DMSO Could Save Millions From Brain and...

SEP 15 ♥ 1,672 583 268

The decades of evidence showing DMSO revolutionizes the care of many "untreatable" circulatory and neurologic conditions.

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583 Comments

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GingerRRT The Lost Lessons Sep 15
Liked by A Midwestern Doctor

Thanks for all your time and effort. You are a true angel.

LIKE (56) REPLY (1) SHARE

A Midwestern Doctor Sep 15
Author

Still have 3 more parts on this one to write....

LIKE (70) REPLY (5) SHARE

Patti Perdue Patti's Newsletter Sep 16

I subscribed because of the DMSO article. I am looking forward to the other parts on it. I am a retired CPA learning to take care of my health in a natural way using a functional medicine doctor and reading everything I can find online like your substack, Dr Mercola's website, Deep Roots at Home website, and FLCCC. I thank God for all of you and your courage and dedication to truth and not allowing the bullies on the internet or in conventional medicine to stop you. God bless you!

LIKE (56) REPLY (2) SHARE

narin Oct 14 *Edited*

Ditto. I've used it topically with magnesium oil in the past. I have gotten lazy and probably haven't done it consistently in the past couple of years. This article helped sparked a re-interest into starting DMSO back again.

LIKE (5) REPLY SHARE

Grammy Nov 2

Like a comment from an earlier post, you are truly an angel, a deliverer to so many of us, giving us Support to continue going forward on a less corrupted path to a healthier, more autonomous life. I found you early on during the Covid hysteria. Luckily, I'd made the decision and convinced my husband not to get the jabs. Like swimming upstream! Most all our friends couldn't wait to get them. And all have had major events a a result.

Your posts help educate me going forward.

I am a 74 yo healthy, 130lb. Midwestern female with no preexisting conditions and I take NO prescriptions, only supplements. I was diagnosed via CT several years ago with suspicious "spots" in both lower lungs.

I immediately worked with a naturopath via phone (she in WA, I'm in MO) Since then they've gotten no worse. She sent me some tinctures and recommended I drink Essaic tea. I also had been following Dr Brownstein in MI before the world went Covid crazy. I nebulize hydrogen peroxide in saline sometimes adding Lugol's iodine. I have a pulmonary doc who is sensible and didn't recommend a biopsy, but adopted a watch and wait stance. He isn't sure what they are.....cancer, parasite, infection.... 🤪

I would like to see you publish a book with all your past posts. The amount of information that you include in them is staggering. I was a nursing major decades ago before I had to drop out; I feel you've continued my education.

Until big pharma is reformed, we must all look to our diets and more natural ways to help ourselves. Food is medicine and nature supplies much of what we need to stay healthy, we just have to uncover it. You are helping do that. Many, many thanks!

LIKE (3) REPLY SHARE

OneDayAtATime Sep 15
Liked by A Midwestern Doctor

I really appreciate how thorough you are in general and with this topic in particular. What a gift.

LIKE (24) REPLY SHARE

Chris Nicholas An American View Newsletter Oct 3

Doc, thank you very much for the research into this compound. I'm a working EMT in FL. Relatively healthy and working 2-3 shifts per week. I also have gout and have occasional flare up's. I'm on 300MG of Allopurinol QD. Today I had to cancel my shift due to swollen tender joints - left lateral ankle area and right medial knee joint. I started using 70% DMSO yesterday topically. I'm noticing some decrease in swelling but still too painful to work. I am not looking for a Dx, just asking if taking a small amount orally w/ water would increase the effectiveness and shorten the time to resolution?

LIKE (3) REPLY (1) SHARE

Lynn Oct 12

My dad ate cherries, even cherry pie filling on toast. The gout was gone in 3 hours. Diet related issue for the men in my family.

LIKE (2) REPLY SHARE

Dan Star Sep 18

Waiting with bated breath. I am in Milwaukee.

LIKE (1) REPLY SHARE

Erik Nov 6

Is one of those a simple guide for using DMSO orally, or topically? I have read your articles, and its pretty deep in the weeds for the lay reader. I understand though, since people want to be able to refer to something. I have been diluting 5ml in juice twice a day, but would be good to know ml/kg or similar. Although if its relatively non toxic, I might increase to 10ml twice a day just to see.

LIKE REPLY SHARE

Mark Farris DDS Sep 16
Liked by A Midwestern Doctor

I am a big fan of DMSO. I had some keratotic lesions on my face that were growing. One on the cheek and one on the forehead. The one on the cheek became larger than a dime, and the one on my forehead was close to that size. I was going to see a dermatologist for removal, but had the idea to try DMSO first. I started with 70/30. No effect. I went to 100% DMSO and the lesions were completely gone in 4 months of daily treatment up to 6 times a day of topical application. I applied the dropper directly to the lesions with just enough DMSO to cover them without running down my face. I am careful not to use 100% DMSO except for tough lesions. The skin irritation can be profound, but does resolve quickly by discontinuing use. I also drink 7 drops a day in my morning water and I have noticed less night time waking for urination. I am 64, so this is an issue for many of us. Wonderful stuff! Glad you are making more people aware of DMSO. I use the one in your picture on the right. Most people have no idea how this product can benefit them. Many will never break the programming of our horrible illness care system. I read many of your writings, and I appreciate your approach to health. Blessings.

LIKE (52) REPLY (1) SHARE

A Midwestern Doctor Sep 16
Author

I have a section in this series on DMSO for dental issues.

LIKE (34) REPLY (1) SHARE

Sammie0627 Sammie0627 Oct 11

I'm looking forward to this as I have issues difficult to manage. I use DMSO and cloves which is helpful. I'm also now rinsing and holding 70/30, distilled water which is not effective enough. I can't find any info on the mixing of DMSO/ Peroxide which would great if safe.

LIKE (1) REPLY (1) SHARE

Anthony 8d

My dental/gum issues resolved when I went on a carnivore diet back in February.

LIKE REPLY SHARE

Citizen_Jimserac Citizen_Jimserac's Substack Sep 15

It must have been something like 60 years ago that I first read about DMSO.

In those pre Internet days, particularly after inquiring about it with some friends who were MDs, I got the response that it was quackery nonsense. Never heard anything about it since, except vague mentions now and then, until THIS article which is well researched and of great interest.

We now must wonder what other promising treatments or drugs are being blocked by a medical establishment centered on FDA and associated agencies.

It is clear that the time for massive systemic reforms has arrived.

It is also clear that Harris-Walz will NOT do it, are apparently not even thinking about it while they engage in their WEF open borders undermine citizenship and sovereignty acts.

There is a guy named RFK Jr. who will do it and who has joined with Trump. I don't care if you like or hate them. The point is, will they do the reforms ? THEY WILL.

Trump is not a medical guy, he is a manager. He was easily fooled by the establishment last time into believing that the vaccines were the only viable treatment for Covid-19 as Dr. Scott Atlas mentions in his book "A Plague Upon Our House". This time is different.

LIKE (47) REPLY (5) SHARE

A Midwestern Doctor Sep 15
Author

I'm trying to live up to the name of this publication!

LIKE (27) REPLY (3) SHARE

Loiseau Sep 16
Liked by A Midwestern Doctor

After reading your article about UVBI, I was able to find a doctor nearby that administers this treatment and have had four UVBI plus ozone sessions.

This doctor said she had recently discovered your substack So word is getting around.

LIKE (32) REPLY (2) SHARE

DawnGolden Sep 17

Same here. Just did my first UVBI/ozone session after reading this article.

LIKE (3) REPLY SHARE

Dan Star Sep 18

What condition and how is it so far?

LIKE (2) REPLY (1) SHARE

DawnGolden Oct 1

I've only done 1 treatment so far. I have a low level bacterial infection that shows up in my blood work but doesn't really bother me. I will find out in about 6 months when I get my next lab work. I'll try to update. I'm doing a combo of UVBI with ozone.

LIKE (5) REPLY SHARE

Citizen_Jimserac Citizen_Jimserac's Substack Sep 15

You are succeeding !!!

Again, thanks !!

CJ

LIKE (5) REPLY SHARE

montanaoutlaw montanaoutlaw Nov 2

You certainly have and more. While I'm here I want to let you know that I found 70/30 DMSO mixed with distilled water, aloe, and lavender, the brand you recommend DMSO Store on eBay. They have a huge selection of sizes of gels and liquids there. The 70/30 mixes are 3oz. liquid roll-on, Here's the link to their store And thanks so much for everything you do for us all, you have a heart of gold💛: https://www.ebay.com/sch/i.html?_ssn=dmsostore&_trksid=p2560298.m570.l50838

LIKE (2) REPLY (1) SHARE

A Midwestern Doctor Nov 3
Author

Sure thing! As a quick point, that's a different company than the one I recommended (two different groups are using that name), but if they help you that's all that matters.

LIKE (2) REPLY SHARE

A Midwestern Doctor Sep 15
Author

But yes, there's a lot of other ones too :(

LIKE (4) REPLY SHARE

DawnGolden Sep 17

Reforms aren't the answer. As long as you allow centralized power to exist, it will eventually be taken over by society's psychopaths and sociopaths. Central power always and everywhere leads to corruption and abuse. The only way forward, in science, government and economics, are decentralized systems. Reforms merely postpone the inevitable unless you decentralize all power.

LIKE (20) REPLY (1) SHARE

pimaCanyon pimaCanyon Sep 27 *Edited*

my thinking exactly! As you said, "central power always and everywhere leads to corruption and abuse!" That's why I believe we have government upside down and backwards! We let States tell the local governments (city and county) what to do, and we let the Fed's tell the States AND the cities/counties what to do. That hierarchy is backwards. Local government should be at the TOP of the hierarchy. That is, once the city or county decides to do or not do something, the State and the Fed's should NOT be able to override the decision of the local government. What kind of government is it that lets some bureaucrat 2500 miles distant tell the people who live here, work here, raise their families here, what they can and cannot do. That's not democracy, it's tyranny! Local democracy is the only true democracy in my opinion.

The Founders of the US had the right idea, but that was all upturned by Lincoln and the Civil War. Slavery was the pretense, but the real reason was to take power away from the States and consolidate power in the capital of the empire.

LIKE (7) REPLY (2) SHARE

DawnGolden Oct 1

I agree. For some reason a huge portion of the population believes that a powerful central government is a good thing. I don't think there has ever been a country where such a government didn't end up in tyranny.

LIKE (6) REPLY SHARE

narin Oct 14

We are actually supposed to be a Constitutional Republic. The victors (tyrants) have re-written history and indoctrinated the public to brainwash the masses that we are a democracy.

LIKE (4) REPLY (1) SHARE

pimaCanyon pimaCanyon Oct 15 *Edited*

of course. so I should rephrase my statement "local democracy is the only true democracy" to read "local democratic republic is the only true democratic republic". The reason that this is true is because concentrated power (like at the national level) always gets corrupted over time. I believe that is one reason why the founders intended most power to stay at state level and not at the national level. We can see what has happened to concentrated power at the FDA, CDC, and the other federal bureaucracies, that they have been corrupt for decades at least. Get rid of all these "regulatory" agencies which have been corrupted so that they now act as marketing arms for the very industries they are supposed to be regulating.

LIKE (1) REPLY (1) SHARE

narin Oct 15

Truth be told, the FDA and CDC are not a part of the federal government. They're corporations masking as federal agencies just like the Federal Reserve.

LIKE (3) REPLY (1) SHARE

pimaCanyon pimaCanyon Oct 15

semantics. they operate at the federal level, they have control over the entire country when it comes to regulating drugs and vaccines. Get rid of them and all the other 3 and 4 letter agencies. FEMA recently showed us they are either incompetent or deliberately killing people. BLS recently showed us they lied for a year about the number of new jobs created, "overstated" (lied) that number by nearly a million jobs. Get rid of them!

regarding the Federal Reserve, that's a whole 'nother can of worms, but won't go down that rabbit hole here ;-)

LIKE (1) REPLY (1) SHARE

narin Oct 15

Agreed.

LIKE (1) REPLY SHARE

pimaCanyon pimaCanyon Sep 18

I am lucky enough to have read a book about DMSO back in the early 1980's that convinced me that not only is it safe, but it can facilitate healing. There was a time period after that where the only place I could get it was at agriculture supply stores. People who kept horses knew that it worked for accelerating healing of joint/tendon/ligament/muscle injuries, so the FDA would have had a real battle on their hands had they decided to take on these folks, so they let it continue to be sold in Ag stores.

The book pointed out the absurd lengths that the FDA went to demonize DMSO. They could not find a lethal dose! So they used enormous doses on rabbits, doses that if they were testing aspirin or alcohol it would have killed the rabbits, and the rabbits developed cataracts. That was it, that gave the FDA the excuse they needed to take it off the market (for a while, except at the Ag stores).

LIKE (14) REPLY (1) SHARE

J. Harris Sep 27

PimaCanyon, was it the book by Dr. Morton Walker "DMSO Nature's Healer"? I was able to read it just recently for free on InternetArchive.org.

LIKE (8) REPLY (2) SHARE

pimaCanyon pimaCanyon Sep 27

It may have been, but honestly I don't remember the title or the author. I found it browsing the shelves at the King Country library (Seattle area), early to mid-1980's. So the book would have been written about then or even in the 70's or 60's.

LIKE (2) REPLY SHARE

Margo Nov 10

Thanks for writing about the book on DMSO. I checked with my library and it's available!

LIKE (1) REPLY SHARE

Comment deleted Sep 18

Comment deleted

pimaCanyon pimaCanyon Sep 21

the way I see it is if the Dem's win, we will have more of the same, more censorship, more corporate control, more Pharma products rammed down our throat, vaccine mandates which could affect all of us next time, and a continuation of the war in Ukraine.

If Trump wins and they don't kill him, he will try to end the Ukraine war and he will let RFK Jr go after Pharma and vaccines.

Both parties will support Israel. But one party will stop the Ukraine war (which has had us on the brink of nuclear annihilation for more than 2 years) and that party will not force vaccines on all of us.

I get it that Trump is not a very nice person. But with him in office, at least we have a chance. With Kamala, we continue down the road of totalitarianism.

LIKE (10) REPLY SHARE

DawnGolden Sep 20

Agreed. During the pandemic the liberal mantra of "my body my choice" switched to "your body, my choice!"

These people are dangerous

LIKE (8) REPLY SHARE

GaryP Sep 18

My wife has early onset Alzheimer's. July 2023, she quit feeding herself. Stage 7, can't walk, can't talk, and can't feed herself. Month by month there was continuing decline. Then she developed horrid bed sores, large open wounds. I greatly improved the diet, hygiene, and gave her my emergency use drugs, ivermectin and fendbendazole. It all worked, the bed sores are completely healed, and her skin is now fine. There was a side effect. It is now obvious, her Alzheimer's was caused by a brain infection, possibly a fungus. The two drugs are very good at treating infections. The decline stopped and there is definite evidence her remaining brain is recovering some ability. Now a year later, no further decline, and some mild recovery. Today she babbled, almost understandable, when I fed her. She drinks her milk by herself if I put the bottle in her hand.

After this article, I am going to try topical treatments of DMSO on her neck and back of her head. I am hoping that this will help with brain cells locked in a Cell Danger Response, (thanks doc.) and with blood flow and misfolded proteins. I will comment if it works, at least a month from now.

LIKED (37) REPLY (3) SHARE

J. Harris Sep 27

Yes, Gary, please keep us updated on your wife's progress with the addition of DMSO!! I hope it helps!!!❤️

LIKE (8) REPLY (1) SHARE

Sammie0627 Sammie0627 Oct 11

Yes I too would love an update on her progress. You are very devoted and it's always a joy to see love demonstrated in such a way.

LIKE (8) REPLY SHARE

MarkGW Some Thoughts on Things Sep 26

Wow that is awesome what you are doing for your wife. I would love to hear how the DSMO makes an impact. I pray that God is with you. Mark

LIKE (8) REPLY SHARE

Joni Sep 28

God bless you and your wife! May God give you strength and knowledge 🙏

LIKE (5) REPLY SHARE

Patti Perdue Patti's Newsletter Sep 16
Liked by A Midwestern Doctor

My functional medicine doctor recommended DMSO 50% to her patients for Covid and flu prevention. Her instructions were to swab nasal passages twice a day. I had never heard of DMSO until then. It is amazing that DMSO can do so much. If only...my mother had a brain stem stroke 10 years ago. My brother-in-law has frontal lobe brain injury from a fall about 7 years ago. Both of them might have been helped in significant ways if DMSO had been available as a treatment option. Both struggle with normal daily living - needing constant help and attention. It makes me angry that FDA has abandoned its role of helping and protecting patients. Money is the root of this evil. Thank you, Thank you for all you do to bring truth and light to these issues.

LIKE (30) REPLY (3) SHARE

A Midwestern Doctor Sep 16
Author

Thank you

LIKE (2) REPLY SHARE

Heather LibertyCricket Sep 16

Reading the above, is tey applying the disorder topically even though it has been so long. I'm going to do this for my mom asap. Good luck to you!

LIKE (1) REPLY (1) SHARE

Heather LibertyCricket Sep 16

it *seems* applying the *dmso* topically *could still be helpful*

LIKE (1) REPLY (2) SHARE

Satan's Doorknob Satan's's Doorknob Sep 17 *Edited*

Intuitively, if the goal were to get DMSO to deep tissue, via the skin would seem the least efficient method. IV would be the quickest but isn't an option at home. That leaves orally, which would seem the best method and probably pretty fast especially on an empty stomach.

LIKE (2) REPLY SHARE

Dan Star Sep 18

I will try it on left knee that I damaged playing college soccer decades ago. Love experimenting! Thanks Doc!

LIKE (1) REPLY SHARE

narin Oct 14

The love of money is the root of all evil. Money is a necessity in this world whether we like it or not but there are those that thrive off the land can survive without it.

LIKE REPLY SHARE

SM Sep 15

Dear Doctor AMD

What a wonderful article on DMSO...God Bless you.

Its good karma that you have exercised on publishing this article.

In India my sister had to do a liver transplant 20 years ago, the liver cadaver was soaked in DMSO and thats how it was transported before the surgery, very very funny that the FDA thinks it dangerous.

Please keep the good work going. The world need more people like you to tilt the balance towards the good forces.

Great article real heartfelt appreciation and gratitude.

LIKE (28) REPLY (1) SHARE

A Midwestern Doctor Sep 16
Author

Thank you!

LIKE (5) REPLY SHARE

Sh1rl3y Sep 15
Liked by A Midwestern Doctor

Thank you for another ecxellent piece of work. Early in "covid" period I was in a zoom meeting with a physician who had experience using IV DMSO to treat cancer. I look forward to next episodes.

Didn't the mafia say pay me and stick to the rules or you'll be in trouble ? I am struggling to see how the current "healthcare system" is any different.

LIKE (18) REPLY (2) SHARE

A Midwestern Doctor Sep 16
Author

:(

LIKE (2) REPLY SHARE

yantra yantra Sep 18

it is not health care

LIKE (6) REPLY SHARE

Valora Kilby Valora Kilby Sep 15
Liked by A Midwestern Doctor

When I worked in the commercial thoroughbred horse business DMSO (IV form) was used to treat conditions such as Equine Protozoal Myeloencephalitis, West Nile, and Laminitis. It was also used externally as an anti-inflammatory.

LIKE (18) REPLY (1) SHARE

SP2022 Sep 16

Also Wobblers

LIKE (3) REPLY SHARE

Ian Malcolm The Producer Sep 15
Liked by A Midwestern Doctor

Wow, I've been looking for a Down Syndrome treatment, since my young daughter has it, and is developing very slowly.

I'd used DMSO previously for a serious injury (broken foot and back) which seemed to help. But it sounds like it's much more useful than that.

Great info!

LIKE (17) REPLY SHARE

klimer klimer Sep 16

Our elderly dog Lana was having vestibular (balance) issues, which seemed to be triggered by TIAs (mini strokes). We started by giving her a small amount of Heiltropfen DMSO and magnesium. It nearly instantly resolved a symptom of erratic uncontrolled eye movements, and it very quickly greatly improved her balance issues (she still pulls to the right, but it's not too noticable when she walks). If we had known about DMSO sooner, we think we could have prevented some of her recent hearing and vision loss. We currently rub a small amount of a rose scented DMSO/aloe vera cream on her belly every day (which she loves to lick off!). We have gotten an extra year and a half with her so far. She was getting close to circling the drain before the DMSO. Grounding also helped a lot.

She also had a diseased tooth in the bottom right rear of her mouth, which the vet would have recommended pulling if she wasn't so frail. We spray 3000 ppm chlorine dioxide on it daily and it is showing significant signs of healing!

This was another fantastic article! Thanks so much for sharing your knowledge and experience with all of us!

LIKE (20) REPLY (3) SHARE

A Midwestern Doctor Sep 16
Author

I am so happy you left this comment. I've never heard of someone treating their pet's stroke with DMSO but it completely makes sense to me why it would work.

LIKE (23) REPLY (2) SHARE

A Michael Oct 6

I wish I had known about this for my dog when he hit his head traveling in the car when I had to break hard for a deer. He developed vestibular issue immediately. I brought him to a nearby vet as an ER walk in. They had no solution but to wait it out. He recovered most of his functions but it was hell for 3 weeks. If I had known about this he could have been helped much sooner.

LIKE (2) REPLY SHARE

Ch61 Sep 27

I wonder if it would help with my dog's seizures?

LIKE (2) REPLY SHARE

MaryHQ Oct 4

Hi! Amazing news! Where would I purchase the DMSO/aloe Vera cream?

LIKE (1) REPLY (2) SHARE

klimer klimer Oct 4

Nature's Gift DMSO Cream with Aloe Vera, 4 oz - Rose Scented Skin Moisturizer for Adults https://a.co/d/d01rVx5

I think you'll find more than one listing for this on Amazon. Lately I've been getting ours from walmart.com, where it has been a bit cheaper.

LIKE (2) REPLY SHARE

Sammie0627 Sammie0627 Oct 11

It's very easy to make your own. There are many recipes in Amanda Volmers small book on DMSO.

LIKE (1) REPLY SHARE

MaryHQ Oct 6

Much appreciated, thank you!

LIKE REPLY SHARE

Leslie Bartley Sep 16
Liked by A Midwestern Doctor

In appreciation of the time and effort spent on this article and for your dedication to educating the population at large, I became a paid subscriber today. Thank you so much!

LIKE (15) REPLY SHARE

PermieGeek PermieGeek's Substack Sep 16
Liked by A Midwestern Doctor

I have what is called EMF hypersensitivity. DMSO has been life changing and life saving for me. I discovered how much it helped after I had a painful injury from felling a large tree branch that glanced against my foot. I'd done enough research on DMSO to use it for pain and tissue healing of this injury. What I found out is that it kept my EMF hypersensitivity symptoms largely at bay. If I had not discovered this a couple of years ago, I do not believe I would still be alive. The symptoms were too unbearable and I was too tired of running from civilization to avoid them.

LIKE (15) REPLY (2) SHARE

OneDayAtATime Sep 16

Wow! Do you take DMSO internally to mitigate your sensitivity? If so, would you please share the dose and the frequency? Thanks!

LIKE (3) REPLY (1) SHARE

PermieGeek PermieGeek's Substack Sep 16

I use it externally. I have a bottle of 50% DMSO/50% water and rub it on skin a couple times a day.

LIKE (9) REPLY SHARE

Sammie0627 Sammie0627 Oct 11

Are you taking it orally?

LIKE (1) REPLY (1) SHARE

PermieGeek PermieGeek's Substack Oct 12

No. Transdermally.

LIKE (1) REPLY SHARE

Cara W. Sep 21
Liked by A Midwestern Doctor

This is absolutely incredible. I am sharing this with all my patients who will listen. Thank you so so much. I can only imagine all the time and work this took. I am printing it out and many of the references as well.

I already bought some and have been using it on an injury and some nerve pain with good results. Next will be my hubby's chronic neuropathy — I will report back on that after some time for whomever may want to troll through the comments.

You are amazing .... Thank you for all you do for us!! ❤️🙏🏻

LIKE (12) REPLY (2) SHARE

A Midwestern Doctor Sep 21
Author

Thank you! This is just the first part too.

LIKE (5) REPLY SHARE

MaryHQ Oct 4

Hi Cara, where did you purchase? TY!

LIKE REPLY (1) SHARE

Cara W. Oct 5

Hi I got mine on Amazon (Ug of course). I got Heliotropfen brand. It seems pure.

LIKE REPLY (2) SHARE

Sammie0627 Sammie0627 Oct 11

Utopia Silver also sells some excellent DMSO

LIKE (1) REPLY (1) SHARE

Lulu Nov 16

Thanks. Just ordered.

LIKE REPLY SHARE

MaryHQ Oct 6

Thank you!!

LIKE REPLY SHARE

VictorDianne Watson VictorDianne Watson Sep 16
Liked by A Midwestern Doctor

As a young nurse in the 60s, I remember the talk about DMSO. I remember a lot of athletes were using it for injuries, and we were hearing warnings that it was dangerous. How sad that all these years later you reveal how much benefit it could have generated for so many. It breaks my heart to think of those who could have been saved or had better quality of life. Thank you, AMD.

LIKE (12) REPLY SHARE

Obcwcvh Obcwcvh's Substack Sep 15
Liked by A Midwestern Doctor

Failure is most devastating when it occurs despite maximum resources being applied to solve a problem, as this means success only exists as a theoretical premise. To the contrary, when failure is the result of neglect or treachery, a call for unbound optimism is warranted, as the ingredients for success only need to be uncovered (unforgotten) and put into action. I believe the current state of medicine solidly exists in the latter scenario, and DMSO is a shining example.

LIKE (12) REPLY (1) SHARE

A Midwestern Doctor Sep 16
Author

That's part of why I'm trying to get all of these articles out now.

LIKE (18) REPLY (3) SHARE

Obcwcvh Obcwcvh's Substack Oct 8

My family is teeming with medical doctors and other healthcare practitioners, and it never ceases to amaze me how easily they spout orthodoxy... but your Substack has helped me make progress with some of them.

If you don't mind me saying, I truly believe that your project with the AMD Substack and your 'offline organizing/efforts', is playing a tremendously outsized role in not only waking up the general public, but also waking up countless medical practitioners who desperately needed a "jolt" to their patient-care paradigm.

As for me, no words can ever express the gratitude I have for your magnanimous endeavor. You've equipped me with knowledge and perspectives that have allowed me to treat conditions of mine that have had >30 doctors stumped for many years.

LIKE (9) REPLY SHARE

GingerRRT The Lost Lessons Sep 20 *Edited*

Your wisdom is important to many as some of this can be done at home without a script.

Many more are waking up to our healthcare system so it's vital for the self education that is needed and wanted by many of us that you are providing...

🙂

LIKE (3) REPLY SHARE

yantra yantra Sep 18

Thanks MWD - and good to get them out before further censorship invasion. Wish i hadn't ditched my ancient bottle of DMSO (your bottle pic on the left) when i moved - (along with most stuff we owned). I don't think i ever used it - partly because of the MSM demonization of it, partly because i didn't know how and didn't really need it at the time.

LIKE (1) REPLY SHARE

Alan Fanning Sep 16
Liked by A Midwestern Doctor

Thank you for your timely article. I have been taking DMSO + MMS (chlorine dioxide) for some time for ulcerative colitis + cardiac ectasia and now am convinced I'm on the right track.

LIKE (11) REPLY (1) SHARE

Larry Blomquist Sep 18

How do you take the MMS and how much?

LIKE (1) REPLY (1) SHARE

WonderCircle Sep 18

Read Jim Humble's book: MMS Health Recovery Guidebook. He explains how to use MMS and DMSO clearly and compassionately.

LIKE (4) REPLY (1) SHARE

Ron Sep 29

I read up on both sides of MMS and came to the conclusion it is poisonous. Be careful!

LIKE (1) REPLY (2) SHARE

Mary Oct 22

You've been fooled. It is game changing, and you are missing out.

LIKE (1) REPLY SHARE

WonderCircle Sep 30

Can you link to your sources on the dangers? Thank you!

LIKE (1) REPLY SHARE

Sceptic Oct 2

My husband is 100% disabled Vietnam vet, agent orange. He's got diabetes, neuropathy, torn rotator cuff, bursitis in hips & PTSD. He's in pain all the time despite taking 12 different meds, including 800 mg Gabapentin 4x's/day, Lidocaine patches & diclofenac sodium gel.

He's had 5 back surgeries, 4 in just the past 4 years:

2013 - first lumbar surgery

2021 - cervical neck surgery;

2022 - lumbar surgery again;

2023 - re-do of 2022 lumbar because bone didn't heal properly & screws came loose;

2024 - redo of 2021 cervical because bone didn't heal properly & screws came loose.

As soon as I read your article I drove to Tractor Supply & bought DMSO gel for animals. I came home & lathered it on hubby's feet, shoulder & lower back & hips. He finally got relief - better than all the other pain meds he's taking! He's cheered up.

Thank you for telling us about DMSO!

LIKE (14) REPLY (1) SHARE

A Midwestern Doctor Oct 4
Author

Thank you! I am going to use this quote.

LIKE (2) REPLY SHARE

MarkXman Chris's Substack Oct 1
Liked by A Midwestern Doctor

I also subscribed because of the DMSO article. I used it once back in the early 1980s. I remember the garlic taste it instantly caused. So when I saw the article I read it with intrigue. I had no idea the FDA sabotaged it! I ordered some the same day I read the Substack. Used it on my right shoulder and upper back. Fantastic results! Pain free and doing pushups again for the first time in a year. Now I'm researching taking it orally.

LIKE (9) REPLY SHARE

Dingo Roberts Sep 15

"no death has ever been linked to DMSO"

Just an FYI: Geoff Pain has a substack in response to this article, for which his subtitle reads: "The anonymous "Midwestern Doctor" describes DMSO as creating "Miraculous Response" and "Remarkably Safe". I think this person should be unmasked."

He also states that, "A quick look at US FAERS reveals 21 Deaths, 151 Serious cases from a total of 214 reports for DMSO itself, a substance that I handled with extreme caution in the laboratory. The number of Deaths will be under-reported because there is folklore claiming its is safe and the fact that it is frequently used as a solvent for other drugs."

I've been following Geoff for a while now in spite of the fact that he's occasionally taken these sorts of potshots at people. This one is particularly egregious and cowardly however, as 1. he has no qualms about commenting on other peoples posts, so I don't know why he doesn't do so here to initiate a potentially illuminating dialogue, and 2. he put his article behind a paywall so people can't respond to get a public dialogue going there.

Regardless of what happens here, given the numerous deaths under "mysterious circumstances" of people who've stepped on the toes of pharma and mainstream medicine, this call to "unmask" you is vile and reprehensible.

LIKE (13) REPLY (3) SHARE

A Midwestern Doctor Sep 16
Author

1) I feel its a bit premature for him to write that before the rest of this series comes out as many of the points he's mentioning will be addressed.

2) I read through the FAERS reports in the process of writing all of this. He did not interpret or depict them correctly.

3) The fact that he used a sensationalistic headline and then paywalled the rest of the article suggests his motivation was to make money not empower people or have the crucial information that could "protect people from being killed by DMSO" be known.

4) People like that are a fact of life, but it's still sad they don't consider the harm they create by pushing people away from things that can really help people.

LIKE (48) REPLY (1) SHARE

robin hanna Sep 17

Yes such a sad fact of life...so well put

LIKE (3) REPLY SHARE

Unstable Cliff Sep 16

Did they die with OR from DMSO. Suggests another rhetorical tactic as the cov pushers.

LIKE (7) REPLY SHARE

kanaloaleohano Sep 16

"Vile and reprehensible" are the operative words here, Dingo Roberts, and can usually describe anyone who thinks that accumulating money is the only thing that matters.

Sadly, the percentage of such people who hold prominent positions on the world stage is at an all-time high, and they currently run rampant in government, media, banking, warmongering, academia and, yes, medicine. Is there a Leader in the house?

LIKE REPLY (1) SHARE

A Midwestern Doctor Sep 16
Author

Being generous to Pain, my guess is that whoever trained him had fallen the FDA's disinformation campaign about DMSO and drilled into him to never touch DMSO while working in it because it was super dangerous and Pain never thought to question why he was he was so scared of it in the lab.

Conversely I know other lab workers who started using DMSO because they saw it preserved cells at a very high concentration which they interpreted as a sign it couldn't be toxic (e.g., I recently learned one one of my relatives did this and then fixed their knee with DMSO)

LIKE (11) REPLY (1) SHARE

kanaloaleohano Sep 16
Liked by A Midwestern Doctor

You are thoughtful and kind-hearted!!!

LIKE (5) REPLY SHARE

Dan Star Sep 15
Liked by A Midwestern Doctor

Wonderful article! The blood that is on The Blobs hands (ht Mike Benz) is immense!

LIKE (9) REPLY SHARE

Marnie Vail Marnie's Substack Oct 3
Liked by A Midwestern Doctor

Thank you so very much.! I am an MD who, prior to med school got a Masters in Social Work with emphasis on systems/family therapy. After med school I did a residency in Family Practice hoping to help people in a holistic way. It wasn't until I bumped into someone who had a good understanding of Homeopathy and I studied Hahnemann's holistic art that I began to hit my stride. More and more of my efforts to help people were focused on stimulating their own healing capacities through homeopathy and, also, through education about toxins in "medicines", "vaccines", food and the environment. It is wonderful to read your posts! It is obvious that you have done a tremendous amount of work. Blessings!!

LIKE (8) REPLY (1) SHARE

A Midwestern Doctor Oct 12
Author

Thank you! :)

LIKE (1) REPLY SHARE

pimaCanyon pimaCanyon Sep 16

Sep 10 · Edited

Wow, wow, wow!!! This is an INCREDIBLE article. I haven't fully digested all of it yet, but there is so much good and useful information here for us all. Many many thanks!

Sep 10 · 1 Reply

OneDayAtATime · Sep 10

I have a question in the oral dosing section. You say "When an adult takes DMSO, start out at a low dose of about 5 kg in a glass of water, drink on the effects, and then gradually ramp up to 5 kg a day until you find the appropriate dose. This rate can be raised to 7mL but you want to be mindful not to hit a concentration that irritates the mouth or throat (which normally requires diluting it into multiple drinks once you're taking over 10g a day.

Do you mean 5.5ml?

Sep 10 · 1 Reply · 1 Share

A Midwestern Doctor · Sep 10

Author

lol me for that

Sep 10 · 1 Share

Satan's Dorothub · Satan's Dorothub · Sep 17

No need

Density of DMSO is nearly the same as water. (1 gram per cubic centimeter)

One milliliter (ml) = 1 cubic centimeter (1 cc).

Thus, for DMSO (and probably most other liquids) 1 gram = 1 cc = 1 ml.

Sep 17 · 1 Share

Randy · Sep 17

True, but it's easier to measure a liquid by volume (ml, typically in a syringe for small amounts) rather than weighing a volume of liquid on a gram scale.

Sep 17 · 1 Share

stephen edwards · Nov 12

How about when mixed with fentiac. Do you have advice on how to safely use with nutraceuticals like ivermectin or fenbet? Assume very a teaspoon or less could be used

Nov 12 · 1 Share

A Midwestern Doctor · Nov 12

Author

I have not mixed those so I can't say for certain.

Nov 12 · 1 Share

A Michael · Oct 5

Uh oh. I tried using the calculator to convert 5.5 grams to a.s. I started taking 52 teaspoon in my coffee. Is that a good dose to try and help the optic nerve and other circulatory issues?

Oct 5 · 1 Share

Jenifer · Oct 5

Wow! I listened to it just two days ago it still said grams.

Oct 5 · 1 Share

Judith · Sep 15

You state the dose in gms... I don't have a scale that will do that ... can you translate to ml?

Sep 15 · 1 Share

Randy · Sep 17

For water, milliliters (mL) = grams (g). This changes for liquids of different densities For example, 1 mL of honey weighs 1.4 g. DMSO is about 50% more dense, so 1 mL = 1.1 g, but that's close enough to being equal for home use. Other common U.S. measurements: A teaspoon is roughly 5 milliliters (mL) = 5 grams (g).

A tablespoon is roughly 15 mL = 15 g = 1/2 fluid ounce.

Sep 17 · 1 Share

A Midwestern Doctor · Sep 27

Author

I did guess because a lot of DMSO isn't sold as 100% so I thought giving mL's would make it too confusing.

Sep 27 · 1 Share

Mel · Sep 28

Oh wow thank you! I thought I was losing my mind!

Sep 28 · 1 Share

A Consultant Anesthetist · Sep 20

Edited by A Midwestern Doctor

DMSO is similar to gossypol in Chinese Medicine. Gossypol is CaSO4 and sulfate is a strong bioinhibitor on the Hofmeister series. It organizes and stabilizes structural water so that communication will be restored (2 flavor) and toxoxomes stabilized, inflammation goes down. Gossypol gets absorbed less efficiently. (2 flavor) gets better.

Sep 20 · 1 Share

A Midwestern Doctor · Sep 27

Author

That's really interesting.

Sep 27 · 1 Share

Chris Curley · Sep 10

Great blog!

Sep 10 · 1 Share

Carl Nelson · Sep 10

Edited by A Midwestern Doctor

Looking forward to the follow-up posts.

Sep 10 · 1 Share

Stunned Gen Xer · Stunned's Newsletter · Sep 29

Edited by A Midwestern Doctor

This is wild. My stepfather used to swear by DMSO for a variety of ailments, he had bottles of it around the house. My mom's friends, he would be described as a redneck, no college, unlike to me if he finished high school. I thought he was kind of wacky. He drank heavy, smoked heavy, cooked in Crisco and bacon fat, prepared an amazing chocolate milk, and bacon fat gravy and fried chicken, loved to shoot his guns. He died of pneumonia, never had heart disease or any of that. Guess he was on to something. RIP.

Sep 29 · 1 Share · 1 Share

Maurice Lanjee · Sep 17

Thank you for revealing yet another suppressed medical treatment. Are you familiar with the use of methylene blue for neurosarcoidosis? I have been using it at the first sign of infection, it kills it dead very quickly. I have yet to uncover any studies, only a few doctors recommendations. This includes the book by Thomas E Levy called Rapid Virus Recovery.

Sep 17 · 1 Share

A Midwestern Doctor · Sep 27

Author

Yes! Pentoxide was one of the first alternative therapies I became familiar with.

Sep 27 · 1 Share

OneDayAtATime · Sep 10

Interesting. What strength hydrogen peroxide do you use for this?

Sep 10 · 1 Share

OH_Warner · Oh Hon in Warner's Substack · Oct 4

When we got Covid before the jabs we nebulized 0.1% H2O2 every 4 hours. Stopped the Covid in its tracks.

Oct 4 · 1 Share

Maurice Lanjee · Sep 17

5%, which is off the shelf

Sep 17 · 1 Share

onetoste · Sep 10

I use it the same way, however 3% is overkill and can irritate the nasal passages and throat. Dr Brownstein recommends 0.75% (from memory). I keep a 500ml batch made up I keep in the fridge that is 0.3% (3 parts H2 water. 1 part 3% food grade Hydrogen Peroxide). It has a half life of about 6 months at room temperature.

Sep 10 · 1 Share

Jinda · Oct 5

Two menicals recommends starting at .3 and moving up as tolerated. I can't imagine more than 1 percent.

Oct 5 · 1 Share

OneDayAtATime · Sep 10

Thank you. It feels so empowering to have simple options like this.

Sep 10 · 1 Share

LS Hindruff · Sep 10

Edited by A Midwestern Doctor

This is so timely for me. My husband is battling bladder cancer and using intravesical DMSO, we hope you will have more information on bladder cancer application with this remarkable remedy!

Sep 10 · 1 Share

Carol Ann · Sep 10

Hi, Sending love to you and your husband. I healed my cancer using the Incurables Program from Dr Richard Schulze. I've seen his cancer patients and I've talked with testimonials and how to do things, but the FDA forced him to remove it all during Covid. Anyway, his program worked for me. I hope it can help your husband in addition to the DMSO. With all good wishes, Carol

Sep 10 · 1 Share

Philip Buckler, SDS · Oct 4

Edited by A Midwestern Doctor

Seriously, thank you for this! Reading this article (and your article on LVB), felt like finding a lost bunch of desperately needed wisdom in the back corner of a library. Hardly anyone ever visits.

Oct 4 · 1 Share

A Midwestern Doctor · Oct 12

Author

That's why I do this!

Oct 12 · 1 Share

Dan Star · Sep 23

Edited by A Midwestern Doctor

I bought the book "Healing with DMSO". It explicitly states one should stop alcohol use while using DSMO which can take up one week to clear the body through the skin.

Sep 23 · 1 Share

Satan's Dorothub · Satan's Dorothub · Sep 17

Edited by A Midwestern Doctor

I used "medical" marijuana for a few years. I dabbe smoking or vaping, which left only the concentrates as an option. These typically are in "juice" form, requiring some type of solvent. I've also used alcohol, but I dislike the latter option, as I'm a recovering alcoholic. Although I'd never used it before, I vaguely knew what DMSO was, so I purchased a bottle. I made solutions at various concentrations from the cannabis oils. As Doc says, DMSO is not suitable for all plastics. You can find lists that say which are suitable (and verify using recycle code). I also used a test strether (USe-), except I just put a few drops on a paper towel, and I stand many hours, then put a few drops on clean glass and let dry. Any residue? Out went that plastic container.

DMSO, unlike most solvents, gives the option for a transdermal product. Technically it works, but concerns over suitability of materials and proper dosing make me quickly abandon this method.

I settled on the convenience of a homemade solution of resin in DMSO mixed at a known strength. This allowed dosing via dropper. Even so, dosing was sometimes still an issue. THC is relatively safe (too toxic(ish) but overdose is not fun, especially if one's desired dose is at the low end rather than the Twilight Anxiety Zone.

Thanks as always to Dr. Midwest for in-depth reporting. I still experiment with DMSO for minor uses like for cuts and applying Vitamin C to a bitch mark. While I'm blessed with good health in my early 60s, I would try DMSO if I developed various health issues that it might address.

"Apparently I'm not as paranoid that I refuse (say) food flavorings that often contain alcohol, although I prefer to avoid them. I'm not a fan of Kosher foods, but I'm sure that's been opened in my fridge, some fully refrigerated and some, caused me to go back to the liquor store.

Sep 17 · 1 Share

Leland Gillman, MD · Dr. Gillman Unscripted · Sep 10

You mention MSM only twice in this article. We've been using MSM for years in my practice with great results. Would you comment on why DMSO might be superior to MSM? My review of your article and the chemistry of these two atoms has always led me to use MSM in my practice rather than DMSO. I would love a follow up article on this.

Sep 10 · 1 Share

A Midwestern Doctor · Sep 16

Author

1) MSM is primarily used for the musculoskeletal issues.

2) That is a long article in of itself.

3) Realistically it will be at least a year before I can get to it in any detail.

Sep 16 · 1 Share

Nama Paula · Sep 16

Edited by A Midwestern Doctor

Wow! A year. You are so amazing & so well disciplined, AMDO! Thank you for all you do!!! God Bless you & yours!!!❤️🙏🇺🇸

Sep 16 · 1 Share

Fred · Sep 17

I had a very interesting that DMSO may have effect on the esophagus, eg esophageal stricture formation, including an on stricture formation in corrosive esophageal burns. I am diagnosed with esophageal stricture and dysphagia. I have been hospitalized multiple times because of food get stuck, and couldn't swallow. But in 2018 I started using MSM - together with vitamin E because I heard it could reduce symptoms of pollen allergies. It worked, and after a few months I noticed that my problems with Eat was reduced as well. And it has worked now for six years. I don't need any meds for pollen allergies nor Eat. And if ever any pieces of food get stuck in my throat, I mix a spoon (or more) of MSM with a little bit of water and try to swallow. Solve it he always released whatever food that got stuck. But now I get another tool in my toolbox, DMSO. It is probably even more effective at reducing the swelling in the esophagus. I will definitely try it next time.

Sep 17 · 1 Share

Fred · Sep 20

Now I have tried DMSO for my occasional problem with Eat, that is food getting stuck in my esophagus. It worked perfectly. Usually a high dose MSM in a bit of water releases whatever get stucks, but it wasn't so easy this time. DMSO however worked right away. This should be known to Eat patients and doctors.

Sep 20 · 1 Share

Fred · Sep 21

I found this in the book The Miracle of MSM, by Stanley W. Jacob.md (the doctor who pioneered DMSO research):

"Patients often develop severe scarring of the esophagus. They cannot swallow properly. Solid food sticks in the esophagus. They often lose their appetite. They lose weight and suffer from a lack of energy. Sometimes you have to medical takes are surgically inserted to gradually widen the esophagus so patients can eat. Unfortunately, scarring can also occur in the stomach and intestines. I have examined examines the destructive process of the disease. In Cindy's Horseer's case, her gastroenterologist said her esophagus was "almost solid

Ate a dead plant." It had the diameter of a pencil. It is a time-tested, effective and blessed medicine, the acid had corroded away the value in the lower part that carries to the stomach. For eleven years the underwent esophageal dilatations. She weighed 37 kilos as a result of not being able to eat normally.

Many years ago I heard this condition with DMSO and had excellent results. They, when I started using MSM, I found the results were even better. Because of the smell that is associated with DMSO, people often do not continue taking it long term. MSM has no smell. Patients are therefore more likely to continue using it. We know that many of the benefits of DMSO are due to MSM action. MSM performs comprehensively repair work in the body. It increases the blood supply, which helps the healing process, and that acts as an analgesic and anti-inflammatory agent. In addition, MSM softens scar tissue. In the esophagus, this effect results in an increase in the functional diameter of the esophagus." (from the Swedish translation)

Sep 21 · 1 Share

Carol B · Oct 4

My 74 year old dog has cortical cataracts, not uncommon in smaller breeds. I wonder if applying gel to her throat area would help. I use some supplements that seem to help but she still suffers. Or orally?

Oct 4 · 1 Share

Fred · Sep 21

Regarding cracked collapse, I read that the inflammation is part of the cause and "enzymes involved in inflammation further soften the tracheal cartilage, making the collapse worse."

My guess is that DMSO, if you manage to apply it, might at least slow down the progression of the disease, since it is antiinflammatory. If you're lucky, it might reverse it to some extend.

Why not combining MSM powder in the oral form of the drug and DMSO on the throat? Trying won't harm your dog, and is much cheaper than visiting the Vet.

Sep 21 · 1 Share

Carol B · Oct 4

Thx. Making a note of it.

I had been doing pretty well with her using glandular (bone & marrow), honey, slippery elm. And she was getting better. Then last couple of days, she's gotten worse. Then realized I had also been giving her Spectrum VX-1, Zodex, Sol-Gard (black tonic), Reelly good stuff, but pricey. But that's ok. We'll see. I wended her a little well.

Oct 4 · 1 Share

Larry Blomquist · Sep 10

Did you use MSM orally or topically to get the great results?

Sep 10 · 1 Share

Fred · Oct 4

MSM is most often used orally, dissolved in water for example. It can be combined with vitamin C, since there is supposed to be a synergy between the two.

Oct 4 · 1 Share

Residency.TV · Residency.news · Oct 10 · Edited

Edited by A Midwestern Doctor

Some more recent papers (animal models and in vitro) suggest that some caution is warranted, but I did not check whether the dosages used were, as is often the case, much higher than those used by actual human patients:

https://pubmed.ncbi.nlm.nih.gov/12044545/

https://pubmed.ncbi.nlm.nih.gov/11172751/

https://onlinelibrary.wiley.com/doi/full/10.1002/bdrb.21248

https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0107847

Oct 10 · 1 Share

AN · Sep 20

Edited by A Midwestern Doctor

Thank you very much for your illuminating articles.

I was very interested in your DMSO publication because it seemed it could be of help for my wife who is suffering since several years from a peripheral neuropathy that affects her balance and coordination (cerebellum and sensory neuropathy). Unfortunately, she developed a very severe allergic reaction (rash) when the expert drives to Italy, but now a lot altered by some studies on the effects on perifocal nerves (thry mention blocking conduction in the smaller peripheral nerve fibers) and the report of a case of neuropathy somehow linked to dimsc application. I see it as anecdotal but it still made me wait and try to understand more...

Sep 20 · 1 Share

A Midwestern Doctor · Sep 27

Author

Are 2 still equals.

Sep 27 · 1 Share

Nicole Lumsden · Sep 17

Wow what a treat! I was introduced to DMSO when my 17 year old son presented Crohn's disease with an abscess at his terminal ilium. I found the website "Listen to Your Gut" and she had a DMSO protocol we used to completely resolve the abscess. He did not take it internally but used a 70% - 90% concentration with castor oil and heat on the area every day for 6 or 8 weeks. I use it topically with liquid magnesium to help with sore muscles and joints.

Sep 17 · 1 Share

Carla Ann · Sep 20

When we apply topically, how much to use? How frlothy? How many times per day? How do you go about making "70%"?

Sep 20 · 1 Share

Nicole Lumsden · Sep 20

We don't use much at a time so to make a 70% solution just do 7 drops of DMSO and 3 drops of distilled water. Some people have sensitive skin and 70% can burn or irritate. My son used the protocol at the above website and applied it once a day per the instructions. If remember right he "painted" it on (use clean fingers or a natural bristled brush), then after it dried, put on the castor oil, and then used a protected heating pad for 30 minutes. DMSO will transport anything through your skin so you don't want it to contact plastic or any other harmful chemical. I'm sure this substance will never everything.

Sep 20 · 1 Share

Darlene Lessong · Sep 17

I'm going to try this map and the dimsc gel...thanks for posting.

Sep 17 · 1 Share

jeanne · jeanne · Sep 18

thanks

Sep 18 · 1 Share

Sarrah · Sep 19

Edited by A Midwestern Doctor

Thank you so much for your invaluable research! I have replies with cerebral palsy. I wonder if the may benefit from DMSO treatment. I may try an oral approach with the Mentiens formula.

Good bless your efforts!

Sep 19 · 1 Share

FH · Fritz Schlatter · Sep 16

Edited by A Midwestern Doctor

Outstanding

How could doctors stand back and not just bring in bottles of this and start swabbing and injecting. Why not take a chance.

Sep 16 · 1 Share

Laura King · Laura King · Sep 16

They are governed by the "standard of care" as dictated by the insurance industry.

Sep 16 · 1 Share

DaniGoldan · Sep 17

Edited by A Midwestern Doctor

Don't blame the insurance companies. They don't care about standards of care. It's big pharma and the FDA who are the culprits.

Sep 17 · 1 Share

LIKE (0) REPLY (0) SHARE (0)

Valeria Kilby Valeria Kilby Sep 17

They are all connected—it is one big family under the umbrella of Big Pharma.

LIKE (0) REPLY (0) SHARE (0)

PK PK's Substack Sep 18

There are no insurance companies in Canada. Irrelevant

LIKE (0) REPLY (0) SHARE (0)

Valeria Kilby Valeria Kilby Sep 18

No but you do have Big Pharma and there lies the roadblock.

LIKE (0) REPLY (0) SHARE (0)

PK PK's Substack Sep 18 Edited

obviously stop being silly

LIKE (0) REPLY (0) SHARE (0)

PK PK's Substack Sep 18 Edited

Thank you for the effort for legal protection. You may need lawyers for back up. Get consult from a lawyer in Canada. Get everything signed. And if the medical college in Ontario makes a fuss call up the prosecutor at the city newspaper or even the Tv station. We had a guy who saved an elderly woman in Montreal by using the media. They tried to break him but he won in the end and the citizens think he is a hero. I used to give second opinion consults to patients in the pregnancy clinic when I saw them scheduled for big surgery with a bad surgeon. When the patient is on board they can't touch you because the jerks have things to hide.

LIKE (0) REPLY (0) SHARE (0)

Josh Ross Sep 16

Liked by 5 Wholesome Doctor

Wow I'm so glad I was able to read this, and while OMSO is obviously an amazing substance and should be known about and studied by countless doctors and scientists the fact that it took me this long to have about it is frustrating! I'll be taking time to share this article with everyone I know and even posting it on X IG BFK Jr and wish to try to get the attention it deserves.

Thank you so much for writing this and further articles on OMSO please share w/me as I'm new to this platform and don't yet know the best way to search/find such articles

LIKE (0) REPLY (0) SHARE (0)

Anthony Sep 16

Liked by 5 Wholesome Doctor

I'm a brand new subscriber, and appreciate your dedication. I'll be applying OMSO to my wife's knee 6 months post patellar dislocation injury, two surgeries and one MUA, constant pain, and range of motion only 80 degrees. Also which I'm on two of our adopted boys who received TB's many years ago from their bio-dad, resulting in learning disabilities.

LIKE (0) REPLY (0) SHARE (0)

Lisa Tarsel Sep 12

Liked by 5 Wholesome Doctor

amazing and so well researched thank you for the work you do

LIKE (0) REPLY (0) SHARE (0)

5 Wholesome Doctor Sep 12

Author

Thank you!

LIKE (0) REPLY (0) SHARE (0)

tammi Oct 6

Liked by 5 Wholesome Doctor

After reading this I got a full of TCSD gel and applied it to my sore feet three times per day. He was noticing his skaterboard barefoot and crunched his toes under his feet. No broken bones.

Within three days he said he felt no pain or discomfort at all. For the sort of injury it was it seemed like the sort of thing which would take weeks to stop hurting and for all discomfort to end for a sixteen year old!

LIKE (0) REPLY (0) SHARE (0)

Mark Sullivan Oct 1

Liked by 5 Wholesome Doctor

I'm 76. Side cases given to wife who died from colon cancer about 5 years ago. I never had high blood pressure problems until undergoing the stress of her final 6 months. My primary care doc said the stress of her care contributed to my increase for which I take 20mg of Lisinopril daily. I wonder if OMSO would lower it back to normal? Thank you for all of your great articles. I'm really enjoying this series.

LIKE (0) REPLY (0) SHARE (0)

Carol Hoon Sep 19

Thank you so much! I had a stroke 2 months ago.I was working in the garden and it felt like someone stabbed me in the head with a fine piece of wire. I walked up to the house and got into bed. I never got headaches; it was so painful. I stayed in bed a week; just getting up to drink water and pee and sleeping most of the time. When I finally figured out what had happened, I went to juice fasting and American Botanical Pharmacy's Brain Formula. Dr. Richard Schulze was a practicing Naturopath and Herbalist who was harassed and arrested in the 80s, not because he did anything wrong, but because he was curing the incurables. Anyway, I had done his whole Incurables Program for breast cancer, which my mother died of. It is a tough detox program involving enemas with cold street treatments, colonics, etc. His program did heal people with some very bad cases of stroke, but I just am kind of depressed at the thought of doing that program again. I'm 80 and I'm recovering very slowly. I'm thinking of trying OMSO. I'm also a survivor of someone 2 months post stroke, or would just taking it safely work, too? I'm not a very "medical" person. My kids were born at home with a midwife and I was truly disgusted with my mother's experience with surgery and chemo, hence why I chose Dr. Schulze's program to heal my cancer. My main problem is short term memory loss and mostly being very depressed about the whole situation. Thank you for your writing! I finally joined as a paid subscriber, too. ♥♥♥

LIKE (0) REPLY (0) SHARE (0)

5 Wholesome Doctor Sep 27

Author

Both will help. Try it better.

LIKE (0) REPLY (0) SHARE (0)

Carol Hoon Sep 27

Thank you! 🙏

LIKE (0) REPLY (0) SHARE (0)

Carol Hoon Sep 27

Thank you!

LIKE (0) REPLY (0) SHARE (0)

J. Harris Oct 7

If one doesn't have access to IV, could an enema get enough OMSO through the hepatic portal vein to act like an IV?

LIKE (0) REPLY (1) SHARE (0)

Carol Hoon Sep 27

This is great idea regardless. Although, would it hurt the intestinal lining.

LIKE (0) REPLY (0) SHARE (0)

J. Harris Oct 8

Carol, I've read others talking about using OMSO in enemas but I haven't found a recipe. I've been taking a teaspoon of OMSO diluted in water and haven't felt any negative issues so I don't think I'd have an issuing with an enema if using the correct dosage. My main concern is finding an enema kit that will have OMSO compatible plastic, especially the tubing. Maybe need tubing that IV OMSO use?

LIKE (0) REPLY (0) SHARE (0)

OneDayAtATime Sep 16

Does anyone have experience using OMSO to resolve sciatica?

LIKE (0) REPLY (0) SHARE (0)

5 Wholesome Doctor Sep 16

Author

yes

LIKE (0) REPLY (0) SHARE (0)

Neil Rector Rolfe Newsletter Sep 15

Liked by 5 Wholesome Doctor

My functional medicine recommended OMSO 50% for her patients for Covid and flu prevention. Her instructions were to redo nasal passages twice a day. I had never heard of OMSO until then. It is amazing that OMSO can do so much. If only, my mother had a brain stem stroke 10 years ago. My brother-in-law has frontal lobe brain injury from a fall about 7 years ago. Both of them might have been helped in significant ways if OMSO had been available as a treatment option. Both struggle with normal daily living - needing constant help and attention. It makes me angry that FDA has abandoned its role of helping and protecting patients. Money is the root of this evil. Thank you. Thank you for all you do to bring truth and light to these issues.

LIKE (0) REPLY (0) SHARE (0)

centre centre Sep 16

I doubt if that was ever Mark's role.

LIKE (0) REPLY (0) SHARE (0)

Kalteeb Kalteeb Sep 16

Liked by 5 Wholesome Doctor

Wonderful information! I shared with a friend whose son has a spinal cord injury.

LIKE (0) REPLY (0) SHARE (0)

amwCooper amwCooper Sep 16

After covid we already know that the FDA is partnered with the devil himself, but to find out the horrific damage they did using it on the TBI/CVA/STS keeps the question: Has the FDA EVER worked for the people, or have they ALWAYS been a marketing arm for Pharma and worse? What was their motivation for going after OMSO? Who was paying them? Obvious answers are Money and Pharma. It's hard to believe that there's this kind of evil in the world, and it's all right there in the 3-letter agencies in the capital of the empire!

LIKE (0) REPLY (0) SHARE (0)

5 Wholesome Doctor Sep 16

Author

The original founder of FDA really wanted to help the people, but then he got muscled out by industry and wrote a book about it. A some point I am going to write an article on that.

LIKE (0) REPLY (0) SHARE (0)

Nicine Vasquez Sep 16

Liked by 5 Wholesome Doctor

Thanks. Great info...

LIKE (0) REPLY (0) SHARE (0)

Karen M Mellon Sep 15

Dear Midwestern Doctor,

Thank you so much for all of your priceless writings. They are invaluable. You are one of my very favorite Substack writers.

Do you think that OMSO would work for

Primary progressive aphasia? My previously super healthy girlfriend started developing this a few years ago. She has demonstrated a bit, so it may even be too late. I will continue to listen to your Substack columns on this subject. If you can't answer my specific question, thank you anyway.

Thank you and your work. 🙏🙏🙏

Karen, RN

LIKE (0) REPLY (0) SHARE (0)

5 Wholesome Doctor Sep 16

Author

Alright, hot hard to say without knowing the person (but there were cases of stroke victims having aphasia improve after OMSO). If it's a vascular injury, she may also want to do one of the protocols.

LIKE (0) REPLY (0) SHARE (0)

Karen M Mellon Sep 17

Thank you so much! 🙏🙏🙏

LIKE (0) REPLY (0) SHARE (0)

karalaurafarm Sep 15

Dear Midwest Doc — or ANYONE,

Have you knowledge of any success with using OMSO to relieve adhesive arachnoiditis of the lower spine (unfortunately getting worse from a botched birth / labor epidural? A young mother could have her life saved, if so.

LIKE (0) REPLY (0) SHARE (0)

5 Wholesome Doctor Sep 15

Author

Could use it working, especially if it was injected correctly, but I don't know of any examples where that was tried. I would be remembering hearing of someone doing this with a skilled bodyworker who could separate the nerves again but I'm not sure how you'd go about finding someone to do it.

LIKE (0) REPLY (0) SHARE (0)

Carol B Oct 4

My 28 year old son had bone cancer at age 17. Distal femur. Chemo and surgery. Warfarin prosthetic knee. Quite successful surgery, good range of motion afterwards. But over the years, his range of motion has lessened to where can barely bend his knee. I suspect adhesions but could be inflammation as he has pur on weight. Would OMSO offer any benefit?

LIKE (0) REPLY (0) SHARE (0)

Candace Lehrer Candace's Substack Oct 7

Liked by 5 Wholesome Doctor

I so appreciate this article as I deal with chronic pain. I purchased the 70 % OMSO liquid and also the gel from Jacob Lab to try. But on both bottles it says not to take internally and also that no medical applications to the body are advised. I'm guessing it's because it's not FDA approved but I'm fine with that. Could you comment?

Thank you!

LIKE (0) REPLY (0) SHARE (0)

5 Wholesome Doctor Oct 7

Author

Correct. Also, the gel is not taken internally.

LIKE (0) REPLY (0) SHARE (0)

Obedient Subject Oct 4

Liked by 5 Wholesome Doctor

Wound repair shortly 4th underway...

LIKE (0) REPLY (0) SHARE (0)

Nancy Pratt Sep 21

Liked by 5 Wholesome Doctor

Terrific, detailed and spelled piece... Thanks so much...

LIKE (0) REPLY (0) SHARE (0)

GingerKirt The Lost Lessons Sep 21

I also want to commend you on how you allow many unpaid readers to read a majority of your paid articles. Many substack authors allow very little of the publication to be viewed on paid posts.

This important to send to the nonbelievers (LOL) ... that I know.

Thanks Again

LIKE (0) REPLY (0) SHARE (0)

5 Wholesome Doctor Sep 26

Author

Lots people will do things that can cause issues if I make them publicly available. My main goal is to get the information out there. That's also why I'm a lot more selective on what topics I cover (as I have limited time to write and I want to focus on what makes the biggest impact).

LIKE (0) REPLY (0) SHARE (0)

Carol B Oct 4

Liked by 5 Wholesome Doctor

Doc, for someone who has limited time to write, you certainly put out a lot of information, detailed. Thank you.

LIKE (0) REPLY (0) SHARE (0)

centre centre Sep 26 Edited

It all used to be free to everyone (but I subscribed with payment early so may have been unaware when a paywall began) :(

LIKE (0) REPLY (0) SHARE (0)

GingerKirt The Lost Lessons Sep 21

60 minutes interview with Stanley Jacobs

Prior quality https://youtu.be/EfwwWzCTw-YKDHxc4ydBMVYGEF

LIKE (0) REPLY (0) SHARE (0)

jo jorgensen jo jorgensen Sep 17

If I was in charge of giving out Nobel Prizes, I would definitely have you as the first person to get one. It is truly remarkable that so many therapists have been totally just because of greed. What I really love about your articles is that you don't just say "OMSO is great" and leave it at that. You provide information to whenever my mother-in-law someone is your Substack. Anecdotal evidence is what people are used to when they hear about a different therapy and we have those plus studies and facts. I turned my doctor into this substack and I hope she opens her mind to the many things we are not told by mainstream anything. Interesting note anecdote means to witness something....seems good enough for a court of law but not in the scientific sense.

LIKE (0) REPLY (0) SHARE (0)

5 Wholesome Doctor Sep 17

Author

It takes about 10x longer to do that, but I do because I feel have a responsibility to make sure these therapies get the best shot they can.

LIKE (0) REPLY (0) SHARE (0)

jo jorgensen jo jorgensen Sep 17

That is the very reason that people trust what you write...it's backed up by data that even the most skeptical person can't refute. Keep up the great work and I look forward to the remaining articles. I'm a Medical Intuitive myself and I know that OMSO is a miracle substance. I'm sure you know that just got diagnosed with SLE in Europe and he is only in his late 40's. He was on statins and he has really regressed since he found out about the disease. I will mention to them to search to see if they can get any IV OMSO in Europe to give it a try....nothing to lose. Again, thank you so much for the effort you put into this substack.

LIKE (0) REPLY (0) SHARE (0)

TnDoc TnDoc Sep 17

Liked by 5 Wholesome Doctor

Simply superb! Well done, Mach! Appreciate your hard work and voice.

LIKE (0) REPLY (0) SHARE (0)

5 Wholesome Doctor Sep 27

Author

Thank you

LIKE (0) REPLY (0) SHARE (0)

Dave Dave Sep 16

My friend has been experimenting with putting OMSO on the mandible in the hopes that it travels through them to the areas they feel. We also have the idea that stirring the mind right theory on it right after application might help - the hypothesis is that if OMSO can contain the radiant energy of light like water does, maybe it'll travel through the skin and solve the issue of light energy having trouble getting through the skin barrier.

LIKE (0) REPLY (0) SHARE (0)

Scampster Sep 3

I do not fight therapy every other day and was also wondering if it would help carry OMSO in the body more effectively. (I use it in painful joints).

LIKE (0) REPLY (0) SHARE (0)

Elaine Elaine Sep 16

Liked by 5 Wholesome Doctor

Thank you! I used OMSO topically on my arm when I had tendonitis and it totally went away. I have a question. I have hemifacial spasms on the left side of my face that started with eye twitching a few years ago. Now that and the hip have spasms randomly and effects my mouth and cheek. I'm trying botox but sometimes look like I had a stroke. Most people with this condition opt for MVD (microvascular decompression which I don't want. I wonder if OMSO would help as this condition mostly involves a vessel being compressed. My MRI was clear but not read by a neurosurgeon who is the only one to see the compressions.

LIKE (0) REPLY (0) SHARE (0)

centre centre Sep 16

Did you have "normal" (aka animal venom) or the old shots (sibiu) or were you "when" upon? and has it been since then?

LIKE (0) REPLY (0) SHARE (0)

Elaine Elaine Sep 16

No I didn't have (wood fallen) that started, it started before covid. I did not take any vaxs. There are a lot of (mostly women who have this). All, myself included have tried acupuncture, different vitamins and other alternative treatments to no avail. But I'm still looking.

LIKE (0) REPLY (0) SHARE (0)

centre centre Sep 24

Just saw your comment - they no longer come into my inbox most of the time. Another thought - it is possible that wireless radiation - esp close-range like a cellphone, laptop or tablet - could cause this - it is well known to cause many neurological symptoms and diseases (if interested, check out Arthur Firstenberg's well-researched info).

LIKE (0) REPLY (0) SHARE (0)

Side-light Side-light Sep 15

Liked by 5 Wholesome Doctor

My father in law has recently been diagnosed with glm. I am so grateful for you writing this

LIKE (0) REPLY (0) SHARE (0)

5 Wholesome Doctor Sep 16

Author

I'm so sorry :(

LIKE (0) REPLY (0) SHARE (0)

Hudsontrom Hudsontrom's Substack Sep 16

Out of 5 grown children, 4 have either severe OCD, anxiety, schizophrenia and now marijuana addiction-I OMSO can help even one of them a little I'll be eternally grateful.

LIKE (0) REPLY (0) SHARE (0)

Nancy Pratt Sep 16

Oh Dear! You are working very, very hard! Send drop prayers & blessings for all of you! ♥🙏

LIKE (0) REPLY (0) SHARE (0)

Connie Cook Sep 16

Liked by 5 Wholesome Doctor

Thank you!

LIKE (0) REPLY (0) SHARE (0)

Edward Charlebe The Emotional Plague of Mankind Sep 15

Wonderful article! First video I look forward to the next installment.

LIKE (0) REPLY (0) SHARE (0)

Darlene Leasing Sep 15

Thank you for all the hard work! I have been familiar with OMSO since 1981 because I have interstitial Cystitis. I have had many bladder installations that could have worked better if I could have "held" it longer. I feel a great book (see then Carl) remember the name) and OMSO did indeed seem a miracle product. Not surprising that it was banned except for IC. NO ONE wanted to be around me because of the smell. I'm looking forward to more of your research.

LIKE (0) REPLY (0) SHARE (0)

Michael Ryan Sep 15

My husband uses 3 intravesical for bladder cancer, very interesting results. However, no urologist will discuss, only naturopathic doctor.

149 LIKES REPLY 20h SHARE

Janet Sep 16
My husband has just been diagnosed with bladder cancer. I'm trying to find different treatments. What is intravesical. The dictionary meaning just described it basically as a hollow organ container. How is the DMSO used in your husbands case?

150 LIKES REPLY 20h SHARE

LS Woodruff Sep 16
The DMSO is combined with sterile saline and installed into the bladder via catheter. Highly recommend finding a naturopathic or integrative/functional medicine doctor for guidance. It's a long story and I don't have time right now, I've been on this journey almost 4 years now, it can be overwhelming, but contact me below you're here gain perspective!

149 LIKES REPLY 20h SHARE

Janet Sep 16
Thank you.

149 LIKES REPLY 20h SHARE

Darlene Leesing Sep 16
Hi. I am not familiar with the term intravesical. Is that the same as an instillation?
Gosh! I would think DMSO would not be helpful.
I was surprised to see DMSO in a gel form and as a solvent at my healthfood store. Will be buying some soon.
So... the urologist so-so on DMSO for your husband. My things have changed!
I haven't been a Dr about this IC I have for 25 years. I have learned through good discipline and nutrients to stay away and I almost had my bladder removed at one time when I was 35 yrs.

150 LIKES REPLY 20h SHARE

LS Woodruff Sep 16
Hello Darlene, yes intravesical is an instillation via catheter. Slightly diluted with sterile saline. DMSO is approved for use for treatment of interstitial cystitis. It has a calming effect. We are trying to preserve his bladder with diet, supplementation, Mortar, of labor drugs, PT, and IV nutrients. Unfortunately, the cancer is in the muscle and he's undergoing a portions of lungs and small intestines - if you follow standard of care. We know that TX 40% of our immune system resides in our gut, this practice makes no sense to us, and when we asked our urologist Lord tells us that body mutilation is not of Him! We are trusting the Lord to show us the way that He will provide healing.

150 LIKES REPLY 20h SHARE

Darlene Leesing Sep 16
Tops... so the Urologist wouldn't use DMSO for your husband?

150 LIKES REPLY 20h SHARE

LS Woodruff Sep 16
No, the urologist wouldn't use DMSO, no $35 for big pharma. Not approved.

150 LIKES REPLY 20h SHARE

Darlene Leesing Sep 16
That is interesting as back in 80s my urologist used DMSO and silver nitrates (which didn't help for his patients. At that time it was the only thing DMSO WAS APPROVED FOR. Wonder if you could do it yourself?
Major sports loved it for injuries but it was forbidden. Such a shame. I am sorry your husband has this to deal with. You are doing the best and believing God will heal him. Blessings

150 LIKES REPLY 20h SHARE

Valora Mitz Valora Mitz Sep 16
Yes, it does leave a strong garlic odor. I have used it in horses for various ailments that affect their central nervous system and one can smell it as soon as they enter the barn!

149 LIKES REPLY 20h SHARE

cmleeing cmleeing Sep 16
What could be the potential mechanisms of such broad benefits?
The ability to penetrate cell membranes makes me wonder whether DMSO (simplistically) functions as an improved small building block of cell membranes, improving their basic functions that have been damaged perhaps by PUFAs, pure nutrition, or other modern problems.

150 LIKES REPLY 20h SHARE

Christy Sutin Sep 16
This was so very interesting and I have soooo many questions! Any evidence of it helping Autism? What about muscular pain? Any books you recommend?

149 LIKES REPLY 20h SHARE

Karen Greene Oct 4
Yes! My grandson has autism and I was wondering the same thing! It breaks my heart to see him graduated from school, holed up in his room without social life & unable to find a job.

150 LIKES REPLY 20h SHARE

Janet Sep 16
Mine too. Freshman at a large university this fall. Yes, he has some struggles. His personality makes it hard to make friends. He's also trans (sadly) but hasn't reached out yet to the support groups there. I hope he does. He is very talented in 2 fields. I worry about him all the time.

149 LIKES REPLY 20h SHARE

Vanda Sep 16
Did you read the article? There's a section relating to autism and similar problems.

150 LIKES REPLY 20h SHARE

Janet Sep 16
Yes. But he is 18 and there will be no interest in doing anything. I have no ways in life at all. My daughter ignores my health information, and since they are all adults there I guess they are on their own. I don't like it but it is what it is at this point.

149 LIKES REPLY 20h SHARE

Jane Apostolos Jane Apostolos Sep 20
I've read that chlorine dioxide helps with autism. Ever heard of the documentary "The Universal Antidote" ?
https://theuniversalantidote.com/
149 LIKES REPLY 20h SHARE

Karen Greene Oct 4
Just saw your reply. I haven't heard of it but will definitely check out your link. Thx

149 LIKES REPLY 20h SHARE

GingerMRT The Last Lemon Oct 4
Check out videos and info Kerri Rivera for autism
Kerri Rivera - Mom, Holistic & Autism Expert for 25 minutes is about CO...
https://www.youtube.com/shorts/aCDdjmcc-UMam1-Rivera-Chlorine-Dioxide-Reverses-Autism?si=_-Mqq7Bqm9Ysqwcq
150 LIKES REPLY 20h SHARE

Janet Nov 18 Edited
Given the effect on down syndrome, it should help with ASD as well. I'm going to give it a go with my youngest. Other things can help too, like Quercetin, B vitamins, and Redpitmand light.

149 LIKES REPLY 20h SHARE

Hawkeye Sep 16
Veterinary medicine utilizes uses DMSO. I had a doomed draft horse (stuck down - no bitches) that we only got up on her feet with the help of the fire department, and vet said he didn't know if she would make it but gave her injections of DMSO, and we put some in her feed for several days. She had that garlic smell but she survived. It really was miraculous.

149 LIKES REPLY 20h SHARE

Atlantea Sep 16
Thank you for all of your work on this. I now know 9 people who have had a stroke following their transfusions. 3 died. I have everybody reading this will pay it forward to their friends. Many lives will be saved.
I recently cut the tip of my finger off and the nail while cooking. As soon as it had healed over in a couple of days, I started putting 50% DMSO / 50% aloe vera on it. The tip of that finger was almost completely healed in about 10 days.

149 LIKES REPLY 20h SHARE

S Abbasian Doctor Sep 16
Author
Can I quote this in an upcoming article?

Atlantea Sep 16
Absolutely.
Also, my husband is 4 months post double lung transplant. He has a blood clot where they had put a pic line. His right branch did not heal well and there is ischemic tissue. I believe once he out of the hospital I will start putting DMSO on those 2 areas to see if they will resolve faster. The DMSO I have, I bought at a feed store (in the horse section). It came gel in a plastic ball at 90%.

149 LIKES REPLY 20h SHARE

Jane Apostolos Jane Apostolos Sep 20
Ditto - I didn't completely cut off the lipbiotic of my finger, but the cut was deep. I used DMSO when the skin closed. My thumb is completely healed.
Thank you Atlantea/doctor - you are an angel
149 LIKES REPLY 20h SHARE

Felicia Reh Sep 20
Thank you for sharing. His much did you apply?. Just covering the area? And the. You bandaged it? How many times per day?
149 LIKES REPLY 20h SHARE

Darren Sep 16
Thank you! Looking forward to the rest of your series. With regards to allergies or intolerances to dmso I have read somewhere that most cases are a deficiency in molybdenum. While I don't understand the chemistry, it stands to reason since dmso is catalyzed by molybdenum and maybe sulphur. Given how amazing dmso is, molybdenum supplementation would be worth a try for those who can't seem to tolerate dmso.

150 LIKES REPLY 20h SHARE

S Abbasian Doctor Sep 16
Author
That is an interesting idea I'll need to research.

150 LIKES REPLY 20h SHARE

FM Sep 16 Edited
I am wondering the same thing! I can't take Sarin or MSM because I get a rash or become nauseous. Sarin gave me a heart rate just on a safe antibiotic. I threw up so much they had to prescribe prednisone to stop the reaction. I really want to try DMSO, however I don't know enough about chemistry to know if I will react. I read about molybdenum and yes taking 25mcg in a Core Minerals supplement that Dr. Colin of the Townsend Letter prescribed (before his retirement), sucks. Not sure if that is the cause. Regardless, I need to try dmso for a nick injury that is getting worse as I age. Does anyone have an opinion if DMSO is different enough from MSM biochemically? And when I do a trial, what would be a reasonable dosage and method?

149 LIKES REPLY 20h SHARE

Jenda Sep 17
I too am severely allergic to sulfa antibiotics, however I use DMSO topically with no reactions whatsoever. I haven't tried taking internally yet, but I may after reading some more articles on it.

149 LIKES REPLY 20h SHARE

Jengo Sep 16
Have should CO3 be taken in relation to topical or oral DMSO (for small penetration)?
Would the oxidative properties of CO3s cancel out the way DMSO helps?

149 LIKES REPLY 20h SHARE

S Abbasian Doctor Sep 16
Author
I will try to cover that topic in the series

149 LIKES REPLY 20h SHARE

Ean Fanning Sep 16
I am huntable to his book on CDS, "MMS Health Recovery Guidebook" uses DMSO in most of his protocols. The simplest is 3 drops of activated MMS (CDS) with 9 drops of DMSO. I ret is approximately 20 drops. I recommend you get this book if you intend to use chlorine dioxide.

149 LIKES REPLY 20h SHARE

WonderCircle Sep 16
Agreed. Love Jim Humble.

149 LIKES REPLY 20h SHARE

Tina Hand Sep 16
Thank you so much for this article! I copied and pasted the dosing and the link into a note so I can always refer back to it.
I purchased some of the DMSO in liquid form and get burn. Both are a 70/30 mix with water.
The liquid came in a brown, glass bottle with a glass dropper, encased in a hard cardboard tube. The tube states to store the DMSO in it.
The gel came in a plastic tub, so I transferred it to a glass jar with a metal lid. I store it in a cabinet, so it's not exposed to light.
I have been dosing myself, and my elderly dog, with two droppers full (one dropper is 10 drops) of the liquid DMSO for a few days now, in the morning.
I have also been rubbing the DMSO gel on my hands a couple times a day. I've rubbed it on my knee once or twice. I have arthritis in other parts of my body as well, but I don't wish to cover myself head to toe with DMSO.
Both me and my dog have been sleeping better because we're not in pain from arthritis. My hips don't wake me at night, prompting me to turn over. My knees aren't upset because one of my dogs prefers to sleep with his head on them. My husband is happy because he sleeps better when we spoon.
My hands haven't been hurting at all, and I have rubbed them on the keyboard and my employer pays me to be.
I was thinking this may be the placebo effect, but since I was not expecting to sleep so soundly, without moving all night, two nights in a row, I've ruled that out.
Thank you for putting together these articles for us. You are a blessing! A million thank you's!

149 LIKES REPLY 20h SHARE

S Abbasian Doctor Oct 22
Author
Only liquid needs to be in glass.

149 LIKES REPLY 20h SHARE

Tina Hand Nov 1
Thank you for letting me know. I have to say, it's the weirdest thing, the "elderly nutter" on my knuckles are shrinking. I am so stunned. It is absolutely mind boggling that they're not hurting like they used to "and" they're shrinking. I don't even know what to say about.
I have been testing links to your articles to everyone I know. I know so many people who would benefit from using DMSO if they just started using it.
Thank you again! You are in my prayers. God bless you!

149 LIKES REPLY 20h SHARE

VickyGlamor Wolcott Jacobson Wolcott Sep 16
I've already commented once but I wanted to ask if this is something that might help resolve neuropathy in my feet as a result of a shingles vaccine injury that caused peripheral Guillame-Barre. I appreciate all the work you do and this has been an eye opener.

149 LIKES REPLY 20h SHARE

S Abbasian Doctor Sep 16
Author
Wait for the rest of the series!

149 LIKES REPLY 20h SHARE

cmleeing cmleeing Sep 16
I look forward to more of your series! I hope you identify flaws in at least a few studies that raise specific concerns about DMSO, e.g. dereguation of metabolism
Vamvakis, M., Lambrad, M., Schroeders, Y. et al. DMSO induces drastic changes in human cellular processes and augments ionotropic in vitro. Sci Rep 9, 4641 (2019). https://doi.org/10.1038/s41598-019-40993-0
149 LIKES REPLY 20h SHARE

Brenda Gardhouse Sep 16
As an LPN, sent to for PTs, that wants to promote real health instead of passing pills, I read everything you write avidly. I work in a rehab hospital. Mary Fine died. After reading this, I realize how much it can help many patients I care for. I'm interested in the story of how the FDA shut it down and is there anything I can do to promote this?

149 LIKES REPLY 20h SHARE

S Abbasian Doctor Sep 17
Author
That will become more clear as the series comes out.

149 LIKES REPLY 20h SHARE

TJOL Sep 17
Arthritis started for me around age 25. I have since had 5 surgeries (back, hip x 2, feet x 2) for three problems. I first heard of DMSO my last year of dental school – 1979-79, but was unable to get it because of practitioner fears.
I had forgotten about it until this article. This is all great news and I am looking forward to the rest of the story!
I have DMSO will work for tendus & systemic joint pain due to osteoarthritis. With progressing pain in many joints I am guessing that oral ingestion would work best.
Thank you for all of this information, it is greatly appreciated.

149 LIKES REPLY 20h SHARE

Jane Apostolos Jane Apostolos Sep 20
Do you take boron? It helps joint pain quickly. In a few weeks.

149 LIKES REPLY 20h SHARE

Kathy Jennings-Johnson Sep 17
Dr. Doctor, you are a treasure. I'm trying to help my husband live. He's only recently been willing to give alternative medicine any thought, mostly because he's now been told he has 4-12 months to live. He has an aortic aneurism. He is too frail to survive surgery. He has CKD stage 3b and liver cirrhosis. He has hepatorenal syndrome and hepatic encephalopathy. Believe it or not, I could go on. He also has a history of taking 40ZIG mg Tylenol daily plus omeprazole and taking steroid injections for his multiple orthopaedic problems which in turn turned his bones very brittle... I think at least half of this is due to his involvement with corporate medicine and bad OTC meds. I don't know where to begin. Could you point me in a good direction to start? (after reading every word you write?)
Thank you extremely much!

149 LIKES REPLY 20h SHARE

S Abbasian Doctor Sep 17
Author
You don't want to overload him with too many things to do but some combination of:
-IV/SI (in LV/SI article)
-Manganese and Zinc and Vitamin C for his blood vessels (in heart disease and blood pressure article)
-Zeta potential regimen (in zeta potential regimen—mostly just RO water and zeta aid)
-Good amino acid supplementation (might need it but otherwise Professional Formulas amino acid complex)
-Alkyzbe DMSO
-Alkyzbe Boron

149 LIKES REPLY 20h SHARE

S Abbasian Doctor Sep 17
Author
and a good fecal/urine peptide regimen (which requires you to find someone that knows how to do this and oxpass them out as his only a few per month)

149 LIKES REPLY 20h SHARE

Kathy Jennings-Johnson Sep 17
Thank you tremendously. This is more than a start.

149 LIKES REPLY 20h SHARE

Darlene Leesing Sep 17
MMS.... With the Medical Life Complexities lowering numbers with blood pressure and cholesterol (for what it healthy) I am wondering about the "numbers" being used to define pre-diabetes and diabetes. Seems like they want to put pot on meds earlier in this area also. Any QUICK thoughts?

149 LIKES REPLY 20h SHARE

Satan's Doormonk Satan's Doormonk Sep 17
Agree with you completely, on the part about ever-lowering metrics that arbitrarily define when one has a "condition" requiring "treatment". Just the same, don't throw the baby out with the bathwater. Medicine isn't all about greed and useless products or services. Many actually do offer some valuable stuff, ideally one needs to separate the wheat from the chaff. Case in point:
The following is heavily informed from Taubes books.
I've seen the criticism, possibly valid from people like you who suggest that "pre-diabetes" is a new diagnosis from the greedy profit-seeking medical industrial complex. Their evidence quest for reasons to peddle more treatments and sell patients expensive drugs is certainly worthy of suspicion, but hold on a second.
It Taubes is correct in his several books, metabolic syndrome is a serious chronic health condition affecting many people (indeed, perhaps a majority of the population). It's associated with numerous health problems, the most common being obesity, (pre-)diabetes, high blood pressure and many more. Where Taubes and most doctors would part company, of course, is in the opinion of what the proper treatment would be. The MSC would prefer the patient attempt a useless diet, and when that fails, go on a lifetime of its drugs, perhaps for life. They'd certainly disapprove of what Taubes would recommend, which would be some version of a keto diet absent in refined carbs and especially sugar. Taubes, and many others, argue that the cause of the MSC, the root cause of the obesity and high blood pressure and sugar has been economically responsible for the FDA and USDA as a potential health risk. The MSC as usual is very late to the party; the potential issues had been known for decades but metabolic syndrome is recognized as a valid issue but (so far as I know) still not a mainstream diagnosis. Thus, "pre-diabetes" is indeed a potentially serious condition but opinions differ on how best to address it.
149 LIKES REPLY 20h SHARE

Darlene Leesing Sep 17
Thanks Doormonk.
149 LIKES REPLY 20h SHARE

Justin Justin Sep 18
Thank you! I'm too tired to read all of this right now. (and you have 3 more sections??? Gonna need a summarized version! But I will read it.) Also go late last night reading about Chlorine Dioxide (made from sodium chlorite and acid activator – citric acid, lemon juice, vinegar, etc.) MMS seemed to ring high praises for it, but the FDA set an "anti-dioxin" campaign against. It's used in water purification (and contains reduced bleach in that function), and used in sewage concentrations for sanitizing surfaces. You're dealing each component and only administering it in drops, with a ratio of 1:5 (dissolved chlorite to 10% solution of citric acid) and waiting 2 or so minutes before adding more water and ingesting.
I was wondering if you're covering this at some point.
149 LIKES REPLY 20h SHARE

S Abbasian Doctor Sep 18
Author
No, I just didn't prioritize it because others have written about it.

pridpprep · Sep 11

Thank you so much for all you do. Mind blowing post - both for its information and the revelation of this life-saving drug's suppression. Did that work? I was confused why I wasn't getting any posts from my favorite Substack partners for naturopathic providers. Turns out they had all been relegated to the junk/trash file on my iCloud account - which is where I found this post. Hmmm... I've since added everyone to my contact list to see if it resolves the issue.

LIKE (24) · REPLY (2) · SHARE

S Mikkelsen Doctor ✓ · Sep 16
Author

Not sure.

I'm not confused why I never received it.

LIKE (1) · SHARE

yentra · yentra · Sep 18 · Edited

I also did not get this article in my inbox, had to go searching for it - and I do not have icloud

LIKE (1) · SHARE

Big Blue1968 · Sep 15

DMSO and cortisone, My adult daughter is suffering from extreme eczema. She's such stoinds because they just ceased to work and is now suffering from steroid withdrawal syndrome in addition to her eczema. Does anyone have any experience of using DMSO for eczema?

Obviously, given its potential to irritate skin them there's a potential issue with using it topically however I came across this publication which claims that a mixture of DMSO, honey and water reduces these issues. Could taking DMSO orally possibly work?

If anyone or the MINO has any experience or knowledge of this subject I'd be very grateful.

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5760268/#bb1

Thanks

LIKE (1) · REPLY (2) · SHARE

S Mikkelsen Doctor ✓ · Sep 16
Author

This will be covered in a later article.

LIKE (3) · REPLY (1) · SHARE

Carol B · Oct 4

Yes, are a hero! If you can help eczema/psoriasis sufferers.

LIKE (2) · REPLY (1) · SHARE

Heather Liberty Cricket · Sep 16

Are you on any of the Facebook steroid withdrawal groups? I think we should start a thread there, see if anyone has tried this, my son is now 17 yrs steroid free, but growth spurt was definitely stunted from the long term suppression and the hearing loss during adolescence has caused mild-moderate hearing issues as well. I am going to try some of this topically on the back of his neck to help the hormones and brain inflammation, I'm so glad to have a dialogue about this in the groups, we could then report back to AHRO...

I'm going to do it for me for my post concussion symptoms and frequent pain.

LIKE (1) · REPLY (1) · SHARE

Big Blue1968 · Sep 17

Thanks. Yes, she's on the groups and I've asked her if anyone has mentioned this before. Awaiting answer.

LIKE (1) · SHARE

Carol B · Oct 4

Try Dead Sea sulphur/salt bath. I use about 4 cups total/bath. Warm water, soak 20 min., cover as much of body as possible. Do not rinse. Every day. I am so sorry she is suffering. It is brutal and cruel.

LIKE · REPLY · SHARE

Jerry Stolte · Jerry's Substack · Oct 13

Dear Mild wonder dr. I have terrible eye floaters. Any suggestions for how to treat these?

LIKE (1) · REPLY (1) · SHARE

Jason · Nov 18

I think you could try rubbing castor oil on your eyelids before your sleep.

LIKE · SHARE

Guadalupe Muñoz · Guadalupe Muñoz · Oct 13

Thank you for this in-depth article, for helping us reclaim safe and effective medical treatments which were wrongly taken from us.

LIKE (2) · REPLY · SHARE

Katie · Oct 7

Thank you, thank you for another outstanding article! What you are sharing is priceless. I had two questions/comments, while reading. 1) DMSO attracts some metals. Would the needle of the syringe (infusion) be a problem? 2) I would like to deal with a lesser and less, since there is no alternative? 3) What about DMSO enemas? I find that often enemas are a close second to infusions. Plus, they are easier and more tolerable for most people. Obviously, one would need to make sure that the plastic of the enema gear is compatible with DMSO.

LIKE (2) · REPLY (3) · SHARE

S Mikkelsen Doctor ✓ · Oct 7
Author

The issue wasn't the metal needle but rather the plastic that was connected to it. That said, it is a lesser of two evils situation and that primarily matters at the higher concentrations.

LIKE (2) · REPLY (1) · SHARE

Katie · Oct 7

Thanks so much for sharing your experience!

LIKE · REPLY (1) · SHARE

S Mikkelsen Doctor ✓ · Oct 12
Author

Also there are DMSO resistant plastics that can be used for the syringe materials.

LIKE · REPLY · SHARE

J. Harris · Oct 9

Katie, I has am curious about DMSO enemas since it can get into the bloodstream quickly through the colon and lymphatic system. But I feel worry about the plastic in any enema device. I hope someone can give a Nod and Wink.

LIKE (1) · REPLY (1) · SHARE

Katie · Oct 9

Hi J. There are plastics considered safe with DMSO. When I have some time, I might research into enema kits that are safe. It might not be that easy to find out what the hospitals/ie made of. The bacteria should have an inscription on the bottom. There are vintage glass enema bucket. But the problem with the tube remains. On the other hand, the can-do you-DMSO glass bottle is also plastic, if the tube is present.

LIKE (1) · REPLY (1) · SHARE

J. Harris · Oct 9

Exactly, the tube is the concern. I would think it'd be the same concern for IV usage?

LIKE · REPLY (1) · SHARE

Katie · Oct 9
Author

exactly.

LIKE · REPLY

Angel · Oct 6

I really go into the many reasons here thwarting the writer profusely for this labor of love. I know about DMSO but had no idea what an important medicine it is. This series provides so much detail and so much supporting data. It's a wonderful resource. I do have one question about drug interactions — I noticed you mentioned DMSO's effect on platelet aggregation. Is it important to exercise caution in patients using anticoagulants? I can be an elderly stroke patient who uses Eliquis, and while I'm very anxious to find out whether he would benefit from IV DMSO therapy (if we can find a provider) I'm wondering whether there is any concern about combining DMSO with a blood thinner (or any other medications, for that matter.) I hope to hear from you. Many thanks again for a masterful article series.

LIKE (1) · REPLY (1) · SHARE

S Mikkelsen Doctor ✓ · Oct 6
Author

I can see a lot of arguments in either direction, and ultimately, I can't answer the question because the data was never collected to assess that topic. If I had to guess I think it's more likely to not be an issue.

LIKE (1) · REPLY (1) · SHARE

Angel · Oct 7

Good, thank you for your response. Your points about how protective DMSO is (especially to the blood vessels) made me think the same. So far we have only store topical applications, and I think that might be responsible already, after only two treatments. Obviously that could be wishful thinking. Have you seen people respond so quickly when they are already months out from a severe stroke? And have you shared with your audience what the subject matter of the third installment will be? I'm looking forward to it. Thank you again

LIKE (1) · REPLY (1) · SHARE

S Mikkelsen Doctor ✓ · Oct 7
Author

Yes. However, for strokes DMSO is typically done orally or IV, so if there's a response with topical that is a great sign!

LIKE (1) · REPLY (1) · SHARE

Angel · Oct 7

Wait, DMSO is a solvent, is there a concern for patients with implantable devices such as pacemakers? Is it possible that DMSO in the blood could reach toxins from the device?

LIKE (1) · REPLY (1) · SHARE

S Mikkelsen Doctor ✓ · Oct 11
Author

That will be discussed in the article going out this weekend

LIKE · REPLY (1) · SHARE

Pete Thomas · Oct 13

Does one need to avoid DMSO whether topically, orally or through IV is they have a dental implant? And what typical cream of gel do you recommend purchasing?

LIKE · REPLY · SHARE

Paige Quinlivan · Oct 3

The more I kept reading the more upset I get at the "powers that be" at the FDA, and the state of the medical field in general. It seems that there is now a lot of all the practice of medicine and healing and we have morphed into a group bandaids to the pharmaceutical companies. Also, as I kept reading, I kept thinking of the possibilities for using this in the eye. (I'm an optometrist) We've always been told that there is no treatment for central retinal artery occlusions, but now I'm wondering if this could work, along with so many other vascular conditions. (BRVO,CRVO, DME, AMD) and the list goes on.

Thank you so much for the hundreds of hours you must pour into all your careful research and writings. Since COVID, the scales have fallen from my eyes and in reading your articles I continue to expand my knowledge. Thank you again, you are truly a blessing!

LIKE (1) · REPLY (1) · SHARE

S Mikkelsen Doctor ✓ · Oct 4
Author

One of the DMSO articles will focus on what it can do for the eyes.

LIKE (2) · SHARE

Mary Hurley · Sep 25

I am so excited to have come across this. This is all so new to me and my non-medical mind. I am reading and re-reading and learning so much.

My sister is labelled under the autism spectrum. Her disability results from childhood immunization in the 1970's before autism was even a label. Can her brain be unstacked? I think it can. The Zika Potential? Protein mis-folding? DMSO? Wondering about soaking her bed in DMSO? Would adding magnesium flakes be good with DMSO? We are doing Perry Nicolaisen's six point lymph drainage technique. I am holding on to hope.

LIKE (1) · REPLY (1) · SHARE

Jason · Nov 18

Yes, the brain can heal itself if the toxins are removed (cleanse) and the body/brain are given the right conditions (proper animal based nutrition and plenty of sunlight). Keep at it.

LIKE · SHARE

Andrew · Sep 26 · Edited

It may be an over-simplification, but there seems to be an underlying principle(s) running through Zeta potential, physiological changes and tumors, the get state of water and DMSO which is alien to modern mainstream medicine (and science.)

LIKE (1) · REPLY (1) · SHARE

S Mikkelsen Doctor ✓ · Sep 26
Author

That's why I started this newsletter!

LIKE (1) · REPLY (1) · SHARE

Andrew · Sep 27

I wonder if DMSO exhibits some sort of gel state

LIKE · SHARE

Andrew · Oct 21

or if it modified the gel state in some way

LIKE · REPLY · SHARE

John Linder · THE CHOKER LETTER · Sep 24

Brett Favre testified before the Mayo and Mayne Committee and said that he had been diagnosed with Parkinson's. You can probably get to him. It would be good to see if DMSO could help him in his journey and because of his fame, if helpful, could be a huge article. Or not.

LIKE (1) · REPLY (1) · SHARE

Dan Dar · Sep 28

I replied to his post yr. A with a link to this article. Have no idea if he read my post.

LIKE · SHARE

Kasey · Sep 25

Thank you for the excellent and ongoing information. How modern medicine has fallen into control by big Pharma. I am so thankful for you.

Do you know if any studies have been done using DMSO topically on people with Hyper Mobile EDS? You mentioned using topically on people with varicose veins... just curious. Trying to look at all options/possibilities for my daughter who has EDS.

LIKE (1) · REPLY (1) · SHARE

S Mikkelsen Doctor ✓ · Oct 12
Author

I do not know. As said in another article, the thing they really need is magnesium.

LIKE · SHARE

Robyn · Sep 25

I am in Australia and already have DMSO, bought it from here www.mmsc.com.au , hopefully a good product. I will begin using it for diagnosed brain bleed to repair damage hopefully

LIKE (1) · REPLY · SHARE

Nathan Hatz · Sep 25

Thank you for the excellent article. I've understood the conception of modern medicine for a long time now but when I learn about pro interventions like this that could have saved countless lives and reduced healing time, it still really rubs me the wrong way. I've already shared this with people that I know it will help and will continue sharing it.

The ultimate retention is personal excellence. Get yourself healthy and successful and help other people do the same to break reliance on these criminals.

LIKE (1) · REPLY · SHARE

Jerry Blomquist · Sep 25

Wednesday evening after reading this article I tried drinking about an ounce of DMSO with water at 50:50 and had to add more water until could stomach it. The result was I haven't slept in the same room with my wife since I spent 30 minutes in our pool last night hoping the chlorine might dilute the smell that appears to be emanating from my body (I can't smell it). This morning (Friday) she said it wasn't as bad. I don't know if it's just wearing off or if the chlorine had any effect.

LIKE (1) · REPLY (1) · SHARE

S Mikkelsen Doctor ✓ · Sep 26
Author

Hence why that's DMSO's notorious side effect. It poses no risk to your health though and people who really needed DMSO would time when they took it so that didn't mess up their social life or marriage.

LIKE (1) · REPLY (1) · SHARE

J. Harris · Sep 27

Could dial make a difference? Could some people smell worse due to the release of toxins? Also, women tend to have a more heightened sense of smell, could it be that too?

LIKE (1) · REPLY (1) · SHARE

Jason · Nov 18

Diet probably makes a huge difference. Switching to a carnivore / animal based diet, eliminated almost all body odor, even after vigorous workouts.

LIKE (1) · REPLY · SHARE

WonderCircle · Sep 25

I appreciate you and your work so much AMRHD!

❤️ Thank you!

LIKE (1) · REPLY (1) · SHARE

Jenny B · Sep 27

Thank you so much for all you do, you are a true blessing to our family and we use this knowledge to educate ourselves, in our journey towards better health, and avoid at all costs the need to participate in the medical system. All of your articles have helped us tremendously as I and the kids are injured in a myriad of ways from a horrendous car accident, and I am so thankful for the knowledge that I have gained from you, and thankfully by the Grace of God I survived the Covid Vax disaster, and Covid was deadly. We are currently doing Andrew Cutler chelation (DMSA and ALA - 4 days on and 4 days off) and am wondering if/how DMSO interacts with DMSA or ALA in this process. If I am DMSO for neurological treatment from the earlier vaccines, I would think to only apply (likely just topically to the head) on the days we are not chelating with DMSA/ALA. Please let me know if you have any cautions or recommendations you would have in this situation. Incidentally, I am aiming to set up a LVIS clinic in our small mid-west town, so I believe our family along with so many other people can benefit from this treatment. Thank you and sending our love to you!

LIKE (1) · REPLY (1) · SHARE

J. Harris · Sep 27

Jenny, I was not thinking about creating a LVIS clinic where as the as the nearest location is a 4 hour drive one way? I'm curious are you a nurse or doctor? Are you connected with one or are you able to do this kind of treatment without being a nurse/doctor? How do you plan to execute treatments to others?

LIKE (2) · REPLY · SHARE

yentra · yentra · Sep 18

I am wondering if any of your family have had any bad reactions to dmso - I ended up putting a skull and crossbones on my bottle of it as a warning to others ...

LIKE · REPLY · SHARE

Thomas A Bryan RPh · Sep 18

Interesting article. You can't bottle sunshine so we ignore the value of vitamin D. DMSO can be bottled but it is cheap! The following statement on DMSO is interesting.

DMSO is a commercially manufactured dipolar aprotic solvent which is also a naturally occurring substance. It is a major by-product of earth's complex sulfur cycle. DMSO is created in the atmosphere at a rate of 20-60 billion pounds per year from dimethyl sulfide, which is produced by metabolic processes in soil and sediments

How they figured out 20-60 billion pounds are produced naturally is beyond my understanding. It raises the question if DMSO is responsible for spontaneous healing?

On another topic, it is my understanding that if you inject cortisone immediately upon spinal injury that may cause paralysis, that the cortisone protects the nerves from being destroyed by the iron it binds.

My doctor friend who was a pathologist claimed he convinced the NFL physicians to use it immediately if a player had a severe back injury.

Comments please.

LIKE (1) · REPLY (1) · SHARE

S Mikkelsen Doctor ✓ · Sep 18
Author

The evidence using steroids in those situations is very weak, whereas the evidence for DMSO is much stronger. The primary source of DMSO is as a byproduct of wood pulping.

LIKE (1) · REPLY (1) · SHARE

Gwen's Doucheck · Substack Doucheck · Sep 17

In other contexts "turned sunshine" is a product you hope you will never, ever see in your lifetime.

LIKE (1) · REPLY (1) · SHARE

yentra · yentra · Sep 18

very interesting, thanks

LIKE · REPLY

Mr Shuffle420 · Sep 16

I got COVID in Sept of 2022. I have suffered from progressive bilateral peripheral neuropathy (numbness) to the bottom of both feet since. It started at the heels and progressed forward to the toes over the course of a year. Would DMSO applied topically to the bottom of feet be helpful potentially? What concentration would be appropriate?

LIKE (1) · REPLY (1) · SHARE

S Mikkelsen Doctor ✓ · Sep 16
Author

Likely yes. Will cover in another part of series.

LIKE (1) · REPLY (1) · SHARE

Becky Clifton · Sep 16

Ah, that answers my previously posted question about PN. Looking forward to that post!

LIKE · REPLY

Dark Reuben · Sep 15

Hello! Thank you for this article. I'm become a paid subscriber because of it. I have a question I hope you can help with. Can DMSO be taken alongside psychedelic medication?

LIKE (1) · REPLY (1) · SHARE

S Mikkelsen Doctor ✓ · Sep 16
Author

I can't give a clear answer on that one (too many thing to take into consideration). In the case of some (e.g., benzos) it will make their effects stronger. I don't know how it interacts with SSRIs or antipsychotics. Generally, it will also be a good shot of decreasing the need for the medications.

LIKE · SHARE

Dark Reuben · Sep 16

Thank you. One more question – could it prevent or reverse necrosis of the bladder caused by ketamine addiction? (they complicated story – my daughter 😭)

LIKE · REPLY · SHARE

Jan Bennett Pt · Jan Bennett·Pt · Sep 15

Many thanks for the info and the way it is presented, so one is provided with enough knowledge to search a possible solution for a specific medical issue, unfortunately my standard procedures. My cows, large BCC, nonresponsive to imiquimod, BEC-5. Your article resulted in finding a book mentioning combined use of DMSO and tannic.

LIKE (1) · REPLY (1) · SHARE

https://biosil.co.za/wp-content/uploads/2020/10/DMSO-Handbook-4.pdf

plus an article on combination of DMSO with vit C:

https://www.researchgate.net/publication/358848391_Randomized_trial_of_topical_ascorbic_acid_in_DMSO_versus_imiquimod_for_the_treatment_of_basal_cell_carcinoma

LIKE (2) REPLY (2) SHARE

Unstable Cliff Sep 16

I've tried BEC-5 without success for multiple BCC and SCC so tried FEN/IVER paste with DMSO without success and several different essential oils and Gallixa with DMSO with maybe mild results. I'm currently trying 35% Hydrogen Peroxide without DMSO but will be adding that after reading this article. I'm curious to know of your results with the Laetrile.

https://journalotohns.biomedcentral.com/articles/10.1186/s40463-020-00433-6

https://cancercommons.org/latest-insights/all-clear-follow-up-hydrogen-peroxide-appears-to-treat-oral-and-skin-lesions/

LIKE (2) REPLY (1) SHARE

Jan Barendrecht Jan Barendrecht Sep 16

Several years ago I treated SCC with BEC-5 and obtained good results. But after a while, bleeding started at the same spot and treating with BEC-5 didn't work. Neither did a pasta with DMSO and DCA, nor local products. So I visited a dermatologist and the biopsy was BCC. The advice was operation but I don't think that will work well for a 4" area. Hence my ongoing search, another discovery was Boswellia sacra, see

https://www.researchgate.net/publication/274338503_Management_of_basal_cell_carcinoma_of_the_skin_using_frankincense_Boswellia_sacra_essential_oil_A_case_report

I intend to use that first but with addition of DMSO, VitC and Laetrile taken orally.

I have used H2O2 as well, but in a concentration of ~10% wich turned normal skin white but did nothing on the tumor tissue.

LIKE (2) REPLY SHARE

onetaste Sep 26

I used black salve for such a problem on myself and my friends have done same. Coincidentally, DMSO is part of the black salve recipe, used as a penetrant for the active ingredients.

LIKE (1) REPLY (1) SHARE

Jan Barendrecht Jan Barendrecht Sep 26

I haven't tried that yet but in the meanwhile found something that apparently worked for many: crushed broccoli (procedure appears to work better with the sprouts):

https://hpathy.com/clinical-cases/a-simple-natural-topical-treatment-for-basal-cell-carcinoma-squamous-cell-carcinoma-and-maybe-others/

LIKE (1) REPLY (1) SHARE

onetaste Oct 4

I haven't heard of broccoli sprouts (sulforaphane) being used for carcinomas. It is very effective with some other cancers. If you do want to do this, freeze the sprouts as soon as you harvest as this increases sulforaphane greatly.

LIKE REPLY (1) SHARE

Jan Barendrecht Jan Barendrecht Oct 4

Broccoli sprouts unavailable here nor the seeds to produce them. The broccoli available is a variant produced to cope with the all-year 12 hours daylight, high altitude regions in the tropics. The alternative to use mustard powder to improve myrosinase required for sulforaphane production won't work either as it lowers pH to a level causing the BCC area to become painful enough to prevent treatment. Same issue with alkaline topical treatment.

LIKE REPLY SHARE

Cass Waldo Sep 15

Thank you so much for this! I have been intrigued by the benefits of DMSO for over a year, and I'm very eager to read the next two parts of your writing on this. My particular interest has to do with chronic inflammation. My husband has the worst of this problem with a low back That becomes progressively painful during standing or walking. My inflammation is in my neck from an old injury which crushed the disc, both knees after suffering torn meniscus which were surgically repaired, a hip that appears to have arthritis when seen with an MRI, and a mid back region that flares after about 15 minutes of kitchen work. I would love to know more about dosage and frequency of application for ailments such as these in terms of both topical and oral routes, since I have no training in giving injections. Heartfelt blessings to you as always for being a source of wisdom That has helped me to achieve better health and well-being for myself and family members!

LIKE (2) REPLY (1) SHARE

A Midwestern Doctor Sep 15
Author

The reason DMSO became so popular is because there were a lot of people in your husband's situation it essentially fixed

LIKE (11) REPLY SHARE

SP2022 Sep 15

I'm confused when you give g/kg rates for a 100 % pure liquid product. Does that information refer to a powdered form?

So for PO administration you're suggesting a 20% dilution of 99.9% pure dmso?

I have used 70% dmso topically for years. Truly a miracle for exercise recovery, injuries, and improved circulation!!

LIKE (2) REPLY (2) SHARE

A Midwestern Doctor Sep 15
Author

mg/kg or g/kg is the standard way doses are written. You have to convert volume to grams of DMSO present, which is largely dependent on what the starting DMSO concentration of your substance is.

LIKE (1) REPLY (3) SHARE

onetaste Sep 26

At first I thought your dosing was referring to grams per kg of body weight!

LIKE REPLY SHARE

SP2022 Sep 15

I'm used to working with mg/ml concentrations. Banamine is 50 mg/ml concentration and the equine dosage is .5 mg/lb. Dose for 1000# horse is 10cc. So for dmso if the concentration is (essentially) 100%, how do you determine the mg/ml concentration? (V)(%)=(V)(%)?

LIKE REPLY (1) SHARE

A Midwestern Doctor Sep 15
Author

DMSO weighs 1.1014 gram per cubic centimeter (ml) so if you have equal volume of DMSO and water, you'd get a 52.41% DMSO mixture.

LIKE (4) REPLY (2) SHARE

Satan's Doorknob Satan's's Doorknob Sep 17

Wikipedia says 1.1004 g·cm−3. Somebody lyin' 😎 As a card-carrying member of the lackadaisical club, permit me to make the case that approximation is (usually) adequate with dosing, especially when potency or toxicity is not a paramount issue.

LIKE (1) REPLY SHARE

SP2022 Sep 15

So concentration is 11 mg/ml? (1.1g/ml x 1000= 1100mg/100 ml=11 mg/ml, where a 100% solution is equivalent to 100g/100ml. Is that correct?

LIKE REPLY (1) SHARE

sadie Sep 16

Isn't it 1100mg per ml?

LIKE (1) REPLY (2) SHARE

A Midwestern Doctor Sep 16
Author

yes

LIKE REPLY SHARE

SP2022 Sep 16

I'm using this equation https://www.veterinaryinternalmedicinenursing.com/blog/the-ultimate-guide-to-calculations. But my chemistry is rusty that's why I was asking...

LIKE REPLY SHARE

SP2022 Sep 15

I'm trying to work through the math, how many grams of dmso would be present in pure dmso?

LIKE REPLY SHARE

OneDayAtATime Sep 15

How specifically do you use DMSO for exercise recovery? Internally? Externally? Both?

LIKE REPLY (2) SHARE

A Midwestern Doctor Sep 15
Author

Thats in a later part of this

LIKE (4) REPLY SHARE

SP2022 Sep 15

70 % dilution (99% dmso + distilled water in a glass spray bottle). Apply to affected areas once a day and rub in. I haven't tried orally yet but plan to.

LIKE (4) REPLY SHARE

OneDayAtATime Sep 15

HI AMD,

One more question. You mention in this article that evidence supports using methylene blue for TBI recovery. I am curious if you have any thoughts about the effectiveness of methylene blue for mitochondrial repair as it compares to the efficacy of DMSO for this purpose. Thanks!

LIKE (2) REPLY (2) SHARE

A Midwestern Doctor Sep 15
Author

I don't have much familiarity or experience with methylene blue.

LIKE (2) REPLY (1) SHARE

Christopher Kidawski Sep 19

It's amazing stuff. Been using for 4 years. Knocks covid/colds/flu'c out in 2-3 days

LIKE (1) REPLY SHARE

dodo Oct 4

Chris MasterJohn did an exceptional report on methylene blue.

LIKE (2) REPLY SHARE

Mary W Maxwell Mary's Substack Oct 31

Five days to go.

Midwestern Doctor for president.

LIKE (1) REPLY (1) SHARE

pimaCanyon pimaCanyon Nov 4

We should get Trump to appoint her to head up the FDA *and* the CDC.

Oh wait... better would be for Trump to dissolve both organizations!

LIKE REPLY SHARE

Janet Oct 28

Dr. I belong to an online group healing and restoring our metabolism harmed through long time low carb, keto, carnivore, fasting, IF, under eating, eating disorders, etc. The truth is not being told by the corresponding gurus. I was able to give this series to the group and we are talking about it. Thank God for MWD and Substack!

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Nov 1
Author

Thank you. My honest perspective on the diet is that everyone responds to different diets, and generally the quality of the food (e.g., how many nutrients, are there toxic additives in it) matter more than the specific balance of macronutrients.

LIKE (1) REPLY SHARE

GinaMP Oct 27

Purchased DMSO and brands mentioned. Helpful immediately for muscle pain, bruising and scare tissue. I have Raynaud's from Moderna shot, not sure how to use DMSO for Raynaud's

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 27
Author

Topically in affected areas and possibly further up the arm or orally.

LIKE (1) REPLY (1) SHARE

GinaMP Oct 31

Will try suggestions; particularly on the injection arm (Moderna). Thank you

LIKE REPLY SHARE

Crispyb Oct 23

From Amazon I ordered the DMSO store bottle came yesterday in glass, I had previously ordered NO ODOR DMSO - Dimethyl sulfoxide liquid (3.4 Oz - 100ml), Pharmaceutical grade, High purity, Heiltropfen It had no odor so makes me wonder if that is actually the good stuff

LIKE (1) REPLY (1) SHARE

Scampster Nov 9

I beleive that the bottles from DMSO store are good. We have used them for years. They do crystalize, and I can taste it after when used topically. I personally have a very acute sense of smell and I can smell the DMSO bottle when its on the counter, but my husband does not. The "odor" perception might vary form person to person.

LIKE REPLY SHARE

Seth Jacobson Oct 22

Thank you for bringing this information to us. I have added DMSO to my home formulary and both my wife and I have begun using it for different maladies.

My I make one point, perhaps a correction, to something mentioned in this article? I believe it is worth noting... After almost 40 years of assessing patients with neurologic trauma and neurological medical disorders, and teaching anatomy/physiology/and prehospital treatment, I think we must assert that if a patient displays facial droop or a fixed gaze to one side then the affected vasculature will be on that SAME side (not the opposite side) due to the 12 cranial nerves serving those areas. Then any deficit in the extremities (arms and legs) will be caused by an interruption in the vasculature on the opposite side.

MWD, you are my first subscription to Substack. Keep up the amazing work!

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 25
Author

That was in reference to general muscle weakness (ie. of arm).

LIKE REPLY SHARE

Mary Daniels Oct 15

Hi MWD. I believe I have polymyalgia rheumatica. Intense pain in neck, shoulders, hips, and hands and somewhat in feet. Pain lessens throughout day. Unbearable at night and getting out of bed in AM. No blood indicators of autoimmune, but have never been so miserable in my life. I started taking a teaspoon of 99.9% Pharma grade DMSO at night in grapefruit juice. Do you recommend this. I have such large areas of pain, that I thought this would be easier than rubbing it over extensive areas. I read Healing with DMSO by Amanda Vollmer. Thoughts?

Posting this here too because I am new to Substack posting and not sure how to do this??

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 17
Author

You can do orally at that dose. You may also need to topically apply it to areas of pain.

LIKE REPLY SHARE

Mary Ann Rollano, RN Steeped Stories Oct 14

Wow. I had never heard of this before. It sounds like a miracle drug. Having worked in the ICU and ER for years as a young nurse, I look back on all the lives this would have saved or improved had we used it. I'm not surprised the pharmaceutical companies won't use it —but the fact that the FDA won't approve its use and make it available is unconscionable. Are they protecting the public or the pharmaceutical companies? (That's a rhetorical question, of course).

My heart breaks thinking about this and the people who might have been saved, including my 17 y.o. niece who suffered a traumatic brain injury in a car accident with resulting increased ICP. They couldn't control the swelling, even with mannitol—her brain herniated.

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 14
Author

Yeah :(

I abbreviated a lot of the technical details so this wouldn't be too long, but I tried to leave enough in that the importance of it would jump out to healthcare workers.

LIKE (2) REPLY (1) SHARE

Mary Ann Rollano, RN Steeped Stories Oct 14
Liked by A Midwestern Doctor

Thank you. Your research is always very interesting and helpful. I agree with Dr Kory's statement regarding how beneficial this might've been. I've followed the FLCCC protocols from their inception. Doctors behaving like doctors — it gives me hope.

LIKE (3) REPLY SHARE

Riff Raffer Riff's Newsletter Oct 14

You're the best of the best, doc. And you've now become my first (& only) paid subscription. I can't thank you enough for all you do! 🙏🏻

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 14
Author

Thank you, I try!

LIKE REPLY SHARE

Stacy LaPlant Oct 13

Thank you for your exceedingly helpful and informative work! I wonder if you would consider doing an article on the use of low dose naltrexone? I have been experiencing chronic fatigue, pain, anxiety, depression and sleep disturbance for more than 10 years. I have recently discovered that I have not been absorbing nutrients due to multiple GI issues. It has been suggested that I consider the use of LDN to address many of my symptoms. Would be very interested in hearing your stance on LDN. Thank you!

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 13
Author

It's in here: https://www.midwesterndoctor.com/p/how-do-we-determine-the-correct-dose

LIKE (2) REPLY (1) SHARE

Stacy LaPlant Oct 13

Thank you very much!!

LIKE REPLY SHARE

Gwenda Felizardo Oct 12

I really appreciate the in depth information. However, I am not a medical person and am wondering for the novice if you can break down the oral dosage into drops and dilution needed for various conditions. Example: 100% DMSO 1 drop per 1/2 cup water or juice 4 times a day for stroke or blood clots or arthritis and how to build up the dose if needed. Or is there a book that covers this. The book you recommended looks like it is for physicians for IV or IM use

And a bit more info on what one can dilute the 100% DMSO with and how often you can rub it on your skin for back or muscle issues or peripheral neuropathy or carpal tunnel.

I appreciated the info from Mark Farris and the keratosis lesions as I have some of them too.

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 12
Author

1/2 teaspoon of 100% or 70% DMSO in a glass of water that is mixed. Can gradually raise to 1 teaspoon or 1.5 teaspoons. With topical, start with applying 30% and then raise to 70% if you can tolerate.

LIKE (2) REPLY (1) SHARE

Gwenda Felizardo Oct 12

Thank u so much!!

LIKE REPLY SHARE

Truthseeker Oct 10

Thank you so much for your very informative articles. I have purchased one of the DMSO products you mentioned in this article. I plan on using this on my arthritic knees, but in the meantime, I recently had some dental work and the result is I have extreme gum sensitivity. My functional medicine dentist did take an ex ray and saw the nerve is irritated. I have been using DMSO on my jawline. Would you recommend putting on the gum directly? Should it be mixed with something else before applying? I did buy the liquid version DMS 70/30. Thanks so much for your opinion.

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 12
Author

Will cover than in a future article, but if just use it as a dilute mouthwash, that will help too.

LIKE (1) REPLY SHARE

Angela Oct 6

My daughter has cerebral palsy and subsequent developmentmental delays. Her MRI shows significant brain damage. Neither the pediatrician nor neurologist had any knowledge of this. Will there be any research with CP in mind? Is there any hope my daughter could benefit from DMSO?

I saw that MS will be covered soon. I'm so excited about this. My best friend was diagnosed years ago and has suffered tremendously.

Thank you for the months of work you have done to put this together.

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 12
Author

I found a variety of conditions similar to CP that responded either to DMSO or DMSO+amino acids, but nothing on CP specifically.

LIKE (1) REPLY SHARE

A Michael Oct 6

Thank you for this article. I subscribed because of it. Do you think DMSO could help with optic nerve healing? I take 1/2 teaspoon in coffee in the am.

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 6
Author

yes but I will go into that in a later article

LIKE (1) REPLY SHARE

Mouzer Oct 5

Given people ingest quit a bit of microplastic, a side effect could be DMSO helping the body remove certain types.

LIKE (1) REPLY (1) SHARE

A Midwestern Doctor Oct 12
Author

I spent a while trying to figure out how DMSO chelated things and eventually gave up.

LIKE REPLY SHARE

J Jorgensen Oct 3

I am new to DMSO. Do you know anyone that has used it for autism? Thank you!

LIKE (1) REPLY (2) SHARE

E Mbeumbem Doctor Sep 12
Author
Thank you found one reference so far to helping. We never personally tried it.
1 Like · REPLY · SHARE

Graffindr Bradford Sep 12
That would be great to know!
1 Like · REPLY · SHARE

CT Sep 20
I read all the comments and appreciate the insights and details. With regards to an allergic response, I have a question about the chemical similarity to Sam-e and MSM. I can't take either of those without getting a rash or becoming headachy. Years ago when I was put on a sulfa antibiotic, I vomited intentionally that the doctor had to prescribe prednisone to stop the reaction. I really want to try DMSO, however I don't know enough about chemistry to know if I will react. I also read about Methylsulfonylmethane and taking 25mcg in a Core Minerals supplement that Dr. Collin of the 'Overweary' Letter prescribed (before he retired, sad). Not sure if that is high enough. Regardless, I want to try DMSO for a neck injury that is getting worse as I age. Does anyone have an opinion if DMSO is different enough from MSM biochemically? And when I do a trial, what would be a reasonable dosage and method? Thank you!
1 Like (1) · REPLY (1) · SHARE

E Mbeumbem Doctor Sep 12
Author
Just answered this in the most recent article.
1 Like · REPLY · SHARE

Nathan Sep 21
If DMSO stabilizes proteins, thereby helping in various genetic disorders, would it be reasonable to think it could apply to the treatment of polycystic kidney disease?
1 Like (1) · REPLY · SHARE

E Mbeumbem Doctor Sep 25
Author
My best guess is that it would help the disorder by generally strengthening the kidneys (which it has been shown to do in other conditions) but I am not aware of any data on this.
1 Like (1) · REPLY · SHARE

Mary Stanton Sep 21
This is a wonderful deep dive into an incredible substance . As a veterinarian it was pretty popular back in the 80's but I do not see it so much anymore. Looks like it needs a rebirth! Personally I will attest it carried some topical steroid into a very swollen knee (blew out running when I was in my residency) and between the DMSO and the steroid it worked amazing there. It was a topical we put under our hat available at the time. I thought maybe I was crazy but now I know better. Thank you for your work and this will be spread ....
1 Like · REPLY · SHARE

Joanne Sep 22
Might topical DMSO be helpful for a spinal cord injury from 2015, back pain and severe nerve pain from many spinal surgeries (degenerative conditions)? These are 3different people.
1 Like (1) · REPLY (1) · SHARE

E Mbeumbem Doctor Sep 22
Author
Yes.
1 Like (1) · REPLY · SHARE

Dan Shaw Sep 22
Tested skin all-strength, no prob. Did 7 grams. Why. Life is complex but I think my HUAC's triggering a complete blockage of nasal passages with constant drip. No I don't have seasonal allergies but I do have the genetics that the nasbuch mold. This HAC tech says the HUAC is fine. Wish I had a portable pathogen tester as everyone is a bit unique. So far no bad reactions. I can also tolerate 75 grams of 91 C twice per week. Yes, the hospital did a number on me. 🙂
1 Like (1) · REPLY (1) · SHARE

J. L Harris Sep 22
I too have the PLA gene "defect" with mast/brain susceptibility that triggered CIRS. I'm trying DMSO as I can't leave my rental and most buildings will have water damaged/mold issues. I too had a response of rosed body tem
1 Like · REPLY · SHARE

Dan Shaw Sep 22
Have a 100.6 F fever. Is it common for DMSO to trigger a fever if needed?
1 Like · REPLY · SHARE

Dan Shaw Sep 22
101.4 F now. At 6am was 100 F.
1 Like (1) · REPLY (1) · SHARE

Dan Shaw Sep 30
102.3 F now. Feels like a good fever with some discomfort.
1 Like · REPLY · SHARE

E Mbeumbem Doctor Sep 27
Author
Might be a detox reaction.
1 Like (1) · REPLY · SHARE

Mary Hurley Sep 30
I also subscribed because of the DMSO article and am anxiously awaiting the other parts. I know so many people who could have been helped by DMSO and maybe it is not too late for some. Thank you so much.
1 Like (1) · REPLY · SHARE

Veryher Sep 30
Why was DMSO banned? Does MSM have any similar properties?
1 Like (1) · REPLY (1) · SHARE

Glendaview Glendaview Sep 10
Because it works and but not up to Big Pharma, it's a natural compound that can't be patented, therefore not a money maker.
1 Like · REPLY · SHARE

Fred Sep 10
Dear MWD, you need to mention how DMSO should be stored, once the bottle is opened. Someone told me it should not be stored in the fridge! True?
1 Like (1) · REPLY (1) · SHARE

Fred Sep 09
Joanna Schaffner-Zaborny
According to the "book "DMSO Dimethylsulfoxide for Humans: Recipes & Treatment" DMSO is not degraded by repeated freezing and thawing.
1 Like · REPLY · SHARE

Chetwise Sep 26
It will turn solid if you do that, it's freezing point is about 17 degrees C, fridge is maybe 3
1 Like · REPLY · SHARE

Fred Sep 11
What about DMSO and autism?
1 Like (1) · REPLY (1) · SHARE

Cinger007 The Lost Lemons Oct 9
Chlorine Dioxide

Kent Blaire - Mom, Holistic & Autism Expert 26 minutes is about CD...
https://www.youtube.com/watch?v=Ozxcvc1-Ybw#:~:text=Chlorine%20Dioxide,Revenge%20Autism%...
https://kentblaire.com
1 Like · REPLY · SHARE

Kate Sep 16
Thank you so very much for this article. As a person who has read many medical studies for the last decade and who has a PhD in biomedical sciences I appreciate your ability to translate the information into your articles so they are far more helpful, easy to parse with astoundingly practical information. Would that all in the medical field were so thorough and seemingly caring about our actual health. You make me wish I lived in the Internet so as to find a doctor who actually understand what many once believed health care should entail. Thank you for all your time, I pray you know how very grateful I am(and I am certain so many others).
1 Like (1) · REPLY · SHARE

Rachel Sep 16
If you have a multi-system chronic disease that's inflammatory at the root, is it best to start taking DMSO orally rather than other methods of application? Or, if I have Colitis and ulcers, and other gut related issues, is it better to just use DMSO at 70% directly on my body?
1 Like (1) · REPLY (1) · SHARE

E Mbeumbem Doctor Sep 27
Author
Both approaches are used. I would start with topical.
1 Like (1) · REPLY · SHARE

Charlotte Farleh Sep 16
If DMSO can readily cross the blood/brain barrier, and also as a sulfur bearing chemical, similar to DMSA and DMPS which chelate heavy metals, are you not concerned that DMSO will pick up heavy metals from the tissues and carry and deposit the heavy metals in the brain?
1 Like (1) · REPLY (1) · SHARE

E Mbeumbem Doctor Sep 16
Author
To my knowledge that issue has never been observed with DMSO. Also, the sulfur chelating agents use -SH groups, which is very different from what's present in DMSO.
1 Like · REPLY · SHARE

cell solterra Sep 16
Awesome research! MM Dr
1 Like (1) · REPLY · SHARE

Here We Are Here We Are Sep 16
Thank you for this article 🙏
1 Like (1) · REPLY · SHARE

Gogo Gogo's Substack Sep 16
I have a low platelet count, though it has not caused any harm and I've had a couple of operations without any problems. If I cut myself it probably takes longer to stop bleeding. I hope DMSO is not a no-no for me because of the low platelet
1 Like · REPLY · SHARE

E Mbeumbem Doctor Sep 16
Author
I do not know enough on this topic to feel confident answering it either esp. My "guess" however is that it wouldn't cause a problem.
1 Like · REPLY · SHARE

Laura Sep 16
Is there any danger to kidney function when using DMSO topically or orally? How much should it be diluted for topical use?
1 Like (1) · REPLY (1) · SHARE

E Mbeumbem Doctor Sep 16
Author
Will go into all of those later in the series.
1 Like (1) · REPLY · SHARE

Bh Sep 26
Can't wait.
1 Like (1) · REPLY · SHARE

lo chesterton ukiki at chesterton Sep 19 *Edited*
Wonderful, Are there any studies for eczema, psoriasis, or erythema multiforme?
1 Like (1) · REPLY (1) · SHARE

E Mbeumbem Doctor Sep 19
Author
skin conditions will be in a later part.
1 Like (1) · REPLY · SHARE

eRyanWold Sep 19 *Edited*
Hi Doc.
Not nitpicking but unsure how concerned with typos you are - I picked up two
arthritis (instead of arthrosis) - melody clark section
unwoefuel (instead of somewhat) - DMSO methodology section
Cheers and a great article!
1 Like (1) · REPLY · SHARE

E Mbeumbem Doctor Sep 19
Author
I am pretty happy (only made 2 typos)
1 Like (1) · REPLY · SHARE

Ishmar Ishmar Sep 19
That's pretty phenomenal for an article as long and complex as this. The longer the article, the less likely that perfection can be achieved.
1 Like (1) · REPLY · SHARE

eRyanWold Sep 19
Considering the amount written, two is pretty good! hahaha
Although who knows, some may have slipped by me...
1 Like · REPLY · SHARE

E Mbeumbem Doctor Sep 27
Author
But very, I fixed them.
1 Like (1) · REPLY · SHARE

Susan Marcial Sep 19
Thank you, Doctor, for a great article. I have learned a great deal from you work. Looking forward to the next segment!
1 Like (1) · REPLY · SHARE

Susan Sep 19
Can you please expand on the topic of MSM? Is it considered an oral substitute for DSMO in some applications?
1 Like (1) · REPLY (1) · SHARE

E Mbeumbem Doctor Sep 19
Author
It does some of what DMSO does but it is not in anyway a substitute for it.
1 Like (1) · REPLY · SHARE

Reiner Reiner Sep 19
"While human research has also been conducted, I could not locate any of it online". Not an accident or oversight I'm thinking. 🙂
1 Like (1) · REPLY · SHARE

E Mbeumbem Doctor Sep 19
Author
It fits case I just think it's because it's old.
1 Like · REPLY · SHARE

Myetis Farts Myetis's Substack Sep 19
Where can one get dmso and administer for brain hemorrhage/ischemic stroke
1 Like · REPLY · SHARE

Stephanie Levey, RN Stephanie Levey, RN Sep 19
DMSO just cured the pain so my my forearms in 45 hours. I'm highly allergic to poison ivy, usually battling cases for a couple of weeks. Experimenting with DMSO topical cream on my face and arms, I accidentally discovered the curing of my poison ivy.

I found another patch on my right ankle and applied DMSO this morning. At the writing of this comment, it is already dry and does not burn! This evening I noticed a third patch on my left ankle, which I will treat in the morning.

Wow, wow, wow.

Having recently moved back to the family farm in the Ozarks, we are currently living with my mother in law (78) in my husband's childhood farmhouse. I am now armed with DMSO and am treating her arthritic daily with topical DMSO. We are ready. We are ready for a new crisis.

Already it's helping my own arthritis in my fingers. And curing it on my face every morning is incredible. My skin looks great.

1 Like (1) · REPLY · SHARE

CM Sep 19
Thank you for your articles on DMSO, they are very interesting. I would like to know what you might recommend for what seems to be an issue I'm having with parasympathetic system. A brief history, I've always had some white cost syndrome high BP but then I went on a 3 year low carb diet with a lot of exercise and my BP went down to 110/70 and I stopped taking my meds. Then I had a bad case of shingles a week free and a couple that lasted a few months. Since then I have had many food sensitivities, I get high BP episodes, irregular heartbeats, times of low BP, days of fatigue, bouts with insomnia, periodic night sweats, and heat sensitivities over my body. My GP did all kinds of tests, so no my cardiologist but can't find an infection or anything wrong. My cardiologist and health coach think something off with parasympathetic system. I'm meditating, doing breathing and relaxation exercises and have dialed in diet in a bioenergetic model. I get weeks of feeling great but then have days or weeks that feel awful. I was considering trying DMSO. Do you suggest a certain protocol?
1 Like (1) · REPLY (1) · SHARE

E Mbeumbem Doctor Sep 19
Author
Take it orally and see if anything changes (may want to start with a few drops instead of a teaspoon). Other option is to see if taking zeta aid improves it at all. A good chinese medicine doctor might be able to help with this too.
1 Like · REPLY · SHARE

DM Sep 19
Thank you. I'll let you know if it helps.
1 Like · REPLY · SHARE

Brilliantness Brilliantness Sep 19 *Edited*
Hi Dan, I am surprised and disappointed in what seems to be your dismissal of my question, even though it was not one of your typically adoring viewer comments. I asked about a research paper that had published a report that brought into question the safety of DMSO. If you have actually dismissed it, and if it not just some sort of a misunderstanding of your process here, your apparent negative action is no better than those taken by those who have biography papers that have shunned your work on DMSO. I believe my question about the article I mentioned (https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4355363) is worthy of a respectful response, because the mitochondrial density of cells in brain and spinal cord is similar to that in neurons.

This 2014 article is not a fluke. On the contrary, it has attracted a lot of attention in the research community. For example, this one article has 73 cited-by's and 97 "similar articles."
1 Like · REPLY · SHARE

E Mbeumbem Doctor Sep 19
Author
I got hundreds of correspondences and my time is incredibly stretched.
What it's describing has not been observed clinically (e.g., you can preserve neurons in it, developmentally disabled children with neurological issues significantly improve from DMSO, patients with mitochondrial disorders significantly improve).
So, that either means it is an issue with the experimental design that is not applicable in biological systems or the changes high concentrations of DMSO creates are small enough they can only be detected with very sensitive diagnostic technology (at which point most things become toxic).
1 Like · REPLY · SHARE

Patricia Cerovsa Sep 19
I would appreciate knowing if there is a protocol for a stroke that has affected the vestibular system. My sister had a cerebral stroke October, 2023 and after a year of various kinds of therapy, still has balance and dizziness issues but no other remnants of the stroke. Consequently, she is afraid to get out of her wheelchair except to use her upright walker for fear of falling. She is 79 years old, diabetic, but otherwise healthy.
1 Like · REPLY · SHARE

E Mbeumbem Doctor Sep 19
Author
Yes.
1 Like · REPLY · SHARE

Brilliantness Brilliantness Sep 19
Would you please comment on the following disturbing research paper that seems to reveal the dark side of DMSO? Here is the link: doi: 10.1371/journal.pone.0107447. The authors' conclusion is that DMSO damages mitochondrial integrity, that is, messes up its functionality. It is an old paper going back about 10 years whose study target was cultured astrocytes.
1 Like · REPLY · SHARE

Stephanie Levey, RN Stephanie Levey, RN Jul
Your DOI is not clickable, Brilliantness. Would you mind citing the title of the article, date, and lead author so I can look it up? Thank you.
1 Like · REPLY · SHARE

stephen edwards Nov 12
What is the half life of DMSO? How long does it stay in system after oral ingestion? So if taking supplements it doesn't interact
1 Like · REPLY · SHARE

E Mbeumbem Doctor Nov 12
Author
"Note: In one study of rats, radio-labelled DMSO was found to enter all tissues of the body within 30 minutes (with the highest levels seen in the placenta, kidney, spleen, lung, heart, and testes and the lowest in the brain of the eye), with DMSO levels declining to minimal levels after 24 hours, while another study found that orally administered DMSO reached a peak blood level in 4 hours and was undetectable after 120 hours, while MSM appeared in the blood after 48 hours and disappeared after 600 hours (with another human study finding similar results)."
1 Like (1) · REPLY · SHARE

Joanne Nov 13
What concentration of DMSO would you recommend in eye drops? I have a "bubble" on my retina and would like to try DMSO before committing to surgery.
1 Like · REPLY · SHARE

E Mbeumbem Doctor Nov 13
Author
That is in the DMSO and the eyes article
1 Like · REPLY · SHARE

Scavenger Nov 13
AMD. THANK YOU for your wonderful articles on DMSO (and many other topics). I became a subscriber because I have been so impressed.
Quick question answer a few questions.
AMD. Thinkin' YOU for your wonderful articles on DMSO (and many other topics). I became a subscriber because I have been so impressed.
Quick question answer a few questions.

1. I had a hemorrhagic stroke in my cerebellum in 2018. (AVM and aneurysm) Craniotomy performed, subsequent hydrocephalus developed, and VP shunt placed. I wish I had known about DMSO then! I had bad vestibular issues (Imbalance, dizziness, vertigo and nausea/vomiting). I still have some mild vestibular issues after 6 years but am mostly recovered. Is there any benefit to using DMSO for this issue at this point? Topically? Orally?

I use it topically (full strength from DMSO store) for very painful hand arthritis (with only a little benefit). I am considering taking it internally for this and other arthritic and musculoskeletal pains. Do you think internally would have more benefit for chronic arthritis?

Thank you for all you do!

LIKE REPLY (1) SHARE

A Midwestern Doctor Nov 8
Author

Try both and see which is better for you.

LIKE (1) REPLY SHARE

Becky Nov 3

Thank you for all the information. I purchased the red labeled bottle referenced in the article. How do you figure out the dosing for oral use. I see the reference in the article to dilute to a 20% solution. Then there is the reference to 3.5gms daily or 0.5 -1g/kg. How do you calculate these dosages based on the bottle being 70%DMSO/30%distilled water. In an 8oz bottle.

Thanks for your help

LIKE REPLY (2) SHARE

A Midwestern Doctor Nov 3
Author

See what I wrote here!

https://www.midwesterndoctor.com/p/how-dmso-treats-incurable-autoimmune

LIKE REPLY SHARE

Becky Nov 3

Thank you

LIKE REPLY SHARE

Susan Nov 1

For post-stroke recovery for my husband, I have 70% gel from Jacob Lab. What are your suggestions for how much to apply and how long to keep it on? The lab said to wipe it off after 5 minutes because the gel does not absorb into the body. Five minutes seems a short time.

LIKE REPLY (1) SHARE

Stephanie Usrey, RN Stephanie Usrey, RN 3d

I use the 70% cream and never wipe it off.

LIKE REPLY SHARE

Melody Melody Oct 28

Is there a way to save this article as a PDF so I can read it offline?

LIKE REPLY SHARE

Jerry Bickle Jerry's Substack Oct 26

What could you benefit from taking dmso orally prophylacticly? What dose and interval would this be? Would it lower BP or improve cholesterol? Improve metabolism or reduce cancer risk. Improve cardiovascular health?

LIKE REPLY (1) SHARE

A Midwestern Doctor Nov 1
Author

Some people do, but too hard to predict what the benefits would be.

LIKE REPLY SHARE

Christopher Linen Oct 25

Would you recommend DMSO for childhood autism? If so, how administered and with what dosage and frequency.

LIKE REPLY (2) SHARE

A Midwestern Doctor Nov 1
Author

I do not have enough data on this one

LIKE REPLY SHARE

Stephanie Usrey, RN Stephanie Usrey, RN 3d

I'm wondering the same thing, Christopher.

LIKE REPLY SHARE

LeadCPA Oct 23

Hey Patti...I am another retired CPA doing the exact same thing!

LIKE REPLY SHARE

Mary Hurley Oct 22

Thank you Neil.

LIKE REPLY SHARE

Michele Valente Oct 21

Hello Doc. First I'd like to thank you for all of the work you have put into this article. I have been using DMSO on my dad since his recent hip replacement. I am getting mixed results. I am experimenting with it. Some feedback on your article. First, I think you need to provide some very concrete steps on how to do (i.e. 70%) concentration level if you want it to mix it. I have been using 50% because I know it is 2 parts. Secondly, I am told by my mentor, who is kinesiologist that the spleen is the main organ that controls pain. Which for other readers, is on the left side of the body, under the nipple. If this is not working or blocked, you will get mixed results. It may be helpful to put DMSO on this point. Thirdly, if people are taking other pain medications, DMSO needs to be used /applied hours after the pain medication is used. It may be helpful for people who have chronic conditions to have DMSO topical applications put applied to spine area/ whole spine.

You provide so much info, which is great, and in so much time, but it can be overwhelming. I'd suggest to slow it down. There is a lot to absorb here. I have this problem as well. Lastly, I want to direct readers to divine love protocol by Robert Fritchie. Here is one of his videos. https://youtu.be/d2Xo1eQlmwo.

Blessings, Michele

LIKE REPLY SHARE

Flatulus Maximus Oct 21

I'm almost 70, and have been reacquainted** with DMSO for about 3 months. I purchased some 70% gel in aloe vera, and some 99.998% liquid. I'll be very interested to see your upcoming protocols for use. I've purchased several books on DMSO, and all are sorely lacking in telling you how to use what form for what condition. Lots of accolades and testimonials, but not a lot of use to me. I originally got it in hope of treating peripheral neuropathy of my arm and hand. (I had an EMG a few years ago, and it revealed some impingement at the inner elbow, as well as some mild carpal tunnel.) I've lost about 50% of the feeling and dexterity in my dominant hand. I can barely write, and can no longer play my guitar. (Some would argue that I couldn't play when healthy, but that's another discussion!) I've been using the 70% topically 2-3 times daily for about 2 months, and haven't noticed much improvement. Am I using this correctly? (**My Mom got very enthused about DMSO back in the 1970's. I believed the mainstream "debunking" and dismissed it until recently.) Let me add my sincere thanks to you for this terrific Substack!

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 22
Author

If you haven't responded to it, you either:

Won't respond to it.

Need liquid rather than gel (probably this).

May want to try taking it orally.

LIKE REPLY (1) SHARE

Flatulus Maximus Oct 23

Thanks for the reply! It already had occurred to me that I may not respond, given how long the condition has persisted. My wife is urging me not to give up, but to give it sufficient time. I agree with her, and will switch to applying the full strength liquid for the remainder of this "trial." What quantity/strength liquid (presumably in water?) do you recommend, and how often?

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 23
Author

70-90% 1-3 times a day as you can tolerate

LIKE REPLY SHARE

sue Oct 20

Everyone of these products has a super long lead time on Amazon, and I need it quickly. Anyone know a source that ships right away?

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 22
Author

I think I got everyone out of stock...

LIKE REPLY SHARE

dbj Oct 19

can you clarify on the oral dosage.. to start do you want 3.5 grams of 20/80 percent dmso/distilled water mix (and then juice for taste), or do you want 3.5 grams of 99 percent dmso then dilute that with juice for taste?

and can that natures gift brand (the pictured bottle with red label and 70/30 mixture) be safely used orally (if i mixed it correctly based off whatever the math is in answer to my first question)?

thanks

LIKE REPLY SHARE

DLK Oct 15 *Edited*

I just joined because I saw this on X. Your work is amazing. Is it safe to use DMSO if taking a daily low dose aspirin due to heart attack & stents 5 years ago or will it increase the anticoagulant effect of the aspirin? Also, can it safely be used to replace the daily aspirin? If so, what dosage and would it be oral or topical?

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 17
Author

I can't give you a good answer to that. In the most recent post I wrote about the contradindications with anticoagulants (what's known) and in here I cited a study where it was used to prevent clotting in a stent. My *opinion* is that you don't have a bleeding risk with low dose aspirin, but I don't have enough data to say that with confidence. In terms of replacing anticoagulants, the data isn't there to say if it does or does not function as an effective replacement (although I could see a variety of reasons why it could).

LIKE (1) REPLY SHARE

Ilsab Oct 14

You have done a great service! Reading this I couldn't help but wondering how it would have helped my father who suffered from a stroke and died 5 months later. Do you think this would help my chronic migraines? I have moderate headaches but can have severe dizziness, nausea and aura. I imagine it's worth a try!

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 14
Author

I wrote about that in the second part. DMSO isn't as effective for migraines, and typically works the best if done at the very start of the headache.

LIKE REPLY SHARE

J Jorgensen Oct 13

Thank you for your response. Can you recommend a provider that has helped individuals with autism?

LIKE REPLY SHARE

Mary Hurley Oct 13

Thank you, It just seem that if her autism is a result of childhood vaccinations, etc., and studies show how it help those from the Covid-19 shots that it might help others from all vaccination injuries.

LIKE REPLY SHARE

Rae Ann McNeilly Oct 12

I have a friend with brain cancer. Do you have any specific info on dmso and brain cancer that I can share? Studies, dosing, etc...

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 12
Author

Yes but that likely won't be ready by the time you need it and I can't soundbite it in a comment. Some of it can be found in Morton Walker's book DMSO Nature's Healer.

LIKE REPLY (1) SHARE

Rae Ann McNeilly Oct 12

Thanks so much for your quick response and recommendation. I'll order the book...

God bless you!

LIKE (1) REPLY SHARE

Tennislady82 Oct 12

Would DMSO help if I applied it topically to my neuromas on my feet? I have a neuroma on the ball of each foot and would love to try it.....

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 12
Author

See part 2.

LIKE REPLY (1) SHARE

Tennislady82 Oct 12

Thanks.

LIKE REPLY SHARE

Nancy Sliwa Oct 11

I would love to use DMSO for knee pain, but my husband objects to the smell, particularly on my breath. What can I do to ameliorate that?

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 11
Author

I will write more about that in a later article. There are a lot of approaches, all of which somewhat work. You can also time DMSO use so that the odor is not present during the night.

LIKE (2) REPLY (1) SHARE

Nancy Sliwa Oct 11

Thanks. That raises the question, how long does the odor last?

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 11
Author

That is discussed in this post.

LIKE (1) REPLY SHARE

Marilyn Oct 11

Could DMSO treat systolic heart failure likely caused by chemotherapy?

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 12
Author

Possibly, have not tried it for that.

LIKE REPLY SHARE

Marilyn Oct 11

Could DMSO be used to treat systolic heart failure resulting from chemotherapy?

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 11
Author

Normally we use heart peptides and then stem cells (and amino acids) for that (which is a fairly complex process), but I could see DMSO working too; just have never tried it.

LIKE (1) REPLY SHARE

Rebecca Fitzgerald Rebecca's Substack Oct 11

Where can I purchase DSMO?

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 12
Author

I gave the links in the last part of this article.

LIKE REPLY SHARE

Sandra Barrett Newsom Oct 9

Do you know where I could find more information on using DMSO for ALS?

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 12
Author

There isn't any besides what I wrote here. I found a passing reference to someone else using it in that way, and one of my mentors taught me that application earlier in my career. It's basically just if you use IV DMSO, it stops the progression of ALS.

LIKE REPLY SHARE

Carol B Oct 9

Hey Doc, there's this gal on s-stack who says this hype over dmso is dangerous. It is an industrial waste. Similar to fluoride, a waste product put to use. A solvent we rub on our body or ingest. Similar stackers are calling out the vitamin industry as toxic chemical pushers. As well as the novel discovery of old drugs as treatment for cancers, c19, etc...

So, in a sense we see: allopathic medicine pushing drugs when alternative measures would seemingly help (vitamins, herbs, etc..) with trad. docs stating, all poppycock! Then we have alt docs condemning drugs, many, like statins, saying they are dangerous, merely cash cows. Offering instead, vitamins, other supplements to help out. Next, we have stackers calling out the alt docs and their treatments, ie, Vit D, dmso, b vitamins. Stating chemical killers.

Who is one to believe?

https://substack.com/home/post/p-144257593

My inclination is to believe that those calling out the alt methods were put in place by big pharma or other so as to confuse the consumer, it's working, I might add. However, My understanding is that big Pharma has bought many vitamin/supplement companies. What might that mean?

But... and it's a big one, when the public realized all these prescription meds were toxic/cash cows, they turned to other avenues. Did pharma anticipate this turning away?

Any thoughts welcome. A tangled web. I enjoy your writing.

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 9
Author

She is not familiar with the history of DMSO and is blurring it with what happened with Fluoride

LIKE (3) REPLY (1) SHARE

Carol B Oct 9

Thanks.

LIKE REPLY SHARE

Joanne Oct 8

For an old spinal cord injury C3-5 would DMSO be applied on the scar? Might it reduce spasticity? A friend has had multiple cervical surgeries and relies heavily on opioids for pain management. How would she start using DMSO?

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 12
Author

That would be the best place to start. Sometimes it needs to be injected into the area.

LIKE REPLY SHARE

Jwm4ever Oct 6

As far as topical application, if I wanted to apply it to an area of eczema after showering in am prior to work, how long should I leave it on before dressing? I've been trying the gel. It gets sticky so I have to wash off before dressing. Would the liquid work differently, better?

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 12
Author

Skin applications will be later in series.

LIKE (1) REPLY (1) SHARE

Jwm4ever Oct 22

Brilliant series, thanks so much! Love remembering the forgotten!

LIKE REPLY SHARE

A Michael Oct 6

Great article. I enjoy all your articles and I'm glad I subscribed. Can DMSO help improve circulation to the optic nerve? I started taking 1/2 teaspoon in coffee in the morning.

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 12
Author

Yes, that will be later in the series.

LIKE REPLY SHARE

dodo Oct 5

Since it enables transport across the Blood brain barrier should we be fasting for oral administration?

LIKE REPLY (2) SHARE

A Midwestern Doctor Oct 12
Author

Not needed

LIKE REPLY SHARE

dodo Oct 5

Followup: Having found a half life of sixteen hours this point seems moot.

LIKE REPLY SHARE

Jeffrey Nielsen Oct 4

Great info! Any research on DMSO treatment for cardiac amyloidosis?

Thanks

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 4
Author

everything I could find was here

LIKE REPLY (1) SHARE

Jeffrey Nielsen Oct 4

Thanks for the reply. Any idea if DMSO is safe to take with Eliquis or stents

LIKE REPLY (1) SHARE

A Midwestern Doctor Oct 12
Author

Just answered that in the most recent article.

LIKE REPLY SHARE

J Pattison Oct 4

PLEASE, HELP!!!! Will DMSO affect the absorption of Ivermectin and FenBen for cancer treatment? My brother is in terrible pain, and I want to offer DMSO if I'm confident that it won't negatively affect his cancer fighting protocol.

A Midwestern Doctor ⚕ Sep 21
Author

I don't know. My best guess is that it will enhance the cancer treatment, but it could also make the drugs become more potent and have side effects.

Like (2) · Report this · Reply

michel-schaum · Nov 12
Great question. I should have gone there AS comments - I asked a few questions along these lines. Have to research it. I am taking it with fenbion, but only a teaspoon or less 4/day.Often

Like · Report this · Reply · Edited

Maggie · Oct 2
My sister had a stroke 2 1/2 months ago. Left carotid artery was blocked. She is in a rehabilitation facility, making very slow progress. Still paralyzed on her right side and unable to speak. Would DMSO help at this stage, and how much?

Like (1) · Report this · Reply · Edited

A Midwestern Doctor ⚕ Oct 4
Author

Yes,just not as much as if I had been done at the start.

Like · Report this · Reply

Sandra — Sandra — Oct 5
Wow, still making my way through this article, but thank you so much for your work on this. What caught my eye and gave me hope is the mention of DMSO for Chronic Lyme. I have my 48 yr old sister has DS and has developed the rumbling cough it would help. I told my mother about this, and she was shocked that I would even think of her daughter with Down's syndrome having this treatment. Definitely and was always told no. I'm assuming it would be too late for my sister (high functioning DS).

Also, do you think DMSO could help Benzo-induced neurological dysfunction (BINGO)? Dr. Chrisley Huff talks about BINGO here: https://www.youtube.com/watch?v=xSKEmJ4N8dk&t=3s

Apparently, the damage from the benzos is to the GABA receptors.

Like · Report this · Reply

A Midwestern Doctor ⚕ Oct 5
Author

As far as I know, all the successful cases for down syndrome were uses on young ages, so I'm not sure if it would help a 48 year old.

Like (3) · Report this · Reply

bonnie8 · Sep 28
Thanks for another great article. Do you think DMSO could cure my Mother's Neuroma? I've tried steroid shots to no avail and will avoid surgery unless it becomes too painful to walk.

Like · Report this · Reply · Edited

A Midwestern Doctor ⚕ Oct 12
Author

That was in the second part of this series.

Like · Report this · Reply

Alexis · Alexis · Sep 30
Has anyone evaluated using Heilmeyer brand DMSO, which has a low odor side effect?

Like · Report this · Reply · Edited

A Midwestern Doctor ⚕ Oct 12
Author

I am not familiar with that one.

Like (1) · Report this · Reply

Hello · Oct 1
I questioned on the other article about it. I am having barely any side effects using 99 percent even on face and was wondering if it was normal. My wife did have an itchy neck at 50 percent. It seems to be working for me. , this morning my neck cracked a lot and it feels looser.

I took some orally last night and this morning and don't seem gerking. I feel good so I guess it's okay?

Just seems weird and I am part ginger.

Let me know how it is for you? I just ordered for quick shipping.

Like · Report this · Reply

Ryan · Sep 28 · Edited
As much as I'm tempted to try it, studies like this make me hesitant
https://www.ncbi.nlm.nih.gov/pubmed/24237738/
"In summary, DMSO at low concentrations showed toxic properties in the blood cells, inducing RBCs hemolysis."

Like · Report this · Reply

A Midwestern Doctor ⚕ Sep 28
Author

1) It hapoens at a fairly high concentration (which I explained here).

2) Hemolysis is a common issue with intravenous integrative therapies and predominently affects the weakest blood cells (that often will be eliminated anyway).

Like (4) · Report this · Reply · Edited

Dan Star · Sep 28
What is the upper intake limit for oral use? Multiple doses per day?

Like · Report this · Reply · Edited

A Midwestern Doctor ⚕ Oct 4
Author

You won't hit the hemolysis concentration through consuming it orally

Like · Report this · Reply · Edited

Ryan · Sep 27
thank you, going to give it a try topically

Like · Report this · Reply · Edited

Georgi · Sep 28
Doc, what do you think of methylene blue?

While looking to buy some DMSO I came across offers for a combination of methylene blue and DMSO.

Does anybody have a recommendation on that one?

Like · Report this · Reply · Edited

A Midwestern Doctor ⚕ Oct 12
Author

Methylene Blue is not one of my areas of knowledge so I haven't written much on it.

Like · Report this · Reply

Carol B · Oct 4
Mercola has recommended MB.

Like · Report this · Reply

Dan Star · Sep 28
MB is good to fire up the mitochondria. Use it in place of coffee in morning.

Like · Report this · Reply

Big E · Big E's Big Mouth Substack · Sep 29
I know you wanted to keep bad on this piece, but I couldn't get through it. The animal studies were too horrific for me to handle. I left microdosing due to squamish reactions to turning innocent critters. Later in life I cared for and helped others care for their pets—especially boomers. I know you share my concerns and are compassionate, so you do understand my inability to read further about important lifesaving DMSO treatment.

I hope you can eventually write a summary explaining that very sad animal studies led to research showing the great benefits of DMSO, linking to your in-depth article, then providing a list of symptoms/conditions for which DMSO works and suggested methods of administration. This suggestion may be too difficult to implement, and I truly understand how it would be. But I couldn't help asking.

Like · Report this · Reply · Edited

A Midwestern Doctor ⚕ Sep 29
Author

The animal studies need to be listed. Otherwise people will insist they have to be done again before DMSO can be used on humans. When the abridged one is written I'll be sure to send it to you!

Like (4) · Report this · Reply · Edited

Big E · Big E's Big Mouth Substack · Sep 29
↳ Replied to A Midwestern Doctor

I understand about the animal studies. Oddly, the same folks who insist on animal studies seem to have no problem injecting humans with untested, unproven, experimental drugs, vaccines, and other substances of dubious nature.

Thank you so much for your attention to detail and your impeccable integrity. I look forward to the abridged article. I share your work widely.

Like (1) · Report this · Reply · Edited

Dan Star · Sep 29
The book "Healing with DSMO" says not to drink alcohol while using DSMO. Yet the author on talks about lethal doses of each. Doc, your opinion for moderate drinker of red wine?

Like · Report this · Reply · Edited

A Midwestern Doctor ⚕ Sep 29
Author

better not to mix them

Like (3) · Report this · Reply · SHARE

Mary Hurley · Sep 29
I am so excited! happened across this. Thank you so so very much. I am reading it my third time. Just so much amazing info.

My sister is labelled under the autism spectrum, the disability she acquired from childhood immunizations in the 1970s. Can her brain be unlocked? As I have read about the zinc potential, sluttying of fluids in the body, and DMSO, I think maybe I was wondering about soaking her feet in DMSO(water solution??? Would adding magnesium flakes be beneficial??

Like (1) · Report this · Reply · Edited

A Midwestern Doctor ⚕ Sep 29
Author

I have so far only found one study which reported it helped autism, but it was very old and probably not applicable to now. No one I know presently has used DMSO for autism, so I truthfully can't say.

Like (2) · Report this · Reply · SHARE

GingerBIT · The Last Lawyers · Oct 9
Chlorine Dioxide

She has a whole protocol for autism.

Kerri Rivera - Mom, Holistic & Autism Expert 1st 25 minutes is about CD...
https://rutube.ru/video/f5a0d25bcccc7c9ecb1c9fb4ec7f0e9e/?utm_source=share&utm_medium=copy&utm_campaign=share#t=1&p=1&v=1&t=1&p=1&v=1&t=1&p=1&v=1&

LIKE REPLY SHARE

SteveBC Sep 16

AMWDr, thank you for this. I'm amazed. Looking forward to the rest of the series. :-)

LIKE REPLY SHARE

Andrew Sep 16

I've often noticed, and friends have commented, that sea air seems to make one feel both invigorated and drowsy at the same time.

Is there enough DMSO in sea air to induce an effect like this?

LIKE REPLY (1) SHARE

A Midwestern Doctor Sep 16

Author

It's probably the negative ions.

LIKE (4) REPLY SHARE

EDL Sep 16

Do you know of any information related to its use in or effect on epilepsy?

LIKE REPLY (1) SHARE

A Midwestern Doctor Sep 16

Author

There are a few studies on this (e.g., this one shows DMSO helps https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7615238/) but I didn't cover it because it hasn't been a major focus of DMSO research. I could see why it would help (and some of the reports I read suggested it had in cases) but I don't know enough on this subject, so I didn't want to present theories I could not back up.

LIKE REPLY SHARE

Jackie Sirotti Sep 15

My adult son had 3 epileptic seizures on Tuesday due to a covid infection although his epilepsy was well controlled. How does DMSO help epilepsy? Does it raise the seizure threshold? Another son has high functioning autism with OCD. Would he need to wean off his antidepressants to try DMSO to treat the OCD? Any benefits for autism? Lastly, can prion disease be treated with DMSO? No other treatments exist for this fatal disease. Thank you for this informative paper.

LIKE REPLY (1) SHARE

A Midwestern Doctor Sep 16

Author

There are a few studies on this (e.g., this one shows DMSO helps https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7615238/) but I didn't cover it because it hasn't been a major focus of DMSO research. I could see why it would help (and some of the reports I read suggested it had in cases) but I don't know enough on this subject, so I didn't want to present theories I could not back up.

LIKE (1) REPLY SHARE

Becky Clifton Sep 15

Thank you very much. My husband has idiopathic peripheral neuropathy in both hands and both feet. (Well, the docs say it's idiopathic, but odd that it all started soon after he contracted multiple tick diseases!). We've tried all the AMA meds and creams plus the Lyme tinctures, infrared sauna, etc. The only thing that has remotely helped is rubbing in black sesame seed oil. Is DMSO something he could try? I don't understand application. Do you just put a small dab on the skin and let it absorb throughout the body?

I looked up contraindications and saw sedatives on the list. He does take those at night to sleep. I assume we would apply the DMSO in the morning?

Finally, what is the safest application to be sure you are not allergic? I would assume it would be application on the skin in a very small amount.

LIKE REPLY (1) SHARE

A Midwestern Doctor Sep 27

Author

Correct. It absorbs into body.

LIKE REPLY SHARE

Marlene Mc Marlene Mc Sep 15

Thank you Dr. Great article! I just ordered a bottle to have on hand.

I will also try on my baby toe which won't move after broken calcaneus surgery 7 months ago. It affects my balance in yoga and I am hopeful.

LIKE REPLY SHARE

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