

## Frontline Care Doctor Shares How to End COVID

Analysis by Dr. Joseph Mercola



#### STORY AT-A-GLANCE

- > Critical care physician Dr. Paul Marik speaks with Dr. Mobeen Syed about trends in the management of COVID-19, including what he believes could have wiped out the virus early on
- > The continued recommendation that people stay home and isolate while doing nothing until they're cyanotic, or turning blue from a lack of oxygen, is a disgrace, because early treatment options are available
- > The Front Line COVID-19 Critical Care Working Group I-MASK+ protocol can be downloaded in full, giving you step-by-step instructions on how to prevent and treat the early symptoms of COVID-19
- > According to Marik, a mass distribution program of ivermectin together with melatonin, vitamin D and aspirin could end the COVID-19 pandemic in one month

Dr. Paul Marik, a critical care doctor at Sentara Norfolk General Hospital in East Virginia, is renowned for his work in creating the "Marik Cocktail," which significantly reduces death rates from sepsis using inexpensive, safe, generic medications. In the video above, he speaks with Dr. Mobeen Syed about trends in the management of COVID-19, including what he believes could have wiped out the virus early on.<sup>2</sup>

According to Marik, the treatment of COVID-19 patients in the early stages of the disease was botched in the U.S. and worldwide, and the continued recommendation that people stay home and isolate while doing nothing until they're cyanotic, or basically turning blue from a lack of oxygen, is a disgrace, because early treatment options are available.

"There is a scientific vacuum and this starts back to March of last year," Marik said. "There's been a complete failure of the major medical institutions across the world. Every major society has failed to provide honest useful scientific information."

While the World Health Organization, Centers for Disease Control and Prevention and the National Institutes of Health have stated there's no treatment for COVID-19, only supportive care to treat the fever or provide fluids, Marik describes this as an outrage:<sup>4</sup>

"While we may not have the best answers, we do have some answers and to tell people to stay at home and isolate so they go blue is an absurdity that's actually causing lots of damage because we are now waiting for the virus to, in some people, cause the cytokine storm. And when they arrive with that state it is very difficult to reverse it and stop it and bring them back."

## **FLCC's COVID-19 Treatment Protocol**

Marik and four other critical care physicians formed the Front Line COVID-19 Critical Care Working Group (FLCCC) early on in the pandemic. Not content to offer COVID-19 patients "supportive care," Marik recruited some of the most knowledgeable pulmonary critical care specialists to solve the COVID-19 treatment puzzle, honing in on stopping the hyper-immune response — including multi-organ inflammation and clotting — which is what typically drives death in fatal COVID-19 cases.<sup>5</sup>

Marik told Mountain Home magazine, "As pulmonary critical care doctors we know how to treat inflammation and clotting, with corticosteroids and anticoagulants. It's first-grade science." Yet, when the pandemic began, press briefings neglected to include clinicians who were actually treating COVID-19 patients to state "these are the symptoms and this is what you have to do."

FLCCC released their MATH+ protocol for hospitalized COVID-19 patients in March 2020. It gets its name from:

Intravenous Methylprednisolone

High-dose intravenous Ascorbic acid (vitamin C)

Plus optional treatments Thiamine, zinc and vitamin D

Full dose low molecular weight Heparin

The MATH+ protocol led to high survival rates. Out of more than 100 hospitalized COVID-19 patients treated with the MATH+ protocol as of mid-April 2020, only two died. Both were in their 80s and had advanced chronic medical conditions.8 FLCCC also created I-MASK+, which is their mass distribution protocol for prevention and outpatient treatment of COVID-19.

# **Step-by-Step Guide to COVID Prevention and Early Treatment**

FLCCC's I-MASK+ protocol can be downloaded in full,<sup>9</sup> giving you step-by-step instructions on how to prevent and treat the early symptoms of COVID-19. The prevention protocol is for those who are at high risk of COVID-19 or know they've been exposed, and includes:

Ivermectin	Vitamin D3
Vitamin C	Quercetin
Zinc	Melatonin

The early outpatient protocol, for those with early symptoms, includes all of the above, plus aspirin and nasopharyngeal sanitation, such as steamed essential oil inhalation three times a day along with chlorhexidine mouthwash gargles and betadine nasal spray. Fluvoxamine is also recommended in certain cases and monitoring of oxygen saturation levels with a pulse oximeter is recommended.

FLCCC also has protocols for at-home prevention and early treatment, called I-MASS, which involves ivermectin, vitamin D3, a multivitamin and a digital thermometer to watch your body temperature in the prevention phase and ivermectin, melatonin, aspirin and antiseptic mouthwash for early at-home treatment. Household or close contacts of COVID-19 patients may take ivermectin (18 milligrams, then repeat the dose in 48 hours) for post-exposure prevention.<sup>10</sup>

Marik's original COVID Protocol, released in March 2020, recommended hydroxychloroquine (HCQ), a zinc ionophore, to decrease the duration of viral shedding, particularly in elderly patients with comorbidities. However, their latest I-MASK+ protocol, updated June 30, 2021, recommends quercetin instead. Quercetin, also a zinc ionophore, is an over-the-counter alternative to HCQ and works much like HCQ does. According to Marik: 13

"Experimental and early clinical data (published in high impact journals) suggests that this compound has broad antiviral properties (including against coronavirus) and acting at various steps in the viral life cycle. It also

appears to be a potent inhibitor of heat shock proteins (HSP 40 and 70) which are required for viral assembly."

# **Censorship Is Keeping This Information Quiet**

If you're surprised to hear that an established protocol for COVID-19 prevention and treatment exists, it's likely because you've heard nothing about it on mainstream media. This is intentional and exemplifies the **censorship** that has been occurring throughout the pandemic. "What we're going through now is unprecedented in the history of science," Marik said.<sup>14</sup>

"I mean this goes back to witchcraft and really prehistoric behaviors. Science is based on exchange of information and that has been censored. So, I think history is going to look back very unfavorably on this period.

I think this is a very dark period in the history of humanity, the history of science, the history of the press, you know the history of freedom of speech, just because of the complete lack of information, misinformation, disinformation and censorship. I mean it's absurd ... what we're saying is being censored and labeled as scientific misinformation."

Ivermectin is a glaring example, which continues to be ignored even though it has shown remarkable success in preventing and treating COVID-19. It was December 2020 when FLCCC called for widespread adoption of **ivermectin**, both as a prophylactic and for the treatment of all phases of COVID-19.<sup>15,16</sup>

In one trial,<sup>17</sup> 58 volunteers took 12 milligrams of ivermectin once per month for four months. Only four (6.96%) came down with mild COVID-19 symptoms during the May through August 2020 trial period. In comparison, 44 of 60 health care workers (73.3%) who had declined the medication were diagnosed with COVID-19. Ivermectin is safe,

inexpensive and widely available, with antiviral and anti-inflammatory properties, leading Marik to describe it as the perfect drug to treat COVID-19.18

While an increasing number of doctors and countries have adopted ivermectin's use for COVID-19, many more refuse it, even going so far as to prohibit its use for patients. Legal fights have ensued, with family members enlisting lawyers to battle hospital boards in order to give their dying loved ones the lifesaving pills — even when all other treatment options have been exhausted. Urgent change is needed, Marik said, because profits are being put ahead of lives: 20

"Making money and profiteering is what is driving this — not saving lives — and what they're most interested in is preserving that single organ, which may be damaged the most, which is the back pocket. They're terrified of the back pocket being damaged. The heart, the brain, the lung, they don't care. It's the back pocket that's driving this."

# 'The Most Dangerous Vaccines We've Ever Used'

Knowing that treatment options exist may change people's decisions about COVID-19 vaccines, which Marik describes as "categorically and without question ... the most dangerous vaccines that we've ever used."<sup>21</sup> In full disclosure, Marik himself is vaccinated, having received the Pfizer mRNA COVID-19 vaccine, which he said he received since he's over 60, putting him in a higher risk category.

If he were 24 years old, however, Marik said he wouldn't get vaccinated, and he doesn't recommend it for younger children either, as he believes for people under 30 with no risk factors, the risks of the vaccine outweigh those of COVID-19:<sup>22</sup>

"I think that the risk of a bad outcome from COVID in a 12- to 17-year-old is very low and the risk of an adverse effect to the vaccine is probably much higher. So, it's just not commonsense that you would force vaccination in such kids.

I think it's a risk-benefit ratio. If they were a Type 1 diabetic, if they were immunocompromised, if they were severely obese, you may want to reconsider, but a healthy 12- to 17-year-old, in my opinion and obviously it's my opinion, I would be hesitant in vaccinating these kids."

While Marik believes the vaccines may be "somewhat effective" in decreasing cases of COVID-19 hospitalization and death, he stresses that they come with sizeable risks. "The number of side effects and deaths from these vaccines — and this is based on reportable data from the WHO and the VAERS network — the number of deaths and adverse events are an order of 10- to 100-fold magnitude than any other vaccine."<sup>23</sup>

He refers to the mass COVID vaccination campaign as the biggest experiment done in the history of mankind, and points out that we don't know what the long-term effects will be. "And to make it even worse," Marik says, "the vaccine companies know a lot about these vaccines but they haven't given us this information. It's hidden."

"For example, when you get the mRNA vaccine, people assume it stays in the arm but that's not true. The **spikes** tend to spread throughout the body. Now the vaccine companies know about this but they don't want to tell us about it. We have to figure this out ourselves.

... we need to respect [people's] autonomy. We need to respect their informed consent. They should be able to decide for themselves. We should not be forcing this upon people and this mandate that colleges and some hospitals have, I think it goes against the foundation of freedom of choice, freedom to do to your own body as you respect and freedom of consent."24

# Symptoms of Long COVID 'Identical' to Vaccination Syndrome

FLCCC also has a management protocol — I-RECOVER<sup>25</sup> — for long-haul COVID-19 syndrome, which includes a range of symptoms such as malaise, headaches, painful joints, chest pain and cognitive dysfunction.

The protocol is still evolving as more is learned about the condition, but of note is that it's been successfully used to treat post-vaccine inflammatory syndromes as well. As noted by Marik, long COVID and post-vaccine inflammatory syndromes share many similarities, but the latter is taboo to talk about:<sup>26</sup>

"Post-vaccination adverse events are much more common in younger people. That's our impression. There's not a lot of data and if you talk to the experts about a post-vaccination syndrome they have no idea what you're talking about because ... it's politically not correct to talk about it. They don't want to hear about it.

So as far as I know, there are not any peer-reviewed publications on post-vaccination syndrome but we know from patients that they develop symptoms almost identical to the long hauler.

They develop severe symptoms very much similar to the post-COVID syndrome. So, you know people say, 'Oh it's in their head. They're making this up. It's a psychiatric disease. They're trying to gain some something out of this.' I think it's a real disease ... and these people truly have monocyte activation production of cytokines much like the post-COVID syndrome."

## This Could End the Pandemic in One Month

Syed asked Marik what he would do if given the opportunity to end the pandemic next

month. His response was remarkably simple: a mass distribution program of ivermectin together with melatonin, vitamin D and aspirin. By assuming everyone is infected and treating with this safe combination of inexpensive compounds, Marik says, "We'll eliminate SARS-CoV-2. It will be gone."

This isn't likely to happen, though, due to "economic and political factors that benefit from the ongoing pandemic." Marik also weighed in on the lab leak theory that SARS-CoV-2 came from a laboratory in Wuhan, China:28

"I think the preponderance of evidence highly suggests this was a manipulated virus that whether it leaked on accident or by design leaked from the Wuhan laboratory ... the molecular structure of the spike protein would suggest that this was a manipulated the protein was specifically manipulated and enhanced ...

The diversity of the symptoms, the systems it involves, the depth of damage it does and the durability of the damage — that first it causes the acute and then it becomes long COVID and then it just keeps sitting with us — I have not seen any other virus in my lifetime, which does this kind of destruction."

Moving forward, Marik states that health officials must learn from the enormous mistakes made during the pandemic, which highlighted a global lack of collaboration among health care providers along with a lack of honesty and openness.

"This pandemic has been an example of what not to do. I think everything that could have gone wrong went wrong," he said. Once COVID is under control, Marik hopes to refocus his efforts on sepsis, which remains a leading cause of deaths overall and is also an important contributor to the death of COVID-19 patients.

#### **Guillermou**

AN URGENT READING ASSIGNMENT FOR THE VACCINOLOGY-ILLITERATE THAT MAKES VACCINE-HESITANCY LOGICAL. By Dr. Gary G. Kohls. August 09, 2021. Especially for Big Pharma-corrupted Scientists, Politicians, Journalists, Talking Heads, Public Health Bureaucrats and Vaccinology-naïve Doctors and Nurses. -"No vaccine manufacturer shall be liable...for damages arising from a vaccine-related injury or death." – President Ronald Reagan, signing the National Childhood Vaccine Injury Act (NCVIA) of 1986, absolving even the most greedy, most corrupt pharmaceutical corporation from all medico-legal liability when people die, are injured or are disabled from their vaccines. -"...the NIH (National Institutes of Health) is incapable of conducting conflict-free research...it is clear that the system managing our vaccine program is corrupt beyond repair and needs a complete overhaul." – Lori Mellwain, National Autism Association.

-"The media hacks (on ABC, NBC, CBS, CNBC, CNN, PBS, NPR, etc) who push the pro-vaccine propaganda and hide the truth (about the dangers of Big Pharma and Big Medicine's over-vaccination and over-drugging agendas) are complicit in crimes against humanity...The entire vaccine machine is built on lies of omission and fraudulent science. Billions of dollars are quietly paid out by the National Vaccine Injury Compensation Program (NVICP) to vaccine-injured people, but the overwhelming majority of vaccine injuries are never reported (by physicians who profit from the agenda)." — William Christenson . -"The CDC (and the NIAID, NIH, NIMH, AMA, AAP, AAFP, ABC, NBC, CBS, CNBC, CNN, PBS, NPR, etc, etc) takes funding from (the pharmaceutical) industry... It is outrageous that (the pharmaceutical) industry is apparently allowed to punish the CDC if the agency conducts research that has potential to cut into profits." — Jerome R. Hoffman, MD — UCLA Professor of Medicine.

Posted On 08/13/2021

#### Guillermou

-"For American kids born in 1986, only 12.8% had chronic diseases. That number has grown to 54% among the vaccine generation (those born after 1986) in lockstep with the CDC's and AAP's expanding vaccine schedule." — Robert F. Kennedy, Jr — Children's Health Defense. -"Many of these (childhood) illnesses became epidemic in American children after 1986, coterminous with the

exploding vaccine schedule. For American kids born in 1986, only 12.8% had chronic diseases. That number has grown to 54% among the vaccine generation (those born after 1986) in lockstep with the expanding schedule." – Robert F. Kennedy, Jr. -"The great doctors of the world know the medical theory of immunization and contagious diseases is as false as false can be. But they dare not speak out; and, as long as the practice makes money for those who sponsor it and people can be persuaded to believe in it, there will be no change...The decline in infectious diseases in developed countries had nothing to do with vaccinations, but with the decline in (unhealthy water and food) poverty and malnutrition." — Gerhard Buchwald, MD.

In the link many more quotes from Doctors who warn about the serious consequences of vaccines. THE FOLLOWING ARE LINKS TO VIDEO PRODUCTIONS FEATURING THE FOLLOWING SCIENTISTS AND MEDICAL DOCTORS. MANY OF THEM CENSORED, INCLUDING THAT OF DR. MERCOLA. www.globalresearch.ca/urgent-reading-assignment-vaccinology-illiterate.. (August 09, 2021)

Posted On 08/13/2021

#### Guillermou

HEART INFLAMMATION AFTER COVID VACCINES MORE COMMON THAN CDC CLAIMS, NEW RESEARCH SHOWS. A new study published in JAMA shows 1 in 100,000 people had vaccine-related myocarditis and 1.8 in 100,000 people had pericarditis — compared to the CDC's data that 4.8 people per 1 million suffer myocarditis after receiving a COVID vaccine. childrenshealthdefense.org/defender/heart-inflammation-covid-vaccines-.. (08/12/21)

Posted On 08/13/2021

#### **NewlandsWanderer**

Thanks Gui - Yes, the history of the no-liability vaccines in the last thirty odd years is a monumental scandal almost beyond comprehension as to how a so called "health" protocol has been used as a cash cow by the mendacious Medical Mafia. And now we come to the experimental, no-liability,

profiteering covid jabs, sponsored by Gates, Fauci, Big Pharma, Big Tech and a whole string of media ignoramuses who have swallowed the vile, toxic propaganda without even burping - and are dutifully spreading the lies far and wide. To say nothing of the complicit Governments.... One of the doctors who was saving lives in the early days of covid - Zev Zelenko, - in spite of numerous death threats is continuing to expose the devastating truth, totally unafraid and putting God first. Possibly the most courageous, significant and truth honouring testimony I have seen:

www.bitchute.com/.../WsvhxBD4k1uZ

Posted On 08/13/2021

### **Guillermou**

Very well expressed, NW, what really exists is the destruction of natural immunity and the commercialization of human life, converting people to transhumanism, patenting genes and promoting chronic and degenerative diseases. All the measures taken by this "pandemic" lead to weakening the health of people and vaccines are the end of the road to create robost subject to the yoke of tyranny marked by the Great Reset,

Dr. Zev Zelenko is a doctor practicing in Monroe, New York, one of the states most affected by COVID-19, according to the WHO. Wrote an letter to President Trump and doctors around the world to share his successes in treating 500 at-risk patients with COVID-19 symptoms. This letter was taken up by various American media. We deliver a translation as faithful as possible to you, but draw your attention to the fact that the information which it contains must be taken into account with all the necessary precautions. "Zero deaths, zero hospitalization and no intubation". My prescription is as follows: - Hydroxychloroquine 200 mg twice a day for 5 days - Azithromycin 500 mg once a day for 5 days- Zinc sulfate 220 mg once daily for 5 days

www.caducee.net/actualite-medicale/14826/covid19-un-medecin-americain-...

#### rrealrose

Hi Newlands,

Thanks, Great link, watched last night as the health ministers' facials expressions changed as Dr. Zelenko kept talking about current affairs. The surprising part is near the end, when one health minister thanked Dr. Zelenko, then mentioned he had used his protocol to get well...sneaky.

Posted On 08/13/2021

#### **WL4816**

Here's a quote from the Kohls article: "Our very great concern is that children worldwide are being exposed to un-recognised toxic chemicals [including vaccines] that are silently eroding intelligence, disrupting behaviours, truncating future achievements, and damaging societies, perhaps most seriously in developing countries." – Philippe Grandjean, MD, MPH"

And another quote: "No batch of vaccines can be proven safe before it is given to children (in mass vaccination programs in pediatric clinics)." – Dr Leonard Scheele, Surgeon General of the United States, addressing an AMA convention in 1955"

Posted On 08/13/2021

#### **Guillermou**

Thanks WL4816. Linking with the appointment and also very topical for the vaccines against COVID-19, which in addition to being unnecessary are seriously damaging the health of children:

"The greatest threat of childhood diseases lies in the dangerous and ineffectual efforts made to prevent them through mass immunization...There is no convincing scientific evidence that mass inoculations can be credited with eliminating any childhood disease." — Dr Robert Mendelsohn, MD.

Exclusive Interview: Mom Whose 14-Year-Old Son Developed Myocarditis After Pfizer Vaccine No Longer Trusts CDC, Public Health Officials

In an interview with The Defender, Emily Jo said when health officials push the vaccines it's "we're all in this together," but when you follow their advice and you're injured by a vaccine, you're on your own.

childrenshealthdefense.org/defender/emily-jo-14-year-old-son-aiden-myo.. (08/11/21)

Posted On 08/13/2021

### Luvvvy

Hi Gui and NW, thank you for the excellent posts. My vote always goes with the natural option, as I have faith in it.. I believe we have reached a fork in the road where: one path is the artificial - Transhuman - AI - dark ruler path and the other is the Natural - Human - Son of Man, Son of God, light path. And it is a test to see how true we are to our life form. A modern day test of choice with temptation Is delivered by the slick transhumanist sales force that is selling their product which Is a quick injectable fix to their other product, the problem virus. People have come down the groomed path of consumerism so willingly, and without discernment that, just the offer alone, makes taking the shot enticing and easy to take for many. Many of my loved ones have bought into the jab and are not bothered that it is Final Sale, which sad as they were deceived into accepting something that is of life changing. All this greatly enhances my appreciation for places and people who are being careful and supportive, like this forum, Dr.M. and Dr. Zelenko and others with whom we can resonate and help us resist the pressure to comply and stay strong in the Truth. God Bless.

Posted On 08/13/2021

#### har1272

These are only the "short terms" (canary in the coal mine) adverse effects of the vax. We have no

idea what adverse effects will occur in the long term. When people proclaim after being vaxxed "Just had a little \_\_\_\_, and I'm perfectly fine", they have no idea what they may be headed for later on down the road. Of course, the vax will never be traced back as the cause of these vax caused systemic diseases because people were assured of their safety and the FDA will never allow it.

Posted On 08/13/2021

#### balhawk

And of course it's essentially illegal to mention completely non-pharmaceutical and even more effective treatments, such as the Brownstein protocol, which includes nebulized H2O2 and nutrients, including IV vitamin C, zinc, vitamins A & D, and iodine. Dr. Marik is right on regarding how COVID could have been ended, but evidently mistaken regarding "everything having gone wrong", at least as far as those who have directed the whole thing goes. It is evidently going largely as planned for them, who have enormously fattened their bank accounts at the expense of billions of ordinary people, most of whom are unwittingly or even willingly being fleeced and forfeiting their liberty, and quite possibly very lives. I say "largely" because the truth is indeed starting to come out despite their desperate efforts to cover it up and people are starting to rise up, at long last.

Posted On 08/13/2021

#### Guillermou

Good recommendations, BALHAWK. As Dr. Mercola has informed us, to positively modulate the immune system we need above all an organic anti-inflammatory diet, rich in phytochemicals, vitamins, minerals, proteins (lysine and threonine are antiviral and tryptophan for mood, glycine and proline for promote collagen in tissues, bones, blood vessels, etc.), a good rest, avoid stress, do not smoke, exercise, etc., that is, a healthy lifestyle. Dr. Mercola's articles on anti-inflammatory nutrition, supplements, and herbs. Vitamin D, C and Zinc, selenium, iodine, fish oil and antioxidants are essential to control and prevent the viral process. Vitamin C strengthens your immune system and kills pathogens, including viruses, when taken in high doses.

Foods and supplements that are considered useful in preventing coronavirus infection include Diet Nrf2, NAC, NAD elderberry, curcumin, pterostilbene, spirulina, beta-glucan, glucosamine, selenium, magnesium, K2, zinc, B1, B6, lipoic acid, sulforaphane, melatonin, nitric oxide (preventative exercise, nitrates from vegetables, arginine), aloe vera, curcumin, propolis, echinacea, astaxanthin, quercetin, sulfuraphane, ginseng, resveratrol, vitamin C and D, probiotics from Bifidobacterium strains bifidum and spobiotics. Two zinc ionophores (aid in assimilation): quercetin and EGCG. Melatonin works synergistically with vitamin D to optimize mitochondrial function. Caloric restriction and fasting are essential.

Of the main plants that have antiplatelet activity preventing clots, some include saffron, garlic, green tea, St. John's wort, ginger, ginkgo biloba, ginseng, and guavirova. These medicinal herbs have phytochemical components, which are directly related to the antiplatelet activity of the plant, such as flavonoids, curcumin, catechins, terpenoids, polyphenols and saponins. Also the onion, garlic, tomato and beet. fish oil, coenzyme Q10, glucosamine. and chondroitin sulfate, green tea have antiplatelet properties.

Posted On 08/13/2021

#### balhawk

Yes, Gui, there are so many safe (unless one has a sensitivity or allergy) and effective non-pharmaeutical measures. Appreciate the great info, as always.

Posted On 08/13/2021

## chantalsalzmanngmail.com

Myself and my staff sniff TEA TREE OIL twice a day. Tea Tree cured a Violin Spider bite on my anckle in less than 2 days. The pains were relieved in less than two hours. The Violin Spider is the most vicious spider in Southern Africa. I have cell phone picks with dates to prove this. My staff of 4 has traveled with on 70,000 athers in taxi's which load 15/17 people at atime now. Noting but mild colds have

occurred between 8 of us.All of us, excepting one guy does the vitamin thing as well, Tea Tree seems to prevent the little covid scare crow to accumulate in the nose and sinuses. I advised different aquaintanses like this and on the Vitamin protocols as per Dr M, and all recovered easily. Can someone not put the flippen virus in a drop of Tea Tree oil and see what happens ????

Posted On 08/13/2021

#### bee70578

chantalsalzmanngmail.com

If they can isolate it!

Posted On 08/13/2021

## skupe59

All it takes is a sniff of TTO? That is pretty easy to do.

Posted On 08/13/2021

#### **fvtomasch**

chantalsazanngmail.com-I use oil of oregano a few times a day. Sinuses are cleared. Oil of Oregano is anti viral-anti parasitic. One or two drops put in a larger bottle can extend the life of extra virgin olive oil. A drop or two in a spray bottle to spray on lettuce can decontaminate any pathogen that may lurk there. Caution keep out of eyes and sensitive body parts. May burn or sting if not used with a carrier oil like olive or coconut to avoid shin reaction.

draxe.com/.../oregano-oil-benefits

upnature.com/blogs/news/top-21-oregano-essential-oil-uses-and-benefits..

Posted On 08/13/2021

### kappert

We can add Dr. Rowen to the growing list of real (= actually help patients) doctors. This is one of several videos where he documents the effectiveness of ozone therapy in conjunction with other treatments: "Seriously Infected Family of 4 Fast Recovery" www.youtube.com/watch

Posted On 08/12/2021

#### Guillermou

Thanks kappert. Regarding the video: In 2003, the Scripps Institute discovered that the immune system produces ozone. This naturally produced ozone released by antibodies kills viruses. Ozone therapy is simply an enhanced form of what the immune system is already doing. His technique consists of injecting a mixture of 97% pure oxygen and 3% ozone into the bloodstream. This is key, because as with Ebola, while fighting Covid-19, the immune system is depleting of oxygen. The therapy developed by Rowen and Robbin replenishes oxygen and thus the immune system gets a boost. www.ricentral.com/letters\_to\_the\_editor/is-there-another-covid-19-trea..

Johns Hopkins University graduate Dr. Robert Rowen has been researching claims about the "safety and efficacy" of vaccines for many years, and his undeniable conclusion is that vaccines do not work and are not safe. The measures by which the modern medical profession claims that vaccines are safe and effective do not hold up, and are easily disproved. Vaccines only provide temporary immunity, at best, while simultaneously and significantly increasing the risk of immune dysfunction, behavioral disorders, and other major health problems.

#### Guillermou

Dr. Rowen cites a study published in the Journal of the American Medical Association; a doubling in the rate of chronic health conditions among children from 12.8 percent to 26.6 percent. This corresponds directly to substantial increases in the number of vaccines. "I'd rather have lifelong immunity than deal with getting a vaccine when I'm 18 months old and then getting temporary immunity, at best, and then having it go away when I'm 30 or 40 and being much more susceptible to a problem because they are diseases you don't want to catch as an adult."

www.globalresearch.ca/dr-robert-rowen-reveals-the-raw-truth-about-vacc..

Posted On 08/13/2021

#### **balhawk**

If one does not have a nebulizer, inhaling a mist of the same H2O2 in saline through the nose and mouth worked for me just as well, if not better for me when I quickly recovered from what most likely was COVID. It made a big difference very quickly.

Posted On 08/13/2021

#### mho2363

I am sorry to say it but the CDC, NIH and the WHO are 'controlled.' If Covid 19 has been altered in a lab using 'gain of function' technology, then the virus is a bio weapon. Was it accidentally released or deliberate? The FLCCC have an excellent website and I enjoyed Dr Mercola's book. Just purchased my nebuliser. I believe Covid was deliberately released and the technocrats aren't about saving lives. It is all about the vaccine, controlling the people and making money. Perhaps the advent of antibody dependent enhancement (ADE) which is starting to worry Dr Robert Malone, one of the mRNA inventors, may curtail the big reset without killing millions. Getting Ivermectin in Australia is a problem.

#### **BeatriceW**

I thought exactly the same thing. I'm glad you mentioned the nebuliser and for anyone who can't now access Dr Mercola's article here is what I do. I bought a nebuliser from Amazon (I don't like to buy from them but at least they have them) and bought 12% food grade hydrogen peroxide. I use 3 drops of the peroxide in 2 teaspoons of water. I hope this might help somebody. Philips Respironics InnoSpire Deluxe Nebuliser with SideStream & Mask (UK 3-pin Plug) with Built-in Storage Compartment, Travel Carry Handle and Reusable SideStream.

Posted On 08/13/2021

#### bee70578

#### Hi mho2363

It's also possible that releasing Covid-19 was thought to be a relatively harmless and very useful deflection from the dreadful escape of Fauci, Taubenerger and Kawoaka's weaponised Spanish flu, researched in Wisconsin. Certainly 'revitalised' Spanish flu was killing a lot of Americans 2019-2020 according to CDC records but we don't hear a peep about it. Was it an un-anticipated deadly co-morbidity for covid-19? Of course I don't know for sure but it does make a certain kind of sense. I welcome corrections and any comments on the subject. We have a big jigsaw puzzle to solve.

**BeatriceW** 

Thanks for that info, very helpful.

Update - some links

goto 1hr 14min -

rumble.com/vhzczj-citizens-grand-jury-indictment-of-dr.-anthony-fauci-..

Kawakoaka UK Independent -

www.independent.co.uk/news/science/controversial-american-scientist-sl..

Posted On 08/13/2021

#### jpw1

To add to BeatriceW's comment about using a nebuliser, Dr Mercola says that using plain water to dilute the hydrogen peroxide could be damaging to the lungs, and you should use 0.9% saline. You can make this by dissolving the correct amount of salt in water, but I find it convenient to use 5ml ampules. Search for Gilbert Physiodose on Amazon, it is very cheap.

Posted On 08/13/2021

#### Guillermou

In the words of Doctors for Covid Ethics: "Gene-based vaccines are killing people. Governments around the world lie to you, the people, to the populations they are supposed to serve."

The global vaccine project entitled COVAX is coordinated worldwide by WHO, GAVI, CEPI, the Bill and Melinda Gates Foundation in collaboration with the World Economic Forum (WEF), Wellcome Trust, DARPA and Big Pharma, which is increasingly most dominated by Pfizer. The partnership with GSK was established just four months before the start of the Covid-19 crisis in early January 2020.

"The Great Reset" is unfolding - the World Economic Forum (WEF) eloquent description of a devastated world economy, countless bankruptcies and unemployment, abject misery, famine, death from starvation, disease and suicide. Hundreds of millions of people have already been affected by this "collateral" damage from the "covid-19" fear propaganda biowar, with a death toll

that may already be in the tens of millions, but not even in reality. can be evaluated. at the moment.

It is a criminal madness, a diabolical elite of billionaires who are proclaiming fascism and dictatorship to us. It is the establishment of a war that, according to the Reset plan, will last the entire 2020-2030 decade. The agenda is supposed to be completed by 2030, it is also called the UN 2030 Agenda. It is the road to tyranny and genocide.

Posted On 08/13/2021

#### **IanW2001**

"Getting Ivermectin in Australia is a problem."

I purchased from India. Saw the reference on this site some weeks/month or two ago (AllDayChemist) and whilst not cheap, all good with top (US linked, I think) customer service. Smooth, no hassles.

How long for is another question. The noose in Oz is tightening rather quickly... .. mandatory vaxes being pushed by just about the entirety of the media with ABC, SBS, 2GB leading the charge. So how long before they go for the throat and prevent simple, legal remedies being imported?

This is not a recommendation for the company, just stating my experience so you need to dyodd.

Posted On 08/13/2021

#### **Astonished**

How did you acquire your username?

#### warriormom

Friend got positive Covid test. Age 70, no co-morbidities, no bad habits. Symptoms were low grade fever, headache, nausea. Started Ivermectin, nebulizing H2O2, IV Vit C, supplements, Chinese herbal medicine. She got over it in about a week.

Posted On 08/13/2021

### jamNjim

Quote: "If you're surprised to hear that an established protocol for COVID-19 prevention and treatment exists, it's likely because you've heard nothing about it on mainstream media. This is intentional and exemplifies the censorship that has been occurring throughout the pandemic. "What we're going through now is unprecedented in the history of science," Marik said."

Really? This guy is just now figuring this out? NEWS FLASH! NOTHING has changed! They only make money if you are sick. Whatever the medical system suggest you to do, you should do the opposite. The harder they push for something the harder you should resist. The more they promote something the more you should ignore it. If they tell you something doesn't work then you can bet it actually does work. If they tell you something works it most likely doesn't work and has harmful side effects. Just walk away from the medical system!

Posted On 08/13/2021

#### brodiebrock12

Exactly jamjim The whole intention is a pipeline of future profits. A health society is not one you can fill hospitals and Urgent care centers with. Make sure you get em sick while they are young and you have a long horizon for ongoing monies off existing meds, injections and new meds being patented by those who control what people can take. The existence of this machine has been

around for generations now and its well oiled now more than ever.

Posted On 08/13/2021

#### brodiebrock12

#### healthy society

Posted On 08/13/2021

#### **PaulCardin**

"Rapid Virus Recovery". Download this book by Thomas E Levy MD for free, follow the guidance within and your defence against viruses - including hoax ones fuelled by mainstream media steroids - kicks in immediately. wirralinittogether.blog/2021/04/04/link-to-free-ebook-rapid-virus-reco..

Posted On 08/13/2021

#### Guillermou

Thanks PaulCardin. Thomas E. Levy, MD, JD, wrote: "Vitamin C has been documented to easily cure all acute viral syndromes in which it has been properly dosed. Vitamin C has been documented to inactivate / destroy all viruses tested against in vitro (in the test tube). Similarly, vitamin C has consistently resolved almost all acute viral infections in patients treated with sufficient doses."

Dr. Joseph Mercola wrote: "Dr. Andrew G. Weber, a pulmonologist and critical care specialist affiliated with two Northwell Health facilities on Long Island, said that his intensive care patients with the coronavirus immediately receive 1,500 milligrams of vitamin C intravenously. Then identical amounts of the powerful antioxidant are re-administered, given three or four times a day, he said ... The regimen is based on experimental treatments given to people with the coronavirus

in Shanghai, China ... " patients who received vitamin C had significantly better results than those who did not receive vitamin C, "said." It helps a lot. "

Unfortunately, no part of the official government authorities such as the WHO or the CDC, or most of the media, do we see suggestions for stimulating your immune system to fight the virus. Although there is much evidence that vitamins, especially D, C, A, B, E, probiotics, and minerals such as zinc, magnesium, iodine, and selenium, given in heavy doses, exercise and quality sleep boost your immunity.

Posted On 08/13/2021

#### **Guillermou**

RESOLVING "LONG-HAUL COVID" AND VACCINE TOXICITY: NEUTRALIZING THE SPIKE PROTEIN

Commentary by Thomas E. Levy, MD, JD

Some of the most effective agents, also reported by Dr. Mercola, and their mechanisms of action include the following; Hydrogen peroxide (HP) nebulization. Vitamin C. Ivermectin. Hydroxychloroquine (HCQ) and Chloroquine (CQ). Quercetin. Other bio-oxidative therapies. These include ozone, ultraviolet radiation from the blood, and hyperbaric oxygen therapy (in addition to hydrogen peroxide and vitamin C). These three therapies are very effective in patients with acute COVID infections. Vital Immune Support Basic Supplement. In the link

www.orthomolecular.org/.../v17n15.shtml (June 21, 2021)

Posted On 08/13/2021

#### **Astonished**

It is quite likely that viral transmission theory is fake science. Nobody has ever isolated a "virus." Exosomes, however, are real.

Posted On 08/13/2021

#### **Beu3743**

What I Do Not Understand Is Why Did Marik, With All His Knowledge and Having The Treatment Protocol Still Took The Jab Himself?????Makes Absolute No Sense To Me

Posted On 08/13/2021

#### **MariaTG**

Fully agree. I was just about to pose the same question!

Posted On 08/13/2021

#### bee70578

#### Beu3743

I have a neighbour who was determined not to take the jab but was persuaded eventually for the sake of his kids. Later he had sharp pains in his legs and I haven't seen him around for a month or so.

Posted On 08/13/2021

## signs9

I don't understand this either.

Posted On 08/13/2021

#### **DoreenO**

I thought it was said that he got it before he realized how dangerous it was and also because he is over 60.

Posted On 08/13/2021

#### **Astonished**

Only about 20% of the Kill Shots contain the poison, although chances are, graphene oxide is in all of them (including the Russian and the Chinese versions).

You can follow up on this on VAERS; it's usually the same batches that kill/maim.

Posted On 08/13/2021

### **Tsider**

I was shocked to read that too. it does not make sense with all his knowledge

Posted On 08/13/2021

## **Travelingduet**

In a webinar he stated he took the shot early in the roll out, due to age. There was no data yet at all. But he mentioned knowing what he knows now he regrets it and wouldn't do it again. It powerful when someone who is not "anti-vax" comes out and speaks the truth.

Posted On 08/13/2021

## nothingsound

Total agreement here. he took it because he is above 60. Doesn't he know the largest percentage of deaths are above 60 from the shot?

Posted On 08/13/2021

#### **Astonished**

Ending CV is easy: stop testing.

It's a different story with the mass poisoning that create the symptoms: 5G, military-grade radars, the muzzle, the fake test, and the injections.

The symptoms can be treated, but heart and lung tissue will never regenerate.

We are being microwaved alive.

Posted On 08/13/2021

#### **Guillermou**

Yes, Astonished, we are seeing how all environmental toxins, those that enter the food, as well as the manipulations of biology, such as excess antibiotics, vaccines and prions, in humans and animals are an attack on health and biodiversity, in addition to creating more dangerous viruses and bacteria.

Glyphosate and other toxins accumulate in the body creating immunosuppressed people where the Covid-19 virus or any virus can mutate, and we are seeing, from the reports of Dr. Mercola sharing analysis with scientists, that they are not subject to the manipulations of corrupt elites, defending true science, how vaccines favor this process.

When a virus enters an immunosuppressed body, due to the accumulation of glyphosate and other pollutants, energy-producing cells called mitochondria cannot produce their main energy ingredient called ATP. ATP helps remove the virus from our cells. Glyphosate interferes with the ATP energy process of our body cells. If cells cannot make ATP, the immune system has a hard time clearing the virus.

The dangers of vaccines and other manipulations of biology in humans were reported by Dr, Mercola: Seneff cites a story from a cancer patient in the UK who was treated for severe COVID-19. The antibody cocktails they gave him didn't work and, after his death, they concluded that the predominant SARS-CoV-2 variant in his body had a dozen different mutations in the spike protein.

Posted On 08/13/2021

## tamara mac ginty

My question exactly. If the Covid vaccines are the most dangerous vaccines we've ever used and Ivermectin is an effective prophylactic, also good protocols are available should one contract Covid, why would Dr Marik choose to take the vaccine? It makes no sense.

Posted On 08/13/2021

#### **Sue275**

Maybe he was forced to take the vax by an employer?

Or maybe he was foolish to initially believe in their effectiveness but then finally came to his senses?

Doesn't matter either way.

He's not the first doctor to admit he has the vax.

What's most important is that he's actively sharing invaluable information that the public needs!

We need more doctors and scientists like him to stand up and speak out! They can't stop them all!

Posted On 08/13/2021

## el-graf

A few accurately aimed AR-15's could have solved the problem in about one week.

Posted On 08/13/2021

## wendyb.

I keep hearing that ivermectin is safe, cheap and easily available. Easily available it ain't - at least not in Canada. I'm tempted to buy a jug of ivermectin at the local livestock supply store but, it's for putting across the back from neck to tail of cattle. The manufacturer won't say what carriers are in it, only ivermectin. Buying pills online may be possible but cost \$5 - \$6 per pill. Now, maybe US citizens think that's not much money but, here in Canada, we pay for prescription meds up to the first \$100 and the rest of the year is free. My pine needle tea is supposed to help - and it's free.

Posted On 08/13/2021

## mark\_tahiliani

I use this dose day one is 1 inch with food then skip a day then take one inch with food then skip a

week then take one inch with food then skip two weeks then take a inch with food.

www.ebay.com/itm/184476393500?hash=item2af3a6601c:g:BKwAAOSwBWJfe4hA

Posted On 08/13/2021

### skupe59

We got ivermectin for Arabian horses and we'll take it if necessary. You can also take 3 grams of niacin/B3 with 6 grams of vitamin C and it's cured within 3 days.

Posted On 08/13/2021

#### clanharwood

WENDYB: I'm from Ontario and yes Ivermectin is nowhere to be seen. I heard that the animal one is not purified for humans and so could pose other issues. Do you make your own Pineneedle tea? I found a cute little shop on Etsy to get it from but it gets to be really expensive.

DOES ANYONE know of Panacur is the same as Ivermectin but just a different brand?

Posted On 08/13/2021

#### love4health

Wendyb, where do you get the pine needle tea from? Thanks. :)

#### **Almond**

Instead of demanding test results from covid, why not demand test results showing vitamin D is optimal? That would end this pandemic rapidly in addition to clearing up many other health problems that burden individuals and society.

Posted On 08/13/2021

#### Guillermou

It would be an excellent measure, ALMOND. Also vitamin C and other considerations. A study in Spain measured plasma levels of vitamin C in 67 critically ill hospitalized adult patients with COVID-19 who met the Berlin criteria for acute respiratory distress syndrome (ARDS). Conclusion: the patients had low levels of plasma vitamin C. pubmed.ncbi.nlm.nih.gov/34243781 (2021 Jul 9)

"SARS-CoV-2 is an RNA virus capable of causing systemic, life-threatening disease in humans. Severe disease is characterized by hyper-inflammation, hyper-coagulation, and hypoxia. The virus produces proteins that knockdown two major pillars of the innate immune system, interferon and selenoproteins. Selenoprotein knockdown impairs antioxidant capacity and hemostasis (anticoagulation and clotting). The virus also damages RBC structure, which combined with loss of antioxidant capacity, impairs management of oxygen, carbon dioxide, and nitric oxide throughout the body. Additionally, consumption of NAD by the virus depletes cells of a vital energy source."

"Restoring and maintaining healthy levels of ascorbic acid, selenocysteine, vitamin D, and NAD is critical in the battle against SARS-CoV-2. In treatment, as well as in research, it is important to remember that nutrients do not work optimally alone. Selenium, vitamin D, magnesium, and vitamin K2 are interdependent. Vitamin C, selenium, and vitamin E are interdependent. Niacin and NAD are also dependent on adequate intracellular selenoproteins and vitamin C levels. Single nutrient studies and interventions will miss essential synergies and confounding variables regardless of the sample size." www.orthomolecular.org/.../v17n17.shtml (June 21, 2021)

## nothingsound

YES! Can you imagine a governor having the guts to say; "We're halting the shot program and want everyone to take ivermectin, D3, and whatever else and this protocol will be available to all? Then his state has no covid? It disappears? He's be the next president.

Posted On 08/13/2021

#### zinovius

Dr. Marik: "There's been a complete failure of the major medical institutions across the world. Every major society has failed to provide honest useful scientific information."

It is NOT a failure. It is an INTENTIONAL Failure.

Because UN with WHO and Gates are leading players in this bloody game, and everybody, every single hospital in the world needs 100% OBEY the directives coming from Criminal World "health" cartel. And directives are to follow THEIR procedures only in order to keep the weapon shooting.

Posted On 08/13/2021

#### **Almond**

Between the flip-flops and misinformation, there is no reason to have confidence in govt or "the experts". I am often amazed at how often the official narrative contradicts research data.

#### steve49car

Misguided! It was never about a virus it was about mass killing! Now a couple of weeks ago Bill Gates was arrested ( now in Gitmo) ....and since then many more of his properties raided and searched! They actually took numerous computers, laptops and documents including one called 'How to rule the world'! It documents a plan to take over the vaccine industry and contaminating injections with compounds that either kill or seriously maim! This then is just one of the charges against him ... that he coerced the FDA to issue authorisation for an 'emergency' ( there wasn't one) toxic cocktail injection KNOWING it was intended to kill and maim! His tribunal is expected August 23rd ....six witness against him including Melinda who is potentially on similar charges! Gates is also charged with master minding with Epstein a massive child Trafficking ring for the abuse and for Adrenochrome ( which usually kills the child )!All will know about the vile extent of this in days to come ... and all the famous names involved ... much of hollywood and the democrat party!

Posted On 08/13/2021

#### seedsaver37

steve, take your meds and have a nice lie down.

Posted On 08/13/2021

#### lanW2001

Love your work 49! I'd like to buy an autographed copy of your upcoming book, "We Wish"

Posted On 08/13/2021

#### **Astonished**

I doubt that BG has been arrested, but the genocide is real.

Here, in the village, we prefer to die from natural causes.

Posted On 08/13/2021

### craigco46

Steve49...You are a f----- moron

Posted On 08/13/2021

#### **RichardNoakes**

Anything that costs money is suspect, so far as I am concerned and nobody has tried this "cure" against Covid, which in this case has only been around for about a year so far, so theorizing about a cure is just another way of promoting the bottom dollar and getting as much out of the sales aspect, as the next pharmaceutical company. If anyone was serious in getting rid of Covid once and for all, for nothing, zero, zilch, then the only way to do that, is to kill off the Coronavirus, before it is allowed to become Covid anything, meaning that everyone has to learn to breathe through their nose and isolate the Coronavirus in the nasal passages of the head and kill it dead there.

A seed or spore of Coronavirus is 1/1000th the size of a grain of rice and it is lighter than air and floats in the air and is breathed into the head and I never get ill, I never get colds and I have not been ill for over 26.7 years and I won't ever get Covid, because of my free salt water cure which you can find on my Twitter Blog RichardNoakes19 and there is no reason why any of you who read this will either, bearing in mind everyone will get Coronavirus, whether vaccinated or not.

If the world stopped using vaccines and used my free salt water cure, then the Covid pandemic would be over very quickly and since it costs nothing, anyone can do it - so nobody gets rich out of this - while external to the body safety is everything, since I kill Coronavirus in the nasal passages of the head. As I said before, 26.7 years, never ill, is proof that it works, than some cost effective cure which benefits whoever sells it and no proof that it works at all. Richard

Posted On 08/13/2021

#### steve49car

Trouble is this is political and deadly ...not about healing from anything (it never has been) ... their agenda is mass killing!

Posted On 08/13/2021

#### anmael

OF WHAT YOU SAY, RICHARD NOAKES, I WAS AWARE ALREADY IN APRIL 2020, AND I STARTED INSTILLING IN MY NASAL FOSSES, EYELASHES AND THROAT PROPOLIS DILUTED IN WARM WATER. IF THERE IS A VIRUS OR BACTERIA IT WILL NOT SURVIVE! bees know ...

I use propolis regularly, for wounds, fungi, viruses and bacteria, mouthwash, tooth decay, etc. Even a bronchitis cured, years ago that way. It is also ingested.

Posted On 08/13/2021

## skupe59

I won't go on Twitter for obvious reasons. Would you post the link for me here?

#### **Astrocomical**

How can that be when there is NO virus? What are they curing? The common flu? Watch this video from Hawaii if Mercola permits. Quite shocking. www.bitchute.com/.../im8tqf0JtSPB

Posted On 08/13/2021

#### anmael

We should stop talking about viruses as enemies, and especially this ghost virus that nobody saw, but induces us to hallucinate. And above all that we no longer attend to his speech. Let's continue where we were when we were interrupted with this world of fantasies. Let's make gardens on the sidewalks. Let's not use money, or less and less, etc ... and instead of accumulating knowledge indefinitely, let's apply it to daily life, moderately. Yes, they are saying that they cure the modified flu, naturally or artificially, and next time they will invent another excuse that will kill us on the sly.

Posted On 08/13/2021

### tallulah3

I have finally talked one friend out of getting the death jab. Thank God she listened to me. Her husband didn't want it at all.

Posted On 08/13/2021

# fromseatoshiningsea

Here is a link to an interview from 2/24/21, of David Martin, PhD, by Hilda Gore. It is in text format & is about a 5-min read. (Dr. Martin is the person who did all of the patent research) About two-thirds into the interview, Dr. Martin makes reference to Fauci & NIAID's Annual Advisory Committee Meeting. Here

is a portion of his statement..."happens to be an opportunity for Anthony Fauci to get what he has not been able to get through legal means, which is he wants to get to a place where he forces a vaccine on a population" (& that the motive has always been financial)

ronaldthomaswest.com/2021/02/24/mrna-its-gene-therapy-not-a-vaccine/

Posted On 08/13/2021

#### uneamie

Ivermectin can be purchased here cheaper than the Frontline Doctors. I just bought it...it was an easy transaction. They hook you up with a local doctor and you fill out a questionnaire for that doctor to look over and approve your prescription. I used their mail order pharmacy call HoneyBee...but you can choose from others like CVS, RitAid etc. www.pushhealth.com/for-patient

Posted On 08/13/2021

### uneamie

I recently purchased one week supply of Ivermectin for my entire family. It's costly but it gives me peace of mind knowing that if we get this virus we have our alternative treatment and do not have to depend on a doctor or hospital to treat us with their own protocols that many times do not work. I also have a good supply of D3, melatonin, quercetin, zinc, C, and aspirin that we all take daily. I refuse to be at the mercy of the health care system that is ignoring the "truth".

Posted On 08/13/2021

# katndognco

It's getting worse: please contact your elected servants requesting they immediately put a stop to this plan of coercion and restriction!! Medical tyranny is spreading.

### https://youtu.be/ekphYFxVbhE

Posted On 08/13/2021

#### abc1231

Thank you

God Bless you

Been following you for almost 20 years now

Posted On 08/13/2021

## **DanMorpheus**

duckduckgo.com/?q=pleomorphism&iax=videos&ia=videos&iai=ht...

Posted On 08/13/2021

### Veeski

Thank You from AUST. We remian indoctrinated in this country with 24/7 covid FEAR all day, across all media platforms with no other. The only discussion available across all media is the same story, which at present is the delta syllable - spreading un-avoidably with CASES, CASES, CASES everyday. But there is negligible other information about covid suffering, nor of deaths unless they find someone who was 40 - who has died. This ensure's fear. The full reason for the death is ?, so assume that it was the CV19 in the sub heading. Thank you, your information is a gleam of light in this suffocating, "Aussie com-on" fog.

Posted On 08/13/2021

### brodiebrock12

The CCP must own Australia now

Posted On 08/13/2021

### Cabochon

PROTEST MARCH in London, Saturday 14th August Departs Charing Cross Station at 12 noon against Vaccine passports, lockdown, Agenda 21, enforced injections, vaccine injury and deaths, lies. Leaflets for distribution can be printed: https://the.whiterose.uk/downloads

Posted On 08/13/2021

# looking4wisdom

I went to the doctor's office for the first time in over 12 years due to clotting (which suspiciously began after a dentist visit where hygienist was "va@ed"). Due to low hemoglobin they are referring me to have an ultrasound. I have seen how the commenters on this site are very knowledgeable and helpful. I am wondering if any females out there would say this is a good idea or not?

Posted On 08/13/2021

## RonKirk

As my doctor said, if the nutritional status in this country was up top par there never would have been a pandemic in the first place. Most of what people buy in the grocery stores should be composted rather

than eaten. Even whole foods are way down in nutritional value from where they were 50 years ago due to our modern farming methods. Time for some major changes ion this country!

Posted On 08/13/2021

### brodiebrock12

Always good to hear someone re-state this and can not be underestimated. Americans especially have been slipping into the highly food industry indoctrination efforts for decades now. Read Food Politics. Talk about corruption! Your health is the # 1 primary defense in the greater scheme of things. One body and mind is all you get in this lifetime. Choose to support it well!

Posted On 08/13/2021

## **Randyfast**

The virus was never the "threat"!

Posted On 08/13/2021

### Guillermou

These without hearing the threat: "The media hacks (on ABC, NBC, CBS, CNBC, CNN, PBS, NPR, etc) who push the pro-vaccine propaganda and hide the truth (about the dangers of Big Pharma and Big Medicine's over-vaccination and over-drugging agendas) are complicit in crimes against humanity... The entire vaccine machine is built on lies of omission and fraudulent science. Billions of dollars are quietly paid out by the National Vaccine Injury Compensation Program (NVICP) to vaccine-injured people, but the overwhelming majority of vaccine injuries are never reported (by physicians who profit from the agenda). " - William Christenson.

# **Randyfast**

Gui; as a young man, I would have had a difficult time believing that the world would end up in its' current state. Absolutely NOTHING makes any sense today. We are so far down the rabbit hole now; will we ever find our way out?

Posted On 08/13/2021

# nothingsound

Starting food grade. solution	How much peroxide.	Normal Saline.	Ending
Hydrogen Peroxide			
3%.	1/4 tsp.	7 1/4 tsp.	.1%
12%.	1/4 tsp.	5 ounces.	.1%
36%.	1/4 tsp.	15 ounces.	.1%

Hopes this helps those who want this. Please take picture of and save. Or copy down. One never knows what will be taken down next.

Posted On 08/13/2021

### rrealrose

For US people, walking down an aisle near the supplements at Whole Foods about a month ago,

found several bottles of Food Grade H2O2 on the shelf. Low shelf near the floor, priced right too! Don't know if this is available throughout all stores or the one in your area, may want to call ahead.

Posted On 08/13/2021

# jamNjim

I got this one from Amazon:

www.amazon.com/Viva-Doria-Hydrogen-Peroxide-Solution/dp/B087481DMN/ref..

Posted On 08/13/2021

#### lizvandall

Links in article are returning to the article

Posted On 08/13/2021

# nothingsound

For those who would like the food grade hydrogen peroxide formula please go to sprit of charge.org.

The formula is there. I took a screen shot of it just in case this gets taken down. I have the mixture in my fridge.

Posted On 08/13/2021

# looking4wisdom

nothingsound - Would you please verify the website - sprit of charge.org? I am not seeing this site.

Posted On 08/13/2021

### **JeanetteVictoria**

Covid will NEVER be under control the governments don't want that.

Posted On 08/13/2021

# chrisphillips

no mention of hydrogen peroxide in the nebulizer? that is my theoretical go to...still a goodie?

Posted On 08/13/2021

# jamNjim

It works too good and it is too easy and cheap to buy and self medicate. So no one promotes it.

Posted On 08/13/2021

### Jam1883

What always puzzled me, was why was my doctor locked in their office during the start of pandemic. Never made since to me. Posted On 08/13/2021

### M.H.Deal

Yesterday after a repairman, about 25 years old, had completed his work, he mentioned he'd been "jabbed." What a stupid word! When I asked about the aftermath, he replied that he'd been "down" for a couple of days with sore muscles, joints, and heart problems, these he categorized as "common" for the jabbed young. As his family had emigrated from Bosnia to the U.S. about a decade ago, he added that they never anticipated seeing the United States deteriorate so quickly into the restrictive socialism they had fled. Thems who've experienced it know better than thems that haven't.

Posted On 08/13/2021

#### showers1

The article says a step by step guide to Covid prevention and early treatment but there is none given and no link to one. The one link they have when I click on it brings me back to this article.

Posted On 08/13/2021

# beachguy

flccc.net, then select protocols.

Posted On 08/13/2021

# jamNjim

If you've been reading these articles during the pandemic you should recall that Dr. Mercola got his hands slapped (they threatened to take his medical license away and shut down his website) if he promoted any supplements that weren't FDA approved for treating Covid-19. Even though the NIH has PROOF that drugs like Ivermectin and supplements like Vit-D work in preventing and treating Covid-19 they never approved either. So, he can talk about them, but he can't promote them or give any specifics. He's dancing around this mandate the FDA implemented by providing links to other doctors/websites that do give specifics on treating and/or preventing Covid-19 infections with cheap OTC supplements/meds.

I have a doctor that is on the same page and promotes the same things Dr. Mercola does. He quit talking publicly about this sort of stuff 30 years ago for fear of losing his license. He has more credibility than Dr. M. He's a research scientist with 2 PhD's, and he regularly reminds his patients not to mention his name in public when talking about using alternative treatments/medicine!! I'm amazed that Dr. Mercola has been able to keep it going this long.

Posted On 08/13/2021

## beachguy

The FLCCC updated the I-MASK+ Protocol this week. Get the updated version on their website as they said it will probably be updated again. They upped taking Ivermectin as a prophylactic to twice a week and doubled the dosage for outpatient care, Also, the newest FLCCC Weekly Update was on Youtube as of yesterday. Dr Marik and Dr. Kory discuss the problems caused by the Delta variant which is why they are changing their protocols. If the video gets deleted from Youtube, check Odysee and Rumble.

Posted On 08/13/2021

## skupe59

No aspirin at all. White willow bark which is what aspirin is made of but is much safer, healthier. I wouldn't take melatonin either -- serotonin instead.

Posted On 08/13/2021

## beachguy

You might want to check and see why they are recommending melatonin before you decide serotonin is better. They did not include it for its sleep properties.

Posted On 08/13/2021

### **CharlotteRuse**

If Germany won WWII the atrocities committed by that government wouldn't be viewed today as crimes against humanity. The criminal act of of knowingly profiting by mass distribution of deleterious experimental vaccines, mandating the young and healthy to be vaccinated as well as pregnant women while purposely omitting data citing more safe and effective treatments can only be permitted in a "similar fascist state" where monopolistic pharmaceutical companies, big tech, and mainstream media news work in public/private partnerships with the security state to deceive millions.

Posted On 08/13/2021

# breynolds1

I ordered Ivermectin pills from aliexpress.com in March of 2020. Cheap and used it Feb of 2021 when hubby "got a cold" Not sure if it was Covid or not, but the cold was gone in 3 days, not his usual 3 week cold.

Posted On 08/13/2021

## jpw1

Not directly related to this article, but did anyone see the BBC website on Tuesday? Prof Andrew Pollard is a member of the Oxford vaccine group and was briefing the UK parliament about vaccination. He said that due to the delta variant, achieving vaccine herd immunity is 'an impossibility'. He even called herd immunity 'mythical'! www.bbc.co.uk/.../uk-58162318 and metro.co.uk/2021/08/11/delta-variant-has-ruined-hopes-of-herd-immunity.. Despite this, UK vaccine advice is still to get vaccinated to protect others. This doesn't seem to make any sense to me given what Prof Pollard has just said. If herd immunity is impossible, and the vaccinated can spread covid as readily as the unvaccinated, then the only reason to get vaccinated is if you feel it protects you against severe symptoms.

Posted On 08/13/2021

### rrealrose

Its not possible to gain herd immunity from any vaccn program; and worse, there is no evidence vaccn actually work as advertised. We've been living with a 60-year ruse beyond belief, as they can do a lot of damage. The biggest travesty of this entire PLANNED EVENT, is encouraging those who have recovered from covid to get the shot/jab - reports are these people get some of the worst reactions to the shots, and it wrecks their rebuilt immune system to target the spikes first.

The children were supposed to be the buffer across all societies, but of course, they are now going after children. The entire plan is to make everyone vaccn dependent for life, making natural immunity a thing of the past. This is why actions taken makes no sense.

Posted On 08/13/2021

#### and 6079

I recently got an Ivermectin telemed prescription through Frontline COVID-19 Critical Care Alliance (FCCCA), and it would cost me \$426 to fill it. \$90 for the telemed prescription, and the pharmacy asked for \$336. They charge \$6 for a a 3 mg tablet. The FCCCA protocol requires .4 to .6 mg Ivermectin per Kg of body weight daily, for a treatment period of 5 days. At .5/kg the total dose is 25mg daily for a person weighing 130 lbs - which is 8-9 3mg tablets daily. I was prescribed 48 tablets, which at \$6 each comes to \$288. The remaining \$48 is apparently for express postage (within Florida).

\$288 is not the pennies a pill spoken of early on when Ivermectin was first promoted as an inexpensive alternative to vaccines. In comparison the US government reportedly pays \$18 a dose for the Pfizer vaccine (which is not an endorsement of the Pfizer vaccine or any experimental vaccine).

Ivermectin is offered for about half the \$288 price tag with a GoodRx coupon used at chain pharmacies (Walgreens, CVS, Walmart, etc.), but these pharmacies may not have them in stock. A local Walmart pharmacist said they had none in stock, that they were back ordered, but that they could not get them in the foreseeable future. Even if available from these stores a GoodRX coupon is not feasible through FCCCA, as they use small pharmacies which Good RX doesn't appear to have coupons for. I emailed the FCCCA telemed service asking them to provide me the prescription so I could try to fill it less expensively locally - but several days have passed without a response.

In sum, it seems to me that the Ivermectin approach to treating COVID is following the same "monetary" model as the others. Nebulized hydrogen peroxide (as recommended by Doctors Mercola and Brownstein) is a much more affordable treatment regimen and has been and remains my A-plan. It cost me less than \$10 for supplies and \$50 for a nebulizer.

Posted On 08/13/2021

#### lanW2001

Well and 6079 I agree with what you've said and my 'A' Plan is similar to yours. I've followed the advice of Dr Mercola & others and built up my immune system over several months (thanks, Dr M...I'd actually never heard of D3...Duh!)

However, I'm at an age where - not with standing the above - I don't want to take the chance of

being stuffed onto a hospital ventilator so I've bought ivermectin as my 'B' plan. Yes, it cost a few bob and I may have to sell my mega-yacht to fund it but hey! I can always catch the ferry.

Posted On 08/13/2021

## nothingsound

I agree! But there is a cost for what they are doing and who knows how much the price of that pill has gone up? But the food grade hydrogen peroxide is what I have ready.

Please people make sure to use food grade and not regular. And not just water but plain saline solution. This is important. I will copy the formula down and post that in a moment.

Posted On 08/13/2021

## mark\_tahiliani

rumble.com/vl0vf2-germ-theory-vaccines-and-covid-scam-explained.html

Posted On 08/13/2021

### **PascalReuter**

Excellent post. Two questions: 1. What is an zinc ionophore? Zinc citrate etc? 2. Does anyone know where to get ivermectin in Germany? Eventually other readers will benefit from this information as well.

Posted On 08/13/2021

## **HFLthese3**

Pascal, an ionophore is a carrier. Zinc cannot easily cross the cell lipid bilayer so it needs a "carrier" so the cell can absorb it. Quercetin makes zinc (an antiviral) available to the cells.

Posted On 08/13/2021

### and6079

A zinc ionophore enables zinc to pass into cells. Without the zinc ionophore the zinc has difficulty and/or cannot enter the cell, where it can help prevent virus replication. Examples of zinc ionophores include Hydroxychloroquine and Quercetin. Quercetin is a natural substance found in onions and other foods, and is available as a supplement.

I have no knowledge as to where to get Ivermectin in Germany, so cannot help you there.

Posted On 08/13/2021

#### cha85932

Lovely to have options to 'The Jab' but here in the UK Ivermectin and Methylene Blue are impossible to get - only on prescription and then only for approved treatments.

Posted On 08/13/2021

# jamNjim

So how do farmers get Ivermectin to treat their livestock for parasite infections? Are you telling me the UK just eats infected animals? I'm sure they use Ivermectin and it probably is readily available. Have you tried Amazon?

www.amazon.com/Durvet-Ivermectin-Injectable-250-250ML/dp/B07CVMY79R/re..

#### 25d5313

Mountain Valley Biotec lab, Canada is testing a sublingual ivermectin strip for Covid (600% increase over oral tablets). Dennis Handcock, President and CEO of Mountain Valley MD also mentions ivermectin intramuscular injection is key to shutting down viral spread.

Canada also has a nasal spray SaNOtize (nitric oxide) that prevents covid (or cures it). Most Canadians don't even know these cures exist. The media only mention "Canada to build a Moderna lab" for future pandemics???? Thank you Dr. Mercola for all your wonderful informative articles.

Posted On 08/13/2021

# Jennycat24

Mccon - tried reply but this website wouldn't let me.

Nebulizer use - Dr M said something like 'buy a model with a compressor' - the Mesh handheld models will do in a pinch, but they don't last long (I've got one and it didn't - and I wish I hadn't wasted the money as it turned out I need it daily now I've been 'spike proteined' and have Parkinsons) - the ones with a compressor are noisy but it needn't bother you - but if it bothers anyone else in the house, the noise is significantly reduced by the surface you put it on. I originally tried putting it on a little layer of padding - quite insufficient - and then it happened that I saw a long length of bubble wrap and just folded it up and put it underneath the machine and hey presto! The noise went down by around half. (I counted the layers and it was around 16 layers - making just over an inch of padding below it - if you have any sound proofing padding that would be even better). I don't know which country you are in, so my best advice would be to do some investigating yourself and look on big retailing websites, carefully filtering the reviews, bearing in mind your budget, you can get machines for fairly little. Failing that, several reliable commentators have said often on mercola that they just use a clean spray bottle and make a mask from the top of a plastic bottle (wrap tape round the cut edges) and spray the carefully

diluted down H202 saline solution. Hope this helps.

## jrh6690

Treatment? SARS-CoV-2 has never been isolated or identified anywhere in the world.

### BiomedMom1

Absolutely spot on! And therefore, there is no "variant" either ... the so-called "breakthrough cases" and "variants" are actually vaccine adverse reactions.

## **PaulCardin**

Wiping out the virus would wipe out Big Pharma profits. Did he think this through?!



# skupe59

The only problem with that is it would crush the stock market. If people would learn how to keep themselves healthy with organic food and good supplements, pharma would never or rarely be necessary.

Posted On 08/13/2021

## **MarilynSh**

There is no such thing as covid, it's not a diagnostic or descriptive of anything

Posted On 08/13/2021

### seedsaver37

Marilyn, then why is Dr Mercola giving advice as to how to treat and prevent it?

Posted On 08/13/2021

### **Astonished**

seedsaver37: Mercola talks about it, because

- 1. The symptoms, caused by 5G, military-grade radars, the muzzle, the fake tests, and the Kill Shot are real. Cures are not available, only the symptoms can be addressed. We are being microwaved alive, and the lung/heart tissue never regenerates.
- 2. Mercola has to fake it, because otherwise, the site would be shut down.

Posted On 08/13/2021

#### cmeshine

Stop saying heart and lung tissue never regenerate. That's simply not true. After a person stops smoking their lungs heal and in time even the cilia returns.

Posted On 08/13/2021

### **Astonished**

cmeshine: Even though the lungs clear up, you cannot cure the damaged cells. Otherwise, emphysema and COPD would be curable, too. Even prosaic calcification, a leftover of pneumonia, cannot be fixed!

Posted On 08/13/2021

## Leahoz

Amend to that MarilynSh..... what it appears to be, that certain people believe in/or somewhat believe in the official narrative. So they discuss this narrative. I find this odd!!!

Posted On 08/13/2021

### seedsaver37

""What Could Have Wiped Out COVID-19 Early On" Perhaps if Trump had not ignored the information and actually done something the US could have avoided thousands of deaths. He had no idea what to do.

Posted On 08/13/2021

#### and6079

Actually Trump made both good and bad decisions. He prevented travel from China early on, and was severely criticized for doing so (on the basis that it proved he was prejudiced and xenophobic). He procured ventilators when the medical experts said they were needed (which worked out horribly, as 80% of those ventilated died). He tried to educate the public about hydroychloroquine being a promising treatment (which he was correct about, but severely criticized for on the basis that he was "unscientific"). He followed Fauci's "science based" recommendations. He advocated for natural herd immunity (while protecting the elderly and vulnerable), which was a sound approach - but his opposition to extended lock downs was severely attacked (on the basis that one life lost was "too many" and that lives should not sacrifice lives for the economy). As states implemented extended lock downs he paved the way for COVID relief checks. He also fast tracked vaccine emergency use authorization and production (which due to safety issues has been catastrophic for many individuals and could be disastrous if widespread adverse effects develop). He also facilitated free treatment for COVID, and offered monetary incentivized to hospitals that treated COVID patients (which did not work out well insofar as hospitals were paid for COVID deaths, which incentivized using respirators to kill patients).

That said, what do you think he could have done to save lives?

Posted On 08/13/2021

# skupe59

They could have followed Sweden's example too.

Posted On 08/13/2021

# jamNjim

Don't you mean Nancy Palosi? She was the one downplaying all the restrictions Trump was putting on China. Remember???? She was in "China Town" telling everyone to come and join her while

Trump was stopping all flights to and from China????? Then you had all the fake news media like MSNBC and CNN backing Nancy and making fun of Trump??? Remember????? They all called Trump xenophobic for shutting down all flights to and from China. Then you had presidential candidate Joe Biden calling Trump a RACIST and a xenophobic for stopping all flights to and from China....REMEMBER????

Posted On 08/13/2021

## jamNjim

Like skupe59 said, had we done nothing we would have been better off. Sweden has done better than the USA in every category/statistic concerning Covid-19 infectious rates and deaths and they did NOTHING! There were no lock-downs, no school closures, no masks mandates, and no social distancing and they have done better than the USA (barely) which proves there is nothing you can do to mitigate the spread of a virus. It's all smoke and mirrors. It's all a power grab. That's all Nancy Palosi and her mob care about.

Posted On 08/13/2021

### rrealrose

Does anyone else find it ironic that as soon as the US DOJ dropped their investigation into Gov Cuomo's covid offenses (15,000 excess nursing home deaths, which he covered up during the first wave last year) numerous women in his offices and police detail, those he offended went after him for "feeling them up", grabbing them and creating a toxic work atmosphere.

Am concerned this may be the tip of the iceberg for numerous governors across the country. They are falling into lockstep because someone else has dirt on them...

Posted On 08/13/2021

## el-graf

If Trump hadn't stopped everyone traveling from China to the U.S. immediately, there actually COULD have been millions killed by the China Virus.

Posted On 08/13/2021

#### steve49car

A virus that has a survivability rate of around 99.7%? It was NEVER about a virus (it actually does not exist) ... its about the deep state involved with CCP (with whom we are at war) who have infiltrated so many authorities and even Biden and his fake administration... and the take down! Biden doesn't run America ...the military & General Flynn does! Bidens madness are simply hype in the press but frustrated on the ground ... he has days left before the REAL president of the new Republic is reinstated along with his new Vice President ...total shocks likely coming! Watch for the breaking of the 3 Gorges dam ....!

Posted On 08/13/2021

# **Good\_Hands**

Steve, you've repeatedly stated that on August 13 all will be revealed. Well, that's today. If the sun sets today without any major \$[]!+ having gone down, I'll be rather disappointed.

Posted On 08/13/2021

#### seedsaver37

el-graf: Nonense! "Between the first official report of an outbreak in China and the announcement of U.S. travel restrictions, more than 40,000 travelers from China were estimated to have entered the United States." "Trump's 'early' travel 'bans' weren't early, weren't bans and didn't work" www.washingtonpost.com/outlook/2020/10/01/debate-early-travel-bans-chi..

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