possibility that Americans have been consuming unregulated and unlabeled GMOs for years and don't know it.

Things like cream cheese, ice cream, and snack bars often contain GMO additives and are unregulated regarding their GMO status because they are outside the purview of agencies that should regulate food production. FDA does not mention the dangers that these GMOs represent for human health that GMO foods contribute to the development of cancer. GMOs can generate antibacterial resistance due to specific plant genes that possibly enter humans or animals when eaten. [www.naturalhealth365.com/no-escape-bill-gates-wef-push-gmo-foods-end-f..](http://www.naturalhealth365.com/no-escape-bill-gates-wef-push-gmo-foods-end-f..)

Posted On 04/10/2023

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## tallulah3

Cows and people have been farting for thousands of years. That's not going to change. I bet that the elites fart and I bet their sh\_t stinks too

Posted On 04/10/2023

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## **boldgandydancer**

Very little methane comes from grazing beef cattle. Over 90 % of methane comes from factory farm feedlots where they are fed GMO grain . As usual, Gates is a liar.

Posted On 04/10/2023

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## **rrealrose**

Hi Pete, just a tidbit, however; this sounds like brominated bullsh!t. Bromine is in the group of halogens. Assume this means Bill Gates wants every woman (and cow) to develop an even worse thyroid condition or cancers? Maybe he wants to fatten the cows even faster by screwing up their thyroid glands? Thyroid conditions are already affecting as many as 70% of American women over their lifetime!! Halogen section in the periodic table include: Flourine, Chlorine, Bromine, Iodine and a few more. [www.vedantu.com/.../halogens](http://www.vedantu.com/.../halogens) - only iodine is somewhat protective of the thyroid gland, although recent reports are overexposure to iodine is becoming more common.

Posted On 04/10/2023

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## **montrealep**

I am a bit confused. As humans we eat seaweed too, especially in Japanese dishes and I thought that was healthy (as long as there is no radiation). If is harmful to eat cow meat from cows that ate seaweed, wouldn't eating seaweed directly also be harmful? The Japanese have been eating great quantities of seaweed for a very long time and don't suffer any ill effects from it, maybe even the contrary due to the high iodine content. Does something different happen when cows eat seaweed and we eat that cow's meat? Don't get me wrong, totally against all these interventions that change our food supply, but just want to understand the basis of this one. Thanks!

Posted On 04/10/2023

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## Sareilly

If animals are allowed a species-appropriate diet, they do not fart. Cows grazing on pasture do not, and humans eating only meat do not either.

Posted On 04/10/2023

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## rrealrose

montrealp - please do your homework here, Japan has a major industrial pollution issue, most of their seaweed is heavily contaminated with heavy metals. Shhh don't tell anyone, many Japanese need to detox from heavy metal intakes from time to time. Cleanest seaweed may be from the coast of Ireland (not much manufacturing) and from the coast of Maine.

Posted On 04/10/2023

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## avk1974

I like how "science" today is this hasty oh that's a profitable idea that fits our narrative , and they just plow ahead doing whatever without thinking wait just because we can, should we? Oh sure just shift tons of bromine into people's diet and don't bother finding out what that means until everyone is unable to get out of bed with partial paralysis or something. The science today isn't even scientific, very sloppy and actually to the point of laughable. No one is looking into anything carefully! Maybe they can sell their jets and take bikes and leave the cows alone.

Posted On 04/10/2023

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## ScanKat

Bill Gates is their puppet. He is just the go between the 5 family's and Americans.

Posted On 04/10/2023

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## dfw6577

Is it possible to have a blood test for mrna? nano particles? a test to check if we have become vaccinated with getting the jab, meaning we acquired the vaccine contents via 3rd party shedding or perhaps injected into our foods without our knowledge?

Posted On 04/10/2023

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## ShirIDiane

Off topic: Has anyone who ordered KAATSU after Dr. Mercola's post on March 22nd received their order? When purchasing I was originally told they were 2 weeks out, now it is 4 weeks. It seems they are not shipping in order of purchase, not sure why.

Posted On 04/10/2023

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## DiaTrig

I have, but have not yet received my order, and not received a dispatch update; it has been about 2 weeks.

Posted On 04/11/2023

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**Dr. Mercola**

would suggest calling the company for an update

Posted On 04/11/2023

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**roo9883**

Do you know what pork companies were contaminated with mRNA shots fed to the public?

Posted On 04/10/2023

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**srg03462**

How does ingesting vaccines actually work the same as injecting them? Over time? I would still avoid these foods like the plague, and pay attention to where the elites buy their food.

Posted On 04/10/2023

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**beejay3**

good idea! we need spys in stores where the wealthy get their food!

Posted On 04/10/2023

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## Ronald\_H

I ridiculed the gullible youth crying out: "The world is going to end in twelve years ... we must colonize Mars!" But, there sure seems to be a concerted effort to make it that way! Doctor Mercola, I want a list of foods to avoid and IF that is too extensive to be practical, then a list of food I still can eat. Do I have to import all of my food from New Zealand? I'm not wealthy enough to purchase an island and raise all of my food myself.

Posted On 04/10/2023

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## beejay3

this will probably sound dumb, but I was taught years ago when I got into Recovery to pray before I ate anything for protection from bad foods. I do the same when I get in my car to go anywhere. Car accident rates have increased so much in my area recently that I'm actually considering busing instead of driving. And I might have to give up meat that's not organic. I have neighbors who are in their 90's who no longer eat meat at all. They're both very healthy.

Posted On 04/10/2023

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## Ronald\_H

beejay3, If I didn't know better, I would think "they" are trying to kill us. Wait! Don't pounce! That's just an expression. They are trying to kill us! I say that while eating beef and well rinsed asparagus and half peeled potatoes (eyes and anything dark removed). I need to eat! Help, please! I need a list of what I should eat. IF I try to avoid lectins and goitrogens and a long list more, then that is every food! I supplement and live all aspects of healthy living including prayer and it's working perfectly! Perhaps my body is detoxifying all the tricks thrown at us. But, tell me how to do better. I'll read Mercola.com and comments every night!

Posted On 04/10/2023

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## **Dordee**

Just grow your own, buy local from people you know and trust.

Posted On 04/10/2023

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## **Ronald\_H**

Dordee, For now, I'm working and gaining other needed preparedness skills in the few remaining good days before The Great Collapse. Then there will be hazardous times of desperation of the starving, so best to be far away from population density. Eventually, long after that and jobs are long gone, my job will be raising my own food. But, for now, I work to stock up on more preparedness supplies.

Posted On 04/10/2023

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## **TheOrage**

Hi Ronald H do you make your own keffir and yoghurt? I have read that the protein in the whey part is very bio available. I believe the Irish survived their famine by living on potatoes and buttermilk and were one of the healthiest groups in Europe. If you are allergic to lactose you can use other milks but fermenting the milk eats up most of the lactose. I can't drink normal milk but I can drink these fermented drinks. I have just finished reading "Super Gut" by Dr William Davis ... very good book.

Posted On 04/10/2023

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## **veraromo**

Ronald, You can eat soups, like split pea, or carrot soup, Veggies, salads beans, chickpeas, rice, fruits, I think seafood is okay if it's wild caught, nut butters and nuts. Dont know if bread is okay, because of the glysohate, or tortillas, if the corn is gmo. Definitely no processed foods. Hope this helps, it's what I eat. Im going to buy a microscope.

Posted On 04/10/2023

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## **brunzi**

I'm concerned about Armour Thyroid, which is derived from pork & which I take every morning. I thought it was preferable to the synthetic version, but now I'm wondering if this is a wise choice. My doctor doesn't know if it's contaminated with veterinary vaccines and offered to switch me to Synthroid (even though he has been opposed to that up until now). I tried calling the thyroid manufacturer, but they "have no information" about what the pork farmers are doing (even though they can trace their product back to specific herds). Does anyone have any thoughts about what the safest thyroid option might be? Thank you in advance for any insights you can provide!

Posted On 04/10/2023

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## **rrealrose**

Write a letter to the CEO of the company now providing Armour Thyroid. You got the run around by customer service.

Posted On 04/10/2023

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## **NRiehl**

I also take Armour natural desiccated thyroid. It contains both the active T3 hormone, as well as the pre-hormone T4, which the body must convert to T3. Do not take Synthroid, as it is artificial T4. Your health will decline. Mine did in 1983 after six months on Synthroid. I agree that the sourcing of the Armour product is of concern. To read lots of information about thyroid, visit the site: Stop the Thyroid Madness dot com.

Posted On 04/11/2023

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## **Ronald\_H**

My general policy is not to consume anything (vaccines, same policy) that hasn't existed for thousands of years. Now, they are corrupting that, too. What can I eat!?!

Posted On 04/10/2023

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## **anna.c60hotmail.com**

anyone know whether this is happening in the UK? Did a quick search, but most of info was relating to Australia & US. The one UK.gov website was "unavailable"!

Posted On 04/10/2023

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## **fyldeherbman**

Video... Feel the warmth of my sincerity!

Posted On 04/10/2023

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## **NurseKaren45**

Fisher153, The Jewish calendar is different than what you are suggesting. We are currently in the year 5782.

Posted On 04/10/2023

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## **dclarke0gmail**

The Babylonian Jewish calendar has been corrupted in numerous ways: postponements, deletion of Jubilees, institution of calculated vs observed new moons, calculated instead of observed leap years, etc. One more of those is the bulk deletion of many years in order that prophecies pertaining to Christ would appear not to line up. As one who is deeply studied on this subject, 5782 is ridiculous on its face. There has not been a faithful Jewish calendar in millennia.

Posted On 04/10/2023

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## **auntem611**

Being a Seventh-Day Adventist, not eating pork or no problem for me.

Posted On 04/10/2023

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## Heimdall1

Oh the ones who created vegetarianism, the start of the suppression of let's called it humanity otherwise getting banned? How is uncle Kellogg? Wasn't he one of yours? Making billions by poisoning people with wheat garbage and the remains of that wheat they sell to farmers for feeding the animals that should feed us. Of course they have put some 'science' out before saying how good it is. The usual tactics.

Posted On 04/10/2023

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## mrrobb

187 page report RF Damage and what frequency >>>

[cdn.shopify.com/s/files/1/0266/5411/3837/files/Henry\\_Lai\\_RFR-oxidative..](https://cdn.shopify.com/s/files/1/0266/5411/3837/files/Henry_Lai_RFR-oxidative..)

Posted On 04/11/2023

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## grilly111

People please take note that LONG AGO when the first Books of the Old Testament were written (by Moses) it was made ABUNDANTLY CLEAR that no person should EVER EAT PORK and it was also made clear that Almighty GOD views the eating of pork just as ABOMINABLE as He views the eating of RODENTS. There was a very good reason for these exclusions. These animals are filthy collectors of toxins due to the way they scavenge and to the absence of sweat glands to eliminate toxins, which instead just accumulate. The same is true for molluscs and bottom-lying fish that do not have scales. They too are collectors of toxins. So avoid eating pig flesh in the future if you wish for good health and for a blessing from Your Creator.

Posted On 04/10/2023

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## SaritaSarah

Once again, there isn't a day that goes by that I don't regret giving up meat.

Posted On 04/10/2023

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## Fisher153

God rested after 6 days of creation, yet Jesus remained entombed on Day 7 (the Sabbath), completing the work of redemption. God gave us 6 days (6000 years) to prepare for the millennial (1000-year) reign of Christ on earth. Christ was born in Annus Mundi (years of the world) 3966, meaning year 6000 is 2034. Give or take 4 years of Catholic Church calendar alterations (and substituting Sun-day in lieu of the 4th Commandment Sabbath), Christ died at the 2/3 mark of history, revealing the third revelation of God, the Spirit, to abide with us.

A poetic God (a trait he gave humans) might have Christ return on a representative timeline. While we may not know the exact date of His coming, my understanding of God's nature leads me to believe that significant things are coming in 2030-34 timeframe, and it is our choice to be prepared for those events. Satan knows this, hence 2030 World Order is the agenda of the evil one, one that we can only oppose with God's protection. Be strong and courageous; in God we trust.

Posted On 04/10/2023

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## Heimdall1

My bet still is in 2032 it'll be the time, so quite close in. Good. And it won't be Christ, but Jesus that'll return, there is a difference.

Posted On 04/10/2023

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## fundamentalassumptions

The twists in this saga just keep coming, & it's a full-fledged attack upon the integrity of the race of mankind as a whole: not a 'racist' thing as the 'integrating' bankers would have it: their revisionist language as twisted & perverse as they are. We know that this is not the first time they experimented w/vaccines they planned to use on people w/pets & ag animals. In light of this news, covid may not only have been 'part of the plan', but a cover for plausible deniability & apparent righteousness on the part of government & corporate leaders as people sicken more & more despite every increase in beneficial knowledge on cell metabolism etc, & every personal effort to live & eat clean affordably.

This could also explain some of the fuzziness in outcomes & data, the ease of spinning it to the desired end, as people reject the direct injection, yet weaken & sicken. But in our age of fixed elections & corruption, shredded Constitution & Law worse than ever before as we fought a losing battle against these traitorous, cunning & deceitful corporate Mammon worshippers highest up & deepest in dragging all to destruction & judgment with them before: what makes anyone think it can suddenly be affected now unless it's part of some twist in the plan for the antichrist players & 'gods' to appear as saviors in the eyes of the deceived & lost, ignorant of the ways & sure prophecy & coming judgment of the thrice holy Godhead, which not only exposes them for what they are, but foretells of their end& that of all those who work against the way, the life & the truth, the very word of God evidenced in all dna testifying to the living & eternal Word: coherent, personal, pure & eternal, not to mention transcendent & separate from the Creation he created, holds together by his word & which he will justly & unfailingly judge? Such presumptuous, arrogant, selfish & short-sighted wickedness: professing wisdom they become fools.

Posted On 04/10/2023

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## stephenf999

We need to know what normal cooking of pork and other meats does to the these mRNA products and their derivatives, and what normal human digestion does with them.

Posted On 04/10/2023

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## grulla

I always roast pork the Adele Davis 24 hour method, to a maximum 165\*-170°F, using an oven thermometer, as opposed to a hard to stab accurately, meat thermometer, the idea being that in 24 hours, the oven meat will eventually exceed the minimum 165°F Healthline's safe meat temperature, (as well as the 165-170°F Davis' finishing temperature), as recommended by this Healthline cooking safety website,

[www.healthline.com/nutrition/meat-temperature#temperature-guide](http://www.healthline.com/nutrition/meat-temperature#temperature-guide) . ~~~~~ ALSO, "srg03642" above stated, "How does ingesting vaccines actually work the same as injecting them? Over time?" Good question. I would think that the real culprit is adequate cooking temperatures to kill off any virus or bacteria, such as trichinosis, as I suggested above. Both cooking time and cooking temperatures are important, especially as seen in Davis' slow roasting procedure.

Posted On 04/10/2023

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## Lee1959

grulla, I never eat underdone meat. Downright dangerous! 'specially pork.

Posted On 04/10/2023

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## grulla

"Lee", "grulla, I never eat underdone meat. Downright dangerous! 'specially pork." There is nothing underdone about the late Adele Davis' 24 hour slow roasting procedure, unless one chooses to roast their roast beef with the 135°F option, or they are careless setting the slow roast temperature for any meats. For safety sake, in Davis 24 hour slow roast cook book, "Let's Cook it Right", she first insisted on placing any roast (beef, pork, lamb, or poultry) in a preheated oven at 300°F, using an accurate oven, not meat, thermometer for one hour to kill off any surface bacteria.

That's when I slather the roast with EVOO and garnish it with my favorite spices. She also insists on elevating the roast off of the flat bottom pan surface, up on a grill or skewer to uniformly heat the roast and avoid low temperature rot. Folded and netted roasts are to be avoided, and all poultry needs to have the cavity cleaned out and left wide open. After the initial 300°F heating, the temperature is reduced to a safe 135°, 145°, or 155°F, (rare, med, or well done), for roast beef. For lamb it's 155°-160°F.

For pork, it's 165°-170°F, and for all poultry, it 180°-185°F, all for the next 23 hours minimum, or as much as 2-3 days. All those roasting temperatures (except the 135°F rare roast beef), are equal or above the Healthline website's minimum safe roasting temperature of 145°F, [www.healthline.com/nutrition/meat-temperature#temperature-guide](http://www.healthline.com/nutrition/meat-temperature#temperature-guide) . Plus the minimum 24 hour slow roasting long time period adds to the heating thoroughness of the properly slow roasted meat, while at the same time keeping the roast juicy and tender, even the tough cuts. [www.goodreads.com/.../1546387.Let\\_s\\_Cook\\_It\\_Right](http://www.goodreads.com/.../1546387.Let_s_Cook_It_Right)

Posted On 04/10/2023

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## wannabeaknowitall

I wonder if can you still get the virus even though you don't eat pork? Is it more prevalent in people who consume these pork products? During my university years my best friend was studying to become a nutritionist and health advisor, where she came across studies on pork where she told me that the parasites and most viruses didn't completely die after they cooked the pork and saw the parasites under the microscope still moving around which raised a red flag for her and in turn raised it to me. Since my late teen years, 19 to be exact, I stopped eating pork. But I recall before this I would eat pork oil foods and it felt like a bomb went off in my body. After this my mom quit cooking with bacon oil. So we went pork free since then about 40 years ago. My friend, however, went on to work for a division of the CDC.

Posted On 04/10/2023

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## Heimdall1

I understand your questions and would say that mRNA will goes through to you if you eat it, but the rest doesn't really makes sense to me. What do viruses have to do if not destroyed during cooking? Viruses are cleansers for the body and just like you can never can get swine flu except for through the vaccine your cells are not alike the ones from pigs. Parasites from pigs have been used to heal people so the same here. Parasites are or can be beneficial to us. That all is fearmongering. Viruses are not alive how should they reproduce?

Posted On 04/10/2023

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## juststeve

There are concerns the Jabbed shed mRNA to the unJabbed. One would anticipate it would be no different with livestock.

Posted On 04/10/2023

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## **dclarke0gmail**

juststeve: I think the shedding issue is about the spike protein produced by the mRNA-altered cells, not the mRNA itself. As for eating it, mRNA is very fragile and would not survive the digestion process. Our diet is made up of foreign DNA and it is torn apart by digestion. mRNA is even more fragile.

Posted On 04/10/2023

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## **Jhaden**

The email shows an article about climate change. I click the link and get an article about pork. Weird. The solution is to just not eat pork.

Posted On 04/10/2023

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## **Islander**

I wish that we could ban the phrase "grass-fed." All herbivores evolved on grass; it's the only feed they can digest. They are not like dogs that can get by on table scraps. Herds of cattle graze on pastures all summer long. To prepare for slaughter, however, beef cattle are grain-fed for a few short months on wheat, corn and soy to fatten or "finish" them. When you are shopping for beef, the label you should be looking for – and the only meaningful label – is "grass-finished." You may find that in Whole Foods, I have no idea, but I have never seen it in supermarkets... And you can understand why.

Posted On 04/10/2023

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## Jhaden

I would think "100% grass-fed" is a sufficient label, also. You have to be careful buying locally, too. We purchased some beef from someone who claimed the cows were not fed grain. Well, grain finished and grass finished taste different. He definitely sold us grain finished beef. Yuck. I purchase 100% grass-fed beef from Natural Grocers.

Posted On 04/10/2023

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## Heimdall1

Dogs are carnivores and can't get by on table scraps, that;s another fallacy, they are scavengers but that also means rotten meat. Just like cows need grass dogs need meat, eggs, butter and honey which helps them to thrive. Meat best rotten or at least partially.

Posted On 04/10/2023

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## Islander

Oh please, Heime, don't try to instruct me. Honey? Rotten meat? Can't help wondering how many dogs you've killed. I'm 82 and I've been raising dogs since before you were born.

Posted On 04/10/2023

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## Islander

Good grief. Unless you live in an urban metropolis, you can raise your own pork (and in most cities, you can keep chickens as well). Here in Maine, during the first year of covid, unless you had already reserved yours from the breeder, it was impossible to find a piglet that spring anywhere in the state; they were trucking them in from PA. Mainers may not all have been keeping pigs, but that doesn't mean they didn't know how! To supplement my social security, I've been raising and selling organic chicken and pork as a side hustle for years...and you can be sure they don't get jabbed with anything --- until the day they meet the butcher!

Posted On 04/10/2023

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## gaslitmary

I also live in ME--moved here a couple years ago in order to be geographically closer to family. In southern ME, not far from Portland. Wondering where you are since you raise chickens & pigs; I would love to be able to purchase uncontaminated meat & eggs. My email: marylkokesh@gmail.com Hope to hear back from you.

Posted On 04/10/2023

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Thank you again for sharing. Anyone aware does not support the insidious factory farm system. However the only reason it exists is because human animals increased their population and also kept demanding more and more flesh and blood, dairy, and eggs. Since the 1900's humans have at least doubled their amount of animal protein consumed. American adults consume about 250 pounds of animal protein every year in 2023. Current "carnivore" humans consume between 700 and 1200 pounds a year.

That does not include dairy products. To me a pig is an animal, "pork" is a linear industry term that negates the life of an animal by making it into a product, a number, a profit. Pigs are incredibly smart animals with intelligence equal to a 3 year old child. They have emotions and feelings and bond with their babies and other animals. Humans give the animals they eat, no credit or value for deserving their lives. Factory farms create mindless animals with no ability to express their natural instincts.

Spend some time with pigs and see how affectionate they are. Scratch their bellies and hear their soft grunts. They are much more than relegating them to objects like "bacon, ham" and other terms for human pleasure. In the end humans treat non-human animals as objects for pleasure. Cows, chickens, and pigs are considered nothing but food for humans. Yet how many who eat them are slaughtering them with their own hands? how many have worked in a slaughterhouse and seen the anguish, desperation, and fear in their eyes?.

How many have seen the animals not completely stunned, who are being skinned alive?. It is sadly convenient for humans to buy the neat packages of flesh and blood that does not resemble the living sentient being they originated from. I am grateful to be a whole food vegan and not participating in this horror, regardless of how nicely the animals are raised. Does that make me superior? of course not. But I do have compassion and empathy by not eating them. Peace be with you

## **Jhaden**

Be very careful with your whole food vegan diet. I was a whole food vegan for several years and it destroyed my health. Humans simply NEED animal fats to be healthy. I encourage you to seek out pastured eggs and grass-fed raw dairy to add to your diet. You can't do much to help the world if your own health fails.

Posted On 04/10/2023

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## **cstrong01**

Reading this makes me glad that I'm a vegetarian, but makes me concern about my future consumption of cheese. How will it be able to tell if it's safe to eat?

Posted On 04/10/2023

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## **grulla**

Perhaps this consumer report website about safely aging raw milk (and other) cheese for 60 days can help answer your question.

[www.consumerreports.org/health/food-safety/is-raw-milk-cheese-safe-to-..](http://www.consumerreports.org/health/food-safety/is-raw-milk-cheese-safe-to-..)

Posted On 04/10/2023

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## Piw6958

all the more reason to consume ONLY grass fed, organic beef, organic chicken, turkey, eggs and no dairy products at all, including cheese, sour cream, ice cream, yogurt, kefir, whey, and processed foods which include any of these products - seriously, I feel that one of the reasons that God chose to destroy all the humans in the flood was because their DNA was corrupted. See Gen 6: 2-4. The angels took human women and giants were born. Now here we are, again messing with our DNA - will we ever learn?

Posted On 04/10/2023

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## Jhaden

There's nothing wrong with raw dairy products from grass fed cows. We used raw milk to halt tooth decay in my daughter (along with removing sugar and all processed foods). Raw milk is loaded with nutrients. And, since you mentioned God, dairy is consumed in the Bible.

Posted On 04/10/2023

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**gol9767**

Don't eat pork. Don't eat chicken. Don't eat beef. What's left? It is sad that I look forward to someday being in Heaven, but that seems to be my only escape from the evil doers. The people in this country don't know how close we are to becoming a Communist country (and seem to think Socialism is a good thing). They are in their own make believe world where men can be women, and the rest of the people don't speak up to challenge the foolishness. Rather they seem to cheer them on, letting them compete in women's sports and allowing them to enter women's bathrooms and locker rooms.

I have never in all my voting years voted for a Democrat, but Kennedy seems like he may be my first choice in 2024. He sees what the evil doers are up to and has the ability to stir the pot. However, I know for sure he has an uphill battle because he would most certainly never be nominated. At least by being in the Primary Kennedy can get the word out to the country and possibly change some minds.

Posted On 04/10/2023

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**Ronald\_H**

"Don't eat pork. Don't eat chicken. Don't eat beef." I add concern about genetic pollution of farmed salmon that escape into the sea and breed with wild salmon. That leaves me with sardines and herring. What else is safe? Please, let's make a list of safe foods.

Posted On 04/10/2023

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**jef9075**

Hello gol9767. Scroll back up towards the top and check out the video that juststeve sent. It will give you some terrific insight on healthy food. Basically, it's about eating healthy, local food. Go find a farmer's market and get to know some of the people providing 100% grassfed beef, pastured eggs, organic produce, etc.... Ask them questions. Take care.

Posted On 04/10/2023

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**poo6155**

I reached out to a few meat suppliers that we use - who use regenerative farming practices. One answered back and said the following: "We appreciate your interest. The mRNA vaccine is not legally mandated in this country as of yet. We do not agree with that vaccine at all. We and none of our partnering farms utilize the mRNA vaccines." So which is correct - it's not legal in the US yet, or it is? This article conflicts with their statement. Just trying to find out the truth.

Posted On 04/10/2023

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**rrealrose**

Everything big Pharma has been promoting, marketing and pushing on the American populace appears illegal or trying to move product out faster than the legal system can respond. "Gaming the system" they play leaves the taxpayers and their progeny unprotected for years, as the lawsuits and big payouts normally come much later.

Posted On 04/10/2023

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