Masks shed plastic particles that embed in artery walls and associate with 4.5X risk of heart attack, stroke, or death

Hot Mess Weekly writing only when Doing Life is a mess from. Masks that don't Block Covid, Flu, or Bacteria Are Dangerous Don't Listen to Them

James Hill-Mills
Feb 11, 2024

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Transcript

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As reported by Brad Marchand MD in the video above, a March 2024 study in the New England Journal of Medicine found:

1. People undergoing carotid endarterectomy (removal of plaque from inside the main neck artery feeding blood to the brain) for asymptomatic carotid artery disease (i.e., when plaque is present before any stroke-like symptoms) had **microplastics and nanoplastics** in the atherosclerotic plaques removed from the artery wall.
2. **Polyethylene** was detected in carotid artery plaques of 58.4% of 257 patients, and **polyvinyl chloride** was found in 12.7%.
3. Electron microscopy revealed **jagged-edged foreign particles** among plaque macrophages and scattered in stromal deposits.
4. People in whom MNPs were detected within an atheroma had **4.8X risk of a major adverse cardiovascular event (heart attack), stroke, or death from any cause** over 33 months of follow-up.

Masks shed micro- and nanoplastics

From the NE JM article:

> Several studies have shown that microplastics and nanoplastics (MNPs) enter the human body through ingestion, inhalation, and skin exposure, where they interact with tissues and organs.
>
> MNPs have been found in selected human tissues, such as the placenta, lungs, and liver, as well as in breast milk, urine, and blood.
>
> Recent studies performed in preclinical models have led to the suggestion of MNPs as a new risk factor for cardiovascular disease.

Data from in vitro studies suggest that specific MNPs promote oxidative stress, inflammation, and apoptosis in endothelial and other vascular cells; animal models support a role for MNPs in altered heart rate and rhythm, reduction impairment, myocardial fibrosis, and endothelial dysfunction.

Studies such as those listed below show **Covid face masks** release MNPs (as well as toxic metals including lead, cadmium, antimony, and copper — into the air you inhale:

- **Face masks as a source of nanoplastics and microplastics in the environment: Quantification, characterization, and potential for bioaccumulation (2021)**
- **Need for assessing the inhalation of microtexnoplastic debris shed from disposable face masks during the current pandemic and beyond (The COVID-19 pandemic (2021)**
- **Nanoplastics and other harmful pollutants found in disposable face masks (2021)**
- **Covid-19 face masks: A potential source of microplastic fibers in the environment (2020)**

Plastic particles found in blood of 80% of people tested while leaders continue demanding your family wear plastics-shedding masks

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High-quality studies show masks do not reduce viral infection rates or block the aerosols in which respiratory viruses travel.

Furthermore, there are many harms associated with face masks.

Masks are harmful and can't reduce Covid infection rates or transmission and drive respiration

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Microplastics and Nanoplastics in Atherosclerosis and Cardiovascular Disease

DOI: https://doi.org/10.1056/NEJMoa2320990

Abstract

> **BACKGROUND:** Microplastics and nanoplastics (MNPs) are emerging as a potential risk factor for cardiovascular disease in preclinical studies. Data from human studies that link exposure to humans is lacking.
>
> **METHODS:** We conducted a prospective, multicenter, observational study involving patients who underwent carotid endarterectomy for asymptomatic carotid artery disease. The removed carotid plaque specimens were analyzed for the presence of MNPs with the use of pyrolysis gas chromatography ion mobility spectrometry mass spectrometry and electron microscopy. Atherosclerotic lesions were assessed with vascular tissue immunostaining for smooth muscle and macrophages. The primary outcome was a composite of myocardial infarction, stroke, or death from any cause. Cox proportional-hazards models were used to compare the risk of primary outcome between those with and those without the presence of MNPs in plaque as compared with patients with plaque free of detectable amounts of MNPs.
>
> **RESULTS:** A total of 257 patients were enrolled in the study, and 237 completed surgery (205 men [86.5%]; mean age, 72.4 years). Polyethylene was detected in 58.4% of the plaques, polyvinyl chloride was detected in 12.7%, and both types were detected in 25.2% of the plaques. Patients with MNPs in their carotid artery plaques were more likely to have had a history of cerebrovascular disease, coronary artery disease, peripheral arterial disease, and chronic kidney disease than patients without MNPs in their carotid artery plaques. Patients with MNPs in their carotid artery plaques were more likely to have had a major adverse cardiovascular event (a composite of myocardial infarction, stroke, or death from any cause) within 33 months of follow-up (2.5 events per 100 patient-years versus 0.6 events per 100 patient-years; hazard ratio, 4.8; 95% confidence interval, 1.3 to 17.6; P=0.02).
>
> **CONCLUSIONS:** In this study, patients who underwent carotid plaque surgery within 33 months were observed to have a higher risk of a major adverse cardiovascular event if MNPs were detected in their carotid artery plaques than those in whom MNPs were not detected. (Funded by Fondazione di Ricerca Scientifica and Ministero Italiano Università e Ricerca; ClinicalTrials.gov number, NCT03580564.)

Health Effects of Nasal Fecal-Oriented Exudative Dermatoses

DOI: https://doi.org/10.1097/DCD.0000000000000478

Why do you think leaders mandate masks that don't reduce Covid or influenza infections and are only harmful?

Above video by Brad Marchand MD on YouTube.

Support through Ko-Fi or Buy Me a Coffee or Cashapp.

Bitcoin: bc1qec7ttq7f63ku9ceqkmqmd7ezv3mqzfnuh3k8ks

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It seems that's what it's coming to, Alan1, doesn't it?
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Thanks for the info.
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Graphene is made to be nanoplastic, as mentioned in this article. Graphene oxide is used in Covid jabs and injections.
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https://physicsworld.com/news/graphene-coated-face-masks-a-covid-19-crusader-or-another-health-risk/ 19/02/2
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Thank you. I feel bad for doctors, nurses and others still wearing surgical masks for hours on end. Hospitals are ordering them for their employees and requiring them be worn by all. Finally they insist. Hospital employees are often in such classic signal amplifiers, health authorities and manufacturers.
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Thank you for your comments. Masks are a ploy, fear, and all ancillary products, or perhaps the global profits when that profitable masks are forced to an equipment of chronic diseases and toxic medications.
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Thank you for your comments.
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These types of "mission" intentional poisonings and black ops kill crap, until there are consequences. Unfortunately, that will take years and the damage will be done and the perpetrators will be long gone and hiding behind their lawyers and institutions that sucked and insulated the hell out of the first place.
Once the first few lawsuits are litigated and won, the mandates will be lesser in number.
Excellent post Sec. We should all prepare and do what we can to take back the responsibility for our respective health and their maintain it.
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James Hill-Mills · Feb 21 · Edit · Del · Author
Thank you, Charlie Rose.
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Anonymous · Feb 19 · ⚙ Edit this comment · Edit · Del
Hi Kaplan as promised:
https://pubmed.ncbi.nlm.nih.gov/35400266/
Toxicity of microplastics and nanoplastics in mammalian systems
Thanks for sharing the information of microtexnoplastic debris and their impact on the COVID-19 Pandemic made from coverings during the COVID-19 pandemic (2021)
https://pubmed.ncbi.nlm.nih.gov/34344475/27799/
Do Nanoplastics and other harmful pollutants found in disposable face masks (2021)
https://www.sciencedirect.com/science/article/pii/S0304389421007242
A Covid-19 Face Masks: A potential source of microplastic fibers in the environment (2020)
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>>> Greg
We already know that they control the official media and are going to continue to do so. Nothing is going to change until they are forced to. Nothing is going to change because the Left wants to destroy America and they want to hide the truth about graphene in masks. Demonstrated by multiple people, Graphene Oxide is used in the Covid injections and in Graphene Oxide and GO is known to cause cancer in masks. According to their study, it contained undetected products, such as graphene oxide. Graphene oxide is known to cause cancer. Graphene Oxide is used in Nerve, albumin, prostatic, and cancer cells. GO CELLULOSE SUPPORT Small Size, Uniform Sheet, MATERIALS FOR ELECTRONICS
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Thanks Jim. Shared the link article with Great Pub-PhD Chemist on DG last week.
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Thank you, Tim.
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Jean Ann · Feb 19 · ⚙ Edit this comment · Edit · Del
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James Hill-Mills · Feb 21 · Edit · Del · Author
Thank you, Jean Ann.
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Jean Ann · Feb 19 · ⚙ Edit this comment · Edit · Del
Nice 2020 suggestion — if you have compromised lungs, get high-thread count cotton sheets, and make your own. All jokes aside, I'm sorry that I'm seeing a few extra-long-haul Covid victims who are having a hard time with it. I'm not a fan of the jabs, etc, but I'm rooting for them and thankful for them.
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Greg · Feb 21 · ⚙ Edit this comment · Edit · Del
>>> Gary
Dr Kovach Sense Bochet
https://rumble.com/v2ldf7/DR%20KOVACH%20SHAUT%20TO%20ALTS
It's disgusting is taking a giant step for a healthy future with the protocols PROVIDE FOR the treatment of Covid-19 and other respiratory illnesses and ailments based organic including peptide bioactive products if they developed
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Microplastics that enter the body with food pass through the intestine into the blood, where they are transported through the lymphatic system to the liver and gallbladder.
Microplastics, due to their small size and hydrophobicity (not being hydrophilic), can cross the placenta and breast milk barrier, reaching the gastrointestinal (digestive) system and lungs, two potential areas of harm that can occur in the first place.
Food is delivered as a nanoplastic destroyer product.
Probiotics is a product that simultaneously focuses on the beneficial effect of infrasaccharide on human immunity and microplastic biodegradation.
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