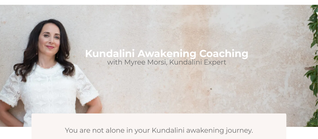

Kundalini Awakening Coaching
with Myree Morsi, Kundalini Expert

You are not alone in your Kundalini awakening journey.

Since 2009, I've been offering empowering, transformative Kundalini awakening coaching.

A professional healer since 1999, my blend of spiritual gifts, initiations and professional training in Kundalini awakening, trauma-informed healing, and deep energy work has supported hundreds of Kundalini awakening to completion from 2006 to 2009. I have been symptom-free ever since.

So, dear Awakening One, I've been there, too. **I know what it's like to struggle to maintain a busy, modern life amidst Kundalini's intense purification processes.**

Through my own experience, and supporting 1,000s of others since, I also know which lifestyle choices surprisingly exacerbate the symptoms — and which simple changes stabilise the symptoms for more ease, understanding and work/life/awakening balance.

The Kundalini journey is often frightening and lonely, whether you asked for it or not.

But you don't have to go it alone.

It is my passion, joy and privilege to support people around the world to ground, stabilise and embody their awakening so they can surf the flow of Kundalini with more ease and peace.

Please know that while I work in a coaching model, the support I offer is my unique blend of therapy, trauma support, energetic healing, multidimensional exploration, awakening support and coaching — this blend embraces the full spectrum of challenges that Kundalini can create.

Scroll down to get more info on understanding your Kundalini awakening, what to expect in my private Kundalini awakening coaching and how to **book a free 15-minute intro call with me**.

With passion for your awakening,

Myree xo.

3 Stars: Illinois, USA
Psychologist

When I first met Myree, I was in a panic state and felt like shattered, scattered fragments of glass. It was through her love, compassion, and skill that I can truly say I am both stabilized and enhanced. I have come to know my once again.

To me, **Myree is more than a healer; she is a divine gift to all who are touched by her presence** in their lives. Not only is she a phenomenal healer, she is a phenomenal human who creates a safe space to open up, grow, unfold, and find peace. When we meet (via Skype), it feels more like sharing time with my best friend. I am always confident that I'm safe, and thus better in her presence.

She is instrumental in seeing clairvoyantly and feeling empathically where and how my energy is moving. As a result, she has brought me to a place of functional capability, even while laughing and finding lightness in the midst of heaviness and oftentimes tears. I am eternally grateful to Myree.

Myree Shares Her Approach to Supporting Your Kundalini Awakening

Kundalini awakening can be painful to journey through alone.

The Kundalini awakening process can be a difficult, frightening and overwhelming experience for many people. It was for Myree.

Often, Kundalini is lonely and isolating, misunderstood by others, confusing and distressing. It can initiate unimaginable levels of pain and crisis for some people.

Myree underwent her Kundalini process largely on her own, with occasional insight by others who had walked the path. She would have loved to have someone to soothe and support her, and to help her avoid some of the challenges she faced while equipped with her inner intuition and awareness as guides amidst profound stress on all levels of her being and life.

Receiving safe support, deep knowledge, a personalised map and resources to support your unique process can make an enormous and invaluable difference to your awakening.

It IS possible to befriend your Kundalini awakening!

With Myree, you will learn to embrace the full spectrum of challenges and gifts that your Kundalini awakening can create.

Myree's Empathic Approach

When Myree successfully stabilised and completed her Kundalini awakening in 2009 her focus turned to assisting others. She began to integrate her Kundalini awakening in everyday life, integrating awakened consciousness and increasing levels of consciousness in her body.

This included learning to metabolise vast states of love, peace, grace and awareness into her nervous system, cells, brain, tissues and energetics. She learnt intricately how to listen and work with an integrated, embodied awakening process.

As this awakened awareness stabilised, a deep calling and yearning birthed in her heart: **the purpose of this awakening was to serve others by supporting them through their Kundalini process and into embodied awakening.**

While Myree can see yogic language if needed, she tries as much as possible to speak to you about your Kundalini process in everyday language and easily understandable concepts. Her gift is a map of your unique process, rather than be lost in ancient Sanskrit language which can make it harder to grasp what may be happening to you.

Myree has a deep appreciation for grounded, practical coaching, and being able to do things for yourself, independently. So, as she lovingly holds your hand, she aims to practical, real-life, achievable skills, choices and tips that will empower you to support and transform your own process.

Myree's Professional Background

Myree Morsi is a profoundly gifted guiding light and grounding pillar here to help every awakening soul elevate to their most joyous purpose. She has mastered the awakening process for the modern world.

Her work interweaves her expertise as a licensed therapist, conflict resolution and trauma specialist, clairvoyant and clairaudient seer and healer, and leading-edge self-actualisation coach.

Myree has been a professional healer since 1999 and became a licensed trauma therapist in 2011. She has a Master's degree in Process-Oriented Psychology (2016), a diploma in professional counselling in Australia, a teaching certificate in Kundalini yoga, and she is a graduate of Mythic Way from the Karos Centre for Soul Centred Psychotherapy.

An Australian native, Myree is recognized for her unique approach to teaching and healing that perfectly balances the tangible and the mystical, the tender and the direct. For 20+ years, Myree has helped 1,000s awaken through the most painful and expensive transformations of their lives with trauma-aware therapy, somatic therapy, and spiritual and energetic healing.

Myree has been in the wounded, vulnerable, injured places we traverse as humans. She knows her way around these realms and how to find the sacred path out. Myree successfully completed and integrated her Kundalini awakening in 2009 and has been symptom-free ever since.

With Myree, you will surf through every layer of your unique human experience for lasting transformation down to your cellular level. She will meet you where you are with her unique ability to see the energy of Kundalini in others — even through a computer screen.

Myree's mission is to dive deep with smart, sensitive, patient people to awaken in sexy, resourceful and sustainable ways in the midst of our modern and pressurized lives.

Myree's Spiritual Gifts

Whether you are in the room with Myree or on the other side of the world, she can see, hear and connect with your Kundalini Shakti process — working with your energetic systems to stabilise you and connect you with your Shakti in an empowered way.

One of the gifts of Myree's awakening is a specialised clairvoyance: she can see the luminous Shakti process in your body.

She sees how much Shakti is free-flowing or where and how Shakti is blocked or jammed in your body, chakras and energetics, as well as the speed of Shakti's flow and, crucially, if Shakti is flowing too fast, thus causing intense suffering. Myree's gift can also pinpoint where Shakti is linked to and causing physical ailments (such as pain, insomnia and illness).

Myree can also clairaudiently hear the intensity of Shakti flow, just like listening to the flow of a river: gently flowing without causing many problems, or roaring along with a seemingly chaotic and terrifying intensity that's flooding the body systems.

With Myree's gifts, she can empathically experience the Kundalini and awakening processes in your body and energetic systems to create a highly specific map of where you are and what is happening in your Kundalini process.

Florie: Perth, Australia
Mining Engineer

"When I first contacted Myree, I was exhausted, depressed, deeply suicidal and life had been a hard struggle for several years.

I was experiencing a Kundalini crisis — although I did not know it.

Since working with Myree, I now have a deeper understanding of this process and many tools and strategies to help manage it.

I now meet the constant unfolding of life in a mostly calm, happy and grounded state and I am deeply grateful to Myree for her love and support through this sometimes very challenging process."

Myree

Myree Morsi is a soul guide, transformational therapist & awakening expert in practice for 20+ years. She offers online courses & private coaching for people on the Kundalini awakening path, sensitive empaths & soulful leaders.

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Join Myree's list & receive her top guided meditation, "Your Deepest Place"

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