



How COVID-19 School Guidelines Are Harming Kids

Analysis by [Dr. Joseph Mercola](#)

✓ Fact Checked

STORY AT-A-GLANCE

- › It became clear early on that children and teens are at very low risk from COVID-19, with a 99.997% survival
- › Masking, social distancing and virtual schooling persisted nonetheless, even as experts sounded the alarm about their probable implications, including physical, psychological and behavioral adverse effects
- › Speaking at the Advanced Medicine Conference May 30, 2021, Leila Centner, chief executive officer and co-founder of Centner Academy in Miami, Florida, detailed many of the risks posed to children by COVID-19 school guidelines, along with the inconsistencies and lack of research behind their use
- › A number of states have now banned mask mandates in schools, often as the result of public outcry; Stand for Health Freedom has a form you can use to ask your governor and department of education to lift harmful COVID-19 guidelines in your child's school so students can return to normal, healthy learning environments

Children may end up being among the greatest casualties of the COVID-19 pandemic – not because of the virus but due to the restrictions placed upon them over the last year, which have interrupted mental, social and emotional development in

unprecedented ways. It became clear early on that children and teens are at very low risk from COVID-19, with a 99.997% survival.¹

Masking, social distancing and virtual schooling persisted nonetheless, even as experts sounded the alarm about their probable implications, including physical, psychological and behavioral adverse effects.²

Speaking at the Advanced Medicine Conference May 30, 2021, Leila Centner, chief executive officer and co-founder of Centner Academy in Miami, Florida, detailed many of the risks posed to children by COVID-19 school guidelines, along with the inconsistencies and lack of research behind their use.³

Centner made headlines in April 2021 after informing teachers that if they've been vaccinated for COVID-19 they can't work at the school due to the unknown effects the experimental drug could be having on unvaccinated individuals.⁴

CDC COVID Guidelines May Be Harming Children

In the U.S., the Centers for Disease Control and Prevention's operational strategy for K-to-12 schools continues to recommend the "consistent use of prevention strategies, including universal and correct use of masks and physical distancing."⁵

Any intervention, including mask usage, which may cause adverse effects, must have benefits that outweigh the risks, but no research has been done to ensure that universal masking of children is safe or effective. Despite this, one of the two key prevention strategies recommended by the CDC for schools to prevent the transmission of SARS-CoV-2 is the requirement for "universal and correct use of masks."

The Centner Academy did not require masks at any point during the pandemic, but did

not have any hospitalizations from COVID-19. While they did have cases, most that occurred among students were asymptomatic, Centner said.

It's important to note that Dr. Anthony Fauci, director of the National Institute for Allergy and Infectious Diseases (NIAID), has **flip-flopped on the usefulness and need for masks** multiple times, from "Americans shouldn't be wearing masks because they don't work," to masks definitely work and should be worn by everyone, to you should wear not just one but two, for safe measure.

He's gone from promising a mask-free existence once the vaccine rolls out, to insisting mask-wearing is still necessary after vaccination because vaccine-resistant variants might pop up, to proposing we might need to wear masks every flu season in perpetuity. Yet, signs are increasing that masks do pose risks, including to children.

At the University of Witten/Herdecke in Germany, an online registry was set up where parents, doctors, pedagogues and others can enter their observations about **mask wearing in children**. Using data on 25,930 children,⁶ with an average mask wearing time of 270 minutes per day, 24 health issues were reported.⁷ A majority of parents (68%) reported impairments in their children due to wearing a mask. They recorded symptoms that:⁸

"... included irritability (60%), headache (53%), difficulty concentrating (50%), less happiness (49%), reluctance to go to school/kindergarten (44%), malaise (42%), impaired learning (38%) and drowsiness or fatigue (37%)."

They also found 29.7% reported feeling short of breath, 26.4% being dizzy and 17.9% were unwilling to move or play.⁹ Hundreds more experienced "accelerated respiration, tightness in chest, weakness and short-term impairment of consciousness." The researchers concluded:¹⁰

“The frequency of the registry’s use and the spectrum of symptoms registryed indicate the importance of the topic and call for representative surveys, randomized controlled trials with various masks and a renewed risk-benefit assessment for the vulnerable group of children.”

Masks Cause Anxiety, Panic Attacks, Headaches and More

Centner’s presentation featured Dr. Jim Meehan, an ophthalmologist and preventive medicine specialist who has performed more than 10,000 surgical procedures and is also a former editor of the medical journal Ocular Immunology and Inflammation. He has conducted an evidence-based scientific analysis on masks, which shows that not only should healthy people not be **wearing masks** but they could be harmed as a result.¹¹

In the video, Meehan warned universal masking of children is experimental and the safety hasn’t been proven. Further, he says the official change in guidelines from first telling people to avoid mask-wearing to later mandating it in many places wasn’t the result of “new science” but rather was the result of lobbying.

In his practice, Meehan said he’s seen horrendous harm as a result, with dozens of children facing health problems including:¹²

Anxiety	Panic attacks	Struggling to breathe
Facial rashes	Infections	Dental problems
Oral ulcers	Cavities	Throat abscesses

Meehan previously compiled 17 ways that masks can cause harm, which include:¹³

Medical masks adversely affect respiratory physiology and function

Medical masks lower oxygen levels in the blood

Medical masks raise carbon dioxide levels in the blood

SAR-CoV-2 has a “furin cleavage” site that makes it more pathogenic, and the virus enters cells more easily when arterial oxygen levels decline, which means wearing a mask could increase COVID-19 severity

Medical masks trap exhaled virus in the mouth/mask, increasing viral/infectious load and increasing disease severity

SARS-CoV-2 becomes more dangerous when blood oxygen levels decline

The furin cleavage site of SARS-CoV-2 increases cellular invasion, especially during low blood oxygen levels

Cloth masks may increase the risk of contracting COVID-19 and other respiratory infections

Wearing a face mask may give a false sense of security

Masks compromise communications and reduce social distancing

Untrained and inappropriate management of face masks is common

Masks worn imperfectly are dangerous

Masks collect and colonize viruses, bacteria and mold

Wearing a face mask makes the exhaled air go into the eyes

Contact tracing studies show that

Face masks and stay at home orders

asymptomatic carrier transmission is very rare

prevent the development of herd immunity

Face masks are dangerous and contraindicated for a large number of people with pre-existing medical conditions and disabilities

Centner also featured Dr. Lawrence Palevsky, a New York pediatrician, who warned that masks could be harming children's brain development. By promoting fear, stress, panic and anxiety, it keeps children in the "fight or flight response" driven by the brain. This influences the capacity of development and higher functions of the brain.¹⁴

Children's Mental Health Is Suffering

Rates of suicide in youth increased during the COVID-19 pandemic in 2020 compared to 2019. Significantly higher rates of suicide-related behaviors, including **suicide ideation** and suicide attempts, corresponded to times of increased COVID-19-related concerns, according to research published in the journal *Pediatrics*.¹⁵ Social isolation imposed during the pandemic has been cited as reason for pushing some children with mental health issues "over the edge."¹⁶

Centner also highlighted a May 2021 announcement by the U.S. Department of Health and Human Services (HHS), through the Health Resources and Services Administration (HRSA), which will make \$14.2 million from the American Rescue Plan available to expand mental health care access to children.¹⁷ In a news release, HHS Secretary Xavier Becerra said:¹⁸

"Children are struggling with a range of emotional and behavioral challenges

arising from the COVID-19 pandemic, especially those in families with lower incomes or who face other obstacles to health care.”

It's estimated that 22% of U.S. children between the ages of 3 and 17 are suffering with a mental, emotional, developmental or behavioral condition.¹⁹

Dr. Peter Breggin, a Harvard-trained psychiatrist, was also featured in Centner's presentation. A former consultant at the National Institute of Mental Health, Breggin has called COVID-19 restrictions placed on children a “crime against humanity” and an experiment in social engineering aimed at creating docile pawns in a “global predatory system.” Speaking with Wilson County News, Breggin said:²⁰

“I was a kid during World War II, and I never saw anything like these even back then. Americans have never been docile like this, even in wartime. And the more you can mask a child, the less they can connect, and less they connect the more docile they become.

Similarly, the more that you teach them to do absurd humiliating things, the more they give in to anything you demand. Ultimately, the more freedom you take away from them as children, the more you can take away their freedom as adults.”

States Are Banning Masks in Schools

A number of states have now banned **mask mandates** in schools, often as the result of public outcry. An executive order prohibiting government entities from mandating masks in Texas took effect June 4, 2021.²¹

A similar bill was enacted in Iowa in May 2021, which also bans school mask mandates. In a statement, Iowa Governor Kim Reynolds stated, “The state of Iowa is

putting parents back in control of their child's education and taking greater steps to protect the rights of all Iowans to make their own health care decisions."²²

In similar moves, Arkansas plans to ban mask requirements for schools by the end of summer 2021,²³ and South Carolina issued an executive order that allows parents to opt their children out of mask requirements at school.²⁴

A number of Wisconsin school districts have also lifted mask requirements,²⁵ while Florida's education commissioner Richard Corcoran sent a memo to district superintendents stating face masks should be voluntary for the 2021-22 school year because "they serve no remaining good at this point in our schools."²⁶

Indeed, even during the height of the pandemic, a CDC study found [mask requirements for students](#) had little effect on COVID-19 incidence at Georgia schools, while improved ventilation, such as opening a window, reduced cases more than mask mandates for staff and teachers.²⁷

Take a Stand for Health Freedom

If you'd like to get involved, Stand for Health Freedom, a nonprofit organization dedicated to protecting basic human rights, constitutional rights and parental rights, has a form you can use to [ask your governor and department of education](#) to lift harmful COVID-19 guidelines in your child's school so students can return to normal, healthy learning environments.²⁸

They've also created the [Putting Our Kids First presentation](#) to take to your school board officials, which contains data and video testimony from doctors, parents and children about the harms of COVID restrictions in schools.²⁹ Many of the school districts that have lifted mask requirements have done so in response to requests from parents and the public, showing that every person has the ability to make a

difference in their community.

Darzoum

Just because none of this makes sense from a health standpoint, or a social or educational standpoint, that doesn't mean these policies do not make sense from any perspective. What is the picture for which all of these "pandemic" policies supply the pixels? The contrast between them and sanity is particularly evident in the context of children; they represent the group least at risk of covid's supposed threat, yet to this day here in California, I see school children—finally back in school on a part-time basis—running and playing in the open air and hot sun wearing masks. They are a muzzled herd, property of the state, let out to roam for a bit. At the same time, there is a coordinated push to get these experimental injections into younger and younger bodies when, clearly, they would represent a greater threat than covid itself. There is no conceivable health reason to inject young children with experimental drugs for a waning condition that was not even a threat to them at its peak.

When I reflect upon what it must be like to be a child today, wearing masks and living lives that are increasingly pre-programmed and virtual, with less opportunities for spontaneous, unique creative discoveries, and then add to that the various contrived or corrupt indoctrinations posing as education, I can't help wondering what these youngsters eventually grow up to be. If it is not really for health of body and mind, then what? It's almost as if you would do all of this if your objective were to create a new type of human. That would be the most insidious part of "the great reset," but it would "make sense" then to target children if that were the goal... they are still forming. If it's only a hypothesis, then it still deserves to be worked into one's "mental experiments": if these measures do not make sense from any traditional value of the care and rearing of children—and they don't—then try looking at them through the lens of "Human 2.0" and see what might fit.

Posted On 06/12/2021

nojusticenopeace

Darzoum great post I couldn't agree more and I've been pondering some of the same thoughts. I live in So Cal and it is heartbreaking to see these agendas playing out and most parents letting this happen. Targeting children as you state when the so called experts know damn well they are not at any significant risk if they contract the bs Covid virus aka colds and flu and therefore do not need to mask or take vaccines. This definitely seems like their demonic transhuman crap playing out against the most vulnerable. The psychopaths move incrementally and have patience and since they seem to have the majority under a trance/mind control they are moving forward with this evil. Luckily some states and countries have been or are starting to push back. Unfortunately damage has already been done.

Posted On 06/12/2021

Randyfast

Human 2.0 works perfectly, David! Are there not nanobots in the mRNA injections? Has the top scientist of Moderna not stated 'on the record' that they are "Hacking the software of life"? So much to do; and so little time!

Posted On 06/12/2021

NewlandsWanderer

One hundred percent right Darzoum! A terrifying experiment directed at controlling and shaping the minds of the young through fear, propaganda, coercion, and medical malfeasance. Adults who should be shouting out against this spiritual, emotional and physical tyranny have been psychologically brutalized into believing hypnotic lies spun by traitors to the human spirit. Vaccine Fuhrer Gates and his vile cronies have virtually bought the main-stream media and are peddling their destructive snake-oil messages in broad daylight. And the power that one malevolent psychopath holds over the world with his Big pHarma cronies is beyond belief :

twitter.com/.../1

Thankfully there are good doctors and professors shouting out against the vaccination of children. This short video from Professor Sucharit Bhakdi (Prof Emeritus of Microbiology & Immunology & Germany's most cited research scientist) Should be shared on as many platforms as possible to get the message out which spells DANGER in no uncertain terms: This good, compassionate doctor warns:

"DON'T VACCINATE THE CHILDREN!!!" And explains the dangers in two minutes:
twitter.com/.../1398220001744654336

Posted On 06/12/2021

juststeve

Exactly! One of the best starting places when nothing is making sense is from what perspective does this make sense in? \$\$\$\$, power, control, to confuse, distract, or gaslight. Lot's of options on the menu. You always say it better than I could say it myself...thank you.

Posted On 06/12/2021

Watsonandco

Darzoum, you're missing the point. They are not meant to grow up to be anything but dead. Children cost a lot of money and the owners of capital do not want 'their' money spent on this. Nor do they want 'their' spent on the elderly, the infirm or those that oppose. Am I the only person on this site who has read the history of WW1 and WW2? It's all there. All of it. Nothing is new. New type of human? Ask the house painter! We do not have to contemplate our navels, the history is already written.

Posted On 06/12/2021

harvelicious

Darzoum - for all that is actively, yet mostly oblivious to the majority, for which, your post is a microcosm of the demonic plan/effects of the satanic malignant messianic megalomaniacal subversive efforts & is just further proof that the "C-19 virus" is a complete & utter fraud. If there was a real viral pathogenic threat, for which, there IS NOT, the effects of the disease would be evident & would dictate the response, however, since it's all a colossal fraud, the fraudsters dictate the response, & subsequently, constantly move, change & alter the fallacious narrative & addictive fear porn message & execution thereof, to suit the nefarious agenda, for which, as these satanic psychopaths have stated & clearly demonstrate, is to modify the physiological/psychological/spiritual dimensions of those they view as "useful idiots" into an existence of satanic "zombie" enslavement, & eventually, into a cataclysmic slaughter of the "useless eaters". They already have categorized & divided the populace into "groups" & are actively & systematically "managing" each group according to their "usefulness". There is no need to waste one's time & energies "wondering" & "imagining", for it is starkly clear that as long as there is insufficient resistance & outright rejection, this satanic agenda will proceed.

The depths of this antihuman demonic diabolical agenda is unfathomable to the masses. In spite of constantly changing the projection of "hollywoodized" threats, the underlying objective is always constant. When one is able to "see" the underbelly of the beast that is hidden beneath the veneer of "C-19", "pathogenic viruses", "vaccines", "GoF", "masks", "distancing", "lockdowns", "germ theory", "invasion", "war", "terrorism", "UN", "WHO", "charities", "philanthropy", "special interest groups", "social justice", "climate change", "GMO's", "Great Reset", et al, one's innate vision/logic/defense mechanisms activate autonomously, for which, is immune to outside forces.

Posted On 06/12/2021

rrealrose

Harvelicious, whoa!

Here's an answer that has been staring some of us in the face for about 5 years now, a bit of sarcasm that ran in circles from the pen of Joseph Heller:

“It was miraculous. It was almost no trick at all, he saw, to turn vice into virtue and slander into truth, impotence into abstinence, arrogance into humility, plunder into philanthropy, thievery into honor, blasphemy into wisdom, brutality into patriotism, and sadism into justice. Anybody could do it; it required no brains at all. It merely required no character.”

— Joseph Heller, Catch-22

Posted On 06/12/2021

Luckymumma

I am in the U.K. and an enthusiastic Mercolian ... have been following for 15 years ❤️. I am soon due to meet up with a 'Club of' 12 'girl' friends I have known for close on 50 years. Some are just emerging from over a year of voluntary self isolation . All have been inoculated and proud of it 😊. I am thinking I will give it a miss as I can imagine the angst I will feel when they all discuss what they believe. I am going to have to let go of these old pals sadly and just rejoice in the fact that my close loving family are on my page and I am getting a lot of positive energy and love from a local group called Stand in The Park. I have been on the Birmingham March for Freedom and London one with these lovely open minded new pals - neither event covered on main news despite close on 1 million in London... The old pals would not recognise me now as I have become quite the rebel at 72 years young !! 😬😬 We are now fighting locally to keep the vaccine away from the children 🙏🙏

Posted On 06/12/2021

eileenruth

Well done...I have had to let some friends go as well...ones I thought were on the same page but now make their decisions based more on convenience (travel ease) and money...tests cost, vaccinations don't. Crazy to think one would put money and convenience over your health. Family has also gone the blind sheep way. No way to help them now..they were forewarned. Thank goodness my children and I think the same...it is overwhelming to me, the number of people who

are brainwashed and to be frank..stupid! I would never have imagined it.

Thankfully, I have some friends who are also against the toxic shots...I fear for the ones who have taken them. I have never been more proud of my rebel status..have had that since I was a child! I like to think it was just an early case of being able to think critically.

...and why oh why, do these people who have taken the experimental shots and presented themselves as guinea pigs, feel the need to advertise it on social media? Seriously, that makes you proud? I just don't get it!

Posted On 06/12/2021

Watsonandco

Luckymumma, I am in exactly the same boat and I applaud your courage. Well done you. Almost all members of my family have succumbed to the propaganda. I am stunned and I am truly alone. However, I think of the survivors in my past (I have an interesting history) and that gives me strength each day to get up and say to myself, 'You b*****s are going down!' Keep up the fight. They can never be allowed to win!

Posted On 06/12/2021

BeatriceW

I'm having a similar problem. I recently wrote to a group of friends saying that I was cutting ties with them at least until the Pandemic is over. I too am getting help from Stand in a Park and tomorrow we will have a picnic afterwards. People hug me there instead of shunning me. I thank God for Dr Mercola.

Posted On 06/12/2021

Cabochoh

I looked for a Stand in the Park event in my area on the website but so far none on offer. Guess I'll just have to offer to organise one myself. See my reply to Randyfast to get an explanation of division amongst friends and family - all part of the plan.....

Posted On 06/12/2021

blessthebeasts

In a way, it's a good thing to know what "page" people are on. My older sister, who I always put on a pedestal and lived in her shadow, has shown me that she's not the superior being I thought she was. It's sad but good to know the truth. I've also become more open to people who are not on the same political "page" as me, but at least have common sense!

Posted On 06/12/2021

NorthW206

I understand wanting to engage with others who are on the same page, but I don't understand shutting everyone out of our life that is getting the vaccine? Isn't it ok to believe different things? Don't we want the freedom to do that as well?

Posted On 06/12/2021

Tiggy22

Lucky Mumma, how wonderful to read that there are other people in the " sexy older age group " who refuse to lay down

& say ...Walk all over me, I'm your slave oh master ...NEVER GONNA HAPPEN IS IT ?

Here in Scotland, my Hubby & I found a printing shop. willing to print us some Tee shirts, for the UK COLUMN NEWS site. We had them made in the brightest colours, with the slogan

TRUTH

UK COLUMN NEWS.ORG

(I'm sure you will know of them, fantastic group of people)

We have been asked about who they are due to proudly wearing the tee-shirts

, & we know the printers have been asked to make several more for these people !

Don't worry about those pals you've had to lose...There is a wonderful song

by a Scottish singer, Dougie Mclean called " Caledonia " in which he says

" lost the friends that needed losing "

If you haven't heard it, find it & play it on the web.

God Bless, & by the way I'm going to be 78 in October, & I just LOVE being a REBEL, it's great don't cha think x

Posted On 06/13/2021

forbiddenhealing

Masks steal your identity/your face/your social expression and ability to communicate...not to mention your freedom and personal sovereignty.....just seeing all these masked idiots creates a sense of unease and foreboding.

Posted On 06/12/2021

Watsonandco

forbiddenhealing, that's the point! Those who planned this did so following that great architect of humanity's Eleven Principles of Propaganda. Take a bow Dr Joseph Goebbels. Discussed and planned by elected governments. Which is to say those who head and are part of the decision making process. They are not faceless. We know who they are so let's use their names such as Boris Johnson, Prime Minister of the U.K.; Ursula von der Leyen, President of the EU Commission; Frances O'Grady, General Secretary of the TUC in Great Britain; Fran Unsworth, Head of BBC news; Françoise Hollande, President of France; Pedro Sanchez, President of Spain. These are not simply names and titles, they are people. The people who actively sought to destroy our liberty and make us slaves. Let's name them. All of them. And then let's ask, why? Why did they do it? Follow the money.

Read this; www.ukcolumn.org/article/brian-gerrishs-testimony-to-reiner-fullmich-o..

Posted On 06/12/2021

ab70bandit

I watched a Rebel news report yesterday (unbiased independent Canadian news source) interviewing people on the street...he asked how people feel about the mask mandate & would they be glad to take off the mask....all but ONE couple said they would probably keep wearing it for a while, just to be safe....

Well, they did it, we are a society that needs to be bubble wrapped...

I remember as a child that when I came home from school, I would be gone (not telling mom where) until curfew time (a lot of times I'd come home, banged up, cut, scratched which was all part of being a kid) ...

Can you picture the snowflake youth of today fighting in a World War?

Posted On 06/12/2021

rrealrose

Watsonandco, nice link, thanks!

Posted On 06/12/2021

forbiddenhealing

And the insane drive to vaxxx kids..when myocarditis appeared like 20Xs more often in vaxxed male Israeli teens. To mandate the nasty Vaxxx and general austerity on the public to benefit an infinitesimal few mostly chronically unhealthy people smells worse than dead Epstein in a septic tank...This is a global scam; Mao's Cultural Revolution all over again.

Posted On 06/12/2021

rensmith23zohomail.com

And yet a lot of narcissists take pride in wearing them all the time.

Not only do they enjoy dehumanizing others. They love dehumanizing themselves to become scary.

They aren't all docile. A lot act like faceless monsters. Like Slender Man. (And they love to terrorize small children too.)

The Mask is who they are. It psychologically transforms them.

I hope the bacteria they inhale and oxygen deprivation soon removes the creeps from society. Or the "vaccines" they brag about on antisocial media. And they're too dumb to do any prepping. Or figure out any way to care for themselves as society comes apart.

They are the reason the Bad Guys are able to pull this off. I will be glad to see a bunch of them gone. They have shown themselves to be enemies of humanity. I want nothing to do with the faceless freaks.

They've been squealing, "Reeee! OMG, you wanna kill me? You wanna see me dead?" Whining for almost a year and a half like the paranoid, self absorbed, cowardly hypochondriacs they are.

A lot of us have come to wish they would.

I only feel sick after communicating with one of Them.

Posted On 06/12/2021

Jennycat24

The damage that this is doing is beyond words awful - but I do know something that can help, and that is EFT - the emotional freedom technique, available free on the net, involves tapping with the middle finger of one or both hands (methods vary) on the head and a little of the chest on various points which are meridian points (chi/qi points) for the Chinese energy meridians while repeating a small sentence detailing problem, then as the rounds of this go on, repeating solutions.

Lots of people have done work on the subject, including Dr Joe Dispenza, Dr Bruce Lipton, Dr David Feinstein, Donna Eden, Madison King and many more - and they have cured all sorts of people including some who have suffered from PTSD for decades. Lots of videos available, lots of instruction, it doesn't necessarily work like magic but it does work if you keep at it.

Meditation also increases the strength of the immune system - and makes us happier too! (And even small children can do that also).

Posted On 06/12/2021

Lizschneider53

I'm up for anything to help at this point! Thank you!

Posted On 06/12/2021

brodiebrock12

Liz...the new Fauci dart board they are selling helps a bit too :)

Posted On 06/12/2021

Watsonandco

Jennycat24, and you are going to get this message across to how many of the hundreds of millions of lemmings? As an accomplished ex-stress therapist I can tell you one person in a hundred will listen - maybe. One person in a thousand might do it. We do not need therapies, and I mean no disrespect when I write this, what we need are many Davids in many parts of the world with their slingshots. This is WW3. We need battle plans and Davids.

Posted On 06/12/2021

fvomasch

Jennycat24- Over 75% of our immune system is produced in the gut. Any antibiotic use in the past has altered our bowel flora with long lasting consequences. By recolonizing the gut with good bacteria our immune system response is increased and up to 80% of serotonin is produced in our gut so we feel better. Some people stop probiotics too soon due to bloating/gas but it goes away after two weeks or so.

Why is this not discussed in mainstream media? Maybe because if we have optimum nutrients in our body the need for medications is minimized and that does not stand well with Big Pharma.

Posted On 06/12/2021

skweiler

Lawsuits help as well. They can STOP the ABUSE.

I suspect that EFT helps, but I prefer "The Healing Code" because it appears to be able to fix problems "automatically," and because it probably came from God Himself.

It should be noted that there is a physical system that was discovered in THE 1960s that corresponds to the "energy meridians." It is called the primo vascular system. It is bad that almost no one appears to be interested in researching this. There is so much that could be done, but isn't because of \$\$\$ - the love is which is the root of all evil.

Here is an article concerning this: pubmed.ncbi.nlm.nih.gov/27526157 .

Posted On 06/12/2021

blessthebeasts

I do it every morning before I face the madness of the day!

Posted On 06/12/2021

MollyMalone

Thank you for the EFT reminder! Dr. mercola has many articles about EFT, here are three links that may help: ○articles.mercola.com/sites/articles/archive/2018/08/09/emotional-freed..

○articles.mercola.com/sites/articles/archive/2013/12/26/emotional-freed..

○articles.mercola.com/sites/articles/archive/2020/06/11/coping-with-cov..

Posted On 06/19/2021

MoMac46

Firstly I am very grateful to Dr Mercola for all the health benefits he imparts. I am grateful to all the knowledge I receive from your posts and links that bring hope and wisdom. I had forgotten about the "Law of Attraction" and how powerful our thoughts are and can be. What you think about you bring about and the Universe is listening. So gratitude is the first to practice. Therefore I am going to be grateful for the simple things first like I have a comfy bed, or a garden or car to get me about. Grateful for bigger things like health and loving family. If our universal thoughts could bring about a halt to children being free from wearing masks and bringing joy back into their lives that would be a start. If everyone here had grateful thoughts it might help. Perhaps it's the masses of people's universal thought of fear that's keeping this in limbo.

Posted On 06/12/2021

ab70bandit

Yes, gratitude is so important....here in Nova Scotia, we are coming off more than a month of lockdown, retail businesses are allowed to operate at 25% capacity but my church has to stay closed...if this made any sense, people would realize that there is no safer place than church. The CDC came out with an update the end of last year that there seems to be no risk of getting covid from hard surfaces (if you believe in germ theory) the church was masking, distancing and wiping down before and after mass,,,,does anyone go behind you wiping down what you touch at Walmart/Costco, etc?

They have been trying to dumb down our kids in school for years, now this past year and a half they have dumbed down much of the population with the cognitive dissonance.

Yes, gratitude & prayer. They do not want people gathering to pray!

Posted On 06/12/2021

NewlandsWanderer

That's a great post MoMac46. Gratitude is a wonderful transformer of energy. The world is blessed with natural miracles that we so often take for granted or fail to see because we are not living in the NOW. Years ago a top physicist claimed that the latest understanding of quantum physics was that we create our own reality. So, perhaps If we can change the patterns of fear in ourselves through nature walks, listening to bird song, prayer, or love, or meditation - or asking God for help, we are helping, in a very small way, to change the day-to-day energies and the future for ourselves and others. Those behind this agenda want us to live in fear - that way they can manipulate us. But if we can inwardly transcend that fear - their power is gone. Ralph Waldo Emerson said: "O friend, never strike sail to a fear! Come into port greatly, Or sail with God the seas!"

Posted On 06/12/2021

Sna7584

Good morning MoMac46, I couldn't agree more. Positive thoughts create a positive environment, and that positive environment is contagious in a good way. The saying is that people may not remember you specifically but they will remember the way you treated them and made them feel. So keep on spreading positive good feelings. I live with the knowledge that nothing is going to happen to me that is out of God's will. Everything has been preordained, even my reaction to both the positives and negatives in my life. I'd like to say that I came to this knowledge easily and instantly but it has been a lifelong journey with successes and failures shaping my path. I made masks a little over a year ago to give to family and some I donated. The whole time I was making them it rubbed against everything that I knew to be true and good. I researched the effectiveness of masks and the research showed they were ineffective. So I stopped making them. Yes, we wore them because of the mandates, but we didn't go many places either because of the mandates.

Now that some of the truth is being revealed and the mandates are being lifted we are out, smiling, encouraging, and spreading good positive thoughts. Keep up the great work, don't let the man get you down because The Truth will always set you free!

Posted On 06/12/2021

Cabochoon

In pre-plandemic times, if a parent had forced her child to attend school wearing a mask and keeping six feet away from other school children, the staff would have been duty bound to alert social services. Why is child abuse by the parent quite rightly prosecuted but considered acceptable when mandated by officialdom?

An Italian researcher did an investigation into nanoparticles attached to masks using a microscope which revealed a variety of minerals including aluminium as well as dirt and debris. She also examined the nasal swabs used in PCR testing for viral infection. The materials in the swab included zirconium. The PCR test involves inserting a swab into the throat or the nasal cavity. As the mucus membrane in the nasal cavity is very delicate especially in children and is close to the brain, infection or damage from the rough surface of the swab is a possibility. The recording shows various magnified images of mask debris and swabs.

en.knowheretoknow.com/post/nanoparticles-swabs-face-masks-and-vaccines..

Posted On 06/12/2021

Randyfast

Just try relating that information to the people who have fallen for this Global Hoax. You can show them a mountain of evidence and they will still deny it.

Posted On 06/12/2021

Cabochon

Hegelian Dialectic perhaps, Randyfast. First create a problem, add in some fear and hysteria to the recipe, offer only one solution that takes away your human rights and the sheople will not only accept it, they will be thanking you for it, worship you as their saviour and be begging for more. Stan is the philosophy scholar here, perhaps he has a better explanation.

Posted On 06/12/2021

joymoeller

Another horrible problem I am seeing is functional changes. Wearing a mask for long periods of time pulls the mandible (lower jaw) back which leads to a smaller, more restricted airway and sleep disorders. I am seeing this especially in already airway compromised patients and growing children who feel they have to wear a mask for work or school over long periods of time. So sad.

Posted On 06/12/2021

stanleybecker

child ABUSE has become the "New Normal"

Posted On 06/12/2021

brodiebrock12

Also changes the secretion's in ones mouth in an adaptive way. Have been hearing many people who have worn masks for jobs etc complain now about really dry mouth issues

Posted On 06/12/2021

Randyfast

"CDC COVID Guidelines May Be Harming Children". "May" be harming? I hate Political Correctness! They are harming everyone who "chooses" to wear them everywhere they go - all day long! The children are the most easily conned in this respect, because they have limited life skills and there is much that they don't understand. They've already been indoctrinated in the "educational" system to OBEY! I see school children everywhere, walking, cycling...all with their dangerous muzzles on!

BTW: you missed one...microfibers from the mask, going into the lungs and bloodstream; and who knows exactly what those microfibers are? I'm sure that the millions of masks coming from China, that they supply (out of the goodness of their heart), are perfectly safe!

Posted On 06/12/2021

brodiebrock12

Exactly Randy. Those blue cheap masks sold everywhere are a real problem.

Posted On 06/12/2021

Watsonandco

Randyfast, talking about masks is a wonderful diversion tactic that those who are in the process of destroying out humanity are using ruthlessly. Like the religious division, or the male ego division, or the black v white division, the corruption in politics division, etc., etc. It is a divisive tactic and you should not waste one second of your time on this dross! FOCUS. We need many Davids in may parts of the world to take on the Goliaths. That's the focus!

Posted On 06/12/2021

blessthebeasts

They are plastic nanofibers!

Posted On 06/12/2021

Randyfast

Thanks all, for the replies. This is pure insanity!

Posted On 06/12/2021

designer56

At first, when we were seeing trailer trucks being used to collect all of the bodies at NYC hospitals, I needed to have something that I could do to feel safe until we understood what this illness was all about. Wearing a mask to the grocery store helped me cope, and I am sure it helped parents then, too.

Now that we can get back to normal, I am sure educators have ways to ease the kids back into the regular routine. Kids are resilient and will bounce back once they get around their friends and teachers. We DON'T need them to get caught up in the other "crime against humanity," that of psych drug usage. When I start hearing psychiatrists talking about how our kids are damaged by Covid, my ears perk up. That means that they are poised and ready to use Covid as an excuse to get even more of our kids on harmful psych drugs. And a lot of those drugs have "suicidal thoughts" as a "side effect." Kids don't need that kind of "help" and never will.

Fresh air and sunshine, healthy eating, exercise, and playing with friends will do a heck of a lot more than putting junior on psych drugs. The shrinks have just as harmful an agenda as the technocrats and

the oncologists: making money and controlling people! They have had a plan since the 1930's to infiltrate all areas of society and are succeeding. They are in the courtrooms, our schools, hospitals...everywhere, peddling their snake oil! The next societal revolt should be against them.

Posted On 06/12/2021

steve49car

Trailer trucks as you say were FAKE , put there to instil the fear and false impressions! The same happened in Italy with military trucks supposedly queueing at crematoria ... except there was a different reason ... the Italian government decreed that no burials should take place and all bodies should be cremated ... hence the very real problem the military was helping with ... the cremes could not cope !We need one over riding change to our systems ... in future NO industry ever should have legal exemptions or protections ... they can literally market whatever they like ... nazi style ... and do ! You may not be aware that the drug company Merck is in court defending a class action over the serious injuries and deaths its hpv injection Gardasil has caused one size of toxic material does not fit any human ... least of all the young!

Posted On 06/12/2021

GaryMcCollom

The cremation in Italy was done partially for fear, most of the reason was to prevent Post Mortems from being carried out.

Posted On 06/12/2021

blessthebeasts

Your comment shows that masks were/are nothing but a phony psychological placebo. The

physical effects are all negative.

Posted On 06/12/2021

rensmith23zohomail.com

Psychiatrists are truly evil.

They use pharmacological torture, gaslighting, and other psychological abuse to socially engineer society. And pronounce certain members the unclean scapegoats of their communities.

I'd be very surprised to discover Fauci has not been getting ideas from the experts in that field.

Posted On 06/12/2021

Siriusbe1

Great stuff Joe-Speaking as an experienced school teacher ,i am totally against the wearing of facemasks and i have noticed already many of the symptoms mentioned above also in this country.The worst symptom is fear and fear weakens the body and the immune system.

Posted On 06/11/2021

cralef

Two good reason to wear a mask:

- 1. it thwarts facial recognition software**
- 2. nobody can see when I'm talking to myself**

Posted On 06/12/2021

moineau

I live in downtown Portland, and now that the parents are vaccinated I'm seeing families with mom and dad unmasked and their kids still sporting masks! They're outside! These people are brainwashed. They think their children are carriers or at risk. They'll get their kids vaccinated as soon as they can.

Posted On 06/12/2021

Lizschneider53

Yes! Alot of people are walking around like mindless robots!!

Posted On 06/12/2021

steve49car

The worlds most respected Virologist Dr Luc Montagnier has stated clearly ... if you have had that injection you have 2 years at best ! There will be many kids orphaned and rather fewer liberals!

Posted On 06/12/2021

rensmith23zohomail.com

Almost no masks where I live. Red politically. Towns and rural. No real cities.

According to the Ministry of Truth this shows we don't care about each other.

I perceive it as liking to see each others' faces and talk unimpeded. Friendliness.

Big City people are less friendly.

The media got that wrong. But 90% of what they say is lies now. (My guess. Don't quote me.)

I only read an occasional article to find out what propaganda the zombies are being fed.

Posted On 06/12/2021

Luckymumma

Whatsonandco please take heart ..I thought I was virtually alone until I linked up with SITP people .. they are real warriors and I identify with them.. they are kind considerate brave supportive and resilient - just the kind of friends one needs in times of crisis. ❤️ It is a type of war we are fighting and I now know who I would want to be in the 'trenches' with. They are lovely individuals with 'bottle' and these are just the type of friends I am happy to share my life with. Can you join something similar to make up with the friends you have lost? I have found it energising and a great comfort to know I am not alone as 'they' would have us believe . Sending love and hugs x

Posted On 06/12/2021

versatile

The number 99.997 percent of children killed by COVID is a made up number, derived from the made up CDC statistic of 1 death per 33,333 or 3 deaths per 100,000 infected. Where is the evidence to support the number? It doesn't exist. Every COVID death - and therefore every child COVID death - is a result of complicating factors. There are no situations where COVID alone causes death. None. Not one. What about the claims of a "perfectly healthy person" who dies suddenly from COVID? There are two issues supporting that myth: 1. We don't study health and have no science to identify a perfectly healthy person. 2. If someone dies from COVID, there is no incentive to find the complicating factors - it doesn't fit the COVID agenda. When we start with lies about the health of our children, and use those

lies to make destructive changes to our entire societies - we have created a monster. Will COVID bring about the end of our current dysfunctional allopathic medical systems? Or will it continue to put us all to sleep?

to your health, Tracy

Posted On 06/12/2021

brodiebrock12

The problem Tracy is the perps are simply getting away with it. No one held to account yet or in jail. The crux of the matter is why would anything stop when no one is held to real account?

Posted On 06/12/2021

rrealrose

'xcuse me, are we following the Johns Hopkins Bloomberg School of Public Health script or not?

Their agenda is all spelled out here, month-to-month responses for an 18-month response. You, me, the little people are not to deviate from, or question their plan:

www.centerforhealthsecurity.org/our-work/publications/the-spars-pandem.. - sigh, shifting focus or deflecting attention each month to keep everyone living in fear for no good reason, yet unaware of the massive coverup (of sovereign debt) occurring. Some news media we've got!

Posted On 06/12/2021

fvomasch

Even lawmakers get banned for saying something about alternative treatments that does not fit the

narrative of only vaccines.

www.yahoo.com/news/republican-u-sen-ron-johnson-000250067.html?.tsrc=f..

Posted On 06/12/2021

brodiebrock12

Johnson far tougher than people realize. He doesn't give a rats *** what the mongers and censors try doing with him.

Posted On 06/12/2021

stanleybecker

from the perspective of the Snake and his corrupt following what does wearing a mask mean?/ - OBEDIENCE/ coordination/ social control - so what does NOT wearing a mask mean to the Snake?? - it means that you are in need of rehabilitation - you need to be eliminated as UNCOOPERATIVE - you will be designated as a dissident because you have not complied with the PROGRAM - Big Brother has many ways and means at his disposal to penalize and punish your anti establishment behavior - Big Brother is pro Snake and against the people - mask vigilantes are roaming our streets - anyone without a mask is likely to be anti vax - Dr WHO and his Daleks are hellbent on eliminating ["EXTERMINATE, EXTERMINATE"} all the non mask wearers - stop grumbling and wear your mask or you will become a candidate for elimination - the Snake's message is LOUD and CLEAR

Posted On 06/12/2021

Randyfast

The number of people who fail to see this, is simply astonishing!

Posted On 06/12/2021

juststeve

Turning the Globe into one big company town. You have to live in company housing, go to company doctors, trade at the company store and pay for necessary goods at a prices higher than you are paid. Work your fingers to the bone and what do you get? Boney fingers. When we work together locally and build locally for Regenerative, Organic, Sustainable Lives in concert with The Foundations of Life, the Master Slave situation fades away.

Posted On 06/12/2021

rrealrose

Hi Stan,

Suspect you will appreciate this brief(er) interview Astrid gave recently posted-up entitled, Problematic Narrative : www.bitcute.com/.../8sfd8KEYSFl - and of course, those in the business of selling and/or propagandizing vaccines, then malleable, flexible, impressionable children are the easiest target for those concerned about "safety", regardless of their well-known low level of expressed ACE-2 receptors. Damn the science, full steam ahead?

Posted On 06/12/2021

Elleanee

The snake! What in the heck are you talking about??

Posted On 06/12/2021

Retsbew

Children involved in separation and divorce are often helped if they're encouraged to paint or draw their worst monster face. It lets them feel that it's not wrong to express how ugly they feel. Then a switch to the most beautiful thing you can think of helps reinforce positivity and "I can fix this" thinking. We had a Social Work program in Toronto - the first of its kind at the time to help children up to the age of 11, if I remember correctly. The parent and child weren't interviewed together, but separately. The child was encouraged to exercise their point-of-view with a Social Worker who specialized in helping children.

And there was a standardized sort of meeting for the parent with the SW. We enrolled in that program and when I asked my son how he felt about it, he said he didn't feel as angry. That son bought his 11 yr. old daughter a BB gun and set up a target for her in the backyard last fall. I sort of laughed about it because I think he was trying to pass on what had happened to him when he didn't feel in control. He does a lot of sports with his daughter too and they ski and skate together. She was barely 4 yrs. old when she started on a junior slope. They don't use poles at that age, but she didn't care and she came down the hill very quickly a few times and stayed in one piece thankfully. Physical activity is great for focus and forgetting any problems. My granddaughter loves school and the first time it was in lockdown she was so furious she shouted at the radio. Now they've started going to a rural area to camp and her mom really enjoys it too. I don't think anyone should under estimate how difficult these continued lockdowns have been for children and communication is so important.

Posted On 06/12/2021

Randyfast

IMHO; nothing is more important to physical and emotional health than regular exercise and eating nutritious food. Sadly; the majority of the population choose to eat food-like substances that are nutritionally deficient, while sitting in front of the boob tube.

Posted On 06/12/2021

Watsonandco

Retsbew, from my years of experience as a stress counsellor I can tell you the levels of depression and suicidal thoughts among the people I used to know as my friends is alarming. In any normal community this would be viewed as quite extraordinary, possibly the result of a mass drug programme. But none of them see it. I wonder if the suicide figures are being hidden or disguised as Covid?

I no longer practice but I advise when I think it appropriate. However, no one wants to listen. They cannot wait to get back in front of that great opioid, TV, and get their next shot of madness. They live for that. That is what makes combatting this evil so hard. And those who wish to enslave us know that.

Posted On 06/12/2021

Retsbew

Hi Watson, when I was with Canadian Mental Health when anti-depressants were relatively new, there were calls from family members who were in shock because they had just lost a close family member to suicide - and the person who died had been prescribed an anti-depressant within only a few months of this happening. The number of calls like this was remarkable and the director was made aware of this, but nothing was done about it. We had a huge Christmas party every year and each staff member sat at a round table with clients. We all looked forward to it, but that director would never sit with clients. I've never forgotten that and never understood it either. I am in no way faulting CMHA for this, it was and still is one of the very best agencies anywhere for help with mental health issues. But the writing was on the wall years ago that anti-depressants can cause suicidal ideation, but they're still prescribed, even recommended by doctors who in my opinion have no idea what they're doing. A general practitioner isn't well versed in mental health symptoms and solutions. But, far worse than that, once a patient is in the hands of a psychiatrist and the brain chemistry changes from medications, there's no going back. All that can be done is deal with the side effects as well as possible and try to maintain independence, but this is very difficult. We

had a residence that was like a half-way house and it seemed to work well because there were people from that program who were able to go back to their families or self-support after a year or two. Similarly, we had a fantastic hospital high above the lake with beautiful views. It was a public hospital and residents stayed in the hospital at first and then graduated to cottages where they started to look after themselves again. The government closed all those hospitals in Ontario - the one I knew would be worth a fortune, location, location. Then the crime stats started rising and horrifying events reported.

Posted On 06/12/2021

lazereye

People who wear masks over the nose should also wear masks over their ears, eyes and brain because they don't because they don't use those organs either....

Posted On 06/12/2021

tallulah3

That's funny

Posted On 06/12/2021

rensmith23zohomail.com

The lemmings should just put plastic bags with drawstrings over their heads.

As helpful as the masks and it will get the job done sooner.

Just like a single injection of sodium penathol would be less painful than 3 of those mRNA shots.

Posted On 06/12/2021

lin3741

Even as the mandates are lifted and mask wearing is no longer required, though not in all areas but most now, you still see these parents going into shops and eateries w their kids all muzzled up. STEERING them away from any passer by who is not masked, like they will DIE if they even go near someone else! To me that's even worse than when we HAD to wear them! What must these poor kids be thinking? Looking around seeing other kids and most adults unmasked, but mommy and daddy still make me wear one. Who knows what kid of mental trauma that can cause, or self esteem issues. Very heartbreaking but i see it a lot.

Posted On 06/12/2021

brodiebrock12

Watch the many who are now so deeply indoctrinated they will pop a mask on each and every cold and flu season too now even without any prompting by the fraud media spewing constant tax payer funded psa propaganda. This is the real tragedy! The next plandemic will be simple now that the fear is so set in the brains of the prone...

Posted On 06/12/2021

Lfod444

Yep..... one of the sadist things these days is small children with a mask on . First of all it's simply not necessary , and then it is just plain child abuse and on top of all of that is shows how ignorant their parents are, and respectively I say ignorant and not stupid , as we all know you can fix

ignorant ,you can't do much about stupid .

Posted On 06/12/2021

Casimcea

It is called children abuse.

Posted On 06/12/2021

micuda

aside making me gasp for fresh air, masks have ruined my eyes but, that aside, I had warned of the potential damage of masks on children last April 2020. The human brain feeds on oxygen. Hardly ever mentioned is the most important caveat of all. Lack of full oxygen input stunts the developing brain both physically and psychologically. A child's potential is therefore stunted. Children will have in other words, a tampered with brain. The only good thing with this so called pandemic is that its lethality is low otherwise both experts, and politicians would have created a global hecatomb. This global madness has indeed confirmed what has been known since cave times: All reasoning, all logic, all good intentions crumble when they are matched to fear. Fear is the real, highly contagious disease!

Posted On 06/12/2021

brodiebrock12

Micuda. The mongers quickly debunked the lack of O2 argument early on. All common sense was intentionally debunked during those early months

Posted On 06/12/2021

baronkb

The mask mandates coming from the FauXi cartel and tyrannically forced down the throats of both children and adults were NEVER about preventing spread of the virus. It was all about government control as the Biden regime doubled down on masks after Trump refused to mandate masks on government property. The remaining corporate mandates on masks, as in those tyrannically imposed by the airlines, need to be condemned through customer boycott or taken to court for the harm they are inducing on their customers.

Posted On 06/12/2021

stanleybecker

in order to fly you need to be "vaccinated" - only the Living Dead will fly now

Posted On 06/12/2021

Kevin131

Graphine in masks causes lung damage as well, and DARPA nano-weapons inbedded in the manufactured medical/work masks are also a huge problem, who in their right mind wants nano theragripper parasites snuggling up to their nose in a mask? People are already suffering from these infestable nano-weapon devices sprayed on the population from chemtrails, and that wasn't effective enough, so they put it in the fake tests and masks to implant people with nanoweapons for tracking and targetting with the weaponized 5G system.

Posted On 06/13/2021

RichJedi

It became SUPER CLEAR in the first few WEEKS that this WHOLE THING was and IS a STAGED EVENT (Operation Lockstep and EVENT 201), that the MOST IDIOTIC Suggestions of USELESS MASKS, social distancing, obsessive hand washing and shutting down the ENTIRE PLANET for this BULLSHIT so called virus was the HEIGHT OF UTTER INSANITY, LUNACY, DELUSION, FOLLY, INCOMPETENCE and COMPLETE MADNESS EVER!!

Of course people WANT TO KILL ALL LIFE OFF OF PLANET EARTH.. so the LAST THING they're concerned with at all is the psychological HARM coming to children from their INSANE policies!

“For all respiratory epidemics, if you leave it alone, it comes for two weeks, it peaks, and it goes for two weeks, and it’s gone. There are no indications that anything is different from the regular flue, maybe a bit worse...”

“Children do very well with these diseases,” says Dr Wittkowski. “They should be continuing to go to school and infecting each other. That contributes to herd immunity. This means that after 4 weeks – at the most – the elderly people could start joining their families, because then the virus would have been extinguished.

“With all respiratory diseases, the only thing that stops the disease is herd immunity. About 80 percent of the people need to have had contact with the virus, and the majority of them won’t even know they were infected, or they had very, very mild symptoms, especially if they are children.”

“So it’s very important to keep the schools open and the kids mingling. Elderly people should be separated and nursing homes should be closed during that time.” “For all respiratory epidemics, if you leave it alone, it comes for two weeks, it peaks, and it goes for two weeks, and it’s gone.”

“I’m not paid by the government, so I’m entitled to actually do science.”

Professor Wittkowski, PhD, for twenty years head of The Rockefeller University’s Department of Biostatistics, Epidemiology, and Research Design

Posted On 06/13/2021

Nadine17

So, so sad. Whenever I saw a young child or elderly person in the store, I always tried to smile at them because I wasn't wearing a mask. I mostly never wore a mask. I actually had a cop come up to me and congratulated me on not wearing the mask and that I was brave. I told the officer to just take his mask off, and he said he couldn't because he was in uniform. I'm so glad that I'm not the only one

without a mask now. But I am very concerned about the shedding of the covid shot! I moved to FI last May to get away from the tyrannical government and insanity of the people to follow such draconian measures back in the tri-state area, Ct, NJ & NY. I wonder if this happened in the hippy days, if they would have followed the stupidity -- and what the hell happened to our men!? We are in big trouble.

Posted On 06/12/2021

Palazzolo

What happened to our men? The deranged militant feminists emasculated them in concert with endocrine disruptors.

Posted On 06/13/2021

Kevin131

What the hell happened to our men? Good question... but what does it mean, Our men? The homeless ones on the street? The criminalized ones in prison, the dead ones from vaccines, cop shootings or opioid suicides? The ones you're not allowed to hire, or you're racist or a bigot, those

men? The ones that can't use their university education to seek government jobs because they're the wrong flavour of the communist critical race theory...? Those men? You mean the ones the government criminalized for simply EXISTING, or the one's meeting in the shadows with hidden hand collaborators plotting against humanity like good little goyim club servents and traitorous stoddges that they are... Cause if you're looking for men, there's two kinds, ones with a knife in their backs, and feminists help put it there, or ones hiding a knife behind their backs, ready to slit throats, that the Zionists put there.

Posted On 06/13/2021

Retsbew

I just received this from Evolve to Ecology.

"It is official. The United States Senate today announced: 'Corona is a lie!' The media is covering up the truth

Big Pharma, Big Tech, Big Media, the WHO and other traitors will be all held accountable."

ecosequor.files.wordpress.com/2021/06/vid_20210612_221226_571.mp4

Posted On 06/12/2021

brodiebrock12

Listened to this excellent video and wonder where you heard them say corona was a lie? I mean I know it is lol, but where was it said in video or were you just extrapolating too as I do probably too much:)

Posted On 06/12/2021

Retsbew

Hi brodie, No I am not extrapolating - I didn't write the headline. However, this should be the beginning of the end of this rubbish. My biggest concern is whether this is being used to seed a war with China? But that remains to be seen. I see the Chinese material as a distraction at this point, possibly purposeful? The Americans and Canadians responsible need to be brought to trial. There's a lab in Winnipeg, Manitoba involved.

I'm not in the states, but isn't your Senate an important wing of the government? The people in this vid are now backing the right horses if I may say so. They are talking suppression and expose of key players, aka, Big Tech, YouTube, FaceBook, etc.

This does not negate what Dr. Reiner Fuellmich plans to do in proving in court that the PCR Test is not fit for purpose, because his action will enable class action suits around the world. He's already spoken about setting up a worldwide network of courts dedicated to this purpose to serve everyone affected.

As I posted in yesterday's comments, I received a polite reply from the Nuremberg Court in Germany that my enquiry as to Dr. Fuellmich's date of trial is not available due to privacy. It was disappointing, but understandable. An army of press could descend on Nuremberg to cover the trial. I hope that it won't be held in camera. But Dr. Fuellmich is familiar with the circumstances surrounding this type of trial and will probably have some good ideas to ascertain it's administered properly.

Posted On 06/12/2021

ZlinCr

Hearing from my kids that few of their friends from elem school are getting sick now (high temp , runny nose and even pneumonia 🤔). I pulled mine out after they wouldn't let them even outside without masks and they were telling them off for turning their heads side ways to talk to friends while having a lunch !!) all bonkers especially as our kids socialised through out the whole year with no

masks , had sleepovers

Posted On 06/12/2021

Casimcea

Face diapers are imposed under a threat of violence BY THE ENFORCEMENT ARM OF THE STATE, THE POLICE. No declaration or ordenance has any meaning without the ones among us which defies their oath of office and act in a CRIMINAL manner.

Posted On 06/12/2021

Kevin131

Defund the masonic police, more effective to defund the masonic puppet government, the mask Nazi teachers, climate change preachers... It's all a Zionist plot FFS...defund your cable TV provider, cell phone provider, defund your big tech social media accounts, defund your insurance providers, hedge fund and pension investors and the globalist NGOs and banksters....

Posted On 06/13/2021

DannyBoy62

Cv19 is a FRAUD, just like the Swine Flu scam. The Jabs are a BioWeapon! Our government(Jesuit Mason Zionist) have declared war on us! Get ready for the EMP! Cv19 is being exposed as the Fraud it is, so they're going to EMP us next!

Posted On 06/12/2021

Casimcea

Only if we acquire sheep genes.

Posted On 06/12/2021

dreamboat54

"CDC COVID Guidelines MAY BE harming children!?!?"

They are harming everyone! for children this has been a time heinous abuse.

Posted On 06/12/2021

fvtomasch

Another article about heart inflammation.

www.yahoo.com/lifestyle/cdc-hold-emergency-meeting-heart-191029763.htm..

www.ncbi.nlm.nih.gov/.../PMC7598282

Low magnesium/potassium which are all depleted by BP meds/alcohol/etc are also to blame and side effects are exacerbated by the vaccine. Most are low in these to begin with so why are people getting a vaccine without first checking on your nutritional status?

What about those with autoimmune disease? How many people were included in the vaccine trials??

Posted On 06/12/2021

brodiebrock12

why...because health is now determined by the meds and injections you take. Maybe you missed that memo. Just kidding, but just sayin..

Posted On 06/12/2021

Luckymumma

Read the history of the 'Spanish flu' Suzanne Humphries is hot on this... vaccines and masks had a lot to do with all the deaths ... Viral pneumonia featured heavily after the poisonous vaccines - history repeating itself? Will we ever learn 🤔🙄😭

Posted On 06/12/2021

Elleanee

Please Luckymumma, don't generalize by saying "we". We know. We have somehow learned. It is the others who are ruled by fear. It is the others we hope will learn.

"Father forgive them for they know not what they do"

Posted On 06/12/2021

brodiebrock12

There is a reason why the people-children in China have less creative ability and are less likely to show emotion. I remember watching all the Russia and Chinese gymnasts in the Olympic games years past who were almost robots. There must have been studies done on how stunted those children were raised in totalitarian states. I can sense masks are doing very similar things to a Child's mind and

emotional IQ.

Posted On 06/12/2021

lin3741

Agree, and how SPELLBOUND those kids must be when they see young athletes from other countries who CAN express themselves, to see its ok for them to actually EXPRESS JOY, or sorrow, and have the support of family members! You can see on their faces and their lack of emotion how suppressed they are and what suppression does to a child.

Posted On 06/12/2021

fvtomasch

This is off topic. I don't know the validity of this article and I myself have never heard about this before. Just something to ponder!

greatgameindia.com/deagel-intelligence-depopulation-covid-19

Has anyone heard of the Deagel Report before?

Posted On 06/12/2021

fromseatoshiningsea

Yes, I have heard of deagel. A few months ago, when you went to their site, they had forecasts for the populations of many countries for the year 2025. For the U.S., the forecast was 99 million (from the current 330 million) - a more than two-thirds reduction. They have since removed these forecasts. I checked back several times (before they removed those numbers) to see if it had

changed, & it had not. Needless to say, it was unnerving.

Posted On 06/12/2021

rensmith23zohomail.com

They predict more than a 2/3 reduction in population.

Over 220,000,000 are supposed to die from the jab. Or the next since they'll keep doing as they're told till they're corpses.

Another 12,000,000 are meant to be killed from food shortages and orchestrated civil war.

Posted On 06/12/2021

farmercist

Fauci and the CDC know this.....that's why they wanted masks.

Posted On 06/12/2021

Sminkly

The face masks which were given away freely made me almost blind after just wearing them very short time 10min. I could see no more and needed assistance in puplic. Had a cloth one all cotton no chemicals made by a friend no problem at all.I have several so to be able to change Once worn.Old ones I sterialize with Clorox and boiling water.

I am old in great condition thank for DR. MERCOLA i have listend,followed for years nothing can harm me.👍❤️👍❤️🇺🇸🇺🇸

Posted On 06/12/2021

Almond

Why is anyone still wearing a useless face mask? If you absolutely must have a face covering in certain circumstances, consider using a face shield instead. Besides, it is actually useful--it keeps the rain drops off your glasses.

Posted On 06/12/2021

Watsonandco

Sminky, the problem is not the mask material. The problem is you believe the propaganda. You have bitten that poisonous bullet that only poisons more and more as you think about it. You are already lost.

Posted On 06/12/2021

daw8493

I believe masks have more positive than negative. Since wearing a mask I have not Caught a cold or a flu, which I usually catch every year. If I knew they had that much Protection I would have started wearing them years ago. It's important to clean Them after each use.

Posted On 06/19/2021

MASONMANNIX

All this stuff you are saying may be fine and dandy in a world where sane people are trying to give accurate information so we can make rational decisions BUT that's not what we're dealing with.

I live in a Ruby Red State with a not-ready-for-prime-time Governor and two Senators. I don't even trust our "Dr. Birx Knockoff" State Health Commissioner either. Our media hear just does and reports as they are instructed by BigPharma and the "Star Chamber" of Commerce. We are poorly informed/misinformed by all who are supposed to tell us the truth so we can make decisions.

So far I've been able to avoid being tested or getting vaccinated. I'm going to do what I think is best for me and to stay off the radar of the incompetent and greedy.

Thank you Dr. Mercola!

Posted On 06/14/2021

poplegendpop

Re: Fullmich/Gerrish link/interview. This says it all. All roads lead to London. To make it personal: Rothchilds.

Posted On 06/14/2021

poplegendpop

Docile? Didn't the *** use flouride in concentration camps to keep prisoners docile?

Posted On 06/14/2021

Palazzolo

The psychopaths didn't miss a trick did they, when designing and implementing the plan/scamdemic.

Posted On 06/13/2021

samsuetwo

What a great video. Thank you for posting this. What the children experienced and felt is everything that I have experienced and felt. I cannot breathe with the mask. I get a headache when I have to wear one. I don't feel well after wearing them but in some stores they have people there making sure you do not enter without a mask. I am a grandmother and children should not be wearing masks and neither should I have to wear one.

Posted On 06/12/2021

Karolina99

Hi, everybody. I follow Mercola for many years already, have been in Health Freedom Expo, where he participated. When this nonsense with virus showed up, I felt that something is wrong and turned to professionals looking for answers. It seems that people who visit this site have plenty of what to offer to each other. Thanks.

However, I see that China is on the radar as the potential criminal who let viruses harm the world. I wonder why nobody talks about Russia? They have a perfect lab Vector in Novosibirsk that nobody talks about it. Here is more information about it:

thebulletin.org/2019/11/what-happened-after-an-explosion-at-a-russian-..

Posted On 06/12/2021

ScanKat

The mask will be nothing compared to what Fauci has in store next for the most vulnerable among us and his kill shot.

Posted On 06/12/2021

debdelarosa7gmail.com

forbiddenknowledgetv.net/nuremberg-2-0

Posted On 06/12/2021

nanasgrands

What about the kids who get to start back to school in the new school year? AR governor says if the children have been vaccinated then they can freely go back without masks. Will it ever be “just go back without masks”? Period! Did I hear this wrong on the news?

Posted On 06/12/2021

brodiebrock12

Anyone who believes the mask narrative is going bye bye is delusional

Posted On 06/12/2021

Casimcea

Sadly a still too large percentage of the population wear a head over their sholders for the whole purpose of stopping the rain from falling straight into their neck.

Posted On 06/12/2021

fvtomasch

It's not just the masks in schools causing controversy. Unbelievable!

www.foxnews.com/.../new-hampshire-prom-hands-marked-vaccine

Posted On 06/12/2021

pur6562

I ordered "The Truth About Covid19, and am looking forward to reading. Thank you Dr. Mercola for your enlightening articles and healthful products.

Posted On 06/12/2021

arjatim2

I am intrigued by one of the comments above: " Masks collect and colonize viruses, bacteria and mold"..... we here in Moose Creek have been ondering why no "official" has realized that this mask hysteria is creating the greatest mass of toxic biohazard since Chernoby!!

Posted On 06/12/2021

steve49car

These people who make such things compulsory are NOT interested in our health , they are interested in control freakery , making money and power! Masks kill ... lets talk about MRSA cases and of Necrotising Fasciitis ... it 'eats' your flesh and in the case of masks ...your face! Dr Deborah Birx is charged with mass medical malpractice and mass murder through her mask mandating ... many more must follow !

Posted On 06/12/2021
