Big Pharma Wants to Put an End to Vitamins and Supplements

Analysis by Dr. Joseph Mercola ✔ Fact Checked

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July 19, 2022

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Big Pharma Versus Your Vitamins: Interview with Gretchen DeBeau

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STORY AT-A-GLANCE

- One of the latest attempts to thwart your ability to access nutritional supplements comes in the form of draft legislation that would require premarket approval for dietary supplements. In short, it would require supplements — which are food — to undergo the same approval process as drugs
- In the past, the drug industry and the U.S. Food and Drug Administration has tried to ban certain supplements, including vitamin B6 and N-acetylcysteine (NAC), by reclassifying them as new drugs
- Another strategy the drug industry has been using to gain a monopoly over the supplement industry is to buy up supplement brands. Just 14 mega corporations — many of them drug companies — now own more than 100 of the most popular supplement brands on the market
- This monopoly over the supplement industry gives drug companies enormous regulatory influence, and that's a way by which they could eliminate independent supplement makers who can't afford to put their products through the drug approval process. Indeed, it seems that's what the Durbin-Braun premarket approval proposal is trying to accomplish
- Take action to protect widespread access to dietary supplements. Contact your Senators and urge them to oppose the Dietary Supplement Listing Act of 2022, and its inclusion in the FDA Safety Landmark Advancements Act

In the video above Alexis Baden-Mayer, political director for the Organic Consumers Association (OCA), interviews Gretchen DuBeau, the executive and legal director for the Alliance for Natural Health, who in addition to being a lawyer also has a master's degree in applied healing arts, talk about Big Pharma's efforts to eliminate one of its greatest competitors, namely nutritional supplements.

One of the latest attempts to thwart your ability to access nutritional supplements comes in the form of draft legislation that would require premarket approval for dietary supplements. In short, it would require supplements to undergo the same approval process as drugs.

The Durbin-Braun Premarket Approval Proposal

A discussion draft of the legislation was released by the United States Senate Health, Education, Labor, and Pensions Committee (HELP) in mid-May 2022. As reported by Vitamin Retailer:[1]

> *"On May 17 [2022], the United States Senate Health, Education, Labor, and Pensions Committee (HELP) released a discussion draft of its legislation to reauthorize FDA user fees for drugs, biologics and medical devices package, which includes the controversial and divisive Durbin-Braun premarket approval concept and more that would be damaging to the industry, according to the Natural Products Association (NPA).*[2]
>
> *'The NPA is significantly concerned with Chair Murray and Republican Leader Burr who failed to reject the radical and dangerous legislation from Senators Durbin and Braun that would require premarket approval for dietary supplements and weaken key privacy protections of the Bioterrorism Act, which protects the dietary supplement supply chain,' said Daniel Fabricant, Ph.D. president and CEO of the NPA.*
>
> *'Last time I checked, dietary supplements are not drugs, biologics or medical devices, so why Congress or anyone supporting nongermane legislation that will only add costs to consumers who are doing all they can to stay healthy is extremely troubling.*
>
> *Groups who [sic] have supported this legislation, have stated there are protections for technical disagreements with the FDA like those with hemp, CBD, NAC, and several other products. However, if this legislation were to pass, it is abundantly clear these products would be eliminated from the market.'"*

For years, the drug industry, with the U.S. Food and Drug Administration's support, has tried to get nutritional supplements off the market. One of the most often used tactics has been to try to reclassify them as drugs.

Usually, they would target specific nutrients that stood in their way of profits, but legislation such as the Durbin-Braun premarket proposal would allow the drug industry to monopolize the market in one fell swoop.

Big Pharma Tried to Ban Vitamin B6

The fight over vitamin B6 (pyroxidine) is one example of how Big Pharma tried to eliminate a natural substance that stood in the way of a drug patent. In 2007, Medicure Pharma submitted a citizen's petition to the FDA in which it argued that any dietary supplement containing pyridoxal 5'-phosphate — vitamin B6 — were "adulterated" under the Federal Food, Drug and Cosmetic Act, article 402(f).[3]

In essence, Medicure wanted all vitamin B6 products banned, because they undermined the company's incentive to continue development of it's drug version of B6.

Medicure had gotten wise to vitamin B6's effectiveness against ischemia (inadequate blood flow), and decided to make a drug out of it by simply renaming the vitamin "MC-1." They entered it into the drug bank and then argued that B6 supplements contained "their" MC-1. The drug bank even admits the renamed vitamin B6, i.e., MC-1, is:[4]

> *"... a biologically active natural product which can be regarded as a chemical entity that has been evolutionarily selected and validated for binding to particular protein domains."*

The main reason why drug companies engage in this kind of sleight of hand is because once a substance is classified as a drug, you can jack up the price by 1,000% over the supplement's typical retail.[5]

FDA Cracking Down on NAC

Perhaps the most recent example of the FDA trying to shut down easy access to nutritional supplements was its 2020 attack on N-acetylcysteine (NAC). NAC has been a widely-used dietary supplement for six decades, yet the FDA suddenly decided to crack down on it in late July 2020 — right after it was discovered how useful it was for the prevention and treatment of COVID-19.[6]

According to the FDA, NAC was excluded from the definition of a dietary supplement because it had been approved as a new drug in 1963.[7] But if that was the case, why did they wait until 2020 to take action?

As reported by NPI at the time,[8] there were more than 1,170 NAC-containing products in the National Institutes of Health's Dietary Supplement Label Database when the FDA started sending out warning letters[9] to companies that marketed NAC as a remedy for hangovers.

Members of the Council for Responsible Nutrition also worried the FDA might start to target NAC more widely. So far, that hasn't happened, but Amazon immediately stopped selling all NAC products after those warning letters went out, whether the sellers marketed it as a hangover remedy or not.

Also, the selection of "hangover" for those warning letters seemed arbitrary at best. The fact is that several scientists had called attention to NAC's benefits against COVID, and shortly afterward, the FDA came up with this ridiculous excuse to limit the availability of it. It just smacked of conflict of interest.

Another Way Big Pharma Is Seeking to Take Over

Another strategy the drug industry has been using to gain a monopoly over the supplement industry is by simply buying up supplement brands. Nestlé Health Science, for example, has acquired Garden of Life, Vital Proteins, Nuun, Pure Encapsulations, Wobenzym, Douglas Laboratories, Persona Nutrition, Genestra, Orthica, Minami, AOV, Klean Athlete and Bountiful.[10]

Bountiful, in turn, owns brands like Solgar, Osteo Bi-Flex, Puritan's Pride, Ester-C and Sundown, all of which are now under Nestlé's control. The Bountiful brands alone generated net sales of $1.87 billion in the 12 months ending March 31, 2021, so the $5.75 billion agreement to acquire a majority stake, signed in August 2021, didn't necessarily burn a big hole in Nestlé's pocket. According to J.P. Morgan analyst Celine Pannuti, quoted by Natural Products Insider:[11]

> *"Through the acquisition of The Bountiful Co., Nestlé can build a 'leading position' in the 'fragmented category' for vitamins, minerals and supplements, which 'has delivered the highest and most consistent growth in consumer health care over the past 10 years.'"*

The 'Free Market Competition' Lie

In all, a mere 14 mega corporations — many of them drug companies — now own more than 100 of the most popular supplement brands on the market. The graphic below is from Neal Smoller, PharmD, the holistic pharmacist's website.[12]

It doesn't show the ownership of all available brands, but it gives you an idea of just how small the ownership circle has become. As noted by Smoller, many competing brands are even owned by the same corporation, rendering the notion of free market competition null and void.

14 mega corporations

Importantly, owning the lion's share of supplement companies puts the drug industry in a unique position to get rid of them whenever they so desire. They could intentionally make the company tank simply by cutting advertising, for example. Cutting quality could have a similar effect, while simultaneously cheating customers who rely on dietary supplements for optimal nutrition and health.

Most important of all, however, this monopoly over the supplement industry gives drug companies enormous regulatory influence, and that's a way by which they could eliminate independent supplement makers who can't compete financially. Indeed, that seems to be what the Durbin-Braun proposal is all about.

Supplements Have Phenomenal Safety Profiles

This new proposed legislation would technically ban most supplements, as few supplement makers have the financial resources required to meet drug approval requirements. The only ones with pockets deep enough to do that would be the mega-corporations.

Putting vitamins and nutrients through the drug evaluation and approval process would automatically eliminate many supplements from the market and result in higher retail prices for whatever remains. It would also allow drug companies to rename basic nutrients, label them drugs, and jack up the price even further.

We cannot let this happen. Dietary supplements are FOOD, plain and simple. They should not be treated as drugs, which must undergo rigorous testing to evaluate effects and safety. Supplements have a long history of near-spotless safety and don't need drug-style testing.

Supplements Are the Safest Foodstuffs Available

Deaths associated with use of dietary supplements are extremely rare compared to the death toll from prescription drugs, yet supplements are routinely singled out as being potentially dangerous,[13,14] either due to lack of testing, lack of regulation or both. The thing is, supplements don't need safety testing, as they are food, and they are, in fact, fully regulated.

In 2015, CBC News published a Marketplace report[15] in which they claimed a number of supplement makers had ripped off customers by failing to live up to the claims on their labels. Two months later, they had to retract the report,[16] when it was proven their tests were inaccurate. That's just one example of how the pharma-owned media tries to give supplements a bad rap.

> **"Nutritional supplements are the safest foodstuffs available; adverse reactions to pharmaceutical drugs are 62,000 times more likely to kill you than nutritional supplements."**

Meanwhile, in the real world, not a single death has ever been reported as a direct result of taking a supplement. On the contrary, data provided in a 2012 report by the UK-based Alliance for Natural Health International (ANHI), showed nutritional supplements are the safest foodstuffs available.

Your risk of dying from an herbal product or dietary supplement is less than 1 in 10 million, comparable to your risk of being killed by lighting. ANHI also calculated that adverse reactions to pharmaceutical drugs are 62,000 times more likely to kill you than nutritional supplements.[17]

So, the one thing that can be conclusively said about supplements is that they may be the safest category of any consumable product. On the whole, junk food and drugs are FAR more likely to harm or kill you.

What's more, lack of human trials does not mean supplements are unregulated. They're regulated by both the FDA[18] and the Federal Trade Commission[19] (FTC). The FDA regulates the finished product and individual ingredients, while the FTC regulates the advertising of supplements. So, while not regulated as drugs, but rather as a food, they are fully regulated.

Take Action NOW to Protect Your Supplements From Disappearing

Big Pharma Versus Your Vitamins: Interview with Gretchen DeBeau

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As noted by NPA president and CEO, Daniel Fabricant:[20]

> *"The war is far from over. We need America's health and wellness advocates to continue writing their members of Congress through the NPA Action Center. Grassroots involvement over the coming weeks is absolutely critical to defeating this radical and dangerous proposal."*

I join Fabricant in urging you to contact your senators and urge them to oppose the Dietary Supplement Listing Act of 2022, and its inclusion in the FDA Safety Landmark Advancements Act. A list of contact numbers can be found here. On that same page, the NPA also has a sample script with key talking points.

If you take supplements and you want to continue the freedom to take them in the future, it is VITAL that if you live in the U.S. that you let you representatives know. Not only would I email them in the link below (be sure to customize it and change it) but I would also call your representatives! It worked previously and will work now, but you need to be involved.

Alternatively, you can take action by sending an email. The Alliance for Natural Health makes it easy on SaveSupplements.com. Phone calls are more effective, but if for some reason you don't want to call, Alliance for Natural Health has created a prewritten email that will be automatically sent to the U.S. president, senators and representatives.

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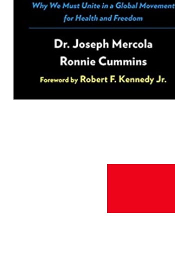

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by Doctor Joseph Mercola

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Retsbew
Joined On 7/26/2009 1:31:08 PM
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www.ourgreaterdestiny.ca/p/dutch-farmers-have-started-the-global?utm_s.. ***************** www.youtube.com/watch ***************** NOT Dutch farmers, BUT Swiss farmers pointed out the most wanted globalists (ZURICH). This is a fabulous idea and the most effective yet. Davos is in Switzerland, so they're no strangers to the Swiss. They've got their faces up on wanted posters. This is why I keep asking for the names of judges on any trials that have a bad result and are Covid-reset-hoax related. Judges feel safe because they're relatively anonymous. Publish their names and they'll start whistling another tune. THIS IS HOW YOU DO IT, NOT BY COWTOWING OR TAKING VICTIM POSITION. JULY 23, 2022 - FARMERS IN CANADA TRYING TO ORGANIZE A CROSS-COUNTRY PROTEST.

Reply | Mark as Spam | Posted On 7/19/2022 2:02:40 AM

Like | Dislike

mary.lucas
Joined On 9/23/2020 8:20:08 AM

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Thank you for sharing those links. Its brilliant to see so many people waking up and taking a stand. The Wanted posters are a great idea. Psychologists have recommended that one way to fight back is to make it personal. So focus on the individuals as they try to hide behind their organisations. The individuals will be horrified to have the finger pointed directly at them so naming and shaming is a powerful tactic.

Mark as Spam | Posted On 7/19/2022 4:47:43 AM

Like | Dislike

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juststeve
Joined On 1/5/2012 11:13:54 AM
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From your link & this is what they fear... We'll get through this The rare and natural timeline Earth is passing through as cycles within cycles of time come to a close, and debris from the past [harmful choices] is pushed to the surface to be cleansed [collapsed] to make way for a new era, signal everyone to seek inner wisdom to stay the course, unite with kindred spirits for support and prepare as best you can.

Mark as Spam | Posted On 7/19/2022 5:17:48 AM

Like | Dislike

Sanbruno69
Joined On 10/2/2021 8:49:58 AM
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thecountersignal.com/climate-policy-protests-go-global

Mark as Spam | Posted On 7/19/2022 7:38:00 AM

Like | Dislike

Cabochon
Joined On 10/7/2018 12:45:48 PM
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Best news so far, Retsbew, thank you, and it is doubly satisfying that Swiss farmers have exposed the mugshots of those who chose Davos for their criminal conspiracy meetings in Switzerland - traditionally neutral in war time. Were the conspirators admitting the beginning of WAR against humanity? Conspiracy to murder is surely a punishable crime in any civilised society. They say a picture speaks a thousand words and may finally open the minds of the victims of group psychosis and indoctrination. While their puppets in governments fear they are next for public exposure, while the sheople will surely be curious enough to find out who these people are.

Time to get printing and distributing, making posters and publishing those images of the devil incarnate's disciples. My only quibble is the missing faces - Rothschilds, Bilderbergs and Rockefellers, IBM and American presidents - Bushes, Clintons etc as well as business men who helped build concentration camps, bank chiefs who funded the Na-zi war effort and Operation Paperclip, plus heads of fake "vaccine" companies, graduates of Schwab's school of globalism - Biden, Boris, Blair, Brown, Starmer, Trudeau, Macron, Merkel, Ardern and the 100's of useful idiots who needed to be told what to think from Branson to my local grocery chain director.

The criminal cabal of Schwab, Gates and Co could not have committed their crimes without compliance of their stooges in national and local Governments, not forgetting Hollywood has-beens such as Leonardo di Caprio reprising his role as a con man in "Catch Me if You Can". Royal faces are missing - "Build Back Better" Prince Charles and the paedo, protected by her Maj. I agree, adopting the victim mentality leads only to the gates of Auschwitz or Sachsenhausen. Time to fight back.

Mark as Spam | Posted On 7/19/2022 10:06:29 AM

Like | Dislike

Dordee
Joined On 5/22/2012 12:47:41 PM
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What cme of the truckers protest in Ottawa? It seems Canadians are taking the front line in this disaster. The US needs to take up the flag and start putting their actions where our mouth is. How can they require strict testing pre sale for vitamins, supplements when they do not require them of vaccines? How can they justify their actions???

Mark as Spam | Posted On 7/19/2022 11:45:47 AM

Like | Dislike

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dividingcricker
Joined On 2/25/2012 10:40:20 AM
Add as Friend | Send Message

Need a new deck of cards wanted dead or alive ...before we are all.dead or dying

Mark as Spam | Posted On 7/19/2022 12:36:39 PM

Like | Dislike

Nadine17
Joined On 6/20/2006 1:38:15 AM
Add as Friend | Send Message

You go Girl. Great post!

Mark as Spam | Posted On 7/19/2022 11:19:36 PM

Like | Dislike

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juststeve
Joined On 1/5/2012 11:13:54 AM
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Huh? Legislation requiring premarket approval for dietary supplements. In short, requiring supplements to undergo the same approval process as drugs. Really? So, what Institutions do we need to take over or bribe. Can we get Emergency Use Authorization being as many of these once naturally occurring in nature or in foods fall short because of Industrial Farming Methods and Process Food practices stripping them out of products. After a smattering of heavily redacted evidence from Pfizer itself, does this mean useless rigged phony safety & efficacy trials? Medical Mafia Monopolies just pulling out of the Global Monopoly's playbook of the usual cheats. Financial, legal cheats, buyout any real competition billed as protecting the public. Such maneuvers are not Capitalism, Free Trade or Competition. They cannot stand competition and so have expanded their monopolies globally by using these tactics.

Reply | Mark as Spam | Posted On 7/19/2022 4:34:43 AM

Like | Dislike

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mirandola
Joined On 6/27/2014 7:00:58 AM
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I call for the life imprisonment of those who try to make it hard for the supplement and herbal industry to make, grow, manufacture, and/or sell their products. Anybody who tries to interfere with human wellbeing is committing a violent crime. To hasten death is legally, murder according to the California Bar Association. According to the Poison Control Center, there are 0 deaths per year from supplements. BigPharma's drugs are not for everybody, and many rely on supplements and herbs for their health.

Mark as Spam | Posted On 7/19/2022 7:01:14 AM

Like | Dislike

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ghfinn
Joined On 2/9/2016 7:51:02 AM
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WHAT! They actually pre approve drugs or pretend to. But their commercials, I hear from distance, warn of heart attack, blood clots, strokes bla bla on and on, every one.

Mark as Spam | Posted On 7/19/2022 7:24:06 AM

Like | Dislike

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rrealrose
Joined On 11/10/2011 8:59:01 AM
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Steve, May be better to take this "attack" as yet another inversion of actual market conditions. A good reason why these supplement companies were bought up by Big Pharma? These are being used as a hedge, as new drugs are so expensive and time consuming to bring to market, supplements may be their planned route out when more people wake-up to toxins they are currently being exposed to in their 5 to 10 daily medications...many of these corporations may find themselves in free-fall in the not too distant future. Therefore the D!ck Durban attack, nevermind most members in the US Congress are taking supplements. Way too heavy handed because these big boys can afford to pay the FDA for pre-approvals for their mostly low-quality supplements? Nope, on other side of the coin, looks like a backdrop for a FDA financial safety net, and bizarre.

Mark as Spam | Posted On 7/19/2022 11:27:11 AM

Like | Dislike

Dordee
Joined On 5/22/2012 12:47:41 PM
Add as Friend | Send Message

Well said!!

Mark as Spam | Posted On 7/19/2022 12:07:46 PM

Like | Dislike

Cabochon
Joined On 10/7/2018 12:45:48 PM
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Natural substances cannot be patented, Steve. That is the crux of the whole matter of big Pharma's war against the natural supplement industry. You cannot take a patent out on fresh air, or vitamin C or D, etc. That doesn't stop big Pharma trying, of course. I remember the nonsense about stevia several years ago. First they got the product reclassified as a drug or some similar tactic resulting in stevia being removed from the shelves of health food stores. Then, sensing big bucks from marketing a product that could supposedly benefit the diabetes industry, they reformulated it as a concoction under a new name for artificial sweeteners.

Splenda, perhaps? Dr M has written the truth about artificial sweeteners which do NOT benefit blood sugar control and in fact intensify insulin and leptin resistance as well as the GMO factor inherent in these products. Interesting side story on stevia rebaudiana. Some research indicates its role in combatting borrelia burgdorferi, the organism transmitted by various vectors causing lyme disease.

There are reported by some trusted authorities on the subject to be two origins of lyme disease - one a naturally occurring one that has existed for possibly a thousand years or more - the other, a now world wide, lab engineered gain of function version which may result in fibromyalgia, chronic fatigue syndrome, and elements of prion disease. As always, there is a convoluted, tangled web of deception and silence from official and pharmaceutical sources. pubmed.ncbi.nlm.nih.gov/26716015

Mark as Spam | Posted On 7/20/2022 3:28:32 AM

Like | Dislike

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juststeve
Joined On 1/5/2012 11:13:54 AM
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Everybody is spot on. Can't compete, buy out the competition to take over to replace their old we got a pill for that crap, then turn what they took over back into we got a pill for that crap. And, this is what is so troubling. The drive to patent everything, to own and control everything. If you've had a blood test of any kind, most likely some lab somewhere is playing with it and if they can exploit it, claim they own your genes.

Mark as Spam | Posted On 7/20/2022 5:59:15 AM

Like | Dislike

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chiaromc
Joined On 2/9/2019 12:32:22 PM
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The FDA has been and still is the most corrupt government agency in existence. They have perpetuated the unhealthy American diet to favor the profiteering drug companies that swoop in with their treatments for the ills caused by this diet. Once on their track of pill popping, people rely on this evil system for their health and well being which is a joke. Disband the FDA!

Reply | Mark as Spam | Posted On 7/19/2022 5:31:53 AM

Like | Dislike

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bcincda
Joined On 3/13/2022 6:20:19 PM
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They are Big Pharm, (Accidentally first wrote Pig Pharma) protecting the hen house. Your taxes are just the pay raises.

Mark as Spam | Posted On 7/19/2022 10:14:04 AM

Like | Dislike

Jeremiah.8
Joined On 5/31/2022 10:37:50 AM
Add as Friend | Send Message

Absolute truth.

Mark as Spam | Posted On 7/19/2022 10:41:57 AM

Like | Dislike

RedRavenSounds
Joined On 8/9/2021 12:25:52 PM
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Years ago I was doing security (IT) work for the govvy's - I got assigned a job requiring me to go to the "Efff Deeee Aye" office in the District of Corruption. I was curious when it requires a classified visit request, and when I got there it was so locked down tight (physically) - it felt like a secure DoD facility. It kreeped me out so badly that I packed up and left - I was let go when I returned (I never looked back). THAT was the LAST thing I have done for the feds - I want NOTHING more to do with them, regardless of agency. WHY was the "Efff Deeee Aye" locked down so tightly? Now years later, I think I know. They, like most all fed agencies are corrupt to the bone and absolutely evil, at the top and management. We would be better off if an organized crime family ran the government. God Bless.

Mark as Spam | Posted On 7/19/2022 12:35:51 PM

Like | Dislike

Dordee
Joined On 5/22/2012 12:47:41 PM
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In 2000,GMO, RoundUp caused my lymphoma, gave me 3 months after 4 of their chemos. Went organic, relied on God to lead me to the right people herbs, and in 2001 was in remission. Still going strong. How do they explain that???

Mark as Spam | Posted On 7/19/2022 1:33:28 PM

Like | Dislike

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san5129
Joined On 5/16/2021 4:10:10 PM
Add as Friend | Send Message

I think ALL of the 'alphabet gestapo' agencies need to be disbanded. *ALL* of them.

Mark as Spam | Posted On 7/19/2022 3:06:04 PM

Like | Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

No food and no supplements. BREAKING NEWS: 60,000 tons of Sam's Club, Costco, Walmart frozen food destroyed... whiskeytangotexas.com/2022/07/17/60000-tons-of-sams-club-costco-walmar.. www.stevequayle.com/index.php When there are too many coincidences, it is not a coincidence. Producing your own food used to be considered responsible behavior. You provided for your own household so you would not become a burden on society. Since the world got turned upside down, many now claim it is hoarding and those who have not worked to produce it demand a share of what others have worked for.

Why would they want your g-ns except to enslave you so you have no recourse against tyrants? A first step is to starve the people into submission and encourage them to turn on others creating chaos and division. Consider how easily those in power could destroy your (frozen) food supply simply with a prolonged power shortage. That is a good reason to set aside a quantity of shelf-stable foods. Another advantage is that, if necessary, many of these foods do not need to be heated.

Others may only require cooking with water. Perhaps the greatest value of owning a generator would be to keep your freezer running until you can can the last bit of meat and fish, if not other foods. We are now seeing freezer failures just like we previously saw food production facility fires. Have the fires suddenly stopped? Have not heard of any in a few days now. How curious. Here is the news about the Amish farmer the govt wants to shut down. Who is next? Is what we eat really any of the govt's business? www.youtube.com/watch

Reply | Mark as Spam | Posted On 7/19/2022 12:22:53 AM

Like | Dislike

CarolyneMas
Joined On 3/22/2021 1:47:16 AM
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There was a freezer failure at the Walmart in Douglas, AZ, not long ago. This was followed by a loss of power the next time I was there. Never understood why a big company like that would not have a generator. @juststeve, I am off grid and have a propane fridge. Propane is crazy expensive now, tho'.

Mark as Spam | Posted On 7/19/2022 3:20:17 AM

Like | Dislike

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juststeve
Joined On 1/5/2012 11:13:54 AM
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Starvation - the quickest way to Divide & Conquer to Rule. Peddling the Bull Spit gardening might expose one to germs & a heart attack. Dirty, filthy food gown in soil instead of labs. A germaphobe's delight, chemical soaked, artificial food like substance void of life, but hey, no germs, woo hoo. Refrigeration - for where it may apply. Spring or creek boxes can be made to hold food stuffs. With moving waters, boxes of metal is good as it transfers the coolness to allow cool water to move around your goods without soaking them was often used in the past.

Some protection from animals especially in the wilder areas would be good. People kept their bacon, eggs, milk in them and they served a use similar to a refrigerator. Spring houses, leftovers on the residues of old homesteads had spring houses to hold their milk until pick up. They would have a few trout in them to keep the water clean. If they could keep milk good, they could keep certain staples good too. While not freezers, we still have a few communities here who celebrate the old ways, a town event, to cut ice in the ponds into blocks to put in barns. Once upon a time the blocks were packed in sawdust to slow down the melt so as to last through till fall for food storage.

Fans of older black & white movies & shows will remember the ice boxes in the homes. Basically an ice chest built like a fridge, ice blocks on the bottom and pans to catch drip run off, keep things safe to use. On field trips into wilderness areas, a pit lined with rocks & peat moss covered with a wet cloth keeps goods cool for temp situations. No doubt there are more ways to store foods not dehydrated or canned. Refrigeration off grid. www.youtube.com/watch

Mark as Spam | Posted On 7/19/2022 5:39:16 AM

Like | Dislike

otis101
Joined On 7/15/2016 6:30:32 PM
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Concidences always favor globalists. The globalists. www.youtube.com/watch

Mark as Spam · Posted On : 7/19/2022 9:21:15 AM
Like · Dislike

Almond
Joined On 3/26/2008 4:23:33 PM
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juststove... Recalling a number of years ago, a frugal elderly couple asked us to winter if we wanted some apples. She went out to their yard in a shady area near their house, removed a sheet of plywood, then a rug to expose a garbage can that had been buried in the ground in a bed of straw. There was dry straw inside between layers of apples. For short term food preservation, hang a netted layered box in a breezeway and cover with a damp towel. We still have a dozen nice onion in cold storage from last year. Have found that Stuttgarter keeps extremely well. Just ate our last carrots a couple weeks ago. Cannot leave them in the ground in our climate. I still have crock pickles keeping well--will not make more for at least another month or 2.

Cold storage may be the best and easiest for many things. Canning for long term. Smoking, salting, sugaring, tanding in, dehydrating, pickling, fermenting. Hydroponics, the problem was to just extend fruit preservation for a few weeks until a quantity could be eaten up. Yes, food returns in spring, but not the abundance that we see at fall harvest time. Many people only think of winter food, but questions of stored food have also been needed until June in a cold climate. Some foods are abundant in spring, but not everything. Look for recipes for what you have, though...asparagus, wild mushrooms greens, rhubarb, ramps, eggs, etc. Fresh fish. We were even blessed into pierries this year. You can do quite a lot with these and eat well.

Mark as Spam · Posted On : 7/19/2022 12:49:03 PM
Like · Dislike

Almond
Joined On 3/26/2008 4:23:33 PM
Add as Friend · Send Message

Hard to imagine being criminalized for responsible behavior and helping others. History repeats. My now deceased relatives were imprisoned in Germany (WWII) for feeding the undesirables. As a farm family and one of a generation of burgomeisters, they felt a responsibility towards the starving local citizens. Their crime was letting them live in their barn and feeding them. Not working was not an option in the days before social services. Everyone had to work and it was also considered a crime to make hungry people work. There was no money and it kept them starving. Not as abusive as it sounds as it was not unusual for some people to sleep in barns a century ago. Esp. the teenage boys and teen men. Hobos also slept in the barns when they came to work. I still have a photo of the family farm in Germany. A small house with a thatched roof.

Mark as Spam · Posted On : 7/19/2022 12:54:55 PM
Like · Dislike

Almond
Joined On 3/26/2008 4:23:33 PM
Add as Friend · Send Message

People everywhere are revolting... www.youtube.com/watch

Mark as Spam · Posted On : 7/19/2022 12:33:59 PM
Like · Dislike

Dordee
Joined On 5/12/2012 12:47:41 PM
Add as Friend · Send Message

Because of extended high heat, deer, other wildlife are eating our gardens so to quote a neighbor, deer eat my garden, I shoot them, can the meat to eat. Plus there is always foraging for weed foods/meals. Many today were not lucky enough to learn from grandparents how to forage, recognize wild foods/ meals. Grandfather learned from old medicine man to use mullein leaves as a chest plaster for respiratory problems. Never failed Wild prickly lettuce was boiled over low heat into a salve steps pain as well as morphine with no side effects. As God said in the Bible, he gave us what we need, we just have to seek it and use it. Depending on the grid or generators is only as good as long as the fuel lasts. What happened to root cellars, spring houses, canning, drying.

My grandparents did and raised 6 children through the depression and WWII. Also a lot of dried beans, had a cow for milk, hog, chickens for meat and raised a garden that they canned. No steaks, lobster, exotic foods, fancy restaurants, but it kept them alive. No freezers even after Bagwell Dam was built because they could not afford it. Water from the creek, well, no frig or freezer, lights / mother went thru hub cyclist doing homework by kerosene lamp). Husband is school, carried home laundry from towns people, washed it in wash tubs with washboard and then helped iron it so could take back to people next day. We need to prepare for the coming "hard times".

Mark as Spam · Posted On : 7/19/2022 12:34:23 PM
Like · Dislike

Almond
Joined On 3/26/2008 4:23:33 PM
Add as Friend · Send Message

Dordee and all... Many people in the cities will never be able to become totally self reliant because they do not own the land under their feet. It is still no excuse not to do things to prepare. Expect the next manufactured crisis to make things even worse. If there are limitations on energy, food will not get planted/harvested/processed/canned and reach markets. Energy is what drives a modern economy. There will be many other losses as well. Just consider everything you do in a normal day that requires gasoline of electricity. Hope you ever tried to live in a place where there was only electricity for a few hours a day? Or camped out in a cold climate?

Mark as Spam · Posted On : 7/19/2022 12:40:23 PM
Like · Dislike

juststove
Joined On 1/5/2012 11:13:54 AM
Add as Friend · Send Message

Almond perfect examples of other ways to do things. Some can or will do this just for the independence, hopefully enough of us will be around to remember those who will need it if SHTF. Also? What the hell is she yipping? Doesn't matter much, I was sold when I heard Johnny Cash. Dordee so nice additions too. CanDyMeAs, we've had a few empty shelves and freezer sections shut down in the bigger outlets. The freezers stuff has mostly come back on line. But the trucks lined up in Texas to take beef to process is very troubling. Keep in mind, most anything harvested today, or this year won't be seen on shelves until as late as three years from now. The inventory is most likely way lower than usual as the fertilizer shortages were started way before the whole Covid Farce. The REIT/Gates/Fauci Fraud pulled the plug one not over two years ago and is a snowball rolling down the mountain getting bigger as it goes on. Prepare while we can.

Mark as Spam · Posted On : 7/20/2022 6:11:57 AM
Like · Dislike

Almond
Joined On 3/26/2008 4:23:33 PM
Add as Friend · Send Message

juststove... You make a very good point. Many people do not understand that frozen foods, especially, may already be 3-4 years old before they reach supermarket shelves. One example is a certain brand of orange juice where inventory is held back in case of a bad harvest year. I had a friend who worked in the food industry in food science. It was her job to make food taste fresh. That is why you see labels euphemistically referring to things like "fresh taste". She quit in disgust and told them if they wanted the food to taste fresh, maybe it should be fresh.

So, the point of the story is to let you know that when the food you are buying is close to the expiration date, food supplies are being drawn down dangerously low. When inventory is exhausted down to the present year, food is running out. Also, consider this. In a worst case, food may already be 4 years old before it is packaged. Then, there may be another 2-4 years until the expiration date is reached. That could make the food 6 years old by the time you use it. It is cheaper for companies to fulfill bureaucracy requirements for the 2 year date. Even if we have a good harvest, there are not enough food packaging materials avail to preserve it for market.

(paper, plastic, metal, glass) On the labor to harvest and factories to process it. Or an efficient distribution system to deliver it. Next spring will see a shortage of seed and starter animals not to mention food, etc. The immediate solution is your own community-based, and self-food sources or garden and reusable canning lids with a pressure canner, etc. Cold storage, etc. Put up whatever food you get when it is avail as the following year, there may not be any.

Mark as Spam · Posted On : 7/20/2022 12:25:18 PM
Like · Dislike

jamMjim
Joined On 2/25/2008 11:15:56 PM
Add as Friend · Send Message

This is already happening in other countries. We (wife and I) spend $1,200+ worth of supplements a year to my mother-in-law in S. Korea because she can't get them there. Either they are banned, are too expensive, or you have to have a prescription. It's mind blowing because when I first went to S. Korea in 2006 you didn't need a prescription for anything except hard core drugs like opioids. For example, if you had bronchitis or some other infection you could just walk into a pharmacy and request antibiotics and they would give them to you. Meds there were cheaper without insurance than they were in the USA with insurance. Now they no longer sell any prescription meds direct from the pharmacist to the consumer.

You have to get a prescription from a doctor (just like the USA) and now they are doing the same thing with supplements. Even the supplements they do sell OTC are so expensive you can't afford them. I figured it wouldn't be long before the USA does the same thing. Big Pharma is going to get their money from everyone one way or the other! Now it appears that Pfizer is on the government payroll because our taxes paid for the vaccines that make them filthy rich. The only and it right is a revolution. I'm sorry to be the bearer of bad news. No one wants a revolution, but this tyranny is never going to end otherwise. They will continue to trample on the constitution until it has no meaning.

Reply · Mark as Spam · Posted On : 7/19/2022 6:50:42 AM
Like · Dislike

auguie123
Joined On 11/26/2014 4:12:47 PM
Add as Friend · Send Message

A friend works for a S. Korea company in the Pacific rim - when he flew back in during covid he tested positive and they S.K. kept him in quarantine with horrid conditions for weeks until he tested neg. sounded like China b.s.

Mark as Spam · Posted On : 7/19/2022 11:29:26 AM
Like · Dislike

Dordee
Joined On 5/12/2012 12:47:41 PM
Add as Friend · Send Message

Used to in Korea as in all countries, you could gather herbs, etc. to cure a cold, etc. Now they tell us they are full of germs that can kill us. They grow in and and it is full of germs. Sadly many believe this and now site for disenchiasis with antimicrobial heads that kill the bad germs hiding in your pipes, shower. They want to make us completely dependent on them not for cures, but control of symptoms. Eventually their meds will kill us with 3-4 different diseases.

Mark as Spam · Posted On : 7/19/2022 1:29:29 PM
Like · Dislike

katodogoco
Joined On 1/1/2011 2:56:59 PM
Add as Friend · Send Message

"off topic post" Recently a friend at work lost his newborn son who unfortunately was born with deformities and couldn't sustain its life. I asked if he was having a service for his son. He replied he'd like to but the funeral homes are booked out 3-4 months. Or Nevada and others are right there are far more deaths happening than are being reported on the news or made available to the community. I live in Tulsa OK with over 400k ppl. We have the facilities, hospitals and the graveyards there's no lack in the ability to timely care for those who have passed unless the system is quietly being overwhelmed with non-repercussions. Is anyone else experiencing a delay in burial of a deceased friend or loved one?

Reply · Mark as Spam · Posted On : 7/19/2022 4:57:11 AM
Like · Dislike

dan6458
Joined On 8/25/2009 9:10:06 AM
Add as Friend · Send Message

I don't have direct knowledge, or specifics, to be able to answer your question. But I sure do hope that either you or your friend are able to find an answer to that question. Is there a new and very significant problem with Scarcity in this state? Being able to have basic service from funeral homes, that is. Knowing the overall bigger picture to things, can help to bring a little more peace of mind to a person who is suffering a loss. A medium (small degree) of comfort, is what I have been. I'm sorry for your friend's loss. Some things in life are hard to make sense of.

Mark as Spam · Posted On : 7/19/2022 7:14:21 AM
Like · Dislike

jamMjim
Joined On 2/25/2008 11:15:56 PM
Add as Friend · Send Message

Life Insurance companies have been blowing the whistle on this for more than a year now, but MSM and even Fox refuse to cover it. CNN (Fox derivative) was one of the few reporting this and AT&T CANCELED my contract! So if you are an independent news organization focused on just reporting the FACTS, you get CANCELED! If you don't go along with the population reduction narrative! Here's just one of several insurance companies calling out the obvious: www.visionlines.com/2022/01/04/40-percent-more-18-to-64-year-old-workc...

Mark as Spam · Posted On : 7/19/2022 7:28:28 AM
Like · Dislike

readrose
Joined On 11/10/2011 8:59:01 AM
Add as Friend · Send Message

Saw this headline the other day, did not have time to look into it more (usually someone corroborates), see what you think: "Coffins for Children Ordered in Bulk, First Time in Over 20 Years" - nerfoundation.com/coffins-for-children-ordered-in-bulk-first-time-in-...

Mark as Spam · Posted On : 7/19/2022 9:56:28 AM
Like · Dislike

IzzyKitty
Joined On 4/9/2020 10:54:30 AM
Add as Friend · Send Message

Hello Katodogoco. I live in Kansas, when my mother passed last Feb 2021 our funeral homes were not backed up at all. However, when I ordered the headstone I was told it could be 6 months to a year before it would be ready. And they were right about that, it was almost a year. The company they use is in Kansas City. Along with this statement the gal also said the wait times are getting longer and longer. IMO there is definitely more going on than what is being reported in this state.

Mark as Spam · Posted On : 7/19/2022 10:09:07 AM
Like · Dislike

katodogoco
Joined On 1/1/2011 2:56:59 PM
Add as Friend · Send Message

Daniel6458, the answer is in the links below shared by jamMjim and readrose. Thank you for your condolences. The father, my coworker is not taking it well. Jim I recall reading about insurance companies starting more working aged people were dying from unexplained deaths. I figured they're worried about going out of business after having to file bankruptcy. In my city I've noticed people are returning to masks more frequently I hope it doesn't become a thing again. The sheep are annoying.

Mark as Spam · Posted On : 7/19/2022 10:22:51 AM
Like · Dislike

RedRavenSounds
Joined On 6/9/2021 12:25:52 PM
Add as Friend · Send Message

I would monitor Del Bigtree's channel too on Rumble. He and his team are aware of this. BTW, don't ever use Ewe Tube - its for the sheep. Courage Peace and Love.

Mark as Spam · Posted On : 7/19/2022 10:29:12 AM
Like · Dislike

katodogoco
Joined On 1/1/2011 2:56:59 PM
Add as Friend · Send Message

IzzyKitty, I'm sorry to hear of your mother's passing. We've all seen amazing bits coming from sources that we rely on for the truth. Unfortunately these current deaths will be covered up and reduced in the same way covid deaths were exaggerated and inflated to induce fear and we-nation. Stay well. :)

Mark as Spam · Posted On : 7/19/2022 10:31:36 AM
Like · Dislike

Beenthereandmet2
Joined On 7/19/2011 12:47:57 PM
Add as Friend · Send Message

I can't remember where I read it, but I recently saw an article about the Life Insurance companies are hemorrhaging $Billions and I know they're not bling the situation at all either. You better believe they can afford attorney's and lots of them. I think big pharma's people are going be hearing from the Life Insurers "people" and soon. I am hoping this maybe one of the things that helps bring about the loss of big pharma's precious indemnity. The entire scenario is stinking but the PTB will double and triple down and we'll go without a fight. I think we should all give them as many battles and scrags as we can. We have to say NO to all their BS and letem know we're mad as hell and not standing for their crap anymore. ENOUGH!!

Mark as Spam · Posted On : 7/19/2022 11:05:48 AM
Like · Dislike

grulla
Joined On 11/13/2012 8:03:55 AM
Add as Friend · Send Message

I posted about composting burials just a few days ago. Sounds better than cremation, or for that matter, placing corpses with formaldehyde in the ground. Some folks prefer a simple clothe wrapping, and placed in a plain pine box coffin that will eventually also convert to compost. environment.co/composting-burial

Mark as Spam · Posted On : 7/19/2022 8:18:54 PM
Like · Dislike

katodogoco
Joined On 1/1/2011 2:56:59 PM
Add as Friend · Send Message

Grulla, Once we get past the mental/emotional blocks it appears a decent idea, though still too expensive. I can't imagine composting children quite yet but thank you for sharing again.

Mark as Spam · Posted On : 7/19/2022 8:40:26 PM
Like · Dislike

grulla
Joined On 1/17/2012 8:03:55 AM
Add as Friend | Send Message

Hi "kat", your response, "... it appears a decent idea, though still too expensive.", motivated me to do a quick search on D.I.Y. burials, especially on your own property. Though it may not be for most people, I thought I'd post this website burial link none-the-less, as it has some interesting facts. And the crazy way things are going on planet Earth, (the zombie home-world), you never know. Think of all those lost, unmarked graves along the Santa Fe and Oregon trails, and elsewhere.
www.usurnsonline.com/.../home-burials

Mark as Spam | Posted On 7/20/2022 6:54:56 AM
Like Dislike

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badboy2
Joined On 11/15/2010 5:08:52 AM
Add as Friend | Send Message

MSG, BPA's, Aspartame, colored food dyes such as Caramel coloring, (a known carcinogen since 1969), and other food dyes found in many foods and candies, along with hundreds of other chemicals added to our food supply, should be banned. Let the trillion-dollar food industry use their money and get them into the fight about banning nutritional products. Because if vitamins and minerals are classified as drugs, then all their added vitamins and minerals to human and pet food will also be classified as DRUGS. Example; Vitamin A and D are added to milk, if nutritional products are classified as drugs, then the milk industry is using drugs in their products.

Adding these nutrients to milk had become a federal law, starting back in 1925, because vitamins A and D were destroyed by federal laws requirement for pasteurization, which was destroying A and D in milk. Vitamin D deficiencies cause rickets in weight bearing young developing bones. What the milk industry is not telling anyone, is that synthetic vitamin D is very susceptible to light and is destroyed as it sits in the well-lit frig cases. All milk companies use to use hard to see through white milk cartons, and over the years has gone to see=through milk cartons.

Reply | Mark as Spam | Posted On 7/19/2022 1:47:48 PM
Like Dislike

Dordee
Joined On 5/22/2012 12:47:41 PM
Add as Friend | Send Message

Big dairy, farmers, cereal makers, processed food manufacturers are in bed with the elite, one of them. They will find a way out of it. One reason i stopped buying Blue Buffalo for my pets, they sold out to General Mills for 8.2 million. Does anyone think this is still a good pet food??

Mark as Spam | Posted On 7/19/2022 3:03:23 PM
Like Dislike

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badboy2
Joined On 11/15/2010 5:08:52 AM
Add as Friend | Send Message

Thanks Dordee. Good info. I did not know that about Blue Buffalo pet food.

Mark as Spam | Posted On 7/19/2022 10:09:10 PM
Like Dislike

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dianna1189
Joined On 3/29/2021 5:34:31 AM
Add as Friend | Send Message

What's next? Are growing herbs that could possibly be medicinal become illegal? Will growing vegetables become illegal because of their health benefits that have not been approved by the FDA? And I used to think the movie Soylent Green was science fiction. Silly me!

Reply | Mark as Spam | Posted On 7/19/2022 4:43:11 AM
Like Dislike

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juststeve
Joined On 1/5/2012 11:13:54 AM
Add as Friend | Send Message

Regretfully those notions are already being pushed.

Mark as Spam | Posted On 7/19/2022 5:44:18 AM
Like Dislike

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mirandola
Joined On 6/27/2014 7:00:58 AM
Add as Friend | Send Message

Some states have made it illegal to collect rainwater, claiming the state owns the water. The attempts are well underway. It is all about benefiting BigPharma and BigFood, most notably the GMO industry. I hereby publicly call for the arrest and permanent internment of those waging war on their own people. We must not play victim, we must act based on our power. Citizens Unite!

Mark as Spam | Posted On 7/19/2022 7:03:51 AM
Like Dislike

Dordee
Joined On 5/22/2012 12:47:41 PM
Add as Friend | Send Message

Amen!!! I am waiting for them to take social security and medicare away from seniors. Worried about my pacemaker, could they kill me using it?

Mark as Spam | Posted On 7/19/2022 2:29:22 PM
Like Dislike

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pikiverschueren
Joined On 4/13/2014 7:15:30 AM
Add as Friend | Send Message

DEAR DR.MERCOLA FRIENDS, THIS IS WHAT WE HAVE TO DO! WATCH THE VIDEO: https://reignitefreedom.com/

Reply | Mark as Spam | Posted On 7/19/2022 12:49:36 AM
Like Dislike

Cabochon
Joined On 10/7/2018 12:45:48 PM
Add as Friend | Send Message

Thanks for the link, piki. This looks like the kind of concerted action desperately needed on a united world front and on a global scale if it comes off. The globalists are not the only ones who can think globally and act locally. Even boycotting msm and spreading the word are two actions anyone can do. I will be sure to order the WHO t-shirts as Christmas presents for friends and family. World Hoax Organisation is by far the best variant so far of the WHO - aka World Wealth Organisation, World Hell Organisation, etc.

Our city centre and public transport system is constantly being disrupted by over tourism, traffic diversions and commitment by the City Council to trashing the city as a world heritage site making it a no go area for local tax paying residents forced to fund it whether they want it or not. A march for the truth behind this obvious ploy to promote globalism would be a triumph for us beleaguered victims of our local government's dead giveaway "build back better" commitment.

Mark as Spam | Posted On 7/19/2022 2:55:04 AM
Like Dislike

RedRavenSounds
Joined On 8/9/2021 12:25:52 PM
Add as Friend | Send Message

I joined

Mark as Spam | Posted On 7/19/2022 11:34:32 AM
Like Dislike

Dordee
Joined On 5/22/2012 12:47:41 PM
Add as Friend | Send Message

Retired but have a mouth and know how to use it.

Mark as Spam | Posted On 7/19/2022 2:25:39 PM
Like Dislike

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mtb1939
Joined On 9/5/2017 7:30:10 AM
Add as Friend | Send Message

If the approval process is the same as the covid shots, then there would be no process.

Reply | Mark as Spam | Posted On 7/19/2022 6:48:19 AM
Like Dislike

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zinovius
Joined On 12/12/2020 2:36:38 AM
Add as Friend | Send Message

Most respected brands will never bow down to the pharmaceutical crime cartels and other non-pharmaceutical mafia cartels. These are Dr. Mercola's supplements, THORNE Research, Dr. Christopher's, Dr. John Doullard, Terry Nutritionals, and many other brands with high ethical standards. Besides, there are many non-US based companies in Europe, India, Israel, Japan...etc. who will keep producing supplements regardless what FDA and american gangster cartels want. One example is Indian brand "Himalaya" which is sold on iHerb and other sites. Very clean and well respected company that exists since 1932. Their supplements have no fillers, and not a single products with Mg Stearate. So not to worry.

Reply | Mark as Spam | Posted On 7/19/2022 6:09:20 AM
Like Dislike

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hellbent
Joined On 8/17/2012 12:44:00 AM
Add as Friend | Send Message

Uk and Europe have already tried it on. The problem for the producer is that for each product, the Govt will demand that it goes through the licencing process for it to be legally on sale. Every single product separately. On a smaller scale, here in the UK, I bought watercress from an "organic" trout farmer (the trout swim in watercress beds). They made and sold watercress soup, which had the Soil Association stamp (organic accreditation body). That stamp required a payment so that they could put the Soil Assocation logo on the bottle. If they made a variation eg watercress and a herb, that would have required a separate accreditation process and fee.

And farmers have said that sometimes farm and land inspections are non-existent or shoddy or some growers have lied about eg how many years they've been g1y.ph0$ate free. Now a farmer can decide not to achieve SA status and instead rely on their customers knowing how the produce is grown. But for supplements, especially those in high profile view and produced on a large scale, those producers would be forced to get them licensed. For smaller producers there may well be ways around, until the noose tightens eg selling r4w milk for bathing.

Mark as Spam | Posted On 7/19/2022 8:33:18 AM
Like Dislike

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bcincda
Joined On 3/13/2022 6:20:19 PM
Add as Friend | Send Message

Not to worry? you're kidding right?

Mark as Spam | Posted On 7/19/2022 10:17:25 AM
Like Dislike

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diapason
Joined On 7/4/2019 1:26:25 PM
Add as Friend | Send Message

zinovius, we get the Himalaya brand in South Africa. I've been using their Rumalaya Forte for several years and have just discovered their toothpastes - fluoride free and also none of the other nasties that the commercial brands have.

Mark as Spam | Posted On 7/19/2022 12:18:37 PM
Like Dislike

HealthiestChoices
Joined On 11/30/2009 10:05:54 AM
Add as Friend | Send Message

zinovius~ These respectful companies you mention will not have to bow down or sell out.....they will be ***forbidden*** to manufacture and sell their supplements, because it will become illegal to do so. These pharmaceutical and RULERS are EVIL ~!

Mark as Spam | Posted On 7/19/2022 1:16:37 PM
Like Dislike

Dordee
Joined On 5/22/2012 12:47:41 PM
Add as Friend | Send Message

The drug companies will apply pressure, use government force to get what they want. Stock up while you can!

Mark as Spam | Posted On 7/19/2022 2:55:43 PM
Like Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

U S Marshalls raid AMISH over FOOD! Small homesteads next? www.youtube.com/watch

Reply | Mark as Spam | Posted On 7/19/2022 4:09:34 AM
Like Dislike

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juststeve
Joined On 1/5/2012 11:13:54 AM
Add as Friend | Send Message

This what happens when the formally Monopoly Corporations, now Global Monopolies have taken over the reins of Governments long ago, pass laws costing them little, but so oppressive mid-sized, regional or mom & pops cannot provide. Now the push seems to be to come into our homes and backyards to force even more of the same. Next, a social credit system benefitting Para$itic Predator$ with nothing good for Society.

Mark as Spam | Posted On 7/19/2022 6:05:40 AM
Like Dislike

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mirandola
Joined On 6/27/2014 7:00:58 AM
Add as Friend | Send Message

It is time to throw the perpetrators in life prison. This is treason, an act of war, and of violent crime. Why do people sit back and tolerate this? The comments posted below the film say "I am praying". Hey, what about swinging into action? Press charges against the exact people who trespassed and violated in this way! That might get something real accomplished.

Mark as Spam | Posted On 7/19/2022 7:16:17 AM
Like Dislike

RedRavenSounds
Joined On 8/9/2021 12:25:52 PM
Add as Friend | Send Message

NO WAY!!!!!! That is absolutely SATANIC!

Mark as Spam | Posted On 7/19/2022 11:35:24 AM
Like Dislike

RedRavenSounds
Joined On 8/9/2021 12:25:52 PM
Add as Friend | Send Message

They are pushing people too far - That never turns out well for the royals (Les Miserable) as an example. Heads WILL roll.

Mark as Spam | Posted On 7/19/2022 11:45:43 AM
Like Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

Mirandola and all... God helps those who help themselves. Working produces more than wishing.

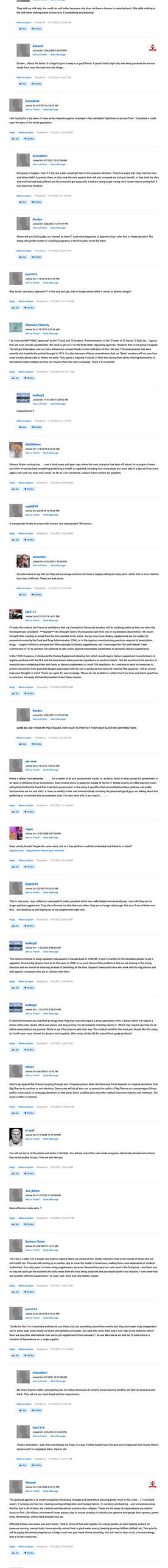
Mark as Spam | Posted On 7/19/2022 12:12:41 PM
Like Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

Red Raven and all... Already we see history repeating itself in some parts of the world where food has become scarce. How long before pitchforks and heads on pikes? (Euphemistically?) People are revolting. However, this may remove govt, but does not put food on the table. This is what it will take to feed people. Putting good seed in fertile ground and tending it. You do not need govt to do that. As Ronald Reagan said, "Govt is not the solution. Govt is the problem." Too much govt is becoming an obstacle to the welfare of working people. People have been led into dependency, believing that even they cannot feed themselves. Yet, their ancestors fed large families with much less. Yes, you may have to make some major changes to your life. There are always trade-offs.

Mark as Spam | Posted On 7/19/2022 12:18:20 PM
Like Dislike

Dordee
Joined On 5/22/2012 12:47:41 PM
Add as Friend | Send Message



Posted On: 7/19/2022 2:45:30 PM

They told my wife but she could not sell butter because she does not have a license to manufacture it. She adds nothing to the milk when making butter so heavie is it considering anafactoring?

Mark as Spam | Like | Dislike

Almond
Joined On 3/26/2008 4:23:33 PM
Add as Friend | Send Message

Dordee... About the butter. It is legal to give it away to a good friend. A good friend might also ask what groceries the woman needs from town the next time she shops...

Mark as Spam | Like | Dislike

kronalinet
Joined On 3/9/2012 6:38:22 AM
Add as Friend | Send Message

Posted On: 7/19/2022 4:28:21 PM

I am hoping for a big wave of class action lawsuits against employers that mandated "injections or you are fired". If possible it could open the eyes of the whole population.

Reply | Mark as Spam | Like | Dislike

brianallen1
Joined On 6/7/2021 10:12:38 AM
Add as Friend | Send Message

Posted On: 7/19/2022 4:41:05 AM

Not going to happen. Even if it did, the public would get irate in the opposite direction. They'd be angry that they took the shot and others didn't to protect them, or they took the shot against their will and unwanted and trying to benefit, or they took the shot and were harmed and suffered and the unvaxxed got away with it and are trying to get money. Isn't human nature wonderful? A love love love situation.

Mark as Spam | Like | Dislike

Dordee
Joined On 5/22/2012 12:47:41 PM
Add as Friend | Send Message

Posted On: 7/19/2022 2:58:03 PM

Where will you find a judge not 'owned' by them?? Look what happened to Supreme Court after Roe vs Wade decision! The sheep who prefer murder to avoiding pregnancy in the first place act to kill them.

Mark as Spam | Like | Dislike

kos1415
Joined On 7/14/2013 8:51:24 PM
Add as Friend | Send Message

Posted On: 7/19/2022 1:15:18 AM

Why do we care about approval??? In this day and age, that no longer exists when it comes to pharma drugs!!!

Reply | Mark as Spam | Like | Dislike

Shannon_Flaherty
Joined On 2/19/2021 9:52:36 AM
Add as Friend | Send Message

Posted On: 7/19/2022 1:15:11 AM

I do not trust ANYTHING 'approved' by the "Food and "Drr"eaption "A'dministration, or the "Center of "D"iesase "C'ntol, etc... I guess that will soon include supplements. We need to get rid of all the three letter regulating agencies. However, that is not going to happen. The fed gov't has taken over our lives without our consent thanks to the ratification of the 16th and 17th amendments that were secretly and fraudulently pushed through in 1913. It is also because of those amendments that our "State" senators will not care how many emails, phone calls or letters we send. They spend a majority, if not all, of their time during their terms whoring themselves to the highest bidder/lobbyist so they can finance their next term campaign. That's it in a nutshell.

Reply | Mark as Spam | Like | Dislike

badboy2
Joined On 11/15/2010 5:08:52 AM
Add as Friend | Send Message

Posted On: 7/19/2022 1:15:11 AM

Impeachment ?

Mark as Spam | Like | Dislike

bbddbekens
Joined On 4/19/2019 9:35:20 AM
Add as Friend | Send Message

Posted On: 7/19/2022 9:39:49 AM

Science fiction coming true . . . . read a book years and years ago where the main character has been off-planet for a couple of years and when he comes back everything pertaining to health is regulated, including how many steps you must take in a day and how many apples and such you must eat a week. As far as I am concerned, science fiction writers are prophets.

Reply | Mark as Spam | Like | Dislike

mg66610
Joined On 3/6/2018 10:49:20 PM
Add as Friend | Send Message

Posted On: 7/19/2022 9:20:14 AM

A transgender female in prison with women, has impregnated 150 women.

Reply | Mark as Spam | Like | Dislike

chiamiller
Joined On 6/19/2006 2:56:06 PM
Add as Friend | Send Message

Posted On: 7/19/2022 3:33:54 PM

Sounds insane to say this but they will encourage abortion and have a heyday selling the baby parts...either that or have children born then trafficked..These are dark times.

Mark as Spam | Like | Dislike

bb5111
Joined On 8/21/2017 4:14:51 PM
Add as Friend | Send Message

Posted On: 7/19/2022 8:00:22 AM

I'll make the contact, but I have no confidence that my Connecticut Democrat Senators will do anything useful as they are slime like the illegitimate "president". **"Outlaw"** the Jab ! thought, here is the response I got from one of my Senators (Blumenthal - Mr. Scum himself) after sending an email from the link provided in the article. As you may know, dietary supplements are not subject to premarket review by the Food and Drug Administration (FDA), or to the rigorous manufacturing practices required of prescription drugs. I support efforts to increase the FDA's oversight of dietary supplements, and I have urged the FDA and Federal Trade Commission (FTC) to use their full authority to take action against misbranded, adulterated, or deceptive dietary supplements.

In the 113th Congress, I introduced the Dietary Supplement Labeling Act, which would require dietary supplement manufacturers to register products with the FDA and disclose known risks posed by ingredients or products labels. This bill would curb the practice of manufacturers marketing drinks and foods as dietary supplements to avoid FDA regulation. As I continue to work on measures to protect consumers from potential dangers associated with the use of products that have not received FDA approval, I will be sure to keep your thoughts in mind. Thank you again for your message. Please do not hesitate to contact me if you have any future questions or concerns. Sincerely, Richard Blumenthal United States Senate

Reply | Mark as Spam | Like | Dislike

Dordee
Joined On 5/22/2012 12:47:41 PM
Add as Friend | Send Message

Posted On: 7/19/2022 8:02:22 AM

SAME BS I GET FROM MY POLITICIANS. WHY WAIT TO PROTECT THEIR NEXT ELECTION CONTRIBUTIONS.

Mark as Spam | Like | Dislike

epi-cure
Joined On 9/13/2012 7:02:04 PM
Add as Friend | Send Message

Posted On: 7/19/2022 7:11:59 AM

Here's a retreat from yesterday . . . . . it's a matter of de jure (pronounced: d jur) vs. de facto. Most of what passes for government is de facto, in defiance of our Constitution. Read several times to grasp the totality of Norton V. Shelby County, an 1886 Supreme Court ruling that clarified the fraud that is de facto government. In the ruling it specifies that unconstitutional laws, policies, and public functionaries are not and void, i.e. have no validity in law. And almost nobody including the presumed good guys are talking about this, preferring to circumvent this inconvenient truth. I've have more info, if you need it . . . . . .

Reply | Mark as Spam | Like | Dislike

ragon
Joined On 12/25/2008 4:07:38 PM
Add as Friend | Send Message

Posted On: 7/19/2022 6:01:36 AM

Great article, thanks! Maybe the same video, but on a free platform could be embedded and linked to in ahead?
odysee.com/.../big-pharma-versus-your-vitamins

Reply | Mark as Spam | Like | Dislike

SophieZ6
Joined On 3/3/2021 9:26:29 AM
Add as Friend | Send Message

Posted On: 7/19/2022 5:19:19 AM

This is very scary. I just called my naturopath to order a product which has really helped me tremendously. I was told they can no longer get that supplement. They also informed me that there are others they are no longer able to get. Not sure if one of them was NAC. I am doubling up and tripling up on my supplements right now.

Reply | Mark as Spam | Like | Dislike

badboy2
Joined On 11/15/2010 5:08:52 AM
Add as Friend | Send Message

Posted On: 7/19/2022 2:38:54 PM

This vitamin/mineral drug regulation was passed in Canada back in 1982/83. It took 6 months for the Canadian people to get it repealed. America big pharma tried to do the same in 1994, to no avail. Some of the problem is that we are looking in the wrong direction and we should be attacking instead of defending all the time. Impeach these politicians who work with/for big pharma and rally against companies who are in cahoots with them.

Reply | Mark as Spam | Like | Dislike

badboy2
Joined On 11/15/2010 5:08:52 AM
Add as Friend | Send Message

Posted On: 7/19/2022 2:38:51 PM

If vitamins/minerals are classified as drugs, then they may very well require a drug prescription from a doctor, which will require a doctor office visit, doctor office visit prices, and drug pricing. For all nutrients including vitamin C. Which may require vaccines for all before prescriptions are granted. Which to say if big pharma gets their way. The medical world for the most part should like this setup, for it will mean more cliental for doctors and hospitals. Who needs all that BS for natural food grade products?

Reply | Mark as Spam | Like | Dislike

billybri
Joined On 6/8/2008 9:16:45 PM
Add as Friend | Send Message

Posted On: 7/19/2022 2:28:01 PM

Hard to go against Big Pharma by going through your Congress person when the Democrat Party depends on massive donations from Big Pharma to continue to win elections. Democrats will do all they can to protect the profits of Big Pharma as a percentage of those profits comes back as campaign donations to that party. Same could be said about the medical insurance industry and medicare. Too much conflict of interest.

Reply | Mark as Spam | Like | Dislike

el-graf
Joined On 9/11/2008 11:47:43 PM
Add as Friend | Send Message

Posted On: 7/19/2022 12:38:35 PM

You will not eat of all the plants and herbs in the field. You will eat only of the man-made inorganic, chemically derived concoctions that we formulate for you. Then we will own you.

Reply | Mark as Spam | Like | Dislike

Joe_Below
Joined On 3/17/2020 11:04:06 PM
Add as Friend | Send Message

Posted On: 7/20/2022 1:55:10 AM

Natural Factors looks safe...?

Reply | Mark as Spam | Like | Dislike

Barbara Charic
Joined On 3/6/2007 9:13:41 AM
Add as Friend | Send Message

Posted On: 7/19/2022 10:24:29 PM

The FDA is a joke! It is a bought and paid for agency. Many are aware of this. Durbin is known to be in the pocket of those who are anti-health too. This new bill comes up in another ploy to lower the health of Americans; making them more dependent on medical 'authorities'. For sixty years I've been using supplements, because I learned how poor our soils were in the first place, and there was no way we could get the nutrients the body needs from the food being produced and processed by the food industry. I have never had one problem with the supplements I've used. And I have had very healthy results.

Reply | Mark as Spam | Like | Dislike

kun1314
Joined On 6/23/2016 9:19:42 PM
Add as Friend | Send Message

Posted On: 7/19/2022 7:56:51 PM

Thanks for this. I'm in Australia and have to use Iherb a lot, but something about them smells bad. they don't seem truly independent and in some ways seem totally on board with globalist principles. Any idea who owns them and if I am right in my instincts? And if there are any other alternatives I can use to get supplements from overseas? Jk use Mercola as we well but I'd hate to be in a situation of dependence on a single supplier.

Reply | Mark as Spam | Like | Dislike

brianallen1
Joined On 6/7/2021 10:12:38 AM
Add as Friend | Send Message

Posted On: 7/19/2022 7:11:14 PM

My Direct Express debit card used by over 30 million Americans to receive Social Security benefits will NOT do business with iherb. They tell me too much fraud and too many returns.

Mark as Spam | Like | Dislike

kun1314
Joined On 6/23/2016 9:19:42 PM
Add as Friend | Send Message

Posted On: 7/19/2022 8:14:45 PM

Thanks, brianallen1, well, that sort of gives me hope, in a way. If iherb doesn't have the goat seal of approval then maybe they're sincere and I've misjudged them. Hard to tell.

Mark as Spam | Like | Dislike

Almond
Joined On 3/26/2008 4:23:33 PM
Add as Friend | Send Message

Posted On: 7/19/2022 9:12:25 PM

The globalist agenda is to control people by introducing changes and centralized planning pretty much in this order... 1.) food (and water), 2.) energy and fuel (inc. heating/cooling/refrigeration and transportation), 3.) currency and banking... and somewhere along the line, due to all of these, the medical and educational systems also collapse. These are the areas of preparedness you need to focus on first. Life without microwaved frozen pizzas, trips to soccer practice, to electric can openers and garage door openers, power tools, thermostats, animal feed and pet food, etc.

Difficulty finding new shoes and work boots. Think in terms of fuel and supplies for a large garden, an even heating surface for pressure canning, manual tools, home security, animal feed, a good water source, keeping growing children clothed, etc. Your priority will be paying the annual property tax to keep a roof over your head. Home schooling. You will need to learn to do a lot more things with a lot less resources.

Reply | Mark as Spam | Like | Dislike

badboy2
Joined On 11/15/2010 5:08:52 AM
Add as Friend | Send Message

Posted On: 7/19/2022 9:12:25 PM

toraware
Joined On 3/16/2021 12:23:58 PM
Add as Friend | Send Message

Trump, or some other brave person, ought to break the back of BigPharma. Starting with the CDC, FDA, AMA, etc. We don't need doctor licensing either.

Reply | Mark as Spam | Posted On 7/19/2022 5:01:49 PM

Like Dislike

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jgeorge33
Joined On 11/19/2012 4:45:56 PM
Add as Friend | Send Message

Amazing that it would require some pre-approval or testing for supplements but no clinical trial or any approval process for new vax. Astounding how our government works...that old joke comes to mind. I'm from the government and I'm here to help you. Stop helping me please!!!

Reply | Mark as Spam | Posted On 7/19/2022 4:25:37 PM

Like Dislike

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hen6538
Joined On 11/30/2018 12:50:27 PM
Add as Friend | Send Message

very good artical. pch

Reply | Mark as Spam | Posted On 7/19/2022 3:37:19 PM

Like Dislike

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ttwdem
Joined On 3/27/2012 5:30:50 PM
Add as Friend | Send Message

Brilliant article Dr. Mercola. Extremely important to raise awareness. Please everyone, go to the site in the article, SaveSupplements.com to sent letters to your elected representatives. So easy. But then, please contact all your friends and family and ask them to do the same. I have found that many people will take a minute to sign a petition for a good cause even if they are not deeply concerned about it.

Reply | Mark as Spam | Posted On 7/19/2022 2:17:12 PM

Like Dislike

Munnster
Joined On 1/23/2020 5:20:50 PM
Add as Friend | Send Message

This is obviously medical tyranny and the Phama Cartel definitely controls the FDA and most of our "representatives". What I want to know is why ZERO Senators ever bring up the Sherman Act to break up these obvious violations of it.

Reply | Mark as Spam | Posted On 7/19/2022 1:55:56 PM

Like Dislike

DarciF
Joined On 11/2/2011 12:21:05 AM
Add as Friend | Send Message

I contacted my senator, here is what she said: Thank you for contacting me about the US Food and Drug Administration (FDA) and their regulation of New Dietary Ingredients (NDI). I appreciate hearing from you about this important topic. Dietary supplements such as vitamins, minerals, amino acids and herbs can play an important role in a person's health. They often come in a variety of forms, including capsules, tablets, powders, drinks, and energy bars. Research suggests that some supplements can be beneficial in helping individuals get the essential nutrients they need to support their overall health or manage certain health conditions.

The FDA has the authority to regulate supplements and take action against any misbranded or adulterated dietary supplement products on the market, including mandating a recall. These standards are meant to prevent dietary supplements with unsafe ingredients or inaccurate labeling from being made available to the public. Since 2020, the FDA found 85 products marketed as dietary supplements that contained unapproved drug ingredients.

These products have the potential to cause serious harm to the health of consumers, as they may be unaware of the presence or concentration of these ingredients. You can read more about the FDA's tainted products database online using the following link: https://sen.gov/R9OY . Federal law defines NDIs as ingredients that were not marketed in the United States before October 15, 1994. In order to protect consumers, the FDA requires the manufacturer or distributor of an NDI to provide the FDA with information demonstrating that the ingredient should be safe if used as directed.

In 2016, the FDA updated draft guidance outlining the FDA's non-binding response to many frequently asked questions about premarket NDI notification. You may view the document using the following link: https://sen.gov/WKW2 . Additionally, the FDA maintains a list of premarket notifications for NDI that can be viewed here: https://se

Reply | Mark as Spam | Posted On 7/19/2022 1:43:59 PM

Like Dislike

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fromseatoshiningsea
Joined On 3/7/2021 2:40:06 PM
Add as Friend | Send Message

Keep in mind when you read this, that it was written exactly one month after the 2020 fraudulent election, & approximately 6-weeks prior to Biden's installation...thehill.com/opinion/energy-environment/528482-john-kerry-reveals-biden..

Reply | Mark as Spam | Posted On 7/19/2022 1:25:30 PM

Like Dislike

HealthiestChoices
Joined On 11/30/2009 10:05:54 AM
Add as Friend | Send Message

My journey with a healthy lifestyle - supplements, nutritious foods, natural healing, etc. began in the early 70s. Dr. Mercola is correct.........this has been going on for YEARS. Back then there wasn't a lot of information or materials, but I began reading Prevention (which WAS good at that time...full of helpful articles. Dr. Jonathan Wright was one of my favorites) but by the 90s after Robert Rodale's untimely death, the magazine became mostly Big Pharma ads. :-(It was that far back when I learned how a senator in (I believe Utah) was trying to destroy our freedom for taking supplements. He had all kinds or 'reasons' why they should be controlled (none of which were reasonable) and wanted them only being allowed by prescription!!!

This would mean a Dr. vi$it for the script, then buying the 'overpriced' vitamins that also would be about 1/2 the amount of substances necessary to be of any help. Afterall, they COULD be dangerous if one took too much of anything. I remember asking, "How can 'they' patent food??? Vitamins ARE food." In the early 80s I read of some small child (I think a girl of perhaps 2-3) who had a bad cold and her mother gave her large doses of Vit. A. which caused the death of the child.

Naturally, it wasn't the fault of the Vit. A, it was the STUPID decision of the mother that caused it. However, as usual, the story claimed it was due to the Vit. A being at fault, rather than the mother who had no business not first checking to learn about vitamins. Many stories such as this over the years have helped promote reasons why supplements should be controlled. And. of course, the UNKNOWING public just assumes what they read / hear has to be correct, as the ABC companies are trying to keep us all safe, right? However, we 'smart folks' know the TRUTH. We need to pass all this info. to everyone in every way we can.

Reply | Mark as Spam | Posted On 7/19/2022 12:00:53 PM

Like Dislike

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craigcam
Joined On 7/2/2021 6:11:08 PM
Add as Friend | Send Message

According to opensecrets.org, Pfizer Inc spent over 10 million dollars lobbying in 2021. That amount doesn't including money spent on advertising or user fees paying off the FDA, CDC, NIH, etc. It DOES include money paid to political party interests and individual politicians. This is the biggest corrupt protection racket in the United States, much bigger than the mob and of course these crooked politicians and corporations should be shut down and prosecuted. For all the people Pfizer has killed and debilitated they should be permanently out of business and the regulatory authority for pharmaceutical should all be sent back to the states because the opportunities for fraud are so excessive at the centralized federal level.

The following crooked politicians are all just taking your votes and laughing at you behind your back. Top recipients of Pfizer Inc crooked largesse are - National Republican Senatorial Committee, Democratic Senatorial Campaign Committee, Democrat Lieutenant Governors Association, DNC Services Corp, Democratic Congressional Campaign Committee, National republican Congressional Committee, Scott Peters Democrat California, John Thune Republican South Dakota, Raphael Warnock Democrat Georgia, Sarah Morgenthau Democrat Rhode Island.

Reply | Mark as Spam | Posted On 7/19/2022 11:35:30 AM

Like Dislike

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ghfinn
Joined On 2/9/2016 7:51:02 AM
Add as Friend | Send Message

I don't think all the answers can be gathered, the object moves daily so it is difficult plot our course. Just as comments with no reply and user not found' upon attempting to teply. These too add to the mysteries we face. On an issue of not having land, I recall a time if grow lights, so everyone can try to supplement their diet with good food. Remember, this gas been under design for hundreds of years. I recall much younger reads where they were thinking too many people back in the 1400's. If we really examine history this global population reduction has been going on non stop. Pulling back the curtain, this thing has one horrible aura.

Reply | Mark as Spam | Posted On 7/19/2022 11:28:20 AM

Like Dislike

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savemeplease
Joined On 4/21/2022 9:34:29 AM
Add as Friend | Send Message

how do we contact our senators by phone? like, where do they work lol? I would be glad to but, unless it's in a google search, I havnt the first idea how to just "call them". Can you elaborate on how?

Reply | Mark as Spam | Posted On 7/19/2022 11:21:41 AM

Like Dislike

> **auggie123**
> Joined On 11/26/2014 4:12:47 PM
> Add as Friend | Send Message
>
> Just search their name and all their info will come up. They are always looking for donations...
>
> Mark as Spam | Posted On 7/19/2022 11:35:11 AM
>
> Like Dislike

Beentheredonethat2
Joined On 7/10/2017 12:47:57 PM
Add as Friend | Send Message

They want to take the vitamins and supplements in order to keep us weak and prone to disease. It's all about money, power and control, but their narrative is not beginning to crumble, but it is crumbling already.
healthimpactnews.com/2022/la-county-chief-medical-officer-exposes-bogu..

Reply | Mark as Spam | Posted On 7/19/2022 10:45:51 AM

Like Dislike

Jen47
Joined On 5/9/2007 4:37:43 PM
Add as Friend | Send Message

at the top of this message is 'mercola >fact checked'. (((AND I FOR ONE TRUST THAT MORE THAN THE GIVEMENT)) That still won't wash with Fakebook correct? they will throw us in fakebook jail for posting it there correct??

Reply | Mark as Spam | Posted On 7/19/2022 9:00:18 AM

Like Dislike

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fava46
Joined On 7/4/2022 10:27:15 AM
Add as Friend | Send Message

Just sent off an email. Thank you Dr. mercola; I've used supplements for a very long time. God's medicine..can't beat it along with other areas of taking care of our body.

Reply | Mark as Spam | Posted On 7/19/2022 8:48:52 AM

Like Dislike

> **auggie123**
> Joined On 11/26/2014 4:12:47 PM
> Add as Friend | Send Message
>
> Have you tried NutriPepper? it's online - Good stuff.
>
> Mark as Spam | Posted On 7/19/2022 11:37:20 AM
>
> Like Dislike

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larrysuziem1
Joined On 7/19/2022 8:12:41 AM
Add as Friend | Send Message

I wondered why Amazon stopped selling NAC. VitaCost also stopped selling NAC. I have found Now Brand NAC 600 mg on line at Walmart.com. Free S&H. Thank you for alerting us to this government/ pharmaceutical takeover attempt of supplements once again. They tried this several years ago and it was stopped. So frustrated that this battle is repeatedly being waged. Let's hope we can stop the takeover once again.

Reply | Mark as Spam | Posted On 7/19/2022 8:28:40 AM

Like Dislike

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kfa6931
Joined On 8/20/2021 8:12:57 AM
Add as Friend | Send Message

I mean just WHO would sell these companies to Big Pharma!!!

Reply | Mark as Spam | Posted On 7/19/2022 8:20:13 AM

Like Dislike

> **SpiceOddity**
> Joined On 7/28/2021 2:34:47 PM
> Add as Friend | Send Message
>
> Some acquisitions may have been by hostile takeover ...
>
> Mark as Spam | Posted On 7/19/2022 10:35:37 AM
>
> Like Dislike

Sanbruno69
Joined On 10/2/2021 8:49:58 AM
Add as Friend | Send Message

Bypass these tyrants. VIVA MEXICO. Buy south of the open border.

Reply | Mark as Spam | Posted On 7/19/2022 8:16:59 AM

Like Dislike

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larrysuziem1
Joined On 7/19/2022 8:12:41 AM
Add as Friend | Send Message

I wondered why I could no longer buy NAC from Amazon or VitaCost. Our holistic drs want us to take it for lowering homocysteine levels. I now purchase NOW Brand NAC 600mg at Walmart.Com. It's the only place I have found for online purchase and it comes with free S&H.

Reply | Mark as Spam | Posted On 7/19/2022 8:16:55 AM

Like Dislike

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juststeve
Joined On 1/5/2012 11:13:54 AM
Add as Friend | Send Message

And the din grows louder, Fauci expects to retire at the end of Bidens term. www.youtube.com/watch

Reply | Mark as Spam | Posted On 7/19/2022 8:09:24 AM

Like Dislike

> **brodiebrock12**
> Joined On 9/18/2008 1:31:51 PM
> Add as Friend | Send Message
>
> and retire into a well funded pension by "we the people" Justice at it's finest. It's the worst he is gonna get in the end. The utter lack of ACCOUNTABILITY is the elephant in the room and has been for how long now?
>
> Mark as Spam | Posted On 7/19/2022 8:28:46 AM
>
> Like Dislike

> **rrealrose**
> Joined On 11/10/2011 8:59:01 AM
> Add as Friend | Send Message
>
> juststeve, keep watching. Word is floating online that Biden may not be able to finish his term....
>
> Mark as Spam | Posted On 7/19/2022 9:59:21 AM
>
> Like Dislike

> **juststeve**
> Joined On 1/5/2012 11:13:54 AM
> Add as Friend | Send Message
>
> rrealrose, finish his term? who is running his term now? Shaking hands in midair with no one in sight? Clapping away at nothing? Cue cards giving him specific instructions like YOU sit, YOU yada, yada, yada? It's like watching Weekend with Bernie only it's a national global Weekend with Brandon. Wow!!!
>
> Mark as Spam | Posted On 7/20/2022 6:16:59 AM
>
> Like Dislike

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brianallen1

Joined On 8/7/2021 10:12:38 AM
Add as Friend | Send Message

Restricting or preventing the sale of supplements is just as harmful as restricting or banning cash.

Reply | Mark as Spam | Posted On 7/19/2022 7:27:51 AM

Like Dislike

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david48
Joined On 8/25/2009 9:10:06 AM
Add as Friend | Send Message

A good and important article, overall. (And thanks for the practical ideas of what we can do about it.) I haven't taken the time to watch the video yet. But I have a question for those who might have, or who otherwise might have looked very in-depth into this new matter of concern. QUESTION: " ...would require premarket approval for dietary supplements" - new supplements coming onto the market, or existing supplements? Also, It should be noted that pyridoxal 5'-phosphate is a superior and more bio-available form of Vitamin B-6 , as compared to pyroxidine. (the latter of which is more common in supplements, by my observations).

Not sure this is clear, from how the article is worded. I always seek out the P-5-P form of it whenever I buy supplements containing Vit. B-6. Usually within the B-Complex formulations (for convenience sake). I'm less knowledgeable about the various "B vitamin cousins", which tend to be more fat soluble and have more caveats (cautions, side-effects, etc.) but also more potential benefits, to their use. Good for specialized health conditions, or those seeking optimal metabolism, etc. -- from what I've read.

Reply | Mark as Spam | Posted On 7/19/2022 7:02:43 AM

Like Dislike

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ghfinn
Joined On 2/9/2016 7:51:02 AM
Add as Friend | Send Message

My biggest concern is what they will do to the supplement or add to it. I have always felt that GMO in reality stands for Get Medicine Out. Our only chances now are to live naturally off the land and no more things provided through industry.

Reply | Mark as Spam | Posted On 7/19/2022 7:01:32 AM

Like Dislike

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bcincda
Joined On 3/13/2022 6:20:19 PM
Add as Friend | Send Message

ghfinn, what if you live in a city? What if you can't own land? What if you only find GMO seeds. Or governments spray the land to kill crops like the US did in Mexico to kill Pot. Why not stop them before we get there?

Mark as Spam | Posted On 7/19/2022 10:31:39 AM

Like Dislike

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lilitu_adamah
Joined On 2/1/2021 3:06:08 AM
Add as Friend | Send Message

you can prepare your own mineral supplements, relatively simple, by the "wet" method of preparing ORMus, using caustic soda, a ph-meter and vinegar. Sea or mine salt, shilajite and therapeutic clay can be used to extract (or isolate) minerals. In order for them to precipitate, the pH needs to be kept around 10.7. After that, the precipitate must be rinsed several times to remove excess salt. If you use only salt, the precipitate will have the color, appearance and consistency of a soft snow or snowflakes

Reply | Mark as Spam | Posted On 7/19/2022 4:48:46 AM

Like Dislike

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hellbent
Joined On 8/17/2012 12:44:00 AM
Add as Friend | Send Message

That's the first time I've seen 0rmvs mentioned on here! Exciting stuff!

Mark as Spam | Posted On 7/19/2022 8:37:47 AM

Like Dislike

Retsbew
Joined On 7/26/2009 1:31:08 PM
Add as Friend | Send Message

The flip side of this is that I haven't been in a Big Pharma store for over 2.5 years. I never like them - sick people go there to pick up their prescriptions; but the one where I live has a disgusting attitude. Loblaws, a supermarket owned by the Westons purchased the Big Pharma store so it carries groceries as well. I purchased a loaf of bread and the tag stated it was 10 years old - I grabbed it fast. It shocked me so much. I wanted a refund and they refused - one clerk called her girlfriend over and she agreed I was wrong about the date - and I had photographs of the mouldy pieces.

Anyway, I hate that store, end of story. When it comes down to it don't most of us buy supplements from Dr. Mercola or other small drug stores? I sometimes buy at Lucky Vitamin in Conshohocken, PA, because they price in Canadian dollars and their delivery fee is reasonable. We used to live near there which is how I knew about it. The owner saved his wife's life using vitamins and supplements, thus the name of the store. She doesn't have cancer anymore. It is diabolical there would be an attack on supplements - but maybe the small businesses will grow stronger as a result?

Reply | Mark as Spam | Posted On 7/19/2022 4:34:26 AM

Like Dislike

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cam7371
Joined On 6/21/2020 1:35:57 PM
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When I use to watch a morning news program, one of the anchor people there attacked supplements and the people that use them. She labeled them as fools! This seems to be the message that Big Pharma wants out there so that they have more business for themselves. I've learned over time about supplements and how to use them. I've done my homework! I can honestly say that supplementing has improved the quality of my life and probably has saved my life.

Mark as Spam | Posted On 7/19/2022 5:59:17 AM

Like Dislike

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mirandola
Joined On 6/27/2014 7:00:58 AM
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Recently I walked into a drugstore looking for something that is not a mainstream drug, but instead for a grocery item. Looking at the shelves just lined with food-colored GMO-rich candies and chocolates, I had to shiver. I thought, clearly there is a campaign to keep the people sick, very sick. Profiteering from malaise is an unfortunately, morose and very profitable big business. And it takes those lacking in conscience and remorse to profiteer in such a way. That right there, should be a signal to others to not trust the "Healers". Go to the real healers, the naturopaths, they are the ones who give a care, have an ethic and a real desire to heal! And I have found that they are far better diagnosticians too. Stay away from chemical and GMO food, it should not even be legal as food, and please spread word to raise awareness. The Big Boycott is where it is at, and where our power lies!

Mark as Spam | Posted On 7/19/2022 7:07:33 AM

Like Dislike

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brianallen1
Joined On 8/7/2021 10:12:38 AM
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But aren't the DRUG stores on the corner of happy and healthy?

Mark as Spam | Posted On 7/19/2022 7:14:07 AM

Like Dislike

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jwyoungjerry
Joined On 11/13/2020 3:22:37 AM
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The FDA and big pharma are just like the Democrats. They don't want us to take supplements that makes us healthy and don't have dangerous side effects so they attack those who don't agree with them. We need to stop them.

Reply | Mark as Spam | Posted On 7/19/2022 6:03:04 AM

Like Dislike

Fortywinksbandbgmail.com
Joined On 6/2/2020 5:18:51 AM
Add as Friend | Send Message

Oh God, what next? I will have to buy ten years supply in my prepping. Hopefully dead by then and in a better place. Jennifer

Reply | Mark as Spam | Posted On 7/19/2022 6:37:54 AM

Like Dislike

IzzyKitty
Joined On 4/9/2020 10:54:30 AM
Add as Friend | Send Message

Fortywinksbandbgmail.com - I am thinking same thing, better stock up now add to my prep stash. I dearly miss my relatives that have passed these last few years, starting to think they are the lucky ones.

Mark as Spam | Posted On 7/19/2022 10:31:11 AM

Like Dislike

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carolann1019
Joined On 10/8/2010 9:43:57 AM
Add as Friend | Send Message

Joe Biden is supposed to call for a climate national security issue. Which gives him unlimited powers ! Of course we know pedopeter aka joe Biden isn't running the White House. This is Obama's 3 rd term.. You know the guy that asked the hamptons for permission to have a 2,500 propane tank buried by his house that sits on the water. Yet believes in climate change, Hmm you'd think he'd be worried his house would get flooded by the ocean rising,. Nothing but lies. Go to mypatriotsupply.com 25 year shelf life ! God bless !

Reply | Mark as Spam | Posted On 7/19/2022 8:32:46 AM

Like Dislike

Jen47
Joined On 5/9/2007 4:37:43 PM
Add as Friend | Send Message

Congress just got body slammed by SCOTUS now they cannot push their agenda on climate change and we mmmiiiggghhhttt get our oil pipeline back??? reason.com/2022/07/01/scotus-said-ambitious-climate-regulations-need-t.. anyone read it? and interpret like I DID??? GIVE US BACK OUR PIPELINE AND OIL PRODUCTION....

Mark as Spam | Posted On 7/19/2022 9:15:21 AM

Like Dislike

Randyfast
Joined On 5/6/2010 8:42:42 PM
Add as Friend | Send Message

People still don't get it! This entire civilization is based upon Fraud, Lies, Deception and Illusion! -- www.fao.org/.../en -- Money = Power = Control.

Reply | Mark as Spam | Posted On 7/19/2022 5:57:56 AM

Like Dislike

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jamNjim
Joined On 2/20/2008 11:15:54 PM
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And Fraudchi (Fauci) announced he will step down at the end of Biden's 1st term yesterday. I wonder why??

Mark as Spam | Posted On 7/19/2022 7:10:56 AM

Like Dislike

Randyfast
Joined On 5/6/2010 8:42:42 PM
Add as Friend | Send Message

We both know why, Jim...He's getting out while the getting's good! Take the money and run.

Mark as Spam | Posted On 7/19/2022 8:35:15 AM

Like Dislike

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jamNjim
Joined On 2/20/2008 11:15:54 PM
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Just like ammo, you better stock up on key supplements like NAC and Quercitin. Quercitin is a Zinc ionophore. That means it helps cells uptake Zinc from the blood stream into the cells where Zinc can do its job of destroying viruses trying to replicate. If you have issues with maintaining Vit-D then stock up on that as well. People with high levels of Zinc and Vit-D tend to have little to no symptoms from any viral infections, even Covid-19. I can't take vitamin-D. I'm extremely allergic to ALL fat-soluble vitamins and supplements. It's truly baffling and disturbing that I can't take any fat soluble supplements, not even fish oil! Where there's a will, there's a way!

Reply | Mark as Spam | Posted On 7/19/2022 7:18:56 AM

Like Dislike

Jen47
Joined On 5/9/2007 4:37:43 PM
Add as Friend | Send Message

the real vitamin d? sunshine?

Mark as Spam | Posted On 7/19/2022 9:10:51 AM

Like Dislike

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otis101
Joined On 7/10/2010 6:30:32 PM
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jNj, off topic but thought you and your wife would like this Korean folk song. www.youtube.com/watch

Mark as Spam | Posted On 7/19/2022 9:36:08 AM

Like Dislike

MMaster
Joined On 8/14/2021 1:37:23 AM
Add as Friend | Send Message

Your chart of who owns what is too small. I can't read it! Please make a big one available.

Reply | Mark as Spam | Posted On 7/20/2022 12:32:35 AM

Like Dislike

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fundamentalassumptions
Joined On 4/1/2009 12:17:58 PM
Add as Friend | Send Message

Good old corporatist monopolism...and lying. Easy to tell what spirit's behind that, from either so-called 'left' or 'right' on the same old antichrist body. Father of lies & the spirit behind the prince of Tyre & Babylon linked with greed & idolatry, resisting & moving the ancient landmarks, & whole truth. Contacting your legislators is one thing, but since they dance to the tune of those running their offices & campaigns, & our natural clout is nothing like that of Nestle or BlackRock & such behind them....best be right with the true & living God so that he may heed the repentance & prayers of his people who've strayed into idolatry putting WAY too much hope in men & systems of men, blindly trusting hirelings & corrupters of the word sucking the wolf's teats for sustenance rather than the proper diet for God's sheep & lambs, & stay this consequential judgment if so be his will.

It's really a consequential, sowing & reaping thing, & He won't respond to idolators sharing his glory with Lucifer-Satan's fronts, & calling him a liar saying things are getting better & better, when his word plainly says 'evil men & seducers waxing worse & worse', until the antichrist system & false messiah are ripe, received of the majority of men turning from truth to vanity & lies, & finally judged at the return of the one who is called Faithful and True.

We follow Christ in death, then resurrection, not presuming & as written. And He sorts the sheep & goats by their response to truth, his Gospel according to the scriptures, his word, via conscientious choice which his will & grace has ordained for whosoever will receive it. Then whether this judgment & fulfillment of his word continues, or God shows mercy with a temporary reprieve of the fulfillment& removal of he who now letteth, those recipients of his new birth salvation are safe in him. He left us here to warn & point people to God & his word, not to the crafts of men & devils bringing these things about.

Reply | Mark as Spam | Posted On 7/19/2022 3:44:04 PM

Like Dislike

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mrrobb
Joined On 6/15/2011 2:41:18 PM
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EMR Australia's July newsletter with articles on the following topics: mobile phones and infertility mobile phone tower risks nurses increasing awareness about electromagnetic pollution wireless radiation affecting brain's hippocampus how wavelength affects individuals powerline risks a French court ordering a 4G tower be turned off.
cdn.shopify.com/s/files/1/0266/5411/3837/files/22_July.pdf?v=165569415.. 2) A review of available studies going back decades to expand the knowledge of available evidence of harm from cell towers. The vast majority of studies showed serious effects. Only part of the study is available at this link.

If I can find the entire study I will share but even this portion must be given to local councils -- which of course must be ignored when considering an application (according to ISED). None of this information is new but it's being hidden by the corporations, by our government and by the media. It's up to us !! It's time we demanded our health over Telus's, Rogers', Bell's, etc. profit. Evidence for a health risk by RF on humans living around mobile phone base stations: From radiofrequency sickness to cancer

Reply | Mark as Spam | Posted On 7/19/2022 1:53:14 PM

Like Dislike

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mrrobb
Joined On 6/15/2011 2:41:18 PM
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cdn.shopify.com/s/files/1/0266/5411/3837/files/22_July.pdf?v=165569415.. RF is trashing your bodies bacteria including Mytrocondia

Mark as Spam | Posted On 7/19/2022 1:58:02 PM

Like Dislike

mrrobb
Joined On 6/15/2011 2:41:18 PM
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wireless radiation has been shown to affect bacteria in a study from the Slovak Republic. Researchers exposed three different strains of bacteria to radiofrequency radiation of different frequencies (1-5 GHz for three hours and 2.4 GHz for 24 hours). They found that exposure caused changes to the bacterial biofilm. [A biofilm is a colony of microbial organisms that can cause infections.] The production of bacterial biofilm was either increased or decreased, depending on the frequencies. The re-searchers observed an increase in biofilm production at 1, 2 and 4 GHz and a reduction in biofilm production at 2.4, 3 and 5 GHz. Bujkov D, Bucko S, ekovi M, Kme V, Karahutov L. The effect of exposure to non-ionising radiofrequency field on Escherichia coli, Klebsiella oxytoca and Pseudomonas a

Mark as Spam | Posted On 7/19/2022 1:59:53 PM
Like | Dislike

mrrobb
Joined On 6/15/2011 2:41:18 PM
Add as Friend | Send Message

W#ake Up. Fact is No V&M intake either good solid foods of Mercola supplements etc than the more susceptible your body is to RF POISONING...this a solid fact...

Mark as Spam | Posted On 7/19/2022 2:04:30 PM
Like | Dislike

epi-cure
Joined On 5/12/2012 7:02:04 PM
Add as Friend | Send Message

"I don't take any supplements . . . . you don't need to put stuff in you because your mind is more powerful than anything . . . . and the more you optimize, especially your electric health, you stay healthy". a quote from Eileen McKusick, a curious soul who does with the energetic sphere what Cap'n Randall (forbiddenhealing) advocates for our corporal selves. drtomcowan.com/.../37-eileen-mckusick
p.s. I still take vitamins, mostly Mercola brand, but am eager to learn whether this modality along with a couple of other tweaks will in time make that no longer necessary.

Reply | Mark as Spam | Posted On 7/19/2022 9:05:43 AM
Like | Dislike

jamNjim
Joined On 2/20/2008 11:15:54 PM
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I typically don't take supplements. I've tried to take B and C vitamins a few times with no results. All it does it turn my urine dark orange and I figure that's probably not a good thing. I'm allergic to all of the fat-soluble supplements and vitamins.

Reply | Mark as Spam | Posted On 7/19/2022 8:11:36 AM
Like | Dislike

Cabochon
Joined On 10/7/2018 12:45:48 PM
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Please see my post in reply to GIN below. The doctor who pinned up the following notice in his office "Please do not confuse your google search with my medical degree" was referring to the fact that it takes years, diligence, money and dedication to be trained in medicine as it does to be trained in nutritional therapy and supplements in support of natural health and functional medicine. You cannot rely on a label for information.

Mark as Spam | Posted On 7/20/2022 4:30:09 AM
Like | Dislike

GIN8275
Joined On 12/29/2011 8:00:34 AM
Add as Friend | Send Message

Sounds like some of the nutritional supplement companies got greedy and wanted to be bought out. I used supplements but I always found that the claims made for what the supplement could do far exceeded what it actually did. Never found a supplement do what it was supposed to.

Reply | Mark as Spam | Posted On 7/19/2022 3:30:56 AM
Like | Dislike

jamNjim
Joined On 2/20/2008 11:15:54 PM
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Most of the supplements people take are NOT needed so they won't be able to notice any health improvements. The supplements most people take, like Vit-D, don't work because those vitamins are FAT SOLUBLE! When you take them on an empty stomach that is void of fat (low fat diets), the vit-D just passes through the large intestine and into the toilet! Most doctors and dieticians are brainwashed to believe you can't get vit-D levels above 60 or even 40 without daily sun exposure and/or supplementation.

I get ZERO sunlight on most days and I don't take any supplements. I'm actually EXTREMELY allergic to vit-D supplements and all other fat-soluble supplements like Vit-E, Krill Oil, Omega-3's, Fish Oils, etc.. That's why I made it my goal in life to figure out a way around this baffling BS! I say it is baffling BS because the ESKIMOS do NOT have vit-D problems and they only get adequate sunlight exposure a couple of months a year. I tried eating like an Eskimo and WHALA! Problem Solved!

My Vit-D hovers between 80 and 90. It's more than just having fat in your stomach when taking vit-D supplements. It requires having bile acids being excreted by the gall bladder and liver into the small intestine. These acids break down fats into fatty acids. It's the fatty acids that the vit-D gets dissolved (for lack of better words) into and then gets absorbed through the small intestine. The excretion of these bile acids doesn't happen on demand. It's a conditioned response. So eating a tablespoon of coconut oil with your vit-D isn't going to help very much.

You have to eat fat regularly to set up that conditioned response where you excrete bile acids that are critical to fat digestion. There are a lot of healthy fats to choose from like fatty fish (salmon), eggs, coconuts, and avocados just in case you have the white-fat-phobia like most people have. Eating one or more of these every meal will keep the bile acids pumping and make absorbing fat-soluble supplements a reality.

Mark as Spam | Posted On 7/19/2022 7:08:07 AM
Like | Dislike

Cabochon
Joined On 10/7/2018 12:45:48 PM
Add as Friend | Send Message

Companies bite the dust or join corporations for nefarious reasons, GIN. Solgar before 2021 was reputable and had good people. It now includes Nature's Bounty in its UK postal address. What a supplement is "supposed to do" is a learning curve. The clue is in the title: "supplements" or adds to a healthy diet: poor food choices, lack of soil nutrients, toxic substances displacing enzymes required for absorption, poor digestion, poor liver function, obesity, gut health and microbial diversity, infections both active and dormant. Not just any old supplement will do: check reputable brands, research underpinnings, excipients, sourcing and production methods, affiliations and history.

Yes, health and politics are inseparable now. Do your homework! Supplements are not magic bullets and work to get your natural body system working again. Those with shingles attacks, for example, should have lysine in their medicine cabinet. Even quick fixes are possible with e.g. NAC, milk thistle and dandelion if you have over indulged in food or alcohol. Proteolytic enzymes taken away from food work to digest rogue proteins after mRNA injections. Many supplements replenish nutrients that decline with age and are missing in vegan and processed diets. There are mass deficiencies in the population of e.g. magnesium, vitamin D, potassium etc.

As Dr M reminds us, magnesium is a co-factor in 300+ biochemical processes. Many deficiencies result from big Pharma/government misinformation - think cholesterol, salt, sunlight - get the whole story, GIN. Diet is key but supplements help. Recommended reading: "Dark Deception" (Dr Mercola); "Food is Better Medicine than Drugs" (Jerome Burne); "500 Health Tips" (Courtney and Zeal). "The Big Fat Surprise" (Nina Teicholz); "Toxic Legacy" (Stepanie Seneff); "The Encyclopaedia of Natural Medicine" (Pizzorno and Murray) and countless others. Check today's references for "the vital five" - drmealsmoller.com/vital-five

Mark as Spam | Posted On 7/19/2022 7:30:09 AM
Like | Dislike

Country_Me
Joined On 7/5/2008 11:40:43 AM
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Anyone that doesn't want or need Vitamins, don't take them, you have that right! But, just like you have the right to not take then you shouldn't try to push your beliefs on others that do want to take them. There are enough studies on some of them to prove they do what they say they can do. Just like medicines don't help everyone. Vitamins don't help everyone, either. Diet, supplements, are not one size fits all. My Vit D was very low. I started taking it (not synthetic) and my Vit D levels came up a lot. For everyone that can achieve their health goals without supplements that's great. Those that take supplements that help them that's great, too.

Mark as Spam | Posted On 7/19/2022 12:40:41 PM
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