



No time to tidy? Book a house cleaner

Schedule ▾

◀ Back to search results for "yoga immortality and freedom mircea eliade"



Flip back



See all 3 images

Yoga: Immortality and Freedom (Mythos: The Princeton/Bollingen Series in World Mythology)

Paperback – July 26, 2009

by **Mircea Eliade** (Author), **Willard R. Trask** (Translator), **David Gordon White** (Introduction)

29 customer reviews

See all 2 formats and editions

Paperback
\$21.58

33 Used from \$18.50
34 New from \$21.58

In this landmark book, first published in English in 1958, renowned scholar of religion Mircea Eliade lays the groundwork for a Western understanding of Yoga. Drawing on years of study and experience in India, Eliade provides a comprehensive survey of Yoga in theory and practice from its earliest antecedents in the Vedas through the twentieth century.

A new introduction by David Gordon White provides

[Report incorrect product information.](#)



The Amazon Book Review
Author interviews, book reviews, editors picks, and more. [Read it now](#)

Share

Buy New **\$21.58**
Qty: List Price: ~~\$37.50~~
Save: \$15.92 (42%)

In Stock.
Ships from and sold by Amazon.com.
Gift-wrap available.

– [Turn on 1-Click ordering for this browser](#) –

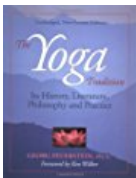
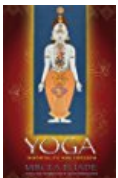
Want it Monday, Oct. 2? Order within **11 hrs 7 mins** and choose **Two-Day Shipping** at checkout. [Details](#)

Ship to:
Derek Bishop- Indian Wells - 92210

[Add to your Dash Buttons](#)

Sell yours for a Gift Card
We'll buy it for **\$3.05**
[Learn More](#)

Frequently bought together



Total price: **\$42.38**

- This item:** Yoga: Immortality and Freedom (Mythos: The Princeton/Bollingen Series in World Mythology) by Mircea Eliade Paperback **\$21.58**
- The Yoga Tradition: Its History, Literature, Philosophy and Practice** by Georg Feuerstein Paperback **\$20.80**

Other Sellers on Amazon

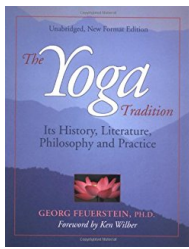
\$24.62
+ \$3.99 shipping
Sold by: SuperBookDeals---

\$28.99
+ Free Shipping
Sold by: bargainbookstores-

\$31.49
+ Free Shipping
Sold by: Prepbooks

Have one to sell?

Customers who bought this item also bought

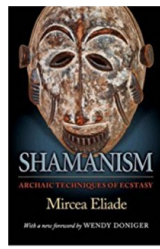


The Yoga Tradition: Its History, Literature, Philosophy and Practice

› **Georg Feuerstein**

69

Paperback
\$20.80

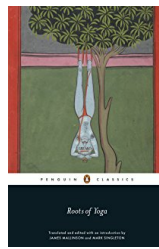


Shamanism: Archaic Techniques of Ecstasy (Bollingen Series...)

› **Mircea Eliade**

61

Paperback
\$29.29



Roots of Yoga (Penguin Classics)

Sir James Mallinson

11

Paperback
\$12.19

Special offers and product promotions

- Use [Hilton Honors Points](#) to shop at Amazon.com. Get started.

Editorial Reviews

Review

Praise for Princeton's previous editions: "[Yoga: *Immortality and Freedom*] states with clarity and precision what the beliefs and practices of yoga are, and how they originated from the primeval Indic religions."--*New Yorker*

Praise for Princeton's previous editions: "[M]any of the scholars who have laboured to translate or interpret the Eastern scriptures have been handicapped by their own prejudices and preconceptions. . . . Eliade is emphatically not one of them."--*Times Literary Supplement*

Praise for Princeton's previous editions: "[T]he best single book on yoga. . . . As a young man, [Eliade] lived for years in India practising authentic yoga and experienced all its phenomena, but he was in addition a master of all the relevant texts in the original Sanskrit, and his book is unrivalled for its scholarship."--**Robert Temple, *Spectator***

Praise for Princeton's previous editions: "There has rarely been a book in English which treats the mental discipline of Yoga in such exhaustive detail. . . . [A] work that is likely to remain standard for many years to come."--**Herbert Cahoon, *Library Journal***

"This is . . . a book that will . . . whet the appetite of your intellect. It also offers the reader so much more insight into the tenets of yoga than the multitude of self-help books on meditation and how-to-do-yoga will ever give. In *Yoga: Immortality and Freedom*, Eliade analyzes in detail a religion and tradition that for years was his lifestyle. Get ready for some massive reading."--**Minna Forsell, *Metapsychology Online Reviews***

About the Author

Mircea Eliade (1907-1986), a native of Romania, was for many years the Sewell L. Avery Distinguished Service Professor of the History of Religion at the University of Chicago. His many books include *The Myth of the Eternal Return*, *The Sacred and the Profane*, and *Shamanism* (all Princeton).

Product details

Series: Mythos: The Princeton/Bollingen Series in World Mythology

Paperback: 576 pages

Publisher: Princeton University Press; With a New introduction by David Gordon White edition (July 26, 2009)

Language: English

ISBN-10: 0691142033

ISBN-13: 978-0691142036

Product Dimensions: 5.4 x 1.4 x 8.4 inches

Shipping Weight: 1.4 pounds ([View shipping rates and policies](#))

Average Customer Review: 29 customer reviews

Amazon Best Sellers Rank: #214,503 in Books ([See Top 100 in Books](#))

#90 in [Books](#) > [Politics & Social Sciences](#) > [Philosophy](#) > [Eastern](#) > **Indian**

#545 in [Books](#) > [Religion & Spirituality](#) > **Other Eastern Religions & Sacred Texts**

#705 in [Books](#) > [Health, Fitness & Dieting](#) > [Exercise & Fitness](#) > **Yoga**

Would you like to [tell us about a lower price?](#)

If you are a seller for this product, would you like to [suggest updates through seller support?](#)

More about the author

[Visit Amazon's Mircea Eliade Page](#)



Discover books, learn about writers, read author blogs, and more.

Tell the Publisher!
I'd like to read this book on Kindle

Don't have a Kindle? [Get your Kindle here](#), or download a **FREE Kindle Reading App**.

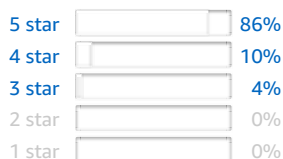


Book Awards
Browse award-winning titles. [See more](#)

Customer reviews

29

4.7 out of 5 stars



Share your thoughts with other customers

[Write a customer review](#)

[See all verified purchase reviews](#)

Rated by customers interested in

[What's this?](#)

Sports Books

4.6 out of 5 stars

Is this feature helpful?

Top customer reviews

Phenomenal

By [C. Jones](#) on November 2, 2014

Format: Paperback **Verified Purchase**

Wow. If you want to get a grand total understanding of not only Yoga but also of Tantra and how it fits into the grand scheme of many of India's innumerable great teachings then this book is for you. It is absolutely phenomenal and on par with Vashista's Yoga in terms of its profundity. Although Vasistha's Yoga is an actual scripture for teaching, this text is more of a scholarly epic detailing the "inside scoop" on a lot of what makes Yoga and Tantra so life changing.

Not a lighthearted book for the typical Westerner looking for insight on Asana's or even a typical guru worship treatise expounding on what makes "my guru" so great. This cuts straight to the heart of what Yoga has always and will always be about; mystical union. Bring a dictionary. I know I needed one lol.

[Comment](#)

[Thank you for your feedback.](#)

[Report abuse](#)

yoga for purists with interest in the intellectual side

By [Zora Divine](#) on January 16, 2014

Format: Paperback **Verified Purchase**

A classic text by a classic scholar. Mircea Eliade writes a scholarly work on the history, origins and practices of yoga. He references the Upanishads and other Sanskrit original works, but also scholars of his time who wrote about yoga. It's a good book for practitioners interested in deepening their knowledge about the ancient ways of yoga, but is best suited for people who are comfortable with foreign words, Sanskrit concepts and/or are adept at reading scholarly writing.

This book will not be helpful to beginners and is certainly not as accessible as a pick it up and read it at the doctor's office kind of magazine article, nor is it a manual with instructions on asanas and breathing.

It is a good read, perhaps even a must read for practitioners with a few years of yoga practice who want to go

Most recent customer reviews

Four Stars

good classic book on yoga from a respected source. writing is a bit dry.

Published 1 year ago by dheepa sundaram

Five Stars

Excellent!!!

Published 1 year ago by JUAN ANTONIO TRIBALDOS

Five Stars

than you

Published 1 year ago by teresa stephen

Here is the go to book for an in-depth through ...

Here is the go to book for an in-depth through mastery of yoga.

Published 1 year ago by Scott A Miller

For one discerning the Truth of Christ, this book ...

For one discerning the Truth of Christ, this book excellently and succinctly tells a Christian why they should steer away from yoga. It is not of Christ.

[Read more](#)

Published on September 24, 2015 by fiberwiazard

Five Stars

Wisdom from a master.

Published on September 10, 2015 by Amazon Customer

Five Stars

Excellent coverage of yoga as praxis immortalis.

deeper in exploring the historical origins, beliefs and variations of yoga. It's quite dense and assumes the reader has familiarity with Sanskrit and Hinduism and other Indian philosophical traditions.

[Comment](#)

[Thank you for your feedback.](#)

[Report abuse](#)

Required Reading for traditional Yoga Teachers

By [DBroach](#) on July 11, 2017

Format: Paperback [Verified Purchase](#)

This is a fantastic and comprehensive read. I can't recommend enough to read this book. Should be required reading in any yoga teacher training program that seek to an authentic grounding in traditional yoga.

[Comment](#)

Was this review helpful to you?

[Report abuse](#)

The best book you'll find on the philosophy of Yoga

By [Wayne Weiss](#) on July 28, 2015

Format: Paperback [Verified Purchase](#)

This is the best book I have ever read on the philosophy and influence on Indian culture of Yoga. Nothing else comes near. Eliade is masterful.

[Comment](#)

One person found this helpful. Was this review helpful to you?

[Report](#)

[abuse](#)

Great.

By [Louis Corvera](#) on June 22, 2017

Format: Paperback [Verified Purchase](#)

Classic. Great.

[Comment](#)

Was this review helpful to you?

[Report abuse](#)

Must Read

By [Dan Hariton](#) on September 15, 2014

Format: Paperback [Verified Purchase](#)

An excellent documentary of all yoga aspects and philosophies, beyond the physical exercises we customarily associate yoga with.

This book expands the reader's horizons, understanding of different yoga methods, goals, specialties, concentrations."Must Read" is an understatement.

[Comment](#)

Was this review helpful to you?

[Report abuse](#)

This is a great scholarly work.

By [harte](#) on May 12, 2014

Format: Paperback [Verified Purchase](#)

it is serious, academic, and authoritative -- but otherwise not for most practitioners. the history of significant texts is laid out with understanding of the thought.

[Comment](#)

One person found this helpful. Was this review helpful to you?

[Report](#)

[abuse](#)

Excelent book!

By [Marina](#) on July 8, 2013

Format: Paperback [Verified Purchase](#)

If you are looking for a approach to the yoga from the understanding why this discipline impacts so deeply in the lives whom practices it, this is the book that do you need. It is writing so carefully and meticulously that is easy to read and it is an excellent map to the occidental yogi 's world.

[Comment](#)

Was this review helpful to you?

[Report abuse](#)

[See all verified purchase reviews](#)

[Write a customer review](#)

Published on November 11, 2014 by Bradford Matsunaga

Five Stars

Brilliant

Published on November 4, 2014 by Sarah E. Schwartz

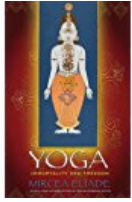
classic

Intelligent work on yoga

Published on October 2, 2014 by Amazon Customer

Search customer reviews

Set up an Amazon Giveaway



Amazon Giveaway allows you to run promotional giveaways in order to create buzz, reward your audience, and attract new followers and customers. [Learn more about Amazon Giveaway](#)

This item: Yoga: Immortality and Freedom (Mythos: The Princeton/Bollingen Series in World Mythology)

Set up a giveaway

What other items do customers buy after viewing this item?

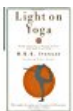


[Yoga: Immortality and Freedom \(Bollingen Series, Vol. LVI\)](#) Paperback

› [Mircea Eliade](#)

29

\$27.16



[Light on Yoga: The Bible of Modern Yoga](#) Paperback

› [B. K. S. Iyengar](#)

461

\$11.99



[The Sacred and The Profane: The Nature of Religion](#) Paperback

› [Mircea Eliade](#)

68

\$8.91



[The Myth of the Eternal Return: Cosmos and History \(Bollingen Series \(General\)\)](#) Paperback

› [Mircea Eliade](#)

23

\$22.13

Pages with related products. See and discover other items: [religion and mythology](#), [study of mythology](#)

[Back to top](#)

Get to Know Us

[Careers](#)
[About Amazon](#)
[Investor Relations](#)
[Amazon Devices](#)

Make Money with Us

[Sell on Amazon](#)
[Sell Your Services on Amazon](#)
[Sell on Amazon Business](#)
[Sell Your Apps on Amazon](#)
[Become an Affiliate](#)
[Advertise Your Products](#)
[Self-Publish with Us](#)
[Become an Amazon Vendor](#)
[Sell Your Subscription on Amazon](#)
[› See all](#)

Amazon Payment Products

[Amazon Rewards Visa Signature Cards](#)
[Amazon.com Store Card](#)
[Amazon.com Corporate Credit Line](#)
[Shop with Points](#)
[Credit Card Marketplace](#)
[Reload Your Balance](#)
[Amazon Currency Converter](#)

Let Us Help You

[Your Account](#)
[Your Orders](#)
[Shipping Rates & Policies](#)
[Amazon Prime](#)
[Returns & Replacements](#)
[Manage Your Content and Devices](#)
[Amazon Assistant](#)
[Help](#)

English

United States

Amazon Music
Stream millions
of songs

Amazon Drive
Cloud storage
from Amazon

6pm
Score deals
on fashion brands

AbeBooks
Books, art
& collectibles

ACX
Audiobook Publishing
Made Easy

Alexa
Actionable Analytics
for the Web

Amazon Business
Everything For
Your Business

AmazonFresh
Groceries & More
Right To Your Door

AmazonGlobal
Ship Orders
Internationally

Home Services
Handpicked Pros
Happiness Guarantee

Amazon Inspire
Digital Educational
Resources

Amazon Rapids
Fun stories for
kids on the go

Amazon Restaurants
Food delivery from
local restaurants

Amazon Video Direct
Video Distribution
Made Easy

Amazon Web Services
Scalable Cloud
Computing Services

Audible
Download
Audio Books

AudiobookStand
Discount Audiobooks
on Disc

Book Depository
Books With Free
Delivery Worldwide

Box Office Mojo
Find Movie
Box Office Data

ComiXology
Thousands of
Digital Comics

CreateSpace
Indie Print Publishing
Made Easy

DPRreview
Digital
Photography

East Dane
Designer Men's
Fashion

Fabric
Sewing, Quilting
& Knitting

Goodreads
Book reviews
& recommendations

IMDb
Movies, TV
& Celebrities

IMDbPro
Get Info Entertainment
Professionals Need

Junglee.com
Shop Online
in India

Kindle Direct Publishing
Indie Digital Publishing
Made Easy

Prime Now
FREE 2-Hour Delivery
on Everyday Items

Prime Photos
Unlimited Photo Storage
Free With Prime

Shopbop
Designer
Fashion Brands

TenMarks.com
Math Activities
for Kids & Schools

Warehouse Deals
Open-Box
Discounts

Whispercast
Discover & Distribute
Digital Content

Whole Foods Market
America's Healthiest
Grocery Store

Withoutabox
Submit to
Film Festivals

Woot!
Deals and
Shenanigans

Zappos
Shoes &
Clothing

Souq.com
Shop Online in
the Middle East

Subscribe with Amazon
Discover & try
subscription services