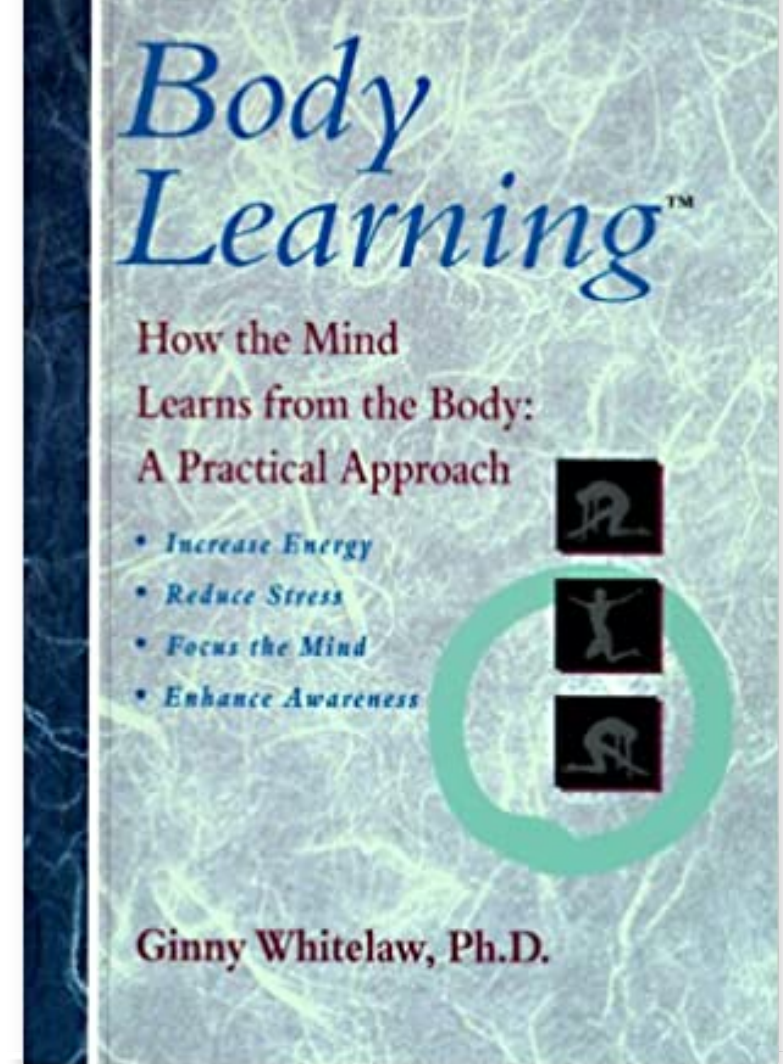


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### About the Author

**Ginny Whitelaw, Ph.D.** is a former NASA scientist, a martial arts expert of Aikido, and a Zen priest. As a management consultant, she has worked with many organizations on ways to improve their effectiveness. She also leads personal development seminars in BodyLearning.

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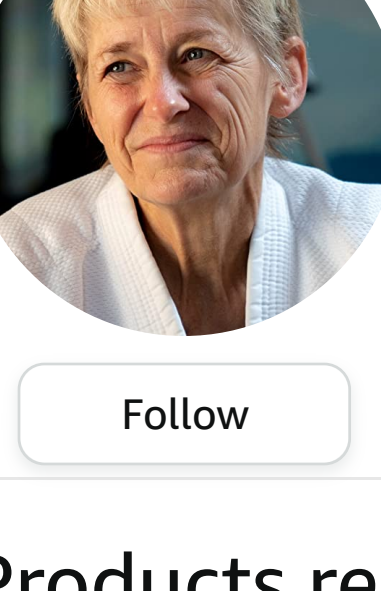
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#### Ginny Whitelaw

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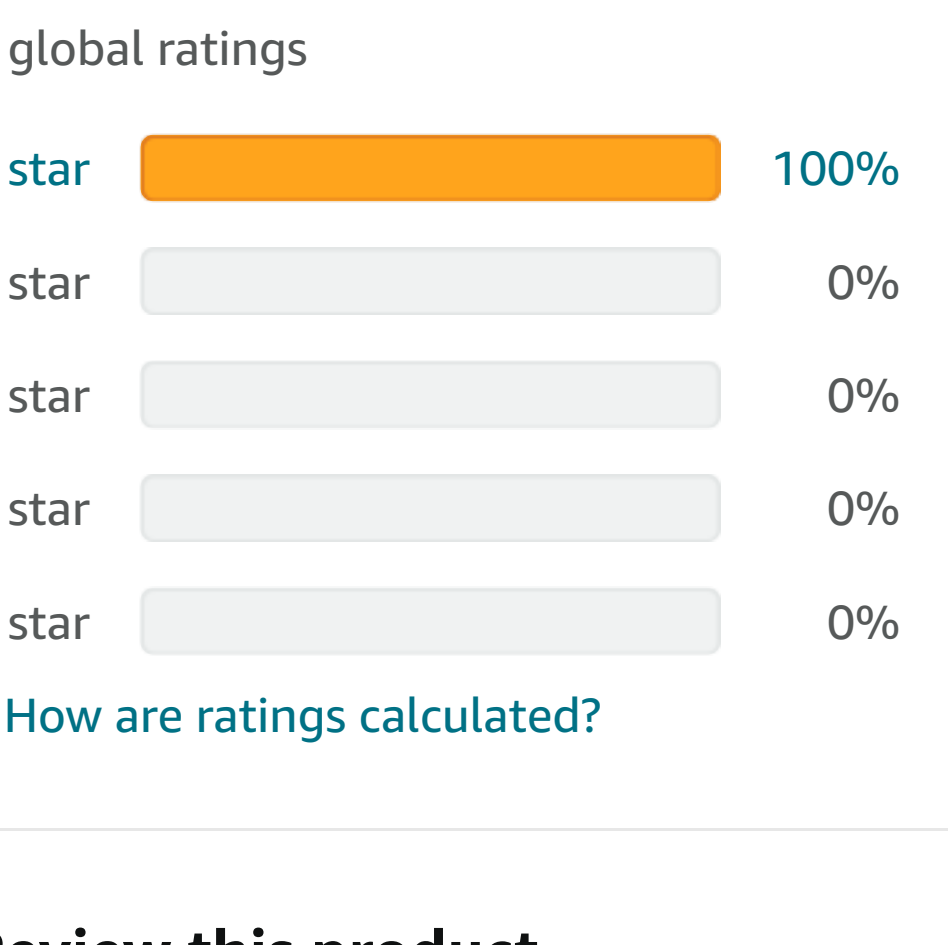
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