

# The Crucial Role of NAD+ in **Optimal Health**



Your body uses this biomolecule to fuel your longevity proteins, which slow down aging and... Read More

March 27, 2022

#### **1** IMPORTANT ANNOUNCEMENT

# Access Dr. Mercola's **Censored Library Now!**

I reluctantly deleted over 15,000 health articles from my website, but they are now returning. Read\_More



#### **LATEST NEWS**

### **Simple but Powerful Ways to Boost Athletic Performance**

It wrecks you both metabolically and structurally, yet millions neglect it after middle age. Continue on this path and the only sure thing about your future is you'll become frail. And there's no 'super pill' to fix it.

March 27, 2022

### **Ukraine on Fire: 2016 Documentary** by Oliver Stone

It's far more complex than most imagine, and it's global. In a recent update, the Bulletin of Atomic Scientists reported the world is 'at doom's doorstep' with a civilization-ending apocalypse imminent. The moment is both perilous and unsustainable,...

March 26, 2022

## CENSORED LIBRARY EXCLUSIVE

### **Has the US Funded Bioweapons** Research in Ukraine?

Do the 'conspiracy theories' swirling around Russia's claims that the US has been helping Ukraine develop a secret bioweapons program hold any truth? What do we know about the US' involvement in Ukraine's biological facilities, and why are some...

### TRENDING NEWS

#### **Woman Develops Autoimmune Disorder After Pfizer Shot**

In an effort to "do the right thing," Terry Donohue Jenkins got the COVID shot. In exchange, she developed an autoimmune disorder that could shorten her life span. "This could happen to anybody ... so people, please know what...

March 27, 2022

#### **AstraZeneca Injury Victim Still Awaiting** Compensation

After getting the AstraZeneca shot, Shaun Mulldoon suffered a rare condition that led to numerous surgeries, months in the hospital and dozens of medications. Now, he's fighting another battle to get compensation from the government. SOURCE:...

March 26, 2022

#### **Man Gets Pericarditis After COVID-19 Booster**

Nate shared on Twitter that he went to the ER for fever, chest pains and shortness of breath three days after getting boosted. He was eventually diagnosed with vaccine-induced pericarditis, a swelling of the tissue surrounding the heart. SOURCE:...

March 25, 2022

## The Game Changer in Health

My goal is to empower you to Take Control of Your Health® by providing trustworthy natural health information and advocating for your right to making informed health choices.

Joseph Mercola, DO, FACN



As seen on TV and Publications:



Forbes





Join the World's #1 Natural Health Newsletter for FREE! Latest Trustworthy News from Dr. Mercola — delivered straight to your inbox!

Enter your email address

**Subscribe Now!** 

Ø ¥ 4 9 € MeWe ♣ Ø J C Ø € 5

Mercola proudly supports these charities and organizations. View All 🕶

**INSIDE MERCOLA.COM** 

About Dr. Mercola **Health Articles Podcast** 

**Special Reports** En Espanol Mercola Social Responsibility **HELP** 

**Contact Us** Media Inquiries Mercola Community FAQ

Disclaimer: The entire contents of this website are based upon the opinions of Dr. Mercola, unless otherwise noted. Individual articles are based upon the opinions of the respective author, who retains copyright as marked. The information on this website is not intended to replace a one-on-one relationship with a qualified health care professional and is not intended as medical advice. It is intended as a sharing of knowledge and information from the research and experience of Dr. Mercola and his community. Dr. Mercola encourages you to make your own health care decisions based upon your research and in partnership with a qualified health care professional. If you are pregnant, nursing, taking medication, or have a medical condition, consult your health care professional before using products based on this content.

If you want to use an article on your site please click here. This content may be copied in full, with copyright, contact, creation and information intact, without specific permission, when used only in a not-for-profit format. If any other use is desired, permission in writing from Dr. Mercola is required.