Hospital Study Shows This Can Prevent COVID-19 Infection

Analysis by Dr. Joseph Mercola Fact Checked

July 23, 2022

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STORY AT-A-GLANCE

- A hospital study published in June 2022 revealed that hydrogen peroxide (H2O2) mouthwash, gargle and nasal rinse protected against COVID-19 better than the jab
- When food grade H2O2 is nebulized for approximately 30 minutes in normal saline it also reaches your sinuses and lungs where it can kill the virus, augment your natural defense system and may help stop an ongoing infection in the lungs and upper respiratory tract
- Taxpayers recently spent $275 million, or $1,833 per dose, on a new monoclonal antibody drug. It is approved for people who are most vulnerable and at high risk for progression to severe disease despite the risks not being known at this time
- Paxlovid is another drug purchased with taxpayer dollars at up to $530 per five-day course of treatment. People are requiring a second course of treatment when the infection rebounds with worse symptoms, as it did with quadruple-vaccinated Dr. Anthony Fauci
- Although health authorities would like to keep you chained to new and not thoroughly tested drugs, you have choices including highly successful protocols that cost less and use supplements and drugs that have been sold for many years

Most health experts agree that early and aggressive treatment for COVID-19 helps to reduce the potential for long COVID symptoms and reduces the risk of severe disease. From the beginning, the pharmaceutical industry has sought to develop new and expensive antiviral drugs to treat the coronavirus responsible for COVID-19 with an aim at profits. The newest drug — monoclonal antibody treatment bebtelovimab from Eli Lilly[1] — is no exception.

For example, Dr. Anthony Fauci's favorite drug used early in the pandemic on hospitalized patients — remdesivir — cost the taxpayers over $70.5 million to develop.[2] A five-day course of treatment costs private insurance companies $3,120 and the government $2,340,[3] which is doubled at $6,240 for private companies and $4,680 for the government for a 10-day course.

This is well above the drug maker's estimated cost for production, which is between $10 and $600 for a 10-day course.[4] Fauci, who is the director of the National Institute of Allergy and Infectious Disease (NIAID), has been the face of the public health initiatives against COVID since the pandemic was announced by the World Health Organization in March 2020.

In the first year or more of the pandemic, patients were told to suffer at home until they were near death and then go to the hospital where they were placed on deadly ventilator treatment.[5,6]

In my interview with Dr. Pierre Kory,[7] one of the leaders in the movement to provide early treatment for COVID infection, he recalled how he refused to remain in leadership at the University of Wisconsin Medical Center where the hospital insisted on providing supportive care only to their patients.[8]

However, as the pharmaceutical industry has released a variety of drugs or treatments, including monoclonal antibodies, Paxlovid and remdesivir, the perspective has changed.

Hospitals and physicians now offer pharmaceutical treatments approved under emergency use authorization (EUA) with unknown long-term side effects but continue to refuse to use well-established drugs with known side effect profiles that have proven to be effective. Hydrogen peroxide is one of those preventive measures and treatments.

Hospital Study Shows H2O2 Prevents COVID-19

In August 2022, a study[9,10] of over 4,000 patients and 89 health care staff in a hospital in Ghana revealed the results of those who used hydrogen peroxide (H2O2) mouthwash, gargle and nasal rinse daily as a preventive against COVID-19.[11]

The researchers compared the data between two hospitals in Ghana where individuals who were vaccinated or not vaccinated either used H2O2 prophylactically or did not. The effect on inpatients was also recorded. They found that in the 89 health care staff members who used the H2O2 preventively, only one contracted COVID-19 and that person had discontinued using the rinses.

None of the greater than 4,000 patients who were treated with H2O2 got COVID-19. In another hospital, 424 staff members were fully vaccinated; 34 of those used hydrogen peroxide and none developed COVID-19. Of the remaining 390 health care staff, 53 developed COVID-19.

In another group of 78 unvaccinated staff, 23 used hydrogen peroxide and none of them contracted COVID-19. In the remaining group, 35 got COVID-19. The results from this study suggested that H2O2 was more effective at preventing COVID-19 than the jab.

The participants used 1% hydrogen peroxide mouthwash and diluted hydrogen peroxide to 0.5% for the nasal cavity rinse. The treatment was done only once daily.

The researchers concluded, "Regular, daily HPA [hydrogen peroxide antisepsis] protects HCWs [health care workers] from COVID-19 and curtails nosocomial spread of SARS-CoV-2."[12] This is important since infections in the hospital are more easily transmitted when staff have greater face-to-face exposure with patients and each other.

The data from the August 22 study confirmed an earlier observational report[13] by the same team on two groups of health care workers. In the earlier results, the researchers found that 89 of 944 health care workers who did not use hydrogen peroxide tested positive for COVID-19 in the study period. During the same time, 154 health care workers used the hydrogen peroxide treatment and 100% of those tested negative.

A Nebulizer Drives the Hydrogen Peroxide Even Deeper

In April 2021, I interviewed Dr. Thomas Levy,[14] board-certified cardiologist who is best known for his work with vitamin C. We discussed the use of nebulized hydrogen peroxide, which has become my favorite intervention for the treatment and prevention of viral illnesses.

H2O2 is part of your body's natural defense system, so using nebulized H2O2 just augments your body's natural defense system. However, as I discuss in the video above, it's essential that you mix the solution appropriately, use normal saline to protect your lung tissue and use the treatment until all the fluid in the chamber has evaporated, often taking approximately 30 minutes.

Nebulized hydrogen peroxide also requires the use of a food-grade product that does not have the stabilizers and chemical preservatives found in the H2O2 bottle on drugstore shelves. It is also important to use distilled water or saline, since tap water can contain a deadly amoeba.[15] Your gastrointestinal tract can adequately take care of this pathogen but inhaling it into your lungs can cause significant damage.

One of the benefits of nebulizing hydrogen peroxide is that it disperses the H2O2 throughout your mouth, nasal cavity, sinuses, throat and lungs. This is especially powerful if you have been exposed to a viral illness or are sick.

Nebulized H2O2 can help kill viral particles in your respiratory tract but does not reach any viral particles in the rest of your body. Therefore, using nebulized H2O2 after exposure or in the early hours of a respiratory infection may help stop an infection in its tracks.

If you miss the early window to prevent an infection, using the treatment also helps to protect your lungs from developing pneumonia, which can be deadly in those with COVID-19[16,17] or flu.[18]

Taxpayers Spend $1,833 per Dose on Monoclonal Antibody Drug

In February 2022, the FDA[19] approved an EUA for a new monoclonal antibody treatment for the COVID-19 omicron variant. The drug — bebtelovimab — was developed by Eli Lilly. The government immediately ordered 600,000 doses, spending $1.08 billion or $1,800 per dose.[20] According to Endpoint News,[21] another order for 150,000 doses was approved for $275 million, the equivalent of $1,833 per dose.

The $33 per dose increase in price occurred in just four months. While this may not sound like a lot of money for a single dose, spread over 150,000 doses it means the U.S. taxpayers shelled out an extra $4.9 million for the same drug just four months later.

According to the announcement by the FDA,[22] the EUA was approved for the treatment of mild to moderate infection in adults and children 12 years of age and older who are at least 88 pounds. The individuals must have a positive COVID-19 test and have indications that they are:

> *"... at high risk for progression to severe COVID-19, including hospitalization or death, and for whom alternative COVID-19 treatment options approved or authorized by the FDA are not accessible or clinically appropriate."*

In other words, for an illness that has a track record of 99% recovery,[23] the U.S. government has thus far spent $1.35 billion on 750,000 doses of a drug that by the FDA's own evaluation should only be used for individuals who are at high risk of severe COVID-19.

According to CDC data[24] there were a total of slightly over 1 million deaths from COVID-19 over a 2.5-year period. However, as even the CDC has admitted, many of the deaths attributed to COVID-19 have actually been people died WITH COVID-19, not FROM it.

One of the more infamous cases of death certificates recording a COVID death was from a motorcycle accident,[25] which may have been following the CDC's own guideline for reporting deaths:[26]

> *"In cases where a definite diagnosis of COVID cannot be made but is suspected or likely (e.g. the circumstances are compelling with a reasonable degree of certainty) it is acceptable to report COVID-19 on a death certificate as 'probable' or 'presumed.'"*

As has been widely reported, while the omicron virus is more transmissible, it is also less virulent and doesn't cause the severe illness that the variants before it.[27] Additionally, if the government drinks their own Kool-Aid, those who are vaccinated are protected from severe disease.[28]

Thus, there should be no need for 750,000 doses of a monoclonal antibody that should only be prescribed to those at "high risk"[29] of severe illness. Added to this, Drugs.com reports, "Not many people have received bebtelovimab. Serious and unexpected side effects may happen. All of the risks are not known at this time."[30]

Rebound Illness After Antiviral Paxlovid

Fierce Pharma[31] reported that Pfizer also scored a huge deal when the U.S. doubled their order for the antiviral Paxlovid from 10 million to 20 million courses of treatment. The first 10 million cost the U.S. taxpayers $5.29 billion and contributed to Pfizer's anticipated revenue of $101.3 billion in 2022.

Fierce Pharma[32] also reported that one analyst, writing to clients, reported that Paxlovid had a "leg up" on molnupiravir because of its "superior efficacy and safety profile."

Paxlovid joins a long list of drugs developed specifically for COVID-19 that have not proven to be effective. Reports are emerging[33] that patients treated with a five-day course will sometimes experience severe rebound when the course is completed. Government officials are planning to study the rate of rebound, the extent to which the drug causes rebound and whether a longer regimen will reduce the effect.

Virologist David Ho described the post-Paxlovid rebound he experienced in April to Bloomberg.[34] After getting sick, his doctor prescribed Paxlovid. Days later his symptoms dissipated, and the tests were negative. However, 10 days after getting sick, the symptoms returned and the tests were positive again.

He sequenced the virus in his body and found that the infection before and after taking Paxlovid were from the same strain, confirming that the virus didn't mutate or become resistant to the drug. Pfizer, meanwhile, insists the increase in viral load post-treatment "is unlikely to be related to Paxlovid" because viral rebound was found in "a small number" of both the treatment and placebo groups in Pfizer's final-stage study.[35]

Subsequently, quadruple-vaccinated Fauci reported that he tested positive for COVID-19 and experienced mild symptoms.[36] Reportedly his age placed him at high risk for complications and he was then prescribed Paxlovid.[37] CNN reported he described the "interesting course" of his COVID-19 infection during an appearance at Foreign Policy's Global Health Forum.

Fauci told the group that after five days he was negative for three consecutive days on an antigen test. Apparently, three negative tests weren't enough, so he tested himself again on the fourth day "just to be absolutely certain." By that time, he had reverted to a positive test. "It was sort of what people are referring to as a Paxlovid rebound," he said.[38]

Low Cost, Low Side Effect, Effective Treatment Available

Fauci reported that his symptoms were worse when they returned the second time after treatment. He was prescribed another course of Paxlovid and at the time of the interview, he was on day 4 of a 5-day course. He reportedly felt "reasonably good" although "not completely without symptoms."[39]

The cost of Paxlovid can be as much as $530[40] for a five-day course, but consumers get it for "free" since it was purchased with their tax dollars. During these past two years, the government has spent billions of dollars buying medication for an infectious illness that has been proven to be successfully treated at home using far less expensive medications and supplements.

For example, the overall survival rate across all age groups and all risk strata is 99%, but the

Zelenko Protocol[41] has demonstrated a 99% survival rate in high-risk patients. His published treatment protocol includes over-the-counter supplements vitamins C and D3, elemental zinc and quercetin for low-risk patients.

Patients who have a moderate or high risk of severe disease are treated with vitamin C and D3, elemental zinc, azithromycin, doxycycline, hydroxychloroquine and ivermectin.

The Front Line COVID-19 Critical Care Alliance[42] has developed several protocols[43] aimed at prevention, early treatment, long-haul COVID treatment, post-vaccine recovery and hospital treatment. First-line therapies in early treatment include over-the-counter zinc, vitamin C, melatonin, quercetin, probiotics, curcumin, aspirin, mouthwash and nasal spray. Prescription medications include ivermectin and hydroxychloroquine.

Both protocols are highly successful with known side effect profiles since the medications and supplements have been used for many years. Both protocols are based on the premise that early treatment can reduce the risk of long-haul COVID symptoms and the potential to develop severe disease. Most of the therapies are inexpensive and easily purchased over the counter.

The Front Line COVID-19 Critical Care Alliance[44] also maintains a list of physicians who follow the protocols and provide in-office and telehealth services. I believe one of the most powerful strategies you can use preventively and in early treatment is nebulized hydrogen peroxide.

As the featured study demonstrated, even with store-bought hydrogen peroxide diluted for nasal wash, mouthwash and gargling once daily, you can effectively prevent infection. Although health authorities would like to limit your treatment choices and keep you chained to new and not thoroughly tested drugs where "all the risks are not known at this time,"[45] you have choices and can take control of your health.

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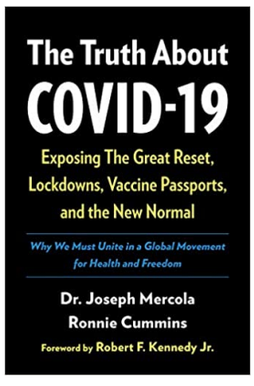

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by Doctor Joseph Mercola

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forbiddenhealing

Joined On 2/21/2011 9:51:43 AM

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Like ozone and MMS chlorite, H2O2 is a powerful oxidizer which rips the electrons from pathogens, cancers and cell debris, destroying them at the molecular level...the OXidant that puts the OX in REDOX medicine...the electrical balance in everything...H2O2 is also the natural ammunition used by immune cells to destroy bacteria, viruses and any unwanted garbage...also released via Megadose Vitamin C. Though storebought 3% peroxide can be used in a pinch, it's best to find 35% food grade H2O2 diluted 11Xs with water, safe and easy with a large graduated syringe. 3% can be huffed from a nasal spray bottle/ 3-4Xs every few hours or nebulized for 5 minutes....Half a cap of NAC dissolved in 20ml water can also be nebulized to get the RED part of REDOX....to boost antioxidant glutathione and loosen mucus to physically expel garbage.....Read up on H2O2 and its many benefits and apps here; educate-yourself.org/cn/Hydrogen-Peroxide-Medical-Miracle-2003-Dr-Will..

Reply | Mark as Spam | Posted On 7/23/2022 7:34:41 AM

Like Dislike

NewlandsWanderer

Joined On 6/11/2015 6:59:28 AM

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To add to your excellent post, forbiddenhealing. I would mention Honey. Talking to a guy here in England he informed me that the antibacterial quality of most honey's actually comes from a natural solution of hydrogen peroxide in the honey! However, the antibacterial potency is diminished by heat. (Whereas Manuka honey is not affected by heat. The antibacterial quality comes from a substaance called Methylglyoxal (MGO) This antibacterial quality tends to increase for a few years after harvesting and not diminish. So it's okay to use it in hot drinks).

Mark as Spam | Posted On 7/23/2022 12:41:27 PM

Like Dislike

forbiddenhealing

Joined On 2/21/2011 9:51:43 AM

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Newlands...Sure, raw honey and Manukah great stuff..If you check Dr. Douglas pdf there are fifty different conditions peroxide

helps and many ways to use it...Oregano oil works great too....

Mark as Spam | Posted On 7/23/2022 1:04:10 PM

Like Dislike

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rrealrose

Joined On 11/10/2011 8:59:01 AM

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If you look hard enough, Whole Foods is now carrying 3% food grade solution, Amazon online here in the US, Swanson may carry this as well...bigger bottle size and not as pricey as the 35%.

Mark as Spam | Posted On 7/24/2022 6:25:59 AM

Like Dislike

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forbiddenhealing

Joined On 2/21/2011 9:51:43 AM

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Rrrreal...Good, since 35% is dangerous and 3% convenient for those who can't do the math and dilute it 11Xs. On the other hand 35% is mucho cheaper and keeps forever in the freezer. A large graduated syringe makes dilution easy. People who live under "doctor's orders" are fearful of anything that did not come by prescription, never try and die with their neuroses.

Mark as Spam | Posted On 7/24/2022 6:59:07 AM

Like Dislike

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all8759

Joined On 8/16/2021 6:17:19 AM

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Thanks for the detailed video on the nebulizer treatment. I nearly died in September from this delightful Chinese gift to the world. Oxygen level 67 with pneumonia when ambulance picked me up. Constant pressure daily from respiratory staff to be placed on a ventilator. Daily refusals frustrated them. I was administered IVs with remdesivir and baricitinib. 11 days later left with my spirometer which I had used every 1/2 hour when I was awake. Over the next 4 months nearly all of my hair fell out. I jumped into reading about supplements and have gone from few to many, including silica and biotin, which helped facilitate return of my hair which is now curly.

Listen to this man and read about his supplements. I am currently painting the outside of my house and one outbuilding. I bought a fantastic scaffolding which has made the higher parts easier to pressure wash, caulk and paint and I feel great, strong and energetic. Oh and did I mention I'm going to be 79 in December? Ordering the nebulizer now

Reply | Mark as Spam | Posted On 7/23/2022 6:27:17 AM

Like Dislike

DebbyW

Joined On 5/27/2010 9:07:35 AM

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all8759, you must have been in excellent health beforehand to have survived those treatments. I'm glad you're doing so well now.

Mark as Spam | Posted On 7/23/2022 7:11:46 AM

Like Dislike

DanoS1

Joined On 3/28/2021 5:11:07 AM

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A very inspiring post, thanks.

Mark as Spam | Posted On 7/23/2022 10:16:00 AM

Like Dislike

tallulah3

Joined On 4/21/2021 9:26:59 AM

Add as Friend | Send Message

I'm glad you're doing and feeling better

Mark as Spam | Posted On 7/23/2022 10:57:50 AM

Like Dislike

Shannon_Flaherty

Joined On 2/19/2021 6:52:36 AM

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I would like to personally thank the federal government for spending the citizens' money on another thing we did not approve of nor did we request. Thanks to the ratification of the 16th Amendment in 1913, which allows the fed govt to directly collect taxes from us and use it how they wish without our knowledge or input. Furthermore, it violates Article 1, sections 2 and 9 of the US Constitution that our forefathers created to keep this very thing from happening.

Reply | Mark as Spam | Posted On 7/23/2022 6:44:44 AM

Like Dislike

Longrunner

Joined On 4/17/2021 9:36:04 AM

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Shouldn't we the people then share in the dividends of big pharma? Or am I confusing stakeholder with shareholder?

Mark as Spam | Posted On 7/23/2022 9:10:45 AM

Like Dislike

forbiddenhealing

Joined On 2/21/2011 9:51:43 AM

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Shannon...Ya think? $30 Trillion stolen for friends under the guise of fake wars and other Emergencies...The need for greed, ...treasonous frauds, grandest larcenies ever. "The Richest Nation" driven to poverty and collapse through corruption. How can you ignore it when someone steals yer lunch?

Mark as Spam | Posted On 7/23/2022 1:11:45 PM

Like Dislike

Randyfast

Joined On 5/6/2010 8:42:42 PM

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As long as we're still having this discussion about people being "infected with covid-19" and being "protected against covid-19" - we lose! THERE IS NO COVID MONSTER COMING TO KILL YOU! Here is a question that all of you need to ask yourselves: "Why am I not sick and/or dying from this deadly virus?" -- www.bitchute.com/.../WEU7wWWDDKkM

Reply | Mark as Spam | Posted On 7/23/2022 7:35:34 AM

Like Dislike

020202

Joined On 1/13/2021 8:23:48 AM

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Randy is one of the people who have blood type O, and never got the vax, so he will never get covid. Most people got at least one shot even though they hadn't gotten covid, some were aware they had type O and were naturally immune, but they bowed to get a shot or two, and bingo they got covid after they got the shot. Because the shot deletes natural immunity from blood type O. Isn't it a shame that so many people with type O gave it and got the vax.... my family is type O, never got sick, then got the shot and got sick in a couple weeks.

Mark as Spam | Posted On 7/23/2022 9:57:58 AM

Like Dislike

Karencr

Joined On 2/26/2016 5:11:02 PM

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Wow. Great link. Explained more about the Koch postulates and the method today's virologists use to prove a virus exists. The guest speaks about her work as a virologist and how virology as practiced is largely a scam and you will learn that these things called viruses may not in fact exist, rather people are ill from multiple poisonings. The lab she worked for was shuttered by the powers because they honestly did the work funded by a 1.5 million dollar grant to detect the virus from 1500 samples from those with symptoms of what is being called COVID-19 and found no virus! So much more that is honest information provided.

She is what some call a firecracker and you may even laugh with her. Thank you Randy for the link, here it is again: --www.bitchute.com/.../WEU7wWWDDKkM PS I am not a germaphobe but noticed many people are afraid of germs and believe the mainstream hype. I have always taken reasonable precautions but when others are ill I have not become ill. I have suffered various health setbacks in my life but don't ascribe my illnesses to viruses or bacteria: Rather ascribe past sickness to other factors such as DDT and lead exposure, crap processed foods, fluoridated water, lack of fresh air and sunshine.

Mark as Spam | Posted On 7/23/2022 5:06:57 PM

Like Dislike

VanTheMan88

Joined On 5/4/2022 10:21:31 AM

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Overheard people chatting today, one telling the other that when he had the Rona, he dosed up on Vit C. The other guy asked him why, and I joined in and told him that Vitamin C, along with all the nutrients your body needs, improves your immune system, so you might not catch a flu, cold or a coronavirus if you come into contact with it. The guy, same age as me, professed amazement. This is someone who was talking about getting a fourth shot...

Reply | Mark as Spam | Posted On 7/23/2022 7:00:49 AM

Like Dislike

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rrealrose

Joined On 11/10/2011 8:59:01 AM

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Was nebulizing for maintenance all last summer so when I felt covid coming on last fall, I upped my usage. However, may have been late, underdosing or asleep, my tonsils became inflammed. Decided to gargle H2O2 as well. This knocked out whatever residuals had passed my nasal passages and stopped the spread cold! Dr. M, again, Thanks for all you do!

Reply | Mark as Spam | Posted On 7/23/2022 6:08:04 AM

Like Dislike

SMUDGEKIN

Joined On 12/10/2009 2:58:20 AM

Add as Friend | Send Message

What % peroxiside do you use and how much please for gargling? Thanks

Mark as Spam | Posted On 7/24/2022 3:19:26 AM

Like Dislike

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rrealrose

Joined On 11/10/2011 8:59:01 AM

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Have 2 types in the cabinet: 3% food grade is fine for gargling. In a pinch, the 3% brown bottles in the pharmacy will do, although these have adders. For nebulizing, you want to watch the embedded video in the blog article.

Mark as Spam | Posted On 7/24/2022 6:12:32 AM

Like Dislike

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lga7761

Joined On 9/4/2015 2:51:15 AM

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“In August 2022, a study” We are still in July!

Reply | Mark as Spam | Posted On 7/23/2022 3:43:08 AM

Like Dislike

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davevarga

Joined On 6/23/2009 9:43:27 PM

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There is a simple explanation for that. Ghana time zone is several hours ahead of us here in the states! : D

Mark as Spam | Posted On 7/23/2022 5:43:13 AM

Like Dislike

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fundamentalassumptions

Joined On 4/1/2009 12:17:58 PM

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!!

Mark as Spam | Posted On 7/23/2022 6:16:11 AM

Like Dislike

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fundamentalassumptions

Joined On 4/1/2009 12:17:58 PM

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Must be that 'new point' faith ....name it & claim it, work toward that goal by hook or by crook by any means, including devilish craft...and fake it til you make it; take it (by bloody means, if 'necessary')....then blame God for the 'miracle'.

Mark as Spam | Posted On 7/23/2022 6:19:46 AM

Like Dislike

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brianallen1

Joined On 8/7/2021 10:12:38 AM

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So, what is the purpose of Falsie and Biden My Time getting Covid after multiple jabs? Normally, that would be an embarrassment the media would cover up. So is this a scare tactic to put fear into the public that this monstrous virus is so powerful that nothing is defeating it? Gaslighting?

Reply | Mark as Spam | Posted On 7/23/2022 6:26:46 AM

Like Dislike

Randyfast

Joined On 5/6/2010 8:42:42 PM

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Brian; it's simple - and all part of the global psyops. "If not for the "vaccine" - it would have been much worse"! Now go out and get that "life saving vaccine" that's not preventing you from being "infected" to begin with; then get it again, and again, and again... -- Has anyone seen Alice? We've been down this rabbit hole for so long; she must be here, somewhere!

Mark as Spam | Posted On 7/23/2022 7:44:49 AM

Like Dislike

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hbockweg

Joined On 2/2/2015 6:55:56 AM

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I have been using this method since it was first talked about with dr Brownstein. I mix up a jar of it & leave in in the refrigerator. I have been extremely careful to follow the recipe exactly. I sent away for my special water. I take my nebulizer whenever I go away. If I feel I might be getting sick I use it. I also take vitamin d daily (& magnesium) so far I haven't even had a cold! I'm a total believer.

Reply | Mark as Spam | Posted On 7/23/2022 5:36:19 AM

Like Dislike

SheilaEllen

Joined On 6/7/2012 4:03:23 PM

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How long does this keep in the refrigerator?

Mark as Spam | Posted On 7/23/2022 10:45:10 PM

Like Dislike

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dfarrich

Joined On 3/28/2016 1:46:04 AM

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All I know, it that the protocols work, including those that you stated early on in 2020 - if for nothing else than to keep you out of a hospital then dying with a vacuum cleaner hose shoved down your throat while sedated to death's doorstep. A$$hlez - all of them - may they receive the same and worse. I'm tickled pink that the "good doctor" got some of his own poison. Made my day. Two thumbs up. I don't mention the nebulizing or supplement protocols to anyone anymore. I'm tired of the blank stares. I sincerely do not care as I watch them go their merry ways wearing their masks inside their cars. Good idea. LOL

Reply | Mark as Spam | Posted On 7/23/2022 9:19:36 AM

Like Dislike

Ronald_H

Joined On 7/10/2010 1:38:54 AM

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President Trump asked Fauchi about what is a similar concept yet received admonishiments with extrapolations that he advocates injecting bleach!

Reply | Mark as Spam | Posted On 7/23/2022 2:09:52 AM

Like Dislike

NewlandsWanderer

Joined On 6/11/2015 6:59:28 AM

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Trump got it right with Hydroxychloroquine. www.palmerfoundation.com.au/ny-doctor-proved-everyone-wrong-about-hydr..
And he probably meant Chlorine Dioxide when he said bleach.
odysee.com/@Kalcker:7/100-Recovered-Aememi-1:7?&sunset=lbrytv

Mark as Spam | Posted On 7/23/2022 6:20:28 AM

Like Dislike

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iamewe

Joined On 5/17/2011 4:50:29 PM

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Someone must have mentioned the internal use of CDS (or perhaps MMS) to him, rather than it just being used for water purification purposes.

Mark as Spam | Posted On 7/23/2022 6:24:40 AM

Like Dislike

DrLizbeth

Joined On 5/13/2022 6:55:56 AM

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They mocked Trump when he brought up possible use of "disinfectant" to the lungs. Substitute "antiseptic" and he turned out to be the smartest guy in the room. He was also smart about advocating for HCQ. BUT he got bamboozled by Big Pharma and Dr. Mengele Fauci about "warp speed" Covid "vaccine." He thought he was cutting through "red tape" as a savvy businessman to help people as soon as possible. He had bad scientific advisers. I believe he mentioned that Rand Paul told him the vax was a good idea.

Mark as Spam | Posted On 7/23/2022 8:03:45 AM

Like Dislike

Longrunner

Joined On 4/17/2021 9:36:04 AM

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And remember methylene blue morphed into fishtank sterilizer? And ivermectin horse de-wormer?

Mark as Spam | Posted On 7/23/2022 9:13:34 AM

Like Dislike

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rob3272

Joined On 12/3/2016 9:48:40 AM

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Dr Mercola you are so kind. Thank you. I thank God for you.

Reply | Mark as Spam | Posted On 7/23/2022 9:39:45 PM

Like Dislike

ColdTurkey
Joined On 12/16/2019 8:14:58 AM
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Following Dr. Mercola's advice I bought a compressor type nebulizer a couple or so years ago and use it at the first sign of any type of illness. I either use it full strength at 3% H2O2 or diluted 50% with AddiPak 5mL Sterile Solution. I follow the protocol advised by Dr. Thomas Levy. Dr. Mercola recommends a greater dilution, but I have had no problems with the greater strength. I have used it likely a few dozen times. My son has used it perhaps well over a hundred times at 50%. We wouldn't be without it.

The 3% hydrogen peroxide and the sterile solution can be had at amazon. I am 85 and in apparent good health and would shoot myself before having myself injected by the bio-weapon they call a vaccine. (It would be an easier death, although I do not advocate suicide.) My brother, a retired physician, got the two pfizer shots, promptly developed Parkinson Disease, otherwise unknown in our family, had two seizures, also previously unknown , and died after going through months of unnecessary humiliation and suffering.

Reply | Mark as Spam | Posted On 7/23/2022 12:54:26 PM

Like Dislike

SheilaEllen
Joined On 6/7/2012 4:03:23 PM
Add as Friend | Send Message

I'm so sorry about your brother. The vax has taken many people. I'm glad you are doing so well.

Mark as Spam | Posted On 7/23/2022 10:48:48 PM

Like Dislike

rjsvan54
Joined On 5/22/2019 10:17:51 AM
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We are not vaxxed and never will be. I use a sinus saline solution 2x in the morning with a spray of Xlear and gargle with Listerine, and repeat in the evening. I have been doing this for the last couple of years because of my allergies and it helps. My wife and I were exposed to Omicron from individuals who were double vaxxed and double boosted and they were infected with Omicron. This all happened two weeks ago, she got it and I did not. She absolutely will not use the spray solutions. We were in close contact constantly while she had Omicron as I was taking care of her. She is much better today.

For the last two years, we have been taking D3, Zinc, NAC, C, Quercetin, Oregano, and other supplements. When we tested for Covid she came up with a positive and me a negative. Her 1st symptoms were an excruciating headache and body aches with a slight fever. No symptoms for me. Also, when we found out she had Omicron we both went on Ivermectin 12mg 2x/day and we will continue until she is completely well with no signs of coughing. We are doing good. She did take paxlovid 2 doses and threw the rest away when we found out that there is a rebound effect. She is 63 and I am 68. Married 47 years.

Reply | Mark as Spam | Posted On 7/23/2022 11:08:28 AM

Like Dislike

ros81171
Joined On 5/29/2014 1:02:00 PM
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I have been on the therapeutic protocol since '20 There is a protocol not only for prophylaxis but in the case of a breakthrough Paxlovid is nothing more than a new $$$$$$$$$$ for Merck's Ivermectin (R&D long gone) and can be dangerous if mixed with other RX meds

Mark as Spam | Posted On 7/23/2022 4:23:08 PM

Like Dislike

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os00

Joined On 8/18/2010 3:11:24 PM

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An article on monkey pox natural treatments and preventatives would be helpful if Dr. Malone said that it seems to have been engineered and coming down the pike....

Reply | Mark as Spam | Posted On 7/24/2022 9:09:43 AM

Like Dislike

JuniorSenior

Joined On 2/1/2018 4:09:41 AM

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August 2022 study? In a July 2022 article? From above: The data from the August 22 study confirmed an earlier observational report13 by the same team on two groups of health care workers. In the earlier results, the researchers found that 89 of 944 health care workers who did not use hydrogen peroxide tested positive for COVID-19 in the study period. During the same time, 154 health care workers used the hydrogen peroxide treatment and 100% of those tested negative.

Reply | Mark as Spam | Posted On 7/24/2022 5:02:08 AM

Like Dislike

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triciaminter

Joined On 6/29/2011 5:57:24 PM

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There has been so much wrong stated about various blood types not getting covid. One was type o blood. This is not true. My type o blood cousin got covid & was very, very sick for almost a month. She lost lots of hair too. Went into a 3 day sleep coma & could not be wakened up. It was a very scary time.

Reply | Mark as Spam | Posted On 7/24/2022 12:06:17 AM

Like Dislike

SheilaEllen

Joined On 6/7/2012 4:03:23 PM

Add as Friend | Send Message

Thank you Dr. Mercola for making this video, I wish I could save it. You cleared up my confusion about how to put everything together. Now I know. :)

Reply | Mark as Spam | Posted On 7/23/2022 11:13:43 PM

Like Dislike

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gup5336
Joined On 7/29/2013 11:37:13 AM
Add as Friend | Send Message

"Quadruple-vaccinated Dr. Anthony Fauci" I doubt this statement - he is hardly stupid enough to take taste of his own poison!

Reply | Mark as Spam | Posted On 7/23/2022 9:29:58 PM

Like Dislike

VickyD.
Joined On 10/4/2021 11:44:52 AM
Add as Friend | Send Message

I am so thankful for this article. It's an answer to prayer because there's always options for otherwise-healthy people, but very little or none for people with special needs and/or chronic health problems. I was so worried how on earth was I going to protect my 12 year old daughter, who has special needs and severe heart problems as well as hyperthyroidism, renal issues and more. This will be the protocol for my daughter. Humongous thank you to dear Dr. Mercola, and also to the staff. You are a wonderful gift to us. Please remember to read the book of John in the Bible so you can get a free eternal life insurance for yourself today. Or you can also go to bible.org/.../gods-plan-salvation if you prefer.

Reply | Mark as Spam | Posted On 7/23/2022 6:18:54 PM

Like Dislike

WernerB
Joined On 7/13/2022 6:21:09 PM
Add as Friend | Send Message

I still prefer to nebulize iodine.

Reply | Mark as Spam | Posted On 7/23/2022 1:20:59 PM

Like Dislike

020202
Joined On 1/13/2021 8:23:48 AM
Add as Friend | Send Message

I've never seen a Vernon Coleman video posted here, so I will.... www.bitchute.com/.../GJmz3eKlSjV6 he is simply thorough and the best doctor for all the facts without any BS.

Reply | Mark as Spam | Posted On 7/23/2022 10:46:25 AM

Like Dislike

ColdTurkey
Joined On 12/16/2019 8:14:58 AM
Add as Friend | Send Message

Yest, he is excellent!

Mark as Spam | Posted On 7/23/2022 1:05:14 PM

Like Dislike

ric5998
Joined On 3/23/2021 11:44:36 AM
Add as Friend | Send Message

According to Aryanna Love, monoclonal antibodies have gene deletion in them. Paxlovid has major, even deadly interactions with drugs. None of the NIH affiliated pharmaceuticals work like they were designed to cure or treat the condition.

Reply | Mark as Spam | Posted On 7/23/2022 10:20:16 AM

Like Dislike

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lovingMom2013
Joined On 4/24/2013 8:11:32 PM
Add as Friend | Send Message

A powerful anti-inflammatory medication for the lungs is budesonide. You must breathe it in,. In Kazakhstan, I had two family members. They passed away In hospitals, in 2021 from antibiotics, remdesavier bad therapy, and forced ventilators. Since that tragic events, I called them and taught the rest of the family to buy an inhalator and breath H2O2 when they start having symptoms according to Dr. Mercola's videos.

Reply | Mark as Spam | Posted On 7/23/2022 10:11:23 AM

Like Dislike

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ela3783
Joined On 9/7/2018 9:52:52 AM
Add as Friend | Send Message

Leave a comment... Hi readers - just to share that for me and many friends when with positive COViD -1000 mgs of Lysine plus 1000 mgs v of Vit C and zinc works like a charm - provided all other basic nutrients are in sufficient amounts - like Vit D etc etc

Reply | Mark as Spam | Posted On 7/23/2022 9:56:36 AM

Like Dislike

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dandyacct
Joined On 5/21/2021 10:47:59 AM
Add as Friend | Send Message

He mentions he used 12% H2O2, and I have 3% on hand. So I would multiply that amount x 4??? So in tsp, it would 1 T plus 1t., or 12 t?????

Reply | Mark as Spam | Posted On 7/23/2022 3:59:21 PM

Like Dislike

Seabeewife2004
Joined On 8/24/2021 11:49:47 AM
Add as Friend | Send Message

Why does Dr. Mercola recommend NOT using nebulized 3% hydrogen peroxide daily for prevention? He said in the video he does not recommend it daily as prevention, but he didn't give a reason why in the video.

Reply | Mark as Spam | Posted On 7/23/2022 12:08:15 PM

Like Dislike

ColdTurkey

Joined On 12/16/2019 8:14:58 AM

Add as Friend | Send Message

3% H2O2 can be irritating to the throat, even diluted, and it can cause burning in the eyes. No point in using it unnecessarily. I usually use it diluted with sterile solution but would use it not diluted if I had signs of Covid or if I felt I possibly had an infection. I always use it with my eyes closed. Otherwise, I simply throw water in my eyes after using it. Burning ceases immediately in doing so.

Mark as Spam | Posted On 7/23/2022 1:13:41 PM

Like Dislike

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shillingfortheconk

Joined On 9/30/2021 1:48:25 AM

Add as Friend | Send Message

Where can I buy this stuff - I'm in Australia.

Reply | Mark as Spam | Posted On 7/23/2022 7:15:48 AM

Like Dislike

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jen9369

Joined On 1/23/2019 7:02:11 AM

Add as Friend | Send Message

I have ordered the food grade hydrogen peroxide from Amazon and directly from the company, One Minute Miracle. You could check out their website and see if they would ship to you. I bought a nebulizer and supplies when Dr. Mercola first posted about it. Have used it while traveling and whenever we feel the first "sniffles" coming on. Has kept us healthy! Hope this helps!

Mark as Spam | Posted On 7/23/2022 9:26:14 AM

Like Dislike

020202

Joined On 1/13/2021 8:23:48 AM

Add as Friend | Send Message

hydrogen peroxide is available over the counter in all drug stores everywhere.

Mark as Spam | Posted On 7/23/2022 10:43:11 AM

Like Dislike

Motowner

Joined On 2/16/2022 6:41:59 AM

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This is a little bit confusing. In the video, Dr. M states to use about 5ml in the nebulizer, and also mentions in the article you should nebulize for about 30 minutes per dose. I've used this protocol a couple times a day while taking care of my sick-with-covid mother and 5ml doesn't even last 15 minutes. Usually more like 8 - 10 minutes. His 'mixing ahead' isn't a bad idea but I prefer a different method. Just buy a box of 100 sterile 'modudose' servings of 5ml saline solution each (.9% sodium). Use one vial per dose, add 8 - 10 drops (.2ml) of 3% food-grade H2O2, and 2 drops of 2% Lugols Formula right into the nebulizer cup.

Nebulize till gone (or almost gone). Deep breaths for some of it if you can. Rather than Amazon, I recommend getting your nebulizer at DirectHomeMedical.com. Better prices and free shipping (and NOT Amazon!). They require a Rx so I emailed my doctor and asked for one and got it same day this high quality Philips model - www.directhomemedical.com/innospire-elegance-compressor-nebulizer-phil..). Btw- Mom was in bed for 6 days (she's 91). Sister and/or I were with her every day and we all nebulized at least once a day. We never caught the virus despite being coughed on many times. None of us are vaxxed.

Reply | Mark as Spam | Posted On 7/23/2022 1:15:43 PM

Like Dislike

GabriellaK

Joined On 12/12/2011 2:29:22 AM

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Dr Mercola - Pray tell me why are you still promoting Amazon? It isn't clear whether you put only a few droppers full of the solution into the nebulizer container or whether you fill it with water and add the solution into it. I would very much appreciate clarification. When you film a demonstration, it would be great if you had the camera further back so as to view the counter top and your actions with the equipment. Many thanks once again for your excellent information.

Reply | Mark as Spam | Posted On 7/23/2022 2:33:53 AM

Like Dislike

AaronF

Joined On 11/27/2007 11:13:05 AM

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GabriellaK, from what I have read, you simply add the diluted hydrogen peroxide solution (typically 3 mL) into the small nebulizer cup that is part of the equipment. Then nebulize (with mask on) until all the solution is gone. I have also read and watched videos showing folks using only a good nasal spray bottle (OK in case you don't have a working nebulizer). (I've saved a collection of empty "XLear" bottles; their nebulizing tips give a very fine mist!) Same solution is used. These other sources said good results were obtained by pumping this spray bottle 6 times, in rapid succession, directly into your throat while inhaling.

Many users were not using "food grade" peroxide to prepare their diluted solutions, nor were they using normal saline; they were just using either filtered or distilled water to dilute 3% hydrogen peroxide (to 0.1%). Perhaps using normal saline is not as important since you wouldn't be injecting it into your blood stream, or getting it intravenously. Dr. Mercola's method would be less likely to cause irritation, as well as being more deeply penetrating into your lungs, and with less effort.

Mark as Spam | Posted On 7/23/2022 2:56:31 AM

Like Dislike

GabriellaK
Joined On 12/12/2011 2:29:22 AM
Add as Friend | Send Message

Thank you AaronF for your detailed reply which is very helpful. As I don't live in the USA I don't know what is an XLear bottle but I have a nebulizer.

Mark as Spam | Posted On 7/23/2022 5:00:55 AM

Like Dislike

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cat86887
Joined On 11/9/2017 5:28:11 AM
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Xlear is a xylitol nasal spray. There are other brands and xylitol nasal spray has also proven to be an effective defense against respiratory infection.

Mark as Spam | Posted On 7/23/2022 6:28:02 AM

Like Dislike

GabriellaK
Joined On 12/12/2011 2:29:22 AM
Add as Friend | Send Message

cat86887 - Thank you very much. I can make my own spray adding xylitol if necessary, however, I have found that spraying my nose when I am out and about and after returning home with Enovid (Ari Whitten recommended it which is how I heard of it) gets chlorine dioxide into the nose effectively. The other thing I make is a nasal spray with a small amount of Rizol Kappa (Ki Science) in a 50ml spray bottle of filtered and boiled water. It is very powerful and lasts a very long time.

Mark as Spam | Posted On 7/23/2022 7:12:32 AM

Like Dislike

ColdTurkey
Joined On 12/16/2019 8:14:58 AM
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GabriellaK, a good nebulizer will have a see-through plastic cup with lines on it indicating the amount of H2O2 drops to place therein. Mine has six lines. If I use a saline solution, I fill half the lines with it and the rest with 3% H2O2. The full amount usually lasts about seven or eight minutes before it runs out. Any nebulizer should come with instructions, so you should have no problem. Easy to use. You will have to make your own decision as to using the saline solution. I make no suggestions in regard to the strength used but would suggest to anybody at least 50% dilution to begin with it and to try that for about three minutes. When I first started using mine, I sneezed and coughed constantly, but became used to it with experience. Dr. Brownstein and Dr. Mercola recommend a greater dilution.

Mark as Spam | Posted On 7/23/2022 1:50:45 PM

Like Dislike

AaronF
Joined On 11/27/2007 11:13:05 AM
Add as Friend | Send Message

Hi GabriellaK and ColdTurkey, Thanks for your information on nasal sprays and nebulizer use, respectively. Also thanks to Cat86887 for reminding me that XLear is also an antiviral; but I don't recall any research studies actually measuring its effectiveness as compared to hydrogen peroxide. I do remember that dilute solutions of hydrogen peroxide (HP) were revealed to have only "minimal effectiveness" against SARS-CoV-2. That kind of burst my confidence bubble for HP! Nevertheless, it was only one study that did that.

My confidence in HP was increased when I reread Dr. Shallenberger's description of a case study (his own wife) in which she remarked to him that the use of nebulized HP felt to her exactly how she felt when she received IV therapy with one of her asthma medications. She could feel a system-wide effect from deep in her lungs and her entire respiratory tract, and in her whole body, something one would expect from a systemic effect. So that clued the doctor that nebulized HP was allowing the HP to go deep into his wife's lungs and from there into her blood stream for a total systemic effect.

He then applied this treatment (only slightly different from what Dr. Mercola describes in this article, 0.15% HP) for his other patients, who also reported good results. Dr. Mercola advised his readers to avoid using HP on a daily basis for prevention. I can understand that, because I know from personal experience that HP, even in dilutions, can irritate the delicate tissues of the nose!

I believer you have to be careful not to overdo it with either HP, or even with saline by itself! Once I was using a saline rinse, and because the solution was too warm, it knocked out my ability to breathe through my nose for over 2 weeks. I guess those nasal cilia got zapped! Fortunately, I recovered. One doctor, Dr. Peter McCullough, MD, MPH DOES recommended HP as a preventative! ONCE daily; 0.3% HP to flush nose; and as a gargle with 1% HP (30 seconds), then spit out.

Mark as Spam | Posted On 7/23/2022 3:41:07 PM

Like Dislike

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gaylezpc

Joined On 7/31/2009 10:47:11 AM

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Okay. This is weird. Can someone enlighten me? I read this article and comments earlier this morning on my phone and there were 57 comments. I was delighted to see Gui's comments at the top of the list. I've missed him. I wanted to post a reply but wasn't logged in on the phone so I thought I would just do it on my desktop instead. (Passwords...ugh!) So now at my desktop an hour later and there are 38 comments and none of Gui's showing. Nor Otis101. Anybody know what's going on?

Reply | Mark as Spam | Posted On 7/23/2022 12:19:53 PM

Like Dislike

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ros81171

Joined On 5/29/2014 1:02:00 PM

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I have seen what it does when I apply it to a cut etc. YOU must be nuts to suggest I would do that to the inside of my mouth and throat

Reply | Mark as Spam | Posted On 7/23/2022 4:19:22 PM

Like Dislike

SheilaEllen

Joined On 6/7/2012 4:03:23 PM

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Did you see how much it was diluted? It won't act the same as when it full strength . But, we all make our own choices and you don't have to do this one, Dr. Mercola was only offering an option that works.

Mark as Spam | Posted On 7/23/2022 10:56:42 PM

Like Dislike

richard96816

Joined On 5/25/2020 10:22:39 AM

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Taking more protein is questionable according to latest research. Those with lower protein intakes have been shown to live longer. And Whey protein is garbage. Sure it's cheap, it used to be a dairy waste product. But almost everyone is allergic to it on some level. And dairy is shown to cause cancer. Plant based protein has none of these problems.

Reply | Mark as Spam | Posted On 7/23/2022 2:32:34 PM

Like Dislike

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