

# **EMR** Aware

# **Electromagnetic Radiation - Concerns and Informed Choices**

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# **Newsletter January - February 2018**

This free newsletter is published by EMR Aware, a citizens' group based in Northern NSW Australia. It contains information on the health, environmental, and social impacts of modern electro-technologies. This is offered in the pubic interest to encourage a fair and balanced discussion of the topics at hand. Particular attention is paid to material that may not be made widely available by industry and their Government regulators.

We invite readers to consider the scientific evidence and trending opinion throughout this, and our prior, newsletters. There seems little doubt a tobacco-style cover-up of the adverse effects of EMR is underway by those reliant upon its profitability or surveillance potential. You can help redress this situation by forwarding a link to this web page to as many interested persons, organisations, and social media networks as possible.

Over time, web content may disappear or move. If you encounter a broken link, try

a search using the article's title. Alternatively, you may access similar information via the hosting website's home page. Anyone wishing to be notified when new editions of our newsletter become available is invited to send an **email** with the word "subscribe" in the subject line.

## **Mobile and Cordless Phones**



The carefree days of trust in cigarettes and new technology.

Wireless Education Warns of Cell Phone Health Hazards. http://southborough.wickedlocal.com/news/20171213/wireless-education-warns-of-cell-phone-health-hazards

Have a Cell Phone Against Your Ear? You Should Consider Putting It Down. http://www.fresnobee.com/news/local/article189586129.html

PR Pros, Heavy Cellphone Users, Need Awareness of Dangers. http://www.odwyerpr.com/story/public/9680/2017-11-06/pr-pros-heavy-cellphone-users-need-awareness-dangers.html

Do You Really Believe Your Cell Phone (i.e. Microwave Transceiver) Is NOT Harming Your Health? http://electromagneticsafeplanet.com/2017/10/12/do-youreally-believe-your-cell-phone-i-e-microwave-transceiver-is-not-harming-your-health/

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Does Cell-phone Radiation Cause Cancer? https://www.consumerreports.org/cro/smartphones/cell-phone-radiation

Cell Phone Brain Cancer - New Study Reports Doubling of Overall Risk. https://www.electricsense.com/13179/cell-phone-brain-cancer/

Cell Phone and Cordless Phone Use Causes Brain Cancer: New Review. http://www.saferemr.com/2017/04/cell-phone-and-cordless-phone-use.html

Use of Wireless Phones and Evidence for Increased Risk of Brain Tumors. http://www.bioinitiative.org/report/wp-content/uploads/2017/11/Hardell-2017-Sec11-Update-Use\_of\_Wireless\_Phones.pdf

Elevated Cortisol levels can result in anxiety, obesity and disrupted sleep patterns. Long Term Exposure to Cell Phone Radiation and Stress. http://iicbe.org/upload/2195C1214121.pdf

An International Prospective Cohort Study of Mobile Phone Users and Health (COSMOS): Factors Affecting Validity of Self-reported Mobile Phone Use. https://www.ncbi.nlm.nih.gov/pubmed/29056311

How to Reduce Exposure to Radiofrequency Energy From Cell Phones. https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/EHIB/CDPH%20Document %20Library/Cell-Phone-Guidance.pdf



Phone underwear. A reminder to keep your calls brief?

## **California Phone Warnings**

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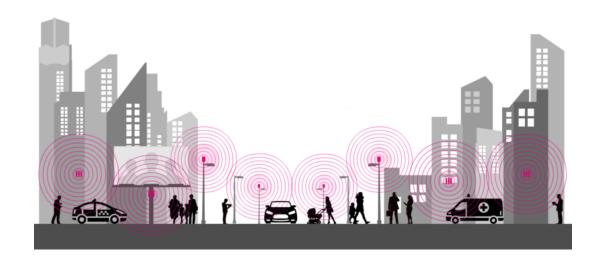
California to Set Guidelines Limiting Cellphone Radiation Exposure. https://www.cbsnews.com/videos/california-to-set-guidelines-limiting-cellphone-radiation-exposure/

Cell Phone Safety Guidance From the California Public Health Department. http://www.saferemr.com/2017/03/cell-phone-safety-guidance-from.html

# **5G** and Millimeter Waves

GAO's 2012 Report And Cell Phone Recommendations No One Is Doing Anything About Except Pushing 5G. https://www.activistpost.com/2017/10/gaos-2012-report-cell-phone-recommendations-no-one-anything-except-pushing-5g.html

5G, Smart Grid, AI & the Coming Global Brain. https://www.youtube.com/watch?v=nPj9OUm2gtg



Subconscious expression of 5G health hazards? Police waiting for protest.

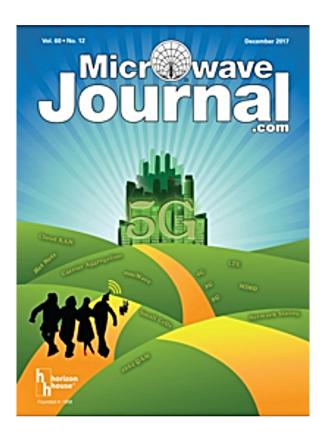
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"Stay Out of the Way of Technology." FCC: Intimidating Press, Suppressing Science at "5G" Announcement. https://www.youtube.com/watch?v=OMxfffqyDtc



Subscribe and keep up-to-date with industry initiatives. Microwave Journal. http://www.microwavejournal.com/topics/3549-MIMO-OTA

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Letter to Congress. Please Oppose Any and All Bills Related to 5G and Wireless Radiation Expansion. http://emfsafetynetwork.org/wp-content/uploads/2017/11/Letter-to-Congress-2017-1.pdf

## **Microwave Towers**

# Phone, National Broadband, Radio, TV

Association of Exposure to Radio-Frequency Electromagnetic Field Radiation (RF-EMFR) Generated by Mobile Phone Base Stations with Glycated Hemoglobin (HbA1c) and Risk of Type 2 Diabetes Mellitus. http://www.mdpi.com/1660-4601/12/11/14519/pdf

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ACCC Warns 5G Could Substitute NBN Connections.

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Outsourcing Lets NBN Keep Its "Commercial-in-confidence" Secrets. https://www.crikey.com.au/2015/11/20/outsourcing-lets-nbn-keep-its-commercial-in-confidence-secrets/

## Wi-Fi, Bluetooth

#### Home, Business, Hotspots

Confirmed: New York City's Public Wi-Fi Stations Are Spying on You. https://www.activistpost.com/2017/12/surveillance-confirmed-new-york-citys-public-wifi-stations.html

Papers Finding Adverse Biological Effects or Damage to Health from Wi-Fi Signals, Wi-Fi-enabled Devices or Wi-Fi Frequencies (2.4 or 5 GHz). http://wifiinschools.org.uk/30.html

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## Children

Have Smartphones Destroyed a Generation? https://www.theatlantic.com/magazine/archive/2017/09/has-the-smartphone-destroyed-a-generation/534198/

Cellphones Driving Modern Humans to the Brink of Insanity? New Science Reveals Young Brains DERANGED by Cellphone Radiation Exposure. http://www.thecommonsenseshow.com/2017/12/17/cellphones-driving-modern-humans-to-the-brink-of-insanity-new-science-reveals-young-brains-deranged-by-cellphone-radiation-exposure/?

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#### **Sterility and Birth Defects**



Don't let mobile phones take a bite out of your genes.

This Is the Worst Place to Store Your Cellphone. https://www.rd.com/health/wellness/worst-place-store-cell-phone/

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Effects of Cellular Phone Emissions on Sperm Motility in Rats..https://www.ncbi.nlm.nih.gov/pubmed/17628553

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Experts and Doctors Warn: Pregnant Women and Children Should Not Be Exposed to Wireless Radiation. https://takebackyourpower.net/experts-and-doctors-warn-pregnant-women-and-children-wireless/

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Exposure to Magnetic Field Non-Ionizing Radiation and the Risk of Miscarriage: A Prospective Cohort Study. https://www.nature.com/articles/s41598-017-16623-8.pdf

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France to Impose Total Ban on Mobile Phones in Schools. http://www.telegraph.co.uk/news/2017/12/11/france-impose-total-ban-mobile-phones-schools/

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Another satisfied smart meter customer.

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Google Wants to Run Cities Without Being Elected. Don't Let It. https://www.theguardian.com/commentisfree/2017/oct/24/google-alphabet-sidewalk-labs-toronto

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AI Robot That Learns New Words in Real-time Tells Human Creators It Will Keep Them in a "People Zoo". http://glitch.news/2015-08-27-ai-robot-that-learns-new-words-in-real-time-tells-human-creators-it-will-keep-them-in-a-people-zoo.html

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The Face of Australia's Surveillance: Malcolm Turnbull's Facial Recognition Database. https://www.globalresearch.ca/the-face-of-australias-surveillance-malcolm-turnbulls-recognition-database/5612239

Arizona Citizens Tracked In Facial Recognition Database in First Step For "REAL

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# Wearable Technology

### Biometrics, Implants, Virtual Reality



Rice grain size implants and injection tools..

Ready to get chipped? Most people Don't Even Realize What's Coming. https://www.youtube.com/watch?v=5tn4P7IBqoQ

Soon to be powered by background radiation alone. Here Come the Rice-grain-sized Brain Implants: Stanford Discovers Way of Beaming Power to Microimplants Deep Inside Your Body. https://www.extremetech.com/extreme/182686-here-come-the-rice-grain-sized-brain-implants-stanford-discovers-way-of-beaming-power-to-microimplants-deep-inside-your-body

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# Mains Radiation, ELF

## Power Grid, Appliances, Lighting

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Molecular Biological Application of the Theory of Stochastic Resonance. The Cellular Response to the ELF AC Magnetic Field.

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Extremely-low-frequency Magnetic Fields Disrupt Rhythmic Slow Activity in Rat Hippocampal Slices. http://onlinelibrary.wiley.com/doi/10.1002/(SICI)1521-186X(1996)17:5%3C388::AID-BEM6%3E3.0.CO;2-%23/abstract

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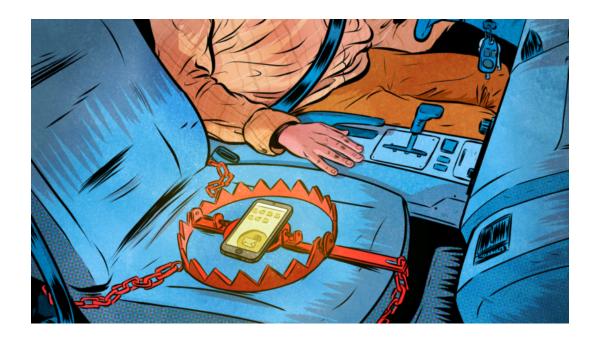
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# Transport, Aerospace

#### Motor Vehicles, Aircraft, Satellites



Possible contributing factor in phone-related accidents. WLAN in the Car Affects Brainwaves (Translate from German online).

https://rtlnext.rtl.de/cms/kopfschmerzen-im-auto-woher-kommt-das-4131633.html? c=ddbf

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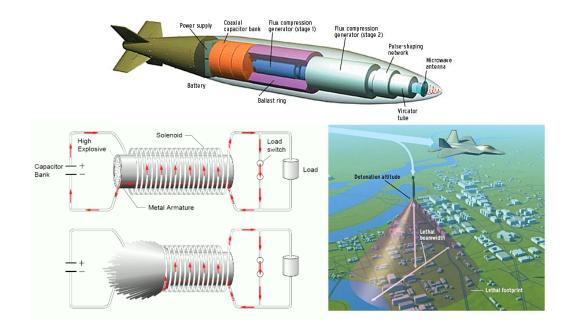
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A searchable 3D animation of the 500,000 pieces of space junk currently surrounding our planet. Stuff in Space. http://stuffin.space/

#### **Vulnerable to Attack**



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New Air Force Missile Turns Out Lights with Raytheon Microwave Tech. https://breakingdefense.com/2012/10/new-air-force-missile-turns-out-lights-with-raytheon-microwave-t/

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Is The United States Firing Off "Electricity Bombs" in Syria? http://www.thedrive.com/the-war-zone/12910/is-the-united-states-firing-off-electricity-bombs-in-syria

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Magnetic Field Effects on Plant Growth, Development, and Evolution. https://www.frontiersin.org/articles/10.3389/fpls.2014.00445/full

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#### **Bee-haviour Modification**



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# **Security**

#### Surveillance, Body Scanners, Non-lethal Weapons

Here's How The CIA Is Hacking Your Smart TV. https://www.youtube.com/watch?v=ELU5g2eXi70

No, You're Not Being Paranoid. Sites Really Are Watching Your Every Move. https://arstechnica.com/tech-policy/2017/11/an-alarming-number-of-sites-employ-privacy-invading-session-replay-scripts/

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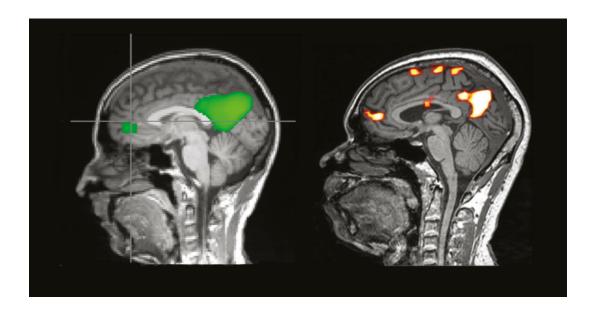
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## **Electro-sensitivity (EHS)**

**Electromagnetic Biological Response (EBR)** 



Functional MRI scan documents observable changes to brain of EHS subject.

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Lack of Success of "Displacement-of-furniture-sensitivity" Provocation Study May Prove Validity of Real-life Cell Phone Tests for Electrohypersensitivity. https://nyadagbladet.se/vetenskap/lack-of-success-of-displacement-of-furniture-sensitivity-provocation-study-may-prove-validity-of-real-life-cell-phone-tests-for-electrohypersensitivity/

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Electromagnetic Field Sensitivity Case Study Evaluation. http://www.next-up.org/pdf/JournalOfBioelectricityElectromagneticFieldSensitivityCaseStudyEvaluationDrReaEHC1991.pdf

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# **Biological Mechanisms**

Microwave transmission of BIOLOGICAL signals. Electromagnetic Energy and Data Transfer in Biological Tissues Using Loop Antennas. https://ac.els-cdn.com/S1877050913007321/1-s2.0-S1877050913007321-main.pdf? \_tid=ed32cc2e-e12e-11e7-bab3-

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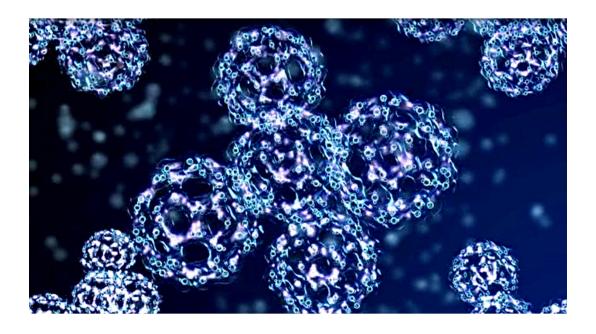
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Topic	Y (TR-164)	Y (ORSAA/ARPANSA DB)	N (TR-164)	N (ORSAA/ARPANSA DB)	
Genotoxic	16	34 (+9 Synergistic Effect with mutagen and +1 Effect DNA Repair)	32	39 (+2 Effect Positive)	
Proliferation/Apoptosis	25	Apoptosis 26 Proliferation 33 (+1 Uncertain) Combined <b>59</b> (+1 Uncertain)	30	Apoptosis 22 (+1 Effect Positive) Proliferation 35 Combined 57 (+1 Effect Positive)	TR-164 Effect 46% vs No Effect 54% ORSAA Effect 68% vs No Effect 32%
Gene Expression	4	61 (+6 Uncertain Effect)	10	14	
Stress Response/Heat Shock Proteins (HSP)	4	28 (3 at thermal levels) (+1 Uncertain Effect)	17	19	
Intracellular Signalling	1	(+1 Uncertain Effect – synergistic with potassium- induced depolarization)	3	2	
Membrane Effects	17	27	4	4 (+1 Effect Positive)	
Direct Effects On Proteins	15	77 (+5 Uncertain Effects)	1	3	
Oxidative Stress	N/S	17	N/S	11	
Totals	82	313	97	149	

A revealing comparison between ARPANSA's review of EMR literature and that of independent body ORSAA. Click to enlarge.

Tumor Promotion by Exposure to Radiofrequency Electromagnetic Fields Below Exposure Limits for Humans.

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# **Industry Watch**

## **Product Defense, Liability, Legal Action**

Why We Can't Leave AI in the Hands of Big Tech. https://www.theguardian.com/science/2017/nov/03/why-we-cant-leave-ai-in-the-hands-of-big-tech

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Meet Sophia: The First Robot Declared a Citizen by Saudi Arabia. https://www.youtube.com/watch?v=E8Ox6H64yu8

Guest Blog "Phonegate: The Health and Industrial Issues of a Global Scandal". https://betweenrockandhardplace.wordpress.com/2017/12/08/guest-blog-phonegate-the-health-and-industrial-issues-of-a-global-scandal-by-marc-arazi/

Huge Amounts of Radiation Won't Harm You, Pruitt's EPA Claims. https://www.emfacts.com/2017/10/huge-amounts-of-radiation-wont-harm-you-pruitts-epa-claims/

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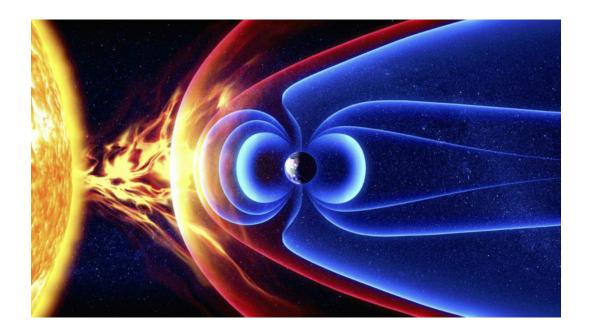
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# General Events, Networking

5th Asian and Oceanic IRPA Regional Congress on Radiation Protection - 20-23 May 2018. http://www.aocrp-5.org/

Petition for NM legislators to vote NO! on the 2018 Wireless Consumer Advanced Infrastructure Investment Act. https://actionnetwork.org/petitions/no-wireless-act

Complete the online survey. Electrohypersensitivity Study. https://www.golombresearchgroup.org/electrohypersensitivity

As part of a study on environmental sensitivities, Adrienne Brodie, a PhD candidate at La Trobe University, is seeking to interview persons living in Victoria affected by EHS. She may be contacted at: 16448145@students.latrobe.edu.au

Physicians for Safe Technology. https://mdsafetech.org/

California Brain Tumor Association. http://www.calibta.org/



Free DVD - Read the Science

This DVD is available free-of-charge to readers seeking a resource comprised entirely of peer-reviewed science on the adverse effects of EMR. It contains over 1,600 categorised articles and abstracts in PDF format. The same material and more can also be viewed and downloaded online at our Scientific Evidence page.

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