How DMSO Treats "Incurable" Autoimmune and...
A ANDREW FOW-SUTTON · Oct 27 · 1 · 190 · 190

The decades of research that could have prevented an immense amount of human suffering

Read →

## 478 Comments

Top first

Write a comment...

**Kristen Malcolm** · Kristen's Upside Downs · Oct 25
🙌 Wow!
This is such a helpful article! My husband is the one you quoted about using DMSO on our daughter with Down Syndrome, let me tell you, even in the time since he made that comment, we have seen changes in our little girl. The biggest one is that she is now CRAWLING! she had never learned for the longest time (she wasn't even interested), but now she's doing it (she started on her 2nd birthday, in fact). And her coordination and motor skills are steadily improving as well. She is super close to sitting up on her own, something I was getting really worried about. There have been many other small improvements, and it's almost as if she's not even the same kid she was two weeks ago! I write a blog here in Substack about raising a DS kid as naturally as possible, and this is going to give me PLENTY to write about. I am so grateful for your articles about it, and I am so excited to keep learning and seeing what's possible! Thank you so much!
LIKE (3) · REPLY (1) · SHARE

**A Midwestern Doctor** · Oct 25
Author
I have to dig up the exact quote, but 40 years ago when the congressional hearings happened, a few people close to the FDA said they were really upset the FDA was blocking DMSO being used. For Down Syndrome because there had been no progress in the disease for decades and it was critical to treat.
LIKE (24) · REPLY (1) · SHARE

**Heather** · Oct 27
That would be very interesting!
LIKE (1) · REPLY · SHARE

**A Midwestern Doctor** · Oct 28
Author
I need to update the article!
LIKE (4) · REPLY · SHARE

**Neil S.** · MEDIMEDITUS · Oct 25
This update is so heartening. It bolsters hope in so many with afflictions that can be ameliorated with DMSO.
LIKE (3) · REPLY · SHARE

**OpenGolden** · Oct 25
Why are most Americans worshipping the FDA? The FDA has been a criminal syndicate for decades. And the same applies to the AMA. As long as we have such agencies as gatekeepers for Big Pharma and various other special interests, we will never have decent healthcare.
The two agencies, along with the USDA, exist to wage biological warfare on the US population. Yet, most people are complete sheep and go along with their own poisoning.
LIKE (24) · REPLY (1) · SHARE

**Kristen Malcolm** · Kristen's Upside Downs · Oct 25
Yeah, I'm with you. If one of those organizations is trying to discredit something, that means it probably works! A patient cured is a patient lost.
LIKE (3) · REPLY · SHARE

**Noelle Alex** · Oct 25
Did you give it orally or topically? I'm wondering if it can help with autism symptoms
LIKE (1) · REPLY (1) · SHARE

**Kristen Malcolm** · Kristen's Upside Downs · Oct 25
We started out applying it topically with a little oil, but we've since moved on to putting it in her milk at the end of the day. My completely non-professional opinion on the autism symptoms is that it probably would help, since it seems to do so much for brain health.
LIKE (3) · REPLY (1) · SHARE

**robin hanna** · Oct 25
Kristen Malcolm · Kristen's Upside Downs · Oct 25
I'm glad you've had such good results! I was reading about detox baths helping with autism on one of my telegram groups...
LIKE (2) · REPLY · SHARE
Kristen Malcolm · Kristen's Upside Downs · Oct 25
Oh, that sounds interesting! I can see how that might help, but I wouldn't have even thought about it. It makes sense!
LIKE (1) · REPLY · SHARE

**Heather** · Oct 25
Hi Kristen, I have a 9-year old grandchild with Down's syndrome. She has recently learned to walk, but she has no speech. Just wondering what was the dose of DMSO you gave your daughter? Did you add anything else to it?
LIKE (1) · REPLY · SHARE

**A Midwestern Doctor** · Oct 25
Author
My understanding is that the younger to started at, the greater the effect, so most likely, there will be an improvement but it won't be as dramatic as Kristen's experience.
LIKE (1) · REPLY · SHARE

**Kristen Malcolm** · Kristen's Upside Downs · Oct 25
My husband worked out how much to give her by taking the amount an adult would receive, and reducing it proportionally for how little she is. I think right now she's taking 3 ml daily. Initially we were also using capsules that were a blend of amino acids (breaking down the capsules and giving her a much smaller dose), but we've moved on to a Selenium blend and another one with Folate, some B vitamins, and Trimethylglycine.
LIKE (2) · REPLY (1) · SHARE

**Tania de Jong** · Tania's Substack · Nov 16
Is that blend you mention available as one capsule or do you make it Kristen?
LIKE · REPLY · SHARE

**Helen McMenemee** · Oct 25
I have a 2.5 yr daughter with DS and I'm wondering what amino acids you've added. The product described in part one of this series appears to be marketed only in Chile and Argentina. I cannot find a source.
LIKE (1) · REPLY · SHARE

**Kristen Malcolm** · Kristen's Upside Downs · Oct 25
At first we just used Mex-Amino Caps, which is a blend of a whole bunch of different amines. It's by a brand called Country Life, and he found it at our local health food store. Now we're using a Super Selenium Complex (which also has Vitamin E) and a TMG Complex, which has B-vitamins, Folate, and Trimethylglycine. Everything we are using he has either found on Amazon or at the health food store. He also found the DMSO at the DMSO Store on Amazon.
LIKE (1) · REPLY · SHARE

**Gail** · Oct 27
Thank you for all your replies. My daughter was born with a couple genetic problems and she is physically and mentally delayed. I'm excited to get her started with DMSO and see what happens.
LIKE (1) · REPLY (1) · SHARE

**James Miller** · James Miller · Oct 27
This is welcome! I wish you much success, and I'd love to hear how things go for you!
LIKE · REPLY · SHARE

**Janet** · Nov 1
So very happy for you and your daughter! ❤️ for continued improvement. I look forward to your updates.
LIKE · REPLY · SHARE

**Chris Nicholas** · An American View Newsletter · Oct 30
Edited by A Midwestern Doctor
I use it on my feet. I have small sensory nerve cell neuropathy- for 20 years. This DMSO has stopped a lot of the tingling.
LIKE (3) · REPLY (1) · SHARE

**Shannon Smith** · Shannon Smith · Oct 27
may I ask what application of the DMSO that you use, how much and how often? I believe my husband has small sensory nerve cell neuropathy and takes lyrica but doesn't get a whole lot of relief from the lyrica.
LIKE (4) · REPLY · SHARE

**Fire Bergen County Deputatrix** · Fire Bergen County Deputatrix · Oct 31
I can't started using it on my feet and knee where I've had injuries over the years. I've been dealing with tingling/pins & needles in those areas for years. I got the DMSO/aloe cream from Amazon and tried it last night. OMG, I woke this morning without any "noise" from any of these hot spots. They're slowly waking back up so I guess I need to smear some more on.
What application are you using and how often if I might ask. I'm contemplating switching to the oral (with maybe the hydrogen also getting topical) to take care of other issues like headaches/migraines.
LIKE (1) · REPLY (1) · SHARE

**Chris Nicholas** · An American View Newsletter · Oct 31
I am using 70% solution from a dropper bottle and rubbing it in with my hand. Seems to be working fine and it's amazing to have some feeling back in my feet and toes.
LIKE (1) · REPLY · SHARE

**Fire Bergen County Deputatrix** · Fire Bergen County Deputatrix · Nov 1
Thank you so much! I'm eagerly awaiting the arrival of the liquid I ordered from amazon. The cream mix has been effective. It depleted it about an hour before bed last night and for the first time in at least a decade, I had NO tingling in my 3 hot spots (left foot, right ankle, left knee).
LIKE · REPLY · SHARE

**Gary Morgan** · Oct 25
Thank you for simplifying the oral dose instructions. I ordered a bottle of pure DMSO from the DMSO Store and started with a half teaspoon twice a day. For 3 days I felt better than I have in years, but on the 4th day I felt worse than I had felt in years and I felt like I was poisoned. Unfortunately, I felt like I have been a day but it didn't last, just FYI, over the decades I've suffered with the chronic muscle pain and fatigue (doctors slapped the fibromyalgia label on it, but I'm not convinced). I've experienced that same pattern. I try some new medication or supplement and it might really help for 3 days, then my alien/parasitoid/ET DNA adapts and it no longer works. The one exception was large doses of glycine, for some reason that worked great for a full month as far as giving me energy (didn't affect my chronic pain, though). Then the effect of glycine gradually wore off over the 5th week and no longer helps. So, I'll try increasing the dose of DMSO over the coming days. Thank you again for what you're doing, we desperately need a LOT more doctors like you!
LIKE (24) · REPLY (4) · SHARE

**A Midwestern Doctor** · Oct 25
Author
In those conditions, it's often needed to take breaks (ie. only take on weekdays), and it also often takes a few months for the effects to come in.
LIKE (3) · REPLY · SHARE

**Gary Morgan** · Oct 25
Thank you, I'll stick with it for a few months. I have had this problem for literally decades, it started around 1990, so probably will take quite a while to resolve.
LIKE (3) · REPLY · SHARE

**J. Harris** · Oct 27
I too have been battling issues like yours for decades! Hang in there with experimenting with DMSO, I've been using it now for a month and I've noticed big changes. I'm now doing topically and orally. Some days I feel amazing and then wham back to crap. I'm thinking it's detox overwhelm.
LIKE (1) · REPLY · SHARE

**Lee** · Oct 27
Have you been tested for Lyme disease? The Western Blot is not the greatest so my doc used Medical Diagnostics Labs and Igenex, which are better at detecting it. Lyme is the great imitator and if you take something that makes you feel better then you feel worse it could be a die off reaction of the bacteria.
LIKE (1) · REPLY · SHARE

**OpenGolden** · Oct 25
"Have you used Dr Drosnessin's book on iodine? 95% of Americans are deficient. This causes all sorts of issues. I would try supplementing with iodine (Use either Lugol's or Iodoral).
LIKE (1) · REPLY (1) · SHARE

**Gary Morgan** · Oct 25
I've been taking Lugolsite for a few years.
LIKE (1) · REPLY · SHARE

**J. Harris** · Oct 27
I also wonder if detox pathways get "plugged up" or overwhelmed from the elimination of the damaged proteins or requires more of specific vitamins/minerals e.g. molybdenum?
LIKE (1) · REPLY · SHARE

**Dennis N** · Oct 27
Love the flag in dilemma!
LIKE (1) · REPLY · SHARE

**Big Grey** · Oct 27
Edited by A Midwestern Doctor
It has been a month since starting a daily DMSO (rail of one-tbsp mixed with a small glass of juice nightly. My goal was to diminish my severe arthritis pain and stop taking pharmaceuticals. (metoprolol and leflunomide). First, the arthritis is a little better at times but not much. Second, I have struggled with bladder pain since an emergency cystectomy (prices offered were Harris-surgery caused stoppage in my bowels and bladder function. The bind is the fish fromm halves caused an over-extended bladder and some damage to the ureters. Surgeon said I could not have a bladder. Bladder pain is constant and I have to get up and constantly wondering about having bathroom access. Now, I am literally pain free and full stream with a renewed ability to hold. Third, I contradicted the original Covid strain and was quite ill for 3 weeks. Upon recovery, I was fine but remained weak with brain fog and low energy for the past 2 years. (never severe) I now feel more alert and just "better" all around. In summary, everything except my core arthritis is much better and I will continue with the DMSO with hopes of my arthritis improving. For the record, my ankles are both quite damaged from undergoing repeated hemochromatosis with Italian surgeries and a knee replacement. I also had many years of pain and swelling in my hands, but now hands are mostly under control and I am quite active at 68 years old. Doing best, I can, right ?My wife is pushing hard to understand the science in our house and we are gentler and eat very healthy. Thanks for your work. You are a Goldsand.
LIKE (2) · REPLY · SHARE

**Ivan** · Nov 24
Edited by A Midwestern Doctor
I have had "The Miracle of MSM" on my shelf since 2006-10-01, along with any number of other incredible rejected protocols and notes thereof. Not a pretty night, for sporadic pain. You are doing incredible work, siphoning the parity of these sources as books, papers, and even the (increasing more irrelevant but no less pertinent) system-by-system being deployed. That is seriously hard work, requiring a passion for healing as grist for the mill. I am so glad to have found and now be within your trail. You are a true doctor. Thank you so much for this extraordinary series and all that you have done/are doing, so
LIKE (1) · REPLY · SHARE

**A Midwestern Doctor** · Oct 27
Author
Thank you!
LIKE (2) · REPLY · SHARE

**David Kaldee** · Oct 25
Wow! I am so grateful AMD. The work you have done here is staggering. Thank you so much for bringing this into the light. I wish to add two more cures I have found for DMSO, which you have also touched upon in your work. First, a Pre-Fighting injury to the eyelid, hot tar, while my knee shield was lifted, using a hammer to pound it into place, I received a tar burn to the eyelid. Resulting in a chronic and severe inflammation of the lower lid, which the doctor was unable to resolve, for about 10 years. I finally applied, with a tip-&-applicator, a 20% solution of DMSO, and within a week, the problem resolved, and never recurred. Secondly, 10 years before I performed the endurance test required for employment as a Professional Fire Fighter, I unfortunately passed three fingers through the blade of a table saw, losing the proximal 1/4 of the finger of the left hand, passing through the knuckle-trick finger of the middle finger, and taking a chunk out of the mid-knuckle of the ring finger...all were stitched by an Emergency Room Physician 3 hours later. When the endurance test was challenged, of course the wounds opened, and blood was shed...I did not believe I would be hired because of the wounds...but, amazingly, I was hired because in spite of the fact that I was bleeding all over the place, I refused to quit...they said, "we like that...you are hired". After about 10 years, and having used the DMSO ON MY EYE LID successfully, I applied 99.9% DMSO to the stiff middle knuckle, and with some gentle force, and about a one-week period, I could again bend that knuckle nearly to a normal position...the cartilegenous stretched enough to allow the bone, the knuckle, to bend the knuckle nearly normal. The pain also became unnoticeable. Thank you for you work!!!

from a dock into rocks, I suffered a bad knee injury back, but the right hand was much worse. It was fractured in several places and MRI showed multiple tendon tears and other damage. After many months of healing I still couldn't bend any fingers or come close to making a fist even though I continually tried. I thought my hand was destined to be a useless appendage. That's when it dawned on me to use DMSO to try to stretch the damaged tendons. I did exactly what you did. I applied 70% DMSO to the entire hand and fingers and then tried to bend as far as possible. I did this twice a day and noticed a small improvement every day. It took a while, but today I can bend my hand. The hand was literally a wreck... it not only relieved the residual pain and swelling but allowed the tendons to stretch enough so now I have a fully functional hand with full range of motion.

Many thanks to ASHD for this wonderful series on the miracle DMSO and all of its uses and to the reader's bestiarium who are living proof of the effectiveness for a myriad of problems. God bless you all!

↑ 144 (0) | ↓ 0 | REPLY (1) | SHARE

**Patricia Beaupre** · Patricia Beaupre · Oct 23

It's DMSO has also greatly improved the appearance of the ugly kelloidscar on my right hand that resulted from the same accident. It truly is a miracle healing agent for many things from serious to superficial. Such a shame it has been hidden from the public for so long. Again many thanks AMD for bringing it back into the public arena and providing what is so many that are suffering needlessly... You are a gift from God!

↑ 148 (0) | ↓ 0 | REPLY | SHARE

**robin hanna** · Oct 20

Edited by A Midwestern Doctor

Topical DMSO is helping all the arthritis in my body. Recently, the newly replaced right shoulder started giving me sensations like a bone reaches (along the scar). It made that step. So I felt on my face is softer even though I don't put it there. I'm going to explore the resources on taking it internally! Thank you!

↑ 144 (0) | ↓ 0 | REPLY (2) | SHARE

**JK** · Oct 24

Hi Robin - I wondered whether topical application over a joint replacement could cause my body to absorb material from the artificial joint (in my case, knee and hip). Where did you apply DMSO - on the skin over and around the artificial joint, or elsewhere?

Thanks!

↑ 148 (0) | ↓ 0 | REPLY (1) | SHARE

**robin hanna** · Oct 24

That's true. I was wondering too but had forgotten about that! Joint! I really flared up the knee getting much worse and was putting it on there. Then I slapped it along the scar where they replaced my shoulder. That was yesterday and the electrical pins n needles sensation has not returned. It helps the most when I first put on Dimethicone joint cream with losiveda and glucosamine and THEN put on the liquid dmso.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**JK** · Oct 24

I also wonder. Initially I was told NOT to ultrasound the knee replacement because it would damage the anthracite. Upon seeing my surgeon last month, he said that ultrasound is now fine, as my bone is growing into the prosthesis.

But I don't think about the reverse, of DMSO releasing nasties from the prosthesis into my system!

↑ 148 (0) | ↓ 0 | REPLY | SHARE

**robin hanna** · Oct 21

I've had both shoulders, left hip replaced and knee only has mild arthritis but I was doing manual labor and surfing straight for 17 days. I had a shot in the knee 4 years ago and no problems until I just overdid it. I'm embarrassed to say I dont actually know what the shot was. just assuming was a steroid...

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Overthedogtoolshed.com** · Oct 19

Where can you find the resources for dosing internally? What this treats etc? Thank you.

↑ 148 (0) | ↓ 0 | REPLY | SHARE

**Arnold** · Arnold's Substack · Oct 20

Edited by A Midwestern Doctor

These are fantastic articles on DMSO (just as so many of your writings!). I am a retired nurse practitioner and am amazed at how much I don't know. I truly could have helped so many and myself if these treatments were taught from traditional medicine. I have bought a bottle from DMSO store and just started yesterday but one application is my left sciatic area, last night, relieved the pain, amazingly. Lots of other arthritic pain that I am working on. Tons of thanks.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Veryfine** · Oct 20

Edited by A Midwestern Doctor

Looking forward to learning how to use DMSO on skin conditions.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**KC** · KC's COVID Facts · Oct 20

Edited by A Midwestern Doctor

Thanks so much for this! Used it for chapped skin (necks), sun damaged skin (chest), and back pain, all to great effect. Recently started on my scalp for hair health.

As an aside, with menstrual Cystitis it's not just coffee that triggers the pain but all foods acidic, particularly lemons, pineapple, and for some people tomato. (I had to fix yogurt and eliminating those foods practically cured me).

↑ 144 (0) | ↓ 0 | REPLY (1) | SHARE

**Darlene Leasing** · Oct 21

When I was in a serious time with IC in the 2010s and 90's I took 30 alfalfa tabs a day. 3 x 10 tabs (Whether they had fermented content alkalized my bladder and helped to heal the gag layer.

↑ 144 (0) | ↓ 0 | REPLY (1) | SHARE

**KC** · KC's COVID Facts · Oct 21

I used Prelief tablets to alkalize my bladder when the IC would hit. Those little pills SAVED me! I also switched to cold brew coffee, which never triggered the IC, unlike regular coffee

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Darlene Leasing** · Oct 21

Is cold brew something you make or buy?

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**JK** · JC · Oct 24

Easy to make. Aeropress (makes of the Aerobie) have made an upside down press that is perfect for cold brew. When we have power outages, it's the go-to. Put the coffee on the night before, press in the morning. For me it's "room temperature press" not exactly "cold." But not boiling hot, either. It results in a milder brew, lower acid.

↑ 148 (0) | ↓ 0 | REPLY | SHARE

**KC** · KC's COVID Facts · Oct 21

You can make it but I buy it. Chamberlain is my favorite brand but there are many. I shop at Whole Foods but have found it all over.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Darlene Leasing** · Oct 21

That would be good for flamaya! However, all the minerals was such a plus to my health overall.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Veryfine** · Oct 20

I'd like to use it on my skin too, which brand to you use and how? Does it work on skin tags or moles?

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**KC** · KC's COVID Facts · Oct 20

Edited by A Midwestern Doctor

I use Jacob Lab, 70%. I first apply Emu oil with CBD to my chest and neck, then spray lightly with a mist of purified water before liberally applying the DMSO. I let it air dry, which takes 5-10min. My neck and chest feel like silk all day and the texture is slowly improving in both areas.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Marisa** · Oct 20

Where do you get your emu oil from?

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**KC** · KC's COVID Facts · Oct 20 *Edited*

It's a blend of mine mixed CBD/oil combos to treat his dog. When I couldn't find any emu oil + CBD online (at least no one that would ship to TX) I'm offered to source it and make it for me. Depending on where you live you may have better luck online than I did.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Cyber Unknown** · Oct 20

Can you help me understand why Jacob's lab (too liquid) 70% is so much more expensive than Nature's Gift? Same amount of product. Nature's Gift Amount $120 compared to $207 Thank you. Would like to try your skin care program. Thank you.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**KC** · KC's COVID Facts · Oct 20

I have no idea! I've always used Jacob Lab so I trust it, and simply never tried the others for fear they weren't as good. With MWO's recommendation though I've now ordered Nature Gift, which is currently in transit to me. I'm hoping it's just as good, in which case I'll buy it from now on.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Veryfine** · Oct 21

Thank you. — I'll give it what!

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**KC** · KC's COVID Facts · Oct 20 *Edited*

I'm not tried it on skin tags but for osseous lip lentomatic cones (Sebaties, which is an ID). You can get it compounded instead (using your favorite skin cream) or just buy the horse paste on Amazon and use that. (I used it on my neck for some strange redness & scaling there and the lanneau/horse paste worked for me. I'd then switch to a lanolin/DMSO blend.

↑ 144 (0) | ↓ 0 | REPLY (1) | SHARE

**Lisa** · Oct 20

Skin tags can easily be taken care of by applying povidone iodine 10% (Target). I soak a piece of cotton in the jar and then secure it with a bandaid and leave it there overnight. It literally dissolves the skin tag, also warts.

↑ 144 (0) | ↓ 0 | REPLY (1) | SHARE

**Tania de Jong** · Tania's Substack · Nov 17

Is that the same as Iugolo?

↑ 148 (0) | ↓ 0 | REPLY | SHARE

**Veryfine** · Oct 21

wow — so kidding! horse paste for me is on the way!

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Dennis N.** · Oct 21

I had a crusty barnacle on the side of my face and it has vanished after 1 week of daily topical use!

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Meghan Bell** · The Cassandra Complex · Oct 20

Edited by A Midwestern Doctor

Thank you for this. My husband has been reading the DMSO series with a lot of interest and recently ordered some. I recently gave birth and developed hives shortly afterwards (PUPPP), which I've never had before. I think it's severe/problematic enough to be referred to a dermatologist. I'm sure my immune system is overreacting to something (DMSO) I'm also seeing from this in my uncle who has Parkinson's. Fingers crossed.

This is a little off topic, but I noticed that A LOT of the conditions you've mentioned DMSO works for are co-morbid with (at least some subtypes of) autism. There's a family physician in the US who specializes in treating autism who has a lot of success with a combination of methylation support, treating gut dysbiosis, mutations, folic acid in supplements and fortified/enriched foods, autism, and neurogenic disorders.

His theory is very speculative, but he thinks he's identified a sub-type of autism (and transgenderism) caused by excess folic acid in combination with vulnerable genes, which he calls Meyer-Powers Syndrome. He's presented at conferences and has a few papers on the topic. Unfortunately, he's been ostracized and mocked by (did, etc) his peers for his theory, but I believe that his ideas because some of his observations make a lot of sense to me, and I think he's onto something (at least his constitutional observations, perhaps not his proposed etiology). And I think it's worth looking into. I'm bringing this up here because if he IS onto something, I think this suggests that DMSO could be used to alleviate autism and gender dysphoria in at least some cases?

He's observed the following co-morbidities in Meyer-Powers: Congenital Adrenal Hyperplasia (CAH), Subclinical Hypothyroidism, Ehlers Danlos syndrome, POTS, DHT levels higher than the average metabolization of ser-peptoid of testosterone due to backdoor DHT conversion, Anorexia, PTSD, Spider veins, Subclinical Hyperprolactinemia, Zinc deficiency (eczema, etc), Vitamin D deficiency (osteoporosis, etc), Elevated homocysteine (B vitamin deficiencies), Irritable Bowel Syndrome (IBS) [gastrointestinal

Expand full comment

↑ 144 (0) | ↓ 0 | REPLY (2) | SHARE

**A Midwestern Doctor** · Oct 20

Edited

I think that's because they are vulnerable to injury and he hence wrote a lot on that topic. E.g., this one https://www.substack.com/p/how-much-damage-have-vaccines-done

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**janet** · Oct 21

I am repeating my above comment about the vax damage in my family.

My granddaughter was positively injured by the HPV vax around 7yo. I'm pretty sure but can never approach that subject with my daughter. We had a short discussion about that just before I'm sure my granddaughter had it. They have had all the jabs available of everything. She was damaged neurally and displays autism, High functioning OCD, Anxiety, POTS and vaccine hesitant, PANS or PANDA (weird juxtaposition there). Then she was lured into transgendering to a boy. Now damaged at 18 with puberty blockers and breast removal. Sterile. High anxiety. She is a freshman at a big university now. I pray everyday. My advice is ignored to quit giving it. So sad and I am angry, so angry. Thanks for this information.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Here We Are** · Here We Are · Oct 21

🙏

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Michelle Sebastian** · Oct 21

Dr. I believe my daughter is vaccine-injured. She is now 18. Peanut allergy, eczema, and after getting two of the HPV vaccines was diagnosed with hidradenitis. An awful chronic skin condition. I am trying desperately to help her heal. We have changed everything in house and are very aware of things that can be toxic... water, food, skin care products, cleaning products etc. Most of the time it's no help with flares as her body heals. Thank you so much for writing about this and everything else. If anyone out there has any suggestions about hidradenitis please let me know.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Meghan Bell** · The Cassandra Complex · Oct 20

I'm not arguing against the vaccine theory, it's more that I think dietary factors (and other factors) matter too and means I've really noticed a strong correlation between the dietary factors I'm talking about and the autistic traits / ROOD / late-onset homosexuality overlap I'm talking about. I've found a significant amount of research to back it up and a few ideas of how the mechanism might work. It would overlap with vaccines because I think people with the vulnerable genes (there's good anecdotal evidence for the MTHFR mutations / autism / gender dysphoria overlap) and dietary/ele factors because they would be more vulnerable to heavy metal/toxin and vaccine injury.

An issue with the data showing that unvaccinated people tend to be in significantly better health is that most people who avoid vaccines are also health-conscious and critical of big pharma and big food in other ways. The anti-vax mothers I know all feed their kids way healthier on average etc.

Also mechanisms like this, for example — parent takes kid for vaccines, vaccines are known to impair appetite (this is an admitted side effect), mom isn't breastfeeding so goes out other formula (loaded with synthetic vitamins including folic acid) or easy to eat favourite foods like McDonald's (golden crackers or food pouches etc. loaded with folic acid or including synthetic vitamins like folic acid) — child's gut gets disrupted during a sensitive period, leaking, inflammation, dysbiosis, and/or dysfunctional methylation/detoxification, child's appetite for junk gets worse — it impacts brain development in multiple ways and is exacerbated by processed food because the kid won't eat healthy stuff. If mom also gives Tylenol and maybe other vaccinations, glutathione is depleted and child has impaired ability to detox the heavy metals, which add to the various issues. So in this case, the vaccine "injured" the child, but it theoretically could have been avoided if he were not sucking at a bad batch etc., a different kid who is breastfed during the reduced appetite period and not given Tylenol and maybe given glutathione rich foods like avocado as they start eating again will not develop the same health and developmental issues).

↑ 144 (0) | ↓ 0 | REPLY (1) | SHARE

**JK** · JC · Oct 24

Interesting from an evolutionary perspective. If an animal is not nourished, it will not be inclined to breed.

↑ 148 (0) | ↓ 0 | REPLY (1) | SHARE

**Meghan Bell** · The Cassandra Complex · Oct 24

Exactly!

↑ 148 (0) | ↓ 0 | REPLY | SHARE

**Jenny Bee** · Oct 21

What is your point about folic acid? Are you hinting it's a bad thing?

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Meghan Bell** · The Cassandra Complex · Oct 21

Oh, sorry. I realized I didn't explain this very well — okay, so in summary (the essay explains this better and provides sources and evidence):

Folic acid is made from petroleum products and chemical acids. Our bodies will preferially use folic acid over the natural folate, so if you're consuming high amounts of folic acid, it will prevent your body from using folate. This can cause a "functional folate deficiency" where you get symptoms of a folate deficiency despite having folate, since your levels are fine. Symptoms include: pale skin, decreased appetite, irritability, lack of energy, diarrhea, and a smooth or tender tongue. "Decreased appetite" is critically important here.

Folic acid, unlike folate, can accumulate in the blood. This seems to be especially the case if you have vulnerable genes (in particular certain MTHFR mutations). Unmetabolized folic acid in the blood can adversely affect methylation, leading to a wide range of issues — risk factors for this include consuming more than 300 mcg of folic acid per day (which is easy to do if you are taking a supplement with it and eating lots of fortified foods — so women taking prenatal vitamins are at high risk here, especially if they have morning sickness and are eating more calorie-dense foods and lack of sunlight exposure (sunlight / Vitamin D reduces folate / folic acid in the blood).

The methylation issues from folic acid consumption in pregnancy in particular can affect the development of the fetus. In particular, it seems to increase risk of miscarriage, and of complications such a tongue ties in infants. It also appears to cause autism and a variety of other issues (described above) and increase the risk of gender dysphoria, likely via a mechanism. Anecdotally (evidence in essay), a high number of

Expand full comment

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**janet** · Oct 21

The HPV vax got my grandchild. Then the trans ideology. But yes, diet and toxins are co-conspirators. Sadly, im in no position to effect change in my situation.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Meghan Bell** · The Cassandra Complex · Oct 21

It's scary :-(

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Meghan Bell** · The Cassandra Complex · Oct 20

Small update on the "Can DMSO treat mystery postpartum hives?" question — so we tried a small amount of DMSO topically on a patch of hives ... and about ten minutes later I broke out in hives all over my body ... EXCEPT where the DMSO was applied. We're confused. (In fine, I took a shower, applied some coconut oil with a bit of lavender, tea tree, frankincense, and peppermint essential oil and hives are fading right now). My husband says maybe chlorophyll tinctures (I really instead but I don't know, I have no idea what's going on with these stupid hives.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Meghan Bell** · The Cassandra Complex · Oct 21

Brief update: after the hives died down (I also took xenaepidrin), I was able to go to sleep for the first time in three days without Benadryl. Woke up hive-free for the first time since Wednesday. Some mild hives developed this morning, but went down after the essential oil blend and another xenaepidrin (all. The DMSO definitely didn't hurt (long term, the bad flare-up was very bad) and might have helped. I only used a small amount and topically so hard to say. On the bright side, the regular postpartum pain etc. noticeably decreased! But I have no idea why the DMSO would trigger a hive breakout everywhere on my body EXCEPT where we applied the DMSO? The area around the application site was particularly bad. Incredibly inflamed and puffy and red, but then there was also those patches of skin where the DMSO was applied. Weird.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**JK** · JC · Oct 24

Interesting. I notice when I clear the acne on my face, it crops up elsewhere. Like it's being driven from my face, but is still in my system.

↑ 148 (0) | ↓ 0 | REPLY | SHARE

**Meghan Bell** · The Cassandra Complex · Oct 24

Weird! Yeah, the hives are still a lot better than they were — but I've also identified most of the triggers and am doing a better job of avoiding them.

↑ 148 (0) | ↓ 0 | REPLY | SHARE

**J. Harris** · Oct 21

Yikes! Calls and hoarseness?

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Meghan Bell** · The Cassandra Complex · Oct 21

Yeah I guess! Like the DMSO triggered the rashes to release a bunch of histamine at once (a mast cell reaction) and I guess I was lucky that it didn't kill me. Or, the hive situation has been better overall since I tried the DMSO, but it hasn't fully gone away.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**A Midwestern Doctor** · Oct 20

Edited

Hearing it sex of cure in action!

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Meghan Bell** · The Cassandra Complex · Oct 20

I had to look this up, realized it also fits with how magic mushrooms heal too!

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**JK** · JC · Oct 24

It's almost sounds homeopathic — induce the reaction you wish to heal.

↑ 148 (0) | ↓ 0 | REPLY | SHARE

**Meghan Bell** · The Cassandra Complex · Oct 20

While digging into this stuff, I found that there's a possible connection between the MTHFR mutations, folic acid consumed during pregnancy, and tongue ties in children — tongue ties are then highly correlated with autism. But since tongue ties are present at birth, I don't believe they can be attributed to childhood vaccines.

↑ 144 (0) | ↓ 0 | REPLY | SHARE

**Meghan Bell** · The Cassandra Complex · Oct 20

**Janet** Oct 21

My granddaughter was possibly injured by the HPV vax around 11yo. I'm pretty sure but can never approach that subject with my daughter. We had a short discussion about that jab before I'm sure my granddaughter had it. They have had all the jabs available of everything. She was damaged neurally and displays autism, (high functioning) OCD, mild Tourette's, POTS and I also believe, PANS or PANDA (weird juxtaposition there) . Then she was lured into transgendering to a boy. Now damaged at 18 with puberty blockers and breast removal. Sterile. High anxiety. She/he is a freshman at a big university now. I pray everyday. My advice is ignored so quit giving it. So sad and I am angry, so angry. Thanks for this information.

LIKE (7) REPLY (3) SHARE

**erin** erin Oct 21

I am so sorry to hear this. What medieval madness...

LIKE (7) REPLY SHARE

**Meghan Bell** The Cassandra Complex Oct 21

I've heard the HPV vax is particularly bad ... I got it in my early twenties, and while I thought I was fine at the time, in retrospect, my hormones were pretty disrupted, I was moodier and more volatile (etc), more brain foggy, than I had been in my teens. I started the birth control pill around the same time and have been blaming that, but it's hard to rule out that the effects were cumulative.

While I think these things are incredibly multifactorial, after learning more about vaccines and starting to wonder whether the Covid shots I got while pregnant caused the complications that led my first child to be in the NICU (I had "unexplained placental inflammation", which Naomi Wolf claims is caused by the Covid vaccines -- a friend of mine also had placental problems and is now struggling to conceive a second child), I stopped taking my first child for her shots after 12 months (I practiced a "harm reduction" approach for her early shots and she had no noticeable symptoms or changes after them). I couldn't bring myself to take her to the 18 month shots ... and she hasn't gone for one since. She's very healthy.

I just had my second child and declined the Vitamin K shot in the hospital (also because I'm very skeptical of synthetic vitamins now) -- when she got the foot prick test, my midwife had to do it twice because her blood clotted so well, without the K shot ... hmm. At the very least I'm going to do a delayed vaccine schedule with both kids, and continue to opt out of ones like the HPV, flu, Covid etc.

Praying for your granddaughter too ... I'm so sorry this happened, and that your family didn't listen to you.

LIKE (5) REPLY (2) SHARE

**A Midwestern Doctor** Oct 21
Author

Can I use part of your comment in an article I'm writing right now.

LIKE (3) REPLY (1) SHARE

**Meghan Bell** The Cassandra Complex Oct 21

Use whatever you want! Also feel free to use the DMSO / hives story, especially if you have any idea why that might have happened! Weirdly, this morning when I did get a few hives back, there were none where the DMSO was or the surrounding area (we put it on a patch of my stomach). Only appeared mildly on my arms and legs.

LIKE (1) REPLY SHARE

**Janet** Oct 21

You are a Mother Bear. ❤️🙏🏻🙏🏻

LIKE (1) REPLY SHARE

**JC** JC Oct 24

I've heard of ivermectin helping with PANDAS.

LIKE (1) REPLY (1) SHARE

**Janet** 8d

I have as well. I got no comment back when I sent an article on this and symptoms which was exactly what my granddaughter experienced. It was a few years later after the damage (HPV I'm sure) that, of course, baffled the doctors. Symptom management then, including antidepressants. Anxiety off the wall. Attending college this fall at a major university. He/she has to come home regularly for a decompression weekend. But sticking so far. I try not to dwell on what has happened. If the spell is broken I might have to pick up the pieces of his mother. I dread that happening. Please God, help these children and protect them.

LIKE REPLY SHARE

**Dennis N** Oct 21
Liked by A Midwestern Doctor

As always...great content! Prior to reading this and as a result of your last 2 DMSO articles, I have been using it on my left hand for Dupuytren's contracture which has severely compromised my guitar playing (its a bitch having Viking blood). I havent noticed any improvement yet but I am hopeful!

You dated yourself by showing an x-ray and calling it a roentgenogram! We called it that in chiropractic school in the 70's (-:

LIKE (7) REPLY (1) SHARE

**Brenda Barnetson** Brenda's Substack Oct 24

I just posted to this comments section: I got DePuytrens contracture and 8 sessions of hand therapy didn't do any good. I started doing copper wire electroculture in my garden, and then bought several copper rings for the affected fingers. Guess what? I have complete mobility in opening and closing the fingers, and the knot in my palm is much smaller! Found rings on Etsy. Good luck with your guitar playing!

LIKE (2) REPLY (1) SHARE

**Dennis N** Oct 24

Thank you, B!!!

LIKE REPLY SHARE

**Diane Martinson** Diane's Substack Oct 20
Liked by A Midwestern Doctor

I hope your future articles cover other things DMSO might help. I've had swollen lymph nodes for two years, no help from the doctor and have tried everything else others have suggested, about to try a homeopath but perhaps DMSO might be worth a try. I look forward to your coming articles.

LIKE (7) REPLY SHARE

**Johanna Donovan** Johanna's Substack Oct 20
Liked by A Midwestern Doctor

Thank you, Doctor. I so appreciate your updates for DMSO. I know several people who could benefit from it and am just trying to convince them so your updates are perfect. I wrote to

you about having trouble getting into your site and you were kind enough to answer. I have found a way now. Thank you for that also.

LIKE (7) REPLY SHARE

**Dave S** Oct 20
Liked by A Midwestern Doctor

Thanks, MWD, keep 'em coming! Fascinating info on DMSO.

LIKE (7) REPLY SHARE

**Darlene Lessing** Oct 20
Liked by A Midwestern Doctor

Wow, in the time it took me to read this, 61 ppl have commented. Thank you SO MUCH Dr. for the time and brain power it took to write this!!!

The fact that I can take orally for IC is super great news. Will let you know how it goes.

LIKE (6) REPLY SHARE

**Obcwcvh** Obcwcvh's Substack Oct 21

It's probable that many of the negative comments regarding DMSO are due to not reading your entire article(s), with many essentially not reading too far past the title, buying it, and winging it.

A few "bitter apples" impeding the mass adoption of a miraculous treatment is one of the most frustrating of social phenomena.

But based on the positive to negative comment ratio, you are far exceeding the typical odds. .... When I read your articles, and the comments below it, it truly feels like a massive unified team has coalesced around you. The sensation of positivity and teamwork is amazing.

As always, thank you!

LIKE (8) REPLY (1) SHARE

**A Midwestern Doctor** Oct 21
Author

Thank you. The negative comments I've seen from other authors are of a very typical patten.

•They have a piece of information they are emotionally invested in.

•They find a few things to confirm it.

•They try raise a scene about how I am endangering people.

•They don't bother to research the entire subject.

While not nice, it's actually very helpful they did this, because they preempted all the professional parties in the medical industry from sowing doubt about DMSO since they already used most of the arguments available to them for attacking DMSO and the community is now immune to it.

LIKE (13) REPLY (1) SHARE

**Janet** Nov 3

I would love to get my sister using this. She has migraines, constant sinus infections and spine damage from working with horses and more damage I'm sure from spine surgeries. I hardly know where to begin to approach it though. She lives in Ireland. Her quality of life is poor and has a lot of pain. As I read through all this some cohesive outreach may appear. She lives alone. Wish me luck.

LIKE REPLY SHARE

**Peter Denomy** Oct 21
Liked by A Midwestern Doctor

A great article AMD. I read every article many times to glean every piece of info I can from them.

I've been using this Naka product on my back for the last three weeks or so. It's a 90%DMSO + Aloe Vera gel which I can tolerate every other day. The DMSO is working on my sciatic nerve and the internal scarring in my right lower lumbar and hip area from the surgery almost 7 years ago. The progress is noticeable.

https://www.amazon.ca/dp/B0CJ11VNVX?ref=ppx_yo2ov_dt_b_fed_asin_title

I've ordered this 70% + Aloe Vera gel to see if I can use it every day. We're also going to try this gel on my Wife's arm where she had surgery for her right ulna nerve back last July. While the scar has heeled the nerve hasn't recovered from the surgery yet and she still has numbness in the two small fingers of the right hand. It's worth a shot I think. I'll keep updating you.

https://www.dmsocanada.com/product-page/gel-dmso-330-g

Cheers.

LIKE (4) REPLY SHARE

**Kristin Fitch** Joy Camp Oct 21
Liked by A Midwestern Doctor

Thank you for putting so much time and energy into writing these indepth articles on DMSO. I purchased a bottle during covid but have not yet used it. I just purchased a new bottle in glass. I am still working through reading all of the DMSO articles as there is much to digest. I am hoping to have my dad try it (he has parkinsons, freezing gait, some mental decline and back pain). My husband just started using it for hip pain so we'll see how it works for him.

LIKE (4) REPLY (1) SHARE

**A Midwestern Doctor** Oct 21
Author

You may want to correspond with the other reader here trying it. Most of my knowledge in this area comes from it being given IV but he's having success with it orally.

LIKE (3) REPLY (1) SHARE

**Darlene Lessing** Oct 21

Oh dear I bought some today in liquid form and it is not in glass. Does that make it bad? Can I buy a glass bottle and pour in there? It's the brand with the tree on it.

LIKE REPLY (1) SHARE

**Dave** Dave Oct 21

I think that company ran out of glass bottles for a run since I also got a glass bottle one time and a plastic one recently. They should be using one of the plastics that resists dmso but you can move it to a glass bottle.

LIKE (1) REPLY (2) SHARE

**JC** JC Oct 24 Edited

SMH why didn't I think of that? I have my grain alcohol (not available at liquor stores here) decanted into vinegar bottles. DUH, DMSO would be good to do this with. The less plastic, the better!

LIKE (1) REPLY SHARE

**Darlene Lessing** Oct 21

Dave, thanks so much for responding. Nice that we all help each other toward better health. 😎 Hopefully the Company will get back to using glass bottles.

LIKE (1) REPLY (1) SHARE

**Dave** Dave Oct 22

I honestly think Midwestern Doc's article may have increased demand over their normal glass bottle use.

LIKE REPLY (1) SHARE

**A Midwestern Doctor** Oct 26
Author

This has definitely happened.

LIKE (1) REPLY SHARE

**Arabella** Oct 21

Perhaps this has already been asked -- if DMSO treats misfolded proteins and DNA damage, what are the chances it could help reverse that same damage being caused by the mRNA vaccines?

LIKE (7) REPLY (1) SHARE

**Cristina7** Oct 21

That's a really good question!

LIKE REPLY SHARE

**Garhett Rittenhouse** Oct 29
Liked by A Midwestern Doctor

Doc...can't thank you enough...I wrote you about hemorrhoids (which has been a success).

I'd argue DMSO also helped me to finally eliminate prednisone.

Amazing...thanks for all of these articles.

PS: trying UVI as well....

LIKE (2) REPLY SHARE

**Selma Terzioglu** Oct 21
Liked by A Midwestern Doctor

Literally addicted to your research.

LIKE (2) REPLY SHARE

**Barry Kissane** Oct 20

Is there any evidence of use of DMSO to help ankylosing spondylitis?

LIKE (5) REPLY (3) SHARE

**A Midwestern Doctor** Oct 22
Author

It treats spondylitis but I am not sure if there's any data on it being specifically used for ankylosing spondylitis

LIKE (1) REPLY SHARE

**Rolf** Rolf Oct 22

I also asked this question (in this thread) for a sister and a daughter suffering from Ankylosing Spondylitis.

LIKE (1) REPLY (1) SHARE

**Rolf** Rolf Oct 22

I asked in this post:: https://www.midwesterndoctor.com/p/how-dmso-treats-incurable-autoimmune/comment/73704113

LIKE REPLY (1) SHARE

**A Midwestern Doctor** Oct 22
Author

It treats spondylitis but I am not sure if there's any data on it being specifically used for ankylosing spondylitis

LIKE (1) REPLY (2) SHARE

**Barry Kissane** Oct 23

Thanks. It would be good to learn more if data become available.

LIKE REPLY SHARE

**Rolf** Rolf Oct 23

Ok. We will simply have to give it a try. Trying to avoid increasing the effect of other medications. Perhaps it can work by taking lower concentrations of DMSO in the midst of a period between other medications while gradually reducing the other meds while increasing the DMSO.

LIKE REPLY SHARE

**Cristina7** Oct 21

Interested too 🙋

My brother-in-law suffers from it and cannot take the immunosuppressants anymore.

LIKE REPLY SHARE

**Linda Kapala** Oct 20
Liked by A Midwestern Doctor

Many thanks for all the work and research you have shared. So many are benefiting.

LIKE (1) REPLY SHARE

**SpirituFarmer2030** Dariel's Substack Oct 20

You are a national treasure, MWDr. I am so grateful for your wonderful work on and support for this forgotten and deliberately buried treatment for 99 + incurable diseases. I thought I remembered you saying that Rheumatoid arthritis patients had also seen good results from taking DMSO? Can you say anything more about this? I have a brother who has suffered from it for many years and regularly goes through a form of chemo that removes the problem elements from his body. My guess is the treatment is not overall good for his body? Thank you again.

LIKE (5) REPLY (1) SHARE

**A Midwestern Doctor** Oct 20
Author

That was in part 2

LIKE (1) REPLY SHARE

**Kay Beazley** Kay Beazley Oct 20
Liked by A Midwestern Doctor

Thank you so much.

LIKE (1) REPLY SHARE

**Kristin Fitch** Joy Camp Oct 22

I'd love to hear from any readers who have seen some improvement treating parkinsons, freezing of gait, back pain or mild cognitive decline in seniors and what dose/protocal you used. I am hoping to start my dad on DMSO soon and I've read through most of MWD articles and as many comments as I can get through. Also, anyone use it for chronic hip pain (comes and goes) so far I have my husband rolling on 70% DMSO to the location. Or any additional resources I should check out on the subject. thank you! And again thank you MWD!!!

LIKE (4) REPLY (2) SHARE

**A Midwestern Doctor** Oct 22
Author

Contact the reader I linked to the comment of!

LIKE REPLY SHARE

**Camilla** Nov 10

Did you ever figure out the dose and route of administration for your dad, Kristin? I'd like to try on my mom for her cognitive decline as well and also wonder if we, the children, should be using it prophylactically?

LIKE REPLY SHARE

**Drew Schibsted** Oct 21

Would you recommend oral DMSO for varicose veins, or topical?

LIKE (4) REPLY (2) SHARE

**JC** JC Oct 24

That's in one of the other articles.

LIKE (1) REPLY SHARE

**Hannah W** Oct 28

I'm currently experimenting with topical (roughly 90% after mixing 100% DMSO with a bit of quality olive oil). I rub it in at night before bed, and I take a break once a week.

After 2 weeks, I think there is subtle improvement, especially the areas that are painful. But I expect a long process, since I've had them for decades.

LIKE REPLY SHARE

**Jeannine** Oct 20

Is there a way to find doctors who treat patients with DMSO? Our daughter has uveitis. Doctors only prescribe prednisone (oral and eye drops) and then want to move to methotrexate and HUMIRA. Our daughter has no other symptoms, just the eye inflammation. She does not have JIA symptoms, but I know many other children who have JIA and are in a great deal of pain and then also have uveitis. Only medications with black box warning labels are offered to treat our children. Doctors are VERY aggressive at pushing HUMIRA. I have heard of success when treating uveitis inflammation with DMSO, but I do not know how to proceed with treatment and would like a doctor to guide us.

LIKE (4) REPLY SHARE

**TnDoc** TnDoc Oct 20

MwD... Great info. Is there a way to set up a PDF link that allows us to share in emails or print the text only like is on Mercola's site? I use many such items for my patients by emailing them the info where they can study at home. Thanks as always for your hard work.

LIKE (4) REPLY (1) SHARE

**A Midwestern Doctor** Oct 20
Author

Nope; Substack doesn't create that feature, but you can print and save as a PDF

LIKE (4) REPLY (1) SHARE

**TnDoc** TnDoc Oct 20

Thanks.

LIKE REPLY SHARE

**Paige Quinlivan** Oct 23

First of all, AMD, thank you so much for all your work and your courage in bringing all your revelations about healthcare to everyone's attention! I can't thank you enough. And on that note of courage, I'd love your opinion. I am an OD who is very interested in helping my patients treat their eye disease in the most natural way possible. I can usually tell who will be receptive and who will not. Talking to someone about their diet, omega 6:omega 3, nutritional supplements etc is one thing. Telling them to use DMSO for instance on their eyelids or in drop form, I must confess, is a bit scary for me since we live in such a litigious and dare I say dangerous time for people who just want to do what we consider the best for our patients and fellow human beings! I have been slowly telling certain people about DMSO but leaving it up to them to research and use it on their own. Would love your thoughts on that.

On another note, I started using 70% DMSO on my elbow for what I think is tendonitis or tennis elbow which I've had for about a year and a half. I have applied twice a day for the past week. So far, no improvement, so now I'm trying three times a day. Will keep you posted!

LIKE (3) REPLY (1) SHARE

**A Midwestern Doctor** Oct 29
Author

Wait for next article

LIKE REPLY SHARE

**BMeowDawg** Oct 22

Could you consider doing one on prostate cancer and PSA? So many urologists push significant surgeries, it would be great to have your guidance on this as well! Bless you for the tireless work you do,

LIKE (3) REPLY (1) SHARE

A Midwestern Doctor Oct 22
Author

Yes but will cover later.

LIKE (4) REPLY SHARE

Michele Valente Oct 21

( I put this comment in another thread so please forgive me that I added it here as well). Hello Doc. First I'd like to thank you for all of the work you have put into this article. I have been using DMSO on my dad since his recent hip replacement. I am getting mixed results. I am experimenting with it. Some feedback on your article. First, I think you need to provide some very concrete steps on how to do (i.e. 70%) concentration level if you want to mix it. I have been using 50% because I know it is 2 parts. Secondly, I am told by my mentor, who is kinesiologist that the spleen is the main organ that controls pain. Which for other readers, is on the left side of the body, under the nipple. If this is not working or blocked, you will get mixed results. It may be helpful to put DMSO on this point. Thirdly, if people are taking other pain medications, DMSO needs to be used /applied hours after the pain medication is used. It may be helpful for people who have chronic conditions to have DMSO topical applications put applied to spine area/ whole spine.

You provide so much info, which is great, and in so much time, but it can be overwhelming. I'd suggest to slow it down. There is a lot to absorb here. I have this problem as well. Lastly, I want to direct readers to divine love protocol by Robert Fritchie. Here is one of his videos. https://youtu.be/d2Xo1eQImwo.

Blessings, Miche

LIKE (3) REPLY (1) SHARE

A Midwestern Doctor Oct 22
Author

That's why I put the simplified guide here!

LIKE (4) REPLY SHARE

Jack Reilly Oct 21

Just a heads up to anyone who is considering taking DMSO liquid orally.

Do not use any plastic or polycarbonate spoons or glass ware. It will turn any contact surface white, permanently.

And do not put DMSO(at least the 99% version)in the fridge. It will freeze. My eight ounce bottle has been on the counter for eight hours and it is still half frozen.

LIKE (3) REPLY SHARE

VictorDianne Watson VictorDianne Watson Oct 21

Another tremendously helpful Substack, AMD. I'm grateful you talked about dosing. I bought the Natures Gift DMSO from Amazon that you recommended in the first article. It has worked beautifully as I wrote you to treat my neuropathy. I have not used it for several days and still no pain or spasms. My husband used it on his arthritic big toe which stopped the pain within 1/2 hour. We are so thankful. You mentioned treating for radiation cystitis which is a problem for those who have been treated with surgery and then radiation for prostate cancer. Does DMSO improve the incontinence and/or strictures at the neck of the bladder that can follow this type of intervention? He plans to apply DMSO to the suprapubic area and see if it helps. If he chooses to take it orally, what do I buy? The DMSO I bought says nothing about it being oral and I couldn't detect from your article that it was. I've also been asked by a friend I sent it to regarding treatment of IBS. I recommended she use it topically and I would find out about the oral preparation. Thank you for being so focused on helping so many people. I am grateful I found you. You've totally changed the narrative in medicine!

LIKE (3) REPLY (1) SHARE

J. Harris Oct 22

I'm using the liquid DMSO Store brand from Amazon. Already used up my 8 oz bottle and ordered a gallon! The gallon comes in plastic but is in an "approved plastic".

LIKE (2) REPLY (1) SHARE

JC JC Oct 24

LOL comments above - can always decant into glass bottles for storage.

LIKE REPLY SHARE

Freebird Oct 21 Edited

Thank you for this very interesting and comprehensive information. I'm most interested in gut issues, as I've long dealt with IBS, which seemed to turn into leaky gut and now dysbiosis. Tests showed that I have an antibiotic resistant gut bacteria, Klebsiella, and in spite of that my doctor prescribed an antibiotic which only made the situation worse, so now I am trying to deal with it on my own. I have tried some herbals recommended in Stephen Bruhner's book, particularly, Berberine. After a couple of weeks on that with no luck, I turned to another recommended protocol of Colloidal Silver mixed into Aloe Vera gel twice a day. Two weeks into this protocol have not shown any improvement either.

I'm wondering if DMSO would be effective for this? I should add that my symptoms are persistent diarrhea, many times a day, especially after eating. I've eliminated gluten, dairy, caffeine, and all sugars except for about a tablespoon of honey per day. Needless to say, I've lost too much weight and have a hard time getting out of the house.

LIKE (3) REPLY (2) SHARE

A Midwestern Doctor Oct 21
Author

I do not know, but it will likely improve motility which can be helpful. However individuals on long term oral DMSO often lose weight.

LIKE (4) REPLY SHARE

Diane Oct 24

Son in law suffered from all of the above and worse.

He started taking Loomis enzymes and saw great improvement.

LIKE (2) REPLY (1) SHARE

Freebird Oct 24

Thanks for the reply Diane, I will check on that. I have been taking a half teaspoon of DMSO in cranberry juice before bed for the last three evenings. I've seen great improvement so far! I'm cautiously optimistic since it has only been 2 full days, but also hoping that this is an answer to 8 months of problems and lots of prayer!

LIKE (3) REPLY SHARE

Fred Oct 21 Edited

I find it interesting that DMSO may be useful for treating collagen disorders, for personal reasons also. I asked ChatGPT if EoE, eosinophilic esophagitis may be considered a collagen-related disease, and it replied that there are several reasons for doing so. In my eyes this another indication that DMSO - and MSM may help healing and reducing the symptoms of EoE. It may reduce the inflammation in the esophagus, heal scarring there and cause the esophageal tissue to return to its normal state, and stop the excess collagen production, and make it soft again. It may also help relaxing the esophageal muscles or normalize their rhythmic contractions. As I have written previously on this page I have experienced how MSM, organic sulphur, a substance closely related to DMSO, helped me reduce my EoE symptoms. Inspired by this series of articles I started using DMSO if any food gets stuck, and it has been very effective at releasing it. Just swallow half a spoon mixed with a bit of water, and down it goes. 2+ weeks ago I doubled my daily MSM dose to two dessert spoons twice a day, and since then I seem to not to have any EoE issues at all. (update: I have managed my EoE with MSM only since 2018, no standard EoE meds, and no allergy meds, no meds at all.)

LIKE (3) REPLY (1) SHARE

A Midwestern Doctor Oct 21
Author

Wonderful. One thing to mention is the one lab thing DMSO was shown to do was sometimes increase eosinophils.

LIKE (3) REPLY (1) SHARE

Fred Oct 21 Edited

I have been doing an effort to spread the word about DMSO among friends and colleagues, and also in EoE groups - it seems like the got some attention. I called it --- the forgotten way of healing the esophagus and managing EoE --- since I refer to a quote in Stanley Jacobs (md) book The Miracle of MSM, where he tells that he treated EoE and scleroderma patients with DMSO and MSM "with great results". I hope at least some of the persons with EoE will try DMSO and MSM, at least for a few months and let me know what happened. When I read the posts in these EoE groups (and also in allergy groups) on Facebook, it is OBVIOUS that huge numbers of people are feeling very unwell and indeed suffering, as they are following the advice of their doctors and taking their prescription meds as they are told. Censorship is also very common, and it is often a requirement to promise that you won't encourage use of supplements, or talk about it in the group. I've had a number of posts deleted by the group admin/moderators in Asthma groups when I told about my - true - experience of how MSM reduced pollen allergies to a no problem for me. Another example of how Big Pharma cooperate with interest groups (patient organisations), and use and corrupt them, not to work in the interest of their members.

LIKE (3) REPLY SHARE

Sara Buscher Oct 21

I have Parkinson's and would like to try DMSO, but am unclear about how to take. Should I use topically, and if so, where would I apply it? Or, should I take orally? If I do, how much liquid should I use to dilute a half teaspoon?

LIKE (3) REPLY (1) SHARE

A Midwestern Doctor Oct 21
Author

Oral, do standard procedure or talk with the person I quoted here. We always used IV so I am not as familiar with the other approaches.

LIKE (1) REPLY SHARE

Meredith Oct 20

Thank you for writing about DMSO. I am reading it all and learning much for myself, my family and friends. I began taking it orally (tsp per day) and noted within a day that my energy level had increased. I had been resting for 2-4 hours daily as I continue to recover from knee replacement surgery 6 months ago. This ended. My need to rest has almost ended entirely. I also hope to avoid a need for knee replacement on my other leg. I had purchased in the recent past some DMSO from the source at DMSO.com. I cannot detect any thing about the company or product that is other than a pure product. It may be another resource for people. This brand can also be purchased readily in animal feed stores.

LIKE (3) REPLY SHARE

Kelly Deschamps Oct 20

I have Inflammatory Breast Cancer and am being treated by Dr. Lawler at your Leading Edge Clinic. Wondering if I should try using it on my breast then and/or internally. It's not in the Cancer Care book Dr. Marik published, but my cancer is rare and involves inflammatory issues so I'm wondering if it's applicable.

LIKE (3) REPLY SHARE

Ernest N. Curtis Ernest's Substack Oct 20

Thankfully my question is fairly trivial. Do you have any feedback or testimonials on the use of DMSO for localized tendonitis? I like to play tennis four or five times per week and the only limiting factor (other than age) is tennis elbow---lateral epicondylitis. The area of tenderness and pain is well localized and it sounds like topical application with liquid or gel might be helpful. I have no known diseases or allergies.

LIKE (3) REPLY (1) SHARE

A Midwestern Doctor Oct 20
Author

I think so, but there was a lot of that covered in part 2.

LIKE (1) REPLY (1) SHARE

Ernest N. Curtis Ernest's Substack Oct 20

Thanks. I apparently missed that when my wife and I were traveling recently. I just pulled it up and read the pertinent portions and they answered all of my questions. Incredible detail as usual. I don't know how you find the time to do it but greatly appreciate it. It seems that 70% liquid topically applied would be the best place to start.

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 20
Author

I'm really capped on time...

I have a few articles I really wanted to get done before November 5, so I've been really pushing to get the whole sequence done.

LIKE (5) REPLY SHARE

William Sherman William Sherman Oct 20

God bless you, sir, for your selfless gifts to humanity with this series!

LIKE (3) REPLY SHARE

Troy Anderson Oct 20

I have never heard of DMSO before reading your articles, and I am very curious about it. I have seen a few discussions about mixing it with castor oil for joint pain. This seems, on paper, like it would make a good combination mixing the liquid with the oil, giving it more viscosity when applying it, and castor oil seems like it would compliment the DMSO. Do you have any thoughts on this combination?

LIKE (3) REPLY (2) SHARE

A Midwestern Doctor Oct 20
Author

A lot of people like it. Will be discussed in a later article.

LIKE (5) REPLY SHARE

J. Harris Oct 22

I paint on my diy 70/30 DMSO diluted with aloe fillet gel then slather on castor oil over the top. Sometimes I used magnesium oil and castor oil.

LIKE (4) REPLY SHARE

Jacob99 Jacob99 Oct 20

Are you going cover Mast Cell activation syndrome and possible mold toxicity?

LIKE (3) REPLY (2) SHARE

A Midwestern Doctor Oct 20
Author

Yes but a lot of people have already written about that. I'm trying to focus on the things no one else has covered. I have so many topics I want to cover so a lot of thought goes into which ones I do.

LIKE (3) REPLY SHARE

J. Harris Oct 22

I think DMSO is helping me with these issues!! I "tested" positive for CIRS with bloodwork including the HLA gene defect with mold susceptibility. I've also been battling histamine/ mast cell issues.

LIKE REPLY SHARE

Brewer55 Brewer55's Substack Oct 20 Edited

Wow, Peyronie's disease? I suffer with this. It has ended the sex life in my marriage 3 years ago. I have no idea when it happened (the injury that causes the curvature). I need to know more about this one.

LIKE (3) REPLY (1) SHARE

A Midwestern Doctor Oct 20
Author

Give or take everything I know (besides the various review papers on Peyronie's disease I read through while putting this together) is listed here.

LIKE (2) REPLY SHARE

Jonathon Metrosideros Oct 20

Not sure if you need this but here's a study suggesting that DMSO may also be effective for treating headache: https://sci-hub.ru/https://doi.org/10.1111/j.1749-6632.1967.tb34934.x

Thank you so much for this series!

LIKE (3) REPLY (2) SHARE

A Midwestern Doctor Oct 20
Author

I may have missed this one. Thank you!

LIKE (2) REPLY SHARE

JC JC Oct 24

I have pretty intractable headaches. One of my new protocols is lidocaine (roller ointment) and DMSO, on the spot of my scalp where the headaches start, and down the neck.

It helps, but isn't always enough.

LIKE (1) REPLY SHARE

Diane Martinson Diane's Substack Oct 20

I hope your future articles cover other things DMSO can be used for. I've had swollen lymph nodes for two years, doctor says nothing can be done but to come back if they change. I've tried everything others have recommended which haven't help so am hoping maybe DMSO might help.

LIKE (3) REPLY (2) SHARE

A Midwestern Doctor Oct 20
Author

They will!

LIKE (2) REPLY SHARE

Fred Jewett Fred Jewett Oct 20

I had trigeminal Neuralgia and my doc had an MRI done which didn't show anything. So the doc gave me two choices, live with it or they could kill the nerve surgically. Neither option appealed to me so I went on an internet hunt and found my particular solution in 5 minutes. It was food triggers. I had recently changed from OJ to fresh oranges and from instant to brewed coffee. These were two of 3 major food triggers for trigeminal Neuralgia. I then switched to apples instead of oranges and half decaf with my coffee. The TN went away. The lesson learned is there is often a solution so when the answer doesn't just pop up then if you dig into it you might find the solution on your own. I love the Forgotten Side of Medicine for showing us alternate methods of dealing with medical issues.

LIKE (13) REPLY (1) SHARE

JC JC Oct 24 Edited

When I moved to Australia from the US, I went to the shops (as you do) and bought a bottle of orange juice. IT DID NOT TASTE like American OJ and I didn't really like it. (it took awhile for the "American" to leave my tastebuds)

That's when I found out that 90% of American OJ is - made from sweet slurry to give it that bright, sunny loveable OJ taste. Sugar on the hoof. (I now make fresh OJ from my neighbour's Valencia tree)

We are all an experiment of N=1.

That's why "public health" is oxymoronic. Or just plain moronic.

LIKE (4) REPLY (1) SHARE

Fred Jewett Fred Jewett Oct 24

I had switched to fresh oranges as I had read that most of the goodness of the orange is destroyed by the pasteurization process. Unfortunately my Trigeninal Nerve couldn't take the real stuff. I have not yet looking into the problem further to see how I could eat real oranges without triggering the nerve.

LIKE (1) REPLY SHARE

DUANE HAYES DUANE HAYES Oct 20

My friend who eventually died from a brain bleed stroke might have benefited, but no one gave her any therapy. At the time I thought hyperbaric oxygen would have helped to heal. We know that the FDA has shut down DMSO here, but I wonder if it's used a lot in Europe, or Asia? Other countries not bound up by our crooked FDA should be able to use DMSO as much as they want.

LIKE (3) REPLY (2) SHARE

A Midwestern Doctor Oct 20
Author

It's kind of used in Russia and Germany, but I'm not as familiar with the international uses as I am with UVBI.

LIKE (4) REPLY (1) SHARE

DUANE HAYES DUANE HAYES Oct 20

UVBI is another therapy that should be used universally, yet almost no doctors in America will consider it. Oh, must be because the drug companies can't sell it.

LIKE (2) REPLY (1) SHARE

JC JC Oct 24

Be thankful you're not in Australia. At least it's available in the US. The top-down Medical Cartel here is amazingly powerful, and they go after heretics, and have done so long before COVID.

But yes, reading the UVBI article made me very angry, because - so simple, so effective - and so forgotten. I reviewed all the deaths I've known. I believe every one could have been delayed, prevented, or suffering reduced.

LIKE (1) REPLY SHARE

JC JC Oct 24

My husband had a stroke. It took us 6 hours to figure it out (because it happened in his sleep - he woke up, some things worked, some things didn't)

IF ONLY - there was a little DMSO in the house - but that 6 hours to "figure it out," I didn't even administer an aspro, which would have at least, helped.

LIKE (1) REPLY SHARE

Satan's Doorknob Satan's's Doorknob Oct 20

Texas baby death and Dad facing execution: The following is a "hot take" which means I only know the barest outlines. Based on this superficial understanding, prosecutors alleged the baby died of "shaken baby syndrome." I'm sure that happens in the real world at times, unfortunately. What I find particularly troubling in this case is that a parent was found guilty and sentenced to death. A death sentence almost always is reserved for first-degree murder, which should require premeditation or malice aforethought. I find it straining credibility that a father would deliberately choose to murder his child by shaking him to death. Far from being cold-blooded murder, isn't it more likely such a killing results from anger, a "crime of passion," which usually is charged as a lesser murder (2nd, 3rd) or manslaughter?

LIKE (3) REPLY (2) SHARE

Ned B. MEEMINGFUL Oct 20

In the article, Midwestern Doc, notes that the baby almost certainly died from a medical malpractice, not the father shaking the baby.

Here's my weird thought: If the father can be absolved of killing his baby, could the death penalty be applied to the doctor(s) who did the malpractice?

LIKE (4) REPLY (1) SHARE

A Midwestern Doctor Oct 20
Author

I really wondered if him being blamed was partly used to get the doctor off of malpractice.

LIKE (20) REPLY SHARE

J Pattison Oct 20

Read the recent post by A Midwestern Doctor on this subject. Very insightful!

LIKE (1) REPLY (1) SHARE

Satan's Doorknob Satan's's Doorknob Oct 20

I just skimmed it...and checked Yahoo news about Robert Roberson. Yes, a real cliffhanger no doubt and, at least on my quick take (still superficial but less so) I did not find anything resembling deliberate intent to harm his child. Of course, I hope that Roberson gets a fair hearing -- it sounds like his trial was anything but.

LIKE (1) REPLY SHARE

J Pattison Oct 20

My brother wants to take DMSO for his cancer pain, but he has been taking narcotics for the pain. How long does he need to be off of the narcotics before trying DMSO?

LIKE (3) REPLY (2) SHARE

A Midwestern Doctor Oct 20
Author

The DMSO may make the narcotics stronger, but he also doesn't want to be in pain, so essentially what he'll have to do is slowly raise the DMSO and see if it allows him to not need as much narcotics.

LIKE (7) REPLY (2) SHARE

BradfordK BradfordK Oct 20

Just curious. I'm a pharmacist and work at a specialty surgical hospital with pain control and wound healing being two prominent issues we deal with. How would DMSO make narcotics stronger? For meds being applied topically concomitantly, I totally understand, but systemic synergism is a different issue altogether. I love your articles and have been following you for well over a year. Thank you for sharing!

LIKE (4) REPLY (1) SHARE

A Midwestern Doctor Oct 20
Author

The main drugs it was observed to potentiate were barbituates, corticosteroids and alcohol. In the case of alcohol it was because it slowed liver metabolism. I never saw a mechanistic

explanation for the other two.

LIKE (1) REPLY (1) SHARE

**Bradford** Bradford · Oct 22

Interesting. I appreciate the reply

LIKE (1) REPLY (1) SHARE

View 1 more reply

**J Pettison** Oct 29

His wife was going to pat on the DMSO topically on his three super painful areas. How do they do that shortly?

LIKE (1) REPLY (1) SHARE

View 1 more reply

**Cristina** Oct 30

This is just what came to mind for me. Perhaps by starting with one area, then building up to all 5. Or starting with 3 lower dose topical concentration (by manually diluting the liquid version), then building the concentration level up as the narcotics are weaned down.

LIKE (1) REPLY (1) SHARE

View 1 more reply

**J Pettison** Oct 30

Great ideas! Thank you for your thoughtfulness!

LIKE (1) REPLY (1) SHARE

View 1 more reply

**RU Pondering** RU Pondering · Oct 23

There are a few research papers where they used DMSO + sodium bicarbonate to treat cancer patient pain. At least one study reported it not only helped with pain, the tumors didn't not progress during the study.

LIKE (2) REPLY (1) SHARE

View 1 more reply

**J Pettison** Oct 29

That's great info! Is it applied topically? When would I find those papers? Thank you so much!

LIKE (1) REPLY (1) SHARE

View 1 more reply

**RU Pondering** RU Pondering · Oct 23

https://sadanandmd.mdc.edu.vn/wp-content/uploads/2018/04/Sodium-bicarbonate-cancer.pdf

Find all of the list of the government, pulbmed is one the go-all right. The methods of distribution varied depending on type of cancer, whether for prostate, topical for melanoma, IV drip for others.

I have another comment somewhere on this article that scratches the surface about why I think stress + baking soda could revolutionize cancer treatment (not that the cancer industry would ever allow it). Along with a little a back that MD finally fits all of the pieces of this complex cancer puzzle together into a unified and actionable theory.

LIKE (2) REPLY (1) SHARE

View 1 more reply

**A Midwestern Doctor** Oct 24

Author

Unfortunately pubmed doesn't list a lot of important journals that are too unorthodox so you often can't find what you're looking for in it

LIKE (2) REPLY SHARE

View 1 more reply

**beth Kaufman** Nov 7

Has anyone had luck with tinnitus? What did you do?

LIKE (1) REPLY SHARE

View 1 more reply

**Fabulus Maximus** Oct 22

DMSO is useful for so many disparate things that I thought I'd try a really long shot. I have superior oblique myokymia in my left eye. I have the (allegedly) pre-eminent neuro-ophthalmologist (sp.?) in the country. To translate: the common terminology is that I have a twitch behind my eye. What I see with the affected eye jumps around. It sounds innocuous, and most times it is a minor annoyance. But it gets really interesting when my vision starts unexpectedly doubling behind the wheel at 70 MPH. It's apparently pretty rare, because the doctor gave me a name at seeing it "in action", and asked if he could bring his colleagues in. They were all very entertained, then I popped the $5/4K question: what can we do about it? There are certain anti-convulsive (sp.?) drugs they can prescribe, but he discouraged me from pursuing them because the side effects were "awful." He agreed that it's worth a try for him with 3 or 3.4 months and nazeema. At that time the doctor was a little surprised that I'd tried DMSO topically, but he said it was a good idea because it would accident to which he was at least as knowledgeable as me. Several years later I read that they now relate it in some way to migraine. Anyway, I've lived with this for several years, and then either DMSO (I thought it might help) quiet things down if I used a diluted solution as an eye drop, or I need 10% in distilled water, and it does work to temporarily kill the twitch. It hasn't cured it, but it is reassuring to know an actual tool in the toolbox.

LIKE (1) REPLY (1) SHARE

View 1 more reply

**A Midwestern Doctor** Oct 24

Author

Wait 30 the eye series.

LIKE (1) REPLY SHARE

View 1 more reply

**Jerry Bickle** Jerry's Solution · Oct 25

I have eye floaters that came about after an accident. It's a large sheet it seems to me and covers the right entire almost all the time. I want to know if I can try drops cream on the lids or eye drops. One thing too is I had Bell palsy years and years ago to try and correct some stigmatism that came about years later.

LIKE (1) REPLY SHARE

View 1 more reply

**Marina** Oct 29

I am very interested in the eye series since I have severe dry eyes and Meibomian gland dysfunction where my Meibomian glands continuously get fibrosis and the only relief from that pain is to get prolapsing where a thin metal probe is inserted into each gland to break up the fibrosis. I have to get this done every 6 weeks and it is a costly treatment and not covered by insurance.

LIKE (1) REPLY SHARE

View 1 more reply

**INVINCIBLE** Oct 23

This is an excellent series and I so appreciate you MMD! I thank God for you daily & pass on the link to your Substack many times, so many people are in need of relief. I've been using DMSO about 4 months on Substack (thru ICD-11) with great results: improved sleep, increased activity levels, reduced pain, ("sigh" palpable improvement) I now have symptoms of a vitreous detachment so this week I begin a 10% DMSO/water solution 2 times a day and reduced less floaters and flashes going my cleanse fields of vision. Amazing. I'll continue to be grateful for all your work to help so many and I'll spread the word to others in need. Thank you.

LIKE (1) REPLY SHARE

View 1 more reply

**NeuroTed** Oct 23

This entire series has been so fascinating, and I deeply appreciate the added information on dosing. I have a rotator cuff tear that have strengthened with PT but am just starting DMSO topically to see if that helps with lingering discomfort. And I have extensive scarring from a five site autologous reconstruction that I am hoping will improve.

One clarification, please: will taking it orally help with muscle and skin issues? Given the choice, I'd much rather have an oral solution than topically if feasible.

LIKE (2) REPLY (1) SHARE

View 1 more reply

**A Midwestern Doctor** Oct 23

Author

Yes, but local is often needed for skin issues.

LIKE (2) REPLY (1) SHARE

View 1 more reply

**Anne Mc** Anne Mc · Nov 10

Have you commented somewhere about applying drons to psoriasis?

LIKE (1) REPLY SHARE

View 1 more reply

**NLB** Oct 21

I was excited to see you mention DMSO in relation to uveitis. Do you think it would be better to use the DMSO prophylactically or treat the flare-ups as they occur? I'm using furtric and eye drops every day and they have significantly reduced the number of flare-ups. I now only have 1 or 2 a year but the treatment with steroid drops, which is the only thing that I know of until I heard of DMSO takes several weeks, so I would like to avoid these flare-ups altogether. Thank you so much for the amazing information you put out!

LIKE (1) REPLY (1) SHARE

View 1 more reply

**A Midwestern Doctor** Oct 21

Author

Wait for the eye series which will out within a month.

LIKE (1) REPLY SHARE

View 1 more reply

**NLB** Oct 21

Great, thank you!

LIKE (1) REPLY SHARE

View 1 more reply

**Nathan** Oct 21

How is DMSO tolerated by people who have weakened sulfur clearance pathways, or otherwise have sulfur sensitivities? For example, some people will get migraines from drinking water, containing hydrogen sulfide etc. Have you come across DMSO causing similar problems in some people?

LIKE (1) REPLY (1) SHARE

View 1 more reply

**A Midwestern Doctor** Oct 21

Author

Discussed in the previous article.

LIKE (1) REPLY SHARE

View 1 more reply

**A Harris** Oct 23

Nathan, I was having sulfur dyslexia issues. I was able to get it corrected by soaking for hours (23-3 hours) one time a week for several weeks at a high sulfur content hot springs (that's not weird with Arizona hot springs). I'm not sure if it was the DMSO or just the sulfur in the hot springs. I'm now using DMSO (w/ MSM) (Prior to soaking I couldn't tolerate MSM.) The only "bad effect" I'd ever a smell although I can't smell it and I'm super sensitive to "smells" I can essential oils to try and mask it.

LIKE (1) REPLY (1) SHARE

View 1 more reply

**Nathan** Oct 23

Interesting! I guess the body can self-correct if sufficiently exposed.

Yes, the smell is an issue, especially because we can't smell it ourselves. AMD makes it sound like it leaves over time as the body gets healthier. Also she mentions the possibility of oxidizing agents (like chlorine dioxide) help with that. Something to look into...

LIKE (1) REPLY SHARE

View 1 more reply

**Cristina** Oct 23

Interested too. ✋

LIKE (1) REPLY SHARE

View 1 more reply

**Blair** Darkness is Light · Oct 21

I am wondering if DMSO is safe to topically apply to your cervical spine? I've had issues with cervical spinal pain/inflammation for years.

LIKE (1) REPLY SHARE

View 1 more reply

**A Midwestern Doctor** Oct 21

Author

Yes, read part 2

LIKE (1) REPLY (1) SHARE

View 1 more reply

**Blair** Darkness is Light · Oct 21

Thank you! Will do!

LIKE (1) REPLY SHARE

View 1 more reply

**Kim0** Oct 21

Type 1 diabetes is autoimmune, correct? I am wondering if I can use it for my husband has it. (brought on by statin use I believe, was diagnosed 7 year after starting a high-dose statin). I think he still has some pancreatic function, he only uses a small dose of insulin twice a day.

LIKE (1) REPLY (1) SHARE

View 1 more reply

**A Midwestern Doctor** Oct 21

Author

Diabetes will be discussed later in the series.

LIKE (1) REPLY SHARE

View 1 more reply

**Penny Carter** Oct 23

I would like to know that too

LIKE (1) REPLY SHARE

View 1 more reply

**Noelle Alaa** Oct 20

I know you wrote an article also on the cell danger response (I've been following Dr Nakazawa's work for 10 years) and wonder can DMSO help turn off that CDR? I remember you saying you treat CDR in your practice and would love more information and if I can come see you for my son with autism? Noellaaa@hotmail.com ✍

LIKE (1) REPLY (1) SHARE

View 1 more reply

**Cristina** Oct 21

CDR is an issue for me too.

LIKE (1) REPLY SHARE

View 1 more reply

**CKW** Oct 20 *Edited*

A medical colleague recently shared your DMSO article with me. I am so impressed by your compilation of the vast research, case reports, and historical perspectives. What a wealth of information you provide! I am just so grateful. I have often wondered if DMSO would work for DeLUSI but couldn't find anyone using it for anything remotely similar. I'm a pediatrician who has been "stuck" with Lyme disease for years. Your articles, not only are supported by how many conditions respond to DMSO, but I purchased a bottle to see if it will work for my own post-traumatic sensitivity.

I am curious, however, has you either used it or found any information on DMSO improving refractory post-viral illness, specifically long covid (or ME/CFS) or adverse vaccine reaction in the sensitive patient? Thank you so much for your help & all of these wonderful articles!

LIKE (1) REPLY (1) SHARE

View 1 more reply

**A Midwestern Doctor** Oct 21

Author

That's in a later article. It can help but I think things like LVIS are better for CFS.

LIKE (1) REPLY SHARE

View 1 more reply

**CKW** Oct 21

Ok, thank you.

LIKE (1) REPLY SHARE

View 1 more reply

**sue** Nov 16

I would love for you to talk to Mark Lintem, author of "The Cancer Resolution". He makes a very good case about how fungal plus environment (esp toxins) cause cells to turn cancerous. The theory makes more sense than anything else I have read about cancer. It fits all the gaps in the literature. Approach and the Stem Cell approach. Most supplements and repurposed drugs that are working for cancer are anti-fungals, although some are anti-bacterial and anti-viral as well. He has assembled a research group of doctors and researchers, and I wonder if they have looked at the pleomorphic effect you mention. Any evidence that DMSO is anti-fungal?

LIKE (1) REPLY SHARE

View 1 more reply

**Carol** Nov 16

My husband is taking ivermectin and fenbendazole for early caught bladder cancer. He has another look see later in December. He started the combo in early October. No side effects. I will probably start him on DMSO in a week or so. I'm a pharmacist. He has to get up in the night several times to urinate. His prostate does not seem to be a problem.

LIKE (1) REPLY (1) SHARE

View 1 more reply

**sue** Nov 20

Ms sos, for triple negative breast cancer.

LIKE (1) REPLY SHARE

View 1 more reply

**#ID TikTok Account** Nov 19

Have you or anyone reading come across any treatments that help rebuild cartilage? DMSO does not seem to help much from what I read. The idea being to slow the progression of arthritis in my big toe joint so I can play active into my 60s

LIKE (1) REPLY SHARE

View 1 more reply

**Vic Hughes** Vic Healy Medicine.org · Nov 3

Great article. In 1965 Dr. Gerry Chief scientist and soon to be leader of Rockefeller-funded organizers Planned Parenthood, gave a lecture to other Doctor about the frightening vision that was not only already planned for the great overpopulation, it was unstoppable, so he could talk about it. He laid out a future of overpopulation, drugs, fake science, distraction of the family, sex vs commitment, homosexuality, and many other frightening things. Sadly, many have come true. He also said Rockefeller already had a cure for cancer but they didn't want to release it to the general population because of overpopulation.

DO YOU THINK GERRY WAS THE CANCER CURE DR. DAN TALKED ABOUT? I have recommend viewing all of the Dap Tapes. The last of the first three of four tapes is linked, with the cancer section below. If you don't have time to read the first three tapes, Internet Archives has an audio of all four( at least read the Table of Contents. Your understanding of how we got here will change.

"SUPERSEDED BY CURES AS A MEANS OF CONTROLLING POPULATION.

Cancer. He said: "We can cure almost every cancer right now (1969). Information is on file in the Rockefeller Institute. If it were decided that it should be released. But consider - if people stop dying of cancer, how rapidly we would become overpopulated. You may as well die of cancer as something else." Effects of cancer treatment would be gained more toward comfort than toward cure. There was some statement that ultimately the cancer cures which were being hidden in the Rockefeller Institute would come to light because independent researchers might bring them out, despite these efforts to suppress them. But at least for the time being, letting people die of cancer was a good thing to do because it would slow down the problem of overpopulation."

https://web.archive.org/web/20230608181000/https:/1920777.com/movie/bartarjane

LIKE (1) REPLY (1) SHARE

View 1 more reply

**Carol** Nov 20

We have too many monsters playing "god". But some of this malignant hold on us is breaking apart. They can't really stop it when eventually too many of us are giving conventional medicine(?) the finger. I left 9.11 years ago and except for a partial hip replacement after a fall, I continue to doctor myself. I'm so, So far so good. I can't even say my expensive functional medicine doctor has been that helpful.

LIKE (1) REPLY SHARE

View 1 more reply

**Ingrid** Nov 2

This was really a great article! Thank you! I heard tried any of the stress liquids referenced here and wondering if anyone who experiences gerts breath or odor after using drops? I've experienced it after using a small amount of drops cream. Is there any way to keep that from happening? Thanks in advance.

LIKE (1) REPLY (1) SHARE

View 1 more reply

**Carol** Nov 20 *Edited*

I've been using it on my thyroid area (70% topical) and drinking 1/2 in orange juice for about a week and my husband hasn't said anything. I'll ask him though if I up any dose. I don't notice any odor later after application but results are according to AMD.

LIKE (1) REPLY SHARE

View 1 more reply

**Roberta Ansley** Roberta Ansley · Oct 30

Have anyone used DMSO for Raynaud's? I hope AMD will cover that in a future substack.

LIKE (1) REPLY (1) SHARE

View 1 more reply

**Laurie** Oct 30

I've just started using DMSO topically on one side of my face for trigeminal neuralgia, does anyone have experience treating this problem? I don't know how often I can use this.

LIKE (1) REPLY SHARE

View 1 more reply

**C.L.M.** Oct 28 *Edited*

Thank you so much for this more specific information on the usage of DMSO! I am experiencing multiple unexplained skin, intestinal and pain conditions/symptoms and am anxious to try it. I am wondering specifically if AMD or any readers here have experience with DMSO pertaining to SIBO or a disbended bladder that sometimes leaks, never fully empties causes me to be up several times to pee during the night. I don't sleep well as it is due to pain, digestive issues and random, unexplained miserable itching attacks so anything I can alleviate would help.

LIKE (1) REPLY SHARE

View 1 more reply

**Janet** Nov 20

Disrupted digestion can cause nerves and itching which I need are symptoms of a disruption of digestion. I just have and intermittent feeling and I get some very disruptive digestive issues. Your metabolism is severely down regulated the longer you eat that way or severely low carb. Dana don't tell you that. I'm sure you're trying to normalize my low metabolism and disrupted thyroid and thinning bones by introducing easily digested carbs like fruit, rice and potatoes and I'm still sick over it. I enjoy food more though. ✋ It started DMSO orally.

LIKE (1) REPLY SHARE

View 1 more reply

**Sovid19** Oct 28

An update on Montana neuroma

I purchased 99.95% DMSO from the DMSO store. It freezes at 66 deg F and froze in my house. It was suggested that I dilute it with an ounce of water which takes freezing down to 37 which I did. I'm storing it in a dark cabinet.

I've applied it topically on the top of my foot (where the damaged nerves are supposedly are) and also on the bottom where the "stone" feels. Once a week for 7 days so far. No change in my condition. Not sure I'm applying it correctly.

On a more positive note I have a 12 yr old small dog that has developed arthritis in her left 3 legs. I've been rubbing DMSO on them daily and she seems to be improving. Not sure if it's placebo. She is walking much better without limping.

I hope I'm responding as asked on the right thread. Please let me know AMD if this is where you want responses.

As always I appreciate everything you've taught me over the last few years and look forward to your next article.

LIKE (1) REPLY SHARE

View 1 more reply

**Janet** Nov 20

Mine "frozen" in a cold camper while on vacation. Thanks for the tip as we run a cooler home in the winter and wear sweaters.

LIKE (1) REPLY SHARE

View 1 more reply

**Sovid19** Oct 28

Also of note - I have not noticed any smell or any taste issues with using it

LIKE (1) REPLY SHARE

View 1 more reply

**Linda Kapsda** Oct 28

I purchased Nature's Gift DMSO On the jar it says sold as a solvent only. This I found worrisome.

I also got a roll on and am using it daily on my knees.

LIKE (1) REPLY (1) SHARE

View 1 more reply

**Sovid19** Oct 28

Also of note - I have not noticed any smell or any taste issues with using it

LIKE (1) REPLY SHARE

View 1 more reply

**Linda Kapsda** Oct 28

I purchased Nature's Gift DMSO On the jar it says sold as a solvent only. This I found worrisome.

I also got a roll on and am using it daily on my knees.

LIKE (1) REPLY (1) SHARE

View 1 more reply

**Janet** Nov 20

Probably says that to avoid legal issues. (Lawyers). Water is a kind of solvent also when you think about it so I wouldn't worry. My husband is taking pet FDA and fenbendazole which gets around the fly thing. Aquarium Fish antibiotics (doxycycline I believe) is the same human thing also. Cheaper too.

LIKE (1) REPLY SHARE

View 1 more reply

**Matt** Oct 24

DMSO Q or DMSO and Blood Clotting Rate... I am a little confused after reading the DMSO article in strokes and related... I was wondering what effect DMSO has on the rate at which one's blood would clot with respect to an operation... eg, one goes in for an operation and wants to minimize bleeding so as to avoid complications. Does DMSO increase the rate at which one's blood forms into a clot or does it make the blood more thin and slow down clotting time the same, so the whole thing is not fine and would, under some circumstances, avoid needing a tranfusion, BUT one has decided for pain and related reasons to apply DMSO beforehand... what effect would this have ??

LIKE (1) REPLY (1) SHARE

View 1 more reply

**A Midwestern Doctor** Oct 24

Author

To my knowledge there has not been an issue with getting DMSO before a surgery (rather it accelerates healing, but I don't have hard data to support that.

LIKE (1) REPLY SHARE

View 1 more reply

**Angie** Oct 24

Thank you MMD for all of this useful information. I'm not too familiar with the Substack format so thought I'd ask for your input (sing one comes to mind, I apologize if this has already been asked, I can't find it if so). I have very thick, bulbous Xenopus veins on my left upper arm (I've been using the Xenopus name for them for around 2 weeks now. I wouldn't believe it if I didn't see it with my own eyes, but they are definitely decreasing in size every day, and they're no longer so painful. I'm wondering if this might be a DMSO effect, or if it's just a coincidence. I apologize if this has already been asked, I can't find it if so. I have very thick, bulbous Xenopus veins on my left upper arm (I've been using the Xenopus name for them for around 2 weeks now. I wouldn't believe it if I didn't see it with my own eyes, but they are definitely decreasing in size every day, and they're no longer so painful. I'm wondering if this might be a DMSO effect, or if it's just a coincidence.

LIKE (1) REPLY SHARE

View 1 more reply

**A Midwestern Doctor** Oct 24

Author

Interesting.

LIKE (1) REPLY SHARE

View 1 more reply

**Angie** Oct 24

Thank you MMD for all of this useful information. I'm not too familiar with the Substack format so thought I'd ask for your input (sing one comes to mind, I apologize if this has already been asked, I can't find it if so. I have very thick, bulbous Xenopus veins on my left upper arm (I've been using the Xenopus name for them for around 2 weeks now. I wouldn't believe it if I didn't see it with my own eyes, but they are definitely decreasing in size every day, and they're no longer so painful. I'm wondering if this might be a DMSO effect, or if it's just a coincidence. I apologize if this has already been asked, I can't find it if so. I have very thick, bulbous Xenopus veins on my left upper arm (I've been using the Xenopus name for them for around 2 weeks now. I wouldn't believe it if I didn't see it with my own eyes, but they are definitely decreasing in size every day, and they're no longer so painful. I'm wondering if this might be a DMSO effect, or if it's just a coincidence.

LIKE (1) REPLY SHARE

View 1 more reply

the heaviness and pain I had before. Also, there's some bruising around my ankle due to the veins and pressure, and those are also fading. I am so happy with these little results that I'm noticing and excited to keep up the dmso treatment. I'd love your thoughts on whether topical is the correct way to continue or should I start taking internal as well? These things have been an issue since my 20's I'm now in my 50's, but have heard a few horror stories about surgery and so I never had them removed. Thank you again for this treasure trove of information you've provided us thus far, I'm excited to keep reading!

**Mark Farris DDS** Oct 24

I have a rotator cuff injury that caused severe pain when I tried to sleep on my side, or raise my arm laterally. 70% DMSO on the pain area would give me significant relief for 4 hours. Amazing pain management. I mix mine with colloidal silver but distilled water is fine. Small amber glass dropper bottles, 4 oz., with a small stainless steel funnel is helpful. I also have a knee that starting hurting a bit after walking 2 miles a day for months. I take a few drops of 70% DMSO into my palm and rub it into the joint areas for a total of about 20 drops on the shoulder and 20 drops on the knee. I do my shoulder and my knee twice a day. I can tell a difference in comfort level and the joints are getting better over time. I have little to no pain in my shoulder now, I can sleep on my side again, I still have limited lateral elevation movement, but that has improved. My knee is 95% better. DMSO is a wonderful substance for natural healing promotion.

**Joe Tatem** Oct 22

A question about Lyme disease. Will DMSO cause a herx? I would like to use it for the joint pain but want to be prepared.

**A Midwestern Doctor** Oct 22 Author

Yes it can although its typically not a severe herx. That's why with sensitive patients they should start at a low dose.

**Joe Tatem** Oct 22

Thank you. I'll have to start small anyway since i don't know yet how sensitive I am

**J. Harris** Oct 22

I think it does cause herx like any detox protocols especially if one goes too fast. I noticed I got "worse" on day three. And now and then I feel "herxie". But overall it's worth it!!

**Mindy Jones** Mindy Jones Oct 22

My father has pancreatic cancer and is in the hospital with ascites...probably from 5 weeks of radiation and Xeloda. Would oral DMSO help? Thank you.

**Robert W** Oct 22

Are there any studies that show DMSO helping severe joint laxity with EDS, ie, C1-C2 hypermobility causing pressure on vertebral arteries and on the brain stem and its sequelae?

**A Midwestern Doctor** Oct 22 Author

I wrote more about that topic here: https://www.midwesterndoctor.com/p/the-hidden-link-between-hypermobility

**A Midwestern Doctor** Oct 22 Author

No, it was not studied at the time DMSO research was happening.

**John Horst** Thomas Paine's Blog Oct 21

AMD: You refer to ITP, but I don't see it spelled out. Are you referring to Immune Thrombocytopenic Purpura (ITP)??? I have idiopathic thrombocytopenia and if I am working the garden and bump or scrape my forearm against something, I get purpura. It does not happen anywhere else on my body - just the forearm. Is DMSO a candidate for cleating it up quickly?

**A Midwestern Doctor** Oct 21 Author

The only reports I've found on this said it took a while.

**J. Harris** Oct 22

John, I too went back through the article looking for what is ITP! I'm still unclear.

**Fred** Oct 21

Would you recommend DMSO for mRNA vaccine injured persons?

**Allen Smith** Allen's Substack Oct 21

We are fighting ALS (my wife) and we will win. So much that can be done.

I'm interested in your take on how WiFi/cell/emf non-ionizing radiation adversely affects muscles (affecting Calcium Channel) Ca2 ions required for electrical Ca2 gated pathway?

Perhaps even more importantly... energy radiation can be used for healing, could cell phone and WiFi be converted into a coherent healthy type of radiation?

**A Midwestern Doctor** Oct 21 Author

You're welcome! That's beyond the scope of what I can write in a comment

**Allen Smith** Allen's Substack Oct 21

Your DMSO series have been extraordinarily helpful.

**Dave Schultz** Oct 21

I have tinnitus and have had it for over 20 years. You mentioned that DMSO can help. Did you write about how to administer for this?

**A Midwestern Doctor** Oct 21 Author

I have not yet gotten to it yet. This one needed to come first.

**RU Pondering** RU Pondering Oct 23

In the Healing with DMSO book, they suggest one or two drops of 20% DMSO into the ear. AMD also linked to some tinnitus research in the comments on article 1.

**Michele Surgenor** Oct 21

Thank you for your incredible work. I have Hashimotos and polymorphic light eruption which I understand are autoimmune conditions. Since being put on levothyroxine 17 years ago I've had very bad digestive issues which have been very debilitating. I'm learning as much as I can about DMSO and I'm wondering if it might help alleviate some of my symptoms?

**A Midwestern Doctor** Oct 21 Author

Possibly, but do not have as much data on this.

**Michele Surgenor** Oct 21

Thanks for your reply. Fingers crossed it'll help. The gut issues are really getting me down. Doctor diagnosed me back then with IBS-D but told me it wasn't to do with my medication which I dispute. Would love to come off medication which I do need atm but the side effects are a nightmare. Wondering if I should do topical or oral and curious about dosage?

**Cristina7** Oct 21

Can DMSO be of any help in pathologies such as ME/CFS, POTS, MCAS & FM? Would it be worth trying it internally?

I'm already using the 70% liquid topically, on painful areas.

Thank you for all this series of articles!

**A Midwestern Doctor** Oct 21 Author

Yes, but case by case and need to go slowly.

**OneDayAtATime** Oct 21

I personally found oral DMSO very helpful with POTS.

**Lynette** Oct 21

I've read that Narcolepsy can be an auto-immune condition, I wonder if DMSO could help the hypothalamus resume production of hypocretin?

**A Midwestern Doctor** Oct 21 Author

It's possible, but I have no data or cases so I don't know

**B Moon** Oct 21

Thank you SO much! You are helping many people. Is there a limit to how long one can take DMSO? Is it until the pain goes away, or can someone take it for several months? Thanks again.

**A Midwestern Doctor** Oct 21 Author

There are a lot of people who've taken it for life. Main thing is to have periodic break days (eg take on weekdays but not weekends)

**Eral Goullet** Oct 20

Such wonderful information. Does DMSO help with neuropathy

**A Midwestern Doctor** Oct 21 Author

Yes

**Jacques** Oct 20

Have been following you since 2023. Excellent work. Thanks so much for your information. I am curious if you have ever researched biological dentistry and whether zirconium or ceramic implants are safer versus titanium implants? Does your research show anywhere that DMSO has a metal detoxifying impact on mouth and mouth diseases or metal based fillings?

**A Midwestern Doctor** Oct 20 Author

Yes but will be in a later article (has a lot of nuance)

**Cristina7** Oct 21

What about copper overload, from amalgams and then a copper IUD, for 8 years?

Can DMSO help the body get rid of excess copper and/or other toxic metals?

**Angela Fox** Oct 20

My husband has severe scoliosis and had Harrington rods installed when he was 12 years old (now 50). He also ruptured a disc maybe 15 years ago and had a fusion at C6-C7. The surgeon told him to basically plan for another surgery. It seems DMSO could be life changing for him, especially for pain management. Is it possible to use with his implants? He has lots of metal in his body, including a hernia mesh and some screws and a plate in his finger. My main concern is leaching. Thank you for bringing topic to the masses!

**A Midwestern Doctor** Oct 20 Author

Everything I know on that was in the previous safety/efficacy article. My guess is that it won't be an issue, but I can't guarantee that.

**Angela Fox** Oct 20

Thank you and understood! I am working my way through them and will refer to the previous article.

**Quadriped** Oct 20

Hello MWDr- thank you for another excellent article. Amazing information. Please opine on tn this question: Would the 3 DMSO brands recommended in DMSO #3 article be the quality to use for IM injections? What are the basic dosing for IM injections? Many thanks.

**A Midwestern Doctor** Oct 20 Author

I discussed that in part 1. Basically:

•Ideally you want to use an IV suitable product.

•The issue is that they can be contaminated with infectious microbes if they aren't certified to by pyogen free.

•Many people just use a 99.999 pure one and run it through a micro filter. I however can't endorse that because I feel eventually someone would inject themselves with an infected needle and then that would be on me..

**erin** erin Oct 20

Doc, do you think oral DMSO might make a difference in prediabetes?

And how long can one take the oral stuff... days, weeks? Months? Would you argue for a time limit? Should one take breaks if taking it long term (if so advised)?

**Darlene Lessing** Oct 21

Above Doc said to take breaks. Like take Monday thru Friday and break during the weekend. I find if I keep up on the comments there is an answer in there somewhere. You can take for life... just take breaks.😊

**Jan Barendrecht** Jan Barendrecht Oct 20

Because of a large, resistent lesion that was diagnosed (biopsy) as BCC (which I doubt, color of center often yellow, supposedly market for SCC) I started taking DMSO orally: several ml mixed with some cane sugar juice and "B17 powder", water added to full cup. For physical condition this has been truly amazing: more muscular power, less fatigue and (much?) better metabolism - in a sense that the use of toilet paper can go to near zero. For the lesion it might be too early to see results, if lesion contains bacteria topical use on the head might spread them.

**SherS** SherS's Substack Oct 20

I am interested in DMSO based on your article. I have a son who was severely brain injured and could likely benefit from it in a number of ways. It never occured to me to try it out. I would love to know how to know how to buy and use it.

**A Midwestern Doctor** Oct 20 Author

Read the first part.

**BradfordK** BradfordK Oct 20

Will you be covering actinic keratosis ? In a way it doesn't matter. I have been using 70% topically for about 10 days and have been getting really great result, with one of the most problematic spots under my eye being completely healed. I am shouting from the rooftops.

**A Midwestern Doctor** Oct 20 Author

Yes, skin conditions are later.

**Michelle Sebastian** Oct 21

Again thank you so much for putting this together. This has given me some hope or at least something to try on my daughter. She was diagnosed with hidradenitis. It's chronic and Drs give no hope. We were given a pamphlet and sent home. Hoping dmso is something we can use to treat and heal. If you have any thing about this a dmso I would greatly appreciate it. Thank you!!!

**debu** Oct 20

Should consumption of alcohol be avoided if using DMSO topically or orally for tendonitis?

**A Midwestern Doctor** Oct 20 Author

Yes, it can slow the metabolism of it and hence make the alcohol stronger.

**PolarRoller** PolarRoller Oct 20

You say you're getting to internal organs in coming articles, but with lowering GFR (stage 4) I am wondering whether I would be putting my one battling old kidney at risk ?

**A Midwestern Doctor** Oct 20 Author

I'm going as fast as I can on these!

**Alex Thrace** Alex Thrace Oct 20

I have been using it with great effect on my sciatica pain. I was wondering if you have any information on using to treat pigmentary glaucoma?

My prescription drops are not controlling pressure anymore and surgery is the next step.

Would DMSO be safe as eye drops?

Thank you for you great work on this topic

**A Midwestern Doctor** Oct 20 Author

Eyes will be covered later.

**Butterfly2510** Butterfly2510 Oct 20

Ok good. I have a myeobian cyst right now on one of my eyelids and I'm using it. I started today. I will let everyone know if it works! hot sponges are not working.

**erin** erin Oct 20

I was told I have glaucoma, was on drops. But after I did some fasts for edema (since then linked to prediabetes) the eye pressure went way down and has stayed down.

**Alex Thrace** Alex Thrace Oct 20

Very interesting. Total fast. juice fast? How often did you cycle?

**erin** erin Oct 21

They were water fasts. I am now into dry fasts but wasn't then. I did a couple of 2 dayers, but mostly I did one weekly fast of one day, for several months.

And my eye doctor pretends that "nothing to see here." No curiosity whatsoever.

**Alex Thrace** Alex Thrace Oct 21

Yes, they are never curious about anything are they?

**Sara Wright** Sara Wright Oct 20

Can DMSO alleviate/kill parasitic infections in the body? My son has tried a lot of things and nothing seems to be working any more. Thank you for these articles. I truly love your articles on DMSO. I am taking it for arthritis. I started taking it internally and experimenting with the dosage. I have also used it externally with castor oil and it does relieve the pain.

**A Midwestern Doctor** Oct 20 Author

That will be covered later

**Crabjo** Oct 20

I'm giving the 70% topical version a try for the first time but I'm not 100% sure if it's for an appropriate reason. But with such a wide range of uses and good safety profile, I thought why not give it a go. Patch test was fine.

I have a very visibly swollen lymph node on just the right side of my neck that makes the right side of my tongue sore as well as it being painful to swallow around this "golf ball". It happened for the first time 2 yrs ago after I attended a family wedding. B/c it was an asymmetrical presentation with no other symptoms, I agreed to a strep test and an ultrasound (regret that). The former was negative and the pressure from latter caused it to double in size until I couldn't swallow at all from the pain and was worried overnight about my airway closing up. Had to lay on my side and let gravity pull the "golf ball" down from the midline. This time around it reappeared on day 4 of a basic cold caught after attending a family funeral. (Clearly I need to build up my immunity to my own family or consider staying home LOL.) I don't understand why it was triggered to swell then since I was already on the downhill slope of my cold and recovering nicely. Nevertheless, I applied the 70% roll-on gel to my neck on the off-chance DMSO can help speed the shrinkage of the "golf ball." At the 90 min. mark, I'm not sensing much change yet. Perhaps by morning.

**A Midwestern Doctor** Oct 20 Author

Good chance it can shrink that but it will take a while. That said, you might need to do something else for it (e.g., make sure it's not a cancer or do some other protocol to address a chronic infection in your body).

**Brewer55** Brewer55's Substack Oct 20

Has anyone had any success with treating plaque psoriasis with DMSO, either topically or orally?

**A Midwestern Doctor** Oct 20 Author

Opinions on this one are very mixed. In some of the DMSO studies it showed it made psoriasis worse, in some better, and you also see that in comments (whereas for most conditions DMSO just made made better)

made better).

LIKE (4) REPLY SHARE

J Niemo Oct 20

Thank you for such a fascinating series, can't wait for the rest. I hope that you will include some info on who might not be able to use DMSO (interaction either other drugs, to be specific). For instance, my mom suffers from RA but is on so many drugs for CHF, she is scared to consider something new (which I don't blame her). Some info in that arena would be helpful.

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 20
Author

Everything I know is in the previous article. Ultimately I don't know what the other interactions are, but I know that many RA patients who were on those drugs found DMSO dramatically lowered the dose of the other drugs they needed.

LIKE (5) REPLY SHARE

Kisha Moliere Oct 20

After reading this article, I'm curious whether DMSO could help those who suffer with lipodema ... 🤔

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 20
Author

I do not believe I've come across anything on that one.

LIKE REPLY SHARE

Julie Stander Writing from the Heart Jewel Oct 20

Forgive me for asking about another topic. I'm looking for more information about coffee affecting the frequency of the body. For example, one cup lowers the frequency for several days. Does anyone know if this is true?

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 20
Author

I believe I've heard something similar to that from more sensitive patients.

LIKE (1) REPLY (1) SHARE

Julie Stander Writing from the Heart Jewel Oct 21

Thank you, AMD. This information came from a test of someone's biofield with an instrument solely used for agricultural purposes (and not appropriate to test humans). I'm going to pursue my question about coffee, because lowering one's frequency is undesirable.

LIKE REPLY SHARE

Anthony Broad Anthony's Substack Oct 20

Hi AMD. Can DMSO be useful for migraines? I know several people who get these, with no clear reason why, or any effective relief apart from simply waiting until they pass, and I am wondering whether to recommend DMSO or MSM.

LIKE (1) REPLY (2) SHARE

A Midwestern Doctor Oct 20
Author

Yes. I wrote about this in the previous post. I have also come across people who said it was life changing for them with migraines. Typically, it works best if done at the very start of the migraine but it's not as effective as the other headache applications.

LIKE (2) REPLY (1) SHARE

Anthony Broad Anthony's Substack Oct 20

Thank you. I thought it might have been mentioned. Unfortunately Substack offers no search facility within posts. I suppose I could have copied and pasted the posts into some other application that allows searching, but I opted to take the shortcut of simply asking you the question. Sorry. I don't know why there is no search facility - it would be of benefit to the whole Substack community, I'm sure.

LIKE (1) REPLY (2) SHARE

A Midwestern Doctor Oct 20
Author

I just use a google site specific search

LIKE (1) REPLY SHARE

Janice Oct 20

There's an article index here: https://open.substack.com/pub/amidwesterndoctor/p/an-index-of-the-forgotten-side-of?utm_source=share&utm_medium=android&r=phzcl

LIKE REPLY SHARE

KC KC's COVID Facts Oct 20

Check out Healing with DMSO: https://www.amazon.com/dp/1646040023

There's a protocol in there for migraines

LIKE (2) REPLY (2) SHARE

Linda Kapala Oct 20

I purchased this book and it is pretty straight forward and a good reference book on DMSO

LIKE (1) REPLY SHARE

Anthony Broad Anthony's Substack Oct 20

Thank you!

LIKE (1) REPLY SHARE

Marilyn Hagerman Marilyn Hagerman Oct 20

You are truly a gift to many people Midwestern Doctor! Most physicians resort to prescribing a "drug induced cover up" method of treatment being promoted by some pharmaceutical company. Addressing cause or safe and effective alternatives are swept under the table. Sick folks equal big money; well folks don't!!

I have a question, the answer which may change the quality of life for a dear friend.

Would DMSO be helpful treating a lady who suffers from Meniere's Disease? Severe dizzy spells (vertigo) causing loss of balance and severe nausea, ringing and pressure in the ear, loss of hearing.

The cause of Meniere's disease isn't known. Possible causes:

Poor fluid drainage of inner ear

Autoimmune disorders.

Viral infection.

Genetics.

Her doctor claims it's mostly genetic. She unfortunately had a couple of the COVID shots back in 2020-21. Severity and frequency of dizzy spells and severe nausea notably increased.

Would be truly a gift from heaven if DMSO helped, even a little bit!

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 20
Author

I will get into that in a future DMSO article. Sometimes you can also improve that with Standard Process AC carbamide, having a manual therapist drain the lymphatics from the ear or doing a zeta potential regimen (ie. taking zeta aid).

LIKE (3) REPLY SHARE

Jay Poole Oct 20

Amazing! Thank you, and I wondered if you think DMSO would be useful for someone with autoimmune hepatitis? Unfortunately, the liver is already in Cirrhosis....

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 20
Author

Yes but hepatitis will be in a later article.

LIKE (3) REPLY SHARE

Schools 6d

Hi Doctor. I might have missed this in one of the articles, so perhaps you could provide clarification: Is it advisable/efficacious to take DMSO orally as a preventative medicine? Thank you.

I have been a subscriber to Mercola.com for decades and I have enjoyed seeing your articles there. I am happy to subscribe here and come right to the source.

LIKE REPLY SHARE

Aniela Connelly The Cats of Marigold Farm 6d

Midwestern Doctor, have you considered compiling these wonderful articles on DMSO into a book? I would buy it! I am an editor and would happily work with you on this project.

LIKE REPLY SHARE

Mrs. Itoldya! Mrs.'s Substack 6d

Can anybody point me to some guidance to get info on if DMSO, Ivermectin & maybe FenBen, could be used to treat a Mast Cell malignant tumor on my kitties ear? Malignancy has been confirmed by an aspirated sample of fluid, sent out for pathology. This kitty is super hard to give meds to, but do not want to have major, expensive surgery to have his whole ear removed, as being recommended.

LIKE REPLY SHARE

Barbra French Barbra's Substack Nov 18

Wow. This is amazing. I have suffered from severe dry eyes, nose and mouth since 2009; ripping my corneas upon waking up in the morning is a horrific, and sadly common experience for me. I am so interested in this article, but there is very little on Sjogren's in here. If I take the liquid, do I need to apply it around my eyes? Or does any entry point make DMSO systemic? I am quite desperate, as you can imagine, to find a cure or at least some relief (beyond the usual protocols). Thank you so much for all that you do. I am a long covid patient with Dr. Kory's clinic, and I so appreciate both of you for your courage and dedication to the truth and to helping people.

LIKE REPLY SHARE

Tania de Jong Tania's Substack Nov 16

I love your work and deep knowledge and truth-telling. Could you please let me know a couple of things re DMSO:

1. My Mum has serious neuropathy of her feet and lower legs. How can she use DMSO to alleviate this?

2. I have severe tinea (itchy, red and getting worse) on both feet

3. i also hae strange red dry hand patches (not itchy but strange)

4. My husband has dischloid lupus on his legs and fungal toe nails

How can we use DMSO topically and/or orally for these conditions most safely? we'd love a little protocol.

Much gratitude to you for your courage and important work in the world dear Doctor.

LIKE REPLY SHARE

Annie Mc Annie Mc Nov 10

I have paroxysmal supraventricular tachycardia and am doing the zeta aid and finding it immensely helpful but would like to take dmso internally for psoriasis and to also help improve my zeta potential. Have you heard of any svt attacks from internal use of dmso? I apply it externally and haven't had any problems but I'm anxious about internal use because of my heart. Thank you again for this whole series as well as all the others!

LIKE REPLY (1) SHARE

A Midwestern Doctor Nov 10
Author

Anything is possible, but I would expect to instead improve them.

LIKE (1) REPLY (1) SHARE

Annie Mc Annie Mc Nov 10

You're a quick responder! Thank you so much.

LIKE (1) REPLY SHARE

Pamela Czerwinski Nov 9

Do you have any information on using DMSO for a person with CIPD (chronic inflammatory demyelinating polyneuropathy) who also has chronic kidney disease, stage 3-? It's being suggested he begin infusions of Vyvgart Hytrulo as VH is useful for myasthenia gravis, which your article mentioned had a positive response to DMSO. TY

LIKE REPLY SHARE

Maxisme Nov 4

I'm going to try this out for arthritis (psoriatic and rheumatoid) and Dupuytren Contracture. I have been on NSAIDs since 1984, plus a bunch more meds since then. I've stopped taking all my medicine now because I despise the pharmaceutical industry and what the medical industry has turned into. I'm keeping my pain at bay (kind of) with only eating habits right now (modified Keto). I'm hoping this will help. Anyone doing the Whals Protocol for MS or arthritis? That was my next stop. I'm interested in how DMSO and Whals combines.

LIKE REPLY (1) SHARE

Margo Nov 14

I am on the carnivore diet in controlling my RA. I am no in remission but believe it has helped some.

LIKE REPLY SHARE

Richard Sharpe Nov 4

Is there any possibility that DMSO can help with Autism?

LIKE REPLY (1) SHARE

Chelles Nov 8

Sorry to respond on a comment - I can't post original comments because of some weird server glitch (phone and computer both too old, I think?) - though, to the original poster, I am hopeful it would too!

For AMD, I am wondering about application of DMSO. Generally speaking, what do you think about using it on vita flex points or meridian pathways, etc? For example, if I wanted to target the brain - I could put it over the carotids (as per your application suggestion), but what about the vita flex point on the big toe that's connected to the brain? - could DMSO be applied there too?

My daughter was brain damaged to some degree at her birth (very fast, forceful compaction resulting 4th degree tear). There's never been anything definitive or helpful really (and DMSO is the first thing I've ever heard about that seems like it could have potential for her). We did years of Neurofeedback Therapy. The main takeaways we had are that her brain was damaged at birth, in the frontal lobe, her beta waves fire (they call it a "beta spindle") every 3 seconds or so and it directly affects her eyes - which made her scans impossible for our dr to read (so they had to go to a more advanced practitioner for reading). Beyond that, we don't know what else it affects (balance? I think yes, absolutely. Gross motor skills? brain Processing? selective mutism? bowel issues?) We just don't know, and no one has been able to help us make real progress. I pass on everything we do and learn to many around me, and I see them all make tangible progress in their different areas - but never us, it seems. I am so glad that I do get to pass on everything we learn to others, but I'd like to see tangible progress for my daughter too.

LIKE (1) REPLY (1) SHARE

Janet Nov 20

🙏 this helps if you try it.

LIKE REPLY SHARE

Pat Sz Nov 4

I've had 5 abdominal surgeries in the past two years; two bowel ruptures with resections and ostomies, two ostomy reversals and appendix. My abdomen is filled with adhesions. I'm so afraid of obstruction from them. What is recommendation for dose?

LIKE REPLY SHARE

Rose Freedom Fighter Nov 3

Where can I get some good quality DMSO?

LIKE REPLY (1) SHARE

Maxisme Nov 4

The article has links to some.

LIKE REPLY SHARE

Jeannine Nov 1

Hoping to learn more about how DMSO can help with eye disease, namely my chronic dry eyes (so that I don't need repeated Superficial Keratectomy procedures and can see at night again), and how it can help improve my MIL's AMD.

LIKE REPLY (1) SHARE

A Midwestern Doctor Nov 1
Author

https://www.midwesterndoctor.com/p/how-dmso-cures-eye-ear-nose-throat

LIKE REPLY SHARE

gidget kyer Nov 1

I was diagnosed with Ankylosing Spondylitis when I was 27 (Rheumatologist stated that he believed I had it since I was a child, I will be 52 next month) I was diagnosed with uveitis around 2012. And many other autoimmune diseases since then with Osteoarthritis being the most recent. I always trusted my doctor's up until Covid. I would get any vaccine my doctor would recommend up until 2021. But now I wonder if Vaccines could of had anything to do with all these autoimmune diseases I have now. I am going to try DMSO and see if it will help me with the pain I deal with on a daily basis. And I thank you so much for your articles, it is so nice to see doctors going outside of norm and actually wanting to help people

LIKE REPLY (1) SHARE

A Midwestern Doctor Nov 1
Author

Thank you. I try!

LIKE REPLY SHARE

Susan G Nov 1

I returned a product from Amazon because it said it was packaged in glass and then arrived packaged in plastic. That was from the DMSO store. I have now ordered from Jacob's so we'll see how that goes. After all the hurricanes and subsequently water damaged buildings we have a lot of mold issues. I would love to see if this would help with CIRS.

LIKE REPLY SHARE

April Rudolph Van Luven Oct 31

I just received DMSO from Nature's Path on Amazon - the pic was a glass bottle but I received a plastic bottle! I then went on Jacob's Labs and I notice that their DMSO is also in plastic bottles. Is this DMSO (in plastic) okay to use? Sorry if this question has already been addressed.

LIKE REPLY SHARE

Linda Kapala Oct 28

I purchased Nature's Gift DMSO On the jar it says sold as a solvent only. This I found worrisome.

I also got a roll on and am using it daily on my knees.

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 29
Author

Read the history artcile

LIKE REPLY SHARE

Sammie0627 Sammie0627 Oct 28

I have a niece in Michigan with Crohn's disease. Do you know of anyone in that area who does the procedure for Crohn's?

LIKE REPLY SHARE

Stephanie Oct 28

Hi all, I just found this info about DMSO. Wow! I wish I had found it earlier as my mom had a significant stroke 2 years ago and is very disabled and getting worse. I'm going through the articles and am a bit overwhelmed right now as to if this could help my mom after 2 years ( or at least stop things from continuing to get worse). Does anyone know which article to direct me to that would have stroke protocols? Thank you!

LIKE REPLY SHARE

Alexis Alexis Oct 28

Can anyone comment on the Heiltropfen brand which is low odor. Is this just as efficacious as the others mentioned? Has anyone compared?

LIKE REPLY SHARE

Alexis Alexis Oct 28

Can anyone comment on the Heiltropfen brand which is low odor. Is this just as efficacious as the others mentioned? Has anyone compared?

LIKE REPLY (2) SHARE

A Midwestern Doctor Oct 28
Author

I have no experience with it.

LIKE REPLY SHARE

Annie Mc Annie Mc Nov 10

I've used it. It freezes at the correct temp for dmso and seems like the same smell and effectiveness of any of the 99.5 or purer solutions. I think all of the dmso of that purity is low odor(until you put it on!) it has a nice glass dropper and glass top also so nothing comes into contact with the dmso that would be leached I think.

LIKE REPLY SHARE

Alexis Alexis Oct 28

Can anyone comment on the Heiltropfen brand which is low odor. Is this just as efficacious as the others mentioned? Has anyone compared?

LIKE REPLY SHARE

Wendy USA Oct 27

Need some help. My husband's close friend / neighbor was diagnosed with Optic Thrombosis which started in one eye and is now going to the other. He will probably be fully blind in a week or more. Is DMSO a possible option and how would it be administered? He is not open to alternate Medicine, yet there is no cure according to his Drs and could be a number of reasons it is happening. I have 20% and 40% DMSO eye drops in saline solution. Do you feel this will offer any help in opening the vessels back up for the blood supply to be restored or intravenous would be a better quicker option if at all. Its difficult to find someone who even offers the intravenous method.....Naples, FL.

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 27
Author

DMSO topically to the eyes, or through another route of administration (probably with Zeta aid). I have not yet had time to write out the eye protocols.

LIKE (1) REPLY SHARE

Maggie Percy Oct 27

I just want to give some feedback on one of your links. I'm negotiating a refund, but I'd like to warn others. I clicked on the Nature's Gift link to purchase 70% DMSO. It showed a glass bottle. I didn't read reviews, since I was assuming this was the proper vendor. Turns out, this is some third party, not Nature's Gift. What I received was in a plastic bottle, not glass. I opened it, and there was the remains of a thin plastic seal, which was mostly gone. I would think plastic is not a good way to store a solvent. Maybe I'm being picky, but the whole thing seemed funky. I advise others to find a link to Nature's Gift directly instead. Also, I'd appreciate it if you'd comment on the use of plastic bottles. This one looked to be #2 plastic, and the seal was thin, soft plastic.

I ordered a 50% solution from the DMSO store, and it came in a plastic bottle, which kind of bothered me, but I'm still using it. It was not the cheaper, soft plastic this supposed Nature's Gift came in, and it came directly from the DMSO store, so I guess it's ok. The other things I bought from them came in glass, though.

In any case, I'd suggest finding a link to the actual company instead of a third party provider.

LIKE REPLY SHARE

hannegirl Oct 26

Do you know if DMSO would be helpful for strong dust mite allergies? I assume that getting childhood vaccines (even with a delayed schedule) may have caused allergies and asthma in my son. He's now 20 and in college and dust mite allergies have gotten much worse in the last year. He is at university in the north east -- not sure if the change of location has affected the dust mite allergy, but it got much worse his first semester of college. Looking for relief for him and really would like him to be able to stop using Budesonide (steriod). He also had turbinate reduction surgery and uses saline to clean his nose all the time.

LIKE REPLY SHARE

Giovanna Oct 26

I have a question about using DSMO to reverse vaccine injuries in children. Three of my 4 children developed symptoms after receiving their vaccines: 1 now has ADHD, another was diagnosed as being on the spectrum, and a third suddenly started experiencing febrile seizures. The 4th child – no vaccines, no issues. The 3 with issues never showed even the faintest sign of any of these disorders until after the vaccines. It would seem to me all of these symptoms are neurological in nature and I'm wondering if DSMO would reverse the damage done. If so, how would I use it? The easiest would probably to take it internally but in what dosage and wouldn't their weight be a factor in determining the proper dosage? Thank you for

your work!

LIKE REPLY SHARE

**Rachel** Oct 25

Thank you for this info! Forgive me if I missed it (there's a lot of information here) but when you talk about dilution, do you only use RO or distilled water?

LIKE REPLY (1) SHARE

**A Midwestern Doctor** Oct 25
Author

Yes

LIKE (1) REPLY (1) SHARE

**Rachel** Oct 25

Thank you! One more question about that - is it a problem if the distilled water came in a plastic jug originally? We don't have an RO system, so I need to figure something else out.

LIKE REPLY (1) SHARE

**A Midwestern Doctor** Oct 25
Author

Shouldn't be

LIKE (1) REPLY SHARE

**Fran Marsh** Oct 25

I've been using DMSO combined with Cator Oil for a few weeks and am having wonderful results on my sciatica, s1 bulged disc and arthritic knee. I'm able now to miraculously walk at the same rate as I did before with no pain or limping. It seems to have helped with the inflammation in those areas. I do have a question. Would it help my husband's esrd? He has been told he needs to do dialysis and I wonder if the topical application would help his kidneys? He is not diabetic, but has high bp.

LIKE REPLY (1) SHARE

**AfD TikTok Account** Nov 18

Can you describe how you prepare and apply the dmso for the arthritic knee? There do not seem to be any non surgical treatments for deteriorating cartilage

LIKE REPLY SHARE

**Michelle Massi** Oct 25

Do you have a list of doctors that use DMSO in their practice? I'm on the East coast

LIKE REPLY SHARE

**Walt** Oct 24

Proteolytic Enzyme Q, and DMSO .. The proteolytic enzyme Wobenzyme [available on Amazon] was just brought to my attention ..

.. I am curious .. has anyone used this and with what results ??

.. do Proteolytic enzymes in general complement DMSO ie increase its effectiveness, or ??

LIKE REPLY SHARE

**Libby R** Oct 24

I received my jar of DMSO today. I'm hoping it will help with arthritis in my hands.

LIKE REPLY SHARE

**Terry Shippy** Terry's Substack Oct 24

Also I am on blood thinner- Eliquis. Is it safe? Would I need to wean from it?

LIKE REPLY (1) SHARE

**A Midwestern Doctor** Oct 24
Author

See previous article.

LIKE REPLY SHARE

**Terry Shippy** Terry's Substack Oct 24

I have read all the articles and responses. I did not find anything on long time stroke survivor. My stroke was single episode with multiple clots 20 years ago resulting in muscular issues throughout my body with spasticity and rigidity. Can DMSO help? Should it be taken orally since it is systemic? What concentration and frequency? I know you are extremely busy and hoping for your response. Thank you

LIKE REPLY (1) SHARE

**A Midwestern Doctor** Oct 24
Author

It still helps but the longer out it is, the smaller the effect is. Do the standard dosing protocols I wrote here.

LIKE REPLY (1) SHARE

**A Midwestern Doctor** Oct 24
Author

Oral ones.

LIKE REPLY SHARE

**Brenda Barnetson** Brenda's Substack Oct 24

Thank you so much for your extensive research on DMSO. I'm old enough to remember buying it as a product for animals, but had forgotten about it! Starting on topical application to stubborn lower back and hips. Just an FYI, I have/had DePuytrens contracture, did 8 sessions of OT Hand Therapy. After beginning electroculture with copper wires for my plants in and outdoors, I decided to wear copper rings on the affected fingers. No more contracture! And the little knot in my palm is almost gone!

LIKE REPLY SHARE

**Julian** Oct 24

If I had somewhat of a bad reaction to topical 70% gel (patch area turned red, maybe a little swollen, like if I had been bitten by a bug) does that mean I can't take it orally ?

Thank you for these articles!

LIKE REPLY SHARE

**Kat** Oct 24

I've started using the DMSO, using a roller on lower extremities for arthritis and swelling. Started experiencing the skin side effects of itchiness and kind of a burning tingling. Is this just a side effect or an allergic reaction? It goes away after a period of time and I dont notice any other problems once the reaction is gone. Using 70/30 dose.

LIKE REPLY SHARE

**Olivia Swyden** Oct 24

This is such incredible information! Excited to try it. Question about after topical application: is it safe to apply a clean ingredient moisturizer or even a magnesium cream to the same spot once the DMSO has dried completely? Even if it's an hour or more after? Thanks!

LIKE REPLY SHARE

**ChristofferL** Oct 23

Thanks for this series.

4 weeks ago I had a discectomy. It was successful in eliminating the pain, but I wondering what would have happened if I found this info when I got the herniated disc. I had to take very high doses of opiates and gabapentin to get any sleep.

Anyhow, yesterday I started applying DMSO, starterd with 50% on a patch and then when no adverse reaction (only itching) moved to a bigger patch around the scar on the lower back. Have upped the consentration to 70% today and applied on lower back and along with the sciatic nerve.

I am hoping that DMSO could speed up the recovery and healing of the disc, nerve etc.

LIKE REPLY SHARE

**JC** JC Oct 23 *Edited*

So - I'm in Australia, and it took me awhile to source DMSO.

My first attempt was about 10 years ago, all I could find was 0.9% horse liniment called DOMOSO (stored in plastic), with a roller ball. Additionally, I kind of understood the solvent activity of it, but didn't understand the anti-inflammatory and cell repair functions. So I didn't know how to use it. It sat in the cupboard until Doc started publishing articles.

My plan, after reading Doc's articles, was to use it up topically in every way I could while I tried to source the real stuff.

I did find 99.5% DMSO (in a plastic bottle, but it seems to be okay, I've checked it out), and am now sourcing glass roller bottles for topical application.

My experiences with less than 1% DMSO, and gawd knows what the other 99.1% is (horse liniment):

Excellent for relieving joint / arthritis pain. I use a topical lidocaine, then cover with DOMOSO for penetration. Beautiful.

I've cleared up my horrible cystic facial acne, as well as eliminated a boil from my tailbone. This is at 1%! I've had 2 lipomas just peel off of my face, and other lipomas which are shrinking. The acne either dissolves or surfaces (something that just wasn't happening with other preparations).

(the facial acne treatment is done in conjunction with a homemade lotion of witch hazel, fresh aloe gel, tea tree & clary sage)

I'm less impressed with treating the eczema on my arm. I'm not sure what additives to use (Vit E? Zinc? Aloe?) - it just seems to flake and flake. It is, however, changing with treatment - and it's chronic, over 15 years old. (I will get more aggressive with it when I have 30%)

Expand full comment

LIKE REPLY (2) SHARE

**Yana Nekula** Oct 24

Hi JC,

I'm in Australia (WA) and got DMSO from Amazon (delivered in one day with Prime), after reading the first article. It's pharma grade and 99.9% pure, though not one of the brands recommended by AMD. I've been using it topically since and it's effective so I'll be reordering the same one again. Here's the link:

2X DMSO 99.9% Pharma Grade Ingredient - Dimethyl sulfoxide Liquid (2X 3.4 Fl Oz - 2X 100ml), High Purity, Set of Two. Heiltropfen https://amzn.asia/d/ak3ie9q

Hope this helps!

LIKE (1) REPLY (1) SHARE

**JC** JC Oct 24

Believe it or not, I got mine at Big W! Free delivery. 500 ml for $30. (in plastic, but...) It doesn't give percentage on the bottle, but it was advertised in the 99% range, pharmaceutical grade, and covered in POISON!!! WARNING!!!! POISON!!!!!!!! just to keep TGA happy.

I try not to feed Amazon, I can get Prime delivery from friends, but try not to overuse their kindness. And Amazon has enough money.

LIKE (1) REPLY SHARE

**Marisa** Oct 29

I had eczema for years then stumbled on a cure for it by accident. I did some juice fasting and within a couple weeks, the eczema that I had on my legs & arms healed. You may want to look into juice fasting. I used a juicer and basically juiced organic vegetables and fruits and ingested only that for a couple weeks.

LIKE REPLY SHARE

**Linda Walker** Oct 23

Can't adequately express how grateful I am for your articles. This one on DMSO is no exception. I have ordered pharmaceutical grade DMSO and will ditch the product I bought from the feed store..in a plastic bottle. Thank you!

LIKE REPLY SHARE

**Susie Arnett** The Transformational Concierge Oct 23

Do you think DMSO with cranberry juice would kick out a UTI or just relieve the symptoms?

LIKE REPLY SHARE

**crunchymama** Memos from Murphy Maderas Magic... Oct 23

Best brief description of Terrain theory I've read. Looking forward to an article on MMS in the future! Lungwort lichen and DMSO together could be a powerhouse to treat prion diseases. Thank you for sharing your knowledge with us here on Substack

LIKE REPLY (1) SHARE

**A Midwestern Doctor** Oct 29
Author

I am so happy someone commented on this part of the article.

LIKE (1) REPLY SHARE

**Mouzer** Oct 22

With mild asthma, I keep a bottle of Frankincense in the fridge. Smelling it causes my lungs to open and I can breath deeply. I doubt adding it to DMSO would be a good idea as the theraputic effect is from the scent.

LIKE REPLY SHARE

**Rolf** Rolf Oct 22

* DMSO & ANKYLOSING SPONDYLITIS?

I have a sister and a daughter with Ankylosing spondylitis, which I read from the name of it is caused by inflammation.

Q1: Has there been any case studies treating Ankylosing spondylitis with DMSO?

Q2: Are Fibrodysplasia Ossificans Progressiva & Ankylosing spondylitis are in anyway related?

* DMSO & CERVICAL DYSTONIA (SPASMODIC TORTICOLLIS)?

Another sister has this odd thing called Cervical dystonia (Spasmodic torticollis)

I know her husband is keen to trying treatment with DMSO on her, but he would need advice as to how to go about. Summary:

* Has been injected in her neck with some botox-like substance (in 3 months intervals)

* Takes 2 x Rivatril (Clonazepam) 5 mg morning & evening.

* She also has Polymyalgia rheumatica.

* Takes cortisone 7.5 mg for this.

(In my opinion these substances are killing her without actually making her any better)

Q3: Any known studies or anecdotes about these terribly disabling and painful diseases?

//Rolf

LIKE REPLY SHARE

**James Miller** James Miller Oct 22

Does anyone have any experience/ literature about using DMSO for dissolving kidney stones?

LIKE REPLY (1) SHARE

**A Midwestern Doctor** Oct 22
Author

Only two things I found on this (which will be in a later one) were:

10. Asakawa, S.; H. Igimi; and H. Shimura. "A new direct solubilizer for bilirubinate calcium stones," Nippon Geka Gakkai Zasshi–Journal of the Japanese Surgical Society, 84(10):1072–1083, October 1983.

(seems to do that for gallstones)

and

One group of rats drank tap water. Another group drank water with 6 per cent DMSO—and when they lost weight because of the diuretic effect, the concentration was lowered to 3 per cent DMSO, on which they maintained normal weight. Both groups were fed a pelleted ration on which lambs had developed a high incidence of urinary calculi.

After two months, 40 of the 45 water-drinking rats had developed calculi of the kidney, bladder or ureter, while only 11 of the 46 DMSO group showed the calculi. Besides stones, the calculi also took the form of rubbery plugs, found mainly in the bladder. [Fu-ho Chen Cow, et al., Colorado

State Univ., Journal of Urology, February 1967]

Also I find that the way you deal with them is through zeta potential as the stones agglomerating is classic colloidal chemistry. I've seen this done with EDTA or Zeta aid

LIKE REPLY SHARE

**Mindy Jones** Mindy Jones Oct 22

My father has pancreatic cancer and is in the hospital with ascites...probably from 5 weeks of radiation and Xeloda. Would oral DMSO help? Thank you.

LIKE REPLY (1) SHARE

**A Midwestern Doctor** Oct 22
Author

Quite likely, but I would go slowly on it. There are some nuances and caveats with it that I will cover in future articles.

LIKE REPLY (1) SHARE

**Mindy Jones** Mindy Jones Oct 22

Thank you. I will also try topically over the abdominal area.

LIKE REPLY SHARE

**Mac Worley** Oct 22

Hey Doc,

I'm probably the 100th person to mention this, but the 99.95% pure DMSO from the DMSO Store is sold in a plastic container... I didn't even notice this until I received a 3-pack from Amazon (I ordered it after reading your first DMSO post). But surely it's packaged in a type of plastic that is insolvent to DMSO? Even so, I'm going to order at least one bottle from Nature's Gift.

Thank you for all your work.

LIKE REPLY (3) SHARE

**A Midwestern Doctor** Oct 22
Author

The link I gave was for a glass one!

LIKE (1) REPLY SHARE

**Kristin Fitch** Joy Camp Oct 22

I ordered from DMSO store in last 2 weeks and my bottle is glass (onlye ordered one and it's 8oz)

LIKE (1) REPLY (1) SHARE

**J. Harris** Oct 22

My 8 oz also was glass but that brand dies sell a three pack in plastic as well as a gallon in plastic. I went through my 8 oz so quickly I ordered a gallon!!

LIKE REPLY SHARE

**OneDayAtATime** Oct 22

It looks like the DMSO Store on Amazon offers the choice of buying it in an 8oz sterile glass bottle or in plastic. Of course, the glass costs more.

https://www.amazon.com/stores/page/F0611C4A-218F-4327-BD16-484419129DAE?ingress=2&visitId=01d5a1ae-5b26-47f8-be0d-c407bc3973e5&ref_=ast_bln

LIKE REPLY SHARE

**Scattergood Baines** Oct 21

is there any reason to hope that DMSO could affect Pompe disease?

LIKE REPLY (1) SHARE

**A Midwestern Doctor** Oct 22
Author

No one has looked at it. While not the same, it did help Niemann–Pick disease

LIKE (1) REPLY SHARE

**Island Sailfish** Oct 21

If the DMSO is best if purchased in a glass bottle - is it safe to buy the gels and creams you linked above that are in plastic containers?

LIKE REPLY SHARE

**RU Pondering** RU Pondering Oct 21

Here's the biggest problem I see with treating many of these more serious diseases with DMSO. Many will be taking long list of very serious prescriptions, and DMSO will either greatly impact their potency or carry it to places it was never intended (across the blood brain barrier). They will be stuck in a catch 22 as they will need to work with their doctors to determine how they need to alter their other medications; but for insurance and liability reasons, most doctors are not going to do that. And thanks to the FDA's research moratorium, drugs brought to market in the last 40 years will not have had their DMSO interactions studied.

Combining your information on Cell Wall Deficient (L-Form) bacteria, with Mark Lintern's treatise on cancer explains how intracellular infections of bacteria and fungi creates a cascading cat-and-mouse response between our cells, the invading organisms, and our immune systems that ultimately lead to cancer. Mark does an excellent job explaining how intracellular fungal infections: cause the cells to switch from normal oxphos metabolism to glycolysis; creates the biofilms that protect the fungi (and now cancer) from the immune system; and the biofilm allows the creation of the toxic tumor micro-environment that leads to DNA damage. So both the metabolic theory of cancer and the somatic mutation theory of cancer are both based on observations of the process that are downstream of the probable cause. While Mark focused on fungi, these L-Form bacteria seem to exhibit very similar persistor/escape behavior. For anyone who has cancer, may have cancer or cares for someone who has cancer, I highly recommend this $10 book (free with Kindle Unlimited). https://www.amazon.com/Cancer-Resolution-reinterpreted-through-another-ebook/dp/B0CDSSK5MK

I would imagine most of your audience knows, or at least suspects, that the somatic mutation theory of cancer is bunk that should have been abandoned decades ago. Your claim that cancerous cells reverted back to normal cells when exposed to DMSO is enough to discredit the theory. But it is further evidence to

Expand full comment

LIKE REPLY SHARE

**Fred Leonard** Oct 21

Thanks, thanks thanks! Is DMSO possibly beneficial for macular degeneration? MS? Parkinson's?

LIKE REPLY (1) SHARE

**A Midwestern Doctor** Oct 21
Author

Yes to all 3. Latter 2 have been already been discussed here and in part 1.

LIKE (1) REPLY SHARE

**Jeff Harrison** Oct 21

Priceless work you are doing; bless you.

73 yo w/bph seriously interfering with sleep and day-to-day activities. DMSO orally?

LIKE REPLY (1) SHARE

**A Midwestern Doctor** Oct 21
Author

Will get to that in a later article.

LIKE REPLY SHARE

**Butterfly2510** Butterfly2510 Oct 21

Has anyone used this for Carotidynia? I am suffering currently from this syndrome. It's a pain near your left carotid artery with no known root causes. You have flareups every one to six months and anytime in between. I'm doing a major detox right now to help with it, but I'm going to try DMSO gel at 70%. I will let other people know if it works for this. There's a private Facebook group for Carotidynia and no one knows any root causes or cures. I desperately want to find a cure and I am hoping and praying this is it!

LIKE REPLY SHARE

**Robyn G** Oct 21

Thank you so much for the DMSO articles! I am really looking forward to trying it. I have purchased the liquid product from the DMSO store. I plan to dilute it with RO water from my Aquatru. I keep nail polish on my fingernails so I assume it would not be a good idea to put my hands in it. Are there gloves that are safe to use with DMSO? I would like to purchase a natural hair brush to use with it. Do you just buy any paintbrush that says it is made with natural hair? Could you name a specific product you have used? Is it safe to use stainless steel spoons to measure the product for dilution? Is it safe to use a Pyrex bowl?

LIKE REPLY (1) SHARE

**A Midwestern Doctor** Oct 21
Author

Yes, any paintbrush made with natural hair. Yes to stainless steel and pyrex

LIKE (4) REPLY (1) SHARE

**Stephen Schumacher** Oct 27

Klonk... I misread "natural hair brush" to mean "natural HAIRBRUSH", but was confused how something so big could do the job... wouldn't a paintbrush make more sense? :^) Glad the penny finally dropped after reading this comment and response. Looking through Amazon options, I ordered this inexpensive but well-rated natural hair paintbrush set:

https://www.amazon.com/gp/product/B0BZ85NNKG

...but it delivers in 3 days, so also ordered this next-day drybrush goat hair set to try:

https://www.amazon.com/gp/product/B0C5XKS2N8

LIKE REPLY SHARE

Old_Mainer Old Man in Maine's Substack Oct 21

Off Topic but worth MWD's time - Is Vitamin D a Hoax?

New Guidelines for Vitamin D

Pam Popper, President

Wellness Forum Health

In 2011, the Endocrine Society was one of the first organizations to endorse the vitamin D Hoax, which was invented by Michael Holick. He co-authored the Society's Clinical Practice Guidelines, declaring no conflicts of interest in the article reporting these guidelines,[1] even though his book, The Vitamin D Solution, had been published just a few months prior, and he had worked as a consultant to Quest Diagnostics, which offers vitamin D tests, since 1979. In an interview, he said that industry funding "doesn't influence me in terms of talking about the benefits of vitamin D."[2] Right, of course.

Holick's conflicts were not limited to books and his relationship with Quest Labs. Between 2013 and 2017, he received money from drugmaker Sanofi-Aventis,[3] which makes vitamin D supplements.[4]

Endocrine Society Guidelines are important. They are used by hospitals, physicians, and commercial labs including Quest. Due to Holick's influence, the Society adopted Holick's view that vitamin D deficiency was widespread in all age groups, and therefore widespread testing should be implemented. The Society also increased the target goal from 20 ng/mm to 30 ng/ml, which served to label almost 80% of the American population as vitamin D deficient. By 2016, vitamin D testing was the fifth most common lab test that qualified for Medicare reimbursement.[5] And the goal for supplementation continued to increase, with some associations and doctors setting target plasma levels at 75-100 ng/ml. This resulted in the recommendation of higher and higher doses of vitamin D.

It did not take long for health professionals who are critical thinkers to determine that there was no

Expand full comment

LIKE REPLY (2) SHARE

A Midwestern Doctor Oct 21

Author

Pierre Kory said the thing that woke him up was a Vitamin D researcher contacting him to say "everything they did to ivermectin they've been doing to vitamin D for years"

LIKE (7) REPLY (1) SHARE

Janet Nov 3

Not surprised. Why didn't all the Covid talking head "experts" ask us to take simple steps to raise our Vit D level? I did at once. In US we had all summer in 2020 to do that— just getting in the sun but in many places going outside was not encouraged and punishable if you did. The taking down of swings and taping off playgrounds happened where I live. I finally called the city and pleaded for them to return the parks to the kids during the second summer of this putrid nonsense.

LIKE REPLY SHARE

Darlene Lessing Oct 21

Even though this is off topic, it is great you brought it up. My integrative Dr. Is always wanting to take my D level. I get plenty of sun and take cod liver oil. High doses of D gave me palpitations as it used up all my magnesium to activate the D! The People's Chemist warns of this also.

LIKE (1) REPLY SHARE

Ann Ratsep Ann Ratsep Oct 21

What is the best way to use DMSO for an asthma attack ? A chest compress or internally ?

LIKE REPLY (1) SHARE

Diane Oct 21 Edited

Liked by A Midwestern Doctor

WMD provides your answer within this article under 'other autoimmune conditions'

LIKE (2) REPLY (1) SHARE

Ann Ratsep Ann Ratsep Oct 21

Thank you. I thought I saw something about it but couldn't find it again .

LIKE (1) REPLY SHARE

Bogna Oct 21

Dear Doctor

I wonder if DMSO could help me with my Charcot Marie illness?

Best regards

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 21

Author

I do not know

LIKE REPLY SHARE

Eral Goullet Oct 20

What is oral dosage of DMSO for strokes

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 21

Author

Is in part 1 of series

LIKE REPLY SHARE

Dana Ingram Oct 20

My husband and I are dealing with a serious illness in our dog, an 80 pound golden retriever. This is the disease:

https://vcahospitals.com/know-your-pet/glomerulonephritis-in-dogs

Do you think that DMSO orally would help? I have found some evidence to suggest this but I cannot access the papers. We are likely unable to continue immune suppressant drugs due to debilitating side effects. Would love to hear your thoughts.

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 21

Author

It has helped for that in humans (will discuss later in series)

LIKE (1) REPLY SHARE

CMCM Oct 20

RE: Note: when buying liquid DMSO, it should always be sold in a glass container. Additionally, unless you feel confident you can dilute them correctly, get the 70% ones.

Does that mean the gels DON'T need to be in glass? The Nature's Gift liquid on Amazon has a photo that is clearly glass, but some of the reviewers said the bottle they received was plastic.

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 20

Author

correct

LIKE REPLY SHARE

effga4trbfd Oct 20

Hi Doctor,

Thanks as always for your great work - I am especially loving the DMSO series.

I've read all the articles so far including the dosage instructions and did have a question, sorry if it's a lack of comprehension on my part.

With the dosage instructions, how often should one be using DMSO and for how long? I can see the concentrations but am unsure on how frequently the applications/dosages need to be.

For instance, I know someone who has peyronies and they aren't very receptive to "alternative" medicine but I think they would benefit from DMSO so I want to be able to be specific if I recommend this to them.

Thanks again! :)

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 20

Author

It really depends person to person. Normally at least once a day, and then you need to figure out what's needed.

LIKE (2) REPLY (1) SHARE

effga4trbfd Oct 21

Thank you!

LIKE REPLY SHARE

Science is cool Oct 20

Could there be a role for DMSO with Paralytic ileus and/or similar GI paralysis conditions?

LIKE REPLY (1) SHARE

Kate Haferkamp Oct 20

In part one or two it mentioned ileus. I'd guess that it would be effective if taken orally. 😌

LIKE (1) REPLY SHARE

Giovanna Oct 20

This may come up later, but might it help with scoliosis? And if so, would oral be best?

LIKE REPLY SHARE

Kenneth Barta Kenneth's Substack Oct 20

Does anyone have experience with sarcoidosis?

LIKE REPLY SHARE

Darlene Lessing Oct 20

I wonder... I know someone with Charcot Marie Tooth disease. Would DMSO help?

LIKE REPLY SHARE

Daniel Oct 20

Thanks for posting all this information. If there are any studies of using DMSO for restless leg syndrome I would love to hear about it.

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 20

Author

That was covered in the last article and it has helped people.

LIKE REPLY SHARE

Karen Leedom Oct 20

I purchased one of the DMSO products you recommended, at least I think I did, but it came in a plastic bottle. It says Nature's Gift on the label. Now I'm thinking I was duped.

LIKE REPLY (2) SHARE

A Midwestern Doctor Oct 20

Author

Was it plastic or liquid?

LIKE REPLY (2) SHARE

Karen Leedom Oct 20

It's from DMSO LLC in Ghent, Kentucky. 70% DMSO.

LIKE REPLY SHARE

Karen Leedom Oct 20

Liquid

LIKE REPLY SHARE

Darlene Lessing Oct 21

That's the product I just bought today. Hmmm

LIKE REPLY SHARE

Noelle Aloe Oct 20

Does anyone know if DMSO can halp with autism symptoms? My son is 21 years old and if so should it be oral or topical.

Also wondering for a torn ligament in the wrist should topical treatment be daily ?

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 20

Author

I really don't know. I've seen a few things that suggest it could, but since I didn't have the data I didn't want to assert something that might be false.

LIKE (1) REPLY SHARE

Able Oct 20

Hi

Thanks for all the great articles.

I'm on heart medication after heart attack in January, Which I intend to stop after the 12 months are up. I don't trust medicle industrial complex any more. They screwed my life up trusting them.

I've ordered dmso for use on arthritis in my hands. Some advice on its ok and best way to apply would be much appreciated. I've got a pure form and a aloevera gel.

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 20

Author

That's in part 2

LIKE (1) REPLY (1) SHARE

Able Oct 20

Thank you

LIKE REPLY SHARE

Kisha Moliere Oct 20

I'm also curious if lesser know autoimmune conditions such as hidradenitis suppurative could be helped by DMSO. They have a lot of inflammation and scarring 🤔

LIKE REPLY (3) SHARE

A Midwestern Doctor Oct 20

Author

I do not believe I've come across anything on that one.

LIKE REPLY SHARE

Michelle Sebastian Oct 21

My daughter was diagnosed with hidradenitis....no one really has information about this skin condition that is not from main stream. Do you have info to share? I am trying dmso on her flares to see if it will help....as we help her body heal. I'm always looking for info on this awful skin condition. If you have anything to share please do. Thank you!

LIKE (1) REPLY SHARE

Butterfly2510 Butterfly2510 Oct 20

Apply tea tree oil directly. It worked for me after suffering with it. I would get flare ups about two or three times a year. Then I found out about Teatree oil and the last time I use it I haven't had any flare up's and it's probably been about a year. Mine were small areas of flare up's which would come on by cycling!! I had to quit cycling!

LIKE (1) REPLY (1) SHARE

Michelle Sebastian Oct 21

Will give it a try. Thank you!

LIKE REPLY SHARE

Jeffrey Stytz Oct 20

I was reading a story today about a young girl in Australia who has a rare genetic condition called SPG56.

This is a type of hereditary spastic paraplegia (HSP) that usually begins around age 1 or 2 and worsens over time, causing muscle weakness and gradually robbing children of the ability to walk, talk, stand and sit up, as seen in past cases.

In later stages, the disease can cause cognitive decline, seizures and even an inability to swallow.

https://www.foxnews.com/health/family-selling-dream-home-fund-life-saving-treatment-daughter

You mentioned in the article about treating a variety of "untreatable" genetic disorders,.

Could DMSO be of any therapeutic value for this condition?

LIKE REPLY SHARE

© 2024 A Midwestern Doctor · Privacy · Terms · Collection notice

Start Writing Get the app

Substack is the home for great culture