'Dissolving Illusions' 10th Anniversary Edition Challenges Vaccine Narratives

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June 16, 2024

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'Dissolving Illusions' 10th Anniversary Edition – Interview With Dr. Suzanne Humphries

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STORY AT-A-GLANCE

- The updated and expanded 10th anniversary edition of "Dissolving Illusions: Disease, Vaccines, and the Forgotten History," by Dr. Suzanne Humphries and Roman Bystrianyk, empowers readers with information, encourages critical examination of vaccine policies and advocates for informed consent in medical decisions
- "Dissolving Illusions" is a seminal book that critically examines vaccine science and history
- The new edition includes 200 additional pages, offering updated insights and deepening the historical context of vaccine development and its societal impacts
- The book challenges widely accepted views on vaccines, highlighting discrepancies between public health promises and actual outcomes, including the history of polio and smallpox vaccinations
- Through extensive research, Humphries and Bystrianyk present evidence suggesting that improvements in sanitation and hygiene, rather than vaccines, played a pivotal role in the decline of certain infectious diseases

In this interview, Dr. Suzanne Humphries discusses the release of the 10th anniversary edition of "Dissolving Illusions: Disease, Vaccines, and the Forgotten History," one of my favorite books on vaccines, originally published in 2013. I was honored to write the foreword for the update of this classic.

In that book, Humphries details how vaccine science has been misrepresented to portray them as safe and effective, when in reality they're neither. The vaccine industry has intentionally deceived us about the risks and benefits to make a profit, with complete disregard for the suffering they cause.

Questioning Vaccines Has Never Been Allowed

Humphries first became aware that vaccines might be problematic when she was working as a nephrologist in northern Maine.

> *"I was not a pediatrician, so I didn't come at this from an autism standpoint or from an allergy standpoint,"* she says. *"I didn't get to that until later. Early on, it was more about watching my patients who already had kidney failure experience worsening kidney failure after they were vaccinated or watching them bleed out after a biopsy of the kidney after they were vaccinated, because vaccines change your coagulation profile.*
>
> *That was shown as early as the 1960s by an Italian researcher named Del Campo. He did one of the few studies that really tracked biological indicators and children over days, weeks and months, and found antacid production, inflammatory markers, coagulopathies.*
>
> *In the end, he said vaccination is a trauma of considerable measure, and it should be undertaken with great caution. And yet, what we've seen since then is the addition of more and more vaccines to all of us, not just children …*
>
> *I was basically watching adults have malignant hypertension, develop proteinuria protein in the urine, really nasty entities that are hard to deal with."*

After a three-year-long struggle with the hospital administration, who refused to listen to any of her concerns, she finally quit in 2011.

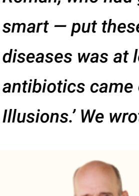
> *"That's pretty much the history of me, being in the medical system, waking up, thinking that people around me would be interested in the medical literature that I looked at, which they never had looked at,"* she says.
>
> *"Instead, I was ostracized and pretty much became a pariah. I just didn't want to be there anymore. So, so I left. But the best decision I ever made was getting free of those golden handcuffs, where you leave medical school with this huge debt, and then you feel like you don't have a lot of options after that. Pretty much every penny I earned went towards paying off my loans so that I could be free again."*

This is actually very common as the average medical school debt is about a quarter of a million dollars. Such a debt is indeed a pair of golden handcuffs that turn the physician into a debt slave, forcing them to work in positions with little to no autonomy when it comes to practicing the type of medicine they hoped they would when they applied to medical school. This is something I hope to address in the near future.

Dissolving Illusions

Shortly after quitting her job at the hospital, she wrote the first edition of "Dissolving Illusions" together with Roman Bystrianyk, who had been researching the history of disease and vaccines since 1998.

> *"What we decided to talk about was the history [of vaccines] because everywhere I went, talking about the flu shot that was damaging my kidney patients, I was met with, 'Well, what about smallpox? And what about polio?'*
>
> *And so, because I had to answer their questions, I learned a lot of things that I wouldn't have otherwise learned.*
>
> *Roman, who had gone through the world's databases — he's a computer guy, and he's real smart — put these graphs and charts together [showing that] the death rate for many diseases was at least 96% decreased, sometimes 99% decreased, when vaccines and antibiotics came onto the scene. And so that was kind of the beginning of 'Dissolving Illusions.' We wrote the history around that."*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History Is Repeating Itself

According to Humphries, who has been "knee deep" in the vaccination issue for 16 years now, there's a bigger picture that is only discernible when you look at the history of vaccines.

> *"What happens over time is, we're able to sit back and look at everything that we have learned, and then re-weave it, and we see a bigger picture out of that … COVID, which, by the way, was probably no surprise to you and was no surprise to me … because if you do know your history, you know what's going to come.*
>
> *After the whole COVID debacle, and then reading about all the other vaccines, watching what happened with Gardasil, with the new flu vaccines, the old flu vaccines, and the childhood vaccination schedule just ever-growing, I sat back and I thought, 'You know, this is just a repeating story.'*
>
> *Vaccines, most of the time, if not all of the time, are marketed to the public as one thing, and then, later, the public discovers that they're a different thing.*
>
> *For instance, with COVID, the public was told it was just nice little particles of this virus put into saline, and it would stay in your arm. And then we have scientists that are now coming out — real bench scientists, real genetic scientists — who have broken down the constituents of the vaccine and are saying that there's so much more in there than we were told.*
>
> *Well, the same was true the smallpox vaccine. It didn't have smallpox in it. Sometimes it had cow pox in it, sometimes it didn't. Sometimes it had rabbit pus, sometimes it had the pus from horses, sometimes it had pus from goats and donkeys. And, and it was passaged back and forth between humans and animals because back then they thought that would strengthen the effectiveness of this so-called pure lymph, which was anything but pure.*
>
> *So here, the public was told one thing, then doctors start crying out saying, 'Wait a minute. This disease was not bad enough to cause this problem with the vaccines' … Every vaccine that has come out, the public was told one thing, the effect is completely different. Doctors come out saying this isn't what it was supposed to be, the doctors are ostracized, the doctors become afraid and don't want to give reports.*
>
> *This has been going on for 225 years. There's been about 200 years of outcry from really upset doctors who were done in by the system for standing up for their patients and seeing the negative effects of vaccination.*
>
> *So, we've added another 200 pages to our original book, 'Dissolving Illusions,' based on what we've discovered since. So, people who've already bought the book won't be disappointed because there'll be some new things included, and people who have never read it will get a bigger, deeper picture of the history."*

Critics' Most-Oft Used Arguments to Dismiss Clinical Experience

Humphries initial foray into vaccine science centered around flu shots, because she wanted to know if they could cause all the kidney problems she was seeing, things like hematuria proteinuria, kidney failure, glomerular sclerosis or high blood pressure.

> *"I was just looking at that and wrote a 16-page white paper with 45 medical references and gave it to the CEO of the hospital, the head of nursing, my colleagues. I was met with absolute silence. I was really hurt and shocked by that, because it was a lot of work on my part. I really thought that people would be interested in it,"* Humphries says.
>
> *"What's interesting is that people want to nail us clinicians down to do the bench research, to talk about the genetics of a virus, to prove the existence of a virus, when what we're watching in front of our eyes is a consistent repetitive timeline of somebody either marginally healthy or fully healthy, who gets a jab and then within hours, days or weeks develops horrible new medical problems.*
>
> *This is what we see with the boots on the ground, but that's considered irrelevant to people who want to discredit us. Our clinical experience means nothing. This is a way to just split us all into a million bits and say only the bench researchers can prove something. You can't. So, you have to go do your own study.*
>
> *That's what was told to me. The Chief of Medicine of the hospital told me that he would support me if I wanted to do a research project on vaccine injuries in the hospital. To prove that you would need hundreds of patients, and he wasn't really going to support me. He just wanted to divert me. That's really what they want to do.*
>
> *In terms of 'do viruses exist or not,' it's the same thing. What we're seeing is a consistent pattern. Children get measles one time in their life and don't get it again. Children get chickenpox one time in their life, and then they don't get it again. But because I haven't personally viewed a virus under an electron microscope, my clinical experience means nothing.*
>
> *So, this is how we're dismantled and discredited by our critics. What I found is that if people don't want to hear what I have to say, I just move on. I'm not going to get trapped in arguments with people, because there are so many individuals out there that know nothing.*
>
> *I couldn't care less about the brainwashed ignoramuses who are willfully ignorant. If they're just innocently ignorant, then they'll change pretty quickly. They'll have questions and they'll want to talk. But the people who are just like, 'Well, what about this?' … and won't relent when the facts are piled up in front of them by somebody who's done the work … Sorry, I have no respect for that."*

Vaccines Didn't Eradicate Polio

So, just what happened with polio? As it turns out, polio was nearly eradicated well before the first polio vaccine became available. The primary reasons for its disappearance were the relatively rapid change in sanitation and hygiene.

> *"When I left my job, I spent about a year and a half pretty much doing nothing but researching polio from morning till night,"* Humphries says. *"I was given a library from the daughter of a very prominent physician in Illinois … He was the health department chair, and he waited to give the oral polio vaccine because he wanted to see what would happen, and because he had his doubts.*
>
> *His name is Herbert Ratner. He collected a lot of information. So, I had a lot of public health reports to go through. I went through pretty much every book that was ever written about polio, both pro-vaccine and anti-vaccine and everything in between.*
>
> *If you want to talk about gain-of-function and criminality, go ahead, and let's talk about polio. Because poliomyelitis is a neurological entity, and it can be caused by a lot of different things.*
>
> *So, in some ways, it was really brilliant for them to grab on to that pathophysiology and give it a name [after] a virus — a virus that's actually a commensal [symbiotic] in the human body that's been shown to cause no harm in most people ...*
>
> *Your immune system is always dealing with it, keeping it under control. But if you add a toxin to that, a toxin that increases permeability of the gastric mucosa, then all bets are off. Then, these entities can gain access.*
>
> *The natural polio virus was not a thing that was necessarily being pathologically passed around to people. It was only when humans started tinkering around with it, like the gain-of-function experiment that happened at the Rockefeller labs in 1916.*
>
> *During that exact time, there's the world's worst outbreak of polio with a 25% to 50% paralytic ratio. That was unheard of in 1916. So that would have set the stage for terror among the masses. We've got to get rid of this horrible disease. It's crippling children, crippling adults. That's when the movement to start developing the vaccine really began, and there were some horrifying failures along the way."*

The Failure of Salk's Polio Vaccine Was Covered Up

As explained by Humphries, Jonas Salk was recruited to produce the first polio vaccine, and a massive propaganda campaign ensued to instill the idea that the polio vaccine was the greatest medical achievement there ever was. In 1954, Salk began a massive field trial of the vaccine that lasted one year. Millions of dollars were spent on it. It was one of the largest medical experiments in history, at the time.

At the end of the trial, there were scientists who disagreed with the design of the vaccine, and there were statisticians who spoke about its flaws. There were biochemist and biologists who warned the vaccine would cause a big problem, because if you don't kill the virus, it'll come back stronger. Alas, all detractors were replaced and the vaccine was licensed anyway.

Two years later, access to the complete database finally became available, and scientists who went through it "ripped it up, down and sideways," Humphries says.

> *"It was absolutely a terrible design. The interpretations were incorrect. But by then the horse was already out of the barn. And isn't that how it always happens? … So, that's one side of the vaccine for polio.*
>
> *The other side is that it was a very low-incidence disease. If you look at it on the charts in 'Dissolving Illusions,' we have all the diseases and the deaths. The incidence of polio, you can barely see it at the bottom."*

Change in Diagnostic Criteria Made Polio Vaccine Appear Effective

In the years that followed, most of the polio cases occurred in those who were vaccinated. In other words, the vaccine itself became a cause of polio. Natural polio was associated with paralysis, but most paralytic cases resolved within 60 days.

To make the vaccine appear effective, the diagnostic criteria for polio was changed. Initially, all you needed for a polio diagnosis was two physical exams, 24 hours apart. After the vaccine was released, the patient had to be reassessed after 60 days.

Since most cases resolved on their own in two months without intervention, this change made it seem as though the vaccine had remarkable effectiveness. Today, most polio cases worldwide are caused by vaccine-derived poliovirus (VDPV). So, VDPV has replaced natural polio infection.

Smallpox Vaccine Was a Major Killer

While the polio vaccine was rarely lethal, the smallpox vaccine turned out to be a major killer. According to Humphries, the death rate for smallpox infection was about 10 in 100,000. After the vaccine was brought out, the death rate for smallpox rose by 50%.

> *"That's all documented from the UK. When they brought out the vaccine, the death rate from smallpox went up, cancer rates went up, tuberculosis rates went up. That's what [smallpox vaccine creator Edward] Jenner's subjects died from, they died from tuberculosis (consumption).*
>
> *So, here we are today. We don't have smallpox vaccines. The reason I think they got rid of it is because people were really analyzing and showing what was actually in it. And then we have scientists like Thomas Mac, who was still alive during the days of smallpox, saying that the vaccine didn't get rid of smallpox. It was hygiene, it was cleanliness, and it's not as easy to spread."*

Ever-Changing Goalposts

Another repeating story with vaccines is the changing of goalposts, such as the frequency at which you needed to get vaccinated, and how many doses you need to be fully protected. For polio, it went from one dose once in a lifetime, to four initial doses and a booster.

Why? Because the vaccine doesn't offer lifetime protection. Few if any vaccines do, and that's one of the primary differences between vaccine-induced immunity (which wanes) and natural immunity (which tends to be long-lasting, often for life).

> *"It's the same story as the COVID vaccine,"* Humphries says. *"I've got patients now that have had five, six COVID jabs [and still got COVID]. When did it become okay to accept a vaccine and then still get the disease multiple times? ...*
>
> *Why on earth are we injecting ourselves with this putrid concoction with E. coli plasmids in it, when we could just use the technology that we have today, that good common sense that we have to support the divine blueprint instead of doing something diabolically against it, and injecting people numerous times with something that mis-programs their immune system so that when they are back in contact with it later, they're going to have a worst time of it — original antigenic sin.*
>
> *It's been shown with flu, it's been shown now with COVID. And it's just a big mess. Seventy-five percent of my practice, for the first year, were vaccine injured people or people who had to go get the jab and didn't feel they could get out of it and want it to be pretreated or post-treated."*

Humphries COVID Experience

In the interview, Humphries recounts her own experience with COVID. She had a severe case that lasted two weeks. My go-to recommendation for any respiratory infection is nebulized peroxide. She used this, but still had a hard time overcoming the infection. In her case, one of the remedies that made the biggest difference was low-dose aspirin.

> *"For me, the thing that made me feel like I was not going to make it was the pain. I had total body pain. I don't get headaches. I didn't even really understand what headaches were until*

body pain. I didn't get headaches. I didn't even really understand what headaches were until COVID came along and I just had the most horrible headache. So, for me, I believe in retrospect that it was the vascular aspect of it.

My blood wasn't flowing properly, and the spike protein is really rough on the endothelium. The day that I took a quarter of a tablet of dissolvable aspirin, my whole world changed. My pain went away, and I felt like I was going to be OK.

So, I think for some of us, we just needed to get our blood flowing again properly. That for me was key, and I'm a big advocate of using very controlled low dose, as needed, aspirin when people are having the effects of COVID."

I'm a big fan of low-dose aspirin as well. I take it every day. I think it's a wise strategy for many. The reason aspirin has been vilified is because it's a massive competitor to their high-priced NSAIDs.

Speaking Your Truth Can Change the World

Like Ashley Armstrong, who took a huge risk by leaving her engineering career to get into regenerative farming, Humphries can attest to the power of following your own truth and inner guidance. Sure, quitting her job at the hospital put her in a tough spot initially, but in the end, she's better off for it — and so is the world. Over the past decade, her book has educated untold numbers of people about the truth behind the vaccine propaganda, and this update will continue to do so.

"When I left conventional medicine, I didn't know how I would survive," she says. "I didn't have any debt, but I didn't have any savings. It was friends and family that that helped me out. But when 'Dissolving Illusions' was published, we earned a little bit of money. Over the 10 years, it's been what enabled me to not sink, and to not go into huge amounts of debt. It kept me afloat.

I just feel like God looks after us when we do the right thing. I feel like God has been 100% faithful to me, and that's really what kept me going. I never imagined that in 2024, we'd be publishing another version of the book. But Roman brought that up to me about a year and a half ago.

I was like, 'Oh, Roman, I'm so done with vaccines, I just want to have a life. I want to learn about the real physiology, how to really help people in front of me now. I want to start curing some of these diseases.' That's what I wanted to focus on. But he really wanted to do this, and I can't say no to him ...

I don't know what holds for the future. Every year or two I like to bring a new project into my medical practice to learn a new thing and to offer a new thing. Sometimes the new thing ends up being a nothing-burger and I drop it, but I still like to explore, because we're not at the end of the line in terms of what we can offer people. There are always things we haven't heard about before.

One of the funniest things is that — and I can say this with great confidence today — health is not made in the doctor's office; it's made in the kitchen. When people see me today, I say if you're not willing to change what you're eating, forget about it, I'm not going to be of any help to you. And if I'm working harder than you, then you're not going to get better. The primary focus for me is what people are putting into their mouths."

Diet and Sanitation Are Key Disease-Prevention Strategies

Indeed, diets have always played a key role in disease. Part of the additions made to the 10th anniversary edition of "Dissolving Illusions" is historical dietary and sanitary information.

"It's always been a huge part of what changed so that human beings weren't dying of diseases that were circulating," she says. "Sewage [exposure] was a big part of it. In the mid-1800s, there was so much horse manure and horse urine in the streets in London and New York City. They had literally tons of this stuff sitting in the street, and where people were living.

People were living in apartments and dwellings that literally had cesspools underneath of them. It was part of the house, part of the basement. So, you'd be walking through horse manure, horse urine and dead horses. The average lifespan of a horse was three years back then. We now know horses live into their 30s. That's a normal lifespan, sometimes longer.

Three years was the average lifespan because even the horses were sickened by what was going on around them. So, what's going to happen to human beings as a result of that? You think there were fresh farmers markets on that street? No, there weren't. In fact, some of the people were basically eating rotten meat mixed with saw dust as a sausage. I mean, that was the diet of the average people.

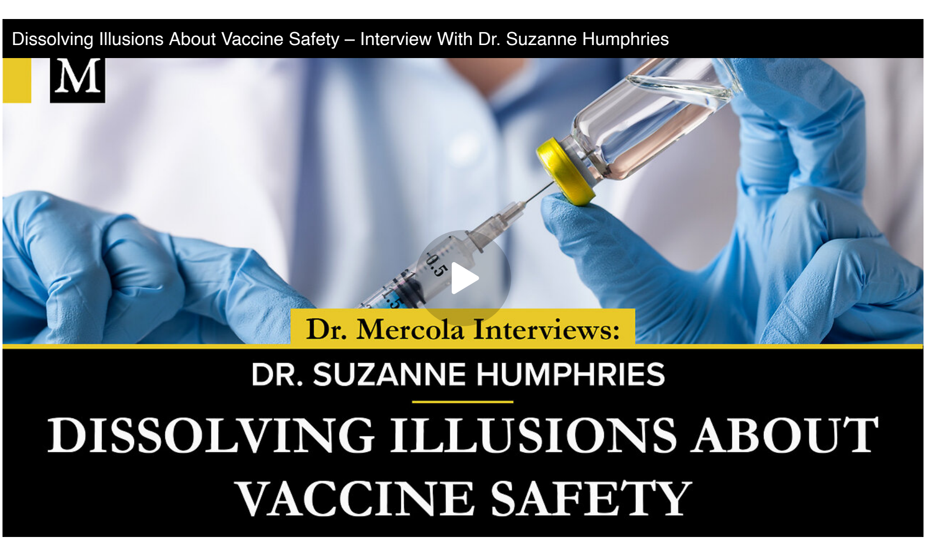
The average person was living in squalor on top of each other and the disease and death rates were extremely high as a result.

Henry Ford did a big favor to the world by bringing out motorcars so we could get these horses and horse dung and horse urine out of the street. That was one of the beginnings. Environmental cleanup was a huge deal ... We also had a white slavery system in place then.

If you talk to someone like Catherine Austin Fitts, a financial expert who watches societal changes, she says slavery is the most profitable [business] that has ever existed, and that was true in the mid-1800s. Pregnant women and children with measles were working in coal mines and in bottle factories. They didn't care that the kid had measles. It was about productivity.

That was all that these owners cared about. So, we had that form of white slavery in that sense that even though you got to go home to your own house, you got a pittance of pay and you couldn't make ends meet, so you were stressed out. You were a slave to the system. We're still not really 100% free, but we're so much better off in terms of what our bodies can accomplish than those people back in the 1700s 1800s."

More Information



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To learn more, be sure to pick up the 10th anniversary update of "Dissolving Illusions: Disease, Vaccines and the Forgotten History," available on dissolvingillusions.com and Amazon. Buying her book is also the best way to support her work, which is so crucial for our future. The world needs to understand the history behind vaccines to really see the big picture.

"When people read it, even if you just use it as a reference book, it gives you some kind of standpoint to start with when you're talking to other people," she says.

"In fact, it's changed a lot of people's minds who are pretty much dead set against the idea of no vaccines or limited vaccines. It's like they start to see it in a different way, because the data are the data. It's the world's vital statistics."

Not only are vaccines harming many people, but by focusing public health efforts on vaccination, so many safer and more effective strategies are overlooked as well. We cannot afford to continue the way we have been, and mandatory mass vaccination of our children is one of the failed strategies that needs to be overhauled if we are to turn our disease statistics around.

For your convenience, I've also embedded our previous interview above, where we dive further into some of the dishonest tactics used by the vaccine industry, and why the tetanus vaccine is unnecessary.

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roadmaster
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I begged, pleaded, & cajoled friends and relatives NOT to get the Covid vaccine. They all got the jabs anyway, and my beautiful niece, who was the most adamant about it, ran out and got poked every time a new "booster" was available. At this moment she is dying - severe heart pains, extreme shortness of breath, bedridden, and doesn't have Jesus. 43 years old, and this life is almost over for her. Doctors don't have answers (or aren't admitting to any), so that tells me she either has Baffled Syndrome (BS) or Mysterious Ailment Disease (MAD).

What really angers me is, for months she relentlessly pressured her mother (my sister), until she capitulated. Now Sis has severe tachycardia, and same as her daughter, doctors are puzzled (supposedly). My wife and I despise BIG Pharma & BIG Medicine and except for supplemental regimens recommended by Dr. Mecola, for example, we assiduously avoid, eschew, refuse the poisons they peddle. I'm 74, and she is 69. This week at a church dinner, one of the least healthy persons we know commented on my overuse of salt on the especially tasteless entre - something that isn't a habit unless I'm served bland food prepared for old, sick people with sensitive, compromised systems.

A lady seated next to the commenter told her, "Doesn't seem to bother him. He and his wife are the healthiest people we know..." And there it is. I predict many funerals in our future, and it is so sad and needless. People's blind trust in doctors is dang near unbreakable. The Missus and I trust God, the Great Physician.

Reply | Mark as Spam | Posted On 3/31/2024 7:24:28 AM
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Guillermou
Joined On 4/7/2015 8:47:48 AM
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Big shout out to Dr. Suzanne Humphries for proving the truth of vaccines. She says "Vaccines did not save humanity and they never will." Like most doctors, she carried a blind belief for many years that vaccines were necessary, safe and effective. Vaccines are dangerous and should never be injected into anyone for any reason. They are not the answer to infectious diseases. There are many more sustainable and benevolent solutions instead of vaccines ------1) Why vaccines are often contaminated with unknown viral strains and why the vaccine industry has covered up known contamination of vaccines (and knowingly sold contaminated vaccines for use on the public).

------2) Why the entire vaccine industry should be questioned and why a new effort is needed to scientifically evaluate whether vaccines are truly safe or effective. ------3) Why parents should be concerned about vaccines after noticing kidney failure in patients who recently received vaccines -----4) Why the fairy tale that "vaccines eradicated polio" is a false mythology: Here's what really happened. ------5) Why the smallpox vaccine has never been proven to be effective.

-----6) Why the vaccine industry's research is extremely weak and ignores rigorous standards of scientific evidence. (Using inappropriate placebos designed to minimize the occurrence of side effects, for example). -----7) Why the vaccine industry doesn't test vaccines on unvaccinated children (they are terrified of the results). -----8) Why children caught in measles outbreaks are often the same children who were vaccinated against measles! ----9) Why vaccines can actually suppress the immune system and cause increased vulnerability to future infections.

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Guillermou
Joined On 4/7/2015 8:47:48 AM
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----10) Why many childhood infections like chickenpox are perfectly natural, normal and even HEALTHY. ----11) Why the vaccine industry's outlandish and unscientific behavior is causing an erosion of credibility in all of "science." ----12) Why many of the people pushing vaccines have financial ties to vaccine companies. detenganlavacuna.wordpress.com/.../dra-humphries .----- es.sott.net/article/34336-Dra-Suzanne-Humphries-Las-vacunas-son-peligr.. .-- www.brighteon.com/9666215a-f314-45fd-bad4-3c28b4568b35

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juststeve
Joined On 1/5/2012 11:13:54 AM
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Insane genius minds taking data and what it actually shows to then turn around and promote products to deliver more of the same dis-ease, if not more things of similar dis-ease and sell, sell, sell. Use pennies on the thousands of dollars gained to attack any and all other actual measures, or people who have a Real Deal. This is where the real need of some kind of 'Vaccine" needs to be developed to short circuit the madness.

Mark as Spam | Posted On 3/31/2024 5:04:25 AM
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Guillermou
Joined On 4/7/2015 8:47:48 AM
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That's right, Just, This article is very interesting and has the opinions of many doctors about it. : POLIO = DDT!!. Now we know where Polio originated from and Cancers from the ModRNA. vaccines. Dr. Suzanne Humphries suggests that "there is strong evidence pointing to the likelihood that experimental polio vaccination is linked to the sharp increase in acute flaccid paralysis (AFP)." Polio was not defeated, the symptoms of the disease were simply reclassified under new names and the diagnostic criteria changed to make it a much rarer diagnosis.

Edward Shaw and Hulda Thelander of San Francisco Children's Hospital were also exasperated by the situation: "All aspects of polio have been the subject of intense study over the past two or three decades, yet the doctor has not been presented no inescapably sound doctrine about its epidemiology and transmission, its precise pathogenesis, or the details of diagnosis and treatment.... There has been a tendency to move away from an early theory that the disease is spread by direct contact." Young children exposed to DDT were shown to develop a limp that lasted from 2 or 3 days to a week or more.

It was shown that DDT can cause degeneration of anterior horn cells in the spinal cord in experimental animals. Exposure to DDT early in life causes decreased growth, mortality, decreased levels of muscarinic acetylcholine receptors in the brain, increased spontaneous motor activity in adulthood, and decreased learning. " christine257.substack.com/p/polio-ddt?utm_source=post-email-title&.. (02/2024).---

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Antisandman
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Our most famous "polio" victim was FDR. Back then it was called infantile paralysis because mostly infants or the very young got it. If you read the account of the timing of his "infection", it is evident that he was poisoned with lead arsenate, a common insecticide used against moths such as the gypsy moth, coddling moth and white linden moth which was attacking the forests of the Northeast at the time. FDR was on a family retreat at the Montebello Estate. He went on an canoe or boat excursion with some kids. On the trip home they witnessed a fire on a nearby island.

FDR stopped to fight the fire. He succeeded, but when he got back to Montebello, he quickly got sick and became paralyzed. It is likely that the woods where FDR fought the fire had been sprayed with lead arsenate and he inhaled fumes. We are all lead poisoned thanks to John D. & his ilk. chem.beloit.edu/classes/Chem117/lead/The%20Secret%20History%20of%20Lea.. Personally, I could defintely use the 6-10 IQ points that is estimated lost due to lead. Years ago when I first read Wikipedia's article on lead poisoning at the end of the very long article where most people would not have read, it stated that the symptoms of lead poisoning can exactly mimic infantile paralysis.

In todays article that info is omitted. Also omitted in the article with 311 references at last reading is the Lancet article on lead poisoning leading to many thousands of premature deaths written by Prof. Bruce Lanphear that was referenced by Dr. Joe in his article on that subject. There are two other references among the 311 by Prof. Lanphear in the Wiki article. Fortunately for Dow and Dupont, DDT was able to replace lead arsenate. Others here have discussed DDT's relationship to infantile paralysis.

Mark as Spam | Posted On 4/1/2024 9:39:30 AM
Like | Dislike

DebbyW
Joined On 5/27/2010 9:07:35 AM
Add as Friend | Send Message

It makes me wonder if these "scientists" who create vaccines give them to their children.

Mark as Spam | Posted On 6/16/2024 7:52:51 AM
Like | Dislike

DebbyW
Joined On 5/27/2010 9:07:35 AM
Add as Friend | Send Message

Antisandman, one of the rare helpful things the EPA did for us was require lead to be removed from gasoline.

Mark as Spam | Posted On 6/16/2024 7:58:06 AM
Like | Dislike

ragus
Joined On 12/25/2008 4:07:38 PM
Add as Friend | Send Message

Yes Gui, the graphs, charts, and videos by Humphries and Bystrianyk are eye openers. Once these facts are absorbed by a person, that individual cannot go back and unlearn them, and will forever remain a skeptic. Charts: dissolvingillusions.com/graphs-images | Videos: odysee.com/@RomanBystrianyk:1

Mark as Spam | Posted On 6/18/2024 6:28:11 AM

Like Dislike

RichJedi
Joined On 8/17/2006 1:23:38 PM
Add as Friend | Send Message

I've been sharing this information for nearly 20 years online. VACCINES are not only not necessary, but they ACTUALLY CAUSE the very diseases they CLAIM to prevent. It's one of the BIGGEST MEDICAL SCAMS and LIES IN HISTORY!! 1871-2, England, with 98% of the population aged between 2 and 50 vaccinated against smallpox, it experienced its worst ever smallpox outbreak with 45,000 deaths. During the same period in Germany, with a vaccination rate of 96%, there were over 125,000 deaths from smallpox. (The Hadwen Documents) - In Germany, compulsory mass vaccination against diphtheria commenced in 1940 and by 1945 diphtheria cases were up from 40,000 to 250,000.

(Dont Get Stuck, Hannah Allen) - In the USA in 1960, two virologists discovered that both polio vaccines were contaminated with the SV 40 virus which causes cancer in animals as well as changes in human cell tissue cultures. Millions of children had been injected with these vaccines. (Med Jnl of Australia 17/3/1973 p555) - In 1967, Ghana was declared measles free by the World Health Organisation after 96% of its population was vaccinated. In 1972, Ghana experienced one of its worst measles outbreaks with its highest ever mortality rate. (Dr H Albonico, MMR Vaccine Campaign in Switzerland, March 1990) - In the UK between 1970 and 1990, over 200,000 cases of whooping cough occurred in fully vaccinated children.

(Community Disease Surveillance Centre, UK) - In the 1970s a tuberculosis vaccine trial in India involving 260,000 people revealed that more cases of TB occurred in the vaccinated than the unvaccinated. (The Lancet 12/1/80 p73) - In 1977, Dr Jonas Salk, who developed the first polio vaccine, testified along with other scientists that mass inoculation against polio was the cause of most polio cases throughout the USA since 1961. (Science 4/4/77 "Abstracts")

Reply | Mark as Spam | Posted On 3/31/2024 5:48:15 AM

Like Dislike

josephunger
Joined On 2/15/2012 6:52:11 PM
Add as Friend | Send Message

THANKS for your reading list! Another piece of evidence is described by the brilliant medical historian, Harris Coulter PhD in his book, "A Shot in the Dark".

Mark as Spam | Posted On 3/31/2024 6:36:00 AM

Like Dislike

mandibular
Joined On 2/6/2013 9:10:53 AM
Add as Friend | Send Message

At the risk of appearing hard-hearted rather than a simple pragmatist, one must pan back and admit that much of this evil/treachery is made possible by the people themselves. They've had the ability to think objectively "bred" out of their systems. People simply will not accept the obvious if it increases the risk of being ostracised. One look at the repulsive splinter groups - Seriously? LGBTQ? "Trans" gender? BLM? ANTIFA? etc. etc. I mean, "evil Russia"? A nation which recognized the deviant nature of one George Soros and chased him out of their country as opposed to this, where he's allowed to roam at will, financing these splinter groups, then stepping back and watching the confusion?

"Media"? One gang in control of it all, caught countless times manipulating public perceptions? Still, the majority simply refuse to even investigate as long as it has; NBC, CBS, ABC, CNN, etc. stamped on it because their talking heads are "pretty" or "handsome" Add to that, the destruction of the family unit, where parents would rather be BFF with their kids than accept the responsibility of parenting/teaching/protecting because; heaven forbit their child become angry with them. Even a simple and obvious thing like the destruction of our currency, truely competetive business, HONEST elections rather than CORRUPTED (s)elections.

Thomas Jefferson on private banking; "I believe that banking institutions are more dangerous to our liberties than standing armies," Jefferson wrote. " If the American people ever allow private banks to control the issue of their currency, first by inflation, then by deflation, the banks and corporations that will grow up around(these banks) will deprive the people of all property until their children wake up homeless on the continent their fathers conquered." "The issuing power of currency shall be taken from the banks and restored to the people, to whom it properly belongs. (John 8: 44) (Rev 2: 9) (Rev 3: 9)

Reply | Mark as Spam | Posted On 3/31/2024 10:20:22 AM

Like Dislike

Martix
Joined On 10/19/2007 4:48:18 AM
Add as Friend | Send Message

We call that Stockholm Syndrome, just saying !!!

Mark as Spam | Posted On 3/31/2024 12:18:45 PM

Like Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

Most people would rather be dead than different. it has only become worse during the advent of modern society. Self-reliance and productivity used to be required on the frontier and farms. When population demographics shifted to cities and assembly line manufacturing, people discovered they could profit by going-along-to-get-along and not rocking the boat. Independent thought was bred out of people. Instead, marketing began using psychological techniques for mind-control, advertising and messaging. This encouraged people to make snap judgements without taking time to think things thru. people have lost their ability to think and do not want to be bothered learning the skills to do so (gathering evidence, being informed about current events, memorizing basic facts for future reference, etc.). For example, how often do students ask, "Do we need to know this for the test?" Very sad as people have lost sight of the value of critical thinking and self-education.

Mark as Spam | Posted On 3/31/2024 1:12:19 PM

Like Dislike

srg03462
Joined On 8/5/2021 1:52:37 PM
Add as Friend | Send Message

I am positive that my child developed an allergy to extreme temperatures from her childhood vaccines, although no doctor would admit it. My other child developed shingles at 3 years old from her chicken pox vaxx which I was hesitant to give. I stopped them after that but they had the majority when they were young. It's sickening how they make you feel like you are an incompetent parent if you refuse them. When I refused the meningitis, the doctor looked at my daughter and said "You could die." Like I would ever put my child in harm's way! I left the practice after that.

Reply | Mark as Spam | Posted On 3/31/2024 7:33:44 AM

Like Dislike

CMT367
Joined On 10/16/2018 8:46:43 AM
Add as Friend | Send Message

You were right to leave that practice. I avoid mainstream MD practices. They are all captured in the medico-pharma-industrial-complex, addicted to ideas exposed as wrong by Dr. Suzanne Humphries. Make sure you daughter understands why that doctor was incompetent.

Mark as Spam | Posted On 3/31/2024 9:18:23 PM

Like Dislike

sue2613
Joined On 6/6/2015 8:25:09 AM
Add as Friend | Send Message

During Covid Big Pharma used the phrase, you are a grandma killer if you don't get the vax. Good for you to stand up for you child.

Mark as Spam | Posted On 6/16/2024 5:13:02 PM

Like Dislike

pecanroll
Joined On 7/2/2020 10:12:50 PM
Add as Friend | Send Message

I love Dr. Humphries. I have both her books. Dr. Suze, if you're reading the comments, I was a nephrology RN. I am an iatrogenic mess from a flu shot in 2000 and subsequent MRI's with magnevist, omniscan and gadovist. Finally figured it out in 2019. I had many MRIs of my brain. I was poisoned. Its in my brain. The MRI glows pre contrast after a 12 year washout. I am still going through chelation. We now have ICD 10 Codes for gadolinium toxicity. Yet, doctors I listen to want the system to collapse. I do in a way, yet I want it to turn around. The doctor that figured it out knows Dr. M. I am, along with the gadolinium victim community are at a loss as to why gadolinium is still on the market as a "dye" when as you know, but for those that do not, is a Rare Earth Heavy Metal...lanthanide.

Its toxic. It is all over pubmed. How many legs did I assess (you can see the leather, cobblestone pattern, sores, severe skin break down) as a nurse and how many of my patients had NSF undiagnosed. All of the ESRD on dialysis or peritoneal dialysis. I am SICK of how I bought into this absolute nightmare. I have not lost my kidneys yet. They are affected. But I have other problems now I won't get into. It is a soft kill that is going on.

As Toby Rogers says, iatrogenocide. We did not learn from the past with thorotrast or thorium an actinide. Another past "dye" contrast medium that was removed from the market that caused liver failure. Instead, the manufacturers came up with GADOLINIUM, which can be contaminated with thorium and other lanthanides. It's written about contamination in pubmed. So as Dr. Larry Palevsky repeats on 5 docs show: Same play book, different decade/century and different poison. All Gadolinium does is create an "elegant' picture. Do your own due diligence on this topic if you are one of those that face having to have MRIs

Reply | Mark as Spam | Posted On 3/31/2024 8:59:07 PM

Like Dislike

hea3921
Joined On 4/6/2019 10:20:39 AM
Add as Friend | Send Message

I took the 3rd Pfizer booster shot. Just before I had an extensive blood test, my kidney was at 86%. After the shot within 4 month the kidney function dropped to 56%, 3 month later to 33% and I am now at stage 4+ kidney failure. I also have a condition similar to Polycythemia Vera with all the symptoms, like sweating, itching, high uric acid, ulcer, dizziness, fatigue, blurred vision, tinnitus etc. Forcing the population into those vaccines and suppressing ivermectine was the crime of the century, all money driven.

Reply | Mark as Spam | Posted On 3/31/2024 4:47:00 PM

Like Dislike

Antisandman
Joined On 2/11/2024 9:35:59 AM
Add as Friend | Send Message

The people who were behind the curtain were members of the dynastic bankster families. Money is not their motivation. Control of the 99% is and one of their tools is control of the money. They can create almost infinite amounts digitally as was evident during the plandemic. Now they are forcing inflation to impoverish more.

Mark as Spam | Posted On 4/1/2024 9:52:21 AM

Like Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

There is reason to be cautious about what enters the energy field of the human biome. The body is largely made of water. water is a biological liquid crystal. As such, it has the ability to transmit and receive frequencies (energies). These energies are embraced by cells. When a cell "vibrates" (resonates) at it's appropriate frequency, the material substances must be in harmony as matter and energy are inseparable under the laws of Newtonian physics. That means that cells must be properly structured and performing the functions for which they are intended. All forms of ingested meds are merely very crude carriers for energy. If balanced energy patterns could be reestablished by technological or esoteric means, there would be no need for MDs outside of surgeons for trauma cases.

Doctors would become energy workers. Just imagine if health classes taught in schools were about real science. many cultures once practiced energy- based medicine... the acupuncture meridians of Traditional Chinese medicine... the didgeridoo using sonic frequencies... the laying on of hands by certain Christian ministries, etc. How can you doubt the presence or interaction of human energy fields when you are clearly uncomfortable just being in proximity to certain individuals or knowing when a loved one away from home is in trouble?

Reply | Mark as Spam | Posted On 3/31/2024 2:40:04 PM

Like Dislike

sue2613
Joined On 6/6/2015 8:25:09 AM
Add as Friend | Send Message

I became aware of the effect of energy in the early 70s. I would become dizzy in certain areas but didn't know why. I finally realized that I am seriously affected by things such as EMF when I vacationed in an area that had no cell towers. In two days, I became a new person. I had more energy, no aches or pains. and slept like a log.

Mark as Spam | Posted On 6/16/2024 5:18:53 PM

Like Dislike

Nat
Joined On 11/10/2006 9:42:21 PM
Add as Friend | Send Message

I have a copy of the book, although an earlier edition and it joins the many books that I have accumulated on vaccines over the last twenty five years. I said to my wife, when the Covid injections first rolled out, that these injections may well be the final nail in the coffin of vaccines and that is still my hope. My eyes were first opened by looking at public health figures, showing the decline in the incidence of infectious diseases prior to the introduction of vaccines. They had been all but eliminated due to improvements in public health measures, such as clean water, sewer, washing of hands, refrigeration and better nutrition. We sopped vaccinating our children at that point.

Reply | Mark as Spam | Posted On 3/31/2024 1:05:05 AM

Like Dislike

Almond
Joined On 2/26/2008 4:23:33 PM
Add as Friend | Send Message

My husband and I knew 5 individuals who died shortly after being vaccinated. What are the odds of that for a vaxine that is "safe and effective"? After that, and even now, we continue to observe many probable adverse events that are typical of the vaxine. It is my observation that many symptoms first show up in the legs... difficulty walking, tremors, blood clots. This would make sense due to findings of obstruction to the circulation (the large fibrous blood clots) found on autopsies. I was taught that the 2 major causes of poor health (other than trauma) related to obstruction to the flow of blood or qi. It appears both of these are affected by the vaxine. problems can have a domino effect downstream leading to more illness.

Mark as Spam | Posted On 3/31/2024 1:19:08 PM

Like Dislike

sue2613
Joined On 6/6/2015 8:25:09 AM
Add as Friend | Send Message

Almond, I know many people who are having problems with their legs since the whole Covid thing started. None were vaccinated but were around people who did get the vax. What you said about energy is so true and mystifying.

Mark as Spam | Posted On 4/1/2024 4:40:55 PM

Like Dislike

Antisandman
Joined On 2/11/2024 9:35:59 AM
Add as Friend | Send Message

RFK Jr. said in an interview that when the act to protect vaccine manufacturers from legal liability, that the CDC was obligated to do a study. The CDC never did the study. It is my understanding that all US school districts keep attendance records. They also keep vaccination records. To my admittedly simple mind, it seems that simply comparing vaccination and attendance records over the last almost 40 years could give a valid epidemiological study on vaccine safety and effectiveness. Real world real time. It does not need to be a national study. The study could be done school district by school district then accumulated by county and state.

Local PTAs might be able to do it themselves. Think of the numbers in such a cohort. If vaccines are safe and effective, it would be obvious. So simple and easy, yet it has not been done. The federal government has attendance records over decades to allocate federal funds to schools. Combine those records with vaccination records, which are also required, and we have all the data to indicate just how safe and effective the vaccines are. No further medical records or control trials needed. The info is right there in local schools.

Reply | Mark as Spam | Posted On 3/31/2024 10:24:03 AM

Like Dislike

minimaniac1111
Joined On 3/7/2023 4:01:55 PM
Add as Friend | Send Message

You can go to CDC dot gov and search "symptoms of Covid-19. What pops up is an EXACT description of the common flu. NOT EVEN ONE so-called "virus" has ever been purified or isolated, by any lab anywhere in the world. Do not confuse "viruses" with bacteria. A while back Dr. Robert O. Young mailed letters to hospitals, clinics and medical agencies all over the world asking them if they had any evidence for the existence of SARS-CoV-2. He included readable screenshots of every letter mailed out and readable screenshots of every letter received back. NOT EVEN ONE had any proof of its existence. All the information is on his website: DrRobertYoung dot com.

During the Spanish Flu researchers tried everything they could think of in an effort to understand what was going on. They took samples from the noses and mouths of sick people and swabbed them into the eyes, noses, ears and mouths of healthy people. NOT EVEN ONE person became sick. Viruses do not exist in nature, floating around, just waiting to infect someone. Viruses are created INSIDE the body and only exist INSIDE the body as a means of fighting something that is not right INSIDE the body, like an acidic pH caused from eating man's chemical-laden garbage, so-called "food" or from the EMFs of 3G, 4G and 5G radiation.

Reply | Mark as Spam | Posted On 3/31/2024 5:37:05 PM

Like Dislike

JGW1950
Joined On 10/27/2022 3:03:37 PM
Add as Friend | Send Message

There are vaccinated and unvaccinated members of my family, and even one who gets a Covid booster every four months, and we all got Covid anyway, at least twice. But Dr. Zelenko's protocol fixed us all right up: zinc, quercetin, vitamin C, and vitamin D. He was from Ukraine, so like many of his countrymen, he recently died of cancer thanks to Chernobyl, but his company is still around: Z-Stack.

Reply | Mark as Spam | Posted On 3/31/2024 6:21:08 AM

Like Dislike

forbetterhealth
Joined On 11/26/2008 1:12:02 PM
Add as Friend | Send Message

I normally do not post comment's, but in recent years I had recieved the first booster of the recommended vax, May 2022. My reaction was deadly. I felt like I had been poisoned. (Stinging sensation throughout my body, burning in legs, high fever.) It was worse than the covid itself. Why was it necessary after already having it? This was actually my 2nd round of covid prior to the roll out of the vaxes. This recent time, Omicron, was two years ago after my dad died of covid. It was suggested I get the booster 90 days after my covid symptoms subsided with no fever. (Pharmacist recommended.) I had contracted covid after my father passed aeay in his home with me as his full time caregiver.

Ever since then I suffer from nerve pain, neuropathy in legs and feet. I am aggressive with detoxing, etc. Getting some relief. I have upped my Vitamin D3/K2, B Vitamins, Ketovore diet which seems to be helping. However, others are not so fortunate. My sister is bedridden with hideous pain and my brother in law is dealing with heart issues ever since. So many people I know are now dealing with heart issues and cancer at younger ages. Some dopping over dead, no previous conditions. Quite scary! There is something very bizzare about all of this. I heard Gates jumped ship and pulled his stocks out 2 years ago. So, time will tell just how deep this goes. Those spiked proteins are deadly...

Reply | Mark as Spam | Posted On 4/1/2024 7:05:34 PM

Like Dislike

Chipintn
Joined On 2/4/2008 4:27:38 PM
Add as Friend | Send Message

Here is a terrific thread documenting the MYTH of the Polio and Polio Vaccine story that 95% of people will believe..you will read and say.....son of a B, I had no idea. threadreaderapp.com/.../1005127713848463361.html

Reply | Mark as Spam | Posted On 4/1/2024 1:01:37 PM
Like Dislike

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jag2076
Joined On 1/26/2022 6:34:47 PM
Add as Friend | Send Message

I've been hearing this regarding Aspirin. So isn't aspirin the pharma version of white willow bark? Would that work as well?

Reply | Mark as Spam | Posted On 3/31/2024 8:47:52 AM
Like Dislike

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pmg1415
Joined On 3/19/2015 6:52:43 AM
Add as Friend | Send Message

Here's a concern: from what I've read here a leading driver of viral diseases among people is poor hygiene. We also know that spreading disease in hospitals can be minimized with proper hand washing techniques. So how is that politicians and "leaders' and "influencers" don't see people living on the streets as a public health threat? Why go through the trouble of locking us all down over COVID and yet letting millions live in airport terminals, crowded shelters, and in tents on public streets. I cannot comprehend the sinister nature of all of this.

Reply | Mark as Spam | Posted On 3/31/2024 6:49:01 AM
Like Dislike

Antisandman
Joined On 2/11/2024 9:35:59 AM
Add as Friend | Send Message

A well nourished body is immune to all diseases. Even the black plague only killed 30-50%. Europe and Asia at that time was poorly nourished. The human immune system is very robust else we would not exist.

Mark as Spam | Posted On 4/1/2024 9:47:32 AM
Like Dislike

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billstri
Joined On 6/8/2008 9:16:45 PM
Add as Friend | Send Message

One fear I have about getting older is the possibility of sooner or later ending up in an adult assisted care facility or a nursing home. As a condition of entering the home, you will have to sign an agreement that you will accept and get every single vaccine that is available, from tetanus, to measles, to whooping cough, to flu, to Covid, to RSV, to shingles, and to anything else they will force sell to you and you will have no say and you will get those and a lot more and you will pay for it, if you want to remain in that home. Once in a home like that, you have no say in what they give you that will be added to your bill. For many if not most people, this will be your fate as these practices suck the life out of you, forcing even more costly medical interventions to keep you alive for more costly procedures.

To make it worse, they will feed you a daily high PUFA diet and no organic foods, bought from the lowest bidder to provide your food. To keep you from falling down, they will keep you seated or in bed as much as they can and you will not be able to go on healthy daily walks. Many of these homes are located on busy traffic locations so you listen to traffic day and night, next to hospitals where they can easily take you for any medical procedure they can determine that you need. As we loose our freedoms in living in what was once a free nation, the entire country is becoming like an adult assisted care facility with the governments controlling your health.

Reply | Mark as Spam | Posted On 6/16/2024 9:28:11 AM
Like Dislike

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sue2613
Joined On 6/6/2015 8:25:09 AM
Add as Friend | Send Message

I know a man who refused to go into a nursing home. He stopped eating and then stopped drinking. His wife had died, and he had no family left. I have heard stories of people in other countries doing this. A few people who knew him who were in the medical profession were irate at his choice.

Mark as Spam | Posted On 6/16/2024 5:27:38 PM
Like Dislike

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dan326985
Joined On 1/24/2024 11:35:15 AM
Add as Friend | Send Message

My mother in law was 84 when covid came into the house. She had type 2 diabetes, congestive heart failure, high blood pressure, and lived a sedentary lifestyle, but at least she was unvaccinated. I gave her a myco-spectrum of wild mushrooms I gather and tincture, along with mullein, pine needle, and peppermint teas. She got a low grade fever for a day and a slightly scratchy throat for a couple days. Then she was fine, and still is at 86. The only family members who got very sick with covid were the ones in their 20s who had been forced to take the jab.

Reply | Mark as Spam | Posted On 4/4/2024 8:14:04 PM
Like Dislike

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iro5345
Joined On 4/7/2014 3:44:32 PM
Add as Friend | Send Message

Thank you Dr Mercola and Dr. Humphries! I was a Cardiac Intensive Care Nurse quite a few years ago and I was ordered to get the Hepatitis vaccines. I talked to my oldest brother who is a doctor and he told me he never gets even a flue shot. So I didn't get the vaccines. It is not just the old who die from the COVID-19 vax. I live in the country and one neighbor 48 years old died from the vax. His children tried doing CPR on him, but it didn't work. Another neighbor got liver cancer from the vaccine. He sold all of his cows and was doing hay farming before his death from the cancer. I had a good friend share an anti vaccine book with my when I had young children. My last four children didn't have any vaccines. My first 2 were minimally vaccinated.

Reply | Mark as Spam | Posted On 4/2/2024 1:00:18 PM
Like Dislike

Cece2019
Joined On 12/5/2023 9:20:50 AM
Add as Friend | Send Message

Kindly leave a link for latest version of this book. Only seeing 2013 version.

Reply | Mark as Spam | Posted On 3/31/2024 8:24:28 AM
Like Dislike

DebbyW
Joined On 5/27/2010 9:07:35 AM
Add as Friend | Send Message

So, Henry Ford saved the world by replacing horses in big cities with cars, and he's not even lauded for it because it goes against the vaccine narrative.

Reply | Mark as Spam | Posted On 3/31/2024 7:06:41 AM
Like Dislike

BiomedMom1
Joined On 8/30/2012 7:19:31 AM
Add as Friend | Send Message

Just placed my order (www.terrapinstationers.com/collections/the-book-shop-at-terrapin-stati..). Thank you.

Reply | Mark as Spam | Posted On 3/31/2024 7:04:18 AM
Like Dislike

Fiona2
Joined On 5/15/2011 9:48:02 AM
Add as Friend | Send Message

From whom did you order this? I want to be certain I get the new edition. Thanks.

Mark as Spam | Posted On 3/31/2024 7:59:04 AM
Like Dislike

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jan64524
Joined On 5/23/2018 8:09:07 AM
Add as Friend | Send Message

What many graduating doctors and lawyers used to do, which is not allowed now, is to declare bankruptcy after graduating. Student loans used to be included in bankruptcy. How convenient for the lawyers to come up with that game...?

Reply | Mark as Spam | Posted On 6/16/2024 8:37:33 PM
Like Dislike

Bassanio
Joined On 6/14/2024 10:19:32 AM
Add as Friend | Send Message

An important reality check on medical history that should be in every library. The 2013 edition of "Dissolving Illusions", if you can even bear to read it, is a well-named record not just of the vaccine industry but of the reality of working class life during the industrial revolution. No doubt the middle and upper classes in Victorian and early twentieth century England had chamber maids to deal with the less sanitary aspects of daily life. It seems the poor were the white economic slaves of the industrial revolution. The updated edition will no doubt dissolve more of our illusions. The pioneers of improved birth control, safe birthing as well as humane living and working conditions such as Marie Stopes and the Trades Union movements aimed at ending the horrors of Britain's dark satanic mills" were followed in the post war years by the construction of large estates offering affordable, rented housing with large gardens, open spaces and of course health care for all with the founding of the NHS in 1948.

There was electricity and modern sanitation in those homes but no central heating, television, nor washing machines which all came later. One 1950's Prime Minister's famous assertion "You've never had it so good" was exactly right.

Our parents born in the 1940's and 50's were all vaccinated at school against the killer disease tuberculosis, but common childhood infections such as chicken pox, measles and whooping cough seemed to run their course without vaccination. Now that health has become a multi-million dollar industry with vested interests in selling drugs and injections to all age groups, it seems the main purpose of free health care for all has been forgotten. Now the tables have turned: instead of taxpayers funding the NHS, they are funding the profits of the pharmaceutical industry but at no benefit to their health.

Reply | Mark as Spam | Posted On 6/16/2024 12:34:11 PM
Like Dislike

Muckrake
Joined On 9/14/2023 9:54:12 AM
Add as Friend | Send Message

I wonder if persons who are aspirin (salicylate) sensitive can handle her aspirin for Covid suggestion.

Reply | Mark as Spam | Posted On 6/16/2024 8:27:38 AM
Like Dislike

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nesanels
Joined On 5/4/2007 7:18:01 AM
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At min. 53 In Dr. Humphries' video: Doctor laughed at notion that what college students are eating has to do with their health. She expresses surprise, and mentions that even she learnt something about nutrition in medical school. It brings to mind what Mercola brings as the first source in one of his books: www.hindawi.com/.../357627 Journal of Biomedical Education Research Article Open Access The State of Nutrition Education at US Medical Schools Kelly M. Adams, W. Scott Butsch, Martin Kohlmeier First published: 06 August 2015 doi.org/.../357627Citations : 109 Academic Editor: Eleni Kaldoudi ---Abstract---- Purpose. To assess the state of nutrition education at US medical schools and compare it with recommended instructional targets.

Method. We surveyed all 133 US medical schools with a four-year curriculum about the extent and type of required nutrition education during the 2012/13 academic year. Results. Responses came from 121 institutions (91% response rate). Most US medical schools (86/121, 71%) fail to provide the recommended minimum 25 hours of nutrition education; 43 (36%) provide less than half that much. Nutrition instruction is still largely confined to preclinical courses, with an average of 14.3 hours occurring in this context. Less than half of all schools report teaching any nutrition in clinical practice; practice accounts for an average of only 4.7 hours overall.

Seven of the 8 schools reporting at least 40 hours of nutrition instruction provided integrated courses together with clinical practice sessions. Conclusions. Many US medical schools still fail to prepare future physicians for everyday nutrition challenges in clinical practice. It cannot be a realistic expectation for physicians to effectively address obesity, diabetes, metabolic syndrome, hospital malnutrition, and many other conditions as long as they are not taught during medical school and residency training how to recognize and tr

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nesanels
Joined On 5/4/2007 7:18:01 AM
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When you think about it, after everything is said and done, the medical system - together with Big Gov. and Deep State - is probably 1% evil and 99% ignorant. They simply don't know all this info - which is basics once you study it.

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Hopeful_One
Joined On 11/8/2016 7:27:45 AM
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About the vaccine schedule. It seems that each state has their own schedule. They do not all rubber stamp the CDC and adopt their standards. Has anyone compiled the actual vaccine schedule for all the states? Note that stating the CDC schedule as if it is implemented by all states is completely untrue.

Reply | Mark as Spam | Posted On 4/1/2024 12:19:27 PM
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Mei_Ling
Joined On 6/15/2010 8:48:17 PM
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This might be of assistance to you: www.nvic.org/law-policy-state

Mark as Spam | Posted On 4/1/2024 12:52:01 PM
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Suzicreamcheese
Joined On 8/5/2012 10:44:32 AM
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Roll Up! Roll Up! Get your Annual, Monthly, Booster Dose of Adjuvants...Mercury, Aluminium, Dead Animal DNA, Nano-particles of Graphine, All Good! All Good! Hurry up before we run out, because we're sending more to the undeveloped countries!

Reply | Mark as Spam | Posted On 4/1/2024 7:11:43 AM
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PathNotes
Joined On 12/25/2012 3:44:06 PM
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Excellent book. Read it years before the Covid-19 pandemic thanks, in part, to Dr. Mercola's website.

Reply | Mark as Spam | Posted On 3/31/2024 9:32:47 PM
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Ant5157
Joined On 11/9/2018 6:03:15 AM
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rkostoff, Thank you so much for taking your time to reply! A very useful paper indeed! I see items on this that I will now use! Juniper berries have always been interesting to me. They are also plentiful here in the desert!

Reply | Mark as Spam | Posted On 3/31/2024 4:11:01 PM
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cda8719
Joined On 7/20/2023 12:21:34 AM
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A great woman I wish more wheousing their head.

Reply | Mark as Spam | Posted On 3/31/2024 2:46:57 PM
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cda8719
Joined On 7/20/2023 12:21:34 AM
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My Goodness what does an outh mean to them? This is so bad and sad

Reply | Mark as Spam | Posted On 3/31/2024 1:43:42 PM
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PatchWood
Joined On 8/15/2009 9:54:53 AM
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HERE IS AN INTERESTING POST FROM TWITTER... I follow Clif High: clif @clif_high -:- Received an email from a fellow in Turkey. His family grows medical leeches for EU market (who knew?)...anyway, people in EU are using leeches vs the vaxx in their relatives. Thing is that leeches are SUPPOSED to be a 'reusable' treatment item. BUT the email is saying that the vaxx blood is killing the leeches. Good for this family's biz though as the leeches are reported as having some positive effects even though they are dying after only 3 uses. So need for more leeches to be grown. and so it goes.... 8:58 AM Mar 30, 2024 - 113.9K Views

Reply | Mark as Spam | Posted On 3/31/2024 10:18:28 AM
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bobby9
Joined On 6/19/2006 6:59:41 PM

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Highly recommend this information.....you won't even think about getting a vaccine...EVER
vactruth.com/2009/07/21/dr-andrew-moulden-interview-what-you-were-neve..

Reply | Mark as Spam | Posted On 3/31/2024 9:35:50 AM

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josephunger
Joined On 2/15/2012 6:52:11 PM
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Thank you for the expose. All you report is consistent with my training back in the 1970's and it is encouraging to have a voice of reason in the community. I invite any skeptics to thoroughly review the works of Harris Coulter PhD, A Divided Legacy vol I-IV, if you can find them. Harris presents as an unbiased medical historian, offering compelling information. Additionally, Dr Mercola presents conclusions consistent with my training in biology and physiology. Where did the wisdom and understanding of a half a century ago vanish to? I must wonder what the kids are being taught these days. (translation: I fear what is taught)

Reply | Mark as Spam | Posted On 3/31/2024 6:49:45 AM

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rkostoff
Joined On 11/26/2010 5:14:49 AM
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"The primary focus for me is what people are putting into their mouths". That's part of the problem, but not the whole problem. Our studies have shown that elements from five major categories (Lifestyle, Iatrogenic, Biotoxins, Environmental/Occupational, and Psychosocial/SocioEconomic) can contribute to degradation of the Immune System, and other major bodily systems. Our protocol (developed to prevent and reverse chronic disease and, as we have found, is also applicable to preventing infectious disease) focuses on identifying the large numbers of factors that contribute to myriad diseases, and requires that these factors be eliminated as broadly, deeply, and rapidly as possible (www.publichealthtoxicology.com/Prevention-and-reversal-of-chronic-dise..).

Reply | Mark as Spam | Posted On 3/31/2024 5:44:48 AM

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Ant5157
Joined On 11/9/2018 6:03:15 AM
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I love this study! Wraps it all up nicely! I am a success story of Dr T Wahls, mentioned in the article. So I can attest to this. I started her protocol around 2010, for a different autoimmune disease. It does indeed work. I am however, confused about your inclusion of various vegetable oils mentioned in Table 4 foods to choose: canola oil is listed in the polyphenols list, and the other seed oils listed in Oleic list. " I say 'your' inclusion, because I am assuming that you are the same R. Kostoff who authored the paper. I sincerely am curious, as Mercola has written about the dangers in general of seed oil, referring to them as poison.

One recent example here: media.mercola.com/ImageServer/Public/2024/March/PDF/canola-oil-health-.. , stating that it actually contributes to brain declines in health, and other metabolic. I am really interested in the inclusion of canola oil, since it seems Mercola believes it contributes to these diseases. Do you have a different viewpoint or information on seed oil? Again, I am coming from a standpoint of knowing how important diet is, and am genuinely interested. Also, I am extremely grateful to you health warrior leaders out there, who have willingly made yourselves into pariahs AND placed yourselves in danger for the benefit of humanity! Bless you all!

Mark as Spam | Posted On 3/31/2024 8:17:30 AM

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rkostoff
Joined On 11/26/2010 5:14:49 AM
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This is in response to the comment by Ant5157, since there is no Reply button to his comment. The paper was written about three years ago, and published about 2.5 years ago. I re-examined Table 4. If I were modifying the article today, I would make two changes. First, I probably would not include the seed oils (Canola, Safflower, etc.) in the list, based on information that has emerged in the last three years. Similarly, I would add caveats to the soy inclusions, given the possibility of potential adverse effects from the phytoestrogens in soy products. It can potentially impact the thyroid, and cause other hormonal problems. The jury is still out on the phytoestrogen issue; discussing it with one's doctor is probably the best approach.

Mark as Spam | Posted On 3/31/2024 10:44:15 AM

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