

CDC Guidelines for Going Back to School in 2020

Analysis by [Dr. Joseph Mercola](#)

✓ Fact Checked

STORY AT-A-GLANCE

- › According to the American Academy of Pediatrics (AAP), the academic, physical and mental benefits of returning children to school for in-person learning outweigh the potential health risks of COVID-19
- › The AAP and the U.S. Centers for Disease Control and Prevention have issued guidelines for the “safe reopening” of schools
- › Many parents wonder whether the guidelines themselves may do far more harm than good in the long term, as they both unnecessarily frighten and isolate children from natural interactions
- › Some of the basic recommendations found in the CDC and AAP guidelines include physical distancing on buses and on school grounds, wearing face masks, screening for symptoms, augmented hygiene and disinfection routines, and signage and broadcasts reminding students of disease prevention strategies
- › Children rarely become infected and are far less likely to spread the infection than adults. Scientific evidence also conclusively proves masks do not prevent infection or spread of viruses

According to the American Academy of Pediatrics (AAP), the academic, physical and

mental benefits of returning children to school for in-person learning outweigh the potential health risks of COVID-19.

To that end, the AAP has issued guidelines for the “safe reopening” of schools. However, many parents wonder whether the guidelines themselves may do far more harm than good in the long term. One parent outlines her concerns in the video above.

The U.S. Centers for Disease Control and Prevention has also issued school reopening guidelines¹ in anticipation of nationwide reopenings. Unicef² also supports students’ re-entry into schools, noting that reopenings should “be consistent with each country’s overall COVID-19 health response to protect students, staff, teachers and their families.”

American Academy of Pediatrics Calls for School Reopenings

As noted in the AAP’s guidance for school re-entry:^{3,4}

"The importance of in-person learning is well-documented, and there is already evidence of the negative impacts on children because of school closures in the spring of 2020.

Lengthy time away from school and associated interruption of supportive services often results in social isolation, making it difficult for schools to identify and address important learning deficits as well as child and adolescent physical or sexual abuse, substance use, depression, and suicidal ideation.

This, in turn, places children and adolescents at considerable risk of morbidity and, in some cases, mortality. Beyond the educational impact and social impact of school closures, there has been substantial impact on food

security and physical activity for children and families."

Children Rarely Transmit COVID-19

AAP points out that, unlike the influenza virus, SARS-CoV-2 does not appear to spread easily among children and teens. Indeed, studies from the U.S.,⁵ Israel⁶ and the Netherlands⁷ have demonstrated that children are far less likely to become infected than adults, and far less likely than adults to transmit the virus to others.

In one such study,⁸ children accounted for just 13% of transmissions within households. Another found⁹ children under the age of 4 were 47% less likely to test positive for SARS-CoV-2 infection compared to adults in the same household.

A July 2020 study¹⁰ looking at COVID-19 in children and the dynamics of infection within families found only 0.9% of COVID-19-positive patients were under the age of 16, and in just 8% of cases did a child within the household develop symptoms before an adult. Science Daily¹¹ also cites a number of other studies confirming the theory that children are rare disease vectors when it comes to COVID-19:

"In a French study, a boy with Covid-19 exposed over 80 classmates at three schools to the disease. None contracted it. Transmission of other respiratory diseases, including influenza transmission, was common at the schools.

In a study in New South Wales, nine infected students and nine staff across 15 schools exposed a total of 735 students and 128 staff to Covid-19. Only two secondary infections resulted, one transmitted by an adult to a child.

'The data are striking,' said Dr. [William V.] Raszka. 'The key takeaway is that children are not driving the pandemic. After six months, we have a wealth of accumulating data showing that children are less likely to become infected

and seem less infectious; it is congregating adults who aren't following safety protocols who are responsible for driving the upward curve.”

Originally, school closings were based on the premise that the virus responsible for COVID-19 would behave like other respiratory viruses, but since it doesn't, returning children to school is unlikely to pose a significant risk to health.

“ ... the preponderance of evidence indicates that children and adolescents are less likely to be symptomatic and less likely to have severe disease resulting from SARS-CoV-2 infection. In addition, children may be less likely to become infected and to spread infection,” AAP notes,¹² adding that:

“Policies to mitigate the spread of COVID-19 within schools must be balanced with the known harms to children, adolescents, families, and the community by keeping children at home.”

Guidelines Promote ‘Institutionalized Isolation’

As mentioned, the CDC has also issued guidelines¹³ for the re-opening of schools. While the CDC and AAP guidelines are very similar, the AAP's restrictions tend to be a bit more flexible.

For example, while both call for social distancing with 6 feet between each student at all times, the AAP concedes that this may not always be feasible, and if not, spacing can be 3 feet if students wear face masks and are asymptomatic. Still, as noted in the featured video, students are likely to be just as scarred having to follow COVID-19 prevention guidelines as they are staying at home.

While the exact measures vary depending on the age of the students, some of the basic recommendations found in the CDC and AAP guidelines include:^{14,15,16,17}

- **Physical distancing** – Students must sit apart on the school bus; desks must be spaced 6 feet apart and face in the same direction; floor markings will indicate “safe distancing” from the teacher’s desk and other areas where lines are formed; plexiglass barriers will be used in work spaces where physical distancing cannot be achieved; congregation in shared spaces, including playgrounds and cafeterias, is to be discouraged for students and teachers alike; hallways are to be trafficked in one way only to minimize face to face interaction; students may not share school supplies; nonessential visitors, including parents, are discouraged from entering the school, and field trips are to be replaced with virtual events.
- **Face covering** – Teachers and students are to wear face coverings at all times.
- **Symptom screening** – Symptom screening such as temperature checks should ideally be made by parents before dropping the child off at the bus stop or at school. Staff or students with a temperature above 100.4 degrees Fahrenheit will not be permitted in school.
- **Disinfection** – Hand hygiene, use of disinfectant and regular cleaning of surfaces must be adhered to.
- **Signage and broadcasts** – Signs are to be posted in various areas, such as entrances and bathrooms, promoting protective measures to minimize spread of pathogens, and announcements are to be broadcast over loudspeakers and/or video screens informing students of the same.

As noted in the featured video, these guidelines amount to “institutionalized isolation” and fear-mongering that can cause significant emotional and mental harm to children, especially if implemented for weeks or months on end.

Humans need physical contact and social face-to-face interactions, and this is particularly true for children. At best, these remedies will lead to the creation of a

generation of fearful germophobes. At worst, it may stunt their ability to function normally in social situations altogether.

Choices Vary Depending on Where You Live

While the AAP and CDC are calling for the reopening of most schools nationwide, parents may face a variety of choices, depending on where they live. As reported by USA Today:¹⁸

“In just two examples, the Nashville, Tennessee public school system recently offered parents a choice between sending their children back to school full time or keeping them at home for online classes, while Fairfax County, Virginia public schools are making families choose between fully online schooling or a ‘hybrid’ that combines in-person and remote instruction.”

In a June 12, 2020, article^{19,20} in The New York Times, epidemiologists weighed in on the decision to send children back to school. Of the 304 epidemiologists that replied to the New York Times’ survey, a majority – 70% – said they were ready to send their children back to school somewhere between now and this fall.

Costs May Have Catastrophic Consequences for School Systems

On top of everything else, there are financial dilemmas to address. As noted in a July 9, 2020, New York Times article,^{21,22} school budgets that are already stretched thin are facing million-dollar expenditures if they are to comply with school opening guidelines:

“Bus monitors to screen students for symptoms in Marietta, Ga.: \$640,000. Protective gear and classroom cleaning equipment for a small district in rural Michigan: \$100,000. Disinfecting school buildings and hiring extra nurses and educators in San Diego: \$90 million ...

Exactly how much money the nation’s schools need to reopen is a matter of debate, complicated by the conflicting, sometimes shifting advice and guidelines that administrators have received from government agencies and medical authorities ...

Regardless of which recommendations are followed, reopening schools will require changes. An average-size district of 3,700 students can expect \$1.8 million in pandemic-related costs for 2020-21, representing 3 to 4 percent of a typical annual budget, according to an estimate from AASA, the School Superintendents Association ...

But some experts have suggested that much of what schools are planning for the fall, such as checking students’ symptoms before they board buses or enter schools, is unnecessary, akin to the type of ‘security theater’ Americans became accustomed to after the terrorist attacks of Sept. 11, 2001 – reassuring, but often providing only superficial protection.”

As reported by U.S. News,²³ some school systems are already feeling the economic pain from the shutdown. Both state and local budget cuts are expected in many areas, some projected to be as high as 25%, due to lost revenue.

In Massachusetts, 2,000 teachers have already been laid off due to budget cuts, and the National Education Association estimates upward of 700,000 teachers may lose their jobs over the next two years.

Some states are also seeing skyrocketing homeschooling submissions, which further threatens schools' funding. In North Carolina, the online system for filing a Notice of Intent to Establish a Home School temporarily crashed²⁴ due to the influx of NOIs being filed, according to a July 7, 2020, report by Life Site.²⁵

I personally find this very encouraging as most educational systems in the U.S. leave much to be desired. While it certainly is an additional challenge for parents, I am convinced most children will be far better off home schooled.

Mask Test Reveals Hazardous Carbon Dioxide Levels

Last but certainly not least, many parents worry the wearing of face masks might jeopardize the health of their child by restricting oxygen flow and allowing for the buildup of carbon dioxide with each exhale. There may indeed be something to this concern, and it's something that none of the health authorities have addressed.

“ With an N95 mask on, the carbon dioxide level spikes above 8,480 parts per million (ppm) within seconds. Above 5,000 ppm, OSHA warns that “toxicity or oxygen deprivation could occur.” ”

The Occupational Safety and Health Administration (OSHA), which is part of the U.S. Department of Labor, requires the oxygen level in a working atmosphere to be above 19.5%. Anything below that is considered hazardous to health.

In the video above, which, of course, was banned and removed from YouTube, Del Bigtree shows a video of a man demonstrating how the oxygen concentration — when wearing a surgical mask — can easily drop below OSHA air quality standards.

Bigtree then conducts a simple carbon dioxide test with his 11-year-old son to check the air quality behind a variety of masks.²⁶ Using a testing device that measures carbon dioxide concentrations in ambient air, Bigtree checks the carbon dioxide concentration behind his son's mask.

With an N95 mask on, the carbon dioxide level spikes above 8,480 parts per million (ppm) within seconds. Above 5,000 ppm, OSHA warns that "toxicity or oxygen deprivation could occur."

Carbon dioxide levels between 2,000 ppm and 5,000 ppm are associated with headaches, sleepiness, poor concentration, loss of attention, increased heart rate and slight nausea. The maximum permissible daily exposure limit is 5,000 ppm.

Wearing a standard surgical mask, carbon dioxide levels again reached above 8,000 ppm, although it took longer. Shockingly, wearing a cloth bandana resulted in carbon dioxide buildup near the nose and mouth exceeding 8,000 ppm.

Even wearing a clear plastic face shield (without a mask) resulted in carbon dioxide levels in the 1,500-ppm range, which is associated with drowsiness and poor air quality.

There Is No Scientific Basis for Most of These Measures

Unfortunately, many have been swept up in the mainstream media fearmongering that has bombarded us daily for several months, and when government and health officials encourage shaming and reporting those who refuse to succumb to irrationality, it only worsens matters.

The scientific evidence is clear on several points, however. We now know children are not significant vectors of disease, even when they're infected. Children are also at

virtually zero risk of death when they develop symptoms.

Even among adults, the infection mortality rate is now down to a median of about 0.25%.²⁷ As Stanford University's disease prevention chairman Dr. John Ioannidis noted in a June 27, 2020, interview with Greek Reporter:^{28,29,30}

“For people younger than 45, the infection fatality rate is almost 0%. For 45 to 70, it is probably about 0.05-0.3%. For those above 70, it escalates substantially, to 1% or higher for those over 85.”

And, as testing continues, and more people are found to be asymptomatic yet positive, these mortality rates will be driven down even further. Science also conclusively shows that masks do not protect the wearer against viral infection and do not prevent its spread to others.

This evidence was clearly laid out in my [interview with Denis Rancourt, Ph.D.](#) He did a comprehensive review of the scientific literature on masks, concentrating on evidence showing masks can reduce infection risk, especially viral respiratory diseases:

“What I found when I looked at all the randomized controlled trials^{31,32} with verified outcome, meaning you actually measure whether or not the person was infected ... NONE of these well-designed studies that are intended to remove observational bias ... found there was a statistically significant advantage of wearing a mask versus not wearing a mask.

Likewise, there was no detectable difference between respirators and surgical masks. That to me was a clear sign that the science was telling us they could not detect a positive utility of masks in this application.

We're talking many really [high-]quality trials. What this means – and this is very important – is that if there was any significant advantage to wearing a

mask to reduce this [infection] risk, then you would have detected that in at least one of these trials, [yet] there's no sign of it.

That to me is a firm scientific conclusion: There is no evidence that masks are of any utility either preventing the aerosol particles from coming out or from going in. You're not helping the people around you by wearing a mask, and you're not helping yourself preventing the disease by wearing a mask."

Third, we also now know that COVID-19 has not been the devastating pandemic killer it's been made out to be. When looking at all-cause mortality from year to year, Rancourt found the pandemic has not led to a significant increase in deaths compared to the same time frame in previous years. To understand why all-cause mortality statistics are crucial for understanding the impact of this pandemic, please review my interview with Rancourt.

Clearly, I'm not going to tell you what to do with your children. The choice to send your children back to school will have to be a personal one. All I will suggest is to look at some of the statistics and scientific evidence brought forth in this article.

Look up the references, read the studies. Try to really understand the data. Chances are, armed with science rather than mainstream media reports, you'll be better equipped to make your choice, and feel confident in doing so.

Darzoum

When Del Bigtree conducted the oxygen-level test on his mask-wearing son, it wasn't a statistic or even a study or experiment conducted out of view and subject to interpretation; it was an actual event for which everyone watching that program live was a witness. Likewise, the OSHA standards for oxygen deprivation are what they are, a matter of public record established by an official government agency.

If YouTube can censor that, it is all the evidence anyone should need that the censorship standard has nothing to do with facts, or combating false information to protect the public, but simply that they will censor whatever they do not approve of, whatever goes against the narrative they are advancing.

These tech giants function like the public squares and public utilities of the 21st century. The argument that they are private companies and can do as they please does not hold water, not just for their social obligation, but for how much they have relied on the windfall from publicly-funded technological discoveries. Continuing down this path of technocratic totalitarianism is neither sustainable nor compatible with the values of liberty, as they must surely know.

Posted On 07/23/2020

juststeve

Thank you, spot on.

Posted On 07/23/2020

NewlandsWanderer

Exactly right Darzoum. This has nothing to do with Health - but everything to do with Totalitarian Medical Terrorism aimed directly at the Heart of Freedom & Human Rights. As for schooling, and all the media-stoked paranoia surrounding the subject - looks like Sweden got it right:

www.telegraph.co.uk/news/2020/07/20/keeping-schools-open-had-no-impact..

Posted On 07/23/2020

Randyfast

High, Darzoum. "Forcing" the masses to wear a mask that covers/blocks their breathing apparatus, is nothing less than social tyranny! I even see people jogging and engaging in other activities, such

as basketball, while wearing a mask! I really wonder how much cool-aid is left; as the zombie masses have been gulping it down since this fiasco began!

Posted On 07/23/2020

nothingsound

But look at the picture. How many wear their masks tied down like that? I don't. I haven't seen one person wearing a that type of mask with the elastic twisted. So his findings, I'm very sorry, are skewed. I really like Del, but that test should have been done with a the mask worn as his child will wear it. I don't know what some of the more extreme fake coverings do ... but if we are going to run tests, we should do them properly.

Posted On 07/23/2020

NewlandsWanderer

@nothingsound But that pesky, sneaky little virus could easily get into the mouth if the mask ISN'T tied down properly.

Posted On 07/23/2020

Darzoum

Nothingsound, as NewlandsWanderer touches upon, if you can actually breath while wearing a mask--and we can all agree upon the need for that!--then the virus is coming in. So then, what are we doing here? That then shifts the entire affair into the areas of "virtue signaling" and blind obedience of the irrational dictates of authority ("social tyranny" as Randy says)... nothing to do with science. Yet all of these dictates are being compelled in the name of "science." That is not science... it is closer to something like superstition or voodoo.

Posted On 07/23/2020

Almond

nothingsound and all...

Not too long ago I entered a building where a mask was required. I had my own mask. I was not allowed to wear it. I prefer it as it is a bit more comfortable and N95. I was told I had to wear the flimsy mask I was given because "it is our procedure". it was a joke. There were gaps all over. It kept siding off my face. Besides, who wants something handled by another person? With all this forehead scanning (don't touch me!), what about the social distancing. I would not even want strangers walking up to me touching me like that in a perfectly healthy world.

Have you observed all the masks hanging from car mirrors? Just in case they are needed to avoid getting a fine--not really to protect the person. Also, how many people reach into their pocket to retrieve a mask that is crumpled up beside a used handkerchief or a pair of dirty work gloves, etc. I never did think cutting off oxygen was wise...

Well, I take comfort in the fact that my serum vitamin D level is optimal and I am in good health. Besides, I have a well-stocked home medicinary with appropriate remedies. I rarely am in a situation where I need to wear a mask.

Posted On 07/23/2020

nikkicavingrace

I subscribe to a email about technology. Technocracy News and Trends. They call this a technocracy dictatorship. They are not socialists or communists but they believe in the supremacy and dictatorship of technology to manage the world's economy and populations for distribution. They look upon humans as an animal to be fed their gruel, (they are against farmer's markets or any natural way of obtaining food outside their system) Then populations will be vaccinated, chipped, tracked, controlled, managed and moved where the technocrats feel is most expedient for

their economic system. And I suppose ultimately killed when they are no longer productive to the system. It is a pretty grim future.

Posted On 07/23/2020

NewlandsWanderer

Hi Darzoum and all. Jon Rappoport reveals that mask-wearing makes us MORE LIKELY to test positive for Covid. And if we test positive for Covid - the state makes more money.
blog.nomorefakenews.com/2020/07/23/wearing-mask-cause-diagnostic-tests..

Posted On 07/23/2020

Darzoum

nikkicavingrace, I am assuming you are referring to Patrick Wood at Technocracy News (recent interview with Spiro Skouros: www.youtube.com/watch For someone coming to your comment as an initial encounter to such ideas, stated so starkly, it may seem far-fetched, if not delusional. That is why these policies are introduced in a stealthy, incremental manner, to ease those not paying attention into a comfortable compliance. The idea of technocracy has been around much longer than the technology that would make its wish-list of ideas feasible. That is no longer the case. But then a pretext—a threat—is needed to usher in such ideas as universal surveillance, electronic chipping/tagging of people, cashless society, censorship, mandatory vaccination, “internet of things,” etc.

The 9/11 inspired so-called “Patriot Act” was used as such a pretext; but it now seems as though it was only a dress rehearsal to a COVID-inspired “Great Reset.” It is no coincidence that Technocratic agenda items have been proposed to fight a virus. Liberty and democracy are—perhaps of necessity—“messy.” Technology relies on conformity and standardization. The idea behind Technocracy is to apply these technological “lowest common denominator” “values” to governance and human life. They are antithetical to the traditions of Western republics & liberal

democracies intent on preserving the inviolability of individual rights and sovereignty. Therefore, what is at stake at this moment in history is of tremendous import; I only hope that people's induced fear and hysteria of a virus does not blind them to that greater issue. Coronavirus and the Fog of War: www.minds.com/darzoum/blog/coronavirus-and-the-fog-of-war-109660108945..

Posted On 07/23/2020

jamNjim

If we follow the "SHUT EVERYTHING DOWN" mindset because someone might get Covid-19 then where was the accountability 6 to 12 months ago when hundreds of children were dying of influenza?? To this date, more children died from flu complications than coronavirus. When and if a school closed for the flu it was only for a week and it never was a state or nation wide event. All of those children I saw that died from covid-19 were OBESE.

The really sad part of this is he/she probably contracted the disease from their PARENTS that had to stay home from work to take care of them!! Mom and/or dad has to stay home to take care of these kids that can't go to school. It's the LAW! The parents have to go out to grocery shop to feed the kids. Well they can't leave their kids at home so they go to the grocery store with mom/dad where they stock up on all the junk food that made the child obese in the first place. The child contracts the disease either at the store or from their parents. I'm not saying beyond a shadow of doubt that classrooms are safer for children than living rooms, but there is no evidence that supports the theory that children are safer at home than at school from this disease.

However, there is evidence that supports schools are safer than living rooms. BUT! Let's just pretend that a child is safer from covid-19 at home than school. Using that logic and the death rates of children infected with covid-19 we have to shut down the schools forever because more children died from the flu virus than the corona virus. We are trying to prevent deaths....RIGHT??? In other words, this is BLATANT FEAR MONGERING by your elected officials. It's their ticket to total control and socialism. When anyone points out the FACTS with real numbers all they do is talk over you and belittle you.

Posted On 07/23/2020

nojusticenopeace

The vast majority of “education” institutions are for indoctrination purposes. Public schools in particular were already places infiltrated by corporations whether in the curriculum or the food choices. The added Covid19 protocols make these places that were already often prison like a complete horror show. Parents if possible consider homeschooling and join homeschool groups where your children can socialize in a manner not dictated by anti human psychopaths.

Posted On 07/23/2020

mammywitch

You are so right about "education"! So many are so proud of their "diplomas"---but they are just certificates stating that you have been fed whatever the powers that be want you to be fed. It's kinda like getting a "certification of brainwashing"---isn't it?

Posted On 07/23/2020

nothingsound

I agree whole heartedly. I do know at least three set of parents who have chosen to homeschool. They have done so because of finally understanding what is being taught in schools and they were beyond horrified. I have an acquaintances in Utah who flipped their mind over the health and history curriculum; they have restructured their how lives so they can homeschool this year.

When I read that 40 percent of parents were considering homeschools, not e learning, but true homeschooling; I thought well that'll never happen. But now, I think there is a very good chance that between 20 and 30 percent of all parents may try since mask wearing is demanded for the whole day in most states. I wouldn't want my child to wear one. Think of the germs being passed by mask touching? What are the teachers now going to have monster touching masks? Oh great

how much teaching will happen? I can see several high school wear students protest by not wearing them. What you going to arrest? Suspend students for protesting? Interesting thought. So folks we'll see. But if masks really worked why isn't California seeing a drop? Texas? Why aren't they dropping? Oh well.

Posted On 07/23/2020

juststeve

Fauci is saying this virus may never go away. Seriously. Never go away. Really. So this never ending farce of nonexistent dead plague bodies laying in the streets is never going away? What would be the point of spending a penny on a vaccine then? If this virus is a product of his efforts shut down in the states then moved to China to continue playing with destructive deadly toys, what is the point of any vaccine if "the battle against disease" never ends because naturally occurring virus's are just going to be replaced with man-made playing God virus's? To continue on with degenerative, destructive & deadly behavior, to deny the people anything and everything that makes us human, is to return to the elite's old normal. It's just being expanded. Our once normal was far more in harmony with Life & the Foundations of Life. We lived and operated in small social bands, family structures, tribes if you will. Social, organized, cooperative & coordinated efforts to benefit the Foundations of Life & each other. To be cast out in isolation could and most likely be a death sentence. Somewhere in here throughout the ages we have signed on to a slower, longer excommunication process. We are being civilized to death.

Posted On 07/23/2020

Randyfast

I suppose we should all thank Feces and Gates (of hell) for at least warning us of their diabolical plans!

Posted On 07/23/2020

Jackaroni

Personally I think it is a way for Fauci to ensure that people continue to get vaccinated for COVID.
Can't risk stopping the money flow!

Posted On 07/23/2020

seedsaver37

juststeve, influenza and the common cold have never gone away.

Posted On 07/23/2020

Almond

I was speaking with a high school principal recently. He informed me (proudly) that they required 40 hours of "internship" for graduation. This followed a class on choosing a career path. This sort of thing always raises my blood pressure. Not every student can afford a whole week. It serves only to help the lowest common denominator. Yet all students are subjected to this ridiculous requirement. There are still students who must work of necessity and are eager for every hour they can get. For some, it means a college education if they are paying their own way others may be supporting their family.

My health was poor when I was young. This would have been burdensome. I faced each day with pain and exhaustion. Doctors did not know what was wrong, so they just assumed it was "all in my head". I really needed weekends and vacation time to recover my health as it was very fragile. I was not the smartest student so I spent a lot of late nights working hard to learn what came easily to others. I think the extra demands on my time would have hurt me academically. My main part time job was 21 hours a week. Plus any odd jobs I could pick up for a few hours in between. My day started at 6 a.m. (to walk to the bus stop by 7:15 a.m.) and ended just before 5 p.m. on days when I did not work and took the

bus home.

We also had to shovel a lot of snow at times during the school year. We were not allowed to charge neighbors--it was expected that we would help. I think this graduation requirement is silly. Worse, it takes advantage of students by having them work for free when they could be paid on a job. It is not just the 40 hours, but all the paperwork and write-ups that go along with it. The student's responsibility to find their own internship. This may work well for well-to-do families with connections. Honestly, when I was 18, I did not know what I wanted to do for a living. Even today, I could not think of an internship to pursue, yet I am happy doing what I do.

Posted On 07/23/2020

Almond

P.S. I also consider the mandatory class on choosing a career path to be a waste of time. No wonder Johnny can't read or write well enough to get a job. His school hours are taken up with internship planning classes, sex ed, anti-discrimination education, etc. I'd be absolutely thrilled to just see the schools teach the 3R and then govt/civics.

Posted On 07/23/2020

Jackaroni

Also Almond, consider the Pre-Calculus classes that the schools are pressuring students to take. It is a very difficult class that few people, including engineers, will ever use in the entire lives!

Posted On 07/23/2020

Almond

jackaroni... as for precalc This may be true for many people. I suppose it depends on what kinds of problems you spend your days solving. I took precalc and still find it useful. I cannot say I use it for career purposes, but use it for many different kinds of problem solving. I don't think it always depends so much on your job requirements as it does your openness to using all the tools on your toolbelt. I wear a lot of hats, but most days I am just a farm wife. I have found that, math, like chemistry, teaches you to think and how things work. Once you know what stuff is made of and how it works, you can use the information in many ways. Perhaps what is needed more is people who can actually do basic math. Students may sit in classrooms, but many don't come out any smarter.

Posted On 07/23/2020

forbiddenhealing

The war on free-range kids began 50yrs ago when they killed Halloween over fear of poison candy...Then it was pedophiles as populations grew and people became more anonymous. TV shows gave way to screens to occupy lil zombies and keep them indoors...now electronically distanced on phones. Covid correctness will now turn them into fearful chickens, imprisoned by rules, obedient parents and groupthink.

Posted On 07/23/2020

stanleybecker

in the 60s I decided that ADVENTURE was the profession I was most interested in - I travelled for 6 years - we called it the University of Life - the only qualification/ degree offered was Doctor of Experience - past alumns were the poet Blake and the musician Jimi Hendrix

Posted On 07/23/2020

mammywitch

An education in critical thinking and common sense would serve our children better. How many of us were taught in school that "Columbus discovered America"? Well...surprise! Who was here when he got here to make his big "discovery"? Just teach your children to think for themselves, for crying out loud! Surely you think they have the wherewithall to learn to figure things out! And when did we become so detached from our kids that we entrusted so much of their education and learning to others? We have delegated the teaching of our children to others just as we have been delegating the preparing of our foods, etc., etc. Have we become so lazy that we don't want to put any effort into really living???

Posted On 07/23/2020

jamNjim

Who remembers sitting through health class and being told that DIETARY FAT was the root cause of all health problems?? Then they project the FOOD PYRAMID up on the projector screen and tell you that the bottom 3rd of the pyramid is the main food group you should focus on...."it's your base".....It's 90% processed foods (pasta, cereal, granola, and bread).

Posted On 07/23/2020

seedsaver37

I have met plenty of people who would not be intelligent enough to educate their children, let alone teach them critical thinking! And the many working two jobs to get by have no choice. It's not about laziness.

Posted On 07/23/2020

stanleybecker

seedsaver - what about all the uninspired, bored, paycheck recipients, teachers - how do they fit in

Posted On 07/23/2020

seedsaver37

Stan, re teachers: what about them?

Posted On 07/24/2020

Randyfast

We've become nothing but cattle; poked and prodded throughout the day; fattened up with toxic GMOs and led to the slaughter! Cattle "have no rights" and their masters inject them with whatever they deem necessary, in order to maximize profit. About the schools...many children don't even like going to school. Being away for so long; do you think they even want to go back? Also; both the CDC and UNICEF couldn't care less about "The Children". Every one of those agencies, these days, are only interested in three things; Money, Power and Control!

Posted On 07/23/2020

stanleybecker

"and so say all of us" Randy

Posted On 07/23/2020

AlexJAzar

Long ago my wife and I decided that the public school system represented an unacceptable danger to our daughters. We are satisfied with The Abeka Academy Homeschooling and its foundation of Christian principles.

Posted On 07/23/2020

gen6183

That's is wonderful.

Posted On 07/23/2020

HealthiestChoices

Hi, AlexJAzar~ Good for you. We did the same thing when our son was going into high school and that was many yrs. ago when I saw some of the reading material he was required to read. Aside from the academic schedule that was failing, I learned also of the lack in discipline and things kids were doing without being reported. We would have done it sooner, but they only had it opened at first for K through 3 and then through 7, and he was always a grade ahead, so finally they opened from 9 through 12.

It's been wonderful hearing about the many people who are homeschooling now. Over the past few yrs. it's become a concern, as they were trying to shut down private (especially) Christian schools, even though it's a fact the kids do better and stay well-adjusted.

Posted On 07/23/2020

agglebert

this thing is nothing but an overblown hoax with designs on you losing your freedom and standard of

living. for decades you have insisted on voting for soulless, immoral, and corrupt repubs/dems. for decades you have ignored the loss of civility and moral standards. you have indulged your children to the point of 5 year olds having their own phones. you have buckled under to the "state" which is owned by the ptb and whimpered in the face of the ridiculous political correctness narrative . what did you think was going to happen??? and now you have the result, a fake pandemic with the compliance of dem/repub pols destroying the economy with society and your well being next. sure, some of you have gotten it and some for years, but you are the very small minority. it's over. ameriKa is finished. soon your fear will be so great you'll be begging for vaccines and the feds to control every aspect of your lives. enjoy your guaranteed income and your enslavement. such a disappointment!!!

Posted On 07/23/2020

nojusticenopeace

Hi Agglebert. Agree with your post. I'm in California and I'm part of the small minority that have been aware of the authoritarian/police state slide for years. Indeed the sleeping masses bought the 9/11 story with all the security theater and loss of liberties and privacy(Patriot Act , NDAA) ect. The onslaught of drills gone live active shooter stories replete with terrible crisis acting and now virus theatre. I'm glad I homeschooled my child and he just finished university because it is a nightmare for students now. China seems to be the NWO poster child. The psychopaths are not just after the USA though imo but will probably have an easier time here pushing their agendas due to a majority trusting in MSM and corrupt organization like the CDC. Vaccines are a multi billion dollar industry and too many can't seem to make the necessary connections. Cognitive dissonance prevails.

Posted On 07/23/2020

Randyfast

Those 5 year olds will have brain cancer by the time they're ten!. I've seen mothers giving babies who can't even walk yet, their cellphones; to "play" with.

Posted On 07/23/2020

Jackaroni

Just got back from vacation, yep, I rebelled and left home on vacation to visit a number of National and State parks. I figured that being in the great outdoors should be pretty safe, but alas! Some parks, like the Rocky Mountains, were limiting the number of people allowed to visit, and reservations needed to be made well in advance. I've to the Rockies before and never considered it to be crowded. However, there were no such restrictions placed on the city of Estes Park, which was crowded, although masks were required. Where is the logic in that?

Posted On 07/23/2020

NikkiEagle

Home school communities will hopefully spring up everywhere. I found one for my daughter in seventh and eighth grade, and it was a fantastic experience. Not just the social aspect, with much smaller numbers of kids who were able to become closer with deeper interactions but also with the range of different lessons that she had. She was exposed to robotics when there was a local professional running a class for them for a couple of months, and it enabled her to develop enough confidence (a difficult thing for her) and enough interest to apply to the local vocational high school for ninth grade where she went into electronics shop and thrived. There is a lot to be said for this model.

Posted On 07/23/2020

nikkicavingrace

I have thought that small neighborhood sharing of education by parents would be a good idea. But I wonder if the powers that be would shut them down for not being licensed and having all the

regulations and requirements of being a school. I worry that they are going to outlaw all home schooling like they have done in some countries in Europe. To me this entire shutting down of the economy, the schools, the businesses, and the strange wearing of masks is about enslaving the populations to do what they are told or be terribly punished, like having their children taken away, be forced into being paupers if they are not compliant, to be forced outside of society for non-compliance. I thank God that my children are grown and that I put them into parochial school and not the horrible public school of indoctrination.

Posted On 07/23/2020

Jackaroni

As I mentioned in an earlier post, my daughter is in college and working as a student teacher. She has already passed all of her certification classes. She has been unemployed all summer as her usual summer job as a swim coach didn't happen due to all of the local pools being closed.

However, she has recently discovered that a lot of parents are looking for tutors to supplement the online classes. She is so excited! She will now have the ability to personalize lessons according to the needs of the child and not based on what the school dictates. She already has a couple of jobs lined up. If the school closures continue, I can see home schooling becoming more popular.

Posted On 07/23/2020

Itsmyright

Where we live they are insisting on the PCR test being done if you go out of the country or come in. I wish that Dr Mercola would look at the whole process. The swab is inserted right up to the end of the nose, it can be painful as people doing it often are not careful. But also, any bacteria or viruses at the entrance to the nose will be pushed all the way to the back thereby increasing the chances of getting more of the virus into the respiratory system. Or am I wrong, have there been any studies done into this?

Posted On 07/23/2020

stanleybecker

you sound right to me itsmyright

Posted On 07/23/2020

educatedmind

Well Itsmyright, I don't know what you consider 'to the end of the nose' but something you should know is those people doing the "testing" are getting on the job training. For the most part, they are not professionals. Getting a lab sample should not be painful. Then of course there is the fact that the tests are not valid for testing. The people telling you how to wear the masks and taking your temperature, for the most part, are unqualified also. These people are likely injuring people and causing infections as they injure tissue. The nose is an amazing system that runs its own type of infection control, yet you can injure your self by sticking things up your nose and as we have seen with cocaine abuse you can actually kill yourself snorting chemicals directly into the brain area causing a sort of electric short or destroying tissue. The brain is sort of the end of the nose you are talking about.

Posted On 07/23/2020

FNELLENBACK

We pretend to wear a mask well below our noses because I can't afford the fines for "noncompliance." What else are we supposed to do? I really can't breathe through the damn thing because I retain carbon dioxide from a chemical burn to my lungs on active duty but I've gotten guff about it.

Posted On 07/23/2020

agglebert

the fines are ILLEGALLY mandated. there are no laws that have been enacted to make it legal. in fact, in many states it is ILLEGAL to wear a mask in public. get a lawyer and sue the crap out of any authority that imposes a fine on you. and you in your case don't have to wear a mask because of medical reasons. check out the dictator of your state's order about medical reasons keeping you from having to comply.

Posted On 07/23/2020

nojusticenopeace

Try the plastic shield with the built in glasses. They allow for close to normal breathing and are OSHA approved. I'm in California which is a strict state due to the lie of surging cases while the hospitals are slow and laying off people. What a joke. In addition if you have a medical condition which includes anxiety you can be exempt from wearing a mask. HIPA laws are supposed to protect us from having to say what the condition is. Although USA Today and other sites are trying to say that is not true.

Posted On 07/23/2020

Randyfast

I'm no lawyer; but the "order" to wear a mask, doesn't specify 'how' you have to wear it. I'm thinking...around my neck!

Posted On 07/23/2020

jamNjim

As Randy just said!! I try to keep a mask on my body (wrist) because I often forget to put one on. Technically, I'm wearing a mask if it is on my arm.

Posted On 07/23/2020

oreo952

Watch videos regarding the law at thehealthyamerican.org.

Posted On 07/23/2020

educatedmind

get a medical release from your doctor fnellenback and have copies of it with you at all times. Or show the paper evidence of your injury.

Posted On 07/23/2020

Almond

It seems the majority of commenters believe home schooling is the best solution whenever possible. I agree. However, there comes a time when children may need laboratory classes, etc. It is likely to be a good solution for the grade school years. These are most important anyway. The home schooled kids I knew were exceptionally mature and excelled. When they matriculated into high school or college, they thought many of the students were just plain dumb and irresponsible. By some miracle, they seemed to find others like themselves. It is not possible for all parents to home school. At the very

least, I encourage parents to occasionally review a child's textbooks/materials and ask what they are being taught. Parents still need to supervise and be involved in their children's lives. They also need to teach what is omitted in public schools.

If several families were to go together, they could probably afford to hire a grade school teacher--that is, if a classroom facility could be provided. (libraries, churches, businesses with extra rooms) For large families, homeschooling may make even more sense. Doing everything at one location instead of having children spread out among many schools, esp. in isolated areas without bus service. Long commutes make for a very long day for students, too. Another option for older students, esp. with driver's licenses is to take college classes to also get high school credit. Meet with a college counselor to get guidance and also see what might be available for financial aid. If you worry about what to put in your child's lunchbox, take time to question what his head is being filled with, too. If you home school, can you avoid vaccination?

Posted On 07/23/2020

nikkicavingrace

People that are not vaccinating their children are now risking having them taken away. Which is evil.

Posted On 07/23/2020

Tionico

Our nation have devolved into one where the Supreme Exhalted Rulers define "truth" and "realitiy" no matter actual truth and reality. I am convinced Lewis Carroll saw our day, and wrote his fanciful tale about Alice to further mock us. I keep thinking of The Queen, Her Royal Haughtiness, who screamed "words mean exactlywhat I SAY they mean". The overall handling of this disease is a case study in Franz Kafka brought to life. NO amount of true science, truth, or scientifit PROOF of any of this has caused any government uffishul to change their predetermined stance.

With the IDIOTS in charge, they will force full time use of the filthy and dangerous Mug Nappies upon all the children. It is bad enough to observe an adult, walking along a sidewalk in full daylight, outside air temperature in the 80F range, not one other soul within a hundred yards, wearing one of the masks. Didn't anyone tell this mindless minion that the dread virus Roberts cannot survive more than a minute in such fresh sunlit, outside air? I've witnessed adults driving alone in a car, riding a bicycle, sitting on a bench by the lake, no one within half a mile all wearing masks.

Mindless minions marching in lockstep with the other lemmings, dutifully headed toward the cliff, "because covid". We are supposed to be a nation governed by the consent of the governed. WHEN will we get the spine to stand and say ENOUGH IS TOO MUCH? Only by withdrawing our consent to be so abused will things change. What if five hundred parents all attended a school board meeting, and as they smugly stand there and "inform" us of the torture and danger they wish to inflict upon our children, stand up as one and inform THEM something like "NO WAY. YOU WILL NOT SO ABUSE OUR CHILDREN WE WITHDRAW OUR PERMISSION FOR YOU TO SO GOVERN US. .I have embarked on a solo campaign to simply stand against the stupid distancing and masking rules everywhere. We "are supposed to" obey the masked in public mandates. I simply refuse. Calm!

Posted On 07/23/2020

Randyfast

I also refuse to be part of the insanity!

Posted On 07/23/2020

Krofter

Just when many Americans were learning about our amazing microbiomes and overcoming a fear of germs that had been instilled beginning with Louis Pasteur, we are now going backwards, teaching a whole new generation to become germaphobes.

Posted On 07/23/2020

sue2613

I have heard many stories from my family who went to school in the late 40s and 50s after the fear generated by WW2. There were so many children they had to attend in shifts, either morning or evening. They had constant drills of getting under desks in case of nuclear missiles, as well as outside drills. They were told why they did the drills. They did not turn out to be meek scared people, in fact they became stronger emotionally, and they are more responsible than most younger people these days. Adults need to be more aware of how they talk, children pick up on fear from elders. If the approach is positive but truthful and they let the children know they are in a special time, they will surprise us with their resiliency, compassion, empathy, and strength.

Posted On 07/23/2020

stanleybecker

this "special time" you refer to is FEAR

Posted On 07/23/2020

peter19

Surely by some definition this must be classed as child abuse (UN rights of the child? US law?). In which case surely properly orchestrated legal challenge should be mounted. Is no-one in America prepared to stand up for their constitution rights and do this? Or is the whole set-up so corrupt that it's actually not possible? (I write from Europe - I would expect the same situation to arise here at some point if it hasn't already). There is no way this should be tolerated in a 'civilised' country.

The rate of infection is an irrelevance. If a common cold had an infection rate of 100% but we all recovered (as most of us do) no-one would bother. What really matters is how many children (or

adults) become ill or die from the disease. And given the reliability of the tests and the skewing of the results, can we believe anyone's statistics?

Posted On 07/23/2020

mirandola

A) The right to life is constitutionally guaranteed. If education leads to the right to life and livelihood, then education is itself a guaranteed constitutional right. The right to life, liberty and happiness are constitutional guarantees. B) If these studies are true and kids really do not get or spread the disease, then the "Social distancing" (oxymoron) and mask wearing, and school closures, are proof positive of agendas afoot and not about the science or the illness at all. Anybody who thought anybody saying that it's about power and control, is a conspiracy theorist, need only look at the pure facts in this article. This article should be spread around widely, especially to education boards, school parent-teacher associations, and to politicians but also to the general public. It is time to break through the agenda at last.

C) "Humans need physical contact and social face-to-face interactions, and this is particularly true for children. At best, these remedies will lead to the creation of a generation of fearful germophobes. At worst, it may stunt their ability to function normally in social situations altogether." I believe it may go even deeper than that. Cut off the heart and what have you got? Bibbity bobbity boo. Heart-less-ness. Think about it. Love, friendships are the guideposts for healthy social interaction, and for the heart itself. Which later, translates to ethical conduct. The lack thereof, results in educated misconduct. Coached by none other than the government itself with the "Social distancing" ? Not on our tax dollars, no thank you.

Posted On 07/23/2020

agglebert

what constitution? that has been trashed for years.

Posted On 07/23/2020

sfishead

These studies do not say that children more resistant to infection or transmit covid-19 less once infected, just that they are less likely to be an infected person in a household. These were not studies but just observations. There are many reasons that children are infected less. They do not go out to work, go shopping , etc. as frequently as adults so are less likely to be in environments to get infected. I am disappointed that Dr. Mercola is referencing the types of flawed "studies" that he usually criticizes to support his viewpoint. Please note that I am a long term fan and follower of his but I do see this happening more and more in his articles.

Posted On 07/23/2020

stanleybecker

sfishead - you are all wrong - the reason children are not succumbing is that they are less vulnerable - your antagonism has no grounds other than your obvious prejudice

Posted On 07/23/2020

KYPKOBA

Why are kids, unable to attend school (and homeschooled) suddenly << stunted in their ability to function normally in social situations>? My 2 grandkids, 11 and 13, have been homeschooled from the start, and are thriving, academically, socially, emotionally --- you name it. The students in my college classes, who have been homeschooled did exceptionally well in class --- and later in life. (I followed their lives because of my grandkids ---- how did such kids do later in life....) Shouldn't we

base our opinions on facts --- facts from trusted sources.... sometimes these sources being first-hand knowledge.

Posted On 07/23/2020

kurlikew

I do realize the superior quality of homeschooling, but I am not in a position to do that. I am a single parent with not one, but TWO jobs and I must be physically present every day for those. I can't stay home with my child. Even to work with other parents who homeschool - and I don't know ANY, btw - I would have to take my turn at having the kids and helping them with their lessons, and I am not in a position to do that because I have to be at work. Right now I'm praying very hard that President Trump will make good on his promise to defund any public school that doesn't open for face to face learning!

My local school district is one that is planning on only opening for "e-learning" this fall. That was a complete disaster at the end of last school year, and will undoubtedly be again. I have shared many articles from many sources with the district clearly explaining the uselessness of continued shutdowns and the harm they stand to do to our kids, but they are not listening! Not only is this harmful for our kids, they are also putting working families, and especially single parents, at huge risk, because they are forcing someone to lose their job to stay home with their children! I and other parents too have posted on the school district website, and I myself have emailed both the commissioner at the Dept of Education and the Governor's office in my state asking them to help us get our schools reopened, but nobody seems willing to do anything (even though both those individuals claim they are 100% in support of complete school reopenings)! I am beyond angry and frustrated right now! I'm in south Florida, but I know lots of families everywhere are dealing with this issue. I would love to hear any suggestions anyone has about how we might make a push to force schools to reopen. I for one have had enough of these senseless lockdowns! >:(

Posted On 07/23/2020

nikkicavingrace

That is tragic and frightening and I am sure there are many many parents in your situation. My heart goes out to you.

Posted On 07/23/2020

barnaba

I liked the billboard in Indiana of the Amish father and son. Son asked why Amish did not have covid father responded because they did not have a TV.

Posted On 07/23/2020

epa1375

barnaba...and they probably didn't take the Trivalent nor the Quadrivalent Flu shot either for the last few yrs. I suspect that contained the Covid that is now spreading.

www.cdc.gov/.../quadrivalent.htm

Posted On 07/23/2020

stanleybecker

the point is that limiting one's Propaganda Addiction by not being actively and continually brainwashed by propaganda which feeds the FEAR - you will not invade your mental apparatus with viral fear and being healthy will not become a lethal disease

Posted On 07/23/2020

M.H.Deal

What will the august AAP suggest to school systems, especially in large cities like Chicago, where the juveniles have had months of free time to pillage - it takes a village to pillage - steal and thug, all learned behaviors, when they're once again corralled in the classroom? Recently, a Chicago elementary/middle school teacher was carjacked at gunpoint by kids of the age she taught. She was amazed and is now afraid to leave her house. If she returns to the "classroom", her fear from this experience will last a lifetime. The kids are learning all right but it's not the kind of "online learning" optimistically touted. But it is the new normal. Meanwhile, I want a tax rebate from those nonfunctioning schools which take 60+% of my property taxes.

Posted On 07/23/2020

Almond

We need to find some way to hold those who have the children more responsible for raising them and paying for their education. A pay-as-you-go plan. Senior citizens should not pay property taxes their entire lives to support schools, esp. if they do not have children. If parents paid, more children would be expected to get their money's worth from an education. Schools would also be more responsive to parents, too. As it is, govt overrules parental wishes because funding comes from govt. (The taxpayer has become invisible.) If someone wants to have 10 kids, that is their business--and their responsibility to raise them. -But I am tired of paying for their education, breakfast/lunch, sports teams, etc. When I taught school, the easiest school to teach at was in the inner city because truancy laws were not enforced. The students who showed up were motivated and saw education as a ticket to a better life.

The kids had a good handle on reality and understood consequences. We had a terrific principal and supportive parents. It made all the difference in the world. The worst school I taught in was a "country club" school. The families were well-to-do. Parents gave their children money instead of time and attention. The children were considered a reflection on the parent's image. So, teachers got blamed for everything. The principal was not supportive. If you flunked a child for cheating on a test, daddy would call his lawyer and threaten to sue. I even had one principal change his own

son's report card grades! Children did not experience consequences or understand reality. That is so sad because the child will never learn from failure until he has no one to cover for him. It can be quite a shock to learn lessons like that well into adulthood.

Posted On 07/23/2020

HealthiestChoices

Hi~ I, too, have complained loud and long about the school taxes, which right now in our state are outrageous. I know of other states which are MUCH lower than here. I grew up in this state but lived in several other states until the last few yrs. Two yrs. ago the town where we live tore down a lovely old school, and to the tune of a few million dollars, built a new HUGE one, along with a whole new HUGE parking lot. We all knew the taxes would go up. I never went to this school, had no children in this school, and feel as you, that as senior citizens, we should be exempt from these outrageous bills. The sad part is a new school was NOT NECESSARY! I kept asking why the old school was destroyed when thousands of old bldgs. are still used. Then I found out the reason behind it. Decisions had been made (by whom?) to allow a leaky roof to continue rather than put on a new one, so rotted beyond repair...let the old heating / cooling system quit rather than update, along with a LOT more needed restoration that was just 'let go' so it eventually became unusable. Politics can be evil~! And now this multi-million dollar school is going to be empty. Our tax dollars at work?

We worked hard all our lives and due to an insurance co. (unjustly) nearly wiping out our retirement, the school tax is doing a good job of depleting my SS. Since my husband died, it's become a real burden for me to maintain all and I've got a lot of necessary, costly upkeep here. Many Letters to the Editor in the paper complain that why should we have to sell the homes and all belongings we've worked for to prevent having to pay big property & school taxes? No matter...it won't be changed. I keep hearing I should sell the home I love in order to avoid all the taxes and upkeep, but I'm not ready for an apt. or senior home where we're fed junk meals. Complaints here will do no good, but at least we can vent, hoping somehow, the right person(s) might see and try to bring this to the forefront.

Posted On 07/23/2020

HealthiestChoices

Hi again, M.H.Deal ~ The story about the teacher is horrifying to be sure. Day by day, these riots have grown so fast and continue spreading. We're in a smaller community and early on, figured we might be somewhat immune to all this destruction, but there have been a few problems. Last wk-end many patrols were called in to protect churches and synagogues as they were expecting a neo-nazi group to start a riot. Today, Israel's Prime Minister Netanyahu's home is under attack. :-((

Posted On 07/23/2020

stanleybecker

Great Post M.H. - the School of Hard Knocks will become the graduating forum

Posted On 07/23/2020

gen6183

oh my g, my ulcer is starting back up this week after years of remis, last night I thought ' is the world going down the drain '

Posted On 07/23/2020

nikkicavingrace

I don't know what is happening. It is all bizarre. The science does NOT support any of this.

Posted On 07/23/2020

helpothers

I feel you. My sleep is crap as of late and I don't cry much but I want to cry all the time now. I got off facebook and I regularly take breaks even from my email as a lot of my email comes from people like mercola and others like him. It just gets to be too much. I have taken time to write my representatives/governor etc. since it makes me feel like I am 'doing' something and that helps me feel better. I struggle a lot when things are out of my control. I am trying to build a routine in the morning of tending my garden, play my piano, then do my meditation cd and then some mild yoga for a few minutes. Just some suggestions as the stress will kill us faster than this stupid virus. I am a supplement taker and I have an ND should I get sick so no worries there. But yes, the world seems upsidedown. I try to find something to smile about every day and look for the good around me - it's there if you look. Please take care of yourself :)

Posted On 07/23/2020

stanleybecker

PROTEST, PROTEST, PROTEST and then PROTEST some MORE

Posted On 07/23/2020

nikkicavingrace

How do we escape this mass delusion?

Posted On 07/23/2020

stanleybecker

didn't the Orwellian voice in your local supermarket tell you that "we're all in this together"

Posted On 07/23/2020

san8573

newsblaze.com/usnews/health/covid-19-no-vaccine-needed-there-is-alread..

Posted On 07/24/2020

stardustonthesage

OF COURSE THOSE PEOPLE WANT THE PUBLIC SCHOOLS OPEN. With each opening, comes massive vaccination programs, programmed learning, and all the State supervision they want! For the State and the AMA, what's not to like?

Posted On 07/23/2020

Nat

The whole situation is preposterous. It may be time for a well written petition from the people of the world, demanding the removal of restrictions, the protection of the vulnerable and that politicians and health officials responsible for this diabolical situation be held accountable. Surely there are enough intelligent people who can see through the facade of untruths and deception and would like to do something. A groundswell of public condemnation may turn the tide. There are so many, eminently qualified professionals speaking out but ignored. With our support and their knowledge there may be light at the end of the tunnel. I certainly don't want to submit without a fight.

Posted On 07/23/2020

taylorraine

Thank you for sharing my video about school reopening guidelines! It is such an honor to be featured on your website ❤️

Posted On 07/23/2020

chr69715

I don't understand why the good doctor did not reference the new research study out of South Korea this week being discussed in media. Korea has taken contact tracing seriously from the start using the latest tech and are working with way better DATA ..

"We showed that household transmission of SARS-CoV-2 was high if the index patient was 10–19 years of age..."

wwwnc.cdc.gov/.../20-1315_article

Posted On 07/23/2020

zumbacjg

Hi Almond, I'm one of those people who keeps a crumpled up mask in my pocket book. I pull it out to go into our grocery store —I live in a rural town with 1 grocery store— or Wal-Mart. I am so weary of this virus that I joke with my friends that I just want to contract it & be done with it. But I know it's not a laughing matter & can be deadly serious to some seemingly healthy adults, both young & old. My strategy to combat the virus is to stay healthy and because I've been reading Dr. Mercola's articles for years, I know to take v. D3 w/K2 & get direct sunshine as much as possible. I take enough supplements to choke a horse & include organic sulfur & quercetin & zinc from reading Mercola articles. We have a

vegetable garden & I try to buy organic fruit. Should the worst happen & I come down with a bad case of COVID-19, I would come to the hospital with a printout of the MATH+ protocol. I would have the printout because in this rural area, I would bet that not one doctor would know what that protocol is. I never had any faith or trust in our federal government & have lost all respect for the CDC. I am very grateful that Dr. Mercola takes the time to research & publish information about optimal health.

Posted On 07/23/2020

epi-cure

Hey all you rebels, here's a mask to compliment those political statement T-shirts you're wearing:

www.bitcute.com/.../jKTAD23I6d0v

Posted On 07/23/2020

stanleybecker

epi-cure what's more "proof" is part of science

Posted On 07/23/2020

LoriJean

In Ontario, Canada our Provincial Premier, Doug Ford, is hoping to reopen our schools this September. I hope he knows what he is doing. Since Premier Ford implemented stage 3 of opening up the Province for store, restaurants etc. for business, the numbers for Covid 19 are starting to go up again. They were on the decline until stage 3 happened.

Posted On 07/23/2020

epi-cure

Whether it's nutritional advice or running a province, you can count on Doug:
toronto.ctvnews.ca/video?clipId=1959642&jwsource=fb&fbclid=IwA..

Posted On 07/23/2020

stanleybecker

cases are NOT disease and tests are erroneously misleading

Posted On 07/23/2020

stardustonthesage

Of course the numbers are going to up in the beginning - - use your God-given brain man. The numbers, even after just a few short days, however, always go down, some of the numbers are lower than they were before!! Ditto for wearing the stupid masks - - it's been proven in countless ways showing the masks do more harm than good (hypoxia, etc), but no one is listening to the people who REALLY KNOW, they're too busy listening to ignorant politicians on tv, and doctors who are paid for each patient they diagnose with "corona" even if it's no where NEAR to being corona. Those people *the typical ones* are busy lying through their teeth - - and for every death, they're getting paid \$13,000 per victim. I wish I could find the article where I read that stat (about the \$13,000) but now I cannot find it. Gotta be out there somewhere though, I just don't have the time to look for it.

Posted On 07/23/2020

nikkicavingrace

I have never felt so hopeless about the future as I have since this mass delusion of covid with a 99.75% rate of recovery bringing about compliance to insane rules and regulations, distorting all human interaction and life. I really don't know where this is going, but it isn't someplace good. My friends and my spouse and I are determined to not allow ourselves to be vaccinated. We never get sick. And we watch people who line up for vaccination have a season of illness and watch as they age and deteriorate. We have been our own experiment with natural foods, healthy living. We can see that we may be punished in the future for not following the insane mandates of a medical/political/ corporate industrial complex.

Posted On 07/23/2020

NewlandsWanderer

@nikkicavingrace: Good luck and try and stay strong. Listen to bird song and appreciate the flowers and hug a tree or whatever cheers you up. Robert F Kennedy Jnr on his Children's Health Defense website is worth tuning into. He has just done an interview publically for the first time in 15 years (as Big Pharma hate him) in the public domain and he is showing that vaccines are very much to be avoided. I will try and get the link for you

www.youtube.com/watch?v=IfnJi7yLKgE&feature=youtu.be&Type=Ema..

Posted On 07/23/2020

stanleybecker

even before the arrival of the threatening NEEDLE you are in a state of FEAR - this indicates submission

Posted On 07/23/2020

Almond

Just a word to young people and maybe some older people too... Look for a job or career that you can do independently on your own, with a partner or in a family situation. You do not want to be overly dependent on one supplier. Find something necessary--a product or service that people will need to buy in good times and in bad. You want healthy working conditions. You need autonomy--a job where you control your own situation and make your own decisions. Something unaffected by trends and =changing social conditions. The product you market should, ideally, be produced on demand and not have a very short shelf life. Now, put your thinking cap on and make a list of jobs you can do in a rural area. I could start you off, but then you would be less likely to do your own thinking.

Posted On 07/23/2020

stardustonthesage

I used to have that sort of situation, because I provided day care for infants only (2 at a time) out of my own home. We live in a good-sized city, so staying busy was NEVER a problem until all this corona stuff happened and people lost their jobs and were staying home - not needing the service I provided and have been doing so for 30 years (come October of this year).

People who came to me for interviews were welcome to go all over my house and see if they liked what they saw and if they thought it was clean enough, etc. I'm not one of those people who goes nuts with "sterilizing everything". Kids NEED germs in order to survive, that's why they die from vaccines because they become nearly sterilized. But it's certainly clean, well maintained, and I provide a lot of baby and toddler activities, and usually keep the children here until they are age 1 or a bit more, depending on how ready they are to move on. It was great, but now it's a done-deal. There went my income, at the snap of a democrap finger.

Posted On 07/23/2020

jen3070

I just started a program to hopefully get me into just such a profession. Unfortunately at the rate I can take classes, it will be 5-6 years before I get done, because I can't quit my job to allow enough time for lots of studying. NOW would be better. If only I had done it sooner, but I didn't realize that was the direction I should head. I was considering it about 2 months before COVID-19, and this situation has only confirmed it as a good idea.

Posted On 07/23/2020

Almond

jen... Direction is more important than speed. if you persist, it will be worth it--in so many ways.

Posted On 07/23/2020

helpothers

In AZ there have been 99,836 tests given to people <20 yo. Of those tests, 17,490 were positive. 116 have been hospitalized. Deaths = 11. There are 7,378,490 people living here and ~ 1824400 are under 20 yo. $11/1824400 = .006\%$ So I'd say just let the kids go back to school. I personally think the risk is worth it - I'd send my kids to school. But most people would argue the teachers are at risk. 20-64yo deaths 825. It's still really a very small number (~.024%). I am sure there are more lethal ways to die in AZ. The reality is we take risk every day - some we recognize and some we don't. I am a homebody so most of this does not affect me yet(except for psychologically I am reliving my childhood of mental abuse being manipulated/controlled using fear), but it does bother me, the people who have lost their jobs/businesses, the isolation forced upon people, the effect it likely is having on our kids and the disaster that will soon be our economy. I am saddened that we can do everything we have for a virus but can't do the same to make our planet and ourselves healthier - we give plants what they need when that aren't doing well - soil, sun, water. But we can't seem to see that we need those same things. All

the effort for the symptoms, none for the root cause. :(

Posted On 07/23/2020

stanleybecker

PROTEST wherever possible hel

Posted On 07/23/2020

chieromancer

Medical professionals in the house, tell me if I'm wrong. Doctors and nurses don't wear masks through 8, 10, 12 hours of surgery. They have to eat and pee just like everyone else. So they will leave the operating theater for a few minutes, remove their masks, etc, then scrub back in. So any mask supporter who says doctors wear masks all day long, you can do is FOS. Stop this madness!

Posted On 07/23/2020

Horsea

The BS continues. "In New South Wales, nine infected students and nine staff across 15 schools exposed a total of 735 students and 128 staff to Covid-19. Only two secondary infections resulted, one transmitted by an adult to a child." That is because there is no "transmission". Children don't need to get flu. Microbes ('germs,' viruses, bacteria, etc.) don't cause any infection in any meaningful sense. I cannot prove this, but I suspect that the cluster of symptoms that constitute any particular infection is internally generated - nature's way of cleaning up unsound, sick tissue. Adults and especially very old sickly diseased people in nursing homes are "getting" flu because some of them are beyond redemption. There's too much degeneration to be dealt with, and either a severe form of infection occurs or the person dies - yes, DIES - because it is their time. Microbes are merely agents. No

"perfectly healthy" person will get a bad case of the flu or any other infection (Jennifer Aniston's friend). Lies, lies all around.

Posted On 07/23/2020

stanleybecker

my definition of Life - "you live until you die"

Posted On 07/23/2020

Almond

Who knows what to believe with all the lies being told? My thoughts are, just have your kid tested for serum vitamin D levels. If necessary, supplement until optimal. Then, send them to school and get on with your life. How terrible for many young people to lose the formative years of their lives. If we think it is nbad now having unsocialized people attached to their cell phones umbilically, just think what it will be like for children who have never know normal social interations. How much different life will be... no high school wrestling... no date night with the gang or going out for pizza... no playing with friends in the sandbox... no playground fights... no family reunion picnics... no workout buddies... The lives and development of many people will be stunted (physical, mental, emotional, spiritual)...

Posted On 07/23/2020

ianmac

There is no justification for ANY lockdown nonsense. YouTube still hasn't taken down the speech made in the Austrian Parliament in which he makes this point very forcibly by reference to Sweden.

www.youtube.com/watch?v=TMseRgpj2Es&fbclid=IwAR1vugMI57OzSZUiwpuzn..

Posted On 07/23/2020

Jackaroni

Thank you for sharing this video!

Posted On 07/23/2020

stanleybecker

speaking truth to power {in live action} - thank you for the link

Posted On 07/23/2020

darnaud

Remember that no researcher has produced electron microscopic evidence of the so called virus. No researcher has met any of Koch's four postulates: isolate, purify and replicate the virus, and then infect subjects with the virus and observe the same symptoms result as from the original alleged virus. Add to that a new study report that 5G causes the creation of viruses within cells. Go to thefreedomarticles website and read that article along with Stefan Lanka's article that contends that viruses are just toxic particles expelled from damaged cells trying to heal from damage. To me this adds weight to the detrimental aspects of masks, which cause you to reinhale the toxic particles your body was trying to expel. What fools we humans be! If we can do things wrong, we invariably do.

On mask wearing and reduced oxygen, I saw a video in which the researcher claimed that the lower blood oxygen saturation levels are not correctly interpreted. He claims that the amount of oxygen transferred to tissues from hemoglobin is controlled by carbon dioxide levels. So when the carbon dioxide level goes up from reinhalation, more oxygen is released from the hemoglobin resulting in lower blood oxygen saturation levels (the RBCs are empty of oxygen), but that adequate oxygen has been delivered to the tissues. I'm not a mask supporter; but, if true, the detrimental effects of mask

wearing are not as dire as reported in studies and might explain why more people are not passing out on the streets from oxygen deprivation. The focus should be on inhalation of toxic particles that spread infection from within.

Posted On 07/23/2020

stanleybecker

we are not designed to recirculate waste materials like expelled breath

Posted On 07/23/2020

epi-cure

A heads-up that there will be a debate this morning between RFK and Alan Dershowitz at 8:45 this morning (add 5 hours for GMT?), It's on youtube so watch it later is good too.

www.youtube.com/watch?v=IfnJi7yLKgE&feature=youtu.be&eType=Ema..

Posted On 07/23/2020

nikkicavingrace

Watched it. RFK was brilliant of course, but the most salient issue that came up for me was Dershowitz claim that a 1905 ruling by the supreme court supported mandatory vaccinations, RFK refuted that by pointing out that the man's refusal to receive that vaccination was the payment of a \$5.00 fine and not the forced injection of the vaccine. So Dershowitz contention that the government has the power to force-ably vaccinate you, is guff. I think he makes these controversial statement for attention.

Posted On 07/23/2020

stanleybecker

great passion from Robert and Alan is still sharp - so a very watchable discourse on vaccination that the polloi should view

Posted On 07/23/2020

Darzoum

Just completed--and at least for now, still online--RFKjr and Alan Dershowitz debate the vaccine issue: www.youtube.com/watch?v=IfnJi7yLKgE&feature=youtu.be&eType=Ema..

Posted On 07/23/2020

NewlandsWanderer

Thanks Darzoum - great debate. First time Robert F Kennedy Jnr has been able to express himself with main-stream opposition. He wins the debate hands down. Now let's hope Fauci, or some other Big Pharma "doctor" or \$\$ "scientist" will take him on.

Posted On 07/23/2020

stanleybecker

good interplay between two BRIGHT men

Posted On 07/23/2020

jen3070

Dr. Mercola, would you please discuss the differing evidence about oxygen levels and masks? There are also demonstrations that pulse oximeters show no difference in blood oxygen levels while wearing a mask, being used to debunk the idea that masks deprive us of good fresh air. Personally, I don't feel well after wearing one for even a grocery shopping trip, I have to wear dusk masks once in a while for projects and that has always been my experience. I have no underlying issues and normally have top excellent blood oxygen levels. If I had to wear one all day for work, I would have to quit.

Also, I work in a school and all the precautions they're talking about will stress ME out. It all drives this background feeling of fear and danger, something I lived with in my personal life for years and eventually sent me into serious adrenal fatigue (which after much expense and work with a fabulous doctor, I recovered). Trying not to get close to anyone and avoid interacting naturally will be extremely difficult. I fully believe it will be very damaging and stressful for students and staff alike. (I work in a private school and thankfully as of right now they are not going to require masks)

Posted On 07/23/2020

jud547

I cannot make any videos on your site work, spooky

Posted On 07/24/2020

katguy

This shutdown including the schools has nothing to do with a virus and everything to do with the election. Same for the race war and riots. We are being played left right and center.

<https://youtu.be/Q4TztulZx18> Watch the HighWire from this week and learn. chance of dyeing from CoVid19 today: 65+ 1- 500 45-65 1 in 2,500 25-44 1 in 16,666 0-24 1 in 250,000 Pedestrian chance of death walking down the street: 1 in 540 !

Posted On 07/24/2020

NewlandsWanderer

Anyone from the UK. There is now a petition to sign to stop the compulsory wearing of masks. Please sign if you agree and pass on. Thanks: [petition.parliament.uk/.../331430](https://petition.parliament.uk/petitions/331430)

Posted On 07/23/2020

lyonsksl1

If the levels with a N95 mask fall so low, why aren't health care workers passing out?

Posted On 07/24/2020

pwales

Interesting that surgeons can wear their masks for hours on end and don't keel over or be known to have poor judgement so mask-wearing does not seem to be detrimentally is increasing CO2 or decreasing O2. Please address this discrepancy!!!

Posted On 07/23/2020

epi-cure

A family member who had a heart valve replaced a few years ago was sutured with a generous supply of gauze still left in his chest cavity. I realize the surgeon's not the one who sews them back up, but he is the recipient of all the credit or blame.

Posted On 07/23/2020

KatFer

I've been asking this same question, over and over again, with no one able to come up with a reply. I also question how it is that countries that embraced mask wearing flattened their curve, if we are to believe that masks don't work. Once again no one has ventured an answer. I guess it is more fun to complain about the wearing of masks than it is to get the economy back on track, at least in the USA.

Posted On 07/25/2020

FJL

Hmmm... Aren't the kids already damaged from our gun loving culture? Still going through routines so they don't get murdered by the next psycho with a much needed AR-15 to shoot up their school? I don't know what a classroom in an Asian country looks like, but I know they have accepted masks much more readily. And they sure seem to produce smarter kids than much of this country. For every argument here, you can find an 'expert' with an opposite opinion based on fact. As we get closer to authoritarian rule and fascism, try to focus on the big picture. A libertarian society has never worked in the history of the world.

Posted On 07/23/2020

stanleybecker

what "society" has worked??

Posted On 07/23/2020

FJL

attn: Stanley We were once the envy of the world. Our society as a democratic republic with an economy based on regulated capitalism. Thanks to SCOTUS over the last 45 years, beginning with the Billotti v. First National Bank of Boston, and Buckley v. Vallejo, we have lost what made this society great and the latest result is the sociopath in charge. Money is speech, corporations are people... Bull S**t! If the outspoken minority here believe in conspiracies, so be it. I wear my seat belt, a helmet when I rode motorcycles, and I have and wear a mask now. Kids ARE dying, athletes ARE dying, and people of any age are spreading the virus. My gosh, what is more evident than Sweden compared to the other Scandinavian countries? Mercola has lost site of facts, perhaps partly due to Fox so-called news. And picking and choosing opinion articles as he and others here do, waste our time.

Posted On 07/23/2020

plainy

"Look up the references, read the studies. Try to really understand the data. Chances are, armed with science rather than mainstream media reports, you'll be better equipped to make your choice, and feel confident in doing so." I would like to read these studies, but although you mention them, you do not give a link or a name of the studies to do so.

Posted On 07/23/2020

swdhj1

It's more than that. Exosomics involves interorganism (and in some cases interspecies) exchange of exosomes, which can be viewed as a form of communication that enhances social bonding. Yes, close friends actually bond by exchanging genetic material through exosomes. Human touch and proximity enables this. The Coronavirus is structured like an exosome--a type of extracellular vesicle that transports genetic material between cells--although in the case of the Coronavirus, its contents are the viral RNA. In the future, geneticists may be able to detect who your close physical friends are by testing the genetic makeup of your epithelial cells--although this physical imprint may be fleeting with the rapid turnover of cells in the gut and lung lining. However, the signal of these interactions may be relayed to the brain, which may register more lasting changes. Exosomics is a study in its infancy.

Posted On 07/23/2020

sterowas

Really Dr Mercola? Now you post footnotes that show your contentions patently false? NO, NO, NO WRONG. There is absolutely NO evidence that, "Children rarely become infected and are far less likely to spread the infection than adults. Scientific evidence also conclusively proves masks do not prevent infection or spread of viruses" In fact your own citations clearly and convincingly provide evidence that is the opposite of your radical claims.

Results During March 5–April 8, 2020, 6369 laboratory-confirmed cases of COVID-19 were reported to CDPH; 64 (1.0%) were among children aged 0–17 years. Ten patients (16%) were hospitalized, and 7 (70%) required intensive care (median length of hospitalization, 4 days [range, 1–14 days]). Reported fever and dyspnea were significantly higher in hospitalized patients than in nonhospitalized patients (9/10 vs 28/54, $P = .04$ and 7/10 vs 10/54, $P = .002$, respectively). Hospitalized patients were significantly younger than nonhospitalized patients (median, 3.5 years vs 12 years; $P = .03$) and all either had an underlying comorbidity or coinfection. Among the 34 unique households with multiple laboratory-confirmed infections, the median number of laboratory-confirmed infections was 2 (range, 2–5), and 31 (91%) households had at least 1 COVID-19–infected adult. For 15 households with available data to assess transmission, 11 (73%) were adult-to-child, 2 (13%) child-to-child, and 2 (13%) child-to-adult.

Posted On 07/23/2020

NewlandsWanderer

@sterowas It looks like the virus doesn't like Swedish kids who have not missed any schooling. www.telegraph.co.uk/news/2020/07/20/keeping-schools-open-had-no-impact.. Corona virus deaths hugely inflated to keep the fear going and the vaccine makers happy, and in the USA you get more money for Covid, than possible Covid. And Jon Rappoport's blog points out that if you wear a mask and then get tested with (unreliable) PCR test you have an increased chance of testing positive. blog.nomorefakenews.com/2020/07/23/wearing-mask-cause-diagnostic-tests..

Posted On 07/23/2020

chr69715

Also honestly curious why the new S.Korean contact tracing study was not referenced in this article.

“We showed that household transmission of SARS-CoV-2 was high if the index patient was 10–19 years of age. In the current mitigation strategy that includes physical distancing, optimizing the likelihood of reducing individual, family, and community disease is important. Implementation of public health recommendations, including hand and respiratory hygiene, should be encouraged to reduce transmission of SARS-CoV-2 within affected households.”

wwwnc.cdc.gov/.../20-1315_article

Posted On 07/23/2020

KatFer

If I may play the devil's advocate here, I have a few questions....

1) Dr. Mercola and his girlfriend love to state that masks don't work and in reply to his girlfriend I've asked her how it is that the countries that embraced mask wearing were able to flatten their curves and yet in countries like the US they haven't. I've asked her 3 times and other folks 9 times and yet not one person cares to attempt a reply. Perhaps I'll have better luck here. Fingers crossed.

2) If masks are so guilty of depriving people of oxygen how can surgeons wear them without complaint for operations that last many hours? Also, I work in a research facility whereby my colleagues wear masks for each of their 6.5 hour shifts, 5 days per week, decade in and decade out and none of them have a problem getting oxygen, nor do they complain about being light headed or getting headaches. Do I work with 83 lucky people who coincidentally all have no issue with masks?

3) Why is the article about N-95 masks when Joe Q public is not being asked to wear that style of mask. Besides that, people who wear N-95 masks need to be fit-tested to make sure they have the proper size mask and that it fits correctly, so not practical for the public to buy.

I truly am curious to have a non-snarky answer to these questions, especially the one about mask wearing countries flattening their curves and now not wanting Americans to visit and make the cases go up. And of course people from countries that have flattened their curve don't want to travel to any countries that allow Americans in. Do Americans not want the curve flattening success of other countries? It truly boggles my mind.

Posted On 07/23/2020
