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It's Official: We Can Pretty Much Treat Covid Like the Flu Now. Here's a Guide.

New guidelines from the CDC Friday bring Covid precautions in line with those of other respiratory viruses

By Sumathi Reddy Updated March 1, 2024 at 1:03 pm ET

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Even if you aren't at risk for severe illness, coming down with Covid-19 can still create plenty of hassles in your life. PHOTO: IRFAN KHAN/LOS ANGELES TIMES/GETTY IMAGES

A case of Covid no longer means isolating for five days, according to the latest guidance from the Centers for Disease Control and Prevention released Friday. It's the latest sign of the virus's normalization four years after it upended our lives.

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