

La Quinta Cove Oasis

This facility is set against the majestic Santa Rosa mountains in the La Quinta Cove. Palm Trees and other desert flora surround the rustic shade shelters and picnic tables. This is a perfect location for your outdoor education classes, organized hikes, nature conservation event, and other outdoor programs.

Located .4 miles from the West Cove Trailhead (Vehicle access by permit only)

Interested? Please call us at (760) 777-7090 or send us an email at communityservicesmail@la-quinta.org.



CITY OF LA QUINTA

HIKING MAP



La Quinta Community Services | (760) 777-7090 | www.la-quinta.org

Where is La Quinta Cove?

From HWY 111 take Washington (South) 3 miles to Avenue 52 (Turn Right)
 Take Avenue 52 a 1/2 mile to Avenida Bermudas (Turn Left)
 Follow Avenida Bermudas for 2 miles (becomes Calle Tecate)
 Cove Trailhead & Parking Lot located on the left across from Avenida Ramirez

Important Numbers to Know...

City of La Quinta	(760) 777-7000
Bureau of Land Management (BLM)	(760) 251-4800
SR&SJM National Monument Visitor Center	(760) 862-9984
La Quinta Sheriff Station	(760) 863-8990
EMERGENCY	911



Frequently Asked Questions (FAQ)

Can I take my dog with me?
 Yes, dogs are allowed in the Cove Trail Network (white trails). All dogs must be kept on a leash. Bags for collecting dog waste are available along the Bear Creek Trail and at Cove Oasis. Dogs are prohibited beyond the Dike due to the Multi Species Habitat Conservation Plan (MSHCP).

How strenuous are the trails?
 Trails in the Cove Trail Network are easy, traversing a mostly flat area of compacted sand that is perfect for walking or riding your bike. Beyond the Dike the sand is loose, so it's like walking on a beach. Here the terrain remains mostly flat until you reach the base of the mountains where trails become steep. Those interested in a short hike with a gradual incline should try the Cove to Lake Trail. Others who prefer more difficult and lengthy hikes will enjoy the Boo Hoff and Bear Creek Oasis Trails.



Desert Hiking Tips

Plan your hike carefully
 It is always a good idea to know where you want to go and how to get there. This map is a great place to start.

Take & drink plenty of water
 It is important to take enough water for your hike - but most important is to actually drink it. Remember, when you feel thirsty you are already dehydrated.

Dress for the occasion
 Good hiking shoes, loose fitting clothing, hat, sunglasses and sunscreen are a must.






Know your limit!
 Never hike alone and be sure to tell someone where you're going and when you plan to return. A portable GPS unit is a great tool to get you to your location and back home again safely.

SANTA ROSA & SAN JACINTO MOUNTAINS NATIONAL MONUMENT

www.palmspringslife.com/santarosa



Designated Trails

-  Cove Trail Network
-  Cove to Lake 2.5 Miles
-  Bear Creek Canyon - Oasis 2.4 Miles
-  Boo Hoff 7.5 Miles
-  Bear Creek (Paved) 2.3 Miles

Landmarks

-  Cove Oasis - Ramadas
-  East Cove Trailhead - Parking Lot
-  West Cove Trailhead
-  Lake Cahuilla Trailhead
-  Charred Rocks Landmark